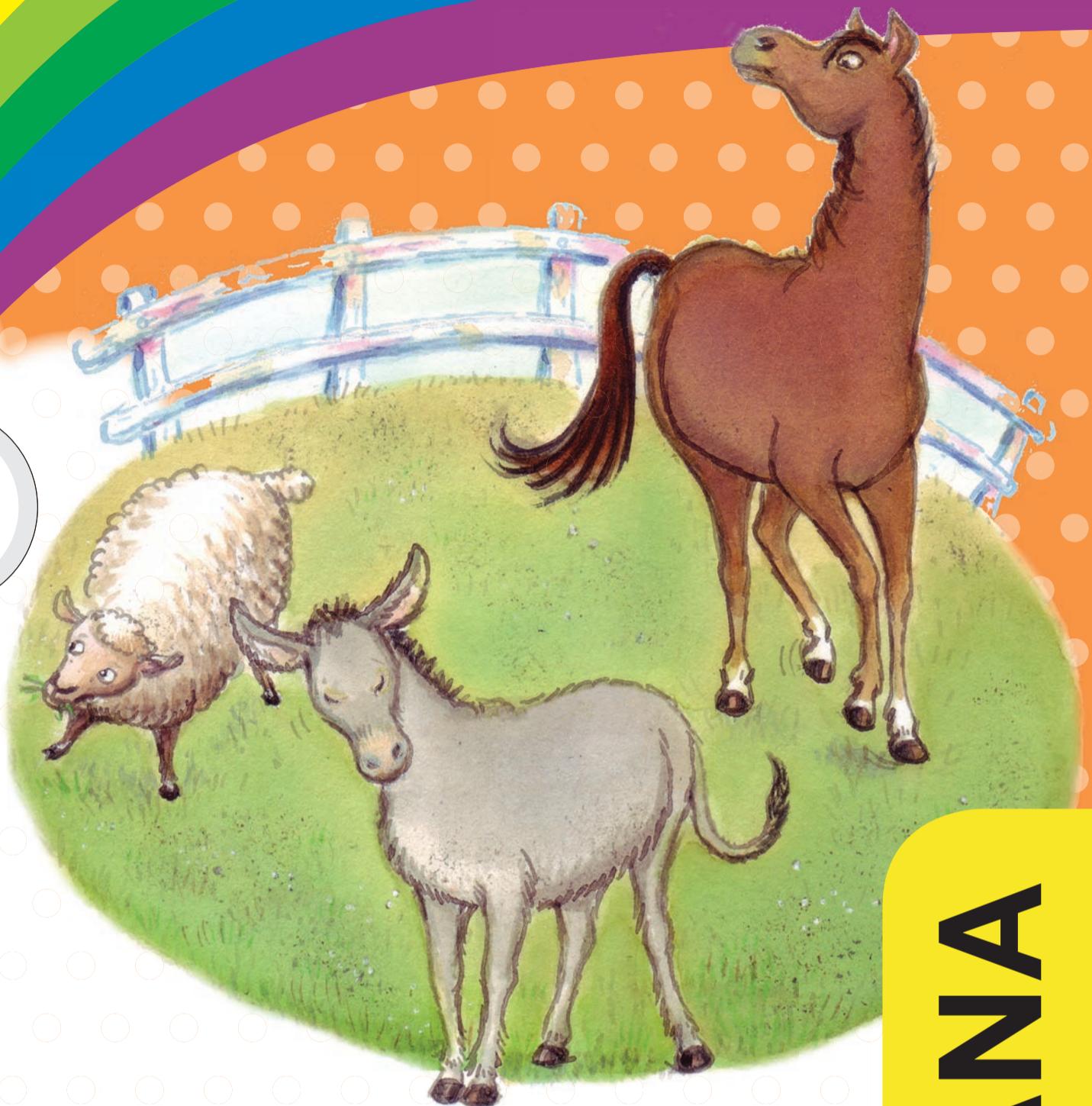


Mophato 1



# Bukakgolo ya dikgang tse dikhutshwane

SETSWANA



basic education

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

Buka

4

# Ka moo o ka dirisang Bukakgolo:



## Dikgang tse di mo bukeng e:



## 1 Dikolobe tse dinnye di le tharo

1



## 2 Sethole se senny se sehividu

13

### Go ipaakanyetsa sebaka sa go buisa Bukakgolo

- Neefatsa gore ba botlhe ba kcona go bona buka. Fa phaposiborutelo ya gago e le kgolo thata, botoka o dire le setlhophya se sennyane.
- Go tlaa nna mosola gore o dire setene sa buka gore o se ka wa tshwara buka ka letsogo fa o buisa. (Bona ditaelo tsa go dira setene sa buka kwa morago ga buka.)
- Dirisa rulara kgotsa sesupi go supa le go sala mafoko morago fa o buisa.
- Fa o batla go totobatsa mafoko, o ka nna wa kgomaretsa dintlhanyana go dikologa lefoko gore le tswele kwa ntle kgotsa o ka nna wa dira 'lethhabaphefо la methhlo'. Dirisa pampitshana e e khutlonnetsepa le khutlonnetsepa e nnyanenyana e e segilweng ka bogare mme o beye khutlonnetsepa mo godimo ga sekwalwa (temana) gore go bonale lefoko le le lengwe fela.

### Sebaka sa ntlha sa puiso e e amoganwang

Sebaka sa ntlha sa puiso e e amoganwang se tsepamisa mathho mo go natefeleweng le go 'leba' sekwala la ntlha, mmogo le bana o araba sekwalwa.

- Phetla kgang e ba tlaa e buisang. Bua ka ga ditshwantsho.
- Kopa barutwana go bolelelapapele kgang ba ikaegile ka setlhogo le ditshwantsho.
- Itsise bana mafoko a mašwa le a a thata pele barutwana ba buisa kgang.
- Dira dikarata tsa mafoko go itsise tlotlofoko e ntshwa.
- Buisa kgang, o dirisa ditshupetso e bile o farologanya lenseswe, lebelo le segalo sa lenseswe la gago. Dirisa ditshupetso tsa matsogo le sefatlhego.
- Sala morago dithhaka fa o ntse o buisa ka go supa mafoko ka thobane kgotsa rulara gore bana ba bone se o se buisang gore ba nyalyane modumo le dithhaka mo tsebeng. Se se tlaa ba thusa go bona tsamaiso ya puiso go tswa kwa molemeng go ya kwa mojeng le go tloga kwa godimo go ya kwa tlase.
- Dirisa se jaaka tshono ya go itsise 'puo ya buka' jaaka: mafoko, polelo, tsebe, mokwadi, setlhogo, jalojalo.
- Letla barutwana go nna le seabe mo kgannyeng ka go kopanya polelwana e e ipoeletsang (sk. "taboga, taboga, taboga ka bonako jo o bo kgonang, ga o kitla o ntshwara - ke monna wa sengwe sa gemere!").
- Kgang e e tshwanang e tshwanetse go buisiwa gabedi go fitlha gararo go naya barutwana tshono ya go opela dipolelwana tsa puo, go diragatsa ditirwana tsa metshameko kgotsa go tlotla dikarolo tsa kgang gape ka mafoko a bona.

### Sebaka sa bobedi sa puiso e e amoganwang

- Mo sebakeng sa bobedi temana e e tshwanang e a dirisiwa mme leithlo le tsepamisiwa mo go nneng le seabe mo puisong le morutabana o dirisa metlotlo e e diragalang go godisa tlotlofoko ya go tlhaloganya, dikgono tsa go bona bokao le dipopego tsa sekwalwa (thutapuo, matshwaopiso, jalojalo).
- Go tswa mo go wena, morutabana, go tsepamisa mathho a barutwana mo go ithuteng go go lebeletseng tse di latelang: mareo a mokwalo, diponagalo tsa sekwalwa, medumopuo, dipaterone tsa puo, mekgwa ya temogo ya mafoko le go tlhaloganya mo maemong a a farologaneng (dipotso tse di tlhamaletseng, tsa thulaganyosešwa, phopholetso, tshekatsheko le tsa go itumelela setlhangwa).

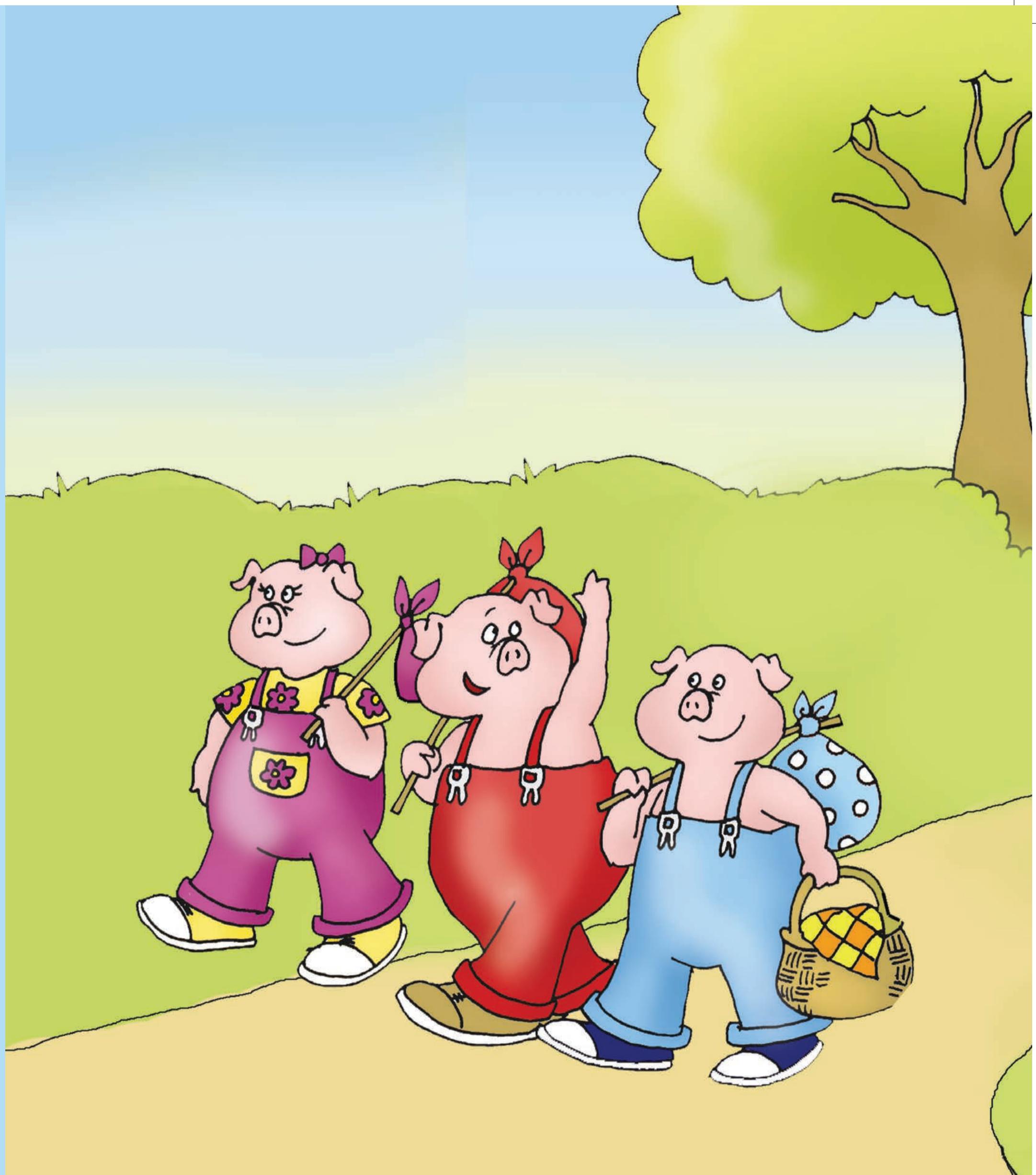
### Sebaka sa boraro sa puiso e e amoganwang

- Mo sebakeng sa boraro sa puiso e e amoganwang, bana ba tshwanetse go buisa sekwalwa ka bobona mme ba arabele ditirwana tse di ikaegileng ka sekwalwa tsa molomo, tiragatso le tse di kwadiwang.
- Fa go kgonega, sekwalwa sa Puiso e e Amoganwang se tshwanetse go sedimosa. Kwalo e e Amoganwang moo morutabana a bontshang ka moo sekwalwa se kwadiwang ka teng mme barutwana ba tshwaragana le go tlhamfa morutabana a nna mokaedi le mokwadi wa dintlhakgolo. Tsamaiso e ya tshedimosetso e thusa go baakanyetsa barutwana ditiro te ba di kwalang.

1

# Dikolobe tse dinnye di le tharo



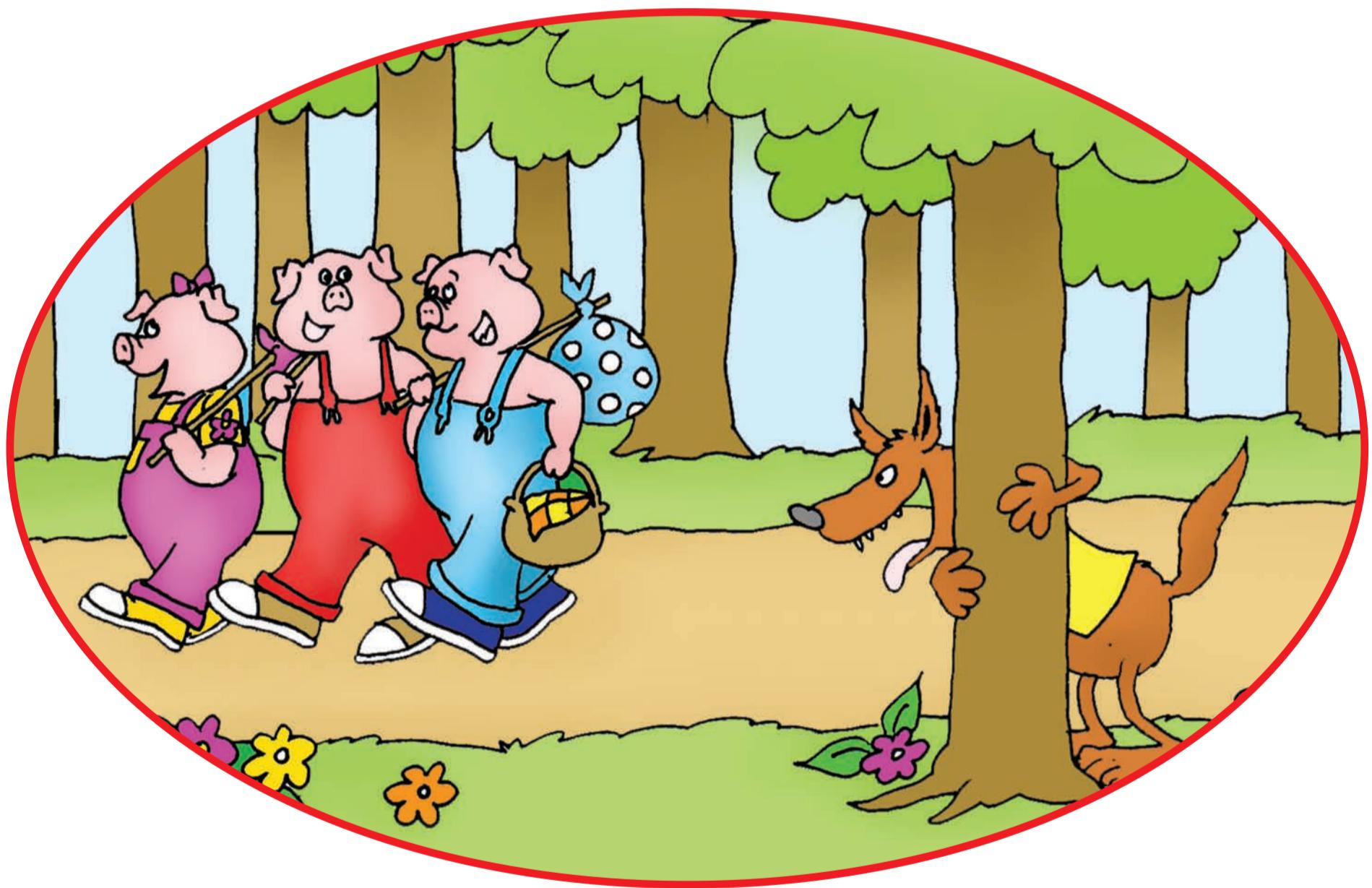
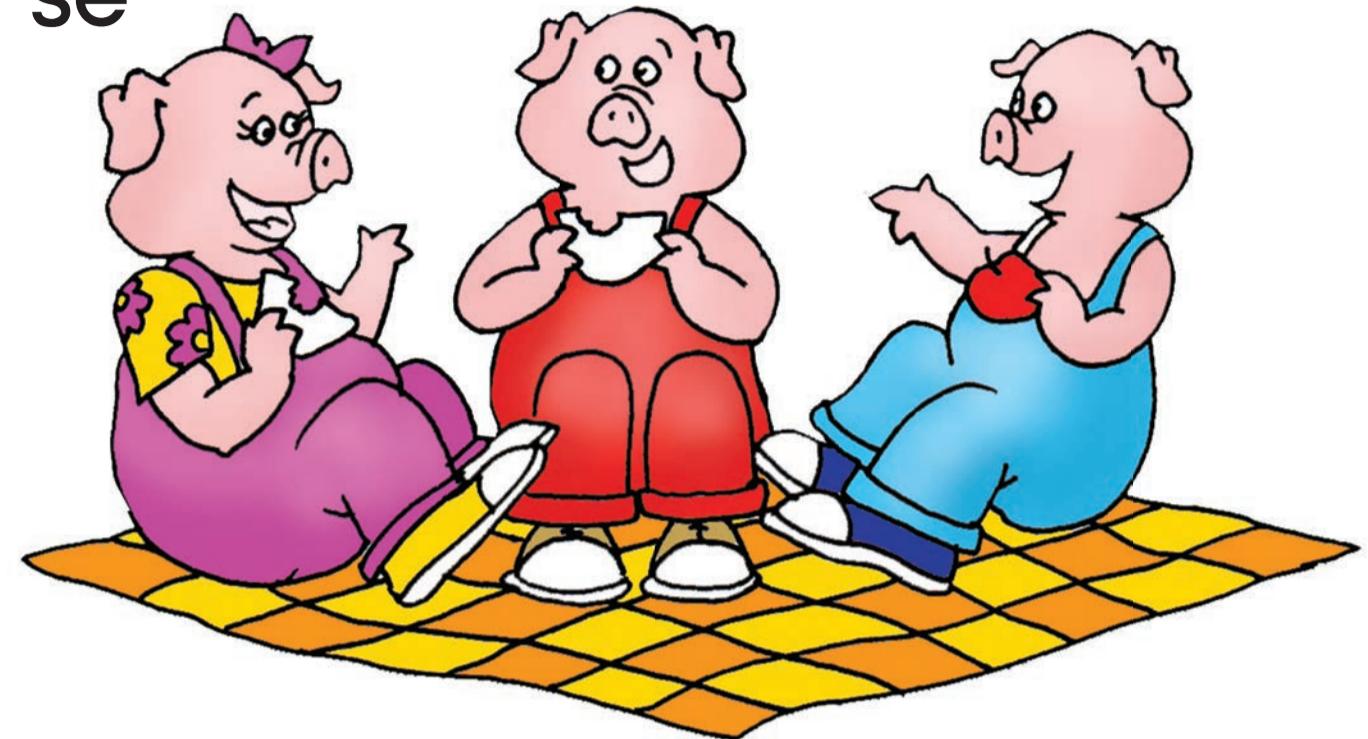


Dikolojane tse dinnye tse tharo di  
tswa mo gae. Di batla go aga dintlo  
tsa tsona.



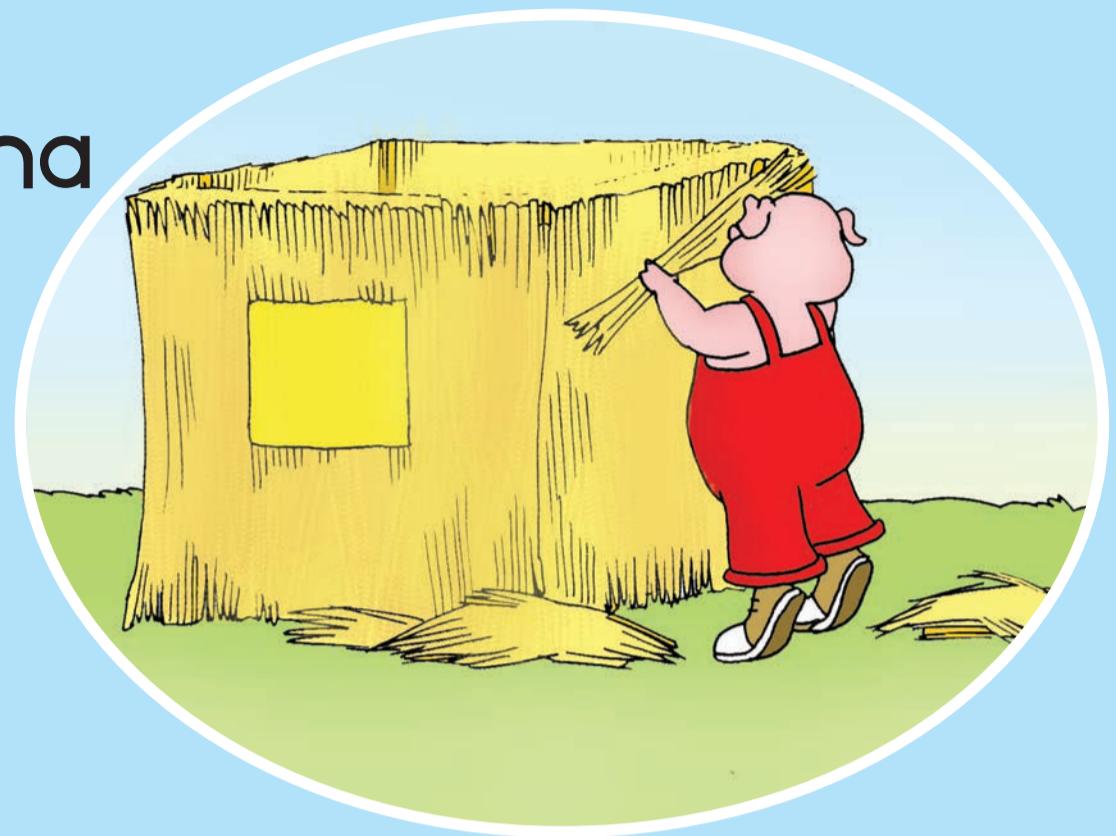
**“Sala sentle mma, re ya go tshela mo  
dintlong tsa rona”, ba bua.**

Dikolobe tsa se  
tlhole di nna  
le letshogo.



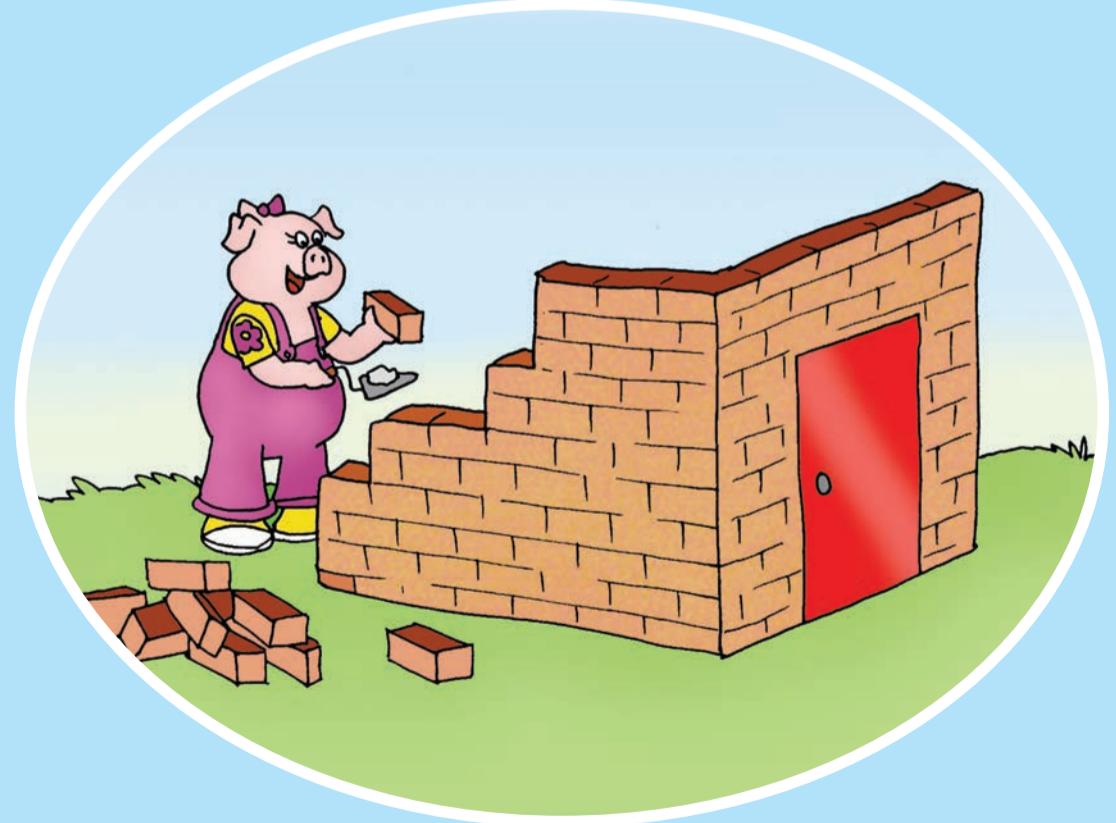
Phiri e bona dikolobe. E tshwerwe ke  
tlala thata. E batla go di ja ka nako ya  
dijotshegare.

Kolobe ya ntlha  
e aga ntlo ya  
yona ka  
tlhaga.

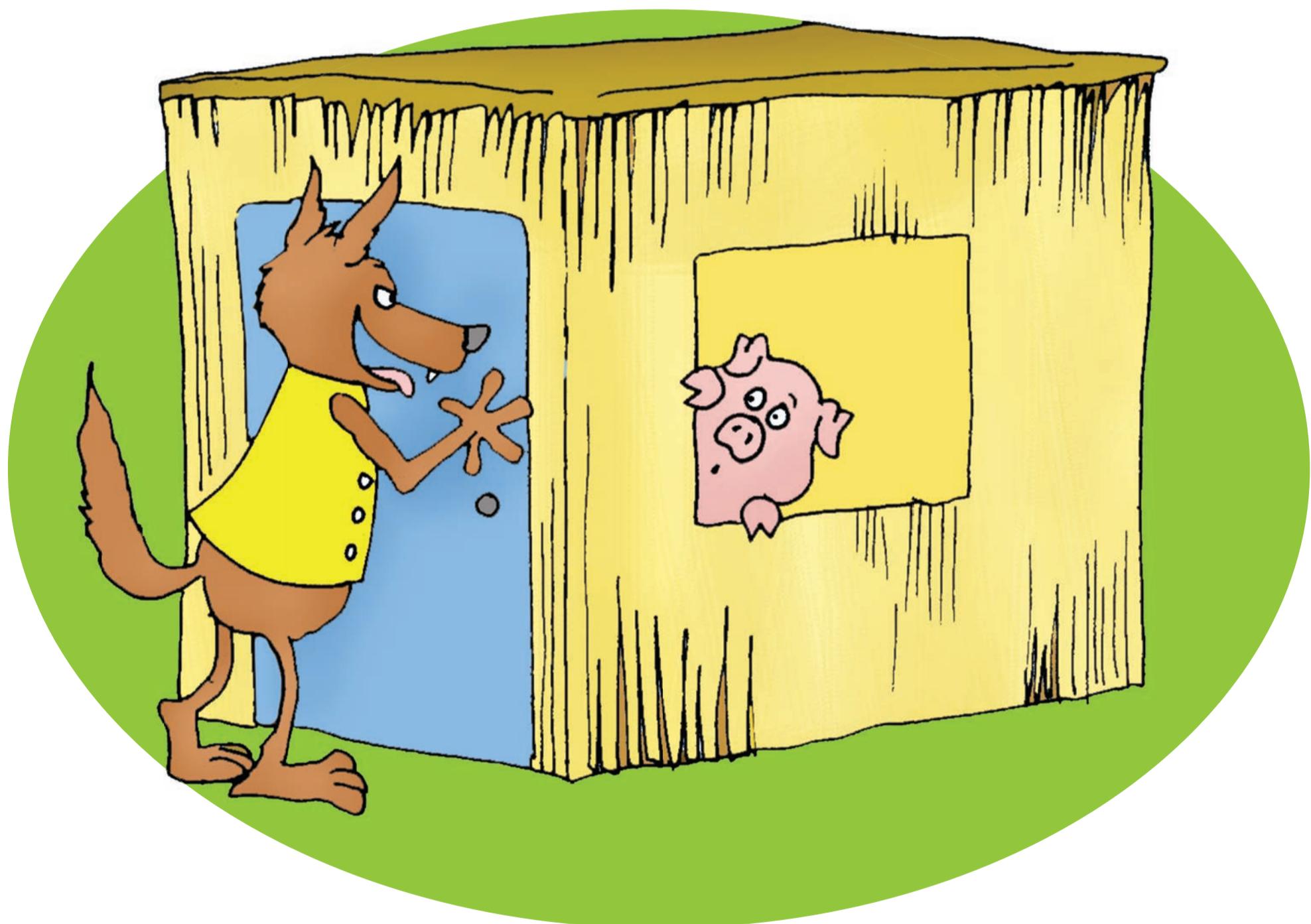


Kolobe ya  
bobedi e aga  
ntlo ya yona  
ka dithobane.

Kolobe ya  
boraro e aga  
ntlo ya yona  
ka ditena.



Morago phiri e leka go tsena mo  
dintlong tsa tsona. Phiri e butswela  
ntlo ya tlhaga ka mowa.

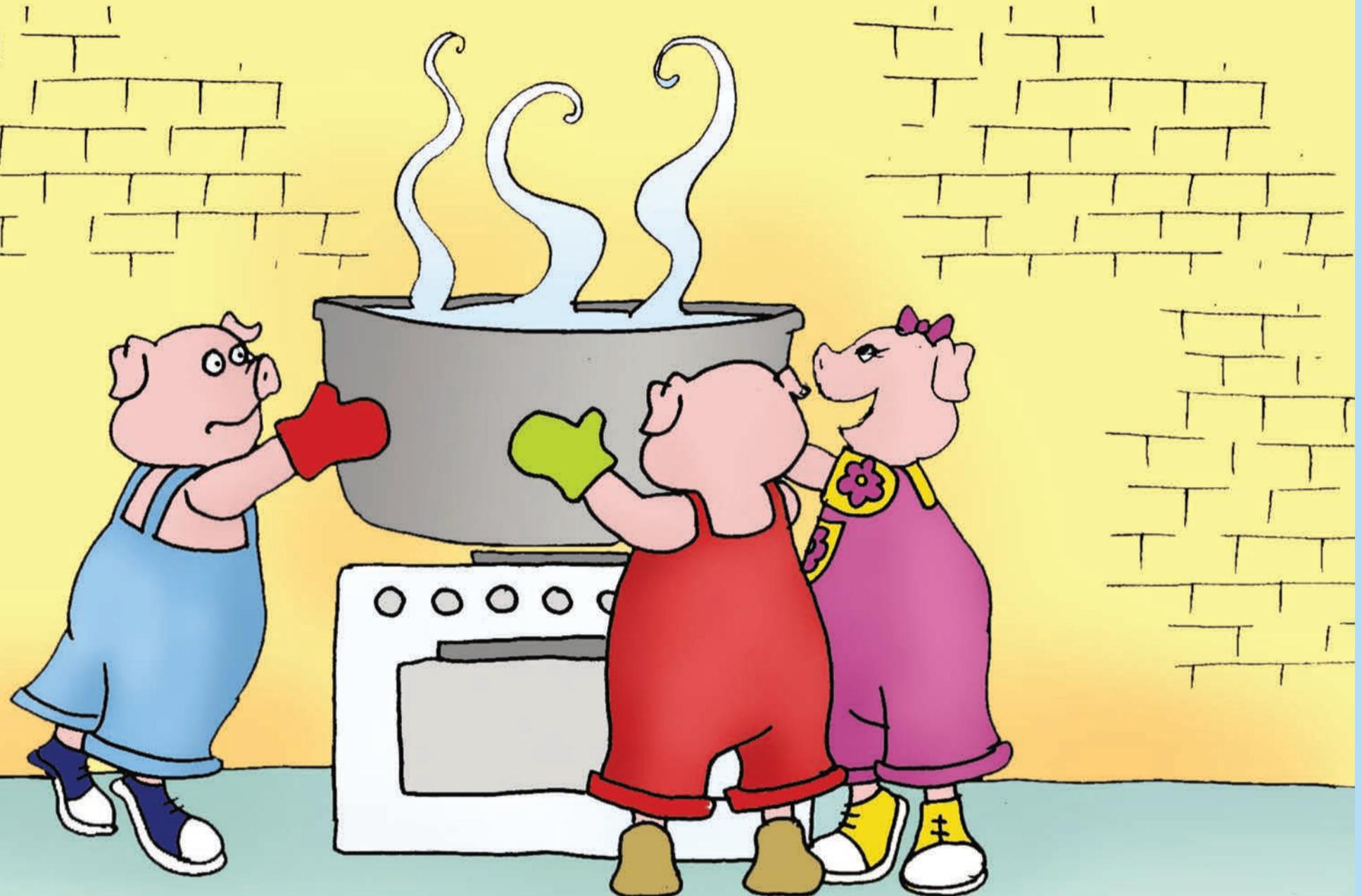




Morago e butswela ntlo ya dithobane.  
Dikolobe di tshabela kwa go ausiatsona  
kwa ntlong ya ditena.



Phiri e leka go butswela ntlo ya ditena,  
mme e a palelwa.



Dikolobe di bedisa pitsa ya metsi mo  
setofong. Morago di e bay a ka fa tlase  
ga tšhemele.

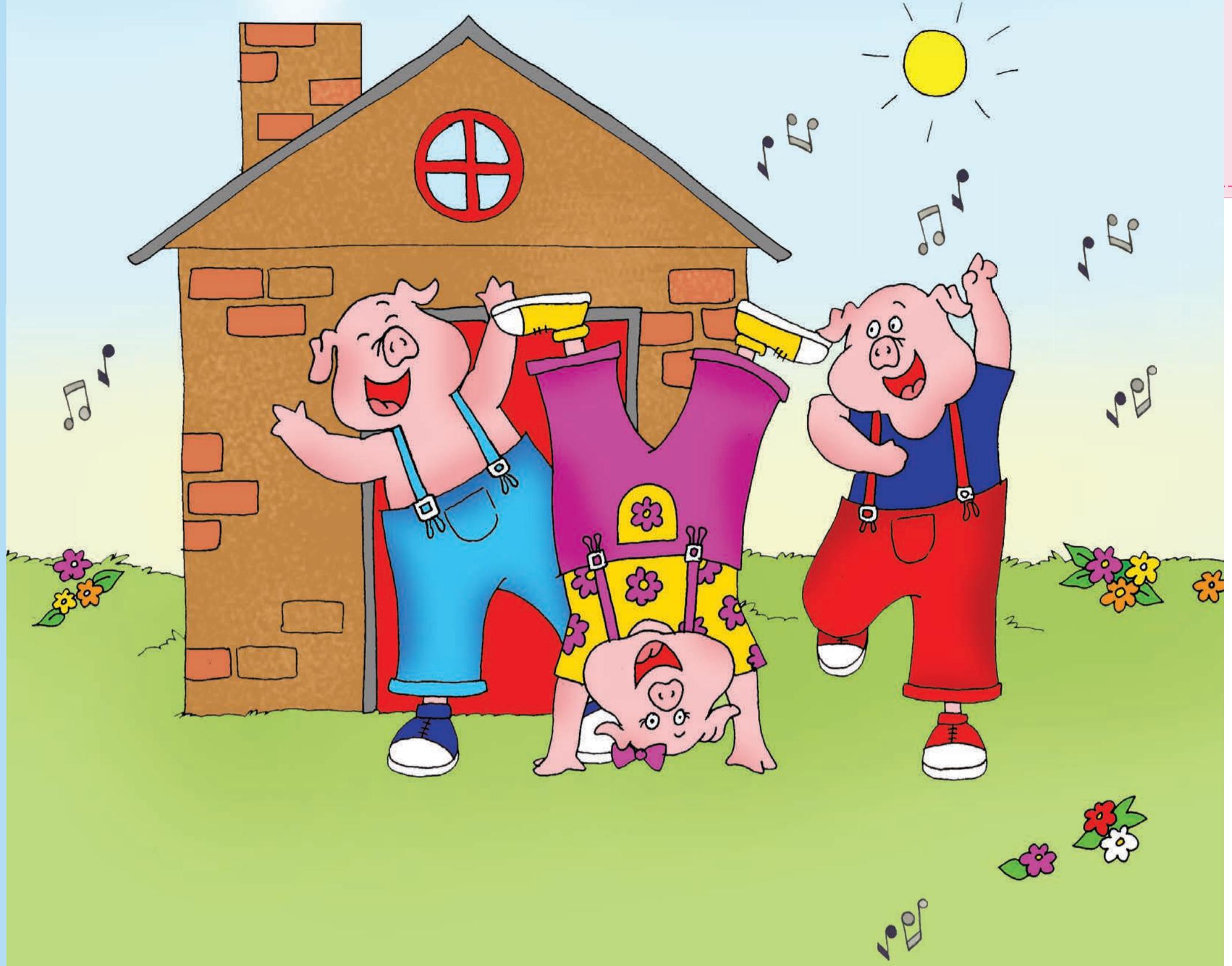
# Phiri e fologela ka tšemele.



"Ijooo! Ijooo!" ga goa phiri.  
"Go mogote! Ke a šwa!"



Phiri e tlolela kwa ntle ga metsi mme  
e tshabela ruri.



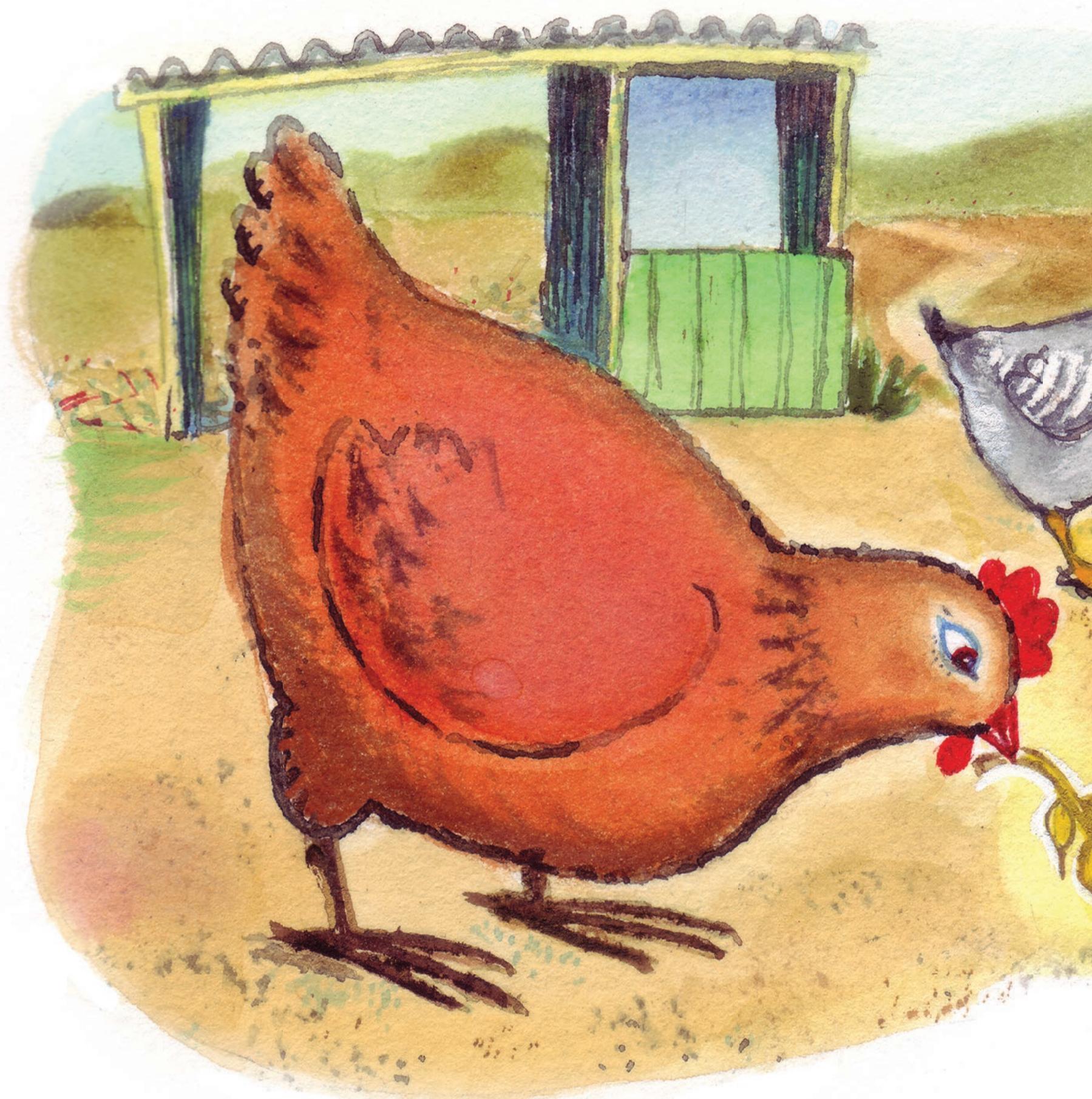
Dikolojane tse tharo di a opela  
"Ga re tshabe phiri e kgolo  
e e bosula!"

2

## Sethole se sennye se sehibidu



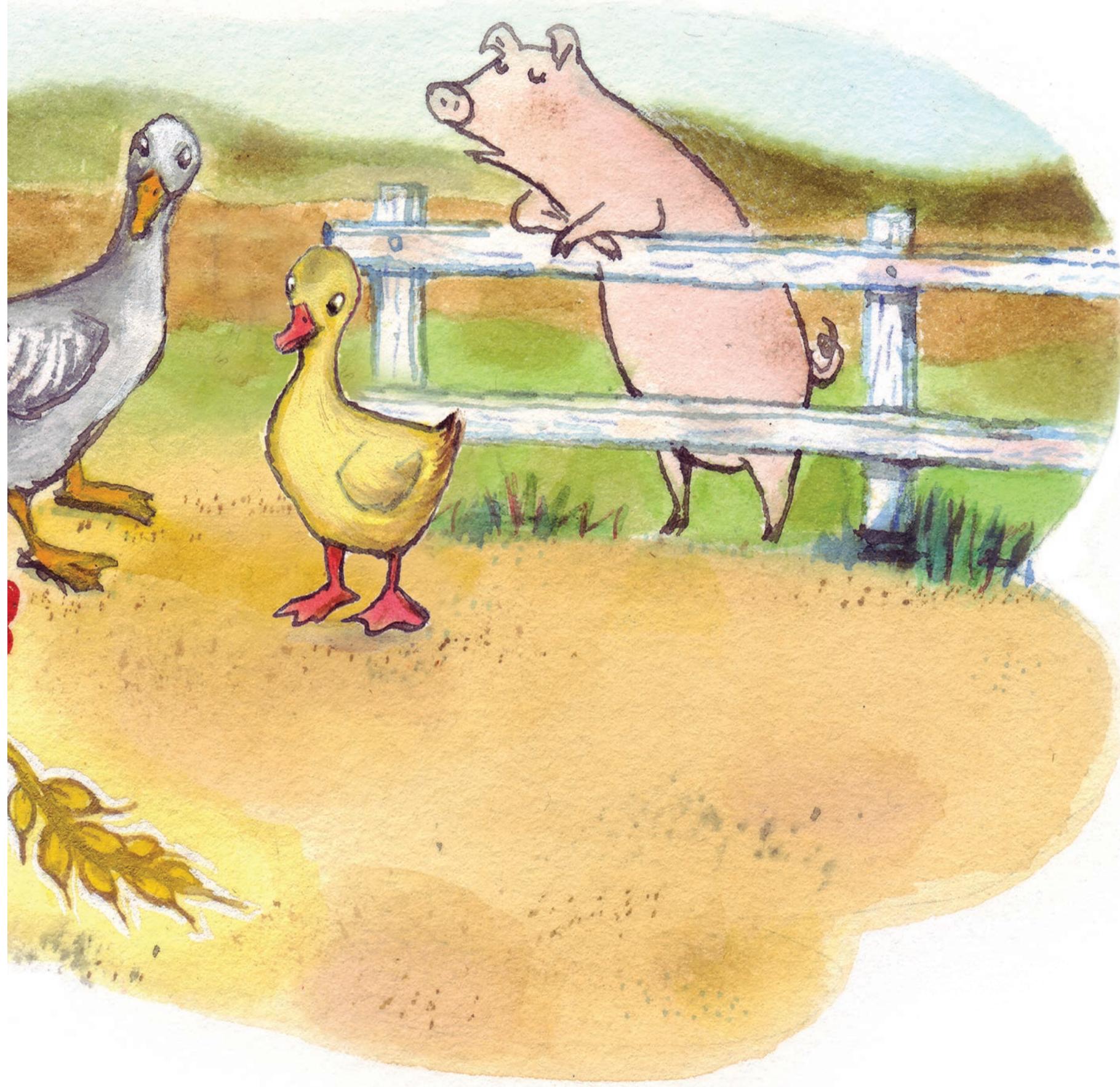
Ka letsatsi le lengwe, sethole se  
sennye se sehibidu se ne sa bona  
korong.



"Ke mang yo o tlaa nthusang go jala  
korong e?" Sethole sa botsa.

"E seng nna," ga kokoretса pidipidi.

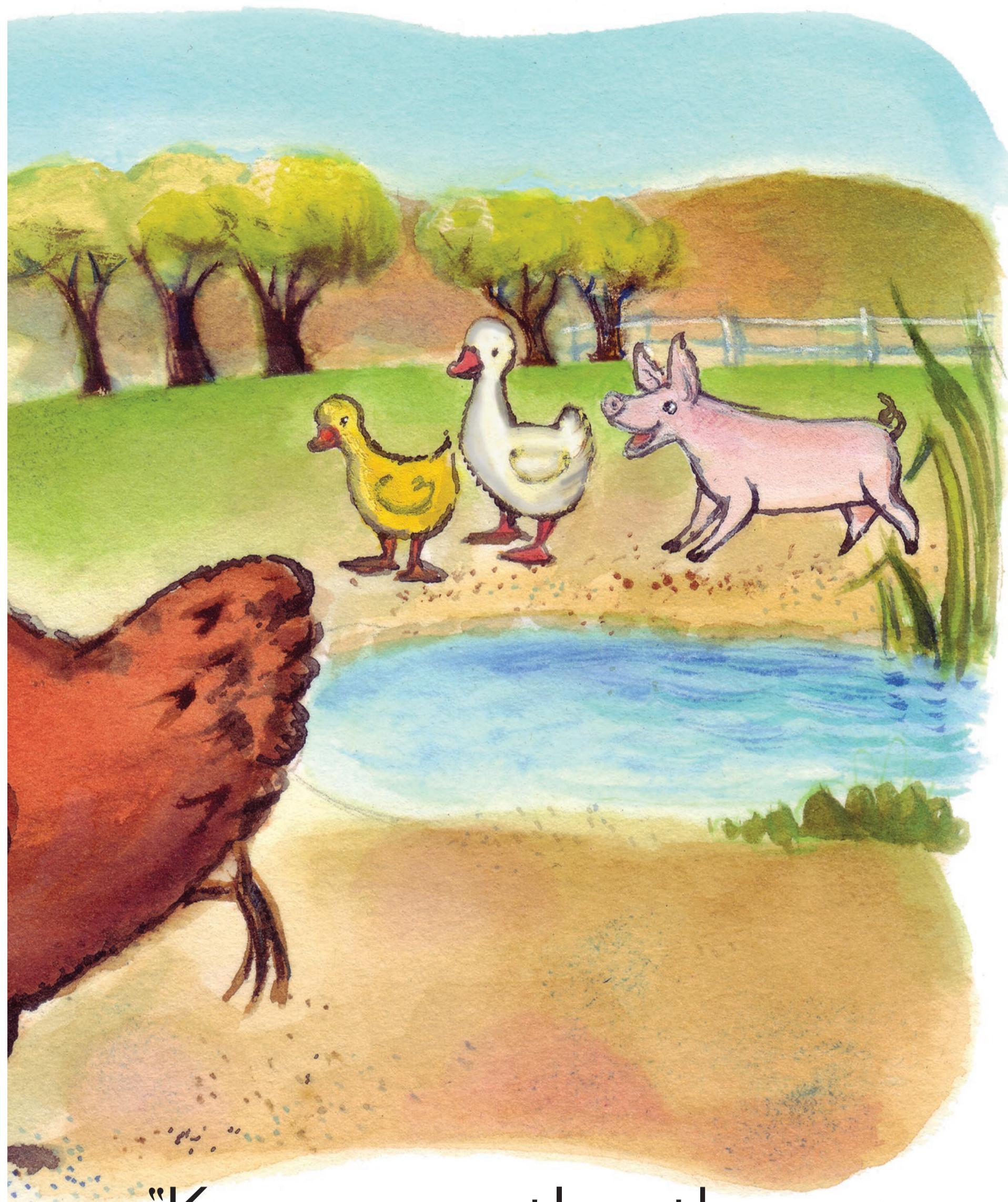
"E seng nna," leganse la letsа  
lepatata. "E seng nna," ga goeletsа  
kolobe.



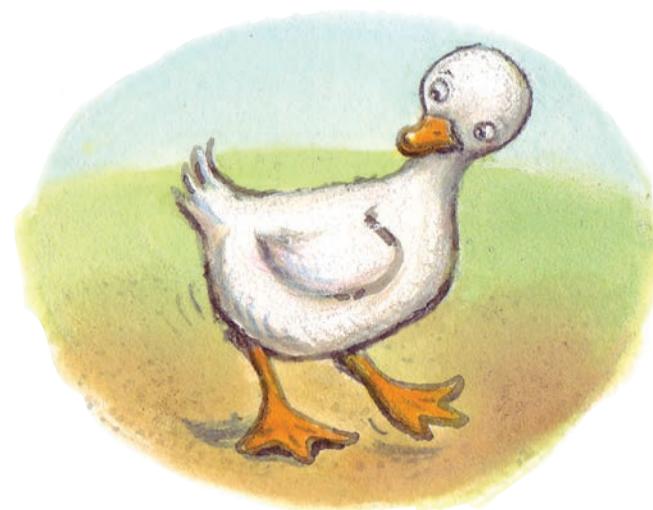
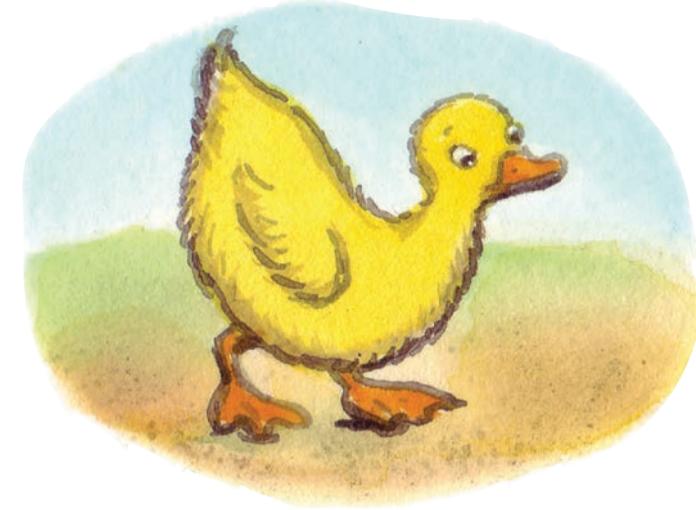
Ka jalo sethole sa e jala ka bosona.



Korong e ne ya gola go nna sejalo  
se segolo.



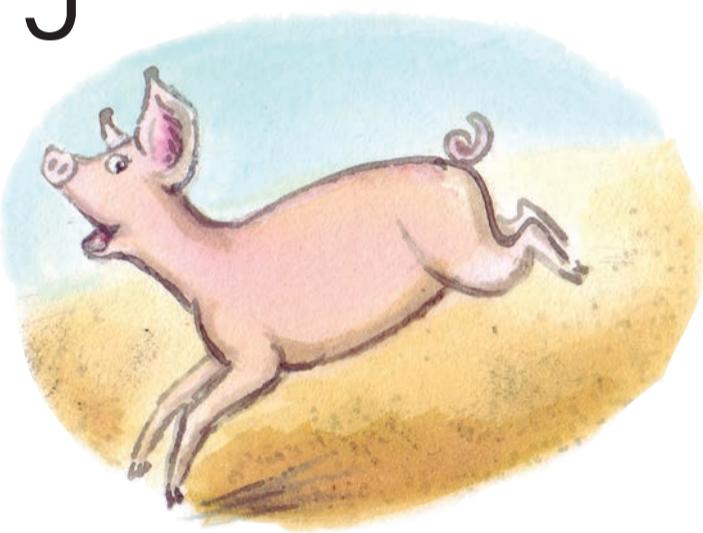
"Ke mang yo o tlaa nthusang go  
sega korong?" ga kokoetsa sethole  
se sennye se sehibidu.



"E seng nna," ga kokoretsa  
pidipidinyana.

"E seng nna," legansenyana la letsa  
lepatata.

"E seng nna," ga lela  
kolojane.



Kajalo sa sega korong ka bosona.

Fa korong e sena go segwa, sethole  
se sennye se sehividu sa botsa, "Ke  
mang yo o tlaa nthusang go bofa  
korong?"

"E seng nna," ga mumuretsa kgomo.

"E seng nna," ga bogola ntšwa.

"E seng nna,"  
ga ngaola  
katse.

Ka jalo sa e  
bofa ka  
bosona.



Morago sethole se sennye se  
sehibidu sa botsa, "Ke mang yo o tlaa  
nthusang go sila korong?"



"E seng nna," ga bua namane.

"E seng nna," ga bua ntšwanyana.

"E seng nna," ga ngaola katsana.

Ka jalo, sa sila korong ka  
bosona.

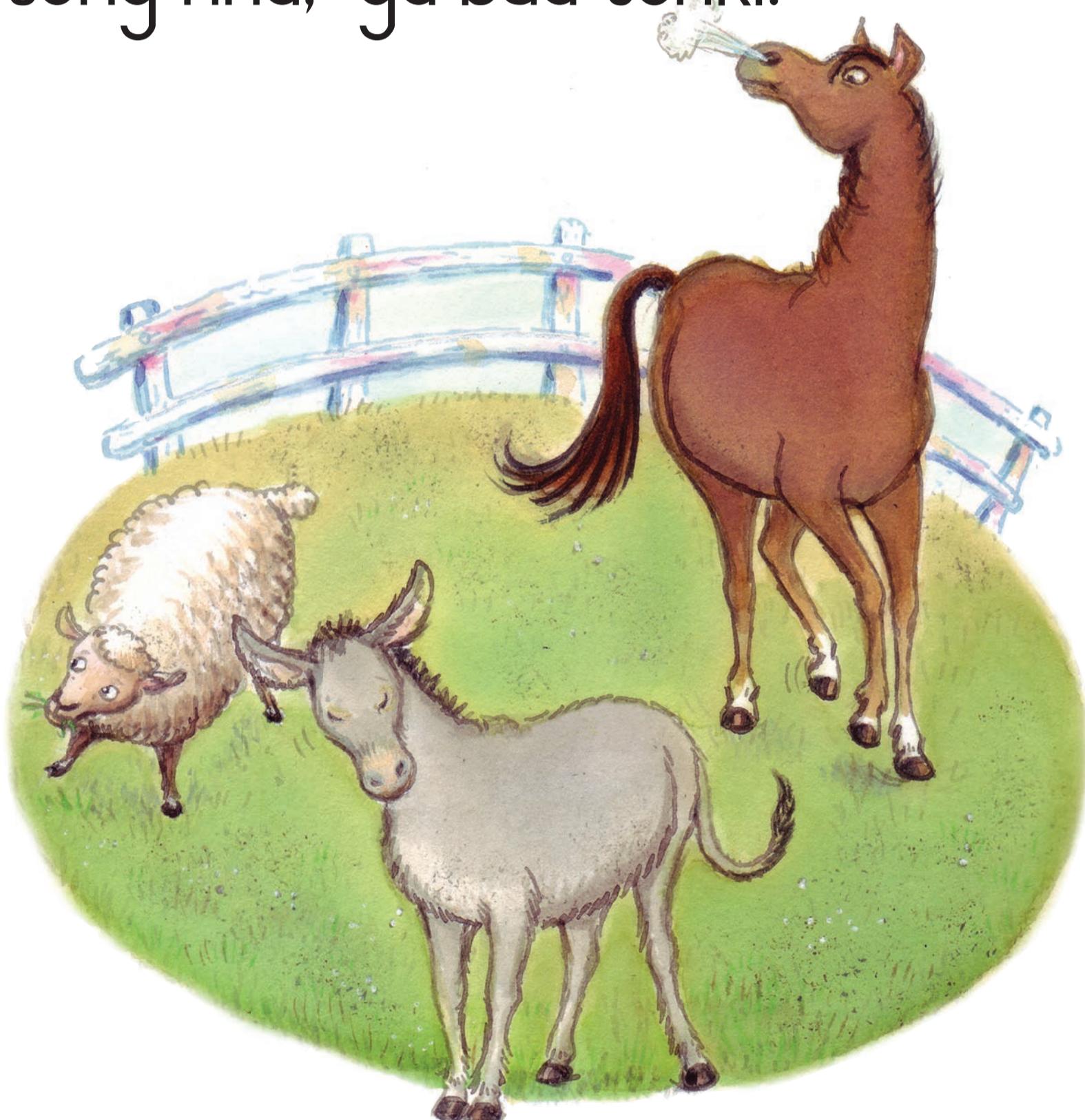


Fa korong e sena go silwa go nna  
folouru, sethole se sennye se sehividu  
sa botsa, "Ke mang yo o tlaa nthusang  
go duba senkgwe?"

"E seng nna," ga bua pitse.

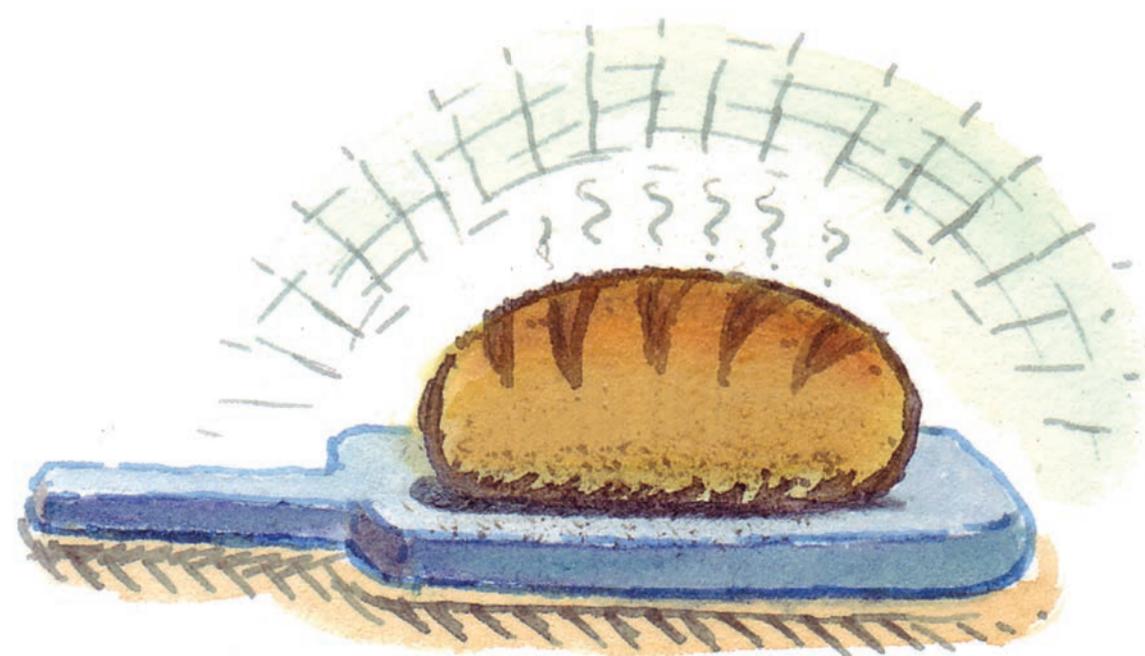
"E seng nna," ga bua nku.

"E seng nna," ga bua tonki.





Kajalo, sa duba senkgwe ka bosona.



Fa senkgwe se sena go bakiwa,  
sethole se sennye se sehividu  
sa botsa, "Ke mang yo o tlaa  
nthusang go ja senkgwe?"

"Re tlaa go thusa," ga bua  
diphologolo tsotlhe.

"Nnyaya, e seng lona," ga bua  
sethole se

sennye se  
sehibidu.

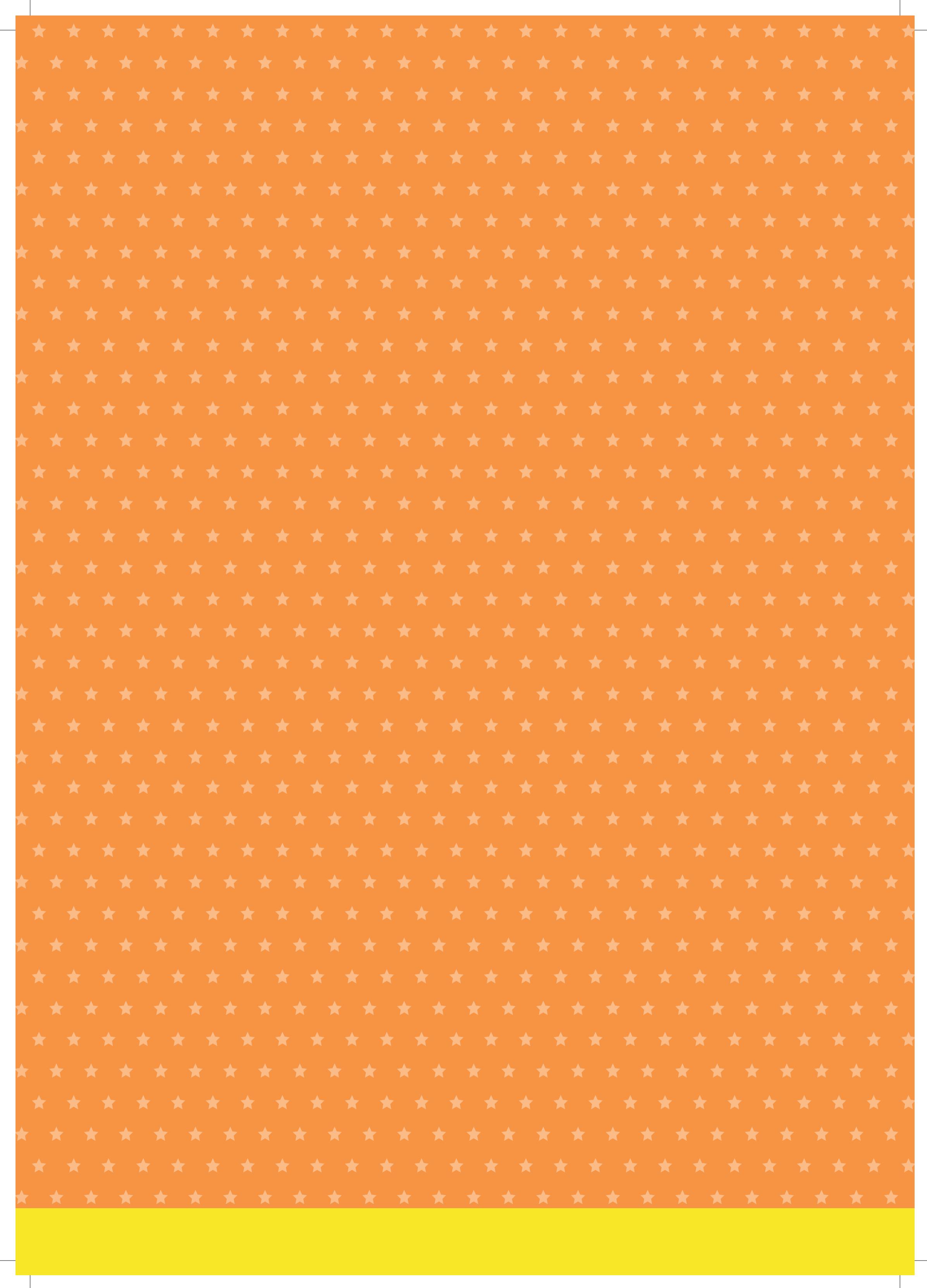
"Ke tlaa  
se ja ka  
bonna."



O ne a bitsa ditsuane tsa gagwe  
mme a kokoetsa, "Tlayang lo je  
senkgwe." Mme tsa ja senkgwe go  
fitlha di kgora.



**Lo tlaa kotula se lo se jetseng!**



O amogetswe mo Motseletseng wa Dibukakgolo. Bukakgolo e e bopa karolo ya Mtselsetsele e megolwane ya Rainbow e e akaretsang dibukatiro, ngatana ya dikgang, dipadiso tsa mephato le diphousetara. Re solo fela gore o tlaa fitlhela mefuta e e farologaneng ya dikgang e e tsenyeliditsweng mo Dibukakgolong tse robedi tsa mophato o, di le mosola mo go ruteng ga gago le gore barutwana ba gago ba tlaa itumelela maitemogelo a puiso e e amoganwang.

Kemo ya Pholisi ya Kharikhulamo ya Tlhatlhobo (CAPS) ya Maemotheo e gatelela Puiso e e Amoganwang jaaka nngwe ya dikarolwana tsa botlhokwa tsa mekgwa ya puiso. Puiso e e Amoganwang gantsi e diragala magareng ga malatsi a mabedi le a mane a beke mo ngwana mongwe le mongwe a bonang tshono ya go buisa temana e e tshwanang. Dibukatiro le dipadiso tsa mephato di lebane maikaelelo a.

Le gale, fa o ruta puiso e e amoganwang ka Bukakgolo ya mokwalo o mogolo o dirisa mokgwa o o matsetseleko wa ga ruta puiso e e amoganwang gonne bana ba kgona go bona mafoko le ditshwantsho, sentle, le go go sala morago fa o buisa ka mokgwa o bana ba tlotelewang dinaane ka ona. Go botlhokwa gore bana ba dule ba dikaganyeditse Bukakgolo, gore bana bottle ba kgone go bona le go buisa temana. Mokwalo o mogolo wa dibukakgolo o go kgontsha go buisetsa bana ba le mimalwa kwa godimo ka nako e le nngwe o repile e bile o sa tshose barutwana.

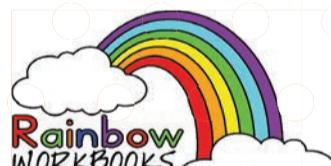
Dibukakgolo mo metseletseng e di tlaa itsise barutwana ba gago ka ga mefuta ya dikgang, maboko, dipina le metshameko gammogo le dikwalo tsa tshedimosetso le tsa dikerafo.

Ke tiro ya gago, go dira gore dikgang di tshele le go natefela bana le go dira gore barutwana ba itumele ba bo ba je monate. Fa o dirisa Dibukakgolo o kgona go motlela maitemogelo a puiso ka mokgwa o o nateflang wena le barutwana ba gago. Re solo fela gore buka e e tlaa go thusa go dira se.

## Dikakanyo tse dingwe tsa go dirisa Bukakgolo

- Dirisa tsebe ya polasetiki mme o e beye mo godimo ga Bukakgolo. Go ka nna mosola gore bana le morutabana ba kwale mo polasetiking.
- Kwala mo polasetiking ka kheraeyone ya metsi e e phimolegang.
- Dirisa tlelipi e kgolo go tshwaraganya polasetiki le bukagolo.

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Author: V McKay



## Itirele setene sa gago sa Bukakgolo

### O tlaa tlhoka:

1. Khateboto ya bophara jo bo tshwanang le Bukakgolo e e bulegileng (594 mm) ka bolele jo bo gararo (1360 mm).
2. Masekintheipi
3. Ditlelipi tse pedi kgotsa dipekeso go tshwaraganya khateboto.

Dirisa masekintheipi go tshwaraganya manathwana a khateboto.

Mena khateboto go dira Foreimi mme o tlanye marago le lepele go nna mmogo jaaka go bontshiwa mo setshwantshong se se fa tlase.

