



Mphato  
wa **2**



# Puku ye Kgolo ya dikanegele tše kopana

SEPEDI



basic education

Department:  
Basic Education  
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Puku ya

5

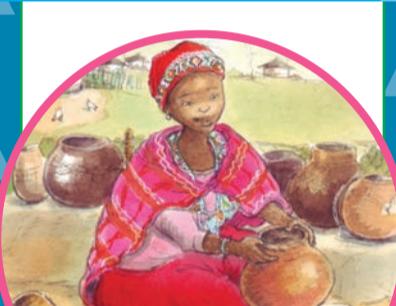
# Mokgwa wa go šomiša Puku ye ye Kgolo:



## Dikanegelo tše di lego ka mo go puku ye:



### 1 Paesekela ye mpsha ya Mogoroši



### 2 Kanegelo ya makgolo

Bjalo ka morutiši o swanelwa ke go beakanya le go lokišetša go dira mešongwana ya go bala ka go šielana, wena le barutwana ba gago. Ka mehla ge o dira mošongwana wa go bala ka go šielana, wena o le morutiši, o šoma le barutwana ka moka. Le ge go le bjalo, barutwana ba gago ge ba le ba bantši kudu, go tla ba gabotse kudu ge o ka šoma le sehlopha, goba le karolwana e tee ya barutwana. Go swanetše go hlokamelwa le go kgonthišwa gore barutwana ba kgona go dula gabotse, le gore ba bone Puku ye Kgolo, gore ba kgone go bala sengwalo.

Ka go Puku ye Kgolo, dinako tša go bala ka go šielana, barutwana ba rutwa gore puku e swarwa bjang, gore puku e swarwa ka mokgwa wa maleba - go phetlolla maphephe ka mokgwa wa maleba. Go tšweletšwa pele mekgwa ya motheo ya puku - khabara, ka pele, ka morago, le hlogo - leina la puku. Gape, go bontšhwa le malebela a gore tshepetšo ya go bala e dirwa bjang, gape, mekgwa yeo e bohlokwa mo go tšweletšeng pele go theeletša ga barutwana, go bolela, go bala, go nagana, go fa mabaka le go ba le mabokgoni a go ngwala, go ya ka dinyakwa tša SEPHOLEKE (CAPS):

- Go tšweletša pele mabokgoni a go theeletša le go bolela.
- Go tšweletša pele ponagalo ya mabokgoni a go bala.
- Go araba dipotšišo ka ga kanegelo.
- Go kgatha tema dipoledišanong, go bolela ka go šielana.
- Go thala, go diragatša goba go ekiša ditiragalo.
- Go šomiša diswantšho go laela gore kanegelo e mabapi le eng.
- Šomiša go bala ka go šielana bjalo ka motheo wa go ngwala ka go šielana.

### Go itokišetša nako ya go bala Puku ye Kgolo.

- Kgonthiša gore barutwana ka moka ba bona puku.
- Ge barutwana ba phapošborutelo ya gago e le ba bantši, bokaone ke gore o šome le sehlopha se sennyane.
- O tla hwetša gore go na le mohola go dira gore puku e eme gore o se hlwe o e swara ge o dutše o e bala. (Lebelela ditaelo tša gore o dire gore puku e eme ka khabara ya morago.)
- Šomiša rula goba sešupo go šupa mantšu, ge o dutše o bala.
- Ge o nyaka go bonagatša mantšu, o ka mamaretša mantšunyana a go mamaretša go dikologa lentšu go le bonagatša, goba wa dira lefastere la maselamotse. Šomiša setsekana sa pampiri ya sebopego sa khutlennethwi, o se ripe mo bogareng, gomme o bee khutlennethwi, o e tloše mo bogareng, gomme o mamaretše khutlennethwi godimo ga sengwalwa gore go bonagale fela lentšu le tee.

### Nako ya mathomo ya go bala ka go šielana

Nako ya mathomo e lebanywa le boipshino le tebelelo ya mathomo ya go lebelela sengwalwa, barutwana bona ba fetola ka bobona ge ba lebelela sengwalo.

- Phetlolla kanegelo, ba tla bala. Bolela ka ga ditshwantšhetšo.
- Kgopela barutwana gore ba bolele gore ba nagana gore kanegelo yeo e theilwego godimo ga diswantšho e reng.
- Tšweletša mantšu a mathata goba a maswa pele barutwana ba bala kanegelo.
- Dira dikarata tša mantšu go tsebagatša tlotlontšu ye mpsha.
- Bala kanegelo, o šomiša ditlhagišo, gomme o fetolafetola lentšu la gago, lebelo le moyo wa lentšu. Šomiša dika le ditlhagišo tša sefahlego.
- Latela mongwalo ge o dutše o bala, ka go šupa mantšu ka kotana goba ka rula, gore barutwana ba bone seo o se balago, gomme ba amanye modumo le dika mo lephepheng. Gape se se tla ba thuša go bona tshepetšo ya go bala go tloga go la nnele go ya go la mmagoja, le go tloga godimo go ya tlase.
- Šomiša se bjalo ka sebaka sa go tsebiša 'polelo ya puku' bjalo ka: mantšu, mafofo, lephepheng, mongwadi le hlogo, bjalobjalo.
- Dira gore barutwana ba kgathetša tema mo kanegelong, ka go bolela fao sekafoko se ipoeletšago (mohlala: "Kitima, kitima, kitima ka lebelo leo o ka le kgonago, o ka se ntshware - Ke nna monna wa borotho bja dikhanakhana!").
- Kanegelo ye e bušeletšwago e swanetše go balwa gabedi go ya gararo, go fa barutwana sebaka sa go tšweletša polelo ya mogobelo, ge ba ekiša ditiragalo, goba go bušeletša dikarolo tša kanegelo, ka mantšu ao ba ikgethetšego ona.

### Nako ya bobedi ya go bala ka go šielana

- Mo nakong ya bobedi go šomišwa sengwalo sona seo se šomišitšwego, gomme nepišo e šuthela go tšwela pele go kgathetša tema mo go baleng le morutiši, go šomišwa dipoledišano tše di šomišwago go tšweletša pele kwešišo ya tlotlontšu, go fetolela mabokgoni le sebopego sa sengwalo (popopolelo, maswaodikga, bjalobjalo).
- Go tšwa go wena, morutiši, go dira gore go išwe šedi go hlokameleng dithuto tše di amanago le šedi yeo e lebelelagoo dikgopoloo tše di latelago, mabapi le dikgatišo, dibopego tša dingwalo, mekgwa ya tumothhaka, dipatrone tša polelo, boitshupo bja mantšu, mokgwa wa go lemoša mantšu, le kwešišo, go mehlwaela ya tekanetšo (ntšukantšu, go pušeletšopeakanyo, go tšeia gore go bjalo, tekanyetšo le dipotšišo tša go fa maikutlo).

### Nako ya boraro ya go bala ka go šielana

- Mo nakong ya boraro ya go bala ka go šielana, barutwana ba swanetše go bala sengwalo ka bobona gomme ba kgathetša tema ka go bolela, ba kgathetša tema ka go dira ka matsogo le go ngwala ditiragalo tše di theilwego godimo ga sengwalo.
- Ge go kgonagala, sengwalo sa Go balwa ka go Šielana se swanetše go tsebiša go Ngwala ka go Šielana moo morutiši a swanetšego go laetša gore sengwalo se ngwalwa bjang, gomme barutwana ba sware morero wa go ngwala taodišo ka ga sengwalo, gomme morutiši a kgathetša tema ya go kgonagatša le go ba sethaledi sa go laetša gore go ngwalwa bjang. Gomme tshepetšo e thuša go lokišetša barutwana ge ba dira mošomo wa bona wa go ngwala.

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# Paesekela ye mpsha ya Mogoroši



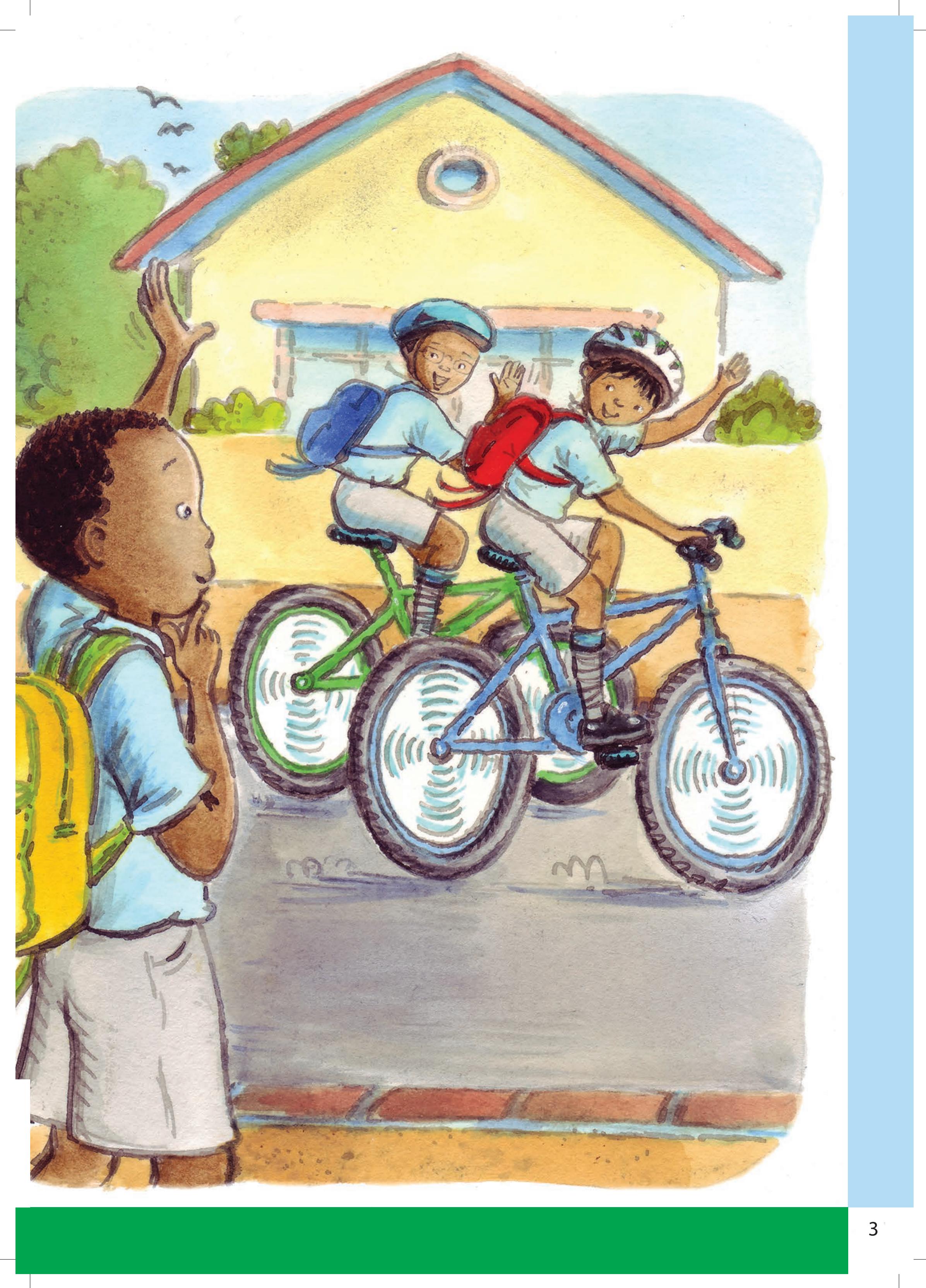
Bagwera ba Mogoroši ka moka  
ba be ba na le dipaeskela.

Mogoroši o be a kganyoga  
go ba le paeskela.

O be a bogela ge bagwera ba  
gagwe ba nametše dipaeskela  
tša bona, ba eya sekolong.

"Aowi! Ke duma ge nkabe ke na  
le paeskela," A realo Mogoroši.





Ke moka, ge Mogoroši  
a fetša mengwaga ye  
seswai, batswadi ba  
gagwe ba ile ba mo rekela  
paesekela ye khubedu.  
Mogoroši o be a thabile  
kudu. "Etlang le bone!"  
Mogoroši a goelela ka  
lethabo ka lentšu la  
godimo. "Ke kgale ke  
ntše ke nyaka go ba  
le paesekela. Bjale ke  
tla kgonà go sepela le  
bagwera ba ka."





Mogoroši o be a thabile  
kudu. O ile a tabogela  
godimo ga paesekela ya  
gagwe ye mpsha, eupša  
o ile a wela ka thoka yela  
ga yona.

O ile a leka gape,  
gomme a wa gape, le  
gape le gape.

Mogoroši o be a sa kgone  
go namela paesekela.





Aowi! Bjale ke  
tlo dirang?

O ile a kgorometša paesekela go  
fihla ka phapošing ya gagwe. E be  
e eme kgauswi le bolao bja gagwe.  
Tšatši le lengwe le le lengwe o be a e  
pholeša gore e šale e phadima.

Mogoroši o ile a lebelela paesekela.  
"Ke kganyoga ge nkabe ke kgona go  
e namela," a nagana. "Ke swanetše  
go loga leano."



"Mogoroši, etla o sepele le rena,"  
bagwera ba gagwe ba mo goelela.

"Ke theogetše, ke pholeša paesekela  
ya ka," Mogoroši a araba.

"O reng o sa ye ka  
ntle wa ya go  
sepela le bagwera  
ba gago?" gwa  
botšiša  
mmago Mogoroši.

"Ke sa lokiša  
nakana ya yona,"  
Mogoroši a realo.

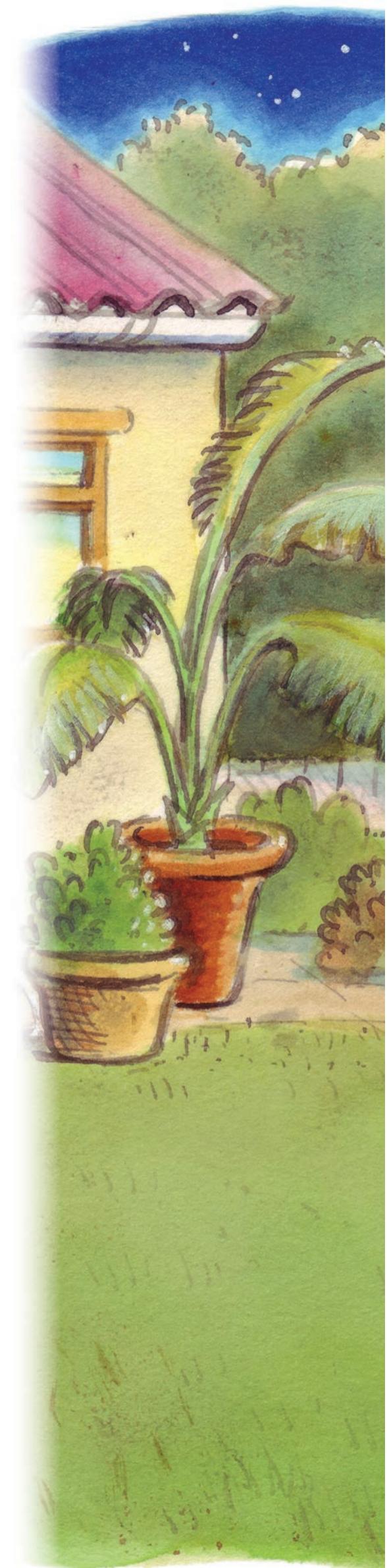


Mogoroši ga se a botša motho sephiri  
sa gagwe. Mogoroši o be a sa kgone  
go namela paesekela.



Bošego bjo bongwe le bjo  
bongwe Mogoroši o be  
a eya ka tšengwaneng  
gomme a leka go ithuta go  
namela pasekela mola a sa  
bonwe ke motho.

Mogoroši wa batho! O be a  
fela a ewa. Go se go ye kae,  
ke ge a tletše mesego le  
mengwapo.





Bošego bjo bongwe, mogwera  
wa gagwe Jane, o ile a bona  
Mogoroši a leka go namela  
paesekela ya gagwe.

Mosetsana o ile a kitimela ka  
ntle gomme a re: "Mogoroši, e  
re ke sware paesekela, gore o  
kgone go namela."





Jane o ile a swara paesekela gomme  
a kitima ka morago ga Mogoroši.

O ile a wa gatee, a wa gabedi,  
gomme ga se a wa gape.

“Ke kgon a go dula gabotse, ke kgon a  
go e namela!” gwa goelela Mogoroši.

Ke kgona go dula gabotse!  
Ke kgona go e namela!



Mogoroši o ile a otlela  
ka lebelo, ka lebelo, Jane a dutše a  
kitima ka morago ga gagwe.

Ka morago, šole! A tloga le Raki e  
kitima kgauswi le yena.

“Šatee!” Jane a goeleta.

“Šatee!” Mogoroši a goeleta a dutše a  
nametše a bonegetšwe ke ngwedi.

Letšatši le le latelago Mogoroši o ile sekolong le bagwera ba gagwe ka paesekela ya gagwe. O be a thabile ka gobane o ile a no tšwela pele go leka, go fihla ge a kgona.

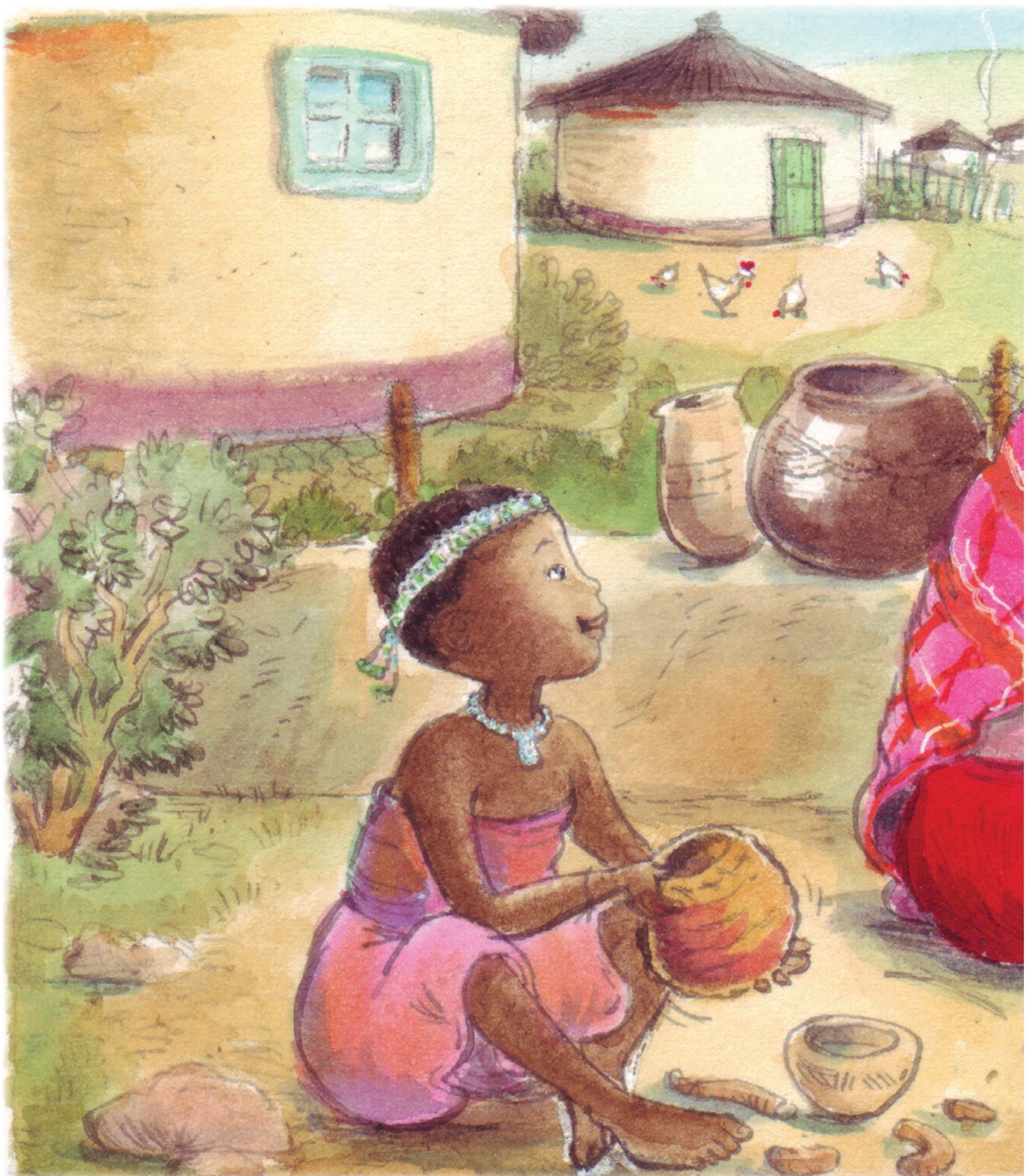


**Ge o sa tšwelele la mathomo o  
swanetše go leka gape, le gape le gape!**

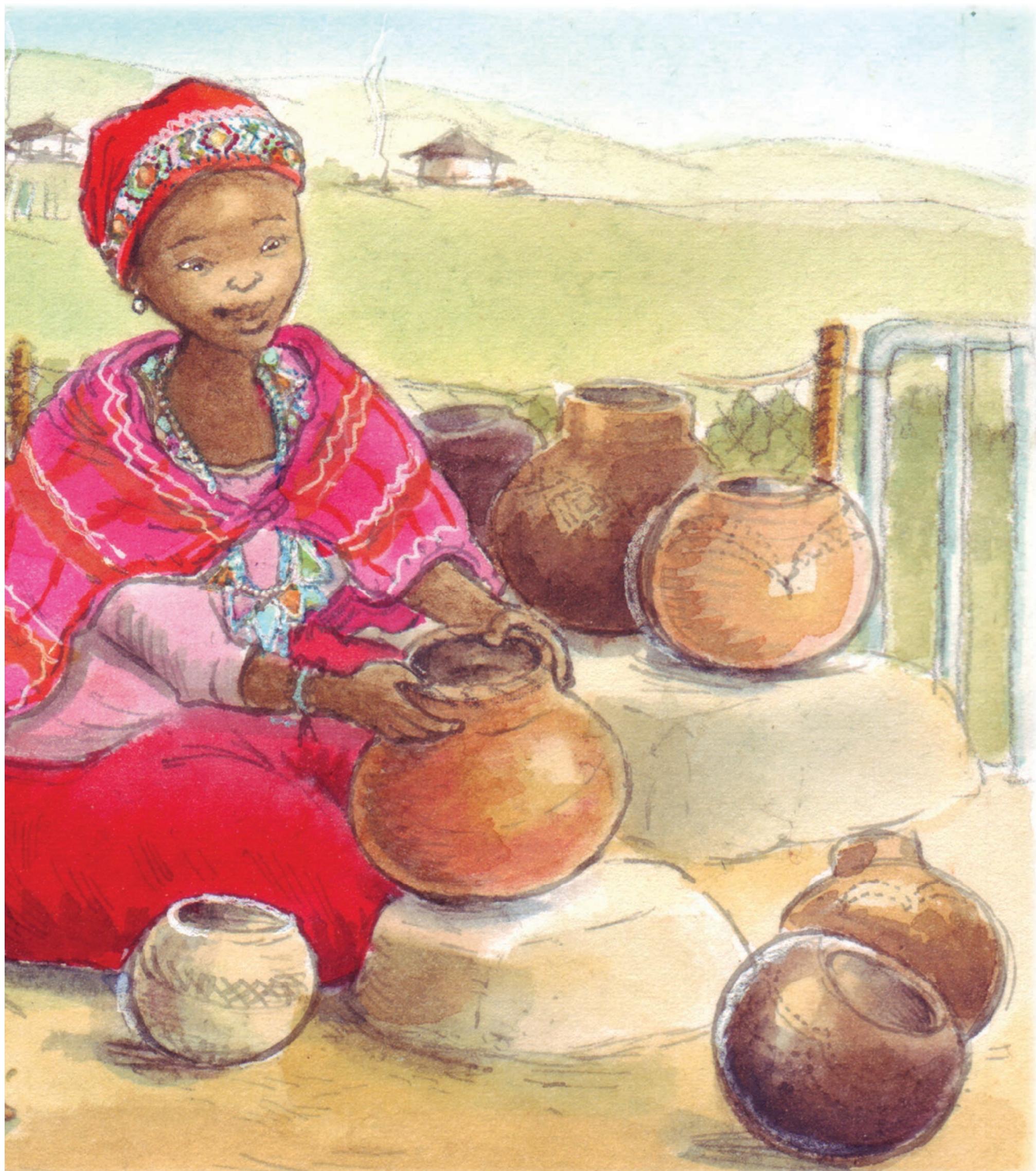
## Kanegelo ya makgolo



Kgalekgale, mola ke be ke sa le yo  
monnyane bjalo ka wena, ke be ke  
dula le mme le tate mo polaseng.



Re be re na le dikgomo le dinku tše  
dintši, fela re be re dula kgole le  
bagwera ba rena.



Go be go se na le yo nka bapalago le  
yena. Ke be ke fela ke bogela mme ge  
a bopa dinkgo.

O be a tswaka letsopa le a bego a le  
kga ka nokeng. O be a bopa dinkgo  
ka diatla tša gagwe, gomme a di  
emiše mo letšatšing gore di ome.

Letšatši le lengwe

a dira gore ke  
ipopele nkgo  
ya ka. Ke ile ka  
bopa nkgo ka  
kelohloko gomme  
ka e dikološa

gantsinyana.

Ke be ke thabile  
kudu go ipopela  
nkgo ya ka.

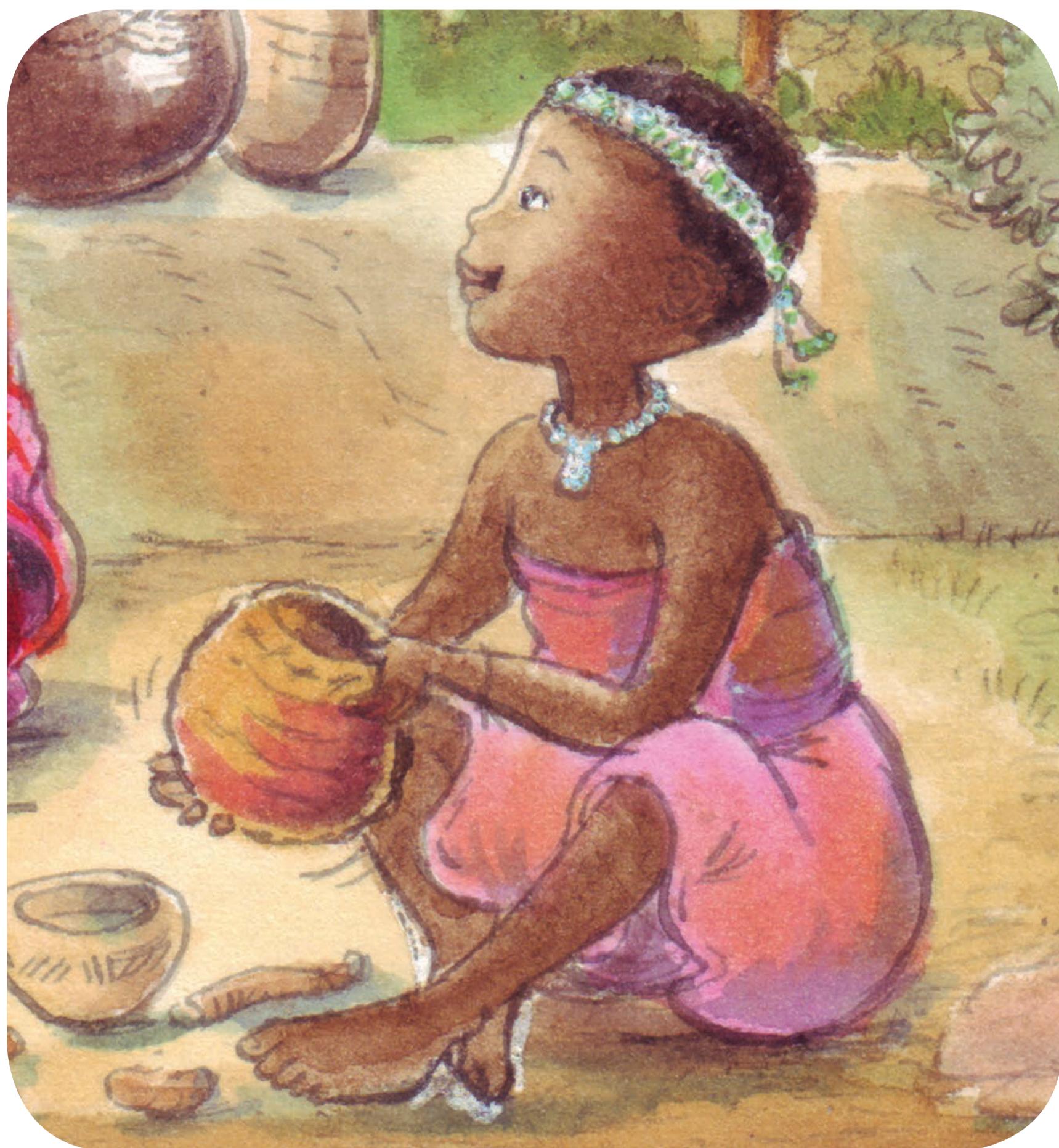


Ka morago ke ile ka e emiša letšatšing  
gore e ome.

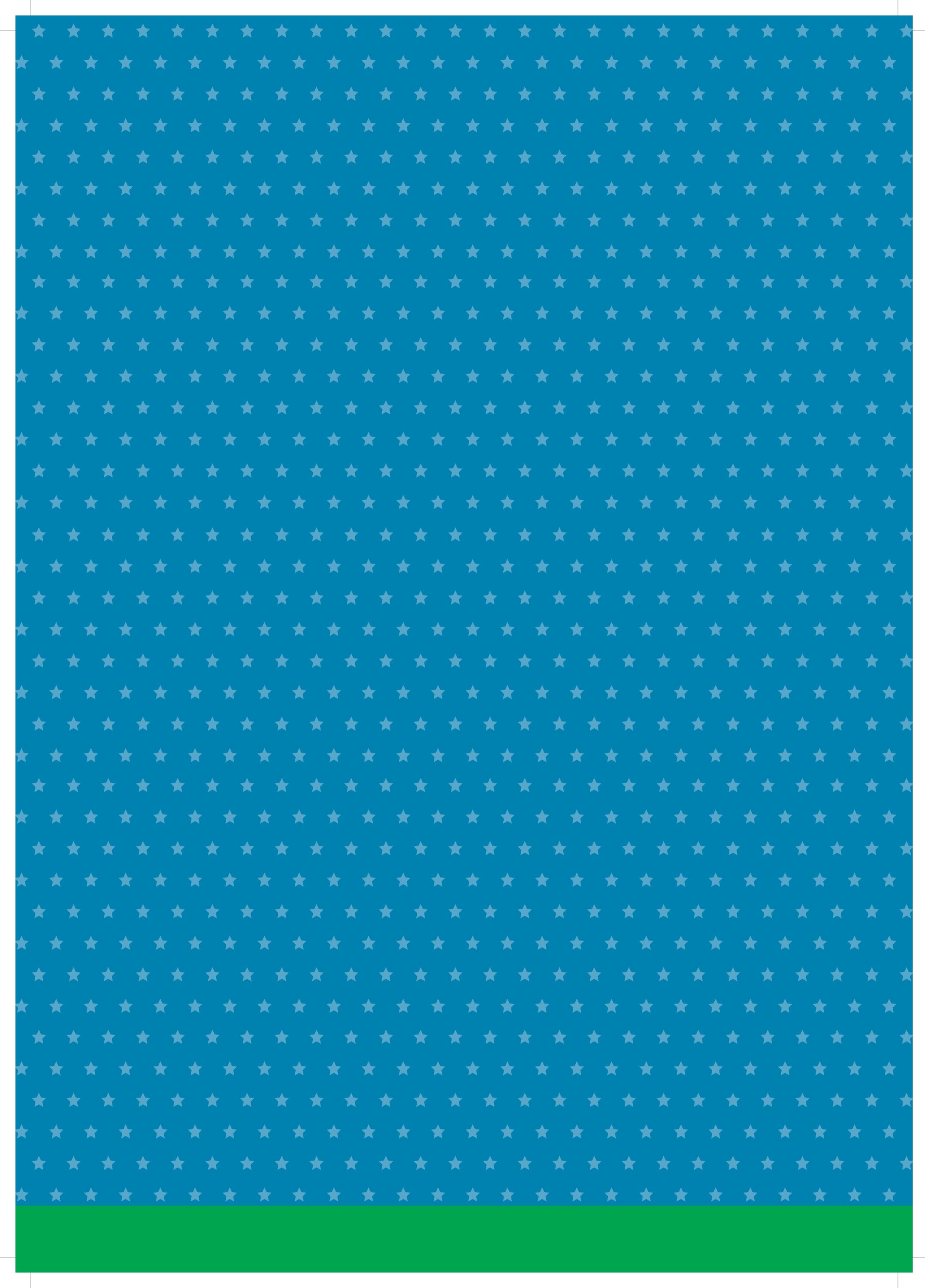
Bjona bošegong bjoo ge ke sa robetše  
pula ya thoma go na. Ge ke tsoga ka  
se bone nkgo ya ka. E be e fetogile  
leraga. Seo fela ke bego ke kgonà go  
se bona e be e le mohlala wa leraga le  
lehubedu o lebile tšhengwaneng. Ka  
nyama kudu.



Ke ile ka swanela go bopa nkgo ye nngwe.  
Ke ile ka ithuta ka go bopa gape le gape.  
Ke ka yona nako yeo ke ithutilego go  
bopa dinkgo tše dibotse kudu.



**Makgoni ke maboeletša!**

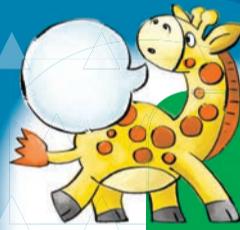


O a amogelega mohlwaeleng wa Puku ye Kgolo. Puku ye, ye Kgolo e hlama karolo ya Mohlwaela wa Molalatladi, wo o aparetšago dipukutšomo, kgoboketšo, dipadišo tše di hlophilwego le diphoustara. Re hutša gore o tla hwetša dikanegelo tša go fapano tše di akareditšwego ka go Dipuku tše Kgolo tše seswai tša mphato wo, tše di nago le mohola go barutiši ba lena, le gore barutwana ba lena ba tla ipshina ka maitemogelo a go bala ka go šielana. SEPHOLEKE (CAPS) sa Kgato ya Motheo se tšweletša molaleng go Bala ka go Sielana e le ye nngwe ya dikarolwana tše bohlokwa tša maano a go bala. Go bala ka go šielana ka mehla go diragatšwa mo nakong ya matšatši a mabedi le a mane mo bekeng mo ngwana yo mongwe le yo mongwe a nago le sengwalo sa go swana le tše dingwe tša go balwa. Dipukutšomo le dipadišo tše di hlophilwego di swanetše boikemišetšo bjo.

Le ge go le bjalo, go bala ka go šielana o šomiša Puku ye Kgolo ya go ba le maletere a magolo ke mokgwa wo mobotsebotse wa go bala ka go šielana, ka gore barutwana ba kgona go bona maletere le diswantšho, gomme, o kwešiša ge o dutše o bala ka mokgwa woo o swanago le go bolela kanegelo ya balapa ka mokgwa wa setlwaedi wa setšo. Go bohlokwa gore barutwana ba dule ba dikologile Puku ye Kgolo, ka gore barutwana ka moka ba kgona go bona le go bala sengwalo. Maletere a magolo a Puku ye Kgolo a dira gore motho a balele godimo, a balela barutwana ba palo ye kgolonyana ka nako e tee mo lefelong leo go iketlwago, motho a sa tšhoge selo.

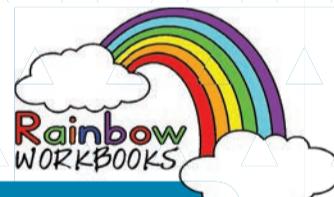
Puku ye Kgolo mo go mehlwaela ye, e tla tsebiša barutwana dikanegelo tše ntši, direto, merumokwana le ditiragatšo, gammogo le tsebo, le ditshwantšho, ka lerato.

Ke mošomo wa gago, bjalo ka morutiši, go dira gore dikanegelo di be le bophelo mo go barutwana, le go dira gore lefelo le ba lego go lona le be la go thabiša, la go ba lefelo la khuduego ya mahlahla. Ge o šomiša Dipuku tše Kgolo, go go kgontšha gore o be mohlala, ka maitemogelo a go bala, ka go hlama moyo wa lethabo, go wena le barutwana ba gago. Re hutša gore puku ye e tla go thuša gore o dire ka wona mokgwa woo.



## Dikgopolole tše dingwe tša go šomiša Puku ye Kgolo

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Author: V McKay

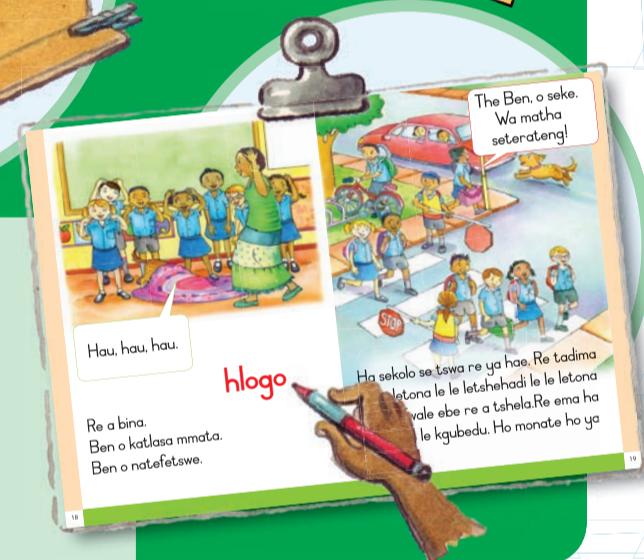
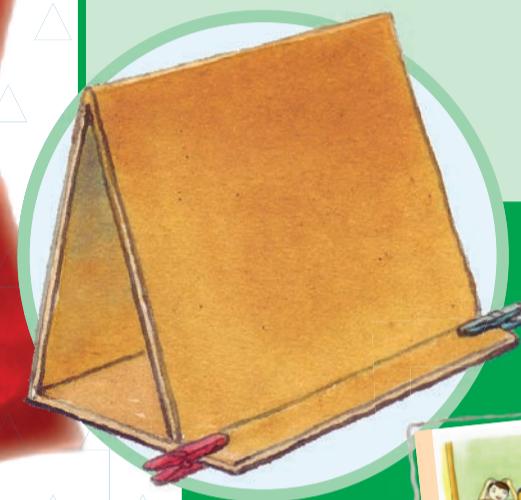
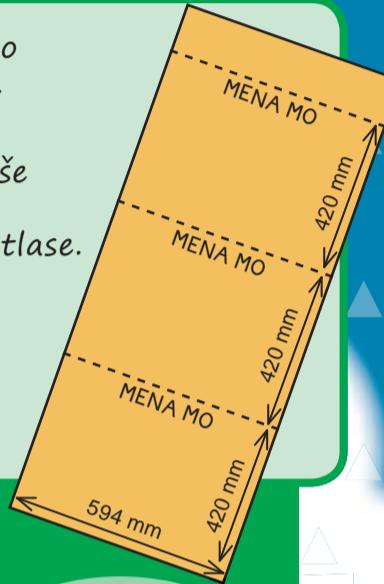
## Itirele lefelo la gago la go bea Dipiku tše Kgolo

O tla swanelwa ke go ba le:

1. Khatepoto ya bophaphathi bja go lekana le bja Puku ye Kgolo ge e butšwe (594 mm) le botelele bja Puku ye Kgolo, gararo (1360 mm).
2. Theipi ya go kgomaretša
3. Dipatiši tše pedi goba diphekese go swara khatepoto maemong a yona.

Šomiša Theipi ya go mamaretša go kgomaganya diripa tša khatepoto.

Mena khatepoto go dira freimi ya sebopego sa A gomme o mamaretše botlase le bokapele bjale ka ge go laetšwa mo go tshwantšetšo mo tlase.



- Šomiša phaphathi ya plastiki ye e se nago mebal a e be sekhpetsi sa Puku ya gago ye Kgolo. E tla hola barutwana le morutiši go ngwala godimo ga plastiki.
- Ngwala godimo ga sekhpetsi ka pene yeo e dirilwego, gagolo, ka meetse, yeo e hlatswegago.
- Šomiša sepatiši sa go se ngaologe sesolo go kgomagantšha sekhpetsi sa Puku ye Kgolo, sa go bonagantšha.

