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yalungelelaniswa
neCAPS

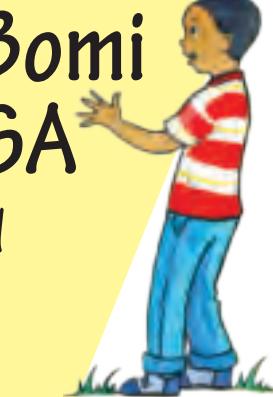
Ibanga lesi-

2



Izakhono zoBomi ngesiXHOSA

Incwadi yoku-
Ikota 1&2



Iklasi:

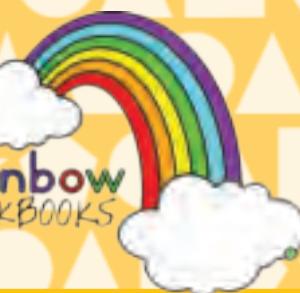


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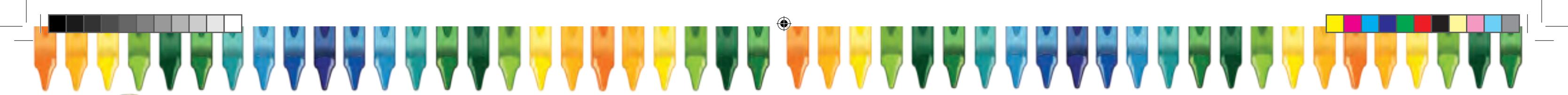


LIFESKILLS IN ISIXHOSA
GRADE 2 – BOOK 1
TERMS 1 & 2

ISBN 978-1-4315-0254-7

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13th Edition



Iziqulatho

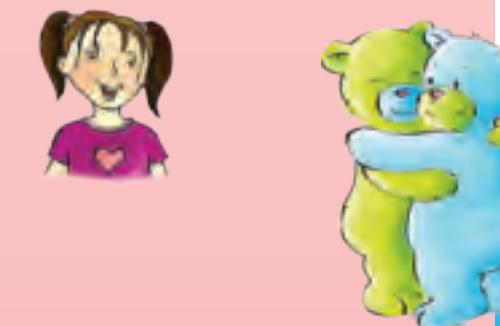
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UNksz Angie Motshekga
uMphathiswa weMfundu
esisiSeko



UGqir Reginah Mhaule
uSekela Mphathiswa
weMfundu esisiSeko

Ezi ncwadi zilungiselelwé abantwana boMzantsi Afrika phantsi kwephiko loMphathiswa weMfundu esisiSeko uNksz Angie Motshekga kanye noSekela Mphathiswa weMfundu uGqir Reginah Mhaule.

Ezi ncwadi zokusebenzela, iRainbow Workbooks, lelinye lamalinge ongenelelo eSebe leMfundu esisiSeko ajolise ekuphuculeni umgangatho wabafundi beloMzantsi Afrika abakumabanga amathandathu okuqala. Njengomnye wemiba ephambili yoMkhomba-ndlela kaRhulumente, eli phulo libe nempumelelo ngenxa yenxaso-mali evela kuVimba weSizwe. Oku kuye kwenza ukuba iSebe likwazi ukavelisa ezi ncwadi, zifumanekе ngazo zonke iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala baya kuzifumana ezi ncwadi zokusebenzela ziluncedo kakhulu kwimfundu yemihla ngemihla, nasekuqinisekiseni ukuba abafundi bayifikelela yonke ikharityhulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele ukwenziwa ngumfundu.

Sinethemba lokwenene lokuba abantwana baya kukonwabela ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo, kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Sinqwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.

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Ibanga lesi-

2



Izakhono zoBomi
ngesiXHOZA
Incwadi yoku-l



Le ncwadi yeka:





1

Ukutya okunempilo kuyaphilisa

Masifunde

Ikota yoku- - Iweki yoku- - Iphepha lomsebenzi loku-

Imizimba yethu idinga ukutya okunempilo ukuze sikhule. Kufuneka sitye ukutya okuvela kwiqela ngalinye lokutya yonke imihla. Kufuneka sitye ukutya okunempilo ukuze sibe namandla awoneleyo okwenza yonke into esifuna ukuyenza. Ukuba asinakutya ukutya okunempilo, singagula.

Amaqela amahlanu okutya

Ukutya okuziinkozo
kunye nemveliso
eziinkozo

Imifuno
neziqhamo



Imveliso yobisi

2



Masenze

Ncokola nomhlobo wakho malunga nokuba kokuphi
ukutya okunempilo koku.
Kubiyele ngesangqa.



Masibhale

Yenza ngathi uya
esuphamakethi
kunye nomama wakho
niyokuthenga ukutya
kwesidlo sangokuhlwa.
Yenza uluhlu lokutya
okuya kuba nempilo
okunokutyiwa lusapho
lwakho.



ULUHLU LWEZINTO EZIZA KUTHENGWA





2

Amanzi asinika ubomi

Ikota yoku-/-Iveki yoku-/-Iphepha lomsebenzi lesi-



Masithethe

Kutheni sifuna amanzi nje? Abantu, izityalo nezilwanyana badinga amanzi ukuze bahlale bephila. Amanzi athwala ukutya esikutyayo akuse kwiindawo ezahlukeneyo zomzimba. Akwanceda imizimba yethu ekususeni ukungcola.



Masenze

Sisebenzisa amanzi yonke imihla emakhayeni ethu. Chazela umhlobo wakho ngazo zonke izinto esiwasebenzisa kuzo amanzi. Zoba ke ngoku imifanekiso emi-4 ubonise indlela esiwasebenzisa ngayo amanzi. Bhala isihloko ngentla komfanekiso ngamnye uchaze ukuba ungantoni na.

| | |
|--|--|
| | |
| | |

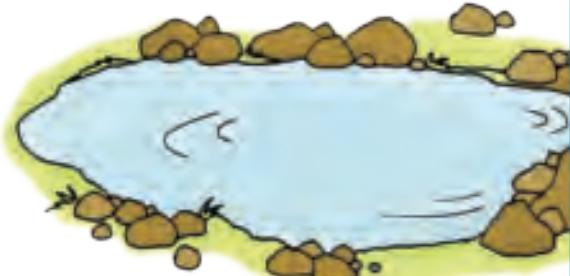
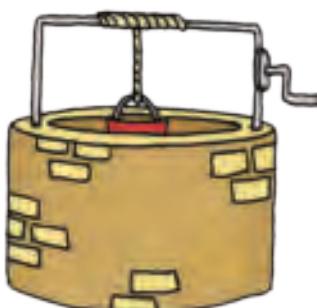
4

Umhla:



Masibhale

Siwafumana phi amanzi? Krwela umgca udibaniše igama ngalinye kunge nomfanekiso ochanekileyo.



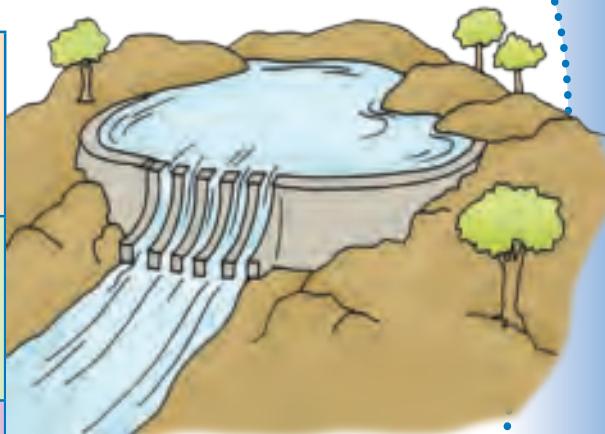
umthombo

Iphiko
lamanzi

umlambo

idama

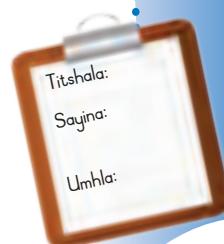
iquila



Phuma phandle

Phambi kokuba nenze umsebenzi phandle, zoluleni okwekat. Oku kuza kwenza ukuba imizimba yenu ishukume lula. Kufuneka nizolule kwakhona emva komsebenzi ukuze nizipholise nomzimba ukhululeke. Oku kuya kunceda umzimba wakho ungabi nemikhinkqi.

- Tsiba okwesele. Yenza ingxolo yamasele.
- Phoselanani ngebbhola okanye ngengxowa yeembotyi niyigange.
- Phosa ibhola phezulu uze ujigange.
- Ngcekelela ingxowa yeembotyi ube nokhuphiswano lokuhamba kunge nomhlobo wakho. Khangela ukuba unokuhamba umgama ongakanani na ingakhange iwe ingxowa yeembotyi..



Titshala:
Sayina:
Umhla:



3

Silondoloza amanzi

Ikota yoku-1 – Iweki yesi-2 – Iphepha lomsebenzi lesi-



Masithethe

Amanzi axabisekile kakhulu, ngoko ke
kufuneka singawamoshi. Thetha nabahlubo
bakho malunga neendlela ezahlukeneyo
esinokuwalondoloza ngayo amanzi.



Masibhale

Bhala izimvo ezimbini ezingokulondoloza
amanzi kwizithuba ezingezantsi.

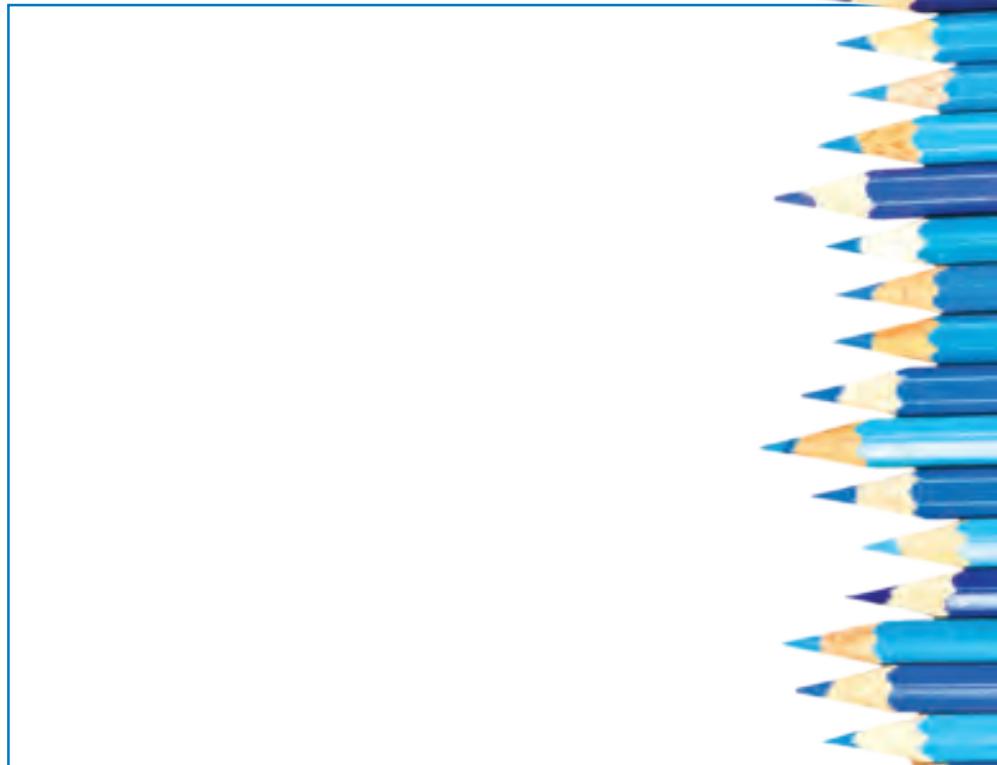
1.

2.



Masenze

Sebenzisa iikhrayoni
ukwenza ipowusta
emibalabala emalunga
nokulondoloza amanzi.
Ipowusta yakho
kufuneka ikhuthaze
abanye balondoloze
amanzi. Xa
sowuyigqibile ipowusta
yakho yibonise
abahlubo bakho.



6

Umhla:





Phuma phandle

Masidlale umdlalo othi "Ngubani ixesha,
Mnu Ngcuka?"

Omnye wenu makabe yingcuka.
Tshintshisanani nibuzane, "Ngubani ixesha,
Mnu Ngcuka?" Ngalo lonke ixesha ubuza,
ingcuka mayithi ixesha ...

Kodwa ukuba ingcuka ithi "lixesha lesidlo sasemini"
iza kukuleqa. Kuza kufuneka ubaleke ingakubambi.



Thatha ke ngoku uhulahuphu uzokudlala
ngaye. Tshintshiselana nomhlobo wakho
nihambe ninqumle kuye ngeenyawo
nangezandla. Wumiseni ze nthubeleze kuye.
Tshintshiselanani ngokwenza oku.

Landelani imiyalelo kaitshala ukuze nenze oku
ngokuphephileyo.



Okokugqibela,
yibani ngamaqela
anabantu abane.
Kufuneka nenze nokuba
ngowuphi na umxhentso
waseMzantsi Afrika
eniza kuwubonisa
eklasini.

Titshala:
Sayina:
Umhla:



4

Umoya ococekileyo usinika amandla



Masifunde

Umoya esiwuphefumayo une-oksijini. Le oksijini ineda imizimba yethu ekusebenziseni ukutya esikutyayo. Loo nto yenza sifumane amandla ukuze siphile. Xa siphefumla umoya ongcolileyo, imizimba yethu ayisebenzi kakuhle.



Masibhale

Hlala nomhlobo wakho. Sebenzani kunye nizalise ezi zikhewu zingezantsi:

Ndifuna umoya ococekileyo kuba _____

Xa umoya umdaka _____

Umoya uyangcola _____

Izinto esinokuzenza ukuze sigcine umoya ucocekile:

1. _____

2. _____

8

Umhla:



Masifunde

abantu bayalifuna ilanga ukuze bonwabe kwaye babesempilweni.

Ilanga linceda imizimba yethu yenze uVithamin D. Le vithamin siyifuna kuba yenza amathambo ethu omelele. Ilanga elishushu kakhulu alilunganga. Singatsha kakubi xa sihleli kulo. Kufuneka uthambise isikhusele langa okanye uthwale umnqwazi welanga ukuze ukhusele isikhumba sakho elangeni.



Masibhale

Vala izikhewu ezingezantsi:

Ndingakhuseleka elangeni ukuba:

1. _____
2. _____
3. _____



Masicule

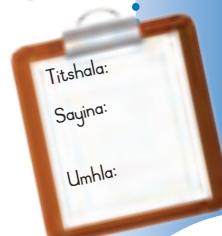
Cula le ngoma uze uqhwabe ngokwesinqisho



Kufuneka uthambise isikhusele langa okanye uthwale umnqwazi welanga ukuze ukhusele isikhumba sakho elangeni.



**Langandini elishushu
Ukukukhanya kwam wena
Ukukhanya okungacimiyo
Ungunozala wovuyo
Isibane sesibhakabhaka
Xa ukhoyo siyadlala
Sihleke sonwabe
Hlala usenjenjalo
Sikhanyiso sifudumezi sonwabiso.**



q



5

Ikota yoku-1 – Iweki yesi-3 – Iphhepha lomsebenzi lesi-

Mna nabahlobo



Masithethe

Sonke siyakuthanda ukuba
nabahlobo abalungileyo.
Wazi njani ukuba umntu
ngumhlobo olungileyo?



Masibhale

Kwizikhewu esingezantsi bhala uluhlu lwezinto
ezenza umntu abe ngumhlobo olungileyo.



1.

2.

3.

4.



Masibhale

Khawucinge ngale mibuzo wandule ukuphendula imibuzo.

Bangaphi abahlobo onabo?

Ngubani igama lomhlobo wakho osenyongweni?

Lixesha elingakanani ningabahlobo?

Yintoni eyodwa oyithandayo ngalo mhlobo wakho?

Umhla:

10

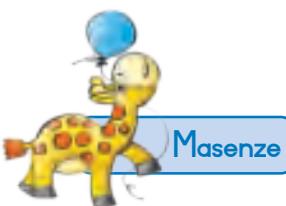


Masithethethe

Hlala nomhlobo wakho nize nitthetho ngezi ngxelo. Faka uphawu (✓) ebhokisini ukuba yinyani kanye no (✗) ukuba asiyonyani.

Uluhlu lokuqinisekisa ubuhlobo

| Phawula ✓ okanye ✗ |
|-------------------------------|
| Umhlobo wam uyandikhathalela. |
| Umhlobo wam uyandinceda. |
| Siyabelana nomhlobo wam. |
| Umhlobo wam akalwi nam. |



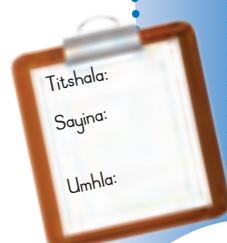
Masenze

Cinga ngento onokuyenza ukwenza umhlobo wakho azive ebalulekile. Zoba umfanekiso uwufake kwisakhelo. Ukhumbule ukuhombisa isakhelo somfanekiso. Wakugqiba thetha ngemibala epholileyo nefudumeleyo oyisebenzisileyo emfanekisweni wakho.



Masibhale

Bhala izivakalisi ezibini ngomfanekiso wakho.





6

Abantu abasingqongileyo

Ikota yoku-1 – Iweki yesi-3 – Iphhepha lomsebenzi lesi-



Masithethe

Jonga emifanekisweni. Cinga ngezinto ezenziwa ngabahlolo abalungileyo, uze uncokole ngazo eqeleni lakho. Cinga ke ngoku ngezinto ezenziwa ngabahlolo abangalunganga. Faka (✓) kumfanekiso ngamnye obonisa ubuhlolo obulungileyo kunye no (✗) kuleyo ibonisa ubuhlolo obungalunganga.



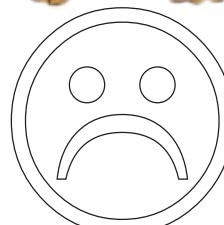
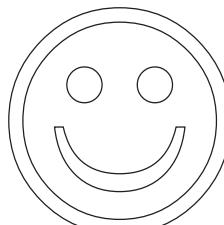


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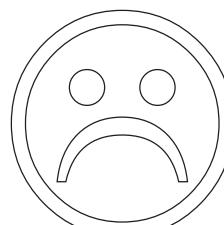
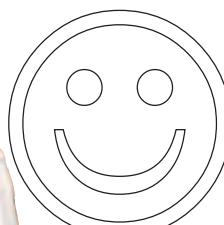
Funda isivakalisi ngasinye uze ufakele umbala kubuso
buka Ewe okanye ubuso buka Hayi 😊 😞.



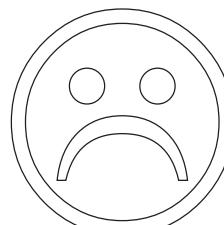
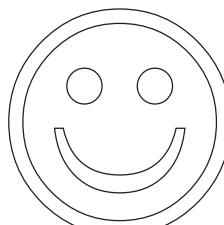
Ndingumhlobo olungileyo.



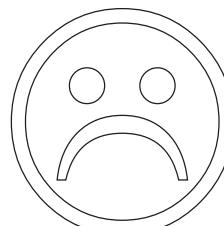
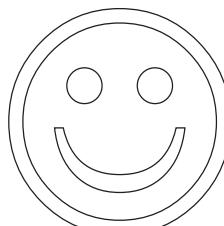
Ndiyabakhathalela
abahlobo bam.



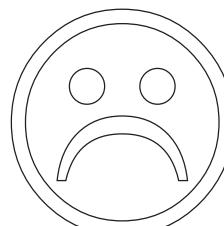
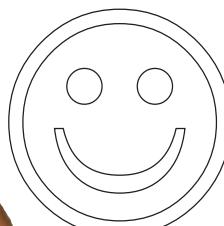
Ndinobubele kubafundi endifunda nabo.



Abafundi endifunda nabo banobubele kum.



Ndinembeko ebantwini
abandingqongileyo.



Phuma phandle

Masidlale "Yima esithunzini sam".

Wena nabahlolo bakho zamani ukuma omnye
esithunzini somnye. Tshintshisanani nibone ukuba
zingaphi izithunzi enizinyathelayo. Ningahlala
nishukuma njalo ukuthintela umhlobo wakho angemi
esithunzini sakho.



Titshala:
Sayina:
Umhla:



7

Makungavuyelevwana

Ikota yoku-1 – Iweki yesi-4 – Iphepha lomsebenzi lesi-



Masibhale

Jonga kumfanekiso ngamnye.

Ubunokuthini ukuba ubungumntwana ovuyelevwayo? Ecaleni komfanekiso ngamnye, bhala isivakalisi malunga nendlela ekufuneka sibaphathe ngayo abanye abantu.









Masenze

Yilani umdlalo-Linganisa nomhlubo wakho nenze umdlalo omalunga nomntwana ovuyelela omnye. Emva koko yitsho ukuba singenza ntoni ukuthintela ukuvuyelelana.

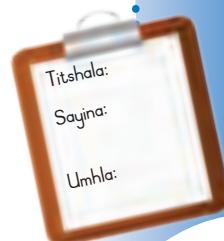
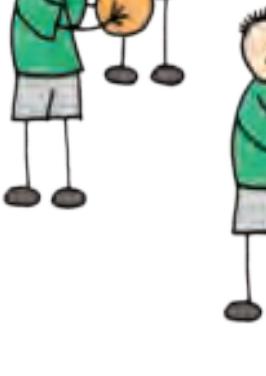


Phuma phandle

Zilungiseni nibe ngamaqela ezihlanu.

Yenzani umgca niphoselane ibhola. Jongani ukuba leliphi iqela eliphosa ibhola iyokufika ekugqibeleni ngexesha elifutshane. Emva koko zamani ukuphosa ibhola ngeendlela ezahlukileyo:

- Phosela ugxa wakho osemva kwakho ibhola phakathi kwemilenze.
- Phosela ugxa wakho osemva kwakho ibhola phezu kwentloko.
- Phosela ugxa wakho osemva kwakho ibhola ngasekhohlo.
- Phosela ugxa wakho osemva kwakho ibhola ngasekunene.
- Phoselanani ngebhola nize nijonge ukuba niyiganga kangaphi.





8

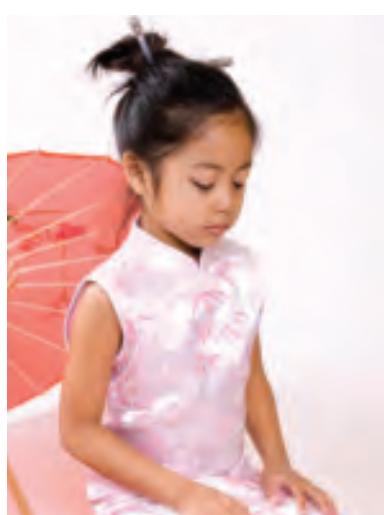
Ikota yoku-1 – Iweki yesi-4 – Iphhepha lomsebenzi lesi-



Masithethe

Wonke umntu ubalulekile

Jonga emifanekisweni utsho ukuba bafana njani na aba bantwana. Yitsho ukuba bahluke njani.



Umhla:

16



Masifunde

Yenzani lo msebenzi niliqela. Jonga abanye abantwana eklasini. Funda ingxelo nganye. Ukuba le ngxelo iyinyani faka (✓) kwibhokisi esekunene, ukuba asiyonyani faka (✗).

Faka ✓ okanye ✗

| | |
|---|--|
| Ingaba amakhwenkwe ayafana namantombazana? | |
| Ingaba baneenwele ezinombala ofanayo bonke? | |
| Ingaba banamehlo anombala ofanayo bonke? | |
| Ingaba bonke banezandla ezilinganayo? | |
| Ingaba bonke bade ngokulinganayo? | |



Masithetho

Uyaqaphela ukuba sonke sahlukile? Uyabona ukuba siyafana sonke?
Thethani ngeendlela esifana ngazo.

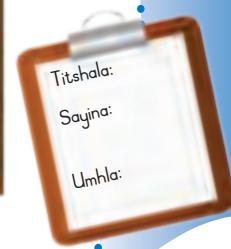


Masizobe

Zizobe. Sebenzisa into yokuqaba umlomo ebomvu ukubonisa umnwe wakho owahlukileyo ecaleni kwesakhelo.



Ubusazi na ukuba akukho mntu unomnwe ofana nowakho?
Wahlukile kwaye ubalulekile!



Titshala:
Sayina:
Umhla:



9

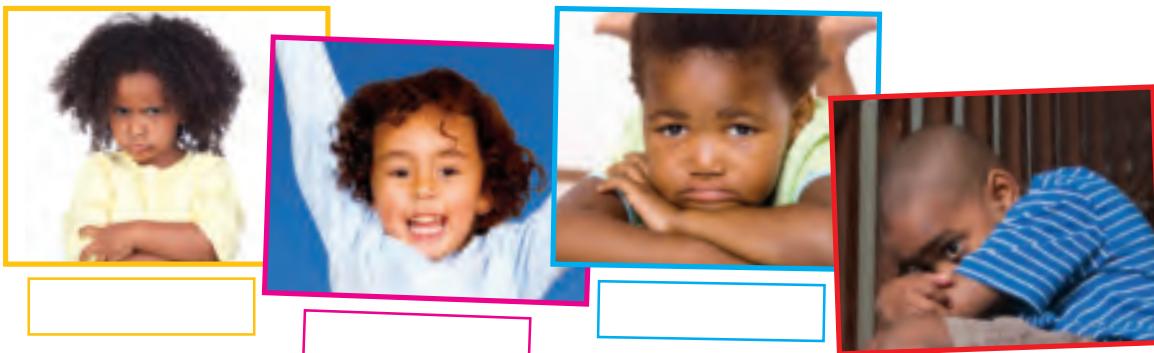
Siziva njani

Ikota yoku-l - Iweki yesi-5 - Iphepha lomsebenzi le-



Masithethe

Ncokolani ngendlela eniziva ngayo xa nehlelwa yinto elungileyo.
Phindani nincokole ngendlela eniziva ngayo xa nehlelwe yinto embi.
Oku sikubiza ngokuba ziimvakalelo. Bhala uchaze ukuba baziva njani.



Masibhale

Bhala iimpendulo zale mibuzo ingezantsi.

Yintoni endonwabisayo?

Yintoni endenza lusizi?

Yintoni endoyikisayo?

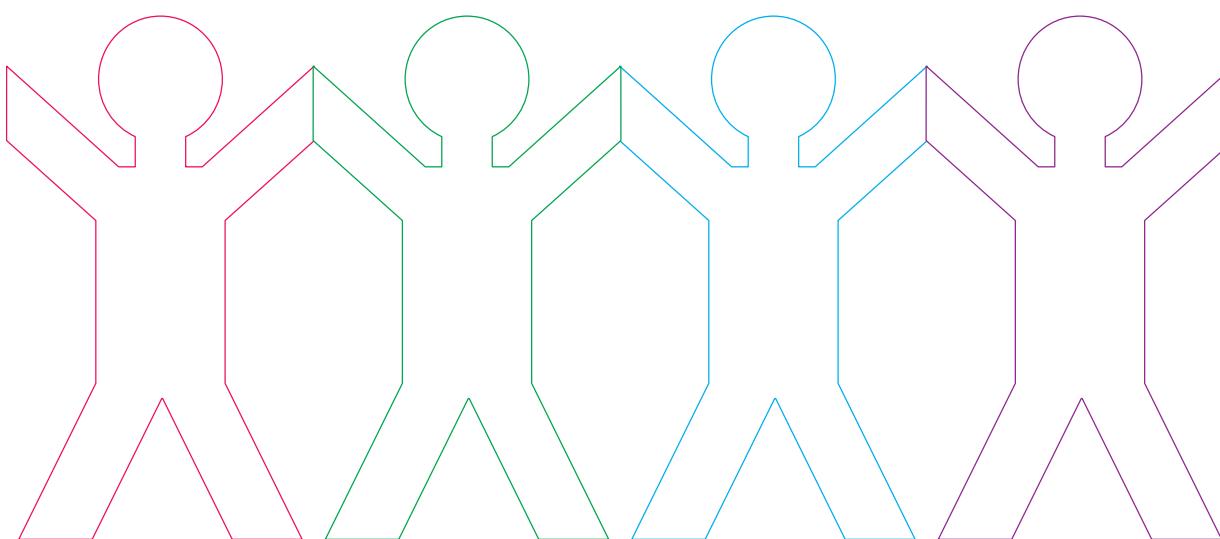
Yintoni endivuyisayo?

Umhla:



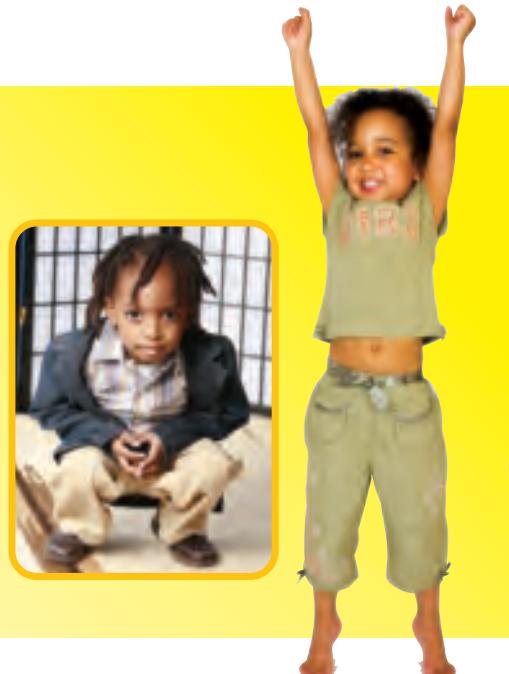
Masenze

Zoba uze usake imibala kweli khonkco lobuhlobo. Yenza unodoli ngamnye ahluke ukubonakalisa ukuba sonke sahlukile. Wakuggiba ukwenza oku, sika ikhonkco lobuhlobo kwiphepha lemisiko elisembindini wale ncwadi. Yenza unodoli ngamnye ohluke uze ubamise edesiken yakho ukuze bakukhumbuze ukuba sahlukile.



Phuma phandle

Yenza umzimba wakho ube mkhulu kangangoko unakho. Zama ke ngoku ukuwenza ube mncinci kangangoko unakho. Khawuzame ukuwenza ube mde kangangoko. Okokugqibela zama ukuwenza ube mfutshane kangangoko.





10

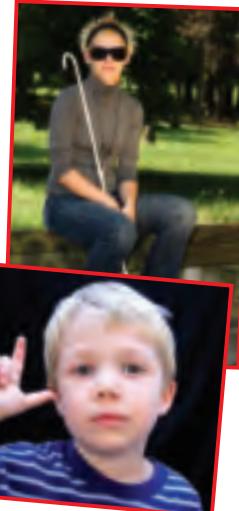
Abantu abakhubazekileyo

Ikota yoku-1 – Iweki yesi-5 – Iphepha lomsebenzi le-

**Masithethé**

Jonga emifanekisweni.

- Zeziphi iindidi zokukhubazeka ozibonayo?
- Usebenzisa ntoni umntwana ngamnye ukuze azincede?
- Zeziphi iingxaki ocinga ukuba banazo aba bantwana ebomini babo?
- Thetha ngeendlela esinokubanceda ngazo.

**Masibhale**

Jonga imifanekiso engezantsi.
Gqibezela izivakalisi.

URosemary akawazi ukuhamba
usebenzisa _____
ukuze ahamba-hambe.



UThabo yimfama kwaye
usebenzisa _____
ukufumana indlela.

inja ekhokelayo



into encedisa ukuva



UPeter sisithulu. Usebenzisa
ukuze eve.



ukuthetha ngezandla



UJabu akakwazi ukuthetha.
Usebenzisa _____
ukuze anxibelelane.



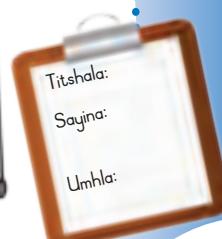
iintonga

UNomsa usebenzisa
ukumncedisa
ukuba ahambe.



Masenze

Yenza ivazi okanye ikomityi ngodongwe
okanye ngentlama yokudlala .





11

Bonke abantwana babalulekile

Ikota yoku-1 – Iweki yesi-6 – Iphepha lomsebenzi le-



Masithethé

Bohluke njani aba bantwana kuwe? Bafana njani.



Masifunde

abantu kwihlabathi liphela babhiyoza iiholide ezibalulekileyo.

Sonke siyakuthanda ukudlala nokucula.

Sonke kufuneka sitye.

Sonke kufuneka sifundile.

Sonke siya kwagqirha xa sigula.

Sonke kufuneka sicoceke.

Akunyanzelekanga ukuba sifune umsebenzi.

Sonke singabantwana.

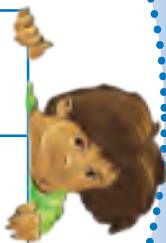




Masibhale

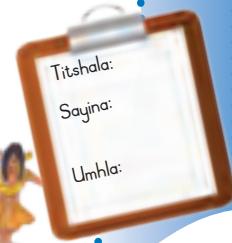
Buza abahlabo abathathu le mibuzo. Bhala iimpendulo kwizikhewu ezingezantsi.

| | | | |
|--|--|--|--|
| Bhala igama lomhlobo wakho. | | | |
| Yeyiphi inkolo yakho? | | | |
| Yeyiphi imibhiyozo ebalulekileyo eniba nayo? | | | |
| Nitya ntoni? | | | |
| Zeziphi iimpahla ezizodwa othanda ukuzinxiba? | | | |
| Nibhiyoza kunye nabani? | | | |



Masenze

Jonga umfanekiso.
Yimephu yehlabathi.
Ungaqaphela ukuba
ilizwe lethu linomhlaba
nolwandle.
Faka umbala obhulowu
elwandle. Umhlaba
wufake umbala
omdaka. Zoba iintlanzi
ezimbalwa elwandle.



Titshala:
Sayina:
Umhla:



12

Ikota yoku-1 – Iweki yesi-6 – Iphepha lomsebenzi le-



Masithethe

Iqhawe lam

Ncokolani malunga nokuba ingaba bakhona na abantwana abakhubazekileyo esikolweni senu.

Singenza ntoni isikolo ukubanceda ngeli xesha besesikolweni?

Bangakwazi na abantu abakhubazekileyo ukuba ziintshatsheli?



Masifunde

Amanye amaqhawe akhubazekile. Angabantu esifunda kubo nesifuna ukubalandela.

EMzantsi Afrika kukho iintshatsheli ezininzi kwezemidlalo ezikhubazekileyo.

Bakhona abantu abakhubazekileyo obaziyo abaziintshatsheli kwezemidlalo?

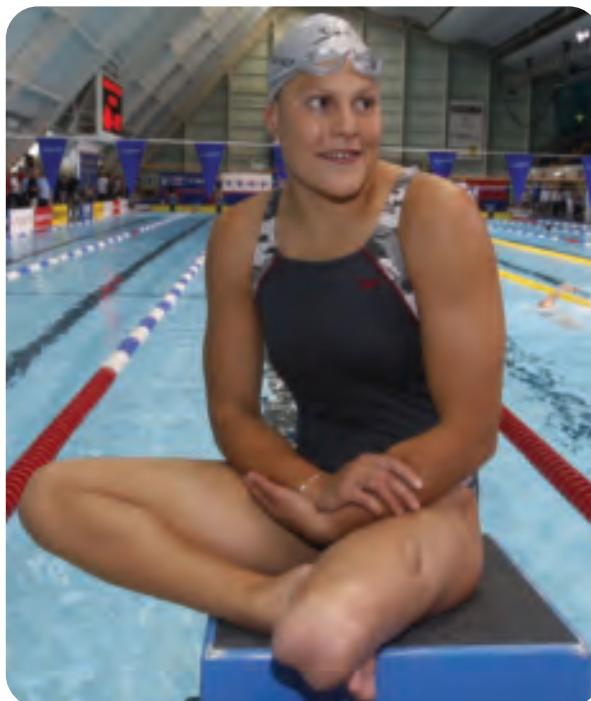
UNatalie du Toit waphulukana nomzantsi womlenze wakhe wasekhohlo kwingozi yesithuthuthu. Uhamba ngomlenze ofakelweyo kodwa usebenzisa umlenze omnye xa equbha.



Masithethe

Ncokolani ngabantu abakhubazekileyo abenza izinto ezintle. Cinga:

- Ngabantu abaziimfama abadlala izikhaliyi zomculo. Ukhona umntu omaziyo?
- Ngabantu abazizithulu ababhala iingoma. Ikhona imizekelo oyaziyo?





Masibhale

Kwizikhewu ezingezantsi, nika iinkukacha ngeqhawe lakho olithandayo.

Iqhawe lam ngu:

Zoba umfanekiso womntu oliqhawe lakho. Bhala amagama ecaleni komfanekiso wakho achaza ncakasana iqhawe lakho. Umzekelo: unobubele, uluncedo, ukhaliphile, unothando.

Ungaliqhawe njani? Xoxa nomhlobo wakho nabelane ngezimvo. Bhala ke ngoku ibali apho ubeliqhawe khona. Gqibezela:

Ngenye imini

Ndagqiba kwelokuba ndi

Nda

Ndaba liqhawe ngolo hlubo.





13

Ikota yoku-1 – Iweki yesi-7 – Iphepha lomsebenzi le-



Masifunde

Jonga iglasi yamanzi.

Ikhona into oyibonayo kuyo? Hayi, ayikho. Ubusazi ukuba maxa wambi kukho iintsholongwane emanzini?

Ezi ntsholongwane zincinci kangangokuba azibonakali ngeliso lenyama. Ukuba akunakuqala ngokuzisusa phambi kokuba usele, ungagula kakhulu. Kufuneka siqinisekise ngalo lonke ixesha ukuba amanzi esiwaselayo acocekile.



Masithetho

Ncokola malunga nokuba kungenzeka ntoni xa sinokusela amanzi amdaka. Jonga ke ngoku imifanekiso engasezantsi. Ncokola nomhlobo wakho ngeendlela ezahlukeneyo esinokucoca ngazo amanzi.



Galela iipilisi zeklorini emanzini.



Bilisa amanzi
kangangemizuzu
emi-5.



Galela iikhemikhali.



Hluza amanzi.



Umhla:



Masithethé

Ngawaphi amanzi ocinga ukuba kukhuselekile ukuwasela? Faka umbala ozuba kwichaphaza lamanzi ukuba ucinga ukuba kukhuselekile ukuwasela.

Amanzi omlambo



Amanzi atsalwa phantsi komhlaba

Amanzi asetephini



Amanzi athengiweyo asebhotileni

Amanzi olwandle



Amanzi abilisiweyo aseketileni



Masenze

Sebenzani ngokwamaqela nenze isihluzo sokucoca amanzi.

Mamelani ngononophelo xa utitshala wenu echaza into ekufuneka niyenze.



Niza kufuna oku kulandelayo:

Ibhotile yeplasitiki

Isanti

Uhlalutye

Isikere

Uboya

Iglasi



Masibhale

Nombola amanyathelo okuhluza amanzi ngokulandelelana kwavo.

| | |
|--|---|
| | Galela isanti phezu koboya. |
| | Jika ibhotile ijonge ezantsi. |
| | Galela uhlalutye. |
| | Sika ngononophelo umzantsi webhotile yeplasitiki. |
| | Galela amanzi anodaka. |
| | Faka amatye amancinci okanye igrabile ebhotileni. |





14

Ubomi obusempilweni

Ikota yoku-1 – Ivetki yesi-7 – Iphepha lomsebenzi le-



Masifunde

Funda ngale mikhwa ilungileyo nengalunganga. Ukuba ucinga ukuba ngumkhwa olungileyo faka (✓), ukuba ucinga ukuba ngumkhwa ongalunganga faka (✗).

| Imikhwa | Ilungile | Ayilunganga |
|---|----------|-------------|
| Utitsala uncedisa umfundi ukuba afunde. | ✓ | ✗ |
| Nditya ukutya okunempilo. | | |
| Ndilahla inkunkuma ngefesitile yemoto okanye yetekisi. | | |
| Ndizihlamba rhoqo iinwele zam. | | |
| Nditya iilekese ezininzi. | | |
| Ndizigcina zicocekile iinzipho neendlebe zam. | | |
| Ndixukuxa kanye ngenyanga. | | |
| Ndichola inkunkuma ndiyilahle emgqomeni wayo. | | |
| Ndihlamba izandla emva kokuya kwindlu yangasese. | | |
| Xa ndikhohlela okanye ndithimla, ndibeka isandla emlonyeni. | | |
| Ndenza imithambo rhoqo. | | |
| Ndihlamba izandla phambi kokutya. | | |
| Ndilala ndibukele iTV iiyure ngeeyure. | | |
| Ndihlala nabantu abadala abatshayayo. | | |

Umhla:



Masenze

Yenza ipowusta engomkhwa olungileyo
okanye ongalunganga.



Masibhale

Vavanya ipowusta yakho. Funda ingxelo nganye uze ufakele ubuswana
obuncumileyo ukuba ingxelo yinyani kunye nobuswana obulusizi xa ingeyonyani.



| Ewe | Hayi |
|-----|------|
| | |
| | |
| | |

Ipowusta yam inemibala kwaye icocekile.

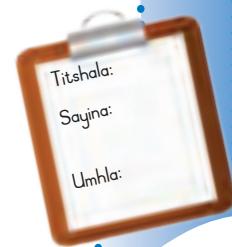
Bendikonwabele ukwenza ipowusta yam.

Bekunzima ukwenza ipowusta yam.



Phuma phandle

- Ungatsibela kude kangakanani? Sebenzisa izijungqe zentambo ezithathu. Tsiba ngaphaya kwazo. Mana uzibhekeliela phaya esinye kwesinye ukuze ubone ukuba ungatsibela kude kangakanani na.
- Cela abahlobo bakho ababini babethe ugqaphu ukuze wena utsibe.
- Tshintshiselanani ngokutsiba.





30

Umhla:

limveliso ezibolayo nezingaboliyo

Masithethe



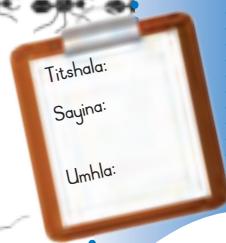
Thetha ngokutya ekufuneka kugcinwe kubanda ukuthintela ukuba kubole. Yenza isigqibo sokuba kokuphi ukutya okungafuni kugcinwa kubanda, kodwa kusenokugcinwa ekhabbhathini. Sika imifanekiso kwiphepha lemisiko uze uyincamathelese efrijini okanye ekhabbhathini.





Masithethe

Thetha ngeendlela esinokukhusela ngayo ukutya
kwizinambuzane ezifana neempukane neembovane.



lintsuku zenkolo nezinye ezibalulekileyo

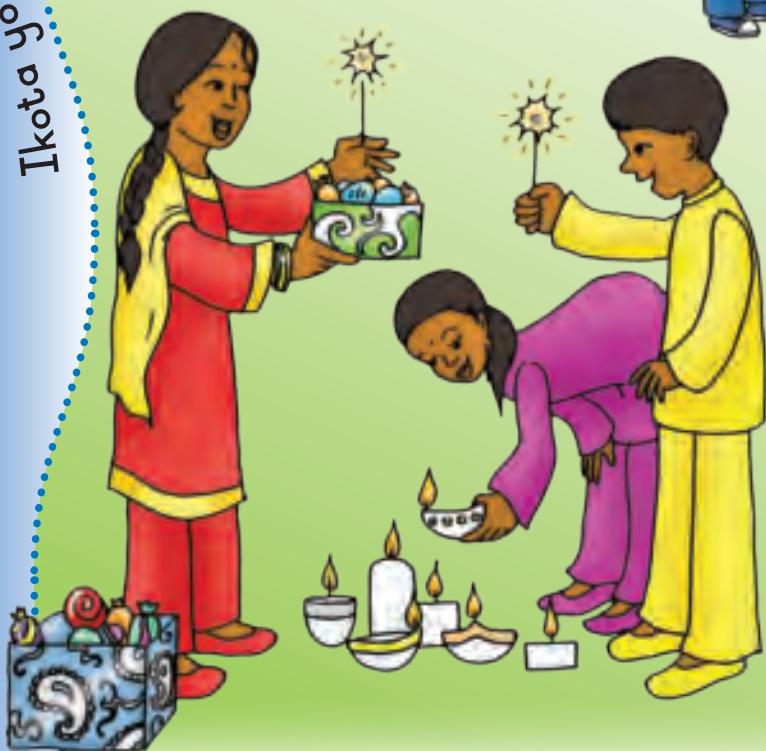
Ikota yoku-1 – Iweki yesi-8 – Iphepha lomsebenzi le-



Masifunde

abantu kwihiabathi liphela babhiyoza la iiholide ezibalulekileyo.
Zeziphi iiholide oza kuzibhiyoza la?

Ngexesha leKrisimesi sinikezela ngezipho. Sinika abahlobo bethu neentsapho zethu izipho. Sinomthi weKrisimesi ekhaya. Izipho sizibeka phantsi komthi. Siyawuhombisa sibeke inkwenkwezi phezulu.
Sitya ukutya okuninzi okumnandi ngexesha leKrisimesi.



Ingathi ayisafiki iDiwali.
Ngeli xesha sifumama iilekese nezipho ezininzi.
Ezi zimuncumuncu szipakisha ezbhokisini ze siphe abantu abasindwendwelayo.
Sikhanyisa izibane ezincinci ze sizibeke zijkeleze indlu.
Sihombisa indlu ze sidlale ngeekhrikethi.

Umhla:



Ingathi ayisafiki iHanukkah. Siza kuba nokutya okuninzi okumnandi. Sithanda ukutya iikeyiki eziluhlobo olusicaba kune namafetshu anesiraphu. Siyakuthanda nokufumana izipho. Abazala bethu bayasindwendwela. Sonke siyancedisa ekwenzeni ukutya ze sikhanyise amakhandlela ekhaya.



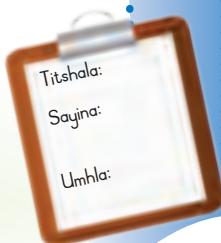
Kungekudala iza kuba yiEyidi. Ndiyathemba siza kufumana izipho. Nathi siza kubapha izipho abahlobo bethu. Siza kutya iilekese neekeyiki ezininzi. Xa iyiyiEyidi sibona ngemilo yenyanga. Iba ngosuku olwahlukileyo ngonyaka ngamnye.



Masicule



Cula ingoma oyaziyo nokuba yeyoluphina usuku kwezi ntsuku zibalulekileyo.





17

Amaxesha onyaka



Masithethe

Ikota yesi-2 – Iweki yoku-1 – Iphepha lomsebenzi le-

Jonga imifanekiso yamaxesha onyaka omane. Xeleta umhlobo wakho ukuba ubona ntoni kumfanekiso ngamnye. Xela ukuba ohluke njani la maxesha mane.



Leliphi ixesha lonyaka olithanda kakhulu? _____

Kutheni ulithanda nje eli xesha? _____

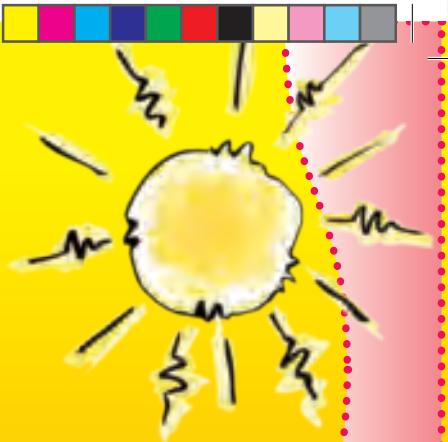
Usuku lwakho lokuzalwa lungeliphi ixesha lonyaka? _____

Umhla:



Masicule

**Molo Mnumzana Langa!
Usuku lwakho luqalile.
Kumnandi ukubona ubuso
bakho obukhanyayo.
Molo Mnumzana Langa.**



**Imvula, imvula
Chapha chapha chapha
imanz' ilokhwe yam
Chapha chapha chapha
imanz' ilokhwe yam
Gqum gqum kuyaduduma
Gqum gqum kuyaduduma.**





18

Amaxesha amane onyaka



Masenze

Sika imifanekiso yamaxesha onyaka kwiphepha lemisiko elingasemva encwadini. Ncamathelisa umfanekiso ngamnye ecaleni kwegama lexesha elichanekileyo lonyaka.

Ikota yesi-2 – Iweki yoku-I – Iphepha lomsebenzi le-



EyeSilimela

EyeKhala

EyeThupha

ubusika



EyoMsintsi

EyeDwarha

EyeNkanga

intwasa hlobo

Umhla:



EyoMnga

EyoMqungu

EyoMdumba

ihlobo

EyoKwindla

EkaTshazimpuzi

EkaCanzibe

ukwindla



Phuma phandle

Ziqhelise izakhono zakho zebhola.

Phosa ibhola eludongeni.

Matsha ndaweninye ubhampise ibhola kwangaxeshanye

Baleka uze ubhampise ibhola ngakwiibhakana.





19

Amaxesha onyaka

Ikota yesi-2 – Iweki yesi-2 – Iphepha lomsebenzi le-



Masifunde



Ihlobo

Kukho ilanga kwaye kufudumele.

Iimini zinde kwaye ubusuku bufutshane.

Singahlala sipholile ngokuthi siqubhe okanye sihlale emthunzini.

Ukwindla

Kuyaphola.

Amagqabi aqalisa ukuba tyheli kwaye ayawa emithini.

Intaka zibhabhela kwiiindawo ezifudumeleyo.



Ubusika

Kuyabanda.

Kwezinye iindawo kukho ikhephu okanye iqabaka.

Iimini zimfutshane kwaye ubusuku bude.

Ezinye izilwanyana ziyalala ebusika (ziyafukama).

Intwasahlobo

Kufudumele.

Izityalo ziyaqalisu ukukhula kwaye nemithi iphuma iintyatyambo.

Intaka ziqaalisu ukwakha iindlwane nokubeka amaqanda.

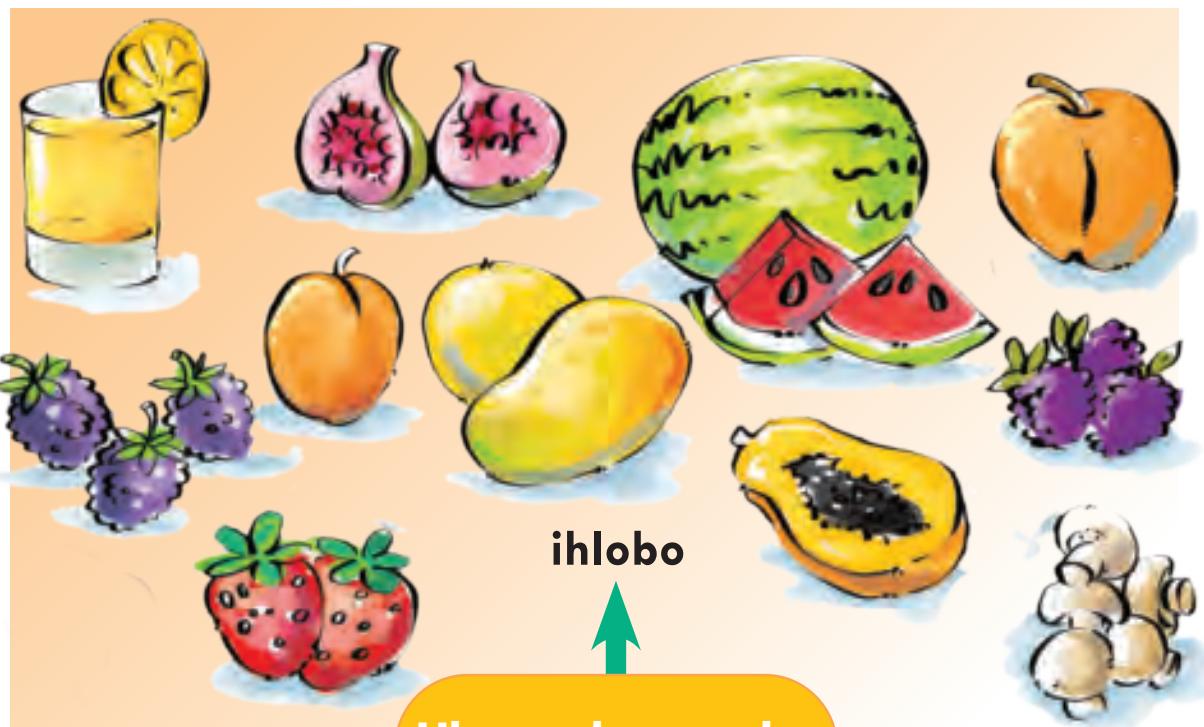


Umhla:



Masithethethe

Iindidi zokutya ezahlukileyo zilinywa ngamaxeshha ahlukileyo onyaka. Jonga oku kutya sikufumana ehlotyeni nasebusika. Xeleta umhlobo wakho ukuba uthanda ukutya ntoni xa kushushu naxa kubanda.



ihlobo

Ukutya kwexesha
ngalinye lonyaka

ubusika



Ukunxibela imozulu

Ikota yesi-2 – Iweki yesi-2 – Iphepha lomsebenzi lama –



Masizobe

Zoba inkwenkwe nentombazana. Inkwenkwe mayinxibe iimpahla zasebusika ezifudumeleyo ze intombazana inxibe iimpahla zasehlotyeni ezipholileyo.



| | |
|-----------|-------------|
| | |
| Inkwenkwe | Intombazana |



Phuma phandle

- Beka iihulahuphu emhlabeni phantsi okanye yenza izangqa esantini.
- Xa utitshala wakho esithi tsiba, tsibela esangqeni ngeenyawo zakho zombini.
- Xa utitshala wakho esithi tsiba, tsibela ngaphandle kwesangqa ngonyawo olunye.
- Dlala unochelesi.
- Sebenzisa itskhokhwe ukubhala izangqa kunye nezikwere phantsi.



Umhla:



Masithethe

Xeleta umhlobo wakho ngeendidi zeempahla esizinxibayo ngexesha ngalinye lonyaka. Zeziphi iimpahla othanda ukuzinxiba?

Krwela umgca usuke kwinkcazelo yeempahla esizinxibayo ngexesha elithile lonyaka ungqamanise nomfanekiso ochanekileyo.



Masibhale

Ukunxibela ixesha lonyaka

Ukuba kukho ilanga kufuneka sinxibe iminqwazi ukuze sizikhusele elangeni.



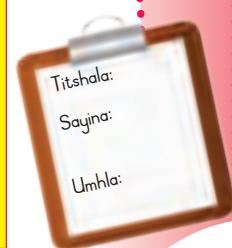
Xa kushushu kufuneka sinxibe iimpahla ezipholileyo.



Ukuba kuyabanda phandle kufuneka sinxibe iimpahla ezifudumeleyo zewulu.



Xa isina imvula kufuneka sibe needyasi zemvula kunye neambrela.





21

Iziphumo zamaxesha onyaka

Ikota yesi-2 – Iweki yesi-3 – Iphepha lomsebenzi lama-



Masifunde



Ihlobo

Ehlotyen i amafama avuna iziqhamo. Amathole ayadloba.

Kwiindawo ezininzi imvula ina ngamandla kwaye kukho iindudumo nemibane.

Ingca, amatyholo kunye neentyatyambo zikhula zibe fukufuku kakhulu, kwaye imithi iba mide.



Intwasahlobo

Entwasahlobo imithi iqalis ukuvelisa amagqabi.

Sibona iintaka ezininzi neenyosi neentyatyambo kunye namagqabi amatsha.

Intaka zakha iindlwane ze zibeke amaqanda.

Amafamaacheba iigusha.



Ukwinda

Ezinye izilwanyana zigcina ukutya kwazo zilungiselela ukulala ebusika.

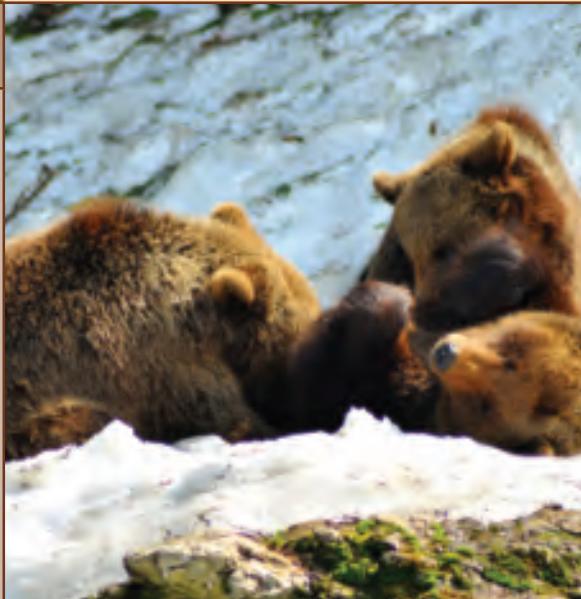
Amagqabi emithi aqalisa ukuba tyheli, abe nebala elimdaka, abe bomvu naorenji.

Ingca iqalisu ukutshaza ibe nebala elimdaka.



Ubusika

Ezinye izilwanyana zilala ubusika bonke. Sithi ziyafukama. Zizigcina zifudumele kuba izikhumba zazo ziyatyeba.

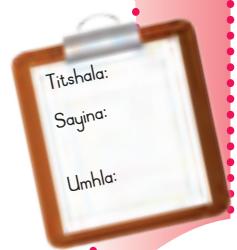


Masibhale

Zenza ntoni ezinye izilwanyana ebusika? _____

Zizikhusela njani engqeleni ezinye izilwanyana? _____

Zibuyela nini iintaka kumazwe afudumeleyo kwaye ziqlisa nini ukwakha izindlu zazo? _____



Masilime iimbotyi

Ikota yesi-2 – Iweki yesi-3 – Iphepha lomsebenzi lama-



Kufuneka oku

- Imbotyi ezi-5
- Isosara
- Uboya
- Amanzi



Kufuneka wenze ntoni?

Songela imbotyi ngoboya ze uyibeke esosareni.

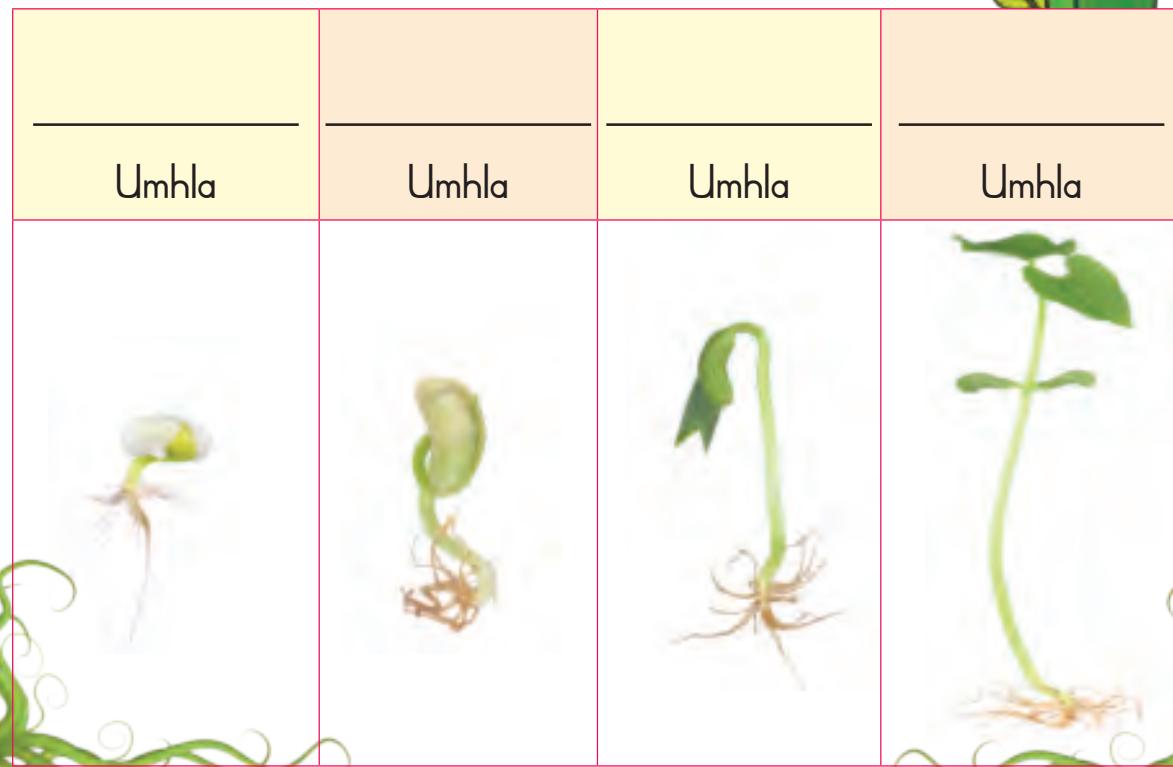
Yigcine imanzi. Beka isosara efesitileni enelanga.

Yijonge imbotyi iiveki ezimbini. Qaphela indlela ekhula ngayo.

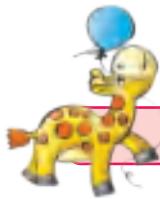


Jonga umfanekiso wesi sityalo sembotyi.

Xa isityalo sakho sikhangeleka ngolu hlobo bhala umhla.



Umhla:



Masenze

Yenza umdlalo omalunga nesilwanyana.

Ungabonisa ibhere okanye unomatse eqokelela ukutya ukuze akugcinele ixesha lasebusika.



Phuma phandle

Bhabha uxele inkonjane isiya
kwiindawo ezifudumeleyo.



Rhubuluza emhlabenzi uxele
inyoka ikhangela indawo elungele
ukuba ilale kuyo.





23

Izilwanyana zasekhaya

Ikota yesi-2 – Iveki yesi-4 – Iphepha lomsebenzi lama-



Masithethe

Jonga umfanekiso uze uthethe ngezilwanyana zasekhaya ozibonayo.
Sesiphi esona silwanyana usithandayo? Sifumana ntoni kwisilwanyana
ngasinye kwezi?



46

Umhla:



Masibhale

Bhala impendulo echanekileyo kwezi theyibhile. Sikwenzele eyokuqala.

| | | |
|---|--------------|-----------------|
|  | Inkunzi | Inkunzi yegusha |
| | Imazi | Imazi yegusha |
| | Ithole | Itakane |
| | Ingxolo | mhe-e-e |
| | Ishedi/indlu | Ubuhlanti |

| | | |
|--|--------------|--|
|  | Inkunzi | |
| | Imazi | |
| | Ithole | |
| | Ingxolo | |
| | Ishedi/indlu | |

| | | |
|---|--------------|--|
|  | Inkunzi | |
| | Imazi | |
| | Ithole | |
| | Ingxolo | |
| | Ishedi/indlu | |

| | | |
|---|--------------|--|
|  | Inkunzi | |
| | Imazi | |
| | Ithole | |
| | Ingxolo | |
| | Ishedi/indlu | |



Titshala:
Sayina:
Umhla:

Ikota yesi-2 – Iweki yesi-4 – Iphepha lomsebenzi lama –



Iphi n'inja yam encinane?

Iphi n'inja yam iphi?

Endleb'emfutshane nomsila omde

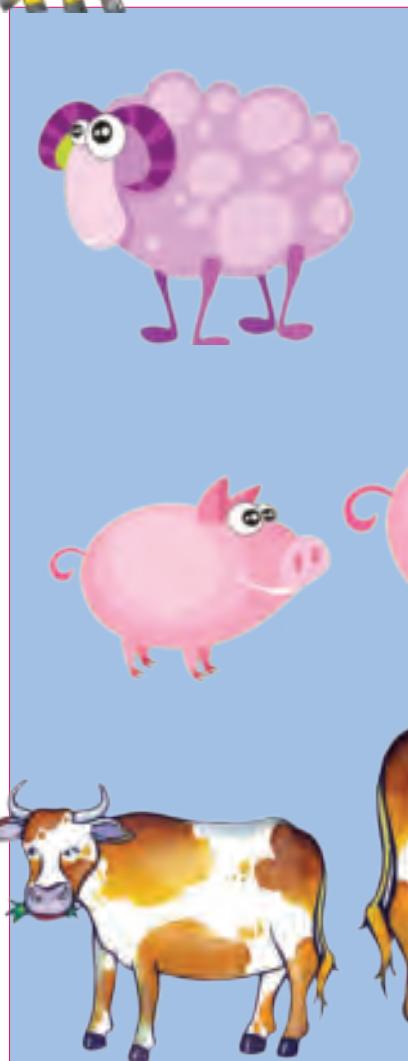
Iphi n'inja yam iphi?





Masicule

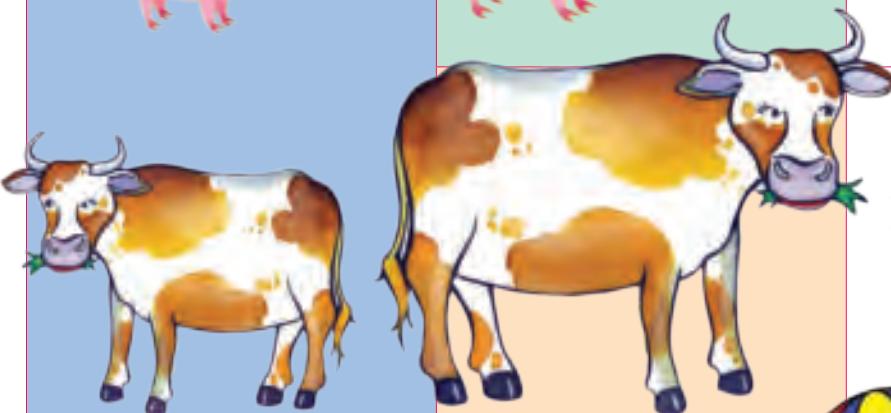
Qhubeka nokucula le ngoma. Endaweni yenja cula ngezi zilwanyana.



Iphi n'igush' am
encinane.



Iphi n'ihagu yam
encinane.

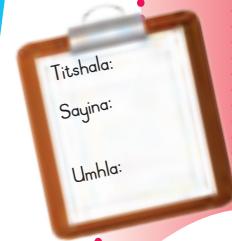


Iphi n'inkom' am
encinane.



Phuma phandle

- Hamba phezu komqadi ungawi.
- Phosa ibhola emoyeni uyigange ungakhange uwe.
- Qabadula okwehashe.
- Hamba okwedada.
- Hamba okwerobhothi.



Ikota yesi-2 – Iweki yesi-5 – Iphepha lomsebenzi lama –

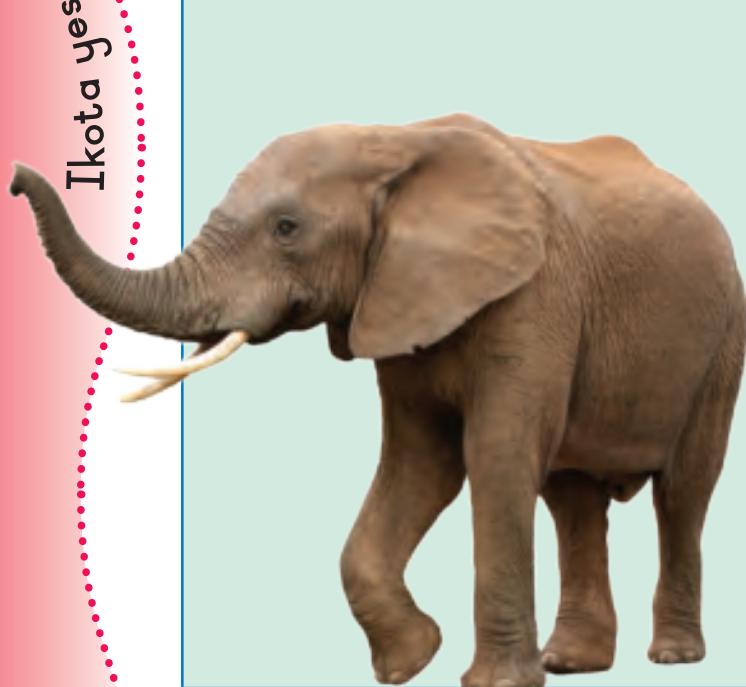


Masifunde

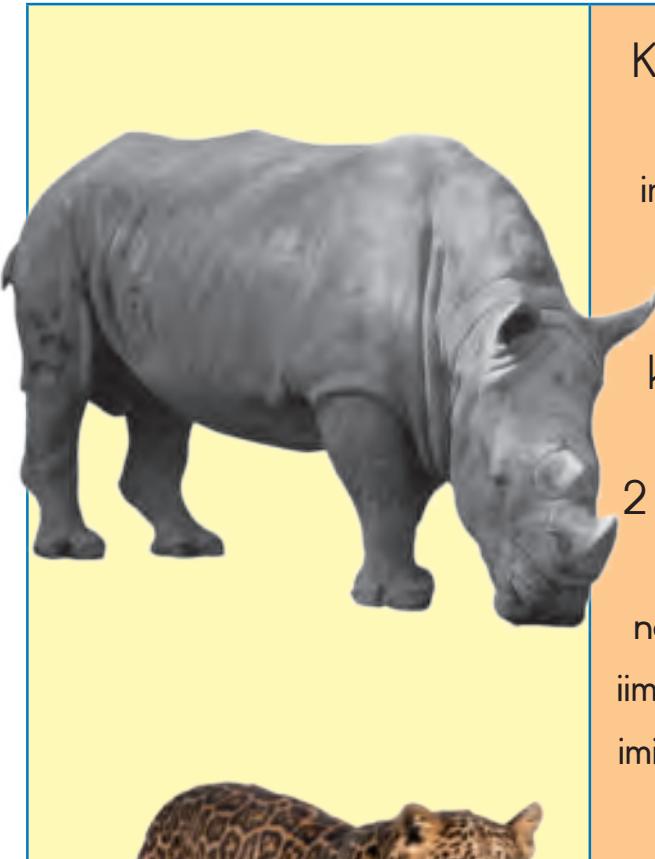


Iingonyama zezosapho
lweekati. Ingonyama ibonwa
njengekumkani yezilwanyana.
Ziyazingela ze zibulale
izilwanyana ezifana neenyamakazi
namaqwarha. Ziimazi ezizingela
kakhulu.

Zizingela ebusuku kwaye ziba
ngamaqela. Ingonyama zithanda
ukuhlala emathafeni anengca
avulekileyo. Ingonyama
zigquma kakhulu.



Iindlovu zezona zilwanyana
zanyisayo zikhulu kakhulu.
Zisengozini yonke imihla kuba
abazingeli abangenamvume
bayazizingela befuna amabamba
azo. Iindlovu zisebenzisa imiboko
yazo ukufaka iingcambu, iziqhamo
kunye namanzi emilonyeni.
Zitya ukutya okungama-200 kg
ngosuku ze zisele iilitha
ezili-190 zamanzi.



Kukho iindidi ezimbini zemikhombe (zibizwa ngokuba ziirayino) – imikhombe emnyama nemhlophe. Imikhombe ayiboni kakuhle kodwa ineempumlo ezibukhali kakhulu. Mikhulu kakhulu kwaye inganobunzima obungama 2 500 kg. Nayo izingelwa kakhulu ngabazingeli abasemthethweni nabangekho mthethweni abafuna iimpondo zayo. Kufuneka siyikhusele imikhombe kubazingeli abayibulalela iimpondo zayo.



Ihlosi elipheleleleyo lingakhula de libe nobude obungange-2 m. Isikhumba salo sinombala omdaka okhanyayo namabala amnyama azizangqa. Ihlosi liyakwazi ukukhwela emthini kwaye alinangxaki nakuzingela emthini.



Iinyathi zihlala ziylimhlambi. Xa kukho ingozi, iimazi namathole ziyaqokelelana zibe sembindini womhlambi ze zingqongwe ziinkunzi zizikhusele. Ezinye iinyathi zikhula zibe nomphakamo ongange-1,7 m.



Zizimela njani izilwanyana

Ikota yesi-2 – Iweki yesi-5 – Iphepha lomsebenzi lama –

Masifunde



Imigca yamaqwarha yenza kube nzima kakhulu ukulibona etyholweni iqwarha.

Ezinye izilwanyana zizikhusela ngokutshintsha indlela ezikhangeleka ngayo zifane nendawo ezikuyo.



Ulovane luyakwazi ukutshintsha umbala walo lufane nomthi eluwunyukayo.



Izikhumba okanye iintsiba zezinye izilwanyana zenziwa ngendalela apha eyenza ukuba kube nzima ukuzibona.



Le nto siyibiza ngokuba kukujika imbonakalo.

Khawucinge ngezinye izilwanyana ezijika imbonakalo.



Phuma phandle

Utitshala wakho uza kukubonisa indlela yokudlala izitulo zomculo.



Umhla:



Masenze

Zoba isilwanyana sasendle. Xeleta umhlobo wakho ukuba eso silwanyana sizi jika njani imbonakalo yaso.



27

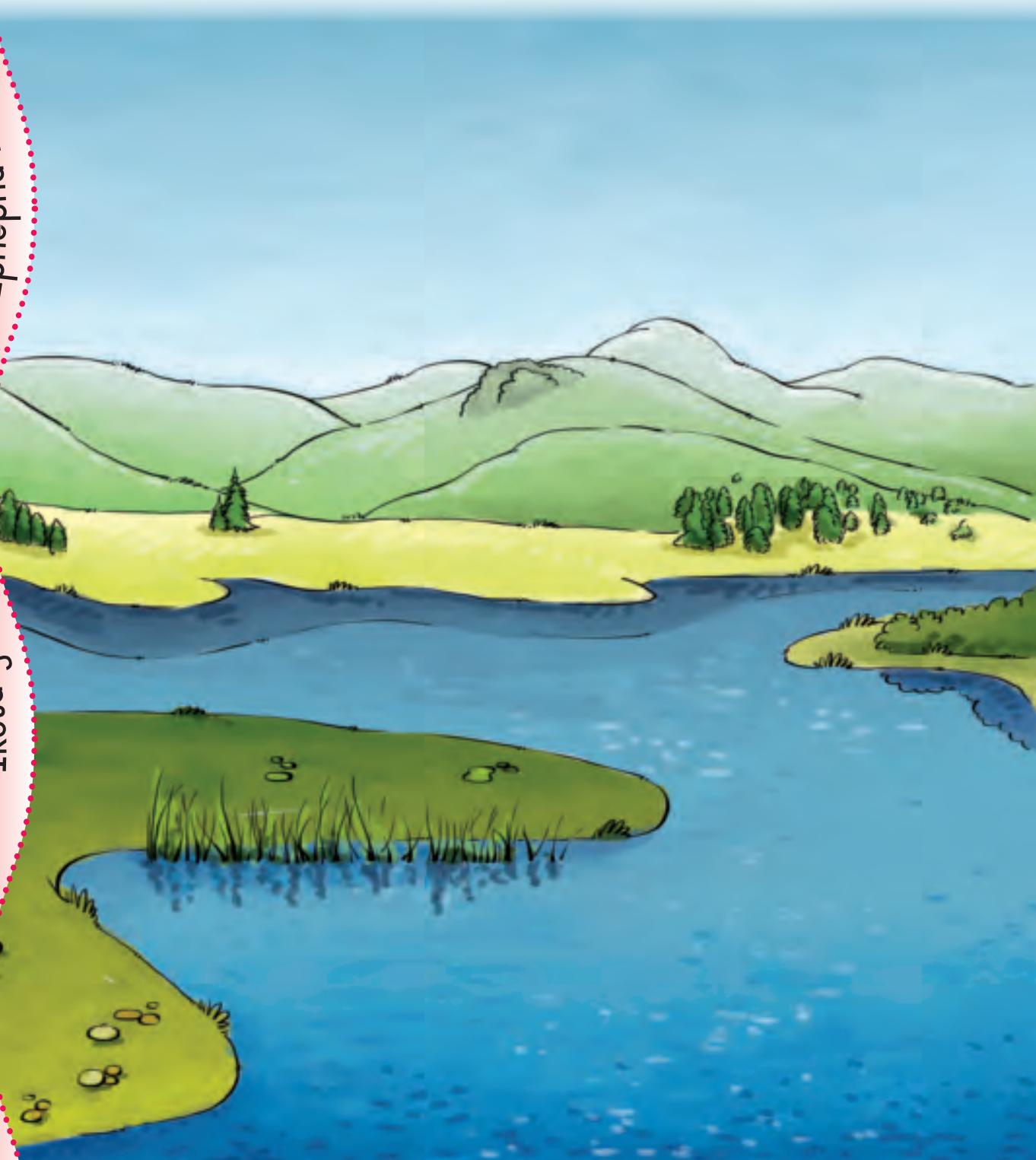
Izilwanyana zasemanzini

Ikota yesi-2 – Iweki yesi-6 – Iphepha lomsebenzi lama-



Masenze

Gqibezela umfanekiso ngokuthi wongeze imizobo okanye imifanekiso yezilwanyana ezihlala emlanjeni.





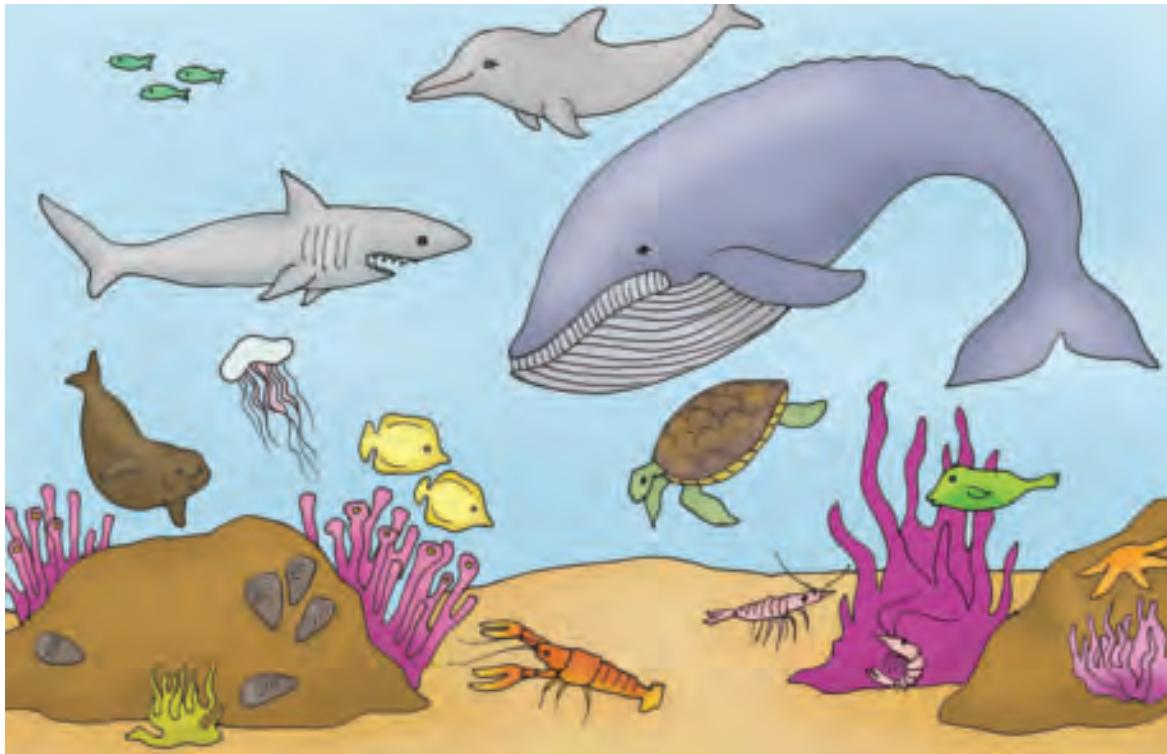
Izidalwa zasenzulwini

28

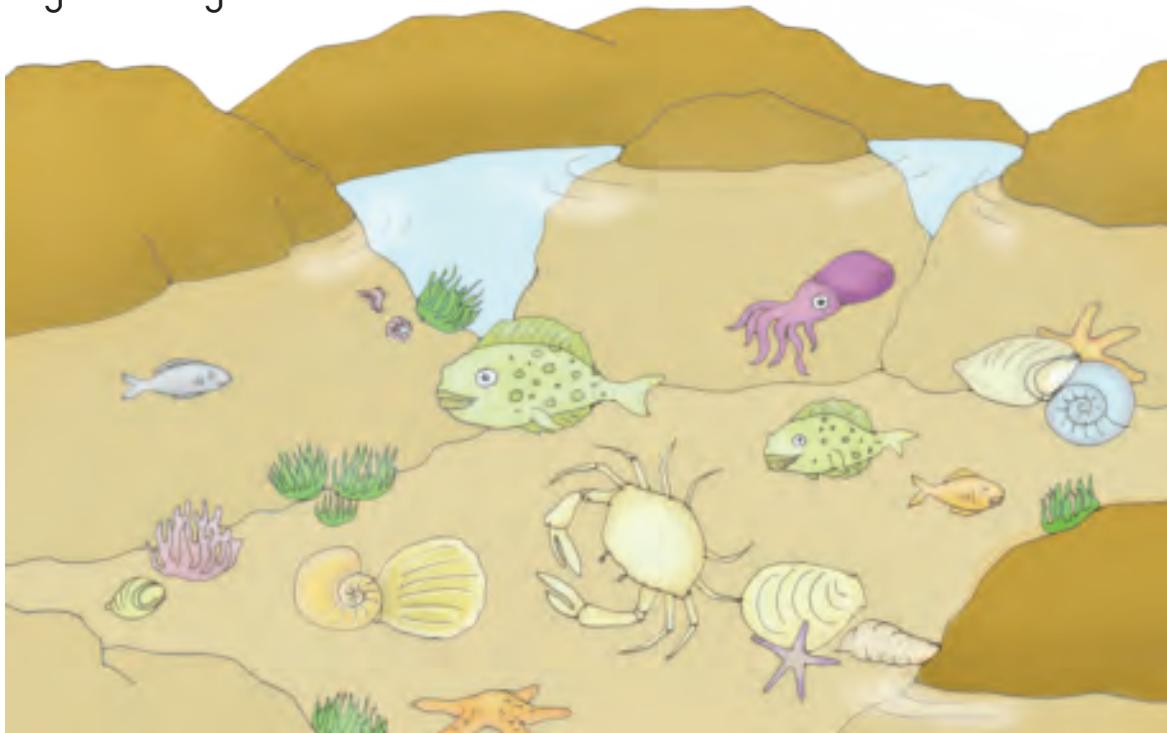


Masithethe

Jonga zonke izilwanyana ezahlukileyo ezihlala emanzini amtyuba.



Kukho nezilwanyana ezincinane ezihlala kumadama amatye emanzini anganzulwanga.



| |
|-----------|
| Titshala: |
| Sayina: |
| Umhla: |

55



29

Ubugcisa bezilwanyana

Ikota yesi-2 – Iweki yesi-7 – Iphepha lomsebenzi lama –



Masithethe

Thetha ngazo zonke izilwanyana zaselwandle ezikule mifanekiso ikwiphepha 55.

- Zeziphi kwezi zilwanyana zaselwandle ezityiya ngabantu?
- Zeziphi izilwanyana zaselwandle ezinobungozi?
- Umzimba wentlanzi ugqunywe yintoni kwaye ukhuselwa yintoni?
- Ucinga ukuba kuya kwenzeka ntoni ukuba ulwandle lunokungcoliswa yinkunkuma okanye zizinto ezinetyhefu?
- Zeziphi iindlela ezahlukeneyo olunokungcoliseka ngazo ulwandle?



Masibhale

Bhala amagama ezilwanyana ozikhumbulayo ezhhlala emlanjeni, emadameni okanye elwandle kwezi kholamu zintathu zethoyibhile.

| Umlambo | Ulwandle | Idama |
|---------|----------|-------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

56

Umhla:



Masenze

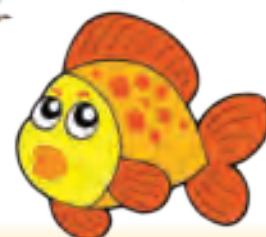
Zenzele eyakho itanki yeentlanzi.

- Peyinta umphakathi webhokisi yesihlangu ubo zuba uze uyilalise ngecalala.
- Sika intlanzi engasemva encwadini.
- Bophelela intlanzi phezulu ebhokisini ngeteyiphu yokuncamatheisa nangomtya.



Phuma phandle

- Bhabha okwentaka ngesantya esikhawulezayo nesicotayayo.
- Bhadaza okonombombiya.
- Bhabha okwenyosi.
- Hamba oku kukanonkala.
- Dada okwentlanzi.
- Tsiba okwesele.
- Dlala umdlalo wengcuka othi "Bantwana bam ..."
- Dlala impuku nekati.



Izilwanyana ezihamba namakhaya azo

Ikota yesi-2 – Iweki yesi-7 – Iphepha lomsebenzi lama-



Masifunde



• • •

Ubusazi na? Lindilingana twatse iqokobhe lam, kwaye alisoze libe lincinci kum.

Ufudo

Ufudo sisirhubuluzi esinemilenze emine enamaxolo kunye nentamo nentloko ezishwabeneyo. Luhamba ngokucotha luneqokobhe lalo emqolo.

Zihlala phi ezi zilwanyana?



Masibhale

Phendula le mibuzo imalunga nofudo oluhlala emhlabeni.

Ingaba iqokobhe lofudo lilukhuni okanye lithambile? _____

Eli qokobhe lilukhusela entweni ufudo? _____

Lwenza ntoni ufudo xa lusoyika? _____

Lutya ntoni ufudo? _____

Umhla:



Inkumba

Iliso

Iqokobhe

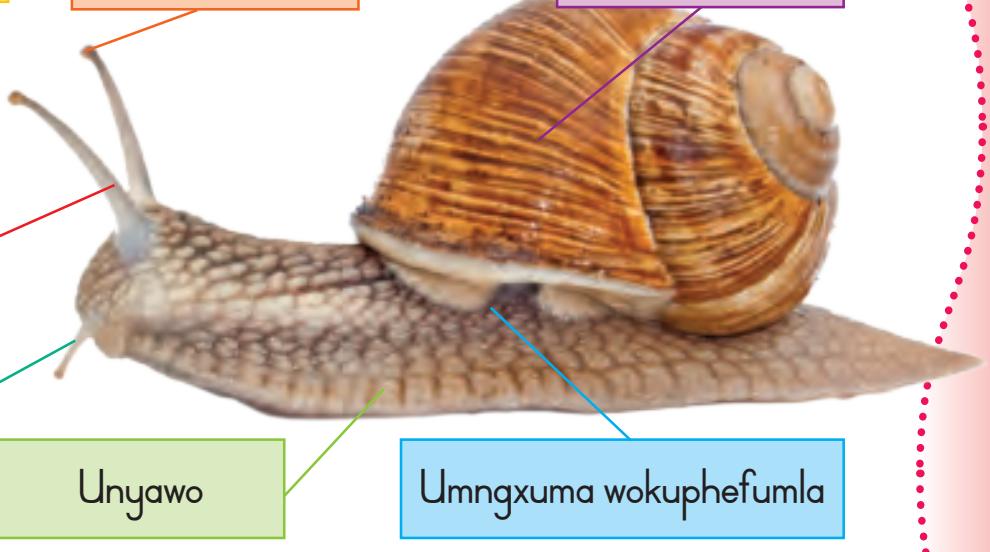
Jonga iqokobhe
lenkumba.

Uphondo olude

Uphondo
olufutshane

Unyawo

Umngxuma wokuphefumla



Ihamba njani inkumba?

Wakhe walifumana iqokobhe lenkumba elingenanto? Ucinga ukuba
kwenzeka ntoni kwinkumba leyo?

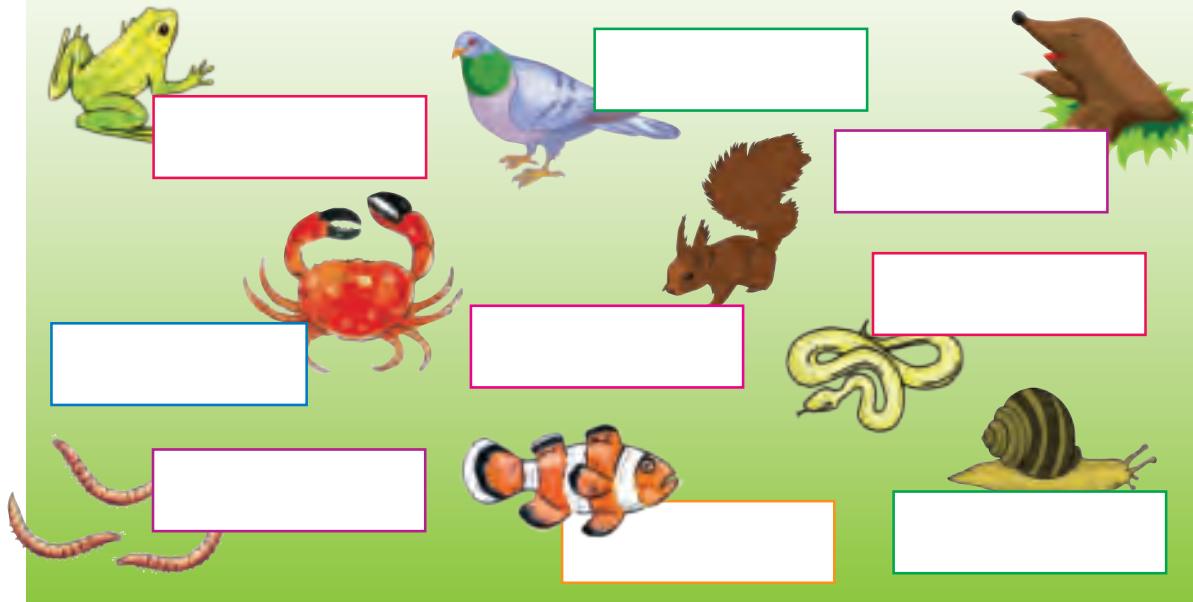
Unjani umbala wamaqokobhe eenkumba?

Ucinga ukuba kutheni iinkumba zinamaqokobhe nje?



Masibhale

Ucinga ukuba ndihlala phi? Ecaleni komfanekiso wam, bhala ukuba
ndingalakha phi na ikhaya lam; **emthini, emhlabeni** okanye **emanzini**.



Izilwanyana ezizakhelayo izindlu

Ikota yesi-2 – Iweki yesi-8 – Iphepha lomsebenzi lama-



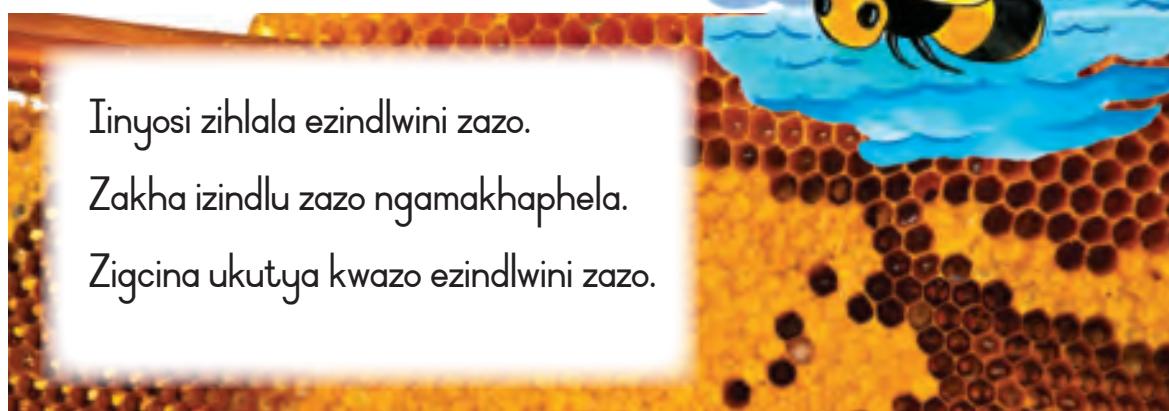
Masenze

Dibanisa imifanekiso yezilwanyana kunye nemifanekiso yamakhaya azo.



Masifunde

linyosi





limbovane

Timbovane zizakhela iindidi ezahlukeneyo zezindlu kwindawo yazo. Imbovane encinci iyakwazi ukuthwala into enobunzima obuphindaphindwe kane kunobunzima bayo. Timbovane ziyanxibelelana. Ziyalumkisana ukuba kukho ingozi, kwaye ziya xelelana ukuba kufumaneka phi na ukutya.



Masibhale

Ucinga ukuba kutheni iimbovane zizakhela izindlu nje?

Ngubani olutshaba lweembovane?

Zisebenzisa ntoni iimbovane ukwakha izindlu zazo?



Masifunde

lintaka

Lintaka zakha iindlwane njengeendawo zokuhlala kunye nendawo yokuzalela amaqanda azo. Ubukhulu bendlwane buxhomekeka kubukhulu bentaka leyo.

Zizakha ngantoni iintaka iindlwane zazo?

Sesiphi isilwanyana esilutshaba lwentaka?



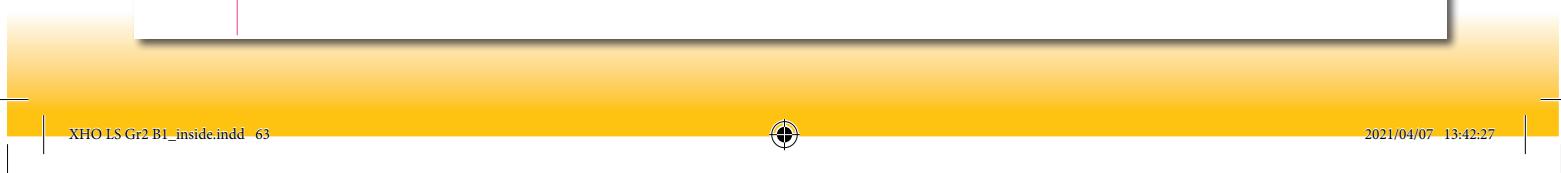
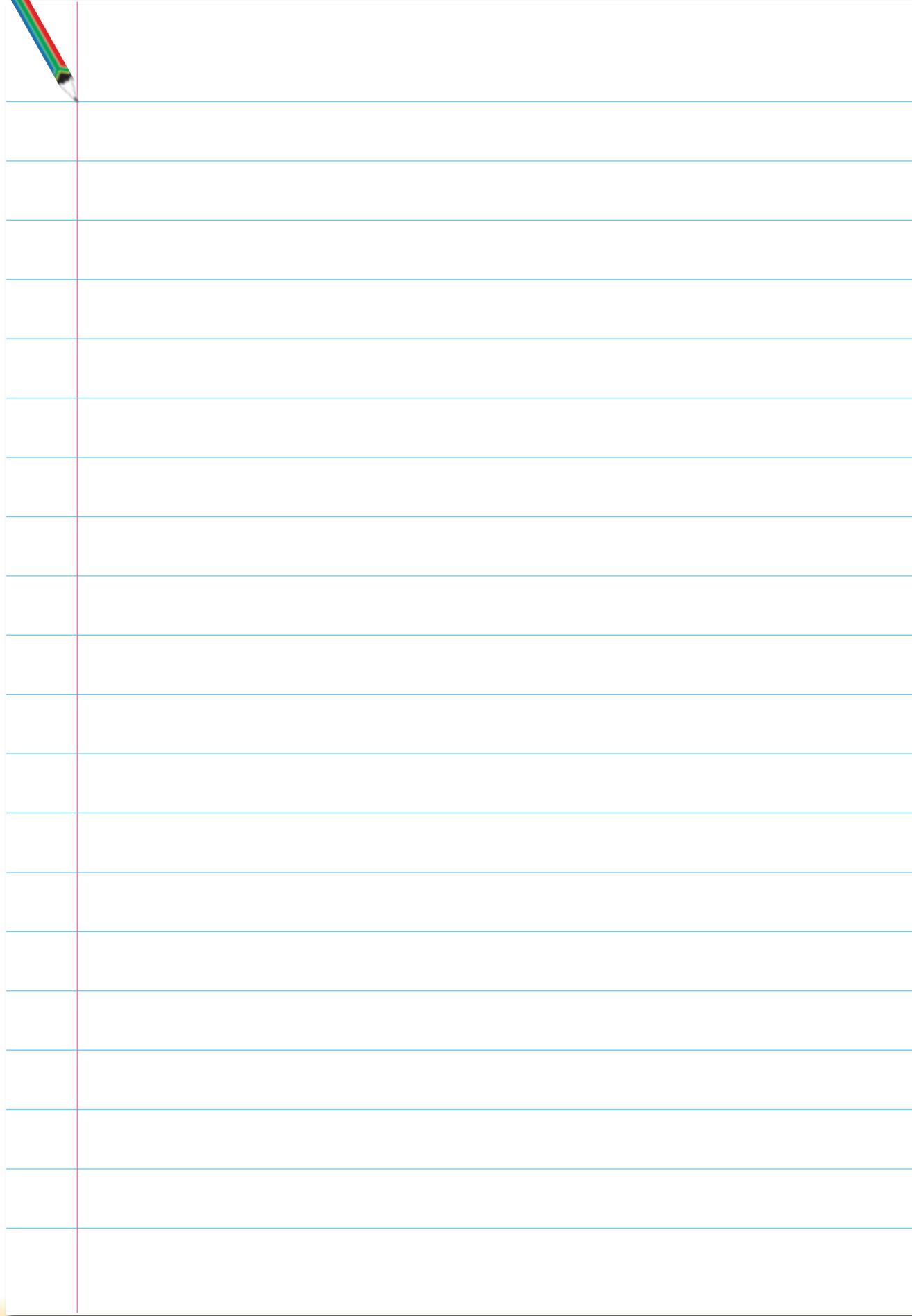
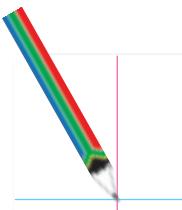
Titshala:

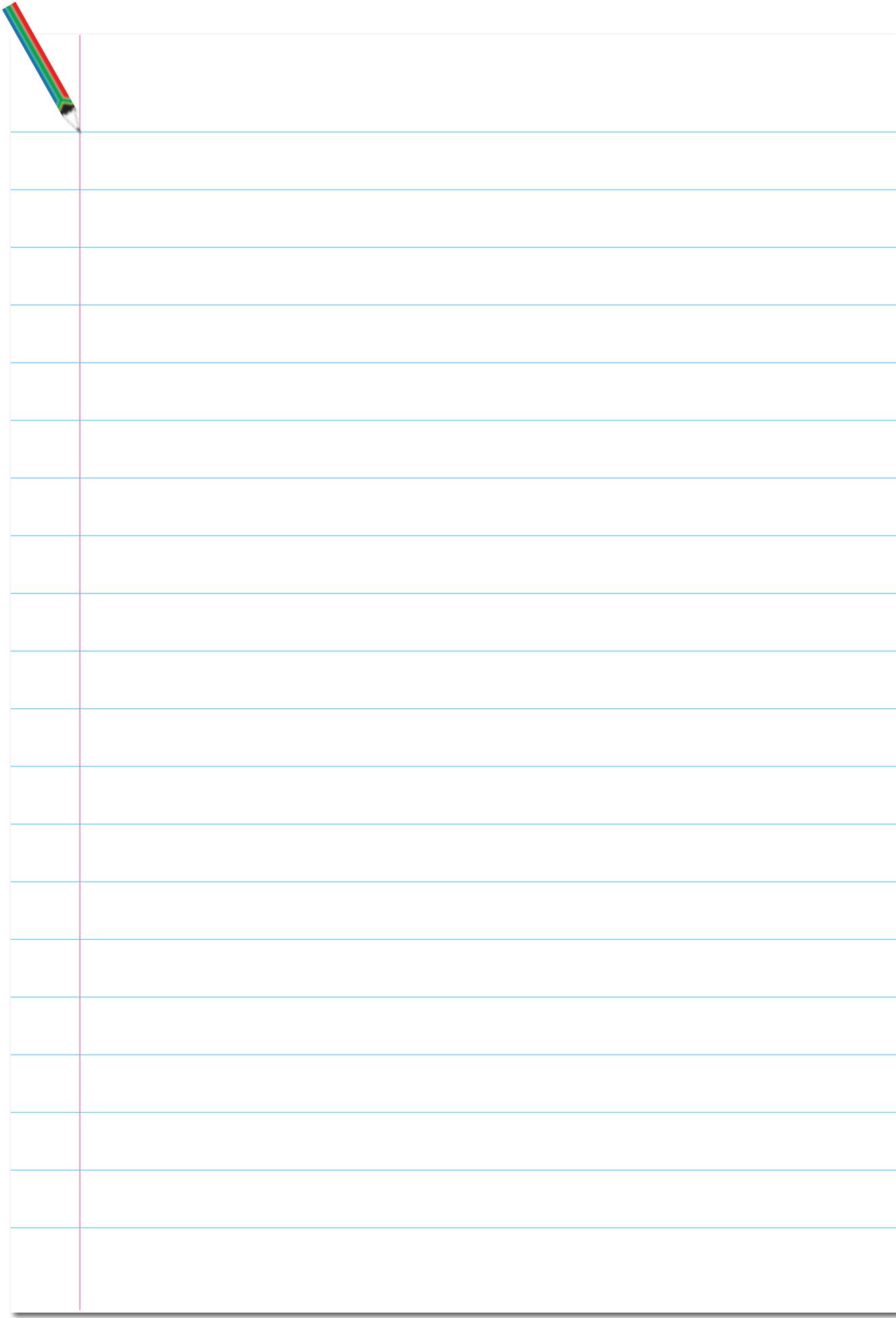
Sayina:

Umhla:

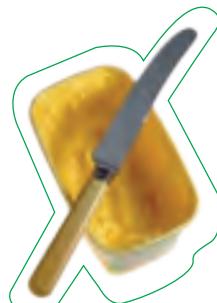
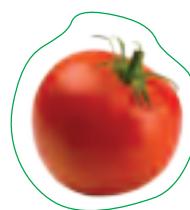
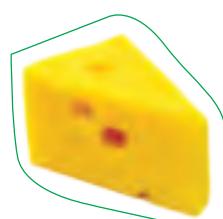
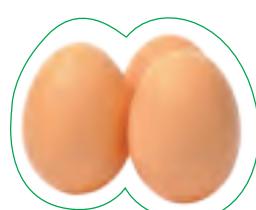
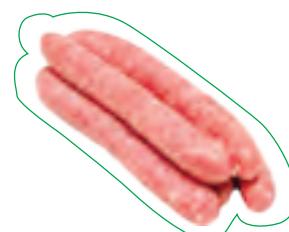
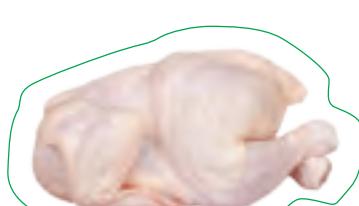
Isichazi-magma sam

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|---|--|-----|
| A | | M |
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| H | | T |
| h | | t |
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| L | | X-Z |
| l | | x-z |

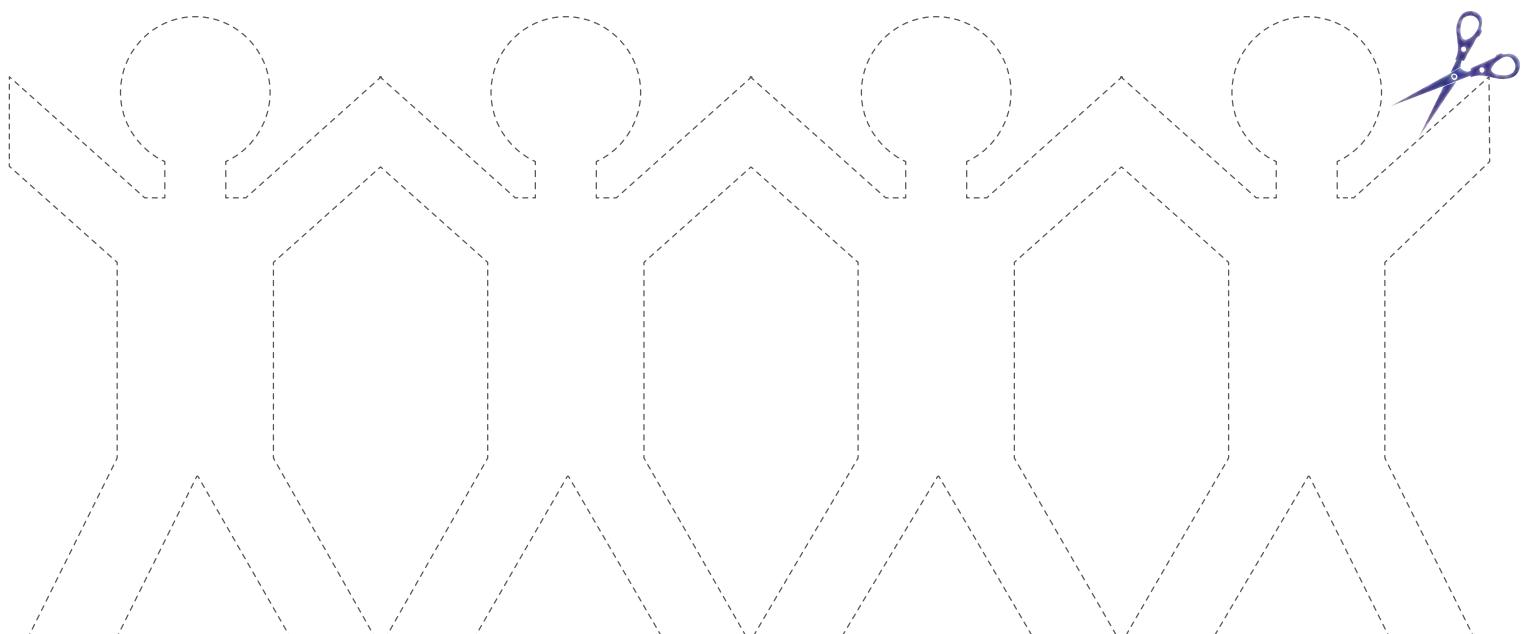




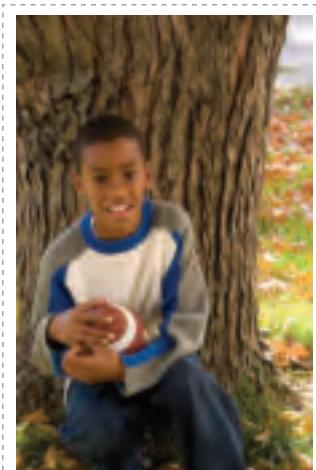
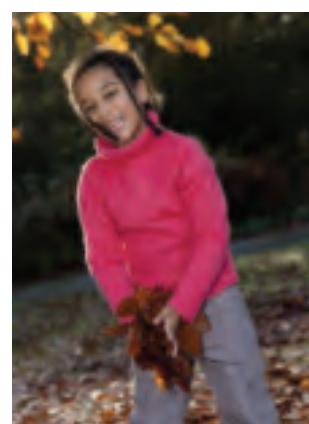
P.2q



P.1q



P.36-37



P.57

