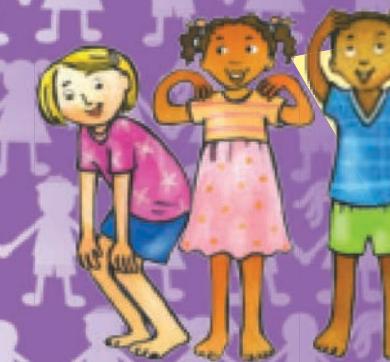




Ibuyekeziwe –  
Ihambisana  
ne-CAPS

Ibangaloku-



# Amakhono Empilo ISIZULU

Incwadi yoku-  
lthemu 1&2



Iklasi:

Igama:



**basic education**

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



**LIFE SKILLS IN ISIZULU  
GRADE 1 – BOOK 1  
TERMS 1 & 2**

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UNkk Angie Motshekga,  
uNgqongqoshe weMfundu  
Eyisisekelo



UDkt Reginah Mhaule,  
iSekela loMnyango  
weMfundu Eyisisekelo

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundu Eyisisekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfundu Eyisisekelo, uDkt Reginah Mhaule.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxenyé yoMnyango weMfundu Eyisisekelo lapho uMnyango uzama khona ukungenelela ukuze kuthuthukiswe imfundu yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekele yona ukuthi ayisukumele. Uxaso loMnyango weZimali lusize uMnyango wezeMfundu ukuthi ukwazi ukukhiqiza upholide usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhulen ikwabo bakhule nolwazi eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.



# Ibanga loku-

1



Amakhono Empilo  
**NGESIZULU**  
Incwadi yoku-l



Le ncwadi ngeka –

1  
IThemu I – ISonto I – Ikhasi lokusebenzela



Masenze lokhu

# Mina

Namathisela isithombe sakho  
kumbe uziphebe wena lapha.



Igama lami ngingu

Isibongo sami ngingu

Ngineminyaka e \_\_\_\_\_  
ubudala.

Umndeni wami unamalungu a \_\_\_\_\_

Inombolo yethu yocingo ithi:  
\_\_\_\_\_



Ikheli lethu lithi:

---

---

---



Ngiyalwazi usuku lwami  
lokuzalwa.

yebo	angazi kahle	cha
------	--------------	-----

Usuku: .....

2



Masidwebe



UJole ulidlala kahle ibhola lezinyawo.

Dweba into okwazi ukuyenza kahle.

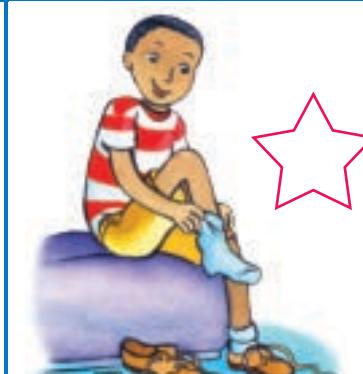


Tshela abangane bakho ukuthi yini okwazi ukuyenza kahle. Landelisa ngokufaka umbala enkanyezini ukukhombisa ukuthi yini okwazi ukuyenza.

Masikhulume



Ngiyakwazi ukufunda.



Ngiyakwazi ukuzigqokisa.



Ngiyakwazi ukubhala igama lami.



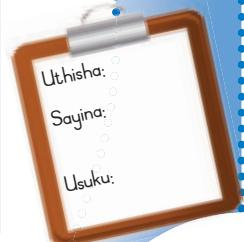
Ngiyakwazi ukudansa.



Ngiyakwazi ukwenza itiye.



Ngiyakwazi ukuxubha amazinyo ami.



# Imibala nomdanso



Masenze lokhu

Uyayazi le mibala? Tshela abangane bakho amagama emibala.



Faka umbala ofanele esithombeni ngasinye.

Ubhanana ophuzi	I-aphula elibomvu	Ijezi elisasibhakabhaka

Isambulela esimibalabala	Iwolintshi elinombala wewolintshi	Icembe eliluhlaza



Masiphumele ngaphandle

Ngaphambi kokwenza noma yini ngaphandle, qala ngokuzelula njengekati. Lokhu kuzokwenza umzimba unyakaze kalula. Zelule ngemuva kokwenza okuthile ngokuthi uphumule uphole. Lokhu khona kukusiza ukuthi ungabi nobuhlungu bezikubu zomzimba. Enza-ke manje lokhu okwenziwa yilezi zingane.



Cula iculo elithi "ikhanda namahlombe" ngenkathi:

- wenza sengathi udlala isigubhu.
- wenza sengathi udlala isiginci.



Usuku: .....



Masizijabulise

Shayani izandla ngendlela elandelayo.



Khwehle

Khwehle

Khwehle

Khwehle



Khwehle

Khwehle

Khwehle



Khwehle

Khwehle

Khwehle

Khwehle

Khwehle Khwehle Khwehle Khwehle Khwehle



Masenze lokhu

Ungakwazi ukwenza lezi zinto? Khombisa abangane bakho.

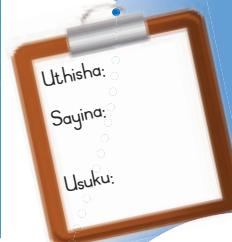
Ngiyakwazi ukugijima ngiye le nale nale  
ngingashayisani namuntu.



Ngiyakwazi ukudlala ingqathu.



Ngiyakwazi ukugingqela ibhola elikhulu  
kumngane wami.



# Sonke sihlukile



Buka isithombe utshele umngane  
wakho ukuthi laba bantwana  
behlukene ngani nani.



## Kukhulu kuncane

Abanye bethu bakhulu, abanye bancane.

Abanye bethu bafushane kanti abanye bade.

Abanye bakwazi ukugxuma, abanye bakwazi ukucula.

Sonke sinento esikwazi ukuyenza kahle.

Yini wena okwazi ukuyenza kahle?



Tshela abangane bakho ukuthi kube  
njani ngenkathi uqala esikoleni esisha.

ujabulile	ukhathazekile	weneme	uthukuthele	unamahloni



Dweba isithombe usho ukuthi **ungaba njani** uma uphiwa ithoyizi elisha.  
Bhala igama elifanele esikhalieni ngezansi bese udweba uveze ukuthi  
ungaba njani uma kwenzeka lokhu.

Usuku: .....



### Masikhulume

Tshela umngane wakho ukuthi kwenzekani esithombeni ngasinye. Yisho ukuthi ungaba njani uma lezi zinto zingenze ka kuwe. Beka uphawu ebusweni obufanele.



Uma intombazane  
endala kunawe  
ithatha izinto zakho.

nungajabula	nungaba ngothakasile	nungakhathazeka

Uma wena nomngane  
wakho nihlala phansi  
nidlala.

nungathukuthela	nungajabula	nungathuka



Uma uqaqa isipho.

nungathuka	nungaba ngothakasile	nungaba namahloni	

Uma umfowenu noma  
udadewenu ephula  
ithoyizi olithandayo.

nungaba namahloni	nungathokozza	nungathukuthela



### Masenze lokhu

Ngcolisa umunwe wakho ngopende, bese uthinta iphepha  
ngalowo munwe. Cela umngane wakho enze njalo naye.  
Kuzosalela iminwe ephepheni.

Uthi bewazi ukuthi akekho umuntu  
oneminwe enjengeyakho emhlaben?

Ungokhethekileyo, nguwe kuphela oyilo  
muntu **onguye** emhlaben wonke. Ngisho  
amawele awanayo iminwe efanayo.

--	--

Uyabona ukuthi iminwe  
kayifani?



Uthisha:  
Sayina:  
Usuku:

# Asifani sonke singabantu

Masikhulume

Buka laba bantwana.  
Ubona sengathi bayafana?  
Bahlukene ngani?



Masenze lokhu

Buka lesi si thombe bese ubheka ukuthi okushiwoyo **kuliqiniso**  
noma **akulona yini**.  
**Faka umbala osatshani emishweni eliqiniso.**  
**Faka umbala obomvu emishweni engesilo iqiniso.**



Bonke banezingalo ezimbili  
nemilenze emibili.



Bonke bangamantombazane.

Bonke bagqoke izicathulo.



Bonke bagqoke  
amabhulukwe.

Bonke bayizingane.



Bonke banezinwele ezinde.

Usuku: .....



## Masidwebe

Dweba isithombe sakho esikhali sokuqala. Bese udweba isithombe somngane wakho omkhulu. Emva kwalokho ubuke izithombe zombili ubheke ukuthi yini eningafani ngayo ninomngane wakho.

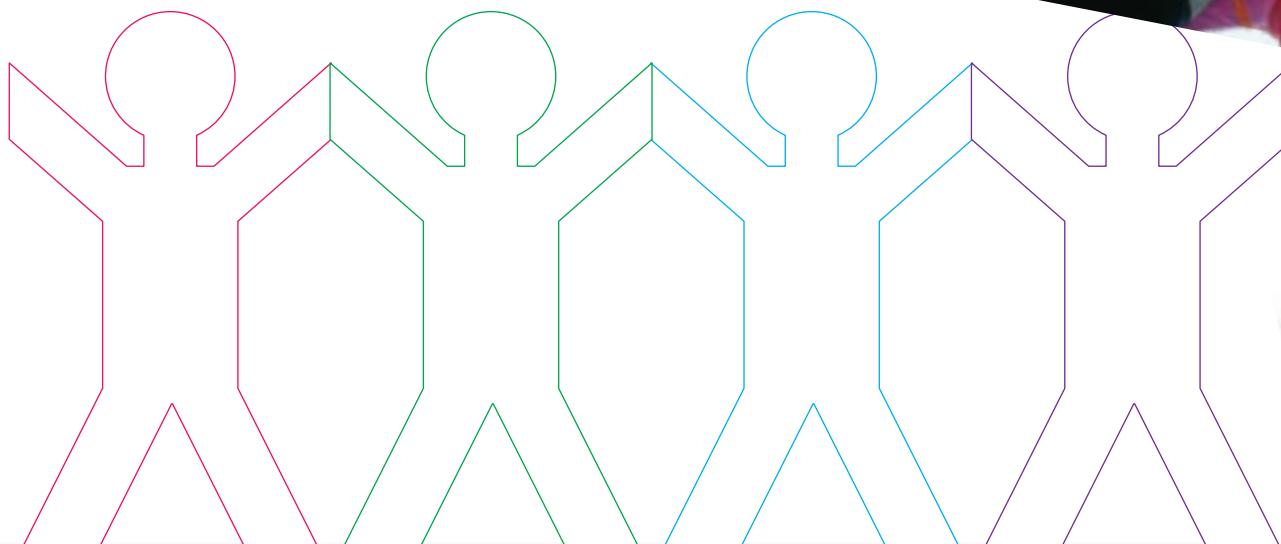


Mina	Umngane wami



## Masenze lokhu

Faka umbala kuleli ketanga lobungani ukukhombisa ukuthi abantu abafani. Uma sewuqedile ulisike iketanga uhlobise ngalo indawo okusikwa kuyo kule ncwadi.



q

# IThemu I – ISonto 3 – Ikhosi lokusebenzela

5

Masicule

## Cula iculo

Ngaphambi kokuthi ucule, zivocavoce kanje:  
Donsa umoya kakhulu uwuphefumule ngokuwuyeka  
kancane kancane.

Enza sengathi ucisha amakhandlela ekhekheni losuku  
lwakho lokuzalwa. "hl-hl-hl-hl-hl".



### Izinkawana ezinhlanu

Izinkawana ezinhlanu

Izinkawana ezinhlanu zagxuma embhedeni  
Eyodwa yawa yalimala ekhanda  
Umama wabiza udukotela, udukotela wathi  
"Akukho zinkawana zagxuma embhedeni"



Izinkawana ezine zagxuma embhedeni

Eyodwa yawa yalimala ekhanda  
Umama wabiza udukotela, udukotela wathi  
"Akukho zinkawana zagxuma embhedeni"



Izinkawana ezintathu zagxuma embhedeni

Eyodwa yawa yalimala ekhanda  
Umama wabiza udukotela, udukotela wathi  
"Akukho zinkawana zagxuma embhedeni"



Izinkawana ezimbili zagxuma embhedeni

Eyodwa yawa yalimala ekhanda  
Umama wabiza udukotela, udukotela wathi  
"Akukho zinkawana zagxuma embhedeni"

Inkawana eyodwa yagxuma embhedeni

Yona yodwa yawa, yalimala ekhanda  
Umama wabiza udukotela, udukotela wathi  
"Akukho zinkawana zagxuma embhedeni"



Usuku: .....



### Masidwebe

Dweba ubuso bakho.  
Budwebe bube namehlo, izindlebe, umlomo nezinwele.  
Tshela abangane bakho ukuthi ubukeka kanjani.



### Masiphumele ngaphandle

Beka izinto  
ezithikamezayo  
ngaphandle kwekilasi  
ezifana nalezi. Uzokusiza  
uthisha wakho.

Eqa usuke esihlalweni  
uye kwesinye.

Gaqa ngamadolo uphume  
ngaphansi kwamatafula.



# Ngiyaziqhenya ngesikole sami

Masenze lokhu

Dweba isithombe sakho ugqoke izingubo zesikole.  
Emva kwalokho ugcwalise izimpendulo lapho kufanele khona.

Ngiya esikoleni

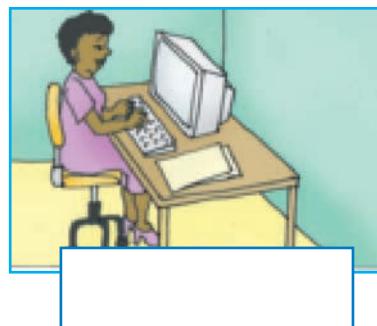
Isibongo sikathisha wami ngu –

Isibongo sikathishomkhulu ngu –



Bhala

Bheka izithombe.  
Sika igama elihambisana  
nesithombe ulinamathisele  
eceleni kwesithombe.



inkundla yebhola

ikilasi

ihhovisi

umabhalane

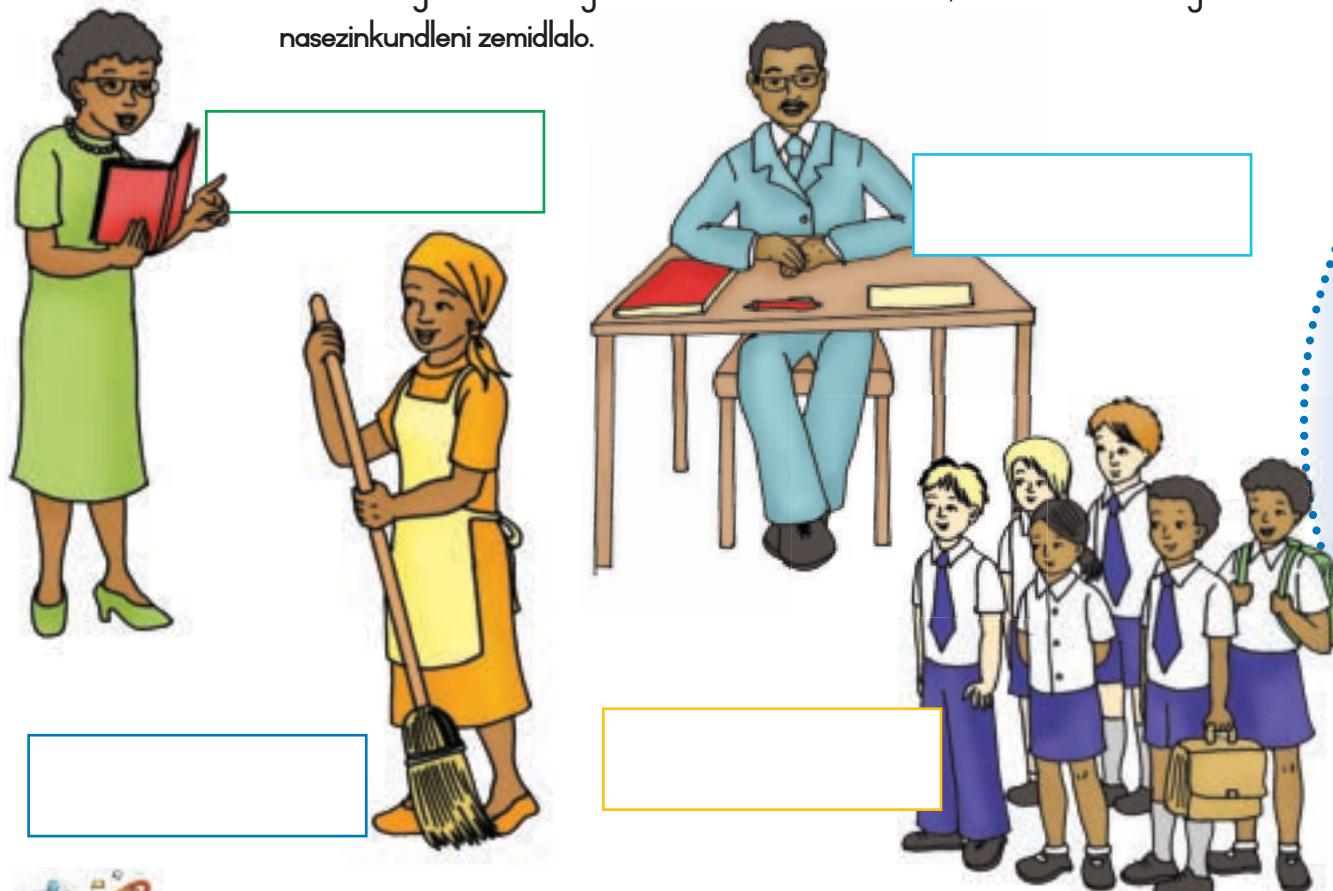
indlu encane





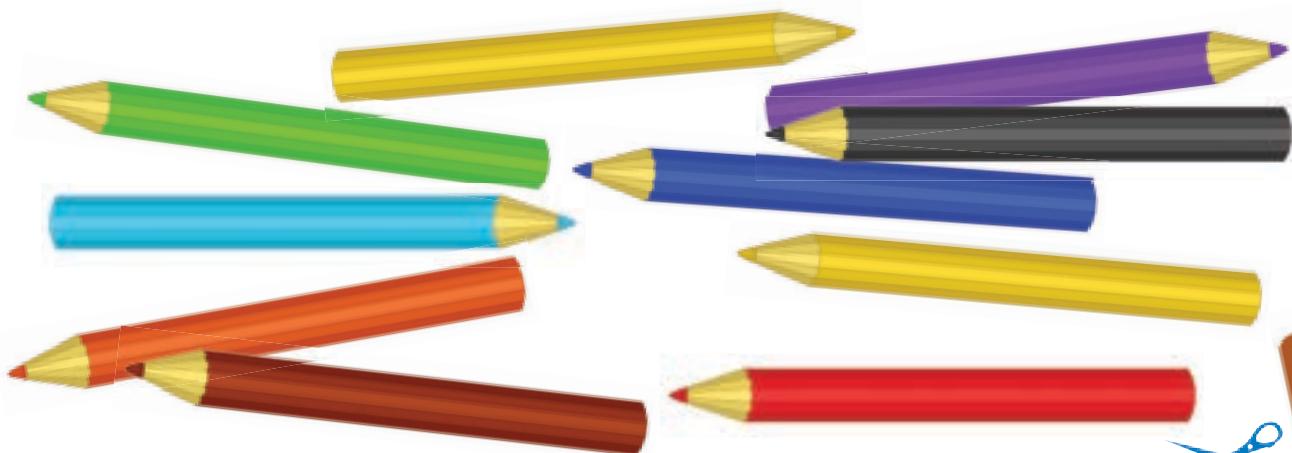
Bhala

Ngobani laba bantu abahlukahlukene abasesikoleni? Buka isithombe ukhulume ngokuthi bangobani nokuthi benzani laba bantu. Sika igama elifanele emagameni angezansi kuleli khasi ulinamathisele eceleni kwesithombe esifanele. Yalela umngane indlela eya ehhovisi likathisha omkhulu, endlini encane kanye nasezinkundleni zemidlalo.



Masizjabulise

Ibhokisi likaJona alithandayo liwile. Yisho ukuthi unamakhrayoni amangaki, bese ubhala inani lawo ebhokisini. Dweba isithombe esinemibala ekhanyayo kwelinye iphepha, ukhombise ukuthi wena nomngani wakho nidlala kanjani. Dweba ifulemu izungeze isithombe.



abantwana

umhlanzi wendlu

uthisha

uthishomkhulu

# Izindawo ezahlukahlukene

Ithemu I – ISonto 4 – Ikhosi lokusebenzela

Masenze lokhu

Khombisa umngane wakho ukuthi wena uyakwazi:

ukucasha ngaphansi  
kwento ethile.



Casha ngemva  
kwento ethile.



ngicashe ngaphansi  
kwetafula.



Yima eduze kwento ethile.



Yima phezu kwento ethile.

Masiphumele  
ngaphandle

Sebenzisa ibhola kumbe isaka likabhontshisi. Lijikijele phezulu bese ulinqaka. Lithwale isaka uliyekelélé ekhanda bese uzulazula nalo kancane. Lithwale-ke manje uliyekelélé bese uhambahamba phezu kwento ethile kumbe phezu komugqa odwetshwe phansi.

Ngiyakwazi ukujikijela.



Ngiyakwazi ukunqaka.



Ngiyakwazi ukuthwala  
isaka likabhontshisi ngiliyekelélé.



Usuku: .....



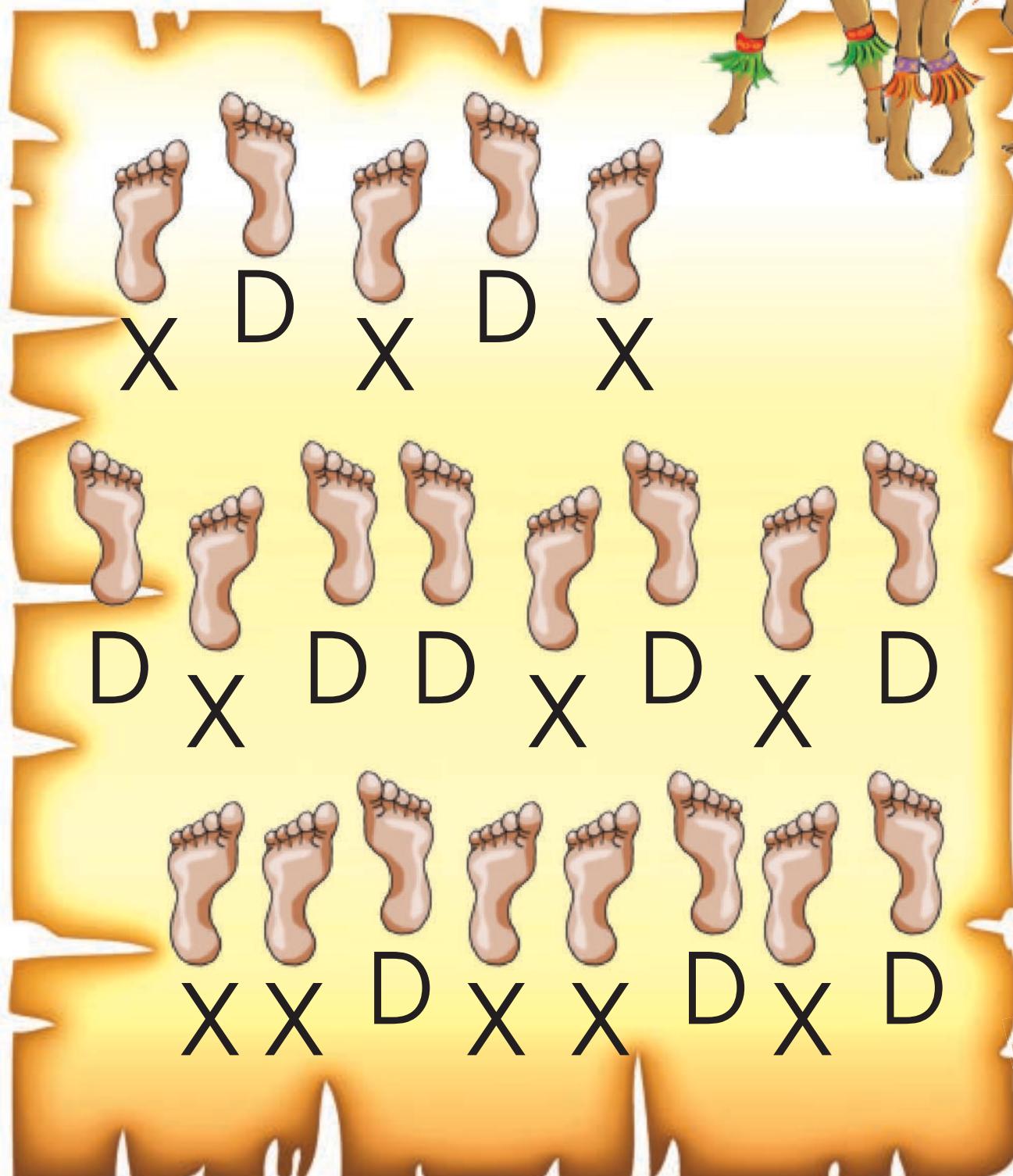
Masiphumele ngaphandle

Shaya phansi ngezinyawo kanje.

X = Ngesokunxele



D = Ngesokudla



Uthisha:
Sayina:
Usuku:

# Ikilasi lami

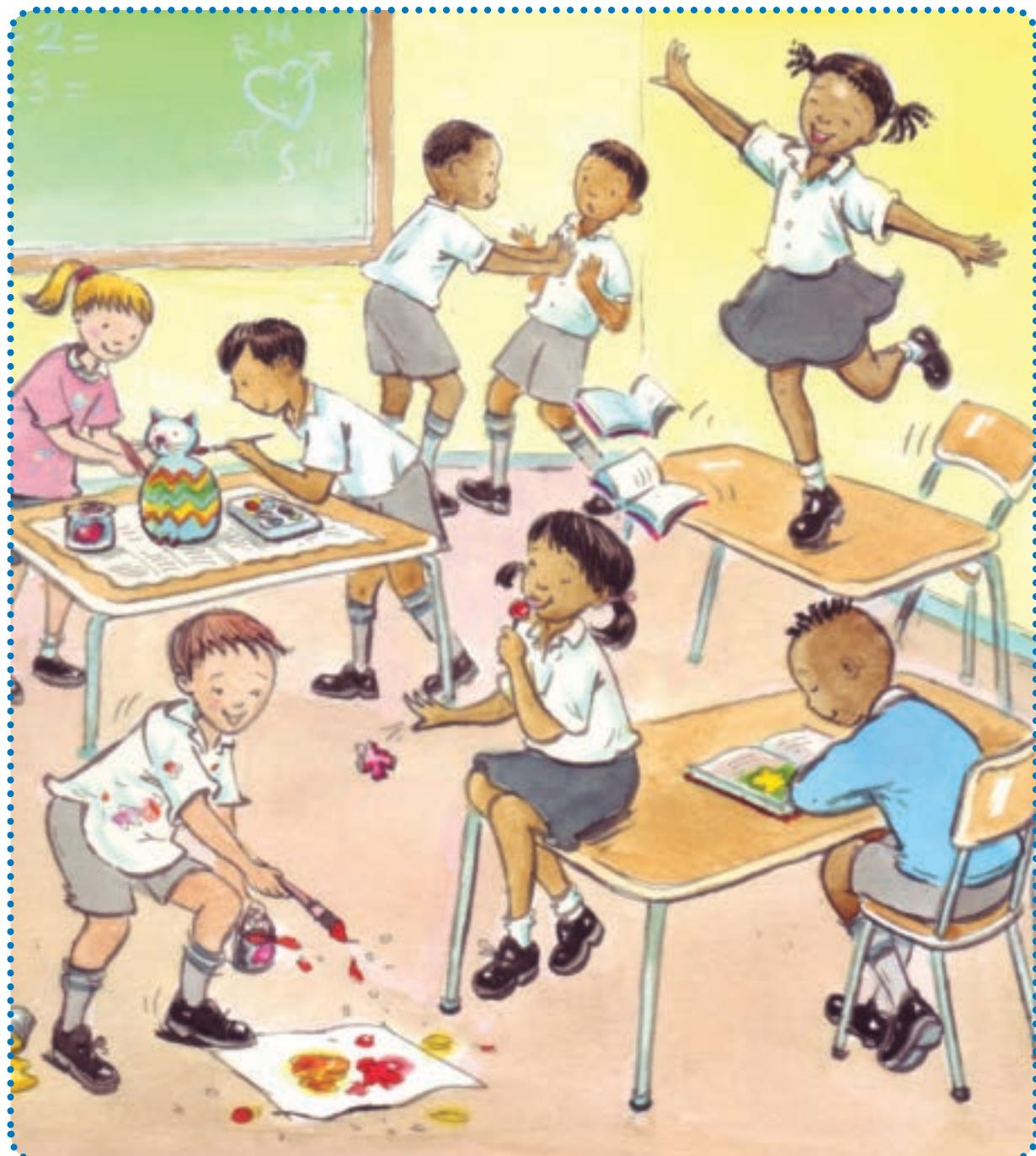
Ithemu I – ISonto 5 – Ikhasi lokusebenza

Masikhulume

Bukisisa lesi sithombe bese ukhuluma ngalokho okubonayo.

Kuleli kilasi kwenzeka izinto ezimbi nezinhle.

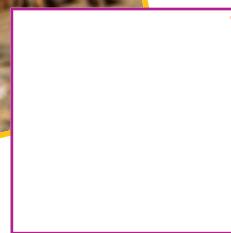
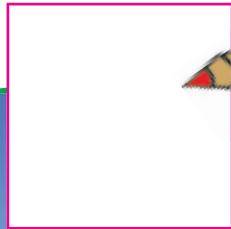
Yikuphi ukuziphatha okuhle okubonayo?





Masikhulume

Beka uphawu ✓ eceleni kwakho konke ukuziphatha okuhle bese  
ubeka isiphambano ✗ eceleni kwakho konke ukuziphatha okubi.





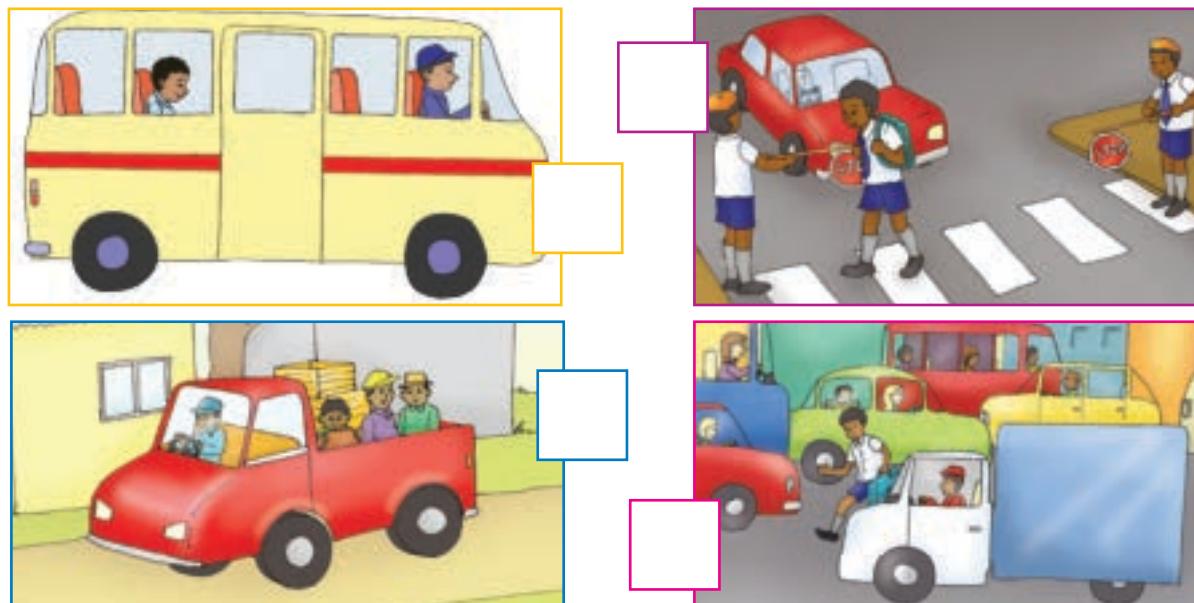
9

# Siya kanjani esikoleni?

IThemu I – ISonto 5 – Tkhasi lokusebenza



Uya kanjani esikoleni nsuku zonke? Uphephile? Zikhona izindlela zokuya esikoleni ezingaphephile? Xoxa nomngane wakho nisho ukuthi lezi zingane ziya kanjani esikoleni. Beka uphawu ✓ kwizindlela eziphephile zokuya esikoleni. Beka uphawu ✗ kulezo ezingaphephile.



Uya kanjani esikoleni ekuseni?



Buza abangane bakho aba-5 ukuthi baya kanjani esikoleni nsuku zonke. Beka uphawu kuleli shadi elenzelwe bona.

ngezinyawo



ngebhasi



ngemoto/ngeveni



Amagama abangane

1	2	3	4	5



Ngiyakwazi ukugwinciza uma ngijijima.

Yebo

Cha

Ngiyakwazi ukushintsha izindlela uma ngijijima ngoba ngitshelwe nguthisha wami.

Usuku: .....



Masenze lokhu

Dweba isithombe esikhombisa ukuthi uhamba kanjani uma uya esikoleni.



Masiphumele  
ngaphandle

Lalela umculo ozodlalwa nguthisha wakho.



Wudansele umculo lowo.

Gobisa amadolo welule imilenze yakho.

Dlalisa amahlombe uwehlise uwaphakamise.

Yisa izihlakala kwesokunxele ubuye uziyise kwesokudla.



Masiphumele  
ngaphandle

Nqakisanani ngebhola wena nomngane wakho.

Sebenzisa ingalo ongajwayele ukuyisebenzisa ukujikijela ibhola ulibuyisele emuva.



Kungabe ngikwazile ukujikijela ibhola ngilibuyisele  
emuva ngengalo engingajwayele ukuyisebenzisa?



Masiphumele  
ngaphandle

Qhuba umngane wakho  
sengathi uqhuba ibhala.



# Ngihlala ngihlanzekile

Ithemu I – Isonto b – Ikhasi lokusebenzela

Masikhulume

Kubalulekile ukujwayela imikhuba emihle usemncane.  
Nazi izinto ongazenza ukuhlala uhlanzekile.  
Xoxa ngesithombe ngasinye.



Ngixubha amazinyo ami.



Ngihlanze izandla zami njalo uma kade ngisendlini encane.

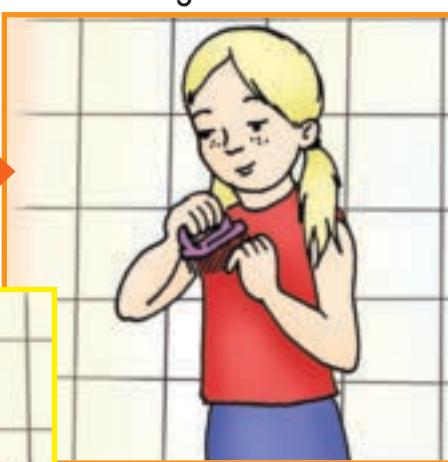


Ngigeze njalo nje.

**Mina kumele**



Ngihlanze izithelo njalo ngaphambi kokuzidla.



Ngihlanze izinziphlo njalo.



Ngisebenzise indlu encane.



Ngisebenzise iduku uma ngithimula, ngikhwehlela noma ngisula ikhala.

Usuku: .....

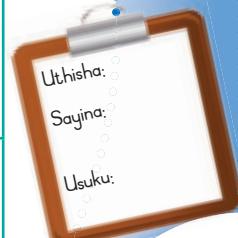


Bhala

Yiziphi izinto kulezi okumele uzisebenzisa ukuze uhlale uhlanzekile?  
Faka umbala enkanyezini ukhombise ukuthi usebenzisani ukuzigcina  
uhlanzekile. Usho futhi ukuthi uzisebenzisa kanjani ukuzihlanza wena ngazo.



Beka uphawu ukhombise ukuthi ungakwenza yini okulandelayo:	yebo	cha
Ngiyakwazi ukugibela isitebhisi sejangele -jimu.		
Ngiyakwazi ukuhamba ngokubambelela ngezandla kujangele -jimu.		
Ngiyakwazi ukugaqa ngamadolo kujangele -jimu.		





11

# Eminye yemikhuba emihle

IThemeu I – ISonto 6 – Ikhasi lokusebenza



Masifunde

Omunye umkhuba omuhle  
wokusebenzisa indlu encane  
ngendlela efanele.

## Khumbula



Uma kwenzeka ungcpisa  
endlini encane, yihlanze.



Khumbula ukushaya ithoyilethi  
uma kade usendlini encane.



Vala umnyango uma usendlini  
encane.



Ungalimoshi iphepha lasendlini  
encane.



Hlanza izandla njalo uma ukade  
usendlini encane.

Usuku: .....



Bhala

Kokelezela amagama asitshela ukuthi kumele sizenze kangaki lezi zinto.

Ukugeza izinwele.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto

Ukuxubha amazinyo.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto

Ukugeza umzimba.



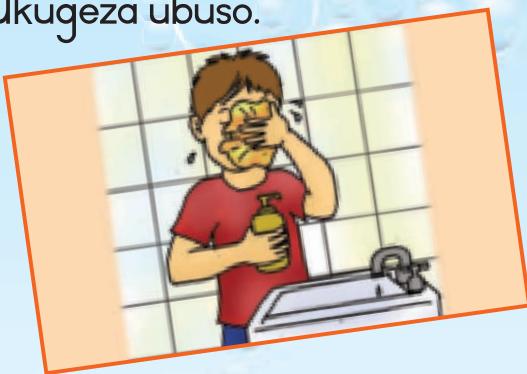
nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto

Ukugeza ubuso.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto



Uthisha:  
Sayina:  
Usuku:

# Ngihlanzekile

Ithemu I – ISonto 6 – Ikhasi lokusebenza

Masiphumele  
ngaphandle

Dlalani umdlalo othi "USimoni uthi" kanye nothisha.  
Hambahambani ningashayisani nakancane.  
USimoni uthi "**thinta ikhanda lakho.**"



Khombisa lokhu

Khombisa umngane wakho ukuthi  
ukwenza kanjani lokhu.

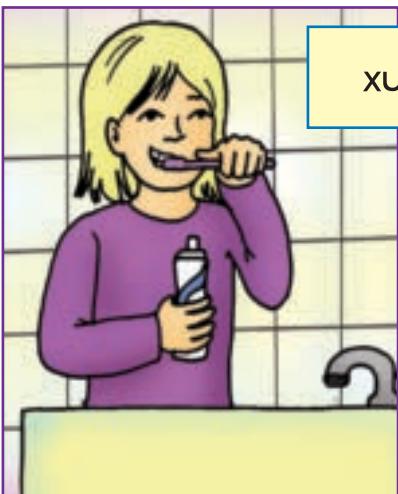
Geza izingalo zakho.



kama izinwele.



sula izandla



xubha amazinyo.



geza ubuso.



Masiphumele  
ngaphandle

Yishoni lomlolozelo nilingisa

## Ngingashaya izandla

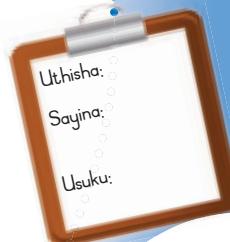
**Ngishaye phansi ngezinyawo**

**Nginqekuzise ikhanda**

**Ngishwibe izingalo**

**Ngihamba mazonzwane**

**Ngithinth' ikhala lami.**





Masifunde

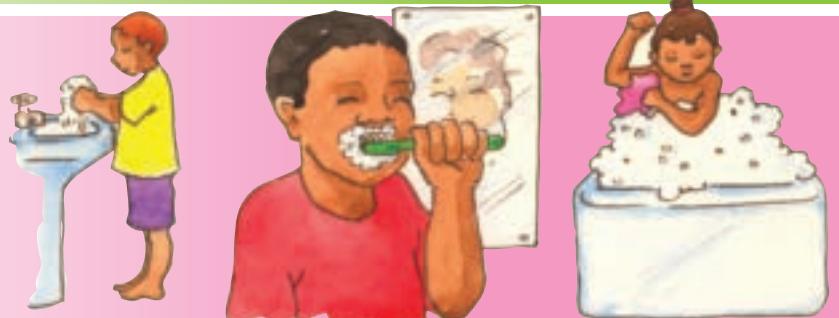
Sidingani ukuze sihlale siphilile?

**Ukudla  
okunempilo**



**Ukuzivocavoca  
ngokwanele**

**Ukuhlala  
sihlanzekile**



**Ukuba lapho  
kunomoya  
ohlanzekile khona**

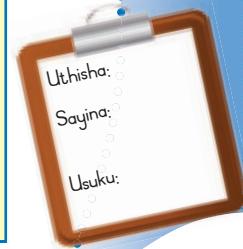
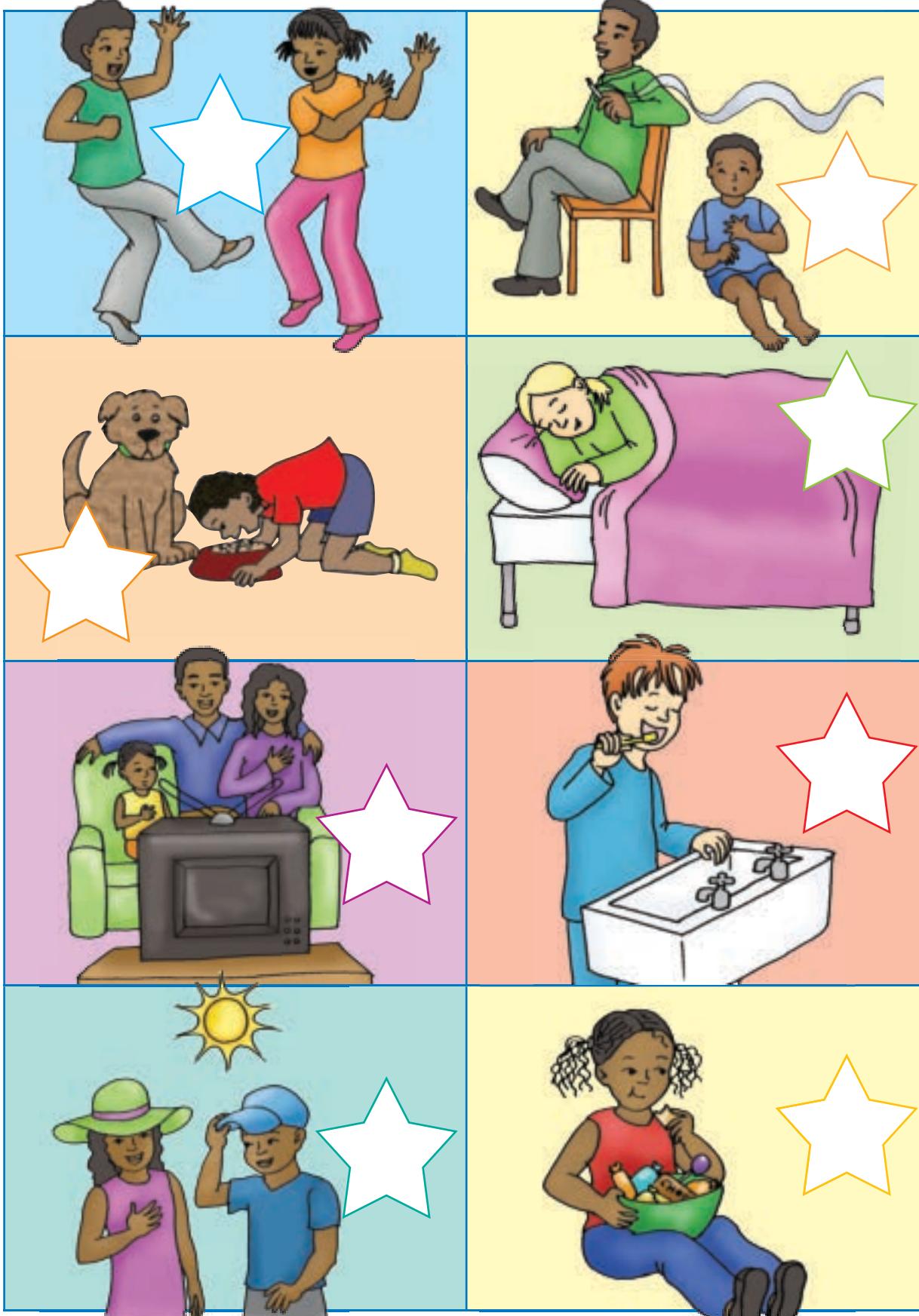
**Ukulala ngokwanele  
nokungabuki  
umabonakude njalo!**





Bhala

Beka uphawu ✓ emikhuben i emihle kanye nophawu ✗ kwemibi.



# Ukuhlanzekwa

Masenze lokhu

Izinto esizisebenzisayo  
ukuzigcina sihlanzekile.



isixubho



umuthi wokuxubha



insipho



ukhilimu wezandla



ishampu



ikama



ibhulashi



ibhulashi lezinzipho



umshini wokunquma izinzipho

Usuku: .....



## Masiphumele ngaphandle

Bambanani ngezandla nime indilinga.

Nikezelanani ngebhola endilingeni.

Engezani ngelinye ibhola ninikezelana.

Engezani ibhola lesithathu niqhubeka nokunikezelana.



## Masikhulume

Yini engaqoqekile kuleli gumbi lokulala?

Kumele wenzeni ukuze kuqoqekē egunjini lokulala?

Zenzani izingane? Yini okumele ziyenze empeleni?



# Isimo sezulu engisithandayo

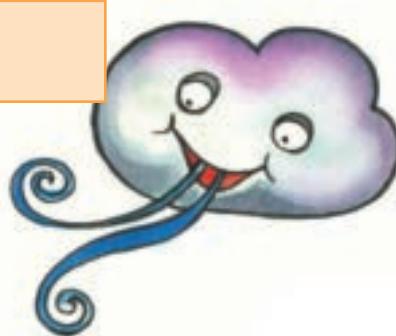


Buka izimo ezahlukene zezulu utshele umngane wakho ukuthi yisiphi isimo osithanda kakhulu.

kunomoya



libalele



imvula



liguqubele kuyabanda



Kwezinye izingxenye zezwe kuyaye  
kubande ngendalela yokuthi ligcine likhithika.

Kwesinye isikhathi kuba nesichotho.

Imimoya evunguza ngamandla ibizwa ngesiphepho.



Masenze lokhu

Dweba isithombe sakho usemvuleneni noma eqhweni.

Dweba isithombe sakho ephepheni elikhulu usebenzise amakhilayoni eweksi.

Xuba upende wokudla olohlaza sasibhakabhaka bese upenda ngawo ikhasi lonke.

Thela upende omhlophe phezu kwesithombe.

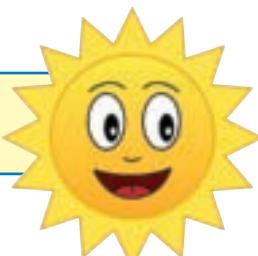


Masifunde

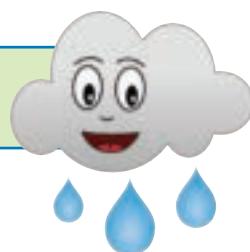
Sisebenzisa ishadi lesimo sezulu ukusho ukuthi izulu linjani. Sisebenzisa izimpawu ukukhombisa izinhlobo ezahlukene zesimo sezulu.



libalele



liyana



liguqubele

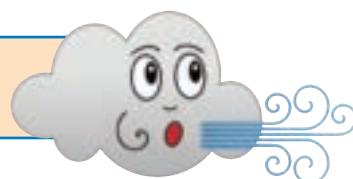


kuneqhwa



lithe gqwa-gqwa ngamafu

linomoya



Masikhulume

Tshela abangane bakho ukuthi ugqoka luhlobo luni iwezimpahla esimweni ngasinye sezulu.



Masenze lokhu

Dweba izimpawu zesimo sezulu wenze ishadi lakho eliveza isimo sezulu sesonto lonke.

uMsombuluko

uLwesibili

uLwesithathu

uLwesine

uLwesihlanu



Bhala

Belinjani izulu kuleli sonto?  
Gcwalisa amagama adingekayo.

Namuhla li-

Izolo beli-

Ngethemba ukuthi kusasa lizobe li-





# Isimo sezulu

IThemu 1 – ISonto 8 – Ikhasi lokusebenzela



Masenze lokhu

Lingisa izimo ezahlukene zezulu.



Vula izingalo uziphakamisele ngaphezu kwekhanda wenze isimo sefu elikhulu.



Sebenzisa isambulela ukuzivikela elangeni.



Sebenzisa izandla ukulingisa umoya omkhulu.



Phakamisa isambulela ukhombise ukuvika ukududulwa wumoya omkhulu.



Usuku: .....



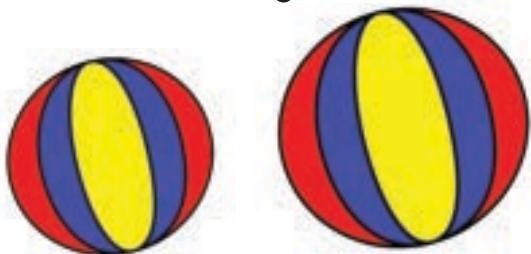
Lingisa amaconsi emvula enkulu asuka ophahleni.



Masiphumele  
ngaphandle

Bambanani ngezandla nenze indilinga.

Phonselanani ngebhola.



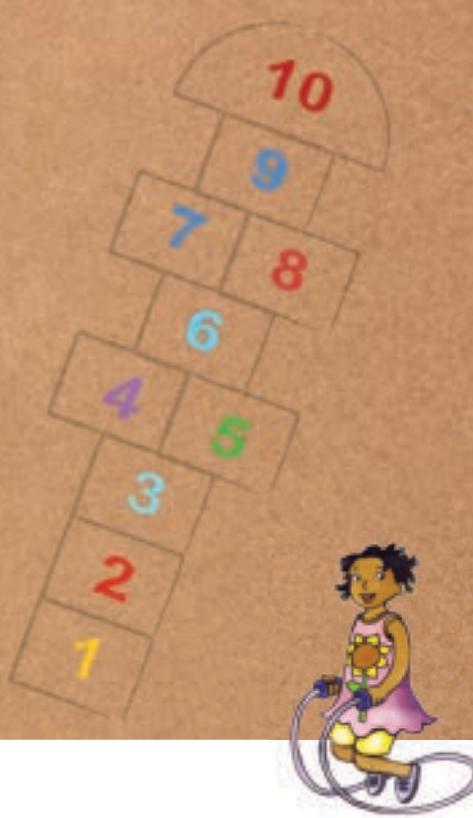
Thola izindlela eziningi zokuzama ukuhamba entanjeni ungawi. Thola izindlela ongazisebenzisa ezahlukene zokuhambahamba uya kubangane ofunda nabo.



Masizijabulise

Dlala u-gxa.

Dweba izikwele neziyingi enhlabathini.



Masiphumele  
ngaphandle

- Tshengisa umgani wakho ukuthi idlalwa kanjani ingqathu.
- Uthisha wakho uzokukhombisa ukuthi idlalwa kanjani imidlalo yesintu.



# Umndeni wami



Masikhulume

Uthi bewazi ukuthi imindenayifani?

Eminye imindeni mikhulu eminye mincane.  
 Eminye inomama nobaba kanti eminye kayinabo.  
 Eminye imindeni ihlala nogogo nomkhulu, nomalume,  
 nomamncane kanye nabazala.

• •

Buka lezi zithombe utshele umngane wakho ukuthi le mindenayihlukene ngani omunye komunye.  
 Sebenzisa amagama akuleli bhokisi.

umama

ubaba

udadewethu

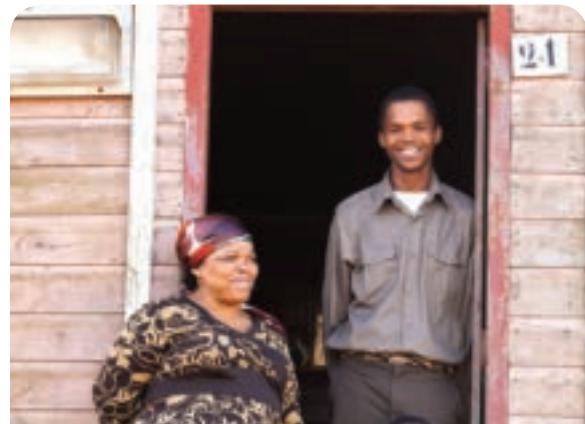
umkhulu

umfowethu

umntwana

ugogo

umndeni





Bhala

Uhlala nobani ekhaya lakho?



Uhlala nobani ekhaya?

Ekhaya kunabantu aba- \_\_\_\_\_.

Ngubani omncane kunabo bonke abantu ekhaya? \_\_\_\_\_.

Ngubani omdala kunabo bonke? \_\_\_\_\_.

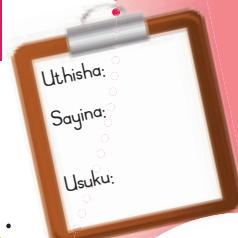


Masikhulume

Sonke sinemisebenzi esiyenzayo emakhaya ethu. Bheka izithombe ezingezansi, bese usho ukuthi ngubani owenza le misebenzi ekhaya kini.



Bhala umusho owodwa ngomsebenzi owenze izolo ekhaya.



# Umndeni wami

IThemu 2 – ISonto | – Ikhosi lokusebenza

Masizjabulise

Dweba isithombe sento eniyenza ndawonye nomndeni wakho.  
Yisho ukuthi ngubani lo muntu. Sebenzisa lawa magama, azokusiza.

umama

ubaba

udadewethu

umkhulu

umfowethu

umntwana

ugogo

umndeni





# Siyanakekelana

19



Masif unde

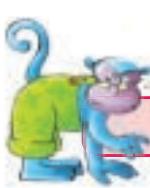
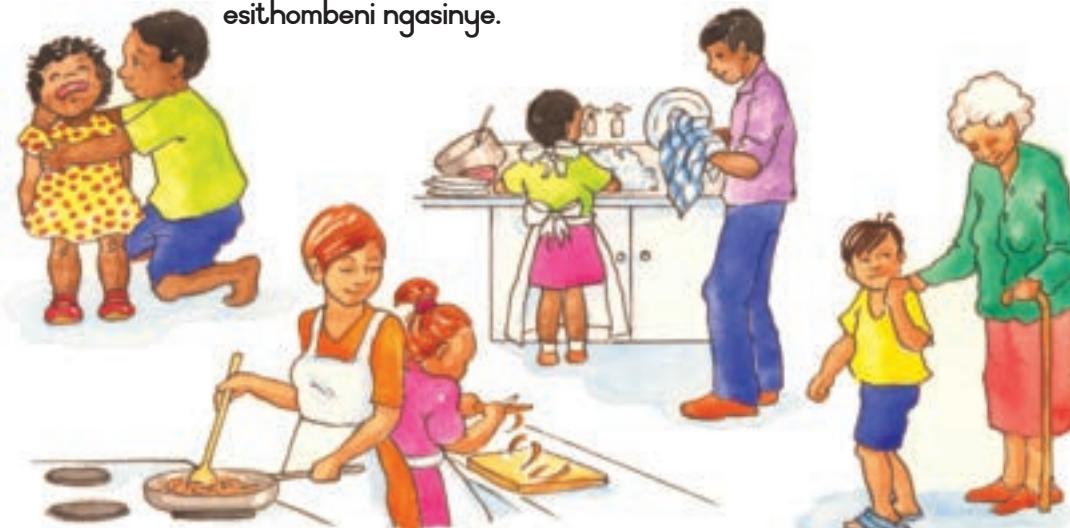
Iminden i kumele ithandane futhi inakekelana. Sikhombisa ukuthi siyathandana ngokwangana, ngokusizana kanye nokuhloniphana . Sidinga ukwenza lokhu ...

- ukusizana.
- ukuhloniphana
- ukwenza imisebenzi esiyinikeziwe gesikhathi.



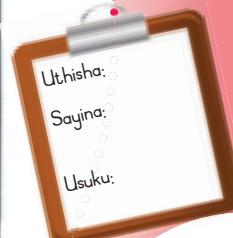
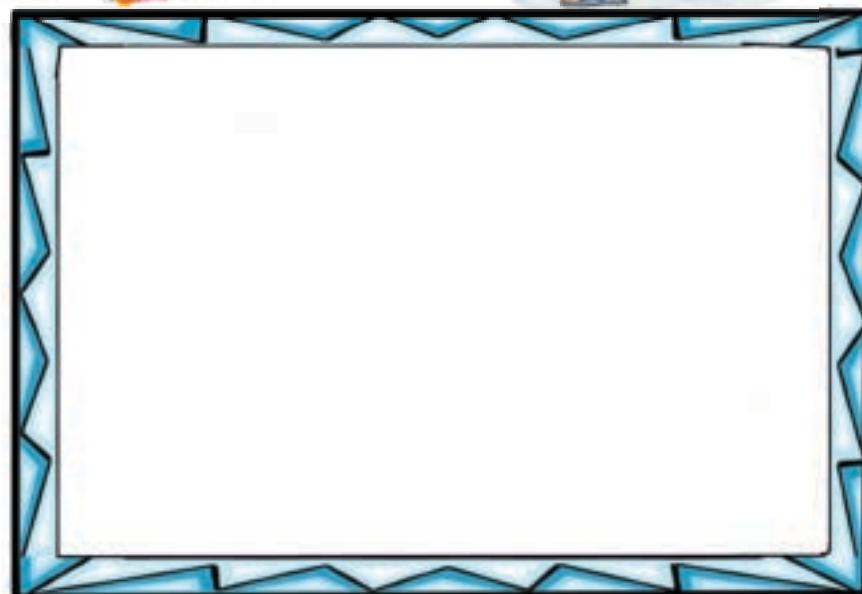
Masikhulume

Buka lezi zithombe bese usho ukuthi laba bantwana bayakhombisa ukuthi bayayinakekela iminden yabo. Yenza samdlalo ukubonisa lokho okwenzeka esithombeni ngasinye.



Masenze lokhu

Dweba isithombe sento oyenzayo ukukhombisa ukuthi uyawunakekela umndeni wakho. Tshela umngane wakho ukuthi udwebeni.



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IThem 2 – ISonto 2 – Ikhasi lokusebenzela



Masikhulume

Xoxa ngokuthi anakekelana kanjani lawa malungu omndeni. Nikeza izithombe izinombolo usukele koku-l uye kowe-4 ukukhombisa ukulandelana kwezinto.



Masifunde

Imisebenzi yakusihlwa

Umama upheka ukudla.  
Ubaba ugeza izitsha.

Mina nomfowethu sisiza umama nobaba.

Sisiza kakhulu.

Sibeka ubisi nesinkwa.

Sesilungele ukuyolala.

Sixoxele izindaba zakusihlwa!





Masenze lokhu

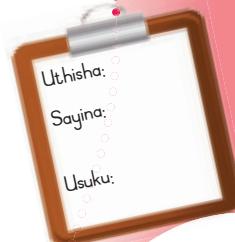
Yenzela umuntu okuthandayo ikhadi. Dweba isithombe bese ubhala igama lalowo muntu.



Masenze lokhu

Ungakwenza yini okulandelayo?

	ukudlulisa ibhola ngokulishaya phansi liye kumngane.	yebo	cha
	ukudlulisa ibhola ngokulijikijela lidlulele kumngane.	yebo	cha
	ukushaya ibhola ngamadolo.	yebo	cha
	ukushaya ibhola liye emapalini.	yebo	cha
	ukudlulisa ibhola emapalini.	yebo	cha
	ukukhahlela ibhola lishaye amapali.	yebo	cha



# Ukuphepha ngaphakathi nangaphandle kwekhaya (1)

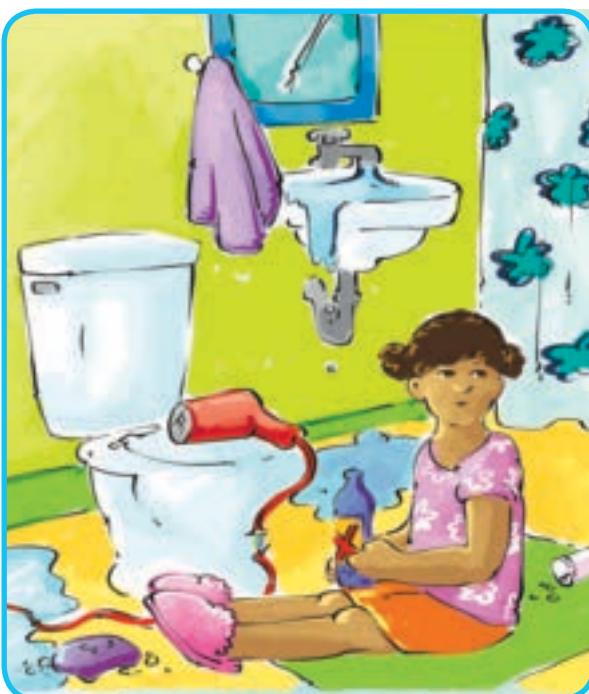


Masikhulume

Kumele sihlale siphephile njalo uma sisekhaya. Kodwa kunezinto eziningi ezinobungozi emakhaya. Buka lesi sithombe, khuluma nomngane wakho ngezingozi ezingaba khona emakhaya uxoxe ngazo.

## Ekhishini

- Phendula izibambo zamabhodwe zibheke emuva esitofini.
- Ungabeki imimese ebukhali noma yikuphi nje.
- Valela upharafini nemithi endaweni ephephile.
- Ungabeki amathoyizi noma yikuphi endlini.



## Ekamelweni lokugezela

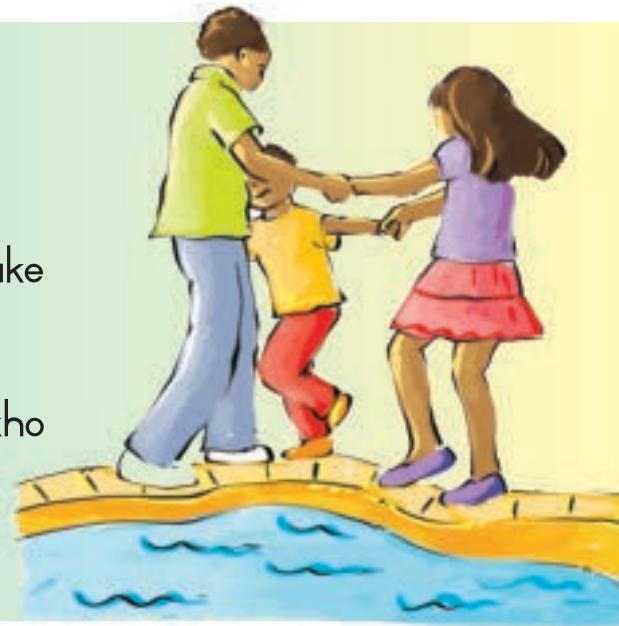
- Ungasebenzisi izinto zikagesi eduze kwamanzi.
- Ungazishiyyi eduze kwamanzi.
- Foka izikele nezinye izinto ezibukhali ekhabetheni.
- Ungasebenzisi isixubho sakho nabanye abantu.

Usuku: .....



## Ukuduma kwezulu, umbani nogesi.

- Ungalinge ume ngaphansi kweshlahla uma liduma
- Ungafaki lutho ezimbotsheni zikagesi ezisodongeni. Cela umuntu omdala akusize.



## Ngaphandle

- Cosha zonke izinto ezilimazayo, ezifana namabhodlela afile, ukufake emgqonyeni kadoti.
- Ungadlali eduze kwephuli kungekho umuntu omdala eduze kwakho.



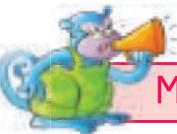
## Ekhaya ngaphakathi

- Ungabeki amathoyisi noma kuphi endlini.
- Ungadlali ngopharafini kanye nezinto eziwushev.
- Uma ubona ukuthi intambo kagesi yeketela kumbe ye-ayini ihlubekile, cela umama noma ubaba ayilungise.



# Ukuphepha ngaphakathi nangaphandle kwekhaya (2)

IThemu 2 – ISonto 3 – Ikhasi lokusebenza



Masikhulume

## I. Ukuhlala uphephile

Buka lezi zithombe usho ukuthi yisiphi esinokuphepha yisiphi esingenakho. Beka uphawu (✓) kulezo ezinokuphepha ubeki uphawu (✗) kulezo ezingenakho ukuphepha. Yisho ukuthi kungani kuphephile noma kungaphephile.





Ingabe zikhona yini izinto ezingaphephile ekhaya lakho? Yini ongayenza ngalokho? Ushevü, imithi, kanye nezinye izinto zokuhlanza indlu zingaba nobungozi kakhulu. Ungalinge uphuze into ongenasiqiniseko sokuthi iyini.



Lolu phawu luchaza ukuthi kunento ewushevü ebhodleleni, ebhokisini kumbe ethinini. Uke walubona lolu phawu ngelinye ilanga?



Masinyakaze Uthisha wakho uzokudlalela umculo.

- Dansa uhambisane nesigqi somculo.
- Khethani umholi. Lo mholi kumele naye adanse ahambisane nesigqi somculo. Wonke umuntu makalandele umholi enze akwenzayo ngendlela efanayo.
- Yima ngomlenze owodwa.
- Yima ngalona omunye umlenze owodwa futhi.
- Yimuphi umlenze osebenziseka kangcono?
- Beka intambo ende phansi kumbe udwebe umugqa phansi. Hamba phezu kwentambo kumbe umugqa, uzame ukungagudluki kuwo.
- Guqla-ke manje indlela intambo emi ngayo noma umugqa owudwebile, phinda uhambe phezu kwawo ungagudluki.



# Ukuphepha uma ngisele ngedwa ekhaya



Sewufundile ngezinto  
ezingakulimaza ekhaya  
kanye nasendaweni ezungeze  
ikhaya lakho. Ungazigcina  
kanjani uphephile uma usele  
wedwa ekhaya.

Uma uwedwa ekhaya,  
zama ukwenza lezi  
zinto ezilandelayo ukuze  
uhlale uphephile.



Ungabavuleli abantu ongabazi  
uma bengqongqoza.



Khiya zonke izicabha  
eziphumela ngaphandle.

Usuku: .....

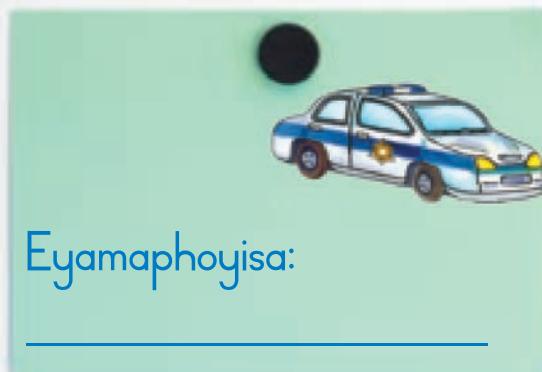


- Qiniseka ukuthi unocingo nezinombolo zabazali bakho eduze. Yiba nezinombolo zomakhelwane futhi.
- Yenza uhlu lwezinombolo ezibalulekile, ongazisebenzisa uma kwenzeka udinga usizo.



Bhala

Zakhele uhla lwakho lwezinombolo ezibalulekile.



Eyamaphoyisa:

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Eye-ambulense:

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Eyabacishimlilo:

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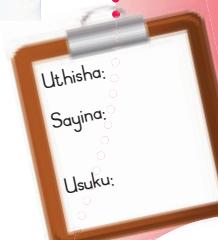
Ekamakhalekhukhwini  
kamama:

---

Ekamakhalekhukhwini  
kababa:

---

Ngubani omunye ongamshayela uma udinga usizo?



# Okunye okufanele ukukhumbule

Ithemu 2 – ISonto 4 – Ikhasi lokusebenza



Masikhulume

Nansi indlela elula yokukhumbula inombolo yamaphoyisa. Buka isithombe utshele umngane wakho ukuthi izithombe ozibonayo zikusiza kanjani ukukhumbula izinombolo zocingo. U-10111 yinombolo yamaphoyisa. Yisho izikhathi eziningana kulandelana uze uyazi ngekhanda.

1

0

111

Masiphumele ngaphandle

Khombisa ukuthi ungenzani uma uyingane ubona lezi zithombe.



Khombisa ongakwenza uma ulandelwa noma usukelwa wumuntu ongamazi?

Usuku: .....



Khombisa ongakwenza uma uzama ukusiza umama ukuthi axove inhlama yokubhaka amakhekhe?



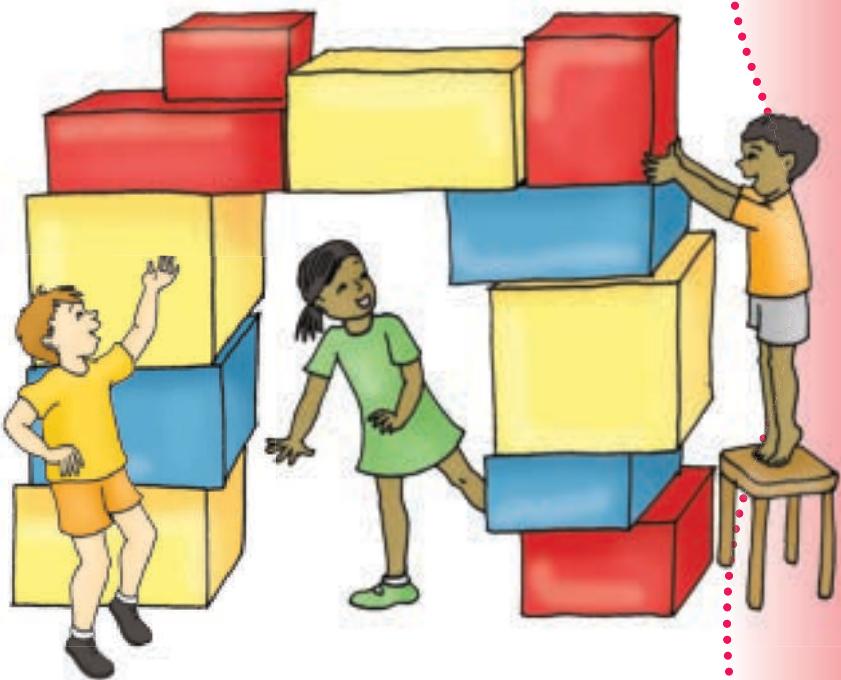
Khombisa ongakwenza uma uzithole unyathela ibhodlela elifile?



### Masenze lokhu

Bheka ukuthi ungakwazi yini ukuzakhela indlu yakho.

- Funa amabhokisi wakhe ngawo izindonga nophahla.
- Ungahlanganisa amabhokisi ngento yokunamathisela.  
Uma indlu isiphelile, ungayipenda.
- Uma ungawatholi amabhokisi ongakha ngawo, sebenzisa noma yini enye ngaphandle kokusangilazi namathini ngoba kona kungakulimaza.



### Masiphumele ngaphandle

Phonsa isaka noma ibhola phezulu ukunqake ngesandla ongavamile ukusisebenzisa.

Siza uthisha wakho nikhipheli ngaphandle kwekilasi izihlalo, amatafula kanye namabhokisi.

Gibela esihlalweni noma etafuleni nasebhokisini, gaqa ngamadolo uphume ngaphansi kwazo, ugxume usuke kokunye uye kokunye.

Zama ukuma ngonyawo olulodwa phezulu kwesihlalo.



# Umzimba wami

Bhala

Bhala amagama ezikheleni ezifanele.

umlenze

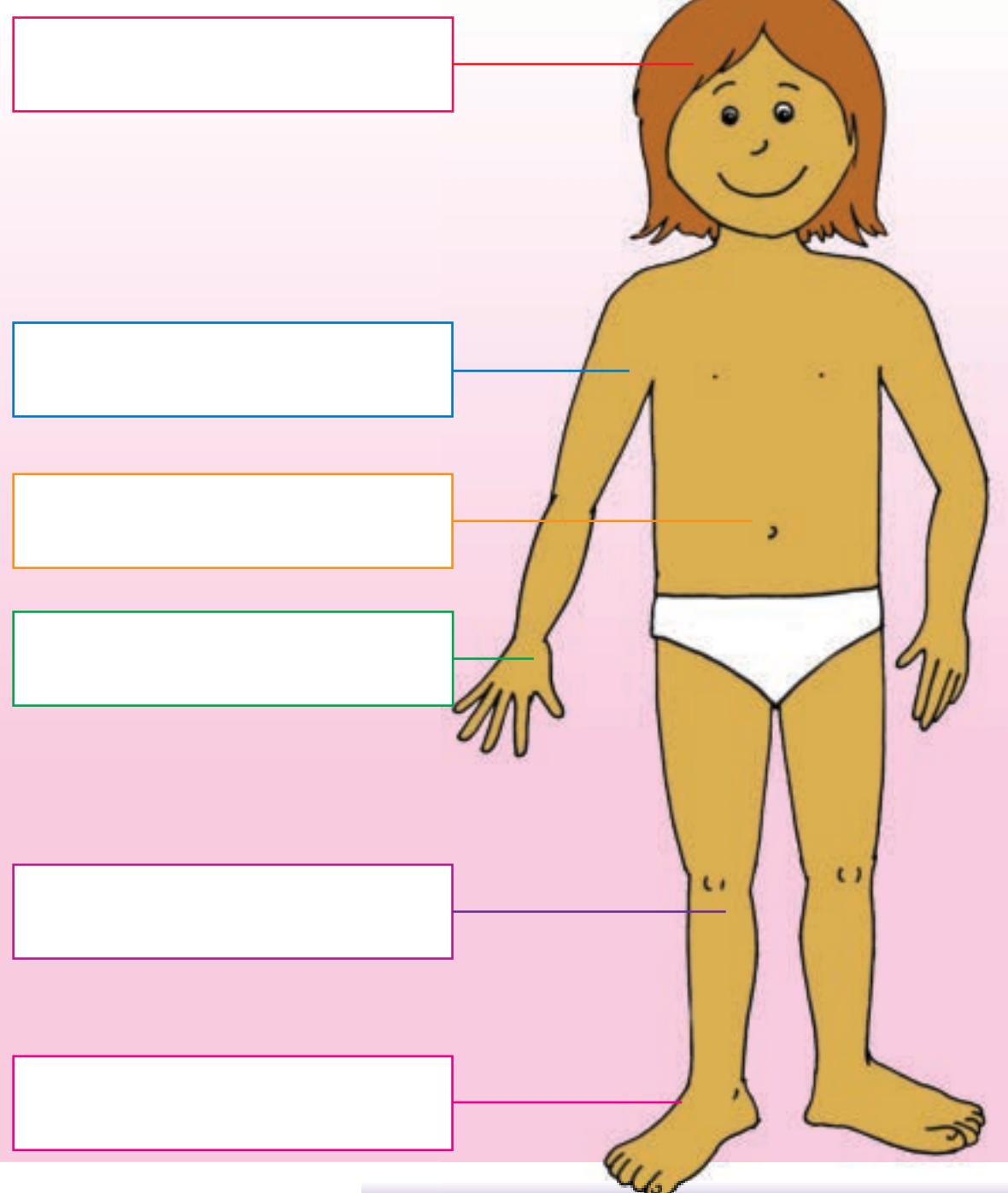
isandla

ikhanda

isisu

unyawo

ingalo



Usuku: .....



## Masidwebe

Qedela lo mdwebo wobuso.

Dweba izinwele. Zama ukukopisha ubuso bakho. Uma unamehlo amnyama, zidwebe unamehlo amnyama. Uma unezinwele ezimnyama, dweba izinwele zibe mnyama.

Dweba amashiya, ikhala nomlomo wakho.

Ubuso yingxenye ebalulekile emzimbeni wakho.

Umantu ngamunye sinamehlo ama-2.



Umuntu ngamunye sinezindlebe ezi-2.



Umantu ngamunye sinekhala eli-l.



Umantu ngamunye sinomlomo o-l.



## Masicule

Cula leli culo. Thinta ingxenye yomzimba ngesikhathi ubiza igama layo.

## Ikhanda namahlombe

Ikhanda mahlombe, madolo nezinzwane,  
madolo nezinzwane, madolo nezinzwane

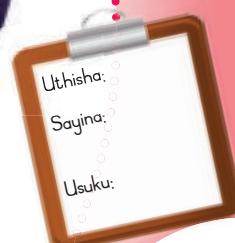
Ikhanda mahlombe, madolo nezinzwane  
madolo nezinzwane, madolo nezinzwane

Ikhanda mahlombe, madolo nezinzwane,  
madolo nezinzwane, madolo nezinzwane.



## Masiphumele ngaphandle

Dlala umdlalo othi "uSimoni uthi..."



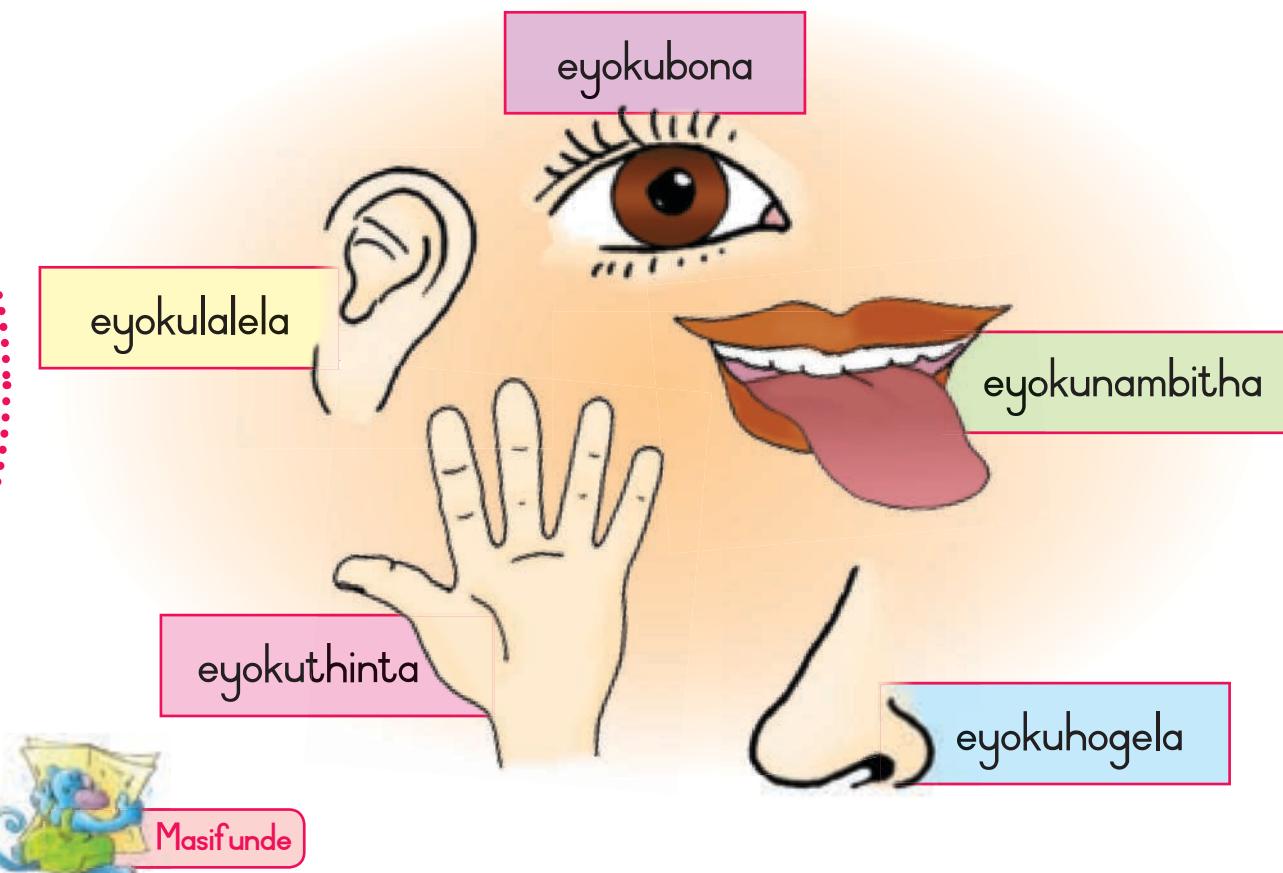
# Izinzwa zami

Ithemu 2 – ISonto 6 – Ikhasi lokusebenza



Masikhulume

Buka izinhlobo ezahlukene zezinzwu bese usho ukuthi sizisebenziselani?



Masifunde

Sisebenzisa izinzwa zethu nsuku zonke.

Siyahogela siphinde sikunambithe ukudla.

Siyakwazi ukuthinta sizwe ukuthi uphaphe luthambe kangakanani.

Siyabona ukuthi isibhakabhaka siluhlaza ehlolo.

Siyawulalela umculo.

Izinzwa zethu ziyanzenza siphephe futhi.

Siyayihogela intuthu uma kunomlilo.

Siyasithinta isitofu ukuzwa ukuthi siyashisa yini.

Siyabona uma kungaphophile ukuwela umgwaqo.

Siyezwa uma kukhala i-alamu esixwayisa ngengozi.





Masenze lokhu

Ukunakekela amehlo nezindlebe.

Sidinga ukuzinakekela izitho zethu  
zomzimba ezihambisana nezinzwa.

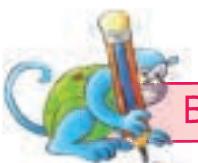
Nazi izindlela zokunakekela amehlo  
akho nezindlebe.



Nakekela izindlebe  
ngokugwema ukulalela  
umculo okhalela phezulu.



Nakekela amehlo ngokugqoka  
ikepisi kumbe izibuko zamehlo.  
Ungalibuki ilanga ngqo.

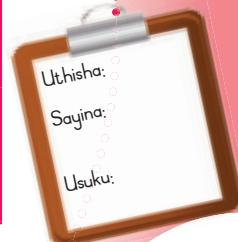


Bhala

Buka ithebula elingezansi, beka uphawu ✓ kuleyo nzwa kumbe izinzwa  
ozisebenzisayo. Ungabeka uphawu ezinzweni eziningi uma uthanda.



ukunuka	ukunambitha	ukubona	ukulalela	ukuthinta
---------	-------------	---------	-----------	-----------



# Ukunyakazisa umzimba wami

IThemu 2 – ISonto b – Ikhasi lokusebenza



Masikhulume

Buka lezi zithombe. Yisho ingxenye ngayinye yomzimba ukuthi kuthiwa yini futhi ikusiza ukwenzani.

Sisebenzisa imizimba yethu ukunyakaza.



Bhala

Phendula le mibuzo ndawonye nomngane wakho.  
Bhala izimpendulo encwadini yakho ngaphansi kwemibuzo.

Iyiphi ingxenye yomzimba oyisebenzisa uma uhamba?



Usebenzisa ziphi izitho zomzimba uma ufunu ukucosha okuthize?



Masiphumele  
ngaphandle

Uthisha wakho uzokutshengisa ukuthi umdlalo "wekati negundane" udlalwa kanjani.

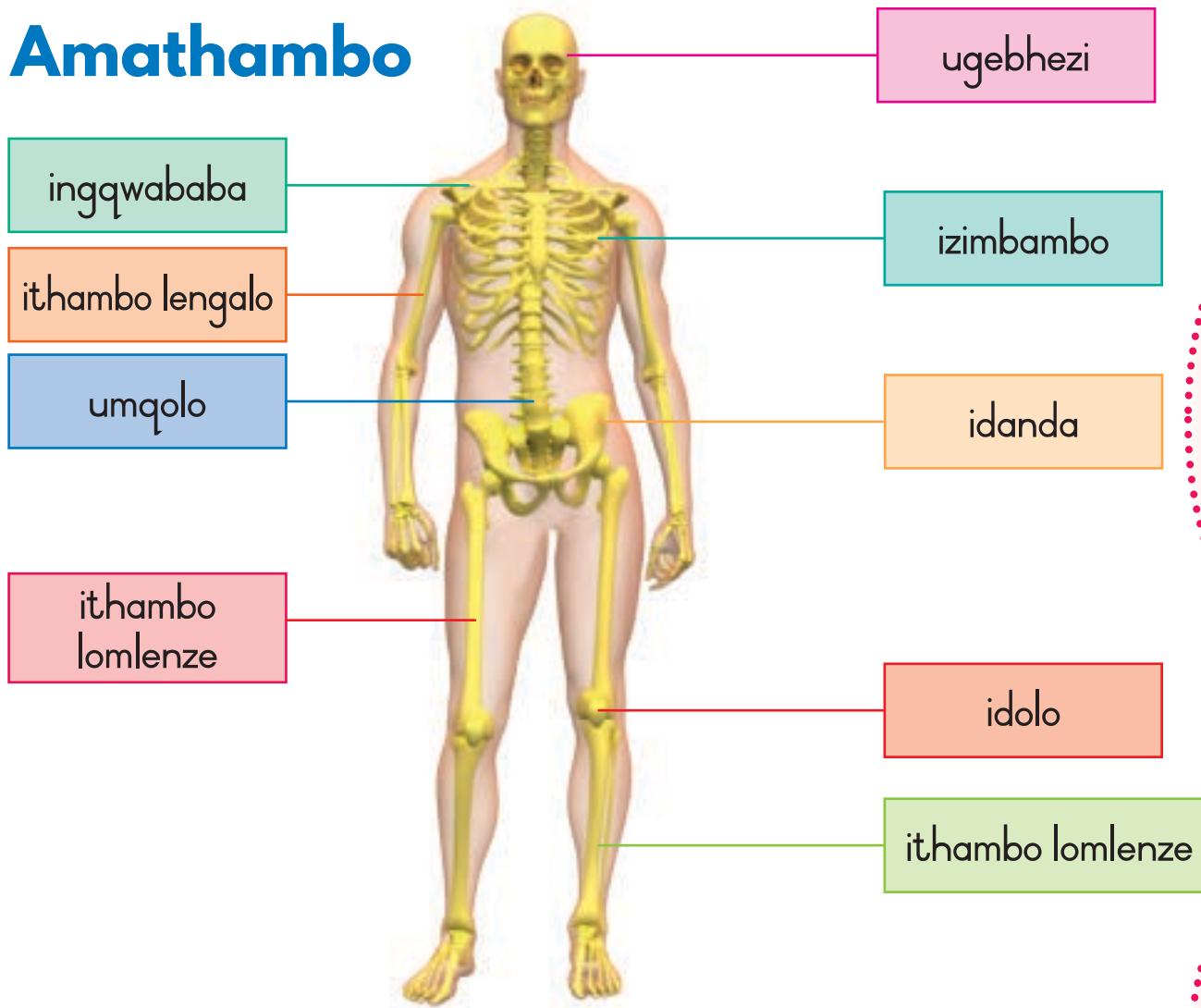




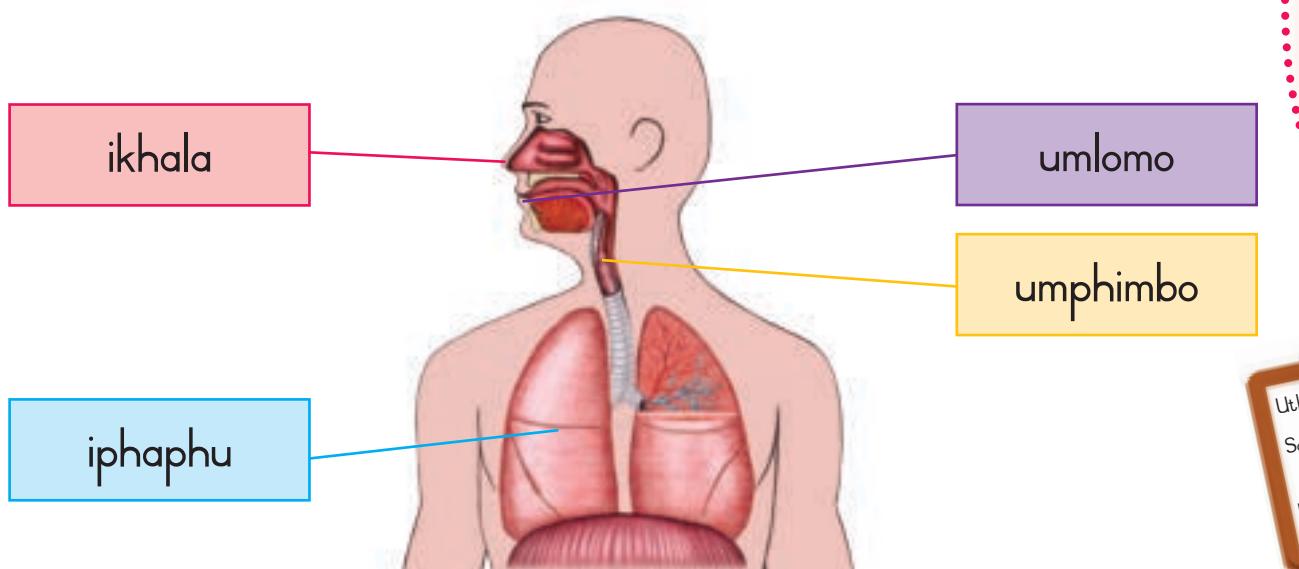
Masifunde

Kunezingxenye zomzimba wakho ongeke ukwazi ukuzibona.  
Zonke ziyasezbenzisana ukwenza ukuthi uphile.

## Amathambo



## Izingxenye zomzimba ezikusiza ukuthi uphefumule



# Cabanga ngokuphepha

IThemu 2 – ISonto 6 – Ikhasi lokusebenzela

Masikhulume

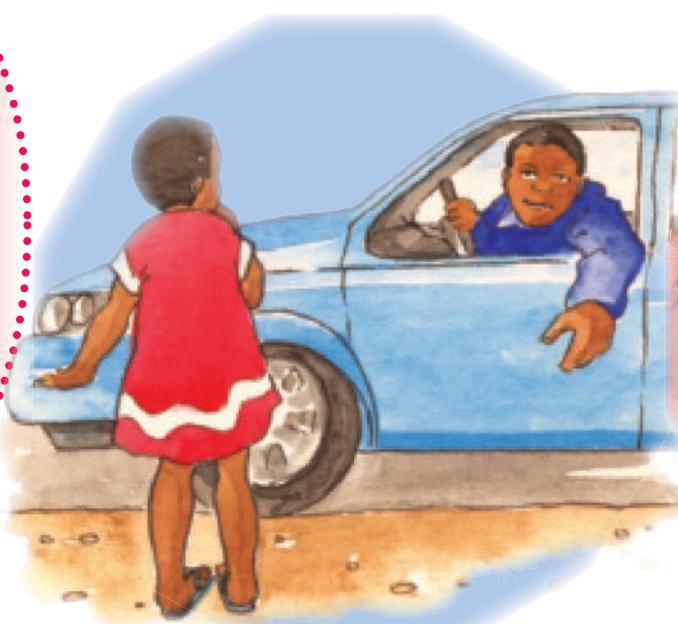
Buka lezi zithombe ezingezansi bese utshela umngane wakho ukuthi ubonani.  
Chaza ukuthi isithombe ngasinye sithi ungenzanjani ukuze uphephe.



Ubona umngane wakho ngaphesheya komgwaqo.



Ulinde ibhasi wedwa esitobhini.



Umuntu ongamazi ucela ukuthi uhambe naye.

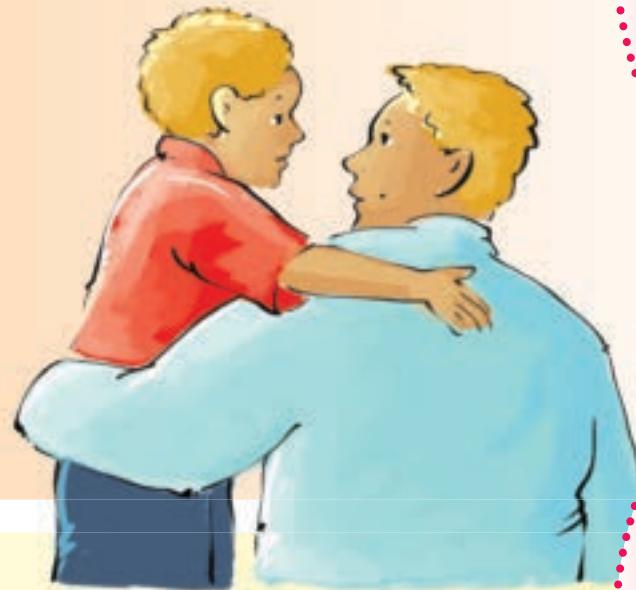


Ulahlekile ezitolo.

Usuku: .....



Sinomuzwa wokuvuma uma umuntu  
esigona, lokhu kuzwakala kulungile.  
Kumnandi ukugonwa ngumuntu  
omthanda ngendlela enobungani  
nothando.



Woza lapha ntombazane.  
Ngizokuthengela uswidi.

Sinomuzwa wokunqaba uma umuntu  
esithinta ngendlela eyethusayo  
neyesabisayo. Uma sethuka  
noma sizwa sesaba siba nomuzwa  
wokunqaba.

**Umzimba wakho ubalulekile futhi ngowakho.**

**Ungavuma kuphela uma KUKUHLE ukuthintwa  
omunye umuntu, unqabe uma KUNGEKUHLE.**



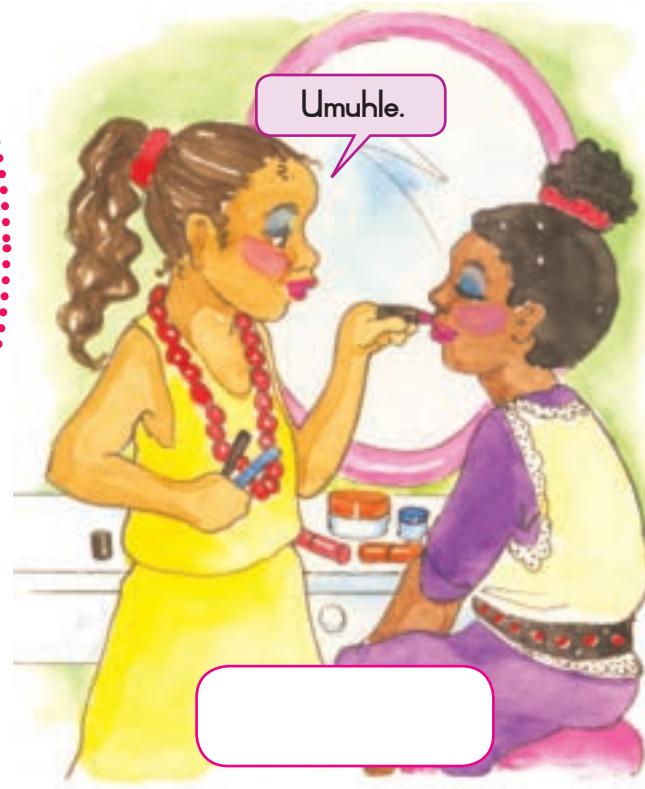
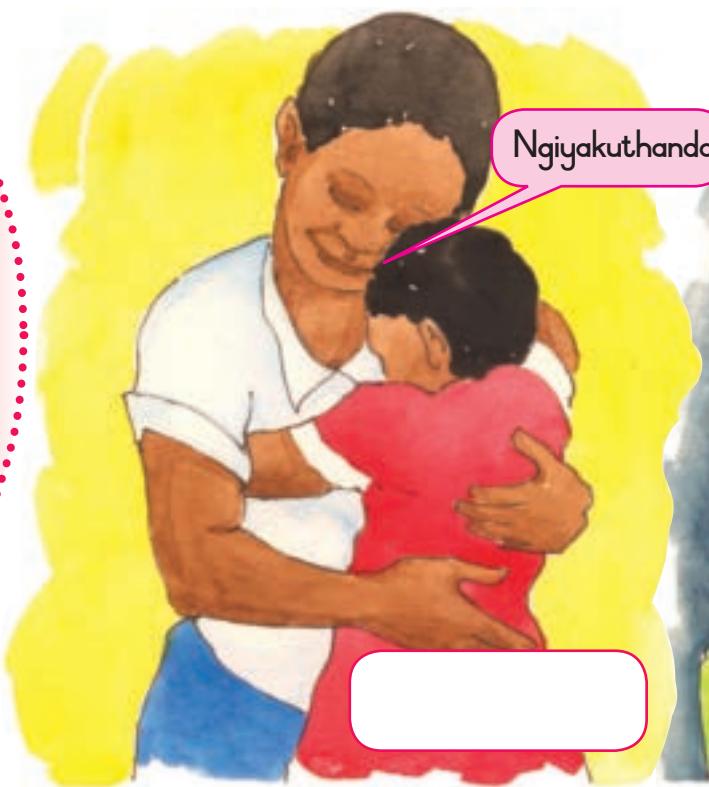
Uthisha:	<input type="checkbox"/>
Sayina:	<input type="checkbox"/>
Usuku:	<input type="checkbox"/>

# Ukuzigcina uphephile

IThemu 2 – ISonto 7 – Ikhasi lokusebenzela



Buka lezi zithombe ezingezansi bese ubhala Yebo uma uvuma ngalokho okuzwayo, ubhale “cha” uma ungakuvumi lokho okuzwayo.



Usuku: .....



### Masenze lokhu

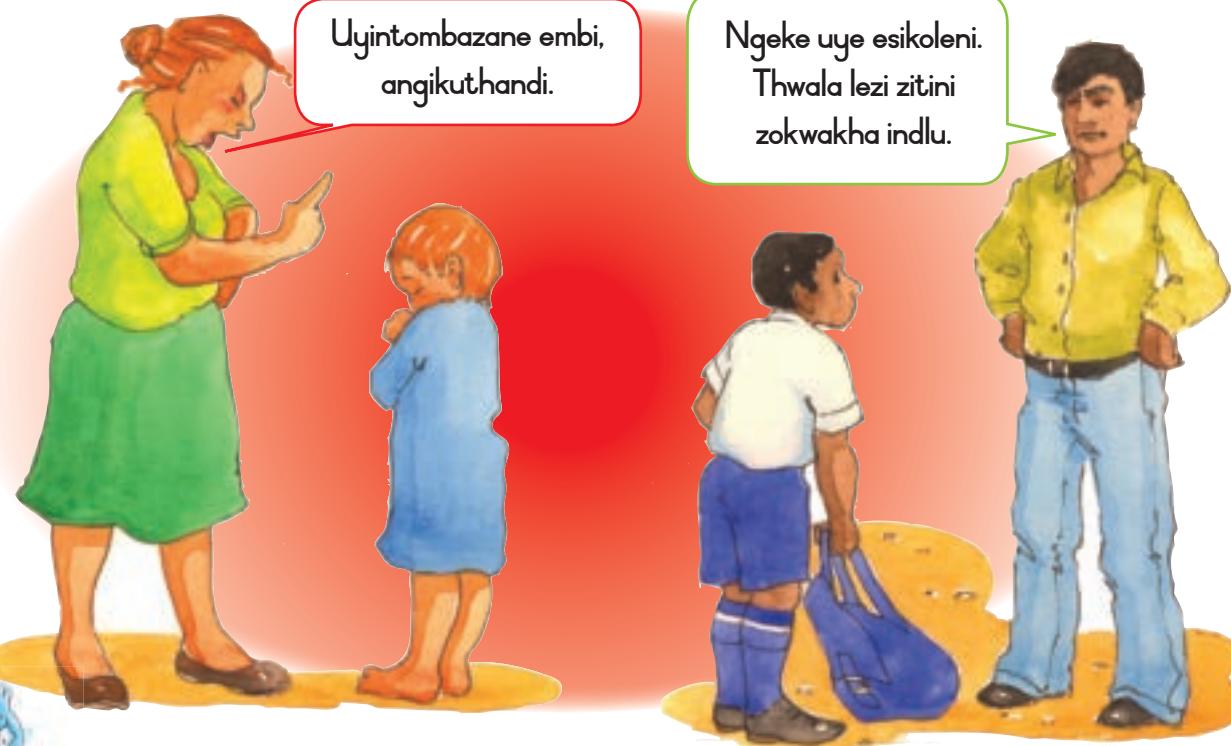
Zijwayeze ukuthi "Cha" ngokusho uphindaphinde.

Dlalani umdlalo lapho nizokwenza omunye wenu abe ngumuntu eningamazi ofuna ukuthathha umntwana ngemoto noma ofuna ukumthinta ngendlela engafenele. Lowo mntwana makathi "cha".



### Masikhulume

Abanye abantwana banamakhaya abahlala kuwo benganakekelwe mutu. Buka lezi zithombe. Xoxa usho ukuthi ungathini uma uyingane oyibona esithombeni. Yisho ukuthi wena ungenzanjani.

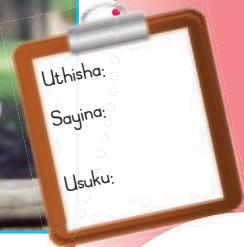
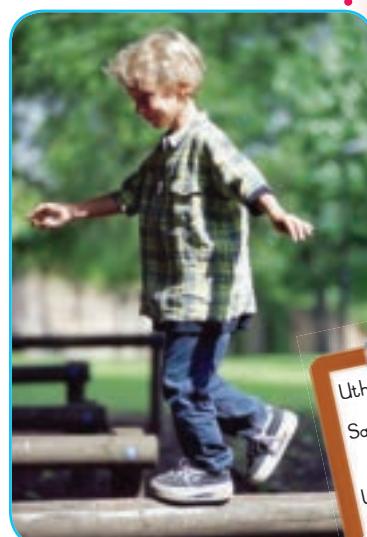


### Masiphumele ngaphandle

Dlala umdlalo "wokuma unganyakazi".

Nyakaza uye noma yikuphi, kodwa uma uthisha eshaya impempe, yima unganyakazi. Kumele unganyakazi kuze kusho uthisha ukuthi sewunganyakaza. Uyakwazi ukuma unganyakazi ngempela?

Hamba ulandele intambo ebekwe phansi ubone ukuthi uyakwazi yini ukuyilandela ungaphumi nakancane.



# Ukugcina umzimba wami uhlale upholile

IThemu 2 – ISonto 7 – Ikhasi lokusebenza



Masifunde

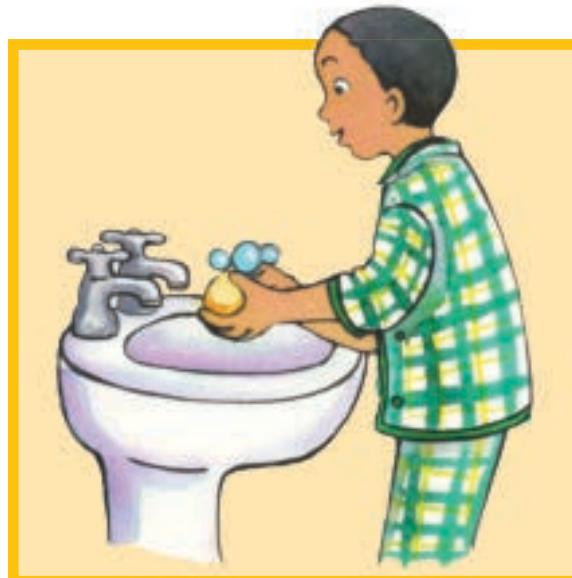


Kunezindlela eziningi esingazithola sesigula ngazo. Ezikhathini eziningi sigula ngoba singenwe ngamagciwane. Amagciwane mancane, asikwazi ukuwabona. Angangena emizimbeni yethu asigulise.



Masikhulume

Zenzani izingane ozibona esithombeni ukuzigcina ziphilile?  
Yini engenzeka uma zingayeka ukwenza lokhu ezikwenzayo?



Usuku: .....



Masikhulume

Khuluma ngalezi zithombe. Faka uphawu ✓ ezithombeni ezikwenza  
uhlale uphilile. Faka uphawu ✗ ezithombeni ezikwenza uzipwe ugula.



Uthisha:
Sayina:
Usuku:

# Ukugcina umzimba wami uhlale upholile (2)



Masikhulume

Uthi bewazi ukuthi kunezindlela eziningi zokuhlanza amanzi?

Ithemu 2 – ISonto 8 – Ikhasi lokusebenza

Uthi bewazi ukuthi kunamanzi ahlanzekile kanye nangcolile? Ungaqiniseka kanjani ukuthi amanzi ahlanzekile futhi akulungele ukuphuzwa?

Ungabilisa amanzi angcolile ngeketela ukubulala amagciwane.



Ungakucwenga ukungcola. Uthisha wakho angakubonisa ukuthi lokhu kwenziwa kanjani.

Ungafaka ithisipuni lebhilishi (InjenjeJik) ebhakedeni elingamalitha angama-20 amanzi. Livale ibhakede ukuze kungangeni izimpukane. Makuphele amahora angama-28 bese uwaphuza-ke lawo manzi.



Usuku: .....



### Masikhulume

Buka lezi zithombe bese  
uxoxa ngalokho okubona  
kwenziwa yizingane ukuze  
zihlale ziphilile.



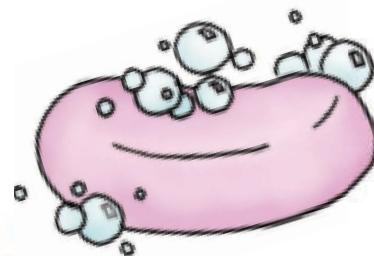
Lahla amathishu assetshenzisiwe  
emqqonyeni kadoti kumbe  
endlini encane.



Geza izandla  
ngaphambi  
kokuthi udle.



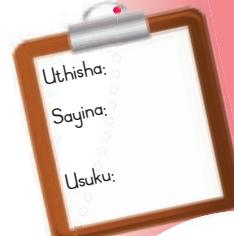
Uma ungcolisile endlini encane,  
yihlanze bese ugeza izandla.



Geza izandla emva kokuya  
endlini encane.



Vala umlomo uma ukhwehlela  
noma uthimula.





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## Ithemu 2 – ISonto 8 – Ikhasi lokusebenza

## Make sibone-ke



Masikhulume

Chaza ukuthi yini  
oyifundile kumathemu  
amabili adlulile.



Ngiyakwazi ukukhuluma ngomndeni wami.		
Ngiyakwazi ukuhamba phezu kwentambo encane.		
Ngiyazazi izinombolo zocingo zamaphoyisa.		
Ngiyakwazi ukuthi "yebo" noma "cha" uma kufanele.		
Ngiyakwazi ukunqaka ibhola.		
Ngiyakwazi ukuhlala ngiphephile ekhaya.		
Ngiyakwazi ukuzinakekela uma ngingedwa ekhaya.		
Ngiyawusiza umndeni wami.		
Ngiyasazi isikole sami ngaphakathi nangaphandle.		
Ngiyakwazi ukuzigcina ngiphilile.		
Ngiyakwazi ukusebenzisa zonke izinto ezisesikhwameni sami sesikole.		
Ngiyazazi izinhlobo ezikhona ezahlukene zemindeni.		
Ngifunde izinto eziningi esifundweni sAmakhono Empilo.		

Usuku: .....



# Isichazamazwi sami

A  
a

G  
g

B  
b

H  
h

C  
c

I  
i

D  
d

J  
j

E  
e

K  
k

F  
f

L  
l





# Isichazamazwi sami

M  
m

S  
s

N  
n

T  
t

O  
o

U  
u

P  
p

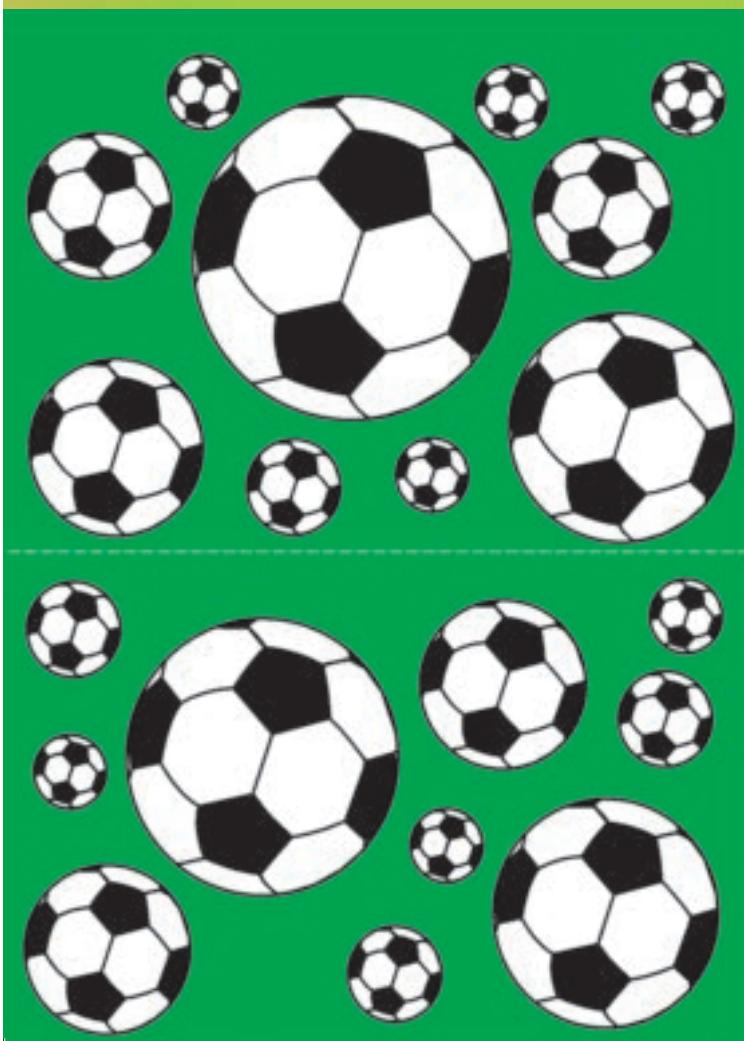
V  
v

Q  
q

W  
w

R  
r

X - Z  
x - z





## Masks

Cut out on  
the outside  
black line.  
Tie a string  
into the holes  
to make a  
face mask.

