

Mphato
wa **1**



Puku ye Kgolo ya dikanegele tše kopana

SEPEDI



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Puku ya

6

Mokgwa wa go šomiša Puku ye ye Kgolo:

Dikanegelo tše di lego ka mo go puku ye:



1 Re rata kgwele ya maoto



2 Letšatši la matswalo leo le lebetšwego

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Bjalo ka morutiši o swanelwa ke go beakanya le go lokišetša go dira mešongwana ya go bala ka go šielana, wena le barutwana ba gago. Ka mehla ge o dira mošongwana wa go bala ka go šielana, wena o le morutiši, o šoma le barutwana ka moka. Le ge go le bjalo, barutwana ba gago ge ba le ba bantši kudu, go tla ba gabotse kudu ge o ka šoma le sehlopha, goba le karolwana e tee ya barutwana. Go swanetše go hlokamelwa le go kgonthišwa gore barutwana ba kgona go dula gabotse, le gore ba bone Puku ye Kgolo, gore ba kgone go bala sengwalo.

Ka go Puku ye Kgolo, dinako tša go bala ka go šielana, barutwana ba rutwa gore puku e swarwa bjang, gore puku e swarwa ka mokgwa wa maleba - go phetlolla maphephe ka mokgwa wa maleba. Go tšweletšwa pele mekgwa ya motheo ya puku - khabara, ka pele, ka morago, le hlogo - leina la puku. Gape, go bontšhwa le malebela a gore tshepetšo ya go bala e dirwa bjang, gape, mekgwa yeo e bohlokwa mo go tšweletšeng pele go theeletša ga barutwana, go bolela, go bala, go nagana, go fa mabaka le go ba le mabokgoni a go ngwala, go ya ka dinyakwa tša SEPHOLEKE (CAPS):

- Go tšweletša pele mabokgoni a go theeletša le go bolela.
- Go tšweletša pele ponagalo ya mabokgoni a go bala.
- Go araba dipotšišo ka ga kanegelo.
- Go kgatha tema dipoledišanong, go bolela ka go šielana.
- Go thala, go diragatša goba go ekiša ditiragalo.
- Go šomiša diswantšho go laela gore kanegelo e mabapi le eng.
- Šomiša go bala ka go šielana bjalo ka motheo wa go ngwala ka go šielana.

Go itokišetša nako ya go bala Puku ye Kgolo.

- Kgonthiša gore barutwana ka moka ba bona puku.
- Ge barutwana ba phapošborutelo ya gago e le ba bantši, bokaone ke gore o šome le sehlopha se sennyane.
- O tla hwetša gore go na le mohola go dira gore puku e eme gore o se hlwe o e swara ge o dutše o e bala. (Lebelela ditaelo tša gore o dire gore puku e eme ka khabara ya morago.)
- Šomiša rula goba sešupo go šupa mantšu, ge o dutše o bala.
- Ge o nyaka go bonagatša mantšu, o ka mamaretša mantšunyana a go mamaretša go dikologa lentšu go le bonagatša, goba wa dira lefastere la maselamotse. Šomiša setsekana sa pampiri ya sebopego sa khutlennethwi, o se ripe mo bogareng, gomme o bee khutlennethwi, o e tloše mo bogareng, gomme o mamaretše khutlennethwi godimo ga sengwalwa gore go bonagale fela lentšu le tee.

Nako ya mathomo ya go bala ka go šielana

Nako ya mathomo e lebanywa le boipshino le tebelelo ya mathomo ya go lebelela sengwalwa, barutwana bona ba fetola ka bobona ge ba lebelela sengwalo.

- Phetlolla kanegelo, ba tla bala. Bolela ka ga ditshwantšhetšo.
- Kgopela barutwana gore ba bolele gore ba nagana gore kanegelo yeo e theilwego godimo ga diswantšho e reng.
- Tšweletša mantšu a mathata goba a maswa pele barutwana ba bala kanegelo.
- Dira dikarata tša mantšu go tsebagatša tlotlontšu ye mpsha.
- Bala kanegelo, o šomiša ditlhagišo, gomme o fetolafetola lentšu la gago, lebelo le moyo wa lentšu. Šomiša dika le ditlhagišo tša sefahlego.
- Latela mongwalo ge o dutše o bala, ka go šupa mantšu ka kotana goba ka rula, gore barutwana ba bone seo o se balago, gomme ba amanye modumo le dika mo lephepheng. Gape se se tla ba thuša go bona tshepetšo ya go bala go tloga go la nnele go ya go la mmagoja, le go tloga godimo go ya tlase.
- Šomiša se bjalo ka sebaka sa go tsebiša 'polelo ya puku' bjalo ka: mantšu, mafoko, lephepheng, mongwadi le hlogo, bjalobjalo.
- Dira gore barutwana ba kgathetša tema mo kanegelong, ka go bolela fao sekafoko se ipoeletšago (mohlala: "Kitima, kitima, kitima ka lebelo leo o ka le kgonago, o ka se ntshware - Ke nna monna wa borotho bja dikhanakhana!").
- Kanegelo ye e bušeletšwago e swanetše go balwa gabedi go ya gararo, go fa barutwana sebaka sa go tšweletša polelo ya mogobelo, ge ba ekiša ditiragalo, goba go bušeletša dikarolo tša kanegelo, ka mantšu ao ba ikgethetšego ona.

Nako ya bobedi ya go bala ka go šielana

- Mo nakong ya bobedi go šomišwa sengwalo sona seo se šomišitšwego, gomme nepišo e šuthela go tšwela pele go kgathetša tema mo go baleng le morutiši, go šomišwa dipoledišano tše di šomišwago go tšweletša pele kwešišo ya tlotlontšu, go fetolela mabokgoni le sebopego sa sengwalo (popopolelo, maswaodikga, bjalobjalo).
- Go tšwa go wena, morutiši, go dira gore go išwe šedi go hlokameleng dithuto tše di amanago le šedi yeo e lebelelagoo dikgopoloo tše di latelago, mabapi le dikgatišo, dibopego tša dingwalo, mekgwa ya tumothhaka, dipatrone tša polelo, boitshupo bja mantšu, mokgwa wa go lemoša mantšu, le kwešišo, go mehlwaela ya tekanetšo (ntšukantšu, go pušeletšopeakanyo, go tšeia gore go bjalo, tekanyetšo le dipotšišo tša go fa maikutlo).

Nako ya boraro ya go bala ka go šielana

- Mo nakong ya boraro ya go bala ka go šielana, barutwana ba swanetše go bala sengwalo ka bobona gomme ba kgathetša tema ka go bolela, ba kgathetša tema ka go dira ka matsogo le go ngwala ditiragalo tše di theilwego godimo ga sengwalo.
- Ge go kgonagala, sengwalo sa Go balwa ka go Šielana se swanetše go tsebiša go Ngwala ka go Šielana moo morutiši a swanetšego go laetša gore sengwalo se ngwalwa bjang, gomme barutwana ba sware morero wa go ngwala taodišo ka ga sengwalo, gomme morutiši a kgathetša tema ya go kgonagatša le go ba sethaledi sa go laetša gore go ngwalwa bjang. Gomme tshepetšo e thuša go lokišetša barutwana ge ba dira mošomo wa bona wa go ngwala.

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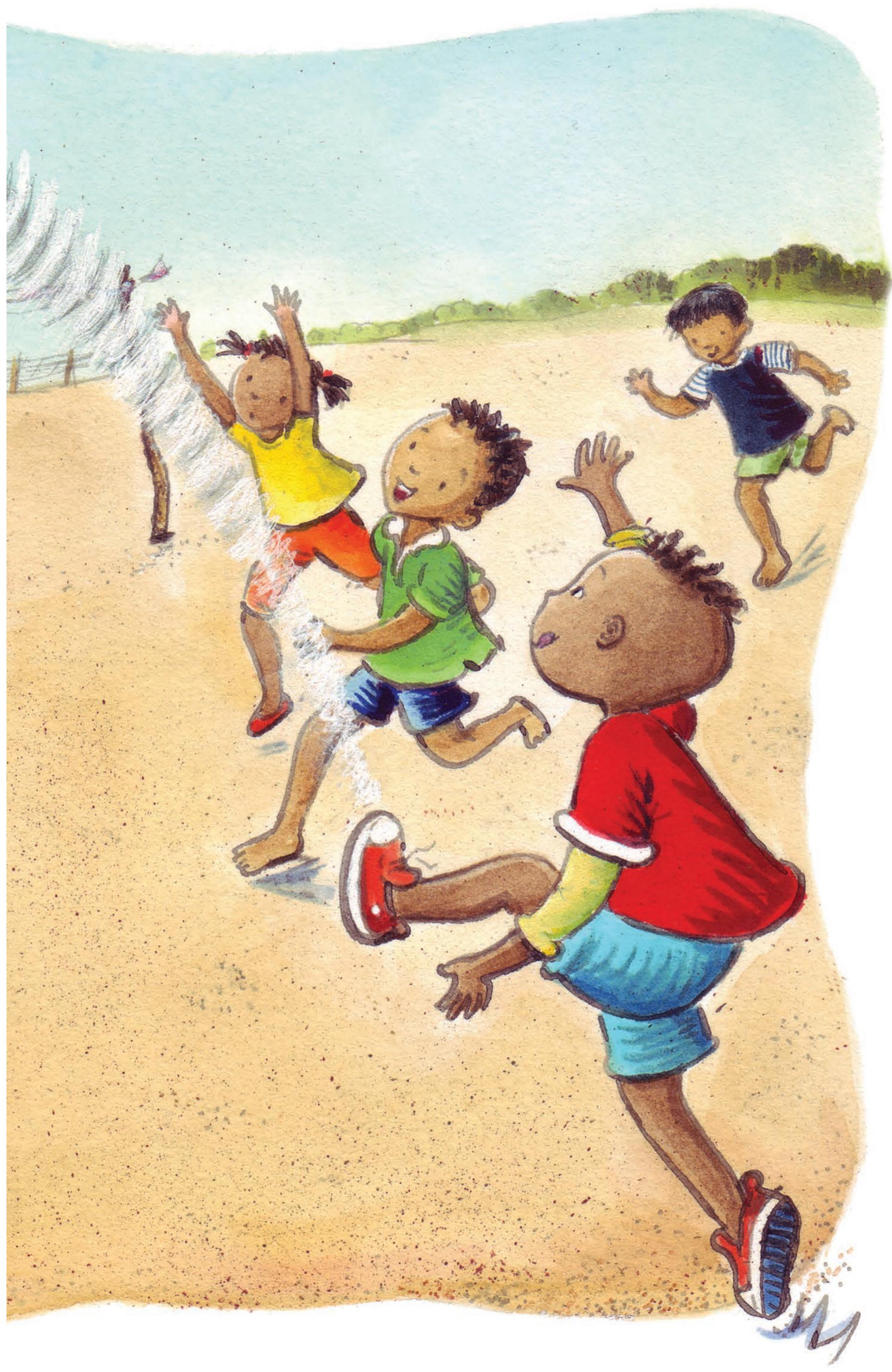
Re rata kgwele ya maoto



Tumišo o raga bolo ka
maatla kudu.

Aowi!

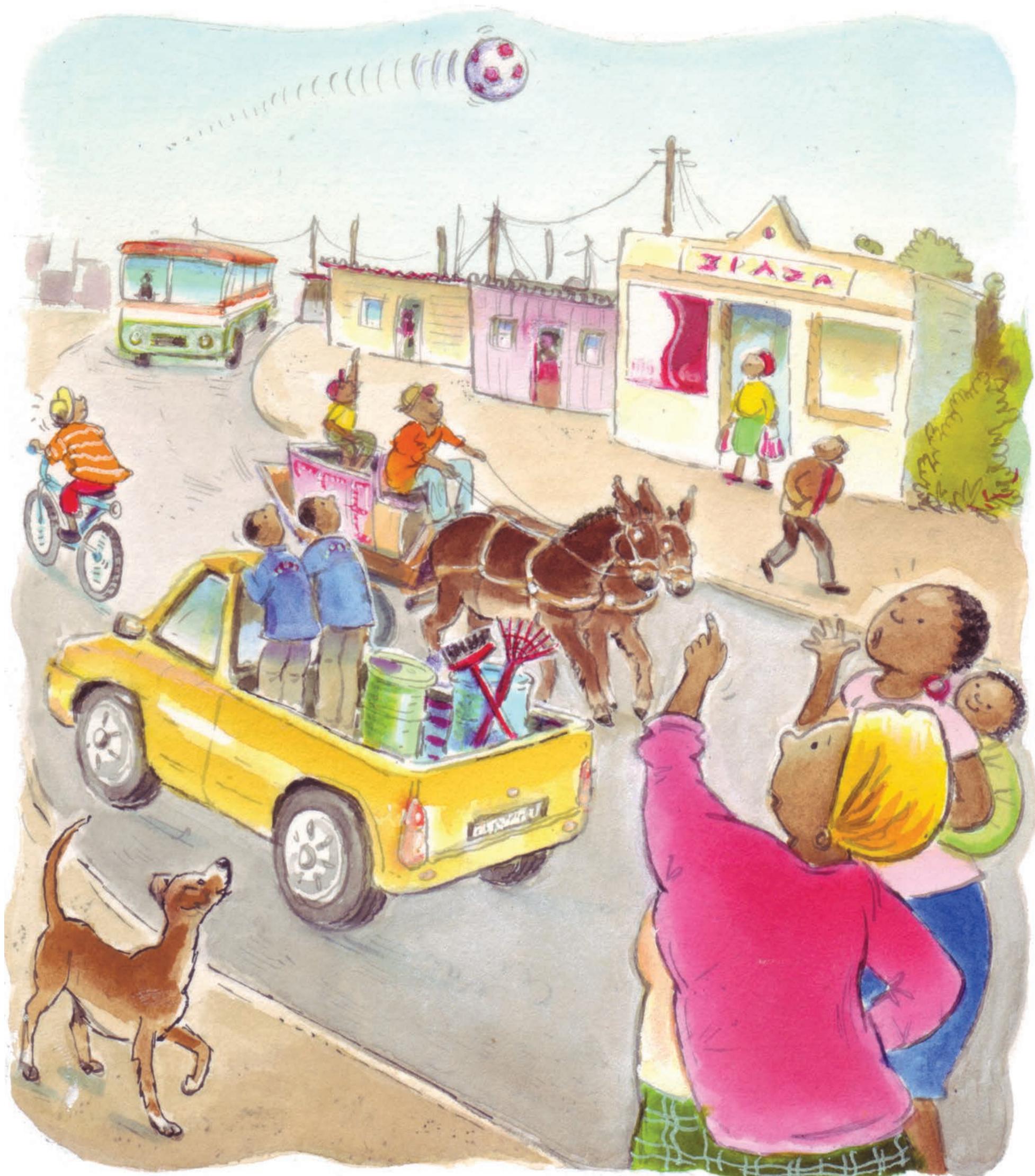






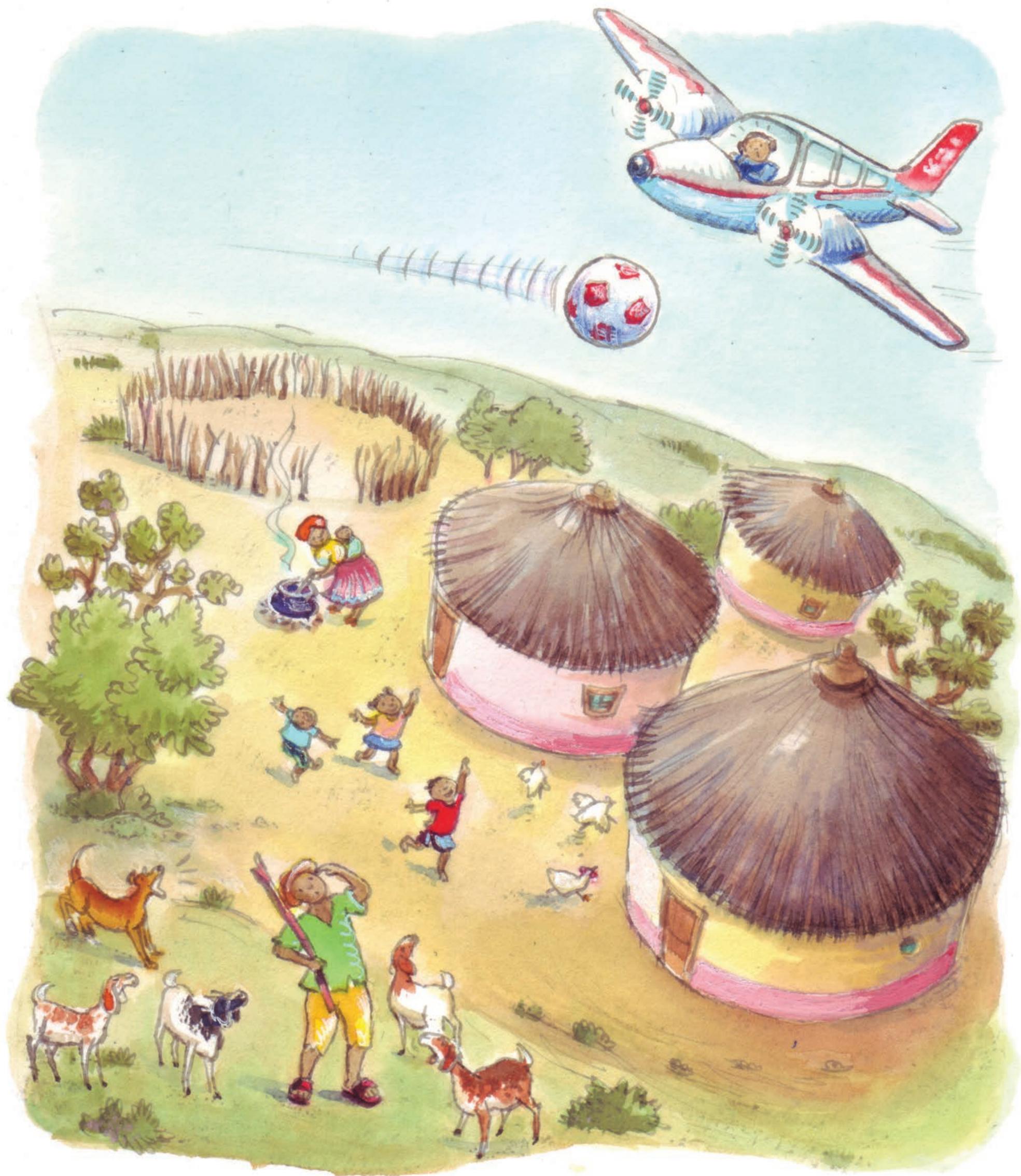
Re bona bolo e wela ka kua ga legora.

Aowi!



Re bona bolo e wela ka kua ga tsela.

Aowi!



Re bona bolo e wela ka kua ga
mengwako.

Aowi!



Re bona bolo e wela ka kua ga polasa.

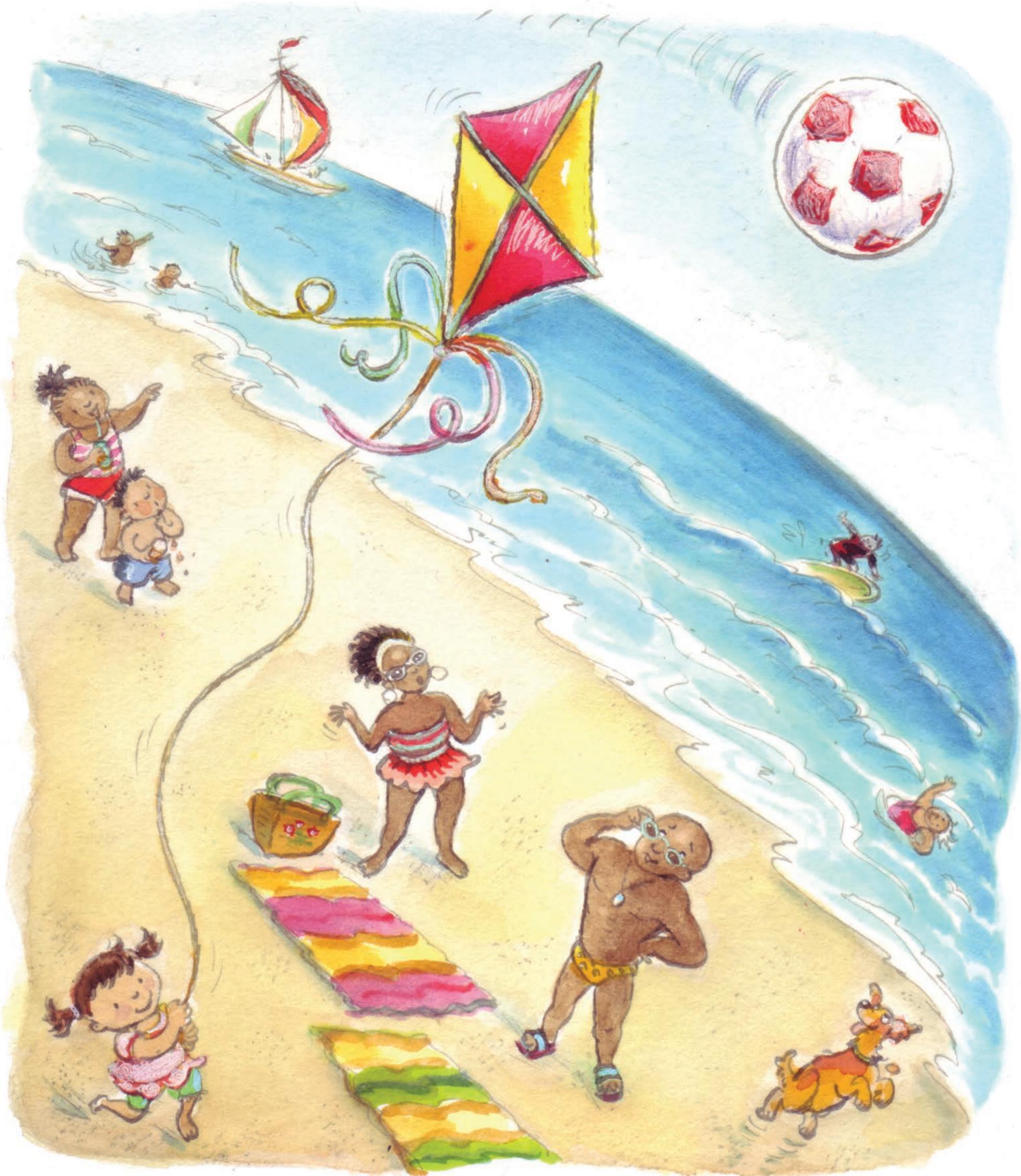
Aowi!



Re bona bolo e wela ka kua ga serapa
sa diphoofolo.

Aowi!

Ke kgole kudu.

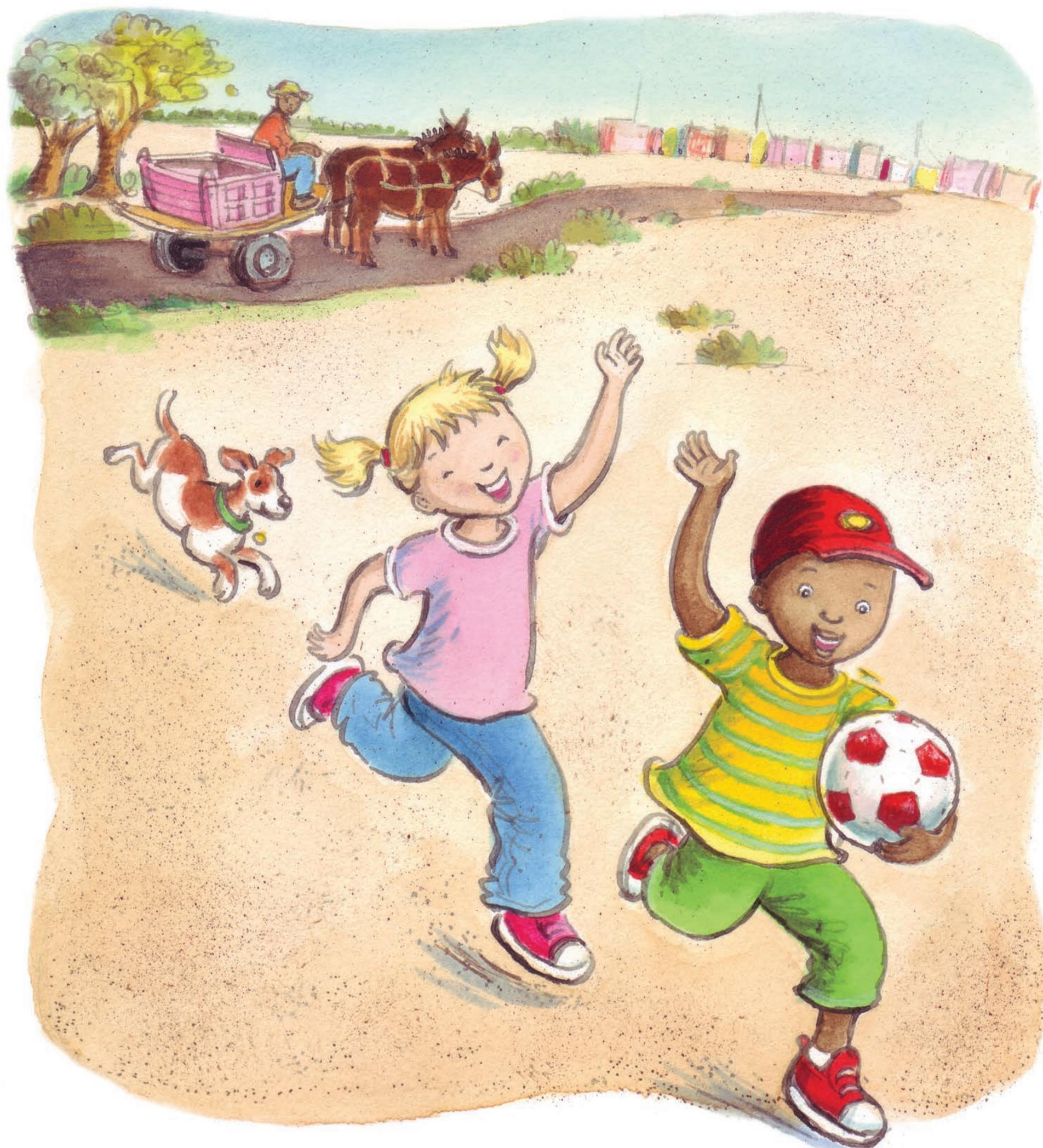


Ka morago ya wela ka kua ga lebopo.
Hlokomela!



Reabetšwe o swara bolo.

Ka nnete!



Reabetšwe le Ann ba kitima ba swere
bolo.

Ba kitimela kgole kudu.

Ka nnete!



Reabetšwe le Ann ba neela bagwera
ba bona bolo.

Ka nnete!

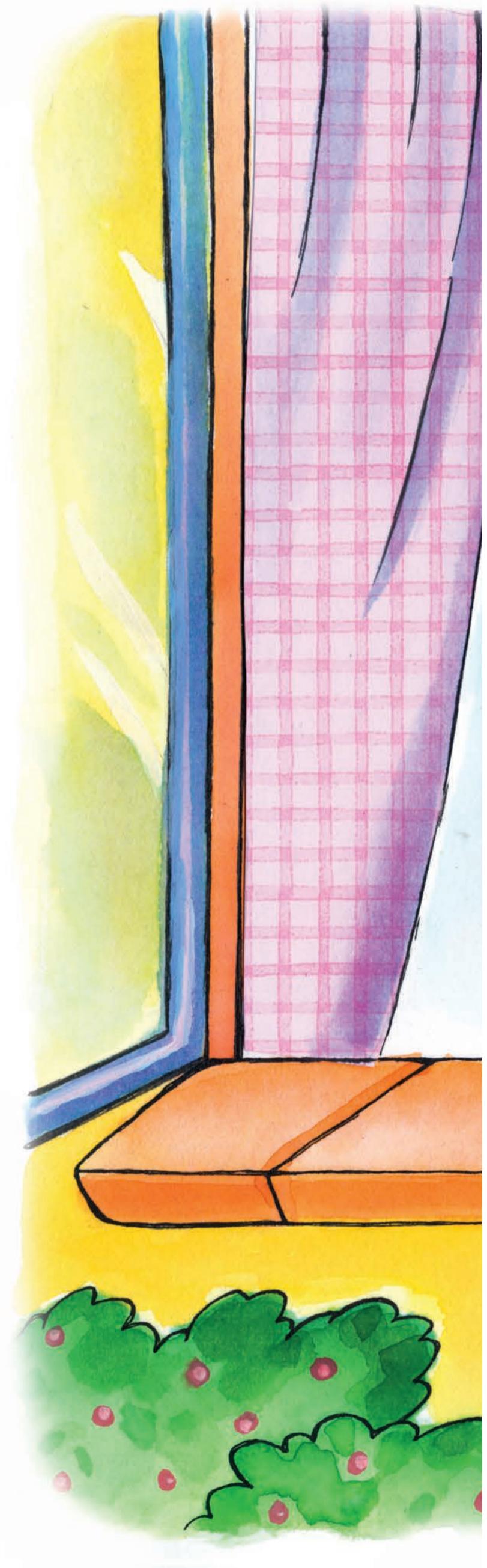
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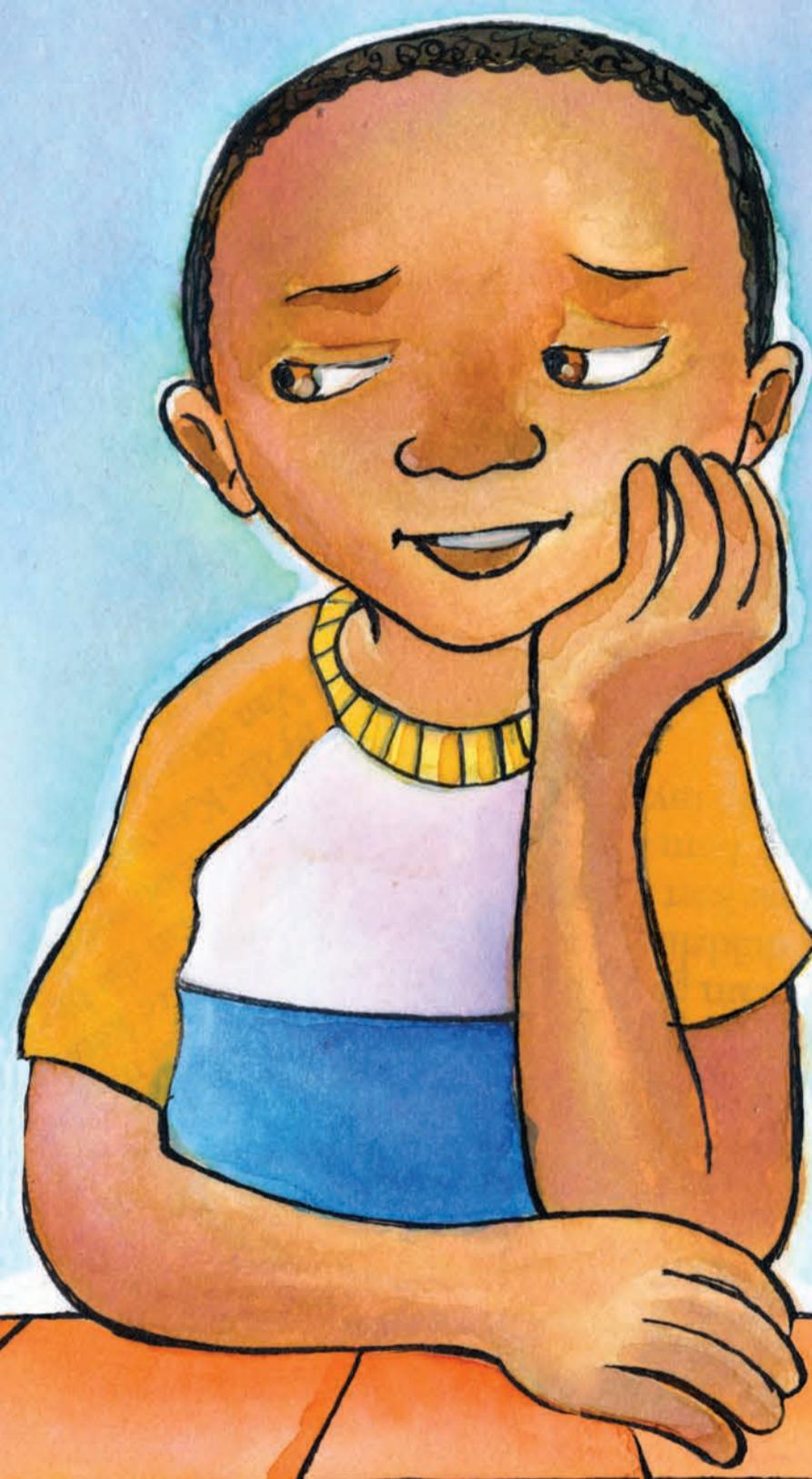
Letšatši la matswalo leo le lebetšwego



Lehono ke Lamorena.
Ke letšatši la matswalo
a Tumišo. O fetša
mengwaga ye 8. Eupša
o nyamile. Ga go na yo
a gopotšego letšatši la
matswalo a gagwe.

"Aowii, nna ngwana wa
batho!" a realo.







O bone tatagwe a rwele dikgong.

O bone ngwanabo a nametše paesekela
ya gagwe.

O bone mmagwe a nošetša tšhengwana.



Tumišo a bona makgoloagwe le
rakgoloagwe ba le hekeng. "Aowa hle!"
Tumišo a realo. "Ga go na yo a tlago
go gopola letšatši la matswalo a ka.
Bohole ba a tla, ba dula, ba bolela, ba
bolela."





Tumišo a bona
malomeagwe, Semadi,
le mosadi wa gagwe,
Hunadi, le bana ba
bona, Mogoroši le
Boati.

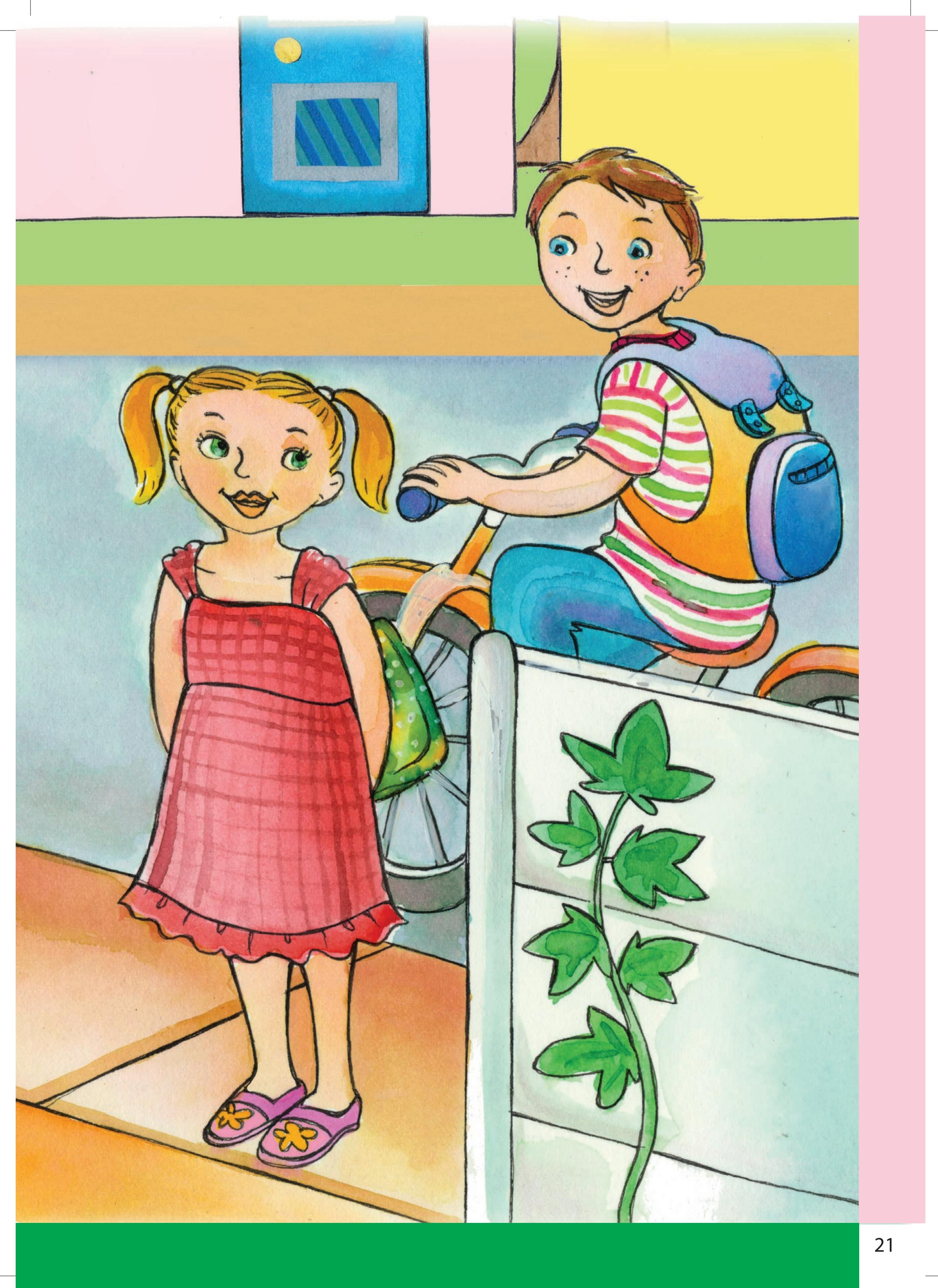
Gape, Tumišo a
bona mogwera wa
gagwe yo mogolo,
Sam le ngwana wa
gabo.

"Sam o nyaka go
dira mošomo wa
gae, ka letšatši la
matswalo a ka!"

"Na Sam o lebetše
gore lehono
ke letšatši la
matswalo a ka?"

Tumišo a botšiša.







Tumišo o ile a ya ka morago ga
ngwako.

“Semaka! Semaka!

O golegole, O golegole, O golegole, O
lekan le tlou!”



"Ke be ke nagana gore le lebetše
letšatši la matswalo a ka! Tumišo a
goelela bjalo.

"Butšwetša dikerese, di time!" gwa
realo rakgoloagwe.

"Bula dimpho tša gago!" a realo Sam.



Tumišo a goelela:

"Ke be ke dutše ke nyaka
sephatšamaru!"

"Šatee! Lebelela taenaso ye!"

"Ke leboga kudu ka puku ye!"

O golegole!



O a amogelega mohlwaeleng wa Puku ye Kgolo. Puku ye, ye Kgolo e hlama karolo ya Mohlwaela wa Molalatladi, wo o aparetšago dipukutšomo, kgoboketšo, dipadišo tše di hlophilwego le diphoustara. Re hutša gore o tla hwetša dikanegelo tša go fapano tše di akareditšwego ka go Dipuku tše Kgolo tše seswai tša mphato wo, tše di nago le mohola go barutiši ba lena, le gore barutwana ba lena ba tla ipshina ka maitemogelo a go bala ka go šielana. SEPHOLEKE (CAPS) sa Kgato ya Motheo se tšweletša molaleng go Bala ka go Sielana e le ye nngwe ya dikarolwana tše bohlakwa tša maano a go bala. Go bala ka go šielana ka mehla go diragatšwa mo nakong ya matšatši a mabedi le a mane mo bekeng mo ngwana yo mongwe le yo mongwe a nago le sengwalo sa go swana le tše dingwe tša go balwa. Dipukutšomo le dipadišo tše di hlophilwego di swanetše boikemisetšo bjo.

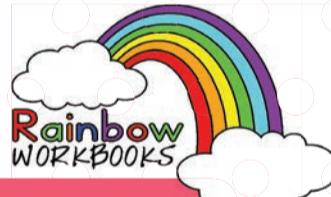
Le ge go le bjalo, go bala ka go šielana o šomiša Puku ye Kgolo ya go ba le maletere a magolo ke mokgwa wo mobotsebotse wa go bala ka go šielana, ka gore barutwana ba kgona go bona maletere le diswantšho, gomme, o kwešiša ge o dutše o bala ka mokgwa woo o swanago le go bolela kanegelo ya balapa ka mokgwa wa setlwaedi wa setšo. Go bohlakwa gore barutwana ba dule ba dikologile Puku ye Kgolo, ka gore barutwana ka moka ba kgona go bona le go bala sengwalo. Maletere a magolo a Puku ye Kgolo a dira gore motho a balele godimo, a balela barutwana ba palo ye kgolonyana ka nako e tee mo lefelong leo go iketlwago, motho a sa tshoge selo.

Puku ye Kgolo mo go mehlwaela ye, e tla tsebiša barutwana dikanegelo tše ntši, direto, merumokwana le ditiragatšo, gammogo le tsebo, le ditshwantšho, ka lerato.

Ke mošomo wa gago, bjalo ka morutiši, go dira gore dikanegelo di be le bophelo mo go barutwana, le go dira gore lefelo le ba lego go lona le be la go thabiša, la go ba lefelo la khuduego ya mahlahla. Ge o šomiša Dipuku tše Kgolo, go go kgontšha gore o be mohlala, ka maitemogelo a go bala, ka go hlama moyo wa lethabo, go wena le barutwana ba gago. Re hutša gore puku ye e tla go thuša gore o dire ka wona mokgwa woo.

Dikgopoloo tše dingwe tša go šomiša Puku ye Kgolo

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Author: V McKay



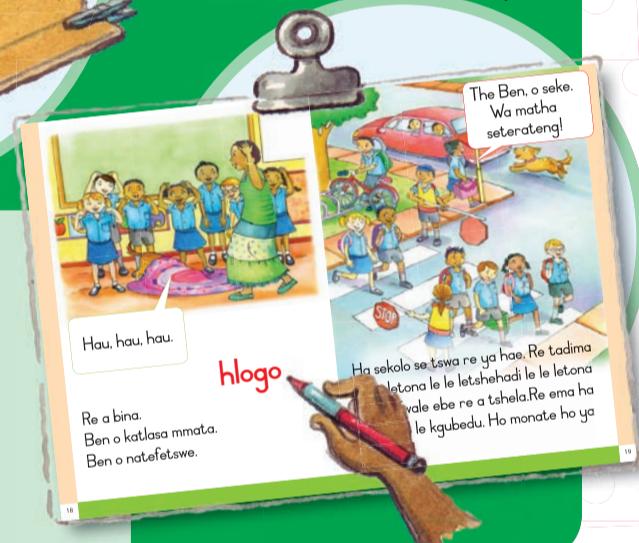
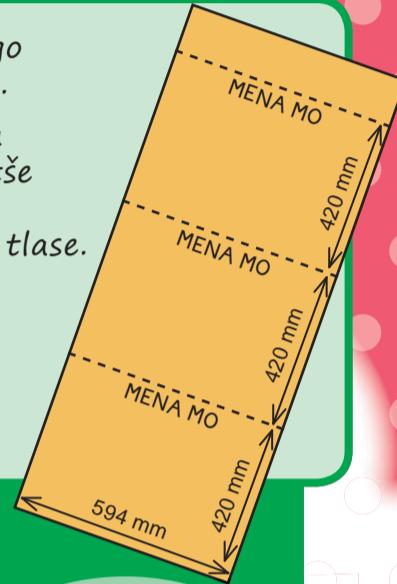
Itirele lefelo la gago la go bea Dipiku tše Kgolo

O tla swanelwa ke go ba le:

1. Khatepoto ya bophaphathi bja go lekana le bja Puku ye Kgolo ge e butšwe (594 mm) le botelele bja Puku ye Kgolo, gararo (1360 mm).
2. Theipi ya go kgomaretša
3. Dipatiši tše pedi goba diphekese go swara khatepoto maemong a yona.

Šomiša Theipi ya go mamaretša go kgomaganya diripa tša khatepoto.

Mena khatepoto go dira freimi ya sebopego sa A gomme o mamaretše botlase le bokapele bjale ka ge go laetšwa mo go tshwantšetšo mo tlase.



- Šomiša phaphathi ya plastiki ye e se nago mebal a e be sekhpetsi sa Puku ya gago ye Kgolo. E tla hola barutwana le morutiši go ngwala godimo ga plastiki.
- Ngwala godimo ga sekhpetsi ka pene yeo e dirilwego, gagolo, ka meetse, yeo e hlatswegago.
- Šomiša sepatiši sa go se ngaologe sesolo go kgomagantsha sekhpetsi sa Puku ye Kgolo, sa go bonagantsha.

