

SESOTHO
GRADE R – BOOK 1
TERM 1
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13th Edition



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Lebitso:



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



SESOTHO
Buka
I
kotara!



Mofumahadi Angie Motshekga,
Letona la Lafapha la
Thuto ya Motheo



Ngaka Reginah Mhaule,
Motlatso wa Letona la
Thuto ya Motheo

Selemong sena sa Kamohelo sa (Kereiti ya R) Dibuka tsa Mookodi tsa Mosebetsi ke karolo ya matsapa a Lefapha la Thuto ya Motheo ho thusa le ho tshehetsa mosebetsi wa ngwana wa Moafrika. Diphuputso di bontshitse hore selemong se seng le se seng bana ba fumana mesebetsi e ba phephetsang pele ho Kereiti ya 1, ba sebetsa hantle dithutong tsa bona dilemong tse latelang, dilemong tsa poraemari le nakong ya dithuto tsa sekontari. Ke ka hoo ba tshwanelang ho rutwa haholwanyane ha ba le Kereiting ya R.

Thutong ya Motheo kharikhulamo e lebeletse hore ngwana wa Kereiti ya R a fumane monyetla wa ho ntshetsa pele ho bala, ho ngola le bokgoni ba ho sebetsa dipalo, ke hona mona moo ba hlokang ho tshehetswa haholo hore ba fumane motheo wa thuto hore ba tle ba fumane ho le bonolo ha ba fihla Kereiting ya 1 le ho fetela dihlopheng tse ka hodimo.

Dibuka tsa Kereiti ya R ka hoo maikemisetso a tsona ke ho thusa bana ho ntshetsa pele bokgoni bona le ho tseba dintlhla tse ding tseo e leng motheo wa dithuto tsa bona. Ba na le menyetla e mengata eo ka yona bana ba ka ntshetsang le ho ikwetlisetsa bokgoni ba bona ho itokisetsa bakeng sa dikereiti tse latelang.

Pele bana ba ka ihuta ho bala ba tshwanelo ho tseba hore ba tshwara buka jwang le ho phetla maqephe, le ho tseba hore buka e sebediswa jwang. Ba tshwanelo ho utlwisia kamano e teng dipakeng tsa mantswe le ditshwantsho tse hare ho buka le ho hlokomela hore mantswe a ka bukeng a bopilwe ka medumo e itseng mme a na le moelego. Ho sa le jwalo, pele bana ba ithuta ho ngola, ba tshwanelo ho ntshetsa pele bokgoni ba ho ngola le ho tshwara pene, ho bopa mantswe le dibopeho le ho tsamaisa pene meleng ho tereisa medumo. Bona ke bokgoni bo fumanwang ka hare ho dibuka tsena.

Re a tseba hore bana ha ba bale le ho utlwisia ka ho tshwana. Dibuka tsa Kereiti ya R di thusa matitjhere le bana ho sebetsa ka mokgwa o ikgethang oo ngwana ka mong a ka sebetsang ka sekghala sa hae haeba ho hlokeha hore a etse jwalo, le ha ho hlokahala hore titjhere a ka kgutlela morao ho thusa ngwana moo a sa utlwisisang hantle ho latela maemo a kutlwiso ya ngwana. Mesebetsi e tla thusa ngwana le titjhere ho bona moo ho nang le dikgwaello e le hore titjhere e tle e kgone ho thusa ho kwala dikgaello tse pele ngwana a fetela dikereiting tse ka pele.

Dibuka tse kenyeltsang thuto ya ho tseba ho bala le ho ngola, thuto ya dipalo le bokgoni ho tsa bophelo tseo kaofela ha tsona ho nang le mokotaba e ka bang 20 e sebedisang mekgwa e fapaneng ya ho hohela maikutlo a mothuti. Re a tshepa hore baithuti ba tla thabela le ho ananelo ho sebedisa mesebetsi e fumanwang ka hare ho dibuka tsa mofuta ona ha ba ntse ba tswela pele ka dithuto tsa bona, le hore wena jwalo ka titjhere o tla natefela le bona ho sebediseng dibuka tsena.

Tshebedisanommoho



Ho bopa phazele...



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Kereiti **R**

TSE KOPANENG

- Puo ya Lapeng
- Dipalo
- Bokgoni ho tsa bophelo



ya Mosebetsi

1	Nna	2
2	Mmele wa ka	12
3	Phaposing ya ka ya borutelo	24
4	Bophelo bo botle	32
5	Metswalle	42

SESOTHO

Buka ya

I

kotara ya !



Nna



Kotara ya 1 – Beke ya 1-5



Hatellisa ebe o tlotsa ka mmala.



Nna ke

ngwanana





Nna ke

moshemane

Titjhere: Tekena

Letsatsi



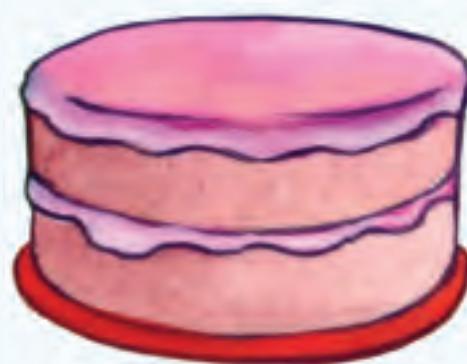


Kotara ya 1 – Beke ya 1-5

Taka setshwantsho sa hao.

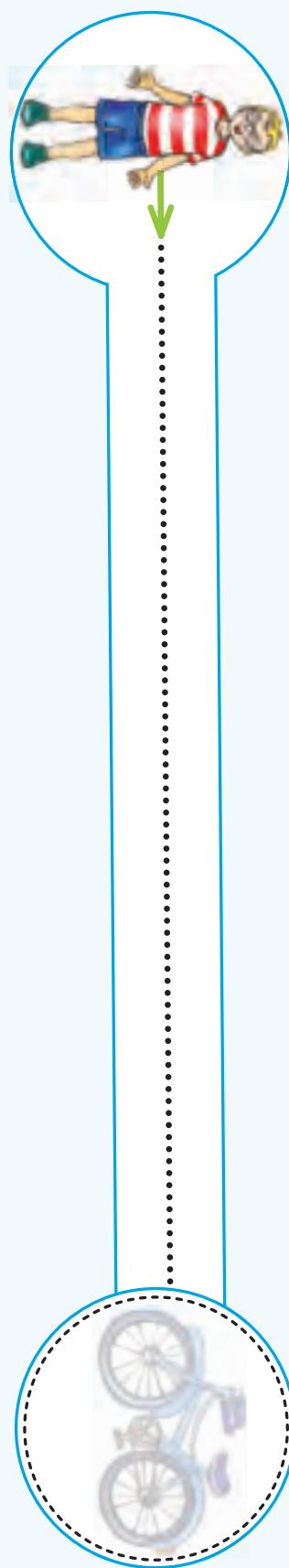
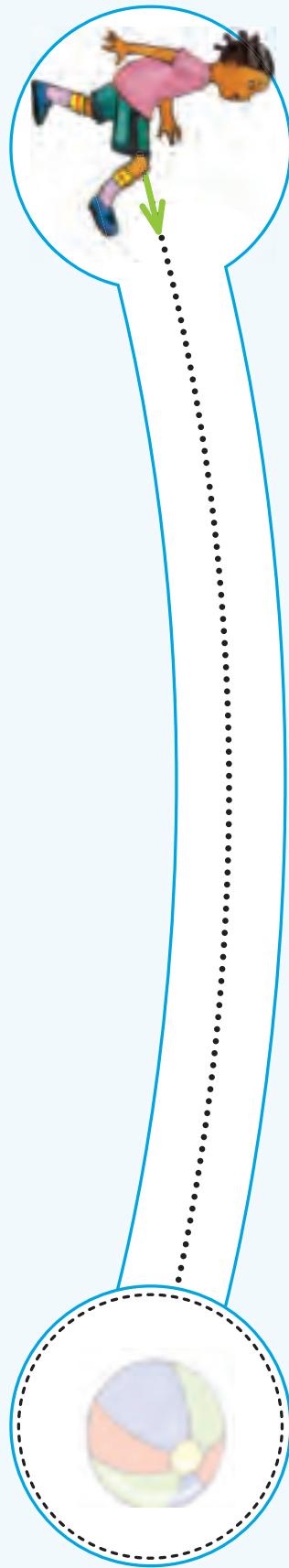


Dilemo tsaka di kae?



1.3

Kotara ya 1 – Beket ya 1–5



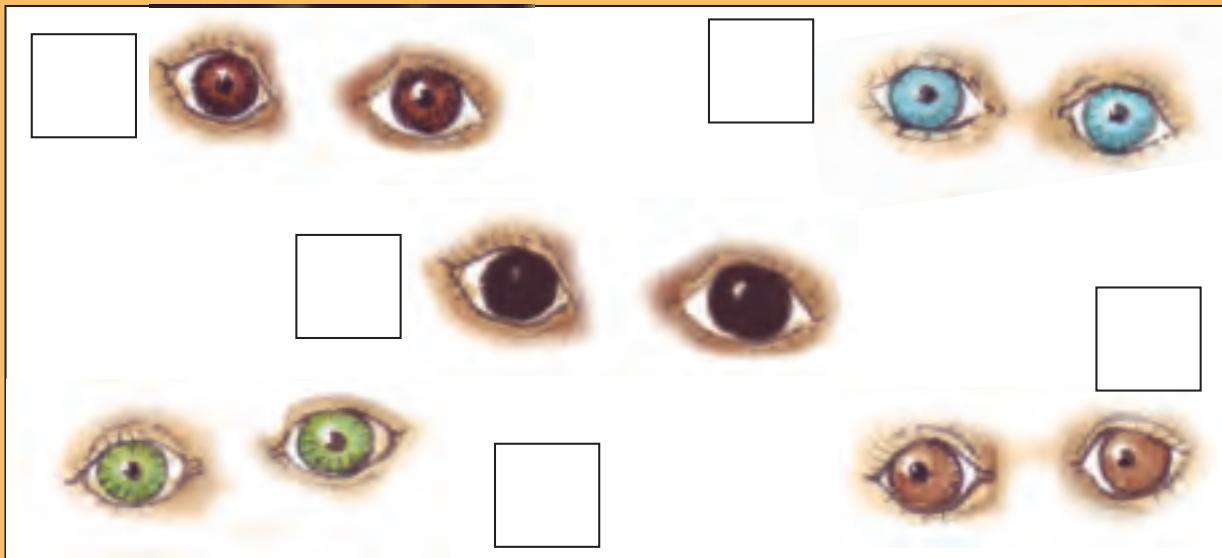
Kgomaretsa dikgomaretsi. Sebedisa monwana wa hao e be o hatellisa ka kerayone.

b

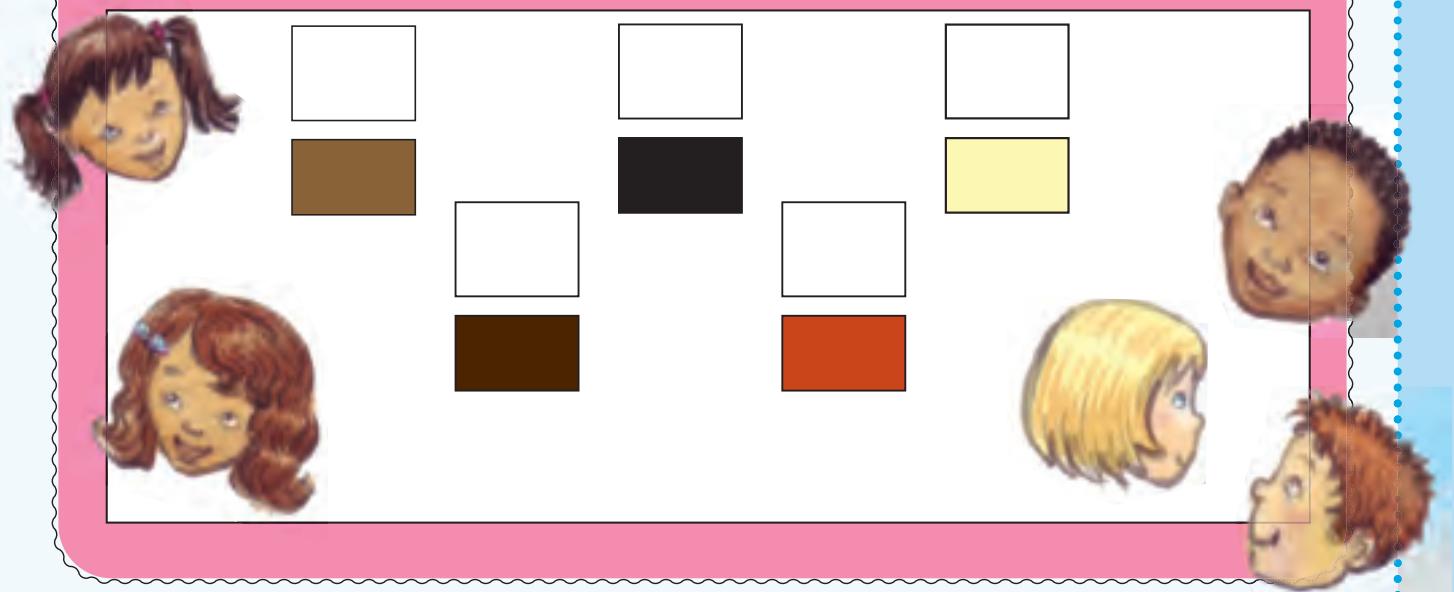


Tshwaya ho bontsha.

Mmala wa mahlo a ka



Mmala wa moriri wa ka





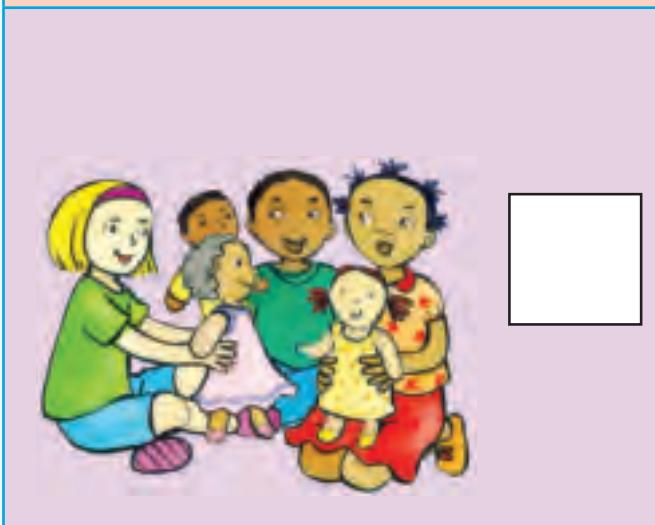
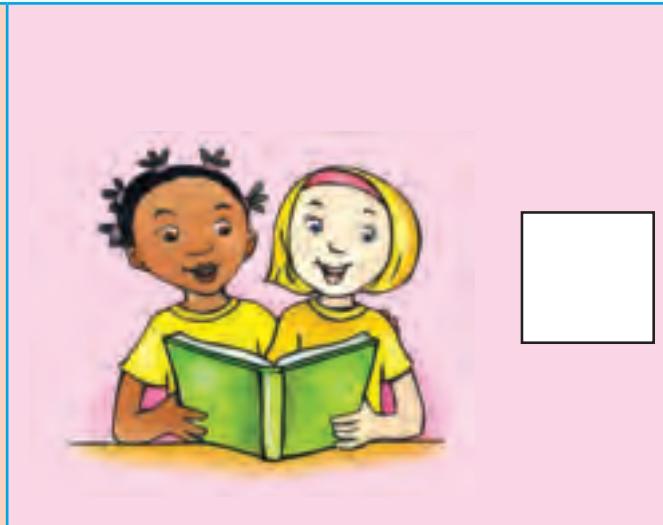
Kotara ya 1 – Beke ya 1-5



Taka setshwantsho sa hao.



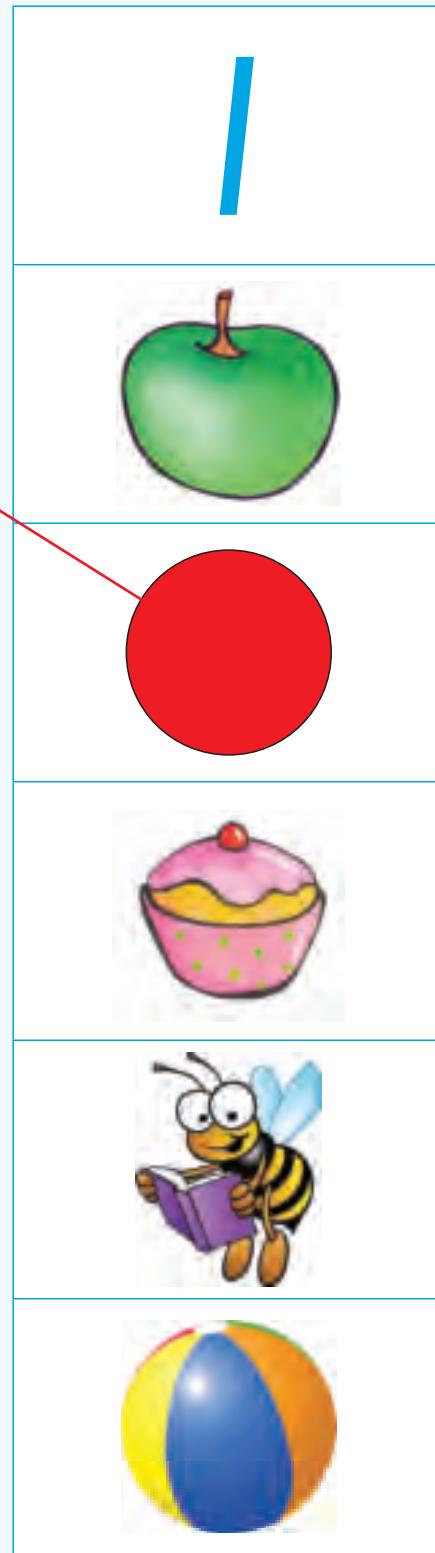
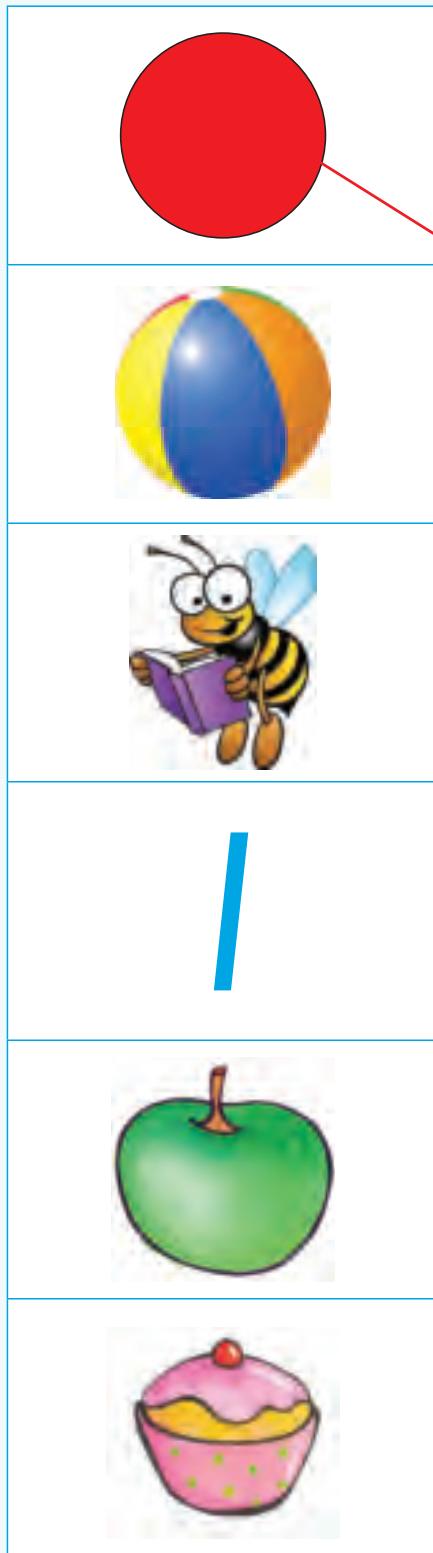
Qoqa ka se o se ratang.



1.7

Kotara ya 1 – Beke ya 1-5

Ha re nyalanyeng.





1.8



Etsa sedikadikwe ho setshwantsho se bontshang nngwe e be o hatiselletsa nngwe.



Titjhore: Tekena

Letsatsi



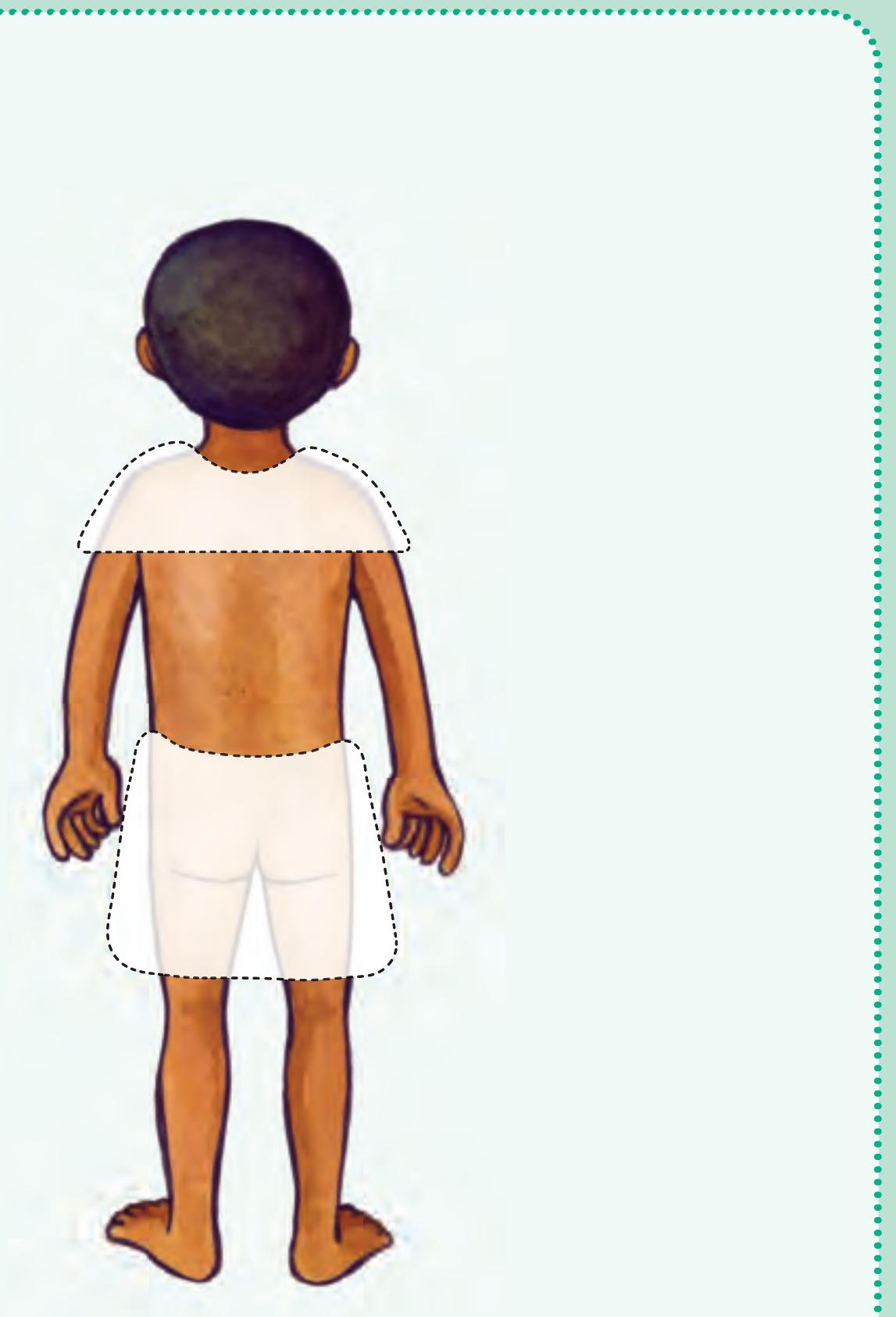
2

Mmele wa ka



Manamisa dikarolo tse siyo tsa mmele
ebe o qoqa ka setshwantsho.





Titjhere: Tekena

Letsatsi

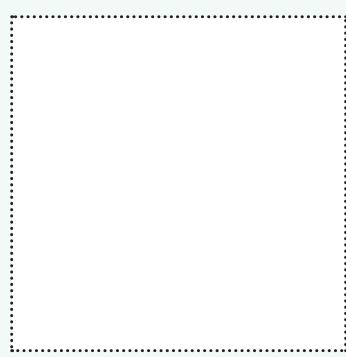
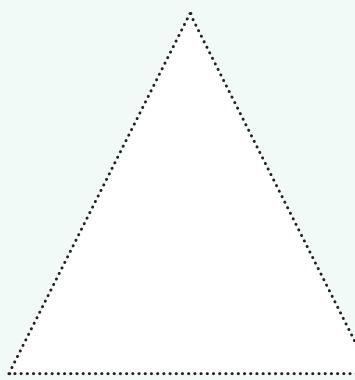
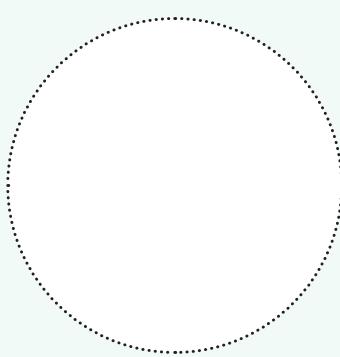
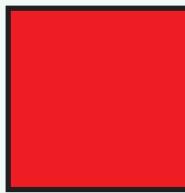
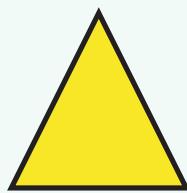
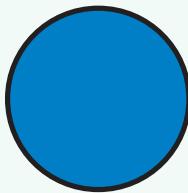
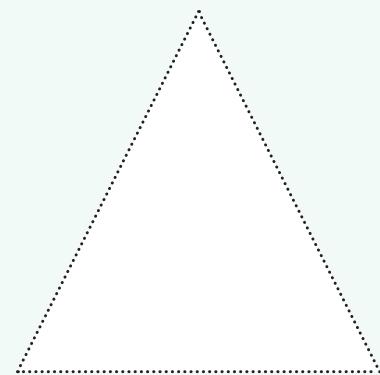
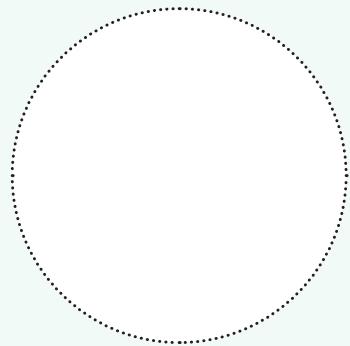
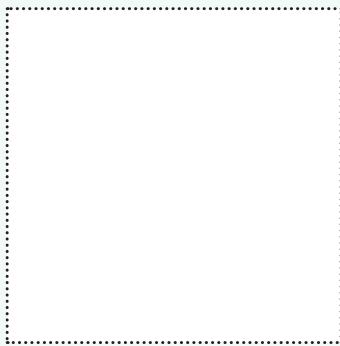
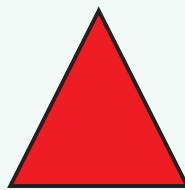
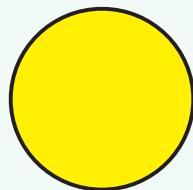
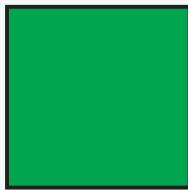


2.I



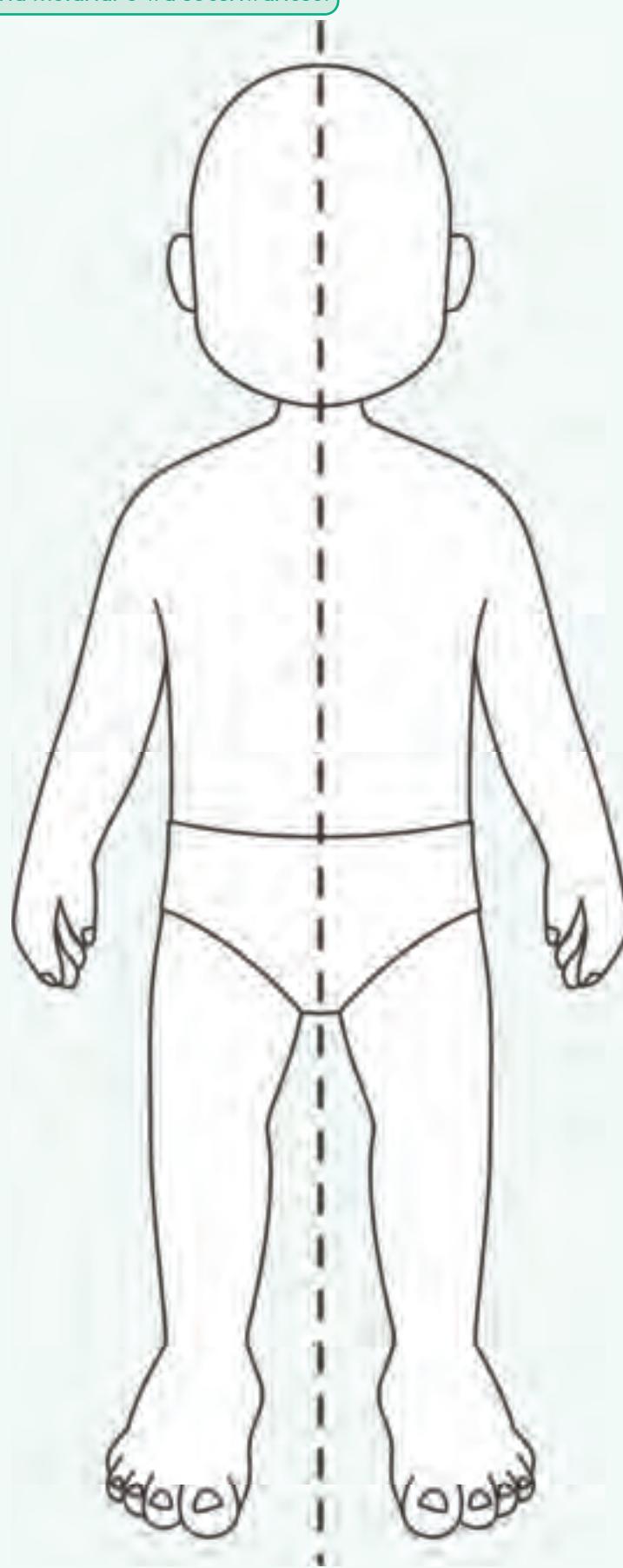
Hatellisa paterone ebe o e tlotsa ka ho tshwana.

Kotara ya 1 – Beke ya 1-5





Mena molahare wa setshwantso.

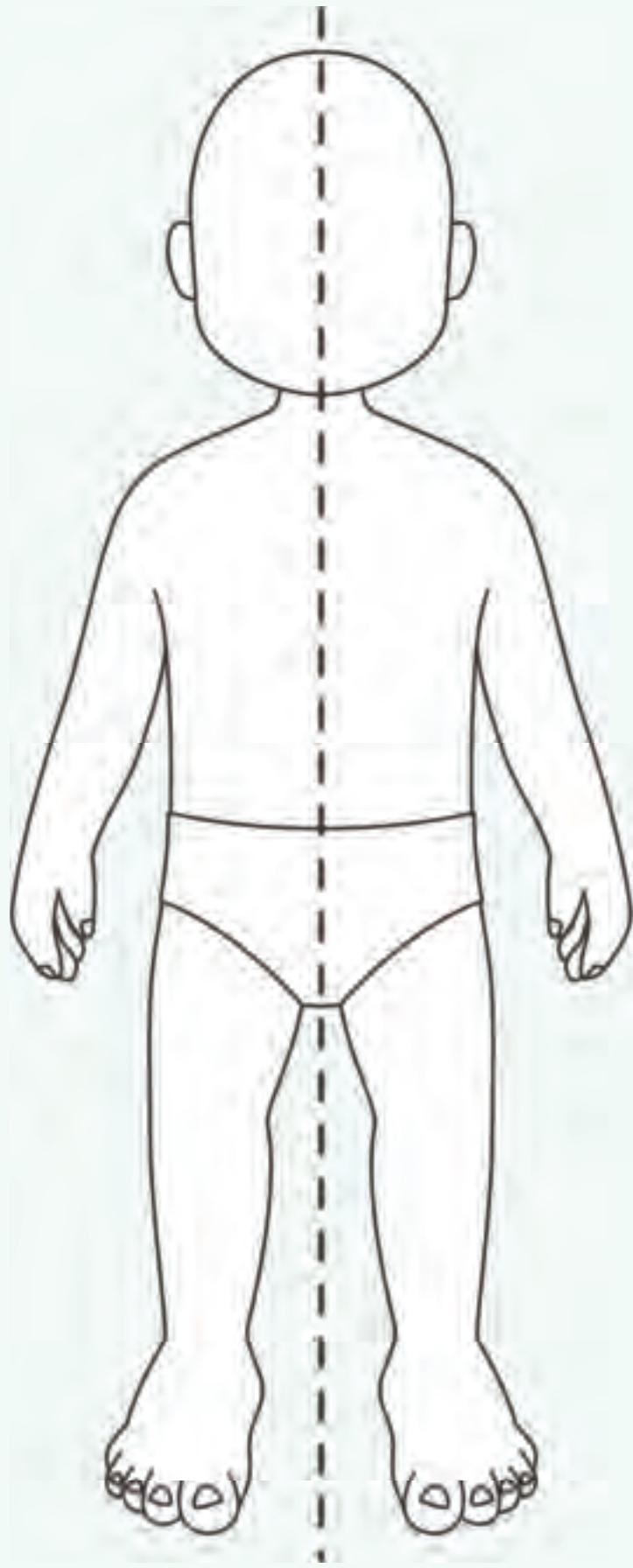


Titjhore: Tekena

Letsatsi

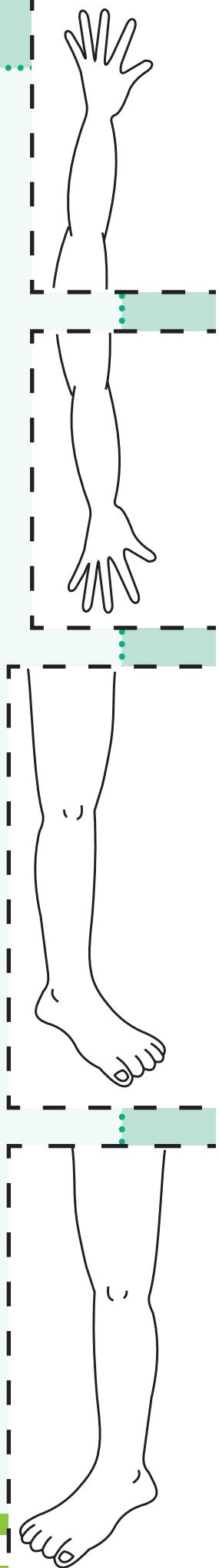
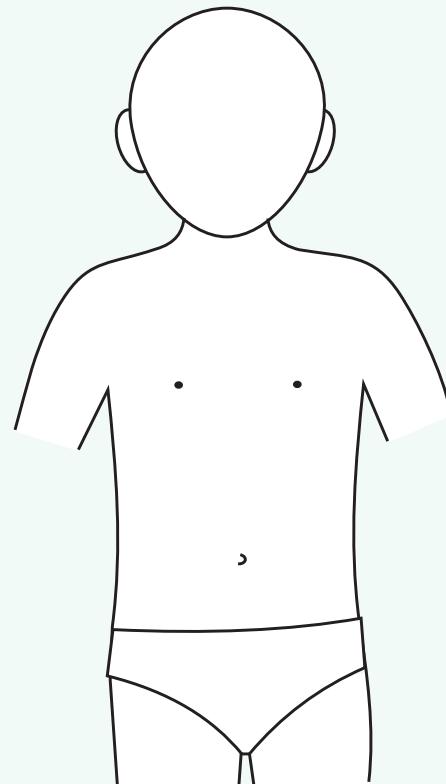


Kotara ya 1 – Beke ya 1-5





Seha ebe o manamisa dikarolo tsa mmele ka nepo.



Kotara ya 1 – Bekę ya 1–5

2.4



Hatellisa letsoho la hao le letona kapa le letshehadi.



Hatisa monwana ka mong ka lebokosong.

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Titjhore: Tekena

Letsatsi



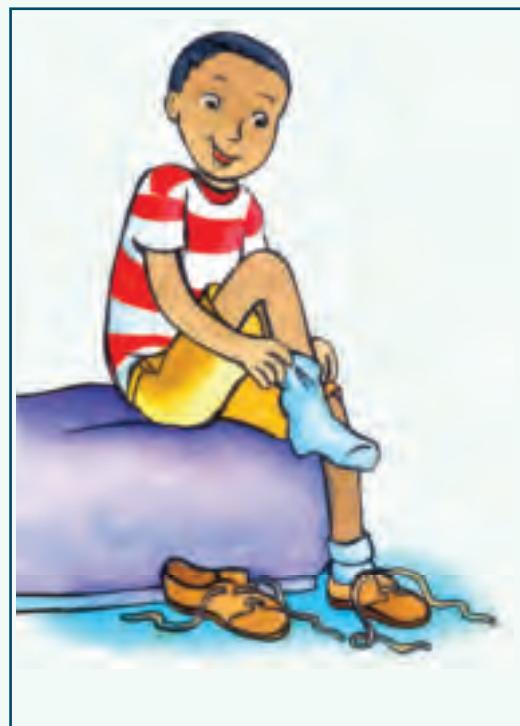
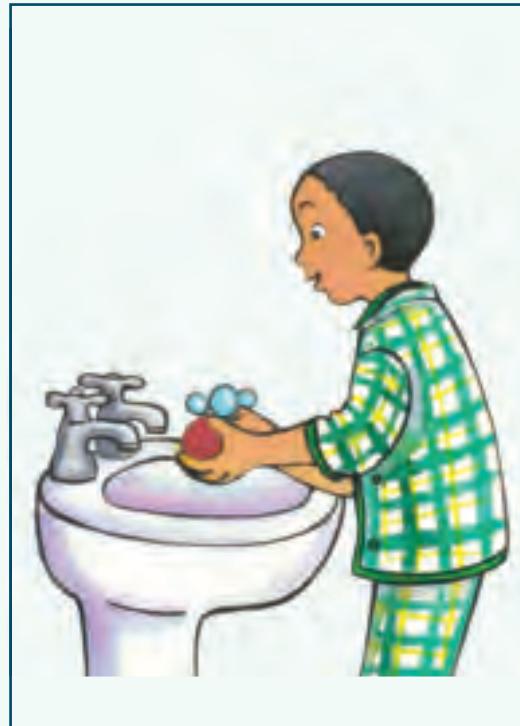


2.5



Qoqa ka diketsahalo tsa hoseng ho ya ka tatellano ya tsona.

Kotara ya 1 – Beke ya 1-5



20



Etsa sedikadikwe setshwantshong se sa tsamaellaneng le tse ding.



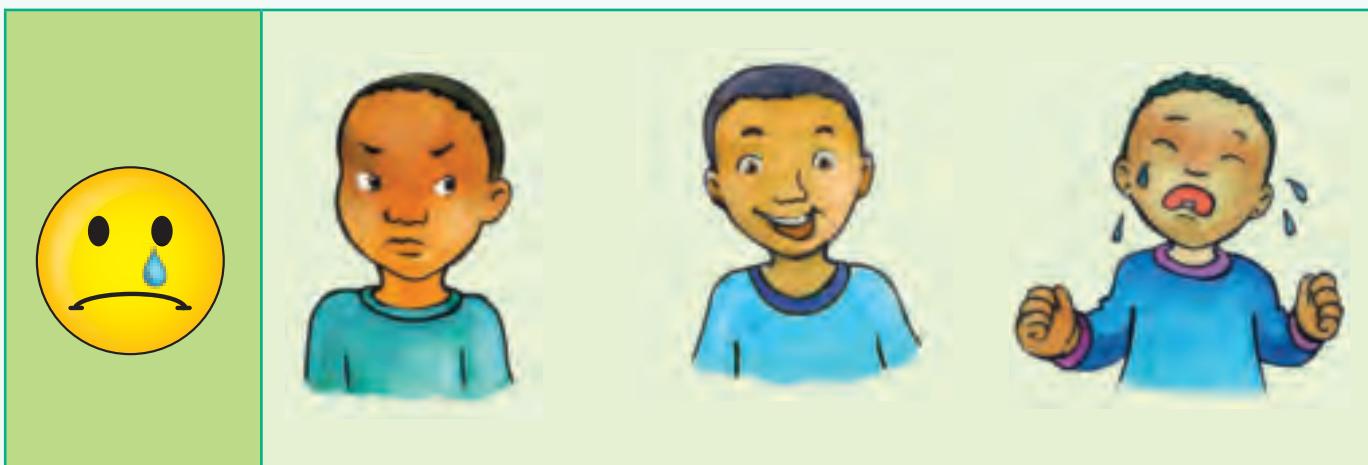
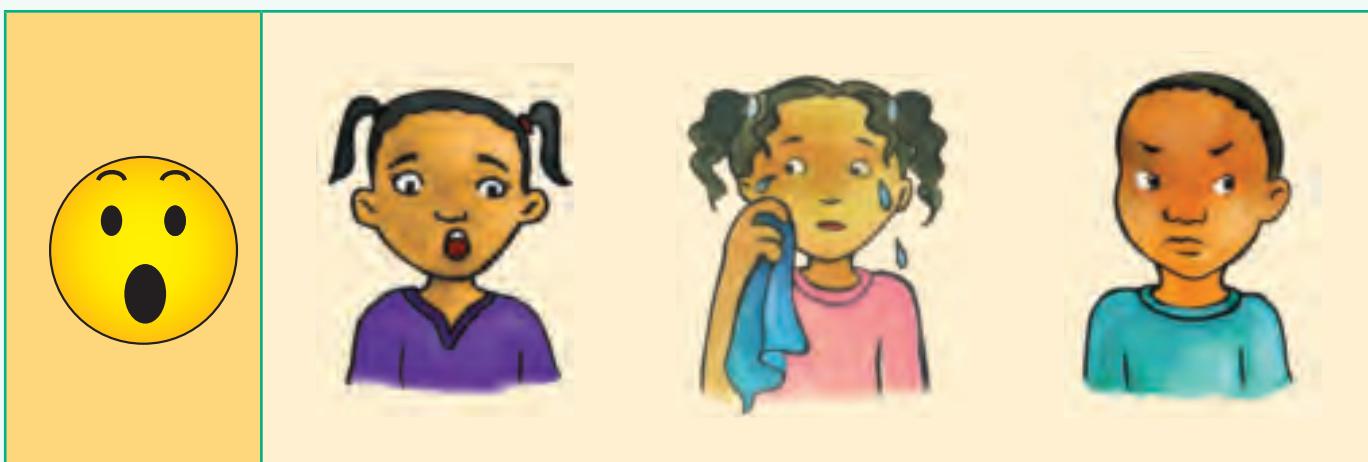


2.7



Ke sef ahleho sefe se bontshang maikutlo a hlahisitsweng ka thoko.

Kotara ya 1 - Beke ya 1-5

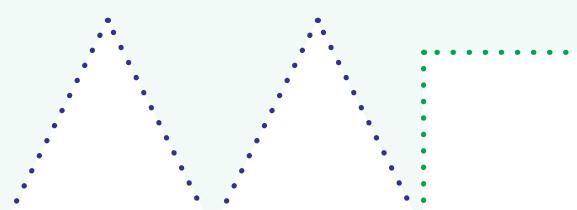
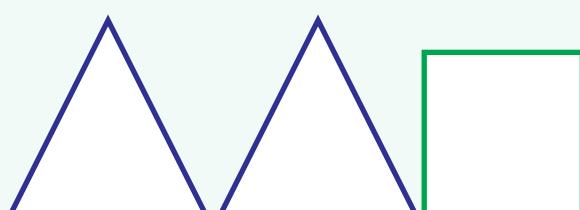
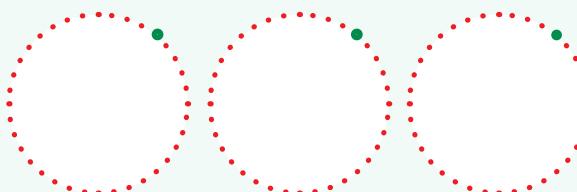
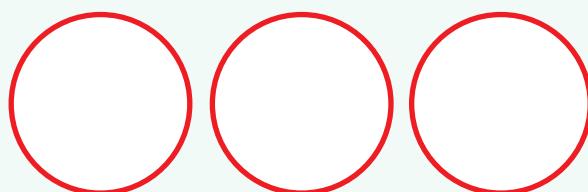
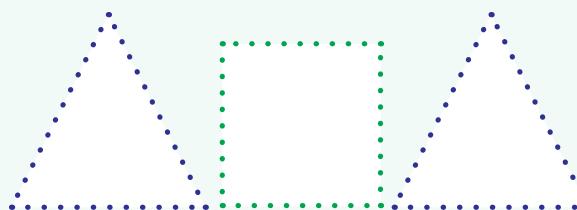
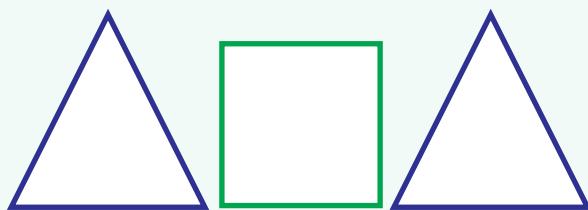
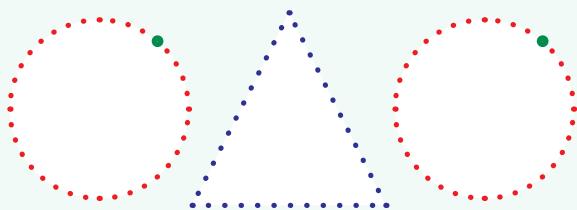
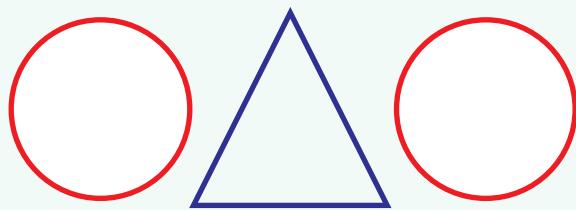




2.8

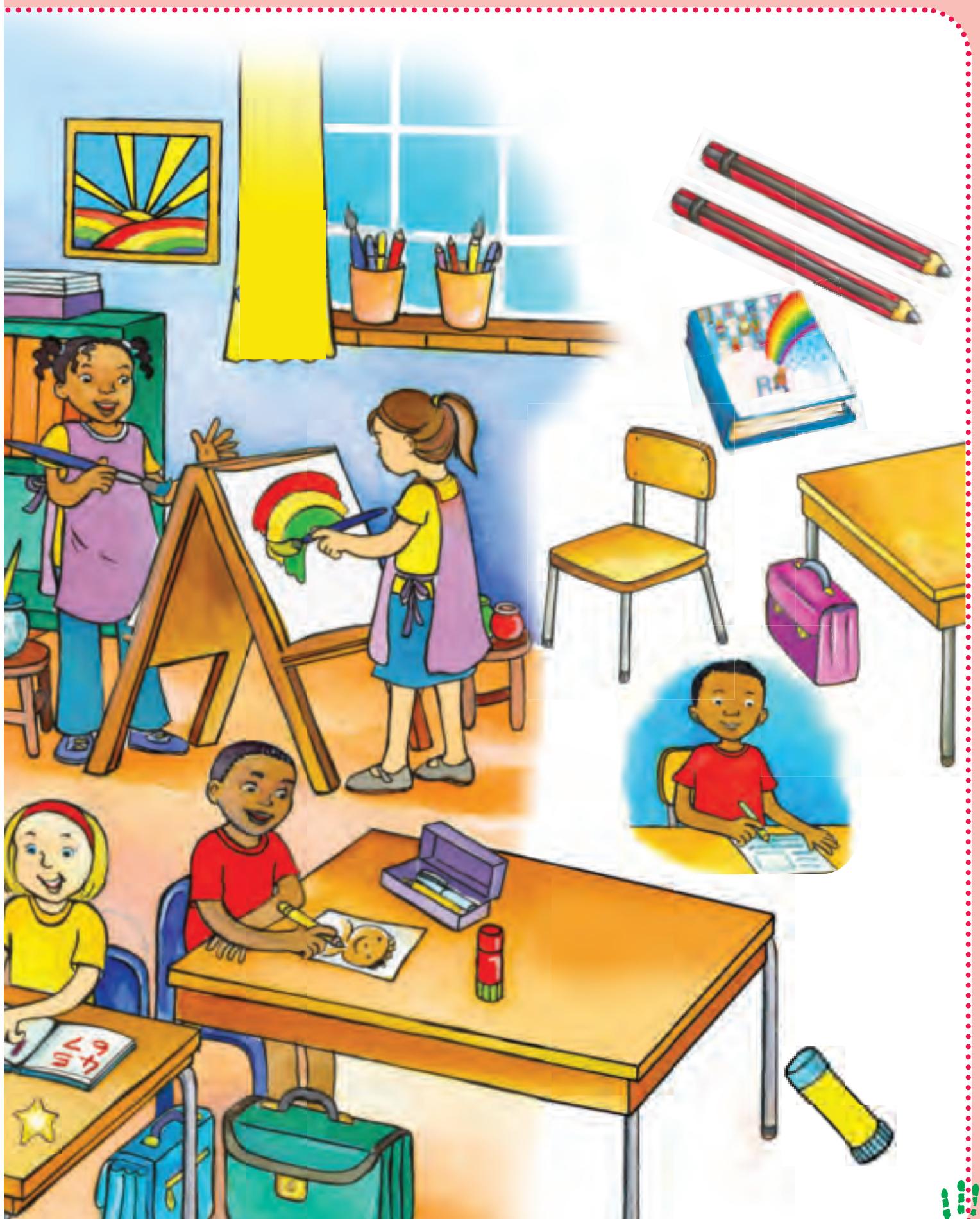


Phetha paterone.



Phaposi ya borutelo





Titjhhere: Tekena

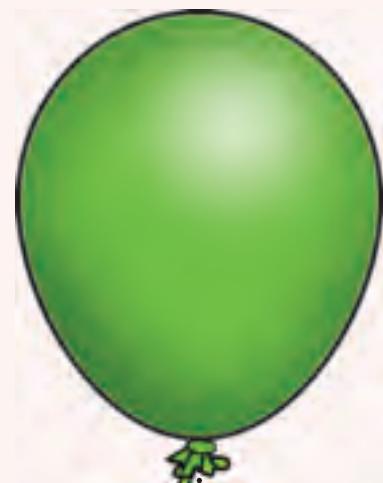
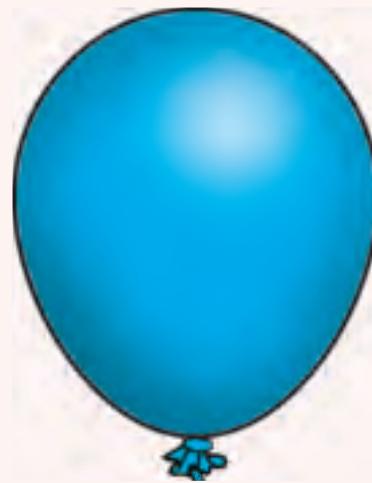
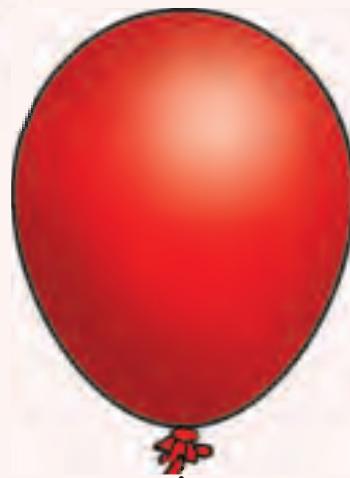
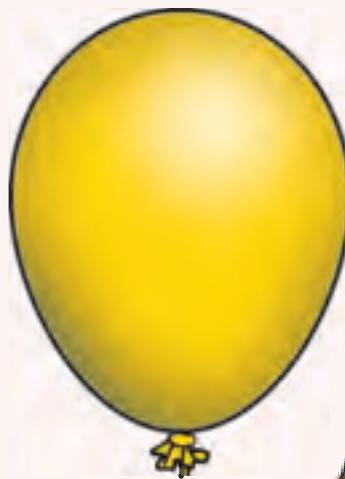
Letsatsi

3.I

Kotara ya 1 – Beko ya 1–5

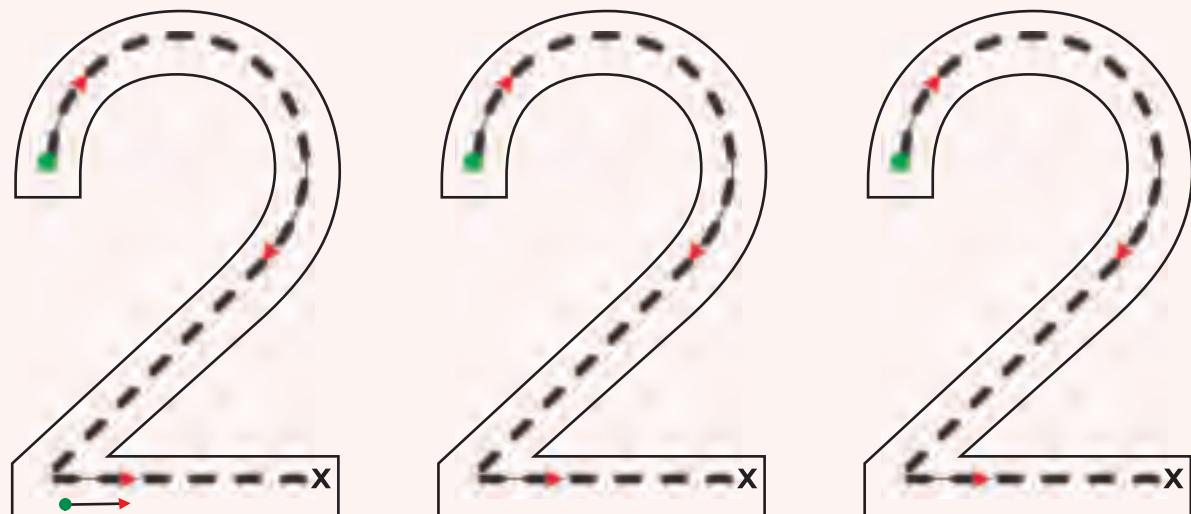


Hatiselletsa. Etsa sedikadikwe kgweleng e kgutswanyane
ho di feta ebe o tshwaya ✓ kgwele e telele.





Bala ebe o etsa sedikadikwe ho dintho tse tsamayang ka bobedi. Hatiselletsa pedi.



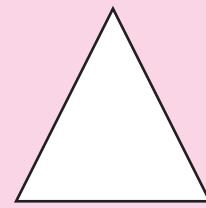
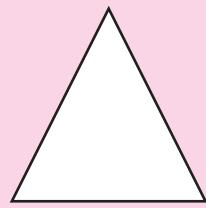
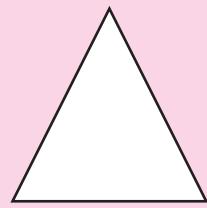
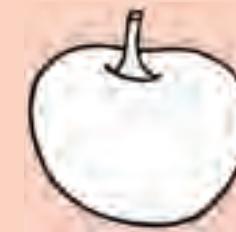
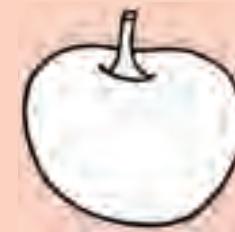
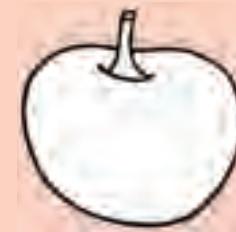
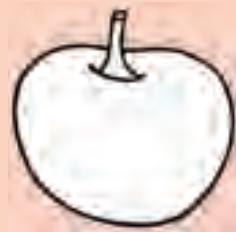


3.3



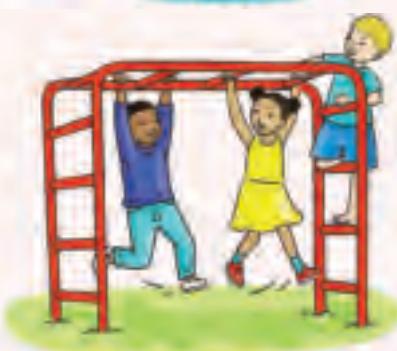
Tlotsa dintho tse pedi moleng ka mong.

Kotara ya 1 – Beke ya 1–5



3.4

Bua ka diketsahalo tsa letsatsi ka leng sekolong.



3.5

Kotara ya 1 – Beke ya 1–5



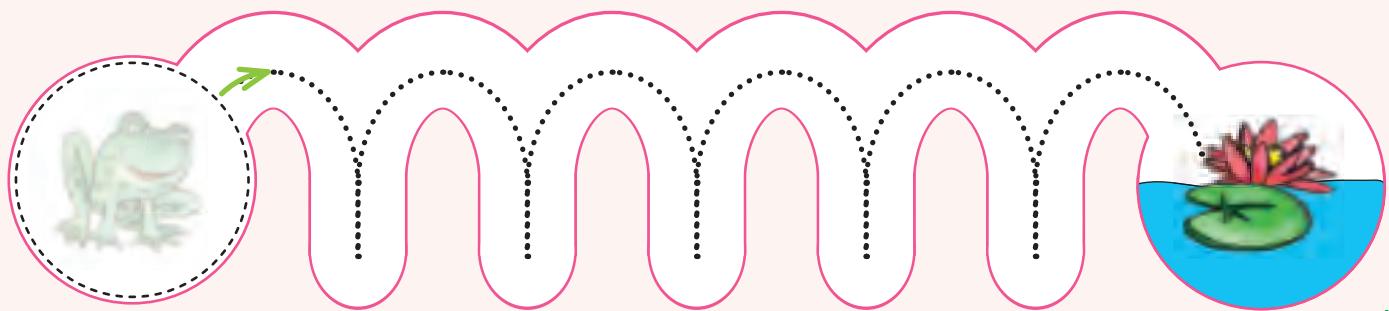
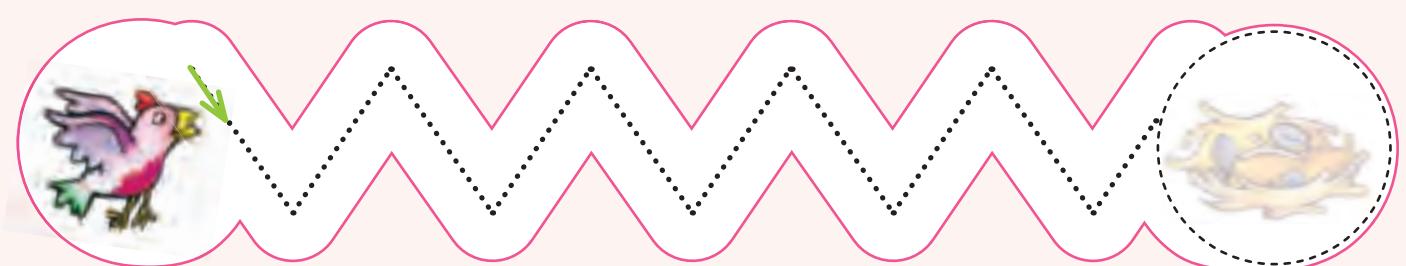
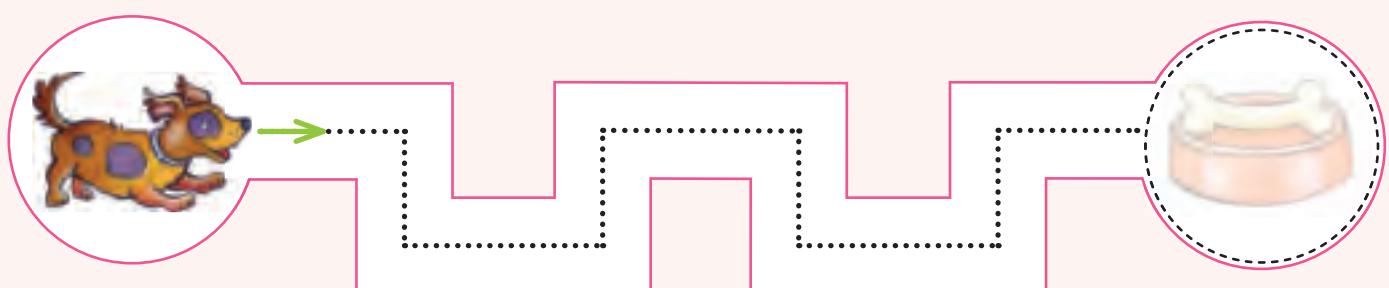
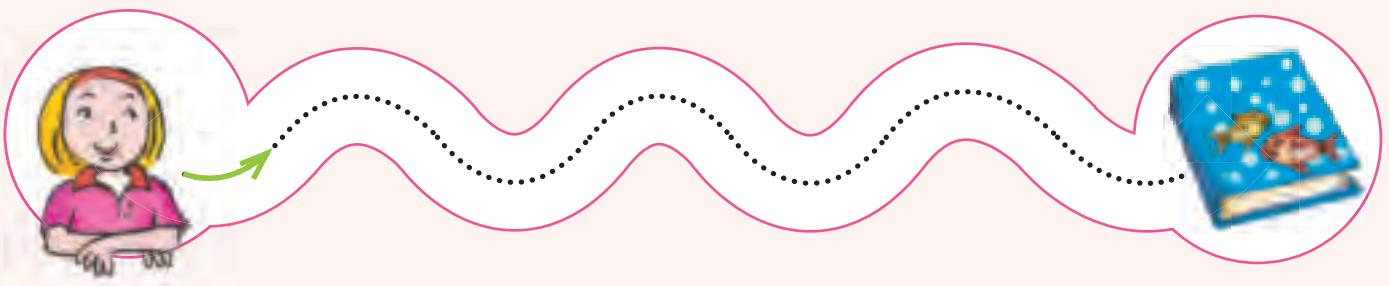
Kgomaretsa dintho tse kenang ka mokotlaneng wa sekolo.



3.6



Hatiselletsa motjha.



4

Bophelo bo bottle

Qoqa ka setshwantsho.





Titjhore: Tekena

Letsatsi

4.1



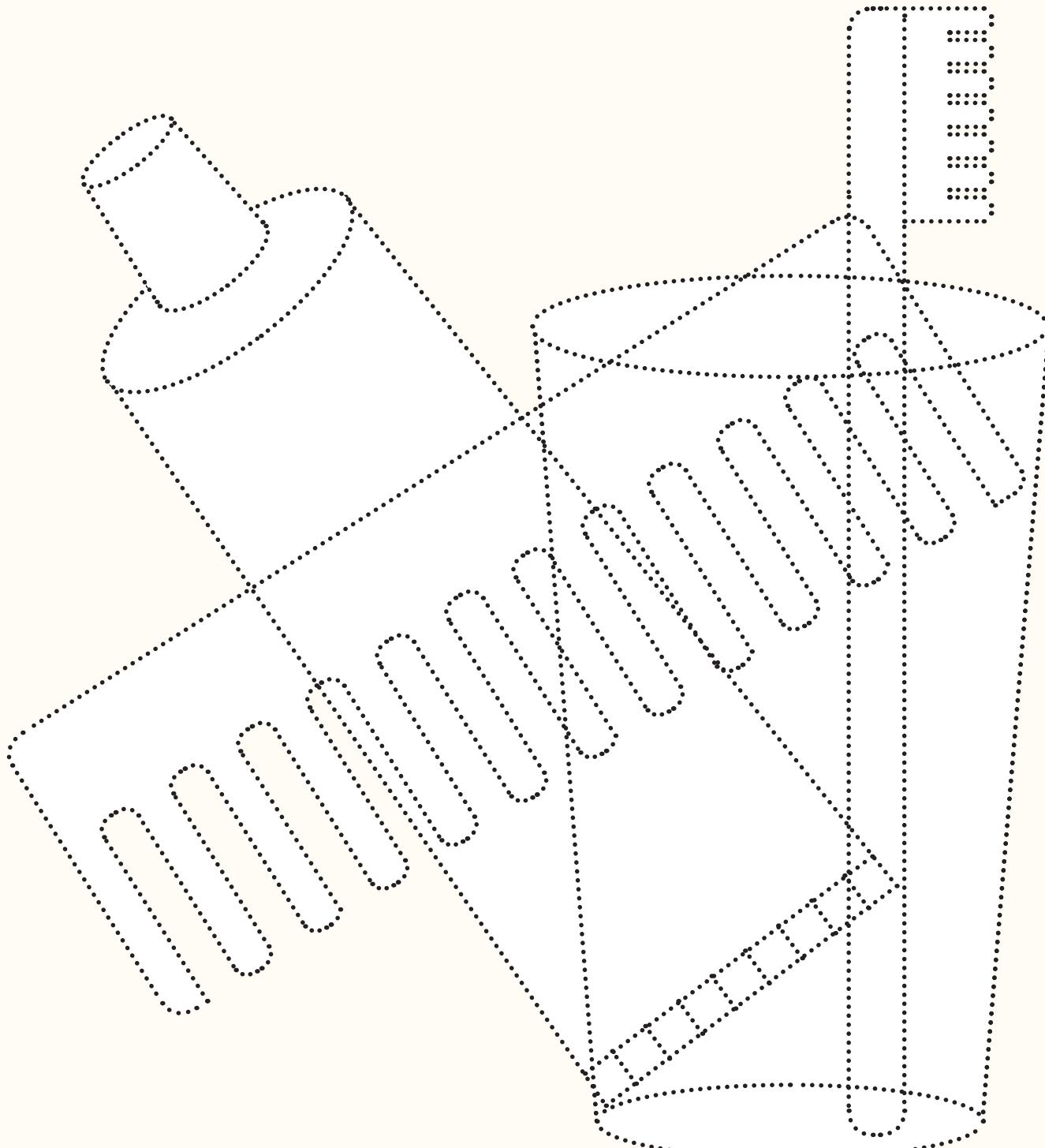
Hatellisa e be o nyalanya diketso.



4.2



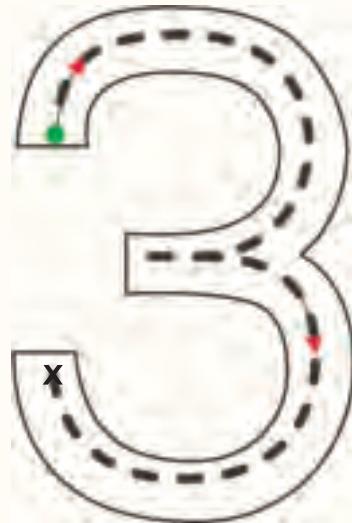
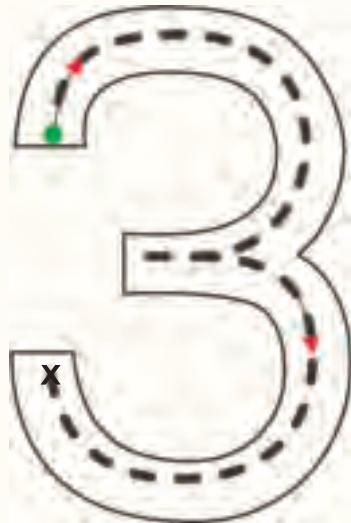
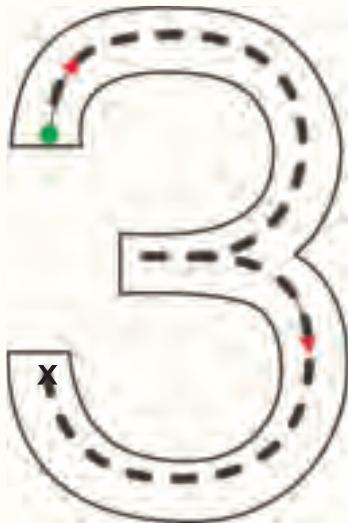
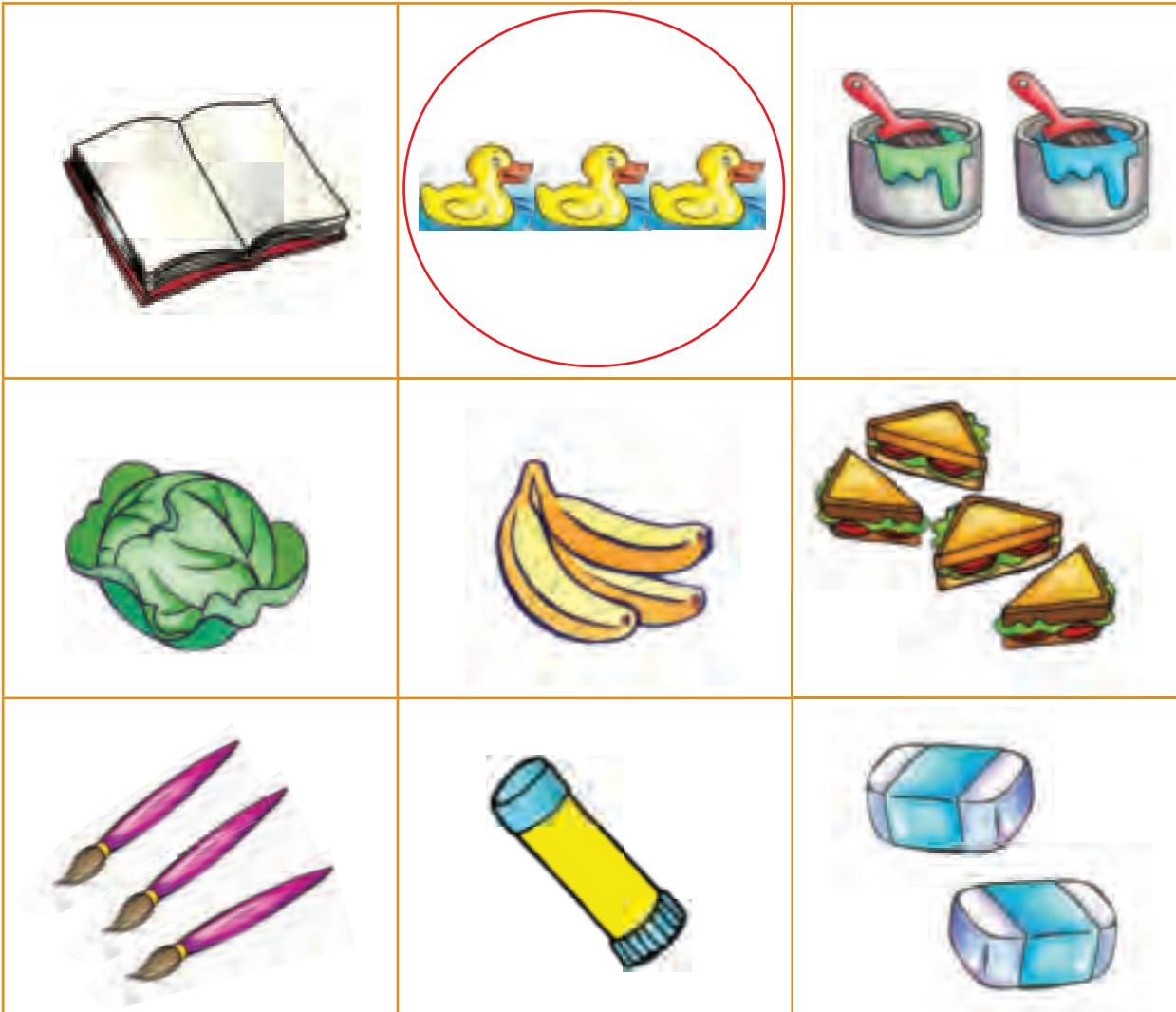
Hatella borosolo le sesepa sa meno mme o tlotse ka mmala.



4.3

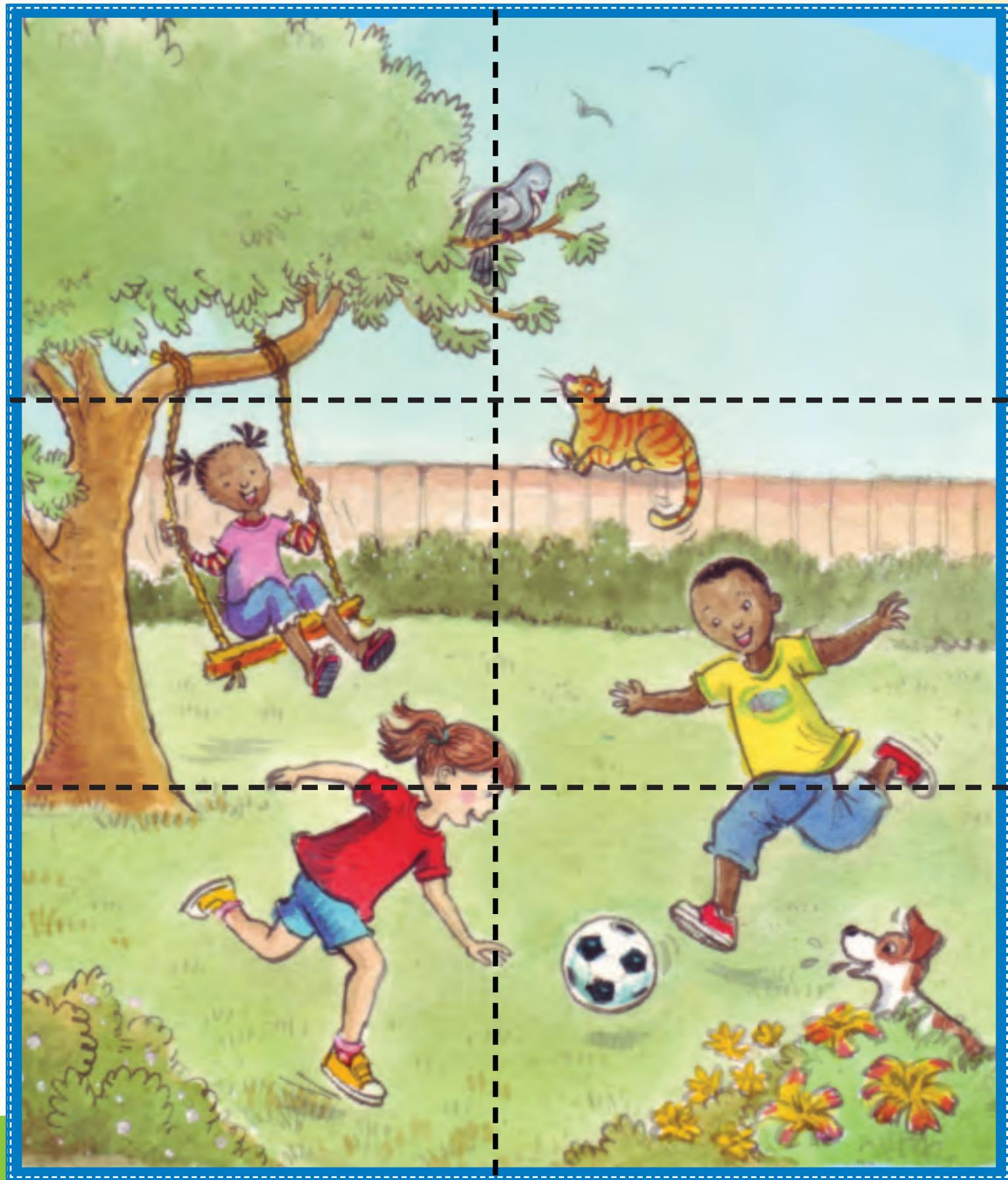


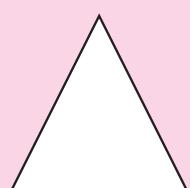
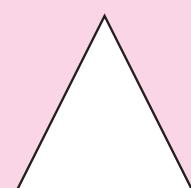
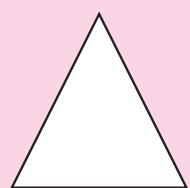
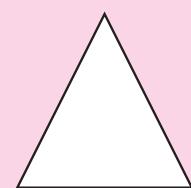
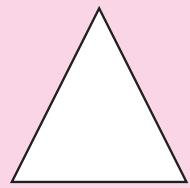
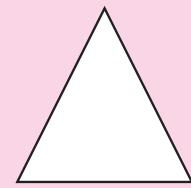
Etsa sedikadikwe moleng ka mong ho dintho tse tharo ebe o hatellisetsa tharo.





Seha setshwantsho meleng e kgaotsweng o nyalanye phazele.





4.5



Seha ditshwantsho meleng e kgaotsweng mme o di behe ka tatellano ya pale.



Ⓜ

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Ⓜ

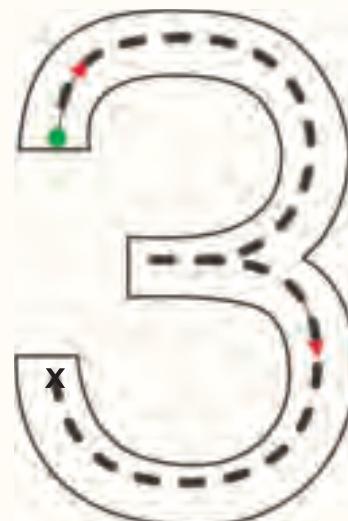
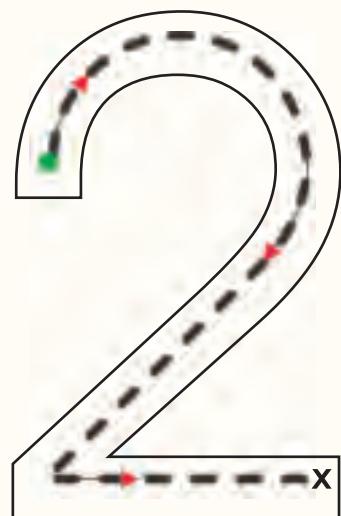
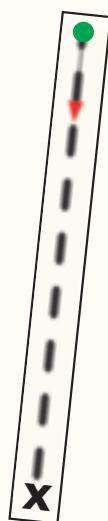
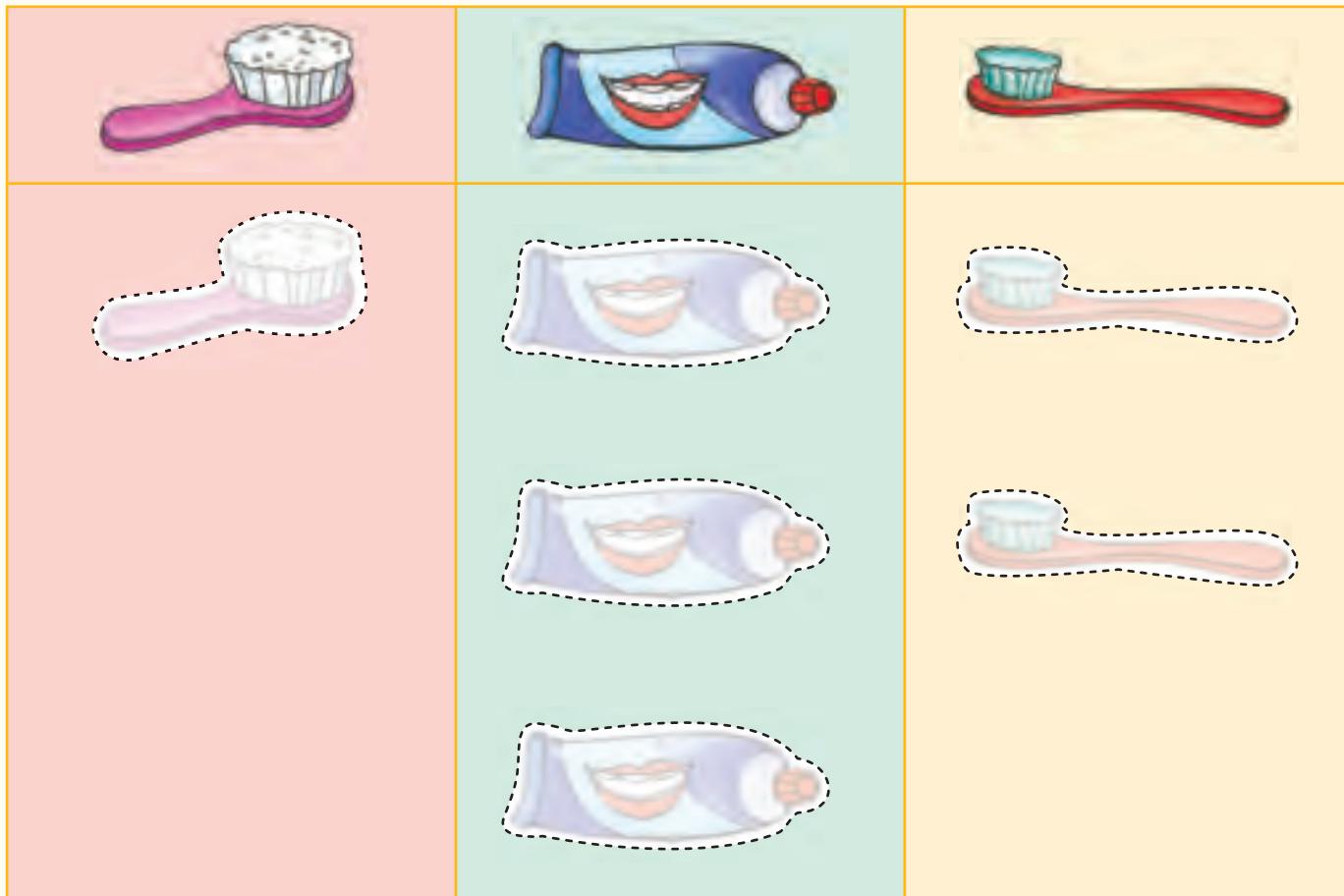
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Kgomaretsa dikgomaretsi e be o hatellisa dinomoro.



Titjhore: Tekena

Letsatsi



5

Metswalle

Qoqa ka setshwantsho.





5.I



Etsa sedikadikwe setshwantshong se tshwanang le se ka lebokosong le qalang.





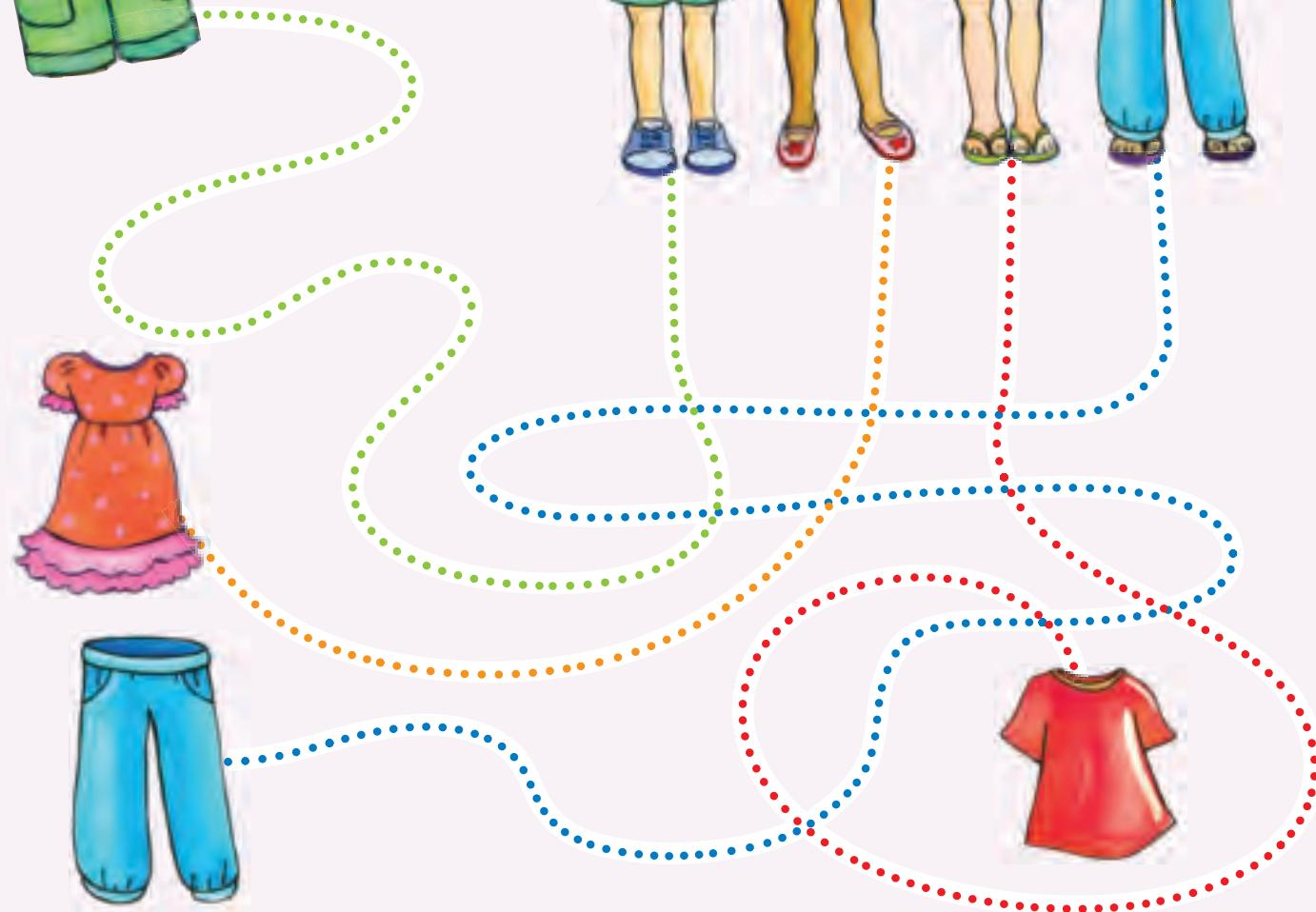
Hlwaya diphapang.



5.3



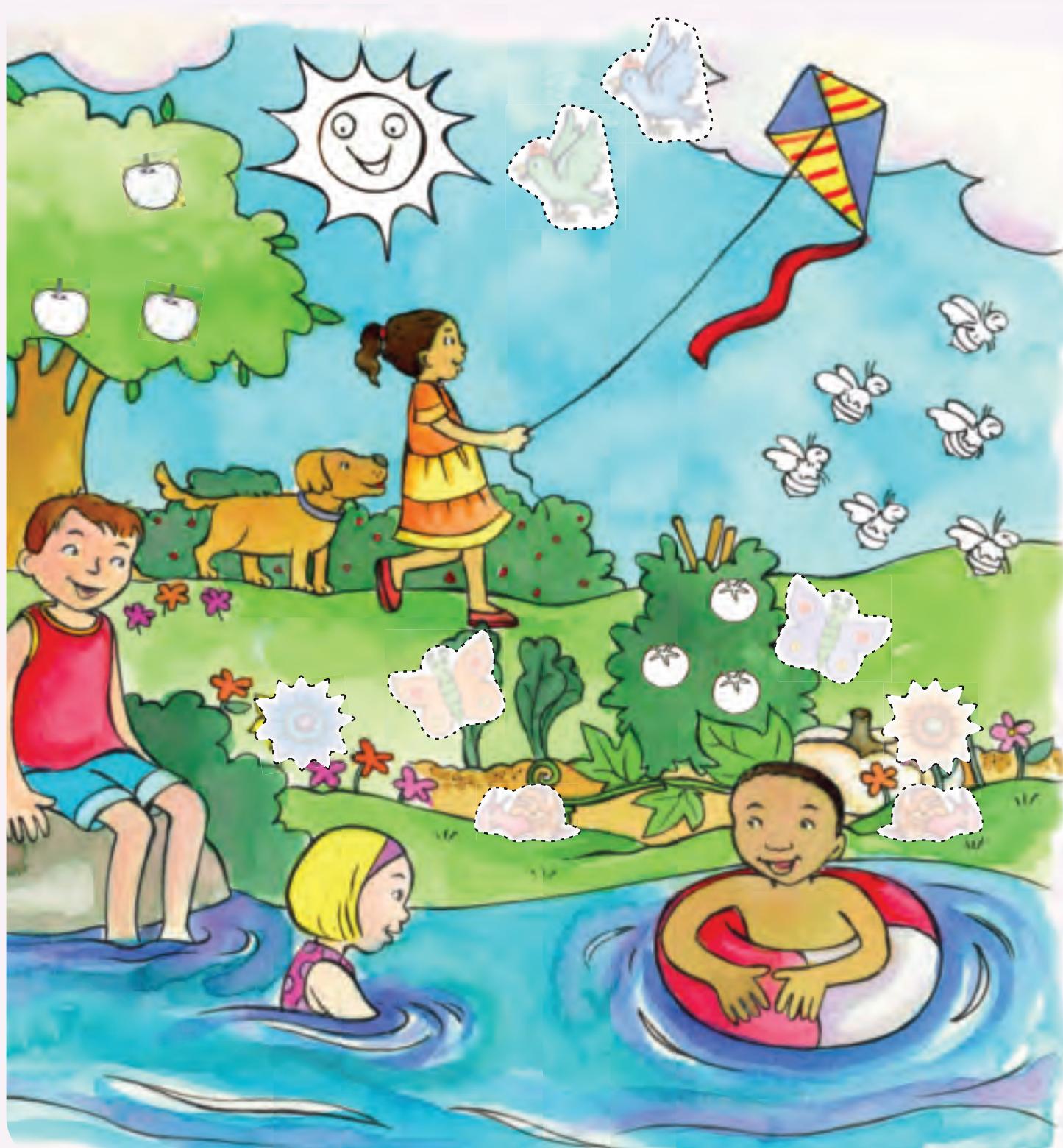
Hatella mela ho fumana diaparo tse tshwanang.



5.4



Qoqa, bala mme o kgomaretse dikgomaretsi.



5.5



Etsa sedikadikwe ho diaparo tsa hlabula.

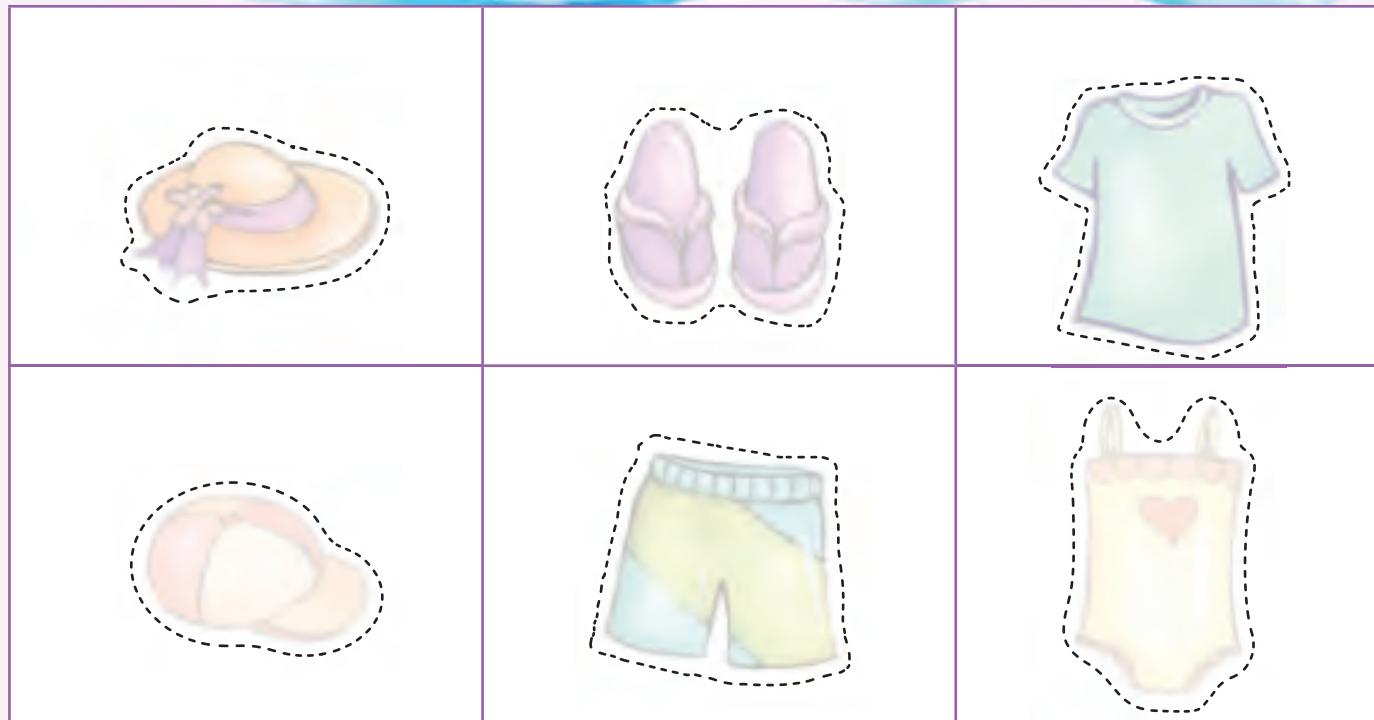


5.6



Qoqa ka diketsahalo tsa hlabula e be kgomaretsa dikgomaretsi.

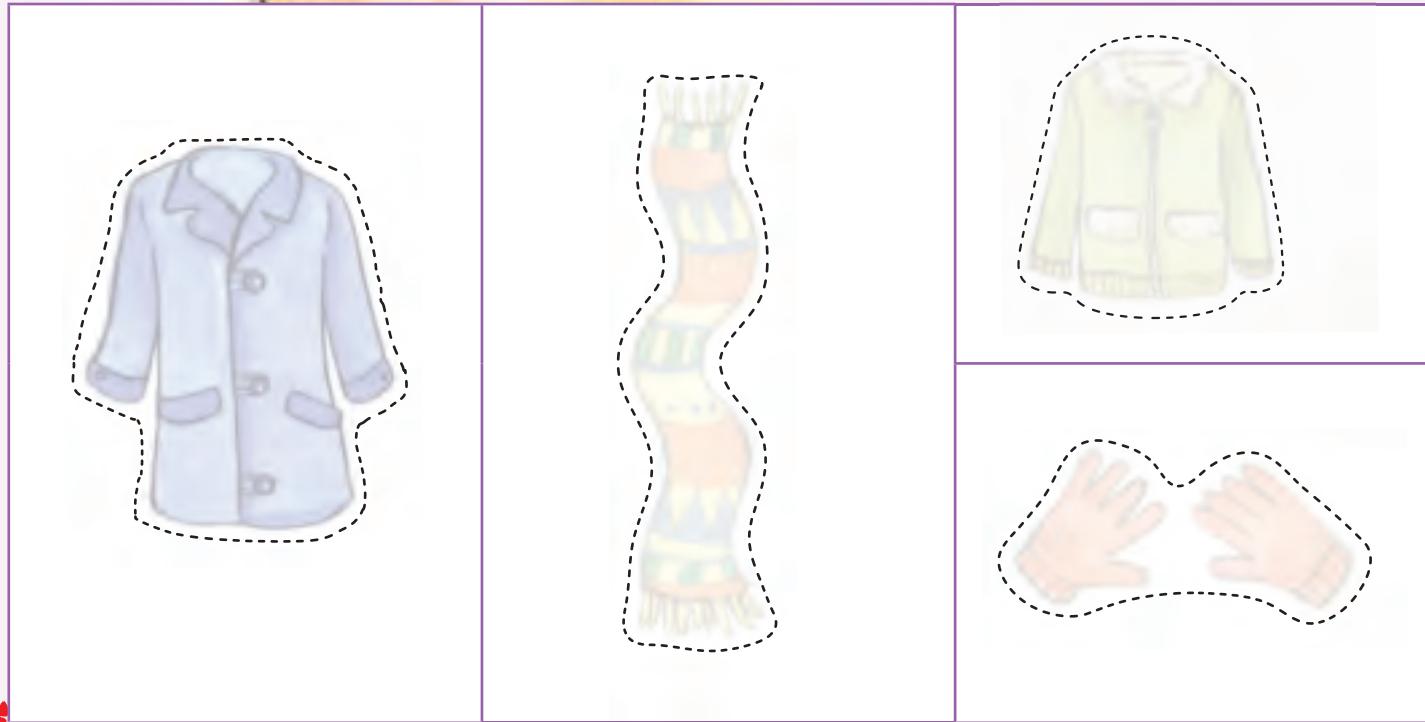
Ho a tjhesa



5.7



Qoqa ka diketsahalo tsa mariha e be kgomaretsa dikgomaretsi.

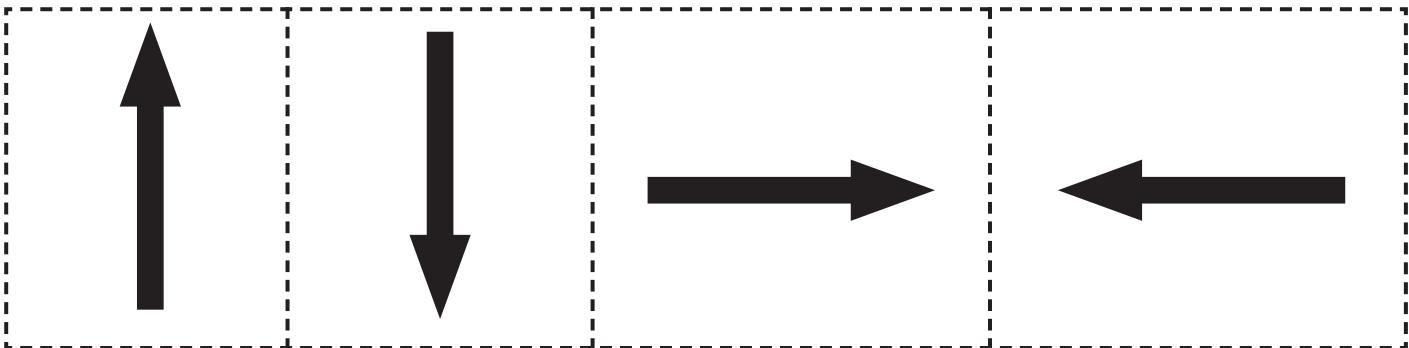


5.8



Thusa motswalle ho fihla sebakeng sa ho bapala ka ho kgamaretsa manaka.

a
e



Tse sehilweng



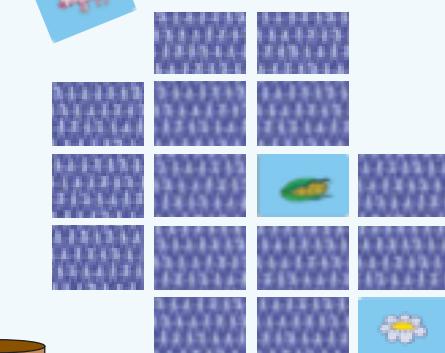
Ditshwantsho tsq menwana:

Kgetha phoofolo e le I mme o ngole letere ya pele ya lebitso la hao. Jwale ngola diletere tse 4 tsa tsa mabitso a metswalle ya hao ka lehlakoreng le leng.



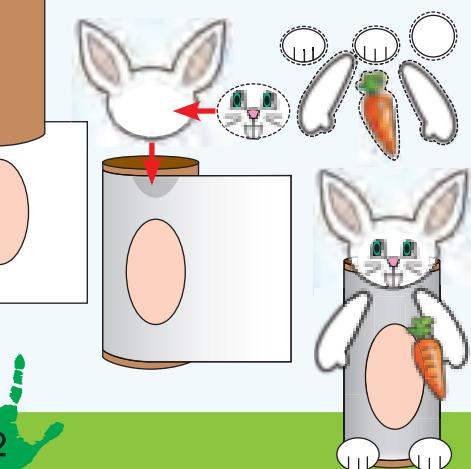
Diphazele tsa dipalo:

Seha meleng ya matheba ho etsa dikarete tsa dipalo tse tshwanang. Jwale bapisa ditshwantsho le dipalo tse nepahetseng, kapa o di bapise le matheba a nepahetseng. O ka na wa sebedisa dibopeho ho o thusa.



Papadi ya boikqopotso:

Seha dikarete meleng e metsho ya matheba. Tjhof a dikarete mme o di behe tafoleng di shebile fatshe. Jwale phetla dikarete tse pedi ka nako e le nngwe. Haeba di tshwana o ka di behella ka thoko. Shebang hore ke mang ya ka qetang pele ho bokella dikarete. Sebedisa dikarete tsa hao tsa boikgopotso mme le bapale le motswalle wa hao.



Phoofolo e entsweng ka pampiri ya ntlwana:

Leka ho fumana pampiri ya ntlwana e fedileng. Seha dikgutlotharo mme o di manamise kgutlotharo e kgolo ho potoloha pampiri ya ntlwana ho kwahela tjhupu. Jwale seha dihlaho mme o di manamise hodima pampiri. Sebedisa ditikara tsa diphoof olo mme o manamise difahleho dihlohong ka moo o batlang. Manamisa matsoho, maoto, le mohatla phoof olong e nngwe le e nngwe. O ka nna wa boela wa etsa setshwantsho le ho iketsetsa phoof olo e nngwe ya hao.

Etsa dibuka tse matsweintsweke.
Seha meleng e sa kgaolwang mme o mone
meleng e kgaotsweng.

3



tharo



t|hapi

2



pedi



katse

1



nngwe



ntja

Dipalo

2 4 3 6 5 7



Diphootholo tsassetswalle



mokgodutswane

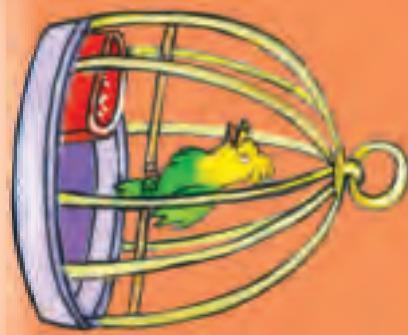


nne



4

nonyana



hlano

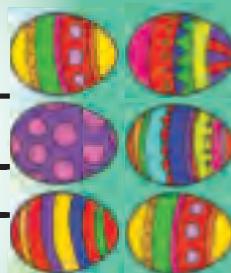


5

phoofotswana



tshelala



6

mmutlanyana



supa



7



DISEHWA TSA KA



Ha re etseng

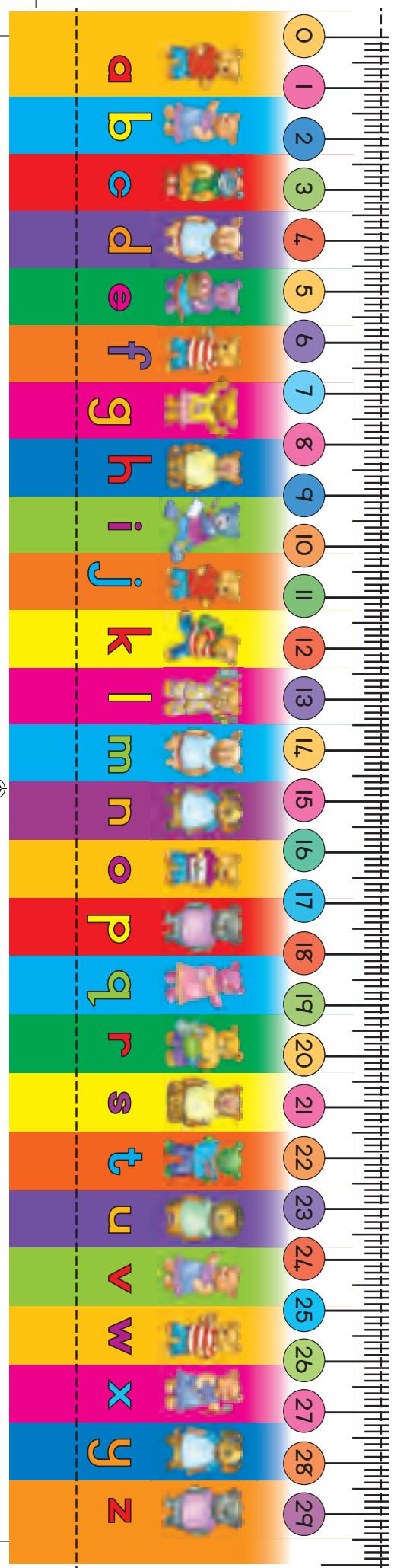
Seha leqephe moo ho nang le mola wa matheba mme o
manamise leqephe khaf areng e ka morao ho etsa phokhotho.
Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

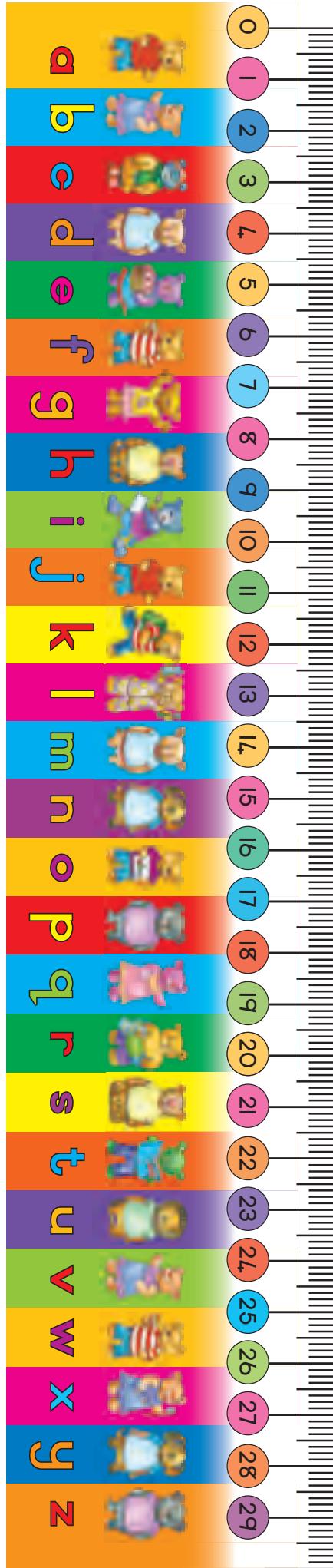
MANAMISA MONA

MANAMISA MONA

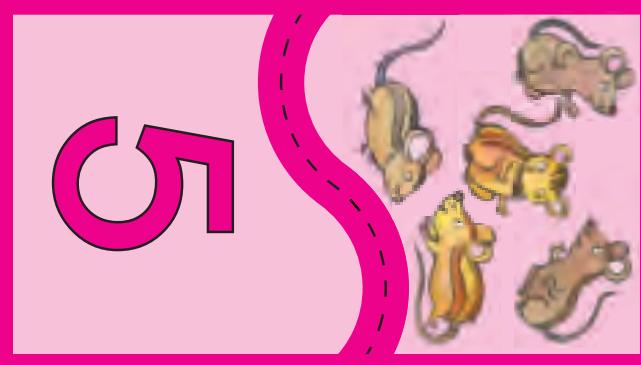
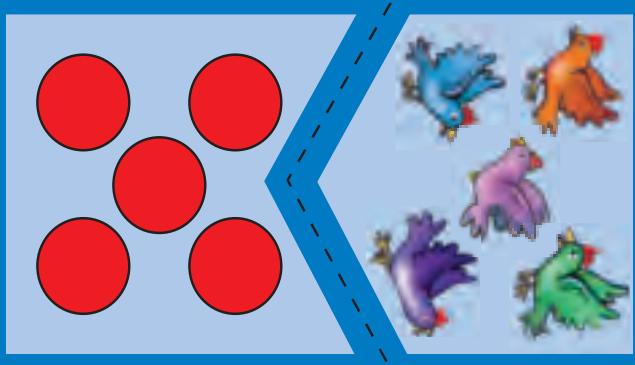
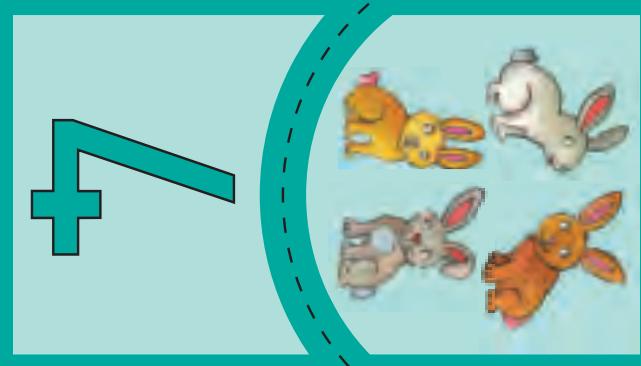
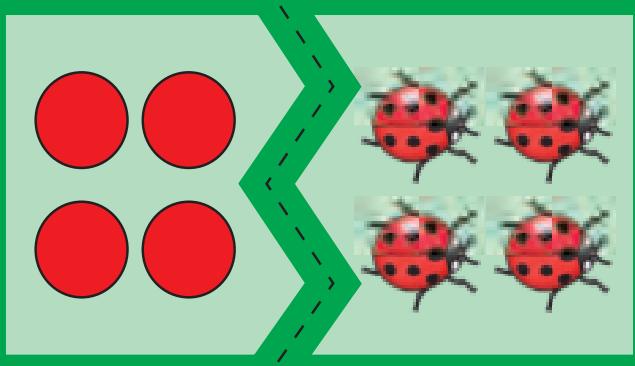
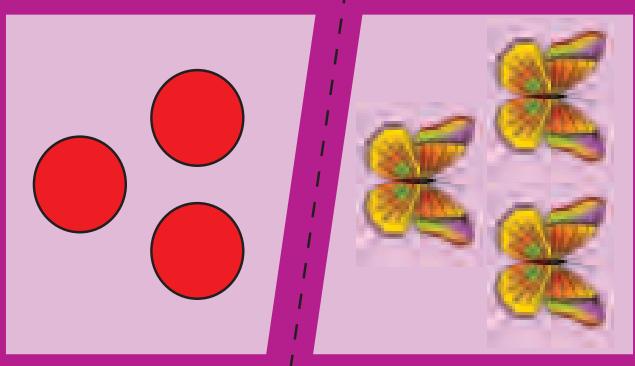
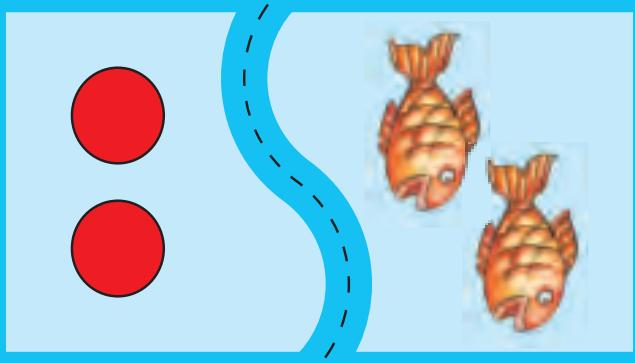
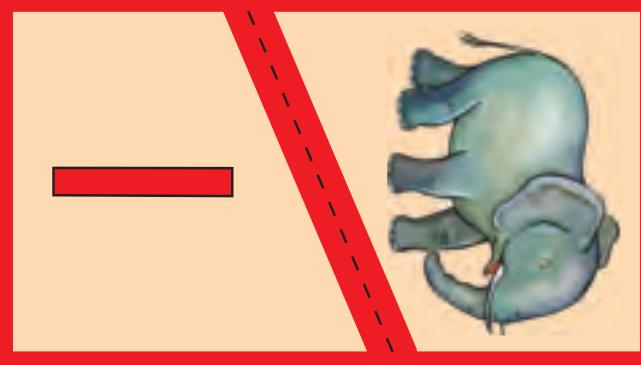
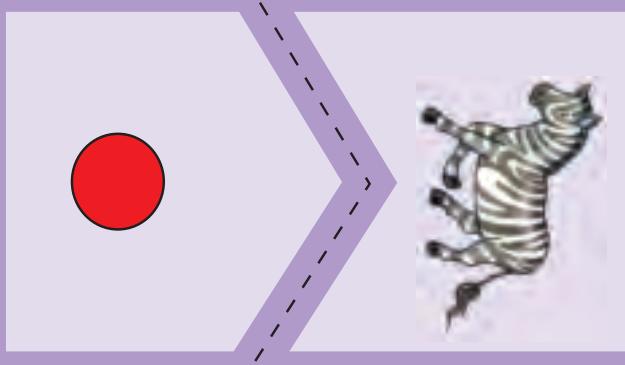
MANAMISA MONA

MANAMISA MONA



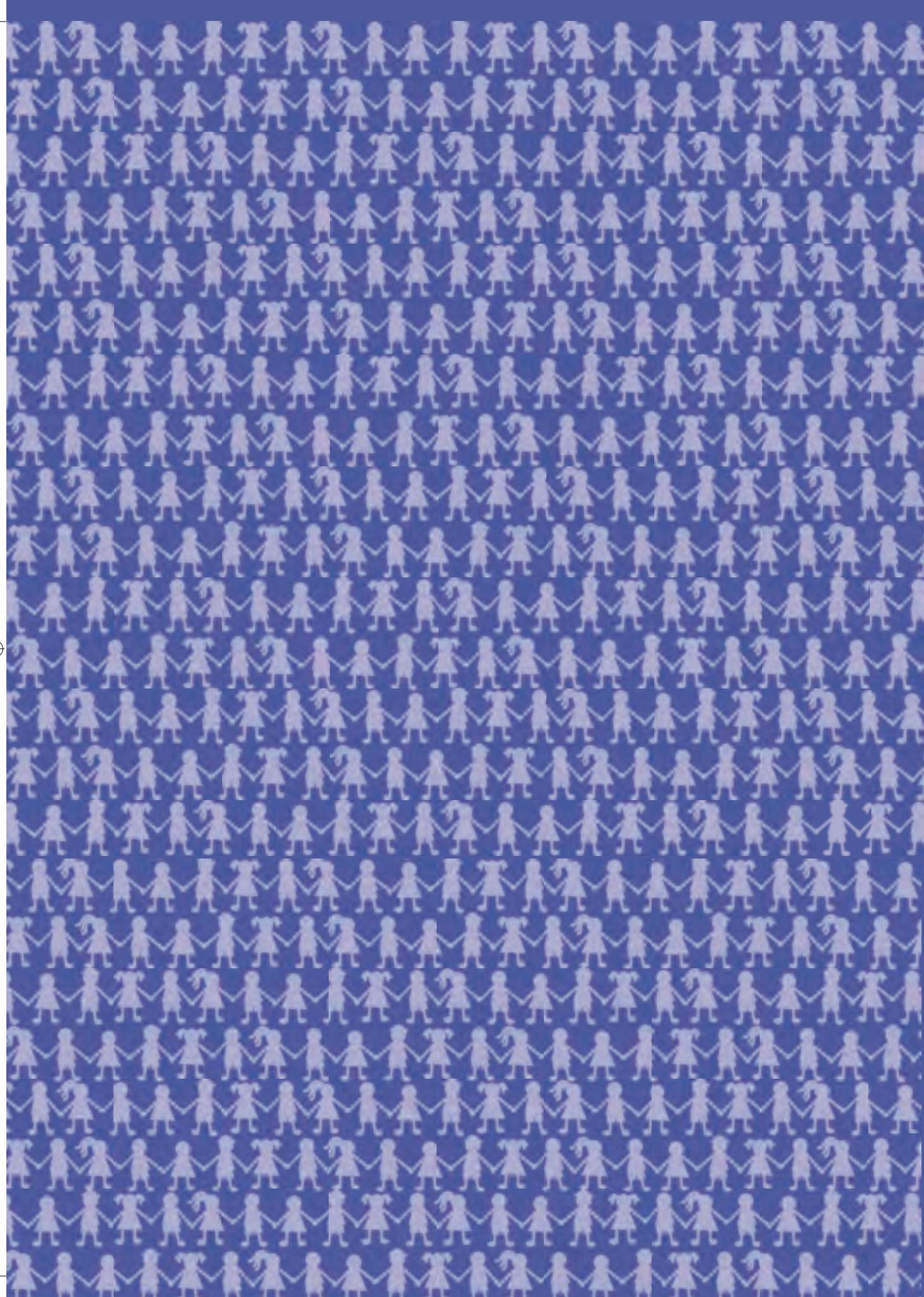


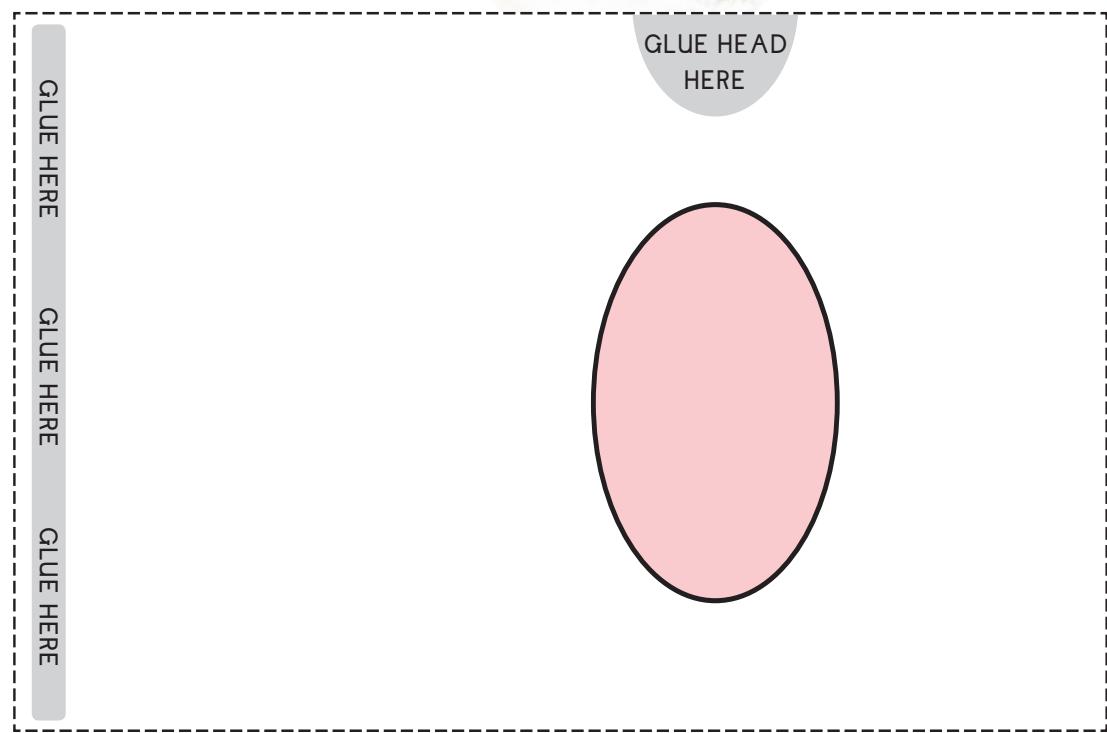
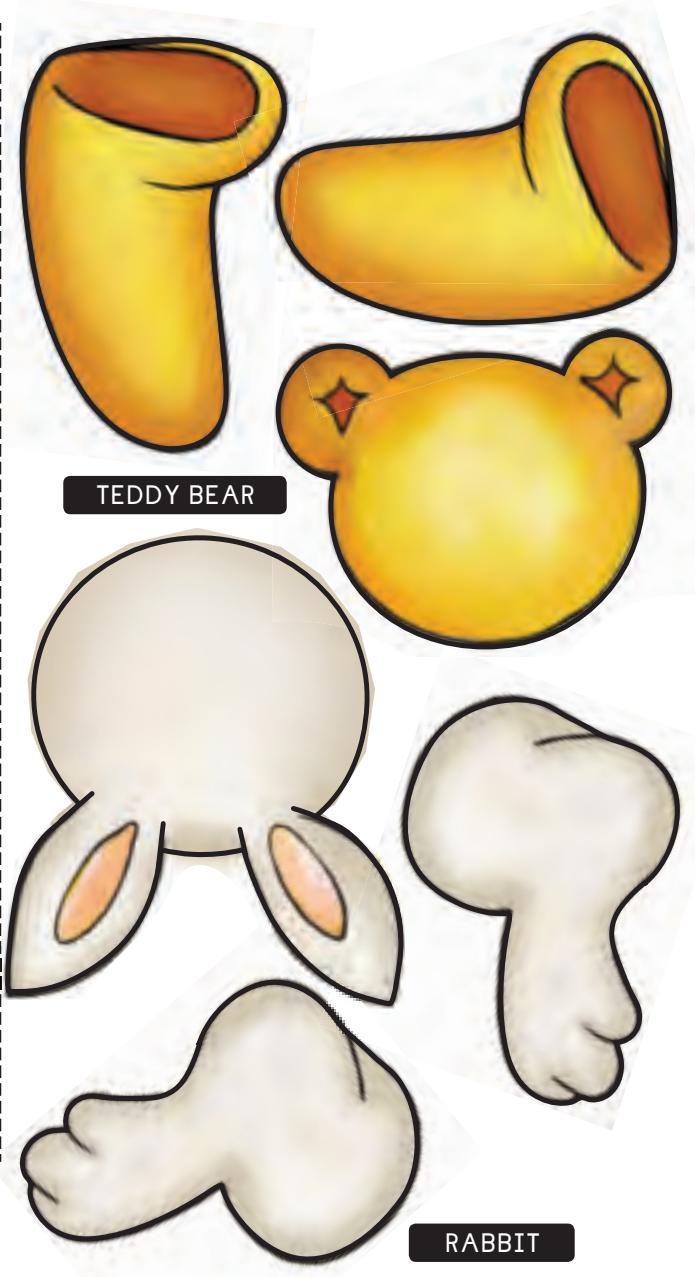
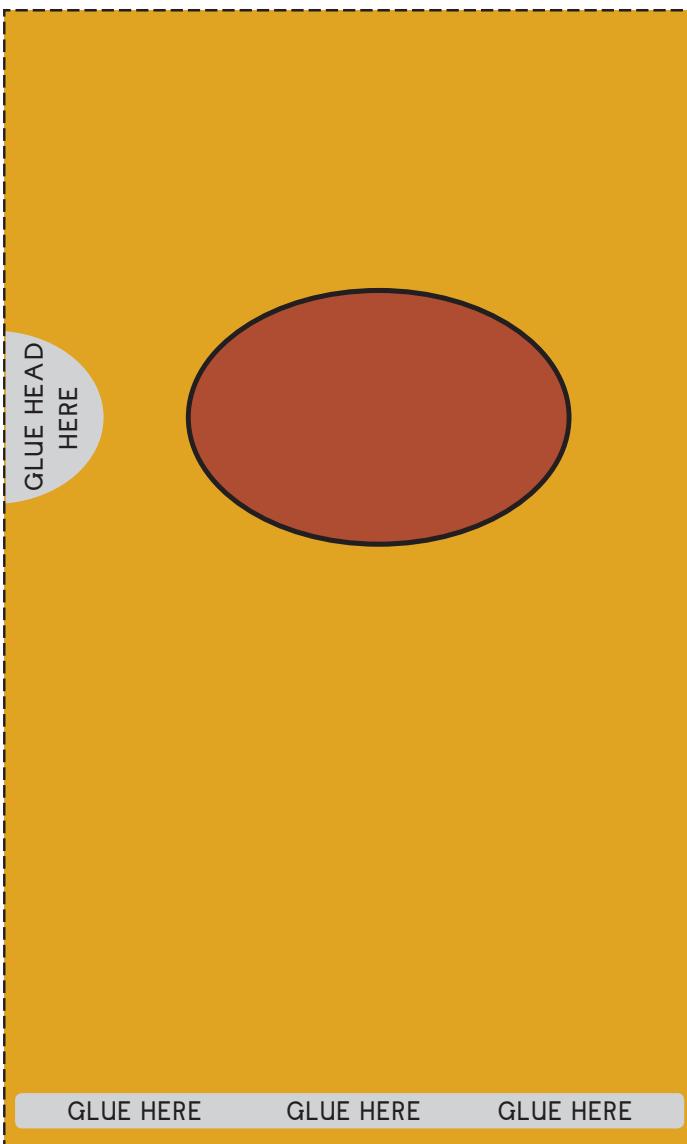
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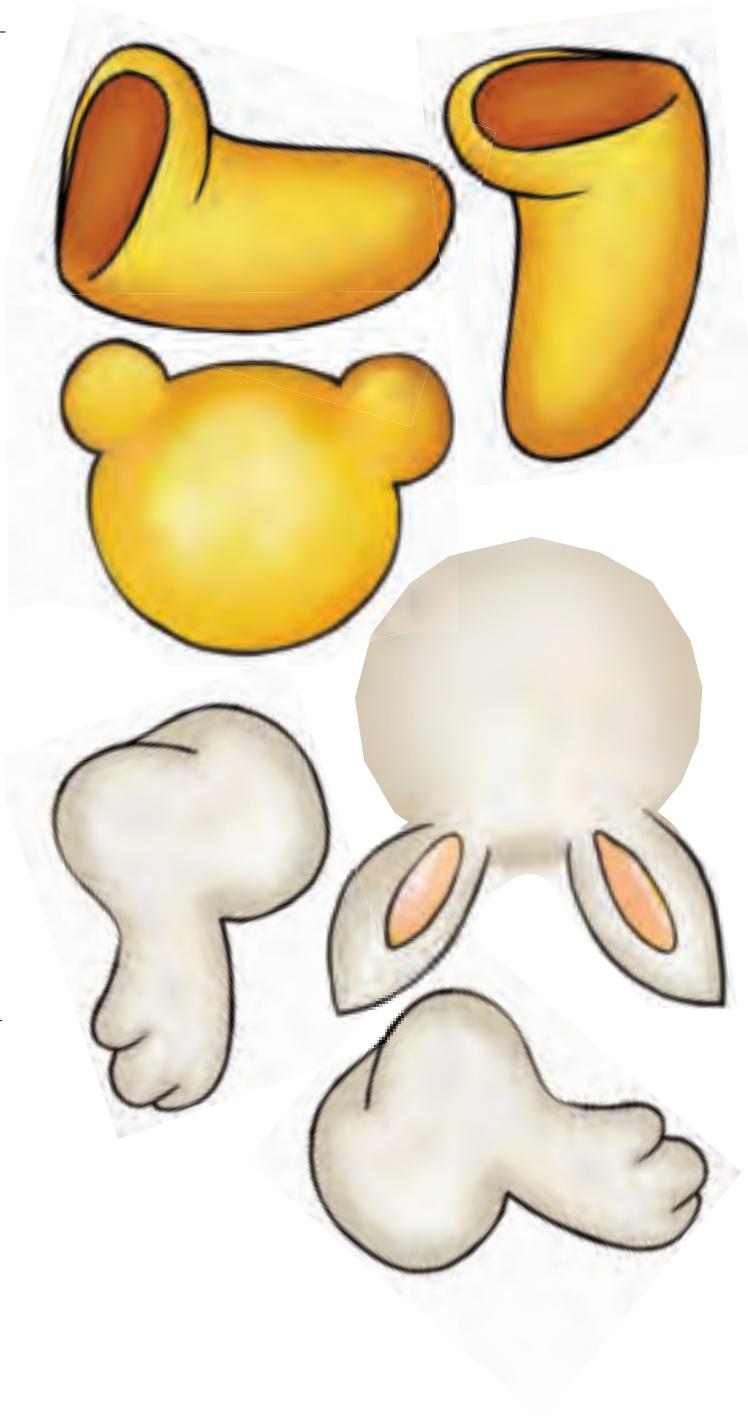












STICKERS

GRADE R BOOK1

8



6



12



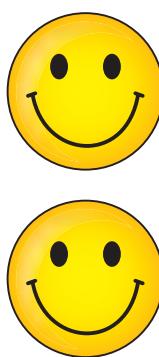
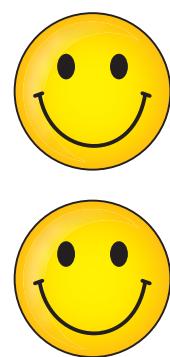
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30



31



43



47



49-50



