



Mphato  
wa **2**

# Puku ye Kgolo ya dikanegele tše kopana

**SEPEDI**



**basic education**

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

Puku ya

**8**



# Mokgwa wa go šomiša Puku ye ye Kgolo:



## Dikanegelo tše di lego ka mo go puku ye:



### 1 Mmutla le khudu

1



### 2 Leru Leruarua, o a pholosa

q

#### Go itokišetša nako ya go bala Puku ye Kgolo.

- Kgonthiša gore barutwana ka moka ba bona puku.
- Ge barutwana ba phapošborutelo ya gago e le ba bantši, bokaone ke gore o šome le sehlopha se sennyane.
- O tla hwetša gore go na le mohola go dira gore puku e eme gore o se hlwe o e swara ge o dutše o e bala. (Lebelela ditaelo tše gore o dire gore puku e eme ka khabara ya morago.)
- Šomiša rula goba sešupo go šupa mantšu, ge o dutše o bala.
- Ge o nyaka go bonagatša mantšu, o ka mamaretša mantšunyana a go mamaretša go dikologa lentšu go le bonagatša, goba wa dira lefastere la maselamotse. Šomiša setsekana sa pampiri ya sebopego sa khutlennethwi, o se ripe mo bogareng, gomme o bee khutlennethwi, o e tloše mo bogareng, gomme o mamaretše khutlennethwi godimo ga sengwalwa gore go bonagale fela lentšu le tee.

#### Nako ya mathomo ya go bala ka go šielana

Nako ya mathomo e lebanywa le boipshino le tebelelo ya mathomo ya go lebelela sengwalwa, barutwana bona ba fetola ka bobona ge ba lebelela sengwalwa.

- Phetlolla kanegelo, ba tla bala. Bolela ka ga ditshwantšhetšo.
- Kgopela barutwana gore ba bolele gore ba nagana gore kanegelo yeo e theilwego godimo ga diswantšho e reng.
- Tšweletša mantšu a mathata goba a maswa pele barutwana ba bala kanegelo.
- Dira dikarata tše mantšu go tsebagatša tlotlontšu ye mpsha.
- Bala kanegelo, o šomiša ditlhagišo, gomme o fetolafetola lentšu la gago, lebelo le moyo wa lentšu. Šomiša dika le ditlhagišo tše sefahlego.
- Latela mongwalo ge o dutše o bala, ka go šupa mantšu ka kotana goba ka rula, gore barutwana ba bone seo o se balago, gomme ba amanye modumo le dika mo lephepheng. Gape se se tla ba thuša go bona tshepetšo ya go bala go tloga go la nnele go ya go la mmagoja, le go tloga godimo go ya tlase.
- Šomiša se bjalo ka sebaka sa go tsebiša 'polelo ya puku' bjalo ka: mantšu, mafofo, lephepheng, mongwadi le hlogo, bjalobjalo.
- Dira gore barutwana ba kgathetša tema mo kanegelong, ka go bolela fao sekafoko se ipoeletšago (mohlala: "Kitima, kitima, kitima ka lebelo leo o ka le kgonago, o ka se ntshware - Ke nna monna wa borotho bja dikhanakhana!").
- Kanegelo ye e bušeletšwago e swanetše go balwa gabedi go ya gararo, go fa barutwana sebaka sa go tšweletša polelo ya mogobelo, ge ba ekiša ditiragalo, goba go bušeletša dikarolo tše kanegelo, ka mantšu ao ba ikgethetšego ona.

#### Nako ya bobedi ya go bala ka go šielana

- Mo nakong ya bobedi go šomišwa sengwalo sona seo se šomišitšwego, gomme nepišo e šuthela go tšwela pele go kgathetša tema mo go baleng le morutiši, go šomišwa dipoledišano tše di šomišwago go tšweletša pele kwešišo ya tlotlontšu, go fetolela mabokgoni le sebopego sa sengwalo (popopolelo, maswaodikga, bjalobjalo).
- Go tšwa go wena, morutiši, go dira gore go išwe šedi go hlokome leng dithuto tše di amanago le šedi yeo e lebelelagoo dikgopoloo tše di latelago, mabapi le dikgatišo, dibopego tše dingwalo, mekgwa ya tumothlaka, dipatrone tše polelo, boitshupo bja mantšu, mokgwa wa go lemoša mantšu, le kwešišo, go mehlwaela ya tekanetšo (ntšukantšu, go pušeletšopeakanyo, go tšeia gore go bjalo, tekanyetšo le dipotšišo tše go fa maikutlo).

#### Nako ya boraro ya go bala ka go šielana

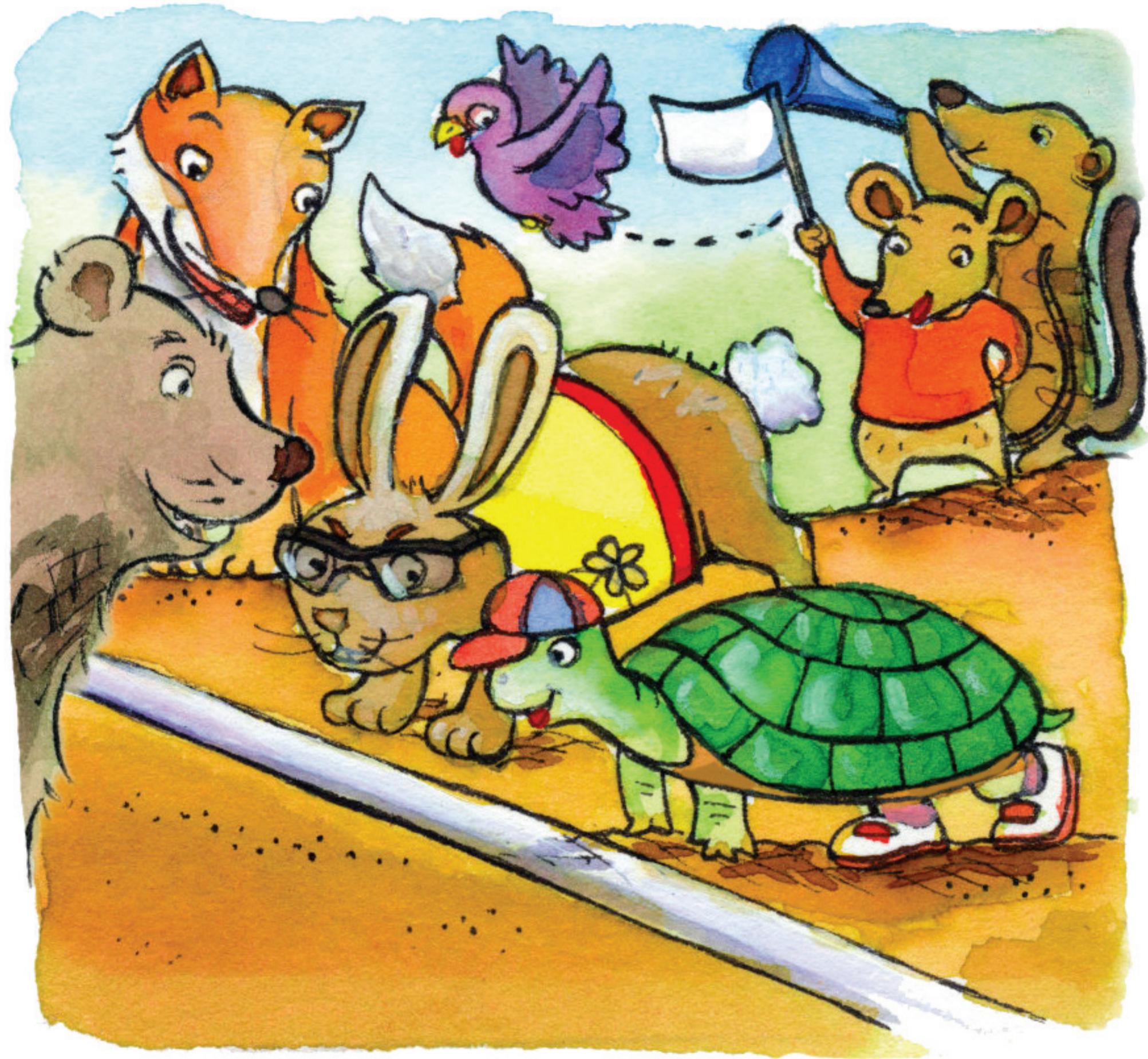
- Mo nakong ya boraro ya go bala ka go šielana, barutwana ba swanetše go bala sengwalo ka bobona gomme ba kgathetša tema ka go bolela, ba kgathetša tema ka go dira ka matsogo le go ngwala ditiragalo tše di theilwego godimo ga sengwalo.
- Ge go kgonagala, sengwalo sa Go balwa ka go Šielana se swanetše go tsebiša go Ngwala ka go Šielana moo morutiši a swanetšego go laetša gore sengwalo se ngwala bjang, gomme barutwana ba sware morero wa go ngwala taodišo ka ga sengwalo, gomme morutiši a kgathetša tema ya go kgonagatša le go ba sethaledi sa go laetša gore go ngwala bjang. Gomme tshepetšo e thuša go lokišetša barutwana ge ba dira mošomo wa bona wa go ngwala.

1

# Mmutla le khudu



Kgalekgale Mmutla le Khudu ba be  
ba dula mmogo ka sekgweng se setala.  
Khudu ye khunong e be e sepela ka  
bonya kudu gomme mmutla o be o  
phela o e sega. Ka letšatši le lengwe  
Mmutla wa re go Khudu, "Etla re  
bone gore ke mang yo a nago le lebelo  
go feta." Khudu ya dumela gomme  
Mmutla wa segela godimo. Diphoofolo  
tšohle tša tla go bogela lebelo.



Mmutla wa kitima ka lebelo gomme  
ka pela wa ba o šetše o le kua pele ga  
khudu. Wa lebelela morago gomme wa  
se kgone go bona Khudu ka gobane e  
be e le kua morago kudu.



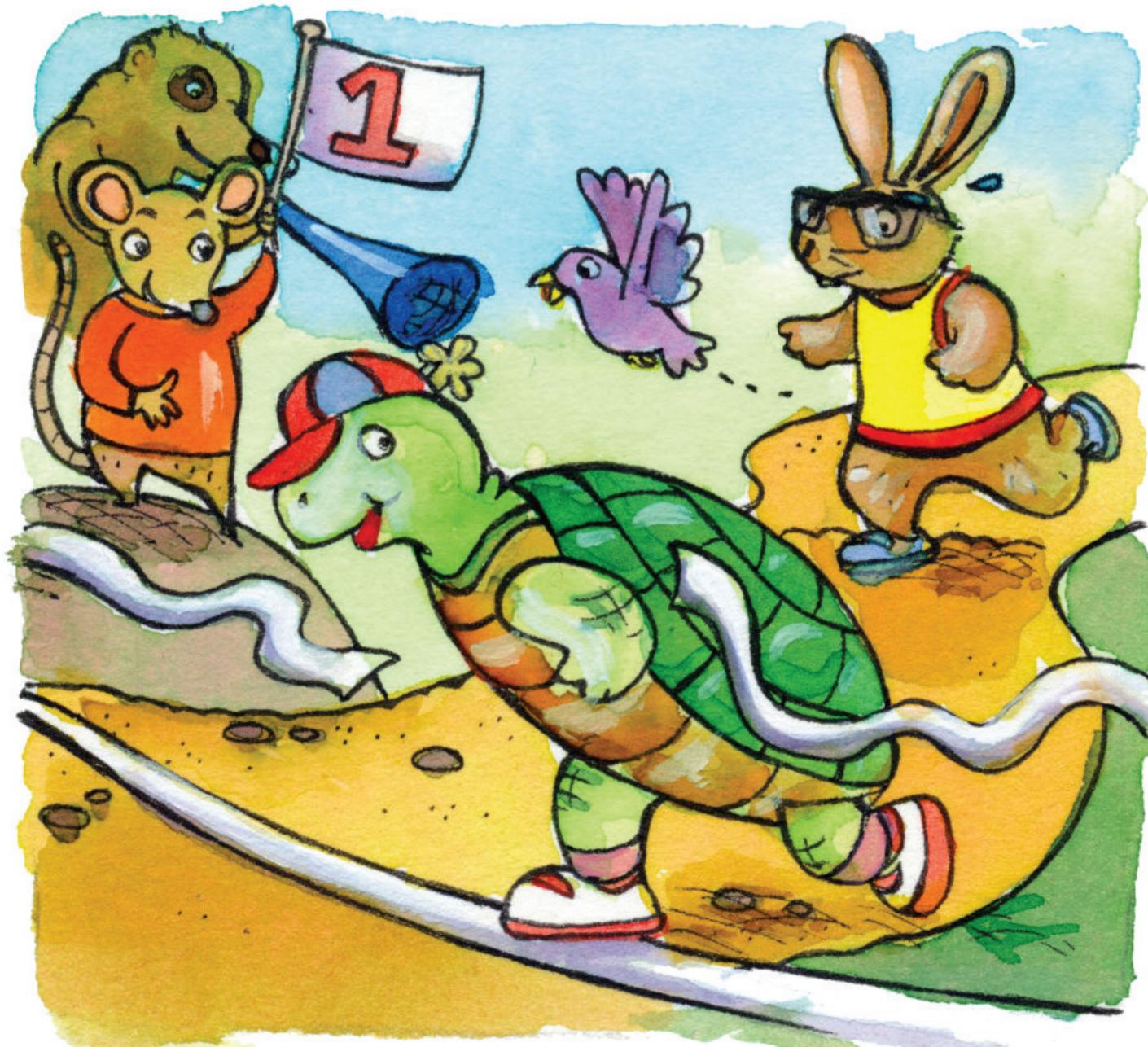
"Khudu e bonya kudu," Mmutla wa akanya. "E tla tšea nako ye telele go fihla mo. Ke ya go ikhutša gomme ge ke bona Khudu e etla, ke tla kitima ka lebelo gore ke thope lebelo." Mmutla wa kanama gomme wa swarwa ke boroko.



Ge o dutše o robetše wa kwa diphoofolo  
tše dingwe di goeletša ka lethabo.

O ile wa nagana gore o a lora. Gomme  
ya re ge o tsoga wa lemoga gore  
Khudu e kgauswi le mothalo wa phenyo.

Mmutla wa kitima ka lebelo kudu  
gomme wa se kgone go swara Khudu.  
Khudu e be e šetše e thopile lebelo.

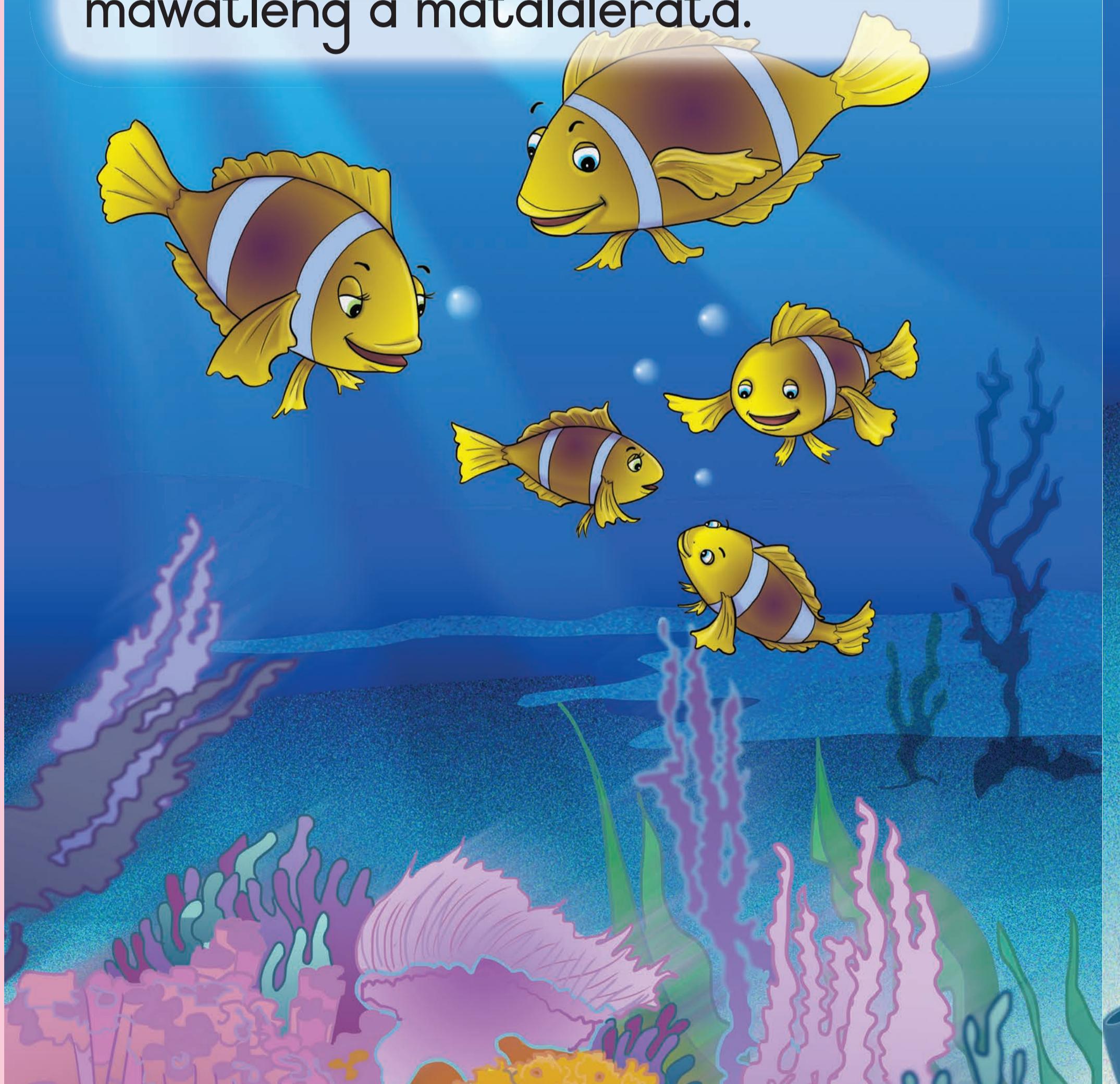


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## Leru Leruarua, o a phološa

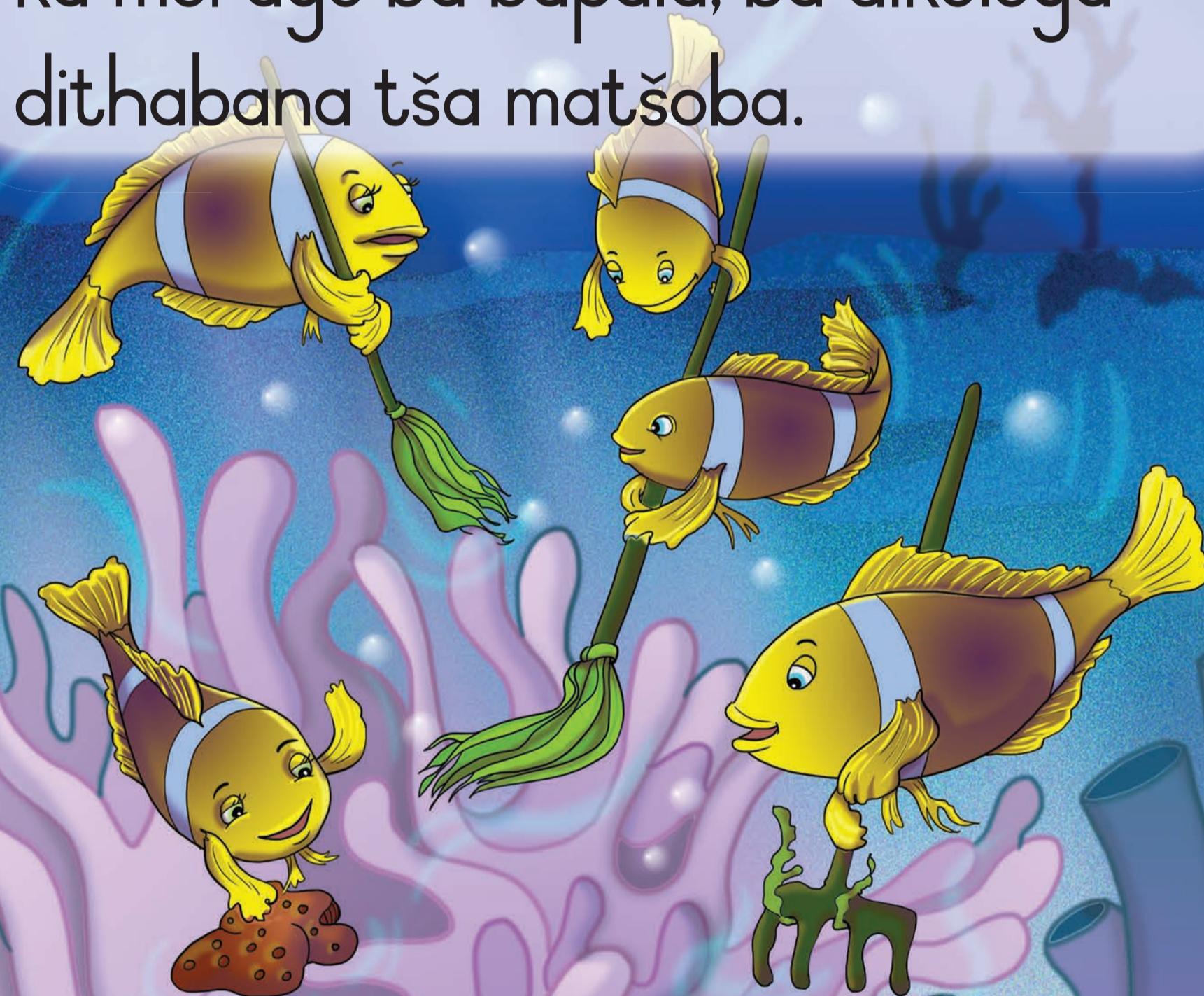


Kgalekgale, ba lapa la Hlapimetlae,  
mme, tate le bana ba bona ba  
bannyane ba bararo, ba be ba  
dula dithabaneng tša ka tlasetlase,  
mawatleng a matalalerata.



Ka dinako tša ka meriti, ge sekolo se  
tšwile, bana ba be ba thuša batswadi  
ba bona ka gae, dithabaneng tša  
matšoba.

Ge bana ba feditše go hlwekiša, ba  
be ba dira mešomo ya bona ya gae,  
ka morago ba bapala, ba dikologa  
dithabana tša matšoba.



Ba lapa la Hlapimetae ba be ba  
thabile kudu ge ba dula ka lewatleng.  
Ba be ba hwetša tše ntši tša go ja  
mo dithabaneng, gape, ba be ba dula  
ba bolokegile.

Go fihla ge ka letšatši le lengwe ...



... ge ba lapa la Hlapimetlae ba ekwa  
motho a goelela ka maatla.

"Thušang! Thušang! Thušang!"

"Ke mang yo a goelelago ka tsela ye?"

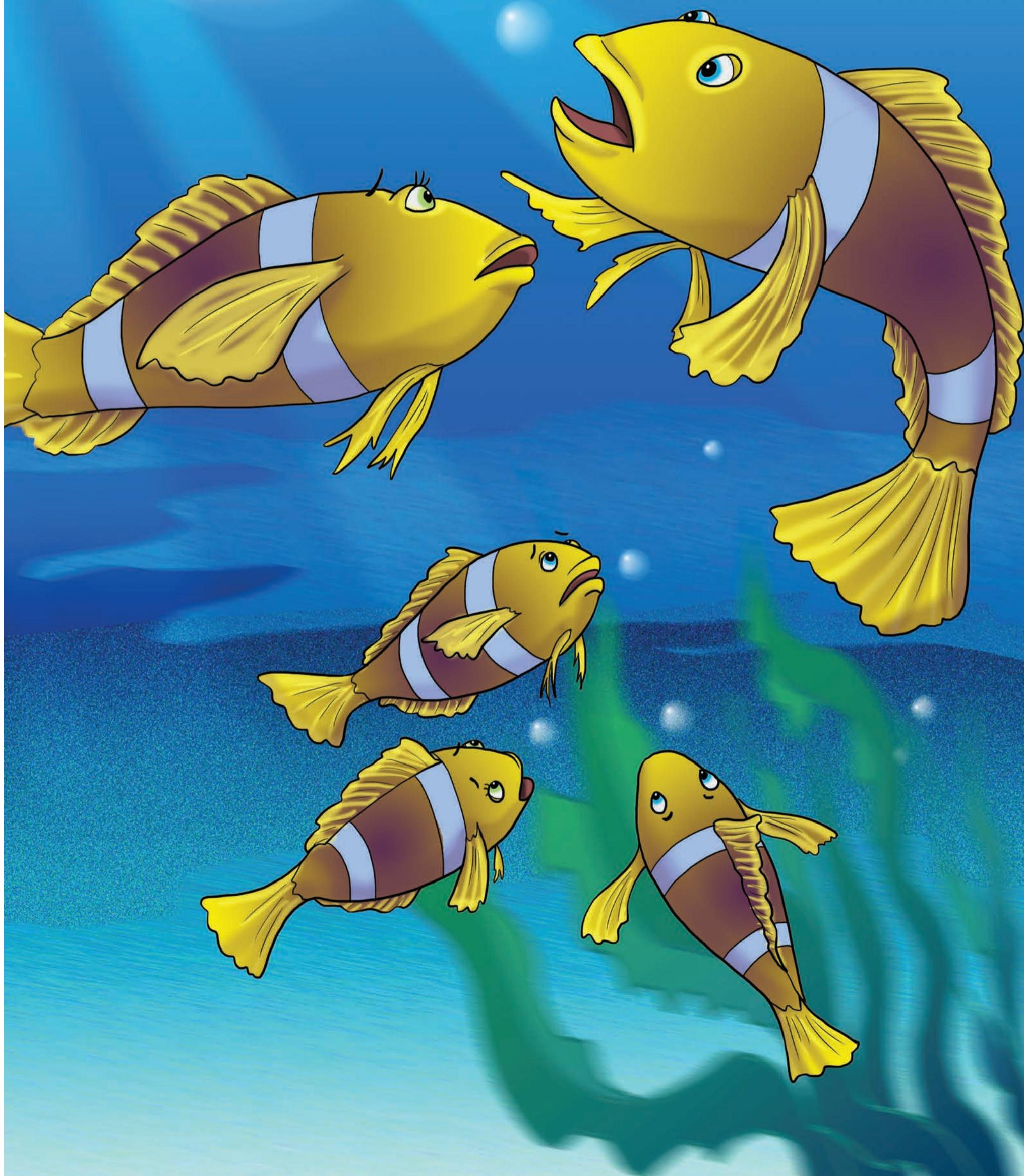
Mohumagadi Hlapimetlae a botšiša.

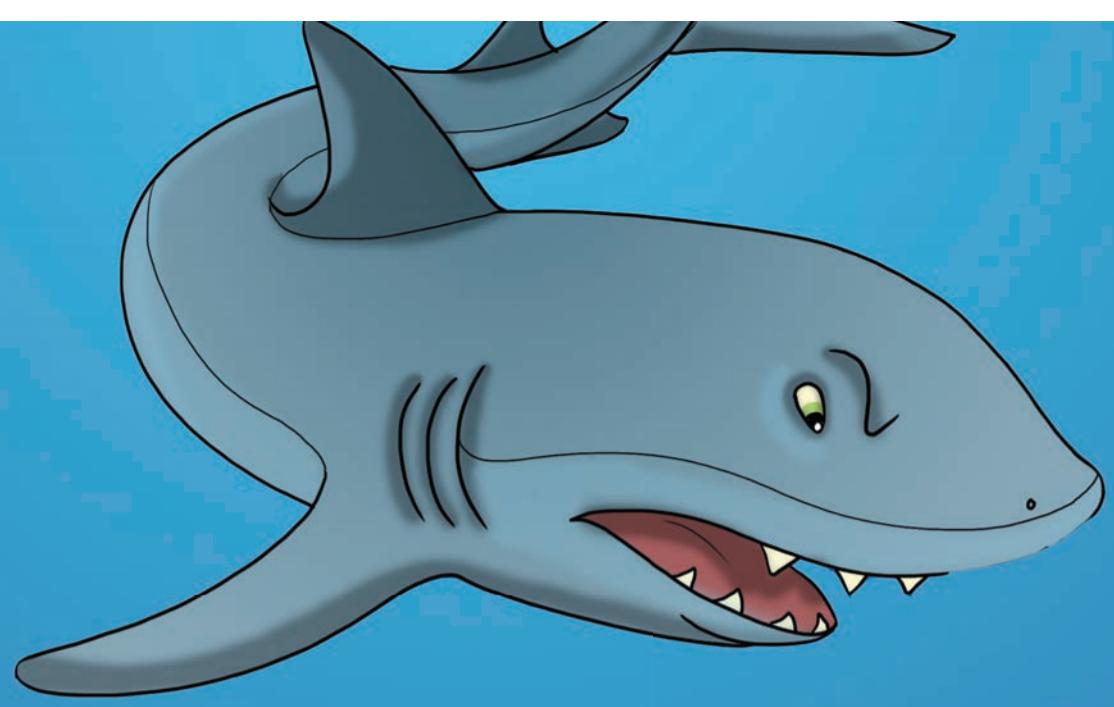
"Ke a makala gore go diragala eng?"

Morena Hlapimetlae a ipotšiša.

"Re tšhogile!" gwa lla dihlapi tše tharo  
tše nnyane.

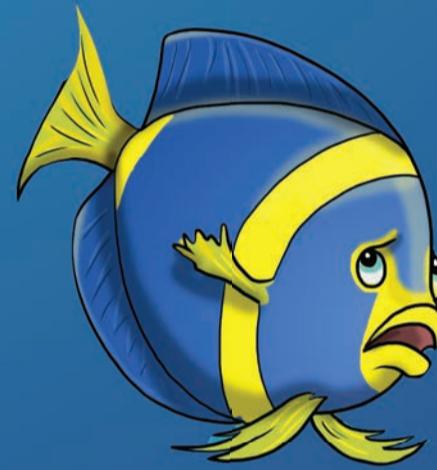
Thušang!





Gona mowe go diragetše kotsi. Ba  
bone Senatla Sebatahlapi se lelekiša  
Hlapa Hlapimorongwa.

Hlapa Hlapimorongwa wa  
batho o be a tšhogile moo  
a ilego a thutha a sobelela, a eya  
boteng bja lewatle moo go išago,  
gore a tloge moo go  
lego Senatla  
Sebatahlapi.

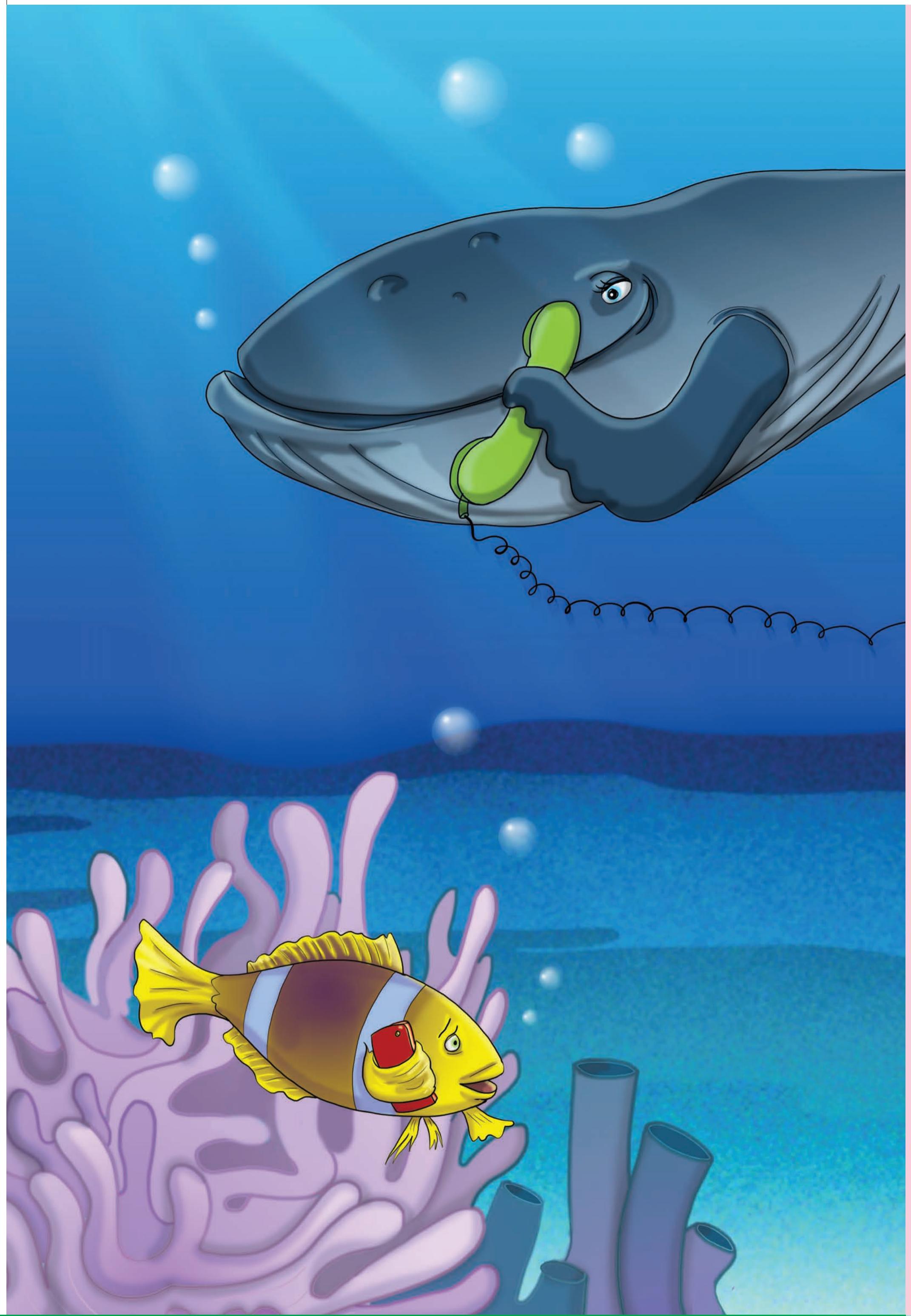




Ba lapa la Hlapimetlae ba ile ba  
kgobokana, ba nagana. Na ba ka  
phološa bjang Hlapa Hlapimorongwa?  
Ba be ba tseba gore ke hlapi e tee  
fela yeo e sa tšhabego Senatla  
Sebatahlapi.

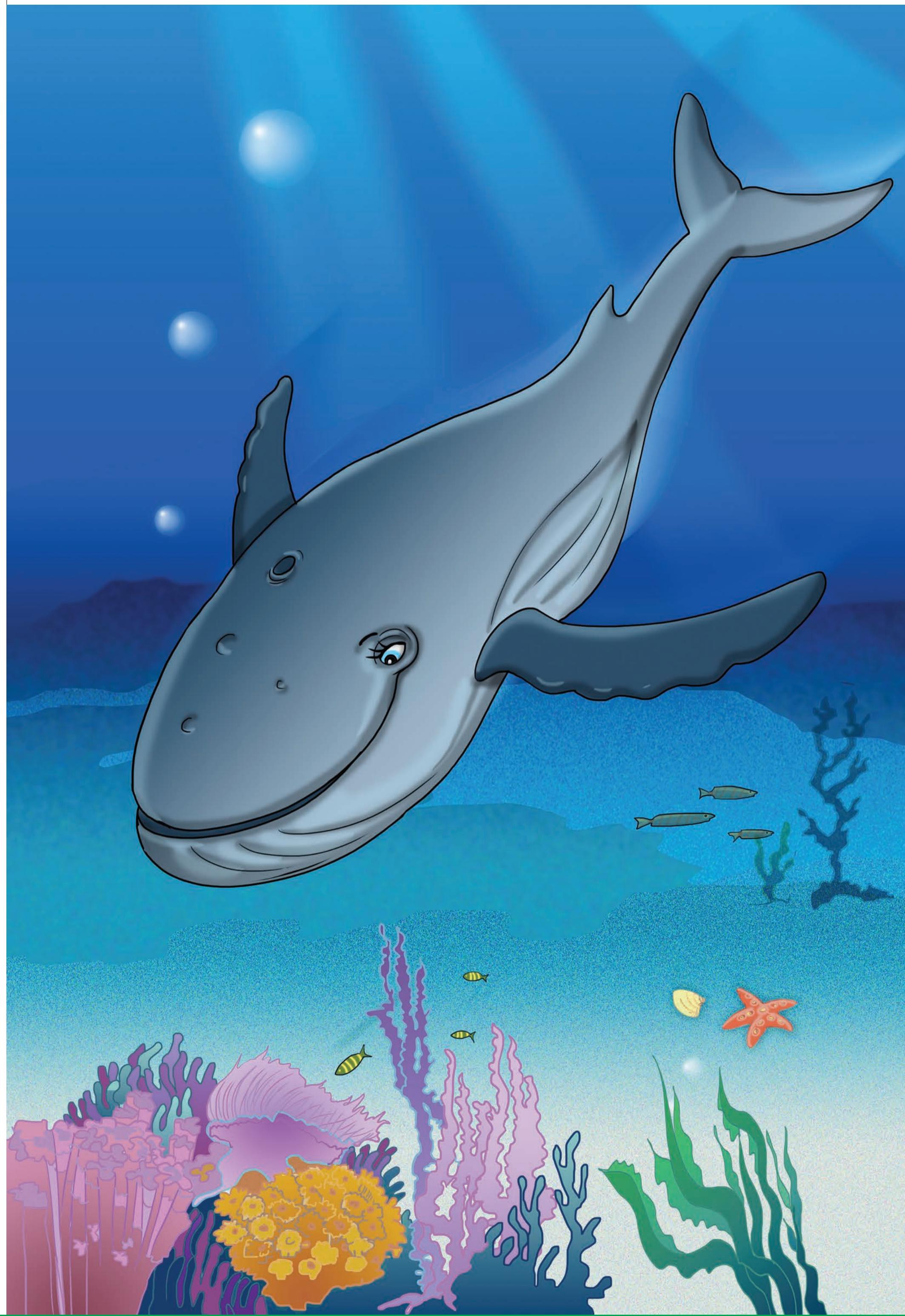
Morena Hlapimetlae o ile a founela  
Leru Leruarua.

"Thuša! Leru, thuša! Senatla  
Sebatahlapi o nyaka go ja Hlapa  
Hlapimorongwa.  
O tloga a le kotsing ye kgolo."



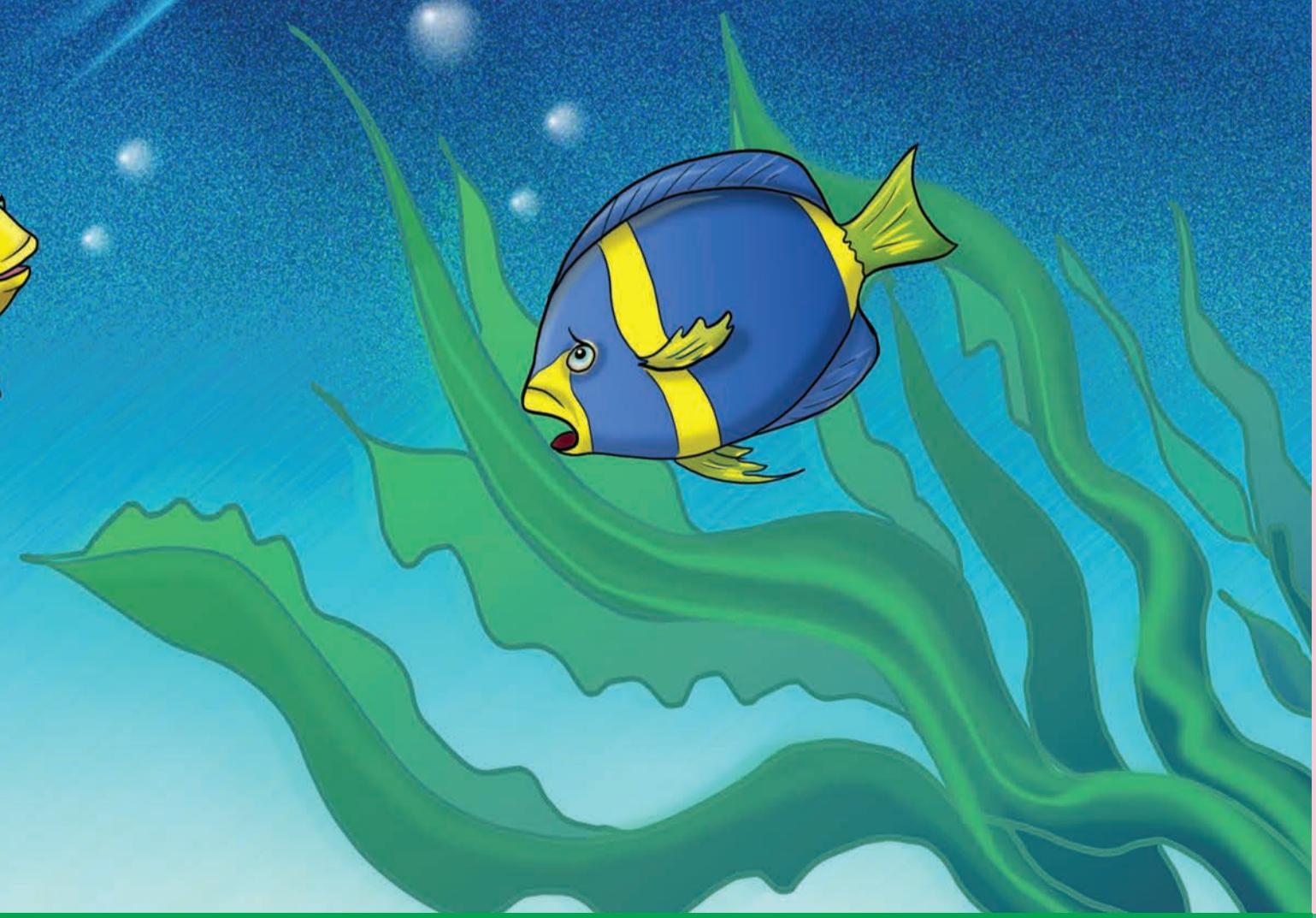
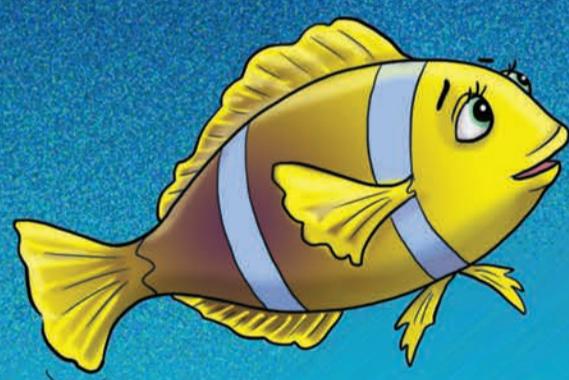
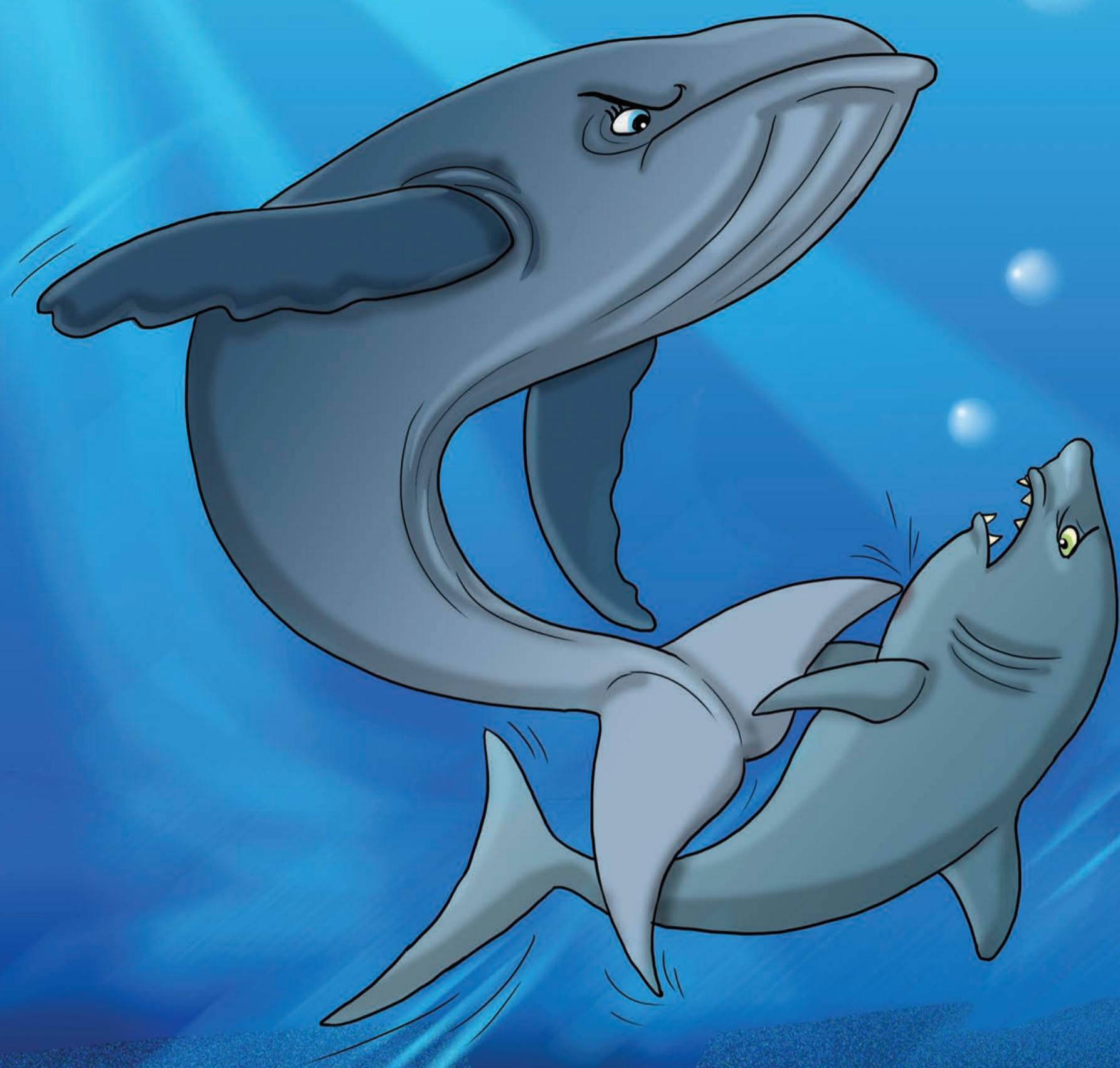
Leru Leruarua, o tsene meetseng a thutha, a ya ga gabohlapimetlae.

"E reng ke thuše Hapa Hlapimorongwa," gwa realo Leru Leruarua. "Ke yo mogolo, ke bile ke tiile, gape, ga ke tšhabe Senatla Sebatahlapi."



Ka go mo fopha le ka go mo tšubutla ka mosela wa gagwe, Leru Leruarua o bethile Senatla Sebatahlapi ka go mo kgorometša le ka go mo setla. Bophelo bja Hlapa Hlapimorongwa bo ile bja phološwa.

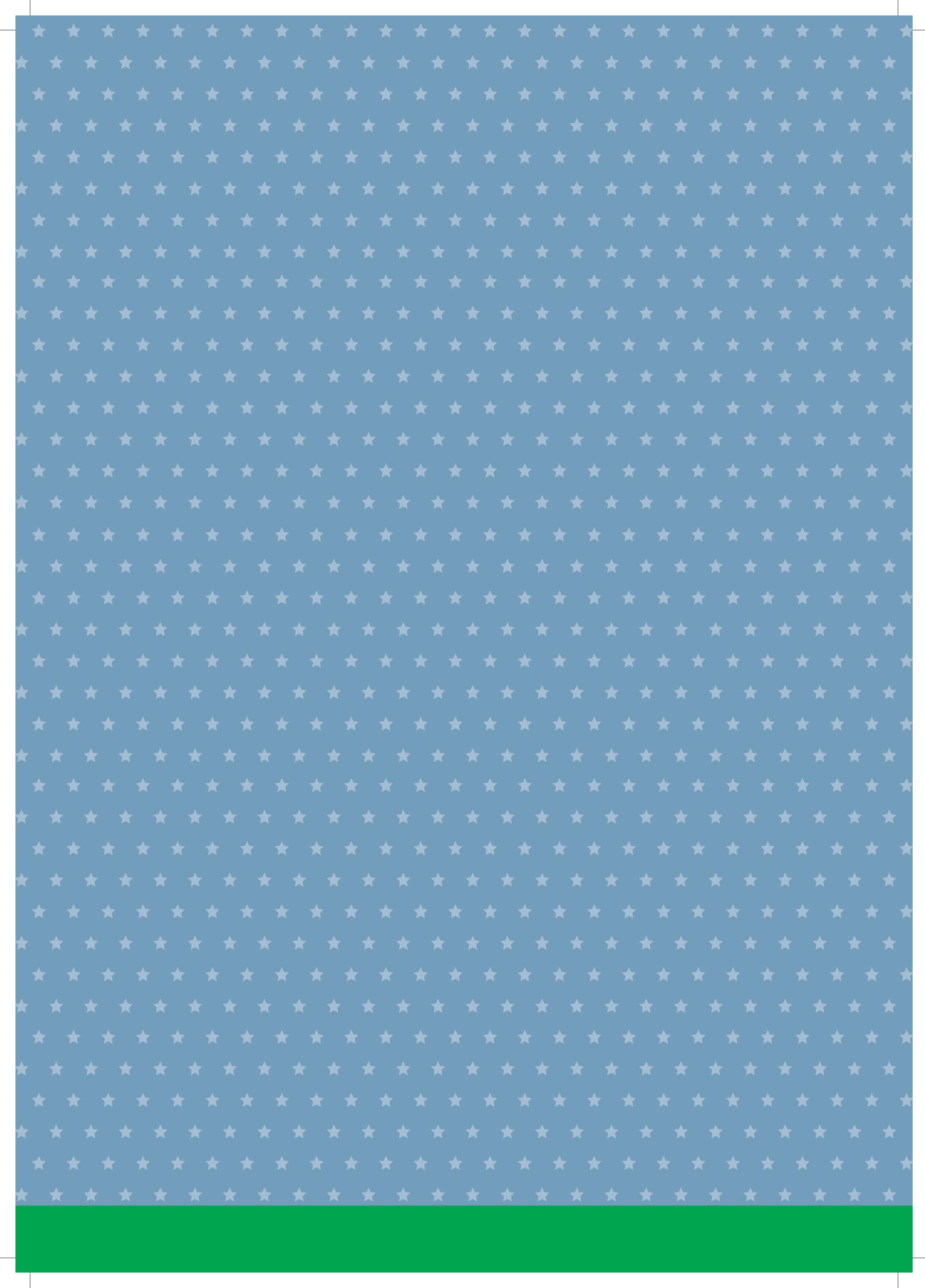
Hlapa Hlapimorongwa o ile a leboga ba lapa la Hlapimetlae, gomme a thutha a tloga ka lebelo leo a ka le kgonago, a eya gae - kgole, kgole kudu le Senatla Sebatahlapi.





"Leru Leruarua, o phološitše  
Hlapimorongwa maemong a mabe!"  
gwa goelela ba lapa la Hlapirametlae.

**Segwera se amana le go tshepana le  
go thušana!**



O a amogelega mohlwaeleng wa Puku ye Kgolo. Puku ye, ye Kgolo e hlama karolo ya Mohlwaela wa Molalatladi, wo o aparetšago dipukutšomo, kgoboketšo, dipadišo tše di hlophilwego le diphoustara. Re hutša gore o tla hwetša dikanegelo tša go fapano tše di akareditšwego ka go Dipuku tše Kgolo tše seswai tša mphato wo, tše di nago le mohola go barutiši ba lena, le gore barutwana ba lena ba tla ipshina ka maitemogelo a go bala ka go šielana. SEPHOLEKE (CAPS) sa Kgato ya Motheo se tšweletša molaleng go Bala ka go Sielana e le ye nngwe ya dikarolwana tše bohlakwa tša maano a go bala. Go bala ka go šielana ka mehla go diragatšwa mo nakong ya matšatši a mabedi le a mane mo bekeng mo ngwana yo mongwe le yo mongwe a nago le sengwalo sa go swana le tše dingwe tša go balwa. Dipukutšomo le dipadišo tše di hlophilwego di swanetše boikemišetšo bjo.

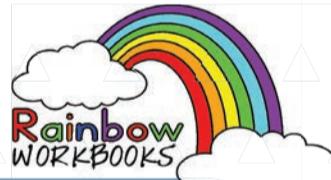
Le ge go le bjalo, go bala ka go šielana o šomiša Puku ye Kgolo ya go ba le maletere a magolo ke mokgwa wo mobotsebotse wa go bala ka go šielana, ka gore barutwana ba kgona go bona maletere le diswantšho, gomme, o kwešiša ge o dutše o bala ka mokgwa woo o swanago le go bolela kanegelo ya balapa ka mokgwa wa setlwaedi wa setšo. Go bohlakwa gore barutwana ba dule ba dikologile Puku ye Kgolo, ka gore barutwana ka moka ba kgona go bona le go bala sengwalo. Maletere a magolo a Puku ye Kgolo a dira gore motho a balele godimo, a balela barutwana ba palo ye kgolonyana ka nako e tee mo lefelong leo go iketlwago, motho a sa tšhoge selo.

Puku ye Kgolo mo go mehlwaela ye, e tla tsebiša barutwana dikanegelo tše ntši, direto, merumokwana le ditiragatšo, gammogo le tsebo, le ditshwantšho, ka lerato.

Ke mošomo wa gago, bjalo ka morutiši, go dira gore dikanegelo di be le bophelo mo go barutwana, le go dira gore lefelo le ba lego go lona le be la go thabiša, la go ba lefelo la khuduego ya mahlahla. Ge o šomiša Dipuku tše Kgolo, go go kgontšha gore o be mohlala, ka maitemogelo a go bala, ka go hlama moyo wa lethabo, go wena le barutwana ba gago. Re hutša gore puku ye e tla go thuša gore o dire ka wona mokgwa woo.

## Dikgopolole tše dingwe tša go šomiša Puku ye Kgolo

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Author: V McKay

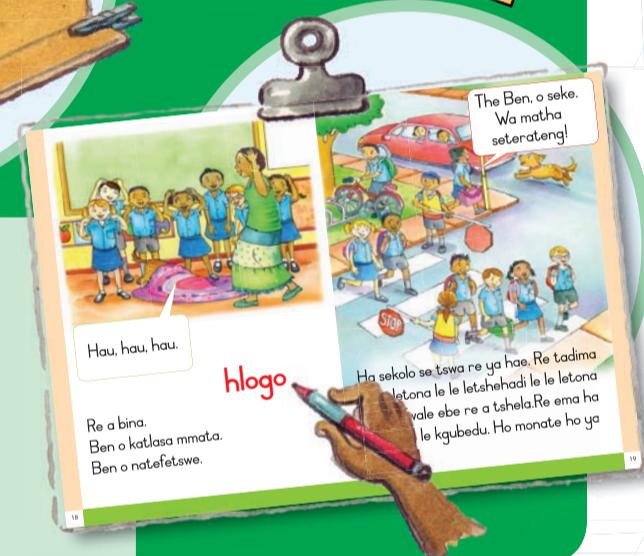
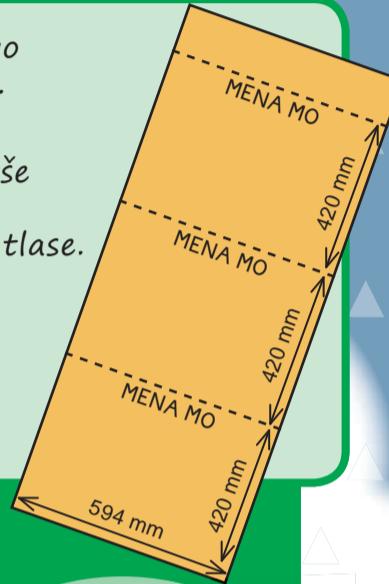
## Itirele lefelo la gago la go bea Dipiku tše Kgolo

O tla swanelwa ke go ba le:

1. Khatepoto ya bophaphathi bja go lekana le bja Puku ye Kgolo ge e butšwe (594 mm) le botelele bja Puku ye Kgolo, gararo (1360 mm).
2. Theipi ya go kgomaretša
3. Dipatiši tše pedi goba diphekese go swara khatepoto maemong a yona.

Šomiša Theipi ya go mamaretša go kgomaganya diripa tša khatepoto.

Mena khatepoto go dira freimi ya sebopego sa A gomme o mamaretše botlase le bokapele bjale ka ge go laetšwa mo go tshwantšetšo mo tlase.



- Šomiša phaphathi ya plastiki ye e se nago mebal a e be sekhupetši sa Puku ya gago ye Kgolo. E tla hola barutwana le morutiši go ngwala godimo ga plastiki.
- Ngwala godimo ga sekhupetši ka pene yeo e dirilwego, gagolo, ka meetse, yeo e hlatswegago.
- Šomiša sepatiši sa go se ngaologe sesolo go kgomagantšha sekhupetši sa Puku ye Kgolo, sa go bonagantšha.

