



Mphato  
wa

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# Puku ye Kgolo ya dikanegele tše kopana

SEPEDI



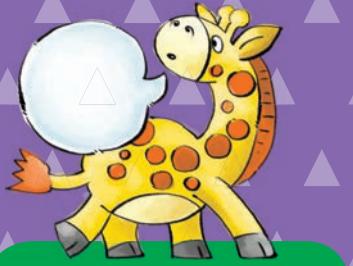
basic education

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

Puku ya

1

# Mokgwa wa go šomiša Puku ye ye Kgolo:



## Dikanegelo tše di lego ka mo go puku ye:



### 1 Bere e kotilwe moriri



### 2 Tebogo le kutu ya monawa

#### Go itokišetša nako ya go bala Puku ye Kgolo.

- Kgonthiša gore barutwana ka moka ba bona puku.
- Ge barutwana ba phapošborutelo ya gago e le ba bantši, bokaone ke gore o šome le sehlopha se sennyane.
- O tla hwetša gore go na le mohola go dira gore puku e eme gore o se hlwe o e swara ge o dutše o e bala. (Lebelela ditaelo tše gore o dire gore puku e eme ka khabara ya morago.)
- Šomiša rula goba sešupo go šupa mantšu, ge o dutše o bala.
- Ge o nyaka go bonagatša mantšu, o ka mamaretša mantšunyana a go mamaretša go dikologa lentšu go le bonagatša, goba wa dira lefastere la maselamotse. Šomiša setsekana sa pampiri ya sebopego sa khutlennethwi, o se ripe mo bogareng, gomme o bee khutlennethwii, o e tloše mo bogareng, gomme o mamaretše khutlennethwii godimo ga sengwalwa gore go bonagale fela lentšu le tee.

#### Nako ya mathomo ya go bala ka go šielana

Nako ya mathomo e lebanywa le boipshino le tebelelo ya mathomo ya go lebelela sengwalwa, barutwana bona ba fetola ka bobona ge ba lebelela sengwalwa.

- Phetlolla kanegelo, ba tla bala. Bolela ka ga ditshwantšhetšo.
- Kgopela barutwana gore ba bolele gore ba nagana gore kanegelo yeo e theilwego godimo ga diswantšho e reng.
- Tšweletša mantšu a mathata goba a maswa pele barutwana ba bala kanegelo.
- Dira dikarata tše mantšu go tsebagatša tlotlontšu ye mpsha.
- Bala kanegelo, o šomiša ditlhagišo, gomme o fetolafetola lentšu la gago, lebelo le moywa lentšu. Šomiša dika le ditlhagišo tše sefahlego.
- Latela mongwalo ge o dutše o bala, ka go šupa mantšu ka kotana goba ka rula, gore barutwana ba bone seo o se balago, gomme ba amanye modumo le dika mo lephepheng. Gape se se tla ba thuša go bona tshepetšo ya go bala go tloga go la nnele go ya go la mmagoja, le go tloga godimo go ya tlase.
- Šomiša se bjalo ka sebaka sa go tsebiša 'polelo ya puku' bjalo ka: mantšu, mafofo, lephepheng, mongwadi le hlogo, bjalobjalo.
- Dira gore barutwana ba kgathetša tema mo kanegelong, ka go bolela fao sekafoko se ipoeletšago (mohlala: "Kitima, kitima, kitima ka lebelo leo o ka le kgonago, o ka se ntshware - Ke nna monna wa borotho bja dikhanakhana!").
- Kanegelo ye e bušeletšwago e swanetše go balwa gabedi go ya gararo, go fa barutwana sebaka sa go tšweletša polelo ya mogobelo, ge ba ekiša ditiragalo, goba go bušeletša dikarolo tše kanegelo, ka mantšu ao ba ikgethetšego ona.

#### Nako ya bobedi ya go bala ka go šielana

- Mo nakong ya bobedi go šomišwa sengwalo sona seo se šomišitšwego, gomme nepišo e šuthela go tšwela pele go kgathetša tema mo go baleng le morutiši, go šomišwa dipoledišano tše di šomišwago go tšweletša pele kwešišo ya tlotlontšu, go fetolela mabokgoni le sebopego sa sengwalo (popopolelo, maswaodikga, bjalobjalo).
- Go tšwa go wena, morutiši, go dira gore go išwe šedi go hlokome leng dithuto tše di amanago le šedi yeo e lebelelagoo dikgopoloo tše di latelago, mabapi le dikgatišo, dibopego tše dingwalo, mekgwa ya tumothlaka, dipatrone tše polelo, boitshupo bja mantšu, mokgwa wa go lemoša mantšu, le kwešišo, go mehlwaela ya tekanetšo (ntšukantšu, go pušeletšopeakanyo, go tšeia gore go bjalo, tekanyetšo le dipotšišo tše go fa maikutlo).

#### Nako ya boraro ya go bala ka go šielana

- Mo nakong ya boraro ya go bala ka go šielana, barutwana ba swanetše go bala sengwalo ka bobona gomme ba kgathetša tema ka go bolela, ba kgathetša tema ka go dira ka matsogo le go ngwala ditiragalo tše di theilwego godimo ga sengwalo.
- Ge go kgonagala, sengwalo sa Go balwa ka go Šielana se swanetše go tsebiša go Ngwala ka go Šielana moo morutiši a swanetšego go laetša gore sengwalo se ngwala bjang, gomme barutwana ba sware morero wa go ngwala taodišo ka ga sengwalo, gomme morutiši a kgathetša tema ya go kgonagatša le go ba sethaledi sa go laetša gore go ngwala bjang. Gomme tshepetšo e thuša go lokišetša barutwana ge ba dira mošomo wa bona wa go ngwala.

1

# Bere e kotilwe moriri



Pam o na le thedibere ye botse.  
O rata go robala le thedi ya gagwe.  
Kgaetšedi ya gagwe ye nnyane,  
John, le yena o rata go bapala ka  
thedibere.



Lehono ge Pam a boa gae a etšwa  
sekolong o hweditše thedibere ya  
gagwe e kotilwe moriri hlogong le  
mpeng ya yona.

Bona gore ke dirile gore  
Thedi a be botsana bjang.



Pam o be a befetšwe kudu.  
O be a befeletšwe kgaetšedi ya  
gagwe yo monnyane.

O reng o sentše thedi ya ka?  
Ga o dire gabotse!



Bjale mma e ile e apeša thedi kuane  
ye khubedu le baki ye talalerata.

Bona, Pam. Thedi o bonagala  
a le botsana gape.



## 2 Tebogo le kutu ya monawa



Kgalekgale go kile gwa ba le  
mošemane yo mongwe a bitšwa  
Tebogo. Tebogo o be a dula le  
mmagwe. O be a se na tate. Ge  
tatagwe a be a sa phela, lekgema la  
pelo ye mpe le ile la utswa harepa ya  
gagwe le kgogo ye e bego e beela mae  
a gauta.

Iša kgomo ye mmarakeng  
gomme o e rekiše gore re  
tle re kgone go reka dijo.

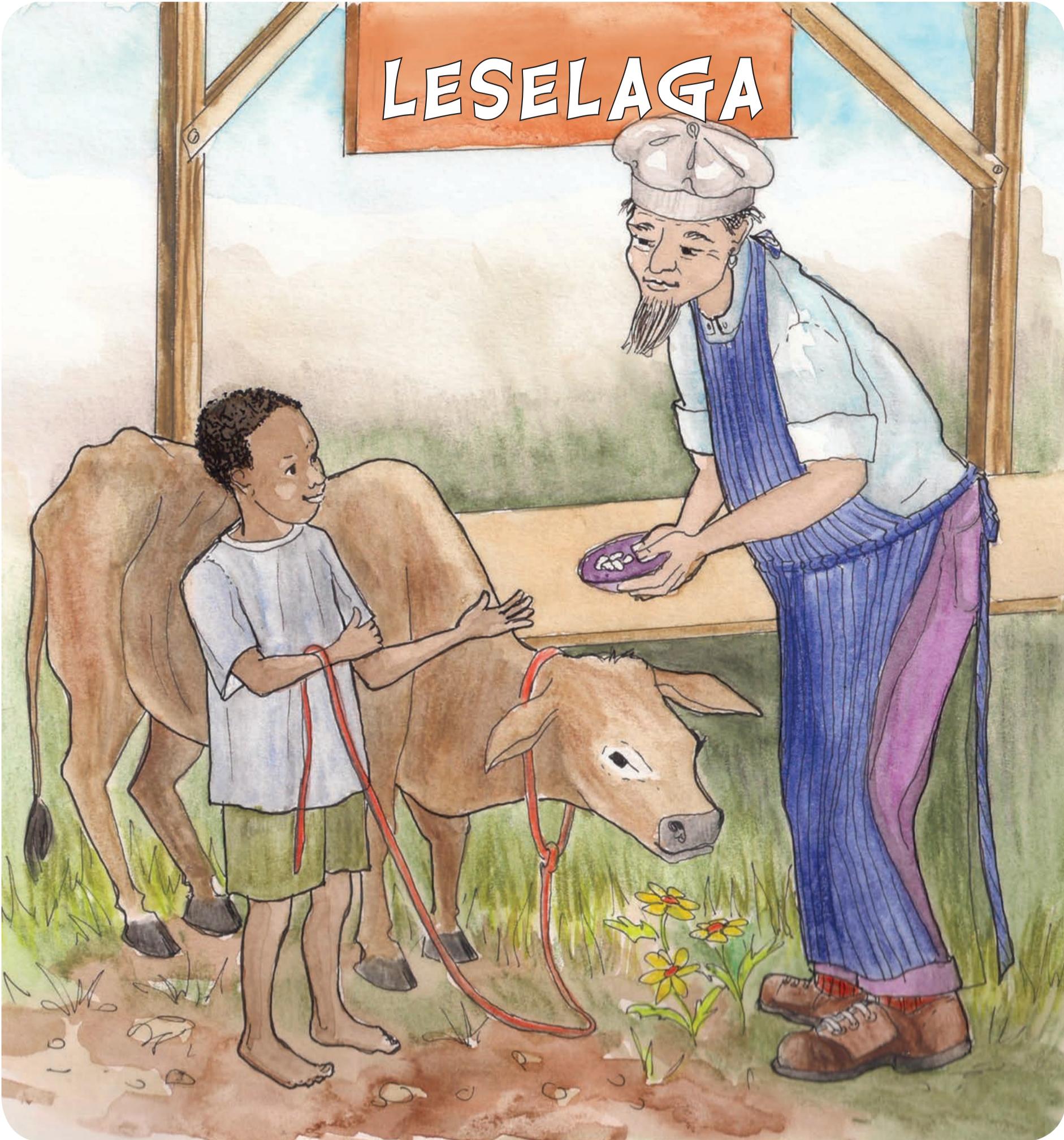


Ga re na tšhelete ya go  
reka dijo. Lekgema lela le  
utswitše kgogo ya rena.





Tebogo a napa a tloga a leba  
mmarakeng go yo rekiša kgomo.

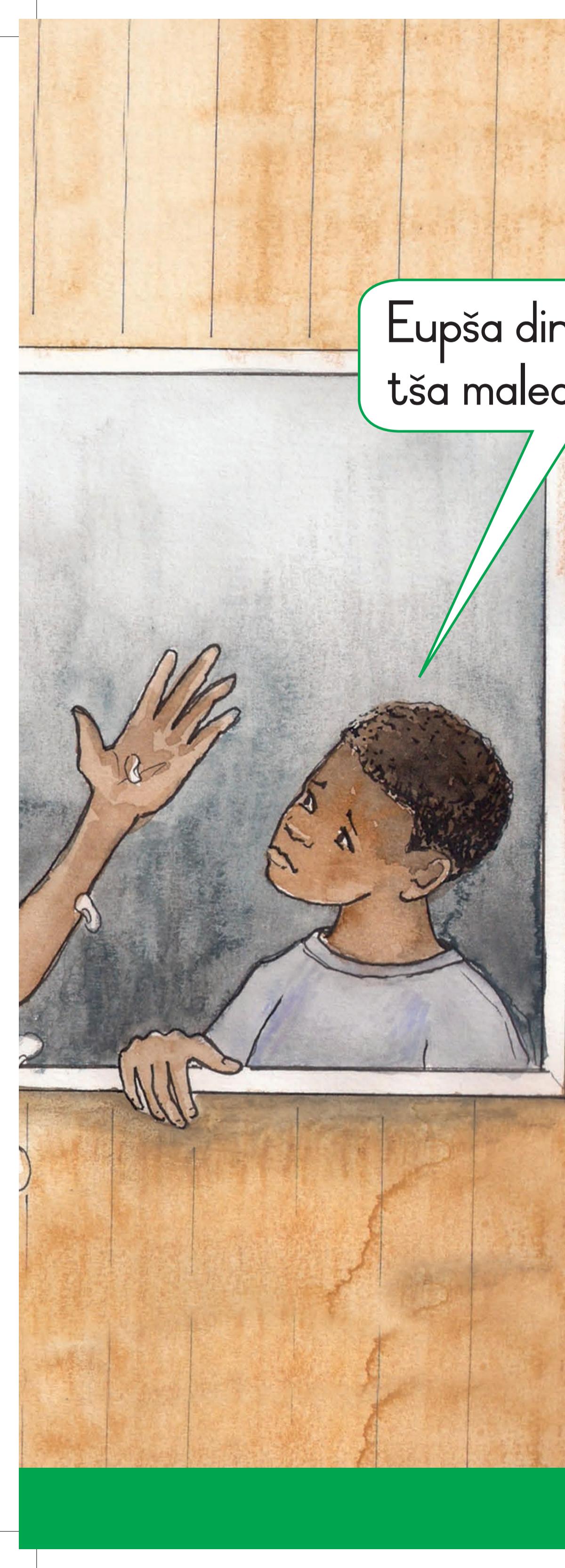


Mo tseleng Tebogo a gahlana le  
raleselaga, yo a mo laeditše dinawa  
tše 5 tša maleatlala. Tebogo a mo fa  
kgomo gomme a tšeа dinawa.

MmagoTebogo  
o be a befetšwe  
kudu. O ile a  
lahlela dinawa  
ka ntle ka  
lefastere.



O mo file kgomo ya  
rena gomme wena wa  
tšeа dinawa tše 5?

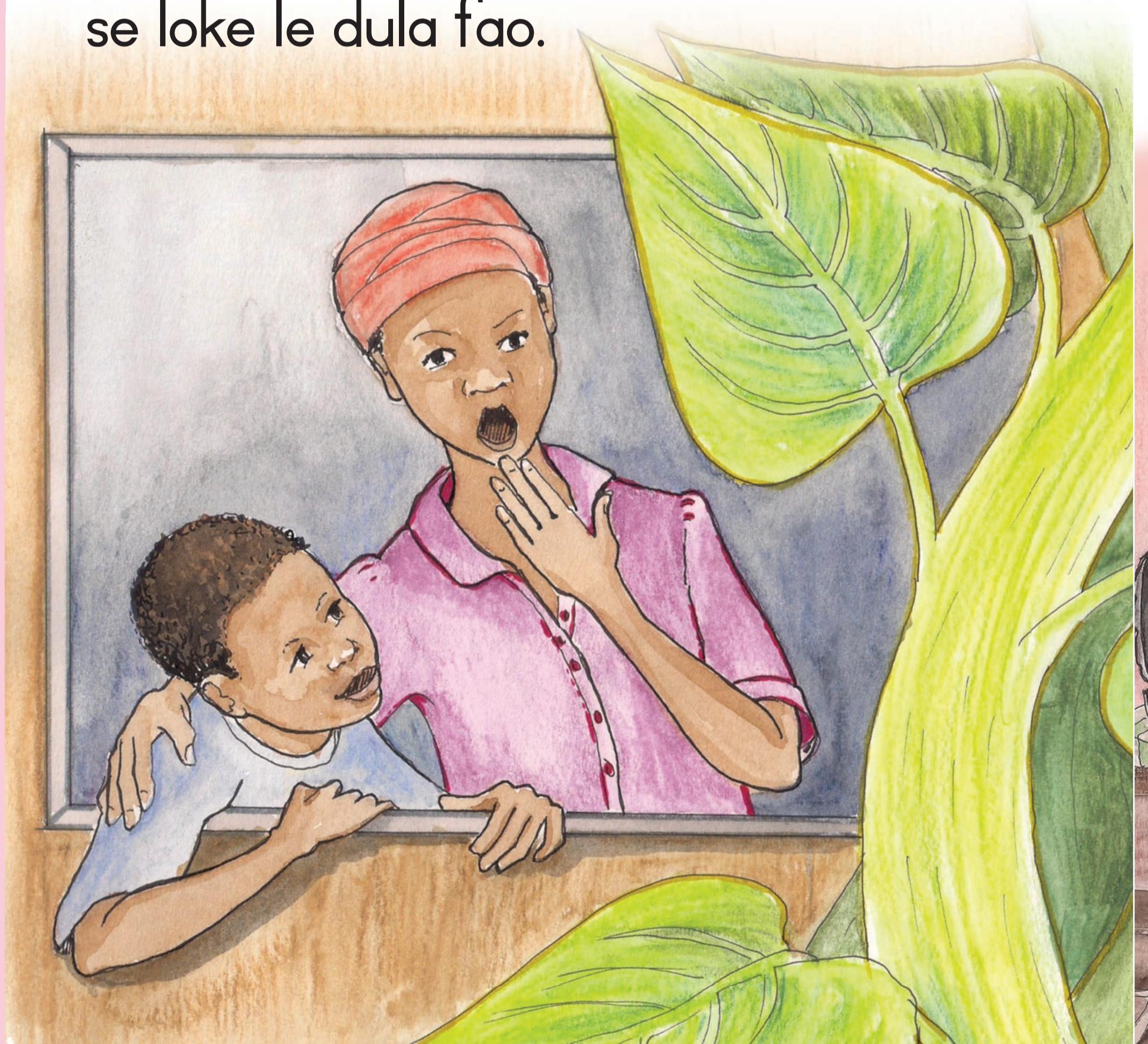


Eupša dinawa tše ke  
tša maleatlala, mma!

Bošegong  
bjoo Tebogo o  
robetše ka tlala  
ka gobane go  
be go se na dijo  
tša dilalelo.

“Ge nkabe ke  
ile ka rekisa  
kgomo yela,” a  
nagana.

Ka letšatši le le latelago go be go na  
le kutu ya monawa ye teleletele ka  
ntle ga ngwako. Tebogo a namela kutu  
ya monawa. Ge Tebogo a fihla kua  
ntlhoreng, a bona gore lekgema la go  
se loke le dula fao.



O ile a bona le harepa ya tatagwe le kgogo.



Ka letšatši le le latelago Tebogo a  
namelela gape ka kutu ya monawa  
go yo tšeа harepa ya tatagwe.

A bona kgogo ya tatagwe ye e  
beetšego mae a gauta. Tebogo a  
tšeа harepa le kgogo. Ka yona nako  
yeo, lekgema la phafoga!

Lekgema la rakediša Tebogo.

Mmm, fofof! Ai! Ke kwa  
monkgo wa morwa wa molemi.



O tšeetše tate  
dilo tše.

Tebogo a theoga kutung ya monawa  
ka lebelo la mmutla gomme lekgema la  
mo kitimiša.

Tliša kgogo  
ya ka!



Tebogo o ile a goelela mmagwe.  
Mmagwe o ile a kitimela ka ntle a  
swere selepe.

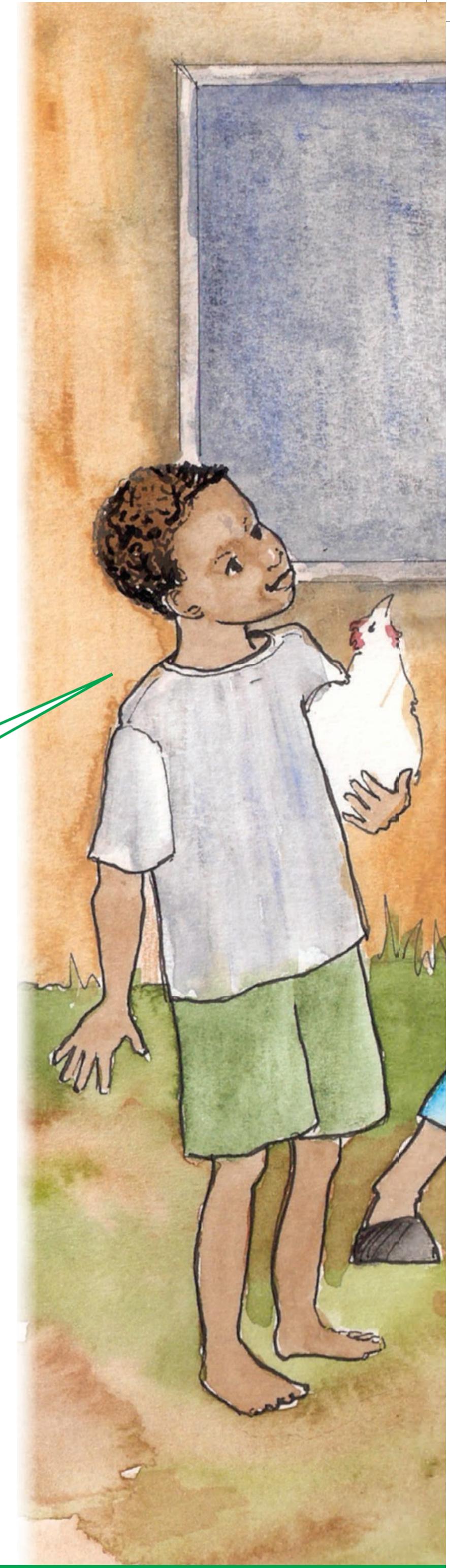


Mma, tliša  
selepe!

Ijoo! O hweditše  
kgogo ya tatago!

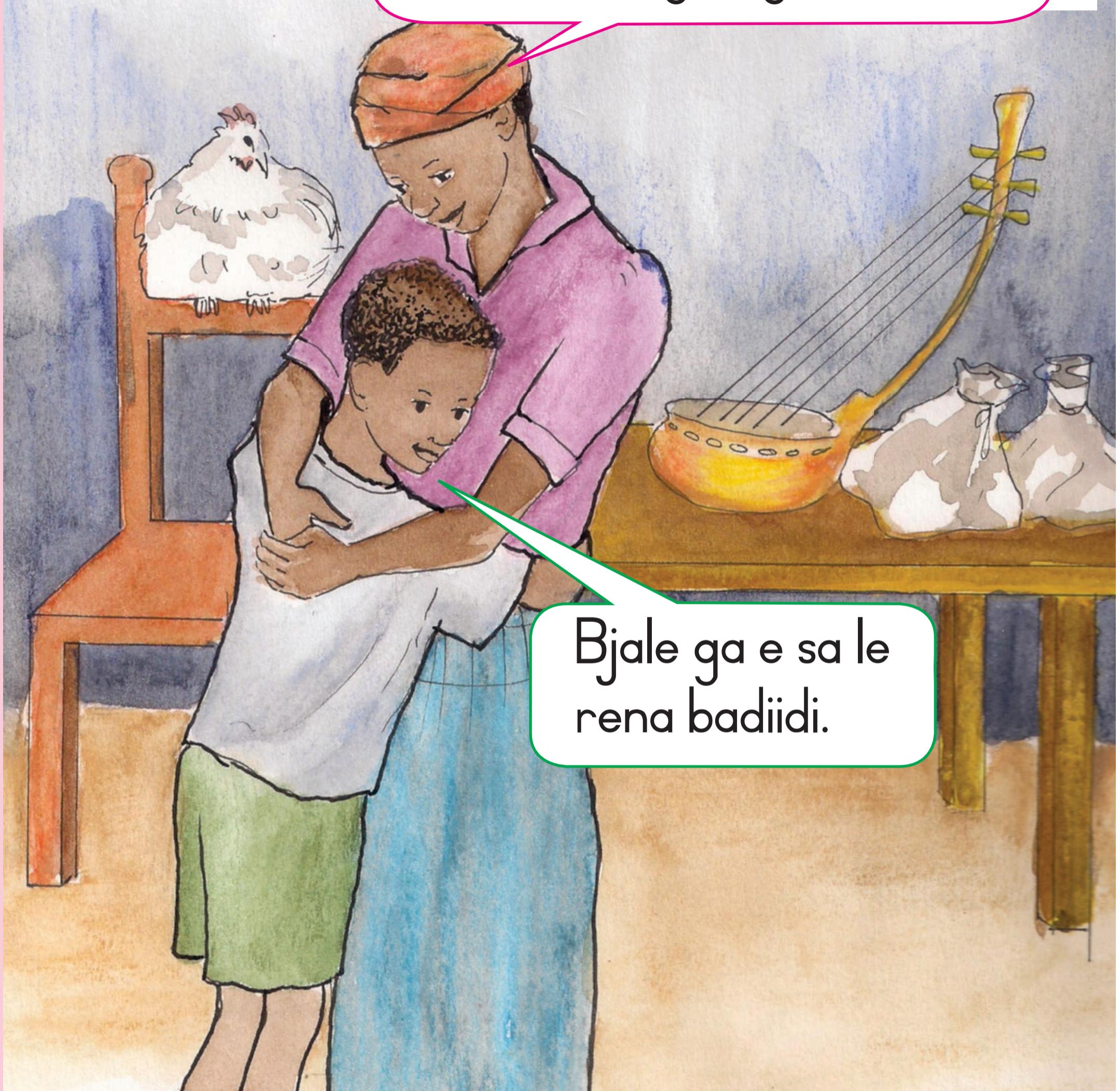
Mmagwe a rema kutu  
ya monawaka lebelo  
le legolo. Pele lekgema  
le ka swara Tebogo,  
kutu ya monawa ya  
wela fase.

Rema, Mma!  
Rema!





Ke thabile kudu ge o hweditše  
dilo tša tatago, ngwanaka.



Bjale ga e sa le  
rena badiidi.

Tebogo le mmagwe ba phela ka  
lethabo go ya go ile.



O a amogelega mohlwaeleng wa Puku ye Kgolo. Puku ye, ye Kgolo e hlama karolo ya Mohlwaela wa Molalatladi, wo o aparetšago dipukutšomo, kgoboketšo, dipadišo tše di hlophilwego le diphoustara. Re hutša gore o tla hwetša dikanegelo tša go fapano tše di akareditšwego ka go Dipuku tše Kgolo tše seswai tša mphato wo, tše di nago le mohola go barutiši ba lena, le gore barutwana ba lena ba tla ipshina ka maitemogelo a go bala ka go šielana. SEPHOLEKE (CAPS) sa Kgato ya Motheo se tšweletša molaleng go Bala ka go Sielana e le ye nngwe ya dikarolwana tše bohlakwa tša maano a go bala. Go bala ka go šielana ka mehla go diragatšwa mo nakong ya matšatši a mabedi le a mane mo bekeng mo ngwana yo mongwe le yo mongwe a nago le sengwalo sa go swana le tše dingwe tša go balwa. Dipukutšomo le dipadišo tše di hlophilwego di swanetše boikemišetšo bjo.

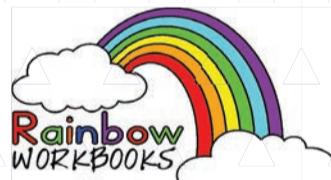
Le ge go le bjalo, go bala ka go šielana o šomiša Puku ye Kgolo ya go ba le maletere a magolo ke mokgwa wo mobotsebotse wa go bala ka go šielana, ka gore barutwana ba kgona go bona maletere le diswantšho, gomme, o kwešiša ge o dutše o bala ka mokgwa woo o swanago le go bolela kanegelo ya balapa ka mokgwa wa setlwaedi wa setšo. Go bohlakwa gore barutwana ba dule ba dikologile Puku ye Kgolo, ka gore barutwana ka moka ba kgona go bona le go bala sengwalo. Maletere a magolo a Puku ye Kgolo a dira gore motho a balele godimo, a balela barutwana ba palo ye kgolonyana ka nako e tee mo lefelong leo go iketlwago, motho a sa tšhoge selo.

Puku ye Kgolo mo go mehlwaela ye, e tla tsebiša barutwana dikanegelo tše ntši, direto, merumokwana le ditiragatšo, gammogo le tsebo, le ditshwantšho, ka lerato.

Ke mošomo wa gago, bjalo ka morutiši, go dira gore dikanegelo di be le bophelo mo go barutwana, le go dira gore lefelo le ba lego go lona le be la go thabiša, la go ba lefelo la khuduego ya mahlahla. Ge o šomiša Dipuku tše Kgolo, go go kgontšha gore o be mohlala, ka maitemogelo a go bala, ka go hlama moyo wa lethabo, go wena le barutwana ba gago. Re hutša gore puku ye e tla go thuša gore o dire ka wona mokgwa woo.

## Dikgopolole tše dingwe tša go šomiša Puku ye Kgolo

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Author: V McKay

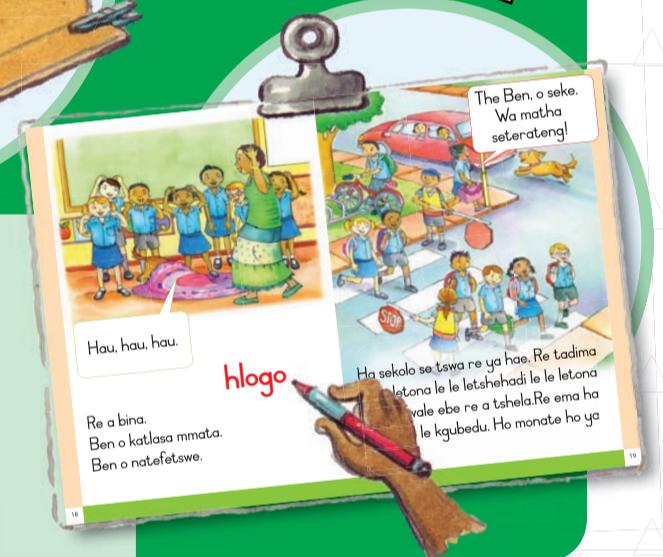
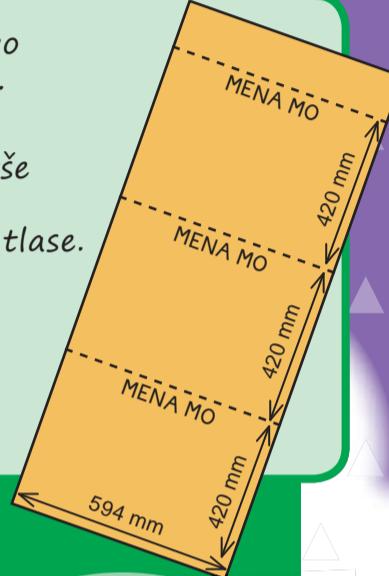
## Itirele lefelo la gago la go bea Dipiku tše Kgolo

O tla swanelwa ke go ba le:

1. Khatepoto ya bophaphathi bja go lekana le bja Puku ye Kgolo ge e butšwe (594 mm) le botelele bja Puku ye Kgolo, gararo (1360 mm).
2. Theipi ya go kgomaretša
3. Dipatiši tše pedi goba diphekese go swara khatepoto maemong a yona.

Šomiša Theipi ya go mamaretša go kgomaganya diripa tša khatepoto.

Mena khatepoto go dira freimi ya sebopego sa A gomme o mamaretše botlase le bokapele bjale ka ge go laetšwa mo go tshwantšetšo mo tlase.



- Šomiša phaphathi ya plastiki ye e se nago mebal a e be sekhpetsi sa Puku ya gago ye Kgolo. E tla hola barutwana le morutiši go ngwala godimo ga plastiki.
- Ngwala godimo ga sekhpetsi ka pene yeo e dirilwego, gagolo, ka meetse, yeo e hlatswagago.
- Šomiša sepatiši sa go se ngaologe sesolo go kgomagantšha sekhpetsi sa Puku ye Kgolo, sa go bonagantšha.

