BOIKARABELO BA BATJHA BA AFRIKA BORWA

Tekatekano

Tshwara motho e mong le e mong ka ho lekana, ntle le leeme. Se kgetholle.



Seriti sa batho

Hlompha motho e mong le e mong Eba pelonolo mme o be le tlhokomelo.



Bophelo

Bophelo ke ntho ya bohlokwa Hlompha bophelo bo bong le bo bong.



Lelapa



Tlotla mme o hlomphe batswadi ba hao. Eba mosa le botshepehi ho ba lapa leno.

Thuto

Kena sekolo, ithute o sebetse ka thata. Mamela melao ya sekolo.



Mosebetsi

Thusa ba lapa leno ka mosebetsi lapeng. Bana ha ba tlamellwa ho batla mosebetsi.



Bolokolohi/tokollo le polokelo



Se lematse, tshosa, kapa hona ho hleke-fatsa batho ba bang, hape o dumelle ba bang ho etsa jwalo. Rarolla dikganyetsano ka kgotso.

Thepa/leruo

Hlompha thepa ya batho ba bang. Se senye thepa kapa hona ho utswa.



Bodumedi, ditumelo le maikutlo

Hlompha ditu-melo le maikutlo a batho ba bang.



Boipaballo



Hlokomela lefatshe. O se senye metsi le motlakasi. Boloka lehae le tikoloho ya hao di hlwekile e bile di bolokehile.

Boahi



Eba Moafrikaborwa ya lokileng ebile a tshepeha. Hlompha melao, mme o netefatse hore ba bang ba etsa jwalo.

Tokolloho ya puo

O se ke wa hasanya leshano le lehloyo. Netefatsa hore batho ba bang ha ba hlapaolwe kapa maikutlo a bona ha a utlwiswe bohloko.



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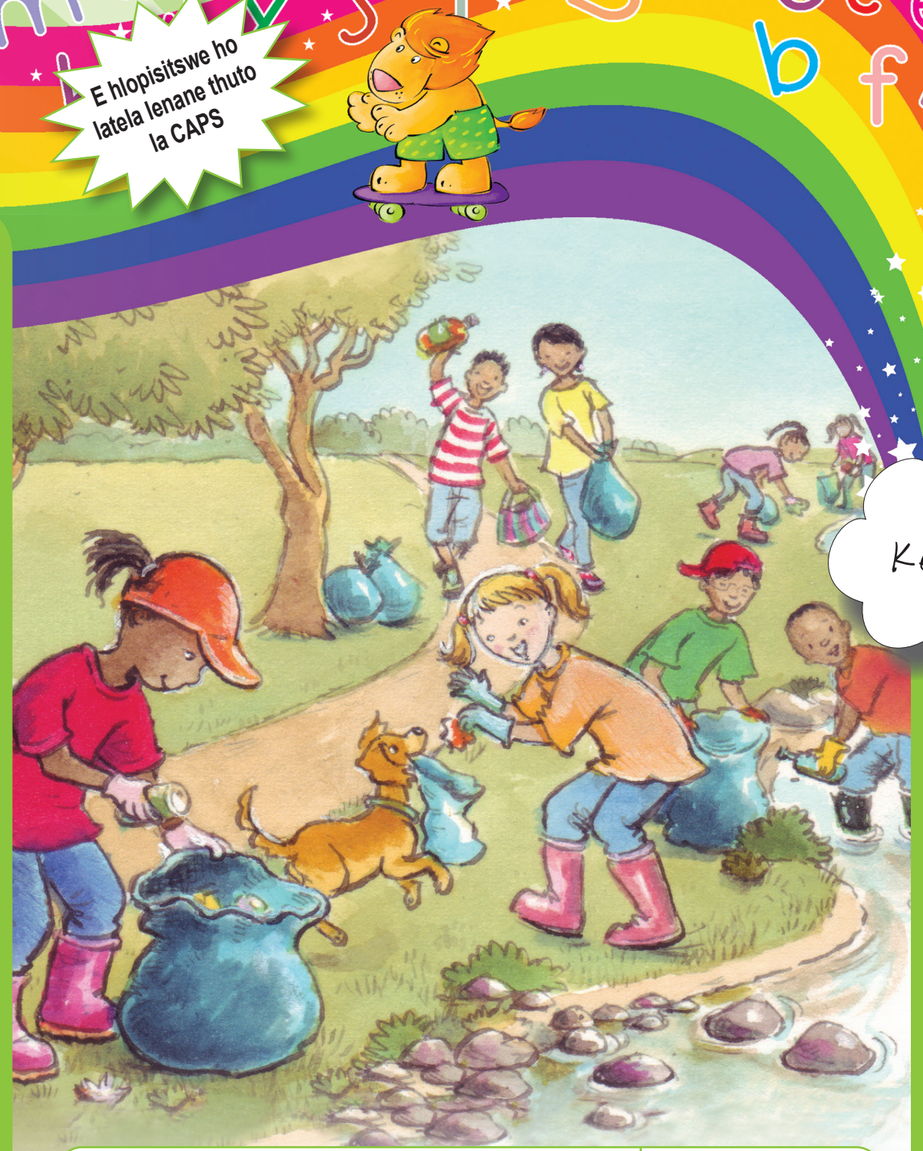
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E hlopisitswe ho latela lenane thuto la CAPS

SESOTHO PUO YA LAPENG – Kereiti 3 Buka ya 2

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Kereiti 3

SESOTHO PUO YA LAPENG

Buka ya 2
Kotara ya 3 & 4

Lebitso:

Phaposi:

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Mofumahadi Angie Motshekga, letona la Lafapha la Thuto ya Motheo



Ngaka Reginah Mhaule, Motlatsi wa Letona la Thuto ya Motheo

Dibuka tsena tsa tshebetso di etseditswe bana ba Afrika Borwa tlasa boetapele ba Letona la Thuto ya Motheo, Mof. Angie Motshekga, mmoho le Motlatsa Letona la Thuto ya Motheo, Ngaka Reginah Mhaule.

Dibuka tsa tshebetso tsa Rainbow di bopa karolo ya Lefapha la Thuto ya Motheo, ya thuso e reretsweng ho netefatsa tshebetso ya baithuti ba Afrika borwa dikereiting tse qalang tse tsheletseng. Jwaleka e nngwe ya dintlha tsa bohlokwa tsa Moralo wa Tshebetso ya Mmuso, projeke ena e etsahetse ka tshehetso ya letlole la Polokelo la Setjhaba. Sena se entse hore Lefapha le etse dibuka tsena tsa tshebetso ka dipuo tsohle tsa semmuso, ntle le tefello ya letho.

Re tshepa hore, matitjhere a tla fumana dibuka tsa tshebetso di le bohlokwa mosebetsing wa bona wa letsatsi le letsatsi, le ho etsa bonnete ba hore baithuti ba bona ba etsa kharikhulamo yohle. Re nkile boikarabelo ba ho tataisa titjhere mosebetsing ka enngwe le enngwe ya mesebetsi, ka ho kenyelletsa motshwao a bontshang hore na seo barutwana ba tshwanelang ho se etsa ke sefe.

Re a kgolwa hore bana ba tla natefelwa ke ho sebetsa ka buka ena ha ba ntse ba hola le ho ithuta, le hore wena titjhere, o tla natefelwa mmoho le bana.

Re le lakalletsa katleho ho sebediseng dibuka tsena tsa tshebetso.

Tsamaiso ya ho bala

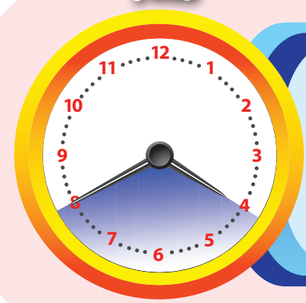
Pele ho palo





- Nahana ka seo o seng o ntse o se tseba ka taba ena.
- Nahana ka mongodi le letsatsi la phatlalatso.
- Bala serapa sa pele le sa ho qetela sa karolwana.
- Leka ho lepa hore sengolwa se tla bua ka eng.

Palo





- Ha o ntse o bala kgefutsa nako le nako ho hlahloba hore na o ntse o utlwisisa.
- Bapisa bolepi ba hao le seo o se baling.
- Ha o sa utlwisise meelelo ya mantswe ao o sa a tsebeng, sebedisa dikishinari.
- Ha o sa utlwisise karolwana, e bale hape buutle. E balle hodimo.

Ka morao ho palo





- Leka ho hopola tlhahisoleseding e itseng.
- Etsa mmapa wa mohopolo ka dintlha tsa bohlokwa.
- Ngola kgutsufatso ho o thusa ho hopola dintlha tsa bohlokwa.
- Sebedisa dintlha tse hlahang moo o badileng ho seo o ingollang sona.

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Kereiti 3

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SESOTHO

Puo ya Lapeng

Buka ena ke ya:



SESOTHO

Buka

2

TATAISO YA MATITJHERE

Sebedisa bukatshebetso ena mmoho le dithusathuto tse ding tsa hao, ha o ntse o tswella ho atisa haholo dikhopolo tsa motheo tsa ditaba tse ngotsweng ho barutwana:

- → **Ho tshwara buka:** Tsela e nepahetseng yah o tshwara buka le ho e phetla.
- → **Kutlwisiso ya buka:** Leqephe le pele, leqephe le morao, sehlooho le lenaneo.
- → **Tatelo:** Ho bala ho tloha pele ho leba morao, ho tloha ho leq2ele ho leba ho le letshehadi le ho tloha hodimo ho leba faatshe.

DITEMOSO TSA HO RUTA

Ho mamela le ho bua

Tadima Curriculum and Assessment Policy Statement(Sesotho Puo ya Lapeng), leq 10. Barutwana ba hlahisetswe dipaleng, diraemeng tse kgutshwane, dithothokiso le dipina.

Puisano ka ditshwantsho

1. Tataisa morutwana ka:
   - → Ho bona le ho buisana ka dintho (boholo, sebopeho, mmala le bongata)
   - → Ho hlalosa ditshwantsho ka ho botsa dipotso: mang, eng, kae, neng, hobaneng, ho etsahetse eng pele, ho etsahetse eng morao?
   - → Ho qapa pale ya tlelase(bolelele bo laolwa ke boemo ba morutwana ba kutlwisiso)
2. Dumella morutwana ka mong ho phetela motswalle pale tlelase.
3. Rala ho ngolwa ha pale ya tlelase(CAPS Puo ya Lapeng, leq 12, ho bala ho arolelanwang). *Atametsa tshebediso ya ditlhaku tse kgolo, ho arohanngwa ha mantswe le matshwao a puo, ho temoho ya morutwana*
4. Dumella barutwana ho bala pale ya tlelase le wena.
5. Kopa barutwana ho sehela le ho etsetsa sedikadikwe medumo kapa sebopeho sa puo sab eke. Paleng ya tlelase.

Ho bala

Tadima Curriculum and Assessment Policy Statement (Sesotho Puo ya Lapeng), leq 12-18 malebana le dintla tse hlano tsa ho ruta ho bala.

Ho ngola

Tadima Curriculum and Assessment Statement Policy (Sesotho Puo ya Lapeng), leq 18-19, malebana le mokgwa wa ho ngola le ho bala. Qetellong ya kotare, barutwana ba tloha ho mongolo o arohaneng ba leba ho o kopaneng(cursive). Thuto ya mongolo e kwetlisa ho ngola ditlhaku tse kgolo le tse nnyane le kamoo e hlokahalang bakeng sa mongolo o motjha. Barutwana ba kgone ho kopa mongolo o ngotsweng ka porinti. (mohlala: sengolwa ho hlaha bukeng) ka mongolo o kopaneng.

Hopola tsena:

- → Thahasello ya barutwana yah o ithuta e fapane. Ho molemo ba tjhesehediswe ka ho bona, ho utlwa le ka ho ama(ho etsa) hore ba ithute ka katleho.
- → Barutwana ba etse/ba leke/ ba utlwe thuto, kahoo boikgathollo/ ho etsa di etswe pele di ka ngolwa, mohlala:

  Popo ya dipolelo: Neha barutwana monyetla wa ho bopa mantswe ba sebedisa ba sebedisa dikarete tsa ditlaku.

  Kutlwisiso: Barutwana ba arabe ka molomo dihlopheng tsa bona pele b aka ngola. Moetapele o botsa dipotso ha ba bang ba ntse ba fumana dikarabo le ho araba.

  Kgetho ya mantswe ho araba dipotso: Neha sehlopha diterepe tsa ho ngola le dikarete tsa mantswe se sa fellang. Barutwana ba qetella dipolelo dipolelo ka ho beha dikarete tsa mantswe ka nepo.

  Ho nalanya mantswe le ditshwantsho: Hodisa leqephe e be A3. Dihlopheng barutwana ba beha dikarabong tse nepahetseng.

  Ho nyalanya dikarolo tse pedi tsa dipolelo: Dihlopheng tsa bona barutwana ba nyalanya dikarolo tsa polelo.

  Ho ingolla atikele ya bona ya koranta: E re barutwana ba ngole atikele ya koranta ya tlelase, e latelwe key a sehlopha pele ba ingolla ya bona.

  Bukantswe: ebedisa bukantswe kamehla. Bokgoni ba morutwana bot la supa seo ba tlang ho se etsa.

Ela hloko:
Ha ho ntse ho sebetswa, neha moetapele dikarabo hore a kgone ho tataisa sehlopha ka nepo.

Lenane o

Tema 5: Kamora matsatsi a phomolo



Kotara 3: Dibeke 1 - 4

65 Re kgutlela sekolong ka morao ho nako ya phomolo 2
O bala sengolwa sa moqoqo ka ho kgutlela sekolong temeng ya boraro.
O bala tse ngotsweng botong ya ditsebiso.
O etsa lenane la dintho tse hodima boto ya ditsebiso.
Tlatsa tlhahisoleseding e tswang lenaneng la mosebetsi.
Hlophisa mantswe mabokoseng a medumo (hl, we, ee, nna, ng).

66 Seo re se etsang ha sekolo se tswa 4
O buisana ka dipapadi, le ditlwaelo.
O phethela lenane la mosebetsi la hae.
O ngola dipolelo ka mosebetsi wa kamora sekolo.
O ngola bukatsatsing ka ho kgutlela sekolong kamora phomolo.
O bala tjhate ebe o araba dipotso ka tjhate.
O etsa phousetara ho bapatsa papadi kappa tlwaelo ya hae.

67 Lekunutu la Mosi 6
O bala sengolwa sa moqoqo.
O araba dipotso tse kgethwang ka sengolwa.
O fumana malatodi a mantswe a sengolweng.
O hopola tlhatlhamano ya diketso ka ho nomora dipolelo.

68 Maikutlo 8
O buisana ka mophetwa wa sehlooho.
O tshwantshisa pale.
O ngola bukatsatsing a kgutsufatsa pale.
O bala le ho roka thothokiso ka setswalle.
O etsetsa motswalle karete mme o ngola thothokiso ho yona.
O hlophisa mantswe mabokoseng a medumo (ts, th, hl, ng, tl).
O ngola dipolelo ka mantswe ao a a neilweng.

69 Ditaba tsa sekolo 10
O bala sengolwa lesedinyaneng.
O araba dipotso hodima sengolwa.
O hlopholla mantswe ka medumo ya oona.
O ngola mantswe ka nteterwana.

70 Koranta ya ka 12
O buisana ka ditaba ho tswa lapeng, sekolong le ka metswalle.
O ngola mehopolo mmapeng wa monahano.
O bona mefuta ya dipolelo(pehelo, potso, taelo, kgotso).
O ngololla dipolelo ho puopehelo.
O ngola dipolelo ho bontsha meelelo ya mantswe a medumo e tshwanang.
O ngolla lesedinyana pale a sebedisa mmapa wa mohopolo.

71 Bapala o ipaballetse 14
O bala sengolwa sa puisano.
O ngola qetello ya puisano.
O tlatsa dibudulwa tsa puo ho supa puopehelo.
O nyalanya nyamelo.
O hlophisa mantswe mabokoseng a medumo (ro, oo, nn, hle).

72 Ba itseng? 16
O bua ka pheletso e ka lokelang pale.
O tshwantshisa pale e kgahlang.
O ngololla dipolelo a sebedisa puopehelo.
O kopanya medumo ho bopa mantswe a sebedisa medumo ya a.

73 Lengolo la motswalle 18
O bala lengolo.
O araba dipotso ka lengolo.
O bona makgathe a nepahetseng.
O bona mahlalosonngwe.

74 Mandla ke mampodi 20
O ngola karete e tlotlang.
O sebedisa matshwao dipoleng ka nepo bona maemedi a nepahetseng.
Morabaraba wa mantswe ka dipapadi tse fapaneng.

75 Letsatsi la Laeborari 22
O bala sengolwa ka laeborari.
O araba dipotso ka sengolwa.
O hlophisa mantswe mabokoseng a medumo.
O kopanya dipolelwana ho bopa dipolelo.
O sebedisa … ho bopa mantswe.

76 Re bala dibuka 24
O araba dipotso ka buka eo a e badileng.
O ngola dipolelo a bolela hore hobaneng a ratile buka.
O bona sehlooho le mongodi wa buka ka nngwe.
O lepa seo buka e buang ka sona.
O nomora dibuka kamoo a di ratang ka teng.

77 Leeto la rona la diserekising 26
O bala sengolwa ka diserekisi.
O araba dipotso ka sengolwa.
O sebedisa maetsi ho phethela dipolelo.
O bona maetsi.

78 Ho etsahetse eng ka Dan? 28
O tshwantshisa pale ya Dan diserekising.
O ngola buka tsatsing a ikentse Dan.
O bona maetsi bukatsatsing.
O bona seo leetsi le re bolellang ka neng, kae, jwang.
O bona leetsi le hlaloswang ke lehlalosi.
O bona medumo e tshwanang ka nepo.

79 Ka medumo 30
O nyalanya mantswe a medumo e tshwanang.

80 Ho ngola pale ya hao 31
O bua ka moralo wa pale.
O ngola menahano bakeng sa pale tokisetsong ya pale.
O ingolla pale ya hae bukeng ya dipale ya disehwa.



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Re kgutlela sekolong ka morao ho nako ya phomolo



Ha re baleng

Dumelang bana ba sekolo.

Re a le amohela ka morao ho nako ya phomolo. Re karolong ya boraro ya pulo ya sekolo. Ke hopola hore le tla sebetsa ka thata. Ho a bata jwale. Haeba ba bang ba lona ba na le jeresi kapa jase tse le haellang, di tliseng sekolong hore re tsebe ho thusa bana ba se nang diphahlo tse futhumetseng.

Ha le ka sheba boto ya ditsebiso le tla hlokomela hore re na le dintho tse ngata tseo re tlo di etsang nakong ena ya selemo. Ke hopola hore le tla tla bohle ho tla nyakalla le rona.

Nako	Mantaha	Labobedi	Laboraro	Labone	Labohlano
1 – 2 Motsheare wa mantsiboya	Bolo ya matsoho	Bolo ya matsoho	Papadi ya sekolo Bolo ya maoto	Bolo Laeborari	Bolo ya matsoho
1 – 2 Motsheare wa mantsiboya	Mabelo	Papadi ya sekolo	Mabelo	Sehlopha sa mmino	Laeborari

FUMANA

Re fumane diborele tsa ngwanana.

Botsa ofising ya mothusi wa sekolo.

KATSE E LAHLEHILENG

Ha o fumana katse ya ka e ntsho e nang le matsoho a masweu, ke kopa o bone Lucy wa kereiti ya boraro.

Kereiti ya 3 e nka leeto la ho ya Diserekising.

Moqebelo 30 July

Tlelase ya kereiti ya 3 e tla be e rekisa kuku le dipompong ka labohlano la 21 Phupjane.

Ha o batla ho thusa laeborari ka nako ya ho bapala, bolella Mof. Ndlovu.

SES HL Gr3 B2 TH5.indd 2 2019/10/22 12:18:45

Letsatsi: _____



Ha re ngoleng Ngola lethathamo la dintho tse hlano tse ngotsweng botong.

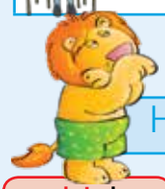
Titjhere o kopile hore bana ba apare eng ha ba ya sekolong? Hobaneng?



Ha re ngoleng Sheba lenane la diketsahalo tsa sekolo botong tlasa matsatsi le dinako tsa diketsahalo tsohle.



Ka nako e feng	Matsatsi	Nako
		
		
		
		
		



Ha re ngoleng Bala mantswe. Mamela medumo. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.



sehloho | wela | nna | lengolo | rehela

sehella | Labohlano | ngodisa | wesa | bonna

sehlopa	wena	feela	banna	ngola

Mantswe a tlwaelehileng

nako
hopola
bana
rona

TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH5.indd 3 2019/10/22 12:18:46

Seo re se etsang ha sekolo se tswa



Ha re etseng Bua le motswalle wa hao ka dipapadi kapa dintho tseo o di ratang.

Ngola hore o etsang ha sekolo se tswa kamehla.



Ha re ngoleng

Ditlhophiso tsa ka

Nako	Mantaha	Labobedi	Laboraro	Labone	Labohlano
1–2 Motshehare wa mantsiboya					
2–3 Motshehare wa mantsiboya					



Ha re ngoleng Ngola dipolelo tse tharo ka dintho tseo o di etsang hae ha o tswa sekolong.



Jwale ngola buka tsatsi hore o ne o ikutlwa jwang ha o tla sekolong ka morao ho nako ya phomolo.

Dumela buka tsatsi Letsatsi _____

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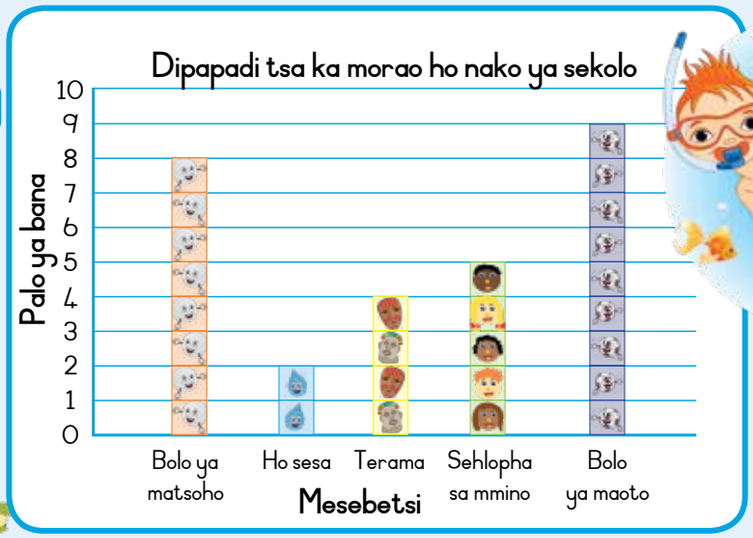
Letsatsi:



Ha re ngoleng

Sheba setswantsho o arabe dipotso tse latelang.







Ke eng papadi ya bohlokwa ka morao ho nako ya sekolo?	
Ke efe papadi eo bana ba sa e rateng haholo?	
Ke bana ba bakae ba ratang terama?	
Ke dife dipapadi tsa ka morao ho sekolo tseo o di ratang?	



Boikgathollo

Etsa tsebiso ho phatlalatsa papadi kapa seo o se ratang. Phousetara ya hao e kgothalletsa batho ho bapala dipapadi kapa seo o se ratang.



TITJHERE: Saena _____ Letsatsi _____

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Lekunutu la Mosi

Ha re bueng



Ha re baleng



Le ha ho bata nakong tsa hoseng, ho tjhesa haholo motsheare wa mantsiboya. Ka nako ya ho bapala bana ba rata ho matha letsatsing.
Ba rata le ho hlobola dijeresi tseo ba di apereng ka hodima dihempe tsa bona.

Mosi o tjhesa haholo empa ha a rate ho hlobola jeresi. E pata lekunutu la hae. Mosi wa batho o tjhesitse hempe ya hae, e na le lesoba le leholo, o e tjhesitse ha a ne a e tereka. O dula a apere jeresi ho pata lesoba leo. Mme wa hae o tshepisitse ho rekela Mosi hempe e ntjha kgweding e tlang hobane ha a na tjhelete hona jwale.

Mosi ke e mong wa bahlodi tlelaseng ya hae ka ho bala le dipalo. Titjhere wa hae o rata ho bontsha bana ba sekolo mosebetsi wa hae. "Joo, ke mosebetsi o motle!" bana ba hoeletsa. Ka nako ya tinare Mosi le metswalle ya hae Pam le Busi, ba bapala papadi ya bona ya bolekemaipatile.

Ha ba kgutlela ka tlelaseng ba a tjhesa ke ho matha, ba hlobola dijeresi empa Mosi yena ha a hlobole. Busi o hlokometse hore Mosi o saretswe hape o tjhesa haholo.

O sebela ba bang ka ditsebeng: "Kea tseba hore ke hobaneng o

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sa rate ho hlobola jeresi ya hao. Se tshwenyehe Mosi ke tla o fa dihempe tsa ka tseo ke sa di sebediseng."

Mosi o thabile hobane ha a sa tlamehile ho apara jeresi kgwedi e nngwe hape. Ha a sa tla tjha le ho kgathala hape.





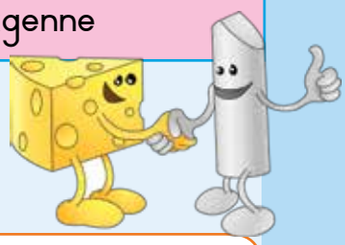
Ha re ngoleng

Ha o qeta ho bala pale, etsetsa sedikadikwe tlhaku ya karabo e nepahetseng.

Mosi o ne a bapala le mang?	
A	Busi le Pam
B	Bongi le Ati
C	Busi
D	Bongi

Pale ena e etsahetse ka nako e feng?	
A	Hlabula
B	Mariha
C	Hwetla
D	Selemo

Kgetha lentswe le le leng le hlalosang Busi hantle. Fana ka karabo.	
A	Ha a utlwe
B	O rata ho hlokomela ba bang
C	O bohlale
D	O kgenne



Sheba diratswana tsa pele tse tharo tsa pale ena. Fumana mantswe a mabedi a **hanyetsanang** le mantswe a na.

nyenyane _____

mpe _____

Dipolelo tsena di re bolella ka pale ya Mosi. Etsa dinomoro dipolelong tsena tse ka mabokoseng ho tloha ho 1 ho fihla ho 4 ho bontsha tatellano ya diketsahalo.

	Busi o tshepisitse ho fa Mosi hempe.
	Mosi o saretswe hobane hempe ya hae e na le lesoba ka morao.
	O tlamehile ho emela mme wa hae hore a fumane tjhelete e lekaneng hore a reke hempe.
	O tjhesitse hempe ya hae ka morao ha a ne a e sidila ka tshepe e sidilang.

TITJHERE: Saena _____ Letsatsi _____

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Maikutlo



Ha re bueng Bua ka hore Mosi o ikutlwile jwang. O nahana hore Busi e ne e le motswalle e lokileng. Hobaneng? Etsa tswantshiso ya pale ena.

Inahanele o le Mosi. Ngola bukatsatsi o hlalosa hore ho etsahetseng kajeno. Bolela hore o ikutlwile jwang.

Ha re ngoleng



Dumela bukatsatsi	Letsatsi _____



Ha re baleng Bala thothokiso ena ka metswalle. E bale haholo le ba sehlopha sa hao.



Ke bua le motswalle
Ke tsamaya le motswalle
Re kopanetse sekgele le Puleng.
Ke matha le motswalle
Ke natefetswe le metswalle
Re ithuta mmoho.









SES HL Gr3 B2 TH5.indd 8 2019/10/22 12:18:55

Letsatsi:

Boikgathollo



Metswalle ya sekolong ke
e meholo le e menyenyane.
Metswalle ya sekolong ke
e bohlokwa ka ho fetisa.



Etsetsa metswalle ya hao e mmedi dikarete tsa setswalle. Re kentse thothokiso kareteng e le nngwe. O ka ngola thothokiso e kgutshwane kareteng e nngwe. Ngola lebitso la motswalle wa hao kareteng hodimo. Ngola lebitso la hao ka tlase.









Mantswe a tlwaelehileng

empa
hobane
thabile
hape

Ha re ngoleng

Bala mantswe. Mamela medumo. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

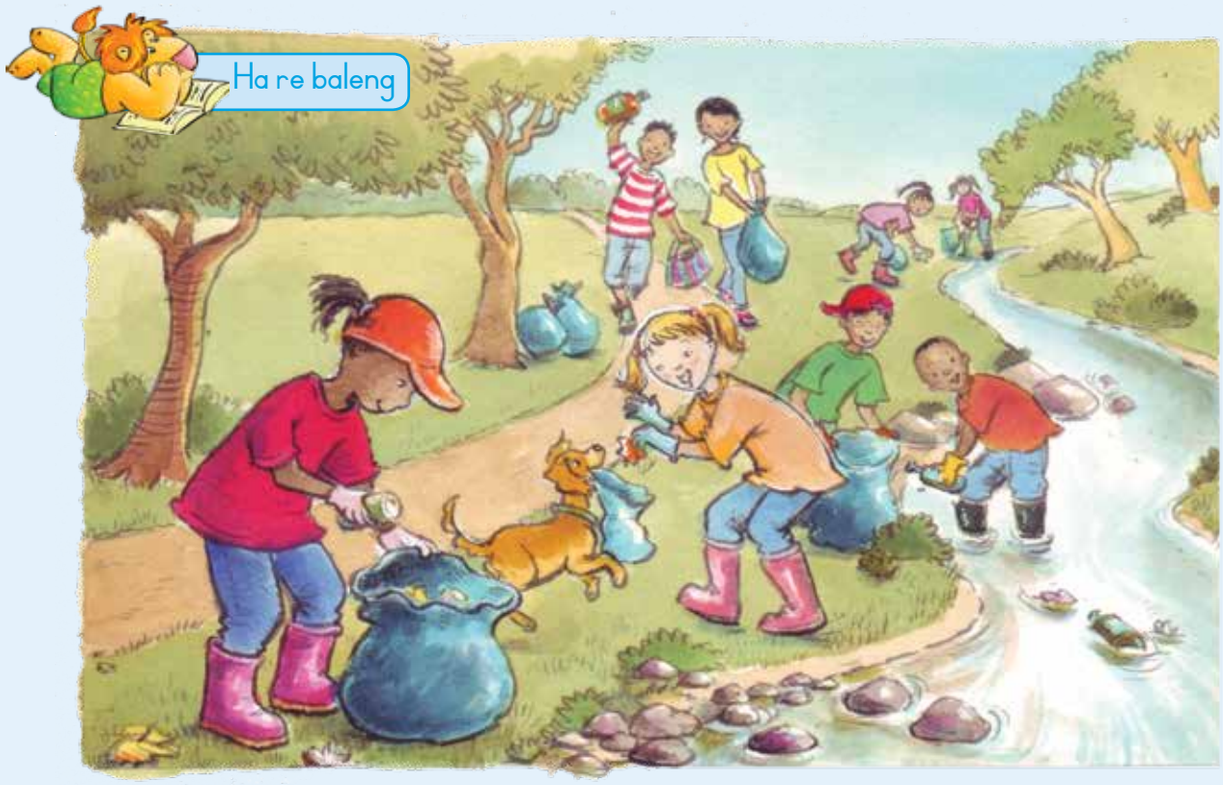
matha
hobaneng
mantsiboya
letsatsing
motle
ditsebeng
hlompha
tlong
theoha
hlobola

tseo	batho	hlopheha	hoseng	tlelase



TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH5.indd 9 2019/10/22 12:18:56



Dinako tsa bana

Sekolo se tlase sa Lesedi se hapa moputso wa tlhwekiso hape!

Tsena ka Jenny Smith 12 Phato 2015

Ke selemo sa bobedi bana ba Lesedi ba hlwekisa sebaka sa ho bapala.

Moqebelo o fetileng bana ba 60 ba tswang sekolong sa Lesedi ba hlwekisitse sebaka sa ho bapala se pela moo ba dulang. Bana ba phutha matlakala, ba a kenya ka mekotleng e fapaneng hore sekolo se rekise matlakala a ka sebediswang hape. Sekolo se tla sebedisa tjhelete ho reka dibuka tsa laeborari.

Mosuwehlooho Mof. Nkuna o re bana ba ithutile dintho tse ngata ka ho hlwekisa moo ho bapallwang. Pele ba ithutile ho hlokomela tikoloho ya bona, hape ba ithutile hore ke



pampiri le mabokese a feng a ka sebediswang hape.

Bongi Shabalala, morupelli wa kereiti ya 3 o re: “Re ithutile tse ngata mme re natefetswe.” Dan Smit, morupelli wa Kereiti ya 3 wa moshemane o re, “Re sebeditse ka thata empa ho bile monate.”

Majoro o tla fa sekolo kgau ya tlhwekiso e ntle.

SES HL Gr3 B2 TH5.indd 10 2019/10/22 12:18:58

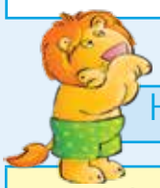
Letsatsi:



Ha re ngoleng



Ke sekolo se feng se neng se le ditabeng?	
Lebitso la pampiri e ne e le lefe?	
Pale e na e ne e le ka nako e feng?	
Mosuwehlooho wa sekolo ke mang?	
Mosuwehlooho o nahana hore e ne e le ntho e ntle ho hlwekisa sekolo. Hobaneng?	



Ha re ngoleng

Bala mantswe. Mamela medumo. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.



matlakala	ithutile	ballwang	sebetsa	hlwekisa
tlola	thata	salla	tswang	hlwella
tloha	thaba	kolla	tseba	hlobola

Mantswe a tlwaelehileng

Moqebelo papadi leshome mofuthu



Ha re ngoleng

Arola mantswe a na ho latela dinoko tsa ona.



Ngola mantswe jwale ho latela alefabete.

Hlo/o/ho
pampiri
thata
mosuwe
sebetsa

1	
2	
3	
4	
5	

TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH5.indd 11 2019/10/22 12:19:00

Koranta ya ka



Ha re etseng

Bua ka taba tsa hao tsa lapeng le sekolong, le ka metswalle ya hao. Ngola maikutlo a hao mmapeng o latelang wa monahano.

Ditaba tsa lapeng

Ditaba tsa sekolo



Ditaba tsa ka





Ditaba tsa metswalle ya ka

Ditaba tseo ke di ratang le tsa dipapadi



Ha re ngoleng

Ngola hore polelo tse latelang ke mefuta e feng ya dipolelo sebakeng se ka letsohong le letona. Ngololla polelo o sebedisa matshwao a nepahetseng.



polelo | potso | taelo | makalo

ke rata dipompong	
Ke rata dipompong.	pehelo
thusa ke kotsing	
dan o tle sekolong ka nako	

SES HL Gr3 B2 TH5.indd 12 2019/10/22 12:19:03

na o rata dinonyana	



Ha re ngoleng

Ngola polelo ka mantswe a latelang ho bontsha moelelo wa ona.

bona	
lewatle	
bona	
mane	



Boikgathollo

Sebedisa dintlha tseo o di ngotseng ka taba tsa hao ho o thusa ho ngola pale ya koranta.



Tlatsa lebitso la koranta

Sehlooho kapa lebitso la taba

Tlatsa lebitso la hao Letsatsi

Ho etsahetseng?

O ikutlwa jwang ka se etsahetseng?

E etsahetse kae?

Etsa setshwantsho ho bontsha pale ya hao

SES HL Gr3 B2 TH5.indd 13 2019/10/22 12:19:04

Bapala o ipaballetse



Ha re baleng

Tlatsa dibudulwana tsa mantswe ho bontsha hore na Jabu le Dan ba reng ha ba buisana.



Ha Bongi le Ati ba tloha sekolong kajeno, ba bone koloi pela ngwanana e monnyane.

1

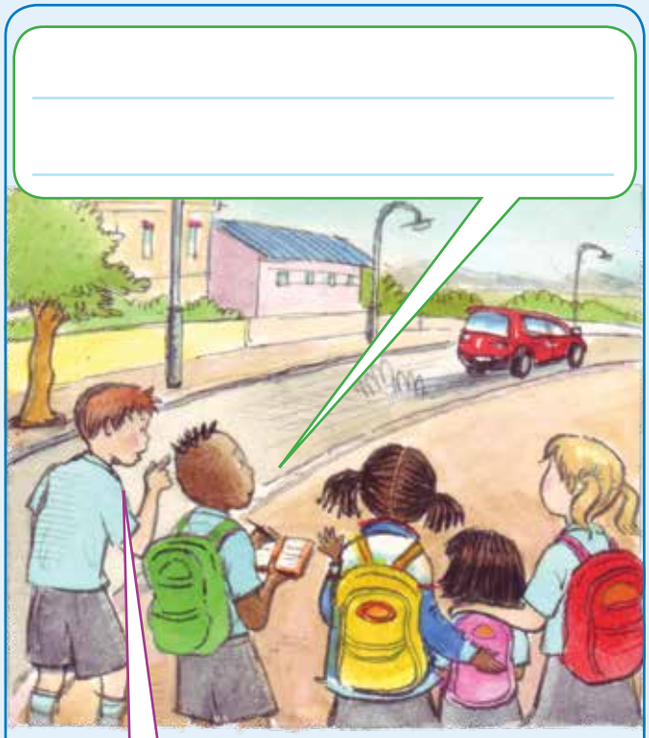


2



Bongi le Ati ba bitsa ngwanana e monyenyane. Ba tsamaya le yena.

3



Sam le Jabu ba ngotse nomoro moo ho ngolwang dinomoro tsa makoloi.

4

SES HL Gr3 B2 TH5.indd 14 2019/10/22 12:19:09

Letsatsi:



Ha re ngoleng

Tlatsa puo ya dibudulwana ho bontsha hore Jabu le Sam ba itseng puisanong ya bona. Jwale ngola qetelo ya pale, o bontsha hore o nahana hore ho etsahetseng kamorao ho moo.

O nahana hore Ati le Bongi ba ne ba kgathalla ngwanana e monyenyane? Hobaneng o nahana jwalo?



Ha re ngoleng

Bontsha botona le botshehadi ba mantswe a na.



moshanyana	mohlankana
morwetsana	mme
ntate	ausi
monghadi	ntatemoholo
abuti	mosadi
nkgono	mmangwane
monna	mofumahadi
rangwane	ngwanana

Mantswe a tlwaelehileng

lerato
seha
robedi
bohloko



Ha re ngoleng

Tlatsa mantswe a nang le medumo e tshwanang le ena.

rora

moo

nna

hoohle

tsoohle

bonna

hoo

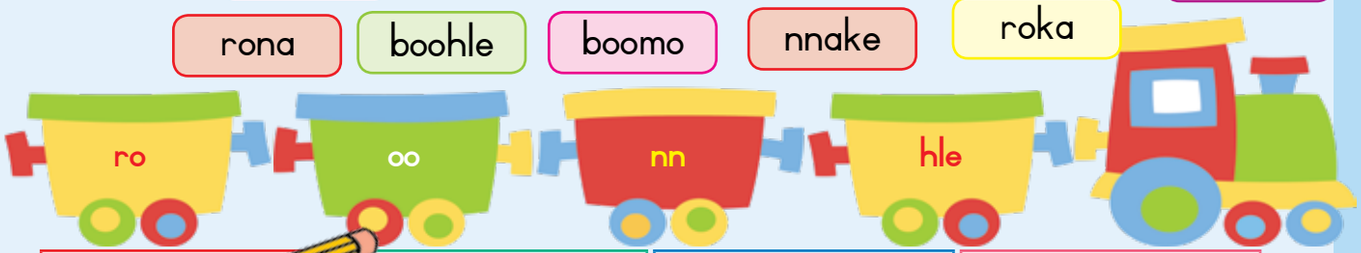
rona

boohle

boomo

nnake

roka



rona			

SES HL Gr3 B2 TH5.indd 15 2019/10/22 12:19:23

Ba itseng?



Ha re etseng

Dihlopheng tsa lona , bala qetelo ya pale eo o e ngotseng leqephetshebetsong le kapele. Ke qetelo e feng e monate ho feta tsohle? Etsang tshwantshiso ya pale e monate ho feta tsohle.

Ngola hore ba reng ha ba sebedisa matshwao a nepahetseng a puo.

Ha re ngoleng





O se tsamaye le batho bao o sa ba tsebeng.

Jabu o itse: "



Ke rata terama le ho bina.

Bongi a re: "



Hlokomela!

Busi a hoeletsa: "



Na re tshwanetse ho isa ngwana e monyenyane hae?

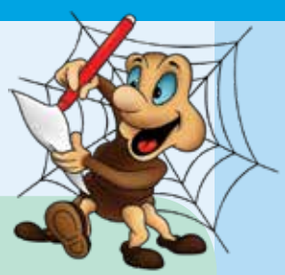
Ann o botsitse: "

SES HL Gr3 B2 TH5.indd 16 2019/10/22 12:19:25

Letsatsi:



Ha re ngoleng Na o ka etsa mantswe a makae ka ho kopanya medumo?
A ngole ka letsohong le letona.





m		tho	motho
m		rena	
b		lo	
leh	o	la	
th		la	
m		shemane	
m		nna	





m		tha	
r		ta	
b		na	
f	a	na	
s		la	
h		ta	
l		ta	
n		la	

TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH5.indd 17 2019/10/22 12:19:28

Lengolo la motswalle



Ha re baleng



24 Jupiter Street
Marsville
2033
14 Phato 2015

Dumela Dan

O ipatile, ke kgale ke qetetse ho bua le wena. Ke batla ho o bolella ditaba tse monate. Ke hapile mohope wa bommampodi. Ha jwale ke mmampodi wa dilemo tse ka tlasa 9. Ke ne ke sa nahane hore nka hapa moputso.Ke ne ke tshositswe ke moshemane e mong e moholo ho nna ka dilemo.



Ke ile ka emisa ho nahana ka yena, ka nahana ha morao ka nako eo ke ikwetlisitseng ka yona. Ka utlwa metswalle e bitsa lebitso la ka, ka tseba hang hang hore ke mohlodi tlhodisanong.

Ke nahana hore bana bohle ba tlamehile ho ikwetlisetsa karate. Ha ho mang kapa mang ya ka re kgathatsang. Ho molemo ho ipoloka o kwetlile o phela hantle.



Papading ya karate ke ithutile hona. Sena ha se bolele hore ke rata ho lwana empa nka etsa hore motho a kgaotse ho ntlhekefetsa.

Ke kopa o tle o ntjhakele.

Motswalle wa hao

Mandla

SES HL Gr3 B2 TH5.indd 18 2019/10/22 12:19:33

Letsatsi:

Ke mang ya ngotseng lengolo?	
O ngotse lengolo ka letsatsi lefeng?	
Mongodi o file Dan ditaba di feng?	

Mantswe a tlwaelehileng

ditaba
ntho
bana
dula

Mongodi o nahana hore karate ke ntho e ntle ho bana hore ba ithute. Hobaneng?



Kgetha, mme o etsetse sedikadikwe lentswe le nepahetseng.

Ha re ngoleng



Ngwanana o/ba mathela hae.
Bana ba/o karateng.
Thabo ke/ba mammpodi.
Bonolo o/ba isa bana hae.





Ha re ngoleng

Fumana mantswe a nang le moelelo o tshwanang le mantswe a ngotsweng ka botenya, o a ngole dibakeng tse siilweng.

bobebe | latswehang | bulehile | otile

Mantswe a nang le moelelo o tshwanang.

Re jele dijo tse monate mantsiboya.	
Ke fumane dipalo tsena di le bonolo ho di ngola.	
Noka e ne e le kgolo.	
Ngwana o ne a le mosesane haholo.	









TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH5.indd 19 2019/10/22 12:19:39

Mandla ke mampodi



Ha re etseng

Romella Mandla (ba bang ba metswalle ya hao) karete e mo babatsang. Ngola molaetsa wa bohlokwa ka hara karete.





Ngola polelo tse pedi ka ntho tseo o ka di etsang hantle.



Ha re ngoleng



Ha re ngoleng

Bala mantswe. Mamela medumo.



monna	dumela	bolo	kula	shwa
banna	dula	bopa	kuka	shwalane
bonna	dutla	boka	kutu	shwahla

SES HL Gr3 B2 TH5.indd 20 2019/10/22 12:19:50

Letsatsi: _____

!?.



Ha re ngoleng

Tlatsa matshwao a nepahetseng qetellong ya dipolelo tsena.
Sebedisa potso (?) kapa makalo (!) kapa kgutlo (.).

Mandla re a o lebohela ho ba mohlodi (!)
Na Mandla o na le lebanta le letsho la karate _____
Re hloka ho ithuta ho itshireletsa _____
Mandla o ngotse lengolo neng _____
Mandla o dula kae _____





Ha re ngoleng

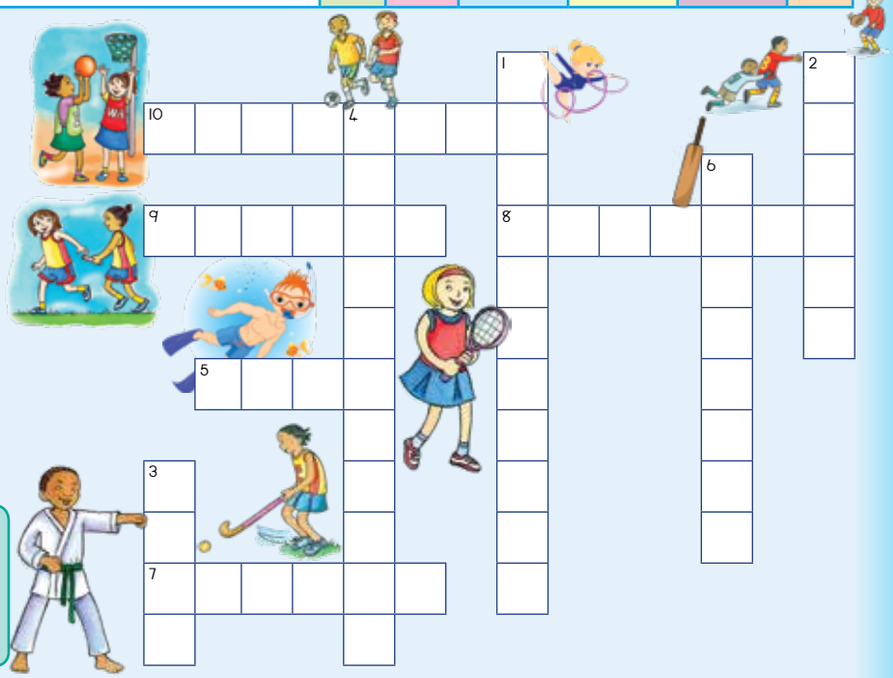
Bala polelo e nngwe le e nngwe, sehella lentswe le emelang lebitso leo o ka le sebedisang sebakeng sa lentswe le sehelletsweng.

Mandla o na le lebanta le letsho la karate.	o	ba	re	di	yena	se
Bongi le nna re tjhaketse Pam.	re	ba	o	di	rona	se
Sehlopha sa bolo ya matsoho se tla etela Durban.	re	o	di	sona	ba	se
Ntja e tlile ka tlelaseng kajeno.	e	o	ba	yona	ba	se
Mosi o ne a hloka jeresi.	o	ba	yona	se	yena	se



Boikgathollo

Sebedisa ditshwantsho tsena ho o thusa ho phethela phazele ena ya papadi.



Lopalla
5 Sesa
7 Karate
8 Thenese
9 Mabele
10 Netebole

Ttasse
1 Boikhapollo
2 Rakeb!
3 Hok!
4 Boloyomaoto
6 Kerikete

SES HL Gr3 B2 TH5.indd 21 2019/10/22 12:20:01

Letsatsi la Laeborari



Ha re baleng



Beke e nngwe le e nngwe bana ba ya laeborari ha sekolo se tswa. Ba rata ho ya laeborari. Titjhere o rata ho ba balla dibuka ka laeborari. Pam le Busi ba rata ho thusa ka laeborari ka nako ya phomolo ka Labobedi le Laboraro. Ba rata ho paka dibuka ka makgethe dishelefong. Ba tempa dibuka tseo bana ba yang le tsona hae ka setempe.



Ho dumelletswe hore ngwana e mong le e mong a ye hae ka buka tse pedi. Pele o ka nka dibuka tse ding o lokela ho kgutlisa tseo o di kadimileng. Busi le Pam ba bala buka tse pedi bekeng e nngwe le e nngwe. Ba ya laeborari ho etsa mosebetsi wa sekolo. Ho thotse hamonate moo, mme ha o dumellwe ho ja ka laebori. Ho na le khomputa. Busi le Pam ba ithutela ho e sebedisa. Ba dummelletswe ho sebedisa khomputa metsotso e 20 feela.



Ha re ngoleng

Araba dipotso tsena.

Busi le Pam ba sebetsa ka laeborari ka matsatsi a feng?	
Ba etsa mosebetsi o feng ka laeborari?	
1	
2	
Ba dumelletswe ho sebedisa khomputa nako e kae?	

SES HL Gr3 B2 TH5.indd 22 2019/10/22 12:20:04

Letsatsi:



Ha re ngoleng

loma

rona

hola

kokota

aka

hoseng

ala

kopa

Tlatsa mantswe a medumo e tshwanang. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.











Ha re ngoleng

Bapisa mantswe a ka letsohong le letshehadi le a ka letsohong le letona ho etsa polelo.

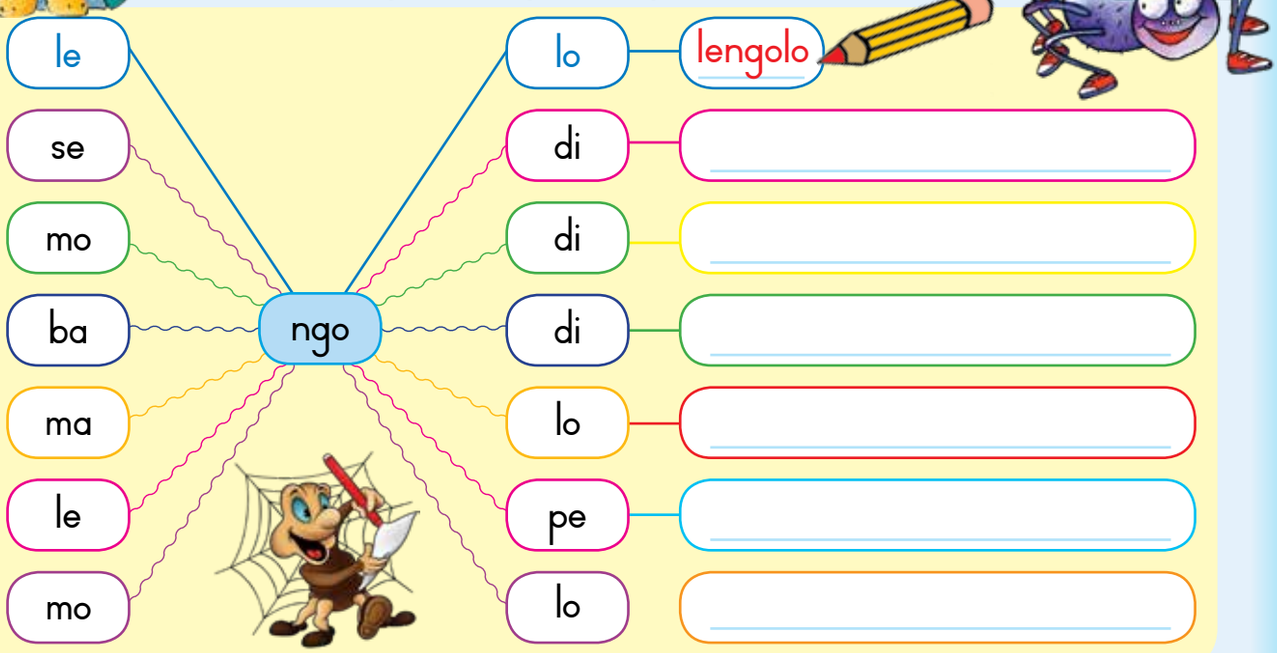
O ne a le morao sekolong hobane		motlakase o ne o timme.
O ka se sebedisi khomputa		hobane ha o rate ho etsa mosebetsi wa sekolo.
O feitse hlahlobo hobane		o tsohile motsheare.



Ha re ngoleng

O ka etsa mantswe a makae ha o hokanya medumo mmoho? A ngole sebakeng se latelang.





TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH5.indd 23 2019/10/22 12:20:07

Re bala dibuka



Ha re etseng





Ngola ka buka eo o e ratileng.

Sehlooho:

Mongodi:

Bolela hore buka ena e bua kang?

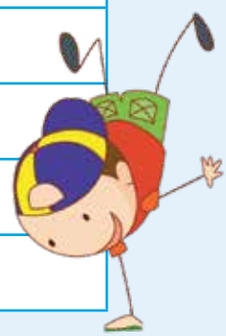
Etsa setshwantsho ho bontsha hore buka e bua ka eng.



Ha re ngoleng

Ngola polelo tse tharo ho bontsha hore o ratile eng ka buka.





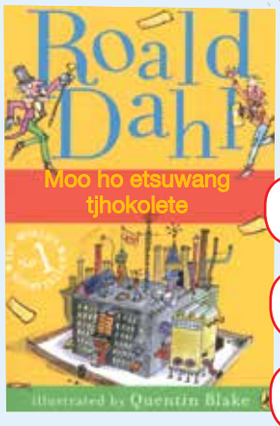
SES HL Gr3 B2 TH5.indd 24 2019/10/22 12:20:11

Letsatsi:



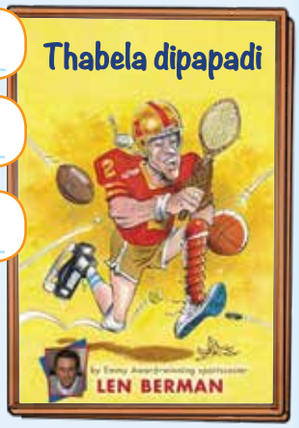
Boikgathollo

Sheba buka tsena hantle le motswalle wa hao. Wena le motswalle wa hao le fumane dihloho tsa buka tsena, le bangodi ba tsona. Bolela hore buka e nngwe le enngwe e bua ka eng. Ke buka di feng tseo o ka ratang ho di bala? O ya Laeborari hobaneng? Ke eng o sa ye Laeborari o ilo bona hore na o ka nka tse ding tsa dibuka tsena.



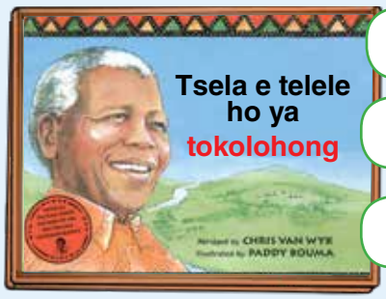
Sehlooho

Mongodi



Sehlooho

Mongodi



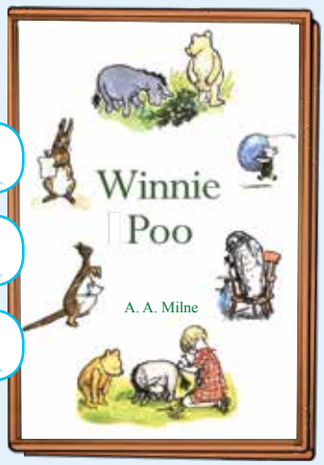
Sehlooho

Mongodi



Sehlooho

Mongodi



Sehlooho

Mongodi

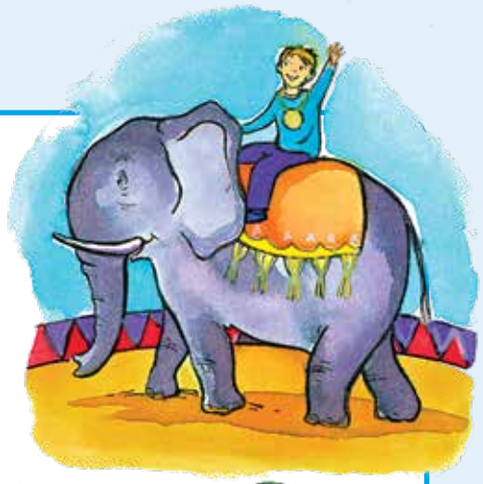
TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH5.indd 25 2019/10/22 12:20:25

Leeto la rona la diserekiseng



Ha re baleng



Letsatsi la rona le leholo le fihlile. Diserekise di ne di le toropong, bana ba kereiti ya boraro ba ne ba le beseng ho ya diserekiseng. Ra fihlela tenteng e kgolo.

Titjhere: Ebang mmoho hore le se ke la lahlehelana. Ha o ka lahleha, ema ofising ya ditekete haufi le moo ho kenwang, re tla o fumana moo.

Jabu: Aa! Sheba na setshehisi se tsamaya hodima eng.



Bongi: Ke rata ditlhapi ha di tantsha.

Ati: Na re ka kgona ho ya haufi le ditau ka mora dipapadi?

Sam: Ho tla etsahala eng ha e ka phonyoha?

Busi: Aa, ke rata ho etsa diakrobatics tjena!



Titjhere: Dan o kae?

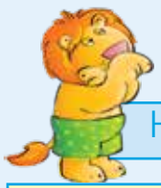
Sam: Ha ke tsebe.

Titjhere: Kapele! Tsamaya o shebe haufi le ofisi ya ditekete.

Pam: Sheba! Sheba! Ke yane! O palame tlou!

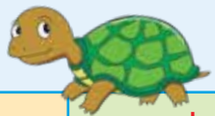
Titjhere: O morena ka! Ha ke kgolwe!





Ha re ngoleng

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.



tsamaya	papadi	bana	bina
letsatsi	panyapanya	banana	bitsa
tsoma	patsi	batho	bidikisa

SES HL Gr3 B2 TH5.indd 26 2019/10/22 12:20:28

Letsatsi: _____



Ha re ngoleng Ngola dikarabo dibakeng tse siilweng.

Ke eng seo ngwana ka mong a se ratileng diserekising?			
Jabu	Bongi	Ati	Busi

Ho etsahetseng ka Dan?

Ngola qetelo ya pale. Ngola hore titjhere le Dan ba itseng.
Titjhere:
Dan:

Mantswe a tlwaelehileng

hola
lebone
letsatsi
leholo



Ha re ngoleng Sebedisa maetsi ho qetella dipolelo.
Seha mola ka tlsa mantswe a re bolellang ka ketso.

bapala | tsamaya | hweletsa | palame | kgannetse

Dan o palame tlou ka thabo.

Bana ba _____ haholo ke thabo.

Setshehisa se _____ ka hloko hodima thapo.

Tlhapi e _____ ha monate ka bolo.

Re _____ hae ha bohloko ka bese e tshehla.

Mantswe a hlalosong ketso a bitswa maetsi. A re bolella ka ketso kapa se etswang. Mahlalosi a hlalosa ketso.



SES HL Gr3 B2 TH5.indd 27 2019/10/22 12:20:31

Ho etsahetse eng ka Dan?



Ha re etseng

Tshwantshang papadi moo Dan a bolellang metswalle ya hae hore ho etsahetseng ho yena ha a ne a le serekising. E mong wa lona o tla nka sebaka sa titjhere.

Etsa e ka o Dan. Ngola bukatsatsi ka nako ya hao ya ho ba diserekising.

Ha re ngoleng







Buku tsatsi	Letsatsi _____





Ha re ngoleng

Sehella mantswe a hlalosang ketso a ngotsweng ka hara buka tsatsi ya hao. Ngola mantswe a hlalosang ketso a tsheletseng tafoleng ena.



SES HL Gr3 B2 TH5.indd 28 2019/10/22 12:20:36

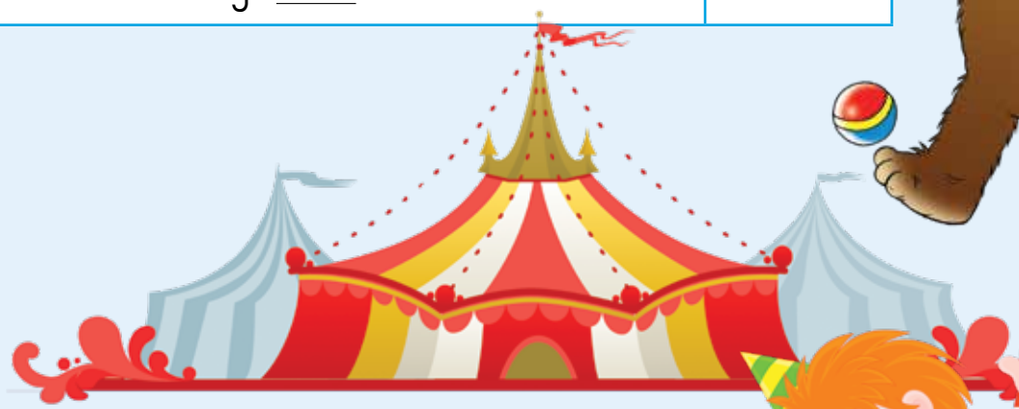


Ha re ngoleng

Mahlalosi a thaletsweng mola ka tlase a re bolella ka eng, kae kapa hore ketso e etsahetse jwang! Ngola jwang, neng kapa kae pela polelo. Jwale etsa sedikadikwe ho potoloha leetsi le hlaloswang ke lehlalosi.

Jabu o ja dijo tsa motsheare kapele.	Jwang
Pam o atisa ho bala dibuka tse buang ka diphoofolo.	
Dan o re bolella ka motlotlo ka papadi ya diserekisi.	
Ka mehla re tsamaya ka maeto a sekolo.	
Tlou e ne e bapala ha monate diserekising.	
Bana ba ile ba tsamaya butle. Ka mora diserekisi.	







Ha re ngoleng

Etsa sedikadikwe lentsweng le nepahetseng ho e nngwe le e nngwe ya dipolelo tsena.

Ke rata ho pheta/phetha pale.
Ke tsamaya ka tsela/tshela e le nngwe ho ya sekolong.
Ke ya diserekising ka maoto/maeto.
Sekepe se sesa lewatleng/sefateng.
Ke tla o bona ka moso/ka mose.
Ha ke a tsoha hantle/hempe kajeno.
Ke nkile hora/hare ho fihla moo.



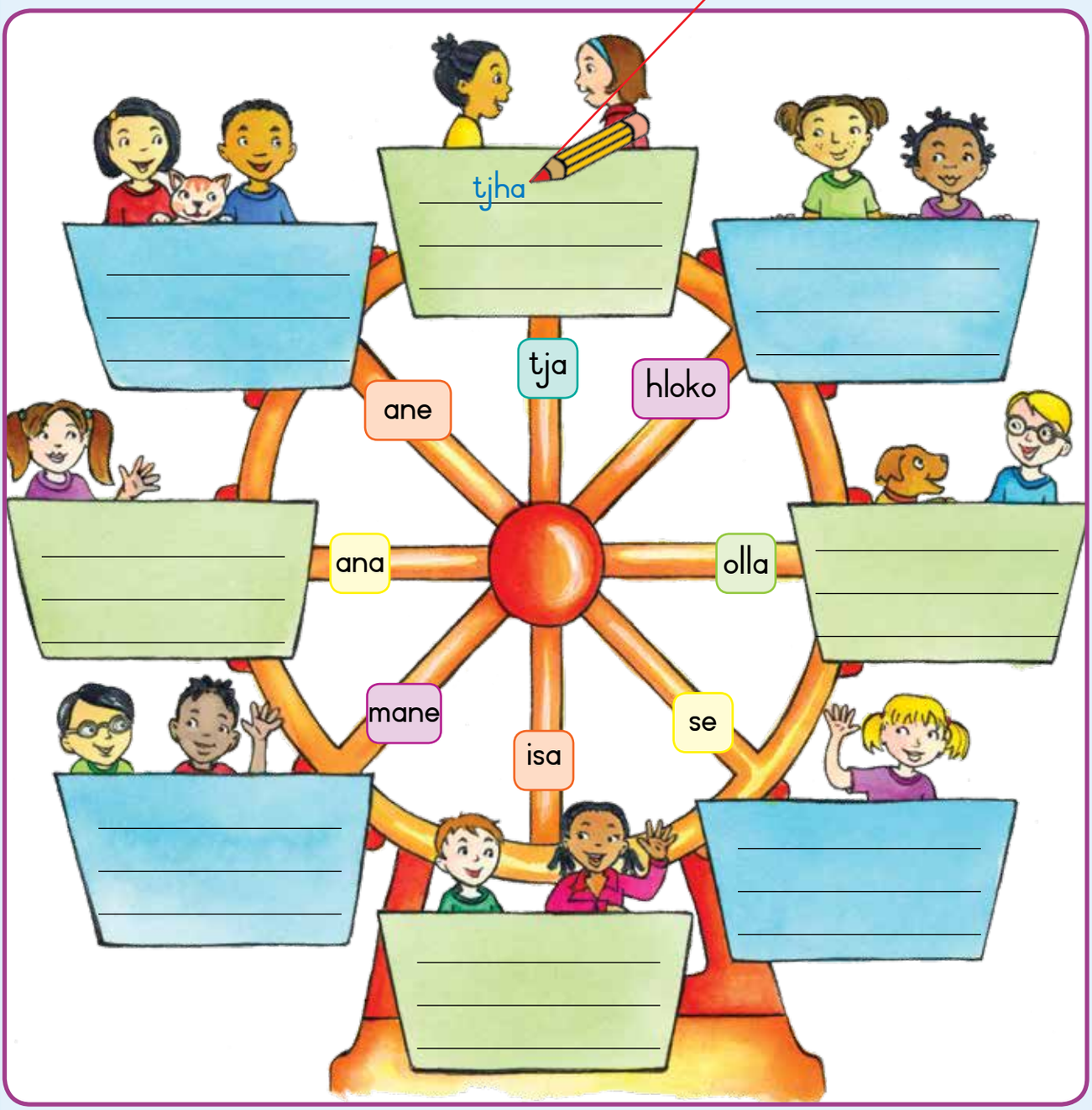
SES HL Gr3 B2 TH5.indd 29 2019/10/22 12:20:40

Ka medumo



Boikgathollo Nyalanya mantswe a medumo e tshwanang.

pula	tjhitja	boloka	fumana	ngwanana	thata	lofo	nama
bohloko	nonyana	mahwasha	podi	sehlopha	mooki	fumane	hlodisa
jase	hlwekile	retoloha	fatshe	bokolla	tjha	tshila	lekane



SES HL Gr3 B2 TH5.indd 30 2019/10/22 12:20:42

Ho ngola pale ya hao



Ha re bueng

Buisana le metswalle ya hao ka pale eo o batlang ho e ngola.
Jwale fana ka maikutlo a hao leqepheng lena.



Moralo wa pale ya ka

Dibapadi le tikoloho.

Dibapadi ke bomang paleng ya hao?

Pale ena e etsahala hokae?

Pale ena e etsahetse neng?

Qalo

Ho etsahala eng qalong ya pale?

SES HL Gr3 B2 TH5.indd 31 2019/10/22 12:20:43



Bohare

Ho etsahala eng bohareng ba pale?



Qetelo

Pale e qetella jwang?



Boikgathollo

Iketsetse buka ya hao. Seha leqephe le latelang la buka ena. Seha mathebeng a meleng. Mena leqephe meleng. Ngola sehlooho sa buka leqepheng le ka ntle. Ngola lebitso la hao ka tlasa sehlooho, hobane o mongodi wa pale. Etsa setshwantsho leqepheng le ka ntle la buka. Jwale ngola pale ya hao ka hara buka.

SES HL Gr3 B2 TH5.indd 32 2019/10/22 12:20:45

KAMORA BUKA

DITABA TSA MONGODI

Ngola lebitso la hao



Dilemo tsa hao

Moo o dulang



8

MOHATO WA 1: Mena mathebeng moleng

MOHATO WA 3: Kenya seteipolara lehlakoreng lena

BOKANTLE BA BUKA

Taka setshwantsho mona.



Ngola lebitso la buka mona.

Ngola lebitso la hao (o mongodi).

1

MOHATO WA 4: Seha moleng o motenya kamora hoba o kenye seteipolara bukeng ya hao

MOHATO WA 2: Mena mathebeng moleng

5

Tswela pele ka pale ya hao mona.



Taka setshwantsho mona.

4

Ngola bohare ba pale ya hao mona le leqepheng la 5.



Taka setshwantsho mona.

Taka setshwantsho mona.

Qala ho ngola pale ya hao mona.



2

Taka setshwantsho mona.

Phethela pale ya hao.



7

3

Tswela pele ka pale ya hao mona.



Taka setshwantsho mona.

6

Ngola se etsahalang phetsong ya pale ya hao.



Taka setshwantsho mona.

Lenaneo

Tema 6: Ho dula toropong

Kotara 3: Dibeke 5 - 10

81 Bophelo ba ditoropong 36
O bala sengolwa ka Jim o ya toropong.
O sebedisa setshwantsho sa boloko ba difolete ho bontsha kamano.
O bua ka se etsahalang foleteng ka nngwe.
O tlatsa maetsi a nepahetseng ho hlalosa se etsahalang foleteng ka nngwe.

82 Dibaka tseo re dulang ho tsona 38
O bua ka mmapa.
O araba dipotso hodima mmapa.

83 Jim o romella metswalle ya hae e-mail 40
O bala e-mail.
O sebedisa makopanyi ho kopanya dipolelo.
O bona malatodi.

84 Motswalle ya Jim o ngola molaetsa 42
O bala sengolwa sa e-mail.
O araba dipotso hodima email.
O sebedisa maetsi ho phethela dipolelo. O bona makgathe dipolelong (lejwale kapa lefetile).
O sebedisa masupi.

85 Re fumana tsela ya rona 44
O bala mmapa.
O araba dipotso hodima mmapa
Supisa tsela ka ho ngola dibaka tse itseng mmapeng.
O bona matshwao a tsela le ho bolela seo a se emetseng.

86 Moo ke dulang 46
O ngola aterese onfolopong.
O sebedisa makopanyi ho kopanya dipolelo.
O bona mabitsobitso.
O tlatsa karete ya memo bakeng sa konsarete ya sekolo.
O taka mmapa a supa tsela.

87 Ho bontsha tsela 48
O mamaretsa dibakeng tse mmapeng.
O buisana ka mmapa le motswalle.
O buisana ka dibaka tse bolokehileng le tse sa bolokehang.
O araba dipotso hodima mmapa.

88 Bala ka hloko 50
O botsa le ho nehelana ka tshupo ya tsela mmapeng.
O arola mantswe ka medumo.
O nomora mantswe ka nteterwana.
O bala papatso.
O araba dipotso ka papatso.
O rala papatso.

89 Kotsi ya koloi 52
O bala pale e setshwantshong.
O tlatsa dipudula tsa puo ho phethela pale.
O noha le ho ngola pheletso ya pale.
O hlophisa mantswe mabokoseng a medumo a nepahetseng.
O bala mantswe ebe o mamela medumo.
O bona le ho nyalanya maemedi.

90 Ho etsahetseng? 54
O bona tatellano ya pale.
O bapisa ditshwantsho tse pedi mme a bone phapang.
O tlatsa foromo ya kotsi ka ho tlatsa tlhahisoleseding.

91 Konsareteng 56
O bala tsamaiso ya konsarete ya sekolo.
O buisana le motswalle ka tsamaiso.
O araba dipotso hodima tsamaiso.
O taka phousetara ho bapatsa konsarete a bolela tsohle ka yona.

92 Baeti konsareteng ya rona 58
O bala taba ya lesedinyana.
O araba dipotso hodima taba ya lesedinyana.
O hlophisa mantswe mabokoseng a medumo a nepahetseng (th, d, ts, h).
O bona mabitso le makgethi a siyo mme o a sebedisa ho phethela dipolelo.

93 Dan ya makatsang 60
O bala sengolwa ka Dan.
O ngola tlhaloso ya Dan.

94 O buisana ka mmapa wa Afrika Borwa 62

95 Ditshwantsho tsa disehwa 63

96 Ho ingolla pale ya hao 65
Buisana ka moralo wa pale.
O tlatsa mehopolo bakeng sa pale ka dihlooho tse nehelanweng.
O etsa buka ya disehwa.



SES HL Gr3 B2 TH6.indd 35 2019/10/22 12:18:59

Bophelo ba ditoropong



Ha re baleng





Jim o fallela toropong

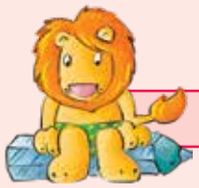
Ntate wa Jim o fumane mosebetsi o motjha jwale ba lelapa la hae ba ile ba tlameha ho falla. Jim o ne a sulafalletswe ke ho siya metswalle ya hae sekolong. O ne a tlamehile ho ya sekolong se setjha.

Bophelo ba toropong bo fapane hole le bophelo ba mahaeng. Ho na le batho ba bangata ba dulang toropong, le sephethephethe se sengata. Seterateng o bona batho ba bangata ba kganna, ba tsamaya ka diterene le di tekesi ho ya dibakeng tse ngata. Batho ba bangata ha ba na dijarete hobane ba dula ka hodima meaho e meholo, e melele.



Jim o dula moahong wa bobedi, foleteng ya 2A. O dula pela sekolo hore a tsebe ho tsamaya ka maoto ho ya sekolong.

Jim o lahleha ka mehla hobane ho na le diterata tse ngata tse tshwanang. Motswalle wa hae Thandi o a mo thusa ha a lahleha. O dutse toropong dilemo tse pedi.



Ha re ngoleng

Sheba hore batho ba etsang difoleteng. Ditshwantshong re nomorile difoletse tsohle. Ho na le meaho e meraro ho tloha ka hodimo. Karolo e nngwe le e nngwe e na le difolete tse nne. Karolo e nngwe le e nngwe e na le nomoro, folete e nngwe le e nngwe e na le tlhaku ya alefabete.

Tafole e latelang e na le ntho tsohle tseo batho ba di etsang. Bontsha hore mosebetsi ona o tswa foleteng e feng. Sebedisa nomoro ya karolo ya folete (kholomong e ka letsohong le letshehadi) nomoro ya folete (e moleng o moputswa ka hodimo).

SES HL Gr3 B2 TH6.indd 36 2019/10/22 12:19:00

Letsatsi: _____



	A	B	C	D
3				
2				
1				

Jim o etsa mosebetsi wa sekolo.	2A	Ngwanana o nwa moriana.		Ngwanana o bala buka ya hae ya laeborari.	
Bana ba na le mokete.		Moshemane o apara diaparo tsa bolo.		Monna o a pheha.	
Ngwanana o hlatswa meno		Moshemane o ja aesekirimi.		Ngwanana o tshwere katse.	
Ngwana o bua founung.		Moshemane o fepa ntja.		Ba shebile TV.	



Ha re ngoleng

Jwale tlatsa mantswe a siyo ho qetela dipolelo.
Tlatsa mantswe a siilweng ho qetela dipolelo tse latelang.

Ba  _____ TV.

O  _____ founung.

Moshemane  _____ le ntja.

Moshemane o  _____ aesekirimi.

Thandi  _____ buka.

TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH6.indd 37 2019/10/22 12:19:05

Dibaka tseo re dulang ho tsona



Ha re baleng

Sheba mmapa o bue ka dibaka le meaho e hlahileng ditshwatshong tse latelang. Supa hore o bona eng bolokong bo bong le bo bong.

	A	B	C	D
6	matlo	matlo	banka	mmaraka
5	sekolo	phaka	sepetlele	mabenkele
4	lebala la dipapadi	letamo la ho sesa	kereke	seteishene sa terene
3	moo ho jelwang	keretjhe	laeborari	difolete
2	matlo	mabenkeleng	seteishene sa maponesa	seteishene sa setima mollo
1	serapa sa diphoofolo	karatjhe	posong	boemafofane

SES HL Gr3 B2 TH6.indd 38 2019/10/22 12:19:08

Letsatsi:



Ha re ngoleng Bolela hore dibaka tsena di hokae. Sebedisa dinomoro tse tshehla tse ka letsohong le letshehadi mmapeng le dinomoro tse putswa tse ka hodimo.

Tleliniki e ho kae?	2A	Sepetlele se hokae?	
Laeborari e hokae?		Mapoleseng ke hokae?	
Setimamollong ke hokae?		Difolete di hokae?	
Sekolo se hokae?		Serapa sa diphoofolo se hokae?	
Ke boloko bo fe bo nang le difate tse ngata?		Seteishene sa diterene se hokae?	



Ha re ngoleng Bua le motswalle wa hao ka baka tse fapaneng mmapeng. Arabang dipotso tsena mmoho, le tlatse dikarabo.



Bolela dibaka tse pedi tse pela sekolo.	
Bolela dibaka tse pedi tse tobaneng le kereke.	
Ke sebaka sefe se ka pela bodulafofane?	
Ke sebaka sefe se mabapi le sekolo?	
Folete di hole kapa pela sekolo?	
Sekolo se pakeng	_____ le _____
Ha ho ne ho na le mollo sekolong, koloi ya setimamollo e ne e tshwanela ho tsamaya sebaka se sekae? Bala maboloko.	
O ka rata ho dula kae? Bolela, hobaneng o kgetha moo.	

TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH6.indd 39 2019/10/22 12:19:10

Jim o romella metswalle ya hae e-mail





Ha re baleng

Ho:	Bongi@library.com, jabu@library.com, Ann@library.com, Sam@library.com
Ho tswa:	Jim@school.com 1 Lwetse 2015 14:22

Ka ditumediso Bongi, Ati, Sam le Jabu

Ke se ke dula toropong jwale. Ke thabetse hore nka sebedisa khomputa ya sekolo jwale, ke tla le romella molaetsa ha ke le hopotse kaofela ha lona.

Ho na le sephethephethe se sengata toropong. Ke qadile ho kena sekolo, sekolong se setjha. Sekolo sa teng se seholo haholo. Re na le bana ba 1000. Sekolo se pela moo ho seswang teng. Ka mora tinare ke ithutela ho sesa.
Ke na le motswalle e motjha, lebitso la hae ke Thandi. O ka kereiting ya ka. Ha ke lahleha sekolong o a nthusa.

Ke dula difoleteng. Ke dula ka karolong ya bobedi ya folete. Ha re na jarete empa re lehlohonolo hore re dula pela phaka. Ke rata ho bapala moo le metswalle ya ka.

Ke tshepa hore ke tla kgethelwa hore ke be e mong wa ba sehlopha sa bolo ya maoto. Ke hopola hore re tla bapala le sekolo sa lona. Ke tla le tjhakela ha ke tjhakela nkgono.

Ke kopa le nkarabe, ke tla emela karabo ya lona ya khomputa.

Ka ditumediso

Jim

Romola

Ha re ngoleng

Bala mantswe. Mamela medumo. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

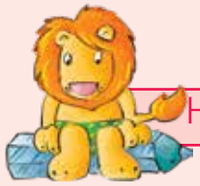
motjha	jwale	thaba	tla	dula
tjhakela	metswalle	thabetse	tloha	dumela
tjhaba	tswala	theoha	tlo	modumo

Mantswe a tlwaelehileng

reka
rekile
rekisa
tshwara

SES HL Gr3 B2 TH6.indd 40 2019/10/22 12:19:11

Letsatsi:



Ha re ngoleng Kopanya dipolelo tsena o sebedisa a mang a mantswe a na.

kahoo jwale empa hobane

Ho na le batho ba bangata ba dulang toropong.	Ho na le sephethephethe se sengata.
Batho ba bangata ha ba na dijarete.	Ba dula difoleteng.
Jim o dula pela sekolo.	A ka tsamaya ka maoto ho ya sekolong.
Ho na le moo ho seswang sekolong.	O kenetse thupelo ya ho sesa.
Jim o a lahleha.	Ho na le diterata tse ngata.



Ha re ngoleng Fumana mantswe a hanyetsanang le mantswe a ngotsweng ka botsho.

hole tshesane rekile lerata kgutshwane

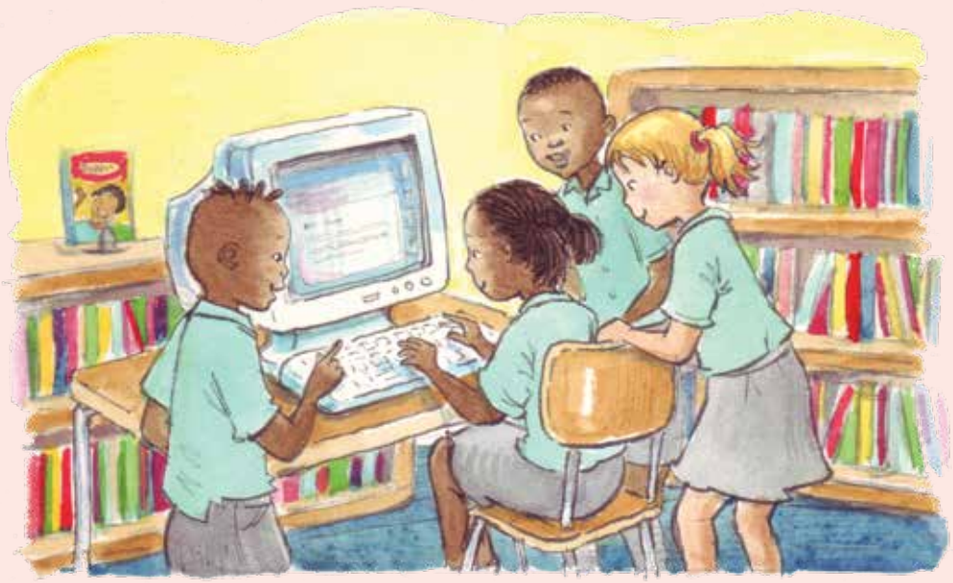
Sekolo se haufi.	hole
Ba rekisa dipompong.	
Noka e sephara.	
Ho nka nako e telele ho fihla sekolong.	
Ho thotse toropong bosiu.	

Na o a hopola hore ho na le mantswe a nang le moelelo o tshwanang le ha a sa ngolwe ka ho tshwana. Hape re na le mantswe a hanyetsanang le a mang.

TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH6.indd 41 2019/10/22 12:19:23

Motswalle wa Jim o ngola molaetsa



Ha re baleng

Ho:	Jim@school.com		
Ho tswa:	Bongi@library.com	1 Lwetse 2015	14:45

Motswalle Jim

Re fumane email ya hao. Re sebedisa dikhomputa ka Laeborari.

Re o hlolohetswe le rona. O sekolong se seholo. O ithuta ho sesa! Ke ditaba tse monate. Re hopola hore re ka o etela hore re tlo bona sekolo sa hao.

Mohlomong re ka o bona pele ho Keresemese.

Sala hantle.

Wa tsena

Bongi, Sam, Ati le Jabu

Romola

Ha re ngoleng

Araba dipotso tsena.

Ke mang ya arabileng?	
O arabile ka tsatsi le feng?	
O arabile ka nako e feng?	
Bana ba ne ba dutse kae?	

SES HL Gr3 B2 TH6.indd 42 2019/10/22 12:19:24

Letsatsi: _____



Ha re ngoleng

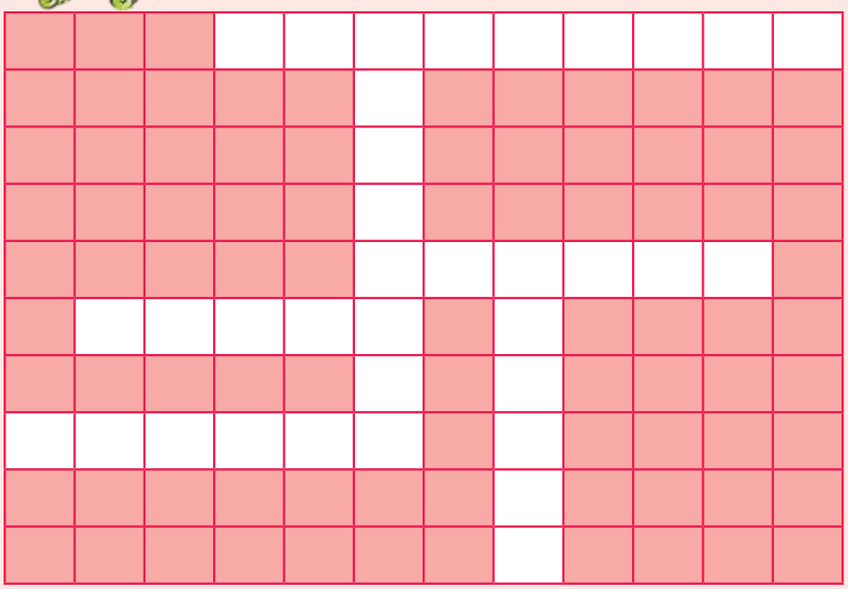
Sebedisa mantswe a na a ketso ho qetela polelo tsena.
Bolela hore mantswe a na a bontsha ketso e etsahalang hona jwale kapa kgale.

	Jim o ya toropong.	ketso ya jwale
ya / ile	Kgweding e fetileng Jim o _____ toropong.	
hloka / hlokile	Ntate wa hae o _____ mosebetsi.	
	Ntate wa hae o _____ mosebetsi maobane.	
tsamaya / tsamaile	Ke _____ ho ya sekolong.	
	Maobane Jim o _____ ho ya sekolong.	
thonaka / thonakile	Thandi o _____ dibuka.	
	Maobane Thandi o _____ dibuka.	



Boikgathollo

Tlatsa mantswe a bontshang kamano lebokoseng ka leng. Bala ditlhaku lentsweng le leng le leng ho o thusa ho fumana sebaka se nepahetseng.



kahara

pakeng tsa

mmoho

hodima

hodimo

ka nako ya

SES HL Gr3 B2 TH6.indd 43 2019/10/22 12:19:25

Re fumana tsela ya rona



Ha re baleng Tadima mmapa mme o arabe dipotso



	A	B	C	D
6	poso	First Avenue	Second Avenue	lebala la difofane	Third Avenue
	Mandela Road			
5	seteishini	phakeng		mapoleseng
	Railway Road			
4		kereke	paka	sekolo sa bana
	Church Street			
3	lebenkele		sekolong	
	Rose Road			
2		sepetlele		sebakeng sa peterole
	Flower Street			
1	mmaraka		internet cafe	femeng

SES HL Gr3 B2 TH6.indd 44 2019/10/22 12:19:27

Letsatsi:



Ha re ngoleng Sheba mmapa o arabe dipotso tse latelang.

Mantswe a tlwaelehileng

ke
eng
sheba
teng

Sekolo se seterateng sefeng?	
Lebenkele le hukung efeng?	
Sepetlele se seterateng sefeng?	
Ke dibaka difeng tse bolokehileng hore bana ba ka bapalla ho tsona?	
Ke dibaka dife tse lerata?	
Ke dibaka dife tse sa lokelang bana ho bapala?	



Ha re ngoleng

Ngola tsela e tlohang sekolong e yang posong.

Ngola tsela e tlohang sepetlele e yang sekolong.

Ngola tsela e tlohang sepetlele e yang moo dikoloi di tshelang peterole teng.



Boikgathollo Matshwao ana a bolela eng?







SES HL Gr3 B2 TH6.indd 45 2019/10/22 12:19:33

Moo ke dulang



Ha re ngoleng

Ngola aterese ya hao onfolopong e ena.







Ha re ngoleng

Etsa mola o tlohang lebokoseng le leputswa o yang lebokoseng le lepinki ho qetela polelo e nngwe le e nngwe. Polelong e nngwe le e nngwe o sehelle mokopanyi.

Jwale, empa hobane ke mokopanyi. Re a sebedisa ho kopanya dipolelo.

O tshetse mmila	ke ile laeborari.
O ntshitse buka ya hae ya ho pheha	ke shebile boto ya boitsebiso.
Ke ne ke ilo bapala bolo	roboto e ne e le tala.
Ke ne ke sa tsebe matsatsi ao re neng re e na le bolo ya matsoho	ke isitse dieta tsa ka tsa bolo sekolong
Ke robetse bosiu	o ne a batla ho pheha
Ke ne ke se na seo ke se balang	re ne re bapala le sekolo se seng.
Re ile mabaleng a dipapadi	ke sitilwe ho tsoha hoseng.
O isitse ngwana tliliniking	o ne a kula.

SES HL Gr3 B2 TH6.indd 46 2019/10/22 12:19:36



Ha re ngoleng

Sehella mabitso a qalang ka tlhaku tse kgolo.

bongi	mandla	mphalane	lusikisiki	durban	dan
mantaha	setulo	kuku	buka	polokwane	palesa
busi	baesekele	pene	sekere	johannesburg	pentshele



Boikgathollo

Romela Bongi le Sam memo ya khonsarete sekolong sa heno. Ngola dintlha tsohle memong, mme o take le ho ngola tsela ya ho tloha seteisheneng kapa setopong sa bese ho leba sekolong.



Motswalle Bongi le Sam	Memo ya konsarete
O memetswe konsarete.	
Letsatsi:	
Sekolo:	



Bontsha tsela e tlohang seteisheneng ho ya sekolong. Bontsha mabitso a diterata le mabitso a dibaka tseo ba feta ho tsona.



SES HL Gr3 B2 TH6.indd 47 2019/10/22 12:19:40

Ho bontsha tsela



Ha re etseng

Iketsetse mmapa.
Seha ditshwantsho tsa dibaka tse fapanengleqephetshebetsong 95(leqepheng la 63) mme o di mamarisetse keriting. O ka nna wa kgetha a mang a matlo a na, o nahane hore o tla a kgorametsa kae. Na o rata ho dula pela sekolo?

	A	B	C	D
6				
5				
4				
3				
2				
1				

SES HL Gr3 B2 TH6.indd 48 2019/10/22 12:19:41

Letsatsi:



Ha re ngoleng

Supa moo o beileng tulo ka nngwe. Bontsha motswalle wa hao mmapa. Supa hore o beile sebaka ho kae, tlatsa nomoro le tlhaku ho bontsha hore baka se seng le se seng se kae. Bolela hore na ke hobaneng o kgethile sebaka seo.

Mantswe a tlwaelehileng

hobane
hodimo
hole



Bolela hore dibaka tsena di bolokong bo feng.		Hobaneng o beile dibaka mona. Hobane . . .
Tliliniki e hokae?		
Laeborari e hokae?		
Sepetlele se hokae?		
Sekolo se hokae?		
Moo ho dulang setimamollo ke kae?		
Mapoleseng ke hokae?		
Moo diterene di dulang ke kae?		
Difolete di hokae?		
Phaka e hokae?		
Ntlo ya hao e hokae?		
Tulo ya ho sesa e hokae?		
Lebenkele le hokae?		
Kereke e hokae?		

TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH6.indd 49 2019/10/22 12:19:45

Bala ka hloko



Ha re etseng Botsanang ka mokgwa o fapaneng wa ho fihla dibakeng tse fapaneng mmapeng. Sebedisa mantswe a latelang.

thinyetsa ka tsohong le letshehadi

tswelapele o latela tsela

thinyetsa ka tsohong le letona

O tla bona ___ ka letsohong le letona

feta paka

ha o fihla hukung tinya





Ha re ngoleng Arola mantswe ana ho bontsha medumo e fapaneng.
Nomora mantswe ana a ka mabokoseng ho latela alefabete.

2	se/pe/tle/le		lepolesa		lebenkele		lebala
1	monna		buka		koloi		bosiu
3	tsamaya		hodimo		botsang		rona



Ha re baleng Bala phatlalatso leqepheng leo o shebaneng le lona. Buisana le motswalle wa hao hore na phatlalatso e na e tshepisa eng. Araba dipotso tsena ka ho kenya e, kapa tjhe.

Bala dipotso tsena mme o kenye e kapa tjhe. (✓)	e	tjhe
O nahana hore sekipa sena se ka etsa hore o mathe kapele?		
O nahana hore sekipa sena se ka etsa hore o be mampodi?		
O nahana hore sekipa sena se ka etsa hore o ikutlwe o le matla haholo?		
O nahana hore sekipa sena se theko e tlase?		
O nahana hore phatlalatso ena ke nnete, le hore e ya tshepahala?		
Ho na le phatlalatso eo o e tsebang e sa tshepahaleng?		

SES HL Gr3 B2 TH6.indd 50 2019/10/22 12:19:52

Sekipa seo ngwana e mong le e mong ya bohlale a tlamehileng ho ba le sona!

Bana haeba le batla ho boheha hantle le tshwanela ho ba le **sekipa** sena **se babatsehang**.

Se tla le thusa ka lebelo, hore le be bomampodi ba mabelo.

O tla ikutlwa o le motlotlo ka **sekipa** sena **se babatsehang**.

O tla memelwa meketeng yohle.

Reka se le seng kajeno. Theko di tlase kajeno toropong.

R150 theolelo. Theolelo ena ke ya beke feela.





Boikgathollo

Iketsetse phatlalatso ya hao. Etsa setshwantsho, o ngole dipolelo tse tla hohela batho hore ba rate ho reka.

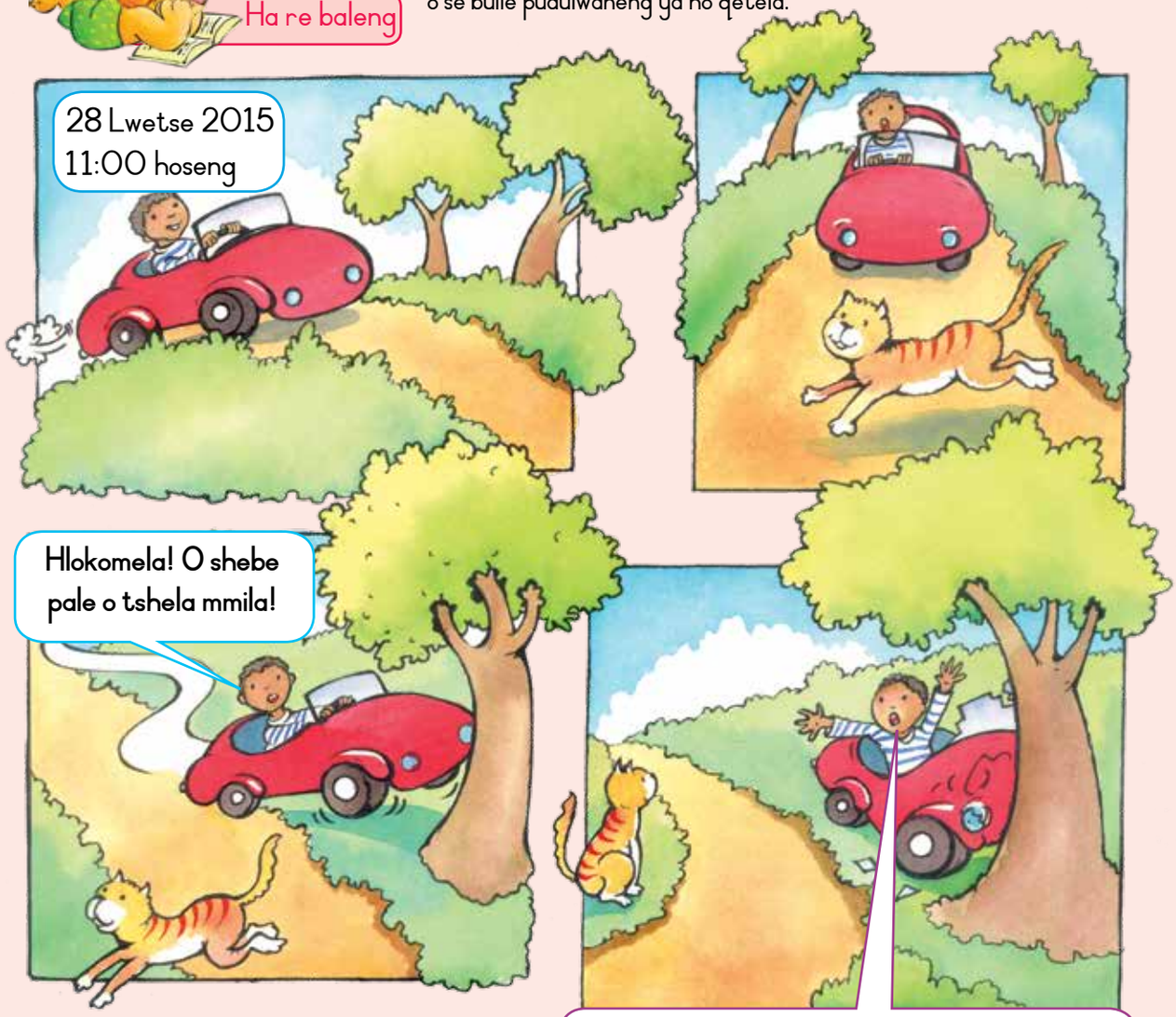
SES HL Gr3 B2 TH6.indd 51 2019/10/22 12:19:53

Kotsi ya koloi



Ha re baleng

Bala pale ya setshwantsho o tlatse seo o nahanang hore mokganni wa koloi o se buile pudulwaneng ya ho qetela.





Ha re ngoleng

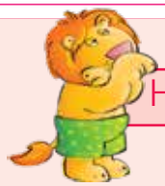
O nahana hore monna a ka kganna koloi ya hae ka mora hore a hlahelwe ke kotsi? Na a ka bitsa mapolesa? Jwale ngola polelo tse tharo ho bontsha hore ho tla etsahalang paleng.

SES HL Gr3 B2 TH6.indd 52 2019/10/22 12:19:56

Letsatsi:

Mantswe a tlwaelehileng

lla
tlisa
sheba
bolo



Ha re ngoleng

Tlatsa mantswe a siyo dibakeng tse nepahetseng. Bala mantswe. Mamela medumo. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

sehella kwetsa kwena kalla shwa lebollo salla sheba

lla	bolla	kwenya	shobela



Ha re ngoleng

Bala polelo e nngwe le e nngwe, sehella lentswe le emelang lebitso leo o ka le sebedisang bakeng sa lentswe le sehelletsweng.



Bona banna ba kganna makoloi.	ba	o	se	re	ba	bona
Katse e tlotse mmila.	ba	o	se	re	ba	yona
Jim le Thandi ba bone kotsi.	ba	o	se	rona	ba	e
Thandi o ile a tlameha ho ngola tlaleho ya kotsi a e ngolla mapolesa.	ba	o	yena	re	ba	e
Thandi le nna re isitse katse hae.	ba	o	se	rona	ba	e



Ha re ngoleng

Etsa mola o bapise mantswe a emelang mabitso kholomong e qalang le mantswe a nepahetseng kholomong ya boraro.



ke	wa ka
ke	wa
e	ya hae
re	yena
ke	ya hae
ya	tsa
ba	ke



TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH6.indd 53 2019/10/22 12:19:58

Ho etsahetseng?



Ha re etseng Nomora ditshwantsho tsena ho bontsha tatellano e nepahetseng mme o bolelle motswalle hore ho etsahetse eng ka tatellano e nepahetseng.











Boikgathollo Kgetha se fapaneng.







SES HL Gr3 B2 TH6.indd 54 2019/10/22 12:20:05

Letsatsi:



Ha re ngoleng Tlatsa tlaleho ya kotsi.

Inahanele o tsamaya ka maoto o ya sekolong. Wa bona kotsi. Wa bona mokganni a qoba koloi. Koloi ya ya sefateng, mokganni wa bese a se ke a lemala, le katse ya se ke ya lemala.

Ke wena o le mong ya boneng kotsi, yaba o kotjwa ho ngola pale ka se etsahetseng. Pele o tlatsa foromo, bolella motswalle wa hao ka seo o tlang ho se bolela.



Foromo ya tlaleho ya kotsi

Lebitso la hao	
Letsatsi la kotsi	
Nako ya kotsi	
Se etsahetseng:	
Pele	
Yaba	
Kamora moo	
Qetellong	
Saena:	

SES HL Gr3 B2 TH6.indd 55 2019/10/22 12:20:05

Konsareteng



Ha re bueng Bala lenaneo ka hloko, o bolelle motswalle wa hao diketsahalo tsa konsarete. Mo bolelle ke lenaneo le feng le tla mo thabisa haholo.

Lenaneo la konsarete ya sekolo se tlase sa **NEW TOWN**

Letsatsi: 3 Lwetse 2015 Nako: 13:00 ho 15:30 mantsiboya

Nako	Kereiti	Lenaneo
13:00		Pulo ka hloho ya sekolo: Mof. Gaga
13:10	Kereiti 1	Pina ya Winnie the Pooh
13:20	Kereiti 2	Pina: ha re tshabe phiri e kgolo
13:40	Kereiti 3	Jack le Bean ba a bua Bomampodi: Jim o bapala jwaleka Jack Thandi o bapala jwaleka mme wa Jack
14:00 ho fihla ka 14:30		Kgefutso Ho tla ba le dinwamaphodi le dithungthung tse tla nehwa bana ba sekolo kaofela. Teye le kofi di tla rekisetswa batswadi.
14:30		Dikgau di nehwa kereiti 1, 2 le 3
15:00	Kereiti 4	Bana ba mmino ba bina Pina ya Setjhaba
15:15		Ho kwala: Letona la Thuto ya Motheo





Ha re ngoleng Sheba lenaneo, mme o arabe dipotso tsena.

Konsarete e qala ka nako mang?	
Ke mang ya tla bula?	
Tlelase ya kereiti 1 e tla etsa eng?	

SES HL Gr3 B2 TH6.indd 56 2019/10/22 12:20:07

Ho etsahala eng ka 13:20?	
Ke bo mang bomampodi konsareteng 13:40?	
Kereiti 4 e tla etsa eng?	
Ho tla etsahala eng ka nako ya kgefutso?	
Ke mang ya tla bua ha ho kwalwa konsarete?	
Ha o le konsareteng, o ka kgahlwa ke lenaneo lefeng haholo?	
O ka hloka eng ha o ka fihla ka morao ho nako ya 14:30?	1
	2
	3
	4



Boikgathollo

Etsa phousetara ho bapatsa konsarete. Nehana ka ditaba tsa bohlokwa.



SES HL Gr3 B2 TH6.indd 57 2019/10/22 12:20:09



Ha re baleng

Ditaba tsa bana

Sekolo sa New Town se na le konsarete e monate

Raditaba: Yvonne Noates 4 Lwetse 2015

Bana ba sekolo sa New Town ba entse konsarete e monate maobane. Ba thabisitse babohi ka mananeo a kang Winnie the Pooh le dikolobe tse tharo.

Bomampodi ba konsarete e bile Jim Brown le Thandi Ndlovu ba bapetseng jwale ka Jack le beanstalk. Jime e ne e le Jack, ha Thandi e le mme wa hae.

Mosuwehloho o ne a thabile hobane Letona la Thuto ya Motheo le ne le tlile konsareteng. Letona le itse: "Ke motlotlo haholo ka sekolo sena. Bana ba sebetsa hantle, ebile ke a bona matitjhere le batswadi ba etsa mosebetsi o motle."



Sekolo se ntshitse dimpho tsa bana ba etsang mosebetsi wa bona wa sekolo. Bona bana bana ba sebeditse hantle ka dihlahlobo tsa ANA kgweding e fetileng.

Lebenkele la dibuka le nehelane ka dibuka.



Ha re ngoleng



O nahana hore mongodi wa taba ena o hopola hore sekolo sa New Town se etsa dintho tse ntle? O tseba jwang?

Bana ba fumana dikgau bakeng sa eng?

SES HL Gr3 B2 TH6.indd 58 2019/10/22 12:20:11

Letsatsi: _____

Sekolo se fumane dikgau tseo hokae?

Ngololla polelo e re bolellang hore Letona le ne le thabisitswe ke sekolo sena.



Ha re ngoleng

Bala mantswe. Mamela medumo. Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

thabile | dibuka | tseba | hola

dibaka | thabiswa | hohle | tsebela

Mantswe a tlwaelehileng

sekelo
bana
kgau

thaba	dikgau	tsela	hopola

Tlatsa mabitso le makgethi a siilweng a kgethollang mabitso ao. Sebedisa mantswe ana ho o thusa.

Ha re ngoleng



Makgethi

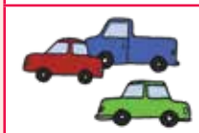
e mengata | e nnyane | ba baholo | seholo | tala

Mabitso

koloi | meaho | difate | sekolo | batho



_____ e me _____.



_____ e matha ka potlako _____.



_____ ba etsa lerata _____.



_____ se _____.



_____ tse _____.

TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH6.indd 59 2019/10/22 12:20:16

Dan ya makatsang



Ha re baleng

Dan o atisa ho ba morao nakong mme hangata o lebala ntho e nngwe le e nngwe.

Selemong se fetileng o ile a lebala letsatsi la hae la tswalo.

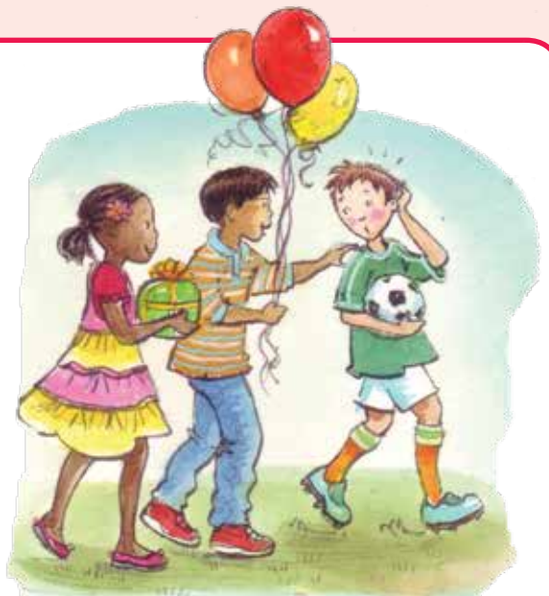
Kgweding e fetileng o ile a lebala mokotla wa hae wa sekolo ka beseng.

Bekeng e fetileng o ne a palame tlou diserekisisng.

Maobane o siilwe ke terene ha a ya konsareteng ya sekolo.

O ile sekolong ka diaparo tsa ho sesa.

Ka nnete ke motho ya makatsang.







SES HL Gr3 B2 TH6.indd 60 2019/10/22 12:20:18

Letsatsi:



Ha re ngoleng

Sebedisa mmapa ona wa kelello ho hlalosa Dan.





Ke motho ya shebahalang jwang?

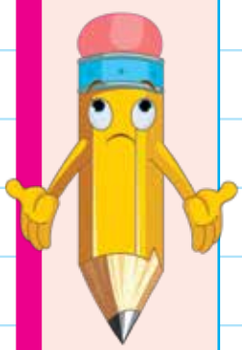
Dintho tse makatsang tseo a di etsang.







Metswalle ya hae ke bo mang?



Dan a ka etsa eng hore a hopole dintho?

SES HL Gr3 B2 TH6.indd 61 2019/10/22 12:20:22

O buisana ka mmapa wa Afrika Borwa



Ha re bueng

- Tadima mmapa wa Afrika Borwa
- Supa diporofense tse 9
- O dula porofenseng efe?
- Bolela motsemoholo wa porofense ka nngwe
- Supa ditshwantsho tse bontshang dibaka tsa bohlokwa porofenseng ka nngwe
- Ke diporofense dife tse lebopong?



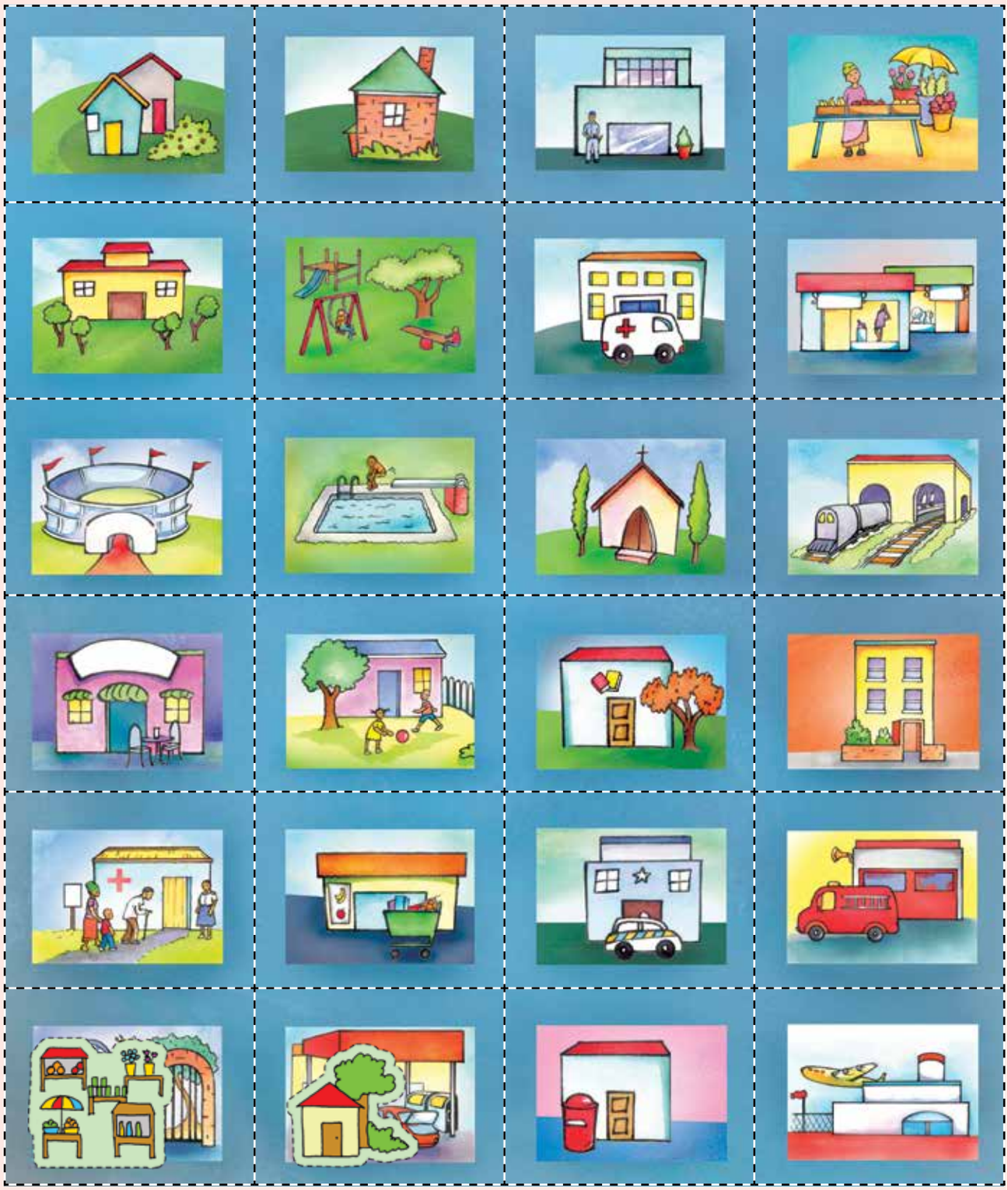
SES HL Gr3 B2 TH6.indd 62 2019/10/22 12:20:29

Ditshwantsho tsa disehwa



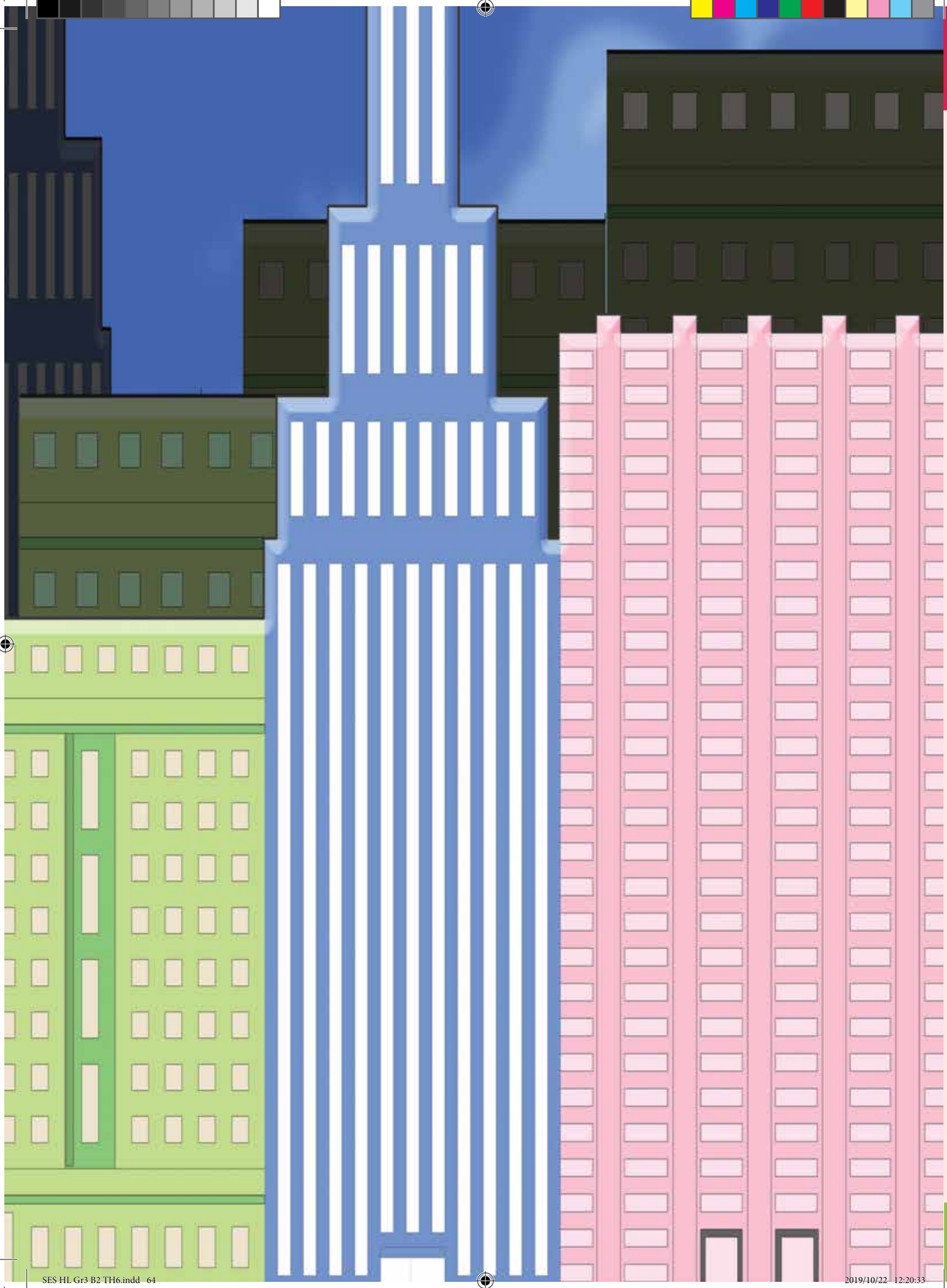
Ha re etseng

Seha ditshwantsho tsena mme o di sebedise ho iketsetsa mmapa wa hao leqepheng la 48.



TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH6.indd 63 2019/10/22 12:20:31



Ngola pale ya hao



Ha re bueng

Buisana le metswalle ya hao ka pale eo o batlang ho e ngola.
Jwale fana ka maikutlo a hao leqepheng lena.



Moralo wa pale ya ka

Dibapadi le tikoloho.

Dibapadi ke bo mang paleng ya hao?

Pale ena e etsahala hokae?

Pale ena e etsahetse neng?

Qalo

Ho etsahala eng qalong ya pale?

SES HL Gr3 B2 TH6.indd 65 2019/10/22 12:20:36

Bohare

Ho etsahala eng bohareng ba pale?



Qetelo

Pale e fela jwang?



Boikgathollo

Iketsetse buka ya hao. Seha leqephe le latelang la buka ena. Seha mathebeng a meleng. Mena leqephe meleng. Ngola sehlooho sa buka leqepheng le ka ntle. Ngola lebitso la hao ka tlasa sehlooho, hobane o mongodi wa pale. Etsa setshwantsho leqepheng le ka ntle la buka. Jwale ngola pale ya hao ka hara buka.

SES HL Gr3 B2 TH6.indd 66 2019/10/22 12:20:38

KAMORA BUKA

Rainbow WORKBOOKS

DITABA TSA MONGODI

Ngola lebitso la hao



Dilemo tsa hao

Moo o dulang



8

MOHATO WA 1: Mena mathebeng moleng

MOHATO WA 3: Kenya setepolara lethlokoreng lena

BOKANTLE BA BUKA

Taka setshwantsho mona.



Ngola lebitso la buka mona.

Ngola lebitso la hao (o mongodi).

1

MOHATO WA 2: Mena mathebeng moleng

MOHATO WA 4: Seha moleng o motenya kamora hoba o kenye seteipolara bukeng ya hao



Tswela pele ka pale ya hao mona.

Taka setshwantsho mona.

5



Ngola bohare ba pale ya hao mona le leqephenq la 5.

Taka setshwantsho mona.

4

Taka setshwantsho mona.

Qala ho ngola pale ya hao mona.



2

Taka setshwantsho mona.

Phethela pale ya hao.



7

3

Tswela pele ka pale ya hao mona.



Taka setshwantsho mona.

6

Ngola se etsahalang phetsong ya pale ya hao.



Taka setshwantsho mona.

Tema 7: Batho le dibaka

97 Bana ba batjha sekolong sa rona 70
O bala sengolwa ka ban aba batjha sekolong.
O phethela tafole hodima sengolwa.
O araba dipotso hodima sengolwa.

98 Dibaka tse fapaneng Afrika Borwa 72
O seha le ho manamisetsa diporofinsi tse robong mmapeng.
O araba dipotso hodima porofinsi eo a dulang ho yona.
O bna ditlhaku tse thotseng.
O hlophisa mantswe ka nteterwana.
O ngololla dipolelo a sebedisa matshwao a nepahetseng.

99 Tsa bolepi 74
O bala tsa bolepi.
O sebedisa tlhahiso ya bolepi ho phethela tjhate ya boemo ba lehodimo.
O sebedisa makopanyi ho kopanya dipolelo.
O sebedisa dihlongwapele ho phethela mantswe.

100 Seo ke se entseng 76
O taka ditshwantsho tse nne tsa seo ba se entseng mafelong a beke.
O hlalosa ditshwantsho.
O ngola polelo ka ditshwantsho a bona maetsi.
O nyalanya makgathe lejwale le letlang.
O sebedisa maetsi ho phethela dipolelo.
O bona makgathe lejwale, lefetile le letlang.
O etsetsa motswalle karete ya setswalle.

101 Bana ba hlahang dibakeng tse ding 78
O bala sengolwa sa tlhaloso ka ban aba hlahang dibakeng tse ding.
O etsa lenane k tlhahisoleseding ya bana.
O bopa dipotso.
Bopa dipotso tse qalang ka le leng le le leng la mantswe ana.

102 Se re thabiseng 80
O etsa patlisiso mme o etsa lenane la diphumano.
O araba dipotso ka diphumano tsa patlisiso.
O arola mantswe ka medumo.
O ngola mantswe ka nteterwana.
O sebedisa maetsi a tlwaelehileng le a sa tlwaelehang.
O phethela morabaraba.

103 Katse tse nyenyane tse pedi 82
O bala thothokiso ka dikatsenyana tse nyenyane tse pedi.
O araba dipotso tse tobileng ka thothokiso.
O bona mantswe a raemang thothokisong.

104 Seo katse e se buileng 84
O etsa le ho tshwantshisa thothokiso.
O ngololla dipolelo ho puopehelo.
O bapala papadi ya mantswe a sebedisa maetsi a makgathe lejwale le lefetile.

105 Lengolo la motswalle 86
O bala lengolo la setswalle.
O araba dipotso hodima lengolo.
O bona maetsi le makgethi a sebedisitsweng lengolong.

106 Ho hlalosa dintho 88
O sebedisa makgethi ho itlhalosa.
O sebedisa makgethi ho hlalosa ditshwansho.
O sebedisa makgethi ho phethela dipolelo.
O ngola serapa se hlalosang.
O bapisa ditshwantsho tse pedi mme o bolela phapang.

107 Letsatsi la Laeborari hape 90
O bala sengolwa se rutang ka ditlou.
O araba dipotso ka sengolwa.
O sebedisa maemedi ho phethela dipolelo.

108 Dibuka tse balwang 92
O bala khabara le lenane la buka.
O araba dipotso ka khabara le lenane.
O ngola dipolelo ka hobaneng a rata ho bala buka.
O sebedisa masupi ho phethela dipolelo.
O bala lentswe le thata.

109 Leeto ho ya phakeng ya ditlou 94
O bala sengolwa ka leeto la ho leba serapeng sa ditlou.
O ngola dipolelo tse nne ka seo ba ithutileng ka ditlou.
O tshwaya setshwantsho sa tlou.

110 Puo ka ditlou 96
O botsa dipotso ka tlou.
O bona mantswe a medumo e tshwanang ka nepo.
O ngololla dipolelo ho puopehelo.

111 Puo ka ditlou (e a tswella) 97
O sebedisa nteterwana ho kopanya matheba.

112 Ho ngola pale ya hao 98
O itokisetsa ho ngola pale.
O tlatsa mehopolo ya pale foreiming ya ho ngola.
O etsa buka ya dipale mme o ngola pale.





SES HL Gr3 B2 TH7.indd 69 2019/10/22 12:19:21

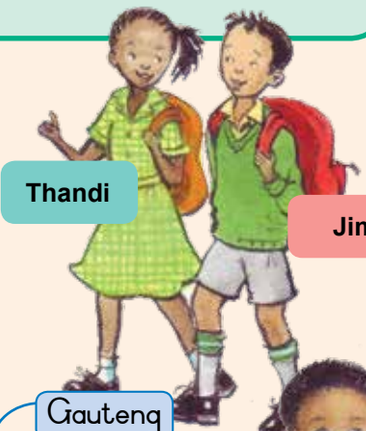
Bana ba batjha sekolong sa rona



Ha re baleng

Jim le Thandi ba boetse sekolong kamora matsatsi a phomolo. Sekolo sa bona se Johannesburg. Bana bohle ba sekolo sa bona ba bua Senyesemane tlelaseng. Bohle ba bua puo tse fapaneng lapeng, hobane ba hlaha dibakeng tse fapaneng. Ba bang ebile ba hlaha dinaheng tse ka ntle.

Ha re teane le ba bang ba bona.



Thandi

Jim



Northern Cape

Ke nna Margriet. Ke dilemo di supa. Ke bua Afrikaans. Ke rata ho bapala le diphoofolo tsa ka tsa hae.



North West

Ke Dipuo. Ke dilemo di robedi. Ke bua Setswana. Dijo tseo ke di ratang ke dipompong.

Gauteng



Free State

Ke nna Makgomo. Ke dilemo di robong. Ke bua Sesotho. Ke rata ho bala.



Limpopo

Ke nna Phaladi. Ke dilemo di robedi. Ke dula Limpopo. Ke bua Sepedi. Ke rata ho bapala le metswalle ya ka.





Western Cape

Ke nna Jannie. Ke dilemo di robedi. Ke bua Afrikaans. Ke rata ho sheba TV.



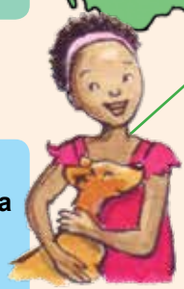
KwaZulu-Natal

Ke nna Mandu. Ke dilemo di robedi. Ke bua isiZulu. Ke rata ho bapala bolo ya matsoho.



Mpumalanga

Ke nna Siabelo. Ke dilemo di robong. Ke bua Siswati. Bolo ke papadi ya ka!



Eastern Cape

Ke nna Lulama. Ke dilemo di robong. Ke rata ho bapala le diphofolo tsa ka tsa hae. Ke bua isiXhosa.

SES HL Gr3 B2 TH7.indd 70 2019/10/22 12:19:25

Letsatsi: _____



Ha re ngoleng

Bala ka bana ba batjha ebe o qetella tafole ena.
Tlatsa mabitso a bona, dilemo, le diporofense moo ba hlahang, puo tsa bona tsa hae le hore ba rata eng. Taka hore ke bashanyana kapa banana.

Lebitso	Dilemo			Polelo	Porofense	Tseo o di ratang
Dipuo	8		✓	Setswana	Leboya Bophirima	Dipompong



Ha re ngoleng

Jwale araba dipotso tsena.



Bana ba kena sekolong se feng?			
Ke bashemane ba bakae le banana ba ba kae ba qadileng sekolo kajeno?	_____ bashemane _____ banana		
Ke bana ba bakae ba leng dilemo di:	7	8	9
Thandi le Jim ba dula profenseng efeng? (Sheba pale hape.)			
Ba bua puo efe tlelaseng?			



TITJHERE: Saena _____ Letsatsi _____

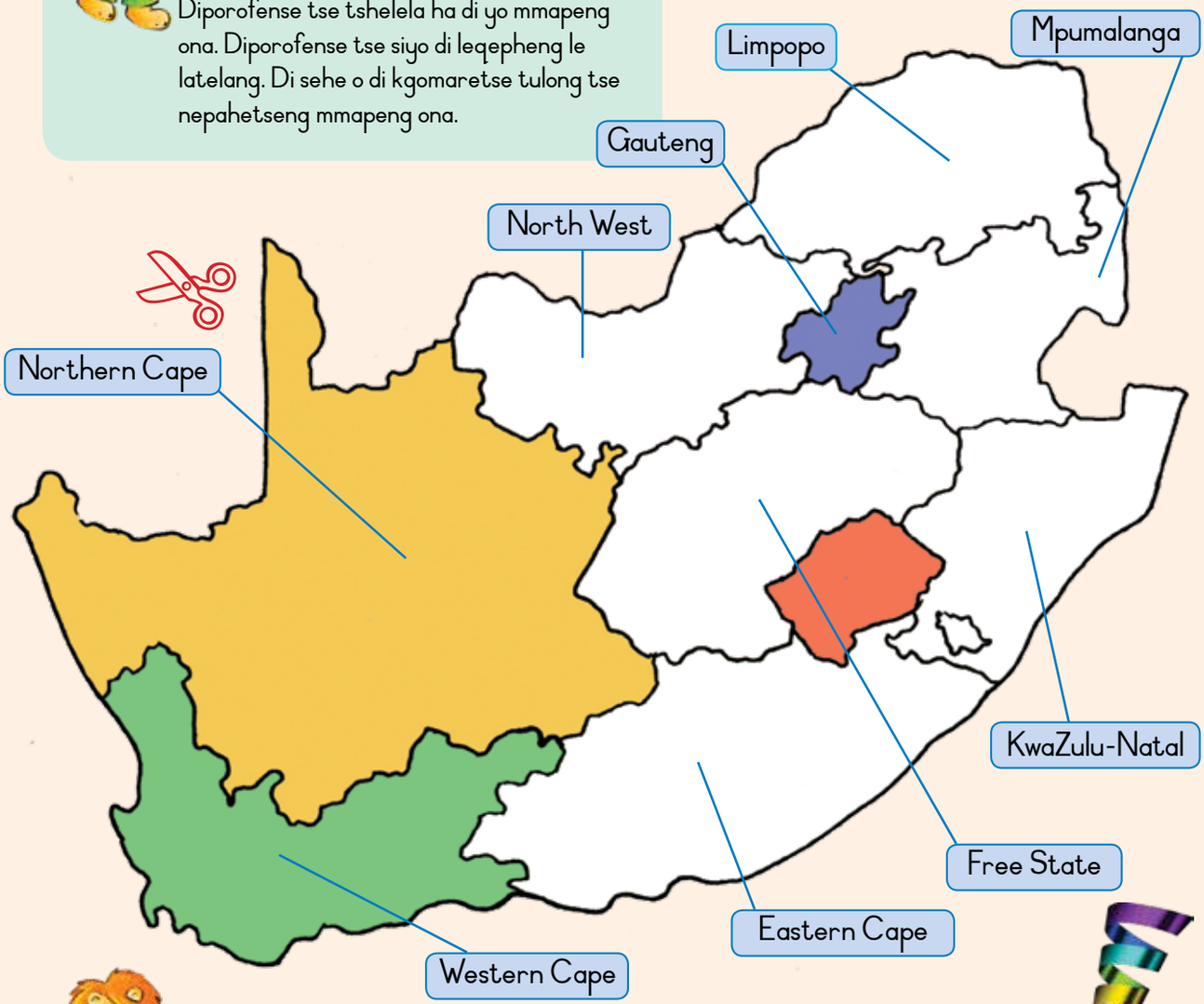
SES HL Gr3 B2 TH7.indd 71 2019/10/22 12:19:28

Dibaka tse fapaneng Afrika Borwa



Ha re etseng

Diporofense tse tshelela ha di yo mmapeng ona. Diporofense tse siyo di leqepheng le latelang. Di sehe o di kgomaretse tulong tse nepahetseng mmapeng ona.

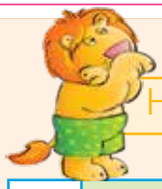




Ha re ngoleng Araba dipotso tsena.

O dula porofenseng efeng?	
Le bua puo efeng lapeng?	
Le bua puo efeng sekolong?	
O kile wa ya diporofenseng difeng?	
Ke eng sa bohlokwa porofenseng ya lona?	

SES HL Gr3 B2 TH7.indd 72 2019/10/22 12:19:32



Ha re ngoleng

Bala mantswe ana hodimo ebe o etsetsa mantswe a nang le -ng sedikadiwe. Ngola dinomoro tsa lenane la mantswe ana ho ya ka dialfabete.

Mantswe a tlwaelehileng

ngola
tsamayang
dulang
sekolong

2	ngola		dibakeng		tsamayang		ngala
1	mongolo		lebaleng		buang		ngaka
3	ngololla		sekolong		suthang		ngwapa



Ha re ngoleng

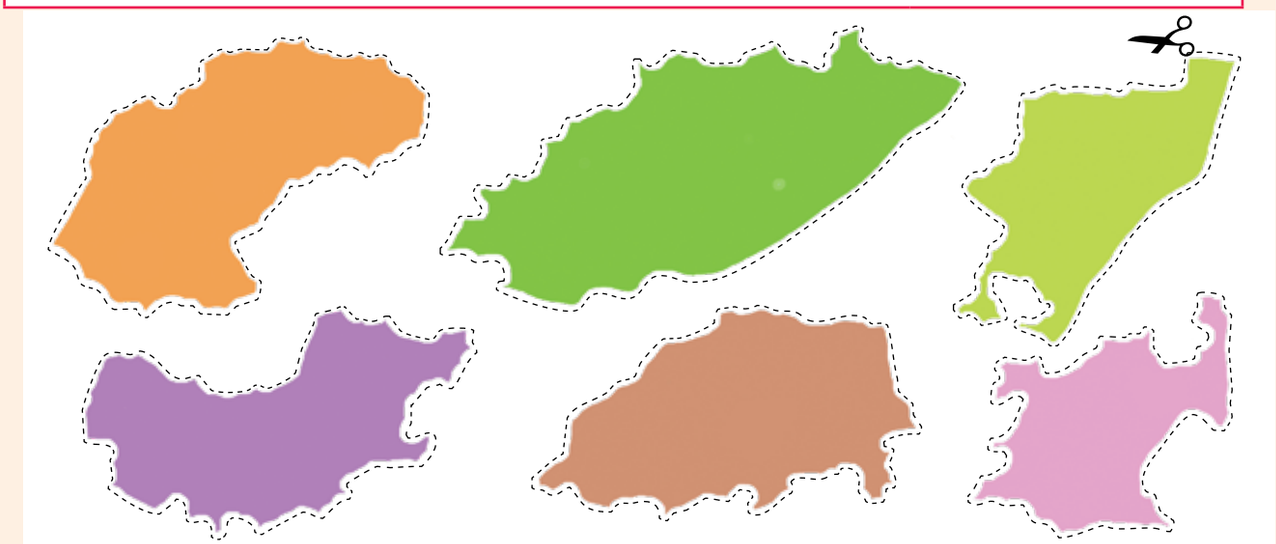
Ngololla polelo e nngwe le e nngwe o sebedisa matshwao a puo a nepahetsing. Bolela hora polelo e nngwe le e nngwe ke mofuta o feng wa polelo.





tlaleho ya ditaba | potso | taelo | makalo

dipuo o rata dipompong	Tlaleho ya ditaba
Dipuo o rata dipompong.	
o bua dipuo tse kae	
ngola ka makgethe bukeng ya hao	
jo pula e a na ha ke na sekgele	



SES HL Gr3 B2 TH7.indd 73 2019/10/22 12:19:38

Tsa bolepi



Ha re baleng



Dumelang. Bona ke boemo ba lehodimo ba kajeno.

Pula e tla na KwaZulu-Natal le Eastern Cape.

Ho tla tjhesa Limpopo le Northern Cape.

Ho tla ba le maru mona le mane Gauteng.

Ho tla bata Free State.

Ho tla ba le sefefo Mpumalanga le North West.

Ho tla ba le moya Western Cape.



Ha re etseng

Etsa mola ka tlasa lebitso la profense le mofuta wa boemo ba teng ba lehodimo. Jwale seha matshwao a tsa boemo ba lehodimo tlase leqepheng lena ebe o di kgomaretsa tjhateng ya boemo ba lehodimo. Etsa mola ka tlasa porovinsi le mofuta wa boemo ba lehodimo.

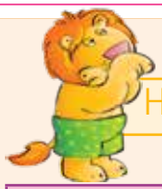


Gauteng	Western Cape	KwaZulu-Natal	Eastern Cape	North West	Mpuma-langa	Free State	Northern Cape	Limpopo



SES HL Gr3 B2 TH7.indd 74 2019/10/22 12:19:51

Letsatsi:



Ha re ngoleng

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

Mantswe a tlwaelehileng

haufi
tshwara
kuka
roma

mona	mmutlanyana	robedi	rona	ema
mane	mmuso	robala	roka	eka
mole	mmusisi	robong	roma	etsa



Ha re ngoleng

Kopanya dipolelo tse pedi. Sebedisa le leng le le leng la mantswe ana hang.



mme | hobane | ha | empa

Ba keke ba ya sekolong kajeno.	Ke Moqebelo.
Dipuo o dilemo di robedi.	Makgomo o dilemo di robong.
Pula e a na.	Jim o tla sebedisa sekgele.



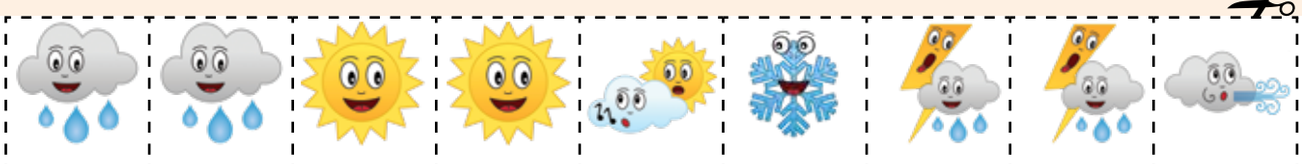


Ha re ngoleng

Tlatsa dikarabo tsa dipalo tsa mantswe ana.



le + fatshe =		se + eta =	
le + hodimo =		se + kgele =	
le + bitso =		se + fate =	



SES HL Gr3 B2 TH7.indd 75 2019/10/22 12:20:00

Seo ke se entseng



Ha re etseng

Etsa ditshwantsho tse nne ka seo o se entseng mafelong a beke e fetileng. Qoqela motswalle wa hao ka seo o se entseng.



Ha re ngoleng

Jwale ngola polelo e le nngwe ka setshwantsho se seng le se seng ebe o seha mola ka tlasa leetsi.

Ke rahile bolo.



Ha re ngoleng

Bapisa lekgathe lejwale le lekgathe lefetile la maetsi ana.

Lekgathe lefetile la leetsi ha le qetele ka ile ka mehla. Ho maetsi a mang, a sebedisa le qetellong. O tla bona maetsi a mang ha re ntse re tswela pele.

reka

rekile

tshwere

fofa

fofile

ja

wele

tshwara

fihla

etsa

nwa

nwele

fihlile

kgannile

jele

entse

ewa

kganna









SES HL Gr3 B2 TH7.indd 76 2019/10/22 12:20:06

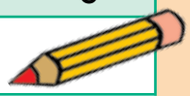
Letsatsi: _____



Ha re ngoleng

Sebedisa maetsi a tafoleng ho qetella dipolelo. Jwale bolela ha polelo e le lekgatheng lejwale kapa legathe lefetile, kapa lekgathe letlang.



Kgetha lentswe le nepahetseng	Tlatsa leetsi le nepahetseng polelong e nngwe le e nngwe. 	Na polelo e lekgatheng lejwale, le fetile kapa le tlang?
reka / rekile	Ke tla reka samentjhisi ka nako ya dijo.	Le tlang 
	Kgweding e fetileng ke _____ diapara tsa sekolo tse ntjha.	
kgannile / kganna	Monna o _____ bese ho ya sekolong.	
	Ntate wa ka o _____ ka hora ya bosupa ho ya mosebetsing.	
tjhekile / tjheka	Ke _____ tshimong ya ka.	
	Maobane ke ile ka _____ tshimong ya ka.	
bina / binne	Re _____ ka tlelaseng.	
	Maobane re _____.	



Boikgathollo

Etsa karete o lebohisa motswalle wa hao ya sebeditseng hantle dipapading. Bolela ke papadi e feng ka pele ho karete. Ngola molaetsa wa bohlokwa ka hare.



SES HL Gr3 B2 TH7.indd 77 2019/10/22 12:20:08

Bana ba hlahang dibakeng tse ding



Ha re baleng

Sekolong sa rona, ho na le bana ba bahlano ba hlahang mafatsheng a mang.



Bheki o hlaha Zimbabwe.

Bheki o rata ho bapala bolo.
Ke mohlabadintlha.



Lee ke moTjhaena.

O ithuta ho bala le ho ngola sekgowa. O na le dikatse tse nyane tse pedi. Ka tsatsi le leng a tla le tsona sekolong tsa ipata ka khaboteng.

Naresh o hlaha India.

O rata ho bapala papadi ya khomputa. O na le metswalle e mengata e bapalang papadi ya khomputa le yena. O ya phaphosing ya dikhomputa tsatsi le leng le le leng ha sekolo se etswa.



Peter o hlaha England.

O rata ho bapala *chess*.

Renate o hlaha Germany.

O rata ho bapala bolo ya matsoho.



SES HL Gr3 B2 TH7.indd 78 2019/10/22 12:20:12

Letsatsi: _____

Mantswe a tlwaelehileng

diaparo
reka
tjhese
ngwana



Ha re ngoleng

Tlatsa tafole ka ditaba tsa ngwana e mong le e mong paleng ena.



Lebitso	Lefatshe	Papadi
Renate	Jeremane	Bolo ya matsoho



Ha re ngoleng

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.



reka	tjhese	ngwana	diaparo	bolong
rekile	tjhelete	ngwanana	dibuka	holong
rekisa	tjhefu	ngwananyana	dipapadi	sekolong



Ha re ngoleng

O tseba motswalle wa hao ka botlalo. Ngola dipotso o sebedise mantswe a latelang. Botsa motswalle wa hao dipotso tsena. Ngola seo a se bolelang.

Mang
Kae
Neng
Hobaneng

TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH7.indd 79 2019/10/22 12:20:16

Se re thabisang



Ha re etseng

Etsa dipatlisiso ho fumana na metswalle ya hao e rata eng haholo. Botsa metswalle e leshome na ho dintho tseo ba di ratang tse hlano tse latelang ba rata e feng haholo. Karabong e nngwe le e nngwe, kgabisa boloko bo nepahetseng ka mmala. Qala tlase tafoleng.



Papadi	Ho bala	Mosebetsi wa matsoho	Khomputa	TV

Ke e feng ntho e ratwang haholo?
Ke e feng e sa ratweng haholo?



Mantswe a tlwaelehileng

bona
etsa
morao
rata



Ha re ngoleng

Arola mantswe ana ho bontsha medumo e fapaneng. Ngola mantswe ka dinomoro tse latelanang mabokoseng ho bontsha lenane la alfabete.

se/pe/tle/le	3	kamorao		morao	
khomputa	1	pele		shebaneng	
bolo	2	nako		ka thoko	

SES HL Gr3 B2 TH7.indd 80 2019/10/22 12:20:19

Letsatsi:

O keke wa ngola lekgathe lefetile maetsing ana ka ho kenya ile. Lekgathe lefetile le lekgathe lejwale di hloka mantswe a fapaneng.

Etsa sedikadikwe leetsing le nepahetseng.

Ha re ngoleng



Maobane o nwa/nwele senomaphodi motsheare.
Dan o tlile/tla ka mora nako konsareteng.
MaobaneThandi o lahla/lahlehetswe ke buka.
Ba lelapa la ka bohle ba tshwara/tshwerwe ke mokgohlane mariha.
Re etsa/entse kuku ka letsatsi la ka la tswalo .
Re tjhaka/tjhaketse sebakeng sa diphoofolo tse hlaha.
Re nka/nkile a senepe sa tlou.
Maobane re jele/ja tlung ya Jabu.







Boikgathollo

Batla tsela ya ho ya nthong eo o e ratang haholo.





qala

papadi ya bolo ya maoto

ho matha

tshimong

tshwantshiso

khomputa

ho hlokomela diphoofolo

ho bala

mosebetsi wa matsoho



TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH7.indd 81 2019/10/22 12:20:28

Katse tse nyenyane tse pedi



Ha re baleng



Katse tse nyenyane tse pedi, bosiu ba sefefo, tsa qala ho omana, mme tsa lwana.
E nngwe e tshwere tweba, e nngwe ha e na letho, ke ka hoo ntwa e bileng matla.



"Ke tla nka tweba," ho bolela katse e kgolo,
"O tla nka tweba? Re tla bona!"
"Ke tla nka tweba," ho bolela katse e kgolo.
"O keke wa nka tweba ya ka," ho bolela katse e nyane.



Yaba mosadi moholo, ka lefielo,
o fiella dikatse tse pedi
tse nyane ka ntle ho ntlo.
Fatshe ho ne ho tletse
phoka le lehlwa, dikatse
tse pedi tse nyane ho ne
ho se na moo di ka yang teng.





Tsa nanya hannyane, jwale ka tweba, di netswe ke lehlwa, di hatsetse jwale ka sehatsetsi. Di ne di tseba hore hona ho molemo ho ena le sefefo sa bosiu, ho molemo ho robala ho ena le ho omana le ho lwana.

Mohlokalebitso, e tswa ho (Circa 1880)

SES HL Gr3 B2 TH7.indd 82 2019/10/22 12:20:30

Letsatsi: _____

Mantswe a tlwaelehileng

hoseng
bosiu
hatsela
lwana



Ha re ngoleng Balla pale hodimo le motswalle wa hao, ebe o araba dipotso.

Dikatse di ne di lwanela eng?
Hlalosa boemo ba lehodimo bosiu bono.
Hobaneng dikatse di tlohetse ho lwana?



Ha re ngoleng Bopa dipolelo ka mantswe a latelang.





matla	moholo	bosiu	lefielo
ntlo			

moholo	lwana	tweba	ntle

Hopola



nyennyane



nyennyane



nyanennyana



SES HL Gr3 B2 TH7.indd 83 2019/10/22 12:20:39

Seo katse e se buileng



Ha re etseng

Bua o etse tshwantshiso ka thothokiso. E mong e be katse e kgolo e mong e be katse e nyane.
E mong wa lona a bapale tema ya nkgono ka lefielo.





Ha re ngoleng

Ngololla seo ba se buang ka polelo ya puosebui. Sebedisa matshwao a puo.

Ke batla tweba eo.



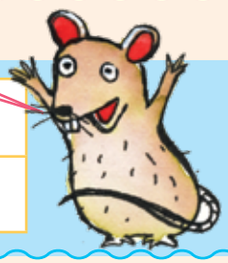
Katse e kgolo e itse: "Ke

Ke fumane tweba pele.



Katse e nnyane ya araba: "

Ntlohele ke tsamaye hle!



Tweba e ya kopa: "

Le baka lerata. Tswang!



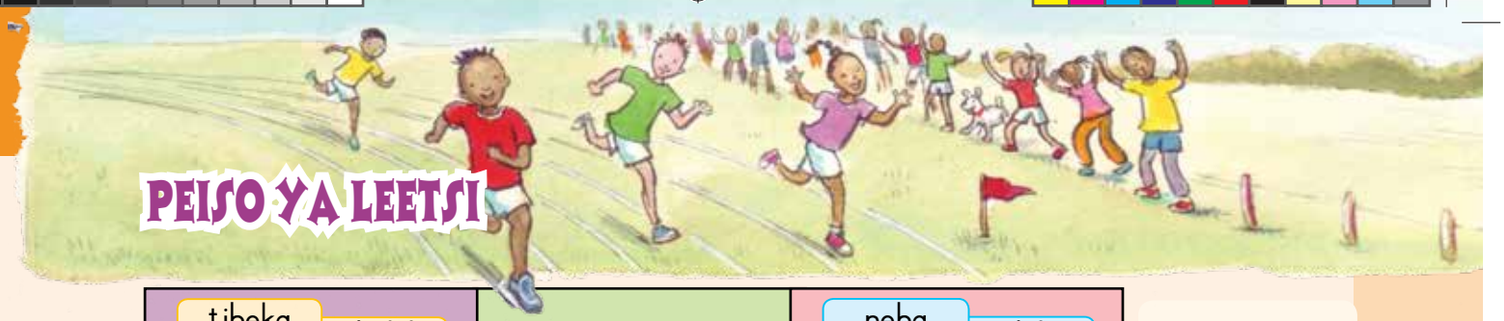
Mosadimoholo o a omanya: "

Aa, ho a bata! Tlo re tlohele ho lwana.



Dikatse tsa utlwana: "

SES HL Gr3 B2 TH7.indd 84 2019/10/22 12:20:44



PEISO YA LEETSI

tjheka	tjhekile
taka	takile
kganna	kgannile
eja	jele
ewa	wele
fepa	fepile
utlwa	utlwile
fumana	fumane
fofa	fofile
thola	thotse
neha	nehile
tsamaya	tsamaile
hola	hodile
ke na le	ke ne ke n a le
utlwa	utlwile
pata	patile

neha	nehile
tsamaya	tsamaile
ke na le	ke ne ke na le
beha	behile
tseba	tsebile
etsa	entse
lefa	lefile
matha	mathile
bona	bone
bontsha	bontshitse
dula	dutse
robala	robetse
bua	buile
ema	eme
fiela	fietse
sesa	sesitse

Boikgathollo



Matha lebelo le Moetsi wa Leetsi. Bala lekgathe lejwale le lekgathe lefetile la leetsi le leng le le leng lebokoseng le lesehla. Motswalle wa hao a bale mantswe a ka lebokoseng le bolou. Sheba ya tla hlola. Botsanang hore lekgathe lefetile la leetsi le leng le le leng ke le feng.



TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH7.indd 85 2019/10/22 12:20:46

Lengolo la motswalle



Ha re baleng





123 Rose Street
New Town
1234

13 Mphalane 2015

Motswalle Min

Ke se ke dula Afrika Borwa naheng ya letsatsi. Ke kgwedi tse tsheletseng jwale. Ke naha e ntle. Letsatsi le tjhaba ka mehla. Ke dula seterateng se senyane. Ntlo ya ka e shebile phakeng e tala. Re na le difate tse tharo tshimong ya heso e kgolo. Ho na le meaho e mengata e metelele ka toropong. Ke na le dikatse tse pedi tse nyenyane. Katse tsena tse nyenyane tse thibaneng di ntatela hohle moo ke yang. Ka tsatsi le leng tsa ntshala morao ho ya sekolong tsa dula ka khaboteng e lefifi di ngaotsa letsheare lohle.

Ke na le metswalle e mene mona Afrika Borwa. Kaofela ba bua Sekgowa. Ke lakatsa e ka o ka ntjhakela naheng ena e ntle.

Motswalle wa hao,

Lee



SES HL Gr3 B2 TH7.indd 86 2019/10/22 12:20:47

Letsatsi:

Mantswe a tlwaelehileng

rata
dula
nka kapele
motswalle



Ha re ngoleng

Araba dipotso tsena.

Ke nako e kae Lee a dula Afrika Borwa?
O hlaha hokae?
O na le bakgotsi ba bakae mona Afrika Borwa?
Na o nahana o rata ho dula Afrika Borwa? Hobaneng o nahana jwalo?



Ha re ngoleng

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

letsatsi	ntle	lefifi	mene
phatsima	ntlo	lefielo	meru
tsipa	ntlisa	lefutso	mekotla



Ha re ngoleng

Bala lengolo hape. Ho na le dipolelo tse nang le mantswe a hlalosang mabitso(mahlolosi). Seha mela ka tlasa mahlalosi ao.

Ntlo ya ka e shebile phakeng e tala.

Batla dipolelo tse pedi ho tswa lengolong, a nto tlatsa tafole e latelang.

Lebitso	Lehlalosi	Lekgethi
Ntlo	phakeng	e tala

TITJHERE: Saena Letsatsi

SES HL Gr3 B2 TH7.indd 87 2019/10/22 12:20:48

Ho hlalosa dintho



Ha re etseng Itlhalose: tshwaya lebokose le nepahetseng o hlalosa moriri wa hao, mahlo le bolelele.



Moriri		Mahlo		Bolele	
	Sootho		Botsho		Bokgutswane
	Botsho		Botala		Bohareng
	Bosehla		Bolou		Bolelele
	Kgubedu		Sootho		Bolelele haholo

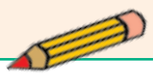


Ha re ngoleng Ngola polelo e nang le lehlalosi le hlalosang se seng le se seng sa ditshwantsho tsena.



Kgetha mahlalosi a re bolellang ka mabitso a takilweng ka botsho. Tlatsa mahlalosi dibakeng tse sehetsweng mela ka tlase.



tsof etseng sef ateng	**Monna** ya _____ o dutse _____ se seholo.
thibaneng nyane	**Moshanyana** ya _____ o mathisitse ntja e _____.
bohlale hlabosang	**Ngwanana** ya _____ o phehile dijo tse _____.
lokileng monyane	**Titjhere** e _____ e thusitse Ngwanana e _____.

SES HL Gr3 B2 TH7.indd 88 2019/10/22 12:20:50

Letsatsi:



Ha re ngoleng Etsa sedikadikwe lentsweng le qetellang polelo hantle.



Nna	o	ke	re	rata sekolo.
Wena	o	ke	re	semathi se hlwahlwa.
Yena	o	ke	re	sephehi sa nnete.
Bona	o	ke	re	dibapadi tsa bolo ya matsoho.
Yona	o	ke	re	katse e ithatang.
Rona	o	ke	re	ya lebenkeleng.
Bona	o	ke	re	fihlile ka mora nako sekolong.

Ngola tlhaloso ya motho eo o fumanang hore o a thabisa. E ka nna ba ke motho ya tsebahalang haholo, kapa motswalle, kapa e mong wa leloko la hao.

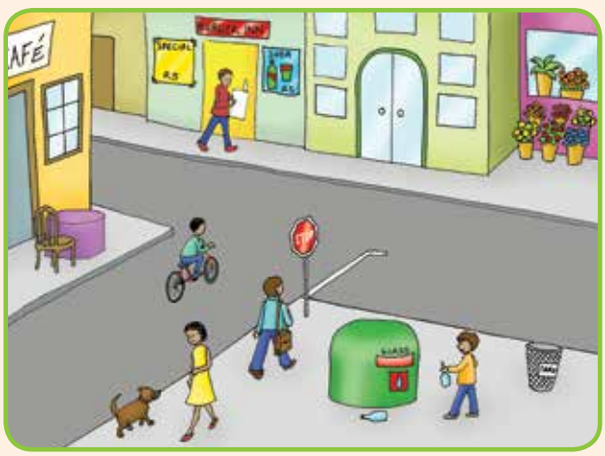
Ha re ngoleng





Boikgathollo Fumana se fapaneng. Etsa sedikadikwe ho ntho e fapaneng.





TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH7.indd 89 2019/10/22 12:20:52

Letsatsi la Laeborari hape

Ha re baleng



Ditaba tse tharo tse thabisang ka ditlou

Kaofela di qala ka m: mokadi, manakana le meno.

MOKADI

Ditlou di sebedisa mokadi jwalo ka terompeta. Di o sebedisa ho kenya dijo le metsi ka hanong. Ditlou tse ding di bohlale di ka sebedisa mokadi ho bula pompo. Empa ha ho motho ya di bolelletseng hore di kwale dipompo ha di qeta.

MANAKANA

Tlou e na le manakana a mabedi. Manakana a sebedisetswa ho etsa "ivory".



A tloha ka hodima mohlahare wa tlou. A hola bophelo bohle ba tlou. Tlou e sebedisa manakana ho epa fatshe ho fumana metsi le dijo. Batho ba tswileng tseleng ba bolaya ditlou ho utswa manakana ho a rekisa.

MENO

Ditlou di na le meno a mane, a tiileng. Di sebedisa meno ana ho hlafuna dijo tseo di di jang. Ka mora nako meno ana a senyeha mme ho mele a mang a matjha. Sena se etsahala ka mora dilemo di le leshome.

Ditlou di mela meno ha tshelela bophelong ba tsona. Rona batho re mela meno habedi fela.



SES HL Gr3 B2 TH7.indd 90 2019/10/22 12:20:55

Letsatsi: _____

Mantswe a tlwaelehileng

metsi
meno
manaka
mabisto



Ha re ngoleng Araba dipotso tsena.

Ke ditaba difeng tse tharo tse thabisang ka ditlou?		
M _____	M _____	M _____
Di sebedisa mokadi ho etsang?		
Di sebedisa manakana ho etsa eng?		
O tseba eng ka meno a tsona?		



Ha re ngoleng Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.



tlou	tima	mejo	manaka
tlama	tiya	meya	mahe
tlatsa	tiisa	meriti	madi



Ha re ngoleng Sebedisa mantswe a na ho o thusa ho qetella polelo.

hae | entse | etsa | bona | tsa

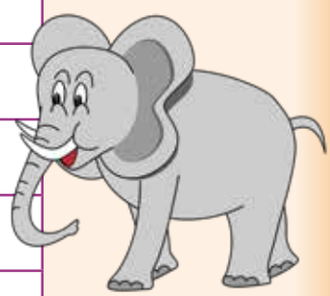
O _____ mosebetsi wa sekolo.

O nkile dibuka tsa _____.

Ba jele dijo _____ mantsiboya.

Ke jele dijo tsa _____.

O tlameha ho _____ mosebetsi wa hae wa sekolo.

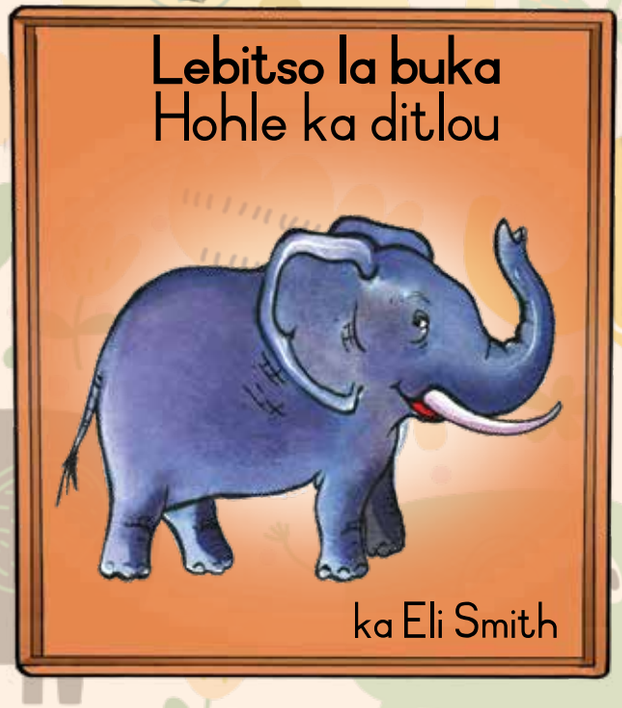


SES HL Gr3 B2 TH7.indd 91 2019/10/22 12:20:56

Dibuka tse balwang



Ha re baleng



Dikahare tsa buka

1 Ditlou di tshwana le eng? 4
2 Di ja eng? 10
3 Di bua jwang le tse ding? 11
4 Malapa a ditlou 15



Ha re ngoleng Araba dipotso tsena.

Lebitso la buka ke mang?	
Ke mang ya e ngotseng?	
Ke dikarolo difeng tse nne tse bolelwang ka hara buka? Karolo ka nngwe e bua ka eng?	
1	
2	
3	
4	



SES HL Gr3 B2 TH7.indd 92 2019/10/22 12:20:59

Letsatsi: _____

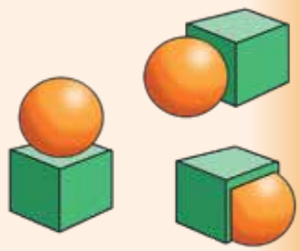
Ha re ngoleng

Ngola dipolelo tse tharo o re bolelle na o rata ho bala buka kapa tjhe.

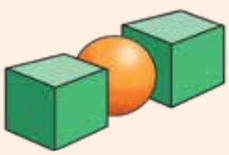


Ha re ngoleng

Mantswe a latelang a re bolella ka dibaka.
A tlatse tulong tse nepahetseng dipolelong.



hodima haufi mahareng pela hara tlasa







Katse e ipatile ka _____ khabote.

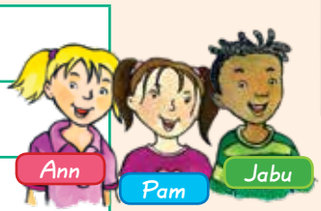
Ntjanyana e dutse _____ tafole.

Pam o dutse _____ Ann le Jabu.

Tlou e tsamaile _____ a thaba.

Re kgannile ka _____ borokgo ho ya phakeng.

Re dula _____ le sekolo.







Ho sotha leleme: Bala ka potlako ka moo o ka kgonang.



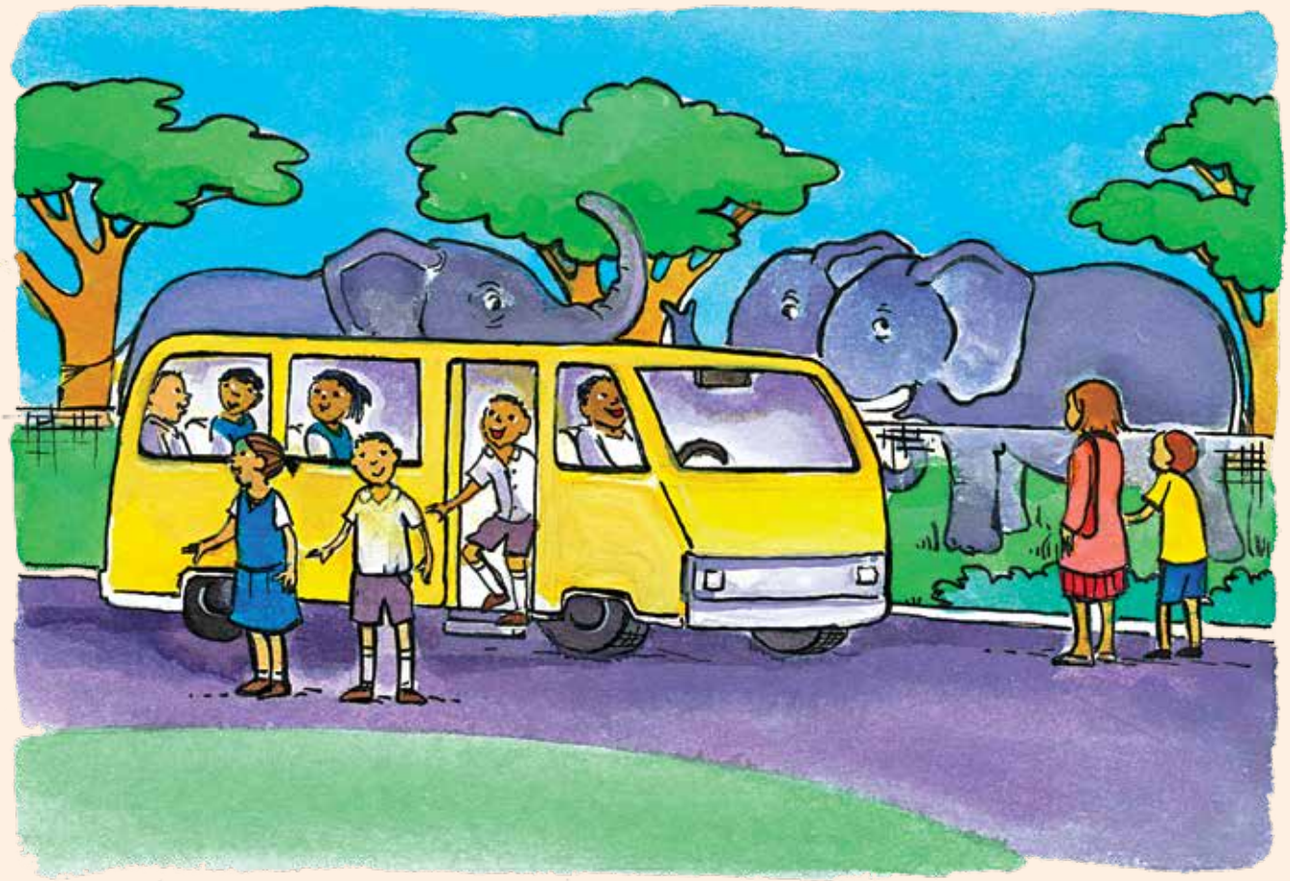


Leruarua leruarua lewatleng.
Leruarua ke tlhapi e kgolo lewatleng.



SES HL Gr3 B2 TH7.indd 93 2019/10/22 12:21:03

Leeto ho ya phakeng ya ditlou





Ha re baleng

Bese ya rona ya ema phakeng ya ditlou. Bana ba kereiti ya boraro ba ya bona ditlou. Ditlou tsa Afrika di kgolo ho feta diphoofolo tsa lefatshe kaofela. Ditlou di na le boko bo boholo ho feta diphoofolo tse ding, ka hoo di bohlale haholo. Re shebile pampiri ena.

Di hola hakae?

Di phela dilemo tse 70.

Di botelele bo bokae?

Ditlou tsa Afrika di ka ba bolelele ba dimetara tse 4.

Na di na le malapa?



Ee. Ielapa le tla pele. Di hlokomela bana ba tsona. Di bile di hodisa dikgutsana tse se nang bahlokomedi.

SES HL Gr3 B2 TH7.indd 94 2019/10/22 12:21:05

Letsatsi:



Ha re ngoleng

Ngola dipolelo tse nne ka seo o ithutileng ka ditlou.



Mantswe a tlwaelehileng

hola
thata
utlwa
bapala



Ha re ngoleng

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

meno	katse	tlou	semathi
manaka	dutse	ntlo	sephehi
metsi	tsamaya	tloha	sekolo

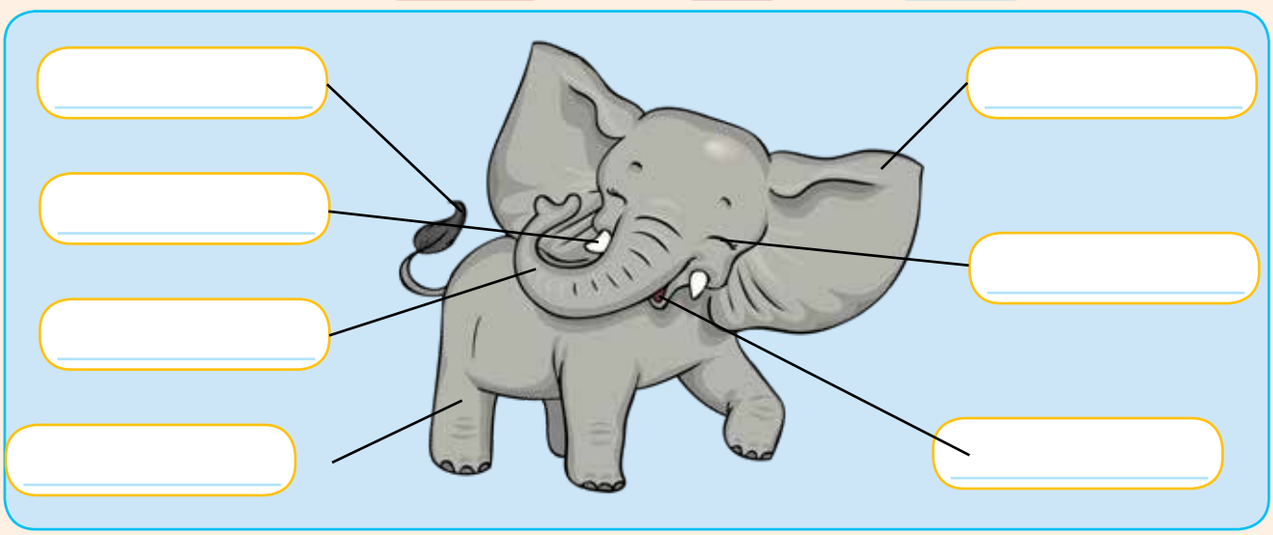


Ha re etseng

Ngola mantswe a ditho tsa tlou setshwantshong sena. Sebedisa mantswe a na.

mohatla meno mokadi

manakana ditsebe mahlo maoto



SES HL Gr3 B2 TH7.indd 95 2019/10/22 12:21:07

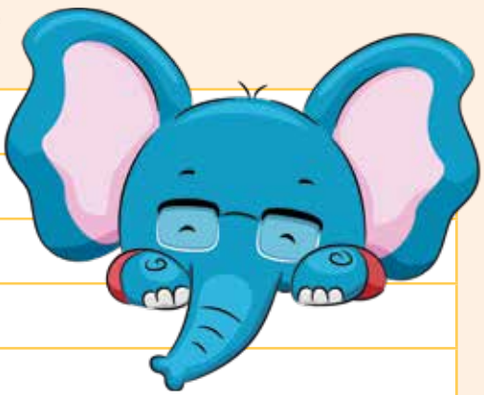
Puo ka ditlou

Botsa motswalle wa hao dipotso ka ditlou.
Botsa ka tseo o di badileng ka ditlou.


Ha re etseng


Ha re ngoleng

Etsa sedikadikwe lentsweng le nepahetseng ho e nngwe le e nngwe ya dipolelo tsena.



Ke eja/jele apole.

O tla seha/sehella tjhisi.

Re tla bala/balolla buka ka ditlou.

Ditlou di na le meno a mane/mani.

Nkgono tlou ha a sa na matla/matlha.

Ntja e utlwile bohloko maotong/maetong.

Na o bone/bonana ditlou?


Ha re ngoleng

Ngololla seo ba se buang ka puo e tobang. Sebedisa matshwao a puo.



Na o ile wa natefelwa ke phaka ya ditlou?

Thandi o a botsa, "



Ee, e ne e le ntle.



Jim o a araba, "



Ho bile ho tle ho bala buka ka ditlou.

Thandi a re, "



Nkile ka bona ditlou phakeng ya ditlou tsa Addo.

Jim a re, "

SES HL Gr3 B2 TH7.indd 96 2019/10/22 12:21:08

Puo ka ditlou (e a tswella)



Boikgathollo

Latela alefabete ho kopanya matheba.



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x

y

z

Hopola



tjhesa



tjhesa haholwanyana



tjhesesisa

SES HL Gr3 B2 TH7.indd 97 2019/10/22 12:21:11

Ho ngola pale ya hao



Ha re bueng

Buisana le metswalle ya hao ka pale eo o batlang ho e ngola. Jwale fana ka maikutlo a hao leqepheng lena.



Moralo wa pale ya ka

Dibapadi le tikoloho.



Qalo

Bohare

Qetelo



Ke mang ya paleng ya hao?

Dibapadi ke bo mang paleng ya hao?

Pale ena e etsahetse neng?

Ho etsahala eng qalong ya pale?

Ho etsahala eng bohareng ba pale?

Pale e qetella jwang?



Boikgathollo

Iketsetse buka ya hao. Seha leqephe le latelang la buka ena. Seha mathebeng a meleng. Mena leqephe meleng. Ngola sehlooho sa buka leqepheng le ka ntle. Ngola lebitso la hao ka tlasa sehlooho, hobane o mongodi wa pale. Etsa setshwantsho leqepheng le ka ntle la buka. Jwale ngola pale ya hao ka hara buka.

SES HL Gr3 B2 TH7.indd 98 2019/10/22 12:21:13

KA MORA BUKA

Rainbow WORKBOOKS

DITABA TSA MONGODI

Ngola lebitso la hao



Dilemo tsa hao

Moo o dulang



8

MOHATO WA 1: Mena mathebeng moleng

MOHATO WA 3: Kenya seteipolara lehlakoreng lena

MOHATO WA 4: Seha moleng o motenya kamora hoba o kenye seteipolara bukeng ya hao

BOKANTLE BA BUKA

Taka setshwantsho mona.



Ngola lebitso la buka mona.

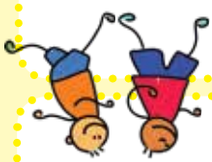
Ngola lebitso la hao (o mongodi).

1

MOHATO WA 2: Mena mathebeng moleng

4

Ngola bohare ba pale ya hao mona le leqepheng la 5.



Taka setshwantsho mona.

5

Tswela pele ka pale ya hao mona.



Taka setshwantsho mona.

Taka setshwantsho mona.

Qala ho ngola pale ya hao mona.



2

Taka setshwantsho mona.

Phethela pale ya hao.



7

3

Tswela pele ka pale ya hao mona.



Taka setshwantsho mona.

6

Ngola se etsahlang pheletsong ya pale ya hao.



Taka setshwantsho mona.

Lenaneo

Tema 8: Setswalle le ho tsotellana

Kotara 4: Dibeke 5 - 8

113 Letsatsi le kgethehileng la matitjhere 102

O bala sengolwa ka letsatsi la matitjhere.
O bala thothokiso ka titjhere.
O araba dipotso ka thothokiso.
O bona dihlongwapele le dihlongwamorao.
O hlophisa mantswe ka nteterwana.
O sebedisa matshwao ka nepo.
O bala lentswe le thata.

114 Ke a leboha titjhere 104

O ngolla titjhere karete ya teboho.
O kopanya mantswe mme o bona maetsi.
O sehela mahlalosi a nako mela ka tlase.
O sebedisa ya ho bontsha thuo.
O bona mantswe a se nang medumo.
O rala phousetara ya Letsatsi La Matitjhere.

115 Ati sebapadi seholo 106

O bala lengolo la titjhere ho hlaha ho Ann.
O araba dipotso tse kgethwang hodima lengolo.
O bona mahlalosonngwe.
O hoopla tatellano ya diketsahalo.

116 O fole Ati 108

O ngola bukatsatsing ka nako eo a neng a kula.
O sebedisa dihlongwapele le dihlongwamorao ho phethela mantswe.
O ngola dipolelo a sebedisa dihlongwapele le dihlongwamorao.
O ngolla Ann lengolo a mo lakalletsa ho fola ka pele le ho mmolella ka ditaba tsa sekolo.

117 Letsatsi le letle ... letsatsi le lebe 110

O bala ditlhaloso tse pedi tsa ketsahalo e le nngwe.
O lokisetsa ho ngola bukatsatsing.
O sebedisa mmapa wa monahano ho lokisetsa ho ngola bukatsatsing.
O ngola bukatsatsing a sebedisa mmapa wa kelello.

118 Moo re ileng teng 112

O ngola aterese le ho ngolla motswalle posekarete.
O kopanya dipolelo ka makopanyi.
O nyalanya mantswe a bonngwe le bongata.
O sebedisa matshwao ka nepo.
O fumana le ho etsetsa sedikadikwe setshwantsho se sa lokeng sehlopheng.

119 Re ya papading 114

O lepa pale ka sehlooho le ditshwantsho.
O ngola puisano e tsamaelanang le ditshwantsho.
O araba dipotso hodima pale ya ditshwantsho.
O taka manaka watjheng ka nngwe ho bontsha hore ketsahalo e etsahetse neng.

120 Tsa dipapadi 116

O sebedisa ditshwantsho ho ngola pale ka leeto la bana.
O tshwaya setshwantsho.
O bopa mantswe mararana.

121 Thembi wa setimamollo 118

O bala puisano ya radiong ya rasetimamollo.
O tshwantshisa puisano.
O araba dipotso tse kgethwang ka puisano.
O ngola serapa ka mosebetsi oo a batlang ho o etsa nakong e tlang.

122 Seo ke batlang ho ba sona 120

O etsa puisano le motswalle mme o ngola dikarabo tsa dipotso.
O nyalanya dihlongwapele tse nepahetseng mantsweng.
O ngola dipolelo a sebedisa dihlongwapele.
O phethela papiso.
O bapisa tshwantshiso ditshwantshong.
O etsa tshwantshiso.

123 Letsatsi la Laeborari hape 122

O bala pale ka tsienyana e bitswang Gerry le bohlwa.
O araba dipotso hodima sengolwa.

124 Tsie e a tlola 124

O tshwaya setshwantsho.
O ngololla dipolelo ho puopehelo.
O fumana mantswe patlong ya mantswe.

125 Lefatsheng lohle re a keteka 126

O bala sengolwa ka ho keteka ho fapaneng.
O phethela tafole ka mehopolo ya dimpho.
O etsa patlisiso ka matsatsi a phomolo mme o etsa lenane la diphumano.

Setswalle le ho tsotellana. 130





SES HL Gr3 B2 TH8.indd 101 2019/10/22 12:19:33

Letsatsi le kgethehileng la matitjhere



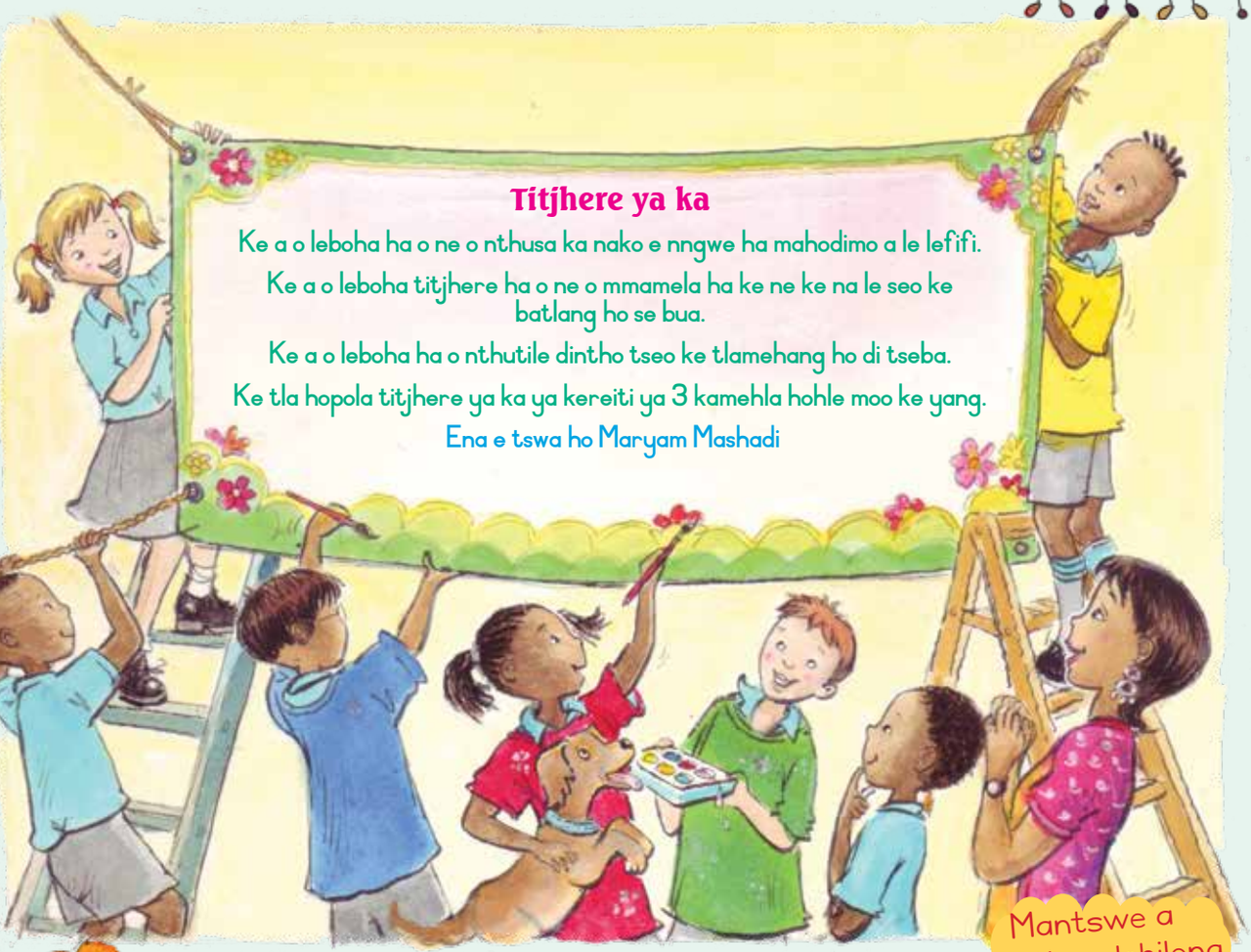


Ha re baleng

Letsatsi le kgethehileng la matitjhere le ka la 8 Mphalane. Ka tsatsi lena le kgethehileng re ngola dikarete ho leboha matitjhere a rona. Bana ba bang ba ngola dithothokiso. Bala thothokiso ena e ngotsweng ke ngwanana wa sekolo.

Titjhere ya ka

Ke a o leboha ha o ne o nthusa ka nako e nngwe ha mahodimo a le lefifi.
Ke a o leboha titjhere ha o ne o mmamela ha ke ne ke na le seo ke batlang ho se bua.
Ke a o leboha ha o nthutile dintho tseo ke tlamehang ho di tseba.
Ke tla hopola titjhere ya ka ya kereiti ya 3 kamehla hohle moo ke yang.
Ena e tswa ho Maryam Mashadi





Ha re ngoleng Bala thothokiso o arabe dipotso.

Mantswe a tlwaelehileng

tlameha
lefifi
bua
mamela

Ke dintho dife tse tharo tseo ngwanana a lebohang titjhere ya hae ka tsona. Di sehelle mela thothokisong mme o bue ka tsona.

1

2

3

SES HL Gr3 B2 TH8.indd 102 2019/10/22 12:19:35

Ngwanana o ikutlwa jwang nakong ya lefifi? ✓			
a	A thabile	b	A sa thaba



Tlotlontswe

Arola mantswe a na ho bontsha medumo e fapaneng. Nomora mantswe ana ho latela alefabete.



2	ma/me/la		tithjere		tlameha		ngwanana
3	nthusa		hoohle		batlang		hoseng
1	nakong		boraro		sekolo		bonolo



Ha re ngoleng

Bontsha na ke mang monga sena. Tlatsa lebitso la monga sena le hore o na le eng.

Ena ke buka ya Sam.	Sam	buka
Mokotlana wa mme wa ka o tabohile.		
Ntja e tsoka mohatla wa yona.		
Leino la Sara le bohloko.		
Koloi ya titjhere ya ka e kgubedu.		
O nkile bolo ya Jabu.		

Sotha leleme: Bala sena ka potlako, ka moo o ka kgonang.





Betty o rekile botoro e babang. A reka botoro e babang ho etsa botoro e babang betere.



SES HL Gr3 B2 TH8.indd 103 2019/10/22 12:19:40

Ke a leboha titjhere

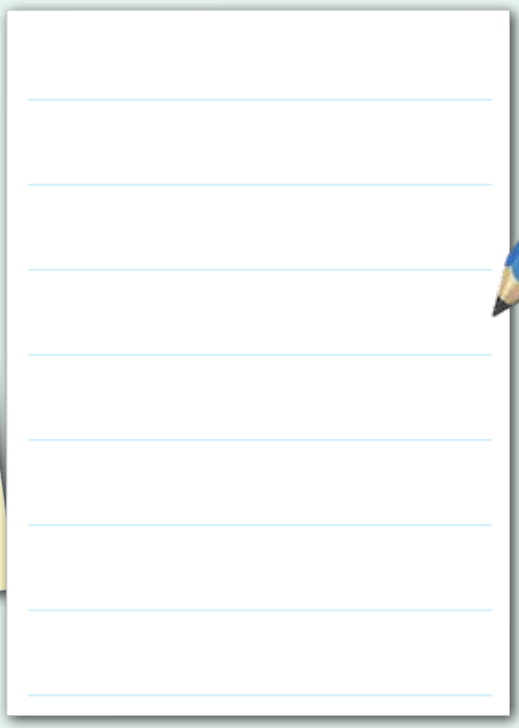


Ha re ngoleng

Ngola karete o leboha titjhere ya hao.













Ha re ngoleng

Sehella maetsi kapa mantswe a etsang ketso ka tlase lebokoseng le bolou. Etsa mola ho kopanya dipolelo tse pedi tse tsamaelanang. Sheba mohlala.



polelo	Fumana leetsi
Senqanqane se setala se	bapala ka bolo.
Kgaitsedi ya ka e	jele ntshintshi.
Monna o ne a	jele lesapo.
Motswalle wa ka Jane o	kganna koloi ya hae.
Ntja e tshehla e	apere mose o motle.
Bana ba ne ba	dutse pela sekolong.

SES HL Gr3 B2 TH8.indd 104 2019/10/22 12:19:53



Ha re ngoleng

Sehella mola mantswe a bontshang hore ketso e etsahetse neng.

Tsa nako

O sebesisa neng ka? Re sebedisa ka ha re bua ka nako kapa letsatsi le itseng kapa matsatsi a selemo kapa ha o tsamaya ka ntho e itseng.

Sekolo se qala ka hora ya 8 hoseng.	
Sekolo se tswa ka hora ya 2 mantsiboya.	Na o ya sekolong ka Moqebelo?
Ati o ile hae ka nako ya motsheare.	Letsatsi la hae la tswalo le ka 20 Phupu.
Re robala ka hora ya 8 mantsiboya.	O tla be o le kae ka letsatsi la pele la selemo?



Ha re ngoleng

Ha batho ba le babedi kapa ho feta re sebedisa ba kapa di kapa ma pele ho lentswe ho bontsha bongata. Re o etseditse mohlala.



Banna	Mapolesa
Ditjhaba	Baeti



Bala mantswe ana, ebe o etsa sedikadikwe mantsweng a bontshang bongata.



Ha re ngoleng

bashemane	mangolo	dikolo	dijo
menwana	maoto	ditjheke	dikere
meno	dihlooho	diboko	matsatsi



Boikgathollo

Sheba thothokiso hape "Titjhere ya ka". Jwale sebetsa le motswalle wa hao le etse phoustara ho phatlalatsa letsatsi la Matitjhere. Bolela hobaneng matitjhere a le bohlokwa baneng. Bolela hore na bana ba ka etsang ho leboha matitjhere a bona.

SES HL Gr3 B2 TH8.indd 105 2019/10/22 12:20:01

Ati sebapadi se seholo



Ha re baleng





25 Berry Road
Old Town
1234

19 Pudungwane 2015

Dumela Titjhere

Ke ntse ke sa kgone ho tla sekolong. Ke tshwerwe ke lefu la sekgolopane ka hoo ngaka e itse ke se ke ka tla sekolong hobane lefu lena le tlala mmele, ke tla tshwaetsa bana ba bang.

Ha ke tsoha ka Mantaha ke fumane mmele wa ka kaofela o ena le diso tse kgubedu. Ke lekile ho di ngwaya empa ha di a ka tsa fela. Ke lekile ho di hlatswa ka sesepa empa ha di a ka tsa tloha. Ke ile ka utlwa bohloko. Ka qala ho tjha mmele ona kaofela. Mme a nkisa ngakeng. Ngaka ya re ke tjhesa haholo. A nneha meriana, a re ke se ke ka tla sekolong. Ke matsatsi a mahlano a fetileng, ke dutse hae.

Ka mehla, ke lakatsa e ka diso tsena di ka fela, empa di sa le teng. Ke hopola metswalle ya ka. Ke rata ho tla sekolong empa ha ke a tshwanela. "Titjhere, na nka fumana dibuka tsa ka tsa mosebetsi wa sekolo hore ke tsebe ho sebetsa hona hae mona? Ha ke rate ho kgutlela morao ka mosebetsi wa sekolo." Ntate wa ka o itse a ka tla di lata.

Ke o hopotse haholo fela.

Ati



SES HL Gr3 B2 TH8.indd 106 2019/10/22 12:20:04

Letsatsi: _____



Ha re ngoleng Ha o qetile ho bala pale, araba dipotso tsena. Etsa sedikadikwe tlhakung e nepahetseng.

Bohlokwa ba lengola la Ati ke bofe?	
A	Ho bolella titjhere hore o tshwerwe ke lefu la sekgolopane.
B	Hore o ile ngakeng.
C	Ho kopa dibuka tsa mosebetsi wa sekolo.
D	Ho bolella titjhere se boletsweng ke ngaka.

Ke matsatsi a makae Ati a le siyo sekolong?	
A	Matsatsi a 2
B	Matsatsi a 5
C	Matsatsi a 7
D	Matsatsi a 10

Ke eng ntho ya pele e entseng hore Ati a nahane hare ho na le se fosahetseng?	
A	O bone a tletse diso mmeleng.
B	Ngaka e mmolelletse hore o tshwerwe ke sekgolopane.
C	O ne a tjhesa mmeleng.
D	Mme wa hae o mo isitse ngakeng.





Ha re ngoleng Sheba lengolo ka hloko mme o fumane mantswe a nang le moelelo o tshwanang le ana.

Ho tshwaetsa bana ba bang (seratswana 1)	
Ho se thabe (seratswana 2)	
Motjheso o moholo (seratswana 2)	
A ka di lata (seratswana 3)	

Mantswe a tlwaelehileng

thusa
tshwara
tletse
tlola



Ha re ngoleng Beha dipolelo tsena ka lenane le nepahetseng. Di nomore 1 ho fihla ho 4.

	Ke ile ka ya ngakeng.
	Ke lekile ho di hlatswa.
	Ke ne ke tjhesa mmele kaofela.
	Ha ke tsoha ka fumana ke na le diso tse kgubedu mmeleng.

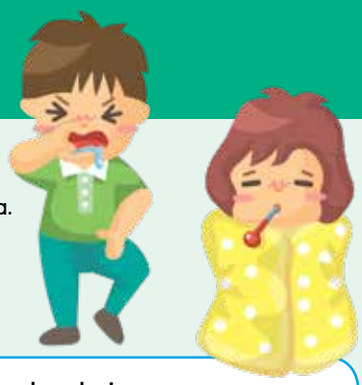
TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH8.indd 107 2019/10/22 12:20:06

O fole Ati



Ha re etseng Ngola buka tsatsing ya hao ka nako eo o neng o kula. Bolela ka moo o ikutlwileng ka teng, meriana eo o e sebedisitseng le hore o ne o hlokometswe ke mang.



Dumela Bukatsatsi	Letsatsi





Ha re ngoleng Shebang mantswe a latellang.

Sehlongwanthao se sebediswa qetellong ya lentswe athe sehlongwapele qalong ya lentswe.

Dihlongwapele	
mma + ngwana =	mmangwana
mma + rona =	
ra + Dineo =	

Dihlongwanthao	
dumela + ng =	
dula + ng =	
hula + ng =	

Ngola polelo o sebedisa **ra-** qalong ya polelo le **-ng** qetellong ya lentswe.

SES HL Gr3 B2 TH8.indd 108 2019/10/22 12:20:09

Letsatsi:



Ha re ngoleng

Iketse e ka o motswalle wa Ati. Mo ngolle lengolo o mo lakalletsa ho fola kapele. Mo bolella ditaba tse monate ka tse etsahalang sekolong.



Tlatsa nomoro ya ntlo le seterata.

Tlatsa lebitso la sebaka kapa toropo.

Tlatsa khoutu ya poso.

Tlatsa letsatsi.

Dumela

Ho tswa ho

SES HL Gr3 B2 TH8.indd 109 2019/10/22 12:20:11

Letsatsi le letle … letsatsi le lebe



Ha re baleng

Sam le kgaitsedi ya hae Sara ba nkile letsatsi le ba lapa la habo ba tjhaka. Sam o thabisitswe ke sena, empa Sara ha a thaba.



E ne e le letsatsi le monate! Ke lakatsa e ka re ka tsamaya hape.

E ne e le letsatsi le lebe! Ka ntle le dijo, ha ke nahane ntho e le nngwe fela e nthabisitseng.





Ha re etseng

O tlo ngola bukatsatsing ya Sam le Sara. Empa pele, sehlotshwana sa lona, etsa mmapa wa monahano o tla le thusa ho ngola bukatsatsi. Dihlopheng tsa lona ralang mmapa wa mohopolo o tla le thusa ho ngola dibukatsatsi tsa lona. Bua hobaneng bana ba babedi ba ileng tulong e le nngwe ba se na maikutlo a tshwanang ka tulo eo.

Moo Sam le Sara ba ileng teng

Seo Sam le Sara ba se entseng



Sam le Sara ba a tjhaka

Se thabisitseng Sam

Se sa thabisang Sara



SES HL Gr3 B2 TH8.indd 110 2019/10/22 12:20:16



Tlotlontswe

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

lebone	tshwara	tsamaya	kgathetse	robong
lebese	tshwarwa	tsoma	robetse	robala
lebekere	tshwana	tsosa	emetse	robedi



Ha re ngoleng

Jwale ngola bukatsatsing ya Sam le Sara ka letsatsi leo.
Sebedisa mmapa wa hao wa monahano ho o thusa.



Bukatsatsi ya Sam

Dumela Bukatsatsi Letsatsi _____

Kajeno ke bile le letsatsi le manate haholo la bophelo ba ka. Re ile ra ya



Bukatsatsi ya Sara

Dumela Bukatsatsi Letsatsi _____

Kajeno ke bile le letsatsi le lebe la bophelo ba ka. Re ile ra ya

SES HL Gr3 B2 TH8.indd 111 2019/10/22 12:20:20

Moo re ileng teng

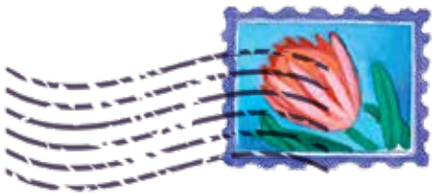


Ha re etseng

Iketse e ka o Sam le Sara.
Romela posekarete ho motswalle wa hao o mmolelle seo le se entseng ha le ne le tjhakile, se le thabisitseng kapa se sa le thabisang. Ngolla karete motswalle wa hao.

Dumela Ati

Ho tswa ho



Lebitso la motswalle wa hao

Nomoro ya ntlo le le bitso la seterata

Khoutu ya poso



Ha re ngoleng Kopanya dipolelo tse pedi. O ka sebedisa lentswe hang fela.

le | hobane | empa

Re ile tulong e ntle haholo.	ke ne ke sa thaba.
Ke tsamaile le batswadi ba ka.	kgaitsedi ya ka.
Ke ne ke sa batle ho tsamaya.	ke ne ke batla ho ya moketeng wa motswalle wa ka.

SES HL Gr3 B2 TH8.indd 112 2019/10/22 12:20:22

Letsatsi:

Ha re ngoleng

Bapisa bonngwe le bongata mabitsong a latelang.

Re qala ka di mabitsong a mangata ha re a etsa bongata. Re qala hape ka ma kapa me mabitsong a mang.

mose

mese

papadi

phiri

diphiri

sekotlolo

lewatle

lebokose

sefate

dikotlolo

mawatle

dipapadi

mabokose

difate

Ha re ngoleng

Kgetha hore ke bonngwe kapa bongata dipolelong tse latelang.

Hopola, ha e le bonngwe re sebedisa lentswe le le jwalo, ha e le bongata re qala ka di kapa ma ka pela lebitso kapa lentswe.

Mahlaku a difate.	Dithutswana tsa dipalesa.
Baki ya moshemane.	Mapheo a dinotshi.
Dibuka tsa banana.	Nko ya seswaswi.

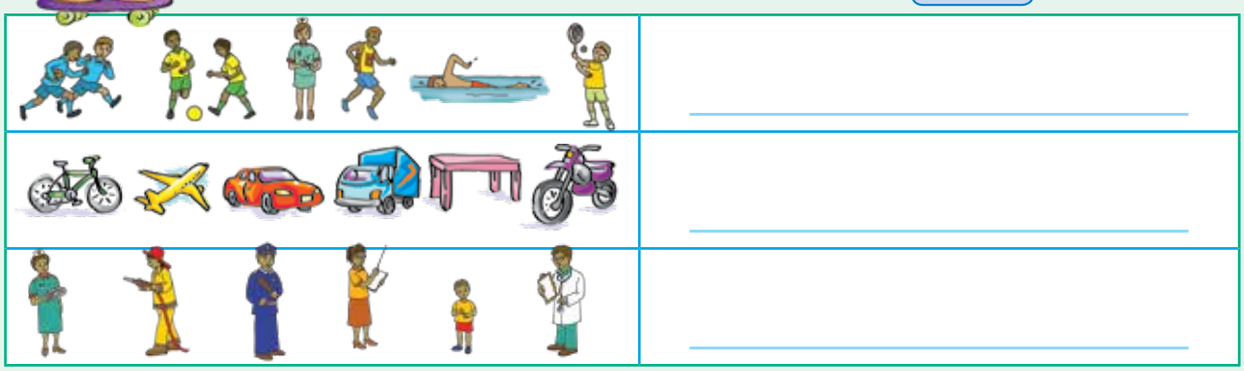
Boikgathollo

Fumana o etse sedikadikwe ho e sa tsamaelaneng le tse ding. Jwale ngola lebitso la sehlopha se seng le se seng.

ho nka leeto

tshasa

lefatshe



TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH8.indd 113 2019/10/22 12:20:38

Re ya papading

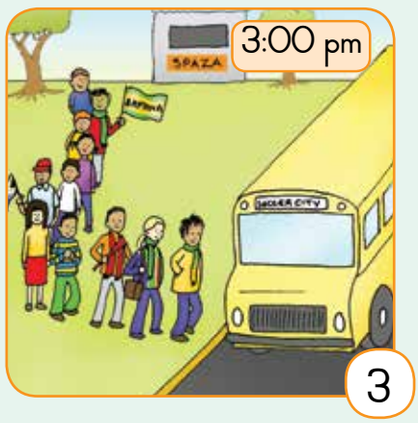


Ha re bueng

Sheba ditshwantsho bua le motswalle wa hao ka se etsahalang.

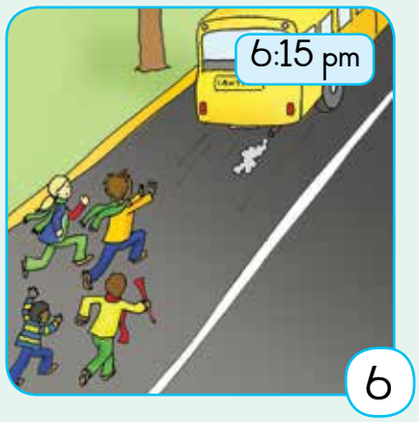














Ha re ngoleng

Bua ka moo bana ba ikutlwileng ka teng setshwantshong se seng le se seng.
O nahana ba itseng setshwantshong se seng le se seng?
Jwale tlatsa setshwantsho se nepahetseng ho bontsha ha bana ba bolela dintho tsena.

Atjhe! Bese ke yane e tsamaya! Re siilwe ke bese ya ho qetela!	
Atjhe! Sheba mola o mololele jwang! Na re tla tseba ho kena lebaleng la dipapadi?	
Ke tlamme sekhafo hobane ho a bata.	
Hela, Jimi. E se e le hora ya bobedi le metsotso e mashome a mararo. Re tlamehile ho phakisa!	
Hei, sehlopha sa rona se a hlola!	
A re kene moleng wa bese.	

SES HL Gr3 B2 TH8.indd 114 2019/10/22 12:20:43



Ha re ngoleng

Bana ba ile hokae?	
Ba bile meleng e mekae?	
Ba eme nako e kae moleng wa bobedi?	
Ba entseng ka hora ya 4:30?	
Ho etsahetseng ka hora ya 6:15?	



Tlotlontswe

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

toropo	kgolo	papadi	kopana	kadima
terene	dikgopo	panana	kopanya	katiba
tena	kgoho	papa	kopolla	kama

Mantswe a tlwaelehileng

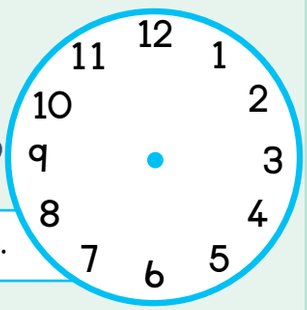
lengolo
lerato
hobane
tjhelete



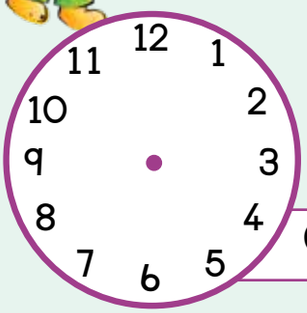
Ha re etseng

Tlatsa manakana watjheng e nngwe le e nngwe ho bontsha ketso e etsahetse ka nako e feng.

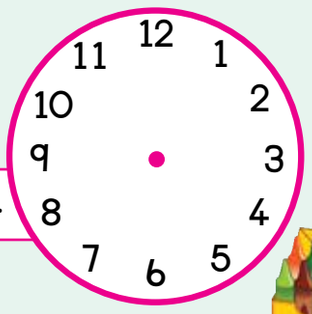




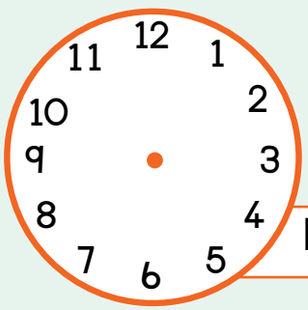
Moshanyana o tlamme sekhafo.



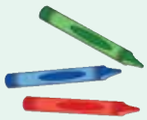
O kopane le metswalle ya hae.



Ba eme moleng lebaleng la dipapadi.



Ba siilwe ke bese.





SES HL Gr3 B2 TH8.indd 115 2019/10/22 12:20:46

Tsa dipapadi

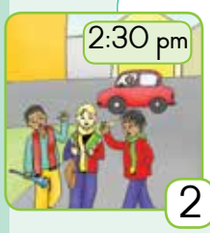


Ha re ngoleng

Sebedisa ditshwantsho ho o thusa ho ngola pale ka leeto la bana la ho ya papading tsa bolo. Qetella pale ya hao ka se etsahetseng ka mora nako ya 6:15 mantsiboya.



1



2



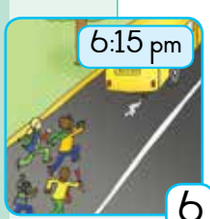
3



4



5



6

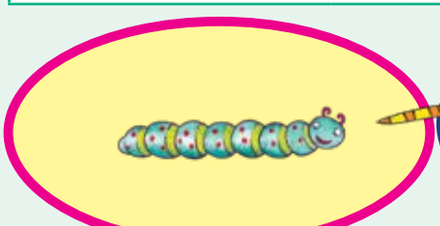
SES HL Gr3 B2 TH8.indd 116 2019/10/22 12:20:48



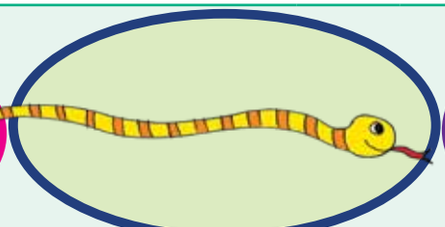
Boikgathollo

Ngola mabitso a ditshwantsho, moo a siilweng, mantswe a ngotsweng setshwantshong se qalang a bontsha hore tshwantsho tse pedi di bontshang eng.

	bolo ya maoto	=	 maoto	+  bolo
	borashe ba meno	=	 meno	+ 
	lebone la ntlo	=	 lebone	+ 
	borashe ba pente	=	 pente	+ 
	jase ya pula	=	 pula	+ 
	lewatle la ditlhapi	=	 lewatle	+ 



telele



teletsana



telelehadi

SES HL Gr3 B2 TH8.indd 117 2019/10/22 12:20:52

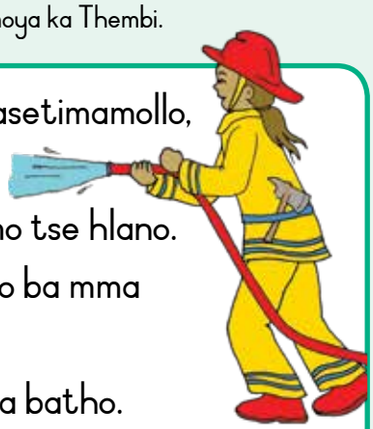
Thembi wa setimamollo



Ha re baleng

Thembi X ke setimamollo. O sebetsa Umtata.
Jim le Thandi ba mamela puisano ya seyalemoya ka Thembi.





Mmotsi wa ditaba: Ke nako e kae o le mmasetimamollo, Thembi?

Thembi: Ke nako e telele. Dilemo tse hlano.

Mmotsi wa ditaba: Hobaneng o kgethile ho ba mma setimamollo?

Thembi: Ke ne ke batla ho thusa batho.

Mmotsi wa ditaba: O tsebile jwang ka mosebetsi ona?

Thembi: Ke kene sekolo sa ditimamollo. Ka ithuta ho tima mollo, ho sebedisa selepe le lethopo la metsi. Ka ba ka ithuta tsa thuso ya pele.

Mmotsi wa ditaba: Na o tlamehile ho ba matla ho etsa mosebetsi ona?

Thembi: Ee, o tlamehile ho ba matla. Ke matha hora hoseng tsatsing le leng le le leng. Ke ya boikwetlisong tsatsing le leng le le leng.

Mmotsi wa ditaba: Na o a tshoha ha o tima mollo?

Thembi: Tjhe, ho hang. Ke nahana ka mollo le ka moo nka o timang ka teng.

Mmotsi wa ditaba: Na o na le ho thusa diphoofolo?

Thembi: Ee, bekeng a fetileng ke thusitse ntja. E ne e ipatile ka tlasa bethe. Diphoofolo di ipata hobane di tshaba mollo. Ho ba thata ho rona ho di fumana.



Ha re etseng

Bala puisano le motswalle wa hao. E mong wa lona e be mmotsi wa ditaba, ha e mong e eba Thembi.

SES HL Gr3 B2 TH8.indd 118 2019/10/22 12:20:54

Letsatsi:



Ha re ngoleng Araba dipotso tsena.

Sepheo sa puisano ya seyalemoya ke se feng?	
A	Ho bolella batho hore mollo o thibelwa jwang.
B	Ho kgothalletsa batho ho ba baorditimamollo.
C	Ho fa bamamedi ditaba ka ditimamollo.
D	Ho bolella batho hore Thembi ke mang.

Diphoofolo di etsang ha ho na le mollo?	
A	Di a ipata hobane di tshohile.
B	Di a baleha.
C	Di fumana tsela ya ho phonyoha.
D	Di bohola haholo hore o di fumane.

Hobaneng Thembi a sa tshohe ha a tima mollo?	
A	O na le disebediswa tsa bohlokwa.
B	O matla.
C	O tseba ho lwantsha mollo.
D	O phathahane o tima mollo.

Ba dula jwang ba matlafetse?	
A	O ya sebakeng sa boikwetliso.
B	O a matha.
C	O a matha le ho ya sebakeng sa boikwetliso.
D	O matla ka tswalo.



Ha re ngoleng

Ngola ka seo o batlang ho ba sona ha o hola.
Bolela hobaneng o batla ho etsa mosebetsi oo.



TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH8.indd 119 2019/10/22 12:20:56

Seo ke batlang ho ba sona



Ha re etseng

Iketsise e ka o etsa mosebetsi oo o batlang ho o etsa ka tsatsi le leng. Etsa mosebetsi ona le motswalle wa hao ebe le etsa puisano le fana sebaka.



Ke nako e kae o le _____ ?
Ke eng se entseng hore o nahane ho ba _____ ?
O rata eng ka mosebetsi o na?



Ha re ngoleng Kopanya mantswe ana.

Kopanya mantswe a latelang ho fumana lentswe le le elng.

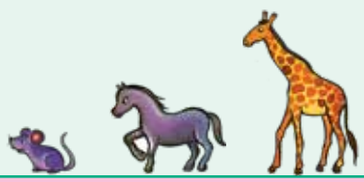
mma + bona =	mmabona
mma + tsona =	
ra + bona =	

bapala + ng =	
robala + ng =	
roka + ng =	

Etsa polelo ya pele o sebedisa lentswe lena mma -le ya bobedi o sebedisa -ng.



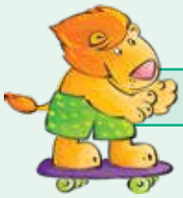
Ha re ngoleng Tlatsa mantswe a siilweng.



telele		telelehadi
	matlatsana	
molelele		molelelehadi

SES HL Gr3 B2 TH8.indd 120 2019/10/22 12:20:59

Letsatsi: _____



Boikgathollo

Etsa mola o tlohang tshwantshanyong ho ya phoofolong.

Re ye re hlalose ntho ka ho sebedisa jwalo ka. mohlala, o motle jwalo ka palesa, "sena se bitswa tshwantshanyo".



katse



pikoko



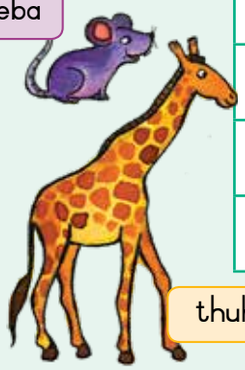
kgomo



tau



kgudu



tweba

thuhlo

1 E boima jwalo ka tlou

2 E bohale jwalo ka _____

3 E sebetsa jwalo ka _____

4 E tsamaya butle jwalo ka _____

5 E lokolohile jwalo ka _____

6 O bonolo jwalo ka _____

7 O lapile jwalo ka _____

8 O ikgantsha jwalo ka _____

9 Ha a tshepahale jwalo ka _____

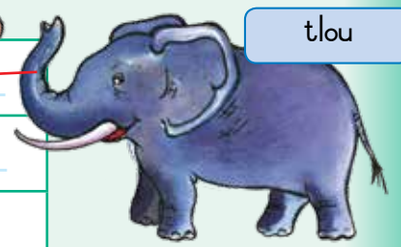
10 E telele jwalo ka _____

11 O fokola jwalo ka _____

12 O bohlale jwalo ka _____

13 O matla jwalo ka _____

14 O thotse jwalo ka _____



tlou



konyana



pere



notshi



nonyana



sephooko



phiri

Jwalo etsa tshwantshanyo. Di ngole mona.

TITJHERE: Saena _____ Letsatsi _____

SES HL Gr3 B2 TH8.indd 121 2019/10/22 12:21:02

Letsatsi la Laeborari hape



Ha re baleng Jim le Thandi ba ya laeborari hape. Kajeno ba ntsha buka ya dikokonyana. Tlo re bone buka ena e bua ka eng.



Ho ne ho futhumetse, letsatsi le tjhabile ha dikokonyana di sebetsa di nka poone le dijo tse ding di di bolokela Mariha.

Gerry tsie o ne a bina ebile a tjeka ebile a tlola tlola. O ne a thabile ha a ntse a bapala katara, a bina ho fihlela letsatsi le dikela. A sheba tsela ya dikokonyana di bokellana ebile di boloka dijo di di bolokela mariha.



Gerry: Ke eng o sa tlohele ho sebetsa o tlo bina le ho tantsha le nna?



Kokonyana: Tjhee boo, re sebetsa haholo. Mariha a sa tla mme re tshwanetse ho boloka dijo bakeng sa matsatsi a batang.

Gerry: Aha, tloha mona. Nke ke ka ikgathatsa hona jwale. Mariha a sa le hole le dijo di ngata.



Jwale Gerry tsie a tswela pele ka ho tantsha le ho bina le ho letsa katara, ha dikokonyana di tswelapele ka mosebetsi.

Mariha a fihla. Gerry tsie ha a na dijo. O ne a tshwerwe ke tlala haholo. A ya tlung ya dikokonyana.

Gerry: Ke kopa seo nka se jang hle. Ke shwele ke tlala. Na le ke ke la mpha hoo nka ho jang?



Kokonyana ya mo fa dijo tse nyenyane.

Kokonyana: O ne o tantsha Lehlabula kaofela, empa ha o a ka wa ipehela dijo tsa mariha. Ho na le nako ya ho bapala le nako ya ho sebetsa.

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Letsatsi:

Lehlabula le latelang, tsie ya sebetsa ka thata ho bokelletsa dijo e lokisetsa Mariha.
O ile a ithuta ka thata ebile o ne a sa batle ho shwa ke tlala hape.





Ha re ngoleng

Araba dipotso tsena.

Hobaneng ho le molemo hore tsie e bokelletse dijo tsa yona?
Ho ne ho tla etsahala eng ka tsie haeba dikokonyane di ne di mo timile dijo ha a ne a lapile?
O nahana dikokonyana di entse ntho e nepahetseng ka ho mo neha dijo? hobaneng?
Hobaneng tsie e ile ya fetoha?
Ngola lebitso le letle la pale ena.
Fumana mantswe a mane a maetsi paleng ena.



Tlotlontswe

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

tsie	fetoha	letswai	hobaneng
tsipa	fetola	lebone	bapalang
tsi	fetohile	letlalo	tsamayang

Mantswe a tlwaelehileng

fetoha
neha
dijo
boloka

TITJHERE: Saena _____ Letsatsi _____

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Tsie e a tlola



Ha re etseng

Bala tlhaloso ya mmele wa tsie, ebe o tlatsa mabitso a dikarolo tsa mmele tsa tsie setshwantshong sena.

Mpa – mohatla wa tsie. E na le masoba karolong tsa mmele hore e heme.

Maoto a ho qhoma – maoto a ka morao a maholo hape a matla ho thusa hore e qhome.

Manakana – manakana a mabedi hlohong a sebediswang ho tshwara le ho nkgella.

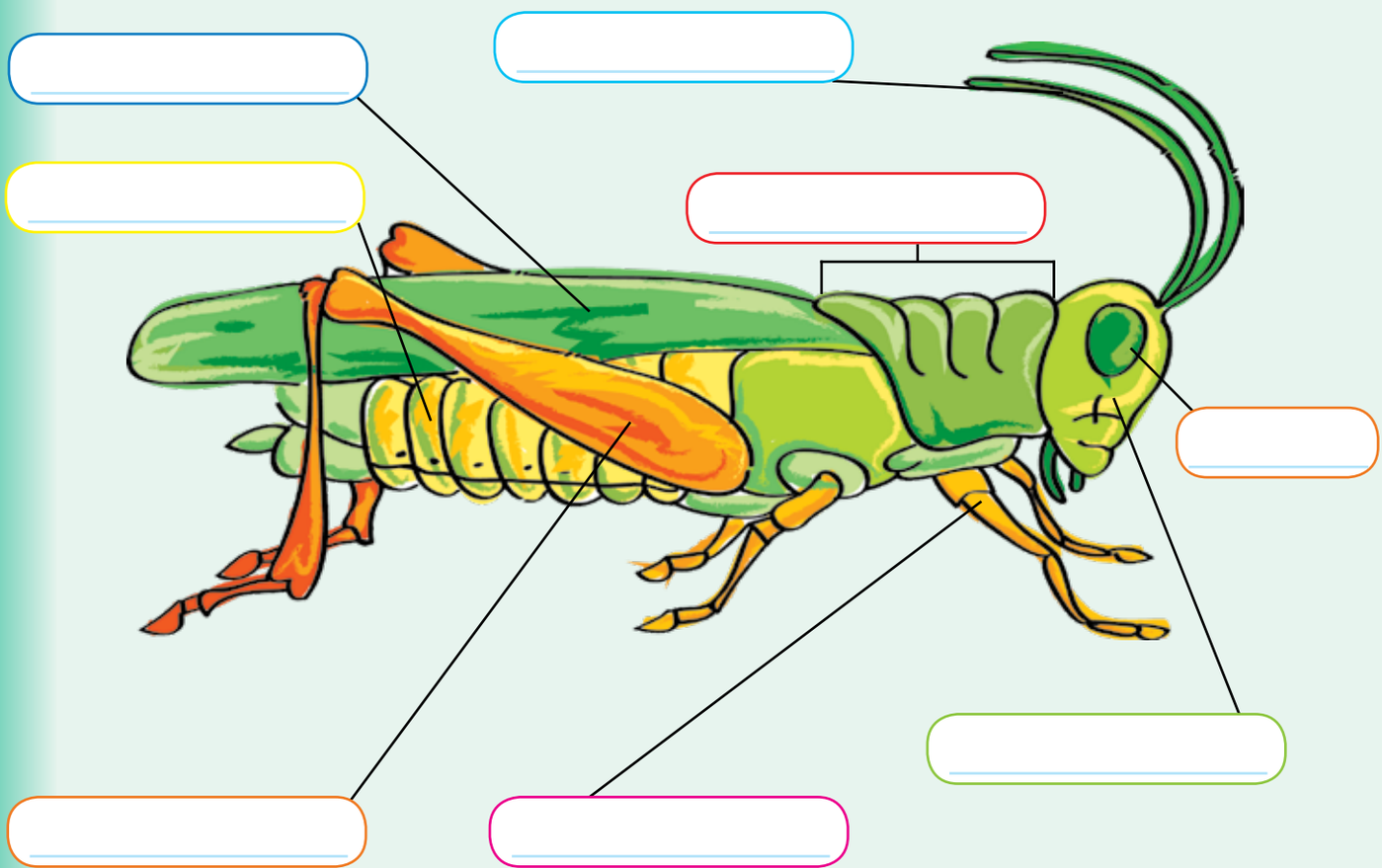
Sefuba – se bohareng ba mmele wa tsie, moo maoto le mapheo a kgomaretseng.

Mahlo – mahlo a mabedi a entswe ka mahlo a manyenyane.

Maoto a ho tsamaya – a mane a makgutshwanyane ka pele a sebedisetswa ho tsamaya.

Hloho – ka pela mmele wa yona.

Mapheo – tsie e na le mapheo a malelele a mabedi, e a sebedisa ho fofa.



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Letsatsi: _____



Ha re ngoleng

Ngololla seo ba se bolelang ka puisanong ena.
Sebedisa matshwao a puo.



O bodutu, tlo o bapale.

Tsie e itse, "O _____

O tlamehile o bokelletse dijo tsa mariha.



Kokonyana e nyenyane ya araba, " _____



Ha re tantshe.

Tsie e itse, " _____

Mphe dijo hle.



Tsie e a kopa, " _____



Boikgathollo

Fumana o etse sedikadikwe mantsweng a mabokoseng a latelang.

lokisa

matha
hoja
tsie
feta
hodimo
founu
hampe
thata
rona
yena
wena
yona

m	f	I	l	o	k	i	s	a	z	f	y
a	e	t	y	u	w	o	n	t	s	i	e
t	t	w	y	n	q	f	o	u	n	u	n
h	a	t	s	h	w	a	n	t	s	h	a
a	y	o	n	a	i	t	r	o	n	a	w
h	o	d	i	m	o	h	o	j	a	u	e
m	f	v	q	w	h	w	m	n	g	g	n
h	a	m	p	e	t	h	a	t	a	n	a

TITJHERE: Saena _____ Letsatsi _____

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Lefatsheng lohle re a keteka



Ha re baleng Lefatsheng lohle re nakong ya phomolo re a keteka.

Jwale re qetellong ya kereiti ya 3. Re shebile pele ho ya kereiting ya 4. Re shebile pele re itokisetsa ho keteka mokete wa rona.



Ka nako ya keresemese re fumana dimpho. Ebile le rona re neha metswalle le ba leloko dimpho. Re na le sefate sa Keresemose ka tlung yeso. Re beha dimpho ka tlasa sefate. Re kgabisa sefate ka ho beha naledi ka hodima sona. Ka nako ya keresemose re ja dijo tse ngata tse monate.

Re tatetse Diwali. Ke nako eo re fumanag dipompong tse ngata le dimpho tse ngata. Re paka dipompong tse monate le dikuku mabokoseng mme re di fa batho ba re tjhakelang. Re kgantsha mabone a manyane re a beha ho potolloha ntlo. Re kgabisa ntlo hore e shebehe e le ntle.





Haufinyane e tla be e le Hanukkah. Re tla ba le dijo tse ngata. Re rata ho ja dikuku le mahobe. Le rona re fumana dimpho. Bomotswala ba rona ba tla tla re tjhakela. Re tla thusa ho pheha dijo le ho kgantsha dikerese ka tlung yeso.

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Letsatsi:

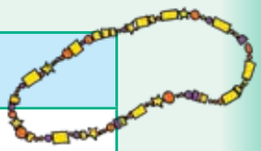


Haufinyana e tla be e le Eid. Ke lakatsa ho fumana dimpho tse ntle. Re fa le metswalle ya rona dimpho. Le rona re tla ba le dikuku tse ngata le dipompong tseo re tla di ja.
Re tseba hore ke Eid ka sebopeho sa ngwedi. E ka letsatsi le fapaneng selemo le selemo.



Ha re ngoleng O ka etsa dimpho tse jwang ho fa metswalle le ba leloko?

O tla neha mang mpho?	O ka etsa eng?







Tlotlontswe

Bala mantswe. Mamela medumo.
Jwale sebedisa mantswe a mahlano ho ngola dipolelo tsa hao bukeng ya hao ya ho ngolla.

reka	neha	moriri	manene
rekile	nehile	morena	mane
rekisa	nehana	moriti	Mantaha

Mantswe a tlwaelehileng

pedi
tharo
tsena
tseno



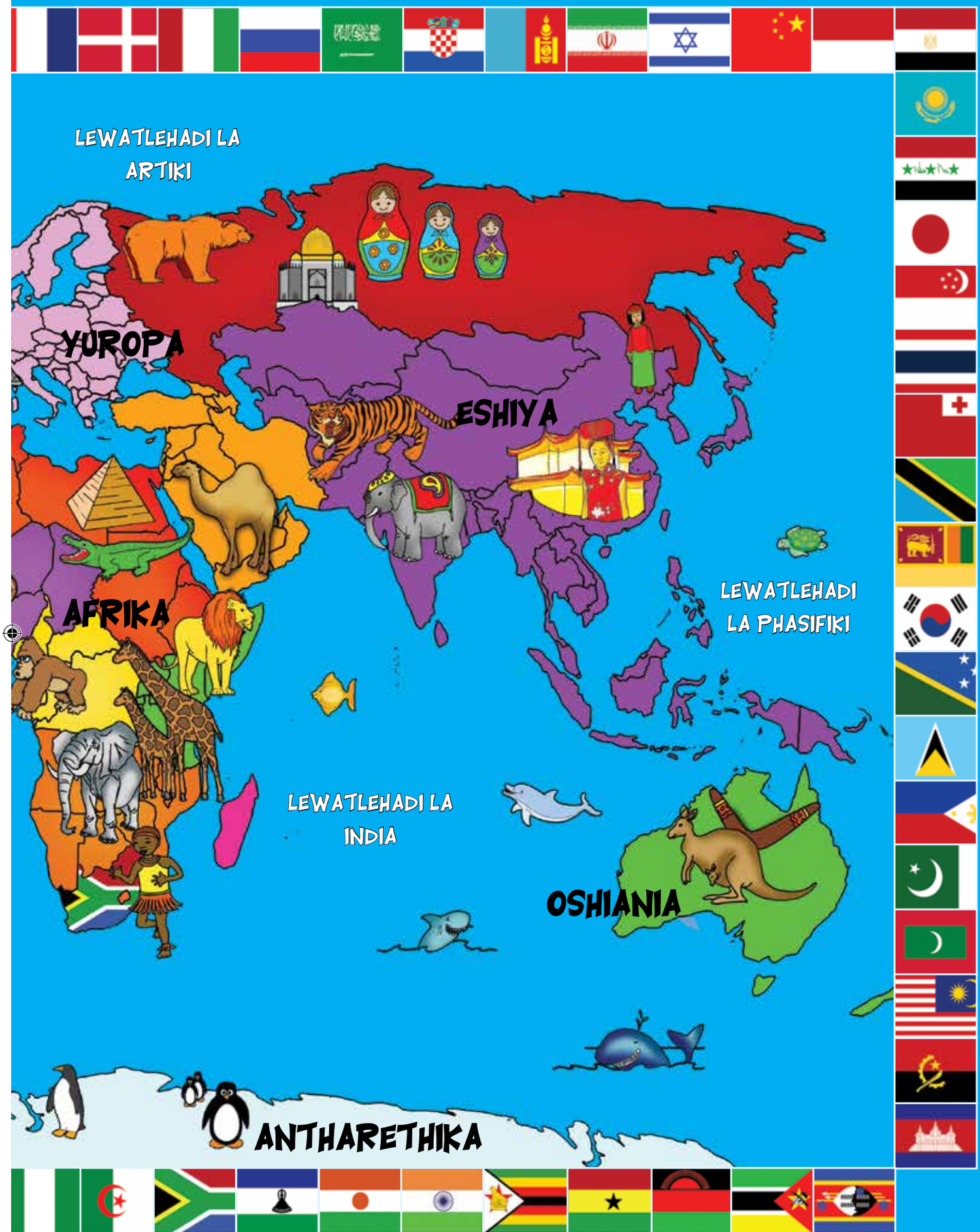
Ha re ngoleng Leka ho fumana ditaba ka nako tsena tsa phomolo.

Nako ya phomolo	E tla ba ka letsatsi lefeng?	Na o tseba mang ya tla keteka letsatsi lena la phomolo?
Keresemose		
Diwali		
Eid		
Hanukkah		

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SES HL Gr3 B2 TH8.indd 129 2019/10/22 12:21:15

O kgethehile.

Mmele oohle wa hao o kgethehile.

Ke wena monnga mmele wa hao!



HO SE BE mang ya o tshwarang bokapele.

O tshwanela ho bolella e mong ha ho na le motho ya o tshwarang bokapele.

O tshwanela ho bolella e mong ha ho na le motho ya o etsisang dintho tseo o sa batleng ho di etsa.







Eo o tshwanetseng ho mo letsetsa mohala bakeng sa thuso:

Mohala wa tsa Bana: 0800 05 55 55

SAPS Thibelo ya Botlokotsebe: 086 00 10111

SAPS Nomoro ya tshohanyetso: 10111

Lefapha la "Life Line": 0861 322 322

Lefapha la Tshireletso ya Bana: 012 393 2359/2362/2363