

SESWANA FIRST ADDITIONAL LANGUAGE

National Curriculum Statement (NCS)

Curriculum and Assessment Policy Statement

CAPS

STRUCTURED. CLEAR. PRACTICAL

HELPING TEACHERS UNLOCK THE POWER OF NCS



**Foundation Phase
Grades 1-3**



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

**PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO
MEPHATO 1-3**

PUO TLALELETSO YA NTHLA KGATO YA MOTHEO

Department of Basic Education

222 Struben Street
Private Bag X895
Pretoria 0001
South Africa
Tel: +27 12 357 3000
Fax: +27 12 323 0601

120 Plein Street Private Bag X9023
Cape Town 8000
South Africa
Tel: +27 21 465 1701
Fax: +27 21 461 8110
Website: <http://www.education.gov.za>

© 2011 Department of Basic Education

ISBN: 978-1-4315-0413-8

Design and Layout by: Ndabase Printing Solution

Printed by: Government Printing Works

FOREWORD BY THE MINISTER



Our national curriculum is the culmination of our efforts over a period of seventeen years to transform the curriculum bequeathed to us by apartheid. From the start of democracy we have built our curriculum on the values that inspired our Constitution (Act 108 of 1996). The Preamble to the Constitution states that the aims of the Constitution are to:

- heal the divisions of the past and establish a society based on democratic values, social justice and fundamental human rights;
- improve the quality of life of all citizens and free the potential of each person;
- lay the foundations for a democratic and open society in which government is based on the will of the people and every citizen is equally protected by law; and
- build a united and democratic South Africa able to take its rightful place as a sovereign state in the family of nations.

Education and the curriculum have an important role to play in realising these aims.

In 1997 we introduced outcomes-based education to overcome the curricular divisions of the past, but the experience of implementation prompted a review in 2000. This led to the first curriculum revision: the *Revised National Curriculum Statement Grades R-9* and the *National Curriculum Statement Grades 10-12* (2002).

Ongoing implementation challenges resulted in another review in 2009 and we revised the *Revised National Curriculum Statement* (2002) to produce this document.

From 2012 the two 2002 curricula, for *Grades R-9* and *Grades 10-12* respectively, are combined in a single document and will simply be known as the *National Curriculum Statement Grades R-12*. The *National Curriculum Statement for Grades R-12* builds on the previous curriculum but also updates it and aims to provide clearer specification of what is to be taught and learnt on a term-by-term basis.

The *National Curriculum Statement Grades R-12* accordingly replaces the Subject Statements, Learning Programme Guidelines and Subject Assessment Guidelines with the

- (a) Curriculum and Assessment Policy Statements (CAPS) for all approved subjects listed in this document;
- (b) *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*; and
- (c) *National Protocol for Assessment Grades R-12*.

A handwritten signature in black ink, appearing to read "Motshekga".

**MRS ANGIE MOTSHEKGA, MP
MINISTER OF BASIC EDUCATION**

DITENG

KAROLO 1: MATSENO A PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO PUO TLALELETSO YA NTLHA	3
1.1 Lemorago	3
1.2 Thadiso	3
1.3 Maikaelelo kakaretso a kharikhulamo ya Aforika Borwa.....	4
1.4 Kabo ya Nako.....	6
1.4.1 Kgato ya Motheo.....	6
1.4.2 Kgato ya Magareng.....	6
1.4.3 Kgato ya Kgolwane	7
1.4.4 Mephato 10-12.....	7
KAROLO 2: GO ITSISE DIPUO	8
2.1 Matseno.....	8
2.2 Tlaleletso ya botemepedi.....	8
2.3 Kabo ya nako	9
2.4 Tlhatlhobo	10
2.5 Kitsiso ya Puotlaleletso ya Ntlha	10
2.6 Go reetsa le go bua.....	10
2.7 Go buisa le go kwala.....	12
2.7.1 Tlhagiso ya mokwalo wa tikologo	13
2.7.2 Puisokopanelo	13
2.7.3 Go buisa ka Dithlhophakaelo	14
2.7.4 Puiso ka bobedi le ka nosi	15
2.7.5 Medumopuo	15
2.7.6 Temogo ya mafoko.....	16
2.7.7 Go tlhaloganya.....	17
2.7.8 Go kwala	17
2.7.9 Popegopuo le tiriso	18
KAROLO YA 3: MAFOKO A A TLHAGELELANG KGAPETSA KGAPETSA	87
KAROLO YA 4: MEFUTA YA DITLHANGWA E E AKAREDITSWENG MO KGATONG YA MOTHEO LENANEFOKO	90
LENAANEFOKO	93

KAROLO 1: MATSENO A PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO YA SETSWANA PUO YA GAE

1.1 Lemorago

Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 (NCS) e tlhalosa pholisi ya kharikhulamo le tlhatlhobo mo dikolong.

Go tokafatsa tiragatso e, Pegelo ya Kharikhulamo ya Bosetšhaba e ne ya mametlelewa ka dimametlelelo tse di tla diragadiwang ka Firikgong 2012. Tokomana e le nngwe e e sobokantsweng ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe, e ne ya kwalwa go emisetsa Dipegelo tsa Dirutwa, Dikaedi tsa Lenaneothuto le Dikaedi tsa Tlhatlhobo ya Dirutwa Mephato ya R-12 tsa bogologolo.

1.2 Thadiso

- (a) *National Curriculum Statement Grades R-12 (Firikgong 2012) e emela pegelo ya pholisi ya go ithuta le go ruta mo dikolong tsa Aforika Borwa mme e na le tse di latelang:*
 - (i) *Pegelo ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe sa sekolo se se amogetsweng;*
 - (ii) *Pegelo ya Pholisi ya, National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*
 - (iii) *Pegelo ya Pholisi ya, National Protocol for Assessment Grades R-12 (Firikgong 2012).*
- (b) *The National Curriculum Statement Grades R-12 (Firikgong 2012) e emela dipegelo tse pedi tsa kharikhulamo ya bosetšhaba tsa ga jaana, tsona ke:*
 - (i) *Revised National Curriculum Statement Grades R-9, Government Gazette No. 23406 of 31 May 2002, le*
 - (ii) *National Curriculum Statement Grades 10-12 Government Gazettes, No. 25545 of 6 October 2003 and No. 27594 of 17 May 2005.*
- (c) *Dipegelo tsa kharikhulamo ya bosetšhaba tse di akanngwang go ka dirisiwa mo ditemanengpotlana tsa b(i) le (ii) di na le dipegelo tsa pholisi tse di latelang tse di tla khutlisiwang ka tatelano ke National Curriculum Statement Grades R-12 (Firikgong 2012) mo pakeng ya go tloga ka 2012-2014:*
 - (i) *Lekala la Thuto/Lenaneo la Serutwa, Dikaedi tsa Lenaneothuto, Dikaedi tsa Tlhatlhobo ya Dirutwa tsa Mephato R-9 le Mephato 10-12;*
 - (ii) *Pegelo ya Pholisi ya National Policy on assessment and qualifications for schools in the General Education and Training Band, e e tlhamilweng sešwa mo Government Notice No. 124 in Government Gazette No. 29626 of 12 February 2007;*
 - (iii) *Pegelo ya Pholisi ya the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF), e e tlhamilweng sešwa mo Government Gazette No. 27819 of 20 July 2005;*

- (iv) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)*, e e mabapi le barutwana ba ba nang le ditlhokego tse di kgethegileng, e e phasaladitsweng mo *Government Gazette*, No.29466 of 11 December 2006, e akareditswe mo pegelong ya pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*
- (v) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)*, e e mabapi le the *National Protocol for Assessment (Grades R-12)*, e e tlhamilweng sešwa mo *Government Notice No.1267 in Government Gazette No. 29467 of 11 December 2006.*
- (d) Pegelo ya Pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*, le dikarolo tse di mo Pholising ya Kharikhulamo le Tlhatlhobo jaaka e akanngwang mo Dikgaolong 2, 3 le 4 tsa pegelo e, tse di agang melao le boleng jwa *National Curriculum Statement Grades R-12*. Ka jalo go ya ka karolo 6A ya *South African Schools Act, 1996 (Act No. 84 of 1996)*, e aga motheo o Tona ya Thuto ya Motheo e ka tlhomamisang dipolo tse di lekaneng tsa boleng, gammogo le thulaganyo le tsamaiso ya tlhatlhobo ya diphitlhelo tsa barutwana e e ka dirisiwang mo dikolong tsa botlhelo le mo dikolong tse di ikemetseng ka nosi.

1.3 Maikaelelo a kakaretso a Kharikhulamo ya Aforika Borwa

- (a) *Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12* e tlhagisa kitso, dikgono le meetlo e e tshwanelwang ke go ithutiwa mo dikolong tsa Aforika Borwa. Kharikhulamo e ikaeleta go netefatsa gore barutwana ba bona le go diragatsa kitso le dikgono ka ditsela tse di nang le bokao mo matshelong a bona. Mo ntlheng e, kharikhulamo e godisa kakanyo ya go tsepamisa kitso ka bokao jwa tikologo, e ntse e sisimoga (tsibogela) botlhokwa jwa lefatshe ka bophara.
- (b) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12, e arabela maikaelelo a:
- go tlamela barutwana, go sa kgathalesege lemorago la ikonomi ya loago, lotso, bong, bokgoni jwa mmele kgotsa bokgoni jwa botlhale, le kitso, dikgono le meetlo tse di tlhokegang go ikgotsofatsa le botsayakarolo jo bo nang le bokao mo loagong jaaka baagi ba naga e e gololesegileng;
 - e tlamela phitlhelo ya thuto e e kwa godimo;
 - go kaela photogelo ya barutwana go tswa go thuto ya ditheo go ya go lefelo la tiro; le
 - go tlamela bathati ka tshedimosetso e e lekaneng ya dikgono tsa morutwana.
- (c) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaegile ka metheo e e latelang:
- *Phetogo ya loago*; e netefatsa gore go sa lekalekaneng mo go tsa thuto go go fetileng go a siamisiwa, le gore ditšhono tse di lekalekanang tsa thuto di neelwa baagi botlhelo;
 - *Go ithuta go go tlhaga gape go tseneletse*, go rotloetsa molebo o o tlhaga e le o o tseneletseng mo thutong, boemong jwa go rutiwa ga go neelwa dinnete go go seng tlhaga e bile go sa tsenelela;
 - *Kitso e e kwa godimo le dikgono tse di kwa godimo*; bonnye jwa maemo a kitso le dikgono tse di tshwanetseng go fitlhelo mo mophatong o mongwe le o mongwe di totobaditswe le go beelwa seemo se se kwa godimo, seemo se se fitlhelegang mo dirutweng tsotlhelo;

- *Tsweletso*; diteng le bokao jwa mophato o mongwe le o mongwe di supa tsweletso go tloga go e e bonolo go fitlha go e e gwetlhlang tlhaloganyo;
- *Ditshwanelo tsa botho, boakaretsi, bosiamisi jwa tikologo le loago*; go tsenyeletsa melawana le ditlwaelo tsa bosiamisi jwa tikologo le loago le ditshwanelo tsa botho jaaka di tlhalosiwa mo Molaotheong wa Aforika Borwa. Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12. (Ka kakaretso) e bosisi mo dintlheng tsa dipharologano di tshwana le lehuma, go tlhoka tekatekano, lotso, bong, puo, kgolo, bogole le dintlha tse dingwe.
- *Go totobatsa botlhokwa jwa tsamaiso ya kitso ditso*; go lemoga ditragalo (hisetori) le boswa jo bo humileng jwa naga e jaaka dintlha tse di botlhokwa tse di nonotshang meetlo e e leng teng mo Molaotheong; le
- *Go ikanyega, boleng le nonofo*; go tlamela thuto e e ka bapisiwang le ya dinaga tse dingwe ka boleng, go anama le boteng

- (d) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaeleta go tlhagisa barutwana ba ba kgonang go:
- lemoga le go rarabolola mathata gape ba tsaya ditshwetso ba akanya ka tsenelelo e bile ba na le boitlhamedi.
 - dira ka katlego ba le bosi, kana ba na le ba bangwe e le karolo ya setlhophya;
 - ithulaganya, go itsamaisa le go tsamaisa ditiro tsa bona ka boikarabelo le ka nonofo.
 - kgobokanya, sekaseka, rulaganya le go tlhatlhoba tshedimosetso ka tsenelelo;
 - tlhaeletsana ka nonofo ba dirisa dikgono tsa pono, matshwao kgotsa dikgono tsa puo mo mekgweng e e farologaneng;
 - dirisa saense le thekenoloji ka nonofo le ka tsenelelo ba supa boikarabelo mo tikologong le mo boitekanelong jwa ba bangwe; le
 - bontsha go tlhaloganya lefatshe jaaka thulaganyo ya ditsamaiso tse di amanang ka go lemoga gore dikaelo tsa tharabololo ya mathata ga di tlhagelele di le tsosi.

- (e) Boakaretsi bo tshwanetse go nna karolokônôkônô ya thulaganyo, ipaakanyo le go ruta mo sekolong se sengwe le se sengwe. Se, se ka diragala fa fela barutabana botlhe ba nna le tlhaloganyo e e edileng ya go lemoga le go arabela dikgoreletsi tsa go ithuta le go rulaganyetsa dipharologano.

Nthakgolo mo go tsamaiseng boakaretsi ke go netefatsa gore dikgoreletsi di a lemogiwa le go arabelwa ke ditlhophya tsotlhe tsa tshegetso mo loagong lwa sekolo, go akaretsa barutabana, ditlhophya tsa tshegetso tsa dikgaolothuto, ditlhophya tsa tshegetso tse di mo ditheong, batsadi le dikolo tse di kgethegileng jaaka ditikitikwe tse di tswelang morafe mosola ka kakaretso. Go arabela dikgoreletsi mo phaposiborutelong, barutabana ba tshwanetse go dirisa ditogamaano tse di farologaneng tsa dipharologano tsa kharikhulamo jaaka tse di akareditweng mo Dikaeding tsa Go Ruta le Go Ithuta ga Boakaretsi tsa Lefapha la Thuto ya Motheo (2010). (*Department of Basic Education's Guidelines for inclusive teaching and learning (2010)*).

1.4 Kabo ya Nako

1.4.1 Kgato ya Motheo

- (a) Nako ya go ruta mo Kgatong ya Motheo ke e e latelang

SERUTWA	MOPHATO R (DIURA)	MEPHATO 1-2 (DIURA)	MEPHATO 3 (DIURA)
Puo ya Gae	10	8/7	8/7
Puo Tlaleletso ya Ntlha		2/3	3/4
Dipalo	7	7	7
Dikgono tsa Botshelo	6	6	7
• Kitso ya Tshimologo	(1)	(1)	(2)
• Botshweretsi jwa Boithamedi	(2)	(2)	(2)
• Thuto ya Ikatiso ya Mmele	(2)	(2)	(2)
• Thuto ya boitekanelo jwa motho le loago	(1)	(1)	(1)
GOTLHE	23	23	25

- (b) Nako ya go ruta ya Mephato R, 1 le 2 ke diura di le 23 mme ya Mophato 3 ke diura di le 25.
- (c) Diura di le 10 mo dipuong di abetswe Mephato R-2 mme diura di le 11 ke tsa Mophato 2. Bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae, bonnye jwa diura di le 2 le bogolo jwa diura di le 3 di abetswe Puotlaleletso mo Mephatong 1-2. Mo Mophatong 3 bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae fa bonnye jwa diura di le 3 le bogolo jwa diura di le 4 di abetswe Puotlaleletso ya Ntlha.
- (d) Mo serutweng sa Dikgono tsa Botshelo, Kitso ya Tshimologo e abetswe ura e le 1 mo Mephatong R-2 le diura di le 2 jaaka go kailwe ka diura tse di mo masakaneng mo mophatong wa 3.

1.4.2 Kgato ya Magareng

- (b) Nako ya go ruta mo Kgatong ya Magareng ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	6
Puotlaleletso ya Ntlha	5
Dipalo	6
Disaense tsa Tlhago le Thekenoloji	3,5
Disaense tsa Loago	3
Dikgono tsa Botshelo	4
• Botshweretsi jwa Boithamedi	(1,5)
• Thuto ya Ikatiso ya Mmele	(1)
• Thuto ya boitekanelo jwa motho le loago	(1,5)
GOTLHE	27,5

1.4.3 Kgato e Kgolwane

- (a) Nako ya go ruta mo Kgatong e Kgolwane ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	5
Puotlaleletso ya Ntlha	4
Dipalo	4,5
Disaense tsa Tlhago	3
Disaense tsa Loago	3
Thekenoloji	2
Disaense tsa Botsamaisi le Ikonomi	2
Tebanyo le Botshelo	2
Botshweretsi jwa Boitlhamedi	2
GOTLHE	27,5

1.4.4 Mephato 10-12

- (a) Nako ya go ruta mo Mephatong 10-12 ke e e latelang:

SERUTWA	KABO YA NAKO MO BEKENG (DIURA)
Puo ya Gae	4.5
Puotlaleletso ya Ntlha	4.5
Dipalo	4.5
Tebanyo le Botshelo	2
Bonnye jwa dirutwa dingwe le dingwe tse tharo di tlhopiwa go tswa mo Setlhopheng sa B Mametlelelo B, Mananeo B1-B8 a pegelo ya pholisi ya <i>National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12</i> , e le mabapi le go ya ka mabaka a a botswang pele go dumelanwa ka ona mo ditemaneng tsa 28 tsa pegelo ya pholisi e e bolelwang.	12 (3x4 diura)
GOTLHE	27.5

Nako e e abilweng ya beke e ka dirisediwa bonnye dirutwa tsa NCS tse di tlhogegang jaaka go kailwe fa godimo, e bile e se ke ya dirisediwa dirutwa dipe tsa tlaleletso tse di okeditsweng mo lenaneong la dirutwa. Fa morutwana a ka eletsa go oketsa dirutwa, nako e e okeditsweng e abelwe go rutiwa ga dirutwa tse.

KAROLO 2: GO ITSISE DIPUO

2.1 MATSENO

Mo kgatong ya motheo, dikgono tsa botlhokwa mo kharikhulamong ya Puotlaleletso ya Ntlha ke tse dilatelang:

Go reetsa le go bua	Go akanya le go batla mabaka le Popegopuo le tiriso ya tsona e nne tse di lotagantsweng mo dikgonong di le 4 tsa puo (go reetsa, go bua, go buisa le go kwala)
Go buisa le medumopuo	
Go kwala le mokwalo	

Diteng (kitso,kgopolole dikgono) tse di akarebitsweng mo Pegelo ya Pholisi ya Kharikhulamo ya Bosetshaba (NCS), di rulagantswe mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* (CAPS), go ya ka dikgweditharo, go dirisiwa ditlhogo. Karolo ya Kgato ya Motheo ya *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* e tlamela barutabana ka:

- matseno a a nang le dintlhakaelo tse di mabapi le ka mo o tokomana ya Kgato ya Motheo e ka dirisiwang ka teng
- diteng, dikgopolole tse di tshwanelwang go rutiwa ka kgweditharo nngwe le nngwe
- dintlhakaelo tsa kabo ya nako
- dithokego tsa ditirwana tsa tlhatlhobo e e tlhomameng le ditshitshinyo ka ga tlhatlhobo e e sa tlhomamang
- mananeo a dithusathuto tse di atlanegesitsweng go ya ka mephato e e farologaneng

2.2 TLALELETSO YA BOTEMEPEDI

Barutwana botlhe ba tla kwa sekolong ba setse ba itse Puo ya Gae. Ba kgona go e bua ka thelelo, e bile ba setse ba itse diketekete tsa mafoko a a farologaneng. Go ithuta go buisa le go kwala mo Mophato 1 go agelela mo motheong wa puo ya molomo. Ka jalo, go bonolo go ithuta go buisa le go kwala ka Puo ya Gae.

Fa barutwana ba simolola go ithuta Puotlaleletso mo Mophato 1, ba tlhoka go nna le motheo o o tiileng wa puo ya molomo. Ba tlhoka go utlwa Setswana se se bonolo se se buiwang se ba ka se tlhaloganyang ka bokao jo bo maleba. Go reetsa morutabana a buisa kgang go tswa mo dibukeng tse dikgolo tsa ditshwantsho (Dibukakgolo) ke mokgwa o o siameng wa go fitlhelela se ka gonno o tshegetsa gape le go tlhabolola barutwana ka tshimololo ya puisokwalo. Fa go tlhaloganya ga bona go ntse go gola, ba tlhoka go neelwa ditshono di le dintsitlsa go bua puo ka tsela e e bonolo. Se, se tlamela barutwana ka motheo wa go ithuta go buisa le go kwala mo Mephato 2 le 3.

Ka lesego, barutwana ba kgona go fetisetsa dikgono di le mmalwa tsa puisokwalo go tswa mo puong ya gae go ya go puo ya tlaleletso. Sekao, fa barutwana ba rutiwa mokwalo gentle mo Puo ya Gae, ba ka dirisa dikgono tse fa ba kwala puo ya tlaleletso. Fa ba ithuta medumopuo mo Puo ya Gae, ga ba tlhoke go ithuta kgolagano ya mopeleto wa medumo gape mo Puotlaleletso ya ntlha. Ba tlhoka fela gore ba dirise kitso ya bona e ba e kokwantseng mo puong ya gae mme ba ithute kgolagano ya mopeleto wa medumo e e farologaneng le ya puo ya tlaleletso.

Pegelo ya pholisi ya kharikhulamo le tlhatlhobo ya Puotlaleletso ya Ntlha, e tseelela gore barutwana ba setse ba na le dikgono tsa puisokwalo mo Puo ya Gae. Sekao, ditirwana tse di jaaka tsa Puisokaelo tse di itsisitsweng mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puo ya Gae mo Mophato 1 di itsisiwe gape mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha mo Mophato 2. Se, ke sona se se bidiwang ‘tlaleletso ya

botemepedi ' - e bong go tlhabolola motheo o o ttileng wa puisokwalo mo Puo ya Gae le go agelela puisokwalo mo Puotlaleletso ya Ntlha.

2.3 KABO YA NAKO

Kabo e e latelang ya nako ya go dira dipuo e tla simolola go dirisiwa ka 2012. Mo puong ya Kgato ya Motheo, nako e tla tlhomamisiwa ke bokao jo puo e dirisiwang ka jona mo sekolong seo. Dikolo di ka itlhophela gore di dirisa nako e e lekaneng go le kae mo Puo ya Gae le mo Puotlaleletso ya Ntlha go lebilwe ditlhokego tsa barutwana. Bogolo jwa nako e e ka abelwang tiriso ya Puo ya Gae le Puotlaleletso ya Ntlha bo neetswe fa tlase fa mo masakaneng.

	Puo ya Gae	Puotlaleletso ya Ntlha
Mophato 1	Diura di le 8 (7)	Diura di le3 (2)
Mophato 2	Diura di le 8 (7)	Diura di le 3 (2)
Mophato 3	Diura di le 8 (7)	Diura di le 4 (3)

Lefapha la Thuto ya Motheo ga le laolele dikolo gore di ka aroganya nako ka dikarowlana tse di farologaneng le fa gona go neelwa ditshitshinyo tse di latelang mo mophatong mongwe le mongwe:

Fa go neetswe bogolo jwa nako mo Puotlaleletso ya Ntlha, go tla latelwa kabo e e latelang:

PUOTLALELETSO YA NTLHA			
	MOPHATO 1	MOPHATO 2	MOPHATO 3
Go reetsa le go bua	Ura e le 1 metsotso e le 30	Ura e le 1	Ura e le 1
Go buisa le Medumopuo	Ura e le 1 metsotso e le15	Ura e le 1 metsotso e le 30	Ura e le 1 metsotso e le 30
Go kwala	Metsotso e le 15	Metsotso e le 30	Ura e le 1
Tiriso ya puo			Metsotso e le 30
	Diura di le 3 mo bekeng	Diura di le 3 mo bekeng	Diura di le 4 mo bekeng

Fa go neetswe bogolo jwa nako mo Puotlaleletso ya Ntlha go tla latelwa kabo e e latelang:

PUOTLALELETSO YA NTLHA			
	MOPHATO 1	MOPHATO 2	MOPHATO 3
Go reetsa le go bua	Ura e le 1 metsotso e le 30	Metsotso e le 45	Ura e le 1
Go buisa le Medumopuo	Metsotso e le 30	Metsotso e le 45	Ura e le 1
Go kwala		Metsotso e le 30	Metsotso e le 30
Tiriso ya Puo			Metsotso e le 30
	Diura di le 2 mo bekeng	Diura di le 2 mo bekeng	Diura di le 3 mo bekeng

2.4 TLHATLHOBO

Tokomana ya Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo e neela ditshitshinyo tsa Ditirwana dingwe le dingwe tsa tlhatlhobo e e tlhomameng mo Kgatong ya Motheo. Tirwana e nngwe le e nngwe e na le dikarolwana di le mmalwa tse di lebaganeng le dintlha tse di rileng tsa puo.

MOPHATO	SERUTWA	KGWEDITHARO 1	KGWEDITHARO 2	KGWEDITHARO 3	KGWEDITHARO 4	GOTLHE
1	Puotlaleletso ya Ntlha	1	1	1	1	4
2	Puotlaleletso ya Ntlha	1	1	2	1	5
3	Puotlaleletso ya Ntlha	1	2	2	1	6

Mo kgweditharong 1 go na le tirwana ya tlhatlhobo e e tlhomameng e le nngwe fela mo Mephatong 1 - 3. Mo mophato 1 dikolo di rotloediwa go dirisa tlhatlhobo ya motheo mo kgweditharong ya ntlha. Mo mophato 2 le 3 go tla latelwa *Tlhatlhobo ya Bosetšhaba ya Ngwaga le Ngwaga* (Annual National Assessment - ANA) mo tshimologong ya kgweditharong ya ntlha go tla letla barutabana gore ba kgone go tsamaisa tlhatlhobo ya motheo. Go tlaleletsa, go neelwa ditshitshinyo tsa tlhatlhobo e e tlhomameng tse di tla thusang go ruta le go ithuta ga letsatsi le letsatsi mme di ka se rekotiwe ka tlhamalalo.

2.5 KITSISO YA PUOTLALELETSO YA NTLHA

Fa morutabana a itsise Puotlaleletso ya Ntlha mo Mophato 1, o tlhoka tsela e e bonolo ya go fetisetsa ‘puo ya tlaleletso’ mo barutwaneng ba bannyne ba ba leng bašwa mo serutweng. Mokgwa o o siameng wa go dira se, e ka nna ka go dirisa phaphete, e e ka neelwang leina le le tswang mo Puotlaleletso, sekao, Phaphete e bidiwe Pule. Mo thutong ya ntlha, morutabana o itsise phaphete a bo a bolelela barutwana fa Pule a sa kgone go bua Puo ya Gae ya bona; o kgona go bua Seesimane fela ka jalo, ba tla tshwanelwa ke go bua Seesimane le Pule. Pule e tla nna ponagalo e e nnetseng ruri ya mo phaposing ya Puotlaleletso ya Ntlha. Morutabana a ka itsise phaphete ya bobedi (sk. Phaphete e bidiwe Pam) gore a bontshe tirisano e e ka nnang teng mo Puotlaleletso (sk. ditumediso).

2.6 GO REETSA LE GO BUA

Go ithuta Puotlaleletso go tshwana thata fela le go ithuta Puo ya Gae, ntle le fela gore e tla kwa moragonyana mo botshelong jwa barutwana. Mo dingwageng tsa bona tsa ntlha tsa botshelo, bana ba utlwa puo e ntsi e e bonolo e dirisiwa mo bokaong, mme se se ba kgontsha go inopela kitsonyana ya thutapuo le tlolofoko ya puo gae. Fa morago ga ngwaga kgotsa go fetanyana, ba simolola go bua puo gae ya bona mme e se ka dipolelo tse di feletseng. Ba simolola ka lefoko le le lengwe kgotsa ka a le mabedi, a ba a dirisang go neela bokao jwa mafoko le mabaka a a farologaneng. Ba kgona go tlhaloganya puo e e marara e ba ka itlhagisang ka yona.

Go botlhokwa gore barutabana ba gopole ntlha e fa barutwana ba ithuta Puotlaleletso. Mo Mophatong wa 1, barutwana ba tlhoka go tlhagisetwa puo e ntsi e e buiwang e ka nna ka dikgang le ditaelo tsa mo phaposing. Go reetsa dikgang tse di tlolliwang ke tsela e ntle e barutwana ba ka ithutang Puotlaleletso ka yona. Morutabana o tlhoka go:

- tlhopha kgang ya popego e e bonolo, e o ka e boeletsang bonolo, e e kgontshang gore go ka dirisiwa tlolofoko le thutapuo ya teng gape (sk. Ntšhwe o thamo telele)
- puo ya teng e nne bonolo, a bue ka bonya mme puo ya gagwe e nne e e tlwaelegileng
- bua ka go dirisa dikarolo tsa mmele, ditshwantsho le didiriswa tsa nnete go ba tiisetsa go tlhaloganya kgang

- tlota kgang makgetlonyana, o ntse o oketsa go tsaya karolo ga bona ka iketlo, sekao, ka go nna le seabe mo dipoeletsong (sk. O ne a lala a lelela letsele a leletse).

Tsela e nngwe ya go tlhagisetsa barutwana Puotlaleletso ke ka go reetsa dikgang (kgotsa ditlhengwa tse di senang nnene) tse di buisiwang ke morutabana. Morutabana o buisa go tswa mo Bukakgolo, e bong buka e kgolo e e kwadilweng ka mokwalo o mogolo o o ka bonwang ke barutwana bothhe fa a ntse a buisa. Se, ke sona se e bidiwang "Puisokopanelo". Nngwe ya mesola ya Puisokopanelo ke gore le fa e le tirwana e ntle ya go reetsa, e tlhabolola gape le tshimololo ya puisokwalo mo morutwaneng. Barutwana ba ithuta, sekao, dikgopololo tsa mokwalo (sk. gore re buisa go tloga kwa tshimologong ya buka mme re feleletsa kwa bokhutlong; le gore re buisa go tswa ka fa molemeng go ya kwa mojeng le go tswa kwa godimo go ya kwa tlase), ba simolola go tlwaela tirwana ya Puisokopanelo ka gonane ba tla bo ba e dira gape le mo Puotlaleletso (sk. ena, bona). Barutwana ba tshwanetse ba bo ba setse ba tlwaetsse tirwana ya Puisokopanelo ka gonane ba tla bo ba di dira le mo dithutong tsa bona tsa Puo ya Gae.

Tsela e nngwe gape ya go tlhagisetsa barutwana Puotlaleletso ke ka go ba neela ditaelo tse di bonolo tse ba ka di tsibogelang ka tiriso ya dikarolo tsa mmele; sk. morutabana a ka re, 'Thabo, tlaya kwano,' e latelwe ke go e bontsha ka seatla mme ena a kgone go tsiboga ka mokgwa o o maleba. Mokgwa o, o itsiwe ka la 'Tsibogo-gotlhe' ka Dikarolo tsa Mmele, e bile o na le mosola ka gonane morutabana a ka kgona go bona ka bonako fa Pule a tlhaloganya kgotsa a sa tlhaloganye mme a kgone go ka neela pegelo ka ga seo - e ka nna gore 'O dirile sentle Thabo,' kgotsa a ka boeletsa taelo ka iketlo a dirisa dikarolo tsa mmele a gatelela taelo eo. Puo ya mo phaposing (sk. Tlaya o nne mo mmetsheng kwa pele) go tlamelat ditshono di le dintsi tse di tlwaelegileng tsa go itsise Tsibogo-gotlhe ka dikarolo tsa mmele. Diraeme tse di diragadiwang le tsona ke tsela e nngwe e e siameng ya go kopanya puo le ditirwana tsa ditiro tsa mmele ka tsela e e tshegetsang go tlhaloganya le go gakologelwa mo puong.

Mosola wa mekgwa e meraro e e tlhalositsweng fa godimo fa (go reetsa dikgang, Puisokopanelo le Tsibogo-gotlhe ka dikarolo tsa mmele) ke gore bothhe ba itebaganya le go ithuta puo ka go dira ditekatlhologanyo. Se, se thusa ka go rola barutwana morwalo wa go bua, e fokotsa ketsaetsego le go ba letla go tota go tlhaloganya puo. Le gale, gore barutwana e nne bomankge mo go diriseng puo, ba tshwanelwa ke go ikatisa thata mo go e bueng .

Kwa tshimologong, puo e e buiwang ke barutwana e tla bo e le e e tlhomameng (go na le mokgwa o ba buang ka ona) - dipina tse di itsiweng ka tlhogo, diraeme tse di diragadiwang le maboko, le puo e nngwe fela e e ithutilweng ka go kaelwa, e e ithutilweng ka bontsi (e tlhakatlhakane fela), sekao, 'Dumelang, le kae?' Fela ka iketlo, fa barutwana ba simolola go tlhaloganya Puotlaleletso, ba tshwanetse ba simolola go bua, ba simolola ka lefoko kgotsa a le mabedi kgotsa go bua polelo ya mafoko a le mabedi. Sekao, fa ba araba potso ya morutabana, 'A lo ratile kgang e', morutwana o araba ka go re 'Ee' kgotsa 'Nnyaa'.

Sa ntlha, puo e e simololwang go buiwa ke barutwana e tlhoka go tshegediwa (sk. ba e supediwe ka diatla le ka dikarolo tsa mmele ba bo ba tshegediwe tota gore ba tlhaloganye). Sekao, barutwana ba ka simolola ka go diragatsa kgang e morutabana a e tlottileng kgotsa e a e buisitseng le fa e ka nna go dira puisano nngwe fela. Barutwana ba ka tlota kgang gape ka thuso ya morutabana. Morutabana o tlhoka go netefatsa gore barutwana bothhe ba bona tshono ya go bua ka Setswana. Ka gonane barutwana ba gatela pele ka go farologana, morutabana o tlhoka go tlhola tshono ya go bua (sk. dipotso tse morutabana a di botsang) go ya ka maemo a morutwana ka nosi. Fa barutwana ba tsweletse ka mephato, morutabana o tshwanelwa ke go bua thata mme puo ya bona e nne e teletsana.

Fa barutwana ba gatelapele ka go ithuta Setswana, ba tlhoka gape go itsisiwe le mefuta e mengwe ya ditlhengwa. Mo Mephato 1, ba tla nna le tlhagisetsa e ntsi ya dikgang mme ba tla simolola go lemoga popego ya dithhangwa tsa motlotlo (sk, go itsise baanelwa, tlhaloso ya maitshetlego/ ya lefelo, tshimologo ya bothata le tharabololo ya bona; kgang go le gantsi e tlottiwa e le ka paka e e fetileng). Mo Mophato 2, Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo ya Puotlaleletso ya Ntlha e itsise ka mekgwa ya go ikgopotsa puo ya molomo (sk. Maabane re ne re ile teropong. Sa

ntlha, re ne raya kwa mabenkeleng a dijo. Fa morago ga foo, re ne ra ya kwa laeborari, jj), mme mo Mophato 3, go ka akaretswa tatelano ya ditiragalo. Tatelano ya ditiragalo tsa setlhawga ke sengwe se se botlhokwa ka gonu e neela letsibogo magareng ga puo e e buiwang le e e kwalwang. Go le gantsi re dirisa tatelano ya ditiragalo tsa molomo (sk. go bolelela batho ka ga se re se dirileng), mme re ka di kwala gape. Mo mophato 3, barutwana ba itsisiwe ka molomo ka ga ditlhawga tse di kwadilweng ka thulaganyo (sk. ditaelo tse di jaaka tsa resepi) le dipegelo tsa tshedimosetso (sk. Kgomo ke phologolo e kgolo. Di tsamaya go le gantsi e le motlhape, jj). Sekao sa mefuta e ya ditlhawga se neetswe mo Karolo 4 kwa bofelong jwa tokomana e gammogo le tlhaloso ya popego ya tsona le diponagalo tsa teng.

Letsatsi le letsatsi le gangwe/gabedi mo bekeng go totilwe ditirwana tsa go reetsa/go bua di ikaegile ka dithitokgang

Go reetsa le go bua go tlhoka go neelwa nako e ntsi thata mo Mophato 1. Se, se tlhoka go fokodiwa mo Mophato 2 le 3 mo go tla bo go itsisiwe go buisa le go kwala go go fetisang mo Puotlaleletso ya Ntlha. Go tshwanelwa ke gore go totiwe go reetsa le go bua mo Kgatong ya Motheo.

Mo Pegelo ya Pholisi ya kharikhulamo le Tlhathlhobo ya Puotlaleletso ya Ntlha, go reetsa le go bua di rulagantswe ka mokgwa o o latelang:

- Lenaane la ditirwana tse di tshwanetseng go dirwa letsatsi le letsatsi mo sebakeng sa beke. Go tlhopha ditirwana le palo ya tsona e e tshwanelwang ke go dirwa letsatsi le letsatsi go tla laolwa ke morutabana le nako e a nang le yona go ka di dira. Se, se tla farologana ka gore a o dirisa bogolo kgotsa bonnye jwa nako jwa Puotlaleletso ya Ntlha.
- Tirwana e e totlweng, ‘go reetsa dikgang tse di tlolilweng le tse di buisitsweng’, tse di rutiwang gangwe kgotsa gabedi mo bekeng, go lebilwe Mophato le nako e e leng teng go ka dira tiro eo.

Ditirwana tse, di rulagantswe go ya ka dithitokgang mo bekeng. Go tshitshinngwa gore morutabana a tlhophe dithitokgang di le nne ka kgweditharo, di ka nna kwa tlase ka palo fa nako e sa lekane mo Puotlaleletso ya Ntlha. Morutabana o tlhoka go tlhopha dithitokgang tse di isang kwa go ruteng Puotlaleletso. Dithitokgang tse, e nne tse barutwana ba di tlwaetseng, segolo e nne tse ba setseng ba kile ba rutwa ka tsona mo Puo ya Gae mme di neela ditshono di le mmalwa tsa go ruta puo mo bokaong jwa yona (sk. di tlhoka go tlamelatshono tsa tiragatso mme go dirisiwe dilo tse di leng teng ka botsona mo phaposiborutelong). Dithitokgang tse dingwe di neetswe e le dikao, fela ke ditshitshinyo; di se ke tsa tsewa jaaka tse di laelang.

Lebaka la go dirisa dithitokgang ke go kgontsha gore tlolofoko le popego ya puo di boelediwe gape mo bokaong jo bo maleba. Sekao, mafoko a a amanang le dikarolo tsa mmele (sefatlhego, matlho, ditsebe, nko, molomo, matsogo, maoto, dinao) (Supa _____ wa gago./Se, ke _____ ya me./Tse ke _____ tsa me.) Sa ntlha ba di utlwae di buiwa ka go boelediwa mo bokaong jo bo rileng; mme barutwana ba tlhoka go neelwa ditshono tsa go di dirisa ka bottlalo. Fa barutwana ba fetela mo Mephato 2 le 3, ba tla tlhoka go neelwa gape ditshono tsa go buisa le go kwala. Barutwana ba tla di gakologelwa le go di dirisa fa tlolofoko e boelediwa le go dirisiwa kgapetsakgapetsa.

2.7 GO BUISA LE GO KWALA

Ka ntlha ya mabaka a a neetsweng fa godimo, go nna le ntlha e kgolo ya go tota tlhabololo ya puo ya molomo mo Mophato 1 , ka gonu ke nako e barutwana ba tla bo ba ithuta go buisa le go kwala mo Puo ya Gae. Le ga le, mo Mephato 2 le 3 go tshwanetswe go totwe tlhabololo ya kitsya puisokwalo mo Puotlaleletso ya Ntlha.

Go buisa le go kwala le gona go thusa ka go tlhabololo kitsya ya barutwana ya puo ya Setswana. Go buisa go neela barutwana tlhagiso e ntsi go ba thusa ka Puotlaleletso. Dipatlisiso di re bolelela fa tlhabololo ya tlolofoko ya barut-

wana e ikaegile bogolo mo bontsing jwa puiso e ba e dirang. Go kwala go botlhokwa ka gonane go pateletsat barutwana go akanya ka ga thutapuo le mopeleto. Se, se rotloetsa barutwana tsamaiso ya puo, le go itlhaganedisetsa go tlhaloganya puo le go e bua ka nepagalo.

Ka jalo nako e ntsi e abelwa ditirwana tsa go buisa le go kwala mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha ya Mephato 2 le 3. Ditirwana tsa Puiso le go Kwala di ema ka mokgwa o o latelang:

2.7.1 Tlhagiso ya mokwalo wa tikologo

Go tswa mo dingwageng tsa bona tsa ntlha, barutwana ba mo Aforika Borwa ba tlhagisetswa mokwalo o montsi wa mo tikologong ka Setswana, sekao, o le ka matshwao (matshwao a pharakano, matshwao a maina a mabenkele, jj) le wa mo diphuthelwaneng. Barutabana ba ka dirisa se jaaka ntlha ya tshimololo ya kitsa ya puisokwalo mo Puotlaleletso ya bona, sekao, ka go tlisa diphuthelwana tsa dilo tse di tlwaelegileng kgotsa tsa dipapatso mo phaposing le go bona gore a barutwana ba lemoga maina a dikgwebo tse di farologaneng mo tikologong ya bona. Go tloga ka Kgweditharo 3 ya Mophato 1, fa barutwana ba setse ba na le kitsa ya puisokwalo mo Puo ya Gae, morutabana a ka simolola ka go neela dilo maina (go tshwaya dilo) mo phaposiborutelong, a dirisa Puo ya Gae le Seesimane. Ditirwana tse, di tshegetswa ka go ithuta go go itlelang fela; ga di a tota ditirwana tsa kitsa ya puisokwalo e bile ga di a tshwanelwa go neelwa nako e ntsi.

2.7.2 Puisokopanelo

Puisokopanelo e itsisiwe mo Mophato 1 mme e tswelele jalo go ralala Kgato ya Motheo. Tirwana e, e botlhokwa thata mo tlhabololong ya puo le kitsa ya puisokwalo. Maikaelelo a Puisokopanelo mo Mephato 1 ke go tlhagisetsa barutwana Puotlaleletso ya bona ka mokgwa o o nang le bokao e bile ba bona tshegetso e e maleba. E tlhabolola le tshimololo ya barutwana ya kitsa ya puisokwalo mo puo tlaleletsong. Ba nna le dikgopoloo ka ga mokwalo mme ba simolole go lemoga mafoko a le mmalwa a a kwadilweng ka Setswana. Mo legatong le, morutabana o tshwanelwa ke go:

- Tlhopho sethangwa se se bonolo tota sa mokwalo o o godisitsweng (sk. Bukakgolo) e e nang le kgang e e lekaneng mme e na le ditshwantsho di le dintsi tse dintle. Kgang e nne le popego e e tlhamaletseng e e bonolo (sk. Peba di le tharo...) Go mosola fa puo e le e e boeletsegang e bile e ka bonelwapele bonolo fela (sk. Ntšwanyana e fa kae? E mo ntlong. Ntšwanyana e kae? E kwa tshingwaneng, jj.) Ditlhlangwa di farologane go ya ka bothata jwa tsona fa ngwaga o ntse o tswelela.
- Bua ka ditshwantsho le barutwana gore ba kgone go tlhaloganya tlotlofoko. Botsa dipotso ka Puo ya Gae. Ba thuse gore ba golaganye kgang le matshelo a bona.
- Buisa sethangwa makgetlo a le mmalwa o supa ka monwana wa gago go kgontsha barutwana go latela kgatelopele ya gago fa o ntse o ya le setlhagwa.
- Botsa dipotso ka ga kgang.
- Ka iketlo akaretsa barutwana mo go ‘buiseng’ kgang.

Fa barutwana ba fetela kwa Mephato 2 le 3 ditlhlangwa e ka nna tse di ba gwetlhlang go le gonne. Morutabana a ka ba bontsha mokgwa wa go kgona go buisa ka thelelo mme a dirisa sethangwa go tlhabolola tlotlofoko, go tlhaloganya, dikgono tsa go tlhaloganya dipopego tsa setlhlangwa, thutapuo le tiriso ya matshwao a puiso fa go buisiwa.

2.7.3 Go buisa ka Ditlhophakaelo

Mo Mophatong 2 barutwana ba simolola tirwana e ntšhwā mo puo tlaletso ya bona: Puisokaelo ka ditlhophā. Le ga le, ba tla bo ba tlwaetse tirwana ka gonne ba tla bo ba e dirile mo Puong ya Gae go tloga ka Mophato 1. Mo tirwaneng e, morutabana a tle ka sete ya dipadiso e e rulagantsweng go ya ka maemo a bothata jwa tsona. Morutabana o tshwanetse a rulaganye barutwana go ya ka ditlhophā tsa 6 - 10 tsa bokgoni jwa bona jwa go buisa mme a bo a tlhophā padiso e e maleba mo legatong la bona. Morutabana o tla buisa le setlhophā sengwe le sengwe gangwe mo bekeng, sebaka sa metsotsō e le 15, fa ditlhophā tse dingwe di tsweletse ka go buisa ka bobedi kgotsa mongwe le mongwe a buisa ka nosi kgotsa ba dira ditirwana tse di tsamaelanang le setlhāngwa sekao, ditirwana tse di kwalwang tse di bonolo jaaka go feleletsa dipolelo kgotsa go rulaganya dipolelo ka tatelano e e siameng. Maikaelelo a Puisokopanelo ke gore morutabana a tlhokomele barutwana ka bongwe ka bongwe gore a kgone go tlhabolola go tlhaloganya ga bona le go ba nonotsha ka dikgono tsa go itse go tlhasela mafoko mo Puotlaleletso ya bona.

Ditaelo tsa go bopa ditlhophā go ya ka bokgoni

Gore o kgone go kgaoganya barutwana ka ditlhophā, o tla tshwanelwa ke go ba ela tlhoko fa ba buisa go tswa mo dipadisong tsa mo phaposing. Tlhophā padiso e o akanyang gore barutwana ba tla kgona go e buisa, fela e se ke ya nna e e bonolo thata - e nne le dikgwetlhonyana mo mmusing. Fa morutwana a kgona go buisa ka thelelo, a bontsha maikutlo ka nepo, go tla raya gore kgang eo e mo maemong a a mo lekaneng a go buisa. Fa morutwana a retelelwā ke go buisa, tlhophā e e bonolonyana go fitlha o mo tsenya mo legatong le le maleba. Fa o setse o tlhatlhobile barutwana botlhe, o ka ba aba ka ditlhophā go ya ka bokgoni jwa bona.

Dikgato tsa thuto ya Puisokopanelo ka ditlhophā

I. Tlhophā setlhāngwa se se maleba:

Go tla dirisiwa ditlhāngwa tse di rulagantsweng go ya ka bothata jwa tsona. E nne tsa maemo a a kwa tlase mo go a tse di neng di dirisiwa mo Puisokopanelo. Buisa setlhāngwa le bona pele, mme o ele tlhoko tlotlofoko kgotsa thutapuo nngwe fela e e ka ba thatafalelang. Se, ke sona se se ka laolelang morutabana go itebaganya le nt̄lha e e rileng.

II. Matseno:

Ba itsise mofuta wa buka (sk. e e senang nn̄ete le e e nang le nn̄ete) le setlhogo sa teng. Thusa barutwana go kgona go gola-ganya setlhogo le maitemogelo a bona a botshelo. Tsamaisa 'motlotlo' o o tlhomameng mme o lekane gore ba kgone go buisa ka katlego (metsotsō e le 2-3).

III. Tlotlang ka ditshwantsho

Dirisa ditshwantsho go itsise barutwana setlhogo mme o tlotle ka tlotlofoko e nt̄shwa. Le teng fa, leka gore o tlhomame mme kgang e nne e khutshwane (metsotsō e le 2-3)

IV. Puiso ya nt̄lha:

Barutwana ba buisa kgang ka nosi. Morutabana o ela tlhoko maitsholo a bona fa ba buisa mme a ka tlhophā nt̄lha nngwe ya tla-leletso e e tshwanelwang ke go lejwa gape a dira jalo ka nt̄lha ya se a se lemogileng. Morutabana o tsamaya mo barutwaneng ka bongwe ka bongwe gore a utlwe mongwe le mongwe a buisetsa karolwana e nnye ya setlhāngwa kwa godimo. Morutabana o rotloetsa barutwana mo legatong le ka go bua tse di latelang:

- O solo fela go buisa ka ga eng mo bukeng e?
- A kgang eo e a tlhaloganyesega?
- O dirile sentle! O siamisitse diphoso tsa gago ka nosi. Se, se a tlhaloganyesega tota.
- Ke eng se se tla utlwalang se siame mo polelong e?
- Leba setshwantsho/sethaloo.
- Go ka nna jalo, fela leba tlhaka ya nt̄lha gape.

Sa nt̄lha o tla tshwanelwa ke go ba botsa dipotso tse ka Puo Gae ya bona. Le ga le, ka bonako jo bo sa fediseng pelo, simolola go di botsa ka Setswana. Barutwana ba tshwanetse ba bo ba setse ba tlwaetse dipotso tsa mofuta oo ka gonne ba ntse ba dira ditirwana tse mo Puong ya Gae go tloga kwa tshimologong ya Mophato 1.

V. Go tlhaloganya

Botsa barutwana dipotso ka ga setlhangwa se se buisitsweng go netefatsa fa ba tlhalogantse.

VI. Puiso ya bobedi le e e latelang

Barutwana ba buisa setlhangwa gape ka bobedi kgotsa ka nosi mo malatsing a a latelanang. Kgangkgolo e go itebaganng-wang le yona ke go tlhabolola go buisa ka thelelo le go tlamela ditshono tsa go dirisa setlhangwa go thusa ka go tlhabolola tlotlofoko, thutapuo le go tlhaloganya setlhangwa ka tsenelelo. Puiso e e boeletswang e tshegetsa tlhabololo ya go buisa ka thelelo mo Puotlaleletsong.

Barutabana ba ka tswa ba sa tlwaela go dirisa Puisokaelo segolo mo dithutong tsa Puotlaleletso ya Ntlha. Le ga le, ba ka itsise mokgwa o wa go buisa ka iketlo. Fa ba setse ba itshepa ka go o dirisa mo Puong ya Gae, ba ka simolola jaanong ka Puotlaleletso ya Ntlha. Fa ba tsweletse, barutabana ba ka buisetsa barutwana botlhe mo phaposiboru-telong, fa mongwe le mongwe a na le buka e le nngwe e e buang ka ga selo se le sengwe mme ba refosane go buisa. Barutabana ba tshwanelwa ke go ela tlhoko maitsholo a morutwana mongwe le mongwe fa a buisa mme ba ba thuse go tlhabolola dikgono tsa go tlhaloganya le go tlhasela mafoko.

Ga go na nako e ntsi e e abetsweng Puisokaelo mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha jaaka mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puo ya Gae. Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha ba tla kgona go dira le setlhopha sengwe le sengwe se sennye gangwe mo bekeng mo metsotsong e le 15. Le ga le, ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha ba ka se kgone go dira jalo. Ba tla tshwanelwa ke go dira puiso ya phaposi yotlhe mo boemong jwa Puisokaelo.

2.7.4 Puiso ka bobedi le ka nosi

Puiso ka bobedi le ka nosi e neela tsela ya go neela barutwana katiso mo puisong le go ba rotloetsa go buisetsa kgatlhegelo. Mo puisong ya bobedi, barutwana ba le babedi ba buisa mmogo kgotsa ba a refosana.

Barutwana ba tshwanetse go dirisa nako e go dira dilo di le pedi: 1) buisa buka ya padiso gape go tswa mo karolwaneng ya Puisokaelo ka Setlhophya go fitlha mo ba ka kgonang go buisa ka thelelo teng 2) buisetsa kgatlhegelo go tswa mo dibukeng tsa mo sekhlwaneng sa puiso kgotsa laeborari. Setlhangwa e nne sa maemo a a kwa tlase go na le se se dirisitsweng go tswa mo Puisokopanelo le mo Puisokaelo ka dithophya.

Go neela barutwana ditshono tsa go **buisa dibuka ka bo bona** go thusa mo tlhabololong ya go buisa ka thelelo, ntle le fa dibuka di le bonolo sentle mo barutwaneng gore ba ka di buisa kwa ntle ga thuso. Dibuka tse di khutshwane, tse di bonolo tse di nang le kgang e e bonelwang pele le ditshwantsho tsa mebalabala di botlokwa. Barutabana ba banguwe ba rata go neela barutwana puiso ya ka nosi gore ba buise kwa gae - go buisa buka e e buisiwang ke setlhophya kgotsa go buisa dibuka tse di bonolo fela di buisetswa kgatlhegelo. Ikatiso e ya go buisa ya tlaleletso, fa e dirwa ka gale/tlhomamo, e tshameka karolo e e botlhokwa mo go ithuteng go buisa **letsatsi le letsatsi**.

2.7.5 Medumopuo

Kgato ya ntlha ya go lemoga medumo ya puo e e kwalwang ke ka puo ya molomo –go ithuta go farologanya medumo e e farologaneng ya puo (**temogo ya medumopuo**). Morutwana jaanong o tshwanelwa ke go nyalanya medumo le ditlhaka tse di e emelang (sk. 'l', 'o', 'b', 'a' kgotsa 'th') o bo o kopanya ditlhaka go bopa lefoko (sk. 'loba', 'thoba') (**medumopuo**). Morutwana a bo a tlhaloganya mafoko ao (**go tlhaloganya**) le go a bona kgapetsakgapetsa mo dikwalong mo e leng gore go a lemoga go itlela fela (**temogo e e itlelang fela**). Mo bofelong, morutwana o tshwanetse go bo a kgona go buisa mafoko mo dipolelong ka bonako fela e bile a a tlhaloganya (**puiso ka thelelo**). Le gale, dielemente tse tsa go ithuta go buisa ga di diragale ka tatelano ya kgato ka kgato. Sekao, barutwana ba ithuta go

Iemoga le go tlhaloganya mafoko a a feletseng go tswa mo mokwalong o o mo tikologong fela le mo Puisokopan-elong fa ba santse ba le banny. Le fa go ntse jalo, lenaneo le le rulaganeng la medumopuo le botlhokwa mo go ithuteng go buisa ka Puo ya Gae, go bapile le puiso, go kwala le go reetsa dikgang tse di buisiwang.

Fa barutwana ba simolola go buisa le go kwala mo puo ya tlaleletso, ba setse ba itse go dumisa medumo ya Puo ya Gae. Ba setse ba tlhaloganya dikgopololo tsa mokwalo e bile ba na le kitso e e lekaneng ya go nyalanya medumo le mopeleto. Se ba se tlhokang mo thutong ya medumopuo ya Puotlaleletso ya Ntlha, ke go ikatisa ka go dirisa kitso e mo go ithuteng go lemoga setlhengwa sa puo ya Setswana (sk. go kopanya medumo e e itsiweng go bopa mafoko ka yona). Barutwana ba tlhoka gape go itse mo kgolagano ya go peleta medumo e farologanang ka teng mo Puo ya Gae le mo Puotlaleletso ya Ntlha. Sekao, ‘ph’ mo Setswaneng e emela medumo e mebedi e e farologaneng fa ‘ph’ e emela modumo o le mongwe mo Seesimaneng e bong ‘f’. (sk. phala, phamola, phate).

Go botlhokwa gore mo Mophato 1, barutwana ba nne le motheo o o tiileng wa puo ya molomo mo Puotlaleletso ya bona. Fa go sa nna jalo, ba ka se tlhaloganye mafoko a ba a dumisang mo Setswaneng mo Mophato 2 le tiro e ba e dirang ya medumopuo e tla nna fela ‘go goeletsa ditlhaka fela’. Barutwana ba tla ungewlwa mosola go tswa mo go ithuteng go lemoga medumo ya Setswana (temogo ya medumopuo) mo Mophato 1. Se, se fitlhelelwabonolo ka dipina le diraeme tse di ba thusang go farologanya medumo (sk. Ke bua, bua, bua le Iona; Ke rata go rua, rua, rua le fa ke godile).

Go botlhokwa gore morutabana a gakologelwe gore tiro ya gagwe ke go tlhotlheletsa temogo mo tsamaong ya nako fa go ithutiwa nyalanyo ya medumo le mopeleto mo puo ya tlaleletso, mme e seng go e toutela gore e nepagale gotlhelele. Medumo e tshwanelwa ke go nna le ditirwana tse dikhutshwane, tsa tlwaelo go ralala Kgato yotlhe ya Motheo.

Ditirwana tsa medumopuo tsa letsatsi le letsatsi/beke le beke

Go tshwanetse go tlhokomelwe medumopuo thata mo Kgatong ya Motheo. Go neetswe lenaneo mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha. Mo Mophato 2 le 3, lenaneo la medumopuo le neetswe le le agelelang mo go se barutwana ba setseng ba se dirile mo Puo ya Gae. Ka gonno nako ga e kalo ya go ruta medumopuo, barutabana ba rotloediwa go lotaganya go ruta medumopuo mo go reetseng, go bua le mo ditirwaneng tsa Puisokopanelo ya ditlhophpha.

2.7.6 Temogo ya mafoko

Mafoko a a nnang a le teng (kgotsa mafoko a ‘leba o bue’) a dira gore morutwana a lemoge lefoko le le ikemetseng ka nosi ‘mo go a a leng teng’ ka go boaboeletsa lefoko. Mafoko a a tlhagelelang kgapetsakgapetsa mo setlhengweng (mafoko a a tlhagelelang thata) a ka ithutiwa ka mokgwa o. (Setswana, go farologana le dipuo tse dingwe, se na le phesente e kgolo ya mafoko a a sa peletiweng go ya ka mokgwa wa tlwaelo, se se raya gore go na le ngangisano e kgolo ka go rutwa ga mafoko a a tlwaelegileng go bonwa bonolo).

Dirisa dithuto tsa Puisokopanelo le Puisokaelo ya ditlhophpha go bontsha leano le le latelang la menwana e le metlhano (5) mo e leng gore monwana o le mongwe o emela leano le mmuisi a ka le dirisang go akanya ka tatelano gore a ka kgona go buisa mafoko a a sa itseng le bokao ba ona:

Monwana o mogolo/kgonojwe: Tlogela lefoko mme o buise go fitlha kwa bofelong jwa polelo.

Monwana wa ntlha: Lebelela setshwantsho

Monwana wa bobedi: Lebelela lefoko gore o bone gore a go itsiwe dikarolo tse dingwe tsa lefoko.

Monwana wa boraro:Dumisa lefoko

Monwana wa bone: Kopa thuso go buisa lefoko kgotsa go tlhaloganya bokao ba lona

Simolola go ruta barutwana thulaganyo e gore e ba thuse fa ba kopana le mafoko a ba sa a itseng mo Puotlaleletso.

2.7.7 Go tlhaloganya

Barutwana ba lemoga medumopuo ya Puo ya Gae sewelo mme ga ba kgone go tlhaloganya se ba se buisang. Se, se feletsa se bonwa fela jaaka go goeletsa ditlhaka kwa ntle ga go di tlhaloganya. Lebaka le legolo le le tshwaelang mo go se ke gore bokgoni jwa bona mo puong eo bo bokoa. Ba tlhaela tlotlofoko e e lekaneng le thutapuo gore ba tlhaloganye se ba se buisang. Ka jalo, morutabana o tshwanetse go aga tlotlofoko le thutapuo ka go ba tlhagisetsa maemo a Setswana se se phepa se dirisiwang mo go tsona. Maano a a tshwanang le a go tlhama ‘lebota la mafoko’mo phaposing le go ba rotloetsa go itirela dithanodi tsa bona (kgotsa buka ya tlotlofoko) go ka thusa thata. Go dira gore barutwana ba kgone go buisa thata mo puong ya tlaleletso e ka nna gongwe tsela e ntle ya go tokafatsa tlotlofoko ya bona. Le ga le, leano le, le tla dira fela fa ditlhlangwa tsa teng di le maleba le legato la bona la go ka kgona go buisa ka nosi.

Tsela e nngwe e e botlhokwa ya go thabolola go tlhaloganya puiso ya barutwana ke ka go ba botsa dipotso tse di ba kgontshang go supa fa ba buositse setlhlangwa ka go se tlhaloganya. Morutabana a ka simolola ka dipotso tse di bonolo, sk. ‘Ke mang...?’ (Ke mang yo o jeleng bogobe bottlhe?) ‘Eng....?’ (Bana ba jele eng?) le ‘Kae...?’ (Ba ne ba jela kwa kae?) Ka iketlo, fa barutwana ba ntse ba tlwaela mekgwa e e farologaneng ya dipotso ba tla bo ba tlhabolola puo e e maleba ya go ka araba dipotso mme go ka botswa tse di marara go feta. Ka nako e, barutwana ba tla bo ba le mo Mophato 3, ba tshwanelwa ke go bo ba kgona go araba dipotso tsa ‘Goreng...?’ (sk. ‘Goreng o rata go buisa?’).

Go bona tshedimosetso e e fetang e ka ga go ruta Puisokopanelo, Puisokaelo, Puiso ka bobedi le ka nosi, Medumopuo, temogo ya medumopuo, temogo ya mafoko le go tlhaloganya, leba *Department of Basic Education’s handbook, ‘Teaching Reading in the Early Grades’ (2008)*, e e ka bonwa go tswa mo Webosaeteng ya www.education.gov.za

2.7.8 Go kwala

Barutwana ba ithuta dikgono tsa go bopa ditlhaka le go kwala ka Puo ya Gae. Ba ka dirisa kitso e fa ba simolola go kwala ka Puo ya Tlaleletso ya Ntlha mo kgweditharong ya boraro ya Mophato 1. Ditirwana tsa go kwala mo Mophato 1, di nna bonolo thata ka gonne barutwana ba tlhoka go itebaganya le go kwala ka Puo ya Gae.

Mo Mophato 2, go kwala Puotlaleletso ya Ntlha go bona tlhokomelo e kgolo. Go kwala go a kaelwa; sekao, barutwana ba kwala ba dirisa popego ya dipolelo tse di jaaka ‘Ke rata _____./Ga ke rate _____.’ Mo Mophato 3, go kwala go simolola go nna le dikgwetlho tse di tseneletseng. Fa ba tshegediwa, ba solo felwa go kwala sete ya dita elo tse di bonolo le tatelano ya ditiragalo ka bo bona. Ba kwala kgang e e bonolo mmogo le morutabana (go kwala go go kopanetsweng).

Dikgono tse dintsi tsa go kwala di fetisiwa go tswa mo Puo Gae. Sekao, barutwana ba ithuta go kwala setlhlangwa se se jaaka sa tatelano ya ditiragalo ka Puo Gae ya bona, mme morago ba kwala tatelano ya ditiragalo ka Puotlaleletso ya Ntlha. Barutwana ba ithuta go kwala setlhlangwa sa ntlha, go kwala, go tseleganya le go phasalatsa tiro ya bona (dikgato tsa go kwala) ka Puo Gae, mme morago ba dirisa dikgono tseo fa ba kwala ka Puotlaleletso ya Ntlha.

2.7.9 Popegopuo le tiriso

Kitso e e tebileng ya tlotlofoko le thutapuo e tlamelatso motheo wa tlhabololo ya dikgono jaaka (go reetsa, go bua, buisa le go kwala) mo Puotlaleletso ya Ntlha. Mo Mophato 1, tlotlofoko le thutapuo di ithutiwa ka go itlela fela fa ba ntse ba reetsa le go bua puo e e buiwang. Mo Mophato 2 le 3, barutwana ba inopolela tlotlofoko le thutapuo gape ka go buisa Setswana. Mo mophato 3, go na le ditirwana tse di kgethegileng tse di totileng tiriso ya Puo.

Maikaelelo ka ga tlotlofoko a rulaganyeditswe mophato mongwe le mongwe mme lenaane la mafoko a a tlhagelelang kgapetsakgapetsa mo Setswaneng le neetswe mo Karolong 3 ya tokomana e. Go botlhokwa mo barutwaneng gore ba fitlhelele maikaelelo a, fa e le gore ba tla kgona go dirisa Seesimane jaaka Puo ya Go Ruta le Go Ithuta mo Mophato 4. Barutabana ba tlhoka maano a go tlhabolola tlotlofoko ya barutwana, sekao:

- Mafoko mo maboteng le matshwao a dilwana mo phaposiboruteleng
- Tlotlofoko e e dirisiwang mo metshamekong sk. dipotso tsa malepa
- Go buisa ka nosi
- Go nna le dithanodi tsa bona (dibuka tsa tlotlofoko)
- Go dirisa dithanodi tsa bana tse di nang le ditshwantsho (e nne tsa temenngwe le temepedi).

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YANTLHA MO MEPHATO 1–3

MOPHATO 1	MOPHATO 2	MOPHATO 3
<ul style="list-style-type: none"> Tswelela go aga tlotofoko ya molomo o dirisa ditlhogo tse di tlophilweng ke morutabana (sk. Dilo tse nka di dirang, Maemo a bosa) Aga tlotofoko e nang le bokao jo bo rileng (sk. dipopego, bogolo, nthla/kaelo) Tsibogela ditaelo tse di bonolo tsa molomo ka go dira se a se laelwang (sk. Tsenya dibolo tse di botala jwa legodimo ka mo kgetsaneng, Jaanong tsenya dibolo tse dikhibidu ka mo kgetsaneng.) Tsibogela ditumediso le go laelana, a bo a dira dikopo tse dikhutshwane ka go dirisa dipolelo tse di tlhomameng. (sk. Ke kopa go ya kwa ntlwaneng) Ithuta ka tlhogo le go diragatsa diraeme tsa tiro, maboko a a bonolo le dipina Tshameka metshameko e bonolo ya puo Tihaloganya dikgang tse dikhutshwane, tse di bonolo tse di tlophilweng le tse di buisitsweng: bua ka ga tlhantsho Diragatsa dikgang tse di bonolo a dirisa mmuisano Araba dipotso tse di bonolo tse di tlhamaletseng ka ga kgang (sk. Ke mang yo o jeleng bogobe?) Diragatsa kgang a dirisa mmuisano mongwe go tswa mo go sona Tiotla kgang gape ka thuso ya morutabana Neela tatelano e khutshwane ya maitemogelo kgotsa ditiragalo Ithute ka tlhogo le go diragatsa maboko a a bonolo, diraeme le dipina tse di diragadiwang Tshameka metshameko ya puo 	<ul style="list-style-type: none"> Tswelela go aga tlotofoko ya molomo e tlhophilweng ke morutabana (sk. Go batlisisa) Aga tlotofoko e nang le bokao jo bo rileng (sk. go bapisa, go supa) Sala ditaelo tse dikhutshwane tse di latelanaang morago (sk. Rala sediko. Se tshase mmala o mohibidu.) Neela ditaelo tse di bonolo Tihaloganya le go araba dipotso tse di bonolo jaaka 'mang? 'eng? (sk. Ke buka ya ga mang?) Botsa dipotso tse di bonolo tse di tlhomameng (sk. Leina la gago ke mang?) Dira dikopo le dipolelo tse di bonolo (sk. Ke kopa go ya kwa ntlwaneng?) Supa selo ka tlhaloso e bonolo ya molomo Bua ka ga dilo tse di mo ditshwantshong Reetsa dikgang le tatelano ya ditiragalo Araba dipotso tse di bonolo tse di tlhamaletseng ka ga kgang (sk. Ke mang yo o jeleng bogobe?) Diragatsa kgang a dirisa mmuisano mongwe go tswa mo go sona Tiotla kgang gape ka thuso ya morutabana Neela tatelano e khutshwane ya maitemogelo kgotsa ditiragalo Ithute ka tlhogo le go diragatsa maboko a a bonolo, diraeme le dipina tse di diragadiwang Tshameka metshameko ya puo 	<ul style="list-style-type: none"> Tswelela go aga tlotofoko ya molomo e tlhophilweng ke morutabana (sk. Go batlisisa) Aga tlotofoko e nang le bokao jo bo rileng (sk. go bapisa, go supa) Neela le go sala ditaelo morago Tsibogela le go dira dikopo Bua ka ga setshwantsho le senepe Kopa go tlhalosediwa sangwe sentle (sk. Ga ke tlhanganye, boeltsa gape tswetswe.) Neela motlotlo wa tatelano ya ditiragalo o bonolo wa molomo (gakologelwa maitemogelo ka tatelano e siameng) Reetsa dikgang le metlotlo ya tatelano ya ditiragalo ya morutwana ka nosi le go araba dipotso tse di boletswang go tlhaloganya Bonelapele se se tla diragalang mo kgannyeng kgotsa go naya tatelano ya ditiragalo tsa morutwana ka nosi Tihagisa maikutlo ka ga kgang Tiotla kgang gape Reetsa sethangwa se e leng sa nnete (tatelano ya dintha, tsamaiso kgotsa pegelo ya tshdimosetso) a bo a araba dipotso tse di boletswang go tlhaloganya Neela tshobokanyo e bonolo ya sethangwa se nang le mete ka thuso ya morutabana Tsaya karolo mo motlotloing o mokhutshwane ka ga sethogo se se tiwaelegileng Tihaloganya le go araba dipotso tse di bonolo jaaka 'Leng? 'Goreng...?' (sk. Goreng ntlo e ne e wa?) Diragatsa raeme, leboko kgotsa pina Tshameka metshameko ya puo

GO REESTA LE GO BUA

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YANTLHA MO MEPHATO 1–3		
MOPHATO 1	MOPHATO 2	MOPHATO 3
<ul style="list-style-type: none"> Tihabolola temogo ya medumopuo mo Puotaleletso ya Nthla ka go dirisa diraeme le dipina (sk. 'Kotsi ya metsi ya mokgweetsi') Supa mafoko mangwe a a raemang Lemoga medumo e e simololang mafoko a a tlwael-egileng (sk. 'p' mo go 'Pule') Kgaoganya dipolelo tsa molomo ka mafoko a a ikemetseng ka nosi ka go opa diatla mo modumong o mongwe le o mongwe Opa diatla go ya ka noko nngwe le nngwe mo mafokong a a tlwaelegilleng Farologanya modumo wa nthla go tswa mo karolong e e setseeng ya noko (morumo) (sk. se-bo-ko, mo-ro) Lemoga dithhogo tsa bontsi jwa mafoko ka go di utt-wela (me-, ba-) <p>MEDUMOPUO</p>	<ul style="list-style-type: none"> Temogo ya medumopuo <ul style="list-style-type: none"> Farologanya medumo e e tshwarisang bothata fa e uttweletswe (sk. 'o' le 'u') Medumopuo <ul style="list-style-type: none"> Supa kamano ya tlhaka le modumo wa ditlhakanngwe tse di simololang ka go tshwana mo Puo ya Gae le Puotaleletso ya Nthla Supa kamano ya modumo le tlhaka e e farologanang le e leng teng mo Puong ya Gae Bopa le go kgaoganya mafoko a dinoko di le tharo a dirisa medumo e a e ithutlieng. (sk. a-pa-ra, le-ra-po) Lemoga tlhakha tse di tlwaelegilleng tse di feleletsang mafoko (sk. gwe, go) Kgobokanya mafoko a a tlwaelegilleng go ya ka go batta go tshwana ga ona (pina,bina, mina) Lemoga medumo e e pataganeng ya ditumammogo tse di tlwaelegilleng jaaka ts, tl, ish, kwa tshimologong le kwa bofelong jwa mafoko Bopa le go kgaoganya mafoko a a bonolo a a sir-mololang ka ditumammogo tse di pataganeng (sk. kgo-mo, pha-la, tsha-sa) Lemoga bonnye mafoko a le 3 a ditumammogo tse di pataganeng (seattla, mooki, moagi) 	<ul style="list-style-type: none"> Supa kamano ya tlhaka le modumo ya ditlhakanngwe mo Puong ya Gae le Puotaleletso ya Nthla mme o lemoge diphardologanyo. Lemoga medumo e e pataganeng ya ditumammogo kwa tshimologong ya mafoko (tl, ts-, kg-) le kwa bofelong jwa ona (-ng) Lemoga ditumanosi tse di pataganeng mo mafokong (sk. boa, mooki, maaka, boela) Lemoga ditumanosi tse di sa uttwaleng mo mafokong (sk. mooko, maaka) Dirisa ditumammogo tse di pataganeng tse di rumisanang go bopa le go kgaoganya mafoko (sk. n-ko,n-tlu, n-kgo) Lemoga mafoko a a itsengeng a rumisana (sk. lela, bela, wela) Farologanya medumo ya ditumanosi tse dikhutshware le tse ditelele (noka',lek'a,'mooko','maaka') Farologanya ditumammogo tsa Ishimologo le raeme mo dinokong tse di marara (sk. tlha-ga, se-n-tha-ga) Lemoga mafoko a a tsamaisanang a a marara, a a batlleng a tshwana ('kgatla', 'kgapa') Lemoga tiriso ya megattana mengwe (sk. '-ng', 'ana', 'nyana') Bopa le go dumisa mafoko o dirisa medumo e o e ithutlieng

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA MO MEPHATO 1 - 3

MOPHATO 1	MOPHATO 2	MOPHATO 3
<p>Mokwalo wa tikologo</p> <ul style="list-style-type: none"> Simolola go buisa matshwao a bonolo a dilo mo phapoborutelong le mo tikologong e e anameng, mo Puotlaletso ya Ntlha (le Puo ya Gae) (sk. tsena fa/ tswa fa, bula) Tshimolo ya go buisa <ul style="list-style-type: none"> Go fetisetsa kitso rongwe le dikgono tse a di boneng mo Puo ya Gae mo go buiseng Puotlaletso ya Ntlha jaaka dikgono tsa go tshwara buka sentie, dikgono tsa thaloganyo ya motho ya mafoko (sk. tlhaloganyo ya mafoko le dithhaka, go buisa go tswa kwa molemeng go ya kwa mojeng le go tswa kwa godimo go ya kwa tlase mo tsebeng ya buka) Lemoga mafoko a le mmalwa a a ipoeletsang kgapetsakgapetsa a a dirisiwang thata (ke, nna, ena, wena, bona, ka) <p>Puisokopanelo ya botlhe le morutabana</p> <ul style="list-style-type: none"> Reetsa kgang e e bonolo thata kgotsa setthangwa se se senang nnete se se buiswang ke morutabana go tswa mo setthangweng sa mokwalo o o godisitsweng jaaka Buakgolo kgotsa phousefareng e e nang le thadiso Bua ka ga dithadiso mo Bukeng e kgolo kgotsa mo phousefareng a dirisa Puo ya Gae fa go tlhokegang teng Ithute tlollofoko ya molomo mo Puotlaletso ya Ntlha go tswa mo ditshwantshong Araba dipotsa tse di bonolo tsa molomo ka ga kgang Morago ga dipuso tse di boedleditsweng o kgone go tsena kgang fa go leng maleba teng. Ka nthaya go bontsiwa mokwalo, o simolola go tlhabolota tlollofoko e e nnang e le teng ya matoko a le mmalwa a a thagelelang kgapetsakgapetsa (sk. le, wena, ena, rona, bona) Diragatsa kgang Rala ditshwantsho go tshwara kakanyolgolo ya kgang kgotsa setthangwa se se nang le nnete 	<p>Puisokopanelo</p> <ul style="list-style-type: none"> Buisa setthangwa se sekhuishwane se se nang le nnete le se se senang nnete (Bukakgolo kgotsa setthangwa se sengwe sa mokwalo o o godisitsweng) le morutabana a dirisa ditshwantsho go tlhabolota tlollofoko, sethogo se a tla se boneiang pelle le go araba dipotsa tse dikhutshwane tsa molomo ka ga setthangwa Bopa bokao jwa setthangwa se sekhuishwane sa ditshwantsho (sk. ka go latedisanya ditshwantsho kgotsa go nyalanya dinthathhalosodipolelo le setsiwanthsho) Golaganya setthangwa se se buisitsweng le maitemogelo a gagwe Tlotla karolo ya kgang gape kgotsa a sobokanya setthangwa se se nang le nnete ka thuso ya morutabana (dipolelo di le 2 -3) <p>Puisokaelo ka dithophpha</p> <ul style="list-style-type: none"> Buisetsa kwa godimo go tswa mo bukeng ya gagwe mo setthopheng tsu Puisokaelo le morutabana, ke gore , setthophha sothie se buisa kgang e e tshwanganang Dirisa maano a go buisa a a rutiliweng mo Puogae go itirela bokao jwa setthangwa le go itekola fa o buisa (mediumopuo, methala ya tiriso, tshekatsheko ya popego, mafoko a a nnang a le teng mo phapoborutelong) Dirisa ditshwantsho le dithadiso mo setthangweng go oketsa go tlhalogany Dirisa maano a go buisa kgang e e rutiliweng mo Puogae go itirela bokao jwa setthangwa le go itekola fa o buisa (mediumopuo, methala ya tiriso, tshekatsheko ya popego, mafoko a a nnang a le teng mo phapoborutelong) Dirisa ditshwantsho le dithadiso mo setthangweng go thusa go tlhaloganya Buisa ka thelelo e e oketsegang le ka go tlhagisa maikutlo Supa fa a tlhaloganya matshwao a puiso fa o buisetsa kwa godimo Tsweleapele go bopha tlollofoko e e tla nnang e le teng mo phapoborutelong (sk. sengwe, fa, thata, na le) Diraga mokwalo wa gagwe le wa ba bangwe Ipuisetse ka nosi dibuka tse di bonolo tse di nang le tse di senang nnete, dibuka tse di buisitsweng ka nako ya Puisokaelo le dimakasini tsa bana le dikhomiki Dirisa dithanodi tsa bana tsa ditshwantsho (tsa temengwe le temepedi) go batia bokao jwa matoko a a setseweng <p>Puiso ka setthophalka nosi</p> <ul style="list-style-type: none"> Buisa mokwalo wa gagwe le wa ba bangwe Ipuisetse ka nosi dibuka tse di bonolo tse di nang le tse di senang nnete, dibuka tse di buisitsweng ka nako ya Puisokaelo le dimakasini tsa bana le dikhomiki Dirisa dithanodi tsa bana tsa ditshwantsho (tsa temengwe le temepedi) go batia bokao jwa matoko a a setseweng 	<p>Mokwalo wa tikologo</p> <ul style="list-style-type: none"> Buisa diphousestara tse di bonolo kgotsa ditlhogo tse di bonwang mo tikologong Puisokopanelo Buisa ditthangva tse di senang nnete le tse di nang le nnete morutabana a dirisa dithalo go tshegetsatihabollo ya tlollofoko Araba dipotsa tsa lefoko le ise di bonolo tsa go ipopela bokao tse di tshegetsang go tlhaloganya setthangwa Tlotla kgang gape o supa tatelano ya ditiragalo Sobokanya setthangwa se se nang le nnete (sk. pegelo ya tshedimosets) Puisokaelo ka dithophpha Buisetsa kwa godimo le ka setu go tswa mo bukeng ya gagwe mo setthopheng tsu Puisokaelo le morutabana, ke gore , setthophha sothie se buisa kgang e e tshwanganang Dirisa maano a go buisa a a rutiliweng mo Puogae go itirela bokao jwa setthangwa le go itekola fa o buisa (mediumopuo, methala ya tiriso, tshekatsheko ya popego, mafoko a a nnang a le teng mo phapoborutelong) Dirisa ditshwantsho le dithadiso mo setthangweng go oketsa go tlhalogany Dirisa kwa godimo ka lebelo le thelelo e e ket-segang o dirisa kapodiso le kgatelielo e e nepagetseng Supa go tlhaloganya matshwao a puiso a puopegelo, o dirisa segalo sa lentswe se se farologaneng fa o buisa Dirisa maano mangwe a go ipaakanya Puiso ka setthophalka nosi Buisa mokwalo wa gagwe le wa ba bangwe Ipuisetse ka nosi dibuka tse di bonolo tse di nang le tse di senang nnete, dibuka tse di buisitsweng ka nako ya Puisokaelo le dimakasini tsa bana le dikhomiki Dirisa dithanodi tsa bana tsa ditshwantsho (tsa temengwe le temepedi) go batia bokao jwa matoko a a setseweng
		<p>GO BUISA LE GO LEBELA</p>

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA MO MEPHATO 1—3		
MOPHATO 1	MOPHATO 2	MOPHATO 3
<ul style="list-style-type: none"> Dirisa dikgono tsa mokwalo tse a di rutilweng mo Puo Gae Kwala mananeo a ditlhogo Thophha le go kopolola ditlhathhaloso tse di tlhalosang setlhogo sa setshwantsho ka nepo Ka thuso, o kwala tlhathhaloso ya setshwantsho, (sk. Koloi e khibidu e kgolo) o buise se se kwadilweng. Feleletsa dipolelo ka go tlatsa diphaltha ka mafoko a a tlogetsweng Kwala dipolelo o dirise motheo wa tsona (sk. Ke rata _____. Ga ke rate _____) Kwala dipolelo o dirise mafoko a a ipoeletsang kgapetsakgapetsa a na le mediumopuo le mafoko a a nnang a le teng a a twaelegileng Kwala mafoko a a twaelegileng le dipolelo go tswa mopeletsong Kwala dipolelo tse di tswakatswakantsweng ka thulaganyo e e nepagetseng go dira temana le go e kopolola Kwala temana ya bonye dipolelo di le 3 ka setlhogo se se twaelegileng Kwala ditlhangwa dingwe tse dikhutshwane tse di bonolo tse o di rutilweng mo Puo Gae, sk. molaetsa mo karateng ya keleletsu photo Dirisa dikgono tse o di rutilweng mo Puo Gae, o rulanganyetsa tshedimosetso mo molgweng o o bonolo wa kerafo (sk. 'išhate kgotsa molanako) Ka thuso, o dirise maina le maemedi mangwe (sk. motho, ena, sekape, sona, borotho, bona) Ka thuso, a simolola go dirisa paka jaanong, pakats-veledi le pakaphethi ka nepagalo mo mokwalong Ka thuso, a bopa bontsi jwa mafoko a a twaelegileng Ka thuso, peleta mafoko a a twaelegileng ka nepagalo. O dirise thanodi ya bana mo go thokgalang teng Dirisa matshwao a puiso a o setseng o a rutilwe mo Puo Gae (ditlhakakgolo le dikhuto) Ipopela sefala sa gagwe sa mafoko le thanodi ya gago. 	<ul style="list-style-type: none"> Dirisa dikgono tsa mokwalo tse o di rutilweng mo Puo Gae Kwala manaane a a marara a a nang le ditlhogo (sk. Ditshenekegi; ditshosware, dinotshe, dirurubel) Kwala dipolelo go tswa mopeletsong Kwala ditlhangwa tse di bonolo (sk. karata ya matsalo) Ka tataiso, o kwale tateano ya ditiragalo ka ga mairemogelo a gago o dirise motheo wa dipolelo (sk. Maabane ke..., Morago ka..., Kwa bofelong...) Ka tataiso, o kwale ditaelo tse di bonolo Kwala kgang e e bonolo le go e kopolola mmogo le morutabana Rulaganya tshedimosetso mo tšhateng, lenaneong kgotsa mo keramikeng Kwala dipolelo ka setlhogo se se twaelegileng (bonnye dipolelo di le 6 -8) Dirisa thulagano ya go kwalla (ipaakanyetsokwalo, go kwalla, go tseleganya le go phasalatsa) Dirisa matshwao a puiso a a setseng a a rutilwe mo Puotlaletso (dikhutto, diphegelewana, matshwao a potso, matshwao a tsiboso le ditsejivana) Peleta mafoko a a twaelegileng ka nepagalo nmme a leka go peleta mafoko a a sa twaelegang a dirisa kitso ya medumopuo Dirisa pakajaanong, pakafetiling le pakatlang ka nepo e e oketsegang Dirisa maina, madiri le maemedi ka nepo e e o ketsegang Ipopela sefala sa mafoko le thanodi ya gagwe Dirisa dithanodi tsa bana (tsa temenngwe le temepedi) Ipopela bontsi jwa mafoko a a twaelegileng Ka thuso, peleta mafoko a a twaelegileng ka nepagalo. O dirise thanodi ya bana mo go thokgalang teng Dirisa matshwao a puiso a o setseng o a rutilwe mo Puo Gae (ditlhakakgolo le dikhuto) Ipopela sefala sa gagwe sa mafoko le thanodi ya gago. 	<ul style="list-style-type: none"> Dirisa dikgono tsa mokwalo tse o di rutilweng mo Puo Gae Kwala manaane a a marara a a nang le ditlhogo (sk. Ditshenekegi; ditshosware, dinotshe, dirurubel) Kwala ditlhangwa tse di bonolo (sk. karata ya matsalo) Ka tataiso, o kwale tateano ya ditiragalo ka ga mairemogelo a gago o dirise motheo wa dipolelo (sk. Maabane ke..., Morago ka..., Kwa bofelong...) Ka tataiso, o kwale ditaelo tse di bonolo Kwala kgang e e bonolo le go e kopolola mmogo le morutabana Rulaganya tshedimosetso mo tšhateng, lenaneong kgotsa mo keramikeng Kwala dipolelo ka setlhogo se se twaelegileng (bonnye dipolelo di le 6 -8) Dirisa thulagano ya go kwalla (ipaakanyetsokwalo, go kwalla, go tseleganya le go phasalatsa) Dirisa matshwao a puiso a a setseng a a rutilwe mo Puotlaletso (dikhutto, diphegelewana, matshwao a potso, matshwao a tsiboso le ditsejivana) Peleta mafoko a a twaelegileng ka nepagalo nmme a leka go peleta mafoko a a sa twaelegang a dirisa kitso ya medumopuo Dirisa pakajaanong, pakafetiling le pakatlang ka nepo e e oketsegang Dirisa maina, madiri le maemedi ka nepo e e o ketsegang Ipopela sefala sa mafoko le thanodi ya gagwe Dirisa dithanodi tsa bana (tsa temenngwe le temepedi) Ipopela bontsi jwa mafoko a a twaelegileng Ka thuso, peleta mafoko a a twaelegileng ka nepagalo. O dirise thanodi ya bana mo go thokgalang teng Dirisa matshwao a puiso a o setseng o a rutilwe mo Puo Gae (ditlhakakgolo le dikhuto) Ipopela sefala sa gagwe sa mafoko le thanodi ya gago.

GO KWALÀ

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA (FAL) MO MOPHATO 1 - 3		
MOPHATO 1	MOPHATO 2	MOPHATO 3
<ul style="list-style-type: none"> Simolola go thabolola thaloganya le bokgoni jwa go dirisa dipopego tsa puo mo bokaong jwa puo e e buiwang. Thaloganya medirisotaelo e mengwe (O se ka wa taboga!) Thaloganya le go simolola go dirisa dipolelo mo pakajaanong (sk. O rata sekolo) le pakatsweledi (O ntse a kwala) Thaloganya mekgwa e mengwe ya dipotsa ('Eng? , 'Mang? , 'Di le kae?) Thaloganya le go simolola go dirisa maemeditota .(nna, wena, ena, bona, lona) Thaloganya le go simolola go dirisa medirisokgonego(Nka tlola.) Thaloganya le go simolola go dirisa mafoko mangwe mo kganetsong (sk. Ga a buise. Ga ke tole.) Lemoga le go simolola go dirisa bontsijwa maina (sk. kaise/dikaisce) Thaloganya le go simolola go dirisa marui (ya me, tsa gago, sa gagwe) Thaloganya le go simolola go dirisa mathalosi (sk. ka bonya, sentle, maabane, kwa gae) le mathaodi (sk. yo molele, tse dikgolo,) Thaloganya mafoko a le 700 -1,000 mo bokaong pele a ka fetsa Mophato 1 	<ul style="list-style-type: none"> Simolola go thabolola thaloganya le bokgoni jwa go dirisa dipopego tsa puo mo bokaong jwa puo e e buiwang le e kwadiwang. Dirisa dipopego dingwe tsa thutapu tse a di boneng kwa Mophatong 1(pakajaanong le pakatsweledi, modirisokgonego 'a ka' kganetsuo le bontsi jwa mafoko, maemedi, mathaodi le mathalosi) Thaloganya le go simolola go dirisa pakaphethi (sk.Ke thiophile diaita.) Thaloganya le go simolola go dirisa paka fetileng (sk. Ke tsamaille le ena.) Simolola le go dirisa dikgolagano tsa nako (sk. Sa nthha, morago) Thaloganya le go simolola go dirisa mekgwa ya dipotsa (sk. O gorogile leng?) Thaloganya le go simolola go dirisa maemedi mangwe (nna, wena, ena) Thaloganya le go simolola go dirisa mathalosi le mathaodi a mantisi a a farologaneng Thaloganya le go simolola go dirisa lediri (Ke a tshameka) Thaloganya mafoko a le 1,000 -2,000 mo bokaong pele a ka fetsa Mophato 2 	<ul style="list-style-type: none"> Simolola go thabolola thaloganya le bokgoni jwa go dirisa dipopego tsa puo mo bokaong jwa puo e e buiwang le e kwadiwang. Thaloganya le go dirisa (pakajaanong, pakatsweledi, pakaphethi le pakattang) Thaloganya le go dirisa mainagotthe (sk. buka) le mainakgopoloo (sk. mowa) Thaloganya le go dirisa maina jaaka marui (Dibuka tsa ga Tshepiso) Thaloganya le go dirisa masupi: e, eo, ele, se, seo, sele Thaloganya le go dirisa ('Efe?' 'Goreng...?') Thaloganya mafoko a le 1,500 -2,500 mo bokaong pele a ka fetsa Mophato 3

POPEGOPOU LE TIRISO (E RUTIWE MO BOKAONG)

MOPHATO 1 PUOTLALELETSO YA NTLHA	
DITLHOKEGO TSA KGWEDITHARO	
KGWEDITHARO 1	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Ura e le 1 metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p>Dibeke 1-5</p> <p>Barutabana ba tshwanetse go tlhopha dithitokgang tse di tla ba kgontshang go itsise le go dirisa tlotlofoko le go akaretsa ditirwana tse di mo lenaaneng le le fa tlase.</p> <p><i>Ela tlhoko gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke tshitshinyo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatsa gore ba nne le dithokego tsotlh jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.</i></p> <p>Ba tshwanetse go leka go akaretsa ditirwana tsotlh go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.</p> <p>Dibeke 6-10</p> <p>Barutabana ba tshwanetse go tlhopha dithitokgang tse pedi tse dintshwa tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tsa 1 - 5. Dithitokgang di tshwanetse go letla morutabana go itsise tlotlofoko e ntshwa le go tiisa tlotlofoko e a setseng a e rutilwe. Ba tshwanetse go letla barutabana go tlhomama mo go diriseng gape dikarolo tsa puo tse di bonolo jaaka fa a buisa le barutwana mo puong tlaleletso ya ntlha.</p> <p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlh go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 - 10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhomameng mo bokhutlong jwa kgweditharo.</p> <p>Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)</p> <p>E le nngwe kgotsa go feta ya ditirwana tse di latelang:</p> <ul style="list-style-type: none"> • O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) o dirise dithitokgang /ditlhogo jaaka “Diaparo tsa me” • O tsibogela ditumediso le ditaelano tse di bonolo o dirise dipolelwana, sk. ‘Dumelang’, ‘Lo tsogile jang? Ke tsogile sentle. • O dira dikopo tse di bonolo, sk. ‘Ke kopa go ya kwa ntlwaneng ya boithusetso’ • O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. “Mpontshe mosetsana wa moseso o mohibidu.” • O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo go ya ka tsibogo le dipotso tsa morutabana, sk. “Ke eng seo? Ke hutshe.” • O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. “Apola jeresi ya gago.” • O tsibogela dipotso tse di bonolo, sk. ‘Mmala wa jeresi o ntse jang? Mohibidu.’ • O tlhaloganya le go dirisa dipopego tsa puo tse di bonolo mo bokaong jwa tsona , sk. bongwe le bontsi setlhako - ditlhako • O opela dipina tse di bonolo o diragatse ka kaelo ya morutabana • O tsena mo go tshwanetseng o diragatsa mo diraemeng le dipina ‘Ntatemogolo, o tswa kae ka jeno...’ • O tshameka motshameko wa puo, sk. morutabana o fitlha hutshe mo phaposiborutelo mme a be a botsa dipotso a diragatsa, hutshe e fa kae? A e ka fa tlase ga tafole? A e mo kobotlong/ khabotong? jj. 	

Ditirwana tse go itebegantsweng le tsona tsa go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlolilweng kgotsa tse di buisitsweng

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlolilweng di ka diragatswa go dirisiwa puo ya dikarolo tsa mmele le moaparo o o maleba go tshegetsa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara tsa ditshwantsho mo e leng gore barutwana botlhe ba tla kgona go bona ditshwantsho.

- O reetsa dikgangkhutshwe kgotsa ditlhlangwa tse di *nang le nnete* tse a di tlolletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolong kgotsa diphousetara tsa ditshwantsho. Sk. “Ntatemogolo le hutshe ya gagwe” ka boitumelo le go tsena khorase mo gare ka nako e tshwanetseng.
- O tlhaloganya le go tsibogela dipotso tse di bonolo, sk. Mmala wa hutshe o ntse jang? le ditaelo, sk. “Mpontshe hutshe ya ga rremogolo”
- Neela dingwe tsa dilo tse di mo setshwantshong ka go tsibogela dipotso go tswa go morutabana, sk. “Ke mang?” Ke rre-mogolo”
- **Tlhabololo ya kgopololo, tlolofoko le dipopego tsa puo**
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlolofoko ya molomo, go akaretsa tlolofoko ya dikgopololo, sk. mmala - bohibidu, botala jwa legodimo, bontsho, bosweu
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya popego ya puo mo bokaong jwa puo e e tlhalo-ganyesegang, sk. Ditaelo jaaka “Ntshang dibuka tsa lona”; pakajaanong-tsweledi jaaka “o ntse a kwala dikgang”; mae-medirui jaaka “buka ya me” bontsi jwa mabadi jaaka, tse tharo; tse tlhano”

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (ka molomo kgotsa ka tiragatso)

Dibeke 1-5

- O tsibogela ka namana ditaelo tsa molomo tse di bonolo
- O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. “Mpontshe mosetsana wa moseso o mohibidu”

Dibeke 6-10

- O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo
- O tsibogela dipotso tse di bonolo

Tirwana 1 ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua (ka molomo/ka tiragatso)

- O tsibogela dipotso tse di bonolo
- O bontsha go tlhaloganya tlolofoko ya motheo ka go supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogo le ditaelo go tswa go morutabana sk “Mpontshe mosetsana wa moseso o mohibidu.”

KGWEDITHARO 1	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG
DITENG/DIKGOPOLO/DIKGONO	
<p>Temogo ya medumopuo (metsotso e le 1-5 tirwana e nngwe le e nngwe)</p> <p>Ditirwana tse di tshwanetse go nna tse dikhutshwane le go gokelelwa mo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo</p> <ul style="list-style-type: none"> Kgaoganya dipolelo tsa molomo ka mafoko a a ikemetseng ka nosi ka go opa diatla mo lefokong lengwe le lengwe, sk. polelo e e tswang mo kgang Ka thuso ya morutabana supa mangwe a mafoko a a rumisanang mo kgang, dipina le diraeme O simolola go lemoga tshimologo ya medumo e e farologaneng mo mafokong, sk, 'h' mo go 'hutshe', 'b' mo go 'buka' <p>Tshimololo ya kitso ya puisokwalo (Metsotso e le 5-10 gangwe kgotsa gabedi mo kgweditharong)</p> <p>Morutabana o tlisa diphousetara mo phaposiborutelang gore go tle go nne le mokwalo mo tikologong mo dipontshong tse di nnetseng ruri. Fa go tsewa loeto la sekolo, morutabana o bontsha barutwana ditshwantsho mo tikologong.</p> <ul style="list-style-type: none"> O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi, sk. tsena/ tswa/ bula O tlhabolola tshimololo ya kitso ya puisokwalo, sk. kgopolu ya mokwalo go ya ka tirwana ya Puisokopanelo. <p>Puisokopanelo (bonnye jwa nako metsotso e le 30bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)</p> <p>Fa morutabana a dirisa bogolo jwa nako mo Puotlaleletso ya ntla, o itsise dibukakgolo tse dintshwa (kgotsa phouse-tara kgotsa ditlhawga dingwetse dikgolo) mo bekeng e nngwe le e nngwe mmea bo a dira ditirwana letsatsi le lengwe le e lengwe. Fa a dirisa bonnye jwa nako mo Puotlaleletso ya ntla, o dirisa sona setlhawga sele gape mo bekeng di le 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhawga mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho go tswa mo kgang. O buisa setlhawga gape mo gare ga beke, a tlhotlhetsa barutwana go dira mmogo le ena. Setlhawga se dirisiwa go itsise tlotlofoko e ntshwa.</p> <ul style="list-style-type: none"> Reetsa kgang kgotsa kgang e e seng ya nneta. fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho Tlotla ka ditshwantsho o dirisa puogae mo go tlhogagalang Supa dilo mo ditshwantshong, sk. Mpontshe rremogolo",Supa ntšwa". Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. "Hutshe e kae?" O ithuta tlotlofoko nngwe ya molomo, sk. mme, katse, rre, nkgonne, diaparo, jj. Morago ga poeletso ya puiso o tsena khorase mo gare fa go tlhogagalang teng, sk, 'fofa mosweu, fofa mantsho...jj' O diragatsa kgang a dirisa mmuisano O rala setshwantsho o bo o bona kakanyokgolo mo kgangnyeng. 	
TLHATLHOBO	
<p>Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:</p> <p>Temogo ya puomodumo:(molomo / tiragatso)</p> <ul style="list-style-type: none"> O simolola go lemoga tshimologo ya medumopuo e e farologaneng mo mafokong O supa mangwe a mafoko a a rumisanang mo kgannyeng, dipina le diraeme <p>Puiso: (molomo / tiragatso)</p> <ul style="list-style-type: none"> Supa batho bangwe, diphologolo le dilo mo ditshwantshong tsa bukakgolo(kgotsa mefuta ya ditlhawga tsa ditshwantsho tse dikgolo) Araba dipotso dingwe tse di bonolo ka ga kgang kgotsa kgang e e seng ya nneta Rala setshwantsho a be a bona ntihakgolo ya kgang kgotsa kgang e e seng ya nneta <p>Tirwana 1 ya tlhatlhobo e e tlhomameng:</p> <p>Puiso: (molomo / tiragatso)</p> <ul style="list-style-type: none"> Araba dipotso dingwe tse di bonolo ka ga kgang kgotsa kgang e e seng ya nneta O supa go tlhaloganya tlotlofoko go tswa mo kgangnyeng ka go supa dilo mo setshwantshong mo tsibogelong ya ditaelo go tswa go morutabana, sk "Mpontshe rremogolo", 	

KGWEDITHARO 1	
GO KWALA	NAKO E E TSHITSHINTSWENG Bonnye jwa nako:0 Bogolo jwa nako:Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<i>Mokwalokopanelo(bogolo jwa nako - gangwe mo bekeng)</i>	
<i>Go kwala kwa tshimologong ya Puotlaleletso ya Ntlha go tshwanetswe ga tshegetswa ke morutabana</i>	
<ul style="list-style-type: none"> • Ka thuso ya morutabana o kwala dintlhatalhaloso tsa setshwantsho le go buisa se a se kwadileng 	
TLHATLHOBO	
Tshitsinyo ya ditirwana tse di sa tlhomamang	
Go kwala: (e e kwadilweng)	
<ul style="list-style-type: none"> • O kopolola dintlhatalhaloso tsa setshwantsho le go buisa se a se kwadileng. 	

KGWEDITHARO 2	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Ura e le 1 metsotso e le30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Dibeke 1-5	
<p>Ela tlhoko gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke tshitshinyo fela. Barutabana ba tshwanetse go itlhophela dithitokgang di le pedi tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatsa gore ba nne le ditlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.</p> <p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.</p>	
Dibeke 6-10	
<p>Barutabana ba tshwanetse go tlhopha dithitokgang tse pedi tse dintshwa tse di tla ba kgontshang go tlhabolola se ba se dirieng mo dibekeng tse tlhano tsa ntla. Dithitokgang di tshwanetse go kgontsha barutabana go itsise tlotlofoko e ntshwa le go akaretsa tlotlofoko e e setseng e rutilwe. Dithitokgang di tshwanetse go letla barutabana go tlhomama mo go diriseng gape dikarolo tsa puo tse di bonolo, dipopego tsa puo tsa motheo jaaka fa a buisa le barutwana mo Puotlaleletso ya Ntlha.</p> <p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 - 10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhomameng mo bokhutlong jwa kgweditharo.</p>	
Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)	
<p>E le nngwe kgotsa go feta ya ditirwana tse di latelang letsatsi le letsatsi go lebilwe nako e e leng teng:</p> <ul style="list-style-type: none"> • O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) o dirise dithitokgang / ditlhogo jaaka "Dijo" • O tsibogela ditumediso le ditaelano tse di bonolo, o dirise dipolelwana, sk. 'Dumelang. Lo tsogile jang? Re tsogile sentle.' • O dira dikopo tse di bonolo, sk. 'Ke kopa apole.' • O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. "Mpontshe apole/ banana/ namune,"jj • O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo go ya ka dipotso le tsibogo, sk. "Ke eng seo? Ke hutshe." • O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. "Tsaya apole ." E beye mo tafoleng." • O tsibogela dipotso tse di bonolo, sk. 'Go na le diapole di le kae fao? "Ke tse pedi." • O tlhaloganya le go dirisa dipopego tsa puo mo bokaong jwa tsona, sk. Pakajaanong jaaka 'Pule o a ja', 'Pule o jele' • O opela dipina tse di bonolo mme o di diragatse • O tsena mo go tshwanetseng o diragatse ka diraeme le dipina, • O tshameka motshameko wa puo, sk. Motshameko wa go fopholetsa - morutwana o tsaya karata ya setshwantsho, ba bangwe ba tshwanetse go fopholetsa gore dijo tse di mo setshwantshong ke eng? sk. A se o se tshotseng ke apole? 	
Ditirwana tse go itebagantsweng le tsona tsa go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)	
Reetsa dikgang tse di tlottilweng kgotsa tse di buisitsweng.	
<p><i>Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlottilweng di ka diragatswa go dirisiwa puo ka dikarolo tsa mmele le moaparo o o maleba go tshegetsa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara ya ditshwantsho mo e leng gore barutwana bothe ba tla kgona go bona ditshwantsho.</i></p> <ul style="list-style-type: none"> • O reetsa dikgangkhutshwe kgotsa ditlhawga ka boitumelo tse di nang le nnete tse a di tlottletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolo kgotsa diphousetara tsa ditshwantsho le go tsena khorase mo gare ka nako e e tshwanetseng. • O tlhaloganya le go tsibogela dipotso tse di bonolo le ditaelo, sk. Mmala wa hutshe o ntse jang?"Mpontshe hutshe ya ga rremogolo" • Naya dingwe tsa dilo tse di mo setshwantshong maina ka go tsibogela dipotso go tswa go morutabana, sk. 'Ke mang?' 'Ke rremogolo' 	

- **Tlhabololo ya dikgopololo, tlotlofoko le dipopego tsa puo**
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlotlofoko ya molomo le go akaretsa tlotlofoko e e ikakanyetswang, sk. tatelano ya malatsi a beke.
- O simolola tlhabololo ya go tlhaloganya le bokgoni jwa tiriso e e bonolo ya popego ya puo mo bokaong jwa puo e e tlhalo-ganyesegang, sk. Ditaelo jaaka, "Ntshang dibuka tsa lona"; pakajaanong, jaaka "ke ja dijo"; kganetso jaaka "Ga ke je dijo"

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo le tiragatso)

Dibeke 1-5

- O neela maina a dilo tse di tsamaelanang le thitokgang mo setshwantshong kgotsa mo phaposiborutelong
- O tsibogela dipotso tse di bonolo.

Dibeke 6-10

- O tsibogela dipotso tse di bonolo
- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sk. "Ke rata apole, "Ga ke rate apole"

Tirwana 2 ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo le tiragatso)

- Bontsha go tlhaloganya nngwe ya tlotlofoko ya molomo e o e ithutileng mo tsamaong ya kgweditharo ka go tsibogela ditaelo jaaka 'thala dinamune di le tharo/dipanana di le tlhano'.
- O tsibogela dipotso tse di bonolo (ke dipanana di le kae mo kgamelong) ka dikarabo tse dikhutshwane.
- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sk. 'Ke rata apole', 'Ga ke rate apole'

KGWEDITHARO 2	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako:metsotso e le 30 mo bekeng Bogolo jwa nako :Ura e le 1 Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p>Temogo ya medumopuo (Metsotso e le 1-5 tirwana e nngwe le e nngwe)</p> <p>Ditirwana tse di tshwanetse go nna dikhutshwane le go golaganngwa mo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokpanelo</p> <ul style="list-style-type: none"> Kgaoganya dipolelo tsa molomo ka mafoko a le nosi ka go opa diatla mo lefokong lengwe le lengwe, sk. polelo e e tswang mo kgang O opa diatla ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na Ka thuso ya morutabana o supa mangwe a mafoko a a rumisanang a kgang, dipina le diraeme. O simolola go lemoga tshimologo ya medumopuo e e farologaneng mo mafokong, sk. 'b' mo go 'bana', 'a' mo go apole. <p>Tshimololo ya kitso ya puisokwalo(metsotso e le 5-10 gangwe kgotsa gabedi mo kotareng)</p> <p>Morutabana o tlisa diphousetara mo phaposiborutelang gore go tle go nne le mokwalo mo tikologong kwa go nang le dipontsho tsa leruri. Fa go tsewa loeto la sekolo, morutabana o supetsa barutwana ditshwantsho mo tikologong.</p> <ul style="list-style-type: none"> O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi, sk. tsela, tsena, bula O tsweletsa tshimololo ya kitso ya puisokwalo, sk. kgopoly ya mokwalo go ya ka tirwana ya Puisokpanelo. <p>Puisokpanelo (bonnye jwa nako metsotso e le 25-30 bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)</p> <p>Fa morutabana a dirisa bogolo jwa nako mo puotlaleletso ya ntliha, o itsise dibukakgolo tse di ntshwa (kgotsa phouse-tara kgotsa ditlhlangwa dingwe tse dikgolo) mo bekeng e nngwe le e nngwe mme a bo a dira ditirwana tsa letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo Puotlaleletso ya Ntliha, o dirisa sona setlhlangwa sele gape mo bekeng tse 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhlangwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho mo kgang. O buisa setlhlangwa gape mo gare ga beke, a rotloetsa barutwana go dira mmogo le ena. Setlhlangwa se dirisiwa go itsise tlollofoko e ntshwa.</p> <ul style="list-style-type: none"> Reetsa kgang kgotsa setlhlangwa se se nang le nnene fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho. Tlotla ka ditshwantsho a dirisa Puo ya Gae mo go tlhokagalang Supa dilo mo ditshwantshong, sk. 'Mpontshe rremogolo", 'Mpontshe ntšwa'. Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. 'Hutshe e kae?' O ithuta tlollofoko nngwe ya molomo sk mme, katse, rre, nkgonne, diaparo, jj. Morago ga poeletso ya puiso o tsena khorase mo gare mo go tlhokagalang, O diragatse kgang o dirise mmuisano O rale setshwantsho o be o bone kakanyokgolo ya kgang 	
TLHATLHOBO	
<p>Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:</p> <p>Temogo ya medumopuo((Metsotso e le 1-5 tirwana e nngwe le e nngwe)</p> <ul style="list-style-type: none"> O simolola go lemoga tshimologo ya medumopuo e e farologaneng mo mafokong, sk. 'b' mo go 'bana', le 'a' mo go 'apole' O pa diatla go ya ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na. <p>Puiso: (molomo / tiragatso)</p> <ul style="list-style-type: none"> O supa batho ba bangwe, diphologolo le dilo mo ditshwantshong tsa dibuka tse dikgolo Araba dipotso dingwe tsa molomo ka ga setlhlangwa se se nang le nnene. O rala setshwantsho a be a bona kakanyokgolo mo kgang kgotsa setlhlangwa se se nang le nnene <p>Tirwana 2 ya tlhatlhobo e e tlhomamang:</p> <p>Puiso (molomo /tiragatso)</p> <ul style="list-style-type: none"> O opa diatla go ya ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na Araba dipotso dingwe tsa molomo ka ga kgang kgotsa setlhlangwa se se nang le nnene O supa go tlhalogany tlotlofoko mo kgang ka go supa dilo mo setshwantshong a tsibogela ya ditaelo go tswa mo morutabeng, sk. "Mpontshe moses." 	

KGWEDITHARO 2	
GO KWALA	NAKO E E TSHITSHINTSWENG Bonnye jwa nako:0 Bogolo jwa nako:Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<i>Mokwalokopanelo (bogolo jwa nako - gangwe mo bekeng)</i> Go kwala pele mo puotlaleletso ya ntlha go tshwanetswe ga tshegetswa ke morutabana <ul style="list-style-type: none"> • Ka thuso ya morutabana o kwala dintlhathhaloso tsa setshwantsho le go buisa se a se kwadileng. 	
TLHATLHOBO	
Tshitshinyo ya ditirwana tsa tlhatlhobo e e tihomameng: Go kwala: (tse di kwadilweng) <ul style="list-style-type: none"> • O kopolola ntlhathhaloso ya setshwantsho se a se radileng le go buisa se a se kwadileng gape. 	

KGWEDITHARO 3	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG
	Ura e le 1 metsotso e l e30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Dibeke 1-5	
<p>Morutabana o tlhopha dithitokgang di le pedi tse di tla itsiseng tlotlofoko le go e dirisa gape, a bo a dira ditirwana tse di neets-weng fa tlase fa. Ela tlhoko gore dithitokgang kgotsa dithogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatsa gore ba nne le tlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nneta tsa thitok-gang e ba e tlhophileng.</p> <p>Ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.</p>	
Dibeke 6-10	
<p>Barutabana ba tshwanetse go tlhopa dithitokgang tse pedi tse dintshwa tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tse tlhano tsa ntsha. Dithitokgang di tshwanetse go letla barutabana go itsise tlotlofoko e ntshwa le go akaretsa tlotlofoko e e ba setseng ba e ithutile. Dithitokgang di tshwanetse go letlelela morutabana go tlhomama mo go diriseng gape dipopego tsa puo tsa motheo fa a bua le barutwana mo Puotlaleletso ya Ntsha.</p> <p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Barutabana ba tshwanetse go netefatsa gore ba dira ditirwana tsotlhe go feta gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 - 10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhamaletseng mo bokhutlong jwa kgweditharo.</p>	
Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)	
<p>Dingwe tsa ditirwana tse di fa tlase tsa letsatsi le letsatsi go ya ka nako e e leng teng:</p> <ul style="list-style-type: none"> • O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) a dirisa dithitokgang / dithogo jaaka "Diphologolo" • O tsibogela ditumediso le ditaelano tse di bonolo, o dirise dipolelwana, sk. 'Salang sentle. 'Ke tla le bona ka moso'. • O dira dikopo tse di bonolo, sk. 'Tsweetswee nkadime phensele' • O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. 'Mpontshe katse,' • O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo go ya ka tsibogo le dipotso, sk. 'ke eng seo? 'Ke nku.' • O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. 'Rala setshwantsho sa katse.' • O tsibogela dipotso tse di bonolo, sk. 'Mmala wa katse o ntse jang?' Ke o montsho.' • O tlhaloganya le go dirisa dipopego tsa puo mo bokaong jwa tsona, sk. Matlhaodi; mosimane yo mokima. • O supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. 'Ke phologolo e nnye'. 'E na le maoto a le mane le mogatla'. • O opela dipina tse di bonolo mme a di diragatsa. • O tsena mo go tshwanetseng fa a diragatsa mo diraemeng le dipina. • O tshameka motshameko wa tiriso ya puo, sk. Motshameko wa go fopholetsa - morutwana o dira modumo wa phologolo, ba bangwe ba tshwanetse go fopholetsa gore ke modumo wa eng ka Puotlaleletso ya Ntsha. 	

Ditirwana tse go itebagantsweng le tsona, jaaka go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlotlilweng kgotsa tse di buisitsweng

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlotlilweng di ka diragatswa go dirisiwa puo ka dikarolo tsa mmele le moaparo o o maleba go tshegetswa ka bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousestara ya ditshwantsho mo e leng gore barutwana botlhe ba tla kgonago bona ditshwantsho

- O reetsa dikgangkhutshwe kgotsa ditlhlangwa tse di *nang le nnete* tse a di tlotletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolo kgotsa diphousestara tsa ditshwantsho, sk. ‘Rremogolo le hutshe ya gagwe.’ O dira jalo ka boitumelo le go tsena khorase mo gare ka nako e e tshwanetseng.
- O tlhaloganya le go tsibogela dipotso tse di bonolo, sk. ‘Mpontshe podi.’ ‘Dipodi di kae?’
- O araba dipotso tse di bonolo ka ga kgang ka dikarabo tse dikhutshwane, sk. ‘Dipodi di kae mo kgang?’ Di tharo’
- Naya maina a dilo dingwe tse di mo setshwantshong ka go tsibogela dipotso go tswa mo morutabana, sk. ‘Ke mang? “Ke rremogolo”
- **Tlhabololo ya dikgopololo/tlotlofoko le popegopuo**
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlotlofoko ya molomo, le go akaretsa tlotlofoko e e ikakanyetswang, sk. nomore, bogolo.
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo. sk. go tlhaloganya le go simolola go dirisa matlhaodi jaaka **kgolo, nnye, mokawana**, matlama jaaka **mo**, matlhalosi jaaka **ka pele, ka bonya, ka moso, kwa morago**

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo / tiragatso)

Dibeke 1-5

- O neela maina a dilo dingwe tse di amanang le thitokgang mo setshwantshong se se mo phaposiborutelong
- O tsibogela dipotso tse di bonolo, sk. mmala wa kgomo o ntse jang?

Dibeke 6-10

- Itlhagise ka ditsela tse dibonolo ka go dirisa dikapolelo tse dikhutshwane, sk. ‘Ke rata apole,’
- O supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. ‘Ke phologolo e nnye’. ‘Ke na le maoto a le mane le mogatla’.

Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng :

Go reetsa le go bua (molomo/ tiragatso)

- Tsibogela dipotso tse di bonolo, sk. ‘Mmala wa kgomo o ntse jang?’
- Supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. ‘Ke phologolo e nnye’. ‘Ke na le maoto a le mane le mogatla’
- O supa go tlhaloganya motheo wa tlotlofoko ya molomo ka go supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana. Sk. “Mpontshe apole/ namune/legapu, jj” Thala dinamune di le tharo/tlhano jj

KGWEDITHARO 3	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Temogo ya medumopuo (Metsotso e le 1-5 tirwana e nngwe le e nngwe)	
Ditirwana tse di tshwanetse go nna dikhutshwane le go golaganngwamo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo	
<ul style="list-style-type: none"> O opa diatla mo dinokong tsa mafoko a a tlwaelegileng, sk, ba-na, pa-na-na Ka thuso ya morutabana o supa mangwe a mafoko a a rumisanang mo kgang, dipina le diraeme O simolola go lemoga tshimololo ya medumo e e farologaneng mo mafokong, sk. ‘b’ mo go ‘bana’, “a” mo go ‘apole’ O lemoga bontsi ka go utlwa. 	
Tshimololo ya kitsyo ya puisokwalo (metsotso e le 5-10 gangwe kgotsa gabedi mo kgweditharong)	
Morutabana o tlisa diphousetara mo phaposiborutel long gore go tle go nne le mokwalo mo tikologong mo dipontshong tse di nnetseng ruri. Fa go tsewa loeto la sekolo morutabana o supetsa barutwana ditshwantsho mo tikologong.	
<ul style="list-style-type: none"> O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi sk. maina a mebila, matshwao a marekelo, maina a a bapatsang dikuno jaaka, Toyota, Omo, Joko, Tleiniki. O tsweletsa tshimololo ya kitsyo ya puisokwalo, sk. kgopoly ya mokwalo go ya ka tirwana ya go Puisokopanelo 	
Puisokopanelo (bonnye jwa nako metsotso e le 25 -30 bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)	
Fa morutabana a dirisa bogolo jwa nako puotlaleletso ya ntsha, o itsise dibukakgolo tse di ntshwa (phousetara kgotsa ditlhawngwa dingwe tse dikgolo) mo bekeng e nngwe le e nngwe mme a bo a dira ditirwana tsa letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo puotlaleletso ya ntsha, o dirisa sona setlhawngwa sele gape mo dibekeng di le 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhawngwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho go tswa mo kgang. O buisa setlhawngwa gape mo gare ga beke, a tlhotlhetsa barutwana go dira mmogo le ena. Setlhawngwa se dirisiwa go itsise tlotlofoko e ntshwa	
<ul style="list-style-type: none"> Reetsa kgang kgotsa setlhawngwa se se nang le nneta fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho. Tlotla ka ditshwantsho a dirisa Puo ya Gae mo go tlhokagalang Supa dilo mo ditshwantshong, sk. ‘Mpontshe katse’, ‘Supa katse’. Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. ‘Hutshe e kae?’ Ithute tlotlofoko nngwe ya molomo, sk. katse, rre, nkgonne, diaparo, jj. Morago ga poeletso ya puiso, o tsena khorase mo gare mo go tlhokagalang. Diragatsa kgang a dirisa mmuisano O thala setshwantsho se se tlhagisang kakanyokgolo mo kgang. 	

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Temogo ya medumopuo (*Metsotsso e le 1-5 tirwana e nngwe le e nngwe*)

- O opa diatla go ya ka dinoko tsa mafoko a a twaelegileng, sk. ba-na, pa-na-na
- O lemoga bontsi ka go utlwa mafoko (katse - dikatse)

Puiso: (molomo / tiragatso)

- O supa batho bangwe, diphologolo le didiriswa mo dithalang go tswa mo bukagolo kgotsa go tswa mo mofuteng mongwe wa sethangwa sa dithalo tse di godisitsweng.
- O arabu dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang.
- O thala setshwantsho se se tlhagisang kakanyokgolo mo kgang kgotsa setlhlangwa se se nang le nnete.

Tirwana 3 ya tlhatlhobo e e tlhomameng:

Puiso (molomo/ tiragatso)

- O lemoga bontsi ka go utlwa mafoko (ka kutlo) katse-dikatse.
- O arabu dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang.
- O supa go tlhaloganya tlotlofoko mo kgang ka go supa dilo mo setshwantshong ka tsibogo ya ditaelo tsa morutabana, sk. “Mpontshe katse/nonyane/kgogo/ tlou. jj”

KGWEDITHARO 3	
GO KWALA	NAKO E E TSHITSHINTSWENG Bonnye jwa nako:0 Bogolo jwa nako: Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p><i>Mokwalokopanelo (bogolo jwa nako - gangwe mo bekeng)</i></p> <p><i>Go kwala pele mo puong tlaleletso ya ntsha ya go tshwanetswe ga tshegetswa ke morutabana</i></p> <ul style="list-style-type: none"> • Ka thuso ya morutabana o kwala dintlhatalhaloso tsa setshwantsho le go buisa se a se kwadileng • Ka thuso ya morutabana o kwala lenaane le le bonolo ka setlhogo, sk. Diphologolo: ntšwa, katse, kgomo jj; Maungo: apole, panana, namune jj. 	
TLHATLHOBO	
<p>Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang :</p> <p>Go kwala: (tse di kwalwang)</p> <ul style="list-style-type: none"> • O kopolola dintlhatalhaloso tsa setshwantsho le go buisa se a se thadileng • O kwala lenaane le le bonolo ka setlhogo, sk. Diphologolo: ntšwa, katse, kgomo jj; Maungo: apole, panana, namune jj 	

KGWEDITHARO 4	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Ura e le 1 metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Dibeke 1-5	
<p>Barutabana ba tlhopha dithitokgang di le pedi tse di tla ba kgontshang go itsise le go dirisa tlotlofoko e e dirisitsweng gape le go akaretsa ditirwana tse tsa lenaane tse di latelang. Tlhokomela gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke ditshitshinyo fela. Barutabana ba tshwanetse go ithophela dithitokgang tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba na le ditlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.</p> <p>Ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.</p>	
Dibeke 6-10	
<p>Barutabana ba tshwanetse go tlhopa dithitokgang tse pedi tse dintshwa tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Ba tshwanetse go letla barutabana go tlhomama mo go diriseng gape dikarolo tsa puo tse di bonolo jaaka fa a buisa le barutwana mo Puotlaleletso ya Ntlha.</p> <p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 –10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhomameng kwa bokhutlong jwa kgweditharo.</p>	
Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)	
<p>Bontsi jwa ditirwana tse di latelang bo tla dirwa fa fela go na le nako e e lekaneng:</p> <ul style="list-style-type: none"> • O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) a dirisa dithitokgang / ditlhogo jaaka “Dilo tse ke kgonang go di dira” • O tsibogela ditumedisu le ditaelano tse di bonolo, a dirisa dipolelwana, sk. ‘Salang sentle. Ke tla le bona mo nakonge e sa fediseng pelo.’ • O dira dikopo tse di bonolo, sk. ‘Ke kopa metsi’ • O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. ‘A ko o mpontshe nonyane’. • O neela maina a dilo go tswa mo setshwantshong kgotsa mo phaposiborutelo go ya ka tsibogo ya dipotso tsa morutabana, sk. ‘Ke eng se? Ke hutshe,’ Ke nonyane. • O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. ‘O thala setshwantsho sa nonyane, thala diphuka, thala maoto a mabedi, thala tlhogo, thala matlho, thala molomo.’ • O tsibogela dipotso tse di bonolo tse di bodiwang ke morutabana, sk. ‘A o ka tlola?’ ‘A ko o mpontshe’ • O tlhaloganya le go dirisa dipopego tsa puo mo bokaong jwa tsona, sk. ‘kgora’ke kgona go tlola, ke kgona go tshwara menwana ya me ya maoto. • O supa motho, phologolo kgotsa selo go tswa mo tlhalosong e e bonolo, sk. Ke na le maoto a le mabedi, diphuka le molomo, nka fofa. Ke nna mang?’ • O opela dipina tse di bonolo a di diragatsa, sk. ‘Ke kgona go fofa’ • O tsena mo gare ga raeme ya tiragatso, a diragatsa, sk. ‘Nka tlhapa meno a me’. • O tshameka motshameko wa puo, sk. motshameko wa ketane - morutwana o simolola a re ke kgona go tlola, O ka dira eng? Morutwana yo o latelang o tshwanetse go araba le go botsa morutwana yo latelang “A o kgona go dira jalo? Barutwana bottle ba nna le tshono ya go tshameka. 	

Ditirwana tse di lebaganeng le go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlolilweng kgotsa tse di buisitsweng.

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlolilweng di ka diragatswa go supiwa puo ka dikarolo tsa mmele le moaparo o o maleba go tshegetsa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara ya ditshwantsho mo barutwana botlhe ba tla kgonang go bona ditshwantsho

- O reetsa dikgangkhutshwe kgotsa ditlhlangwa tse di *nang le nnete* tse a di tlolletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolo kgotsa diphousetara tsa ditshwantsho, sk. ‘Rremogolo le hutshe ya gagwe’ka boitumelo le go tsena khora se mo gare ka nako e tshwanetseng
- O tlhaloganya le go tsibogela ditaelo, sk. ‘Mpontshe serurubele’
- O arabu dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang, ‘A morubisi o kgonang go fofa?’ ‘Morubisi o fofa leng?’
- Neela dingwe tsa dilo tse di mo setshwantshong maina ka tsibogelo ya dipotso go tswa mo morutabaneng, sk. ‘Ke eng se? ‘Ke morubisi’.
- **Tlhabololo ya kgopololo, tlolofoko le dipopego tsa puo**
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlolofoko ya molomo, le go akaretsa tlolofoko e e ikakanyetswang, sk. bokgoni - Dinonyane di na le bokgoni jwa go ja dijalo tsotlhe mo tshingwaneng.’
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo, sk. go tlhaloganya le go dirisa mediriso (nka kgonang), matlhalosi (nka taboga ka bonako) le kganetso (ga ke kgone go fofa).

TLHATLHOBO

Ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo le tiragatso)

Dibeke 1-5

- O tsibogela dipotso tse di bonolo, sk. ‘A o ka kgonang go kwala leina la gago?’ ‘A ko o mpontshe’.
- Itlhagise ka ditsela tse di bonolo, sk. ‘Nka tlola’.

Dibeke 6-10

- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sk. ‘Ke rata apole’, ‘Ga ke rate apole.’
- O supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. ‘Ke phologolo e nnye.’ ‘Ke na le maoto a le mane le mogatla.’

Tshitshinyo ya tlhatlhobo e e tlhomameng ya tirwana 4:

Go reetsa le go bua (molomo/ tiragatso)

- O tsibogela dipotso tse di bonolo, sk. ‘A o kgonang go bala go fitlha ka 10?’ ‘A ko o mpontshe.’
- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sekao. ‘Nka kwala leina la me.’
- O supa go tlhaloganya motheo wa tlolofoko ya molomo ka go supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. ‘Mpontshe apole/ banana/ namune, jj’ Thala dinamune di le tharo/tlhano, jj.’
- Tlhaloganya bonnye mafoko a le 700 mo bokaong jwa maemo a a abelwang nako e nnye mo Puotlaleletso ya Ntlha le bonnye jwa mafoko a le 1,000 mo go abiwang nako e nnye mo Puotlaleletso ya Ntlha (dirisa lenaneo la mafoko le le neets-weng mo Karolo 3 ya tokomana e go go neela mothala)

KGWEDITHARO 4	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Temogo ya medumopuo (metsotso e le 1-5 tirwana e nngwe le e nngwe)	
Ditirwana tse di tshwanetse go nna dikhutshwane le go golaganngwa mo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo	
<ul style="list-style-type: none"> O opa diatla mo dinokong tsa mafoko a a tlwaelegileng, sk. 'ba-na', 'pa-na-na' Ka thuso ya morutabana o supa mangwe a mafoko a a rumisanang mo kgang, dipina le diraeme. O simolola go lemoga tshimololo ya medumo e e farologaneng mo mafokong, sk. 'b', mo go 'bana', le 'a' mo go 'apole'. Lemoga bontsi jwa mafoko ka go a utlwa (nonyane - dinonyane) 	
Tshimololo ya kitsyo ya puisokwalo (metsotso e le 5-10 gangwe kgotsa gabedi mo kgweditharong)	
Morutabana o tlisa diphousetara mo phaposiborutel long gore go tle go nne le mokwalo mo tikologong jaaka mo dipontshong tse di nnetseng ruri. Fa go tsewa loeto la sekolo, morutabana o tla supetsa barutwana ditshwantsho tse di mo tikologong.	
<ul style="list-style-type: none"> O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi. sk. matshwao a tsela, matshwao a mabenkele, maina a di papatso jaaka, Toyota, Joko, Omo, Tleliniki. Tlhabolola tshimololo ya kitsyo ya puisokwalo, sk. kgopoloy a mokwalo go ya ka tirwana ya go Puisokopanelo. 	
Puisokopanelo (bonnye jwa nako metsotso e le 30 bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)	
Fa morutabana a dirisa bogolo jwa nako Puotlaleletso ya Ntlha, o itsise dibukakgolo tse di ntšhw (kgotsa phouse-tara kgotsa ditlhawngwa dingwe tse dikgolo) mo bekeng e nngwe le e nngwe mme a bo a dira ditirwana letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo Puotlaleletso ya Ntlha, o dirisa sona setlhawngwa sele gape mo bekeng di le 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhawngwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho mo kgang. O buisa setlhawngwa gape mo gare ga beke, a tlhotlheletsa barutwana go dira mmogo le ena. Setlhawngwa se dirisiwa go itsise tlotlofoko e ntšhw.	
<ul style="list-style-type: none"> Reetsa kgang kgotsa setlhawngwa se se nang le nnete fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho. Tlotla ka ditshwantsho a dirisa puogae mo go tlhogagalang Supa dilo mo ditshwantshong, sk. 'mpontshe rremogolo', 'Supa ntšwa'. Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. 'Hutshe e kae?' O ithuta tlotlofoko nngwe ya molomo, sk. mme, katse, rre, nkgonne, diaparo, jj. Morago ga poeletso ya puiso o tsena khorase mo gare mo go tlhogagalang. O diragatsa kgang a dirisa mmuisano O thala setshwantsho a be a bona kakanyokgolo mo kgannyeng. 	

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Temogo ya medumopuo (*Metsotsso le 1-5 tirwana e nngwe le e nngwe*)

- O opa diatla mo dinokong tsa mafoko a a tlwaelegileng, sk. ‘ba-na’, ‘pa-na-na’
- Lemoga bontsi jwa mafoko ka go a utlwa (nonyane - dinonyane)

Puiso: (molomo / tiragatso)

- O supa motho, phologolo kgotsa selo go tswa mo setshwantshong sa bukagolo/ phousetara
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang
- O thala setshwantsho se se nang le kakanyokgolo ya kgang kgotsa setlhlangwa se se nang le nnete

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Puiso (molomo / tiragatso)

- Lemoga bontsi jwa mafoko ka go utlwa (nonyane - dinonyane)
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang kgotsa setlhlangwa se se nang le nnete
- O supa go tlhaloganya tlotlofoko mo kgang ka go supa dilo mo setshwantshong ka tsibogo ya ditaelo tsa morutabana, sk. ‘Mpontshe katse/nonyane/kgogo/ tlou ’

KGWEDITHARO 4	
GO KWALA	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: 0 Bogolo jwa nako: Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p><i>Mokwalokopanelo (bogolo jwa nako - gangwe mo bekeng)</i></p> <p><i>Mokwalo wa pele wa Puotlaleletso ya Ntlha o tshwanetswe wa tshegetswa ke morutabana</i></p> <ul style="list-style-type: none"> • Ka thuso ya morutabana o kwala dintlhatalhaloso tsa setshwantsho le go buisa se a se kwadileng • Ka thuso ya morutabana o kwala manaane a a bonolo ka ga ditlhogo, sk. 'Dilo tse di kgonang go fofa: nonyane/ seruru-bele/ notshe jj. 	
TLHATLHOBO	
<p>Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang :</p> <p>Go kwala: (tse di kwalwang)</p> <ul style="list-style-type: none"> • O kopolola dintlhatalhaloso tsa setshwantsho le go buisa se a se kwadileng • O kwala lenaane le le bonolo le le nang le setlhogo, sk. 'Diphologolo: ntšwa, katse, kgomo jj; Maungo: apole, panana, namune jj 	

DITLHANGWA/METSWEDI E E TSHTSHINTSWENG YA NGWAGA

GO REETSA LE GO BUA

- Dibuka tsa dikgang (Dibukakgolo) le dikgang tsa motlotlo
- Dibukakgolo tse di nang le nnete
- Diphousetara le ditshwantsho tse di tshegetsang dikgang le tlotlofoko
- Ditšhate tsa mebala le tsa dinomore
- Dipina, diraeme tsa tiragatso le maboko
- Dilo/didiriswa tse di amanang le dithitokgang le ditlhogo
- Diaparo tsa metshameko e e ka diragatswang mo phaposing
- DiCD, diDVD le mananeo a thelebišene
- Phaphete go itsise Puotlaleletso ya Ntlha

PUISO LE MEDUMOPUO

- Ditshwantsho le diphousetara
- Ditšhate tsa medumopuo
- Matshwaopapatso le dikao tse di maleba tsa mokwalo wa tikologo jaaka dikgetsana tsa go reka, matshwaokgwebo mo diphuthelwaneng jj
- Dibuka tsa puiso tse di tlhophilweng ka seemo
- Dibukakgolo (bonnye dibuka di le pedi tsa dikgang tse di farologaneng kgotsa ditlhangwa tse di senang nnete mo kgwed-itharong
- Mantuntuletso, maboko le dipina
- Ditlhangwa tse dingwe tsa mekwalo e e godisitsweng jaaka maboko, dipina le ditheneketso jj
- Dikarata tsa matshwao tsa dilwana tsa phaposi, di bontshiwa le mafoko a a nnang a le teng mo phaposiborutelong
- Disupi tse di dirisiwang fa go buisiwa mokwalo o o godisitsweng mo ditlhangweng, dikgang tsa mo dipoteng, dipontsho

GO KWALA LE MOKWALO

- Didiriswa tsa go kwala, sk. diphensele, dikheraeyone, dikheraeyone tsa mafura, pente, maboraše a a pentang, dipampiri tse di sa kwalelang tsa bogolo jo bo farologanang (A3, A4, A5)
- Ditšhate tsa dipampiri tse di pitikololwang le dipene tsa khokhi tse dikima

MOPHATO 2 PUOTLALELETSO YA NTLHA	
DITLHOKEGO TSA KGWEDITHARO	
KGWEDITHARO 1	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1
DITENG /DIKGOPOLO / DIKGONO	
Dibeke 1 — 5	
<i>Morutabana o tlhopha dithitokgang di le pedi tse di ba letlang go itsise tiriso gape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba ba ikaegile ka bokao/ tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe tse di jaaka dibukakgolo, diphousetara, morumo, dipina, metshameko le dilo tsa nnene tsa thitokgang e ba e tlhophileng.</i>	
Barutabana ba tshwanetse go leka go akaretsa ditirwana di le dintsí mo nakong e e rebotsweng. Ba itsise tirwana e ntšhwá go reetsa le go naya tatelano ya ditiragalo. Morutabana o tshwanetse go bontsha se ka go naya tatelano ya ditiragalo pele ka bona , (sk. ka se a se dirileng mo mafelong a beke) mme a tshegetsa barutwana gore ba neye tatelano ya bona ya ditiragalo. O tshwanetse go tshegetsa barutwana ka go bonelapele mafoko. Sk, 'Beke e e fetileng ke,...ke be, ke....morago ka,.....morago ga moo/foo ka.....A ba thusé gape ka pakaphethi e e bonolo. Barutwana ba tla ikatisa ka go reetsa le go naya ditiragalo tsa ng-waga otlhe. Se, se tla ba neela tšhono ya go dirisa pakaphethi le kgolagano ya dinako (sa pele, se se latelang.....,) mo tirisong. O tla kaelwa go ya pele mo karolong ya 4 kwa bofelong jwa tokomana.	
Morutabana o tshwanetse go tlhatlhoba barutwana a dirisa ditirwana tsa tlhatlhobo tse di sa tlhomamang tse di atlenegisitsweng mo dibeng tsa 1-5.	
Dibeke 6-10	
<i>Morutabana o tlhopha dithitokgang tse pedi tse dintšhwa tse di tla ba letlang go aga seo ba se dirileng mo dibekeng tse tlhano tsa pele. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise motheo wa popegopuo o o bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha.</i>	
Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe go feta gangwe fa go kgonagala. Ba tlhatlhobe gore a barutwana ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang tse di atlenegisitsweng mo dibekeng tsa 6-10. Barutabana ba dire ditirwana tsa tlhatlhobo e e tlhomameng kwa bofelong jwa kgweditharo.	
Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 mo bekeng)	
Ditirwana di farologane ka boleele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa di le pedi kgotsa di le tharo tse dikhutshwane gangwe mo bekeng.	
<ul style="list-style-type: none"> • Tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka 'maikutlo' • Sala morago ditaelo tse di bonolo, sk, thala setshwantsho sa sefatlhego se itumetseng. Jaanong thala setshwantsho sa sefatlhego se se sa itumelang. • Neela ditaelo tse di bonolo, sk, Thala setshwantsho sa sefatlhego se se itumetseng. • Tlhaloganya le go tsibogela dipotso tse di bonolo, jaaka Efe....? Ke ya ga mang...? Ke buka ya ga mang e? Ke kgang efe e o e batlang? • Dira dikopo le dithagiso tse di bonolo, sk, 'Ke nyorilwe.' 'Ke kopa metsi?' • Supa selo go tswa mo tlhalosong e e bonolo ya molomo, sk, Mosetsana o mo kutlobotlhokong. O a lela.' Barutwana ba lemoge sediriswa go tswa mo tlhalosong ya molomo e e bonolo, sk. mosetsana o utlwile botlhoko. O a lela. Barutwana ba tshwanetse go tshwantshanya tlhaloso le setshwantsho sentle.. • Tlotla ka dilo tse di mo setshwantshong o tsibogela ditaelo tsa morutabana, sk: 'O bona eng mo setshwantshong? Ntlotlele ka se o se bonang mo setshwantshong . • Reetsa tatelano ya ditiragalo e e bonolo, sk: Morutabana o bua se a se dirileng mo mafelong a beke e e fetileng. • Ka thuso go tswa go morutabana, neelana ka tatelano ya ditiragalo e e bonolo, sk, tlhalosa gore o ne o dira eng mo bekeng e e fetileng. 	

- Go ithuta ka tlhogo le go diragatsa dikopo tse di bonolo, ba diragatsa diraeme le dipina, sk, 'Tlhogo, magetla, sehuba le letheka, mangole le menwana, mangole le menwana'.
- Tshameka metshameko ya puo, sk, 'fopholetsa gore mongwe o ikutlwa jang go tswa mo tlhagisong ya maikutlo le puo ka dikarolo tsa mmele.

Ditirwana tse di tsepamisitsweng tsa go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlotlilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng, go tswa mo nakong e e leng teng, morutabana o tlotla kgotsa o buisa kgang (kgotsa go neela tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa go dirisiwa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukeng e kgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho sentle teng.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo kgotsa ditlhlangwa tse di nang le bonnete kgotsa buisa go tswa mo bukeng e kgolo kgotsa diphousetara tsa ditshwantsho, sk. Motse wa ſwa, ka go ijesa monate le go tsena fa gare fa go tshwanet-seng ka nako e e maleba.
- Go tlhaloganya le go tsibogela ditaelo, sk, 'Ntshupetse pidipidi e e itumetseng e e thumang mo letamong.'
- Araba dipotso tse dikhutshwane tse di bonolo tsa lefoko ka ga kgang, sk, 'Pidipidi e e itumetseng e thumela kwa kae? Pidipidi e e itumetseng e rata go ja eng?'
- Neela maina a dilo dingwe mo setshwantshong o tsibogela dipotso tsa morutabana, sk, 'Ke eng se?' 'Ke tlhapi' .
- Diragatsa kgang o dirisa dingwe tsa dipuisano.

Tlhabololo ya dikgopololo ,tlotlofoko le popego ya puo..

Go tsaya karolo mo ditirwaneng tse di fa godimo:

- Tswelela go tlhabolola tlotlofoko ya molomo, o akaretsa tlotlofoko e e akanngwang, sk. 'go tlhagisa maikutlo'
- Simolola go tsweletsa go tlhaloganya le bokgoni jwa tiriso e e bonolo ya popego ya puiso mo bokaong jwa puo e e tlhalo-ganyesegang, sk, Go tlhaloganya le go simolola go dirisa pakajaanong jaaka 'Ke ja bogobe le nnake' Dinako tse di farolo-ganeng jaaka'Sa ntlha/sa pele..', se se latelang.'

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua: (motlotlo/tiragatso)

Dibeke 1-5

- Supa setshwantsho go tswa mo tlhalosong e e bonolo ya molomo, sk. 'Mosetsana o mo kutlobotlhokong. O a lela.' Barut-wana ba nyalyane tlhaloso le setshwantsho se se nepagetseng.
- Reetsa tatelano ya tiragalo e e bonolo le go arabalipotso tse di bonolo ka ga sona, sk, Modise o dirile eng sa ntlha?. A bo a dira eng sa bobedi?.'

Dibeke 6-10

- Sala morago ditaelo tse di bonolo, sk, thala setshwantsho sa sefatlhego se itumetseng. Jaanong thala setshwantsho sa sefatlhego se sa itumelang. La bofelo, thala sefatlhego se se tenegileng.
- Neela tatelano ya ditiragalo tse di bonolo tsa molomo: 'Ka Sontaga ke tsogile ka ura ya bo 8. Ka simolola ka go tlhapa, morago ga foo, ka siamisa sefitlholo mme mo bofelong ra kgona go ya kwa kerekeng ka nako.

Tirwana 1 ya Tlhatlhobo e e tlhomameng:

- Go reetsa le go bua (molomo / tiriso)
- Reetsa tatelano ya ditiragalo tse di bonolo tsa molomo mme o arabalipotso tse di bonolo, sk: Modise o dirile eng sa ntlha?. A bo a dira eng sa bobedi?.'
- Supa go tlhaloganya dingwe tsa tshimololo ya tlotlofoko ya molomo ka go supa batho mo setshwantshong kgotsa o diragatse le go tsibogela ditaelo tsa morutabana, sk, Itire yo o utlwileng bothhoko/itumetseng/yo o tenegileng/yo o lapileng jj. Supa setshwantsho sa motho yo o utlwileng bothhoko/itumetseng/yo o tenegileng/yo o lapileng, jj.

KGWEDITHARO 1	
GO BUISA LE MODUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotso e le 30
DITENG/DIKGOPOLO/DIKGONO	
Temogo ya medumopuo (Metsotso e le 15 mo bekeng)	
<p><i>Morutabana o boeletsa medumo e e ikemetseng e le nosi ya ditlhaka, a simolola ka kamano ya medumo le ka tlhaka tse di tshwanang le tsa Puo ya Gae tse di leng botlhokwa mo dipuong tse dingwe. Ba aga mafoko a a tlwaelegileng a makhutshwane ba dirisa modumo o barutwana ba o itseng go tswa mo puong ya gae. Ka iketlo, ba itsise kamano ya modumo le mopeleto o o farologaneng mo puong ya gae le mo Puotlaleletsong yaNntiha (sk. setlhako/shoe ka Setswana le ka Seesimane). Ditirwana tse di tshwanetse di nne dikhutshwane(metsotso e le 5-10). Di ka nna tsa lomaganngwa mo ditirwaneng tsa Go reetsa le tsa Go bua le tsa Go buisa.</i></p> <ul style="list-style-type: none"> • Farologanya kutlo ya medumopuo magareng ga medumo e e tlhakanyang tlhogo (sk: 'e ' le 'i ' le 'o' le 'u. ') Farologanya kutlo ya medumopuo magareng ga medumo e e tlhakanyang tlhogo ('e' le 'i' le 'o' le 'u'). • Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dints.(sk :a, b, d, e, f, g, i, l, m, n, o, p, r, s, t, w). • Aga le go kgaoganya lefoko la ditlhaka di le 3 o dirisa medumo e e rutilweng.(a-g-a, a-ga, aga, o- m- a, o-ma, oma). 	
Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)	
<p><i>Puisokopanelo ke tirwana ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhengwa le morutabana. Mo Mophatong 2 , Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.</i></p>	
Puisokaelo ka ditlhophpha (bonnye jwa nako metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).	
<p>Barutabana ba itsise Puisokaelo ka ditlhophpha mo kgweditharong e. Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya phaposiboruteloo ka dikarolo di le 5 tsa bokgoni bo bo tshwanang ba puiso le go dira le setlhophpha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhophpha se, ditlhophpha tse dingwe di tla buisetsa mo ditlhopheng kgotsa ba tla dira puiso ka bobedi, ba dirisa ditlhengwa tse di bonolo tse di tlwaelegileng kgotsa ditirwana tse di amanang le setlhengwa. Dibuka di tshwanetse go nna bonolo ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhengwa. Barutwana ba dirile Puisokaelo ka Puo ya Gae go simolola mo mophatong 1, ka jalo, ba tshwanetse go bo ba tlwaetsa mokgwa wa puiso.</p>	
<p><i>Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha mo go nang le metsotso e le 30, ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.</i></p> <ul style="list-style-type: none"> • Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelong ka setlhophpha le morutabana. Setlhophpha sotlhe se buisa kgang e e tshwanang kgotsa setlhengwa se se nang le bonneta le morutabana. • Dirisa maano a puiso a a rutilweng mo puong ya gae go dira tlhaloganyo le go itekola ka boena fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a a buisang ntle le go a dumisa). • Buisa ka thelelo le go itthalosa sentle. • Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo. • Simolola go aga tlotlofoko go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi. 	
Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)	
<p><i>Barutwana ba tshwanetse go rotloediwa go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposiborutelong (sk, fa ba feditse tirwana pele ga nako) le kwa gae (sk, jaaka tirogae). Go botlhokwa gore tshono nngwe le nngwe mo phaposiborutelong e dirisetswe go tlhabolola puiso ya bona.</i></p> <ul style="list-style-type: none"> • Buisa mokwalo wa gagwe le wa ba bangwe . • Buisa ka nosi dibuka tse di buisetsweng ka nako ya Puisokaelo le dintlhatthaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang tsa Puotlaleletso ya Ntlha mo sekhutwaneng sa puiso mo phaposiborutelong. • Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le ya temepedi) go bona tlhaloso ya mafoko a a sa itsiweng. 	

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Medumopuo: (molomo/tiragatso)

- Aga le go kgaoganya lefoko la ditlhaka di le 3 o dirisa medumo e e rutilweng.(a-g-a, a-ga, aga, o- m- a, o-ma, oma).

Ditshitshinyo tsa ditirwana tsa tlhatlhobo:

Medumopuo: (molomo/tiragatso/mokwalo)

- Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dintsi (sk. a, b, d, e, f, g, i, l, m, n, o, p, r, s)

Ditshitshinyo tsa tirwana ya tlhatlhobo e e sa tlhomamang:

Puiso: (molomo/ tiragatso)

- Buisa ka thelelo e o ketsegileng le go itthalosa sentle.
- Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.

Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go buisa (puo ya molomo/tiragatso)

- Buisa setlhanga se se khutshwane se se kwadilweng (dipolelo tse 1-2 mo letlhareng) mmogo le morutabana ba latela taelo ya morutabana.

KGWEDITHARO 1	
GO KWALA	NAKO E E TSHITSHINTSWENG Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Ditirwana tsa go kwala (Gabedi mo bekeng)	
<ul style="list-style-type: none"> Dirisa dikgono tsa mokwalo tse di rutilweng ka Puo ya Gae. Kwala lenaane le le nang le ditlhogo . Tlhophia le go kopolola ntlhatlhaloso go e nyalanya le setshwantsho. Ka thuso ya morutabana kwala ntlhatlhaloso ya setshwantsho. Feleletsa dipolelo ka go tsenya mafoko a a tlogetsweng. 	
TLHATLHOBO	
Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:	
Mokwalo: (tse di kwalwang)	
Dibeke 1-5	
<ul style="list-style-type: none"> Ka thuso ya morutabana kwala dintlhatalhaloso tsa setshwantsho 	
Dibeke 6-10	
<ul style="list-style-type: none"> Feleletsa dipolelo di le 3 ka go tlatsa mafoko a a tlogetsweng 	
Tirwana 1 ya Tlhatlhobo e e tlhomameng:	
Mokwalo:	
<ul style="list-style-type: none"> Feleletsa dipolelo di le 3 ka go tlatsa mafoko a a tlogetsweng. 	

KGWEDITHARO 2	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG
	Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng
DITENG /DIKGOPOLO / DIKGONO	
Dibeke 1-5	
<p><i>Barutabana ba tlhopha dithitokgang di le pedi tse di ba letlang go itsise tiriso gape ya tlotlofoko, le go akaretsa ditirwana tse di mo lenaaneng le le fa tlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela.</i></p> <p><i>Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba ba ikaegile ka bokao le tiriso ya dithusathuto tse ba nang le tsona. Ba netefatse gore ba na le ditlhokego tsotlhe jaaka dibukakgolo, diphousetara, diraeme, dipina, metshameko le dilo tsa nneta tsa thitokgang e ba e tlhophileng.</i></p>	
Barutabana ba tshwanetse go leka go akaretsa ditirwana di le dintsí mo nakong e e neilweng/rebotsweng. Ba tshwanetse go tlhatlhoba barutwana ba dirisa ditirwana tsa tlhatlhobo tse di sa tlhomamang tse di atlanegiseditsweng dibeke 1-5	
Dibeke 6-10	
<p><i>Morutabana o tlhopa dithitokgang di le pedi tse dintšhwa tse di tla ba letlang go aga se ba se dirileng mo dibekeng tse tlhano tsa ntsha. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise gape motheo wa popegopuo o o bonolo fa ba bua le barutwana ka Puotlaletso ya Ntlha.</i></p>	
Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe, go feta gangwe fa go kgonagala.Ba tlhatlhobe barutwana ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang tse di atlenegiseditsweng mo dibekeng 6-10. Barutabana ba dire ditirwana tsa tlhatlhobo e e tlhomameng kwa bofelong ba kgweditharo.	
Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 ka beke)	
Ditirwana di farologane ka bolele. Morutabana a ka dira tirwana e le nosi e telele kgotsa di le pedi kgotsa di le tharo tse dikhutshwane gangwe mo bekeng.	
<ul style="list-style-type: none"> • Tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka ‘Maemo a bosa’ • Sala morago ditaelo tse di bonolo, sk.’Ema.’ ‘Tsamaya o ye go bula setswalo’. • Neela ditaelo tse di bonolo, sk.’Bula setswalo.’ ‘Tswala setswalo.’ • Tlhalogany le go tsibogela dipotso tse di bonolo jaaka, Efe....?Ke ya ga mang...?Ke mokgele wa ga mang o? • Dira dikopo le dithagiso tse di bonolo, sk, ‘Go tsididi.’ ‘Ke apara jeresi ya me.’ • Supa selo go tswa mo tlhalosong e e bonolo ya molomo, sk,’Go maruru.’ Barutwana ba nyalanye tlhaloso le setshwantsho se se nepagetseng. • Tlotla ka dilo tse di mo setshwantshong o tsibogela ditaelo tsa morutabana, sk, ‘Ke eng se o se bonang mo setshwantshong? Ntlotlele ka se o se bonang mo setshwantshong . • Reetsa tatelano ya ditiragalo e e bonolo, sk. ‘Morutabana o tlotla ka leeto la go ya kwa letamong la bothumelo ka letsatsi le mogote thata.’ • Ka thuso go tswa go morutabana, neelana tatelano ya ditiragalo e e bonolo, sk.’Tlotla ka ga loeto’. • Go ithuta ka tlhogo le go diragatsa maboko a a bonolo, ba diragatsa diraeme le dipina, ‘Peba di le tharo,...’ • Tshameka metshameko ya puo, sk, Barutwana ba dira ka ditlhophya –ba akanye ka diaparo tse ba di aparang fa go le mogote/fa go le tsididi. Setlhophya se se nnang le mafoko a le mantsi ke sona bafenyi. 	

Ditirwana tse di totileng go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlolilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng , go tswa mo nakong e e leng teng, morutabana o tlota kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlolilweng di ka diragadiwa go dirisiwa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukeng e kgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo kgotsa ditlhlangwa tse di nang le bonnete, kgotsa buisa go tswa mo bukeng e kgolo kgotsa phousetara ya ditshwantsho, sk.'Motse wa ſwa, ka go ijesa monate le go tsena khorase mo gare fa go tshwanetse.
- Go tlhaloganya le go tsibogela ditaelo, sk.'Ntshupetse maru'.Ntshupetse legodimo, bala matlapana a a fa fatshe, A makae ka palo?
- Araba dipotso tse dikhutshwane tse di bonolo tsa lefoko ka lefoko ka ga kgang ka dikarabo tse dikhutshwane, sk,'Bana ba itsitse jang gore pula e tla na ka moso?
- Neela maina a dillo dingwe mo setshwantshong o tsibogela dipotso tsa morutabana, sk: 'O bona eng fa fatshe. Matlapana a le matlhano.'
- Diragatsa kgang ka go dirisa mmuisano.
- Ka thuso ya morutabana boeletsa kgang.
- Tlhabololo ya dikgopololo, tlolofoko le popego ya puo.
- Go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela go aga tlolofoko ya molomo, o akaretsa tlolofoko e e nang le bokao, sk,'Tsa maemo a loapi'
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo., sk. Go tlhaloganya le go simolola go dirisa lediri jaaka 'Ke a apaya ' mefuta e mentsi ya matlhaodi (tse di tala; tse ditelele, yo mokhutshwane) .

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo/ tiragatso)

Dibeke 1-5

- Supa setshwantsho go tswa mo tlhalosong e e bonolo ya molomo, sk, "Pula e a na"
- Reetsa tatelano ya ditiragalo e e bonolo le go arabalipotso ka ga yona, sk, 'Mandla o dirile eng pele a tsena? O dirile eng fa morago ga foo?

Dibeke 6-10

- Araba dipotso tse di bonolo, sk, maemo a loapi a ntse jang gompieno?
- Neela tatelano ya ditiragalo tse di bonolo ka molomo, sk, Ka Sontaga ke tsogile ka ura ya bo 8. Ke tlhapile, morago ka apara diaparo tsa me mme mo bofelong, ra kgona go ya kwa kerekeng ka nako.

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo / tiragatso)

- Reetsa tatelano ya ditiragalo e e bonolo le go arabalipotso ka ga yona, sk. Morutabana o bua se a se dirileng mo mafelong a beke e e fetileng.

KGWEDITHARO 2	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 45 Bogolo jwa nako: Ura e le 1 le metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Temogo ya medumopuo (Metsotso e le 15 mo bekeng)	
<p><i>Ditirwana tse di tshwanetse di nne dikhutshwane (metsotso e le 5-10). Di ka nna tsa lomaganngwa le ditirwana tsa Go reetsa le Go bua le tsa Go buisa.</i></p> <ul style="list-style-type: none"> • Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dintsi. • Lemoga mafoko a a felelang ka go tshwana, sk. ng-nokeng, tlhageng sk na - malana, lesakana jj. • Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nngwe e bile a rumisana. (tala, fala, kala,) le medumo e e ikemetseng • Farologanya medumo ya kutlo ya ditumanosi tse di telele le tse dikhutshwane (sk. ‘maaka, mooki, le lona, bona ’) 	
Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)	
<p><i>Puisokopanelo mo tirwaneng ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhangwa le morutabana. Mo Mophatong 2, Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.</i></p>	
<p>Puisokaelo ka ditlhophpha (bonnye jwa nako metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).</p> <p>Barutabana ba itsise Puisokaelo ka ditlhophpha mo kgweditharong e. Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni bo bo tshwanang ba puiso le go dira le setlhophpha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhophpha se, ditlhophpha tse dingwe di tla buisetsana mo ditlhopheng kgotsa ba tla dira puiso ka bobedi, ba dirisa setlhangwa se se bonolo se se tlwaelegileng kgotsa ditirwana tse di amanang le setlhangwa. Dibuka di tshwanetse go nna bonolo ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhangwa.</p>	
<p>Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha, mo go nang le metsotso e le 30 fela, ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.</p> <ul style="list-style-type: none"> • Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelo ka ditlhophpha le morutabana. Setlhophpha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se a nang le bonneta le morutabana. • Dirisa maano a puiso a a rutilweng mo puong ya gae go dira tlhaloganyo le go itekola ka boena fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a ba a bonang le go a bua). • Buisa ka thelelo e e oketsegileng le go itlhalosa sentle. • Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo. • Simolola go aga tlotlofoko go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi. 	
<p>Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae). Barutwana ba rotloediwe go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposiborutelong.(sk. fa ba feditse tirwana pele ga nako) le kwa gae (sk. jaaka tiro gae). Go botlhokwa gore tshono nngwe le nngwe mo phaposing e dirisetswe go tlhabolola puiso ya bona.</p> <ul style="list-style-type: none"> • Buisa mokwalo wa gagwe le wa ba bangwe . • Buisa ka nosi dibuka tse di buisitsweng ka nako ya Puisokaelo le dinthathlhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang tsa Puotlaleletso ya Ntlha mo sekhutlwang sa puiso mo phaposiborutelong. • Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le temepedi) go bona tlhaloso ya mafoko a a sa itsi-weng. 	

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e tlhomameng :

Medumopuo: (motlotlo/tiragatso)

- Farologanya kutlo ya medumo ya ditumanosi tse di telele le tse dikhutshwane (sk. ‘maaka, mooki, le lona, bona’).

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Medumopuo:(motlotlo/tiragatso/e e kwadilweng)

- Supa kamano ya tlhaka le modumo ya ditlhakangwe tse dintsi .

- Tsweletsa kgaoganyo ya mafoko a a bonolo a a simololang ka tumammogo e le nosi e bile a rumisana, (tala, fala, kala,)

Ditshitshinyo tsa ditirwana tsa Tlhatlhobo e e tlhomameng :

Puiso: (motlotlo /tiragatso)

- Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelo ka ditlhophpha le morutabana. Ditslhophpha tsothe di buisa kgang e e tshwanang.

Tirwana 3 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Puiso (motlotlo/tiragatso/e e kwadilweng)

- Buisa dibukakgolo kgotsa mokwalo o o godisitsweng le morutabana, ba sala morutabana morago fa a supa. A dirisa ditshwantsho go ba thusa go tlhaloganya.

- Bontsha go tlhaloganya kgangkhutshwe, sk.golaganya setshwantsho le dintlhaththaloso kgotsa potso le karabo.

KGWEDITHARO 2	
GO KWALA	NAKO E E TSHITSHINTSWENG Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Ditirwana tsa go kwala (ga 2 kgotsa 3 mo bekeng.)	
Barutabana ba tshwanetse go tlhopha mo go tse di latelang; ba leke go akaretsa bontsi jwa ditirwana tse di le teng:	
<ul style="list-style-type: none"> • Dirisa ditirwana tsa mokwalo tse di rutilweng mo Puong ya Gae. • Tlhopha le go kopolola dintlhatalhaloso tse di ka nyalelanang le setshwantsho . • Ka thuso ya morutabana kwala dintlhatalhaloso tsa setshwantsho. • Feleletsa dipolelo ka go tlatsa ka mafoko a a tlogetsweng. • Kwala dipolelo o dirisa mafoko a a nang le medumopuo le mafoko a a tlwaelegileng a a tlhagelelang kgapetsakgapetsa a a setseng a rutilwe mo Puong ya Gae. • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (ditlhakakgolo le dikhutlo). • Aga sefala sa mafoko le thanodi ya bona. 	
TLHATLHOBO	
Ditshitshinyo tsa ditirwana tsa Tlhatlhobo e e tlhomameng :	
Go kwala:	
Dibeke 1-5	
<ul style="list-style-type: none"> • Feleletsa dipolelo di le 3 ka go tlatsa mafoko a a tlogetsweng. 	
Dibeke 6-10	
<ul style="list-style-type: none"> • Kwala dipolelo o dirisa mafoko a a nang le medumopuo le mafoko a a buisiwang ntle le go a dumisa, a ba setseng ba rutilwe. • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (ditlhakakgolo le dikhutlo). 	
Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:	
Go kwala:	
<ul style="list-style-type: none"> • Kwala dipolelo o dirisa mafoko a a nang le medumopuo le mafoko a a buisiwang ntle le go a dumisa a a setseng a rutilwe • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (ditlhakakgolo le dikhutlo) 	

KGWEDITHARO 3	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng
DITENG /DIKGOPOLO / DIKGONO	
Dibeke 1-5	
<p><i>Morutabana o tlhopha dithitokgang di le pedi tse di ba letlang go itsise tiriso gape ya tlollofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao le tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka dibukagolo, diphousetara, diraeme, dipina, metshameko le dilo tsa thitokgang e ba e tlhophileng.</i></p>	
<p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go feta gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba dirisa ditirwana tsa tlhatlhobo ya ntla e e tlhomameng e e atlenegisitsweng mo dibekeng 1-5.</p>	
Dibeke 6-10	
<p><i>Barutabana ba tlhopha dithitokgang tse pedi tse dintšhwa tse di tla ba letlang go aga se ba se dirileng mo dibekeng tse tlhano tsa ntla. Dithitokgang di ba letle go itsise tlollofoko e ntšhwa le go tiisa tlollofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise motheo wa popegopuo o o bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha.</i></p>	
<p>Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe, go feta gangwe fa go kgonagala. Ba tlhatlhobe barutwana ba dirisa ditirwana tsa bobedi tsa tlhatlhobo e e tlhomameng kwa bofelong ba kgweditharo.</p>	
Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 mo bekeng)	
<p>Ditirwana di farologane ka bolele. Morutabana a ka dira tirwana e telele a le nosi kgotsa di le pedi go ya go di le tharo tse dikhutshwane gangwe mo bekeng.</p> <ul style="list-style-type: none"> • Tswelela go tlhabolola tlollofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka 'metshameko' • Sala morago ditaelo tse di bonolo, sk.'Tsaya tlhoko o kwale leina la gago mo patitšhokong, jaanong tsaya sephimodi o phimole patitšhoko. • Neela ditaelo tse di bonolo, sk, 'Raga kgwele.' • Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Efe....? Ke ya ga mang...? Ke motshameko ofe o o ratang? Kgwele ya dinao. • Dira dikopo le dithagiso tse di bonolo, sk. 'Ke kopa go ya go tshameka kwa ntle? • Supa selo go tswa mo tlhalosong e e bonolo ya molomo, sk. 'Mosimane o raga kgwele.' Barutwana ba nyalanye tlhaloso le setshwantsho se se nepagetseng. • Tlotla ka dilo tse di mo setshwantshong o tsibogela ditaelo tsa morutabana, sk.'Ke eng se o se bonang mo setshwantshong? Ntlotlele ka ga se o se bonang mo setshwantshong.' • Reetsa tatelano ya ditiragalo tse di bonolo sk.'Morutabana o bua /tlotla ka motshameko wa kgwele ya dinao'. • Ka thuso go tswa go morutabana, neelana ka tatelano ya ditiragalo tse di bonolo sk.'fa a tla o tla tla fa thoko ga thaba '. • Go ithuta ka tlhogo le go diragatsa maboko a a bonolo, ba diragatsa diraeme le dipina, sk.'fa a tla o tla tla fa thoko ga thaba ' • Tshameka metshameko ya puo kwa ntle ga phaposi, sk. 'Pule, a re tsamaya ka iketlo, tsamaya ka iketlo'. 	

Ditirwana tse di totileng go reetsa le go bua (bonnye jwa nako metsots e le 15 x 1 mo bekeng bogolo jwa nako metsots e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlolilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng, go tswa mo nakong e e leng teng, morutabana o tlota kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlolilweng di ka diragadiwa go diriswa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukeng e kgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho sentle teng.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo kgotsa ditlhengwa tse di nang le bonnete le go buisa go tswa mo bukeng e kgolo kgotsa diphousetara tsa ditshwantsho, sk. Motshameko wa kgwele ya dinao, go ijesa monate le go tsena kgorase fa gare ka nako e e maleba.
- Go tlhaloganya le go tsibogela ditaelo, sk. Ntshupetse lebala la motshameko, ntshupetse dipale tsa motshameko, ntshupetse motshwaradino, bala batshameki, ba ba kae?
- Araba dipotso tse dikhutshwane tse di bonolo tsa lefoko ka lefoko ka dikarabo tse dikhutshwane ka ga setlhengwa sk. 'Ke mang yo o nositseng nno?'
- Neela maina a dillo dingwe mo setshwantshong, o tsibogela dipotso tsa morutabana, sk. 'Se ke eng?' 'Ke lebala la motshameko' .
- Diragatsa kgang o dirisa mmuisano.
- Ka thuso go tswa go morutabana, boeletsa kgang kgotsa neela tshobokanyo e e bonolo ya setlhengwa.
- **Tlhabololo ya dikgopololo, tlolofoko le popego ya puo.**
- Go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela go aga tlolofoko ya molomo, o akaretsa tlolofoko e e ba inaganelang yona, sk. tshupantlha -molema /moja
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisiswe mo puong e e nang le bokao ya molomo, sk. pakajaanong-tsweledi, sk, 'O raga kgwele'mefuta e e farologaneng ya matlhaodi, 'yo montle, se se tele.'

TLHATLHOBO

Ditshitsinyo tsa ditirwana tsa Tlhatlhobo e e sa tlhomamang :

Go reetsa le go bua (molomo / tiragatso)

Dibeke 1-5

- O arabalipotso tse di tlhamaletseng ka ga kgang
- Boeletsa kgang / sobokanya setlhengwa ka molomo (dipolelo di le tharo kgotsa di le nne)

Dibeke 6-10

- Araba dipotso tse di bonolo, sk. Ke motshameko ofe o o ratang?
- Supa ditshwantsho di le tharo go tswa mo tlhalosong e e bonolo ya molomo, sk. mosimane o tshameka kgwele ya dinao/ monna o tshameka motshameko wa thenese/ monna o tshameka kirikete.

Tirwana 3 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo/tiragatso)

- Reetsa tatelano ya ditiragalo tse di bonolo mme o arabalipotso tse di bonolo ka ga tsona sk. Ke setlhophya sefe se se nositseng pele? Ke setlhophya sefe se se nositseng morago?
- Bontsha go tlhaloganya tlolofoko ya motheo ya molomo ka go supa didiriswa mo phaposiboruteleng kgotsa mo setshwantshong kgotsa o di diragatse ka go tsibogela ditaelo tsa morutabana, sk. Mpontshe kgwele ya dinao, jj.

Tirwana 4 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo/tiragatso)

- Reetsa tatelano ya ditiragalo tse di bonolo ka molomo, sk. Pegelo ya se se diragetseng kwa metshamekong ya kgwele ya dinao
- Bontsha go tlhaloganya tlolofoko ya motheo ya molomo ka go supa didiriswa mo phaposiboruteleng kgotsa mo setshwantshong kgotsa o di diragatse ka go tsibogela ditaelo tsa morutabana, sk. 'Ntshupetse moetledipele wa setlhophya', jj. 'Supa motshwaradino'.

KGWEDITHARO 3	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng le metsotso e le 30
DITENG/DIKGOPOLO/DIKGONO	
<i>Temogo ya medumo le medumopuo(metsotso e le 15 mo bekeng)</i>	
<p><i>Barutabana ba tswelela go aga mafoko a makhutshwane a a tlwaelegileng. Ba itsise mengwe ya medumopuo e pataganeng e e tlwaelegileng, sa ntla mo tshimologong le kwa bokhutlong jwa mafoko. Ba leke go dirisa mafoko a barutwana ba setseng ba a itse mme ba a dirise mo dipolelong tse di bonolo .Ditirwana tse, di tshwanetse e nne tse dikhutshwane (5-10) di phatlhaladiwe mo bekeng. Di ka kgona go lotoganngwa le ditirwana tsa Go reetsa le Go bua le Go buisa .</i></p> <ul style="list-style-type: none"> • Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nosi le ka go raema (sk. t-ala, f-ala,.) • Kgobokanya mafoko a a tlwaelegileng a lesika le le lengwe (alafile, agile, bapile, fagile). • Lemoga bokhutlo jo bo tlwaelegileng mo mafokong (sk: -ng mo go ‘mofokeng’, ‘nageng’, le -ela mo go ‘rokela’, ‘ragela’) • Lemoga ditumammogo tsa ka gale tse di pataganeng mo tshimologong le mo bofelong jwa mafoko (sk :tl,th,kg, ng). 	
<i>Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)</i>	
<i>Puisokopanelo ke tirwana ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhawga le morutabana . Mo Mophatong 2, Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.</i>	
Puisokaelo ka Dithlophha (bonnye jwa nako, metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).	
<p>Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni jo bo tshwanang ba puiso le go dira le setlhophpha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhophpha se sengwe, ditlhophpha tse dingwe di tla buisetsana mo ditlhopheng kgotsa di tla dira puiso ka bobedi, ba dirisa setlhawga se se bonolo se se tlwaelegileng kgotsa ditirwana tse di amanang le setlhawga. Dibuka di tshwanetse go nna bonolo ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhawga.</p>	
<i>Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha mo go nang le metsotso e le 30 ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.</i>	
<ul style="list-style-type: none"> Buisetsa kwa godimo go tswa mo bukeng ya gago mo puisokaelo ka ditlhophpha le morutabana. Ditlhophpha tsotlhe di buisa kgang e e tshwanang kgotsa setlhawga se se nang le bonnete le morutabana. Dirisa maano a puiso a a rutilweng mo Puong ya Gae go dira tlhaloganyo le go itekola ka bona fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a a bonwang). Buisa ka thelelo le go itthalosa sentle. Bontsha go tlhaloganya matshwao a puiso fa a buisetsa kwa godimo. Tswelela go aga tlotlofoko ya mafoko a o a bonang o be o a bua go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi. 	
<i>Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae). Barutwana ba rotloediwe go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposing (sk. fa ba feditse tirwana pele ga nako) le kwa gae (sk. jaaka tiro gae). Go botlhokwa gore tshono e nngwe le e nngwe mo phaposing e dirisetswe go tlhabolola puiso ya bona.</i>	
<ul style="list-style-type: none"> Buisa mokwalo wa gagwe le wa ba bangwe . Buisa ka nosi ka ga dibuka tse di buisetsweng ka nako ya Puisokaelo le dintlhathlhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang ya Puotlaleletso ya Ntlha go tswa mo sekhutwaneng sa puiso mo phaposiboruteleng. Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le ya temepedi) go bona tlhaloso ya mafoko a a sa itsiweng. 	

TLHATLHOBO

Tirwana 3 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Medumopuo: (motlotlo/tiragatso/go kwala)

- Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nosi le ka go raema (sk :t-ala, f-ala,)
- Kgobokanya mafoko a a tlwaelegileng a lesika le le lengwe (alafile, agile, bapile, fagile).
- Lemoga bokhutlo jo bo tlwaelegileng mo mafokong (sk. -ng mo go 'mofokeng', 'nageng', le -ela mo go 'rokela', 'ragela').

Go buisa (motlotlo le/ tiragatso)

- Buisetsa kwa godimo mo bukeng ya gago mo puisongkaelo ka ditlhophpha le morutabana. Ditlhophpha tsotlhe di buisa kgang e tshwanang .
- Bontsha go tlhaloganya kgang e e kwadilweng e khutshwane , sk. latedisanya ditshwantsho, amanya dintlhatalhaloso/di-polelo le ditshwantsho.

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Medumopuo:(motlotlo/tiragatso/go kwala)

- Lemoga ditumammogo tslwaelegileng tse di pataganeng mo tshimologong le mo bofelong jwa mafoko.(sk :tl,th,kg, ng)

Go buisa (motlotlo/tiragatso)

- Buisa setlhengwa se sekhutshwane le morutabana mme o arabe dipotso tse di bonolo tsa molomo ka ga kgang.

KGWEDITHARO 3	
GO KWALA	NAKO E E TSHITSHINTSWENG Metsotso e e 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p>Ditirwana tsa go kwala (di le 2 / 3 mo bekeng).</p> <p>Morutabana a leke go akaretsa bontsi jwa tse di latelang fa nako e le teng :</p> <ul style="list-style-type: none"> • Dirisa dikgono tsa mokwalo tse di rutilweng ka Puo ya Gae. • Kwala dintlhatalhaloso tsa setshwantsho • Feleletsa dipolelo ka go tlatsa diphatlha tse di tlogetsweng. • Kwala dipolelo o dirisa mafoko a a nang le medumo le mafoko a o a bonang ka gale, a a setseng a rutilwe • Kwala dipolelo o dirisa letlhomeso la polelo, (sk. Ke rata -----Ga ke rate -----) • Kwala mafoko a a tlwaelegileng le dipolelo go tswa mo piletson. • Kwala sethangwa se se bonolo se se setseng se rutilwe ka Puo Gae, sk: karata ya molaetsa wa pholo • Dirisa maina le maemedi mo mokwalong (sk. nna, wena, ena, sona) • Peleta mafoko ka nepo go tswa mo kakanyong, sk.tlala, bua, reka kgotsa a dirisa kitsa ya medumopuo, sk. reka, boka, noka • Dirisa thanodi ya bana mo go tlhokegang • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (tlhakakgolo le khutlo) • Aga sefala sa mafoko le thanodi ya gagwe. 	
TLHATLHOBO	
<p>Tirwana 3 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:</p> <p>Go kwala:</p> <ul style="list-style-type: none"> • Kwala dintlhatalhaloso tsa setshwantsho. • Kwala dipolelo o dirisa letlhomeso la polelo, (sk.Ke rata -----Ga ke rate -----) <p>Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:</p> <p>Go kwala:</p> <ul style="list-style-type: none"> • Kwala dipolelo go tswa mo piletson, tsenya matshwao a puiso. • Kwala le go tshwantsha karata ya molaetsa wa pholo 	

KGWEDITHARO 4	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Dibeke 1-5	
<p><i>Morutabana o tlhopa dithitokgang di le pedi tse di ba letlang go itsise tirisogape ya tlotlofokole go akaretsa ditirwana tse di neetswengfatlase. Ela tlhoko gore dithitokgang /dithogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba ba ikaegile ka bokao le tiriso ya dithusathuto tseba nang le tsona. Ba netefatse gore ba na le ditlhokego tsotlhe jaakadibukakgolo, diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsathitokgang e ba ethophileng. Ba leke go akaretsa ditirwana tsotlhe go feta gangwe fa go kgonagala.</i></p> <p>Morutabana o tshwanetse go tlhatlhoba barutwana a dirisa ditirwana tsa tlhatlhobo tse di sa tlhomamang tse di atlenegisits-weng mo dibekeng 1-5</p>	
Dibeke 6-10	
<p><i>Morutabana o tlhopa dithitokgang tse pedi tse dintšhwa tse di tla ba letlang go aga seo ba sedirileng mo dibekeng tse tlhano tsa ntšha. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise gape motheo wa popegopuo o o bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha.</i></p> <p>Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe, go feta gangwe fa go kgonagala. Ba lekole barutwana ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang tse di atlenegisitsweng mo dibekeng 6-10. Barutabana ba dire ditirwana tsa tlhatlhobo e e tlhomameng kwa bofelong jwa kgweditharo.</p>	
Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 mo bekeng)	
<p>Ditirwana di farologana ka bolele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa di le pedi go ya go le di le tharo tse dikhutshwane gangwe mo bekeng.</p> <ul style="list-style-type: none"> • Tswelela go tlhabolola tlotlofoko ya molomo(go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka 'Ditlha tsa ngwaga'. • Sala morago ditaelo tse di bonolo, sk. Tla o nne fa pele mo phaposing. • Neela ditaelo tse di bonolo, sk. Opa diatla. • Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka,Efe....?Ke ya ga mang...?Ke setlha sefe se o se ratang thata mo ngwageng? Ke selemo. • Dira dikopo le dithagiso tse di bonolo, sk. 'A nka phutha dibuka tsa me? • Supa sediriso go tswa mo thalosong e e bonolo ya molomo, sk. Ke selemo. Letsatsi le a phatsima. Malomo a thuntse. Bana ba apere marukgwe a mantšhwa, ba rwele ditlhako tse di ntshang menwana. Barutwana ba nyalyane tlhaloso le setshwantsho se se maleba. • Tlotla ka didiriswa tse di mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. 'O bona eng mo setshwantshong ? Ntlotlele ka se o se bonang mo setshwantshong . • Reetsa tatelano ya tiragalo e e bonolo sk: Morutabana a bue/tlotle ka se a se dirileng ka leeto la go ya kwa lebenkeleng. • Ka thuso go tswa go morutabana, neelana ka tatelano ya tiragalo e e bonolo sk barutwana ba tlotlela morutabana ka se ba se dirileng • Ithute ka tlhogo le go diragatsa maboko a a bonolo, ba diragatsa diraeme le dipina, sk.'Naledi ele, ya maribe ribe, ribela ka pele, re ye go nwa metsi.....' • Tshameka metshameko ya puo, sk. Barutwana ba tshameka ka bobedi ba itaya mabogo,yo mongwe a neele motlhala mme yo mongwe a neele karabo, sk. Maina a dikoloi... - Toyota, Mazda, Jetta go fitlhela a felelwa go latele tšhono ya yo mongwe. Diphologolo tsa gae, katse, kgomo....jj. 	

Ditirwana tse di totileng go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlolilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng , go tswa mo nakong e e leng teng, morutabana o tlota kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlolilweng di ka diragadiwa go diriswa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukakgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho sentle teng.

- Reetsa dikgangkhutshwe, tlota ka tatelano ya ditiragalo kgotsa ditlhanga tse di nang le bonnete, kgotsa buisa go tswa mo bukeng e kgolo kgotsa diphousetara tsa ditshwantsho, sk.mariga, ka go ijesa monate le go tsena fa gare ka nako e e maleba.
- Go tlhaloganya le go tsibogela ditaelo, sk. Ntshupetse ditlhare. ‘A di na le dikala? Ke setlha sefe sa ngwaga jaanong?
- Araba dipotso tse dikhutshwane tse di bonolo ka lefoko le lengwe, sk. Semathana ke eng?
- Neela maina a dilo dingwe mo setshwantshong o tsibogela dipotso tsa morutabana, sk. ‘Se ke eng?’ ‘Ke tlhapi’
- Diragatsa kgang, o dirisa mmuisano
- Ka thuso ya morutabana, boletska kgang kgotsa o neele tshobokanyo ya kgang.

Tlhabololo ya dikgopololo, tlolofoko le popego ya puo.

Go tsaya karolo mo ditirwaneng tse di fa godimo:

- Tswelela go aga tlolofoko ya molomo, o akaretsa tlolofoko ya kgopololo, sk:go fetola –Ditlha tsa ngwaga.
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo. sk: go tlhaloganya le go simolola go dirisa madiri jaaka, ‘Ke a ja,’ mefuta e e farologaneng ya matlhaodi, ‘yo motala’, Matlhalosi, sk. kwa nokeng, ka bonako jj.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo/tiragatso)

Dibeke 1-5

- O arabalipotso tse di tlhamaletseng ka ga kgang
- Boletska kgang/sobokanya sethangwa ka molomo (dipolelo di le tharo kgotsa di le nne)

Dibeke 6-10

- Araba dipotso tse di bonolo, sk. Ke setlha sefe sa ngwaga se o se ratang?’
- Supa ditshwantsho di le tharo go tswa mo tlhalosong e e bonolo ya molomo, sk.’ke selemo, letsatsi le a phatsima’/ke mariga ditlhare di tlhotlhoregile/ke letlhahabula, dinonyane di aga dintlhaga

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua: (molomo / tiragatso)

- Reetsa tatelano ya ditiragalo tse bonolo, sk. Malatsi a me a boikhutso a selemo le go arabalipotso tse di bonolo ka ga ona, jaaka, sk. Modise o jetse malatsi a gagwe a boikhutso kae? O ne a dira eng fa a fitlha koo?
- O dirisa letlhomeso la polelo, o neela tatelano ya ditiragalo ya dipolelo di le 3-4.
- Bontsha go tlhaloganya tlolofoko ya motheo ya molomo ka go supa didiriswa mo phaposiborutelong kgotsa mo setshwantshong kgotsa o di diragatse ka go tsibogela ditaelo tsa morutabana, sk. ‘Mpontshe mokgele, jj
- Tlhaloganya mafoko a le 500 fa bonnye ba nako bo neilwe Puotlaleletso ya Ntlha le go fitlha go mafoko a le1000 fa bogolo jwa nako bo dirisetwa Puotlaleletso ya Ntlha. (Dirisa lenaane la mafoko le le mo Karolo 3 jaaka kaedi)

KGWEDITHARO 4	
PUISO LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako:Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng
DITENG/KGOPOLO/DIKGONO	
Temogo ya medumopuo (Metsotso e le 15 mo bekeng)	
<p><i>Morutabana o itsise ditumammogo tse di tlwaelegileng tse di pataganeng le ditumanosi tse di pataganeng,o dirisa mafoko a baithuti ba setseng ba a itse kgotsa mafoko aa ipoeletsang kgapetsakgapetsa.Fa ba itsise mafoko a mašwa ba netefatse gore barutwana ba tlhaloganya bokao le tiriso ya yona mo polelong.Ditirwana e nne tse dikhutshwane metsotso e le 5-10 mme e okediwe mo bekeng. Di ka nna tsa lomaganngwa le ditirwana tsa Go reetsa le Go bua le tsa Go buisa.</i></p> <ul style="list-style-type: none"> Kgobokanya mafoko a lesika le lengwe aa tlwaelegileng, sk: roka, loka, noka. Aga le go kgaoganya mafoko a a bonolo a a simololangka ditumammogo tsa ka gale tse di pataganeng.(tl-ala,kg-omo, ts-alala). Lemoga ditumanosi tse di pataganeng. ('oo' mo go 'lootsa','ee mo go 'leele'). Supa pharologanyo magareng ga ditlhaka le medumo e e thakanyang tlhogo.sk 'i' ,le 'o' 	
Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)	
<p><i>Puisokopanelo ke tirwana ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhawngwa le morutabana. Mo mophatong 2, Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.</i></p>	
<p>Puisokaelo ka Dithhopha (bonnye jwa nako ya metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).</p> <p>Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Nthla, ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni jo bo tshwanang ba puiso le go dira le setlhophpha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhophpha se, ditlhophpha tse dingwe di tla buisetsana mo ditlhopheng kgotsa ba tla dira puiso ka bobedi, ba dirisa setlhawngwa se se bonolo se se tlwaelegileng kgotsa ditirwana tse di amanang le setlhawngwa. Dibuka di tshwanetse go nna bonolo, ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhawngwa.</p> <p>Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Nthla mo go nang le metsotso e le 30 ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.</p> <ul style="list-style-type: none"> Buisetsa kwa godimo mo bukeng ya gago mo puisongkaelo ka ditlhophpha le morutabana. Dithophpha tsotlhe di buisa kgang e e tshwanang kgotsa ditlhawngwa tse di nang le bonnete le morutabana. Dirisa maano a puiso a a rutilwengo mo puong ya gae go dira tlhaloganya le go itekola ka bona fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a a bonwang) Buisa ka thelelo le go itlhalosa sentle. Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo. Tswelela go aga tlotlofoko go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi. <p>Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)</p> <p><i>Barutwana ba rotloediwe go buisa ka nosi Puotlaleletso ya Nthla fa ba na le nako e e sa dirisiweng mo phaposing (sk. fa ba feditse tirwana pele ga nako) le kwa gae (sk. jaaka tiro gae). Go botlhokwa gore tshono nngwe le nngwe mo phaposing e dirisetswe go tlhabolola puiso ya bona.</i></p> <ul style="list-style-type: none"> Buisa mokwalo wa gagwe le wa ba bangwe . Buisa ka nosi dibuka tse di buisetsweng ka nako ya Puisokaelo le dintlhathhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang tsa Puotlaleletso ya Nthla mo sekhutlwang sa puiso mo phaposiborutelong. Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le ya temepedi) go bona tlhaloso ya mafoko a a sa itsiweng. 	

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng :

Medumopuo: (motlotlo /tiragatso/e e lwadilweng)

- Kgobokanya mafoko a a tlwaelegileng a lesika le le lengwe (alafile, agile, bapile, fagile).
- Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nosi. (sk, t-ala, f-ala,)
- Lemoga ditumanosi tse di pataganeng. (sk. 'oo' mo go 'lootsa', 'ee' mo go 'leele')

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang :

Go buisa: (motlotlo/tiragatso)

- Boeletsa bontlhabongwe jwa kgang ka thuso ya morutabana (dipolelo di le 2-3)

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go buisa:(motlotlo/tiragatso)

- Bontsha go tlhaloganya kgang e e kwadilweng e khutshwane, sk. latedisanya ditshwantsho, amanya dintlhatlhaloso/dipolelo le ditshwantsho.
- Buisa setlhawng se se khutshwane (Bukakgolo kgotsa mokwalo o o atolositsweng) le morutabana a dirisa setlhogo go boneleapele le go araba dipotso tse dikhutshwane tsa molomo ka ga kgang.
- Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelo ka ditlhophpha le morutabana. Ditlhophpha tsotlhe di buisa kgang e e tshwanang.

KGWEDITHARO 4	
GO KWALA	NAKO E E TSHITSHINTSWENG Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Ditirwana tsa go kwala (ga 2 kgotsa ga 3 mo bekeng)	
<p>Morutabana a leke go akaretsa bontsi jwa tse di latelang fa nako e le teng :</p> <ul style="list-style-type: none"> • Dirisa dikgono tsa mokwalo tse di rutilweng ka Puo ya Gae. • Kwala dipolelo o dirisa mafoko a a nang le medumo le mafoko a a bonwang a buiwa a ba setseng ba a itse . • Kwala mafoko a a tlwaelegileng le dipolelo go tswa mo piletsong. • Tsenya dipolelo tse di tlhakatlhakaneng /di tswakantsweng ka tatelano go dira temana le go e kopolola. • Kwala temana ya bonnye dipolelo di le 3 ka setlhogo se se tlwaelegileng • Dirisa dikgono tse o di rutilweng mo Puo ya Gae, rulaganya tshedimosetso mo kerafong e e bonolo, sk. tshate kgotsa molanako. • Dirisa maina le maemedi mo mokwalong (sk. nna, wena, ena, sona) • Dirisa pakajaanong, pakatsweledi le pakatlang fa ba kwala . • Tiriso ya bontsi jwa mafoko a a tlwaelegileng fa ba kwala . • Peleta mafoko ka nepo go tswa mo kakanyong, sk. tlala, bua, reka kgotsa a dirisa kitso ya medumopuo, sk. reka, loka, noka • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (tlhakakgolo le khutlo) • Dirisa thanodi ya bana mo go tlhokegang • Aga sefala sa mafoko le thanodi ya gagwe. 	
TLHATLHOBO	
Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:	
Go kwala: (se se kwadilweng)	
<ul style="list-style-type: none"> • Kwala dipolelo di le tlhano go tswa mo piletsong o be o tsenya matshwao a puiso ka nepo . • Tsenya dipolelo tse ditlhakatlhakaneng /ditswakantsweng ka tatelano go dira temana le go e kopolola 	
Tirwana 5 e tshitshintsweng ya tlhatlhobo e e tlhomameng:	
Go kwala: (se se kwadilweng)	
<ul style="list-style-type: none"> • Kwala temana ya bonnye dipolelo di le tharo ka setlhogo se se tlwaelegileng. • Rulaganya tshedimosetso mo kerafong e e bonolo, sk. tshate kgotsa molanako 	

DITLHANGWA/METSWEDI E E TSHITSHINTSWENG YA NGWAGA**GO REETSA LE GO BUA**

- Ditshwantsho le diphousetara
- Dilwana tse di tsamaisanang le dithitokgang le setlhogo, dipaphete le bommamatlwane jj
- Ditshwantsho tse di tla latelanngwang
- Diaparo tsa maitirelo tsa go diragatsa metshameko e e etsisang le go diragatsa dikgang
- DiCD kgotsa ditheipi tse di nang le dikgang (tse di buisitsweng kgotsa tse di tlolilweng), maboko, diraeme le dipina, setshameka diCD kgotsa segatisamantswe, ditheipi tsa thelebišene le tsa bidio/diDVD
- Dibuka tsa dikgang le dikgang tse di anelwang ka molomo
- Metshameko ya puo (tsa molomo)

GO BUISA LE MEDUMOPUO

- Ditshwantsho le diphousetara
- Ditšhate tsa lebota tsa medumopuo
- Dibukakgolo - tse di nang le bonneta le tse di senang bonneta
- Dibuka tsa puiso tse di tlhophilweng ka seemo (dikgang di le 7-10)
- Dibukakgolo-tse dingwe di dirilwe ka nako ya Puisokopanelo.
- Dibuka tsa ditshwantsho tse di nang le dintlhatlhaloso (dibuka tsa dintlhatlhaloso)
- Dibuka tse dikhutshwane tse di itumedisang tse di nang le dipolelo di le 1-2 mo tsebeng, go dirisediwa sekhutlwana sa go buisa sa phaposiborutelo
- Dikarata tsa puiso/ditsekedima tsa didiriswa tsa phaposiborutelo, dipontsho le mafoko a a bonwang
- Ditšhate tsa alefabeto
- Disupi go dirisiwa fa ba buisa ditlhangwa tse di godisitsweng, dikgang tsa lebota le dilo tse di bontshiwang
- Dithanodi tsa bana (tsa temenngwe le temepedi)

GO KWALA LE MOKWALO

- Didiriswa tsa go kwala jaaka: diphensele, dikheraeyone tsa mebala, dikheraeyone tsa mafura, pampiri e e sa kwalelang ka bogolo jo bo farologaneng (A3, A4, A5), rula, raba, dibuka tsa go kwalela tse di thaletsweng tsa 17mm/ 8.5mm, dibuka tse di kwalelang tse di lolea
- Ditšhate tsa dipampiri tse di pitikololwang le dipene tsa khokhi tse dikima
- Dithanodi tse di bonolo tsa barutwana

MOPHATO 3 PUO YA TLALELETSO YA NTLHA SETSWANA**DITLHOKEGO TSA KGWEDITHARO****KGWEDITHARO 1****GO REETSA LE GO BUA (MOTLOTLO)****NAKO E E TSHITSHINTSWENG**

Ura e le 1 mo bekeng

DITENG/DIKGOPOLO/DIKGONO***Dibeke 1-5***

Barutabana ba tlhopha dithitokgang/ditlhogo di le pedi tse di ba letlang go itsise le tiriso gape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tsa bona tse di maleba di ikaegile ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka "Dibukagolo, diphousetara, diraeme, dipina, metshameko, dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fela fa go kgonagala.

Morutabana o tshwanetse go tlhatlhoba barutwana ka go dirisa Ditirwana tsa Tlhatlhobo ya Ntlha e e Tlhomameng e e atlenegitsweng mo dibekeng 1-5.

Dibeke 6-10

Barutabana ba tlhopha ditlhogo tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tsa ntlha tse 5. Dithitokgang di ba kgontshe go itsise tlotlofoko e ntšhwla le go tiisa tlotlofoko e e rutilweng. Dithitokgang di kgontshe morutabana go dirisa gape puo e e bonolo ya motheo wa dipopego fa a ntse a buisana le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba leke go akaretsa ditirwana di le dintsí mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa ditirwana tse di sa tlhomamang tsa tlhatlhobo tse di atlenegitsweng mo dibekeng 6-10. Ba dirise gape le tlhatlhobo e e tlhamaletseng.

Ditirwana tsa letsatsi (metsotsa e le 30)

Ditirwana di farologana ka bolele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa di le pedi/tharo tse dikhutshwane gangwe ka beke.

- Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang /ditlhogo jaaka "Diphologolo tse di tlhaga"
- Go latela ditaelo, sekao, "Ntshang dibuka tsa lona tsa go kwalela le diphesele" Kwala letlha mo sekhutlong sa letsogo la gago la moja
- Naya ditaelo tse di bonolo, sk. "Tshwara letsogo la me".
- Tlhalogany le go tsibogela dipotso tse di bonolo jaaka, Leng? Goreng? Kae? (O bone kae pitse ya naga? O e bone leng? Kwa sekgweng. Ngwaga o o fetileng.
- Go kopa go tlhalosediwa, sk. 'Ga ke tlhaloganye. Ke kopa gore o boeletse.'
- Tsibogelo le go dira kopo, sk. "Tsweetswee a nka dirisa thanodi e?
- Tsaya karolo mo motlotlong o mokhutshwane ka setlhogo se tlwaelegileng, sekao, "Maemo a bosa", "Balosika"
- Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sk. 'Ke namane e tona ya phologolo.' 'Ke yo mosetlhá'. 'Letlalo la me le makgwakgwa. Ke na le selopo se se leele le mmele o mo leele. Ke nna mang?'
- Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. "Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong.
- Reetsa tatelano ya tiragalo e e bonolo, sk. Morutabana o anegela barutwana ka ga loeto la go ya kwa serapeng sa diphologolo.
- Ka thuso ya morutabana, naya tatelano ya tiragalo e e bonolo, sk, morutwana o anegela morutabana ka ga sengwe se a se dirileng.
- Tlhalogany le go dirisa dipopego tsa puo mo tirisong, sk. pakaphethi , 'Ke bone thutlwa'.
- Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk, Diphologolo di tsamaya ka bobedi ka bobedi.
- Tshameka motshameko wa puo, sk. Mpolelele gore ke mang.

Ditirwana tse di totileng go reetsa le go bua (metsotso e le 30 mo bekeng)

Reetsa dikgang tse di tlotliwang le go buisiwa (Puisokopanelo)

Morutabana o tlota kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlottlweng di ka diragadiwa go dirisiwa puo ya dikarolo tsa mmele le diaparo tse di maleba tsa tiragatso go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go tswa mo Bukakgolong kgotsa mo phousetareng mo bana botlhe ba ka kgonang go bona ditshwantsho sentie.

- Reetsa dikgang tse dikhutshwane, tatelano ya ditiragalo kgotsa ditlhawng tse di nang le bonnete (sk. dintlha tsa tatelano ya tiragalo, ditaelo, dipegelo tsa tshedimosetso) tse di tlottlweng kgotsa tse di buisitsweng go tswa mo Bukeng e Kgolo kgotsa phousetara e e nang le ditshwantsho/dithalo go itumedisa.
- Reetsa dikgang, sk. 'Go tlie jang gore Thutlwa e nne le thamo e telele?' le tatelano ya ditiragalo tsa morutwana ka nosi le go araba dipotso tsa tekatthaloganyo jaaka 'Go tlie jang gore Thutlwa e nne le thamo e telele?'
- Ponelopele ya tiragalo e e tla latelang mo kgang kgotsa tatelano ya ditiragalo tsa morutwana ka nosi, sk. 'O akanya gore go tla diragala eng ka Thutlwa jaanong?'
- Utolola maikutlo ka kgang (A o ratile kgang, Goreng? Goreng o sa e rata?)
- Boeletska kgang.
- Reetsa ditlhawng tse e seng tsa boithamedi jaaka dikgopoloo tse di nang le mabaka le pegelo ya tshedimosetso ka ditlou le go araba dipotso tsa tekatthaloganyo, sk. Ditlou di ja eng? E dirisa mmele wa yona go dira eng?
- Ka thuso ya morutabana, naya tshobokanyo e e bonolo ya setlhawng se se nang le bonnete.
- **Tlhabololo ya dikgopoloo, tlottlofoko le dikarolo tsa puo**
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo
- Tswelelela go aga tlottlofoko ya molomo, e akaretse tlottlofoko ya dikgopoloo, sk. diphologolo - ditebegoo tsa tsona tsa mmele, mekgwa jj.
- Simolola go tlhabolola go tlhaloganya le bokgoni jwa go dirisa dipopego tsa puo tse di bonolo mo tirisong ya puo e e buiwang e tlhaloganyega, sk, maina a a nang le bontsi le a a senang bontsi, jaaka 'tlou/metsi, dipopipolelo, dipaka, sekao, pakajaanong - 'letlalo la me le makgwakgwa'. Pakaphethi - 'Ke bone thutlwa'

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (motlotlo/tiragatso)

Dibeke 1-5

- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka 'Leng...?' 'Goreng...?'
- Supa selo go tswa mo motlotlong o o bonolo o o tlhalosang, sk. 'Ke namane e tona ya phologolo. Ke na le thamo e telele thata. Ke kgona go ja mathare kwa godimo ga ditlhare. Ke nna mang?'

Dibeke 6-10

- Boeletska kgang ka go tlota.
- Tsaya karolo mo mmuisanong ka setlhogo se se tlwaelegileng.

Tshitshinyo ya tirwana 1 ya tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (motlotlo/tiragatso)

- Reetsa ditlhawng tse di nang le bonnete jaaka dintlha tsa tatelano ya ditiragalo kgotsa pegelo ya tshedimosetso le go araba dipotso tsa tekatthaloganyo ka molomo.
- Naya tshobokanyo e e bonolo ya molomo ka mela e le 3 kgotsa 4 ya setlhawng se se nang le nnete/boammaruri.
- Bontsha go tlhaloganya tlottlofoko ya molomo ka go supa dilo mo phaposing kgotsa mo setshwantshong o tsibogela dipotso/ditaelo go tswa go morutabana, sk 'Ke eng seo? "Supa selopo sa tlou".

KGWEDITHARO 1	
PUISO LE MEDUMOPUO	NAKO E TSHITSHINTSWENG Bonnye jwa nako: Ura e le 1 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotsso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Medumopuo (Metsotsso e le 15 mo bekeng)	
<p><i>Morutabana o boeletsa ditlhaka tse di tsamayang di le nosi le dingwe tsa ditumammogo tse di tlwaelegileng tse di pataganeng, go dirisiwa mafoko a barutwana ba setseng ba a itse kgotsa mafoko a a dirisiwang ka gale. Fa a itsise lefoko le le šwa, o tlhomamise gore barutwana ba tlhaloganya bokao le go le dirisa mo polelong. O naya ditirwana tsa kutlo ya medumopuo tse di batlang barutwana go supa medumo ya mafoko a Puotlaleletso ya Ntlha a ba a itseng. Ditirwana tse di tshwanetse go nna dikhutshwane (metsotsso e le 5 - 10) mme e arologantswe go ya ka beke. Di ka nna tsa lomaganngwa le ditirwana tsa Go reetsa le Go bua, le Go buisa</i></p>	
Dibeke 1 - 5	
<ul style="list-style-type: none"> Supa kamano ya modumo le tlhaka ya ditlhaka tse di tsamayang di le nosi, lemoga dipharologanyo tsa kapodiso magareng ga Puo ya Gae le Puotlaleletso ya Ntlha. Lemoga ditumanosi tse di pataganeng (.th, tl, kg, ts) kwa tshimologong ya lefoko, sk. (tha-la, tla-la, kga-la, tsa-la) Farologanya magareng ga kutlo ya medumo ya ditumanosi sk .(“o” mo go “podi” le mo go “ota” le “e” mo go “eta” le “leta” e dira modumo o o farologaneng. Aga le go kapodisa mafoko a makhutshwane (ditlhaka di le 3-4) o dirisa medumo e e ithutilweng. 	
Dibeke 6 - 10	
<ul style="list-style-type: none"> Lemoga ditumammogo tse di pataganeng (ng) kwa bofelong jwa lefoko (sekao, “ng” mo go nokeng, motlhhabeng) Lemoga ditumanosi tse di pataganeng, sk. (‘oo’ moopa, ‘oa’, ‘loa’ le ‘boa’). Aga le go kapodisa mafoko a makhutshwane (ditlhaka di le 3-4) o dirisa medumo e e ithutilweng. 	
Puisokopanelo (nako e beetswe go reetsa le go bua)	
<p><i>Puisokopanelo ke tirwana ya go buisa le go reetsa; e akaretsa go bua ka gone barutwana ba bua ka setlhawga le morutabana. Mo Mophato 3, Puisokopanelo e tla tswelela mme e le karolo ya Go reetsa le go bua.</i></p>	
<ul style="list-style-type: none"> Buisa setlhawga se se khutshwane se se kwadilweng (Buka e Kgolo kgotsa setlhawga se se godisitsweng) le morutabana mme a dirisa setlhogo go bonelapele. Araba dipotso tse di nang le bokao jo bo tlhamaletseng ka kgang, sk. ‘mosimane o ne a dira eng kwa sekolong?’ Tlhalosa ka moo kgang e amang maikutlo ka teng, le go fetogela kwa puong e nngwe. Tlhalosa ka moo kgang e mo amileng maikutlo ka teng. 	
Puisokaelo ka dithophpha (Bonnye metsotsso e le 45 le bogolo ura e le 1 le metsotsso e le 15)	
<p><i>Mo barutabana ba dirisang bogolo ba nako mo go Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka dithophpha di le 5 go ya ka bokgoni jwa bona jwa go buisa. Ba tshwanetse go dirisa puiiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhophpha sengwe le sengwe se dira ka setlhawga go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhophpha se le sengwe letsatsi le letsatsi metsotsso e le 15. Fa a ntse a dira le setlhophpha se, barutwana ba bangwe ba tla dira puiiso ka bobedi kgotsa Puiiso ka nosi kgotsa ditirwana tse di tsamaelang le setlhawga se se buisiwang .</i></p>	
Barutabana ba ba dirisang bogolo ba nako mo go Puotlaleletso ya Ntlha, ba tshwanetse go dira Puisokaelo ya phaposi yotlhe gararo ka beke.	
<p>Puisetsogodimo go tswa mo dibukeng tsa bona, mo Puisokaelong ya setlhophpha le morutabana. Se, se kaya gore setlhophpha sotlhe se buisa kgang e e tshwanang kgotsa setlhawga se se nang le bonnete/boammaruri le morutabana.</p> <ul style="list-style-type: none"> Dirisa ditogamaano tsa puiiso tse o di ithutilweng mo Puong ya Gae go tlhaloganya le go itekola fa o buisa (mediumopuo, tiriso e e nang le motlhala, tshekatsheko ya popego, mafoko a a bonwang fela,) Puiiso ka thelelo e e oketsegileng le go tlhalosa sentle. 	

- Supa go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Tswelela go aga tlotlofoko e e bonwang go tswa mo puisong, e ka nna Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puontlaleletso ya Ntlha fa ba sa dire sepe mo phapos-ing, sekao, fa morutabana a dira le setlhophpha sa Puisokaelo kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwa go buisa kwa gae, seno e nne tirogae.

- Buisa tiro ya gago le ya ba bangwe e e kwadilweng.
- Buisa buka ka nosi ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatalhaloso le dibuka tsa ditshwantsho mo Puotlaleletsong ya Ntlha mo sekhutlhwaneng sa puiso mo phaposiborutelong.
- Buisa ka nosi dibuka tse di dirisiwang mo Puisokaelong
- Puiso ya maboko a a tlwaelegileng le diraeme.
- Tiriso ya dithanodi tsa ditshwantsho tsa bana (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng.

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Medumopuo: (motlotlo kgotsa tiragatso/e e kwadilweng)

- Aga le go kapodisa mafoko a makhutshwane (ditlhaka di le 3-4) o dirisa medumo e e ithutilweng.

Tirwana 1 ya tlhatlhobo e e tshitshintsweng

Medumopuo: (motlotlo/tiragatso)

- Supa kamano ya modumo le tlhaka ya ditlhaka tse di tsamayang di le nosi, lemoga dipharologanyo tsa kapodiso magareng ga Puo ya Gae le Puotlaleletso ya Ntlha.
- Lemoga ditumanosi tse di pataganeng (th, tl, kg, ts) kwa tshimologong ya lefoko (sk tha-la, tla-la. kga-la, tsa-la)
- Lemoga ditumammogo tse di pataganeng (ng) kwa bofelong jwa lefoko (sk. "ng" mo go nokeng, motlhobeng)

Ditshitshinyo tsa tlhatlhobo e e tlhomameng:

Puiso (motlotlo/tiragatso)

Puisokopanelo

- Buisa kgang e khutshwane (Bukakgolo kgotsa setlhophpha se se godisitsweng) le morutabana, o dirisa setlhogo go dira ponelopele.
- Araba dipotso tsa bokao jo bo tseneletseng tsa kgang, sk. 'Go diragetse eng fa thutlwae e simolola go nwa metsi.

Puisokopanelo ka setlhophpha

- Bontsha go tlhaloganya le go buisa ka thelelo fa o buisa ka maemo a gago a puiso le morutabana.

Puiso ka nosi

- Bontsha go tlhaloganya le go buisa ka thelelo fa o buisa o le nosi.

Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Puiso (motlotlo/tiragatso)

Puisokopanelo

- Boeletsa kgang kgotsa sobokanya setlhophpha se se nang le bonnete/boammaruir

Puisokopanelo ka setlhophpha

- Buisa dikgang le setlhophpha ka maemo a gago a puiso le morutabana.
- Dirisa mafoko a nnang a le teng, medumopuo le dikgono tsa tekatlhologanyo go tlisa bokao.

KGWEDITHARO 1	
GO KWALA TIRISO YA PUO	NAKO E E TSHITSHINTSWENG Go kwala Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng Tiriso ya puo: Metsotso e le 30
DITENG/DIKGOPOLO/DIKGONO	
Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ura e le 1 mo bekeng)	
<p><i>Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi fa bogolo ba nako bo dirisiwa mme fa go dirisiwa bonnye ba nako, go dirwe tirwana e le nngwe.</i></p> <ul style="list-style-type: none"> Dirisa dikgono tsa mokwalo o o rutilweng mo Puo ya Gae Kwala manaane a a raraaneng a a nang le ditlhogo, sk., 'Diphologolo tse di tlhaga' jaaka tlou, thutlwa, tau le pitse ya naga. Kwala setlhengwa se se bonolo, sk. karata ya matsalo Kwala ditaelo tse di bonolo, sk. lenaane la go apaya (resep) o kaelwa ke morutabana Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng Dirisa dikgato tsa go kwala (go dira ditlhengwa tsa ntlha, go kwala, go tseleganya, go tlhagisa) Dirisa matshwao a puiso a a rutilweng mo Puo ya Gae, sk. (khutlo, phegelwana, letshwao la potso, letshwao la kgakgamalo le matshwao a nopol.) Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a a sa tlwaelegang mo kitsong ya medumopuo Aga sefala sa mafoko le thanodi e e leng ya gagwe. Dirisa dithanodi tsa bana (ya temenngwe le ya temepedi). 	
Ditirwana tsa tiriso ya puo (Metsotso e le 30 ka beke)	
<p><i>Ka ditirwana tse, barutwana ba tla simolola go tota thutapuo e e dirisiwang. Thutapuo e tshwanetse go rutiwa ka mokgwa wa tiriso e e nang le bokao.</i></p> <ul style="list-style-type: none"> Tlhaloganya le go dirisa pakajaanong. Tlhaloganya le go dirisa masupi, sk. (le, tse, ba, a, se) Tlhaloganya le go dirisa marui, sk.(Ke buka <u>ya</u> me, Ke setlhako <u>sa</u> me) Boeletsa thutapuo nngwe e e ithutilweng kwa ntle ga phaposiborutelo/kwa gae. 	
TLHATLHOBO	
Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang	
Go kwala (e e kwadilweng)	
<ul style="list-style-type: none"> Ka tshegetso ya morutabana, kwala ditaelo tse di bonolo sk. (<u>bukatsatsi</u>) 	
Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:	
Go kwala (e e kwadilweng)	
<ul style="list-style-type: none"> Kwala temana ya dipolelo di le (4-6) ka ditlhogo tse di tlwaelegileng 	
Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang	
Tiriso ya puo: (e e kwalwang)	
<ul style="list-style-type: none"> Kwala dintlhathhaloso tsa ditshwantsho o dirise letlhomeso. Go na le..... Kwala dipolelo tse di nang le bokao o dirisa marui ka nepagalo 	
Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:	
Go kwala: (e e kwadilweng)	
<ul style="list-style-type: none"> Kwala dipolelo tse di nang le bokao o dirisa pakajaanong ka nepagalo. 	

KGWEDITHARO 2	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG Ura e le 1 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Dibeke 1-5	
<p>Barutabana ba tlhopha dithitokgang di le pedi tse di tla ba kgontshang go itsise le go dirisa tlotlofoko gape, le go dira ditirwana tse di neetsweng fa tlase fa. Ela tlhoko gore ditirwana tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse ba tlhopha dithitokgang tse di maleba ba lebile bokao jwa tsona le didiriswa tse di leng teng. Ba netefatse fa ba na le Dibukakgolo tse di tlhogekang, diphousetara, diraeme, dipina, metshameko le didiriswa tsa nnete tsa thitokgang e ba e tlhophileng.</p> <p>Barutabana ba tshwanetse ba leke go dira ditirwana tse dintsí fa go kgonagala go ya ka nako e ba nang le yona. Ba tshwanelwa ke go tlhatlhoba barutwana ba dirisa Ditirwana tsa Tlhatlhobo e e sa Tlhomamang tse di tshitshintsweng tsa dibeke tsa 1-5.</p>	
Dibeke 6-10	
<p>Barutabana ba tlhopha ditlhogo tse di tla ba kgontshang go aga mo go se ba se dirileng mo dibekeng tsa ntsha tse tlhano. Dithitokgang di ba kgontshe go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e e rutilweng. Dithitokgang di kgontshe morutabana go dirisa dipopego tsa puo ya motheo e e bonolo fa a ntse a buisana le barutwana ka Puotlaleletso ya Ntsha.</p> <p>Barutabana ba leke go akaretsa ditirwana di le dintsí mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa Ditirwana tsa Tlhatlhobo e e sa tlhomamang mo dibekeng 6-10. Ba dirise gape le Ditirwana tsa Tlhatlhobo e e Tlhomameng.</p>	
Ditirwana tsa letsatsi le letsatsi (metsotsos e le 30 mo bekeng)	
<p>Ditirwana di farologana ka bolele. Morutabana a ka dira tirwana e le nngwe e telele di le pedi kgotsa di le tharo tse dikhutshwane gangwe mo bekeng.</p> <ul style="list-style-type: none"> • Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang /ditlhogo jaaka “Go jala ditlhare” • Go latela ditaelo, sk. ‘tshela mmu mo pitseng ya malomo’, ‘tsenya peo mo mmung,’khurumetsa peo ka mmu’, la bofelo, ‘tshela peo metsi’. • Naya ditaelo tse di bonolo, sk. ‘tshela peo metsi’ • Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka Leng? Goreng? Kae? (O bone kae pitse ya naga? O e bone leng? Kwa sekgweng. Ngwaga o o fetileng). • Go kopa go tlhalosediwa, sk. ‘Ga ke tlhaloganye. Ke kopa gore o boeletse.’ • Tsibogelo le go dira kopo, sk. ‘Tweetswee, a nka dirisa thanodi?’ • Tsaya karolo mo motlotlong o mokhutshwane ka setlhogo se se tlwaelegileng, sk. ‘Metshameko’ ‘moletlo wa botsalo wa tsala’ • Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sk. ‘ke monnye mme ke thata. Fa o nnaya mmu e metsi ke gola go nna sejalo. Ke nna mang?’ • Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. ‘Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong. • Reetsa tatelano ya ditiragalo e e bonolo sk. Morutabana o anegela ka ga go jala. ‘Tshela mmu mo pitsaneng ya malomo,o tsenya peo mo pitsaneng ya malomo, o khurumetsa peo ka mmu. o e nosetsa. o e tlhokomela go fitlha e gola. • Go naya tatelano e e bonolo ya ditiragalo ka molomo, sk. ‘Go jala peo’ O e tlhokomela jang go fitlha e gola e nna sejalo. • Tlhaloganya le go dirisa dipopego tsa puo di le mo tirisong, sk. pakaphethi, ‘Ke jadile peo mo mmung maabane.’ • Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk. Re tla jala dijalo, mme ra ja maungo go gompala’ • Tshameka motshameko wa puo, sk. ‘ke go bona gabedi’ 	

Theetso le puiso e e tlhomameng (metsotsa e le 30 mo bekeng)

Go reetsa dikgang tse di tlotliwang le tse di buisiwang (Puisokopanelo)

E dirwe gabedi mo bekeng fa go na le nako, morutabana a tlotle kgang kgotsa a e buise (go tlotla tatelano ya ditiragalo). Dikgang tse di tlotliwang di ka diragadiwa go dirisiwa dikarolo tsa mmele le diaparo tsa go diragatsa go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go tswa mo Bukakgolo kgotsa mo phousetareng e e nang le dithalo/ditshwantsho mo barutwana botlhe ba ka kgonang go bona setshwantsho sentle mo go yona.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo ka morutwana ka nosi kgotsa ditlhlangwa tse di nang le bonneta/boammarruri sk. tatelano ya ditiragalo di na le mabaka, ditaelo le pegelo ya tshedimosetso e e tlottlweng le go buisiwa go tswa mo Bukakgolong kgotsa kgotsa phousetara ya ditshwantsho/dithalo go itumedisa.
- Reetsa dikgangkhutshwe le tatelano ya ditiragalo ka morutwana ka nosi mme o arabe dipotso tsa tekatlhaloganyo, sk. 'Ba kumutse lelomo jang mo mmung?'
- Ponelopele ya tiragalo e e tla latelang mo kgang kgotsa to ya motho ka namana, sk. (O akanya gore go tla diragala eng ka peo e e jadilweng?) tatelano ya ditiragalo ka morutwana ka nosi (o nagana gore go tlife go diragala eng morago ga se?'
- Utolola maikutlo ka ga kgang (A o rata go dira mo tshingwaneng? Goreng o go rata?)
- Boeletska kgang.
- Reetsa ditlhlangwa tse di senang bonneta/boammaruri jaaka tatelano ya tiragalo e e nang le mabaka le pegelo ya tshedimosetso ka ga dijalo le go araba dipotso tsa tekatlhaloganyo. Sk. 'Dijalo di re thusa ka eng?' 'Naya mosola wa metsi'
- Ka thuso ya morutabana, naya tshobokanyo e e bonolo ya setlhlangwa se se nang le bonneta/boammaruri..

Tlhabololo ya dikgopololo, tlotlofoko le dipopego tsa puo

Ka go tsaya karolo mo ditirwaneng tse di fa godimo

- Tswelela go aga tlotlofoko ya molomo le tlotlofoko ya kgopololo, sk. tlhaloso ya thulaganyo e e rileng –"Thulaganyo ya botshelo jwa dimela'
- Simolola go tlhabolola kitso le dikgono tsa popegopuo e e bonolo mo tirisong e e nang le bokao mo puong e e buiwang, sk. maina mo bongweng le bontsi le maina a a senang bontsi.

TLHATLHOBO

Ditshitshinyo tsa Dirwana tsa tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso)

Dibeke 1-5

- Go bua ka ga setshwantsho
- Tsaya karolo mo motlotlong o mokhutshwane ka go bua ka ga setlhogo se se tlwaelegileng, sk. 'Go lema tshingwana'

Dibeke 6-10

- Reetsa tatelano ya ditiragalo e e dirwang ka molomo
- Naya tatelano ya ditiragalo e e bonolo e e dirwang ka molomo

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso)

- Reetsa setlhlangwa se se nang le bonneta/boammaruri le go araba dipotso tsa tekatlhaloganyo ka molomo.
- Supa go tlhaloganya tlotlofoko ya molomo ka go supa dilo mo phaposiboruteleng kgotsa setshwantsho go tsibogela dipotso/ditaelo go tswa go morutabana, sk. 'Ke eng se?' Supa medi ya sejalo?'

Tirwana 3 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso)

- Reetsa kgang le go e tlotla gape.
- Supa go tlhaloganya tlotlofoko ya molomo ka go supa dilo mo phaposiboruteleng kgotsa setshwantsho go tsibogela dipotso/ditaelo go tswa go morutabana.' Sk. 'Tlhalosa dikgato tsa go jala dithare/peo/merogo'

KGWEDITHARO 2	
GO BUISA LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Ura e le 1 mo bekeng Bonnye jwa nako: Ura e le 1 le metsotsotso e le 30
DITENG/DIKGOPOLO/DIKGONO	
Medumopuo (Metsotsotso e le 15 mo bekeng)	
<p><i>Morutabana o itsise ditumanosi tsa ka gale tse di pataganeng, ditumammogo tse di pataganeng, a dirisa mafoko a barutwana ba a itseng kgotsa a a dirisiwang ka gale. Fa o itsise lefoko le le šwa, morutabana o netefatsa gore barutwana ba tlhaloganya bokao le go ka le dirisa mo dipolelong. O ba naya ditirwana tsa kutlo tse di tlhokang gore barutwana ba lemoge mafoko a a rumisiwang. Ditirwana tse e nne tse dikhutshwane di aname ka beke. Di ka lotaganngwa le ditirwana tsa go reetsa le go bua le go buisa</i></p>	
<p>Dibeke 1 - 5</p> <ul style="list-style-type: none"> Lemoga bonnye ditumanosi di le tharo tse dišwa tse di pataganeng (sk. 'aa' mo go 'maaka', 'ee' mo go 'leeba', 'ii' mo go 'tiisa', 'oo' mo go 'mooko') Lemoga tiriso ya ditumanosi tse di pataganeng, (sk. 'aa' mo go 'maaka', 'ee' mo go 'leeba', 'ii' mo go 'tiisa', 'oo' mo go 'mooko') Aga le go dumisa mafoko o dirisa medumo e e ithutilweng. Dibeke 6 - 10 Dirisa ditumanosi tse di pataganeng go aga le go kgaoganya mafoko ka dinoko sk. (no-ko ; n-ku : n-ta) Lemoga mafoko a a itsiweng, sk. 'O lelela letsele a leletse'. Pharologanyo magareng ga medumo e meleele le e mekhutshwane ya ditumanosi, sk. 'lootsa.' 'lopa', 'leeba', 'leba' Aga le go dumisa mafoko o dirisa medumo e e ithutilweng. 	
Puisokopanelo (nako e setse e abetswe go reetsa le go bua)	
<p><i>Puisokopanelo ke tirwana ya go buisa le go reetsa; e akaretsa gape go bua ka gonne barutwana ba bua ka ga setlhangwa le morutabana. Mo Mophatong wa 3, Puisokopanelo e tla tswelela mme e le karolo ya go reetsa le go bua.</i></p> <ul style="list-style-type: none"> Buisa setlhangwa se sekhetshwane se se kwadilweng (Bukakgolo kgotsa setlhangwa se se godisitsweng) morutabana a dirisa setlhogo sa ponelopele. Araba dipotso tsa lefoko ka lefoko ka ga kgang, sk. 'Mosimane o ne a dira eng kwa sekolong?' Tlhalosa ka moo kgang e mo amileng maikutlo ka teng, fetogela kwa puong e nngwe fa go tlhokega. 	
Puisokaelo ka dithlophpha (Bonnye metsotsotso e le 45, bogolo ura e le 1 le metsotsotso e le 15)	
<p><i>Fa barutabana ba dirisa bogolo ba nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka dithlophpha di le 5 go ya ka bokgoni jwa bona jwa go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhophpha sengwe le sengwe se dira ka setlhangwa go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhophpha se le sengwe letsatsi le letsatsi metsotsotso e le 15. Fa a ntse a dira le setlhophpha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puisokaelo ka nosi kgotsa ditirwana tse di tsamaelang le setlhangwa se se buisiwang.</i></p>	
<p><i>Fa barutabana ba dirisa bogolo ba nako mo Puotlaleletso ya Ntlha, ba tshwanetse go dira Puisokaelo le barutwana botlhgararo mo bekeng.</i></p> <ul style="list-style-type: none"> Go buisetsagodimo go tswa mo dibukeng tsa bona mo setlhopheng sa Puisokaelo le morutabana. Se, se kaya gore setlhophpha sotlh se buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete/boamaruri le morutabana. Go dirisa ditogamaano tsa puiso tse di ithutilweng mo Puo ya Gae, go dira tlhaloganyo le go itekola fa o buisa (medumopuo, metlhala ya tiriso, tshekatsheko ya popego, mafoko a a bonwang). Go buisa ka thelelo e e oketsegileng le go tlhalosa sentle. Go supa go tlhaloganya matshwao a puiso fa o buisa. Go tswelela go aga tlolofoko e e bonwang go tswa mo puisong, e ka nna puisokanelo, Puisokopanelo le Puisokaelo ka nosi. 	

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puotlaleletsong ya Ntlha fa ba sa dire sepe mo phapos-ing, sk. fa morutabana a dira le setlhophpha sa Puisokaelo kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwe go buisa kwa gae, seno e nne tirogae.

- Buisa tiro ya gago e e kwadilweng le ya ba bangwe.
- Buisa dibuka ka nosi tse di buisitsweng ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatalhaloso le dibuka tsa dikgang tse di nang le ditshwantsho mo Puotlaleletso ya Ntlha go tswa mo sekhutlwaneleng sa puiso sa phaposiborutelo.
- Buisa maboko le diraeme tse di tlwaelegileng.
- Dirisa dithanodi tsa ditshwantsho tsa bana (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

TLHATLHOBO

Ditirwana tse di tshitshintsweng tsa tlhatlhobo e e sa tlhomamang

Medumopuo: (motlotlo/tiragatso/tiro e e kwadilweng)

- Farologanya magareng ga medumo ya ditumanosi tse di telele le tse dikhutshwane, sk. 'aa', 'maaka', 'ee', 'leeba' 'ii', 'tiisa', 'oo, 'lootsa" le ditumanosi tse dikhutshwane, sk. 'leba', 'lopa'

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Medumopuo: (motlotlo/tiragatso/tiro e e kwadilweng)

- Lemoga ditumanosi tse di pataganeng, (sk. boa, loa, bua.)
- Lemoga ditumanosi tse di sa utlwaleng, (sk. 'o' wa bobedi mo go mooki, 'a' wa bobedi mo go maaka, jj)

Tirwana 3 e e Tshitshintsweng ya Tlhatlhobo e e Tlhomameng

Medumopuo: (motlotlo/tiragatso/tiro e e kwadilweng)

- Dirisa ditumammogo tse di pataganeng go aga le go aroganya mafoko, (sk. 'no-ng', 'n-ko', n-ta.)
- Aga le go dumisa mafoko o dirisa mediumo e e ithutilweng.

Ditirwana tse di tshitshintsweng tsa tlhatlhobo e e sa tlhomamang

Puiso (motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tse dikhutshwane ka setlhengwa
- Boeletsa karolo ya kgang ka thuso ya morutabana

Puisokaelo

- Bontsha go tlhaloganya le go buisa ka thelelo fa ba buisa go ya ka maemo a bona a puiso le morutabana.

Ditirwana tse di tshitshintsweng tsa tlhatlhobo e e tlhomameng

Puiso(motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tsa lefoko ka ga kgang kgotsa setlhengwa se se nang le bonnete/boamaruri, sk 'Go diragala eng fa peo ya nawa e simolola go tlhoga?'

Puisokopanelo ka setlhophpha

- Bontsha go tlhaloganya le go buisa ka thelelo fa ba buisa go ya ka maemo a bona a puiso le morutabana.

Puiso ka bobedi/Puiso ka nosi

- Bontsha go tlhaloganya le go buisa ka thelelo fa ba buisa ka nosi.

KGWEDITHARO 2	
GO KWALA	NAKO E E TSHITSHINTSWENG
TIRISO YA PUO	<p>Bonnye jwa nako: Metsotso e le 30 mo bekeng</p> <p>Bogolo jwa nako: Ura e le 1 mo bekeng</p> <p>Tiriso ya puo: Metsotso e le 30 mo bekeng</p>
DITENG/DIKGOPOLO/DIKGONO/	
<p>Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ba nako, ura e le 1 mo bekeng)</p> <p><i>Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi fa bogolo ba nako bo dirisiwa, mme fa go dirisiwa bonnye ba nako, go dirwe e le nngwe.</i></p> <ul style="list-style-type: none"> • Dirisa dikgono tsa mokwalo o o rutilweng mo Puong ya Gae • Kwala manaane a a raraaneng go ya ka dithlого sk. Dilo tse di tlhokiwang ke dijalo, metsi, mmu, lesedi, mowa o o phepa. • Ka kaelo ya morutabana, kwala tatelano ya ditaelo tse di bonolo, sk. tsela ya go jala ditlhare/merogo/dithunya • Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng • Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk. tsheko ya botshelo jwa sejalo. • Dirisa dikgato tsa go kwala (go kwaka ditlhlangwa tsa ntla, go kwala, go tseleganya, go tlhagisa) • Dirisa matshwao a puiso a a rutilweng mo Puong ya Gae, sk. khutlo, phegelwana, letshwao la potso, letshwao la kgakgamo le matshwao a nopol.) • Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a a sa tlwaelegang a dirisa kitsa ya medumopuo • Aga sefala sa mafoko le thanodi e e leng ya gagwe. • Dirisa dithanodi tsa bana (tsa temenngwe le temepedi) <p>Ditirwana tsa tiriso ya puo (Metsotso e le 30 mo bekeng)</p> <p><i>Ka ditirwana tse, barutwana ba tla simolola go tsepama mo thutapuong e le mo tirisong. Thutapuo e tshwanetse go rutiwa e le mo tirisong e e nang le bokao.</i></p> <ul style="list-style-type: none"> • Tlhalogany le go dirisa pakatsweledi sk. 'Re jala peo • Tlhalogany le go dirisa maina a a senang bontsi le a a nang le bontsi, sk. metsi, madi • Boeletsa thutapuo nngwe e e rutilweng go tswa mo Mephato R — 2 	
TLHATLHOBO	
<p>Tirwana 1 e e tshitshintsweng ya tlhatlhobo:</p> <p>Mokwalo:(e e kwadilweng)</p> <ul style="list-style-type: none"> • Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk 'tsheka ya botshelo jwa sejalo' <p>Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:</p> <p>Mokwalo: (e e kwadilweng)</p> <ul style="list-style-type: none"> • Kwala temana ya dipolelo di le (6-8) ka setlhogo se se tlwaelegileng. <p>Tirwana 3 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:</p> <ul style="list-style-type: none"> • Ka kaelo ya morutabana kwala ditaelo tse di bonolo, sekao, lenaneo la go dira tshingwana ya dijalo,. <p>Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomameng</p> <p>Tiriso ya puo: (e e kwadilweng)</p> <ul style="list-style-type: none"> • Tlhalogany le go dirisa maina a a senang bontsi le a a nang le bontsi, sk. metsi, madi <p>Tiriso ya puo: (e e kwadilweng)</p> <ul style="list-style-type: none"> • Feleletsa dipolelo o dirisa pakatsweledi <p>Tiriso ya puo: (e e kwadilweng)</p> <ul style="list-style-type: none"> • Kwala dipolelo tse di tlhabosang o dirisa pakatsweledi ka nepagalo. 	

KGWEDITHARO 3	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG
	Ura e le 1 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Dibeke 1-5	
<p>Barutabana ba tlhopha dithitokgang di le pedi tse di ba kgontshang go itsise le go dirisa tlotlofoko gape le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore dithlhogo tse di tshitshintsweng ke tsa kaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tsa bona tse di maleba, di ikaegile ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le dithlokego tsotlhe jaaka 'Dibukakgolo, diphousetara, diraeme, dipina, metshameko, didiriswa tsa nnene mabapi le thitokgang e ba e tlhophileng.</p>	
<p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fela fa go kgonagala.</p>	
<p>Morutabana o tshwanetse go tlhatlhoba barutwana ka go dirisa Ditirwana tsa Tlhatlhobo e e sa Tlhomamang e e atlenegisitsweng mo Dibekeng 1- 5.</p>	
Dibeke 6-10	
<p>Barutabana ba tlhopha dithlhogo tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tse tlhano tsa ntliha. Dithitokgang tse di ba kgontshang go itsise tlotlofoko e ntshwa le go tiisa tlotlofoko e e rutilweng. Dithitokgang di letle barutabana gore gangwe le gape ba dirise dipopego tsa puo tsa motheo tse di bonolo fa a bua le barutwana ka Puotlaleletso ya Ntliha. Barutabana ba leke go akaretsa ditirwana di le dintsi mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa Ditirwana tse di sa Tlhomamang tsa Tlhatlhobo tse di atlenegisitsweng mo dibekeng 6-10. Ba dirise gape le tlhatlhobo e e tlhomameng.</p>	
Ditirwana tsa letsatsi (metsotsi e le 30 mo bekeng)	
<ul style="list-style-type: none"> • Go tswelala go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang/dithlhogo jaaka 'Go dira setshwantsho' • Go latela ditaelo, go tswa mo go morutabana. • Go naya ditaelo tse di bonolo, sk. 'Dirisa mmala o mohibidu" • Go tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Leng? Goreng? Kae?' Mmala o o serolwana o o bona kae?' Goreng re dirisa mmala o mohibidu?" • Go kopa go tlhalosediwa, sk.' Ga ke tlhaloganye. Ke kopa gore o boeletse.' • Go 'tsibogelo le go dira kopo, sk, 'Tsweetswee, a nka dirisa thanodi?' • Tsaya karolo mo motlotlong o mokhutshwane ka ga setlhogo se se tlwaelegileng, sk,' Metshameko', 'moletlo wa botsalo wa tsala' • 'Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sk.' Ke mosimane yo moleele. Selemo ke nna motala mme mariga ke a setlhafala. Bana ba me ba a tlhotlhorega. Ke na le dijo tsa me e bong menontsha e e tswang mo mmung. Ke nna mang?' • 'Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. 'Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong.' • Reetsa tatelano ya tiragalo e e bonolo. Sk. Morutabana o anegela ka ga go jala. 'O tsenya peo mo pitsaneng ya malomo, o khurumetsa peo ka mmu. O nosetsa peo ya gagwe. O a e tlhokomela go fitlha e gola. • Ka thuso ya morutabana, naya tatelano ya tiragalo e e bonolo, sk. 'Go dirisa mebala e e farologaneng go ngoka kgatlhego. • Go tlhaloganya le go dirisa dipopego tsa puo mo setlhogong, sk. maemedi,' 'Rona re rata bona.' • Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk. 'O lala a leletse letsele' • Tshameka motshameko wa puo, sk. 'Ke go bona gabedi ka letsatsi' 	

Theetso le puiso e e tlhomameng (metsots e le 30 mo bekeng)

Go reetsa dikgang tse di tlotliwang le tse di buisiwang (Puisokopanelo)

Gabedi mo bekeng, fa go na le nako e e ka dirisiwang, morutabana a buise/tlotle kgang kgotsa a buise kgang (tatelano ya ditiragalo). Dikgang tse di buiwang di ka diragadiwa ka go dirisa puo ya dikarolo tsa mmele le moaparo go tiisa bokao. Dikgang tse di buisiwang go tswa mo Bukakgolng kgotsa diphousetara tse di bontshitsweng tse bana botlhe ba ka kgonang go di bona.

- Reetsa dikgang tse dikhutshwane, telano ya ditiragalo tsa morutwana ka nosi kgotsa ditlhlangwa tse di nang le bonnete/boamaruri, sekao, telano ya ditiragalo le mabaka a a di tlholang, ditaelo, dipegelo tsa tshedimosetso tse di buiwang kgotsa buisiwang go tswa mo Bukakgolong kgotsa phousetara e e nang le ditshwantsho/dithalo e bile e itumedisa.
- Reetsa dikgang (sk,diphologolo di epa letamo) le telano ya ditiragalo tsa motutwana ka nosi le go araba dipotso tsa tekatthaloganyo, (sk,Goreng kgosi ya diphologolo e ne e bitsa pitso?)
- Bonelapele se se tla diragalang mo kgang kgotsa telano ya ditiragalo tsa motutwana ka nosi le ‘Fa o bona, go tla dira-gala eng ka diphologolo tse di sa tllang pitsong?’
- Tlhagisa maikutlo ka ga kgang (A o ratile kgang)
- Boeletska kgang
- Reetsa setlhlangwa se se nang le bonnete/boamaruri jaaka setlhlangwa sa tsamaiso. O ka dira jang mmamatlhwana le go araba dipotso tsa tekatthaloganyo?.(o tla tlhoka eng go dira mmamatlhwana?).
- Ka thuso ya morutabana, naya tshobokanyo ya setlhlangwa se se nang le bonnete/boamaruri..

Tlhabololo ya dikgopololo, tlotlofoko le Popego ya puo

Ka go tsaya karolo mo ditirwaneng tse di fa godimo.

- Tswelela go aga tlotlofoko ya molomo go akaretsa le tlotlofoko ya dikgopololo.sk.tthalosa dikgato; go dira dilo
- Tthalosa dikgato...go dira dilo, sk“Go thala phousetara”
- Simolola go tlhabolola kitso le dikgono tsa dipopego tsa puo tse di bonolo mo tirisong e e nang le bokao mo puong e e buiwang, sk, maina a a nang le bontsi le a a se nang bontsi le masupi

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (motlotlo /tiragatso)

Dibeke 1-5

- Latela le go neela ditaelo

Dibeke 6-10

- Reetsa telano ya tiragalo e khutshwane
- Naya telano ya tiragalo e khutshwane ya molomo

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/ tiragatso)

- Reetsa kgang le go araba dipotso tsa tekatthaloganyo ka molomo
- Boeletska kgang
- Supa go tlhaloganya tlotlofoko ka go supa dilo ka mo phaposing kgotsa mo ditshwantshong go tsibogela dipotso/ditaelo tsa morutabana

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/ tiragatso)

- Naya telano ya ditiragalo ka ga maitemogelo a gagwe a jaanong.

KGWEDITHARO 3	
GO BUISA LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG Bonnye jwa nako: Ura e le 1 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotso e le 30
DITENG/DIKGOPOLO/DIKGONO	
Medumopuo (metsotso e le 15 mo bekeng)	
<p><i>Morutabana o itsise ditumanosi tse dišwa tse di pataganeng le ditumammogo tse di pataganeng, a dirisa mafoko a barutwana ba setseng ba a itse kgotsa mafoko a ba a dirisang kgapetsakagpetsa. Fa ba itsise lefoko le lešwa, a netefatse gore barutwana ba ba tlhaloganya bokao le go a dirisa mo polelong. O naya ditirwana tsa theetso tse di tlhokang gore barutwana ba lemoga pharologanyo ya kamano magareng ga modumo/mopeleto mo Puong ya Gae le Puotlaleletso. Ditirwana tse di tshwanetse go nna tse dikhutshwane (metsotso e le 5-10)mme di phathaladiwe mo bekeng. Di kgona go lotaganngwa le ditirwana tsa go reetsa le go bua, le go buisa</i></p>	
Dibeke 1 - 5	
<ul style="list-style-type: none"> Farologanya magareng ga modumo o o kwa godimo le o o kwa tlase wa ditumanosi (sk., 'e' mo go 'epa', 'leta,') Lemoga pharologanyo ya kamano magareng ga modumo le mopeleto mo dipuo tse dingwe, (sk, (ntlo le nda, tlou le ndou.) Lemoga tiriso ya ditumanosi tse di pataganeng tse tlhano, (sk,lootsa, beela) Aga le go dumisa mafoko a ithutilweng. 	
Dibeke 6 - 10	
<ul style="list-style-type: none"> Farologanya magareng ga modumo o o kwa tlase le o o kwa godimo wa ditumanosi, (sk. keketa, lelema, kokota, popota, popona jj.) Lemoga pharologanyo ya kamano magareng ga modumo le mopeleto mo dipuo tse dingwe, (sk. ntlo le nda, tlou le ndou, cat le 'icici') Lemoga ditumammogo tsa modumo wa tlhakatharo o o pataganeng mo tshimologong le mo bokhutlong jwa mafoko, (sk. tlh, tsh, kgw) Lemoga ditumammogo tse pedi tsa modumo o o pataganeng, (sk. ts ,tl, th) Aga le go dumisa mafoko a a ithutilweng 	
Puisokopanelo (nako e beetswe Go reetsa le Go bua)	
<p><i>Puisokopanelo ke tirwana ya go buisa le go reetsa, e akaretsa go bua ka gonne barutwana ba bua ka setlhawga le morutabana. Mo Mophatong 3, Puisokopanelo e tla tswelela mme e le karolo ya go reetsa le go bua.</i></p>	
<ul style="list-style-type: none"> Buisa setlhawga se se khutshwane se se kwadilweng (Bukakgolo kgotsa setlhawga se se godisitsweng) morutabana a dirisa setlhogo sa ponelopele. Araba dipotso tsa lefoko ka ga kgang, sk. 'A batho ba ne ba kgona go bona sepoko?' Tlhalosa ka moo kgang e amang maikutlo, fetogela kwa puong e nngwe fa go tlhogagala. 	
Puisokaelo ka dithophha (Bonnye metsotso e le 45, bogolo ura e le 1 le metsotso e le 15)	
<p><i>Fa barutabana ba dirisa bogolo ba nako mo Puong ya Tlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka ditlhophha di le 5 go ya ka bokgoni ba go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhophha sengwe le sengwe se dira ka setlhawga go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhophha se le sengwe letsatsi le letsatsi metsotso e le 15. Fa a ntse a dira le setlhophha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puisokaelo ka nosi kgotsa ditirwana tse di tsamaelang le setlhawga se se buisiwang.</i></p>	
Fa barutabana ba dirisa bogolo ba nako mo Puong Tlaleletso ya Ntlha ba tshwanetse go dira Puisokaelo le phaposi yotlhe gararo mo bekeng.	
<ul style="list-style-type: none"> Buisetsa godimo go tswa mo bukeng ya gago mo setlhopheng sa Puisokaelo le morutabana. Se, se kaya gore setlhophha sotlhe se buisa kgang e e tshwanang kgotsa setlhawga se se nang le bonnate/boammaruri le morutabana. Go dirisa ditogamaano tse di ithutilweng mo Puong ya Gae go dira tlhaloganyo le go itekola fa o buisa (medumopuo, tiriso e e nang le mothala, tshekatsheko ya popego, mafoko a a bonwang) 	

- Puiso ka thelelo e e oketsegileng le go itlhalosa sentle.
- Supa go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Tswelela go aga tlotlofoko e e bonwang go tswa mo puisokanelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puotlaleletso ya Ntlha fa ba sa dire sepe mo phaposiborutelong, sk. fa morutabana a dira le setlhophsa Puisokaelo, kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwa go buisa kwa gae, se, e nne tirogae.

- Buisa tiro ya gago le ya ba bangwe e e kwadilweng.
- Buisa buka ka nosi ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatlhaloso, dibuka tsa ditshwantsho mo go Puotlaleletso ya Ntlha mo sekhutwaneng sa puiso mo phaposiborutelong.
- Puiso ya maboko a a tlwaelegileng le diraeme.
- Tiriso ya dithanodi tsa ditshwantsho tsa bana (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

TLHATLHOBO

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang

Medumopuo: (motlotlo/tiragatso)

- Lemoga kamano ya modumo le mopeleto le dipuo tse dingwe sk ‘tlou’, ‘ndou’ le ‘ntlo’, ‘ndu’

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Medumopuo: (motlotlo le tiragatso)

- Pharologano ya modumo o o kwa tlase le o o kwa godimo wa ditumanosi, sk. ‘e’ mo go ‘epa’ le ‘leta’
- Lemoga ditumanosi tse di pataganeng tse tlhano mo mafokong, sk, ‘oo’ mo go ‘lootsa’, ‘ee’ mo go ‘leeba’.

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Medumopuo: (motlotlo le tiragatso)

- Lemoga ditumammogo tsa modumo wa tlhakatharo o o pataganeng kwa tshimologong le kwa bokhutlong jwa mafoko, sk.(tlh, tsh, kgw)
- Lemoga ditumammogo tse pedi tsa modumo o o pataganeng, sk. (ts,tl,th)
- Aga le go dumisa mafoko a a ithutilweng

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang

Puiso:(motlotl/tiragatso)

Puisokopanelo

- Araba dipotso tse dikhutshwane tsa motlotlo
- Boeletsa bontlhabongwe ba kgang ka kaelo ya morutabana

Puisokopanelo ka ditlhophsa

- Bontsha go tlhaloganya le thelelo fa o buisa ka maemo a gago a puiso le morutabana

Tirwana 4 le 5 tse di tshitshintsweng tsa tlhatlhobo e e sa tlhomamang

Puiso:(motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tsa lefoko ka ga kgang kgotsa ditlhengwa tse di nang le bonneta/boammaruri sk, A batho ba kgona go bona sepoko? A o dumela gore go na le sepoko?
- Puisokopanelo ka ditlhophsa
- Bontsha go tlhaloganya le thelelo fa o buisa ka maemo a gago a puiso le morutabana
- Puiso ka bobedi/nosi
- Bontsha go tlhaloganya le thelelo fa o buisa ka maemo a gago a puiso o le nosi

KGWEDITHARO 3	
GO KWALA TIRISO YA PUO	NAKO E E TSHITSHINTSWENG GO RUTA Go kwala Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo: Ura e le 1 mo bekeng Tiriso ya puo: Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ura mo bekeng)	
<i>Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi mo bekeng fa bogolo ba nako bo dirisiwa, mme fa go dirisiwa bonnye ba nako, go dirwe e le nngwe mo bekeng.</i>	
<ul style="list-style-type: none"> Dirisa dikgono tsa mokwalo o o rutilweng mo Puong ya Gae Kwala manaane a a pataganeng go ya ka dithogo sk. Dilo tse di tlhokiwang fa a rala setshwantsho, (pampiri, dipene tsa mebala e e farologaneng) Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk, dithhokego tsa phousetara Ka kaelo go tswa go morutabana, tatelano ya ditiragalo tsa maitemogelo a gago, sk. maabane ka dirile mmamatlhwane. Sa ntlha ke.....morago ka.....kwa bokhutlong ka..... Dirisa dikgato tsa go kwala (go dira dithhangwa tsa ntlha, go kwala, tselegano) Dirisa matshwao a puiso a a rutilweng mo Puong ya Gae sk. dikhutlo, phegelwana, letshwao la potso, letshwao la kgakgmalo le matshwao a nopolو. Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a a sa tlwaelegang o dirisa kitsa ya medumopuo. Dirisa pakapheti ka nepagalo e e oketsegang. Aga sefala sa mafoko le thanodi e e leng ya gagwe. Dirisa dithanodi tsa bana (temenngwe le temepedi) 	
Ditirwana tsa tiriso ya puo (Metsotso e le 30 ka beke)	
<i>Ka ditirwana tse, barutwana ba tla simolola go tsepama mo thutapuong e e dirisiwang. Thutapuo e tshwanetse go rutiwa ka mokgwa wa tiriso e e nang le bokao.</i>	
<ul style="list-style-type: none"> Tlhaloganya le go dirisa pakaphethi sk, 'maabane ke dirile setshwantsho sa tau Tlhaloganya le go dirisa maina a a nang le bontsi le le a senang bontsi sk, metsi, madi (Poeletso) Tlhaloganya le go dirisa marui. sk, Ke buka <u>ya me</u>: Ke setlhako <u>sa me</u> Boeletsa thutapuo nngwe e e rutilweng mo Mophato R - 2 	

TLHATLHOBO

Ditshitshinyo tsa ditirwana tse di sa tlhomamang

Go kwala:(e e kwadilweng)

- Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk, ditlhokego tsa phousetara

Ditshitshinyo tsa ditirwana tse di tlhomameng 1

Go kwala:(e e kwadilweng)

- Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng.

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

- Kwala tatelano ya tiragalo ya morutwana ka nosi

Ditshitshinyo tsa ditirwana tse di sa tlhomamang

Tiriso ya puo (e e kwadilweng)

- Kwala dipolelo tse di nang le bokao o dirisa maina a a nang le bontsi le le a senang bontsi

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Tiriso ya puo; (e e kwadilweng)

- Feleletsa dipolelo o dirisa pakaphethi.

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Tiriso ya puo: (e e kwadilweng)

- Kwala dipolelo ka pakaphethi ka nepagalo.

KGWEDITHARO 4	
GO REETSA LE GO BUA (MOTLOTLO)	NAKO E E TSHITSHINTSWENG YA GO RUTA
	Ura e le 1 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p>Dibeke 1-5</p> <p>Barutabana ba tlhopha dithitokgang/ditlhogo di le pedi tse di ba letlang go itsise le tirisogape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore ditlhogo tse di tshitshintswe ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tsa bona tse di maleba di ikaegile ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka "Dibukakgolo, diphousetara, diraeme, dipina, metshameko, dilo tsa nnete mabapi le thitokgang e ba e tlhophileng".</p> <p>Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fela fa go kgonagala. Morutabana o tshwanetse go tlhatlhoba barutwana ka go dirisa Ditirwana tsa Tlhatlhobo ya Ntlha e e sa Tlhomamang e e atlenegisitsweng mo go Beke 1-5</p>	
<p>Dibeke 6-10</p> <p>Barutabana ba tlhopha ditthitokgang tse di tla ba kgontshang go aga mo go se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di ba kgontshe go itsise tlotlofoko e ntšhwla le go tiisa tlotlofoko e e rutilweng. Dithithokgang di kgontshe morutabana go dirisa gape puo e e bonolo ya motheo wa popego fa a ntse a buisana le barutwana mo Puong ya Ntlha.</p> <p>Barutabana ba leke go akaretsa ditirwana di le dintsi mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa ditirwana tse di sa tlhamomang tsa tlhatlhobo tse di atlenegisitsweng mo dibekeng 6-10. Ba dirise gape le tlhatlhobo e e tlhomameng kwa bokhutlong ba kgweditharo.</p>	
<p>Ditirwana tsa letsatsi (Metsotsotso e le 30 mo bekeng)</p> <p>Ditirwana di farologana ka bolele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa tse pedi kgotsa di le tharo tse dikhutshwane mo bekeng</p> <ul style="list-style-type: none"> • Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang /ditlhogo jaaka 'Dipalangwa' • Go latela ditaelo go tswa go morutabana. • 'Naya ditaelo tse di bonolo sk 'Dirisa letsogo go supa letshwao la go emisa sepalangwa' • Tlhalogany le go tsibogela dipotso tse di bonolo jaaka, Leng? Goreng? Kae? 'Mmala o o serolwana o o bona kae' Goreng re dirisa mmala o mohibidu?' • 'Go kopa go tlhalosediwa, sk, 'Ga ke tlhaloganye. Ke kopa gore o boeletse.' • 'Tsbogela le go dira kopo, sk, "A nka dirisa thanodi, tsweetswee. • Tsaya karolo mo motlotlong o mokhutshwane ka setlhogo se se tlwaelegileng, sk,' Loeto ka bese go ya sekolong' • 'Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sekao.' 'Ke sepalangwa se se lee. Ke rwala dithoto le batho. Ke letsas molodi e bile ke kgwa mosi fa ke tsamaya. Ke mang?' • 'Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sekao, 'Ke eng se o o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong'. • Reetsa tatelano ya tiragalo e e bonolo ya molomo, sk, morutabana o anegela ka 'loeto la go tla sekolong' • Ka thuso ya morutabana, naya tiragalo e e bonolo, sk, 'Go tsaya loeto ka sepalangwa' • Tlhalogany le tiriso ya dipopego tsa puo mo tirisong, sk, maemedi, 'Rona re rata bona' • Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk, 'Ke sebokolodi se a bokolela' • Tshameka motshameko wa puo, sk, 'motshameko wa ketane' morutabana o bua/dumisa modumo a bo a supa morutwana mme morutwana a bolele lefoko le le tsamaisanang le modumo. 	

Theetsa le puiso e e tsepameng (Metsotso e le 30 mo bekeng)***Go reetsa dikgang tse di tlolilweng le tse di buisitsweng (Puisokopanelo)***

Gabedi mo bekeng, fa go na le nako e e ka dirisiwang morutabana a buise kgotsa a tlotle kgang kgotsa a buise kgang(tatelano ya ditiragalo). Dikgang tse di tlolilweng di ka diragadiwa ka go dirisa puo ka dikarolo tsa mmele le meaparo go tiisa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo Bukakgolong kgotsa diphousetara tse di nang le ditshwantsho/dithalo mo barutwana botlhe ba ka kgonang go di bona.

- Reetsa dikgang tse dikhutshwane, telano ya ditiragalo ya morutwana ka nosi kgotsa ditlhlangwa tse di nang le bonneta/boammaruri sekao, telano ya ditiragalo tse di nang le mabaka, ditaelo, dipegelo tsa tshedimosetso tse di tloliwang kgotsa buisiweng go tswa mo Bukakgolong kgotsa phousetara e e nang le ditshwantsho go itumedisa.
- Reetsa dikgang le telano ya tiragalo ya morutwana ka nosi le go araba dipotso tsa tekatlhologanyo, sk.Naya mefuta mengwe ya dipalangwa?
- Penelope ya se se tla diragalang mo kgang kgotsa telano ya tiragalo ya morutwana ka nosi
- Tlhagisa maikutlo ka ga kgang (A o ratile kgang?)
- Boeletsa kgang
- Reetsa setlhlangwa se se nang le bonneta/boammaruri mme o arabe dipotso tsa tekatlhologanyo. 'A o ka neela mefuta e le meraro ya dipalangwa?
- Ka thuso ya morutabana neela tshobokanyo e e bonolo ya setlhlangwa se se nang le bonneta/boammaruri.

Tlhabololo ya dikgopololo, tlolofoko le dipopego tsa puo

Ka go tsaya karolo mo ditirwaneng tse di fa godimo

- Tswelela go aga tlolofoko ya molomo o akaretsa tlolofoko ya dikgopololo, sk, papiso
- Simolola go tsweletsa kitso le dikgono tsa dipopego tsa puo e e bonolo e e mo tirisong e e nang le bokao mo puong e e buiwang, sk, maina a a nang le bontsi le a a se nang bontsi, pakajaanong, pakaphethi le matthalosi

TLHATLHOBO**Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang*****Go reetsa le go bua (motlotlo/tiragatso)*****Dibeke 1-5**

- Bua ka ga setshwantsho kgotsa senepe
- Tsaya karolo mo motlotlong o mokhutshwane ka ga setlhogo se se tlwaelegileng

Dibeke 6-10

- Reetsa kgang le go araba dipotso tsa tekatlhologanyo ka molomo
- Boeletsa kgang

Tirwana 6 e e tshitshintswe ya tlhatlhobo e e tlhomameng***Go reetsa le go bua (motlotlo/tiragatso)***

- Reetsa setlhlangwa se se nang bonneta/boammaruri le go araba dipotso tsa tekatlhologanyo ka molomo
- Naya tshobokanyo e e bonolo ya setlhlangwa.
- Bontsha go tlhaloganya tlolofoko ya molomo ka go supa didiriswa dingwe mo phaposiboruteleng kgotsa mo setshwants-hong le go tsibogela dipotso /ditaelo tsa morutabana, sk, Ke eng se? Supa terena.

KGWEDITHARO 4	
GO BUISA LE MEDUMOPUO	NAKO E E TSHITSHINTSWENG YA GO RUTA Bonnye jwa nako: Ura e le 1 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<i>Medumopuo (Metsotsotso e le 15 mo bekeng)</i>	
<p><i>Morutabana o itsise ditumanosi tse diswa tse di pataganeng le mafoko a lesika le le raraaneng. Fa ba itsise lefoko le leswa, ba tshwanetse go netefatsa gore barutwana ba tlhaloganya bokao le go a dirisa mo polelong. Ditlhlangwa tsa Puisokopanelo di dirisiwa go tlhaola/supa megatlana e e farologaneng. Ditirwana tse, e nne tse dikhutshwane mme di anamisiwe/phatlhalatswe mo bekeng. Di ka kgona go lotoganngwa le ditirwana tsa go reetsa le go bua, le go buisa.</i></p>	
Dibeke 1-5	
<ul style="list-style-type: none"> Lemoga tiriso ya ditumammogo tse dingwe tse di pataganeng sk. 'oa' mo go 'boa', 'ei' mo go 'leino', 'ai' mo go 'maikano' Lemoga modumo wa ntlha (o o simololang) le noko ya bofelo (e e raemang) mo dipateroneng tse di marara. Aga le go dumisa mafoko a a ithutilweng. 	
Dibeke 6-10	
<ul style="list-style-type: none"> Lemoga mafoko a lesika le le marara thata Lemoga le go dirisa megatlana mo mafokong, (sk ela, ega, isa, olola) Aga le go dumisa mafoko a a ithutilweng. 	
<i>Puisokopanelo (nako e beetswe Go reetsa le Go bua)</i>	
<p><i>Puisokopanelo ke tirwana ya go buisa le go reetsa; e akaretsa go bua ka gonne barutwana ba bua ka setlhlangwa le morutabana. Mo Mophatong wa 3, Puisokopanelo e tla tswelela, mme e le karolo ya Go reetsa le go bua</i></p>	
<ul style="list-style-type: none"> Buisa setlhlangwa se sekhetshwane se se kwadilweng (Bukakgolo kgotsa setlhlangwa se se godisitsweng) le morutabana a dirisa setlhogo sa ponelopele. Araba dipotso tsa lefoko ka ga kgang, sk. 'A ke tshwanelo go dirisa dipalangwa tsa botlhe?' Tlhalosa ka moo kgang e amang maikutlo ka teng, go fetogela kwa puong e nngwe fa go tlhogega 	
<i>Puisokaelo ka dithlophpha (Bonnye metsotsotso e le 45 , bogolo ura e le 1 le metsotsotso e le 15 ka beke)</i>	
<p><i>Fa barutabana ba dirisa bogolo ba nako mo Puontlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka dithlophpha di le 5 go ya ka bokgoni jwa bona jwa go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhophpha sengwe le sengwe se dira ka setlhlangwa go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhophpha se le sengwe letsatsi le letsatsi metsotsotso e le 15. Fa a ntse a dira le setlhophpha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puisokaelo ka nosi kgotsa ditirwana tse di tsamaelang le setlhlangwa se se buisiwang.</i></p>	
<i>Fa barutabana ba dirisa bonnye jwa nako mo Puontlaleletso ya Ntlha, ba tshwanetse go dira Puisokaelo ya phaposi yotlhe.</i>	
<ul style="list-style-type: none"> Buisetsa kwa godimo go tswa mo bukeng ya morutwana ka nosi mo setlhopheng sa Puisokaelo le morutabana. Se, se kaya gore setlhophpha sotlhe se buisa kgang e e tshwanang kgotsa setlhlangwa se se nang le bonnete/boamaruri le morutabana. Tiriso ya ditogamaano tsa puiso tse o di ithutileng mo Puong ya Gae go dira tlhaloganyo le go itekola fa o buisa (medumopuo, metlhala ya tiriso, tshekatsheko ya popego, mafoko a a bonwang) Puiso ka thelelo e e oketsegileng le go tlhalosa sentle. Supa go tlhaloganya matshwao a puiso fa ba buisetsa kwa godimo. Tswelela go aga tlollofoko e e bonwang go tswa mo puisong, e ka nna Puisokaelo, Puisokopanelo le Puisokaelo ka nosi. 	

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puotlaleletso ya Ntlha fa ba sa dire sepe mo phaposiboruteleng, sekao, fa morutabana a dira le setlhophpha sa Puisokaelo, kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwa go buisa kwa gae, se e nne tirogae.

Buisa tiro ya gago le ya ba bangwe e e kwadilweng.

- Buisa dibuka ka nosi tse di buisitsweng ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatalhaloso le dibuka tsa ditshwantsho mo Puotlaleletso ya Ntlha mo sekhutlhwaneng sa puiso mo phaposiboruteleng.
- Puiso ya maboko a a tlwaelegileng le diraeme.
- Tiriso ya dithanodi tsa ditshwantsho tsa bana (temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

TLHATLHOBO**Ditshitshinyo tsa tlhatlhobo e e sa tlhamamang****Medumopuo: (motlotlo/tiragatso/e e kwalwang)**

- Lemoga tiriso ya ditumammogo tse di pataganeng mo mafokong (sk, 'oa' mo go 'boa', 'ei' mo go 'leino', 'ai' mo go 'maikano'
- Lemoga modumo wa ntlha (o o simololang) le noko ya bofelo (e e raemang) mo dipateroneng tse di marara

Tirwana 6 e e tshitshintsweng ya Tlhatlhobo e e sa tlhomamang**Medumopuo: (motlotlo/tiragatso/ e e kwalwang)**

- Lemoga bonnye ditumanosi di le tlhano tse dišwa tse pataganeng (sk, 'oo' mo go 'mooki', 'aa' mo go 'maaka'
- Lemoga tiriso ya megatlana mo mafokong, (sk, ela, ega, ana, olola)
- Aga le go dumisa mafoko a a ithutilweng

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang**Puiso: (motlotlo/tiragatso)***Puisokopanelo*

- Araba dipotso tse dikhutshwane tsa motlotlo ka setlhawngwa.
- Boeletsa kgang ka kaelo ya morutabana

Puisokaelo

- Supa go tlhaloganya le thelelo fa ba buisa ka maemo a bona a puiso le morutabana

Tirwana 6 e e tshitshintsweng ya tlhatlhobo e e tlhomameng**Puiso: (motlotlo/tiragatso)***Puisokopanelo*

- Araba dipotso tsa lefoko ka lefoko ka ga kgang kgotsa setlhawngwa se se nang le bonnate/boammaruri

Puisokaelo ka ditlhophpha

- Supa go tlhaloganya le thelelo fa ba buisa ka maemo a bona a puiso le morutabana

Puiso ka bobedi /nosi

- Bontsha go tlhaloganya le thelelo fa ba buisa ka nosi

KGWEDITHARO 4	
GO KWALA TIRISO YA PUO	NAKO E ETSHTSINTSWENG GO KWALA Bonnye ba nako: Metsotso e le 30 mo bekeng Bogolo ba nako: Ura e le 1 mo bekeng Tiriso ya puo: Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO	
<p>Ditirwana tsa go kwala (Metsotso e le 30 mo bekeng)</p> <p>Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ba nako ura e le 1 mo bekeng)</p> <p><i>Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi fa bogolo ba nako bo dirisiwa, fa go dirisiwa bonnye ba nako go dirwe tirwana e le nngwe. Morutabana o tla tshwanelwa ke go itsise setlhlangwa sa mofuta mongwe se se ntšhwa- go kwala kgang. Barutwana ba tlhoka tshegetso e ntsi le morutabana o tshwanetse go simolola go kwala kgang le bona. Sa ntlha, morutabana o tseela bana kgang e e bonolo e ba setseng ba e itse. Jaanong morutabana o botsa barutwana gore baanelwa ba kgang ke bomang, kwa kgang e ditiragaletseng teng, le gore go diragala eng. O botsa barutwana gore go dirisitswe paka efe go tlota/anelia kgang. O kopa barutwana go akanya ka e diragaletse kae e bile go diragetse eng. Barutwana ba tlhama kgang mmogo le morutabana mme a e kwala mo patitšokong. Fa morutabana a fetas, o botsa barutwana ba ba farologaneng go buisetsa kgang kwa godimo mmogo. Ba ka kwalela/ kopololela tiro mo dibukeng tsa bona tsa go kwala.</i></p> <ul style="list-style-type: none"> • O dirisa bokgoni jwa go kwala jo bo rutilweng mo Puo ya Gae • O kwala manaane a a golang ka marara ka ditlhogo, sk, <u>Mefuta e e farologaneng ya dipalangwa</u>: setobetobe, koloi, terena, sethuuthuu, thekesi, sekepe, sefofane • O kwala temana ya dipolelo di le 6-8 ka setlhogo se se tlwaelegileng • O rulaganya tshedimosetso mo tšhateng, lenaaneg kgotsa kerafo, sk, kerafo a dira patlisiso ka mefuta ya dipalangwa tse ba diirisang go ya sekolong • O kwala tatelano ya tiragalo tsa maitemogelo a gagwe, sk, ‘Beke e e fetileng ke ne ... morago ... jalo jalo. • Mmogo le morutabana, o kwala kgang e e bonolo a bo a kwalolola (Go kwalwa go go kopanetsweng) • O dirisa dikgato tsa go kwala (go kwala ditlhlangwa tsa ntlha, go kwala, tselaganya le go tlhagisa) • O dirisa matshwao a puiso a a rutilweng mo Puong ya Gae (dikhutlo, diphegelwana, matshwao a potso, matshwao a kgak-gamalo, le matshwao a nopoloo) • O peleta mafoko a a tshwanang sentle le go leka go peleta mafoko a a sa tlwaelegang a dirisa kitso ya medumo. • O dirisa pakaphethi ka nepagalo e e golang • O aga sefala sa mafoko le thanodi ya mong • O dirisa dithanodi tsa bana (temenngwe le temepedi) <p>Ditirwana tsa tiriso ya puo (metsotso e le 30 mo bekeng)</p> <p><i>Mo ditirwaneng tse, barutwana ba tla simolola go tsepama mo tirisong ya thutapuo. Thutapuo e rutwe mo tirisong e e nang le bokao.</i></p> <ul style="list-style-type: none"> • O tlhaloganya le go dirisa pakatlang, sk, <i>Ke tla ya toropong</i> • O tlhaloganya le go dirisa papiso, sk, <i>Koloi e bonako go gaisa setobetobe. Sefofane se lebelo go gaisa thata.</i> • O boeletsa nngwe ya thutapuo e e sa tlhomamang e e dirilweng mo Mephatong R-2 	

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go kwala: (e e kwadilweng)

- O kwala kgang e e bonolo ka thuso ya morutabana
- O dirisa dikgato tsa go kwala (go kwala ditlhlangwa tsa ntlha, go kwala, tselaganya le go tlhagisa)

Tirwana 6 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go kwala: (e e kwadilweng)

- Kwala temana ya dipolelo tse 4-6 ka setlhogo se se tlwaelegileng

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Tiriso ya Puo: (e e kwadilweng)

- Tlatsa dipolelo a dirisa matlhaodi a papiso

Tirwana 6 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Tiriso ya Puo: (e e kwadilweng))

- O kwala dipolelo tse di nang le bokao a dirisa matlhaodi a papiso

DITLHANGWA/METSWEDI E E TLHAOLETSWENG NGWAGA**GO REETSA LE GO BUA**

- Ditshwantsho le diphousetara
- Dilwana tse di tsamaisanang le dithitokgang le setlhogo, dipapete le bommamatlhwane jj
- Ditshwantsho tse di tla latelanngwang
- Diaparo tsa maitirelo go diragatsa metshameko e e etsisang le ditirwana tsa molomo
- DiCD kgotsa ditheipi tse di nang le dikgang, maboko, diraeme le dipina, setshameka diCD kgotsa segatisamantswe, ditheipi tsa thelebišene le tsa bidio/diDVD
- Dibuka tsa dikgang le dikgang tse di anelwang/tlotliwang
- Maboko, dipina le diraeme
- Metshameko ya puo (tsa molomo)

GO BUISA LE MEDUMOPUO

- Ditshwantsho le diphousetara
- Dibukakgolo, tse di nang le bonneta/boamaruri le tse di senang bonneta/boamaruri
- Seemo sa puiso se se tshitshintsweng (bonnye dikgang di le 10/dibuka mo kgweditharong)
- Dithhangwa tsa mokwalo o o atolositsweng jaaka maboko, dipina, diraeme le dikgang (tse di itlhametsweng fa gae kgotsa tse di rekilweng)
- Dibuka tse dikhutshwane tse di itumedisang tse di nang le dipolelo di le 1-2 mo tsebeng tsa sekhutlwana sa phaposiborutelo.
- Dikarata/ditsekedima tsa matshwao a didiriswa tsa phaposiborutelo, dipontsho le mafoko a a tlhagelelang kgapetsakgapetsa.
- Ditshate tsa alefabete
- Disupi go dirisiwa fa ba buisa ditlhangwa tse di godisitsweng, dikgang tsa lebota le dilo tse di bontshiwang
- Dithanodi tsa ditshwantsho tsa barutwana (temenngwe le temepedi).

GO KWALA LE MOKWALO

- Didiriswa tsa go kwala (sk. diphensele, diphensele tsa mebala, dikheraeyone tsa mafura, dipampiri tse di sa kwalelang tsa bogolo jo bo farologaneng (A3, A4, A5), rula, raba, dibuka tsa go kwalela tse di thaletsweng tsa 8.5mm, dibuka tsa ditirwana
- Dikgemetshana tsa dipolelo le tsa go kwalela tsa mokwalo o o tshwaraganeng tse di supang fa go simololelwang teng le ntlha e go kwalelwang kwa go yona
- Pampiri ya tshate e e pitikololwang le dipene tsa khokhi tse dikima
- Dithanodi tsa barutwana tsa ditshwantsho (temenngwe le temepedi).

KAROLO 3: MAFOKO A A TLHAGELELANG KGAPETSAKGAPETS

Fa tlase go na le lenaane la mafoko a 100 a a tlhagelelang a a fitlhelwang mo dibukeng tsa dikgangkhutswe tsa barutwana tsa Setswana. A mangwe a mafoko a, a bontsha ditlhogo tse di fitlhelwang mo reetsa le go buisa dibuka tsa Setswana, o dibukeng tsa barutwana (sk. mmutla le tlou, phokojwe yo o matlhajana, Tselane le Dimo jj.). Ka gore dikgang di tlottiwa segolo ka pakaphethi, madiri a tlhagisiwa go le gantsi ka pakaphethi.

Lenaane le, le neetswe go neela morutabana kakanyo fela ya gore barutwana ba tshwanelwa ke go ithuta Puotlaleletso ya Ntlha jang. Ba tla bona mafoko a ka go reetsa le go buisa dibuka tsa Setswana, Ba tshwanelwa ke go a dira karolo ya tlolofoko ya bona e e tshelang tota ka go a bua le go a kwala. Mafoko a, a rutiwe mo bokaong jwa puo ya Setswana mme e seng a ikemetse a le nosi/a se mo tirisong.

Mafoko a barutwana ba a ithutang mo thutong ya bona ya Puotlaleletso ya Ntlha, a ka se tshwane gotlhelele le a a neetsweng fa tlase fa. Mafoko a ba tla ithutang ona, a tla laolwa ke dithitokgang tse morutabana a tla di dirisang le gore ba tlhaoletswe dibuka dife tse a tla di ba buisetsang. Ka ntlha ya fa Puotlaleletso e ithutiwa ka go reetsa le ka go buisa, re solo fela go bona go dirisiwa puo mo pakajaanong thata.

100 mafoko a a tlhagelelang kgapetsakgapetsa

1. le	21. gore	41. tsaya	61. utlwa	81. tafole
2. mme	22. ka	42. mphe	62. bua	82. setulo
3. ba	23. tsotlhe	43. kopa	63. tlotla	83. ntlo
4. tse	24. bottlhe	44. go	64. kgang	84. sekolo
5. o rile	25. rona	45. tsena	65. buka	85. bese
6. mo	26. se	46. tswaya	66. pene	86. koloi
7. ena	27. kwa	47. godimo	67. phensele	87. letsatsi
8. nna	28. gotlhe	48. tlase	68. kherayone	88. bosigo
9. ya	29. ya me	49. thoko le	69. rula	89. motshegare
10. yona	30. ya rona	50. bapa le	70. raba	90. nako
11. bona	31. tsa bona	51. dira	71. bana	91. lesedi
12. wena	32. gape	52. supa	72. ngwana	92. lefifi
13. lona	33. e bile	53. bona	73. rre	93. bitsa
14. eng	34. e kete	54. bontsha	74. o tlie	94. kwano
15. mang	35. fela	55. simolola	75. ka ga	95. fa
16. kae	36. gonne	56. leba	76. fatshe	96. bina
17. ke	37. tlaya	57. buisa (buka)	77. setshwantsho	97. leina
18. kwa	38. tsamaya	58. bala (dipalo)	78. senepe	98. pina
19. tsona	39. boa	59. kwala	79. batho	99. dula
20. leng	40. tlisa	60. reetsa	80. baya	100. ema

Mo tsebeng e e latelang go na le mafoko a mangwe a a tlhagelelang kgapetsakgapetsa go fitlha ka 300.

Manaane a, a neetswe fela jaaka kaedi. Barutabana ba tlhoka go tshola rekoto ya mafoko a barutwana ba a utlwang le go a buisa. Fa barutwana ba setse ba kgona go buisa ka Puotlaleletso, morutabana a ka simolola go dira se se bidiwang ‘Lebota la Mafoko’ a Setswana, mme a rotloetsa barutwana go dirisa dithanodi tse di bonolo tsa bana jaaka tse di nang le ditshwantsho tsa mebala e e gogelang. Fa barutwana ba setse ba kgona go kwala, morutabana a ka ba rotloetsa go kwala mafoko a mašwa a ba a ithutang mo dithanoding tse ba di itiretseng (kgotsa buka ya tlotlofoko) ka nosi. Morutabana a ka neela barutwana tlotlofoko ya ka metlha le go ba neela malepa a mopeleto wa mafoko.

Mafoko a a latelang gape a le 100 a a dirisiwang kgapetsakgapetsa

101. metsi	121. jala	141. dumela	161. itsise	181. bonako
102. kgakala	122. jele	142. kgotsa	162. leboga	182. ka pele
103. gentle	123. katse	143. tlogela	163. phologolo	183. motlotlo
104. siame	124. ntšwa	144. kgolokwe	164. diphologolo	184. rata
105. monna	125. leele	145. dikologa	165. latelang	185. kgolo
106. mosadi	126. dilo	146. setlhare	166. tiro	186. nnye
107. dirile	127. ntšhwa	147. dijo	167. bontsi	187. kima
108. mosimane	128. pele	148. taboga	168. lesea	188. tshesane
109. mosetsana	129. morago	149. robala	169. botlolo	189. tharo
110. kopa	130. mongwe	150. tsoga	170. kgetsana	190. tlhogo
111. kgotsa	131. sengwe	151. bula	171. tlhapi	191. toropo
112. tlhoka	132. nngwe	152. tswala	172. legotlo	192. mmila
113. tsere	133. pedi	153. nwa	173. bolao	193. tshingwana
114. kereke	134. ee	154. tshela	174. kobo	194. tikologo
115. akanya	135. nnyaa	155. tsholola	175. apara	195. tshega
116. gae	136. tshameka	156. tshasa	176. apola	196. lela
117. legae	137. motshameko	157. solofela	177. rwala	197. mokwadi
118. lebenkele	138. gaisa	158. lwala	178. mosese	198. moja
119. tabogile	139. nkaisa	159. fola	179. borukgwe	199. phutholola
120. itse	140. gana	160. leboga	180. ditlhako	200. molema

Mafoko a a latelang gape a le 100 a a dirisiwang kgapetsakgapetsa

201. tlaya re	221. kgoro	241. hutse	261. botoka	281. serope
202. thata	222. setswalo	242. kuane	262. bolelo	282. serethe
203. ka bonya	223. lefelo	243. segagane	263. maruru	283. kgomo
204. bolela	224. naga	244. sefako	264. bontle	284. pitse
205. bolelela	225. sekepe	245. pula	265. tsamaile	285. legotlo
206. tona	226. fensetere	246. legadima	266. boleta	286. tlou
207. jang	227. maoto	247. molemo	267. bonolo	287. kwena
208. tshola	228. nko	248. bosula	268. nnete	288. mmutla
209. tshoga	229. molomo	249. teye	269. maaka	289. nku
210. kamore	230. leoto	250. sukiri	270. nepa	290. podi
211. phaposi	231. monwana	251. kofi	271. keletso	291. namane
212. tlola	232. molala	252. mašwi	272. eletsa	292. serurubele
213. tlatsa	233. magetla	253. kopi	273. lee	293. seboko
214. noka	234. tlhogo	254. pirinki	274. tsweetswee	294. noga
215. letamo	235. sefuba	255. leswana	275. taboga	295. segagabi
216. lewatle	236. letheka	256. rremogolo	276. meno	296. tshoswane
217. thaba	237. mangole	257. mmemogolo	277. leleme	297. monang
218. tlhaga	238. lenala	258. nkoko	278. mathe	298. ngaka
219. senotlololo	239. moriri	259. malome	279. marama	299. mooki
220. lebati	240. ditsebe	260. rakgadi	280. seledu	300. sepetlele

KAROLO 4: MEFUTA YA DITLHANGWA E E AKAREDITSWENG MO KGATONG YA MOTHEO LENAAANEFOKO

MEFUTA YA DITLHANGWA E E AKAREDITSWENG MO KGATONG YA MOTHEO

Mo Kgatong ya Motheo, barutwana ba tla **reetsa** mefuta e e latelang ya ditlhlangwa:

- Tetelano ya ditiragalo tse di nang le mabaka tsa morutwana ka nosi
- tsamaiso (ditaelo)
- pegelo ya tshedimosetso
- metlotlo (dikgang)

Mo Mophato 3, ba solo felwa gape gore ba neele tatelano ya ditiragalo le ditaelo.

Fa ba simolola go buisa ka Puotlaleletso ya bona, barutwana ba tla **buisa** dikgang tse di bonolo, tatelano ya tiragalo, ditsamaiso le dipegelo tsa tshedimosetso. Mo Mophato 3, ba **kwala** gape tatelano ya tiragalo, ditsamaiso le dikanelo ba tshegediwa ke moratabana. Mo Puotlaleletso ya Ntlha, ga go botlhale go itsise pakaphethi mo tshimologong ya Mophato 1, ka jalo, dikgang di tla tlottiwa ka pakajaanong mo legatong le.

Dikao tsa mefuta ya ditlhlangwa tse di dirisitsweng mo Kgato ya Motheo di neetswe fa tlase fa.

TATELANO YA TIRAGALO YA MORUTWANA KA NOSI

Sekao	Popego le diponagalo
<p>Moletlo wa go buisa mo sekolong sa rona</p> <p>Mo bekeng e e fetilieng, re ne re tshwere moletlo wa go buisa mo sekolong sa rona. O ne o tshwaretswe mo ntlolehaha-leng la sekolo.</p> <p>Sa ntlha, ba Mophato R, ba ne ba opela dipina ka Setswana le ka Seesimane. Mongwe le mongwe o ne a opa diatla.</p> <p>Ga latela barutwana ba bangwe ba Mophato 1 ka go buisa kgang ka Setswana. Mongwe le mongwe o ne a opa diatla.</p> <p>Morago bangwe ba barutwana ba Mophato 2 ba diragatsa motshameko ka Seesimane. O ne o tshegisa. Mongwe le mongwe o ne a tshega.</p> <p>Kwa bofelong bangwe ba barutwana ba Mophato 3 ba buisa kgang ka Seesimane. Mongwe le mongwe o ne a opa diatla.</p> <p>Mogokgo o ne a aba dimpho. Mongwe le mongwe o ne a opa diatla.</p> <p>Kwa bokhutlong jwa tsotlhe re ne ra nwa dinotsididi ka di-kuku. Moletlo o, o ne o le monate e le tota!</p>	<p>1. Setlhogo</p> <p>2. Tshedimosetso ka ga setlhogo: re bolelele gore</p> <ul style="list-style-type: none"> - go diragetse eng - se diragetse leng - ke bomang ba ba neng ba tsaya karolo <p>3. Tatelano ya ditiragalo</p> <p>ka tsela e di diragetseng ka yona</p> <p><i>Kgolagano ya tiro</i></p> <p>sa ntlha, go bo go latela, le.., la bofelo</p> <p><i>Pakaphethi</i></p> <p>o rile, e ne e le, opetse, opile</p> <p>4. Ditshwaelo tsa mong</p> <p>konosetsa kgang</p>

TATELANO YA TIRAGALO TSE DI NANG LE MABAKA

Sekao	Popego le diponagalo
<p>Go jala dinawa</p> <p>Mophato wa rona o jetse dinawa ka la 3 Lwetse. Re ne re di lebile fa di ntse di gola.</p> <p>Sa ntlha re jetse dinawa di le 5. Re jetse nawa e nngwe le e nngwe mo galaseng gore re tle re kgone go e bona fa e ntse e gola. Re tsentse nawa e nngwe le e nngwe mo mmung e bille re e noseditse.</p> <p>Setlhophsa sa rona se ne se tlhokometse nawa e le nngwe. Fa morago ga beke, re bone modinyana o tlhagelela.</p> <p>Fa morago ga dibeke di le 2, modi o ne o le mogolwane. Re bone gape go tlhagelela letlhogela.</p> <p>Fa morago ga dibeke di le 3, ke fa letlhogela le godile le ts-wetse kwa ntle ga mmu. Le ne le na le matlhare a matala. Ka la 26 Lwetse re ne ra jala letlhogela la nawa mo pitsaneng.</p> <p>Fa morago ga dibeke di le 8, letlhogela le ne le godile ka bolele jwa 20 cm. Le ne le na le matlhare a le 10.</p> <p>Ka la 5 Ngwanaitseele, re jetse nawa ya rona mo tshing-waneng ya kwa sekolong. E ne e na le malomo a le mantsi. Malomo a ne a swa mme re bone sephotlwa sa dinawa.</p> <p>Diphotlwa tsa nna tsa gola. Go ne go na le dinawa ka mo teng ga tsona. Re ne re ka nna ra di jala gore e nne dijalo tse kgolo.</p>	<p>1. Sethogo</p> <p>2. Tshedimosetso ka ga setlhogo araba dipotso: Mang? Eng? Leng?</p> <p>3. Tatelano ya ditiragalo Ka tatelano e di diragetseng ka yona <i>Kgolagano ya nako</i> Sa ntlha, morago ga foo <i>Dinako tsa nnete tsa ditiragalo</i> Ka la 5 Ngwanaitseele <i>Mareo a setegeniki</i> Modi, letlhogela, sephotlwa</p> <p>4. Dipholo Konosetsa kgang</p>

TSAMAISO (DITAELO)

Sekao	Popego le diponagalo
<p>Go dira samentšhisi ka botoro ya matonkomane</p> <p>O tla tlhoka:</p> <ul style="list-style-type: none"> • dimikana di le 2 tsa borotho • botoro ya matonkomane • majorine kgotsa botoro • thipa • poleite <p>Mokgwa</p> <ol style="list-style-type: none"> 1. Tshasa majorine kgotsa botoro mo semikaneng sengwe le sengwe sa borotho. 2. Tshasa botoro ya matonkomane mo semikaneng se le sengwe. 3. Pataganya dimikana tse pedi tsa borotho. 4. Di gatelele gore di kgomagane. 5. Sega samentšhisi ya gago ka bogare. 6. Jaanong o ka ja samentšhisi ya gago! A monate ruri! 	<p>1. Sethogo Tlhalosa maikaelelo ka ga ditaelo</p> <p>2. Didiriswa Tlhalosa didiriswa tse di tlhogagalang. O ka nna wa dirisa marontho go supa tatelano ya dintlha.</p> <p>3. Mokgwa Taelo e nngwe le e nngwe e simolole mo moleng o mošwa e bille e neelwe palo. <i>Ditaelo</i> Tshasa, baya, gatelela, sega, ja, (Dipolelo tse dintsi di simolola ka lediri) <i>Ditaelo tsa nnete</i> Gatelela dimikana tse pedi mmogo</p>

PEGELO YA TSHEDIMOSETSO

Sekao	Popego le diponagalo
<p>Dinoga</p> <p>Dinoga ke mofuta mongwe wa digagabi. Digagabi tsotlhe di na le makakaba mo letlalang.</p> <p>Digagabi ga di kgone go laola themphereitsha ya mmele wa tsona. Mebele ya tsona e tsaya themphereitsha ya tikologo e di leng mo go yona. Di bidiwa digagabi tse di 'maditsididi', mme fa segagabi se se na go nna mo letsatsing sebakan-yana, mmele wa sona o nna bothitho.</p> <p>Digagabi tsotlhe di beela mae.</p> <p><i>Mefuta ya dinoga</i></p> <p>Mefuta e mebedi ya dinoga ke lebolobolo le tlhware.</p> <p>Tlhware e serolwana ka mmala kgotsa e tshetlha ka bont-shonyana, e tsere popego ya tlhaka ya -v. Di ka nna bolele jwa mitara.</p> <p>Ditlhware di dikgolwane go na le mabolobolo. Tsona di sekalebele ka mmala ka dipateronenyana tse di tshethha. Di ka nna dimitara di le 5 ka bolele.</p> <p>Ditlhware di ja magotlo segolo. Di bolaya magotlo a ka go di tsenya botlhole.</p> <p>Tlhware e ja diphologolo tse dikgolo jaaka ditlhatswana, magotlo le diphologotswana.</p>	<p>1. Sethogo</p> <p>2. Polelo ya kakaretso</p> <p>Go le gantsi ke ditlhhaloso <i>Setlhogo se abiwa go ya ka ditlhophha</i> dinoga di wela mo setlhopheng sa digagabi <i>Mareo a setegeniki</i> segagabi, themphereitsha <i>Dilo di tlhalosiwa ka kakaretso</i> Digagabi, dinoga</p> <p>3. Dintlha</p> <p>Di neetswe ka ditlhophha mo ditemaneng sk. di lebega jang, di ja eng <i>Pakajaanong</i> ke, ja, botlhole, bolaya <i>Dipolelo di simolola gantsi ka mafoko a setlhogo</i> Ditlhware Lebolobolo ...</p>

MOTLOTLO (KGANG)

Sekao	Popego le diponagalo
<p>Ka moo tlou e nnileng le setlopo ka teng</p> <p>Bogologolo, ditlou di ne di se na setlopo.</p> <p>Ka letsatsi le lengwe, tlowna e ne e batla go ya go thuma kwa nokeng ya Limpopo. Mmaayona a bo a re, 'Ga o ye kwa nokeng. Go na le dikwena - di tla go ja!'</p> <p>Le fa go ntse jalo, tlowna ya se ka ya reetsa. Ya ya kwa nokeng mme ya ema mo losing la noka. 'Ke tla nwa metsi fela,' ya ipolela. Ya tsenya molomo wa yona mo metsing, THOBUU, kwena ya e goga ka setlopo. 'MMAWEE!' tlowna ya lela, kwena ya e goga, ya e goga go fitlha MMELE otlhe o tse na metsing.</p> <p>Mo bofelong kwena ya tlogela tlowna gore e tsamaye mme ya tabogela kwa go mmaayona. Mmaayona o ne a gak-gametse go bona setlopo sa tlowna ya gagwe. Le ga le, a lemoga ka bonako gore go na le sengwe se a ka se dirang ka sona. Se ne se na le mosola tota.</p> <p>Go tloga ka letsatsi leo, tlou ya nna le setlopo.</p>	<p>1. Sethogo</p> <p>2. Tshedimosetso ka ga setlhogo</p> <p>Itsise baanelwa le lefelo/maitshetlego</p> <p>3. Ditiragalo tse di isang kwa thatafalong</p> <p><i>Pakaphethi</i> e ne e batlile, o rile, emile, phamotse <i>Mafoko a a golaganyang dipolelo</i> Bogologolo; ka letsatsi le lengwe, mo bofelong <i>Mmuisano</i> "Ga o a tshwanelo go ..." <i>Puo e e dirisitsweng go thola kgogedi mo mmuising</i> A goga, a goga; THOBUU!</p> <p>4. Konosetso le bokhutlo</p>

LENAANEFOKO

Bokgoni	go kgona go dira sengwe le fa ka nako dingwe o sa se ikatisetsa
Boto ya ditlhomelwa	boto e barutwana ba e dirisang go tlhama ba dirisa ditlhomeso
Buisa ka setu	go buisa a sa ntshe lentswe
Dikgono	ke malepa a go kgona go dira tiro e e rileng ka boitseanape
Dikgemetšhana	dipampitshana tsa mafoko, ditlhaka le dipolelo
Dintlhatalhaloso	tlhaloso ya ntlha jaaka go ya kwa molemeng, mojeng, godimo le kwa tlase
Dipotso tse di bulegileng	dipotso tse di batlang kakanyo le tlhaloso go ya ka mong
Dipotso tse di tswalegileng	dipotso tse di batlang karabo e le nngwe
Gatisa	go tsamaisa ka kherayone kgotsa pene mo godimo ga methalo
Go gopola	go gakologelwa se se diragetseng mo dikgang, sethangweng, puisong jj
Go okola	puiso e e sa tsenelelang
Go tlodisa matlho	puiso o tlhopha dintlha tse di rileng
Kanelo	go tlota kgang ka se o se buisitseng / se o se utlwileng
Katlholooboemo	katlholo ya boemo e e tlang fa marago ga tiragalo
Kutlo ya medumo	bokgoni jwa go utliwa pharologanyo ya medumopuo (aurally)
Lenanenetefatso	lenaneo le le dirisiwang go netefatsa gore ditlhoko tsotlhе di dirilwe kgotsa di fitlheletswe
Letshwaopapatso	matshwao a a ngokelang batho/bareki/badirisi mo go se se bapatswang
Medumo e e pataganeng	ke ditumammogo tse di salanang morago mo lefokong di bopa dinoko mme tumammogo ya bobedi e tsamaisana le tumanosi
Mokwalo	ke go tlhama ditlhaka/mokgwa o motho a kwalang ka ona
Mokwalokgatiso	ke go gatisa mo losing lwa sengwe/go latela motlhala wa tlhaka kgotsa wa setshwantsho
Mokwalo o o tshwaraganeng	ke mokwalo o o kwalwang ka go tshwaraganya ditlhaka
Papatso	go ngokela batho mo go sengwe fela, e ka nna mo kungong, tshedimosetsong jj
Phasalatsa	go anamisa sengwe/ go itsise batho ka ga sengwe ka kakaretso
Phetogo ya segalo	go ya godimo le tlase ga lentswe mo kapodisong
Puiso e e tlhophilweng ka seemo	dipadiso tse di kgaogantsweng ka maemo a a tsona ka go farologana
Puiso ka nosi	jaaka fa morutwana a buisetsa ba bangwe kwa godimo kgotsa a ipuisetsa ka nosi
Puisokaelo	morutabana o buisa le setlhophua se se rileng ka go se kaela
Puisokopanelo	morutabana o buisa mmogo le barutwana botlhе
Rala	go tshwantsha

Sefala sa mafoko	ke lefelo le go kgobokanyetswang mafoko a mašwa mo go lona go aga tlolofoko
Sekai	jaaka motho a nna sekai mo go ba bangwe
Sekao	jaaka go neela sekao sa dilo tse di farologaneng
Setlhangwa	ke mefuta e e farologaneng ya dikwalwa
Thadiso	go neela lemorago ka go tlhagisa se se tla diragalang
Thanodi	ke bukana e e neelang mareo, dithhaloso le tiriso ya ona
Thitokgang	kgangkgolo e e dirisitsweng mo setlhaweng/ mo setshwantshong
Tlhatlhobo e e sa tlhomamang	ke tlhatlhobo e e dirisiwang go baakanyetsa tlhatlhobo e e sa rekotiweng
Tlhatlhobo e e tlhomameng	ke tlhatlhobo e e rekotiwang

