

Mphato  
wa **1**

# Puku ye Kgolo ya dikanegele tše kopana

**SEPEDI**



**basic education**

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

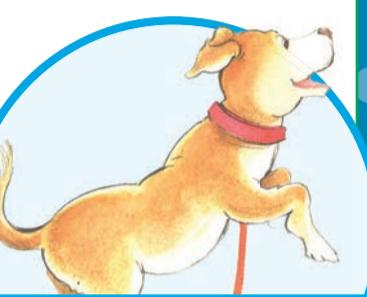
Puku ya

**5**

# Mokgwa wa go šomiša Puku ye ye Kgolo:



Dikanegelo tše di lego ka mo go puku ye:



1 Kolo e hwetša mogwera yo moswa



2 Ka fao pitsi e hweditšego mebala ya yona

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## Go itokišetša nako ya go bala Puku ye Kgolo.

- Kgonthiša gore barutwana ka moka ba bona puku.
- Ge barutwana ba phapošborutelo ya gago e le ba bantši, bokaone ke gore o šome le sehlopha se sennyane.
- O tla hwetša gore go na le mohola go dira gore puku e eme gore o se hlwe o e swara ge o dutše o e bala. (Lebelela ditaelo tše gore o dire gore puku e eme ka khabara ya morago.)
- Šomiša rula goba sešupo go šupa mantšu, ge o dutše o bala.
- Ge o nyaka go bonagatša mantšu, o ka mamaretša mantšunyana a go mamaretša go dikologa lentšu go le bonagatša, goba wa dira lefastere la maselamotse. Šomiša setsekana sa pampiri ya sebopego sa khutlennethwi, o se ripe mo bogareng, gomme o bee khutlennethwii, o e tloše mo bogareng, gomme o mamaretše khutlennethwii godimo ga sengwalwa gore go bonagale fela lentšu le tee.

## Nako ya mathomo ya go bala ka go šielana

Nako ya mathomo e lebanywa le boipshino le tebelelo ya mathomo ya go lebelela sengwalwa, barutwana bona ba fetola ka bobona ge ba lebelela sengwalwa.

- Phetlolla kanegelo, ba tla bala. Bolela ka ga ditshwantšhetšo.
- Kgopela barutwana gore ba bolele gore ba nagana gore kanegelo yeo e theilwego godimo ga diswantšho e reng.
- Tšweletša mantšu a mathata goba a maswa pele barutwana ba bala kanegelo.
- Dira dikarata tše mantšu go tsebagatša tlotlontšu ye mpsha.
- Bala kanegelo, o šomiša ditlhagišo, gomme o fetolafetola lentšu la gago, lebelo le moywa lentšu. Šomiša dika le ditlhagišo tše sefahlego.
- Latela mongwalo ge o dutše o bala, ka go šupa mantšu ka kotana goba ka rula, gore barutwana ba bone seo o se balago, gomme ba amanye modumo le dika mo lephepheng. Gape se se tla ba thuša go bona tshepetšo ya go bala go tloga go la nnele go ya go la mmagoja, le go tloga godimo go ya tlase.
- Šomiša se bjalo ka sebaka sa go tsebiša 'polelo ya puku' bjalo ka: mantšu, mafofo, lephepheng, mongwadi le hlogo, bjalobjalo.
- Dira gore barutwana ba kgathetša tema mo kanegelong, ka go bolela fao sekafoko se ipoletšago (mohlala: "Kitima, kitima, kitima ka lebelo leo o ka le kgonago, o ka se ntshware - Ke nna monna wa borotho bja dikhanakhana!").
- Kanegelo ye e bušeletšwago e swanetše go balwa gabedi go ya gararo, go fa barutwana sebaka sa go tšweletša polelo ya mogobelo, ge ba ekiša ditiragalo, goba go bušeletša dikarolo tše kanegelo, ka mantšu ao ba ikgethetšego ona.

## Nako ya bobedi ya go bala ka go šielana

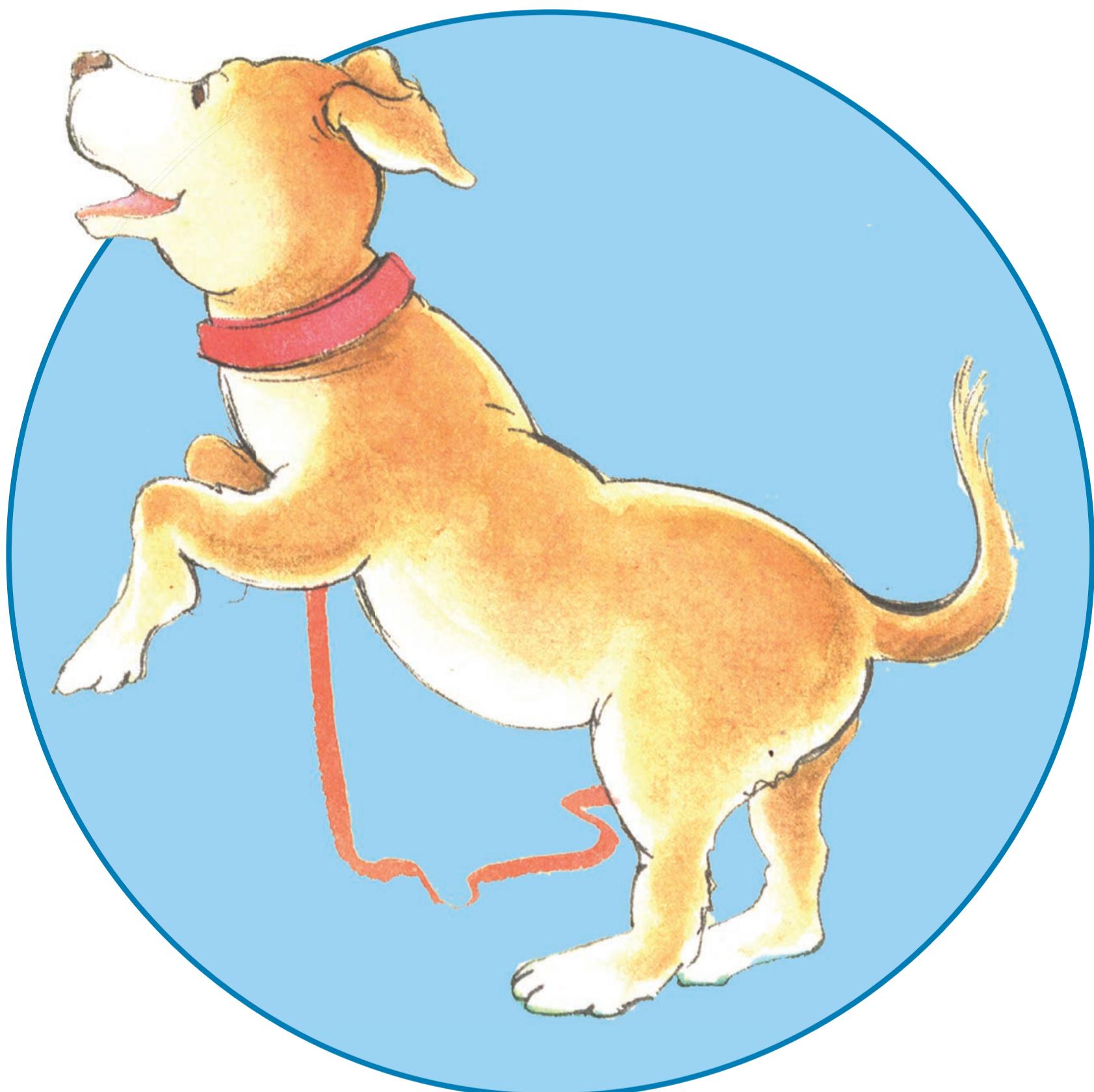
- Mo nakong ya bobedi go šomišwa sengwalo sona seo se šomišitšwego, gomme nepišo e šuthela go tšwela pele go kgathetša tema mo go baleng le morutiši, go šomišwa dipoledišano tše di šomišwago go tšweletša pele kwešišo ya tlotlontšu, go fetolela mabokgoni le sebopego sa sengwalo (popopolelo, maswaodikga, bjalobjalo).
- Go tšwa go wena, morutiši, go dira gore go išwe šedi go hlokome leng dithuto tše di amanago le šedi yeo e lebelelagoo dikgopoloo tše di latelago, mabapi le dikgatišo, dibopego tše dingwalo, mekgwa ya tumothlaka, dipatrone tše polelo, boitshupo bja mantšu, mokgwa wa go lemoša mantšu, le kwešišo, go mehlwaela ya tekanetšo (ntšukantšu, go pušeletšopeakanyo, go tšeia gore go bjalo, tekanyetšo le dipotšišo tše go fa maikutlo).

## Nako ya boraro ya go bala ka go šielana

- Mo nakong ya boraro ya go bala ka go šielana, barutwana ba swanetše go bala sengwalo ka bobona gomme ba kgathetša tema ka go bolela, ba kgathetša tema ka go dira ka matsogo le go ngwala ditiragalo tše di theilwego godimo ga sengwalo.
- Ge go kgonagala, sengwalo sa Go balwa ka go Šielana se swanetše go tsebiša go Ngwala ka go Šielana moo morutiši a swanetšego go laetša gore sengwalo se ngwala bjang, gomme barutwana ba sware morero wa go ngwala taodišo ka ga sengwalo, gomme morutiši a kgathetša tema ya go kgonagatša le go ba sethaledi sa go laetša gore go ngwala bjang. Gomme tshepetšo e thuša go lokišetša barutwana ge ba dira mošomo wa bona wa go ngwala.

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# Kolo e hwetša mogwera yo moswa



Pam, Boati le mpša ya bona,  
Kolo, ba ya go sepela.

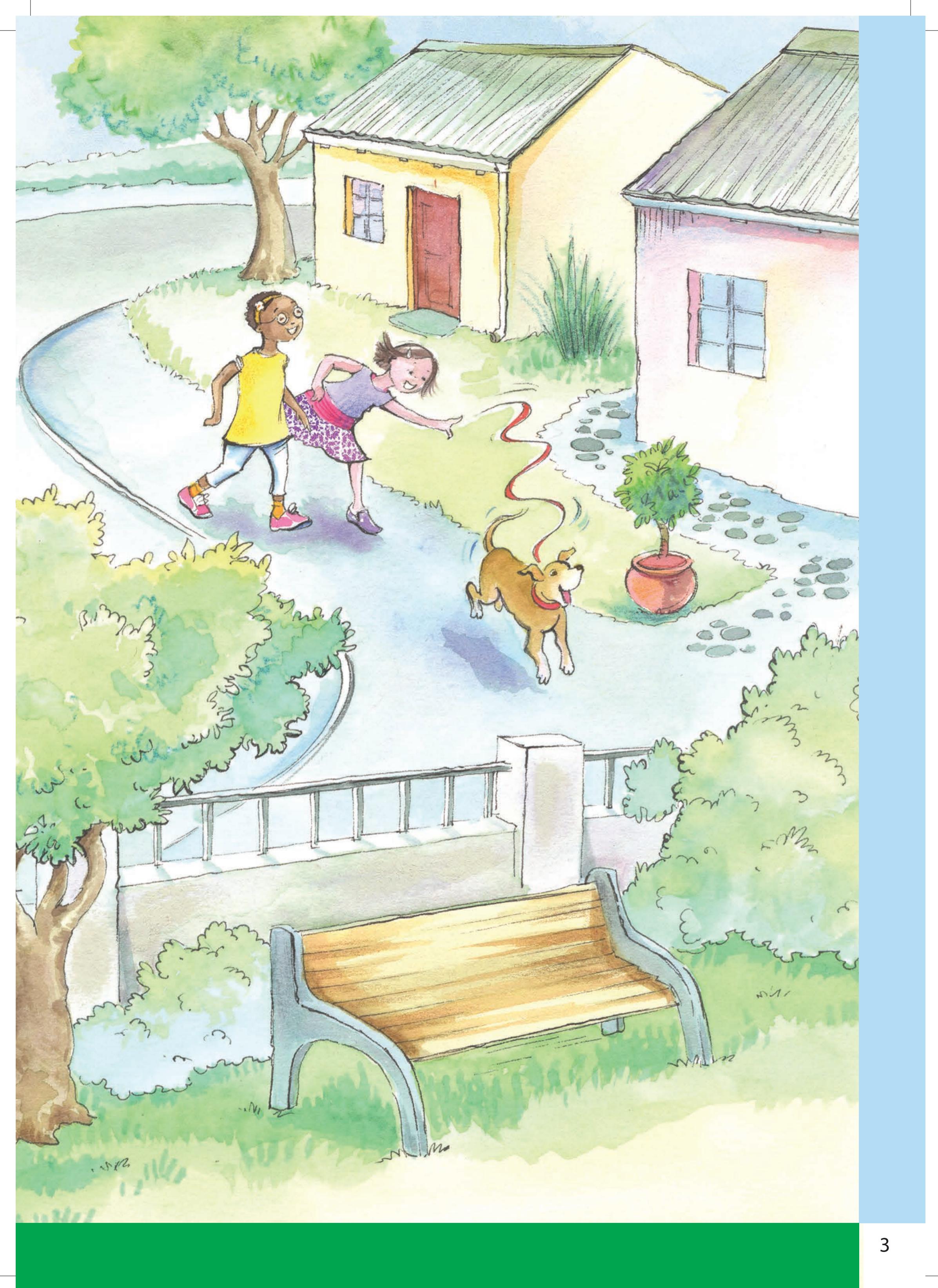
Lehono Kolo e seleka kudu.

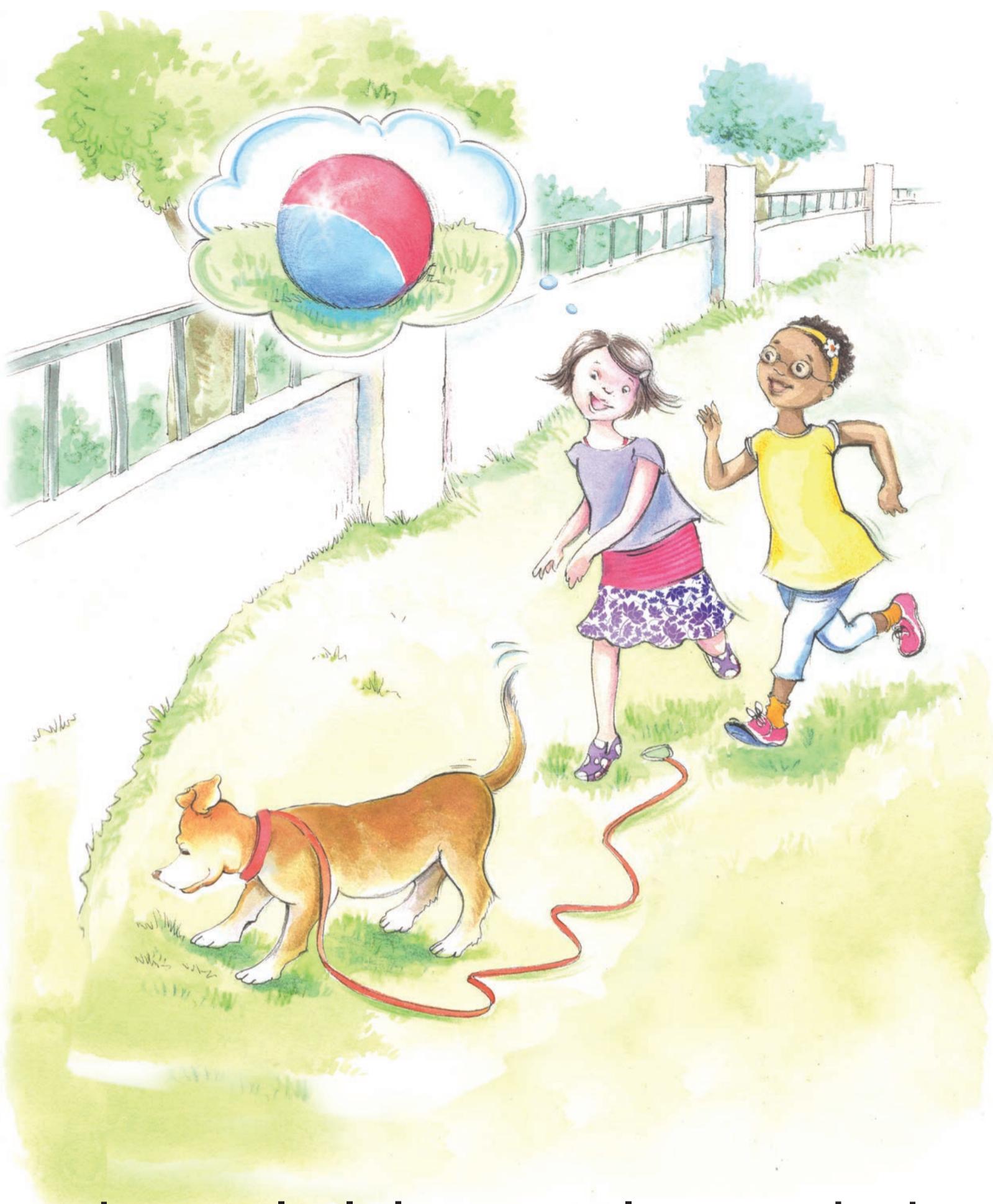
E a tšhaba.

Pam le Boati ba a e  
kitimiša.

"Boa Kolo!" gwa  
bitša Boati.







Kolo e kitimela lebotong la mo phakeng.  
Kolo e nkgelela leboto.

E nkgelela eng ka morago ga leboto?

Naa ke bolo ya bohubedu le  
botalalerata?

Hau! Hau! Hau!



Pam o a botšiša o re: "O hweditše  
eng Kolo?"

Naa e ka ba lerapo le legolo?

Naa e ka ba khounu?" Hau! Hau! Hau!

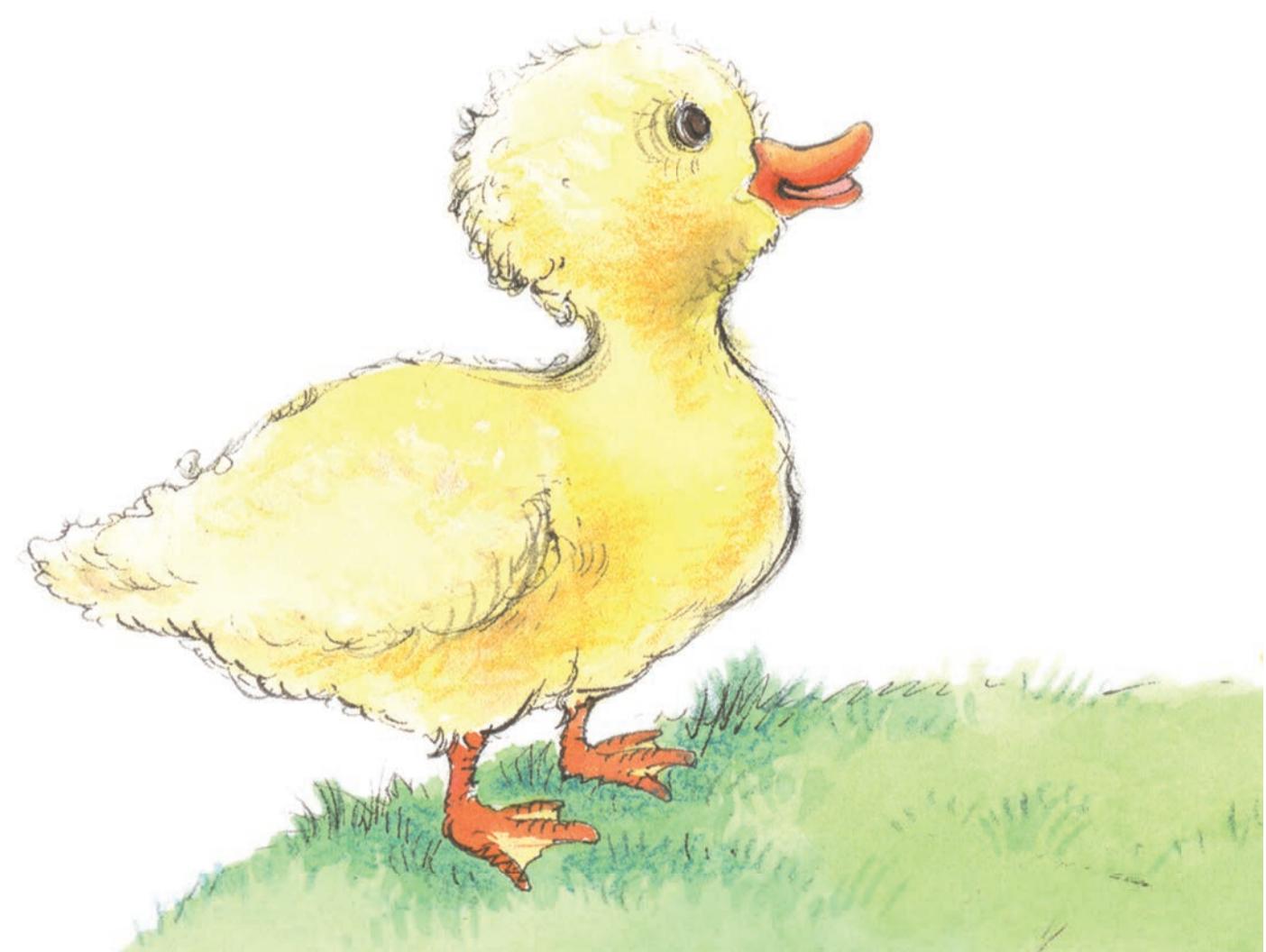
Pam le Boati ba šala Kolo morago  
gomme ba tsena ka phakeng.

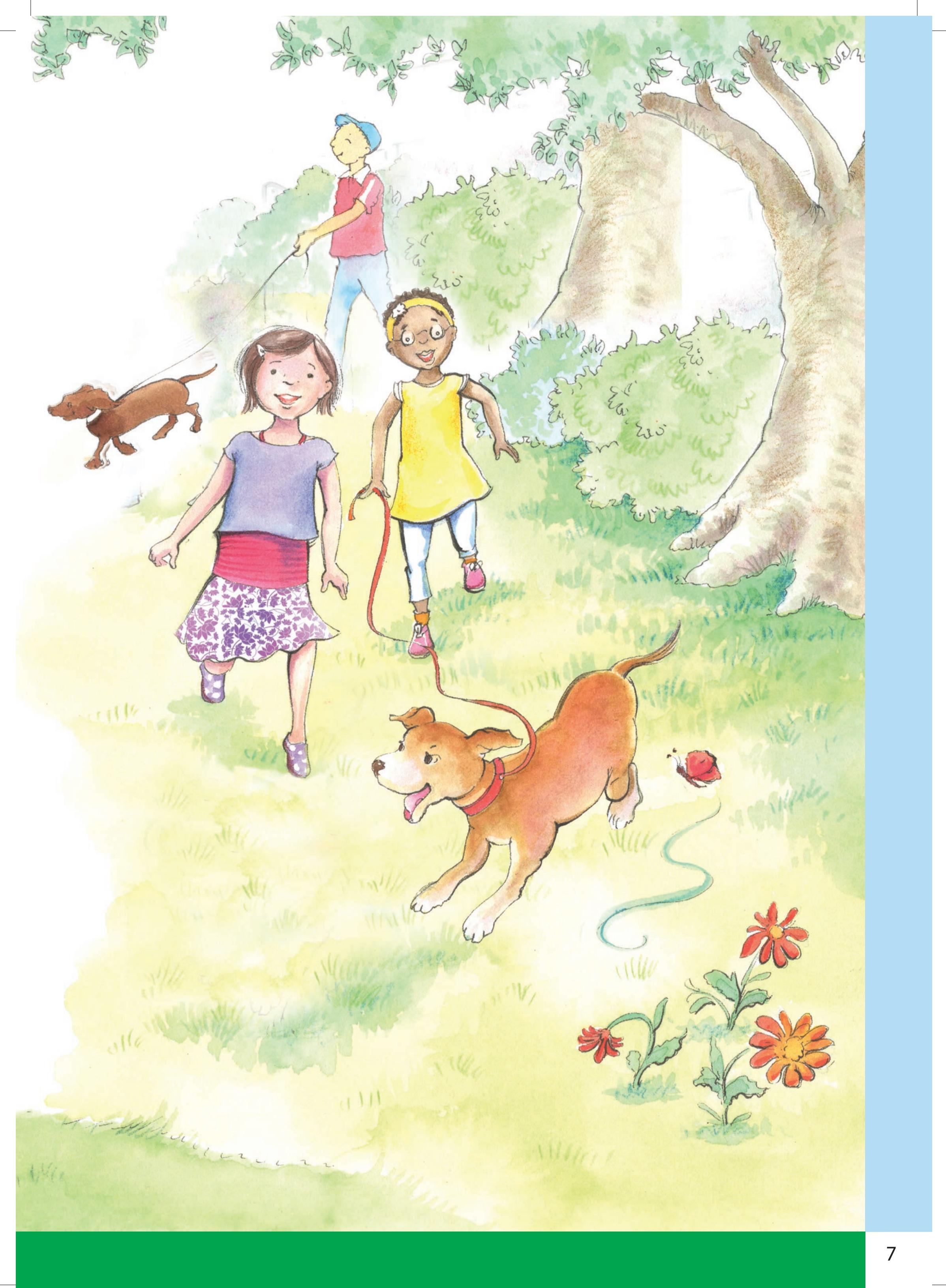
Kwaa! Kwaa! Kwaa!

Jo! Ke lepidibidi le lennyane le  
lesorolwane.

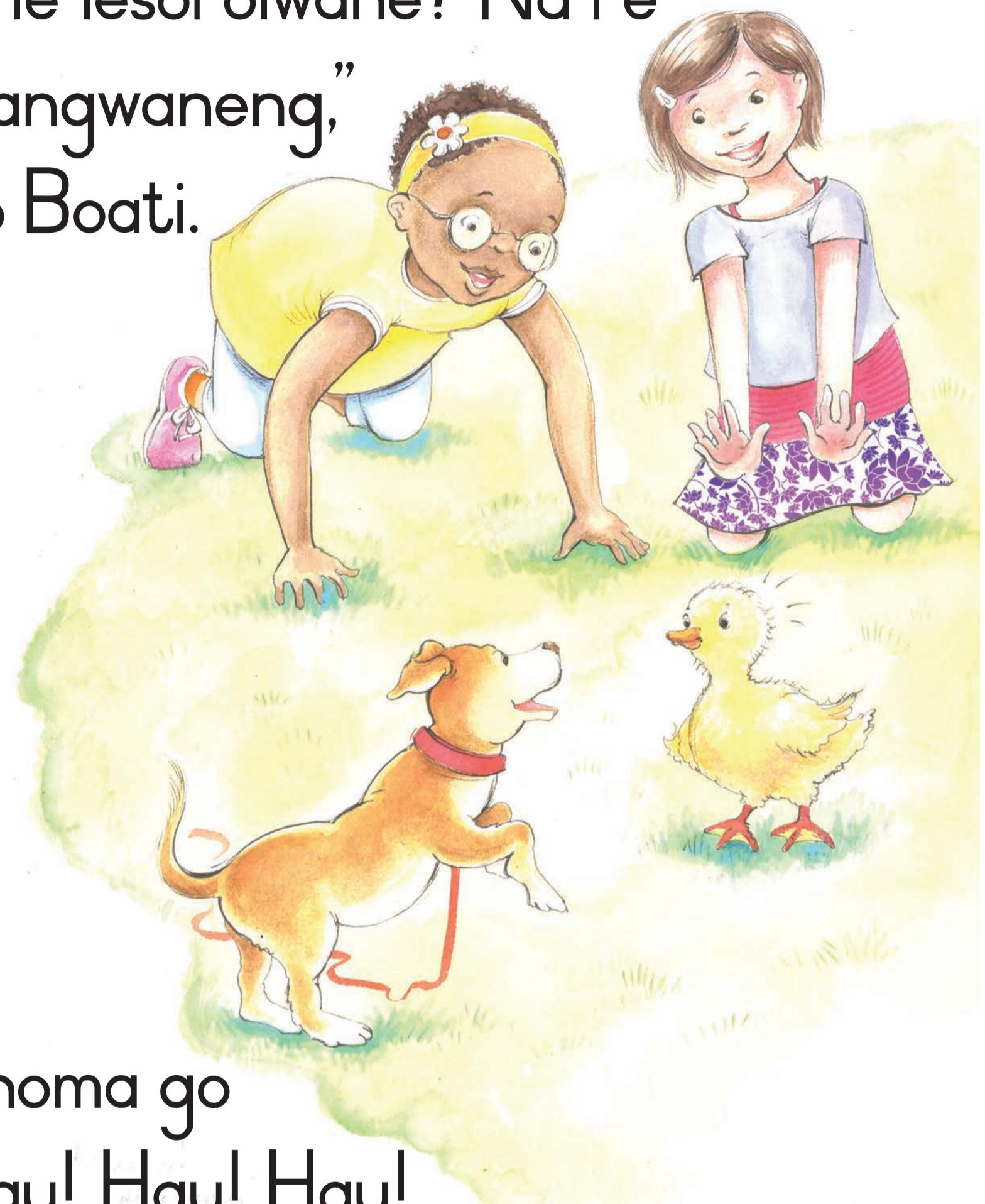
Lepidibidi le lennyane le timetše.

Basetsana ba sepela ka go nanya ba  
lebile fao lepidibitšana le  
lego gona.





"Na o timetše, wena lepidibidi le lennyane le lesorolwane? Na re go iše letangwaneng," gwa realo Boati.



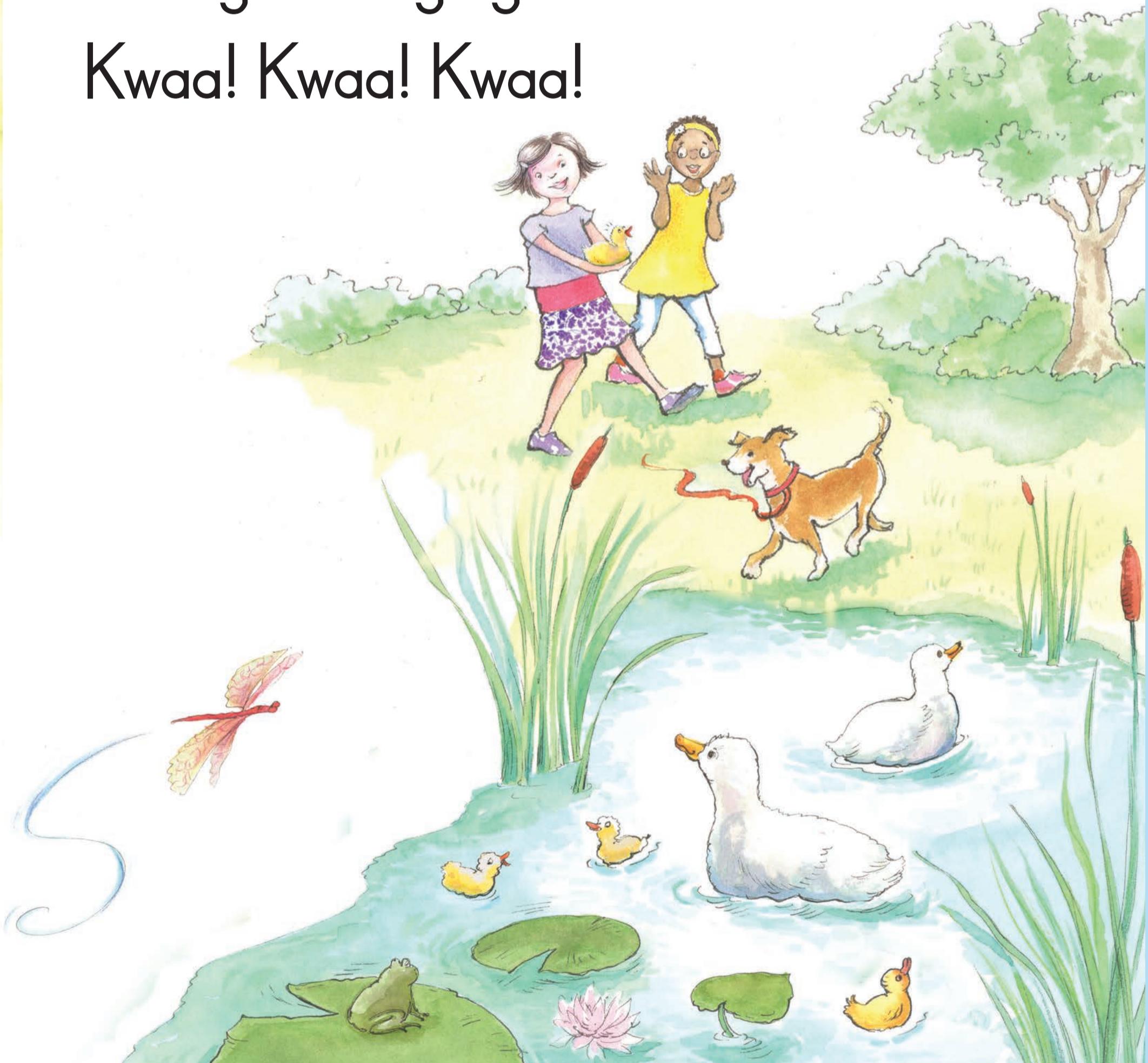
Kolo ya thoma go bogola. Hau! Hau! Hau!

"Aowa Kolo! O se ke wa bogola lepidibidi le lennyane le lesorolwane" gwa realo Boati. "Lepidibidi le lennyane le tšhogile."

Pam le Boati ba iša lepidibidi le  
lennyane letangwaneng.

"Mmago le tatago šeba. Bona!  
Bobutiago le sesiago ba thutha ka  
letangwaneng," gwa realo Boati.

Kwaa! Kwaa! Kwaa!



"Ke duma ge re ka tšeа lepidibidi le, ra le  
iša gae," gwa realo Boati.

Lepidibidi le lennyane la tloga la  
napa la thutha.

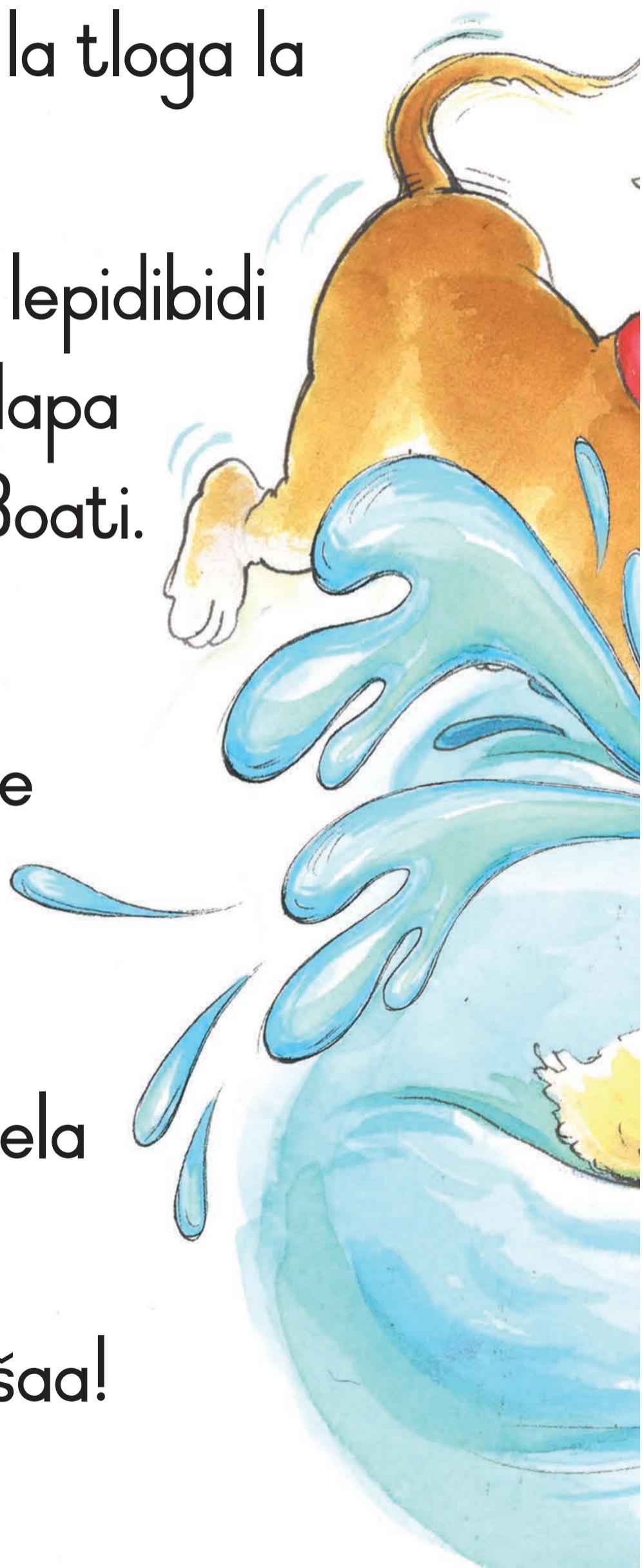
"Nna ke nagana gore lepidibidi  
le nyaka go dula le balapa  
la bolona," gwa realo Boati.

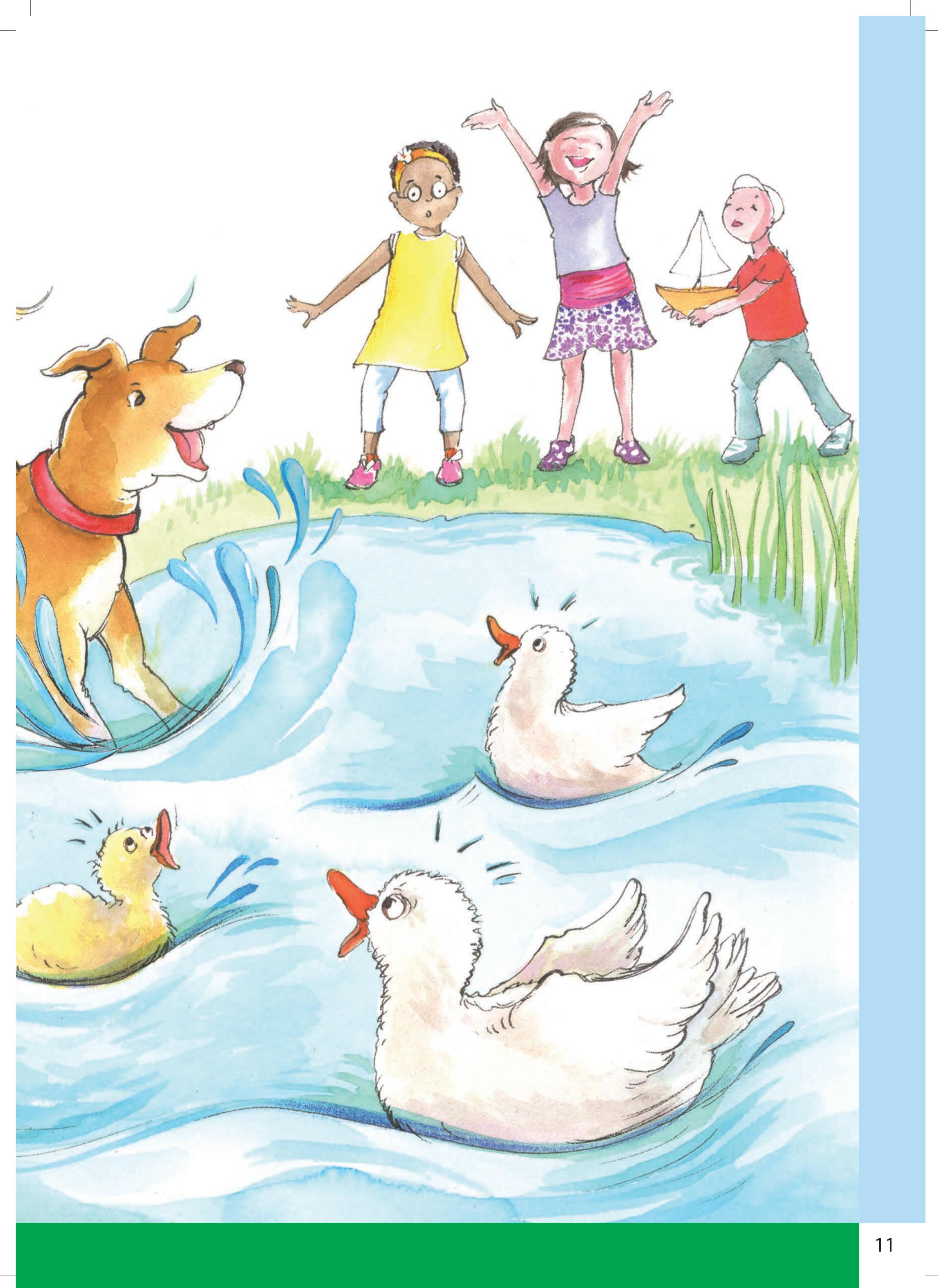
Kwaa! Kwaa! Kwaa!

Kolo e bona lepidibidi le  
lennyane le thutha  
ka letangwaneng.

Kolo le yona ya tabogela  
ka letangwaneng.

Phašaa! Phašaa! Phašaa!





"Aowa wena Kolo! O mpša ya go seleka!

Etšwa!" gwa realo Boati.

Kolo e tšwa ka letangwaneng. E a  
ithinthha gore e ome. "Aowa Kolo! Bjale  
ke kolobile mmele ka moka! A re ye gae,"  
gwa realo Boati.

Kolo e laela mogwera  
wa yona yo moswa.

Hau! Hau!Hau!

**Hlokomela diruiwaratwa**  
**tša gago!**

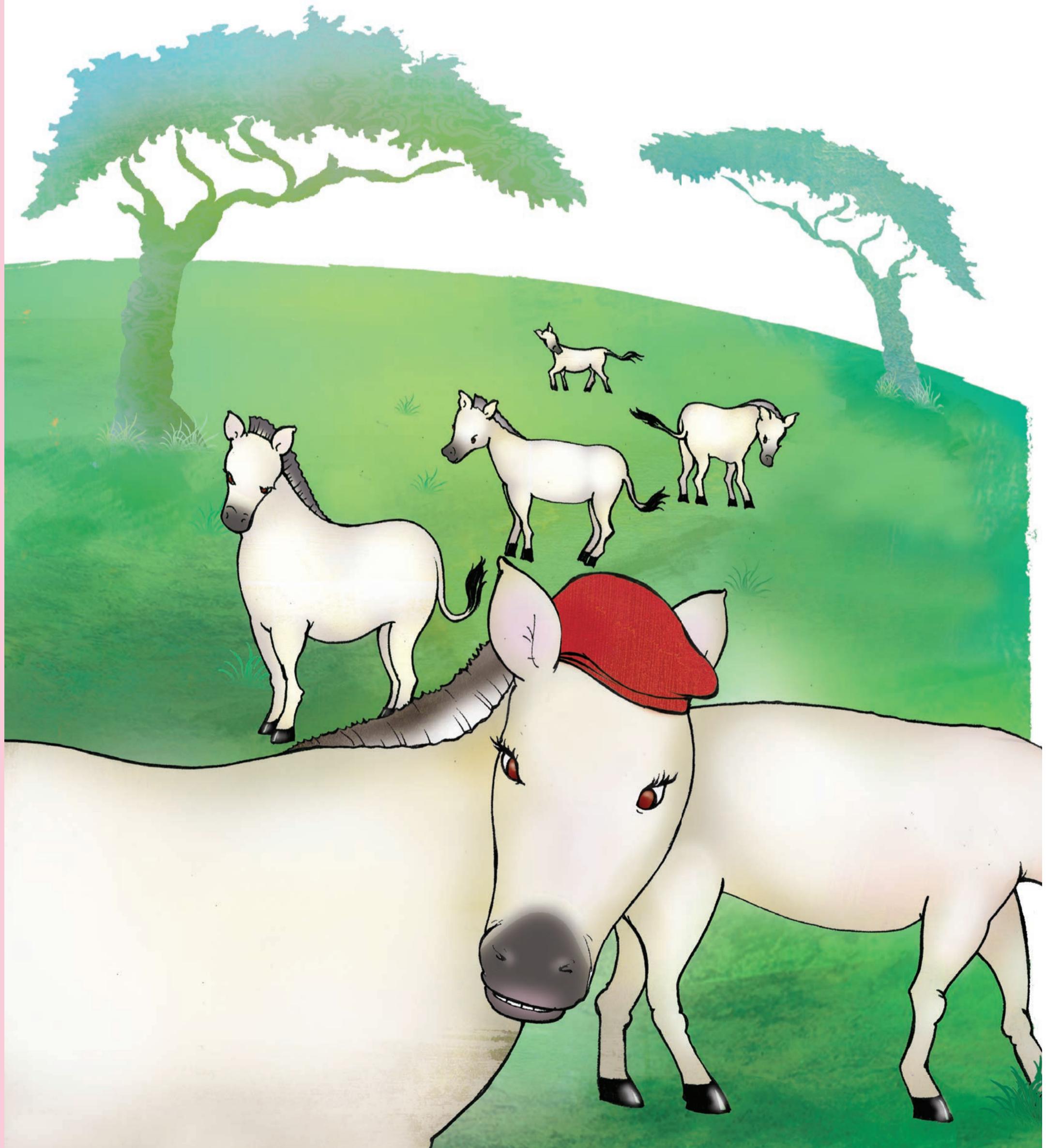


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## Ka fao pitsi e hweditšego mebala ya yona



Kgalekgale dipitsi ka moka di be di le  
tše tšhweu.



Ka letšatši le lengwe Morena le Mohumagadi Pitsi ba be ba laleditšwe moletlong. Ba be ba nyaka go bonagala ba le ba babotse ka fao ba ipenta ka mebala ya go taga.

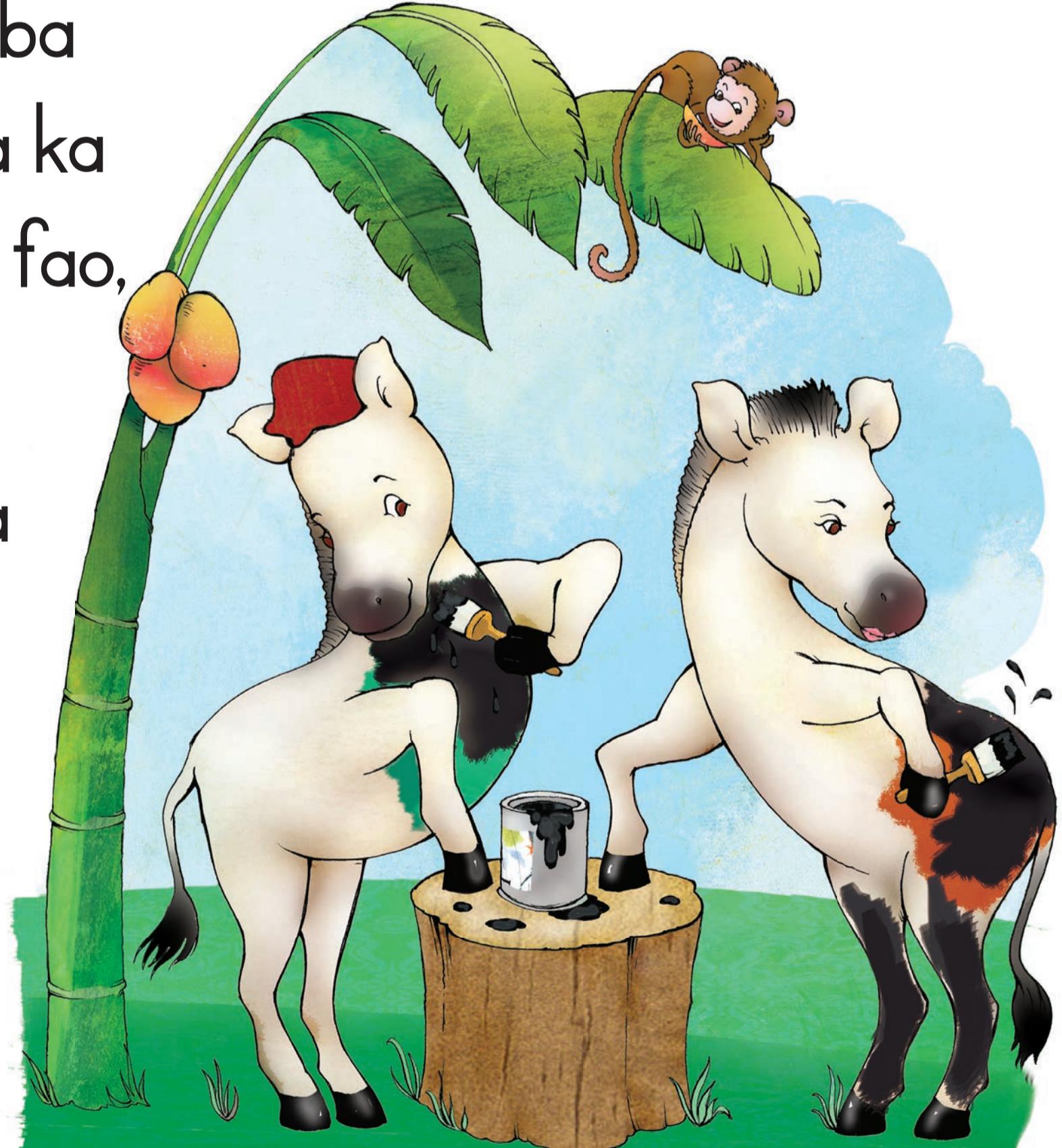
Ba ile ba lebelelana, gomme

Mohumagadi Pitsi a re: "Re tloga re sa bonagale re le ba babotsana!" Morena Pitsi o ile a dumelana le yena.



Mohumagadi Pitsi o ile a tšeа  
sephetho sa go penta kgara ya gagwe  
ka boso, gomme Morena Pitsi yena a  
penta maoto a gagwe a morago, ka  
boso.

Le ge go le bjalo, ga se ba rata ka fao  
ba bego ba  
bonagala ka  
gona; ka fao,  
ba ile ba  
hlapa, ba  
tloša  
pente  
yela.

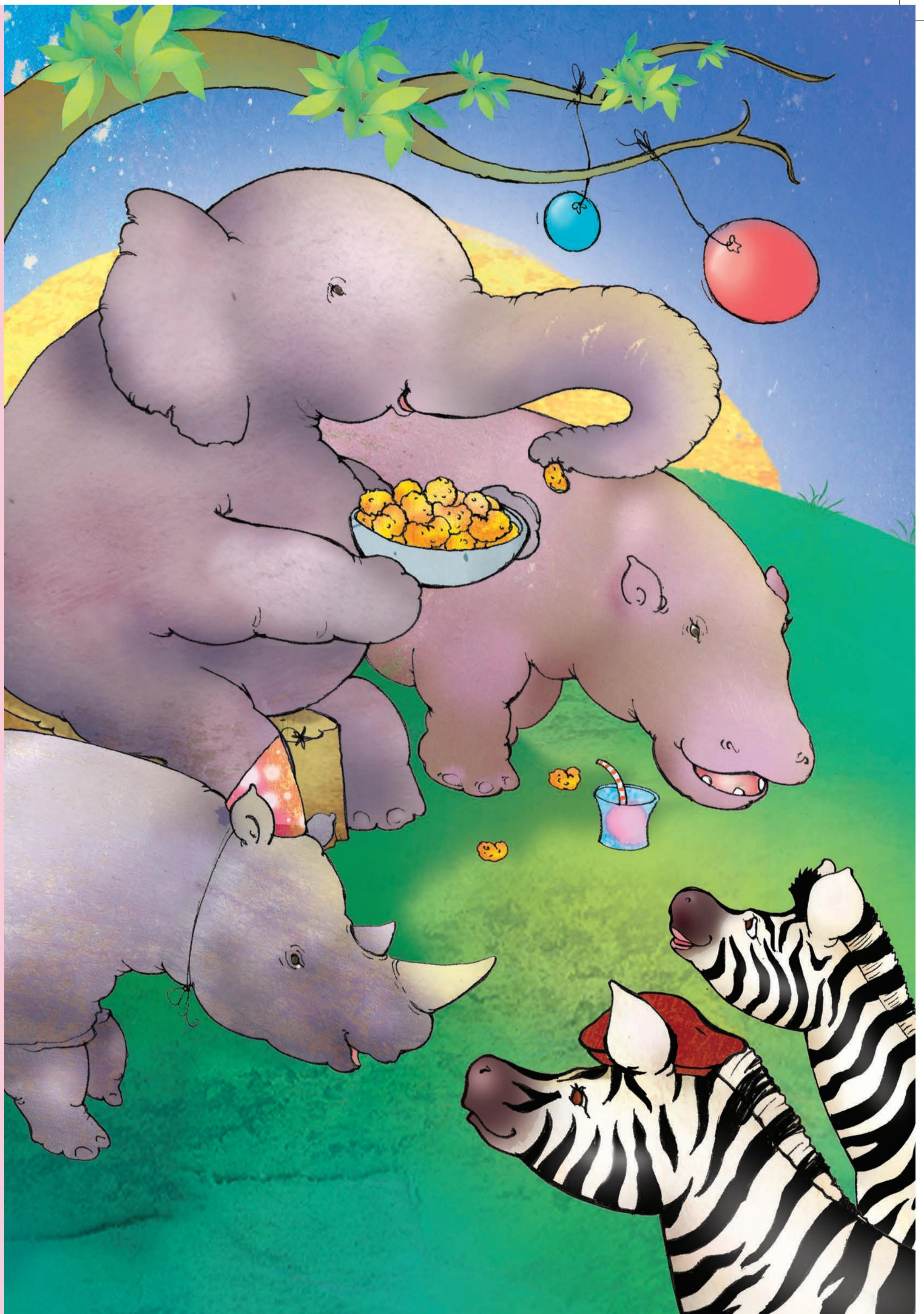




Ka morago ga fao ba ile ba tšea  
sephetho sa go penta mebele ya bona  
ka moka ka methalo ye meso.

Ge ba feditše go penta methalo, ba ile  
ba lebelelana, gomme ba kgahlwa ke  
seo ba bego ba se bona.

“Bjale gona re ba babotsana,” ba  
realo.





Šebale! Ba tloga, ba lebile  
moletlong. Ba be ba kgahlegile  
kudu ka fao ba bego ba lebega.

Ge Morena Pitsi le Mohumagadi  
Pitsi ba fihla moletlong,  
diphooftolo tše dingwe di ile tša  
makatšwa ke ka fao ba bego ba  
bonagala ba le ka gona.

“Le ba botsana,” gwa realo tlou.

“Le a bogega,” gwa realo kubu.

“Le a kgahliša,” gwa realo  
tšhukudu.

“Re leboga kudu,” gwa realo  
Morena le Mohumagadi Pitsi.

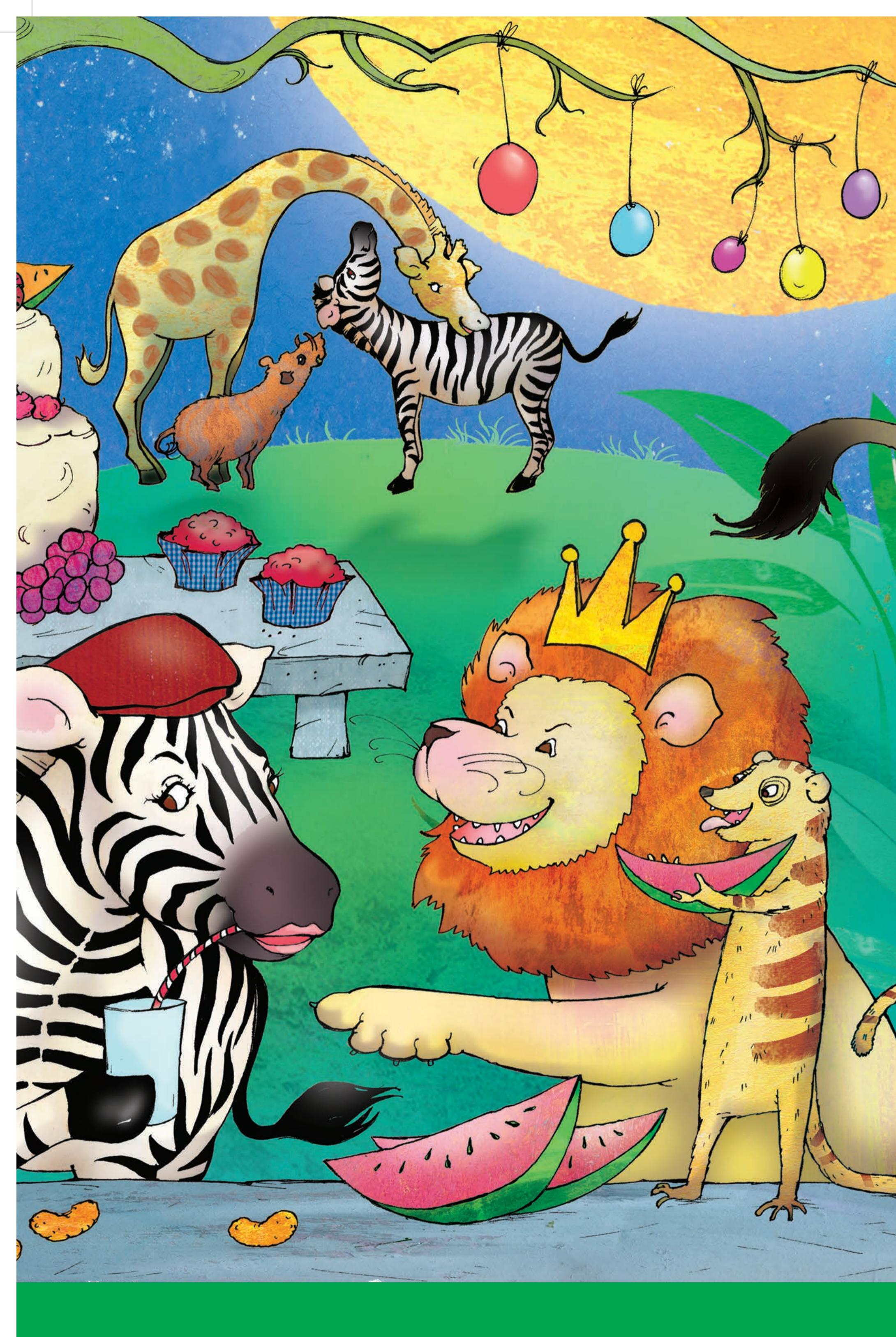
“Le rena re rata  
methalo ya rena!”

Bohole bao ba bego ba le  
moletlong ba ile ba rata  
methalo ya bona.

Mohumagadi Thutlwa o ile  
a botša Mohumagadi Pitsi  
gore methalo ya bona e  
tloga e ba swanelo.

Ke ra le Kgoši Tau o ile a ba  
botša ka fao ba bego ba le  
ba babotsana ka gona.





Kgoši Tau o ile a šišinya gore dipitsi  
ka moka di ipente ka methalo ye  
meso, gomme ka gore Tau o be a le  
kgoši, dipitsi di ile tša mo hlompha tša  
dira bjalo.



Ka morago ga matšatši a se makae,  
dipitsi di ile tša ya nokeng gore di  
hlape, ka maikemišetšo a gore methalo  
e tloge, eupša methalo ga se ya  
phumoga.

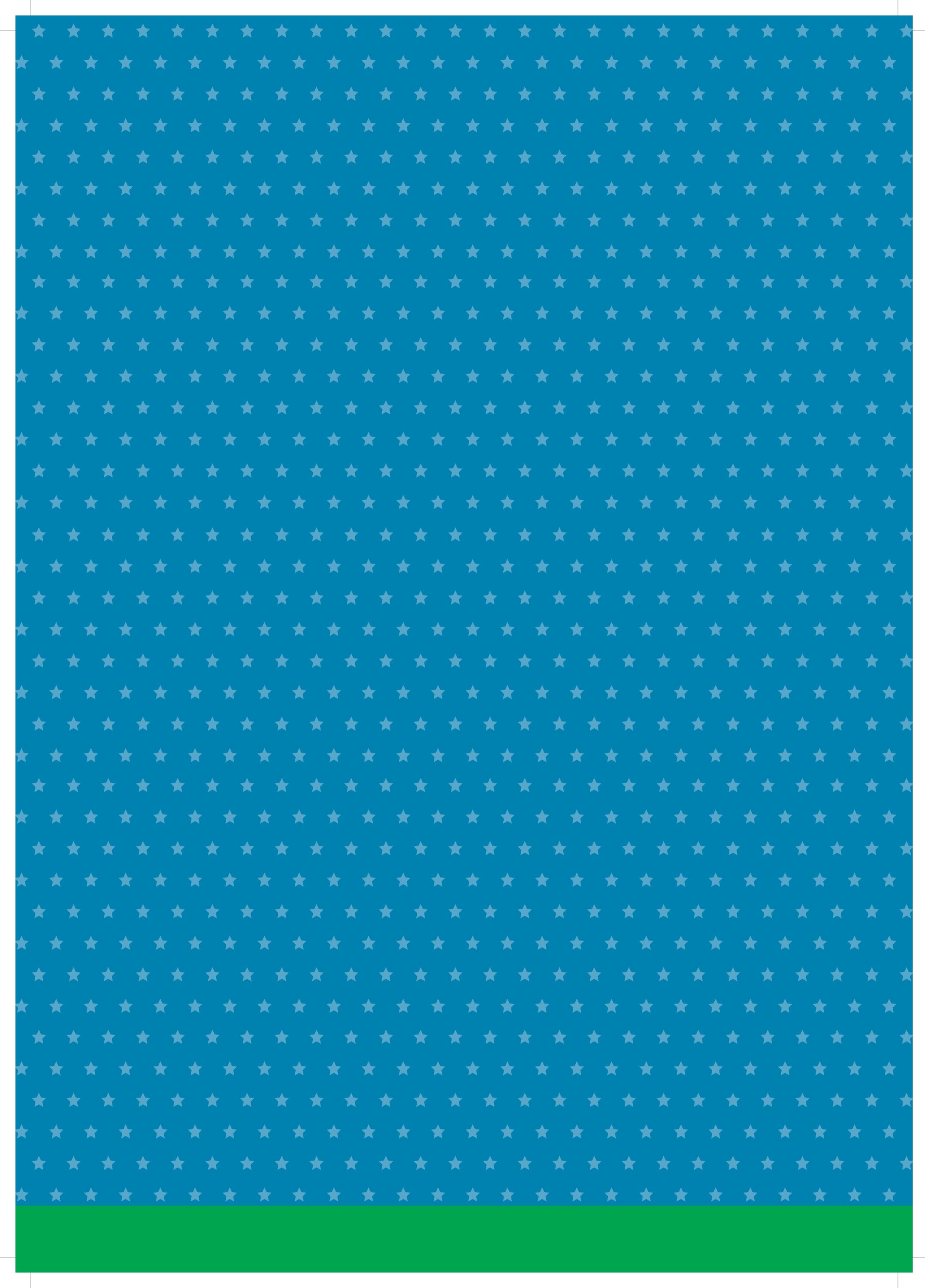
Go be go diregile eng? Letšatši le be  
le tšhumile methalo gore e tsenelele  
mo mebeleng ya tšona.



Go fihla le lehono, ge dipitsi di re  
di a hlapa go phumola methalo ya  
tšona gore e timelele, methalo ga e  
phumolege. Ke ka lebaka leo dipitsi ka  
moka di sa nago le methalo ye meso.

**Bobotse bja nnete bo tšwa boteng  
bja pelo!**





O a amogelega mohlwaeleng wa Puku ye Kgolo. Puku ye, ye Kgolo e hlama karolo ya Mohlwaela wa Molalatladi, wo o aparetšago dipukutšomo, kgoboketšo, dipadišo tše di hlophilwego le diphoustara. Re hutša gore o tla hwetša dikanegelo tša go fapanā tše di akareditšwego ka go Dipuku tše Kgolo tše seswai tša mphato wo, tše di nago le mohola go barutiši ba lena, le gore barutwana ba lena ba tla ipshina ka maitemogelo a go bala ka go šielana. SEPHOLEKE (CAPS) sa Kgato ya Motheo se tšweletša molaleng go Bala ka go Sielana e le ye nngwe ya dikarolwana tše bohlakwa tša maano a go bala. Go bala ka go šielana ka mehla go diragatšwa mo nakong ya matšatši a mabedi le a mane mo bekeng mo ngwana yo mongwe le yo mongwe a nago le sengwalo sa go swana le tše dingwe tša go balwa. Dipukutšomo le dipadišo tše di hlophilwego di swanetše boikemišetšo bjo.

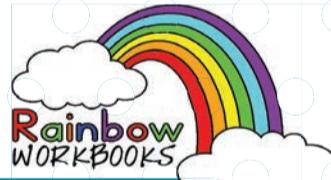
Le ge go le bjalo, go bala ka go šielana o šomiša Puku ye Kgolo ya go ba le maletere a magolo ke mokgwa wo mobotsebotse wa go bala ka go šielana, ka gore barutwana ba kgona go bona maletere le diswantšho, gomme, o kwešiša ge o dutše o bala ka mokgwa woo o swanago le go bolela kanegelo ya balapa ka mokgwa wa setlwaedi wa setšo. Go bohlakwa gore barutwana ba dule ba dikologile Puku ye Kgolo, ka gore barutwana ka moka ba kgona go bona le go bala sengwalo. Maletere a magolo a Puku ye Kgolo a dira gore motho a balele godimo, a balela barutwana ba palo ye kgolonyana ka nako e tee mo lefelong leo go iketlwago, motho a sa tshoge selo.

Puku ye Kgolo mo go mehlwaela ye, e tla tsebiša barutwana dikanegelo tše ntši, direto, merumokwana le ditiragatšo, gammogo le tsebo, le ditshwantšho, ka lerato.

Ke mošomo wa gago, bjalo ka morutiši, go dira gore dikanegelo di be le bophelo mo go barutwana, le go dira gore lefelo le ba lego go lona le be la go thabiša, la go ba lefelo la khuduego ya mahlahla. Ge o šomiša Dipuku tše Kgolo, go go kgontšha gore o be mohlala, ka maitemogelo a go bala, ka go hlama moyo wa lethabo, go wena le barutwana ba gago. Re hutša gore puku ye e tla go thuša gore o dire ka wona mokgwa woo.

## Dikgopoloo tše dingwe tša go šomiša Puku ye Kgolo

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Author: V McKay

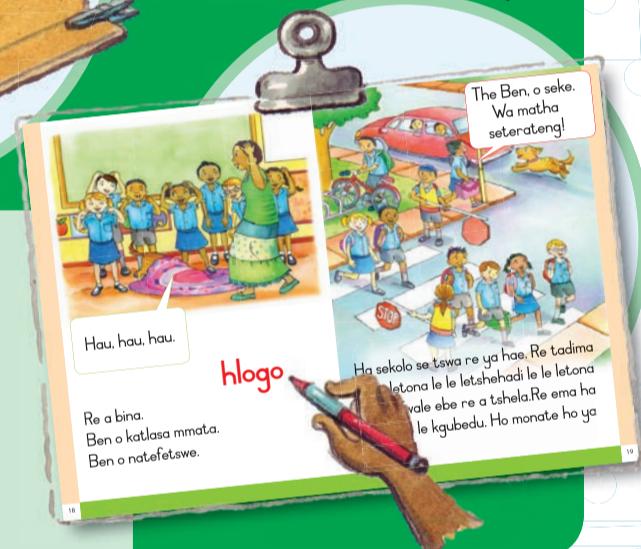
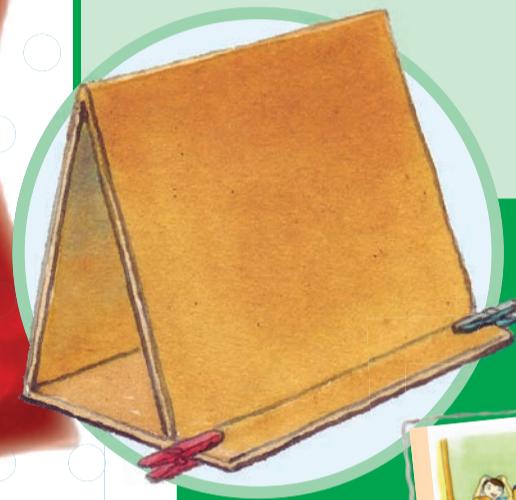
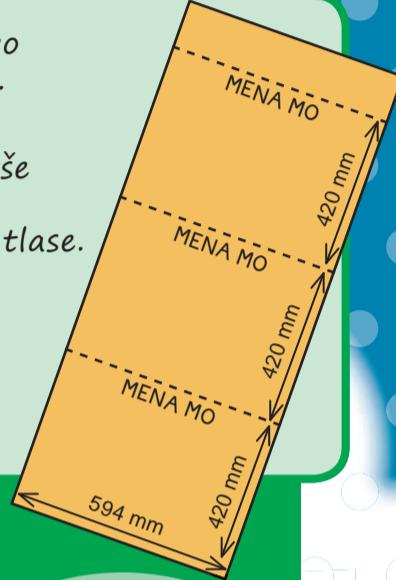
## Itirele lefelo la gago la go bea Dipiku tše Kgolo

O tla swanelwa ke go ba le:

1. Khatepoto ya bophaphathi bja go lekana le bja Puku ye Kgolo ge e butšwe (594 mm) le botelele bja Puku ye Kgolo, gararo (1360 mm).
2. Theipi ya go kgomaretša
3. Dipatiši tše pedi goba diphekese go swara khatepoto maemong a yona.

Šomiša Theipi ya go mamaretša go kgomaganya diripa tša khatepoto.

Mena khatepoto go dira freimi ya sebopego sa A gomme o mamaretše botlase le bokapele bjale ka ge go laetšwa mo go tshwantšetšo mo tlase.



- Šomiša phaphathi ya plastiki ye e se nago mebal a e be sekhupetši sa Puku ya gago ye Kgolo. E tla hola barutwana le morutiši go ngwala godimo ga plastiki.
- Ngwala godimo ga sekhupetši ka pene yeo e dirilwego, gagolo, ka meetse, yeo e hlatswegago.
- Šomiša sepatiši sa go se ngaologe sesolo go kgomagantšha sekhupetši sa Puku ye Kgolo, sa go bonagantšha.

