

Kubuyeketiwe
futsi kwahelenjiswa
ngekwe-CAPS

Libanga



Emakhono Ekuphila
SISWATI

Incwadzi 2
Emathemu 3 & 4



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LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leTemfundvo yeSisekelo yekutfufukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni lweKusebenta lwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsemba kutsi bothishela batatitfolo tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekuophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsemba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.



Libanga

1



Emakhono Ekuphila
SISWATI
Incwadzi 2



Lencwadzi ya:





Asifundze

Ase ucabange ngabo
 bonkhe labantfu
 lobabonako nalokhuluma
 nabo emalanga onkhe –
 laba bantfu
 bangummango wakho.
 Bangaba bantfu
 labasesitaladini sakho
 noma labahlala dvute
 nalapho uhlala khona.
 Bangaba bantfu
 labasesontfweni noma
 esikolweni sakho,
 emaphoyisa emmango,
 bodokotela kanye
 nalabanye nje.



Asikhulume

Coca nemngani wakho ngaletifombe kulamakhasi lamabili.
 Ngutiphi tindzawo lotibona kulesitfombe?
 Bantfu babutsana kutiphi taletindzawo?

Tindzawo emmangweni wami





Lusuku:.....



Asente loku

Ngutiphi, kuletinzawo esitfombeni lesingentasi, loke wativakashela? Landzelela utsatsise titfunti-mugca tato ngemakhilayoni.



Asikhulume

Cocela umngani wakho kutsi ngabe letinzawo wativakashela uhamba nemuntfu noma wedwana. Kwaya ngani kutsi uvakashele letinzawo? Ucabanga kutsi letinzawo lowativakashela kulula kutsi tivakashelwe bantfu labakhubatekile?



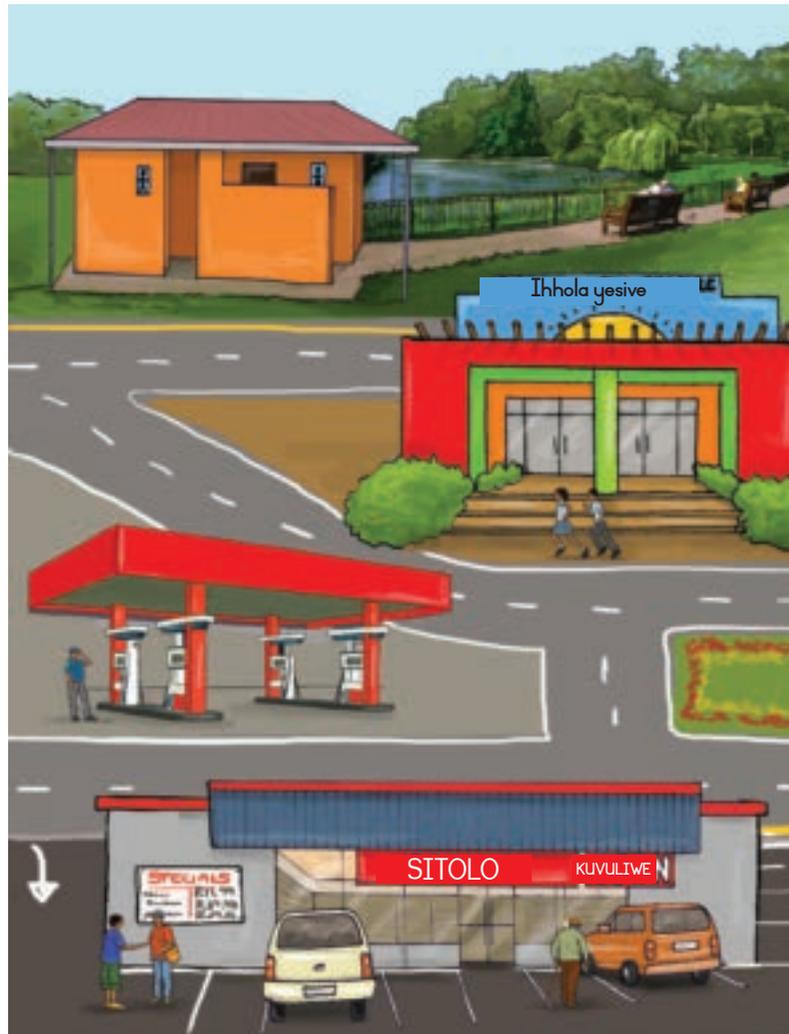


Kunakekela tinsita emmangweni wami



Asikhulume

Tinzawo emimangweni yakitsi tinetinsita letehlukene letingasetjentiswa nguwonkhe wonkhe. Imitfolamphilo, tikolo, tinkhundla tekudlala netibhedlela. Tonkhe leti tinsita lesingatisebentisa. Sidzinga kunakekela tonkhe letinsita emmangweni wakitsi. Futsi sidzinga kugcina simondalo sakitsi sihlobile, khona wonkhe umuntfu atosisebentisa.



Asikhulume

Coca nemngani wakho ngalesitfombe.

- Ucabanga kutsi bayatsandza yini bantfu kuhlala lapha?
- Kungani ucabanga kanjalo?
- Ungentiwa njani ummango nesimondalo sakini kuba ncono?





Lusuku:.....



Asente loku

Dvweba sitfombe sakho lesimbalabala lesiveta wena usebentisa tintfo tekutfutsa umphakatsi njengesitimela, ibhasi nobe itekisi. Veta kuhlukahlukana kwebantfu benta tintfo letehlukene kulomdvwebo-labanye bahleti phasi, labanye bagobekile, labanye bemile nobe balele phasi, labanye babuke emuva, labanye bakhulu, labanye bancane.

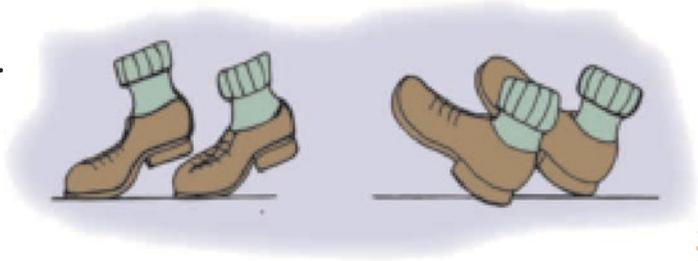


Asinyakate



Tifutfumete

- Tifutfumete ngekuhamba uye embili mantontolwane.
- Nyalo hamba nyova ngetitsendze.
- Yani embili ngetitsendze.
- Hamba nyova mantontolwane.



Bumba tinhlavu

Yakhani emacembu alaba-2. Sebentisani imitimba yenu kwakha tinhlavu. Ningema neyame lubondza noma nilale phansi.

Ase ubone kutsi wena nemngani wakho ningete nalwakha luhlavu labanye labangakhoni kulwakha.





Kulungile noma cha

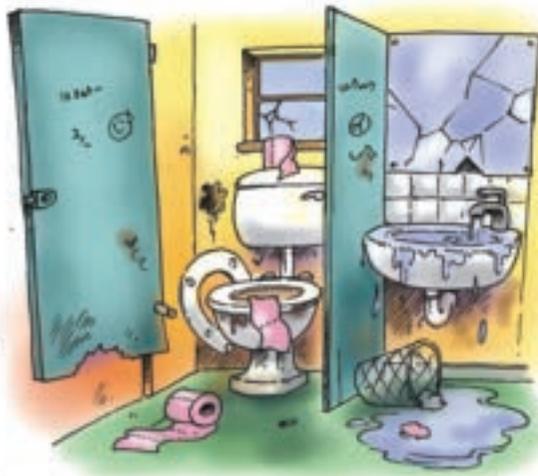


Asikhulume

Buka letitfombe.

Tiyini tonkhe letinsita? Tjela umngani wakho indlela lengiyo yekusebentisa insita ngayinye.

Ithemu 3 – Liviki 2





Lusuku:.....



Asente loku

Yakha umfanekiso wesakhiwo lesincane usebentisa tintfo letivuselelwa kabusha. Ungakha umtfolamphilo, umtaponcwadzi noma-ke ngusiphi nje sakhiwo emmangweni wakho. Ningabuye nisebente ndzawonye ngemacambu. Hlobisani sakhiwo senu kukhombisa kahle kutsi nakhe sakhiwo sini.



Asinyakate

- Hlela lamathaya eme mpo alandzelane.
- Khasa uphumele ngale kwalamathaya.
- Beka emathaya uwalalise.
- Mani ngetinyawo totimbili etulu kwelithaya.
- Nyalo-ke sima ngelunyawo lunye etulu kwelithaya.
- Sebentisa lamathaya nakunobe ngumuphi lomunye umdlalo wekunyakata.

Caphela ungatilimati.



Bantfu emmangweni wami



Asibhale

Buka letitfombe. Emabhokisini langesekudla, khetsa ligama lelungela sitfombe ngasinye. Libhale ngephansi kwesitfombe.



Umetsi wephethiloli

Umtsengisi timbali

Nesi



Umshayeli mathekisi

Liphoyisa lemgwaco

Dokotela



Umtsengisi titselo

Socimamlilo

Liphoyisa



Asikhulume

Buka letitfombe loticambile bese ucoca nemngani wakho ngato.

Uyababona labantfu emmangweni wakho?

Bobani lobabona emmangweni wakho?

Ngabe bantfu emmangweni wakini bayasitana yini? Yini labayentako?



Lusuku:.....



Asibhale

Dvweba umugca kusuka ekucaleni kwemusho ngamunye ngesancele kuya emagameni lahambisanako ngesekudla.



Socimamlilo
Lilunga leMkhandlu weMaphoyisa eNingizimu Afrika
Dokotela
Umtsengisi titselo
Umetsi wephethiloli

libamba tigebengu.
utsengisa titselo.
wetsa phethiloli etimotweni.
ucisha umlilo.
usenta siphile.



Asibhale

Buka letitfombe emagameni langentasi, Ligama lelingilo lesitfombe ngasinye libhale ngaphansi kwesitfombe ngasinye. Catsanisa timphendvulo takho netemngani wakho.

Iloli yesicimamlilo

Endzaweni yekwetsa phethiloli

Sibhedlela

Emaphoyiseni



Asinyakate

Shaya tandla ngesigci losivako.

- Lalelisa uma sigci sigucuka.
- Yenta loku ngetinhlobo letehlukene tetingoma, kusuka kutakudzala kuya kutesimanje.
- Shaya tandla ngesivinini nobe ungasheshisi kuhambisana nstigci.

Emanotsi athishela:
 Lalela umculo thishela wakho lawudlalako kumbe tigci thishela wakho latidlalako ngesigubhu kumbe lolunye lugubhu lwengoma.





Tilwane letifuywa ekhaya



Asifundze

Linyenti letfu linetilwane tasekhaya. Silwane sakho sasekhaya ngumngani wakho. Uyasinakekela futsi sihlala dvute nawe – mhlawumbe ekhatsi endlini yinye nawe kumbe esakhiweni lesikhhetsekile ebaleni lakini.



Asikhulume

Buka lesitfombe. Coca nemngani wakho ngalesitfombe. Sebentisa ikhilayoni kubiyela tonkhe tilwane tasekhaya lotibonako. Tingaki tilwane tasekhaya longatibala? Tjela thishela wakho.

- Unaso wena silwane sasekhaya? Uma unaso, cocela umngani wakho ngaso.
- Uma ute, cocela umngani wakho kutsi luhlobo luni lwesilwane longatsandza kuba naso kumbe-ke usho kutsi kungani ute silwane sasekhaya.



Asibhale

Niliklasi yentani luhlu lwato tonkhe tinhlobo tetilwane tekufuywa leningatiboni esitfombeni. Kopela lapha loko thishela wakho lakubhalako ebhodini.





Lusuku:.....



Asente loku

Dvweba umtfwana
lomncane Ngusiphi
silwane sasekhaya
lositsandzako?

Sebentisa lubumba
kwakha lesilwane
sasekhaya.



Asinyakate

Tifundzise kuphosa nekugendza ibhola.

- Ngetandla totimbili phosa ibhola yethenisi etulu emoyeni. Yigendze ngetandla totimbili.
- Nyalo yiphose etulu emoyeni ngesandla sinye bese uyayigendza futsi ngaleso sandla.
- Nyalo-ke phosa ibhola yethenisi ngesandla sakho lesibutsakatsaka etulu emoyeni uyigendze futsi ngesandla sakho lesibutsakatsaka.
- Shaya ibhola yethenisi phasi ngetandla totimbili ubuye uyibambe futsi ngetandla totimbili.
- Yishaye ngesandla sinye ubuye uyibambe futsi ngaleso sandla.
- Yishaye ngalesa lesinye sandla ubuye uyibambe futsi ngaleso sandla.
- Mani endilingeni. Phosa ibhola yethenisi
- Mani endilingeni wendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa tandla totimbili.
- Yendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa sandla sinye.
- Sebentisa sandla sakho lesinye wendlulise ibhola iye kulomuntfu loseceleni kwakho kulela lelinye licala.

Bewati-nje?

Cishe tonkhe tinja titsandza kudlala ngebhola.
Kodwa kufute uphutfume ngoba tinja tiyatsandza kubamba ibhola tigijime nayo tibaleke.





Tinakekelwa njani tilwane tasekhaya



Asikhulume

Kumcoka kunakekela tilwane tetfu tasekhaya.

Coca nemngani wakho ngalokudzingwa tilwane tasekhaya. Ticabange ungulesilwane sasekhaya umngani wakho lasidvwebe ekhasini 11. Cabanga ngalongakudzinga. Ungacabanga ngalokufana nekudla nendzawo yekulala. Nyalo-ke cocela umngani wakho. Phindza ukhulume ngaloko langakwenta nakwenteka ugula.



Asibhale

Faka luphawu (✓) edvute kwentfo ngayinye ledzingwa silwane sasekhaya.

Kudla

Emanti

Inhlama yekucubha

Indzawo lefutumele, leyomile yekulala

Dokotela wesilwane nasigula

Liholide



Asente loku

Dvweba tindzawo tekuhlala letingadzingwa nguletilwane. Chubeka ubhale ligama lesibita ngalo bantfwabato.

Silwane	Indzawo yekuhlala	Ligama lemntfwanaso



Lusuku:.....



Asente loku

Fundza umusho ngamunye ucabange ngekutsi ungativa njani nekutsi ungatsini futsi wenteni. Khombisa loko longakuva naloko longakusho. Thishela wakho utakutjela kutsi wente kuphi.

- Utitsatsele silwane sasekhaya lesisha.
- Likati lakho linyamalele.
- Inja yakho seyidle intsandvokati yelithoyizi lakho.
- Umngani wakho ucalainja.
- Ubonainja ikhiyelwe emotweni levaliwe.



Asinyakate

Lalela letigci letehlukene thishela wakho latatidlala. Lingisa silwane lesihamba ngesigci salengoma.

Uma ingoma igijima, cocoma njengelihashi.



Uma ingoma ipholile, ntjentjemuka njengeluvivane.

Uma ingoma imemeta, hamba njengendlovu.



Uma ingoma ingasheshisi, hamba njengelufudvu.



Asikhulume

Fundza lokubhalwe ngentasi ngaletitfombe letimbili. Cocela umngani wakho ngelikati.

Logwaja nguSagundwane. Ematinyo abosagundwane akayekeli kukhula.	Umnyaka munye wemuntfu ulingana neminyaka lesi-7 yenja. Umainja ineminyaka lemi-3, kufana nekutsi ineminyaka lengema-21 emuntfu.	



Asitijabulise

Dlalani umdlalo "Likati neLigundwane". Thishela wakho utanitjela kutsi ngubani likati ngubani ligundwane. Niketanani ematfuba.





Kutiphatsa netibopho



Asifundze



Kusile Jabu.
Uyaphila?

Kusile thishela.
Yebo ngiyaphila ngiyabonga.

Lamagama akhomba imbeko lenhle. Imbeko yetfu yindlela lesiphatsa ngayo labanye bantfu. Imbeko yetfu ikhomba kutsi sibahlonipha kanganani labanye bantfu.

Siyakutsakasela kukhuluma nalomunye umuntfu lonembeko lenhle. Kumnandzi futsi kuba ngumngani wemuntfu lonembeko lenhle.

Sinemtfwalo wekuhlala siphatsa labanye bantfu kahle. Kungako sonkhe ngamunye kufute sibe nembeko lenhle.





Lusuku:.....



Asikhulume

Bukisisa letitfombe. Chubeka ufundze emagama emabhokisini. Coca nemngani wakho ngaletitfombe. Cocani ngekutiphatsa kahle noma kabi labantfwana labakukhombisako.



Yabelana nalabanye.

Ngabe ukhohlwe kudla kwakho? Ungatsatsa lokunye kwami.

Kusile Make!

Ngibonga kakhulu kungilalela ngesizotsa.



Khombisa umusa.

Lindza sikhatsi sakho.



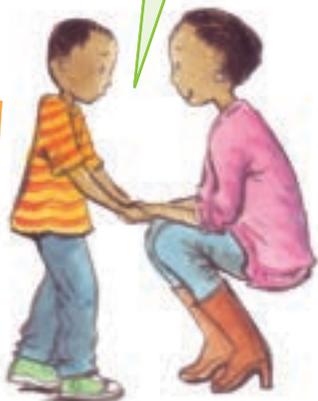
Lalela labanye.



Ngicolele Make, bengifuna kubuka ivasi yakho lendzala. Ngibese ngiyayiwisa nyalo seyiphukile

Kunjani, Busi. Ngitfole sikhwama sakho sishiywe ngaphandle. Asetsembe kutsi kute lotsetse emakhilayoni akho.

Tsembeka



Hlonipha labanye bantfu

Hlonipha tintfo talabanye bantfu.

Bingelela bantfu lobatiko kanjalo netihambi.



Thishela:
Sayina:
Lusuku:

Siyachubeka nekutibophelela



Asibhale

Bukisisa letitfombe bese ufundza lemisho emabhokisini .

Dvweba umugca usuke emshweni losibopho ucondzane nesitfombe lesifanele.



Ngiyasita kugcina indlu yakitsi ihlobile.

Ngingumngani lolungile ngisita labanye.

Ngikhombisa umndeni wami kutsi ngiyawutsandza.

Ngidlala kahle ngemathoyizi emngani wami.

Ngiyatinakekela mine netintfo tami.

Ngisita babe wami kudeka litafula.



Lusuku:.....



Ase sidlale

Lingisa ukhombise imbeko nekuhlonipha ngekutsi:

- ubingelela bantfu lobatiko nalongabati
- lindzela litfuba lakho
- lalelisa kahle lomunye
- wabelana nalomunye
- ube nemusa kulabanye
- wetsembekile ngalokutsite
- ukhombisa kuhlonipha tintfo talabanye
- ukhombisa kuhlonipha labanye.

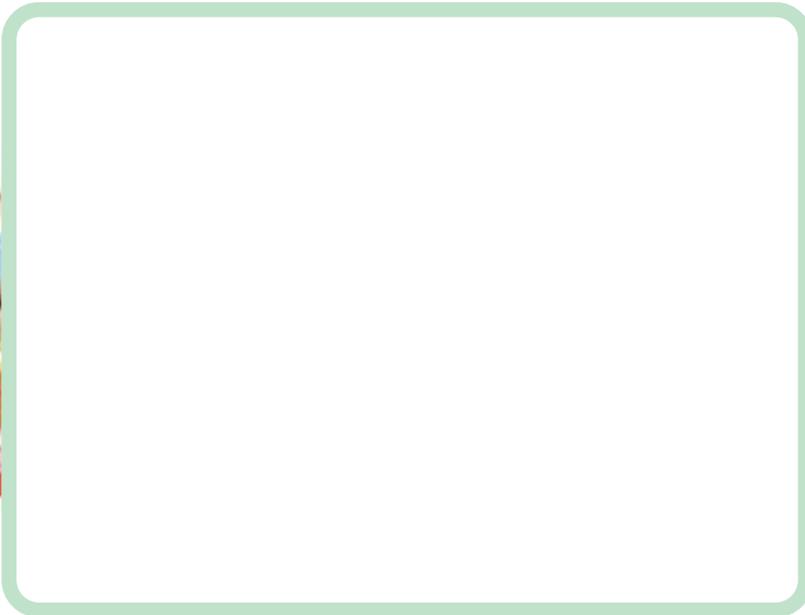
Lingisani kukhombisa imbeko nekuhlonipha ngakunye kwaloku:

- umndeni wakho
- umsebenti wenu wesikolo
- imisebenti yenu yasekhaya
- kudla lenikutfola mihla yonkhe
- timphahla lenitigcokako
- emathoyizi enu
- bangani bakho



Asente loku

Dweba sitfombe sakho ukhombisa bungani kulabanye.



Asinyakate

Lalela uma thishela wakho akutjela kutsi zuba, gijima nobe khasa. Thishela utawushaya indweba ngembi kwemlayeto lomusha ngamunye. Nyakata ngesivinini nobe ungasheshisi uma thishela wakho akutjela loku.



Ase sidlale

Dlala mkoko ngemlente wakho lobutsakatsaka. Nguyiphi imbeko lenhle nalebalukile uma udlala mkoko?



Kungani sidzinga tilimo



Asikhulume

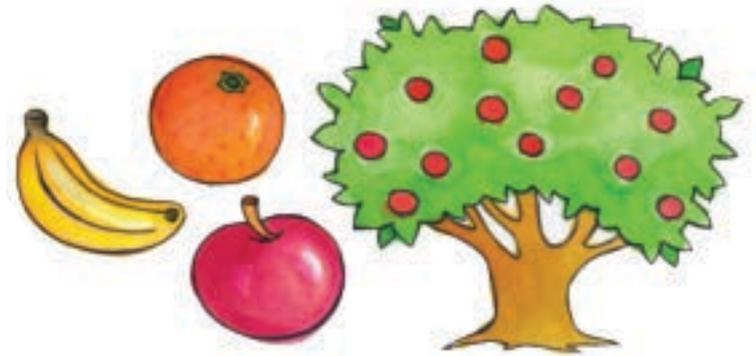
Buka lapho uhleti khona. Ngutiphi tintfo lotibona tiphuma etintfweni letitilimo? Coca nemngani wakho nibone kutsi nine nobabili ningacabanga tingaki. Tjela thishela wakho kutsi nicabange tingaki tilimo.



Asifundze



Letinye tilimo netihlahla
tisipha umtfunti.



Letinye tilimo tisinika
ijusi nekudla.

Letinye tilimo tisipha timbali
lesitibeka emakhaya etfu.



Letinye tilimo netihlahla
tiniketa umtfunti etilwaneni.





Lusuku:.....

Sidzinga tjani benkhundla yetfu yemdlalo.

Sisebentisa kotini kwenta timphahla.



Sisebentisa umhlanga kwakha emabhasikidi nekufulela luphahla.

Sisebentisa tilimo netihlahla kwakha ifenisha.



Asikhulumume

Wena nemngani wakho, khetsani tindlela letintsatfu letimcoka kakhulu lokusetjentiswa ngato tilimo.

Singatenta yini tihlahla kutsi tife uma sitisebentisa kakhulu? Cocisanani ngalombuto liklasi.





Indlela tilimo letibukeka ngayo



Asibhale

Tilimo takhiwa tincenye letehlukene. Sebentisa emagama lasemabhokisini kukhomba tincenye taletilimo. Catsanisa emagama akho newemngani wakho.

timphandze

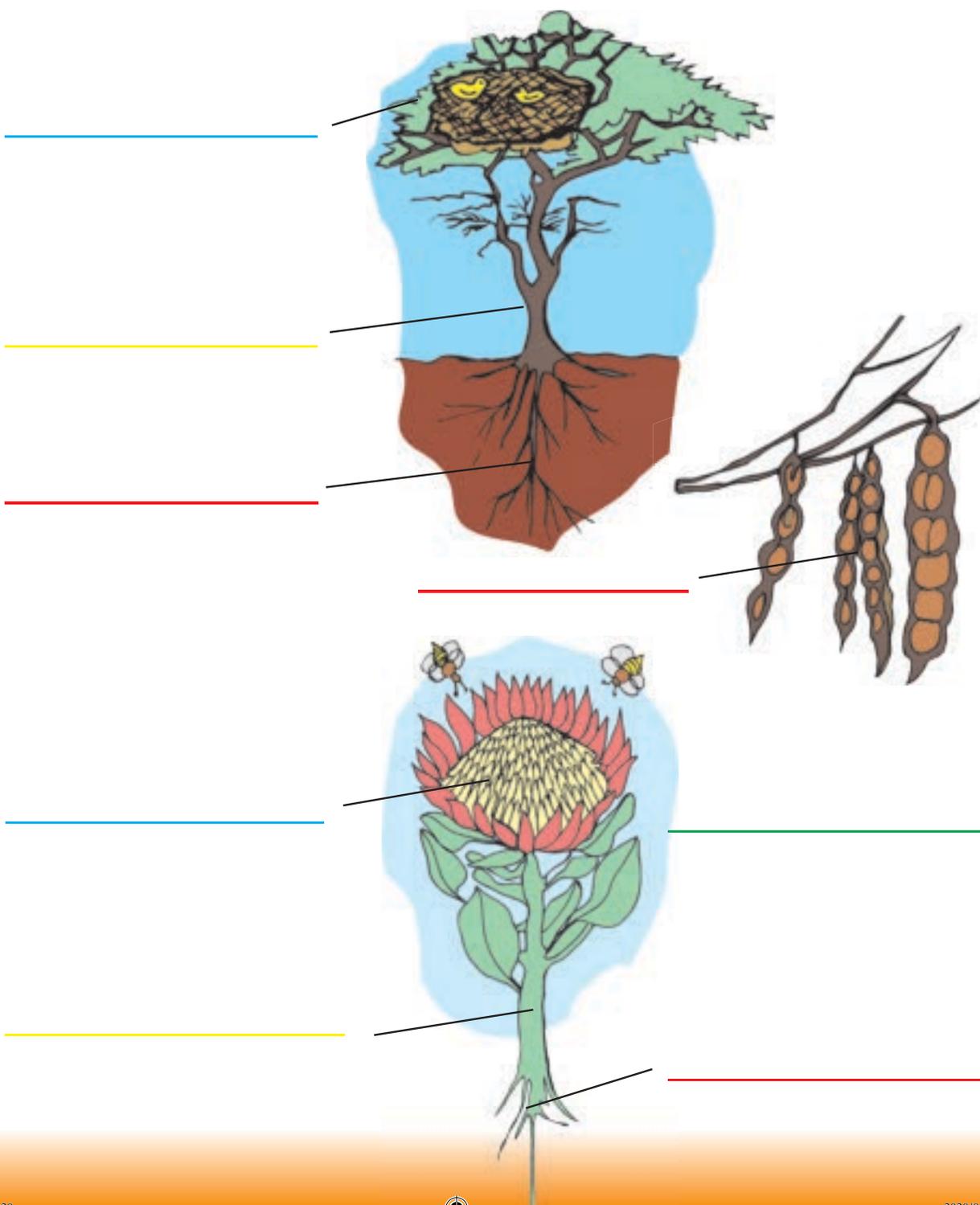
sicu sesihlahla

licembe

imbali

umbhede wekutjala imbewu

sicu





Lusuku:.....



Asinyakate

Hlukanisa liklasi ngemacambu emabhungane engadzini nebalimi.

- Balimi kufanele bazame kuvimba nobe kubamba emabhungane.
- Ntjintjanisa ematfuba tekudlala emva kwemizuzu lemi-2.
- Phindzani tikhatsi letimbalwa.



Ase sidlale

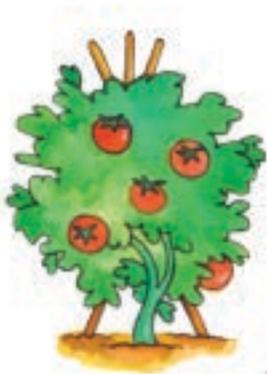
Dlala mabhacelana.

Emabhungane abhaca ngaphasi nobe ngemuva kwetitjalo ngako-ke balimi kufute batitfole ngembi kwekutsi tidle tonkhe tilimo.



Asikhulume

Tinhlobo letehlukene titjalo tibukeka tingafani. Kodwa tibuye tifane futsi ngetindlela letinyenti. Ase ubuke letitfombe. Coca nemngani wakho ngaletilimo Yini lefanako futsi yini leyehlukile?



Asente loku

Dvweba nobe penda libhungane noma silwanyana lesifuna kudla sihlahla sakho selibhontjisi. Akudzingeki kube libhungane mbamba. Sebentisa umcondvo wakho-nje. Dvweba nobe upende titfombe ngemigca lekhanyako, nalegamile.



Inhlanyelo nalapho ivela khona



Asifundze

Letinye tilimo tinetimbewu letibhace etimbalini nobe etitselweni. Singayihlanyela lembewu kutjala tilimo letinsha. Imbewu iyahhohloka etitjalweni kute imile ibe titjalo letinsha. Lenye imbewu isakatwa ngumoya nobe bantfu, tilokatana naletinye tilwane. Letinye tenhlanyelo tidliwa tinyoni bese kutsi incenye yayo lelukhuni iphume nemangcoliso. Lenhlanyelo lesakateka ngalendlela iwela kuletinye tindzawo imile khona.



Asikhulume

Isabalala njani inhlanyelo kulesitfombe ngasinye? Kumele imbewu ibe njani kute ihambe ngalendlela? Coca nemngani wakho.



Uma ufuna kuhlanyela takho tilimo usebentisa imbewu, ungasebentisa imbewu yetilimo letisengadzeni yakho. Nobe ungatsenga imbewu esitolo.





Lusuku:.....



Asikhulume

Fundza lenkondlo nemnyakato.

Imphilo yetitjalo

Lena yimbewana:

Ase siyitjale ngekushesha emhlabatsini!

Ichuma sicu nembali

Ineliphunga lelimnandzi yonkhana.

Bonyosi manyakata bandiza embalini

Masinyane, yafa nje imbali lenhle.

Kodvwa, ungetfuki, ungakhali futsi.

Bona, kute lokukhalako endalweni.

Bukisisa, bona, kwenteka timanga:

Imbali ifile, kodvwa seyendlale

Sicu sayo lesifile kanye nemacembe

lahhwabile

Imbewu lephilako ilindzile emhlabatsini!

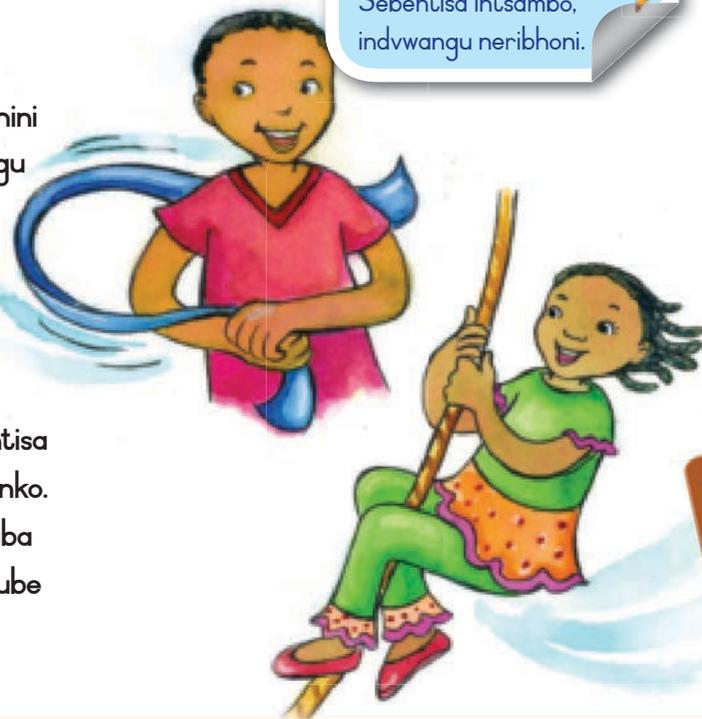


Asinyakate

Khombisa injabulo yakho ngaleminyakato
Bamba indvwangu lenembala nobe iribhoni
lendze ngesandla sakho lesisebenta ncono.
Hambisa umkhono wakho, yenta emaphethini
lehlukene emoyeni nobe phasi ngendvwangu
nobe ngeribhoni yakho. Cala usebentise
sandla sakho lesisebenta ncono bese uya
kulesibutsakatsaka. Ungabuye ukwente
ngesigci sengoma loku.

Uma kukhona sihlahla, buka kutsi sisisebentisa
njani kudlala. Jinka ngentsambo lebosshwe nko.
Cale ukwente ngetandla totimbili, bese kuba
ngesandla sakho lesisebenta ncono futsi kube
ngesandla sakho lesibutsakatsaka.

Emanotsi athishela:
Sebentisa intsambo,
indvwangu neribhoni.



Thishela:
Sayina:
Lusuku:



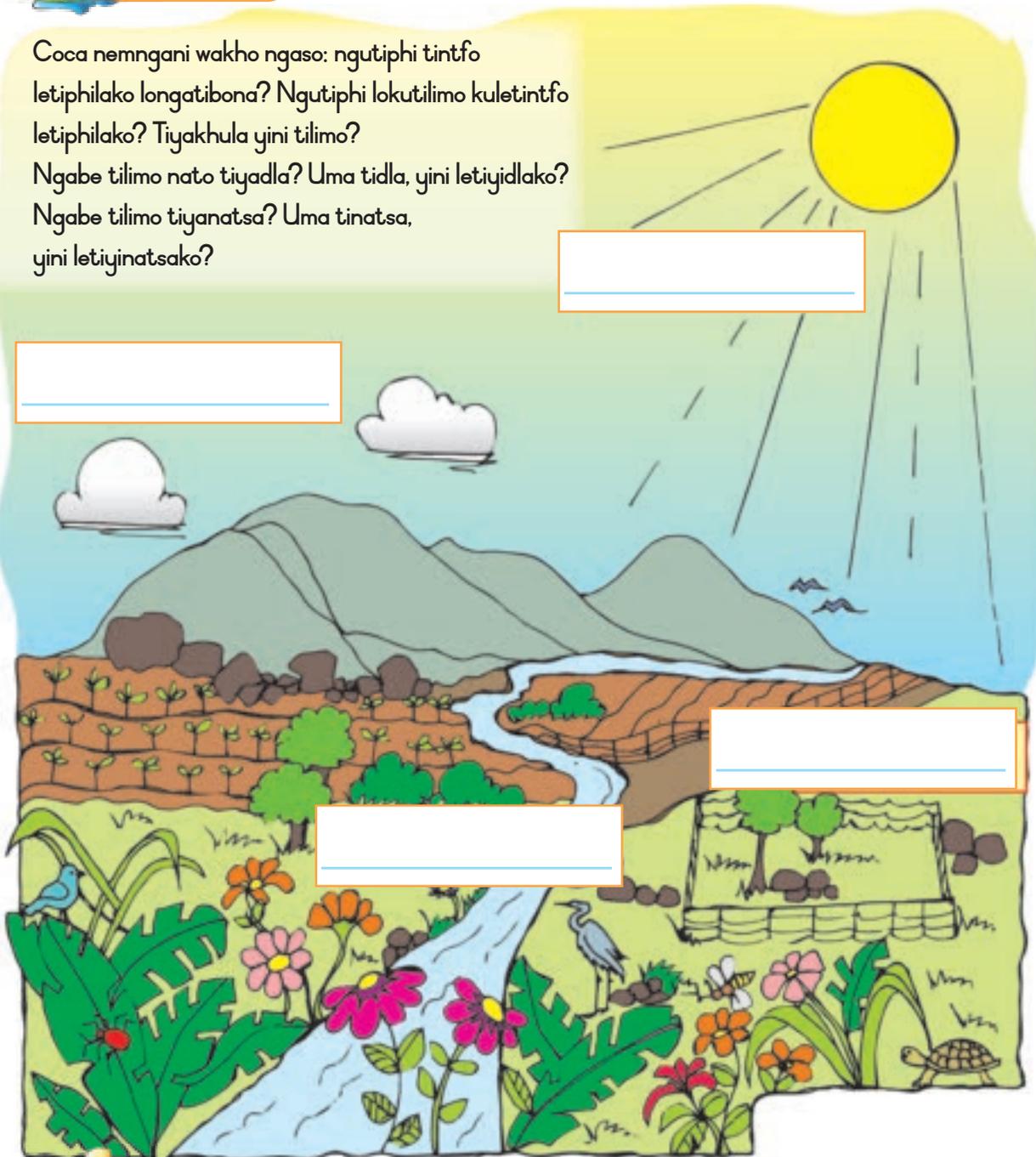
Lokudzingwa tilimo kute tikhule



Asikhulume

Buka lesitfombe. Ngabe konkhe lokulapha kuyaphila?

Coca nemngani wakho ngaso: ngutiphi tintfo
letiphilako longatibona? Ngutiphi lokutilimo kuletintfo
letiphilako? Tiyakhula yini tilimo?
Ngabe tilimo nato tiyadla? Uma tidla, yini letiyidlako?
Ngabe tilimo tiyanatsa? Uma tinatsa,
yini letiyinatsako?





Asibhale

Sebentisa emagama langentasi kugcwalisa emabhokisini lasesitfombeni lesingenhla.

kukhanya kwelilanga

emanti

umsoco

umoya



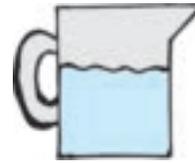
Lusuku:.....



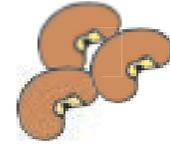
Asente loku

Kulula kutjala titjalo takho. Utawutjala silimo selibhontjisi.

Utawudzinga:



emanti



emabhontjisi



indishi yekuphatsa



kotini wavolo

Landzela letinyatselo:

Sinyatselo 1:

Mbonya emabhontjisi lama-3 emkhatsini wetincenye leti-2 takotini wavolo. Kubeke esosweni nobe endishini lengenalutfo ekhatsi.



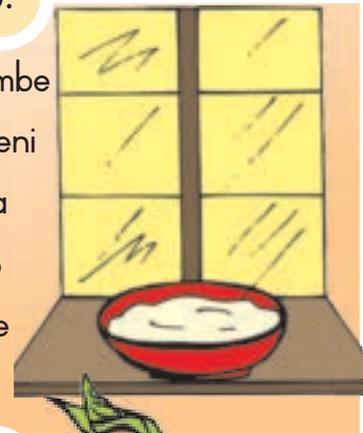
Sinyatselo 2:

Tsela emanti etu kwakotini wavolo ucinisekise kutsi uba manti nte!



Sinyatselo 3:

Beka lelisoso kumbe indishi entsendzeni yelifasitelo noma endzaweni lapho kufinyelela kahle khona lilanga.



Sinyatselo 4:

Emva kwemalangana, bona kutsi sikhula njani silimo sakho. Nisela kanye ngeliviki.

Lilanga 1



Lilanga 2



Lilanga 3



Lilanga 4



Sinyatselo 5:

Nangabe sitjalo sakho sichuma timphandze, nemacembe lamabili ungasitjala-ke emhlabatsini lotsambile.



Sinyatselo 6:

Nisela silimo sakho kanyentana nje. Emva kwemaviki lambalwa, utawukhona kukhulula emabhontjisi akakho nawe.



Kudla lesikudlako



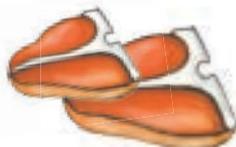
Asifundze

Kudla lokuhle kusipha emandla njengaphethiloli lowenta imoto ihambe. Sidzinga kudla lokunemphilo kute sikwati kwenta kahle tintfo malanga onkhe. Kudla lokunemphilo kusinika emandla futsi kuisite sikhule.



Asibhale

Ase ubuke letitfombe. Bhala ligama lenhlobo ngayinye yekudla ngentasi kwesitfombe lesingiso.



Asibhale

Ngukuphi kudla lokutsandza kakhulu? Ngukuphi-ke longakutsandzi kangako? Kubhale ngaphasi kwetihloko letifanele. Khetsa kuletitfombe letingenhla.

Kudla lengikutsandzako

Kudla lengingakutsandzi

Kudla lengikutsandzako	Kudla lengingakutsandzi



Lusuku:.....

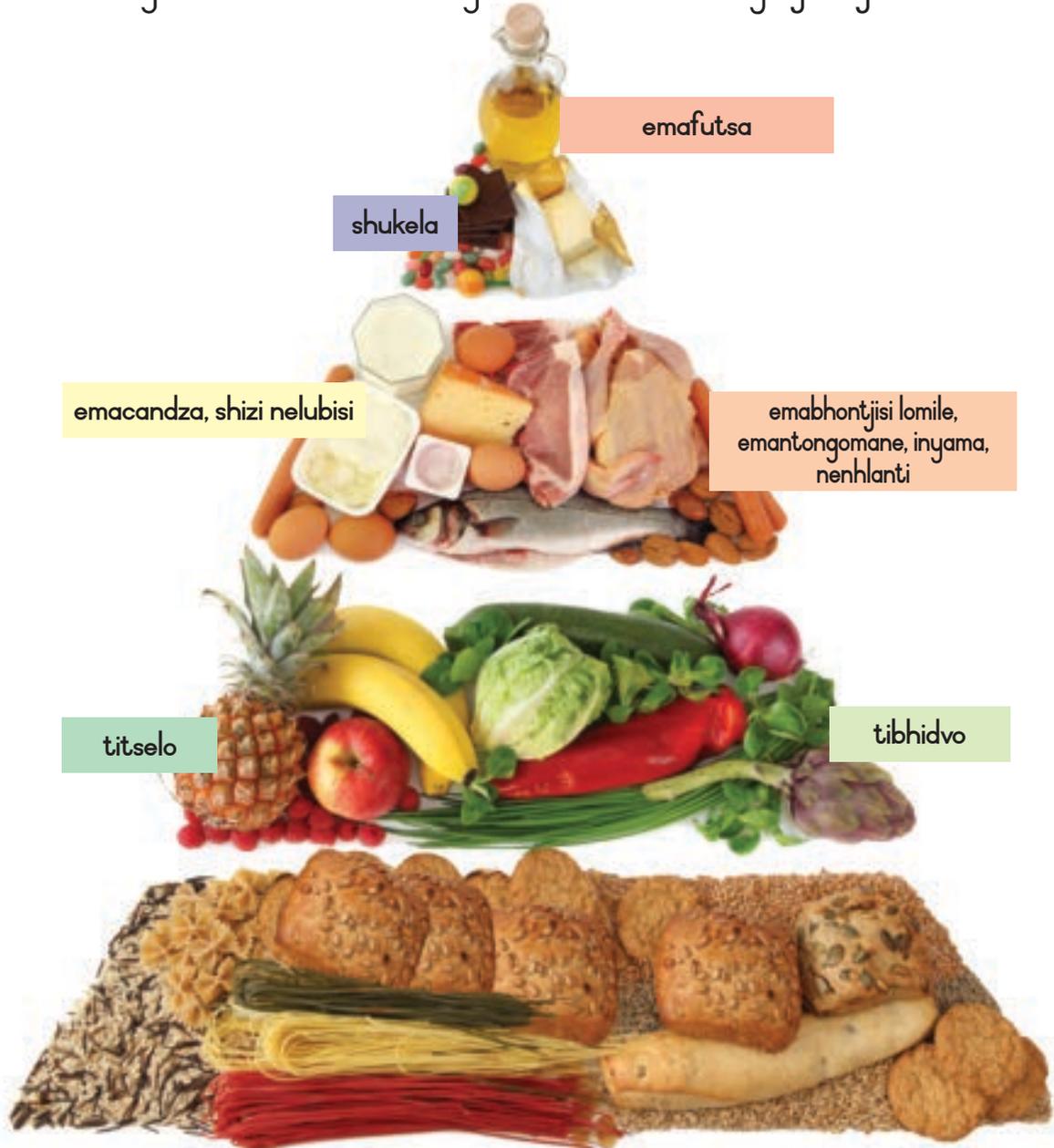


Asifundze

Kudla singakwehlukanisa ngemacembu la-7.

Kulesitfombe lesingentasi kunekudla longakudla emahlandla lamanyenti.

Lokudla lokungetulu kulesitfombe ungakudla kodvwa hhayi njalonzalo



emafutsa

shukela

emacandza, shizi nelubisi

emabhontjisi lomile,
emantongomane, inyama,
nenhlanti

titselo

tibhidvo

sinkhwa, tinhlavu nerayisi



Asikhulume

Cocani niliklasi

Kungani sifanele kukudla kancane kudla lokusetulu eluhleni lwesitfombe bese sikudla kakhulu lokungephasi?



Lapho kuvela khona kudla lokwehlukene



Asifundze

Balimi bahlanyela titjalo babuye bafuye tilwane kute sitfole kudla.

Singakupheka lokudla futsi singabuye sihlanganise tihlobo letehlukene tekudla.



Sinkhwa nemasireli
abuya kukolo.



Emacandza siwatfole
etinkhukhwini.



Titseto timila etihlahleni nasetitjalweni.



Sitfole lubisi nenyama etinkhomeni.
Sakha iyogathi nashizi ngelubisi.



Sisebentisa ummbila
kwenta imphuphu.



Luju lona lubuya etinyosini.



Shukela wentiwa
ngemoba.



Inyama nebhekhoni siyitfolo
etingulubeni.

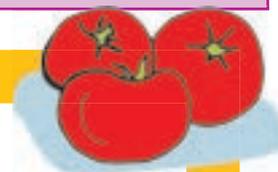


Tibhidvo singatitjala
etingadzeni tetfu.



Asente loku

Hlabela lengoma
nathishela wakho.



Emahhabhula, emagwava nabhanana

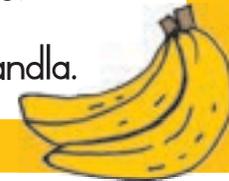
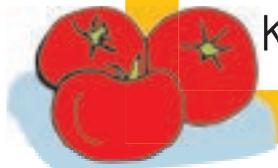
Emabhontjisi emaphizi nemazambane

Kukhulisa imitimba yetfu icine.

Kungenta ngilungele kusebenta

Ngidla kudla lokunemphilo!

Kungigcina ngicinile nginemandla.



Kudla lokunemphilo nalokute



Asifundze

Kudla lesikutsandzako akuhlali kungulokusilungele. Kulesinye sikhatsi singatsandza lokutsite kantsi akukasilungeli. Kantsi kulesinye sikhatsi asikutsandzi lokutsite kube kusilungele kakhulu.

Kodwa-ke, kudla kakhulu nobe ngabe ngukuphi kudla lokunyenti akukavami kuba ngulokusilungele.

Ngako-ke akunamphilo kudla kakhulu nobe ngabe yini.

Ubodla ute utive sewesutsi bese uyema. Ungabolibala kudla kakhulu kudla nje ngoba wena uyakutsandza.



Asente loku

Sika titfombe tekudla lokunemphilo nalokute imphilo kubomagazini utinamatsisele etikoteleni letifanele. Uma wehluleka kutfola titfombe, kudvwebe lokudla.



Kudla lokunemphilo



Kudla lokute imphilo



Lusuku:.....



Asibhale

Sebentisa lokufundze ngekudla kubhala luhlelo lwakho lwekudla.

Kudla kwekuseni

Blank writing area for breakfast (Kudla kwekuseni).

Kudla kwemini

Blank writing area for midday meal (Kudla kwemini).

Kudla kwakusihlwa

Blank writing area for evening meal (Kudla kwakusihlwa).



Asente loku

Sitakwenta isaladi yetitselo. Landzela lemilayeto lengentasi.

Utawudzinga loku:

- Titselo letehlukene
- Indishi lenkhulu
- Umukhwa nesipunu



Landzela letinyatselo:

- Geza titselo.
- Ticate nakunesidzingo (njengemawolintji).
- Ticobe ticucu letincane. (Cela lomdzala akusite.)
- Didiyela titselo endishini.



Kulondvolota kudla



Asifundze

Buka lesitfombe.



IKHALENDI 2015

INYONI

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			24	25	26	27



Asikhulume

Yini loyinakako ngaletinsuku? Sisengakudla lokudla? Ucabanga kutsi kutakwentekani kulokudla?



Asifundze

Kudla lokusha akuhlali kukusha sikhatsi lesidze. Letinye titselo netibhidvo tisheshe tibune bese tiyabola. Inyama, inhlanti naleminywe imikhcito yelubisi kusheshe kubole. Ngeke sikhone-ke kukudla. Yini lesingayenta kugcina kudla kukusha sikhatsi lesidze?

Indzawo lephephile yekonga kudla kusefrijji. Kodvwa lokunye kudla kungonakala nanobe komiswe ngelichwa nobe kusefrijji sikhatsi lesidze kakhulu. Kunetindlela tekugcina kudla lokunye kukusha.



Lusuku:.....



Asikhulume

Buka letitfombe. Coca nemngani wakho ngato. Ngutiphi tindlela lekungalondvolotwa ngato kudla?

Ungaticabanga nje letinye tindlela letingavikela kudla kungaboli? Coca nemngani wakho ngato. Shano tibonelo utjele liklasi.



Asibhale

Bukisisa letitfombe letingentasi bese ufundza emagama emabhokisini. Chubeka ubhale linye lalamagama letingentasi kwesitfombe ngasinye lesihambisana neligama.

Lokusha	Esikoteleni	Kukomisa	Kukomisa ngelichwa
			
			
			





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Tinhlobo temakhaya (1)

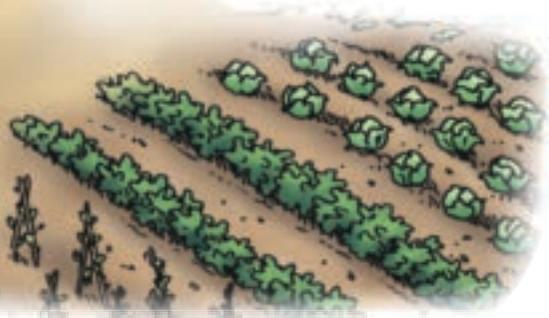
Ithemu 4 – Liviki I



Asikhulume

Likhaya lakho yindzawo
lohlala kuyo.

ENingizimu Afrika bantfu
bahlala etinhlotjeni
letehlukene temakhaya.
Ungalitfolaphi lelo nalelo
khaya kulawa?



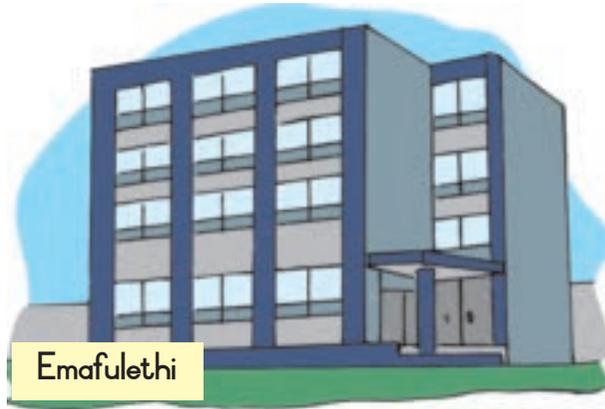


Lusuku:.....



Asikhulume

Buka letitfombe ngentasi. Coca nemngani wakho ngetintfo letifanako kuwo onkhe emakhaya. Ubese-ke ukhuluma ngaletintfo letehlukile. Ngukuphi lokunyenti: tintfo letifanako noma tintfo letehlukene?



Emafulethi



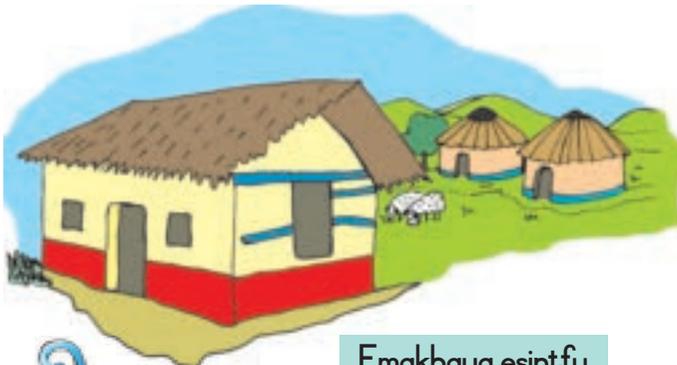
Indlu lenetitezi



Emakhalavani nemathende



Tindlu letingakahlelwa



Emakhaya esintfu



Indlu lenesitezi sinye



Asente loku

Sebentani emacenjini. Tfolani libhokisi lesicatfulo, nobe lenye inhlobo yelibhokisi. Lipendeni libukeke njengendlu. Yakha umfanekiso wakho ngelubumba (nobe lubumba lwekudlala) wente lokutsite ngaphandle dvute kwendlu.



Tinhlobo temakhaya (2)



Asente loku

Ase ucabange ngetinhlobo letehlukene temakhaya loke watibona lapho uhlala khona noma etindzaweni loke wativakashela. Dvweba titfombe tetinhlobo letimbili letehlukene temakhaya loke watibona.



Asikhulume

Emanotsi athishela:
Thishela wakho utawulalela
imibono yenu.

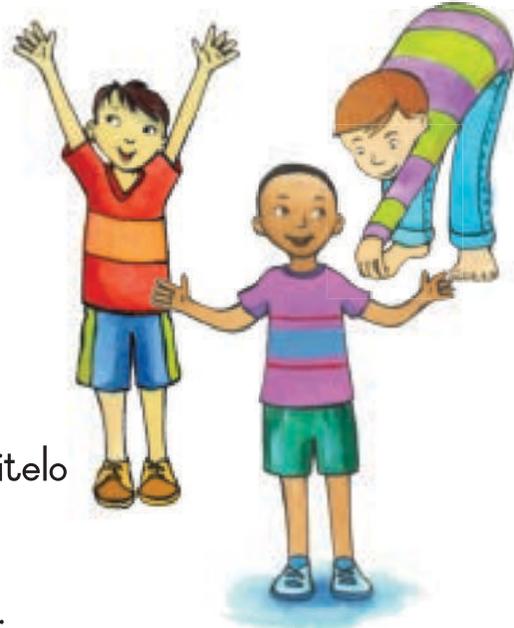
Endlini lekahle lecinile asivami kuva kubandza kakhulu kumbe kushisa kakhulu. Asiyiva imvula nobe umoya. Bantfu labanyenti abakavikeleki kanje. Khuluma nemngani wakho ngekutsi bantfu bativikela njani uma bangahlali etindlini.



Asinyakate

- Lula sandla kufika ekugcineni kute upende luphahla lwendlu yakho.
- Guca phasi utjale tilimo engadzeni yakho.
- Lula imikhono yakho kabanti kuvula emafasitelo endlu yakini. Bese uvala onkhe emafasitelo.
- Gobondzela ususe lukhula engadzeni yakho.
- Shanyela phasi ngemshanyelo lomudze.
- Greza emafasitelo ngendvwangu.

Lusuku:



Emanotsi athishela:

Lalela lesigci thishela wakho lasidlala esigujini.
Hambisana nesigci. Uma thishela wakho agucula sigci, gucula sivinini semnyakato wakho. Lalelisisa!



Tintfo letakha emakhaya lehlukene



Asikhulume

Sisebentisa tintfo lehlukene kwakha tindlu. Buka letitfombe letingentasi.



titini



emathayili



ngcwengcwe



semende



lucunga/umhlanga



emagilasi



tingodvo



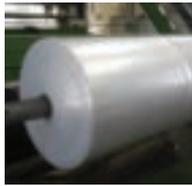
emapulango



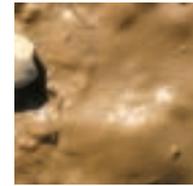
ematje



liseyila lelithende



ipulasitiki



lubumba/ludzaka



insimbi



tikhumba



sihlabatsi



Coca nemngani wakho ngaletintfo lehlukene.

Ngukuphi lokubuya efektri?

Kubuyaphi loku lokunye?

Cocela liklasi kutsi letindlu lotibona endleleni nawuya esikolweni takhiwe ngani.

Emanotsi athishela:
Thishela wakho angenta
luhla ebhodini.





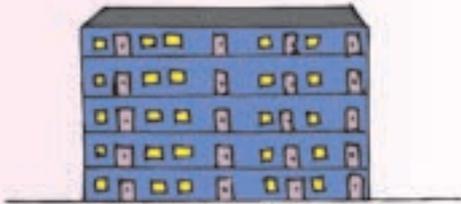
Asente loku

Kulolo nalolo luhlobo lwendlu dweba umugca uye entfweni lolwakihiwe ngayo.

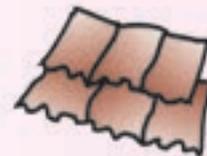
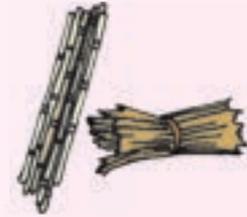
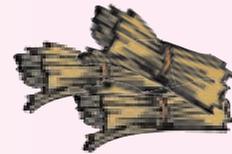
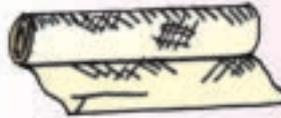
Lusuku:.....

Emanotsi athishela:
Thishela wakho utawutsatsa tincwadzi tenu tekusebentela atibukete.

Luhlobo lwendlu



Tintfo tekwakha



Thishela:
Sayina:
Lusuku:



Emakhaya nesimo selitulu



Asifundze

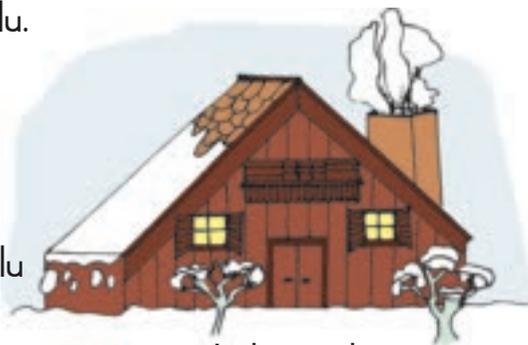
Emakhaya agcina bantfu baphephile etinhlotjeni letehlukene tesimo selitulu. Tingasivikela emisebeni leshisako yelilanga. Tibuye tisivikele emakhateni, emoyeni nasetimvuleni.



Bewati nje kutsi bantfu emaveni labandzako badzinga kwakha tindhlobo letikhetsekile temakhaya njengaleli lelingentasi?

Leli libalave leGreenland, lokulive lelibandza kakhulu.

Lena
yi-ayiglu



Labanye besive sema-Inuwithi labahlala etindzaweni letinesitfwatfwa lesinyenti nelichwa bakha emakhaya asebusika ngetitini telichwa.

Lelichwa liliguma lekuvika emakhata.

Lamakhaya abitwa ngekutsi ngema-ayiglu.



Lusuku:.....



Asente loku

Ecenjini, lingisani kutsi ningayakha njani indlu.
Khetsani kutsi kutawuba yindlu lenjani.

Nitawusebentisa tiphi tintfo tekwakha?

sivalo

tindlu letingakahlelwa

Bani utakwenta ini? Yini

lotayenta kucala?

indlu yesitezi sinye
nobe letimbili

emakhaya esintfu

Yini lotayenta ekugcineni?

tindlu letakhiwe ngetingodvo

Sebentisa lamanye alamagama.

titini

lubondza

pendi

emafulethi

luphahla

shimela

lifasitelo

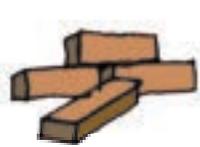
semende



Asifundze

Hayani lenkondlo njengcenywe
yemdlalo-mbukiso wenu:

Yakha, yakha indlu yakho lensha-sha!
Letsa titini, kala lolwa bondza
Betsela leso sipikili, shwila leso sikulufelo –
Letsa umpheme sibhacele lilanga.
Yakha, yakha indlu yakho lensha-sha!
Letsa sihlabatsi netivalo nemathayili
Letsa emanti, bhuca semende –
Letsa umpheme sibhacele invula.



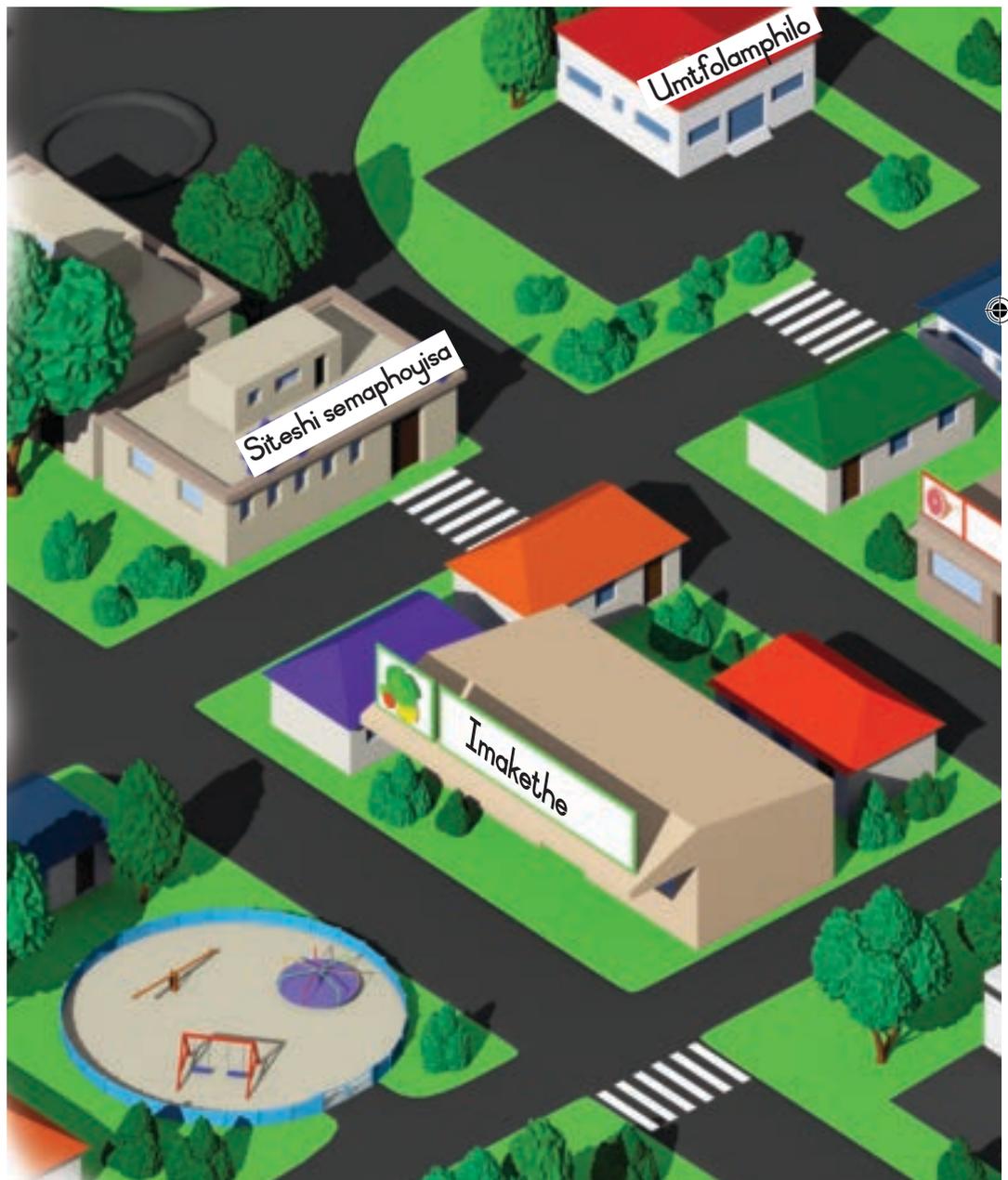
Kutfole tindhawo netintfo (1)



Asifundze

Kunetinhlobo-nhlobo temabalave. Kukhetsa libalave lelingilo kufute sati kutsi sifuna kulisebentisela ini lelibalave. Emabalave emgwaco asisita kutfole titaladi netindhawo edolobheni nobe edolobhenilamakhulu.

Balimi batsandza emabalave lakhombisa tintfo letinjengadamu, imifula nemagcuma.





Lusuku:.....



Asente loku

Cocani nemngani wakho ngalemibuto. Dvwebani indilinga ibiyele letinzawo kulesitfombe kulamakhasi lamabili.

Ungatitfolo kuphi tincwadzi tekufundza?

Ungabika kuphi nakuntjontjiwe?

Ungaya kuphi nawugula?

Ungakutsenga kuphi kudla?

Ungayimela kuphi ibhasi?

Ungaweca kuphi umgwaco lapho kuphephe khona?

Emanotsi athishela:

Thishela wakho utawufundza umbuto ngamunye, bese nitfolo imphendvulo.



Kutfole tindhawo netintfo (2)



Asikhulume

Buka lomvula esitfombeni selibalave lemgwaco Jama lawulandzelako kusuka ekhaya kubo kuya esikolweni sakhe.

Chazela umngani wakho kutsi Jama ulandzela umvila muphi.
Sebentisa lamanye alamagama:

ngetulu

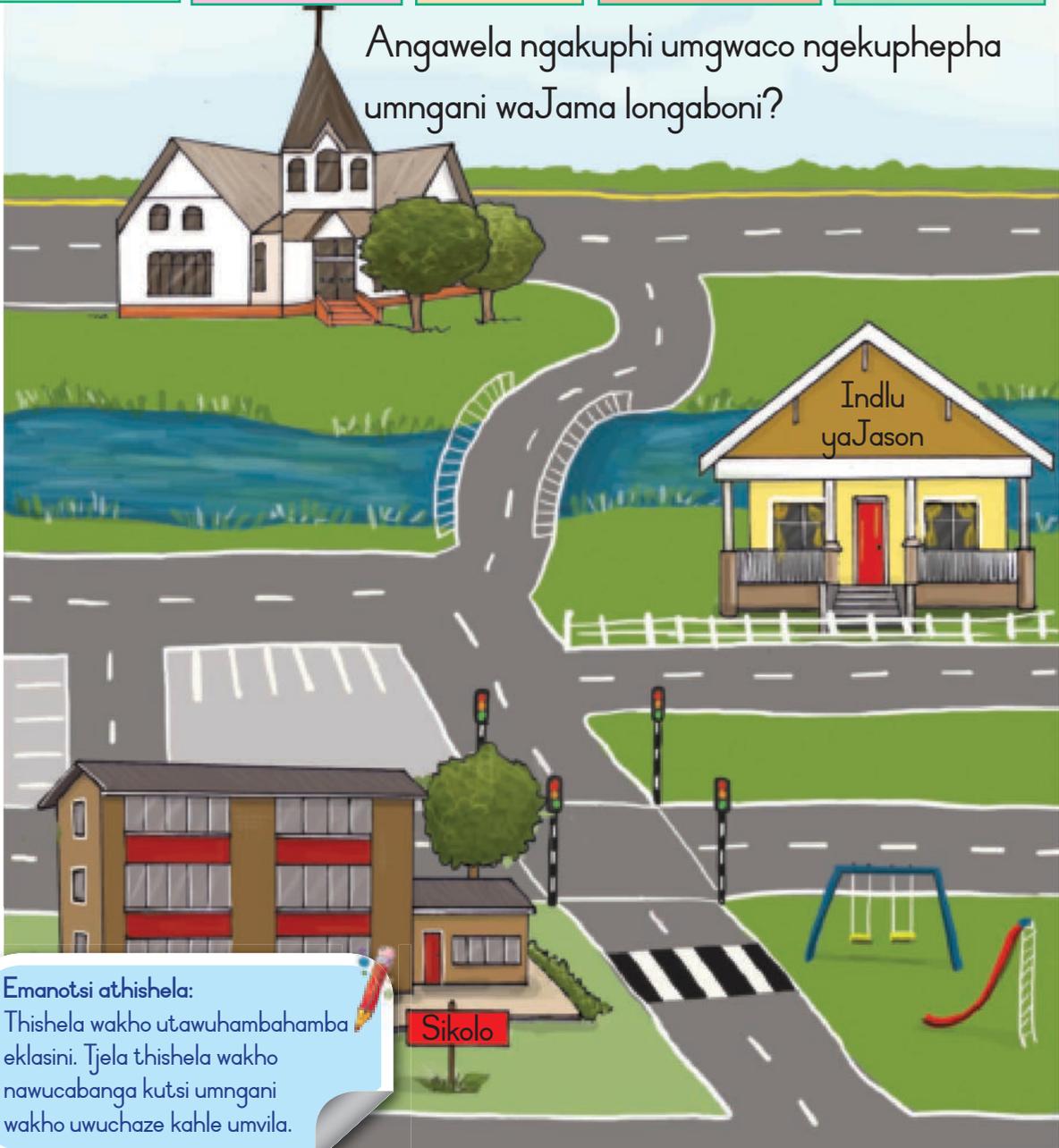
kwengca

nge

ngetulu kwe

ngaphasi

Angawela ngakuphi umgwaco ngekuphepha umngani waJama longaboni?



Emanotsi athishela:

Thishela wakho utawuhambahamba eklasini. Tjela thishela wakho nawucabanga kutsi umngani wakho uwuchaze kahle umvila.



Lusuku:



Asinyakate

- Beka intsambo lendze phasi.
- Utawuhamba kulo "mgwaco."
- Yani phambili, emuva nasemaceleni uhamba etulu kwentsambo.
- Yani phambili uhamba etulu kwentsambo ubeke tandla takho etulu kwenhloko.
- Hamba nyova etulu kwentsambo, ubeke tandla takho ngemuva emhlane.
- Hamba uye emaceleni uhamba etulu kwentsambo, ubeke tandla takho elukhalo.



Asifundze

Usebente njani? Uma ukhonile kwenta yonkhe iminyakato kahle, faka umbala ebusweni lobumamatsekile. Uma ungakakhoni kwenta iminyakato, faka umbala ebusweni lobukhatsatekile.

Kantsi nawukhone kwenta leminyeye iminyakato, faka umbala ebusweni lobusemkhatsini.

Ngikhonile kuya phambili nasemuva ngihamba etulu kwentsambo.			
Ngikhonile kuhamba ngiye emaceleni ngihamba etulu kwentsambo.			
Ngikhonile kuya phambili ngihamba etulu kwentsambo ngibeke tandla tami enhloko yami.			
Ngikhonile kuhamba nyova ngihamba etulu kwentsambo ngibeke tandla tami ngemuva emhlane.			
Ngikhonile kuhamba ngiye emaceleni ngihamba etulu kwentsambo ngibeke tandla tami elukhalo.			



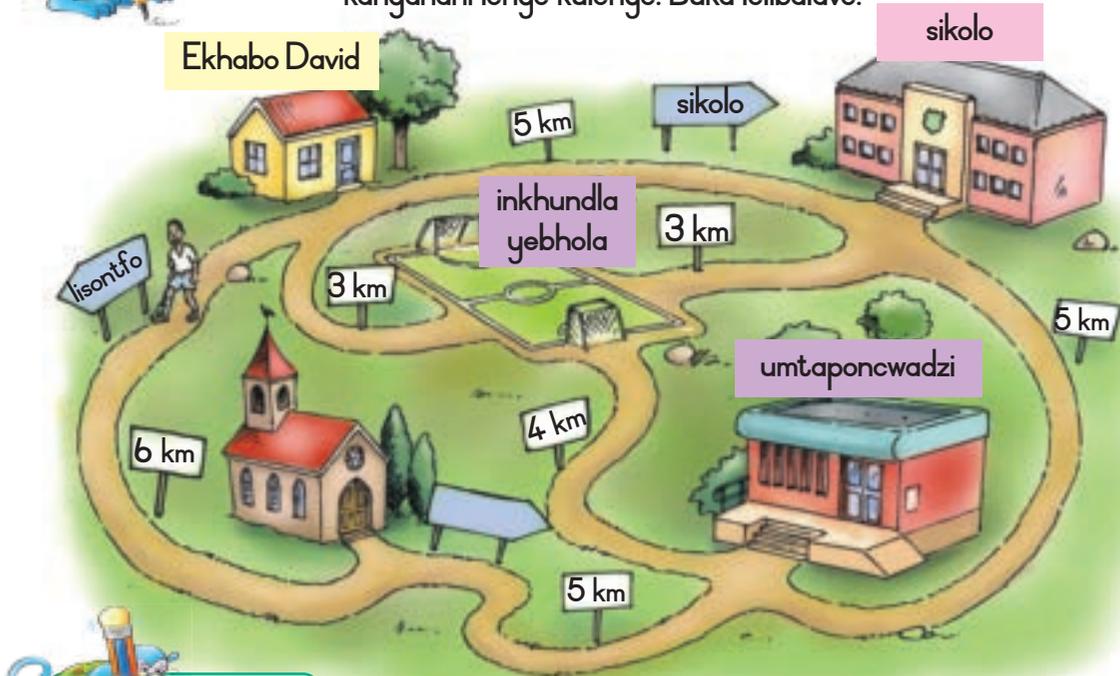
Kutfoia indlela



Asibhale

Emabalave etitfombe asisita kubona kutsi tindzawo tikhashane kanganani lenye kulenye. Buka lelibalave.

Ekhabo David



Asibhale

Phendvula lemibuto. Ungacela umngani wakho akusite.

Dvweba indilinga lapho ubona khona km.

Tingaki tindilinga lonato?

David uhamba kusuka esikolweni aye kumtaponcwadzi.

Ubonani dvutane nemtaponcwadzi?

Ubone luphawo luni endleleni?

David uhambe libanga lelidze nganani?

Ngusiphi sakhawo langasibona David nakeme phambili kwesivalo semtaponcwadzi?

David ulambile. Ufuna kufika ekhaya. Tfoia indlela lemfisha kakhulu kusuka emtaponcwadzi kufika ekhaya lakubo.

Ngabe inkhundla yebhola yindzawo lesedvute kakhulu nelikhaya lakubo?

Emanotsi athishela:

Njalo, tivele unesibindzi kutjela thishela wakho uma kukhona longakuboni kahle.

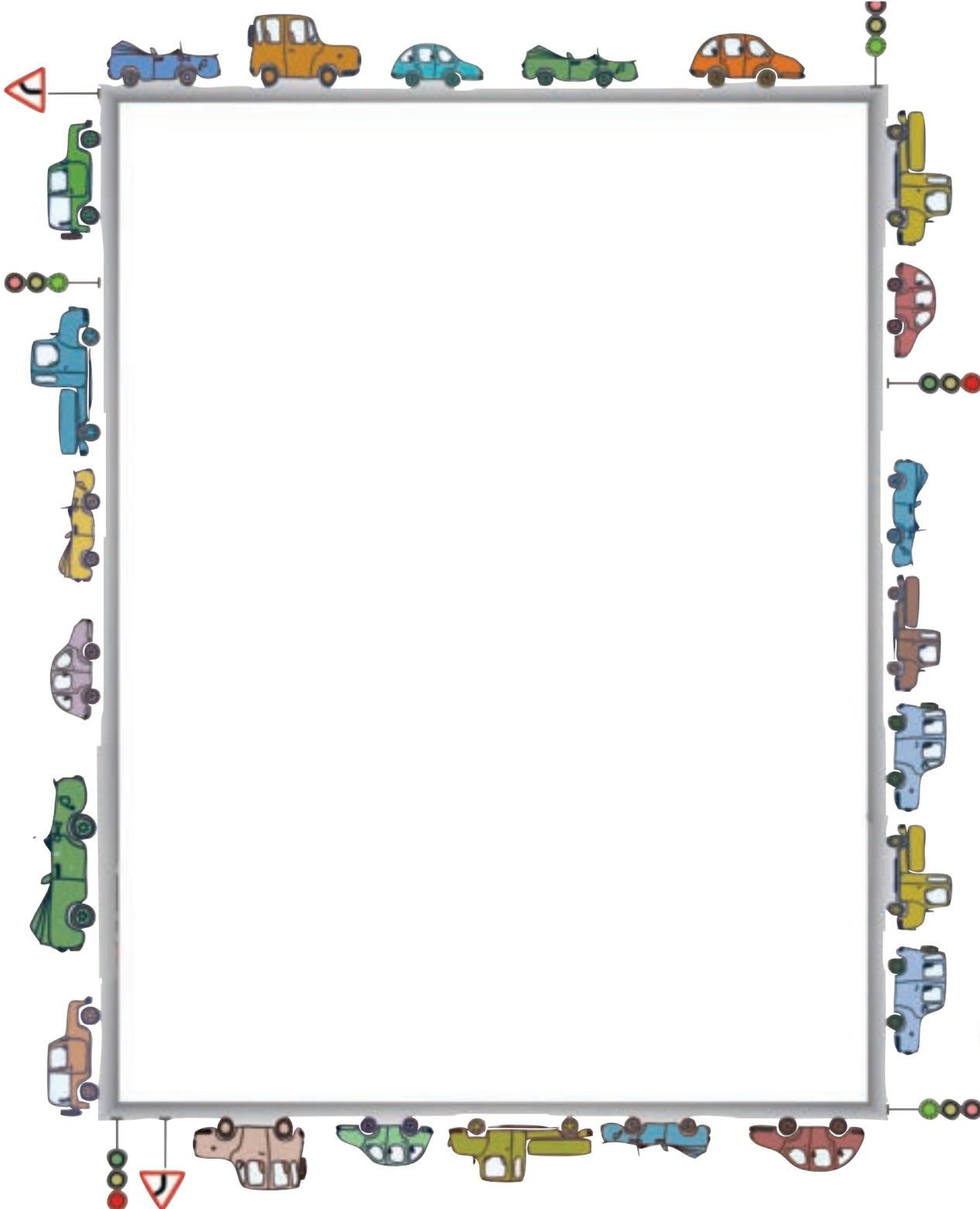


Lusuku:.....



Asente loku

Dvweba lakakho libalave-sitfombe lemvila lowuhambako emkhatsini wetinzawo leti-2. Ungakhetsa noma tiphi nje tindzawo leti-2. Nawucedza, ungakhombisa bangani bakho libalave lakho. Khombisa umngani wakho libalave lakho umcele akuchazele lomvila lowuhambako. Bona kutsi ukwenta kahle yini loku. Tjela thishela wakho uma umngani wakho akwente kahle loku.



Clipboard with the following text:

Thishela:
 Sayina:
 Lusuku:





Asente loku

Thishela wakho utanifundzela indzaba ngaGundi. Lalelisisa. Landzela umvila wakhe kubalave encwadzini yakho.

Emanotsi athishela:

Thishela wakho utayifundza futsi bese ubhala tiphambano (X) etindzaweni.



NgeMigcibelo Gundi udlala nebangani bakhe epaki (X).

Langa limbe ekuseni unina utsi: "Gogo uyagula. Ungasita umhambisele naku kudla?"

Gundi utsetse sikhwama sakhe lesikhulukati sekudla. Kodvwa utsite nakaphuma

nje esangweni (X) watitsela endvodzeni. Yabhavumula ngelivi lemaholoholo yatsi, "Yaa, ngiyabona uphetse kudla. Kwagogo wakho, angitsi?" Gundi wetfuka wachucha. Wahamba washakutela ehla ngemgwaco acondze etindlini tesicimamlilo. Wefika lapha wajikela ngesancele (X). Kodvwa utsite ubuka emuva nemgwaco, yabe itile indvodza imlandzela.

Gundi ancume kuvele ayowufuna lusito kubangani bakhe epaki. Utsite nakefika nje emtaponcwadzi, wajikela ngesekudla futsi wachubeka wahamba (X). Ngesancele ubona sikolo, kodvwa achubeke asengce (X). Etitaladini kuthulile kakhulu. Gundi nyalo sewuyagijima masinyane wehla ngemgwaco (X). Emva kwesikhatsi, ayibone ipaki. Ahambe etulu kwelibhuloho (X) ayohlangana nebangani bakhe esangweni! (X)



Asinyakate

Nyalo sitawudlala umdlalo wekucudzelana.

- Bekani tihlalo tenu tibe yindilinga. Dlalani "titulo-ngoma" – kutawufuneka nitfole indlela lemfisha kakhulu leya esihlalweni.



Thishela:
Sayina:
Lusuku:

Siwasebentisa njani emanti: ekhaya nasesikolweni



Asibhale

Sisebentisa emanti malanga onkhe. Buka tindlela letehlukene lesisebentisa ngato emanti. Ngaphasi kwesitfombe ngasinye, bhala kutsi emanti asetjentiselwani sebentisa tinchazelo-sitfombe.

Kucima umlilo

Kutigeza tsine

Kugeza titja nobe kuwasha timphahla

Kusita titjalo kukhula

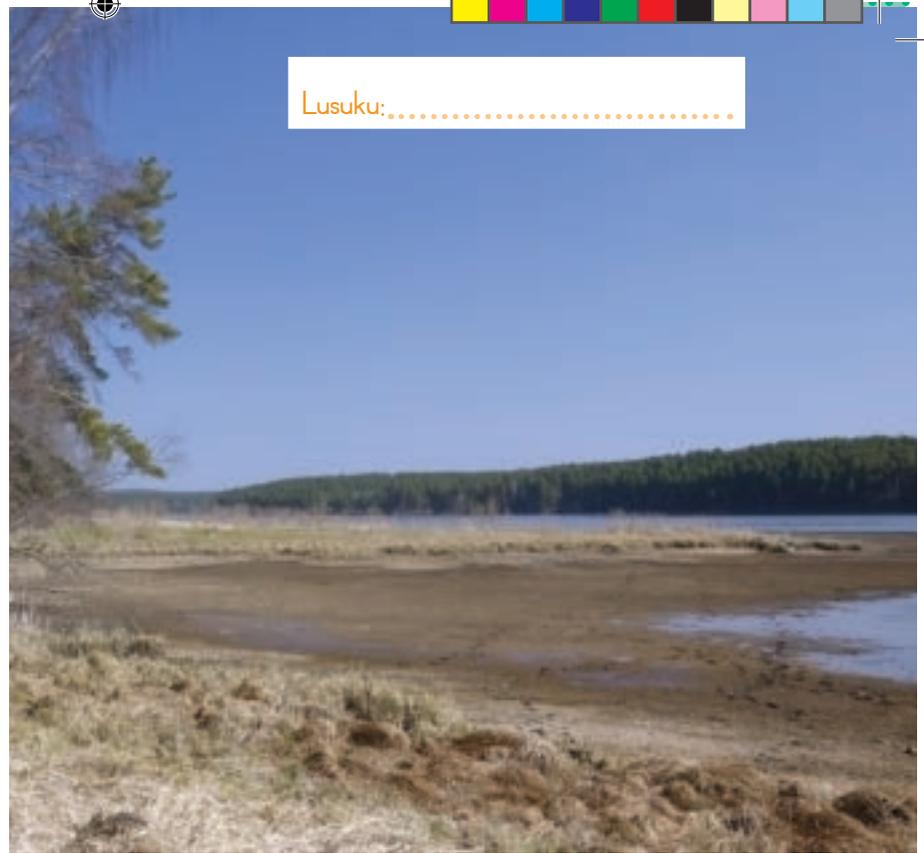
Kupheka kudla





Asikhulume

Emanti ayamangalisa!
 Singacoca lokunyenti ngemanti.
 Cocani ngetindlela letinye
 lesisebentisa ngato emanti.
 Emanti aligugu. Cocani ngekutsi
 emanti siwasaphata njani.
 Bekungentekani nangabe
 singaphelelwa manti? Yabelana
 ngemibono yakho neliklasi.

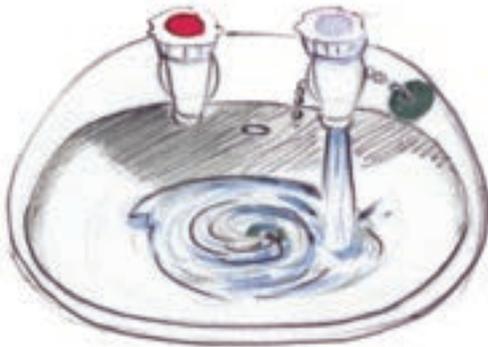


Lusuku:.....



Asinyakate

Lingisa loku lokulandzelako:



Impompi levova
 emanti ahushukela
 ebhavini.



Lifu lemvula
 letfwala, liba likhulu
 limumatsa imvula
 legcina ihhohlaka
 ina, nelifu liya
 ngekunyamalala.



Umfula logeleta ngesineke etulu
 kwemadvwala bese futsi ugeleta
 sakushelela etulu kwesihlabatsi.



Ase sidlale

- Dlala umdlalo lotsi "Emabhakede nematfonsi emanti".



Tindlela letisaphata emanti



Asibhale

Buka letifombe faka luphawu (✓) madvute nesitfombe ngasinye lesinekongeka kwemanti, nesiphambano (✗) madvute nesitfombe ngasinye lesinemanti lamosakalako.





Lusuku:.....



Asikhulume

Buka letitfombe lofaka siphambano kuto. Cocisanani eklasini ngaloko lokwentiwa bantfu esitfombeni. Cocani ngendlela labebangonga ngayo emanti. Cocani ngekutsi bangawasebentisa kanjani emanti ngenhlakanipho.

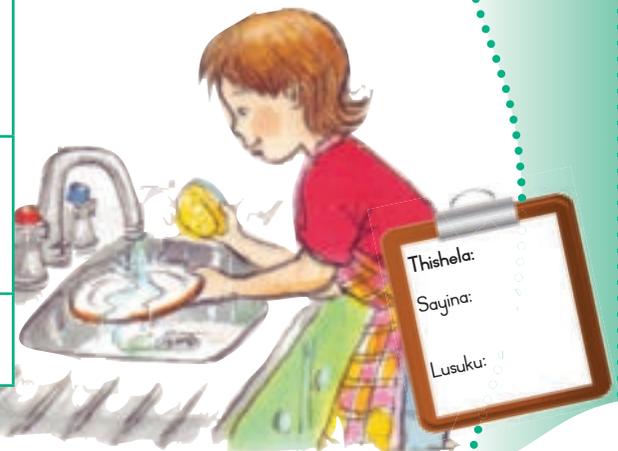


Asibhale

Bukisisa letitfombe. Fundza lemisho lengentasi. Faka luphawu (✓) kusenteko ngasinye lesisisitako konga emanti, nesiphambano (✗) kuleso lesisaphate emanti.



	✓ noma ✗
Ngiyekela impompi itfulule emanti nangicubha.	
Angiwacitsi emanti lasebhavini , kodvwa ngiwasebentisa kunisela ingadze.	
Njalo ebusuku, ngigeza ngemanti lagcwele nswi ebhavini.	
Nangibona impompi ivova, ngiyivala icine nko.	
Sigeza titja ngemanti lageletako.	

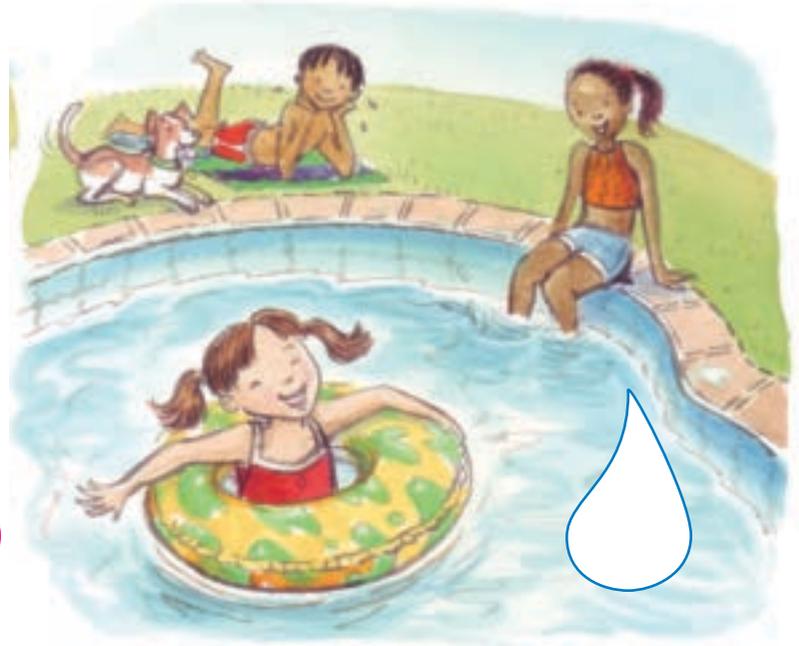
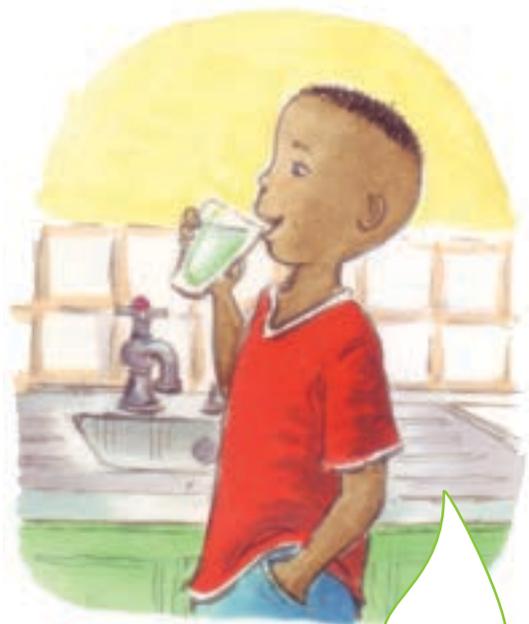
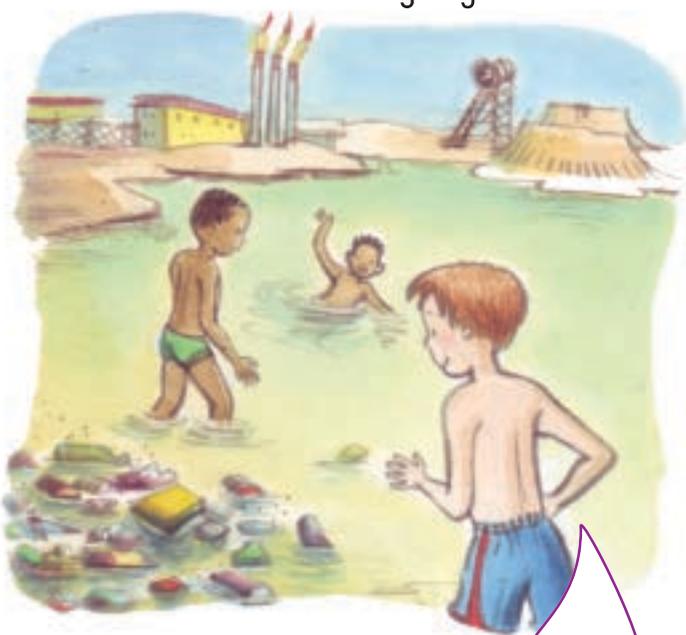


Emanti ekunatsa laphephile nalangakaphephi



Asibhale

Ase ubuke letitfombe. Faka luphawu (✓) dvute nesitfombe ngasinye kukhombisa imisebenti lephephile. Faka siphambano (✗) dvute nesitfombe ngasinye kukhombisa imisebenti lengakaphephi.





Lusuku:.....



Asibhale

Bhala ligama "kuphephile" nobe "akukaphephi" kucedzela umusho ngamunye. Sesikwentele wekucala.

Kunatsa emanti langcolile akukaphephi.

Kubhukusha emantini langcolile _____.

Kunatsa emanti lasebhodloleni _____.

Kunatsa emanti labuya emfuleni longcolile ku _____.

Kunatsa emanti asempompini lahlobile _____.

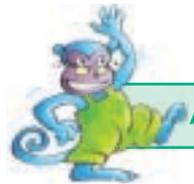


Ase sidlale



Dlala nalabanye lababili.

- Shaya tandla ngesikhatsi ematfonsi emanti lakehla ngaso:
 - ngekunyonyoba empompini
 - ngelitubane empompini
 - ngesivinini lesikhulu empompini
 - nonkhe nihlala sikhatsi sinye.
- Dlalani noma ngumuphi nje lomunye umdlalo wekushaya tandla leniwatiko.



Asinyakate

- Zuba njengesicoco uphume emantini langcolisekile.
- Zuba njengesicoco ungene emantini lahlobile.
- Gradvula njengelihashi lelomile ligijimela kuyonatsa emanti.
- Gijima ngelitubane lakho lonkhe ubalekela imvula.
- Cocoma lidwala ngelidwala uwele umfula. Sita labo labangakhoni kuhamba.
- Shwilana ndzawonye njengemanti atfuluka aphuma ebhavini (uwedvwa bese uba nemngani).
- Thishela wakho utanikhombisa nase kufanele nigucukele emnyakatweni lowehlukile.



Kulondvolota emanti lahlobile



Asifundze

Emanti langcolile ayasigulisa.

Kufanele sinatse emanti lahlobile.

Futsi kufanele sidlale sibuye sibhukushe emantini lahlobile.



Asikhulume

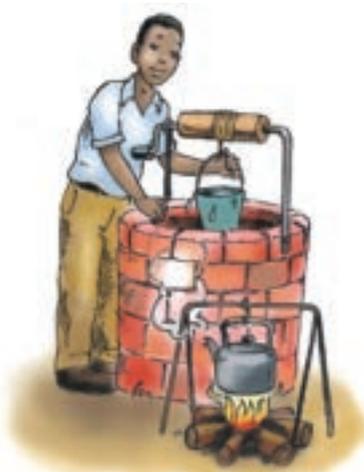
Ase ubuke titfombe. Khuluma nemngani wakho ngekutsi abuyaphi emanti etfu lahlobile. Tjela liklasi ngaloko wena lokucabangako. Nasihlobisa emanti, siwenta acwengeke ahlobe khona kutowuphepha kuwanatsa.



Singawanatsa emanti emvula uma luphahla lwetfu nelithange kuhlobile.



Masipala uyawahlobisa emanti etfu awagcine kahle khona sitowukhona kuwanatsa.



Emanti etfu singawabilisa kuwahlobisa.



Singawasefa kuwahlobisa.



Lusuku:.....



Asente loku

Cela thishela wakho anikhombise kutsi sentiwa njani sisefo semanti.

Utawudzinga loku:

- Libhodlela lepulasitiki lemalitha lama-2
- Sihlabatsi lesicolisakele, lesihlobile
- Sihlabatsi lesihhayekile, lesihlobile
- Ematje lamancane/lukhetse, loluhlobile
- Umukhwa lokhaliphile
- Volo lohlobile
- Ingilazi yemanti



Asinyakate

- Sebentisa sikhwama bhontjisi nehhulahlubhu. Beka ihhulahlubhu phasi, bafundzi babe beme emgceni lomamitha la-5 kusuka kulehhulahlubhu. Ungasebentisa sikhala sekukola senethibholi.
- Umfundzi ngamunye utfola lihlandla lekuphosa sikhwama sekudlala esikheleni sekukola, kulehhulahlubhu.



Kusuka emini kuya ebusuku



Asifundze

Imini nebusuku kwehlukene.

Kubukeka ngekwehlukana, siva nemisindvo leyehlukene, futsi senta tintfo letehlukene.

Emini sibona lilanga likhanya. Lilanga lisiniketa kukhanya nekushisa. Bantfu labanyenti basebenta emini, tsine siya esikolweni.



Asibhale

Buka letitfombe bese ucoca nemngani wakho ngato. Ngabe titfombe tasemini noma tasebusuku? Tehluke ngani? Bhala "Imini" nobe "Busuku" ngetulu kwesitfombe ngasinye.





Asifundze

Kusihlwa lilanga liyashona. Kuba mnyama bese sibona inyanga netinkhanyeti.

Kufute sisebentise emalambu kubona kutsi sentani.

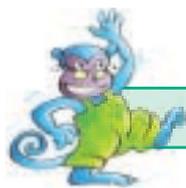


Lusuku:.....



Ebusuku, kuyabandza kunasemini.

Labanyenti betfu bayalala ebusuku, kodvwa labanye bantfu basebenta ebusuku. Kunetilwane letiphuma kuphela nakumnyama.



Asinyakate

- Sebentisa emapali ekubekisa (nobe timphawu-siboniso njengemakhoni) nebhola.
- Beka lipali lekubekisa (nobe timphawu-siboniso) emamitha lambalwa kusuka kubafundzi.
- Sebentisa ibhola lenkhulu njengeyetinyawo.
- Khahlela lebhola ingene emapalini nobe emkhatsini netimphawu-siboniso.
- Cale ukhahlele ngelunyawo lwakho lwesekudla bese ukhahlela ngelesancele.
- Mangaki emagoli leniwafakile?



Indlela sibhakabhaka sibukeka ngayo ebusuku



Asifundze

Emini, sivamile kubona sibhakabhaka lesiluhlata cwe nemafu. Kakhulukati, sibona lilanga.



Ebusuku, sibona inyeti netinkhanyeti letinyenti. Tinyenti netichingi-mhlaba letifana netinkhanyeti.



Kulesinye sikhatsi inyeti iba sesibhakabhakeni nasemini nje. Asikhoni kuyibona kahle ngoba lilanga libhokile ngekukhanya. Yetama kutfola inyeti ngesikhatsi sasemini.



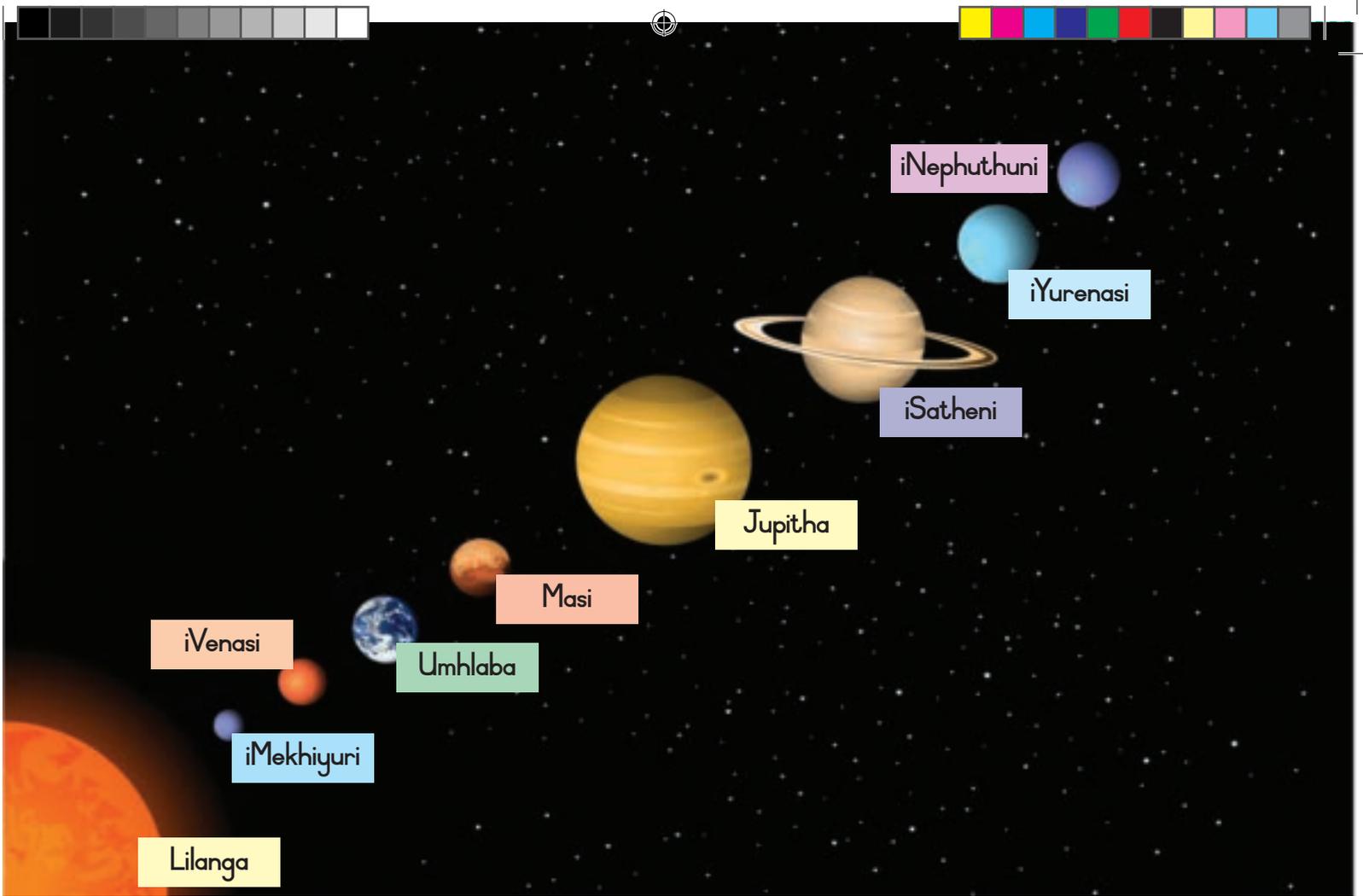
Asente loku

Inyeti ayibukeki ngekufana busuku ngebusuku. Caphela inyeti kulobusuku lobu-5 lobutako. Kulamabhokisi langentasi, dvweba tinhlobo letehlukene tabobunjwa benyeti lotibonile.

Busuku bekucala

Busuku besitsatfu

Busuku besihlanu



Loku-ke lilanga netichingimhlaba letiseluhlelweni lwelilanga endalweni yetfu – laba bomakhelwane betfu emkhatsini. (Lilanga netichingi-mhlaba akukadwetjwa ngebukhulu bako-ngco.)



Asikhulume

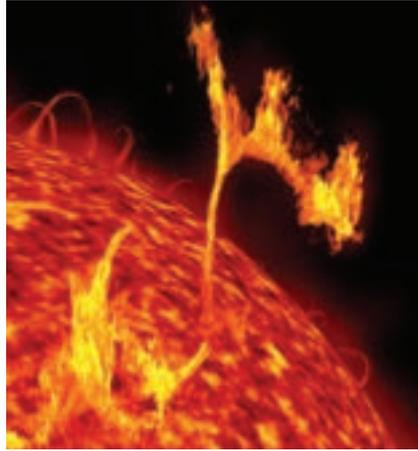
Lesi sitfombe seSatheni.
 Yehlukile kuto tonkhe
 letinye tichingimhlaba ngoba
 inetindilinga letiyitungeletile.
 Uyawabona lamacashata
 lamhlophe esitfombeni?
 Ucabanga kutsi ayini vele?
 Ase ubuke lesitfombe
 lesikhulu ngetulu. Ngabe
 iSatheni yinkhudlwana noma yincanyana kunemhlaba? Ngusiphi
 sichingimhlaba lesikhudlwana kuneSatheni?



Lilanga nenyanga

Asikhulume

Buka letitfombe.



Coca nemngani wakho. Tisikhombisani?
Unganiketa nobe nguyiphi imphendvulo lefika
emcondvweni wakho.



Asifundze

Emanotsi athishela:

Thishela wakho utawulalela yonkhe
imibono yenu bese uyanatisa kutsi
tiyini letitfombe.

Lilanga yinkhanyeti. Lifana nebhola-milo lenkhulukati lephosa kushisa kwayo
nekukhanya macala onkhe. Lilanga lingaphindzeka emahlandla latigidzigidzi
ngebukhulu kwengca umhlaba.

Inyanga ilidwala lelitje netintfuli letikhulukati noko alukuphosi kushisa. Inyanga
ite kwakayo kukhanya. Ifana nesibuko lesiphosa imisebe yelilanga ite ngakitsi.
Inyanga yincane kakhulu kabi kunemhlaba.



Asikhulume

Coca nemngani wakho ngekutsi igucuke njani inyanga ebusukwini
lobusihlanu. Chubeka ubuke letitfombe. Ngabe inyanga yakho ibe nako
kufana nalenye yaleti?



Inyanga legcwele



Inyanga lelucetu



Inyanga ledvulungile



Tinkhanyeti

Lusuku:

64



Asifundze

Lilanga liyinkhanyeti lesondzele kakhudlwana kitsi. Leti letinye tinkhanyeti tikhashane natsi. Kube bewungahamba ngesivinini lesikhulu uye kunobe nguypphi yaletinkhanyeti, bekungakutsatsa iminyaka-nyaka kufika lapho.



Asikhulume

Lenkhanyeti leya Mantentekazana,
Ngitamjela Babe Mantentekazana
Ajishayashaye Mantentekazana,
Ngendvukwana yakhe Mantentekazana.
Lemagiligombo Mantentekazana,
Bukan' phasi Bukan' etulu!



Asifundze

Lengoma yacanjwa kadzeni endvulo. Bantfu bebangati lokunyenti kangako ngetinkhanyeti kuleto tikhatsi.

Lamuhla noko sesati lokunyenti. Ema-Astronothi antjwiza aye emkhatsini ngetintjwiza-mkhatsi telikhetselo kutfolo

kabanti ngetinkhanyeti. Uma bantjwizi-mkhatsi – ema-ostronothi bavakashela umkhatsi, bagcoka tembatfo telikhetselo, emasudu-mkhatsi. Ngesizatfu sebantjwizi-mkhatsi labanesibindzi-nebantfu labahlakaniphile lababayisa emkhatsini, sesifundze lokunyenti kabi ngetinkhanyeti.



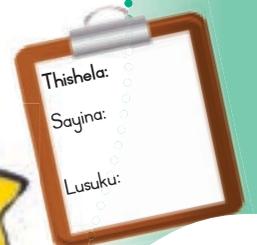
Asikhulume

Kuyintfo lenhle yini kutsi sesifundze kabanti ngetinkhanyeti?

Cocani ngaloku wena nemngani wakho.



Ithemu 4 – Liviki 8



63





Ukhetsekile.
Umtimba wakho wonkhe
ungulokhetsekile.

Umtimba wakho, wakho wedvwa!



KUTE
lokumele
akutsintse titfo
temtimba
letifihlekile.

Kumele utjele lomunye nangabe kukhona
lokutsintsa titfo temtimba wakho
letifihlekile.

Kumele utjele lomunye
nangabe kukhona lokwentisa
tintfo longatitsandzi.

Longamshayela akusite:

Inombolo yemphilo: 0861 322 322

Inombolo yeBantswana: 0800 05 55 55

SAPS Inombolo lephutfumako: 10111

YeMaphoyisa eKucedza Bugebengu: 086 00 10111

Luhlangotsi lweKuvikela Bantswana:
012 393 2359/2362/2363



Make a placemat

Cut out the pictures you like and paste them on to the opposite page to make yourself a two-sided placemat. Cover or laminate the placemat with plastic and use it when you eat.





