



Ibuyekeziwe -
Ihambisana
ne-CAPS

Ibanga lesi-

2



Amakhono Empilo

ngesiZULU

Incwadi yesi-2
Ithemu 3 & 4



Igama:

Iklasi:



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LIFE SKILLS IN ISIZULU
GRADE 2 – BOOK 2
TERMS 3 & 4

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Okuqukethwe

Ithemu 3	ikhasi
33	Inhlabathi ibaluleke ngani kithi? 2
34	Ukubaluleka kwenhlabathi..... 4
35	Okunye okuningi ngenhlabathi..... 6
36	Ukusebenza ngenhlabathi 8
37	Izithuthi ezihamba phansi: ezisebenzisa umgwaqo..... 10
38	Izithuthi ezihamba phansi12
39	Izithuthi ezihamba emoyeni.....14
40	Izithuthi zasemanzini..... 16
41	Okunye ngezithuthi zasemanzini..... 18
42	Izithuthi zomphakathi 20
43	Ukuphepha emgwaqweni 22
44	Imithetho yomgwaqo..... 24
45	Abawelisa izingane zesikole..... 26
46	Indlela amaphoyisa omgwaqo asisiza ngayo..... 28
47	Abanye abantu abawusizo kithi..... 30
48	Imisebenzi emihle emphakathini 32

Ithemu 4	ikhasi
49	Izwe lethu, iNingizimu Afrika... 34
50	Ifulegi lethu lesizwe 36
51	ICulo kanye nophawu lwesizwe sethu 38
52	Izimpawu zesizwe 40
53	Izindlela ezahlukahlukene zokuxhumana 42
54	Ukuxhumana ngokubhalelana kanye nangamazwi..... 44
55	Ezinye izindlela zokuxhumana 46
56	Ukuxhumana ngezikhangisi nangomculo 48
57	Sixhumana kanjani uma singabantu abangezwa ezindlebeni? 50
58	Sikwazi kanjani ukukhuluma uma singaboni emehlweni? 52
59	Imini nobusuku 54
60	Amaphupho nezifiso ebusuku 56
61	Umsebenzi wasemini nowasebusuku 58
62	Ukwenza umsebenzi omuhle ebusuku 60
63	Izilwane zasebusuku 62
64	Isilwane esihlale siphephile ebusuku 64



UNK Angie Motshekga,
uNgqongqoshe weMfundo
eyiSesekelo.



UMnu Enver Surty,
iSekela loMnyango
weMfundo eyiSesekelo.

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundo eyiSesekelo, uNk Angie Motshekga, neSekela likaNgqongqoshe weMfundo eyiSesekelo, uMnu Enver Surty.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyinxenye yoMnyango weMfundo eyiSesekelo lapho uMnyango uzama khona ukungenelela ukuze kuthuthukiswe imfundo yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekele yona ukuthi ayisukumele. Uxhaso loMnyango weZimali lusize uMnyango wezeMfundo ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi ezilukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.



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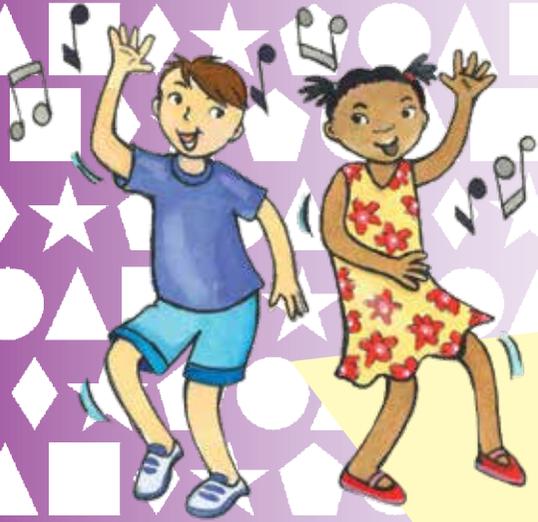
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Ibanga lesi -

2



Amakhono Empilo
NGESIZULU
Incwadi yesi-2



Le ncwadi ngeka-:





33

Inhlabathi ibaluleke ngani kithi?

Amasonto 1
IThemu 3



Masifunde

Abantu badinga inhlabathi ukuze baphile. Izwe esiphila kulo liyinhlabathi. Sakha izindlu zethu enhlabathini, futhi sitshala izitshalo esizozidla enhlabathini. Nezilwane ziyayidinga inhlabathi. Izimbuzi nezinkomo zidla utshani nezinye izitshalo ezimila enhlabathini. Ezinye izilwane ezincane njengonogwaja namagundane, izinambuzane ezifana nezintuthane kanye nemisundu kuhlala enhlabathini. Izitshalo eziningi zidinga inhlabathi ukuze zimile.

Kunezinhlobo ezintathu ezahlukene zenhlabathi.

Inhlabathi enesihlabathi

Uma ungazama ukhlikihla iminwe yakho kule nhlabathi uzozwa ukuthi iqinile. Yomile futhi isasihlabathi. Kulula ukuthi umoya uyigugule ngokuyiphephula inhlabathi esasihlabathi. Uma uthela amanzi esihlabathini, amane angene kalula esihlabathini, futhi asigugule isihlabathi. Azikhuli kalula izitshalo kulolu hlobo lwenhlabathi ekhanyayo ngombala.

Ewubumba

Enye inhlabathi iyaye izwakale iwubumba. Uma ulumanzisa lolu hlobo lwenhlabathi iba udaka, ungakha izinto eziningi zobumba olumanzi, izinkomishi, izitsha, nezilwane ezibunjiwe. Kodwa kulukhuni ukutshala izitshalo enhlabathini ewubumba. Uma lina ubumba lubamba amanzi ahlale kulo isikhathi eside bese kuthi izitshalo ezimile kulo zibe manzi isikhathi eside kakhulu.



Umhlabathi ohlakazekile



Inhlabathi ewubumba





Usuku:

Eyingxube

Uhlobo esilubiza ngenhlabathi oyingxube luhle kakhulu, luyilungele imbewu nezitshalo. Awubi manzi kakhulu noma wome kakhulu. Lenhlabathi inokudla okwanele ukugcina izitshalo zikhula ngendlela efanele. Inhlabathi le iyinhlanguanisela yenhlabathi ewubumba kanye neyisihlabathi kanti ithe ukuba mnyama ngebala.



Inhlabathi eyingxube



Masenzeni lokhu

Ake uzame ukuthola ukuthi luhlobo luni lwenhlabathi olusesikoleni sakho.

- Zungeza isikole uhambe nasezinkundleni nomngani wakho uthole ukuthi kunesihlabathi noma ubumba noma inhlanguanisela yini.
- Letha ekilasini lakho izinhlobo ezintathu ezahlukene zenhlabathi ngamathini, noma izikhwama noma ngezinkomishi.
- Faka izinombolo 1, 2 no 3 ezitsheni ezinenhlabathi.



Masikhulume

Xoxa nomngani wakho ngenhlabathi ofike nayo oyithathe ezinkundleni zesikole. Phendula le mibuzo ngohlobo ngalunye lwenhlabathi.

- Ibukeka kanjani inhlabathi yakho?
- Izwakala kanjani leyo nhlabathi uma uyithinta?
- Bezikhona yini izitshalo ozithole zikhula kuleyo nhlabathi?



Masibhale

Gcwalisa ngokubhala indawo lapho uthole khona lolu hlobo lwenhlabathi kukholamu yokuqala, bese ufaka umbala ezimpendulweni ezifanele.

Uyitholephi inhlabathi?	Izwakala injani?			Bezikhona izitshalo kuyo?	
	womile	umanzi futhi uludaka	unamagabade	yebo	cha
	womile	umanzi futhi uludaka	unamagabade	yebo	cha
	womile	umanzi futhi uludaka	unamagabade	yebo	cha
	womile	umanzi futhi uludaka	unamagabade	yebo	cha





34

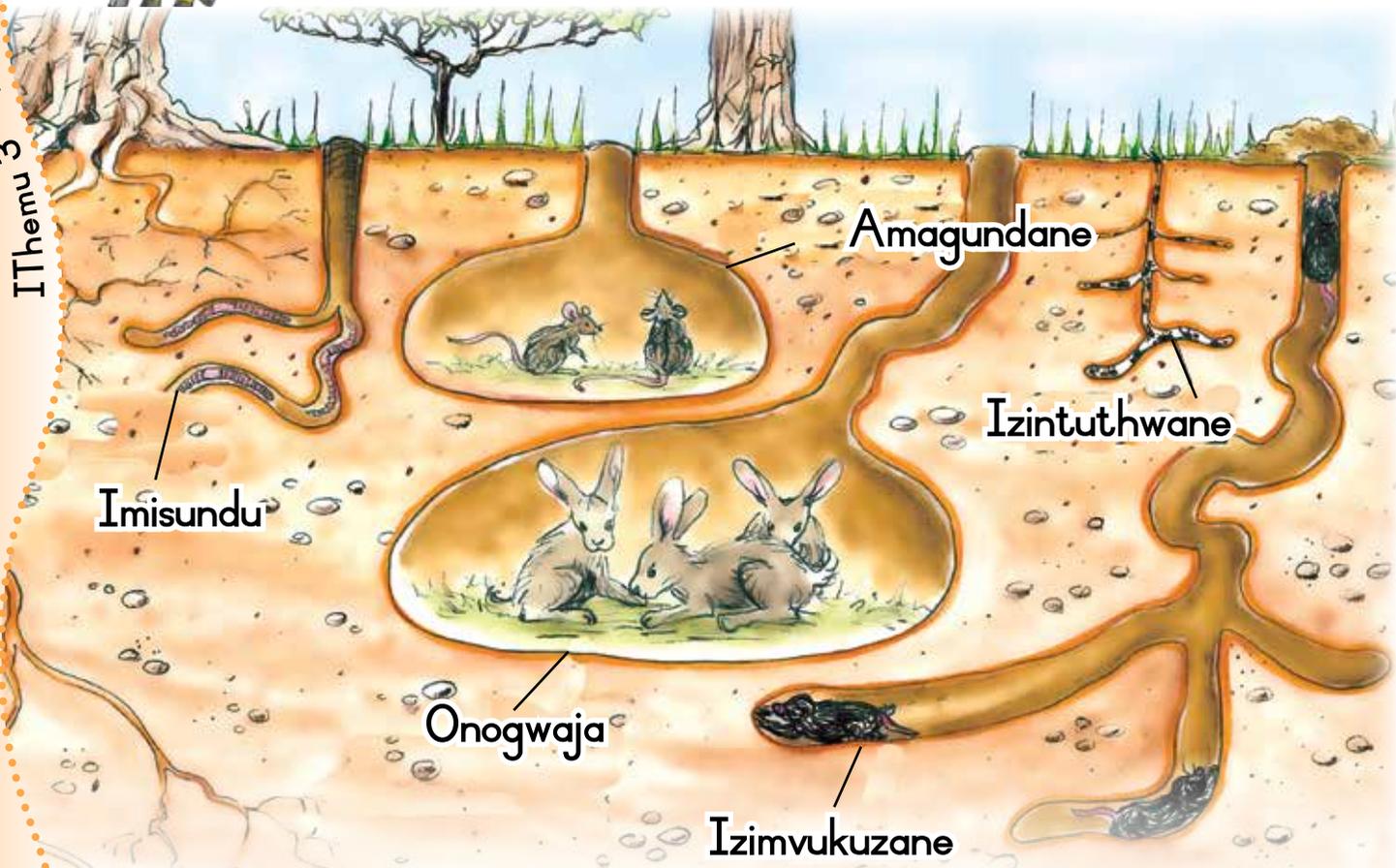
Ukubaluleka kwenhlabathi

IThemu 3 – Amasonto 1



Masikhulume

Buka lesi sithombe bese ukhuluma ngezilwane ezihlala enhlabathini.



Masikhulume

Chazela umngani wakho ngezilwane ozibona esithombeni. Zikhona ezinye izilwane ozikhumbulayo ezihlala enhlabathini? Bhala amagama alezo zilwane.



Masenzi lokhu

- Dweba noma upende isithombe sezinyoni, inhlanzi noma izinambuzane. Xoxa ngemibala nezimo zazo.
- Xoxa ngemibala, ukwakheka kwazo kanye nokuthi zizwakala kanjani uma uzithinta.
- Qoqa izinto zemvelo ezifana nezinti, amahlamvu, uvalo kanye nenhlabathi.
- Yakha ikholaji



Usuku:



Masibhale

Dweba umugqa uqondanise izinto ezisebhokisini elingakwesobunxele nobunjalo bazo – indlela ezizwakala ngayo uma uzithinta – kulezo ezikwesokudla.

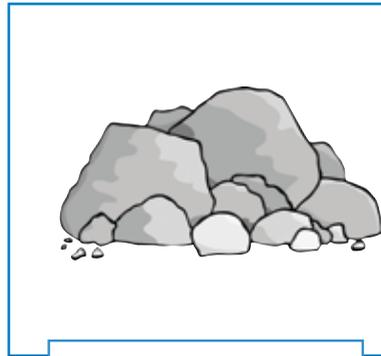
usulubha
umcamelo
iva
phansi
ingilazi
insipho

kulukhuni
kuyanamathela
kuyashibilika
kuthambile
kuyashelela
kucijile



Masibhale

Kunjani lokhu uma ukuthinta? Cwalisisa izimpendulo zakho.



Masiphumele ngaphandle

Yimani nenze isiyingi. Cijimani nibheke ohlangothini lwangakwesokunxele niphinde niguquke nigijime nibheke ohlangothini lwangakwesokudla. Bese niphonselana ibhola lisuka kumfundi liya komunye. Kwenzeni lokhu ibhola niliphonsa liye kwesokunxela bese niphinde niliphonsa liye ngakwesokudla.





Masifunde

Idinga ukunakekelwa inhlabathi

Ingxenye ebaluleke kakhulu kubantu nasezilwaneni enhlabathini yingxenye ephezulu. Le ngxenye iyona lapho izitshalo zimila khona. Izimpande zezitshalo ziyaye zivikele ukuguguleka kwenhlabathi engaphezulu uma kunamanzi noma kunomoya. Ziyafa izitshalo uma imvula inganele, noma kunomlilo. Ziyafa futhi uma imvula isiningi kakhulu. Uma kungenazitshalo, inhlabathi engaphezulu igugulwa yimvula noma ipheshulwa umoya, noma ipheshulwa umoya. Lokhu kubizwa ngokuguguleka kwenhlabathi. Nabantu bayayenza inhlabathi ukuthi iguguleke. Uma singayiqapheli inhlabathi, igcina ihlulekile ukuba nokudla okwanele ezitshalweni, bese ziyafa. Ngenxa yalokhu, inhlabathi igcina ngokuguguleka noma ngokuphephetheka.



Masikhulume

Xoxa nomngani wakho ngezindlela abantu ababanga ngazo ukuguguleka kwenhlabathi. Zama ukuphendula le mibuzo elandelayo:

Kwenzekani uma sigenca izihlahla eziningi?

Kwenzekani uma sifuya izimbuzi, izimvu noma izinkomo eziningi?



Masibhale

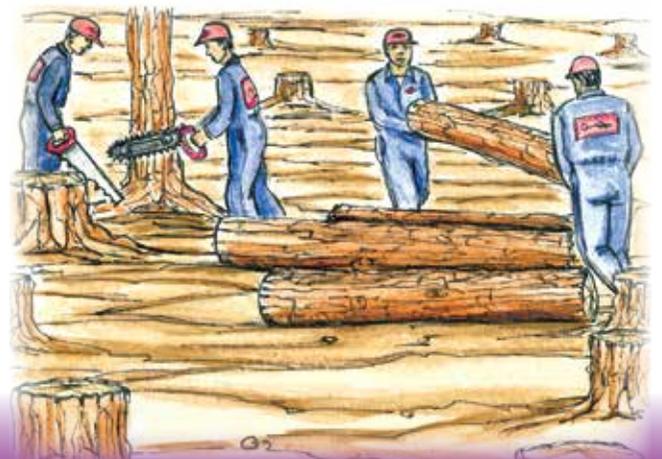
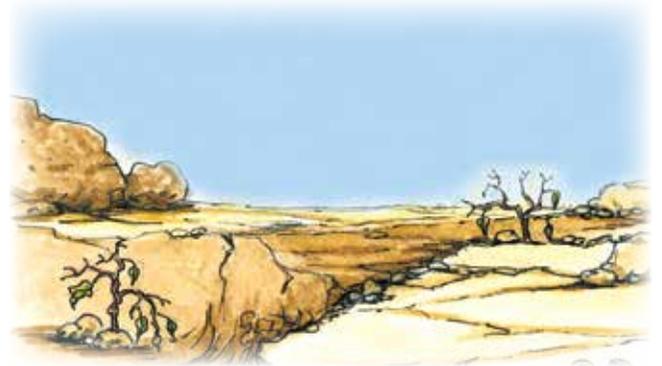
Buka lezi zithombe. Xoxa nomngani wakho ngokwenzeka enhlabathini. Bese ubeka uphawu (✓) impendulo efanele embuzweni ngamunye.

Ingabe ukuguguleka kwenhlabathi kudalwa

umoya	
umlilo	
yimvula enganele	

Ingabe ukuguguleka kwenhlabathi kudalwa

yilanga	
abantu	
wumoya	





Masifunde

Izitshalo zidinga inhlabathi esesimeni esihle ukuze zikhule.

Izihlahla nezitshalo kuthola ukudla enhlabathini. Uma izihlahla nezitshalo ezahlukene zimile ndawonye, uhlobo ngalunye lusebenzisa uhlobo olwehlukile lokudla okusenhlabathini. Inhlabathi bese ithola ithuba lokuba sesimeni esihle. Uma umlimi etshala uhlobo olulodwa lwesitshalo, mhlawumbe kube wumbila wodwa, umbila uthatha ukudla okuwuhlobo olulodwa, bese lolo hlobo luyaphela. Abalimi bangayigcina inhlabathi yabo iphile kahle ngokutshala izitshalo ezisebenzisa izinhlobo ezahlukahlukene zokudla okuphuma emhlabathini. Singayigcina inhlabathi yezingadi zethu iphile kahle ngokufaka umquba: noma imvundela. Nawe ungayenza imvundela yakho.

Umquba unikeza izitshalo umsoco.

Nansi ngezansi indlela yokwenza imvundela.



Masenzeni lokhu

Indlela yokwenza imvundela / umquba

Uzodinga:

- amakhasi ezithelo nezitshalo
- amaphepha ayizicucu
- amagobolondo amaqanda
- amahlamvu notshani
- izikhwama zetiye
- ukhalibhodi



Akufanele usebenzise: amathini, ingilazi, amapulastiki, ufishi, inyama, ubisi noshizi.

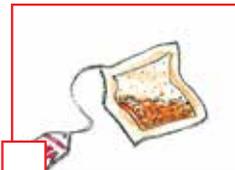
Okudinga ukwenze emva kwalokhu:

- Konke lokhu uyakuhlenganisa kube yingqumba ukubeke ekhoneni elinomthunzi ekhaya.
- Thela inhlabathi encane.
- Kuthele ngamanzi anele ukuze kube nomswakama (qaphela kungabi manzi kakhulu).
- Phendula lokhu ngemfoloko yasengadini njalo ngemuva kwesonto elilodwa noma amabili.
- Uma kuguquka kuba ngamagabade, kuthele engadini yakho.
- Izitshalo zakho zizokhula ziqine futhi zibe nempilo!



Masibhale

Buka lezi zithombe bese ubeka uphawu uthikha (✓) izinto ongazisebenzisa ukwenza imvundela. Beka isiphambano esikhulu ezintweni ongeke uzisebenzise.

Uthisha:
Sayina:
Usuku:



36

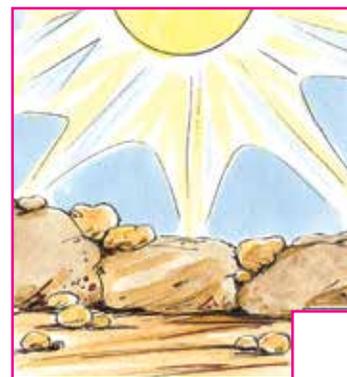
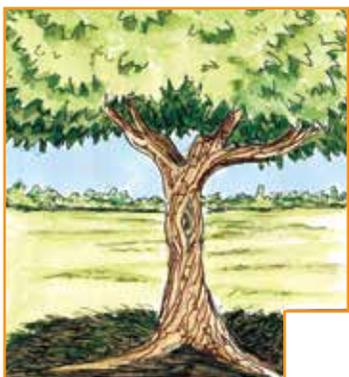
Ukusebenza ngenhlabathi



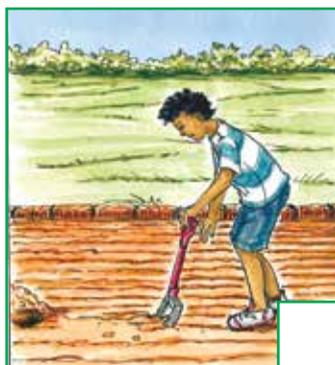
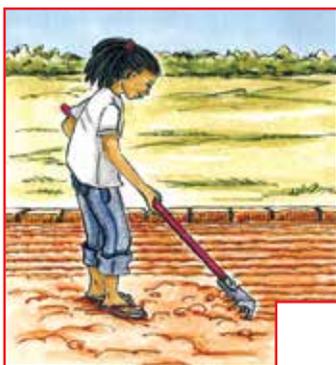
Masifunde

IThemu 3 – Amasonto 2

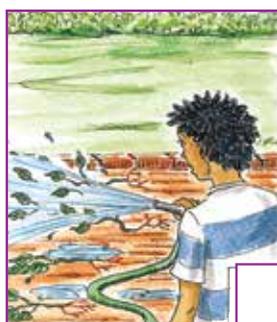
UDumisani nodadewabo uNtombi bafuna ukwenza ingadi. UNtombi ufuna ukutshala imifino kanti uDumisani ufuna ukutshala izimbali. Okokuqala kufanele bathathe isinqumo sokuthi iyiphi indawo efanele ukwenza kuyo ingadi. Ungabasiza kodwa wena? Buka lezi zithombe bese ubeka uphawu ebhokisini (✓) elifanele.



Yini elandelayo okumele bayenze? Bhala izinombolo ngokulandelana okufanele ezithombeni ezingezansi.



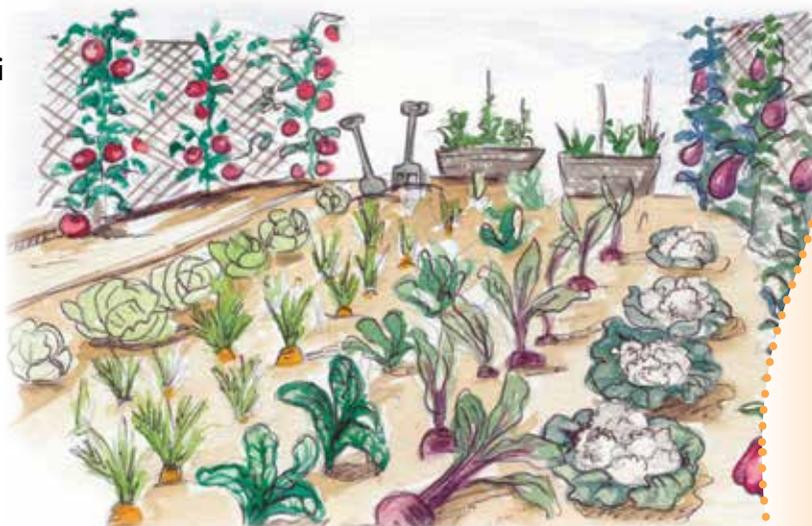
Kungabe ifanele le nto abayenzayo? Beka uphawu ezintweni (✓) ezifanele ukwenziwa, ubeke uphawu (✗) ezintweni ezingafanele ukwenziwa.





Masikhulume

Xoxa nomngani wakho ngokuba nengadi yemifino kanye nezithelo ekhaya. Kuyayonga yini imali lokhu kokubili? Kungabe imifino nezithelo kunambitheka kangcono? Kungani ucabanga kanjalo? Yiziphi izinhlobo zezithelo nemifino ongazitshala ekhaya? Yini ekhula kahle endaweni yangakini? Bheka ezinye izingadi namapulazi.



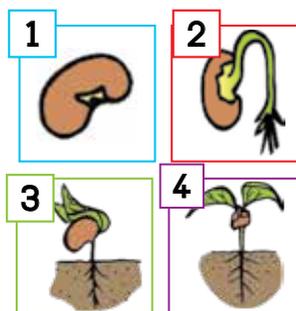
Masibhale

Yenza uhlu lwezinhlobo zemifino ongathanda ukuzitshala. Bhala eduze kohlobo ngalunye usho ukuthi kungani ukhetha ukutshala lolu hlobo.



Masenzeni lokhu

Bheka lezi zithombe bese utshela umngani wakho ukuthi kwenzekani esitshalweni sikabhontshisi ngasinye.



Masiphumele ngaphandle

- Lalela kahle uthisha wakho, uma ethi gijima, gxuma, yiwa noma jomba, yenza lokho masinyane.
- Yima ngomlenze owodwa. Yima ngomunye owodwa futhi.

Dweba umugqa phansi noma ubeke intambo.

- Bese uhamba phezu kwayo.
- Yelulela izingalo zakho emaceleni wesekele umzimba wakho ngokwenza njalo.
- Zama ukwenza lokhu uvale amehlo!



Uthisha:

Sayina:

Usuku:



37

Ezokuthutha ezihamba phansi: ezisebenzisa umgwaqo

IThemu 3 – Amasonto 3



Masifunde

Sisebenzisa izinhlobo ezehlukahlukene zokuthutha ukusuka endaweni ethile kuya kwenye kanye nokuthutha impahla ukusuka endaweni ethile kuya kwenye. Ziningi izinhlobo zokuthutha. Iningi lethu lihamba phansi emigwaqweni, ngesitimela kanye nangezindlela zezinyawo. Sibuye sisebenzise izinto zokuhamba ezifana namaloli kanye nezitimela ukuthutha impahla ehamba phansi.



Masenzeni lokhu

Buka lezi zithombe. Zonke zisikhombisa izinto ezahlukahlukene zokuthutha kusetshenziswa umgwaqo. Dweba umugqa uqondanise isithombe negama elifanele.



inqola yezimbongolo



isithuthuthu

ibhasi



ibhayisikili

imoto



isikuta



iloli



itekisi



Masikhulume

Xoxa nomngani wakho bese niphendula le mibuzo.

Uhamba ngani uma uya esikoleni nsuku zonke? Uhamba ngani uma uya emtholampilo? Uhamba ngani uma uyovakashela abangani bakho? Uhamba ngani uma uya edolobheni?





Masibhale

Bhala imisho emibili usho ukuthi uhamba ngani uma uya esikoleni nsuku zonke.

Manje qedela le misho elandelayo.

Uthisha wami uza esikoleni nge- _____.

Ngihamba _____ uma ngiya emtholampilo.

Uma ngiya kubo kamngani wami, ngi- _____.



Masikhulume

Kungabe usebenzisa uhlobo

olulodwa lwesithuthi uma uya esikoleni?

Zinhlobo zini zezokuthutha ezisetshenziswa

ngabanye abantwana basekilasini?

Isibalo sezingane	5				
	4				
	3				
	2				
	1				
		Izinyawo	Itekisi	Ibhasi	Imoto

Buka le grafu bese uphendula imibuzo.

Ziya kanjani esikoleni izingane eziningi zekilasi lakho?

Bangaki abeza esikoleni ngezimoto?



Masifunde

Sewuyazi manje ukuthi kunezinhlobo ezahlukene zokuthutha ezisebenzisa umgwaqo. Kunezinhlobo ezahlukene futhi zemigwaqo, isibonelo:

- imigwaqo ewubhuqu
- imigwaqo yetiyela.

Eminye imigwaqo, ikakhulu exhuma amadolobha, ibanzi kakhulu. Le migwaqo ike ibizwe ngemigwaqo emikhulu noma othelawayeka ngoba izimoto zihamba zikhululeke kuyo. Ivame ukuba nemizila emibili ohlangothini ngalunye, ziba zine izimoto ezikwazi ukuhambisana ngesikhathi esisodwa. Eminye yemigwaqo emikhulu ingaba nemizila eminingana kunalokhu. Umgwaqo onguthelawayeka uthi awufane nomgwaqo omkhulu, kodwa izinhlangothi ezimbili zomgwaqo zihlukanisiwe. Ukwazi ukuhamba ohlangothini olulodwa olubheke endaweni eyodwa uma uhamba ngothelawayeka womgwaqo.



Masikhulume

Uke waya emgwaqweni onguthelawayeka? Ukhona umgwaqo onguthelawayeka eduze kwakini? Imigwaqo yangakini iyitiyela noma iwubhuqu? Yikuphi okuphephile – umgwaqo omkhulu noma onguthelawayeka? Kungani usho kanje?





38

Amasonto 3

Ithemu 3

Ezokuthutha ezihamba phansi – Izitimela



Masifunde

Ukusebenzisa umgwaqo akuyona kuphela indlela yokuthutha. Singasebenzisa nojantshi. Lezi yizindlela ezakhiwe ngezingxenye zezinsimbi. Lezi zindlela zibizwa ngokuthi ujantshi. Izitimela zihamba kulezi zindlela. Izitimela zithwala impahla kanye nabantu okusuka emadolobheni athile ukuya kwamanye. Isitimela sithwala abantu abaningi ukwedlula izimoto

namabhasi. Sikwazi nokuthwala izinto ezisindayo neziningi ezedlula ezingathwalwa ngamaloli.



Masikhulume

Buka lezi zithombe bese uxoxa nomngani wakho ngezinhlobo ezihlukahlukene zezinto ezisebenzisa ujantshi.

Yiziphi kulezi ongazichaza uthi izitimela ezithutha abantu?

Yiziphi kulezi ongazichaza uthi izitimela ezithutha impahla?

Zinto zini ezithwalwa yizitimela?

Isitimela esihambisa abantu sibizwa ngesitimela sabantu. Isitimela esithwala impahla, hhayi abantu, sibizwa ngeguzu.



Isitimela sikagesi



Isitimela samalahle

Isitimela esinejubane eliphakeme



Isitimela sikadizili





Usuku:



Qhathanisa

Dweba umugqa uqondanise uhlobo lwesitimela esingakwesokudla namagama asichazayo angakwesobunxele.

Sisebenzisa udizili uma sihamba.

Sisebenzisa amalahle.

Sigijima kakhulu. Sisebenzisa ugesi. Sifinyelela ejubaneni lama-200 km ngehora. Isitimela sokuqala salolu hlobo eNingizimu Afrika siseGauteng, Sibizwa ngeGautrain.

Sisebenzisa ugesi. Kunezintambo ezisiphakela ugesi eziphezulu.



Masenzi lokhu

Dweba isitimela sakho lapha esikhaleni esingezansi. Tshengisa abangani bakho isithombe sakho Xoxa ngezimo kanye nemibala.



Masibhale

Phendula le mibuzo:

Siluhlobo luni isitimela osidwebile?

Kubiza malini ukusebenzisa isitimela sakho?

Sihamba sifikephi isitimela sakho?



Masiphumele ngaphandle

- Gxuma, yeqa, jomba uye phezulu naphansi, jombela phambili ngezinyawo zombili.
- Manje-ke yenza okuthile ezithiyweni ezibekwe nguthisha. Kumele ukhwele, ugaqe, ushushuluze noma weqe ukuze usuke esithiyweni esithile uye kwesinye. Zama ukwenza lokhu uthwele isaka likabhontshisi ekhanda.





39

Amasonto 4
Ithemu 3

Ezokuthutha ezihamba emoyeni



Masifunde

Okwamanje usafunde ngezinhlobo zezindlela zokuthutha ezihamba phansi. Kunezindlela ezahlukene futhi zokuthutha zasemoyeni. 1. Sisebenzisa izindiza ukundizela ezindaweni ezikude. 2. Imoto ikwazi ukugijima ngesivinini sama-120 km ngehora. 3. Isitimela esinesivinini esikhulu sigijima ama-200 km ngehora. 4. Ibhanoji lona lingagijima ngama-955 km ngehora! Izindiza ezijwayelekile kanye nalezo ezinophephela emhlane zinezinjini ezinamandla kakhulu. 5. Amabhaluni ahamba ngomoya oshisayo kanye neziphekepheke (gliders) khona akunazinjini. Amabhaluni omoya oshisayo wona andiziswa yiwo umoya oshisayo. Iziphekepheke zinamaphiko azindizisayo. Abantu bavame ukusebenzisa amabhaluni omoya oshisayo neziphekepheke ukuzijabulisa nokudlala nje. 6. Osomkhathi bahamba ngomkhumbimkhathi uma beya emkhathini.



Masenzeni lokhu

Dweba umugqa usuke esithombeni uye egameni elifanele.

indiza enophephela emhlane

ibhanoji eligitshelwa ngabantu

iziphekepheke

ibhaluni elihamba ngomoya oshisayo

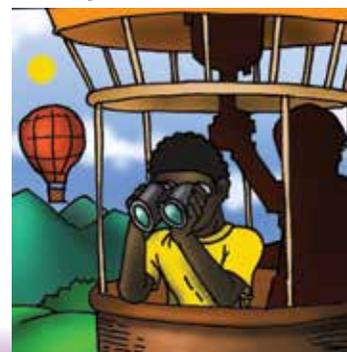
isiphekepheke esinamaphiko

umkhumbimkhathi



Masibhale

Yenza sengathi uphakama ngebhaluni lomoya oshisayo. Yini oyibona phansi njengoba uphezulu nje? Bhala izinto ezintathu ongase uzibone.



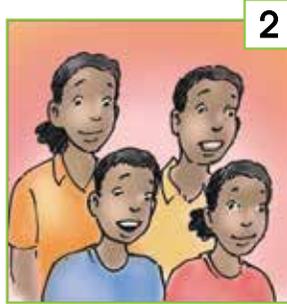


Masikhulume

USusana nomfowabo uNemba bazovakashela umzala wabo ohlala eGoli. Bazondiza besuka eKapa. Bheka isithombe bese ukhuluma nomngani wakho nisho ukuthi benzani.



1



2



3



4



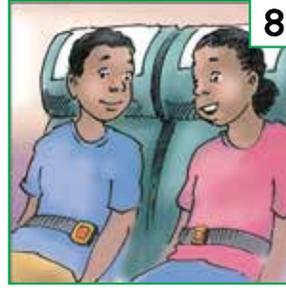
5



6



7



8



Masibhale

Funda le misho. Buka lezi zithombe, bese ulandelanisa le misho ngokulandelana kwendaba ujinike izinombolo ezisuka ku-1 kuya ku-8.

	Izikhwama zikaSusana noNemba ziyakalwa.
	Abazali bakaSusana noNemba babayisa ngemoto esikhumulweni sezindiza.
	Bathola amathikithi okugibela endizeni.
	Inkosazana yasezindizeni ihambisa oNemba noSusana kwabezokuphepha.
	OSusana noNemba bagibela izitebhisi bangena endizeni.
	USusana, uNemba nabazali baya ekhawunteni lapho bazothola khona amathikithi okugibela indiza
	Bonke bahlala phansi babopha amabhande.
	Bayavalelisa kubazala.





40

Ezokuthutha zasemanzini

IThemu 3 – Amasonto 4



Masifunde

Uhlobo lokugcina lwezokuthutha ngolusebenzisa amanzi. Sekungamakhulu eminyaka abantu besebenzisa amanzi ukuhamba nokuthutha izimpahla. Siyakwazi ukunqamula izilwandle sivakashele amanye amazwe sisebenzise imifula namachibi ukuya ezindaweni ezahlukene emazweni akithi.

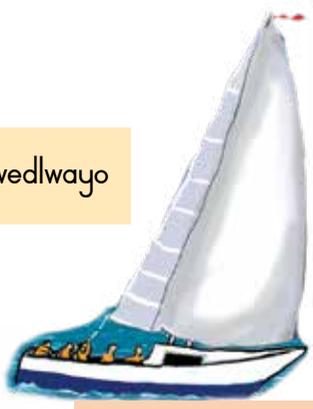


Masibhale

Sihamba kanjani emanzini? Buka izithombe ezingezansi bese uxoxa nomngani wakho ngezithombe zezinhlobo zokuthutha esihamba ngazo emanzini.



Isikebhe esigwedlwayo



Isikebhe esihamba ngomoya



Isikebhe esinenjini



Umkhumbi othwala abantu



Isihlenga

Yikuphi okusetshenziswa abantu ukuhamba ngomfula?
Yikuphi okusetshenziswa abantu uma behamba ngolwandle ukuya phesheya?
Ucabanga ukuthi ngabe abantu basebenzisa isikebhe esinenjini ukuhamba uhambo olude noma olufushane?



Masibhale

Bhala umusho owodwa ngohlobo ngalunye lwalezi zikebhe usho ukuthi lungasetshenziselwa ukwenzani.





Usuku:



Masikhulume

Khuluma nomngani wakho ngale mibuzo.



- Yiluphi uhlobo lokuthutha oluphuma phambili kuwena? Kungani usho njalo?
- Hlobo luni lwezokuthutha oluhamba kancane?
- Hlobo luni lwezokuthutha olusheshayo?
- Hlobo luni lwezokuthutha olusetshenziswa wuthisha wakho ukuza esikoleni?
- Sitholakala kuphi isitimela esinejubane eliphakeme eNingizimu Afrika?



Masenzi lokhu

Dweba isithombe sohlobo lokuthutha oluthanda kakhulu. Yimoto, yisikebhe, indiza noma yibhayisikili? Ungadweba nehhashi uma kuyilo.



Masiphumele ngaphandle

Dlala umdlalo wemvu nempisi. Hlukanisa abafundi babe ngamaqembu amabili: elilodwa libe yizimpisi, elinye libe yizimvu. Khombisa indawo lapho izimvu zibekwa khona uma zibanjiwe. Uthisha uzokwenza uphawu, izimpisi bese zizama ukubamba izimvu. Izimvu ezibanjiwe zingena kule ndawo elungisiwe. Izimvu ezisele zizama ukukhulula lezi ezibanjiwe ngokuzithinta. Izimvu ezithintiwe kumele zibuyele emdlalweni.



Okunye ngezokuthutha zasemanzini



Masikhulume

Buka lezi zithombe bese uxoxa nomngani wakho ngazo.

Wake wazibona izindlela zokuthutha ezifana nalezi?

Yini ekwazi ukuhamba ngaphansi kwamanzi?

Ingabe uyawazi yini amagama ezinye zalezi zinhlobo zezinto zokuhamba emanzini?



Masifunde

Funda imisho engezansi, bese ubuka izithombe. Qondanisa iqoqo ngalinye lemisho nesithombe esifanele. Bhala inombolo efanele eceleni kwesithombe.

1. Iphonti noma uferi yisikebhe esithutha abantu, izimoto kanye nezinye izimpahla iziwelisele ngaphesheya komfula. Kukhona iphonti enje eMalgas e-Western Cape. Ithatha izimoto kanye nabantu ibawezele ngaphesheya komfula iBreede.



2. ISabhumarini ihamba ngaphansi kwamanzi. Amasabhumarini amaningi makhulu futhi ayakwazi ukuthwala abantu abaningi. Isabhumarini enkulu kunawo onke iyakwazi ukuhlala ngaphansi kwamanzi izinyanga eziningi.



3. Abanye abantu bahlala ezindlini eziyizikebhe. Abavakashi abathatha amaholide ezindaweni ezifana neKariba, eZimbabwe bayakwazi ukuhlala endlini eyisikebhe bazulazule echibini.





Usuku:



Masifunde

Usufundile ukuthi izitimela zisebenzisa izinhlobonhlobo zamandla ukuze zikwazi ukuhamba. Nezikebhe zisebenzisa izinhlobonhlobo zamandla. Ezinye zezikebhe zisebenzisa amandla abantu. Ezinye izikebhe zisebenzisa amandla kadizili noma amandla enjini yestimu. Izikebhe eziningi zisebenzisa umandla omoya.



Masibhale

Thikha impendulo efanele ukuphendula imibuzo elandelayo.

Sisebenzisani isikebhe esigwadlwayo uma sihanjiswa?

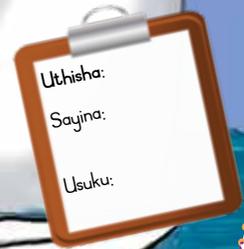
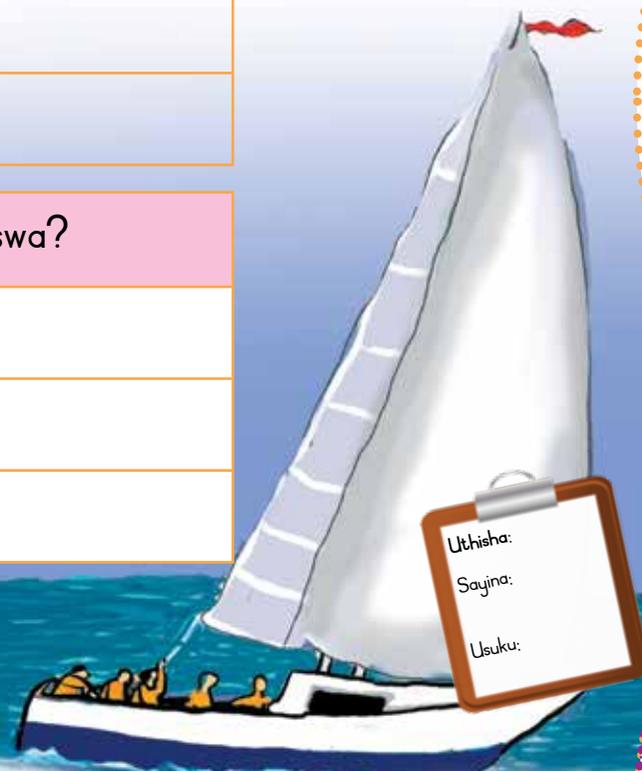
idizili	
abantu	
umoya	

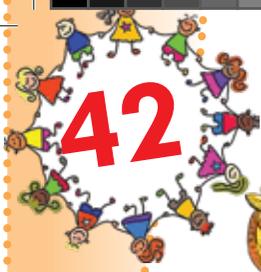
Sisebenzisani isikebhe esinenjini uma sihanjiswa?

umoya	
isitimu	
uphethiloli	

Sisebenzisani isikebhe soseyili uma sihanjiswa?

isitimu	
umoya	
abantu	





42

Ezokuthutha zomphakathi

Amasonto 5

IThemu 3



Masikhulume

Sisuke siqondeni ngezinto zokuthutha umphakathi? Ngabe imoto kathishanhloko wakho yisithuthi somphakathi? Ingabe ibhayisikili lothize yisithuthi somphakathi? Ngabe ibhasi liyisithuthi somphakathi?



Masifunde

Izinto zokuthutha umphakathi zisetshenziswa ngumuntu wonke, kodwa kumele likhokhelwe ithikithi lokugibela. Izitimela, amabhasi, amabhanoyi, amatekisi kanye nezikebhe kuyasetshenziswa njengezinto zokuthutha.



Masibhale

Yiluphi uhlobo lwesithuthi somphakathi owake walusebenzisa? Yini okumele uyenze ngaphambi kokusebenzisa izithuthi zomphakathi?

Bazisebenzisa nini abantu izithuthi zomphakathi?



Masenzi lokhu

Zama ukuthola ekilasini lakho ukuthi yibaphi futhi bangaki abantwana abasebenzisa izithuthi zomphakathi. Faka umbala ebhulokhini elisethebhuleni elingezansi ohlotsheni ngalunye lwezinto zokuthutha umphakathi umuntu ngamunye alusebenzile.

Isibalo sabafundi engifunda nabo

11				
10				
9				
8				
7				
6				
5				
4				
3				
2				
1				
	Itekisi	Isitimela	Ibhasi	Ibhanoyi





Usuku:



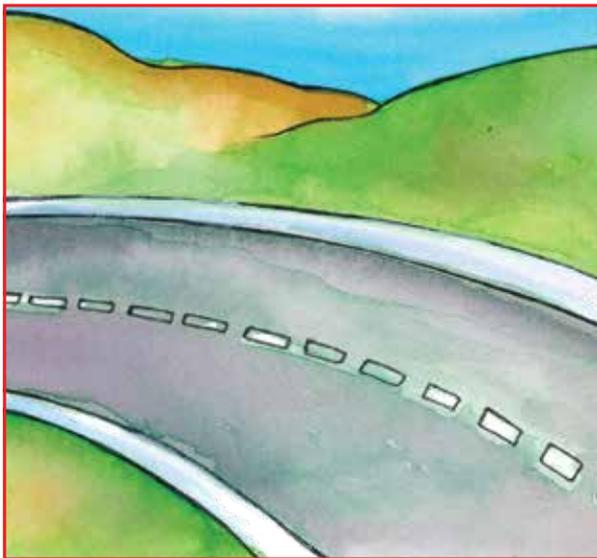
Masenzi lokhu

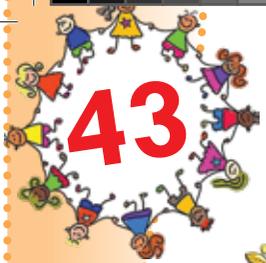
- Sebenzisa izinto ezike zasebenza ukwakha imoto ezokuba yisitsha sokuhlala amapensela.
- Yipende futhi uyihlobise imoto yakho.



Masenzi lokhu

Sika izithombe zezinhlobo ezahlukene zezithuthi ngezansi kuleli khasi noma ephephendabeni noma ephephabhukwini. Namathisela isithombe ngasinye endaweni efanele. Faka umbala kuzo zonke izithombe.





43

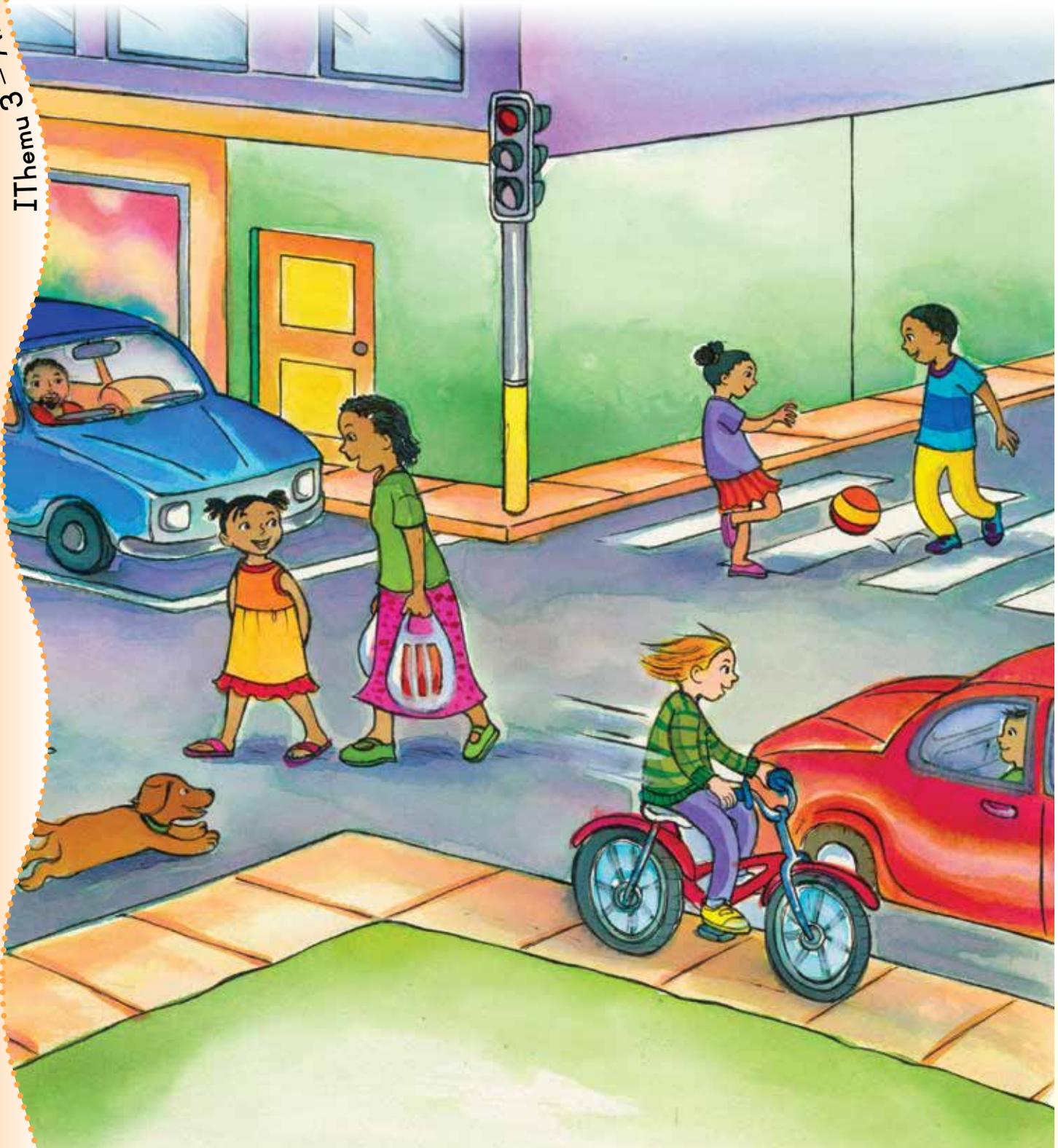
Ukuphepha emgwaqweni

IThemu 3 – Amasonto 6



Masikhulume

Abantu kulesi sithombe baphula imithetho yomgwaqo. Xoxa nomngani wakho ngalokho abangakwenzi ngendlela efanele. Kungani sidinga ukuhlonipha imithetho yomgwaqo?





Usuku:



Masifunde

Cishe nyanga zonke sifunda noma sizwe ngezinyane zesikole ezishayiswa yizimoto uma zisendleleni eya esikoleni zihamba ngezinyawo noma ngamabhayisikili. Ungaqinisekisa ukuphepha uma uhlonipha imithetho.

Imithetho yabahamba ngezinyawo



- Uma weqa umgwaqo, vama ukubheka ngakwesokudla, bese ubheka ngakwesokunxele, uphinde ubheke ngakwesokudla ukuqinisekisa ukuthi akunazimoto, mabhayisekili, matekisi noma amabhasi okuzayo.
- Uma umgwaqo usebenza kakhulu, thola indawo lapho kunophawu lokuma, noma irobhothi noma lapho umgwaqo unemiqga bese uwela khona kodwa hhayi endaweni emaphakathi nomgwaqo.

- Kumele kube yindawo edwetshwe imigqa emhlophe yabantu abawela ngezinyawo, noma kube yilapho kunabawelisa abantwana khona. Lezi yizindawo eziphephile okungawelwa kuzo.
- Ungahambi phakathi emgwaqweni. Hamba endaweni eyenzelwe abahamba ngezinyawo. Uma ingekho, hamba kude nezimoto. Njalo nje hamba ngakwesokudla somgwaqo ukuze ubhekane nazo izimoto ezizayo uzibone kangcono.
- Akufanele udlale imidlalo eduze komgwaqo.
- Qaphelisisa ngaphambili kokuba weqe umgwaqo endaweni lapho izimoto zingena noma zijika khona.

Imithetho yabamabhayisikili

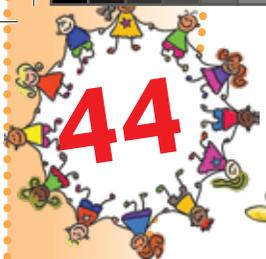
- Qinisekisa ukuthi ibhayisikili lakho lisesimweni esifanele. Bheka amathayi, amabhuleki, amaphedali, iketango, izibambo, insimbi kanye nelambu ngaphambili kokuba ugibele.
- Uma kusebusuku noma kungakhanyi kahle, udinga izibani ezikhanya kahle ebhayisikilini lakho, ngaphambili kanye nesitikha esicwebezelayo ngemuva.
- Njalo nje faka ihelimethi, isigqoko sokuzivikela. Izovikela ikhanda lakho lingalimali uma uwa noma kuba nengozi. Ihelimethi ingayiphephisa impilo yakho.
- Uma kunendlela ehlelelwe amabhayisikili, sebenzisa yona uyeke umgwaqo.
- Hlela ukuthi uzofinyelela kanjani lapho oya khona.
- Sebenzisa indlela ephephile hhayi indlela emfushane nje.
- Sebenzisa ngendlela efanele izimpawu zesandla kucace uma ujika.
- Ungalingi ugibele ibhayisikili uhambe eduze komunye ohamba ngebhayisikili – landela ngemuva komunye njalo.
- Ungalingi wenze imigilingwane ngebhayisikili uma uligibele.



Masiphumele ngaphandle

Cela uthisa wakho ukuba akutshengise ukwenza unqimphothwe oya **phambili** noya **emuva**.





44

Imithetho yomgwaqo



Masibhale

Phinda ubheke isithombe esisekhasini lama-22. Phendula le mibuzo.

Amasonto 6

IThemu 3

Bangaki abantu abaphula imithetho yemigwaqo?

Owesifazane ophethe isikhwama wephula muphi umthetho?

Intombazana egibele ibhayisikili yephula emingaki imithetho?

Yephula miphi imithetho?

Kungase kwenzekeni kumkhulu?

Yini okumele uyenze njalo ngaphambi kokweqa umgwaqo?



Masikhulume

Amarobhothi anamalambu amathathu.

Anamibala mini?

Imibala isho ukuthini?

Mbala muni ophezulu?

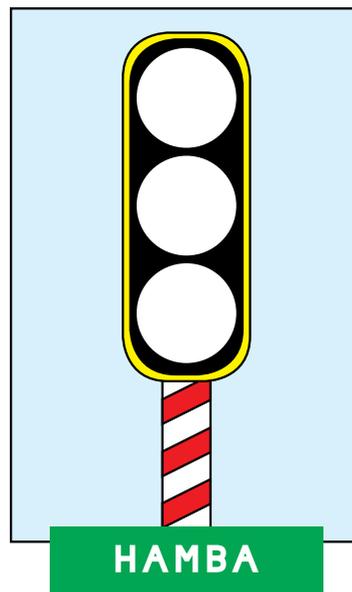
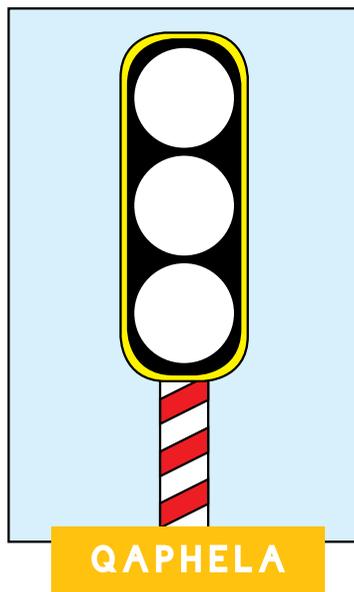
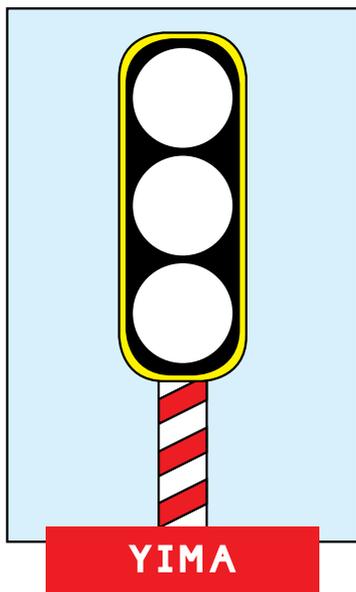
Mbala muni ophakathi nendawo erobhothini?



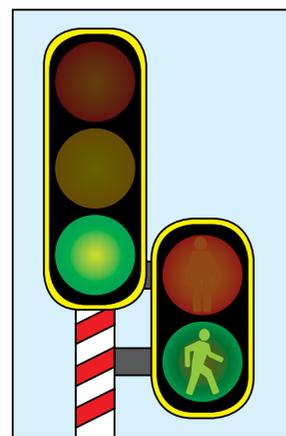
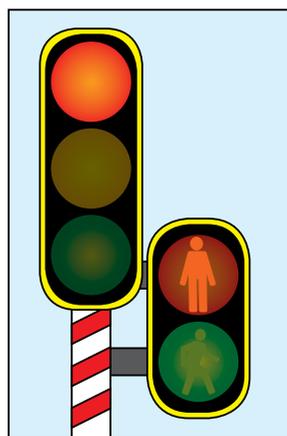


Masenzeni lokhu

Faka umbala ofanele kulawa marobhoti ukuze ahambisane negama elingezansi. Bese usho ukuthi uphawu ngalunye lusho ukuthini.

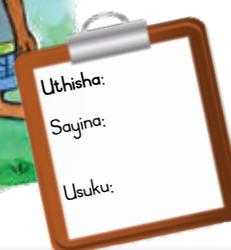
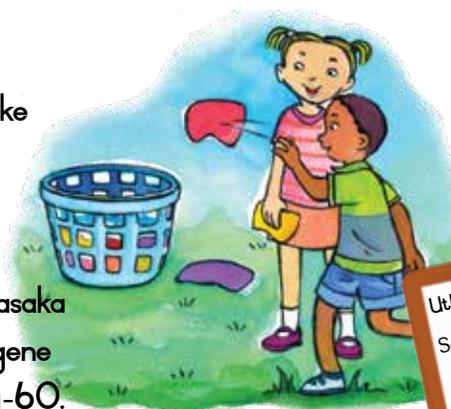


Beka uphawu (✓) ebhokisini eliseceleni kwerobhoti elitshengisa ukuthi kuphephile ukweqa umgwaqo, nophawu (✗) uma kungaphephile ukuwela umgwaqo.



Masiphumele ngaphandle

- Phonsa isaka likabhontshisi phezulu ulinqake. Manje-ke liphonse le phambili kude impela.
- Sebenzani nibe babili. Shintshanani ngokuphonsa nokwenqaka isaka likabhontshisi.
- Sebenzani ngamaqembu. Bheka ukuthi mangaki amasaka kabhontshisi iqembu lakho elikwazi ukuwaphonsa angene kubhasikidi esikhathini esingangemizuzwana engama-60.





45

Amasonto 7
IThemu 3

Abawelisa izingane zesikole



Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngaso.

- Kuchaza ukuthini ukuthi abawelisa izingane?
- Lokhu kubasiza kanjani abantwana?
- Kubaluleke ngani kuwe?



Masibhale Phendula le mibuzo.

Kuphephile yini ukuthi izingane zizivelele zodwa emgwaqweni?

Kungani usho kanjalo?

Kumele babe khona nini abawelisa izingane emgwaqweni?

Ubonakala ngani umuntu oyilungu labawelisa izingane emgwaqweni?

Abawelisa izingane bazimisa kanjani izimoto?

Babavimbela kanjani abafundi ekweqeni umgwaqo?



Masenzeni lokhu

UDumisani nonina baya emtatsheni wezincwadi. Uma besendleleni babona izimpawu zomgwaqo. Zichaza ukuthini? Qondanisa izimpawu nezincwazelo zazo.



Abavunyelwe abahamba ngezinyawo.



Kunophawu oluthi YIMA ngaphambili.



Kuwela abezinyawo lapha.

Umtapo wezincwadi.



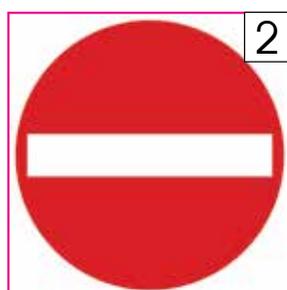
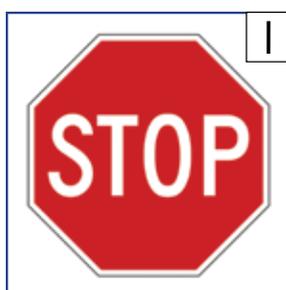
Kunempambano yemigwaqo ngaphambili.

Kuvumeleke abezinyawo kuphela.



Masibhale

UNtombi noyise bahamba ngemoto baya edolobheni bayothenga. Babona izimpawu zomgwaqo. UNtombi ubuza uyise ukuthi lezi zimpawu zichaza ukuthini. Uyazi wena ukuthi zisho ukuthini? Sebenzisana nomngani wakho nibhale phansi ukuthi uyise kaNtombi kumele enzeni uma kuvela lezi zimpawu. Ukuqiniseka ukuthi izimpendulo zakho zilungile, phendula ibhuku ulibhekise phansi.



Izimpendulo: (1) Yima lapho kunophawu. (2) Akungenwa lapha. (3) Ungahambi lapha. (4) Awuvunyelwe ukusika imoto oyiilandelayo.

Teacher: _____
 Sign: _____
 Date: _____
 Usuku: _____



46

Amasonto 7
IThemu 3

Indlela amaphoyisa omgwaqo asisiza ngayo



Masikhulume

Buka isithombe uphendule imibuzo elandelayo.

Yiliphi leli phoyisa ezinhlotsheni zamaphoyisa?

Yini oyaziyo ngamaphoyisa omgwaqo?



Masibhale

Phendula le mibuzo.

Lenzani iphoyisa lomgwaqo?

Lingakusiza kanjani iphoyisa lomgwaqo?

Ucabanga ukuthi kungani imoto yamaphoyisa imi kanje?





Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngaso.



Masibhale

Phendula le mibuzo.

Yini eyenziwe umshayeli wemoto eluhlaza okwesibhakabhaka engafanele?

Ucabanga ukuthi yini okumele yenziwe yiphoyisa lomgwaqo?



Masenzi lokhu

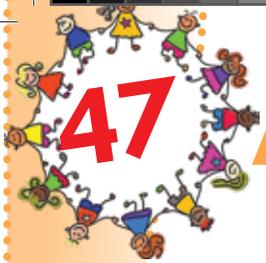
Sebenzisa isokisi elidala ukwenza iphaphethi yakho yesandla. Wena nomngani wakho ningasebenzisa amaphaphethi ukutshengisa umshayeli bhayisikile oweqa irobhothi libomvu. Oyedwa wenu abe ngumshayeli webhayisikili lomunye abe yiphoyisa lomgwaqo.



Masiphumele ngaphandle

1. Gijima uye noma yikuphi ekilasini.
 - Uma uthisha ethi yima, ume lapho ukhona unganyakazi.
2. Uthisha wakho uzonehlukanisa anihlele nibe ngamaqembu azogijima anikane indukwana.
 - Nizodlala umdlalo wokunikana indukwana.
 - Iqembu elenze imigijimo eminingana yilona elinqobile.





47

Abanye abantu abawusizo kithi

Amasonto 8

IThemu 3



Masikhulume

Xoxa nomngani wakho ngabo bonke abantu abangakusiza emphakathini wakho.



Qhathanisa

Dweba umugqa uxhume izithombe ezingakwesokudla nezincazelo ezingakwesokunxele.

Umsebenzi wami ukusiza abantu abavakashele umtapo wezincwadi ukuthola izincwadi. Kwenye inkathi ngiyaye ngitholeithuba lokuxoxela abantwana izindaba.

Ngiyazithanda izilwane. Ngisiza izilwane ezigulayo noma lezo ezilimele.

Ngisebenza ukuhambisa izincwadi ezivela eposini kubaninizo emakhaya.

Ngikusiza uma uphethwe yizinyo. Ngikutshengisa ukuthi uwanakekela kanjani amazinyo nokuthi uwagcine ephilile.

Ngisiza abantwana kanye nabantu abadala abagulayo. Ngibanika imithi bese ngibajova ukuze babe ngcono.

Ngihlanza imigwaqo. Masonto wonke ngithutha udoti wasemakhaya ngeloli.





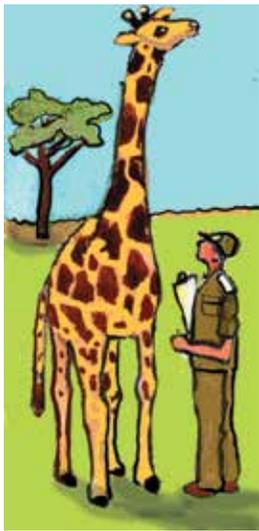
Usuku:



Masenzeni lokhu

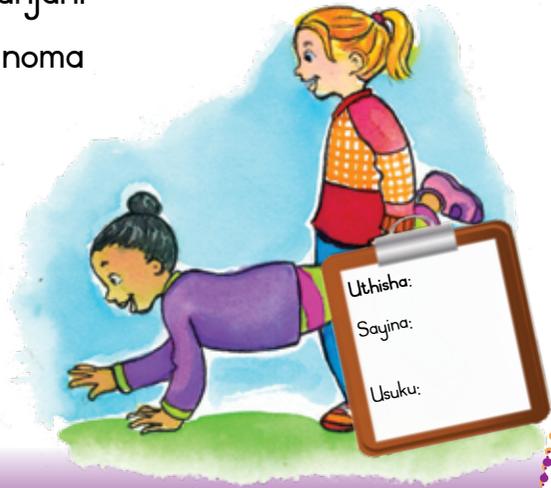
Dweba lapha isithombe somuntu owenza umsebenzi ofuna ukuwenza.

Uthanda ukwenza msebenzi muni uma usuqede isikole?
Yisho ukuthi yini uthande lowo msebenzi.



Masiphumele ngaphandle

- Lenga ngezinyawo kujangilijimi zishwibe uya phambili.
- Wena nomngani wakho dlalani umdlalo webhala. Bonani ukuthi ningafika kuphi.
- Uthisha wakho uzodlala umculo othize. Uzizwa kanjani uma ulalele lo mculo? Uzizwa ujabulile, udangele noma uphumulile.





48

IThemu 3 – Amasonto 9

Imisebenzi emihle emphakathini



Qhathanisa

Dweba umugqa usuke ohlotsheni lomsebenzi kwesokunxele uye egameni elifanele kwesokudla.

umthengisi wezimbali
umcimimlilo
udokotela
umpheki
umthungi
uthisha
umlungisizinwele
umbhali

ibhuku
isikele
ukudla
izimbali
umuthi
isicishamlilo
abafundi
izingubo



Masifunde

UNemba ube nosuku olumatasatasa namuhla. Uqale ngokuya emtatshweni wezincwadi ukuyofuna incwadi efundisa ukudlala ikhilikithi. Ufike wacela usomtapo ukuba amusize. Ube esedlulela eposini ukuyothenga izitembu. Uthe uma esendleleni eya ekhaya wadlula emtholampilo ukuyolanda imithi kagogo wakhe. Uye wadlula nasemahhovisi enkundla yebhola lezinyawo ukuyobuza ukuthi umdlalo olandelayo wabe uzokuba nini. Umphathi wale ndawo wabe esemcela ukuba abheke lapho kuhlonywa khona izaziso. Ekugcineni, uma uNorman efika ekhaya, wathola indlu igcwele amanzi. Kuye kwafuneka ukuba ashaye upulamba ucingo ngoba bekuqhume ipayipi endlini yokugeza.



Masibhale

Funda imibuzo elandelayo bese uba nombono wokuthi uzothini uNorman kwisimo ngasinye bese ubhala phansi.

Obani abantu abane abasize UNemba namhlanje?

Utheni UNemba kusomtapo?



Utheni uNemba kusokhemisi?

Utheni uNemba kumphathi wezinkundla zebhola?

Utheni uNemba kupulamba?

Utheni uNemba eposini?



Masenzeni lokhu

Buka lezi zithombe. Zikhombisa uNemba enza zonke lezi zinto esithe uyazenza kodwa kazilandelani. Wena zinikeze izinombolo ukuze zilandelane kahle.



Masenzeni lokhu

Uma kufika ithuba lakho uthisha uzocela uthathe iphepha ebhokisini. Buka igama elisephepheni kodwa ungatsheli muntu ukuthi kubhalweni. Okubhalwe lapha wuhlobo lomsebenzi. Manje khombisa ikilasi lakho ukuthi lo msebenzi uyini ngokulingisa ngaphandle kokukhuluma. Abanye abafundi kumele basho ukuthi utshengisa msebenzi muni.



Masiphumele ngaphandle

- Phonsa ibhola letheni phezulu, ulinqake. Phinda uliphonse kakhudlwana manje, ulinqake futshi. Bese ubuye uliphonsa liphakame kukhudlwana kunokwesibili, ubuye ulinqake.



Uthisha uzokunika ihulahuphu futshi.

- Yibeke phansi enhlabathini. Shaya phansi ibhola ngaphakathi kwehuphu ngesandla sakho sokudla bese ulibamba ngesandla sokunxele. Shintsha izandla ngenkathi uphinda ulishaya phansi. Hamba ngaphandle kwehulahuphu, ushaye phansi ibhola ngaphakathi kwehulahuphu. Shintsha izandla ulishaya phansi futshi. Yima ngaphakathi kwehulahuphu ushaye phansi ibhola ngaphandle kwayo.
- Hamba ude uya ngapha nangapha phakathi komaka ngenkathi ushaye phansi ibhola.





49

IThemu 4 - Amasonto 1

Izwe lethu, iNingizimu Afrika



Masenzeni lokhu

Buka ibalazwe laseNingizimu Afrika. Faka isiphambano esifundazweni ohlala kuso. Thola idolobha lakini noma indawo yakini uyikokelezele.

Uma uhlala kwenye indawo faka isiphambano ebalazweni ukukhombisa lapho ocabanga ukuthi uhlala khona.





Usuku:



Masibhale

Buka futhi ibalazwe bese uphendula imibuzo.

Uhlala kusiphi isifundazwe?

Yini igama lendawo ohlala kuyo?

Yiziphi izifundazwe ezingomakhelwane besifundazwe sakho?

Uma kunezivakashi esifundazweni sakho ziyaye zifune ukubonani?



Masibhale

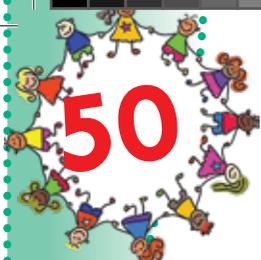
Yenza sengathi uzovakashela izifundazwe ezimbili. Yiziphi of isa ukuzivakashela? Bhala izinto ezimbili ofuna ukuyozibona kulezo zifundazwe.

Yisho igama lesifundazwe	Izinto ofuna ukuzibona

ENingizimu Afrika sinezilimi eziyishumi nanye ezisemthethweni. Bhala amagama ezilimi ezine ozaziyo. Ngabe wena noma omunye wabangani bakho uyakwazi ukukhuluma olunye lwalezi zilimi? Bhala amagama abo eduze kwezilimi abazikhulumayo.

	Ulimi Olusemthethweni	Abantu engibaziyo abakhuluma ulimi
1.		
2.		
3.		
4.		





Ifulegi lethu lesizwe

Amasonto /
Ithemu 4



Masenzi lokhu

INingizimu Afrika yathola ifulegi elisha mhla zingama - 27 ku-
kuMbaso 1994. Nasi isithombe sefulegi lethu Liyifulegi lesizwe
sethu ngoba ngezwe lethu. Lifake imibala. Sebenzisa le mibala
ezinombolweni ezisesithombeni:

1 = kubomvu 

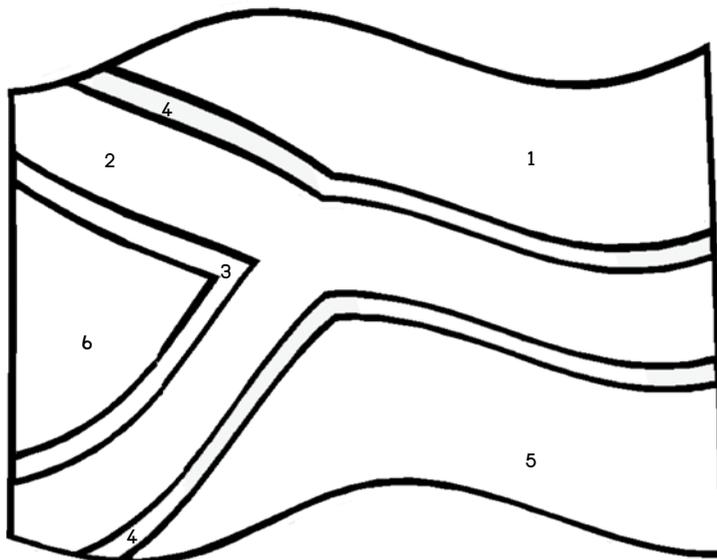
2 = kusatshani 

3 = kuphuzi 

4 = kumhlophe 

5 = kusasibhakabhaka 

6 = kumnyama 



Masikhulume

Khuluma nabangani bakho ngezindawo lapho kubonakala
khona ifulegi laseNingizimu Afrika.

Kungabe likhona ifulegi laseNingizimu Afrika esikoleni sakho?

Zikhona yini ezinye izindawo emphakathini wakini lapho okubonakala khona
ifulegi laseNingizimu Afrika?

Ngabe sinalo yini ifulegi isiteshi samaphoyisa sangakini?



Masibhale

Yimiphi imicimbi lapho esibona khona Ifulegi Lesizwe?

Bhala imidlalo emi-3 noma emi-4 lapho ifulegi liphakanyiswa khona.





Masibhale

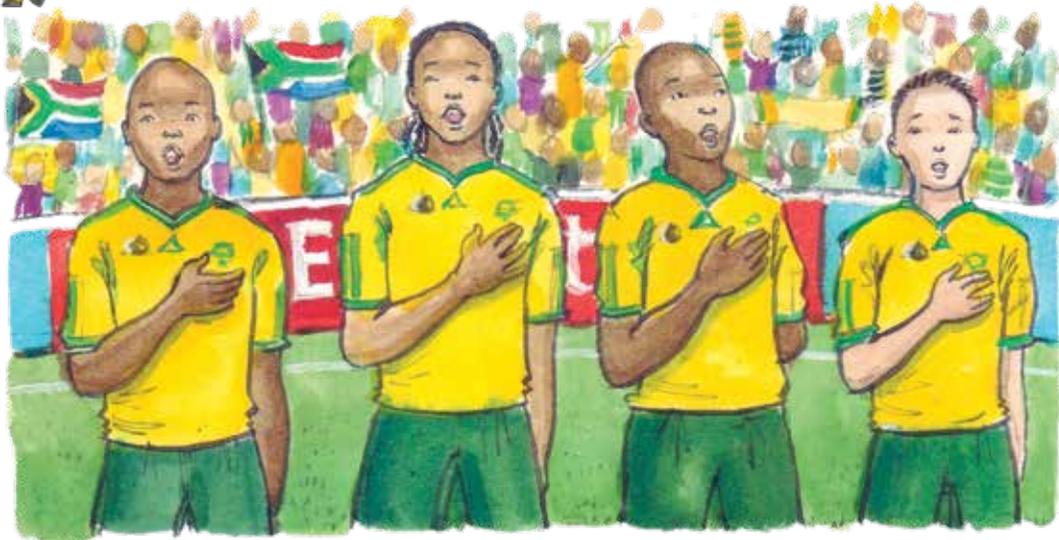
Funda le misho. Beka uphawu (✓) uma umusho uliqiniso
ubeke uphawu (✗) uma umusho ungelona iqiniso.

	✓	✗
Ifulegi laphepheziswa okokuqala ngo mhla zingama-27 ku-Mbaso 1994.		
Kunemibala emibili efulegini.		
INingizimu Afrika ibe naleli fulegi kusukela zingama-27 ku-Mbaso 1994.		
Uye ulibone yi ifulegi esiteshini samaphoyisa.		



Masikhulume

Buka lesi sithombe bese uxoxa nomngani wakho ngokuthi
abadlali bebhola lezinyawo abasesithombeni benzani.



Masiphumele ngaphandle

Yenzani isikokela ngokubambana ngezandla.

- Gxumani endaweni eyodwa.
- Hambani amagxathu ayi-6 ukuya phambili.
- Gxumani amahlandla ayi-10 niya emuva.
- Gxuma ka-6 ngonyawo olulodwa
- Thatha amagxathu ama-3 uye ngakwesokunxele
uphinde uthathe amagxathu ama-3 uye ngakwesokudla.
- Hamba lukeke uphambanise izinyawo
- Yima!

Amanothi kathisha:
Bonisa imiyalelo kwi fleshi khadi.





Iculo kanye noPhawu Lwesizwe sethu

IThemu 4 – Amasonto 2



Masifunde

Sineculo elimnandi kakhulu esilibiza ngeCulo Lesizwe. Igama leculo lesizwe ngu-**“Nkosi Sikelel’ iAfrika”**, okuchaza ukuthi **“Nkosi Busisa i-Afrika”**. Amavesi alo okuqala angesiZulu, ngesiXhosa nangesiSotho. Amavesi amabili okugcina angesiBhunu nangesiNgisi.



Masiculeni

Nanka amagama eculo elithi *Nkosi sikelel’ iAfrika*.
Uyakwazi ukulihlabelela? Ake sizame.

	Amazwi eCulo Lesizwe	Iculo ngesiNgisi
isiXhosa	Nkosi sikelel’ iAfrika Maluphakanyisw’ uphondo lwayo,	Lord, bless Africa May her spirit rise,
isiZulu	Yizwa imithandazo yethu, Nkosi sikelela, thina lusapho lwayo.	Hear our prayers, Lord bless us, her children.
isiSotho	Morena boloka setjhaba sa heso, O fedise dintwa le matshwenyeho, O se boloke, O se boloke setjhaba sa heso, Setjhaba sa, South Afrika, South Afrika.	Lord, we ask that our nation be protected, That all conflicts are ended. Protect us, protect our nation, our nation, South Afrika, South Afrika.
isiBhunu	Uit die blou van onse hemel, uit die diepte van ons see, Oor ons ewige gebergtes waar die kranse antwoord gee,	Ringling out from our blue heavens, From our deep seas breaking round, Over ever-lasting mountains, Where the echoing crags resound.
isiNgisi	Sounds the call to come together, And united we shall stand, Let us live and strive for freedom In South Afrika our land.	



Liculwa nini iCulo Lesizwe? Funda le misho. Faka uphawu (✓) uma umusho uliqiniso noma uphawu (✗) uma ungelona iqiniso.

	✓	✗
Abantu bayalicula iCulo Lesizwe esontweni.		
IBafana Bafana iyamcula uNkosi Sikelel' iAfrika ngaphambi kokudlala umdlalo.		
Siyalicula iCulo Lesizwe esikoleni.		



Uma umuntu ebona lapho usayine khona (indlela ekhethekile obhala ngayo igama lakho) encwadini, uyazi ukuthi leyo ncwadi iphuma kuwe. UPhawu lwesizwe sethu lufana nokusayina. Uma ubona uPhawu Lwesizwe sethu ebhukwini noma encwadini yombiko, uzokwazi ukuthi lowo mbhalo uvela kuhulumeni waseNingizimu Afrika. uPhawu Lwesizwe sethu sethu sinezithombe phakathi. Isithombe ngasinye sinencazelo ekhethekile.

Intinginono inamaphiko avulekile, ikhombisa ukuthi izwe livikelekile ngayo.

Imbali yesiqalaba iveza umfanekiso wobuhle bezwe.

Amazinyo ezindlovu afakelwe ukuveza ubuhlakani baleli zwe.

Ukolweni ukhombisa ukuba nokudla komhlabathi wezwe, izitshalo ezitshalwayo zimila kalula zibe nokudla okuningi.

Isiqubulo sethu sithi, Ike e-/xarra//ke, ngesiKhoisan okusho ukuthi "abantu bezinhlanga ezahlukene bayakwazi ukubumbana"

Ukuphuma kwelanga kuchaza impilo enokukhanya kuyo.

Umkhonto newisa, okulalisiwe, kuchaza ukuthi kunokuthula ezweni.

Isihlangu sikhombisa ukuthi simi ngomumo ukuhlangabezana nanoma yini.

Imidwebo emibili yamatshe yamaSan, isikhumbuzo ngabantu bokuqala ukuzinza kuleli zwe lethu.



Xoxa nomngani wakho ngezindawo okukhona kuzo UPhawu Lwesizwe sethu lethu. Ungamkhombisa umngani wakho UPhawu Lwesizwe sethu njengamanje?



Bhala izindawo ezi-2 noma ezi-3 lapho uke wabona khona Isiphandla Sezwe.





52

Amasonto 2
IThemu 4

Izimpawu zesizwe



Masifunde

Buka lezi zithombe. Uphawu ngalunye kulezi ngolweNingizimu Afrika.
Uphawu lumele into ethize. Zonke lezi zimpawu zimele iNingizimu Afrika.



Masibhale

Bhala isihloko ngesithombe ngasinye kwezingezansi eziwuphawu lwesizwe.
Sebenzisa okukodwa kokulandelayo:

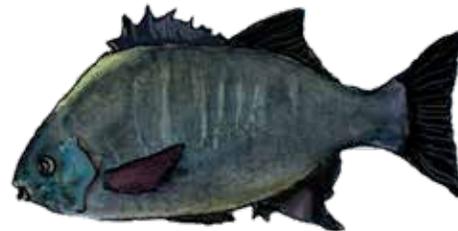
Insephe

iGalijuni

Umkhoba

Indwa

Isiqalaba



Masenzi lokhu

Yenza umdwebo opendiwe yolulodwa lwalezi zimpawu.
Xoxa ngombala, ukwakheka nesimo sawo.





Usuku:

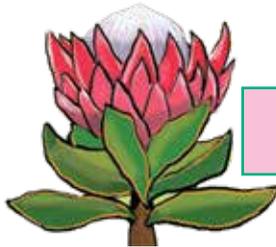


Masibhale

Qedela le misho. Sebenzisa lawa magama.



umkhoba



isiqalaba



i-Springbok



inhlanzi

5



ezinhlanu



amasenti
amahlanu

inyamazane

Imbali yesizwe _____.

Isihlahla sesizwe _____.

Insephe yi _____.

Inyoni yesizwe yile esemalini _____.

Isilwane sesizwe sisejezini leqembu i _____.

Kunezilimi _____ eCulweni Lesizwe.

Igalijuni _____ yesizwe.



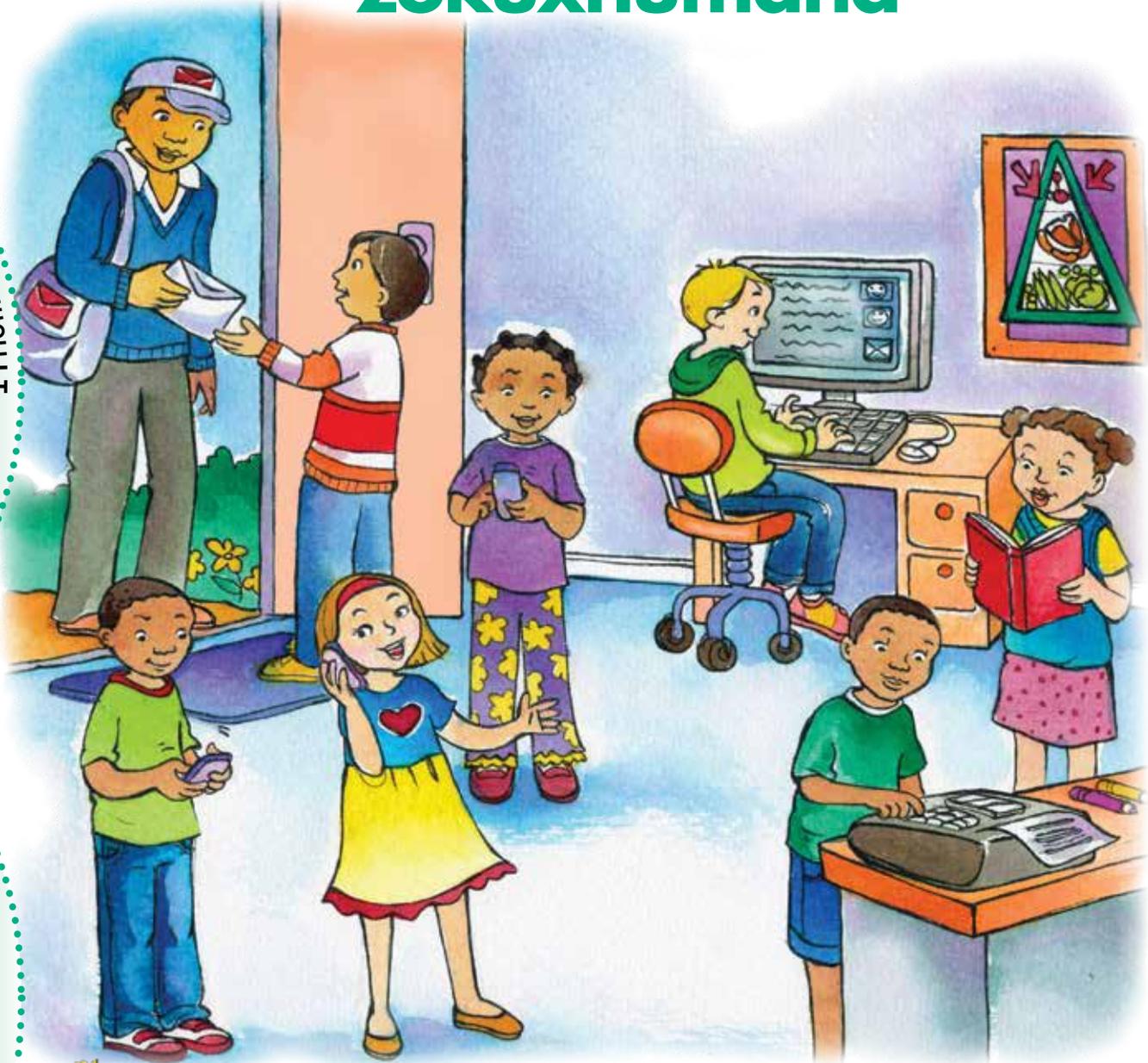
Uthisha:

Sayina:

Usuku:



Izindlela ezahlukahlukene zokuxhumana



Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngazo zonke izindlela zokuxhumana ozibona esithombeni.



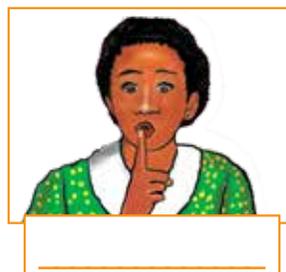
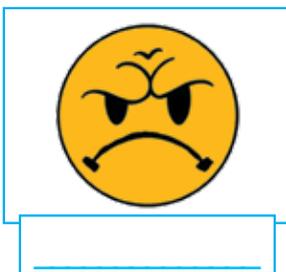
Masifunde

Ukukhuluma ngenye yezindlela zokuxhumana ezaziwayo. Siyakwazi futhi ukuxhumana ngokubhalelana. Kwenye inkathi sixhumana ngaphandle kolimi. Bheka izithombe ezisekhasini elilandelayo. Isithombe ngasinye sisitshela okuthize ngaphandle kokusebenzisa ulimi.



Masibhale

Ezikheleni ezingezansi kwezithombe, bhala usho ukuthi isithombe ngasinye sizama ukusitshelani.



Masenzi lokhu

Bhaka le misho esemabhokisini.

Singatshela umuntu konke lokhu ngaphandle kokukhuluma. Shintshanani nomngani nikhombise ukuthi lokhu ngakunye sikudlulisela kanjani komunye umuntu.

Yebo.

Angazi.

Hlala eduze kwami.

Woza lapha.

Cha.

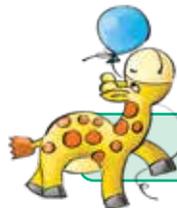
Ngithukuthele.

Thula umsindo.



Masifunde

Uma ukhuluma nomuntu ocingweni khumbula ukuthi akakuboni. Uma usebenzisa izimpawu zobuso nezandla, ngeke abone ukuthi uzama ukuthini. Ungalisebenzisa izwi. Ungalenza izwi lijabulise noma lidumale, uzokuzwa ukuthi uthini.



Masenzi lokhu

Shintshana nomngani wakho nisho le misho. Khombisani ngobuso lokho enikushoyo. Ningazisebenzisa nezandla kanye namazwi.

Phimisa umusho



Ubaba ungiyise emtatshweni wezincwadi.

Siye edolobheni ngetekisi.

Bengihlezi ekhaya ngoMgqibelo.

Ugogo uzobuya eze akhaya.

Bekunomsindo kakhulu.

Namuhla uLwesine.

Indlela ozizwa ngayo

ngijabulile

ngijabulile

ngithukuthele

ngidumele

ngiyesaba

ngijabulile



Manje phinda usho imisho. Manje, sebenzisa izwi lakho **KUPHELA** ukutshengisa imizwa yakho.



Utshisa:

Sayina:

Usuku:



54

Ukuxhumana ngokubhalelana kanye nangamazwi

Amasonto 3
IThemu 4



Masibhale

Siyabhalelana uma sifuna ukuxhumana ngezindlela eziningi. Buka izithombe bese ubhala igama elifanele ngezansi kwesithombe ngasinye.

i-SMS

i-imeyili

incwadi

isikhahlamezi

iphosikhadi



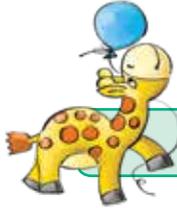
Masibhale

Yenza sengathi useholidini edolobheni ongakaze uye kulo. Bhala iphosikhadi ulibhekise kumngani wakho umtshela yonke into oyibonile noyenzile.





Usuku:



Masenzeni lokhu

Sebenzisana nomngani wakho.

- Hlalani phansi nifulathelane bese nenza sengathi nikhuluma ocingweni.
- Xoxisanani ngokudedelana ngeholidi ebenikulo.
- Sebenzisa izwi lakho ukuzwakalisa imizwa yakho.



Masikhulume

Buka isithombe bese uxoxa nomngani wakho. Ziwasebenzisa kanjani amazwi azo lezi zingane? Khuluma ngezinye zezindlela zokuxhumana ngokusebenzisa izwi.



Masiphumele ngaphandle

Masidlaleni ikhilikithi.

- Zehlukaniseni nibe ngamaqembu ekhilikithi amabili.
- Nqumani ukuthi yiliphi iqembu elizoshaya ibhola ngenduku nokuthi yiliphi elizophonsa ibhola.
- Ingabe uyayazi yini imithetho yekhilikithi? Uma ungayazi, uthisha wakho uzokusiza.

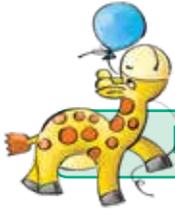


Uthisha:

Sayina:

Usuku:





Masenzeni lokhu

Ezinye izindlela zokuxhumana

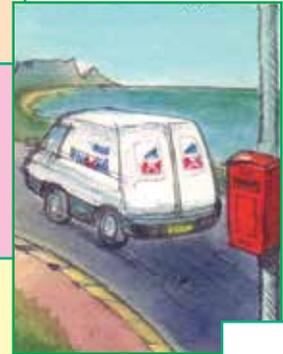
Uyayazi yini indlela ezohanjwa yiphosikhadi lakho uma liya kumngani? Funda lezi zinyathelo elizozithatha kuleyo ndlela. Manje-ke buka lezi zithombe. Zinikeze izinombolo ukuze zihambisane nezigaba ezisencazelweni.



1
Uyalibhala iphosikhadi.



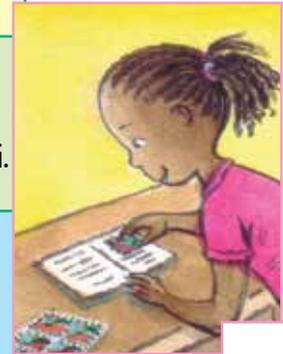
2
Uthenga isitembu usinamathisele ephosikhadini.



3
Uyaliposa iphosikhadi esigxotsheni seposi.



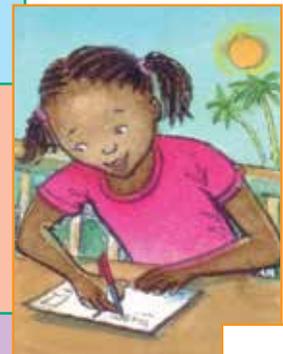
4
Imoto yeposi iyalithatha ilise ehhovisi leposi.



5
Ehovisi leposi bayalihlela iposikhadi lakho balifake nezincwadi eziya endaweni efanayo nebhalwe ephosikhadini lakho.



6
Manje iphosikhadi lakho lihamba ngesitimela noma ngebhanoyi ukuya eposini lakulelo dolobha.



7
Indoda yeposi yakulelo hhovisi leposi ihambisa iphosikhadi lakho kubo kamngani wakho.



Usuku:



Masikhulume

Buka lesi sithombe bese uxoxa nomngani wakho ngaso. Zingaki izindlela zokuxhumana ongazithola?



Masibhale

Buka lesi sithombe bese uphendula imibuzo.

Bangaki abantu abafunda okuthile?

Yini esingayifunda uma sizidlalela noma sizijabulisa?

Yini esimelwe ukuyifunda nsuku zonke ukuze sithole ukuthi kwenzekani ezweni?





56

Amasonto 4
Ithemu 4

Ukuxhumana ngezikhangisi nangomculo

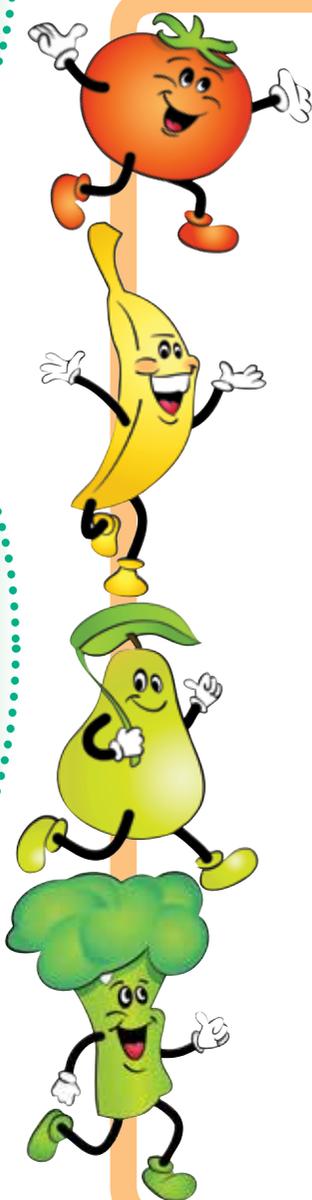


Masenzi lokhu

Izikhangisi ziseyindlela yokuxhumana. Ungasibhala yini esakho isikhangisi ngendlela yephosta, sikhulume ngejusi yezithelo entsha? Bhala le phosta ufake lawa mazwi kuso:

- Igama lejusi yezithelo
- Ukuchazwa kwejusi yezithelo
- Inani lejusi yezithelo
- Ukuchazwa kwabantu abangayithanda ijusi yezithelo
- Isithombe sesithelo
- Indawo lapho ingathengwa khona ijusi yezithelo

Bonisa abangani bakho bese uxoxa ngemibala nezimo ozisebenzisile.



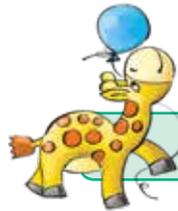


Usuku:



Masikhulume

- Xoxa nomngani wakho ngokuthi nizoyinamathisela kuphi iphosta yakho.
- Kumele kube yilapho abantu bezokwazi ukufinyelela kalula khona ukuze bajibone.



Masenzi lokhu

Nomculo uyindlela esixhumana ngayo futhi. Xoxa nomngani wakho ngamaculo ahlukahlukene owaziyo.

- ♪ Shintshanani niwacule la maculo anjabulisayo.
- ♪ Manje culani iculo umuntu alicula uma ehamba.
- ♪ Yiliphi eliyiculo lokuhamba?
- ♪ Ucula nini esikoleni?
- ♪ Cula iculo olithandayo.
- ♪ Chazela umngani wakho ukuthi ulithandelani.

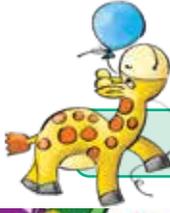


Masiphumele ngaphandle

Hlukanani nibe ngamaqembu amane.
 Nizogijima niphethe indukwana okuzothi uma ufika kwabalandelayo uyinike oweqembu lakho asuke agjime.
 Lawa maqoqwana azonikezelana kuye kuyofika kwelokugcina.
 Oyedwa ophumelele kwabokugcina unqobele lonke iqembu ebelinikezelana ngendukwana.



Sixhumana kanjani uma singabantu abangezwa ezindlebeni?



Masenzeni lokhu

Sisebenzisa izindlebe zethu uma kufanele sibe nokuxhumana. Dweba isithombe esikhombisa umuntu olalele. Bonisa ukuthi yini ayilalele.



Masibhale

Phendula le mibuzo.

Yinto oyithandayo yini ukulalela umsakazo? Yisho ukuthi uwuthandelani.

Zinto zini eziwulwazi oyaye uzithole emsakazweni?

Msebenzi muni oyaye wenziwe ngu-DJ wasemsakazweni?



Masenzi lokhu

Yenza sengathi ufunda izindaba emsakazweni. Sebenzisa izwi elizokwenza abalaleli bakuthande. Sebenzisa lawa mazwi:

iziphapho nezikhukhula	amaholidi ezikole	imigwaqo ephithizelayo
umntwana owenza iBanga lesi-2	imiklomelelo yabenze kahle ezibalweni	iBafana Bafana



Masifunde

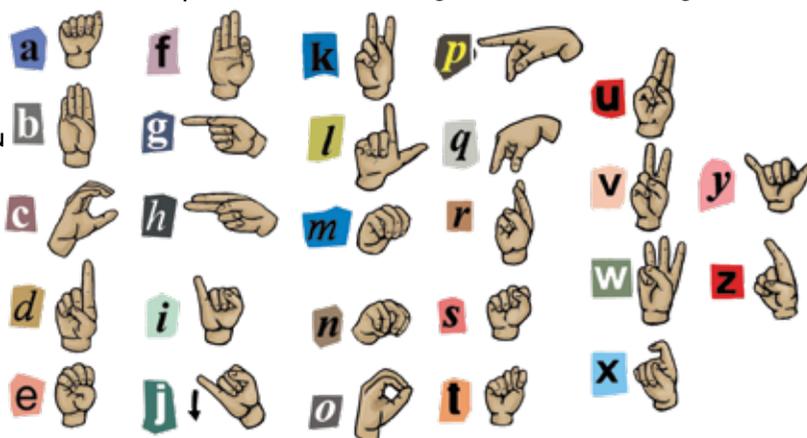
Abantu abanokukhubazeka bavame ukuthola izindlela ezahlukene zokuxhumana nabanye abantu. Isibonelo, abantu abaningi abangezwa abakwazi ukufunda ukukhuluma. Basebenzisa izandla noma iminwe ukwenza izimpawu bakwazi ukukhuluma nabanye abantu. Ukukhuluma kanje kubizwa ngokuthi ukukhuluma ngezimpawu. Kunezimpawu ezehlukahlukene ezinezincacelo ezahlukahlukene. Ake ubuke izibonelo zalezi zimpawu ezilandelana ngokwe-alfabethi ngezansi.

Zama ukusho igama lakho

ngokusebenzisa izandla zakho.

Manje sebenzisa ulimi lwezimpawu

ukubingelela umngani wakho.

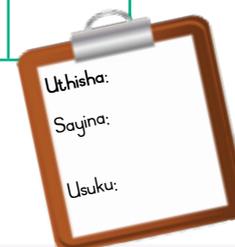


Masibhale

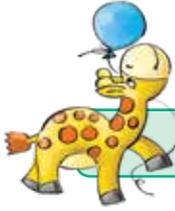
Zihlole emsebenzini osanda kuwenza. Funda le mibuzo bese ubeka uphawu (✓) noma ubeke uphawu (✗) ebhokisini elifanele.

Ukuzihlola

	✓	✗
Kube lula ukusho igama lami ngolimi lwezimpawu.		
Ngikwazile ukumqonda umngani wami ekhuluma ngolimi lwezimpawu.		
Ngikuthokozele ukukhuluma ngisebenzisa ulimi lwezimpawu.		



Sikwazi kanjani ukuxhumana uma singaboni emehlweni?



Masenzeni lokhu

Vala amehlo uzame ukukhumbula izinto ongeke ukwazi ukuzenza uma u amehlo womabili. Uyakwazi ukufunda incwadi uvale am Uyakwazi ukubhala? Uyakwazi yini ukuthi umngani wakho uyamamatheka? Uqoqeni namuhla umngani wakho? Vula amehlo umbheke. Uqagele kahle noma cha?



Masifunde

Abantu abangaboni, basebenzisa izinhlamvu zebhreyili uma befunda noma bebhala.

Abantu abakwazi ukufunda ibhreyili bayayithinta balandele amachashazi, basebenzise iminwe ukufunda amagama abhalwe ngamachashazi. Izinhlamvu zamagama yebhreyili zasungulwa yindoda ebizwa ngo-Louis Braille, owayengaboni.





Masifunde

Bheka i-alfabethi yebhreyili.

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	



Masenzeni lokhu

Bhala igama lakho usebenzise izinhlamvu zebhreyili.

--	--	--	--	--	--	--	--	--	--

--	--	--	--	--	--	--	--	--	--

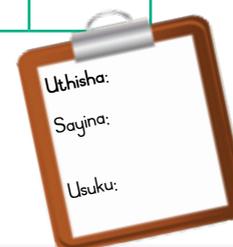


Masibhale

Zivinye ngomsebenzi owedlule. Funda imibuzo bese ubeka uphawu (✓) noma (✗) ebhokisini elifanele.

Ukuzihlola

	✓	✗
Ngingalikhombisa igama lami ngisebenzisa ulimi lwezimpawu.		
Ngingalibhala igama lami ngebhreyili.		



Imini nobusuku



Masikhulume

Buka lezi zithombe bese uxoxa nomngani wakho ngazo.



Masibhale

Buka lezi zithombe futhi bese uphendula imibuzo.

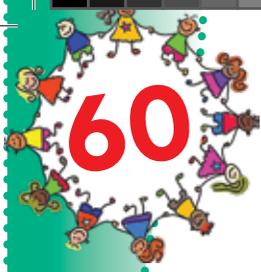
Kukusiphi isithombe lapho kusebusuku khona?

Yisho ukuthi yini ucabange kanjalo.

Yisiphi isikhathi osithanda kakhulu – ngesasemini noma ebusuku?

Yisho ukuthi kungani.

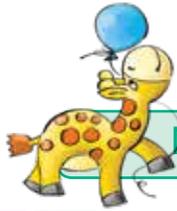
Yini esingayisebenzisa ukukhanyisa uma kumnyama?



60

Amasonto 6
IThemu 4

Amaphupho nezifiso ebusuku



Masenzeni lokhu

Yenza sengathi ube nephupho elingajwayelekile. Dweba isithombe esichaza lelo phupho.



Masibhale

Bhala imisho embalwa ngephupho lakho.

Kwenzekeni ephusheni?

Uboneni?

Uzizwe unjani ngenkathi uphupha?





Usuku:

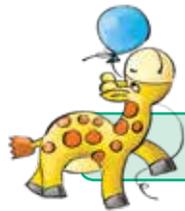


Masibhale

Abanye abantu bathi uma ubona inkanyezi intweza kufanele usho isifiso sakho. Yenza sengathi ubone le nkanyezi, bese ubhala phansi into oyifisayo.

Ngifisa

Ngifisa ukuphupha nge



Masenzeni lokhu

Penda isithombe sakho ulele.

- upende
- ibhulashi lokupenda
- ikhasi lephepha elimhlophe
- amanzi kujeke noma enkomishini okuhlansa ibhulashi lakho lokupenda.

Uzodinga lokhu:

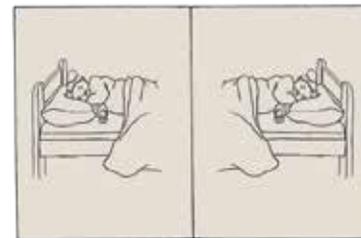
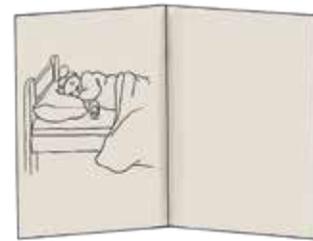
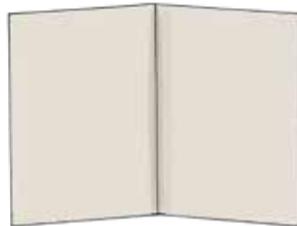
Okumele ukwenze:

Gcoqa ikhasi lephepha libe uhhafu, bese uphinda ulivula futhi. Ohlangothini olulodwa lwephepha dweba isithombe sakho ugqoke izimpahla zakho zokulala. Manje phinda ugoqe iphepha lakho libe wuhhafu bese uhlikihla isandla sakho phezulu kwalo. Uma uphinda uvula iphepha uzobona iwele lakho komunye uhhafu.



Masiphumele ngaphandle

Zifudumeze: nyakazisa amahlombe, xegisa izingalo, nyakazisa izandla. Shwiba ingalo yesokudla uyise phambili ubuye uyizungezise. Yenza kanjalo izikhathi eziyisithupha. Yenza kanjalo ngengalo yesokunxele. Shwiba ingalo yesokudla uyise emuva izikhathi eziyisithupha. Yenza kanjalo ngengalo yesokunxele. Shwiba izingalo zombili uzise phambili izikhathi eziyisithupha. Zishwibe uzise emuva. Shwiba ingalo eyodwa uyise emuva enye uyise phambili ngesikhathi esifanayo. Kwenze izikhathi eziyisithupha lokhu bese ushintsha izingalo. Zipholise: beka izandla esiswini. Donsa umoya uze ufike esiswini, kwenze kuze kufinyelele ekuthini izandla zinyakaze. Umoya obuwadonsile wuyeke wehle kancane kancane. Kwenze lokhu izikhathi zize zibe zine.



Umsebenzi wasemini nowasebusuku



Masikhulume

Buka lezi zithombe bese ukhuluma nomngani wakho ngazo. Yibaphi abantu abasebenza ebusuku? Yibaphi abasebenza emini?



Masibhale

Yibaphi kulaba bantu abenza umsebenzi wabo emini nasebusuku? Beka uphawu (✓) eduze kwezithombe ezifanele.

 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>
 <input type="checkbox"/>	<p>Sisebenza emini nasebusuku.</p>		 <input type="checkbox"/>
 <input type="checkbox"/>			 <input type="checkbox"/>
 <input type="checkbox"/>			 <input type="checkbox"/>
 <input type="checkbox"/>			 <input type="checkbox"/>



Usuku:



Masikhulume

Xoxani eqenjini lenu ngabo bonke abantu abasebenza ebusuku kuphela.

Kungabe othisha bayasebenza ebusuku?

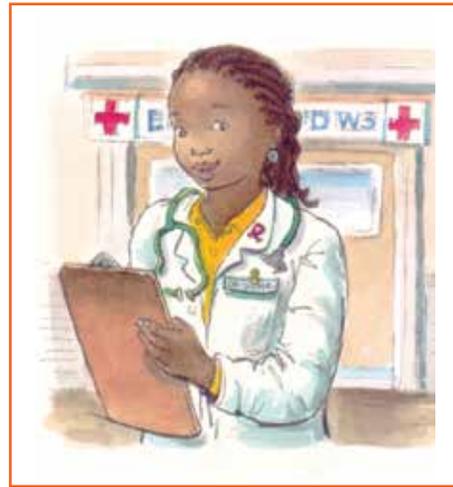
Kungabe onogada basebenza ebusuku kuphela?

Ukhona umuntu omaziyo osebenza ebusuku kuphela? Wenzani?



Masibhale

Bhala ngohlobo lomsebenzi owenziwa umuntu ngamunye ngezansi.





Uthisha:
Sayina:
Usuku:

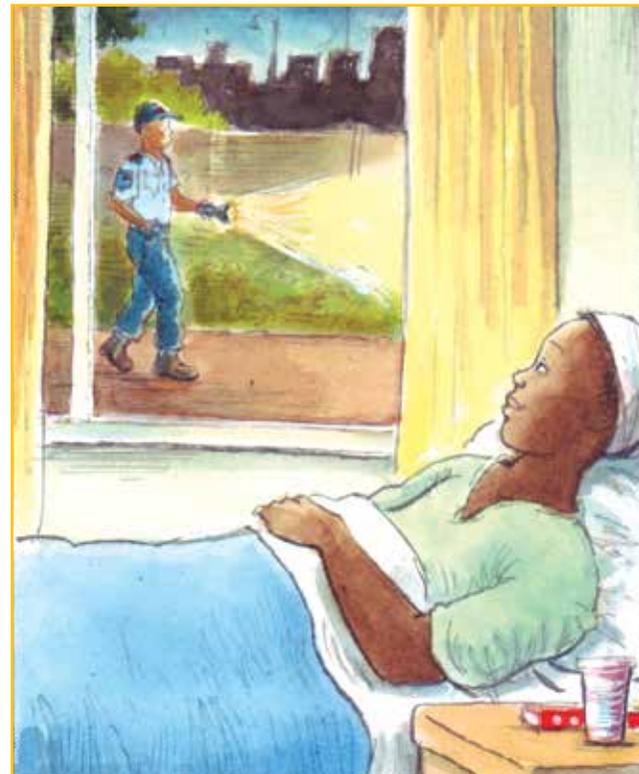
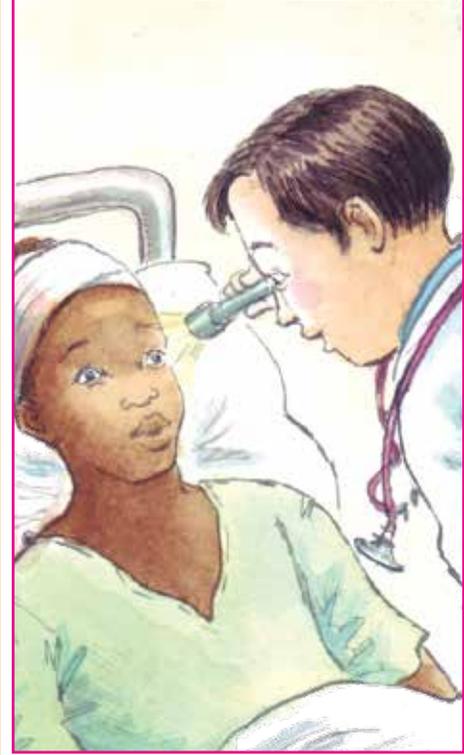


Ukwenza umsebenzi omuhle ebusuku



Masikhulume

Buka lezi zithombe bese ukhuluma nomngani wakho ngazo.
Ndaba yini oyitshelwa yisithombe esingezansi?





Usuku:



Masibhale

Buka lesi sithombe futhi bese uphendula le mibuzo.

Ngokwakho udokotela utheni kumvukuzi?

Lo mvukuzi usebenzisani ukubona ngaphansi komhlaba?

Kungani kubekwe unogada esibhedlela?

Ukhona omaziyo osebenza ebusuku? Wenza msebenzi muni?

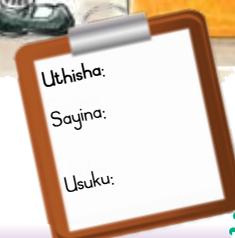
Kambe kuyenzeka yini ukuthi umuntu asebenze ubusuku nemini kulandelana?

Yisho ukuthi kungani usho kanjalo.



Masiphumele ngaphandle

- Yehla uphinde ukhuphuke izitebhisi izikhathi ezilishumi. Yima uphefumule buthule.
- Yehla uphinde ukhuphuke izikhathi ezinye ezilishumi. Cula uphinde uvale izandla ngaleyo nkathi.
- Yehla uphinde ukhuphuke ezinye izikhathi ezilishumi. Nyakazisa izingalo.
- Manje thatha amagxathu ayishumi ukuya phansi naphezulu. Shaya izandla uma wenza lokhu.



Izilwane zasebusuku

Masikhulume

Bheka izithombe bese uxoxa nomngani wakho ngazo. Bheka ukuthi zingaki kulezi zilwane ongazisho amagama azo.



Masifunde

Izilwane eziningi ziyacasha zilale emini. Lezi zilwane sizibiza ngamanokuthunali. Amanokuthunali yizilwane ezilala emini bese ziphuma ebusuku. Ezinye zezilwane ezingamanokuthunali zihlala ezindaweni ezishisa kakhulu futhi ezomile emini. Ziyalinda kuze kuphole sekushone ilanga, ngaphambili kokuthi ziphumele ngaphandle. Ezinye zezilwane ezingamanokuthunali zicashela izilwane ezizingelayo emini. Kukhona futhi nezilwane ezingamanokuthunali ezizingela ebusuku.



Masibhale

Ake uphendule le mibuzo.

Kungani kunezilwane ezizingela ebusuku?

Yiziphi izilwane osuke wazizwa zibanga umsindo ebusuku?



Usuku:



Masibhale

Funda le misho. Beka uphawu (✓) ebhokisini uma ucabanga ukuthi umusho ulungile. Beka uphawu (✗) uma ucabanga ukuthi awulungile.

Ukuzihlola

	✓	✗
Ezinye zezilwane ezingamanokuthunali zizwa kahle kakhulu.		
Ezinye ziyalala emini zenzele ukuthola ukuphola.		
Ezinye zezilwane ezingamanokuthunali zibukhali ekuhogeleni.		
Zonke izinyoni ziyizilwane zasemini.		



Masifunde

Izikhova ziyalala emini zivuke ebusuku zizingele. Zinamehlo amakhulu abona phambili njengawabantu. Izikhova zibona kahle uma kukhanya inyanga. Aziboni kahle uma kumnyama ngempela.

Izikhova zinamazipho acijile aqinile. Ziwasebenzisa ukubamba izilwane ezincane ezizithola uma zizingela. Izimpiko zazo zinezimpaphe ezithambile. Lezi zimpaphe ziyazisiza ukundiza ngokuthula ukuze izilwane ezizizingelayo zingazizwa.



Masibhale

Funda indaba yesikhova futhi bese uphendula le mibuzo.

Isikhova sisibamba kanjani isilwane uma sizingela?
Zizingela izilwane ezingakanani izikhova?
Zinamazipho anjani izikhova?





64

IThemu 4 – Amasonto 8

Isilwane esihlale siphephile ebusuku



Masikhulume

Buka lesi sithombe ukhulume ngaso nomngani wakho. Uyalazi igama lalesi silwane? Wake wasibona?



Masifunde

Izingungumbane ziyalala emini. Zisebenzisa izinzipho zazo ezinde ukumba izimpande nezigaxa ezizidlayo. Ziyathanda ukulala ngaphansi kwamadwala. Zinezinungu umzimba wonke. Izinungu zifana nezinaliti ezicijile. Uma kunesilwane esizama ukusondela kakhulu engungumbaneni, iyahlehla ikhiphe izinungu ihlabe ngazo lesi silwane. Ziyakwazi ukukhumuka futhi engungumbaneni izinungu uma ifuna ukugijima ibaleke. Umzingeli uvame ukuzwa ubuhlungu angabe esayixosha ingungumbane.



Masibhale

Ake uphendule le mibuzo.

Sibizwa ngokuthini lesi silwane?
Senzani uma kunesilwane esibonakala sisondele kuso kakhulu?
Sihlala kuphi?
Sidlani?
Ngabe naso siyisilwane esiyinokuthunali?

