



Ukubuyekezwa
ihlaliwe
ngokweisiTatimende
somThetho-kambiso
weKharikhyulamu
nokuHlola

IGreyidi

2



AmaKghono wePilo ngesiNdebele

Incwadi 1 - Ithemu 1&2



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**LIFE SKILLS IN ISINDEBELE
GRADE 2 – BOOK 1
TERMS 1&2
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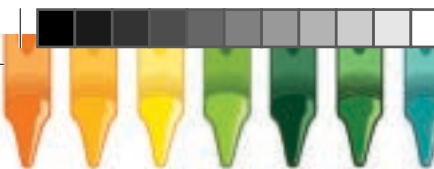
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Sitjheje khudlwana ukuhlahla abotitjhore komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bonyana ngikuphi umfundu amele akwenze.

Siyathemba kobana abantwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.

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iGreyidi

2



AmaKghono wePilo
ngesiNdebele
Incwadi yoku-l



Incwadi le ngeyaka:



Sidinga ukudla okunepilo ukuze siphile

Asifunde

Ithemu - I - Iweke - I - Iphepha lokusebenzela



Imizimba yethu itlhoga ukudla ukuze ikhule. Kumele sidle ukudla okubuya emikhakheni yoke yokudla ngamalanga. Kumele sidle ukudla okunepilo ukuze sibe namandla aneleko ukwenza lokho esifuna ukukwenza. Nangabe asikudli ukudla okunepilo, singagula.

Imikhakha yokudla emihlanu

Iinthoro
nemikhiqizo
yeenthoro



Abanye abantu
badla imirorho
kwaphela. Lokho kutjho
kobana abayidli inyama.
Badla kwaphela ukudla
okusemabuthelelwani
amanekwaphela.

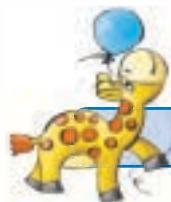
Inyama,
ihlambi,
inyama emhlophe,
amantongomani
neembhontjisi



Imirorho neenthelo

Amafutha ne-oli

Imikhiqizo
yederi



Asenzeni lokhu

Khuluma nomngani wakho ngikuphi ukudla
okunepilo kilokhu. kuzungelezele.

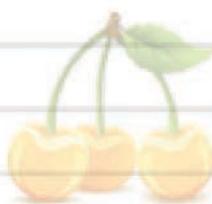


Asitlole

Yenza kwangathi
uye esitolo
esiyisuphamakethe
nomma wakho
ukuyokuthenga ukudla
kwakusihlwa. Yenza irhelo
lokudla oyokuthenga
okunepilo okuyokudliwa
mndeni wekhenu.



Irhelo lezinto ezizokuthengwa





2

Amanzi asinikela ipilo

Ithemu - I - Iweke - I - Iphepha lokusebenzela



Asikhulume

Kubayini sitlhoga amanzi?
abantu, iintjalo neenlwana
zitlhoga amanzi ukuze ziphile.
Amanzi athatha ukudla
esikudlako akuse eengcenyeni
zoke zomzimba. Amanzi asiza
ukukhupha okungasatlhogwa
mizimba yethu.



Asenzeni lokhu



Ngamalanga sisebenzisa amanzi emakhaya. Tjela umngani wakho kobana amanzi siwasebenzisela ukwenza ini? Bala izinto ezhhlukahlukeneko. Emuva kwalapho gwala iinthombe ezine ukutjengisa kobana amanzi assetjenziselwa ini. Tlola isihlkwana ngehla kwaleso naleso isithombe ukuhlathulula kobana simayelana nani isithombe leso.

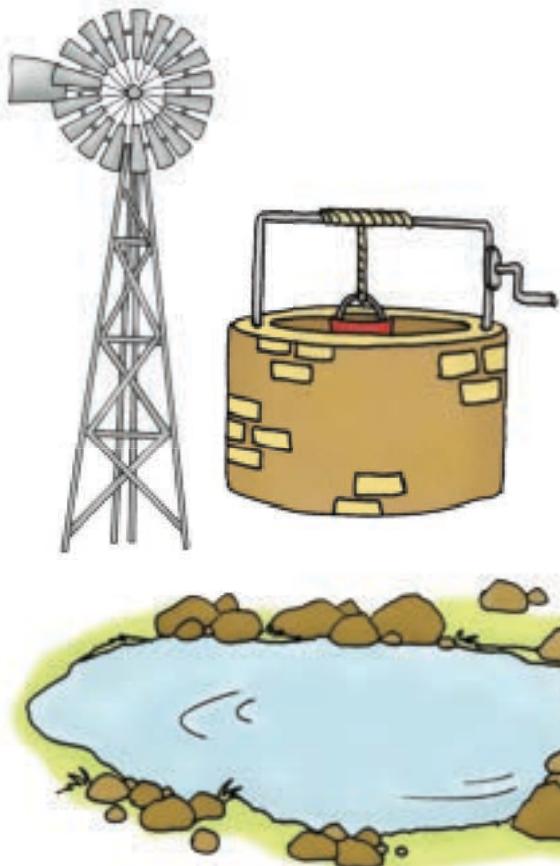
4

Ilanga:



Asitlole

Siwathola kuphi amanzi? Thala umuda ukumadanisa
isithombe negama okungilo.



Itwasahlobo
Isiphehlaammoya
Umlambo
Idamu
Ipetsi



Asiphumele ngaphandle

Ngaphambili kobana nenze umsetjenzana wangaphandle ngaphandle, thomani ngokuzilula njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyisikinyeke kuhle. Nasele niqedile ukwenza umsetjenzana lowo, ziluleni ukuze niledlhe benipholise imizimba. Lokhu kuzonisiza kobana ningezwa ubuhlungu bemisipha.

- Yeqa njengesirhwarhwa. Banga itjhada elenziwa sirhwarhwa.
- Phoselanani ibholo nanyana umgodlana oneembhontjisi ngaphakathi omunye awubambe.
- Ngemuva kwalapho phosela ibholo nanyana umgodlana oneembhontjisi phezulu bese uyawubamba godu.
- Beka umgodlana oneembhontjisi unzinze ehloko yakho bese ukhamba masinya. Phalisana nomngani wakho. Qalani kobana nizokukhamba ibanga elide kangangani ngaphambili kobana umgodlana lowo uwe.





Ukongiwa kwamanzi



Asikhulume

Amanzi aqakatheke khulu, kumele singawamotjhi.
Khuluma nomgani wakho ngeendlela ezihlanu
ezahlukeneko esingabulunga ngazo amanzi.



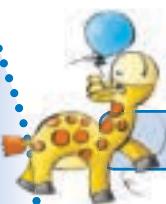
Asitlole

Tlola imibono emibili esingabulunga ngayo
amanzi esikhali esingenzasi.



1.

2.



Asenzeni lokhu

Sebenzisa amakhayoni
nephewha ukwenza
iphosta enemibalabala
ngokonga amanzi.
Iphostara yakho
ifanele ikhuthaze
abanye kobana bonge
amanzi. Nasele uqedile
ukwenza iphostara
yakho, itjengise
umngani wakho.





Asiphumele ngaphandle

Asidla leni umdlalo "Sikhathi bani Nomzana Pisi?"

Omunye wenu kumele abe yipisi.
Dlheganani ngokubuza umbuzo othi,
"Sikhathi bani Nomzana Pisi?"

Njalo nawubuza umbuzo,
ipisi imele itjho kobana sikhathi bani.

Kodwana lokha ipisi nayithi "sikhathi sokudla," ipisi izokuthoma ukugijimisa abantwana. Kufanele ugijime ubaleke ngaphambi kobana ikubambe.

Kwanjesi tholani iwulahubhu nidiale ngayo. Wena nomngani wakho kumele nidlhegane ukukhamba nizombe phezulu kwewulahubhu, kokuthoma ukhamba ngeenyawo ulamanise ngokukhamba ngezandla. Ngemuva kwalapho bamba iwulawubhu ngezandla zakho lokha abangani bakho bakhasa ngaphasi kwayo. Dlheganani ukwenza lokhu.

Kokugcina,
ngeenqhem
zanga-4 ziyezeni
ukugida umgido
weSewula
Afrika.





4

Ummoya ohlanzekileko/ ohlwengileko usipha amandla



Asifundeni

Ummoya esiwuphefumulako une-oksijini. I-oksijini isiza imizimba yethu ukusebenzisa ukudla esikudlako. Ngemuva kwalapho, sithola amandla. Lokha nasiphefumula ummoya ongakahlanzeki, imizimba yethu ayikwazi ukusebenza kuhle nangefanelo.



Asitlole

Hlala nomngani wakho. Nobabili, qedelelani emdeni esemtjhweni elandelako:

Ngidinga ummoya ohlanzekileko/ohlwengileko ngombana

Lokha ummoya nawusilaphelko

Ummoya uyasilaphala lokha

Singenza ini ukugcina ummoya uhlanzekile?

1.

2.

Ilanga:

8



Asifundeni

abantu batlhoga ukuhlala elangeni ukuze bathabe bebazizwe baphole tswe. Ilanga lisiza imizimba yethu ukwakha iVithamini D. IVithamini D yakha amathambo aqinileko. Nawuhlala elangeni khulu nakhona akukalungi. Ilanga lingasitjhisa sisale sinamabala wokutjha esikhunjeni. Kumele usebenzise isezeno esikhandela ilanga kobana lilimaze isikhumba sakho.



Asitlole

Qedeleta ngokutlola emdeni engenzasi.

Ngingaphepha ukuhlalela ilanga elitjhisa khulu ngoku-

1. _____
2. _____
3. _____



Asivumeni

Vumani ingoma elandelako
bese niwahlela igido layo.



Kumele usebenzise
isezeno esikhandela
ilanga kobana lilimaze
isikhumba sakho.



Ukukhanya kwami

Ukukhanya kwami ngingedwa.

Uyangithabisa

Lokha umkayi nawusamlotha.

Angekhe wazi, wena othandekako,

Kobana ngikuthanda kangangani.

Ungathomha hle ususe ukukhanya kwami.



q



5

Mina nabanye

Ithemu-1 – I'veke-3 – Iphepha lokusebenzela



Asikhulumo



Asitlole

Soke siyathanda ukuba
nabangani abalungileko.
Wazi njani kobana umngani
wakho ulungile?

Emdeni engenzasi, tlola izinto ezenza kobana
omunye umntwana sithi umngani olungileko.



1. _____
2. _____
3. _____
4. _____



Asitlole

Cabanga ngemibuzo elandelako bese utlola phasi iimpendulo zakho.

Bangaki abangani bakho?

Ngubani ibizo lomunye wabangani bakho abakhulu?

Sikhathi esingangani nibangani?

Yini okukhethekileko ngomngani okukhulunywa ngaye ekondlweni engehla?

10

Ilanga:



Asikhulumé

Hlala nomngani wakho bese nikhulumá ngeentatimende ezilandelako.
Tlola itshwayo (✓) ngebhoksini nangabe liqiniso, nesiphambano (✗)
nangabe akusilo iqiniso.

Irhelo lokuhlola ubungani

Iye ✓ Awa ✗

Umngani wami unetjhejo.	
Umngani wami uyangisiza.	
Umngani wami wabelana nami.	
Umngani wami akalwi nami.	



Asenzeni lokhu

Cabanga ongakwenza ukuze
umngani wakho azizwe
akhethekile. Ngemuva kwalapho
gwala isithombe ngento
leyo bese usenzele nefremu.
Khumbula ukukghabisa ifremu
yesithombe sakho. Nasele
ukwenzile lokho, khulumani
ngemibala epholileko nemibala
etjhisako oyisebenzisileko
esithombeni sakho.



Asitlole

Tlola imtjho emibili ngesithombe.





6

Abantu abaseduze kwethu

Ithemu - I - I'veke - 3 - Iphepha lokusebenzela



Asikhulumo

Qala iinthombe. Cabangani ngezinto ezihle ezenziwa bangani bese nicoca ngazo eenqhemeni zenu. Ngemuva kwalapho cabangani kobana abangani abambi benza ini. Tshwaya (✓) esithombeni ngasinye esitjengisa ubungani obuhle bese utshwaye isiphambano (✗) esithombeni esitjengisa ubungani obumbi.



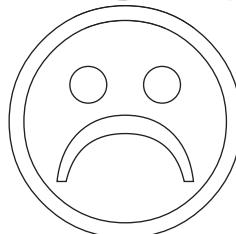
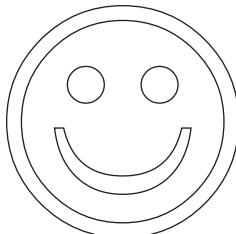


Asifunde

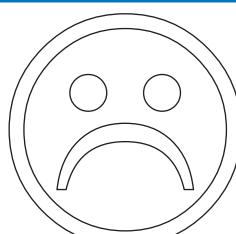
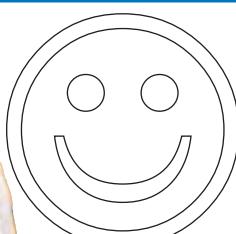
Funda omunye nomunye umutjho bese ufaka umbala ipendulo
Iye 😊 nanyana Awa ebusweni obunembako 😞.



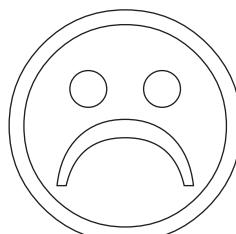
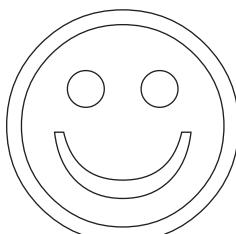
Ngimngani olungileko.



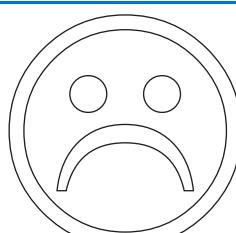
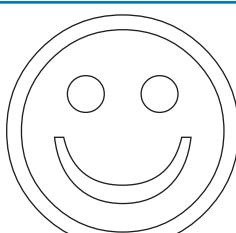
Nginetjhejo
kumngani wami.



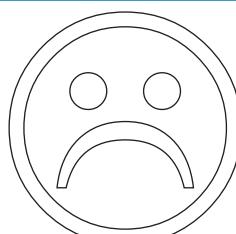
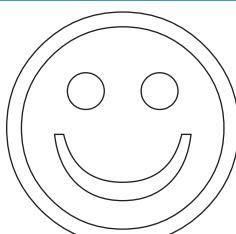
Ngibalungele abafundi engifunda nabo
ngetlasini.



Abafundi engifunda nabo ngetlasini
nabo bangilungele bebanomusa kimi.



Nginommoya ophasi
ebantwini ebatjhidelene
nami.



Asithuthuke

Asidllaleni "Jama esithunzini sami".

Wena nabangani bakho kumele nilinge ukugadanga
iinthunzi zenu. Dlheganani nibone kobana
ningagadanga phezu kweenthunzi ezingaki.
Ungalokhu ukhamba ukukhandela umngani wakho
kobana angajami esithunzini sakho.





7

Akusekho ukuthelisa

Ithemu-1 – Iweke-4 – Iphepha lokusebenzela

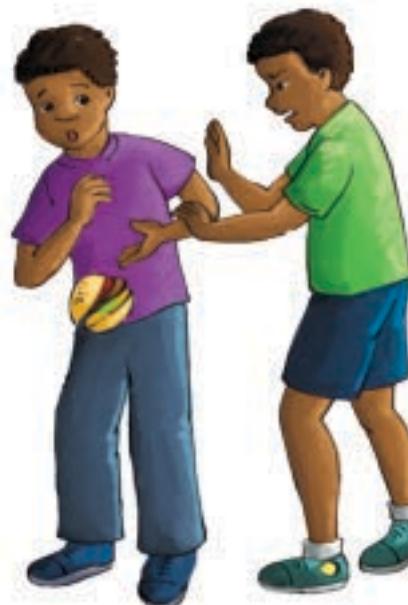


Asitlole

Qalani esinye nesinye isithombe.

Ungenza ini nangabe umntwana otheliswako? Eduze kesinye nesinye isithombe tlola umutjho munye ngokuthi kumele sibaphathe bunjani abantu.







Ilanga:



Asenzeni lokhu

Wena nomngani wakho lingisani
umntwana othelisa omunye.
Yitjhoni-ke kobana kungenziwa ini
ukukhandela ukutheliswa kwabanye
abantwana.



Asiphumele ngaphandle

Zihleleni ngeenqhemha nga-5.

Kwanjesi jamani umjeje bese nidlulisela ibholo phambili ngokuyiphoselana. Qalani kobana ngisiphi isiqhema esingaphoselana ibholo beyingawi beyiyokufika emuntwini wekugcineni ngesikhathi esifitjhani. Nasele niqedile ngalokho, lingani ukuphoselana ibholo ngenye indlela eyahlukileko:

- Phosela omunye umfundsi ibholo ojame ngemuva kwakho, kodwana ibholo kumele uyiphose bese idlula hlangana nemilenze yakho.
- Phosela omunye umfundsi ojame ngemuva kwakho, kodwana ibholo kumele uyiphose bese idlula ngaphezulu kwehloko yakho.
- Phosela ibholo ngesinceleni bese idlulela komunye umfundsi ojame ngemuva kwakho.
- Phosela ibholo ngesidleni bese idlulela komunye umfundsi ojame ngemuva kwakho.
- Kwanjesi phoselanani ibholo bese niyabala kobana ningayigama kangaki.



8
Ithemu- | – I'veke-4 – Iphepha lokusebenzela



Asikhulume

Soke sikhethekile

Qalani iinthombe bese niyatjho kobana abafundi abalandelako bafana ngani. Yitjhoni nokobana bahluke burjani.





Asifunde

Dlalani umdlalo olandelako ngeenqhemu. Qalani boke abafundi ngetlasini yenu. Ngemva kwalapho fundani iintatimende ezilandelako. Nangabe isitatinende siliqiniso, tshwaya (✓) ngebhoksini elingesandleni sokudla, begodu nangabe isitatinende simamala, tshwaya isiphambano (✗).

Iye ✓ Awa ✗

Ingabe abantazana abasana babonakala bafana?	
Ingabe iinhluthu zabo boke abafundi ngetlasini zinombala ofanako?	
Ingabe boke abafundi banamehlo afanako?	
Ingabe izandla zabo boke abafundi ziyalungana?	
Ingabe boke abafundi betlasi bayalingana ngobude?	



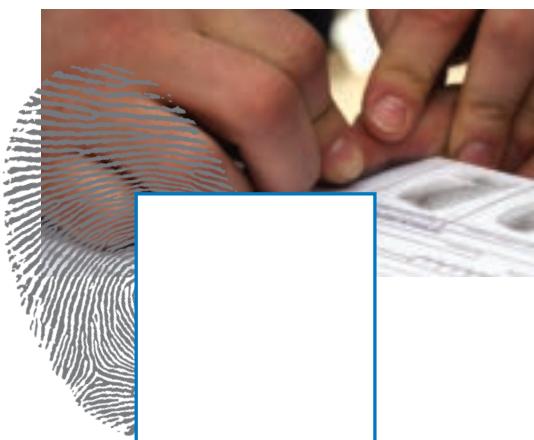
Asikhulume

Ingabe uyabona kobana asifani? Begodu uyabona kobana siyafana ngezinye izinto? Cocani ngalokho esifana ngakho.



Asigwaleni

Gwala isithombe sakho. Sebenzisa isezezo somlomo ukwenza ukugadangisa umuno wakho eduze kwefreyimu yesithombe.



Uyazi nje kobana ephasini loke akekho umuntu onegadangiso lemino elifanako?

Nguwe wedwa begodu ukhethekile!





Sizizwa bunjani

Cocisanani kobana nizizwa bunjani lokha nanivelelwe yinto ehle nekarisako. Ngemuva kwalapho cocisanani ngokuthi nizizwa bunjani lokha nanivelelwe ngokumbi. Lokhu sikubiza ngokuphakama kwemizwa.



Asitlole

Tlola iimpendulo zemibuzo engenzasi.



Ngikuphi okungithabisako?

Ngikuphi okungenza ngidane?

Ngikuphi okungenza ngithuke?

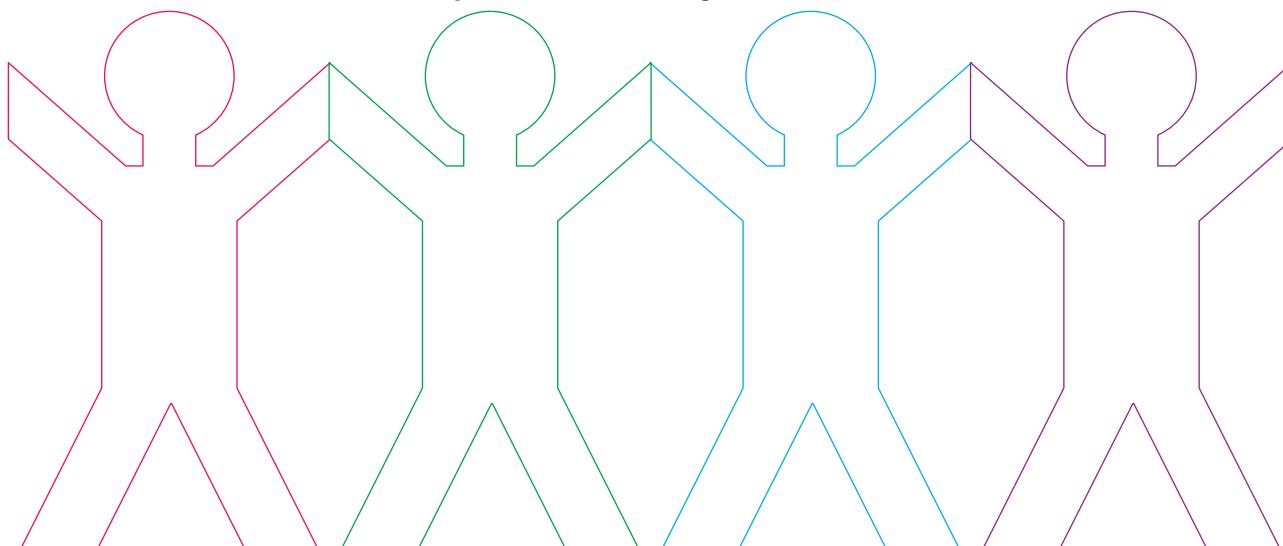
Ngikuphi okungenza ngithabe?

Ilanga:



Asenzeni lokhu

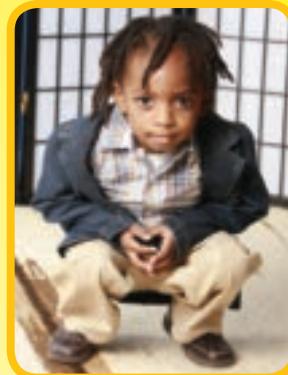
Gwala bese ufaka nombala iketani yobungani. Linga ukwenza unodoli omunye nomunye ahluke komunye ukutjengisa kobana asifani begodu sikhethekile. Nasele nikwenzile lokho, ningasika iketani yobungani kibosika abaphakathi nencwadi le. Yenza unopopi ngamunye aqaleke ngendlela eyahlukileko bese niyabatjela kobana bajame phezulu kwedeski lakho ukuze akukhumbuze kobana soke asifani begodu sehlukile komunye.

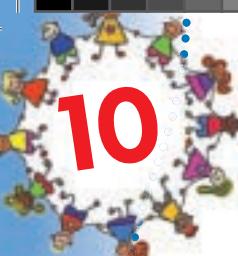


Asiphumele ngaphandle

Yenza umzimba wakho ube mkhulu ngendlela ongakghona ngayo. Linga ukwenza umzimba wakho ube mncani ngendlela ongakghona ngayo.

Linga ukwenza umzimba wakho ube mude ngendlela ongakghona ngayo. Kokugcina, linga ukuwenza ube mfitjhani ngendlela ongakghona ngayo.





Abantu abaphila nokukhubazeka



Asikhulume

Qalani iinthombe ezilandelako.

- Ubona ukukhubazeka okwehlukileko okumihlobo emingaki?
- Omunye nomunye umntwana usebenzisa ini ukuzisiza?
- Ucabanga kobana omunye nomunye umntwana ngamalanga uhlangabezana namiphi imiraro epilweni yakhe?
- Khulumani ngesingakwenza ukubasiza.



Asitlole

Qalani iinthombe ezilandelako.

UBathabile akawazi ukukhamba.

Usebenzisa _____
ukukhambakhamba.USelephi akaboni kanti
usebenzisa _____
ukuthola lapha akhamba khona.

isihlalo mavilo

inja ekurholako





isisetjenziswa esisiza
ukuzwa

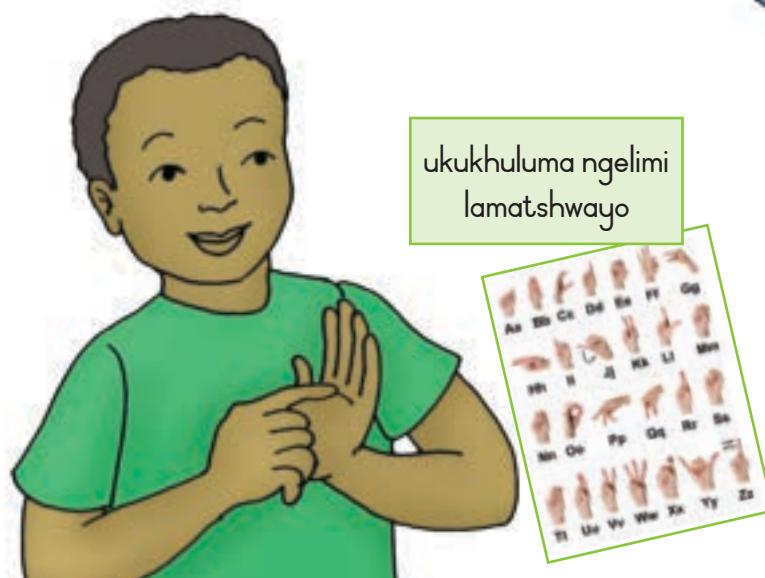


UBangani akezwa.

Usebenzisa _____
ukumsiza kobana ezwe.



ukukhuluma ngelimi
lamatshwayo



UJabu akakhulumi/simumu.

Usebenzisa _____
ukukhuluma.



iingodo (ekukhanjwa
ngazo nawulimeleko)

UNomusa usebenzisa

_____ ukukhamba.



Asenzeni lokhu

Sebenzisani umdaka nanyana
ihlama yokudlala ukwenza ivasi
nofana ibhigiri.





11

Boke abantwana baligugu bebakhethekile

Ithemu-1 – Iweke-6 – Iphepha lokusebenzela



Asikhulumo

Abantwana abalandelako laba bahluke bunjani kuwe?
Bafana bunjani nawe?



Asifunde

Ephasini loke abantu bagidinga amalanga akhethekileko.

Sithanda ukudlala nokuvuma.

Soke sifuna ukudla sidle.

Soke kufanele siye esikolweni.

Nasigulako, soke kufanele sibonane nodorhodera.

Soke kufanele sihlanzeke besizigcine sihlanzekile.

Akukafaneli kobana sisetjenziswe kabudisi.

Sibentwana.

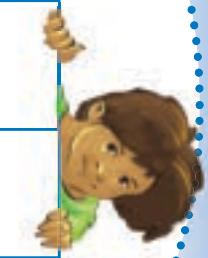
Ilanga:



Asitlole

Buza abangani bakho aba-3 imibuzo elandelako. Tlola iimpendulo zemibuzo yabo ngemabhoksini angenzasi.

Qedeleta ngokutlola ibizo lomngani wakho.			
Ngiyiphi ikolo yakho?			
Migidingo miph ikhethekileko kuwe enalokhu?			
Udla ini?			
Wena ngiziphi izambatho ezikhethekileko ozembathako?			
Ugidinga ini ngalokhu:			



Asenzeni lokhu

Qala isithombe.
Mumebhe wephasi.
Uyabona
kobana ephasini
kunamalwandle
namalwandlekazi.
Amalwandle afake
umbala ohlaza
sasibhakabhaka.
Gwala iinhambi
ezimbalwa elwandle.
Faka inarha umbala
ozotho.





Asikhulume

Ikutana yami

Ingabe bakhona abafundi abaphila nokukhubazeka esikolweni senu?
Khulumani ngalokho.

Isikolo singenza ini ukubasiza nabasesikolweni? Ingabeabantu abaphila nokukhubazeka bangaba ikutana?



Asifunde

Ezinye ikutana ziphila nokukhubazeka.

Siqalelela kizo. Kukhona omunye umuntu ophila nokukhubazeka begodu ophuma phambili emidlalweni? UNatalie du Toit waquntwa inyawo langesinceleni ngemva kokufunyana ingozi ngetzikiri. Ukhamba ngenyawo lokwenziwa kodwana nakadudako, usebenzisa umlenze owodwa.



Asikhulume

Khulumani ngabantu abaphila nokukhubazeka abenza izinto ezimangazako. Cabangani ngalokhu:

- Abantu abaphopheleko abadlala iisetjenziswa zomvumo. Kukhona omunye umuntu ophopheleko omaziko?
- Abantu abaphopheleko abatlola iingoma. Ungacabanga ngomunye umuntu osibonelo kilokhu?



Ilanga:



Asitlole

Esikhalieni esingenzasi, tlola imininingwana nekutana yakhonofana umuntu oqalelele kuye.

Ikutana yami:

Gwala isithombe somuntu omthatha njengetana yakho nanyana umuntu oqalelele kuye. Tlola amagama eduze kwesithombe sakho ukuhlathulula umuntu loyo. Isibonelo, unethando, unesithunzi, unomusa, uyakwazi ukukhuthaza abanye, njll.

Ungaba yikutana ngaziphi iindlela? Wena nomngani wakho khulumisanani ngemibono eningayiveza/eningayicabanga. Kwanjesi tlola indatjana ngokuthi kungani waba yikutana. Qedelela imitjho engenzasi:

Ngelinye ilanga

Ngaqunta

Ngangifuna/Ngacabanga

Ngikho nje ngaba yikutana



Ukuhlwengisa amanzi

Ithemu - I - I'veke - 7 - Iphephä lokusebenzela



Asifunde

Qala irhalasi elinamanzi.

Kukhona into oyibona ngaphakathi?

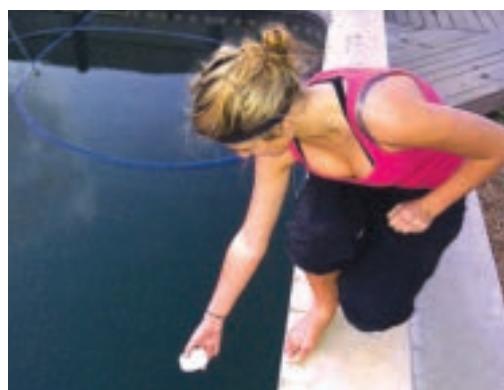
Awa, angekhe wabona litho. Kodwana uyazi nje kobana ngesinye isikhathi ungafunyana imilwana ngaphakathi kwamanzi?

Imilwana le mincani khulu begodu angekhe wayibona ngamehlo wenyama. Nawuzakusela amanzi lawo ngaphambi kokubulala imilwana leyo, untagula khulu. Kanengi kumele siqinisekise kobana amanzi esiwaselako ahlwengekile.



Asikhulume

Khulumani ngalokho okungenzeka lokha nasisela amanzi angakahlwengeki. Kwanje qalani iinthombe ezingenzasi. Cocsana nomngani wakho ngeendlela ezahlukeneko zokuhlwengisanofana zokucwengisa amanzi.



Faka ipilisi letlorini ngemanzini.



Bilisa amanzi
imizuzu emi-5.



Faka amakhemikhali.



Sefa amanzi.





Asikhulume

Ngimaphi amanziocabanga kobana aphephile ukuwasela?
Penda amanzi lawo ngombala ohlaza sasibhakabhaka nawucabanga
kobana aphephile begodu angaselwa.

Amanzi womlambo



Amanzi aphuma eborweni.

Amanzi wepompo



Amanzi athengiwewo angebhodlelweni.

Amanzi welwandle



Amanzi angeketleleni abilisiweko.



Asenzeni lokhu

Sebenzani ngeenqhemha bese nenza isisefo samanzi ukuze
nihlwengise amanzi. Lalelisani lokha utitjhore nakanihlathululelako
ngalokho enifanele nikwenze.



Uzokutlhoga okulandelako:

Ibhodlelo leplastiki elinamalitha ama-2 litha

Isanda emarhororhoro/emakaritjha

Amatje amancani

Isikere

Ivolo yekoteni



Asitlole

Nombora iindlela zakusefa amanzi ngendlela efaneleko.

	Thela isanda esefefe yaba lula ngaphezu kwento yekoteni.
	Phendula ibhodlelo liqale phasi.
	Thela isanda emakaritjha.
	Ngokuyeleta okukhulu sika ilingenzasi lebhodlelo leplastiki.
	Thela amanzi anedaka ngaphakathi.
	Phosela amatjana amancaninofana ikhethe ngaphakathi kwebhodlelo.



Indlela yokuphila okungiyo



Asifunde

Funda yoke imikghwa elandelako, ingaba mihle nanyana ibe ngemimbi. Nangabe ucabanga kobana mumukghwa omuhle, tlola itshwayo (✓), eduze komutjho lowo. Nangabe ucabanga kobana mumukghwa omumbi, tlola isiphambano (✗) eduze komutjho lowo.

Imikghwa Utitjhere usiza umfundi ukufunda.	Omumbi ✓	Omuhle ✗
Ngidla ukudla okunepilo.		
Ngiphosa izinto ezingafunekiko ngefesidiri lebhesinofana leteksi.		
Ngihlamba iinhluthu zami njalo.		
Ngidla amaswidi amanengi.		
Ngigcina amazipho neendlebe zami zihlwengile.		
Ngihlamba amazinyo wami nomlomo kanye ngelanga.		
Ngidobha iinzibi ngiziphosele ngemqgomini weenzibi.		
Ngihlamba izandla zami njalo ngemuva kokuya ngendlini yokuzithumela.		
Lokha nangithimulako/nangikhohlelako, ngivala umlomo wami ngesandla.		
Ngithabulula umzimba njalo.		
Ngihlamba izandla zami njalo ngaphambi kokudla.		
Ngibhambalala ngaphambi kumabonwakude ama-iri amanengi.		
Ngihlala abantu abakhulu nabacocako.		



Gwala iphostara ngomukghwa omuhle nanyana omumbi.

Asenzeni lokhu



Asitlole

Qalisisa iphostara yakho. Funda isitatimende ngasinye bese ufake ubuso obuhlekako nangabe isitatimende siliqiniso. Faka ubuso obudanileko nangabe isitatimende asisilo iqiniso.



Iye	Awa

Iphostara yami yihle, inemibala ekhangako.

Ngikuthabele ukwenza iphostara le.

Ngikubone kulikhuni ukwenza iphostara le.



Asiphumele ngaphandle

- Ungeqela kude kangangani? Sebenzisa iinrobho ezintathu. Yeqa ngaphezulu kwazo. Ngemuva kokweqa, zibeke godu maqalanga ubone kobana ungeqela kude kangangani.
- Ngemuva kwalapho-ke bawa abangani bakho ababili babethe iqathulo wena bese uyayeqa.
- Dlheganani ngokweqa iqathulo.





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Itthemu - I - Iweke - 8 - Iphepha lokusebenza



30

Ilanga:

Imikhiqizo eyonakalako naleylo engonakaliko

Asikhulume



Cocani ngokudla okufanele
kugcinwe kumakhaza
ukukhandela kobana kungaboli.
Quntani kobana ngikuphi
ukudla okungatlhogi kobana
kubekwe endaweni emakhaza,
kodwana okungafakwa
ngemakasini/ngemakhabeteni.
Sika iinthombe ekhasini
labosika bese uzinamathisela
ngekhabeteni/ngekasini
nofana ngesiqandisini.





Asikhulume



Khulumani ngeendlela esingakhandela ngazo kobana
abotjhontjhwan ni neempukani zingahlali phezulu kokudla kwethu.



linkolo namalanga akhethekileko

Ithemu- | - I'veke-8 - Iphephə lokusebenzela



Asifunde

Kilo loke iphasi abantu bagidinga amalanga wokuphumula akhethekileko.

Ungagidinga maphi
amalanga wokuphumula?

Ngelanga lakaKresimusi sifunyana izipho. Begodu sipha abangani bethu namanye amalunga weminden yemakhaya izipho. Siba nomuthi wakaKresimusi emakhaya. Sibeka izipho zethu ngaphasi komuthi lowo. Siyawukghabisa umuthi bese sibeke neenkwekwezi phezulu. Ngelanga lakaKresimusi sidle ukudla okunengi, nokumnandi.



Sesilinde ilanga leDiwali ngamehlo abovu. Leso sikhathi lapha sifumana khona amaswidi amanengi nezipho ezinengi tle. Sipaka amaswidi amnandi namakhekhe ngamabhoksi silungiselela iimvakatjhi zemakhaya. Sikhangisa amalampa amancani bese siwabeka abhode umuzi. Sikghabisa izindlu zemakhaya bese sibe namakerekere.



Sesilindele ilanga leHanukkah khulu. Sizokuba nokudla okunengi esizokudla. Sithanda ukudla amakhekhe abhagwe ngepani netjhatjhatjha elinetjhukela enengi khulu. Begodu ngelanga lelo, silindele ukuthola izipho.

Abomzala bayeza bazosivakatjhela. Soke siyasiza ukupheka ukudla kwelanga begodu emakhaya sikhanyisa namakhandlela.

Kungasikade kuzokuba lilanga le-Eid.
Ngiyathemba kobana uzokufumana
isipho esihle. Nathi sizokupha abangani
bethu izipho. Kuzokuba namakhekhe
amanengi namaswidi esizowadla.
Sibona ngendlela ejame ngayo kobana
sekusikhathi se-Eid. Qobe minyaka
ilanga leli liba ngelanga elihlukileko.



Asivumeni

Vuma iingoma ozaziko
ezivunywa ngamalanga
alandelanako aqakathekileko.



linkhathi zomnyaka

Ithemu-2 – I'veke-/ – Iphepha lokusebenza



Asikhulume

Qala iinthombe ezimayelana neenkathi zomnyaka. Cocela umngani wakho kobana ubona ini esithombeni ngasinye. Mcocela kobana iinkhathi ezine zomnyaka zihlukene njani.



Ngisiphi isikhathi somnyaka osithanda khulu? _____

Kubayini uthanda isikhathi lesi somnyaka? _____

Ilanga lakho lamabeletho lingasiphi isikhathi somnyaka? _____

Ilanga:



Asivumeni

Lotjha nomzana Langa!

Ilanga lakho lisanda ukuthoma.

**Ngiyathanda ukubona ubuso bakho
obumanyazelako. Lotjha nomzana Langa.**



Zulu! Zulu tjhabala!

Abantwana bafuna ukudlala.

Uzakubuya ngelinye ilanga.

Ungabikhona ilanga libe linye tere.



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linkhathi ezine zomnyaka

Ithemu-2 – I'veke-/ – Iphepha lokusebenzela



Asenzeni lokhu

Sika iinthombe zeenkathi zomnyaka kibosika abangemuva encwadini yakho. Namathisela isithombe ngasinye eduze kwesikhathi esifaneleko somnyaka.



UJuni

UJulayi

U-Arhostesi

ubusika

USeptemba

U-Oktoba

UNovemba

itwadsahlobo





UDisemba

UJanabari

UFeberbari

ihlobo

Umatjhi

U-Apreli

UMeyi

isiruthwana



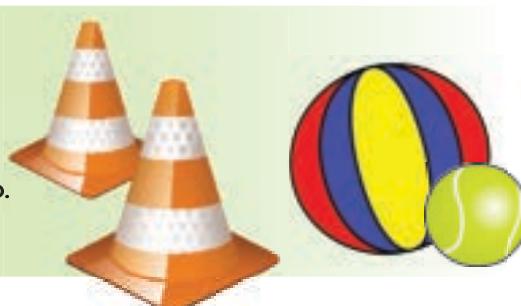
Asiphumele ngaphandle

Zijayeze ikghono lakho lebholo.

Phosela ibholo phezulu kweboda.

Gadanga ndawonye lokha nawubetha phasi ibholo.

Kwanjesi gjijima uphose ibholo ujikeleze isigodo.



linkhathi zomnyaka

Ithemu-2 – Iweke-2 – Iphepha lokusebenzela



Asifunde

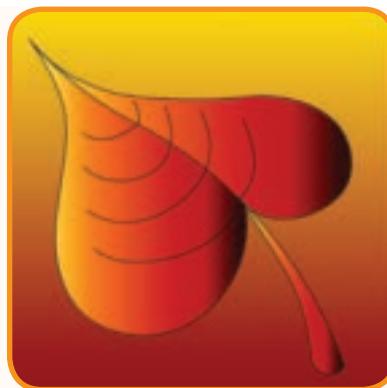


Ihlolo

Ubujamo bezulu buyatjhisa bufuthumele.
Imini yide kanti ubusuku bufitjhani.
Singaphola ngokobana sidudenofana sihlale
emthunzini.

Isiruthwana

Ubujamo bezulu buyaphola.
Amakari athoma ukutjhugulula umbala ube
sagolide bese ayawa emthini.
Iinyoni zipaphela eendaweni ezifuthumeleko.



Ubusika

Ubujamo bezulu bumakhaza.
Kezinye iindawo kulala ilothe.
Ubusuku bude kanti imini ifitjhani.
Ezinye iinyamazana ziyahluba ebusika.



Ithwasahlobo

Ubujamo bezulu buyatjhisa.
Iintjalo zithoma ukumila begodu
kubanamathuthumbo phezu kwezinye iintjalo.
Iinyoni zithoma ukwakha iindlheke bezibekele
amaqanda.



Ilanga:



Asikhulume

Ukudla okuhlukahlukeneko kutholakala ngeenkhathi zomnyaka ezihlukeneko. Qalisisa ukudla okulandelako lokhu kwehlobo nokwebusika. Tjela umngani wakho kobana uthanda ukudla kuphi nakutjhisa ko nalokha nakumakhaza.



Utijhere:
Tlikita:
Ilanga:

Ukwembatha ngendlela ubujamo bezulu bungakho



Asigwaleni

Gwala isithombe somsana nomntazana. Umsana kufanele ambathe izembatho ezifuthumeleko zebusika bese kuthi umntazana ambathe izembatho ezipholileko zehlobo.



Umsana	Umntazana



Asiphumele ngaphandle

- Yenza amaqbubi wehlabathini.
- Lokha utitjhere wakho nakutjela bonyana weqe, yeqa weqele ngaphakathi kwamaqbubi ngeenyawo zombili.
- Lokha utitjhere wakho nakutjela bonyana weqe, weqe uphume equbini ngenyawo elilodwa.
- Dlala iskomborika.
- Sebenzisa itjhogo ukugwala iindulunga neenkwere ehlabathini.





Asikhulumo

Cocela umngani wakho kobana sembatha ziphi izembatho kesinye
nesinye isikhathi somnyaka?



Thala umuda osuka ehlathululweni yezambatho esizimbatha ngesikhathi somnyaka.

Asitlole

Ukwembatha okukhambisana nobujamo bezulu

Lokha nakunelanga sifanele
ukuthwala iingwani ukuze
sizivikele elangeni.



Lokha nakufuthumeleko
sifanele ukwembatha
izembatho ezipholileko.



Lokha nakumakhaza
ngaphandle sifanele
ukwembatha izembatho zevolo
ezifuthumeleko.



Lokha nalinako sifanele
ukwembatha irenjasi
besiphathe nesambreni.





Asifunde

**Ihlobo**

Ehlobo abosomaplasi bavuna
iinthelo. Amakonyana
weenyamazana abamajadu.

Kezinye iindawo izulu lina khulu line
ngamawuruwuru nombani.

Utjani, amahlathi namathuthumbo
kumila ngamandla. Imithi
yona ibamide.

**Itwasahlobo**

Ngethwasahlobo imithi ithoma
ukumila amakari.

Sibona iinyoni, iinyosi,
amatuthumbo
namakari ahlezana.

Iinyoni zakha iindleke
bezibekele amaqanda.

Abosomaplasi bona barhuna/
baguda
uboya bezimvu.



Isiruthwana

Ezinye iinlwana zibulunga ukudla kwazo njengombana zizokutlhoga ngesikhathi sebusika.

Amakari wemithi athoma ukubasarulani, abezotho, abebomvu abuye abesalamune.

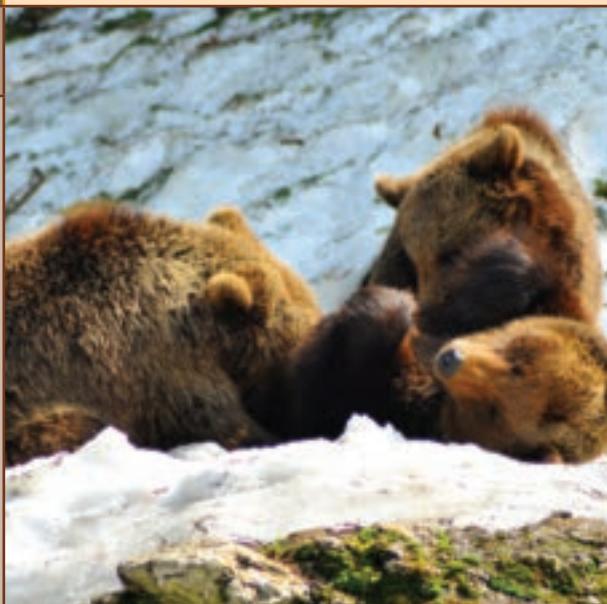
Utjani buthoma abezotho.



Ubusika

Ezinye iinlwana ziyahluba ebusika.

Ziyafuthumala ngombana isikhumba sazo sibamabhombo.



Asitlole

Ezinye iinlwana zenza ini ebusika? _____

Ezinye iinlwana zizivikela bunjani amakhaza? _____

Iinyoni zibuyela nini eendaweni ezifuthumeleko ebezibalekele kizo? _____



Ukutjala isitjalo ngebhlegeni

Asenzeni lokhu

Utlhoga

- Iimbontjisi
- Ivolo
- Isimumathi
- Amanzi



Bese wenzeni

Beka iimbontjisi phezulu kwevolo ngaphakathi kwesimumathi. Silonde njalo sihlale sithambile. Beka isimumathi efesidereni lapho kunomkhanyo khona welanga.
Tjheja isimumathi leso isikhathi esingaba ziimveke ezimbili.
Tjheja kobana kumila njani.

Qala iinthombe zeentjalo lezi ezingesimumathini.
Lokha isitjalo sakho nasiqaleka sinje, zalisa ilanga.



Ilanga	Ilanga	Ilanga	Ilanga

Ilanga:



Asenzeni lokhu

Yenza umdlalo wokulingisa ngesibandana.
Ungatjengisa ibhere nanyana isikwirili esibuthelela ukudla
nokugcina ukudla kwebusika.



Asiphumele ngaphandle

Zigede phasi ehlabathini njengenyoka
lokha nayifuna ukuhluba.

Phapha njengekonjani
liphaphela endaweni
efuthumeleko.



Utijhere:
Tlikita:
Ilanga:

linlwana: linlwana zemaplasini

Ithemu -2 – I'veke -4 – Iphephä lokusebenzela



Asikhulume

Qala iinthombe bese ukhuluma ngeenlwana zemaplasini ozibonako.

Ngisiphi isilwana osithandako?

Sithola ini kesinye nesinye isilwana kilezi ezilandelako?





Asitlole

Qedeleta ngependulo enembako ngaphakathi kwamatheyibula.
Yokuthoma selewenzelwe yona.



Eduna	Iramu
Esikazi	Ikonyana lakadumbana
Ikonyana	Idzinyani lemvu
Itjhada	Baa!
Indawo	Isibaya



Eduna	
Esikazi	
Ikonyana	
Itjhada	
Indawo	



Eduna	
Esikazi	
Ikonyana	
Itjhada	
Indawo	



Eduna	
Esikazi	
Ikonyana	
Itjhada	
Indawo	



Eplasini

Ithemu-2 – I'veke-4 – Iphepha lokusebenzela

Asivumeni



Umkhulu omdala bekaneplasi

Hee-hi-hee-hi-ho!

Eplasini bekaneenkomo

Zithi mu-mu lapha zithi mu-mu laphaya!

Lapha i-mu mu nalapha i-mu-mu!

Yoke indawo kuthi mu-mu-mu!

Umkhulu omdala

bekaneplasi

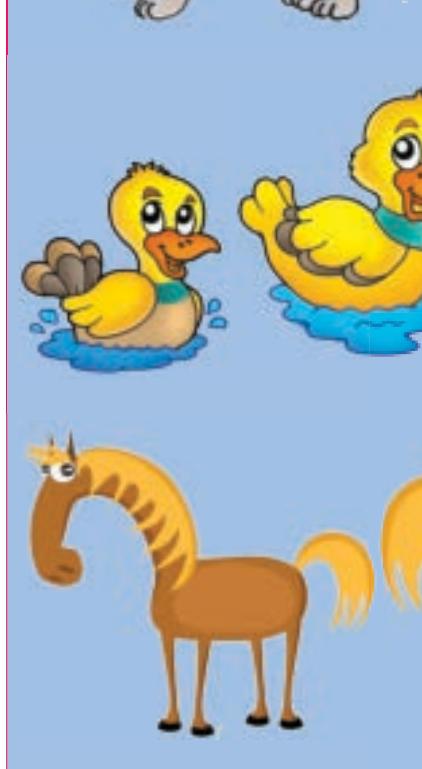
Hee-hi-hee-ho!





Asivumeni

Ragela phambili uvume ingoma. Jamiselela imida yekomo ngeenlwana lezi.



Eplasini bekanezinja.

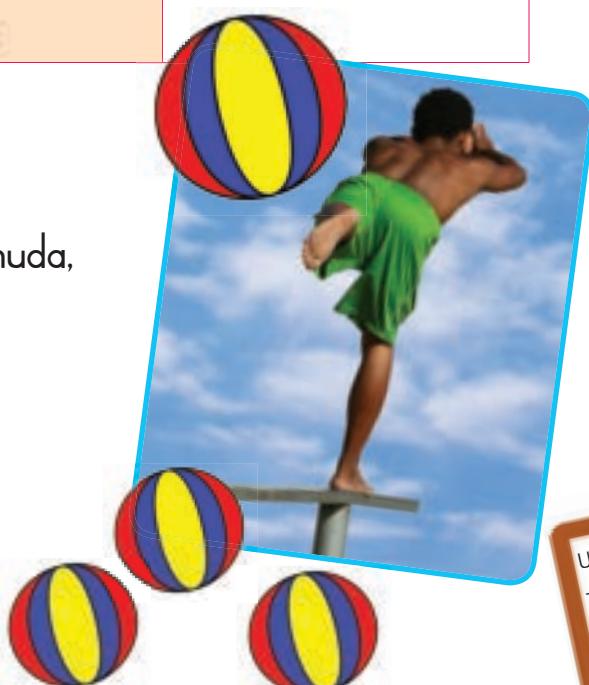
Eplasini abuye
abenamadada.

Eplasini abuye
abeneempere.



Asiphumele ngaphandle

- Bakhamba phezu kwentambonofana umuda, ngaphandle kokuwela phasi.
- Phosa ibholo emoyeni bese uyayigenda, ngaphandle kokuwela phasi.
- Kwanje rholobha njengepera.
- Betha umkhulungwana njengenja.
- Khamba njengerobodo.





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linlwana zemangweni

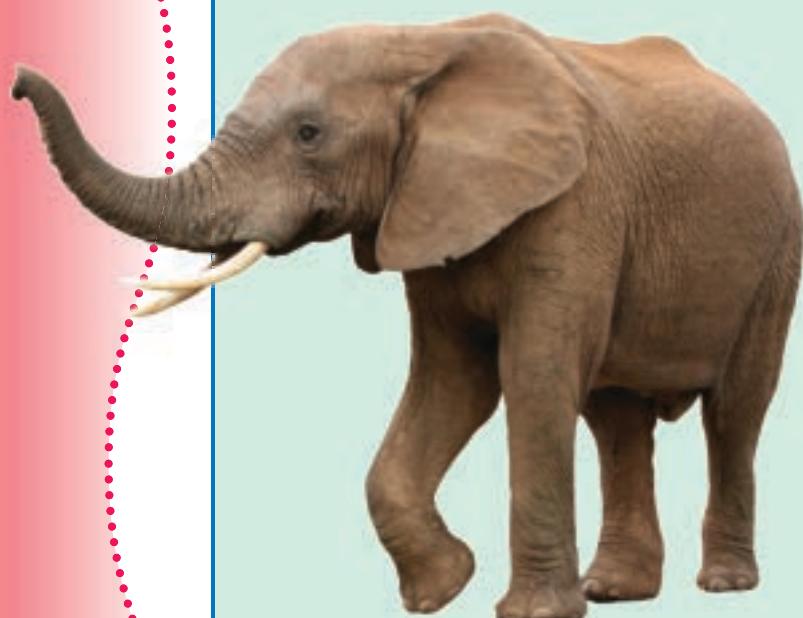
Ithemu-2 – Iweke-5 – Iphepha lokusebenzela



Asifunde



Amabhubezi awela emhlotjaneni wabokatsu. Ibhubesi laziwa njengekosi yeenlwana. Amabhubezi ayazuma abambe bekabulale iinlwana ezifana neempunzi namadube. Amabhubezi asikazi ngiwo azuma khulu. Amabhubezi avamise ukuzuma ebusuku ngeenqhemha. Amabhubezi athanda ukuhlala endaweni evulekileko enotjani. Amabhubezi avame ukuzwakalisa isililo sawo khudlwana.



Iindlovu ziinlwana ekungezikulu kilezo ezimunyisako ephasini. Iindlovu avame ukuba sengozini esikhathini esinengi ziyazunywa ngebanga lomsebenzi weempondo zazo. Iindlovu zikhula ipilo yazo yoke. Iindlovu zisebenzisa imiboko yazo ukufaka imirabhu, iinthelo namanzi ngemloyeni lokha nazidlako. Zidla ukudla okungaba budisi obumakhiligremu ama-200 ngelanga begodu zisele amalitha wamanzi angaba malitha ali-190.



Kukhona imihlobo emibili yabobhejani, ubhejani omhlophe nonzima. Abobhejani ababoni kuhle kodwana banekghono elihle lokunukelela. Abobhejani bakhulu begodu bangaba nobudisi obungabamakhilogremu azi-2 500. Abobhejani kanengi bayabulawa babulawelwa iimpodo zabo. Kufanele sikhandele besivikele ukubulawa kwabobhejani babulawelwa iimpondo zabo.



Ingwemabala ekulu ingaba mamitha ama-2 ubude. Ibonakala ngamabala abezotho okukhanyako namabala anzima sandulunga. Ingwe inekghono lokukhwela umuthi begodu ayibi nobudisi ukuzuma ikhwele emthini.



Iinyathi avame ukuhlala ngomhlambi. Lokha nakubonakala sengathi kunengozi, amatholekazi namakonyana ajama ngaphakathi kwendulungu ezungelezwe ziinkunzi ukuzivikela. Ezinye zeenkomo zommango zikhula zibe nokuphakama okungaba limitha eli-1,7.



iinlwana zizifihla bunjani

Ithemu-2 – I'veke-5 – Iphephä lokusebenzela

Asifunde



Ezinye iinlwana zizivikela ngokutjhugulula imibala yazo ifane nendawo lapho zikhona ukuze zivikeleke.

Inwabu litjhugulula umbala walo ufane nowomuthi eliwukhwelako. Imithalo etholakala phezulu komzimba wedube yenza kubebudisi ukubona idube emangweni nanyana emahlathini. Ezinye iinlwana zineensiba ezifanako ezenza kungabilula kobana zibonakale. Lokhu sikubiza ngokutjhuguluka kweenlwana.

Akhe ucabange ngezinye iinlwana ezitjhugulula umbala nokunye.

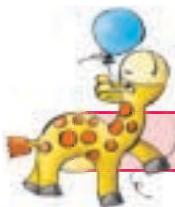


Efitjhani



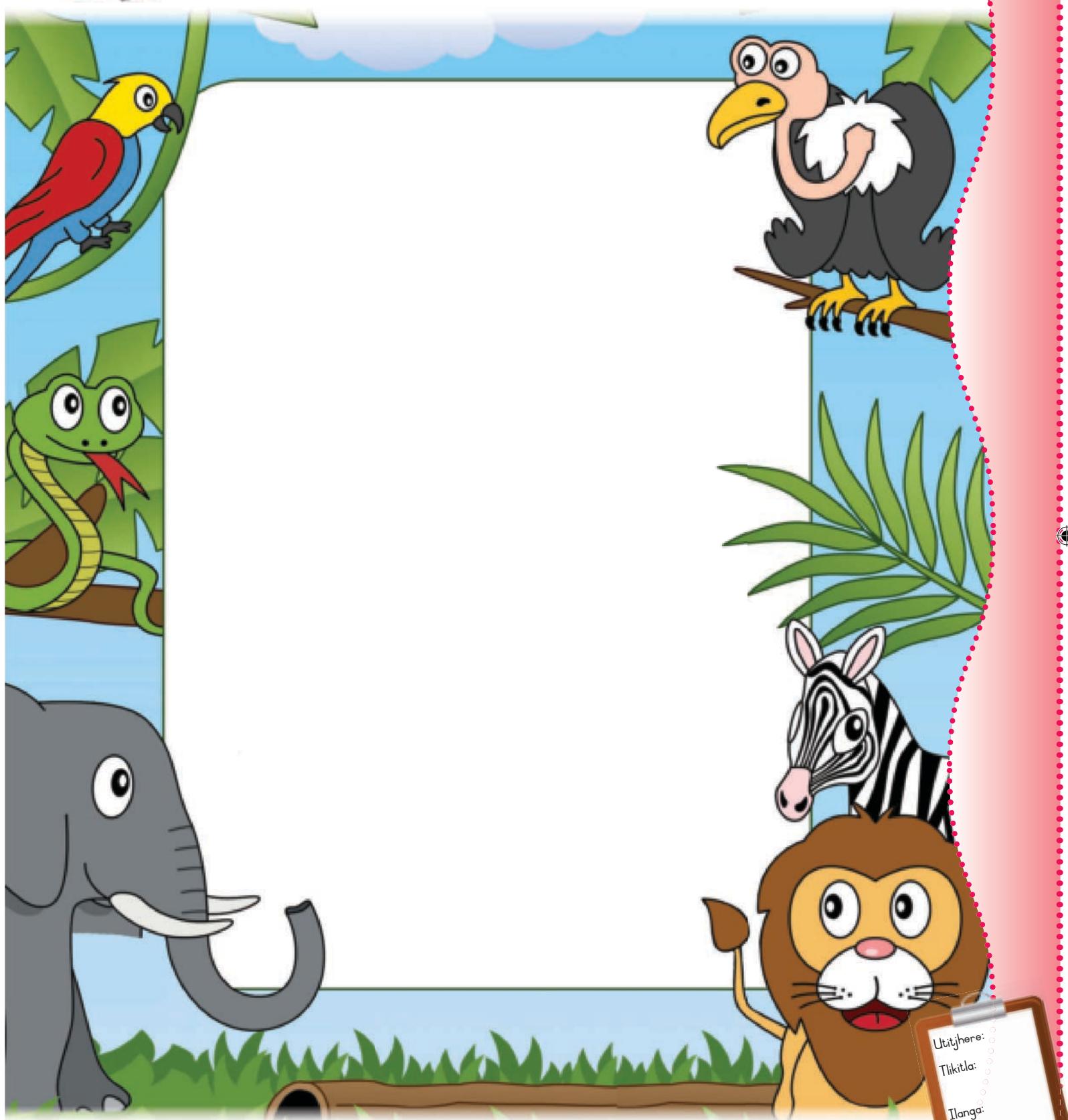
Utitjhore wenu uzanitjengisa kobana umvumo obethwa ngeenhlalo unjani.





Asenzeni lokhu

Gwala isilwana semangweni sibe sinye. Bese ucocela umngani wakho kobana isilwana leso sitjhuguluka bunjani umbala waso.

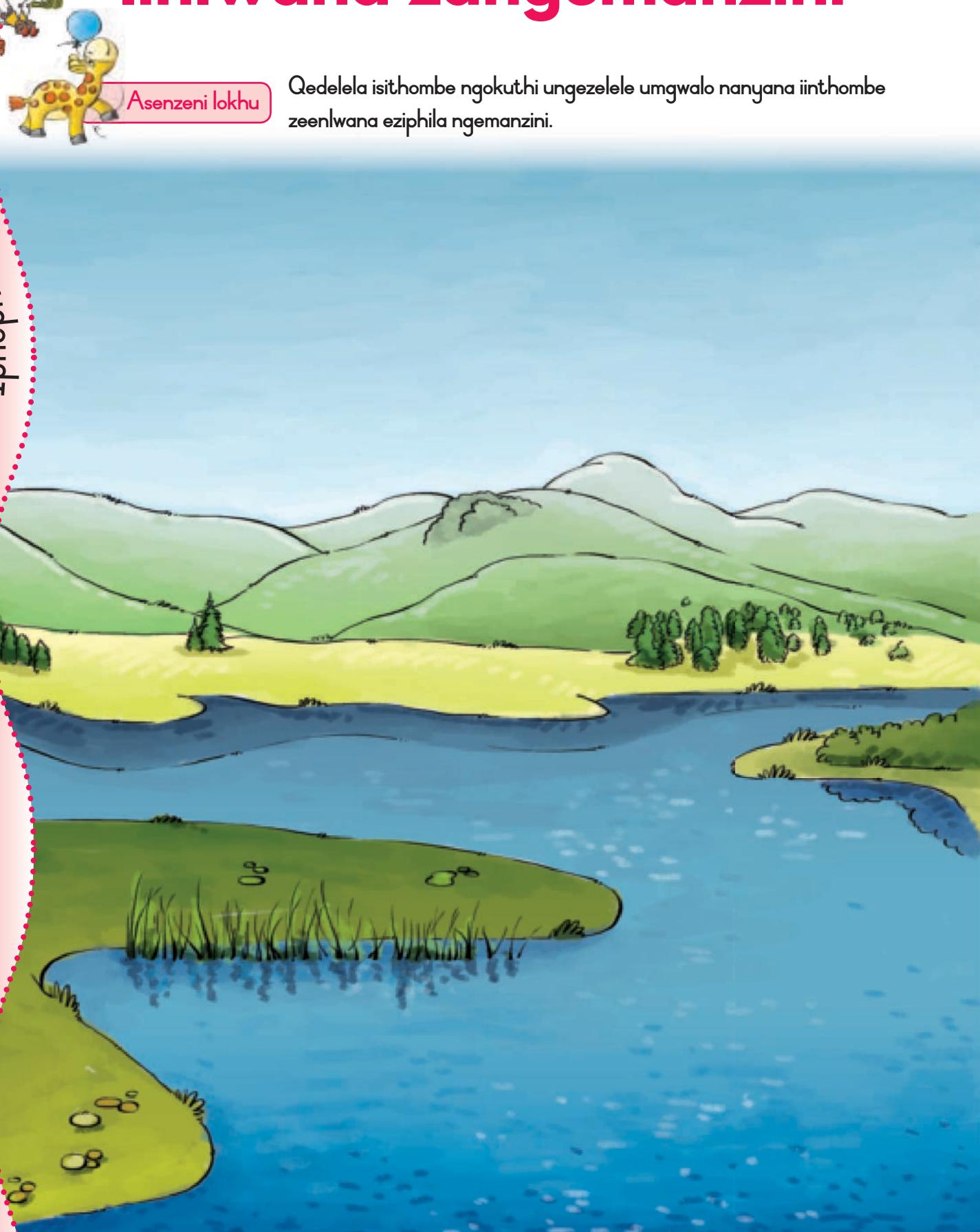


linlwana zangemanzini

Ithemu-2 – Iweke-6 – Iphepha lokusebenzela

Asenzeni lokhu

Qedelela isithombe ngokuthi ungezelele umgwalo nanyana iinthombe zeenlwana eziphila ngemanzini.





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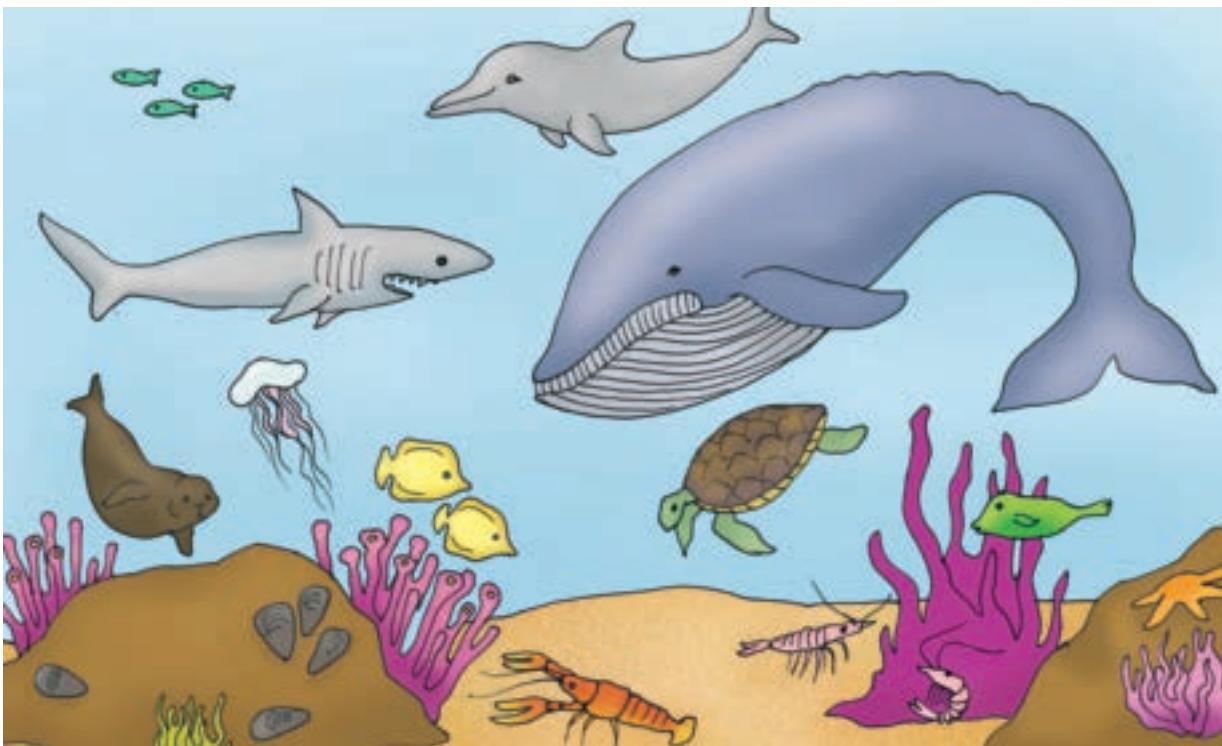


linlwana eziphila ngaphasi kwamanzi

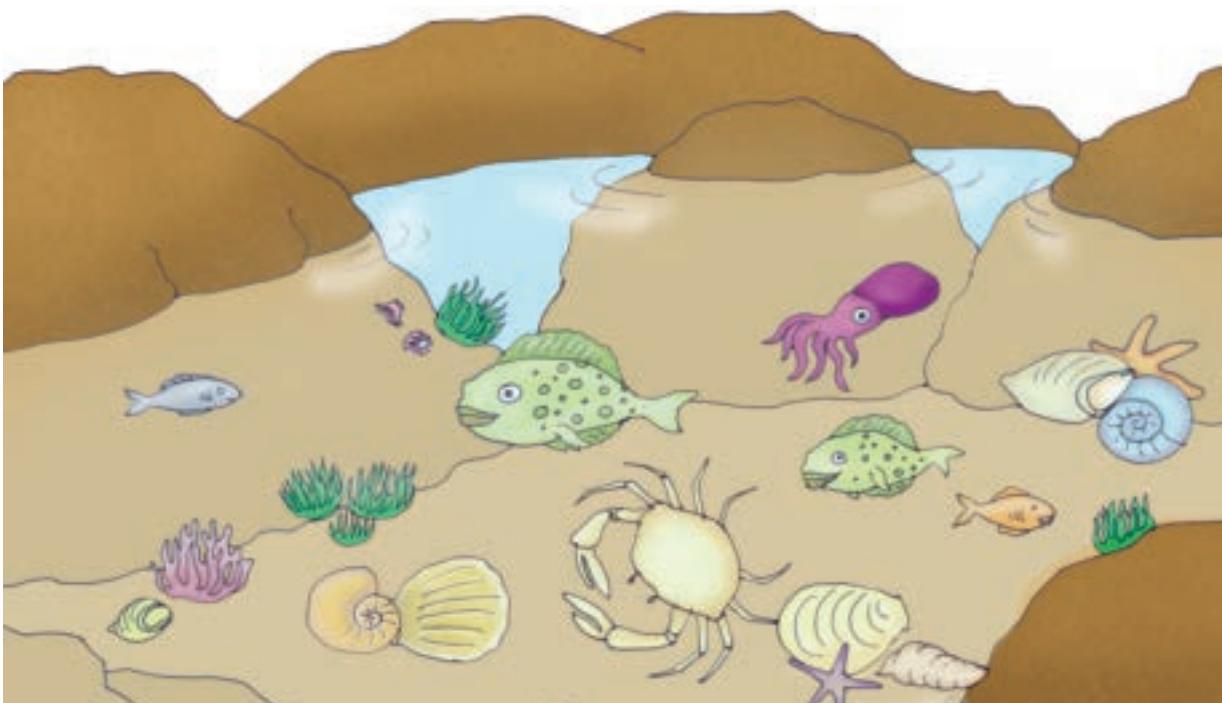


Asikhulume

Akhe siqale zoke iinlwana eziphila ngaphasi kwehlabathi.



Kukhona neenlwana ezincani eziphila hlangana namatje ngaphasi kwamanzi.



Utitjhore:
Tlikitla:
Ilanga:

55

Ubukghwari beenlwana

Ithemu-2 – Iweke-7 – Iphepha lokusebenzela



Asikhulume

Coca ngazo zoke iinlwanyana zangelwandle eziseenthombeni lezi.

- Ngisiphi isilwanyana kilezi?
- Ngiziphi iinlwanyana zangemanzini eziyingozi?
- Umzimba wefesi unjani begodu uvikelwe yini?
- Ngiziphi iindlela ezihlukeneko ezingasilaphaza ilwandle.
- Uqabanga bonyana kuzokwenzeka ini lokha ilwandle nangelingazala ngokusilaphazeka okunetjhefu?



Asitlole

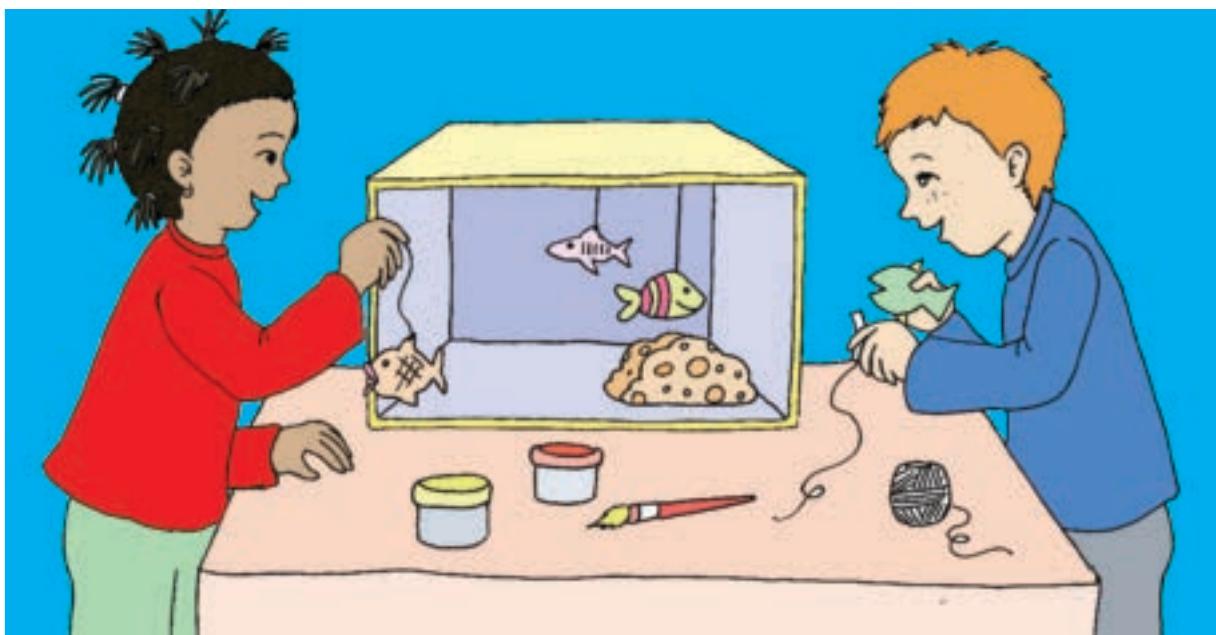
Tlola amabizo weenlwanyana oqabanga bonyana zihlala emilanjeni, emadamini nofana elwandle emakholomini amathathu wethhebula engenzasi.

Emlanjeni	Elwandle	Edamini



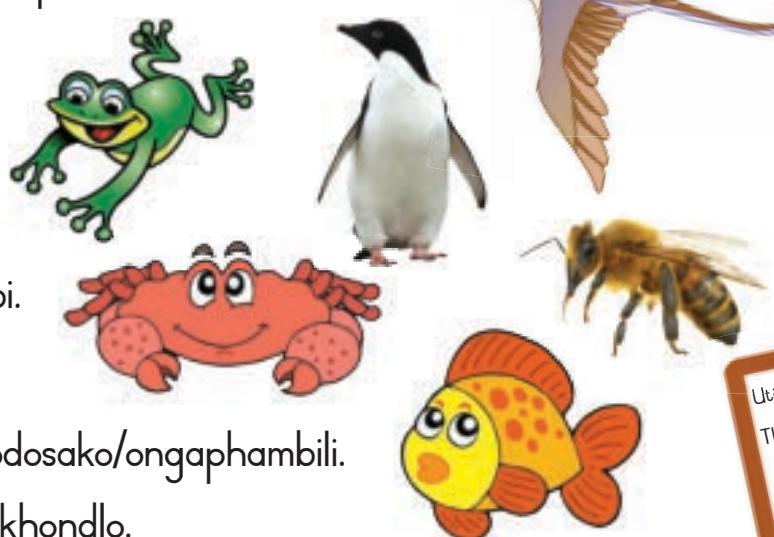
Asenzeni lokhu Zakhele sakho isiziba seemfesi.

- Penda ingaphakathi lebhoksi leenyathelo ngokuhlaza kwesibhakabhaka bese ulilalisa ngehlangothi.
- Sika ukhuphe ifesi/ihlambi ngemuva kwencwadi.
- Namathisela ngaphezulu kwebhoksi ngeselotheyibhu nentambo.



Asiphumele ngaphandle

- Phapha njengenyoni ngebelo eliphezulu nebelo elibuthaka.
- Tjuza njengephengwini.
- Phapha njengenyosi.
- Khamba likeke njengekala.
- Duda njengefesi/njengehlangothi.
- Yeqa njengesirhwarhwa.
- Dlalani umdlalo wokulandela odosako/ongaphambili.
- Dlalani umdlalo wakakatsu nekhondlo.

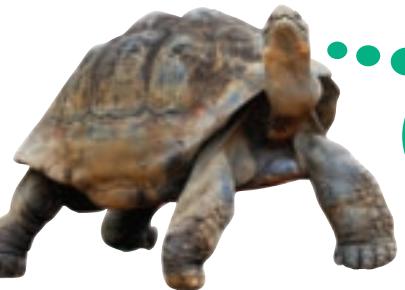


linlwanyana ezithwala imizi yazo ngaso soke isikhathi

Ithemu-2 – Iweke-7 – Iphepha lokusebenzela



Asifunde



Ikghuru

Uthi bewazi? Ngilingana kuhle
ngaphakathi kwecephe lami begodu
akwenzeki kobana libelincani
lingangilingani.

Ikghuru ingenye yeenlwana ezirhurhuba ngamathumbu begodu inemilenze evulekileko nentamo nehloko.

Zihlala kuphi?

Ithathila: Ngihlala elwandle.	Itheraphina: Ngihlala endaweni esemanzini, endaweni ezithambileko.	Nekghuru: Ngihlala ehlabathini.



Asitlole

Phendula imibuzo elandelako ngekghuru ehlala ehlabathini.

Indlwana yekghuru ithambile nanyana iqinile? _____

Indlwana yekghuru iyivikela ini, kuphi? _____

Ikghuru yenza ini lokha nayithukweko? _____

Iinkghuru zidla ini? _____

Ilanga:



Ummenke

Qala iqephe lomnenke.

Ilihlo

Iqephe

Iphondo elide

Iphondo elifitjhani

Inyawo

Umgojana wokuphefumula

Ummenke ukhamba bunjani?

Ukhe wafunyana iqephe lilodwa? Ucabanga bonyana kwenzeke ini ngomnenke loyo?

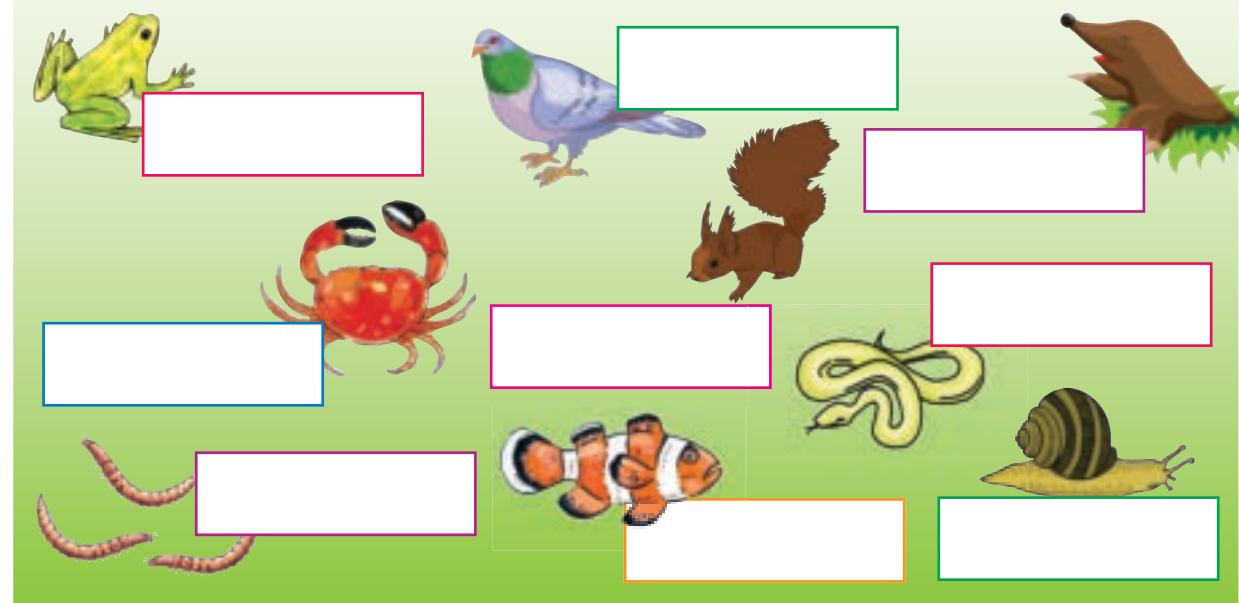
Amaqephe weminenke anombala onjani?

Kubayini ucabanga kobana iminenke ibe namaqephe?



Asitbole

Ucabanga kobana ngihlala kuphi? Eduze kwesithombe sami tlola indlwana yami esemthini, ehlabathini nanyana emanzini.



linlwana ezizakhela izundlu zona ngokwazo

Ithemu-2 – Iweke-8 – Iphepha lokusebenzela



Asenzeni lokhu

Hlanganisa iinthombe zeenlwana lezi neenthombe zezindlu zazo.



Asifunde

linyosi



Iinyosi zihlala ngaphakathi kwesihlaka seliju.

Zakha isihlaka ngesinamathelisi esithileko.

Zifihla ukudla ngaphakathi kwesihlaka sazo.



Abotjhontjhwani

Abotjhontjhwani bakha izindlu zabo ezihlukeneko
ehlabathini. Ubutjhontjhwani obuncani
bungathwala okhunye nokhunye okubanobukhulu
obubuyeletwe kathathu kunezinga labo.

Buyayeletisana nangabe kukhona ingozi nanyana
okuthileko okuyingozi.



Asitlole



Kubayini ucabanga kobana ubutjhontjhwani bakha iindlwana zabo?

Ngubani isitha zaboljhontjhwani?

Ubutjhontjhwani busebenzisa ini lokha nabakha iindlwana zabo?



Asifunde

linyoni

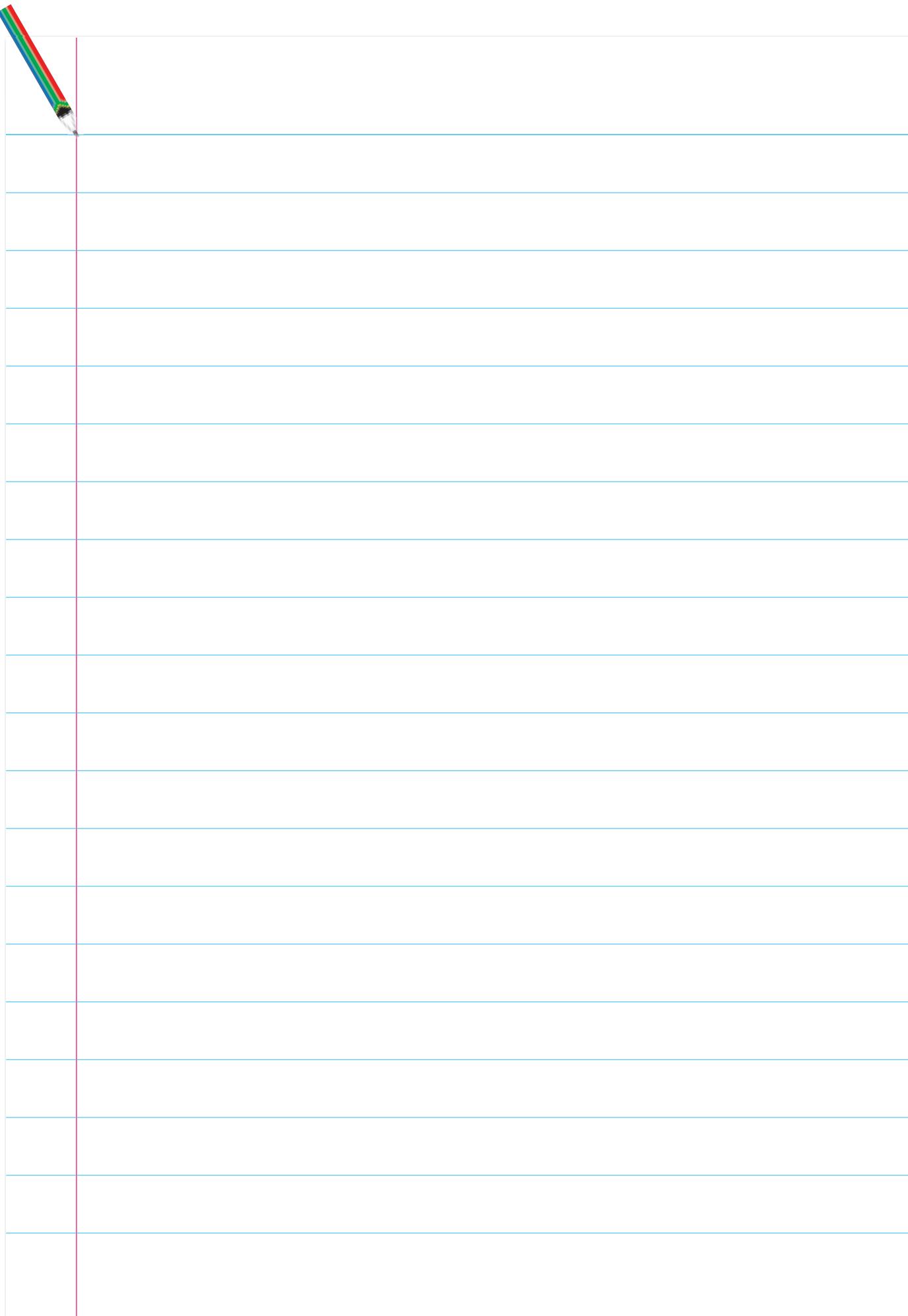
Iinyoni zakha isidleke lapho zizokwazi
ukubekela amaqanda wazo khona.

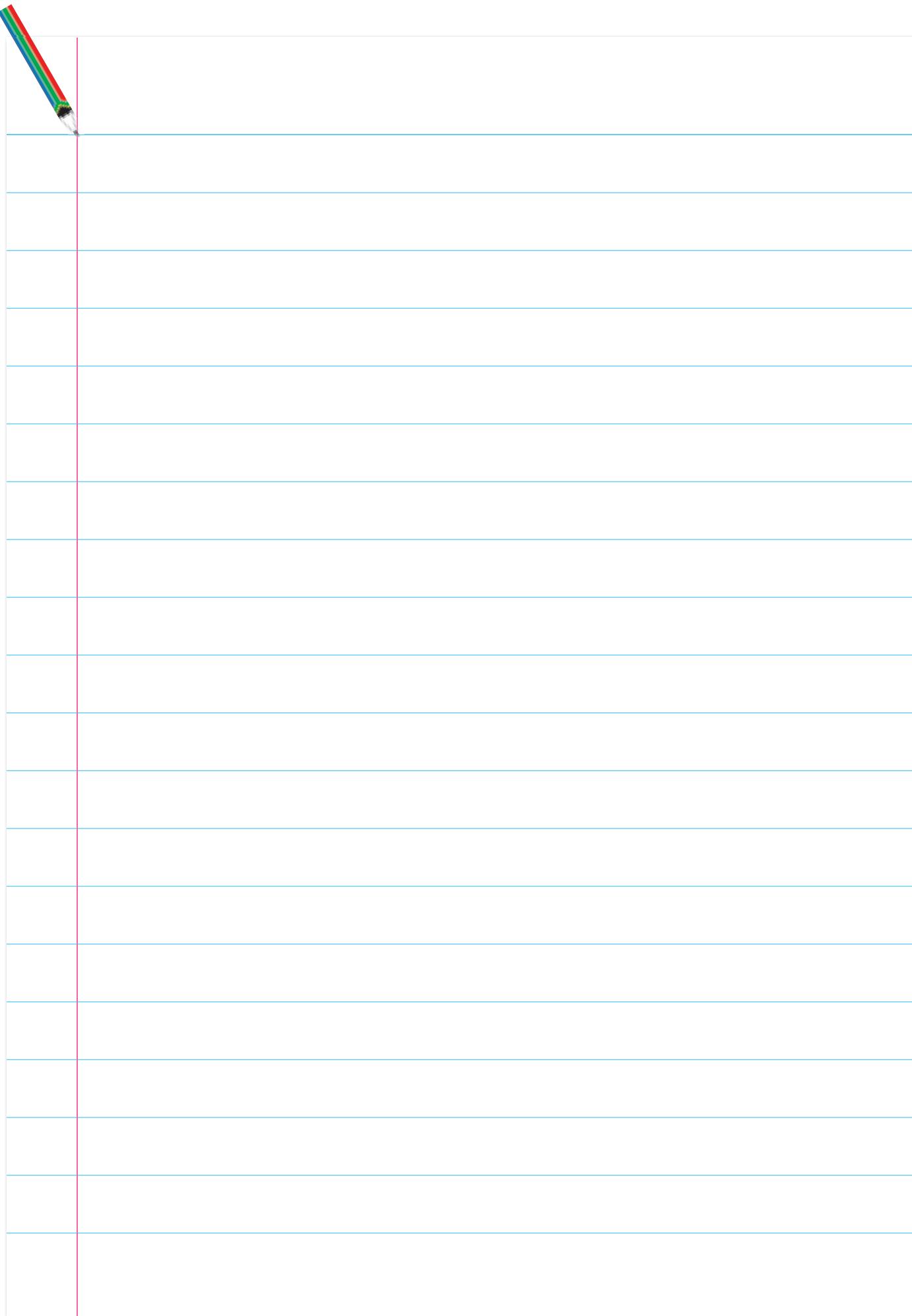
Ubukhulu besidleke bulawulwa bukhulu benyoni?

Ngiyiphi inyamazana esisitha senyoni?

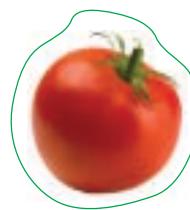
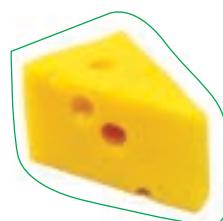
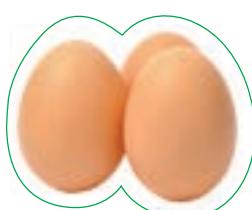
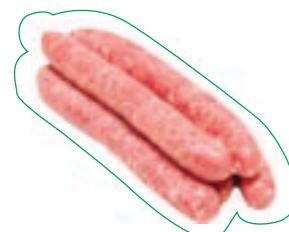
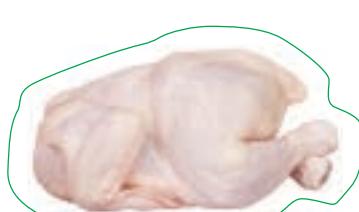
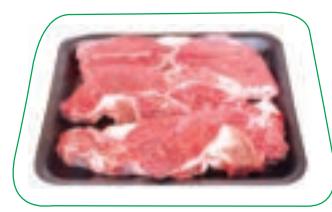


A	M
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B	N
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D	P
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f	r
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K	W
k	w
L	X-Z
l	x-z

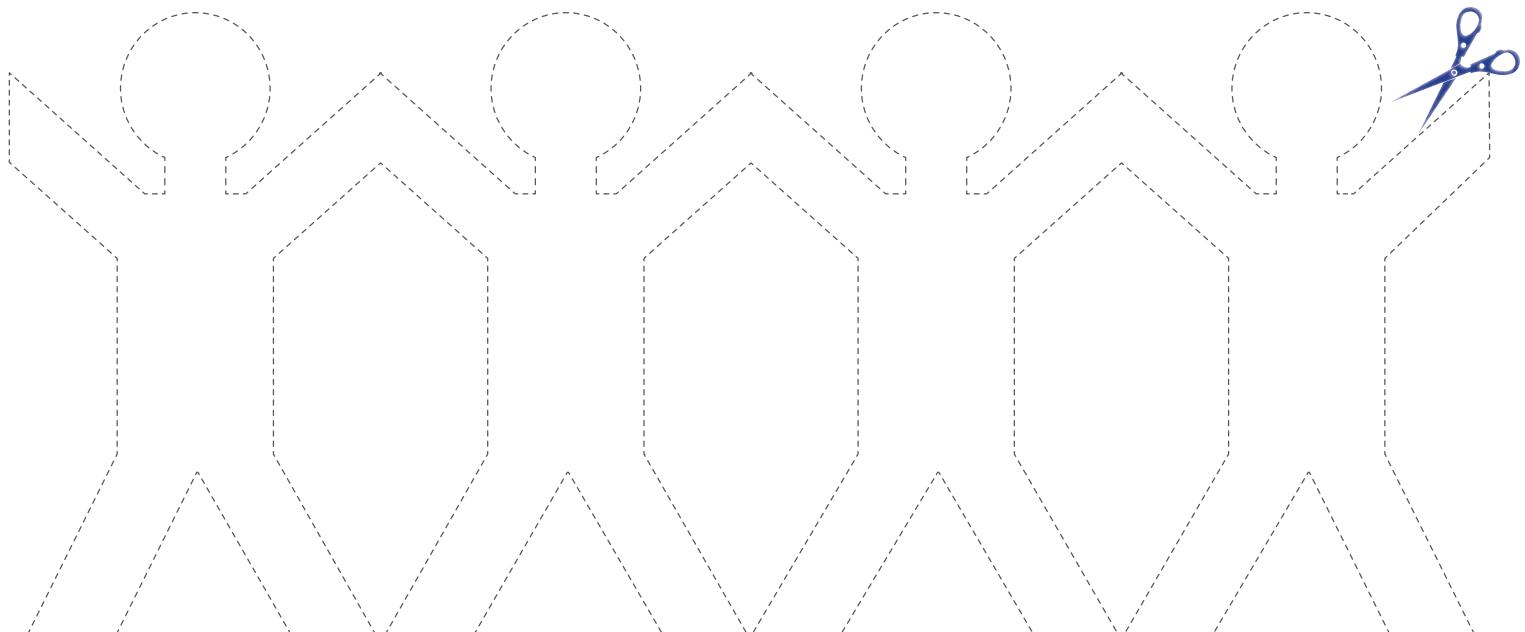




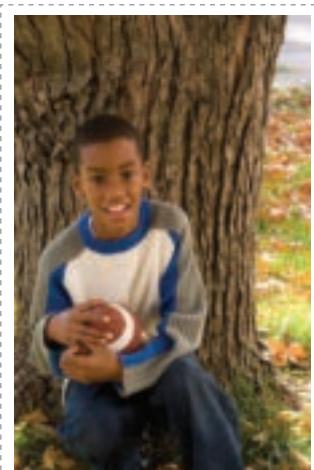
P.29



P.30



P.36-37



P.57



