



Mophato **2**



Bukakgolo ya dikgang tse dikhutshwane

SETSWANA



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Buka

5

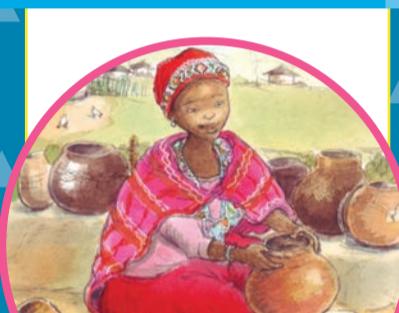


Ka moo o ka dirisang Bukakgolo:

Dikgang tse di mo bukeng e:



1 Baesekele e ntshwa ya ga Bakang



2 Kgang ya ga nkoko

1

1q

Jaaka morutabana, o tlaa rulaganya le go ipaakanyetsa go dira tirwana ya puiso e e amoganwang le bana ba phaposiborutelo ya gago. Go le gantsi fa morutabana a dira puiso e e amoganwang, o dira le bana botlhe mo phaposiborutelong, le gale, fa phaposiborutelo ya gago e le kgolo thata, go ka go tswela mosola go dira le setlhophya kgotsa karolo ya phaposiborutelo.

Ka nako ya puiso e e amoganwang ya Bukakgolo ngwana o ithuta ka moo buka e tshwarwang ka teng, o tshwara buka e lebile kwa godimo sentle, o phetla ditsebe ka nepagalo. E ruta mareo a botlhokwa a buka, sephuthelo, sefatla (lepele), lemorago le setlhogo. Gape e ruta ka moo tsamaiso ya puiso e diragalang ka teng e bile e tlhabolola dikgono tsa bana tsa go reetsa, go bua, go buisa, go nagana, go akanya le go kwala jaaka go batliwa ke CAPS:

- godisa dikgono tsa go reetsa le go bua.
- godisa dikgono tse di tlhogang tsa go buisa.
- araba dipotso ka ga kgang.
- nna le seabe mo metlotlong, ba fana sebaka sa go bua.
- thala le go diragatsa kgang.
- dirisa ditshwantsho go bolelelapapele gore kgang e ka ga eng.
- dirisa puiso e e amoganwang jaaka motheo wa go kwala go go amoganwang.

Go ipaakanyetsa sebaka sa go buisa Bukakgolo

- Neefatsa gore ba botlhe ba kgona go bona buka. Fa phaposiborutelo ya gago e le kgolo thata, botoka o dire le setlhophya se sennyane.
- Go tlaa nna mosola gore o dire setene sa buka gore o se ka wa tshwara buka ka letsogo fa o buisa. (Bona ditaelo tsa go dira setene sa buka kwa morago ga buka.)
- Dirisa rulara kgotsa sesupi go supa le go sala mafoko morago fa o buisa.
- Fa o batla go totobatsa mafoko, o ka nna wa kgomaretsa dintlhanyana go dikologa lefoko gore le tswele kwa ntle kgotsa o ka nna wa dira 'lethhabaphefо la methlolo'. Dirisa pampitshana e e khutlonnetsepa le khutlonnetsepa e nnyanenyana e e segilweng ka bogare mme o beye khutlonnetsepa mo godimo ga sekwalwa (temana) gore go bonale lefoko le le lengwe fela.

Sebaka sa ntlha sa puiso e e amoganwang

Sebaka sa ntlha sa puiso e e amoganwang se tsepamisa mathho mo go natefeleweng le go 'leba' sekwala la ntlha, mmogo le bana o araba sekwalwa.

- Phetla kgang e ba tlaa e buisang. Bua ka ga ditshwantsho.
- Kopa barutwana go bolelelapapele kgang ba ikaegile ka setlhogo le ditshwantsho.
- Itsise bana mafoko a mašwa le a a thata pele barutwana ba buisa kgang.
- Dira dikarata tsa mafoko go itsise tlolofoko e ntshwa.
- Buisa kgang, o dirisa ditshupetso e bile o farologanya lenseswe, lebelo le segalo sa lenseswe la gago. Dirisa ditshupetso tsa matsogo le sefatlhego.
- Sala morago dithhaka fa o ntse o buisa ka go supa mafoko ka thobane kgotsa rulara gore bana ba bone se o se buisang gore ba nyalyane modumo le dithhaka mo tsebeng. Se se tlaa ba thusa go bona tsamaiso ya puiso go tswa kwa molemeng go ya kwa mojeng le go tloga kwa godimo go ya kwa tlase.
- Dirisa se jaaka tshono ya go itsise 'puo ya buka' jaaka: mafoko, polelo, tsebe, mokwadi, setlhogo, jalojalo.
- Letla barutwana go nna le seabe mo kgannyeng ka go kopanya polelwana e e ipoeletsang (sk. "taboga, taboga, taboga ka bonako jo o bo kgonang, ga o kitla o ntshwara - ke monna wa sengwe sa gemere!").
- Kgang e e tshwanang e tshwanetse go buisiwa gabedi go fitlhha gararo go naya barutwana tshono ya go opela dipolelwana tsa puo, go diragatsa ditirwana tsa metshameko kgotsa go tlota dikarolo tsa kgang gape ka mafoko a bona.

Sebaka sa bobedi sa puiso e e amoganwang

- Mo sebakeng sa bobedi temana e e tshwanang e a dirisiwa mme leithlo le tsepamisiwa mo go nneng le seabe mo puisong le morutabana o dirisa metlotlo e e diragalang go godisa tlolofoko ya go tlhaloganya, dikgono tsa go bona bokao le dipopego tsa sekwalwa (thutapuo, matshwaopiso, jalojalo).
- Go tswa mo go wena, morutabana, go tsepamisa mathho a barutwana mo go ithuteng go go lebeletseng tse di latelang: mareo a mokwalo, diponagalo tsa sekwalwa, medumopuo, dipaterone tsa puo, mekgwa ya temogo ya mafoko le go tlhaloganya mo maemong a a farologaneng (dipotso tse di tlamaletseng, tsa thulaganyosešwa, phopholetso, tshekatsheko le tsa go itumelela setlhangwa).

Sebaka sa boraro sa puiso e e amoganwang

- Mo sebakeng sa boraro sa puiso e e amoganwang, bana ba tshwanetse go buisa sekwalwa ka bobona mme ba arabele ditirwana tse di ikaegileng ka sekwalwa tsa molomo, tiragatso le tse di kwadiwang.
- Fa go kgonega, sekwalwa sa Puiso e e Amoganwang se tshwanetse go sedimosa. Kwalo e e Amoganwang moo morutabana a bontshang ka moo sekwalwa se kwadiwang ka teng mme barutwana ba tshwaragana le go tlama fa morutabana a nna mokaedi le mokwadi wa dintlhakgolo. Tsamaiso e ya tshedimosetso e thusa go baakanyetsa barutwana ditiro te ba di kwalang.

1

Baesekele e ntšhwa ya ga Bakang

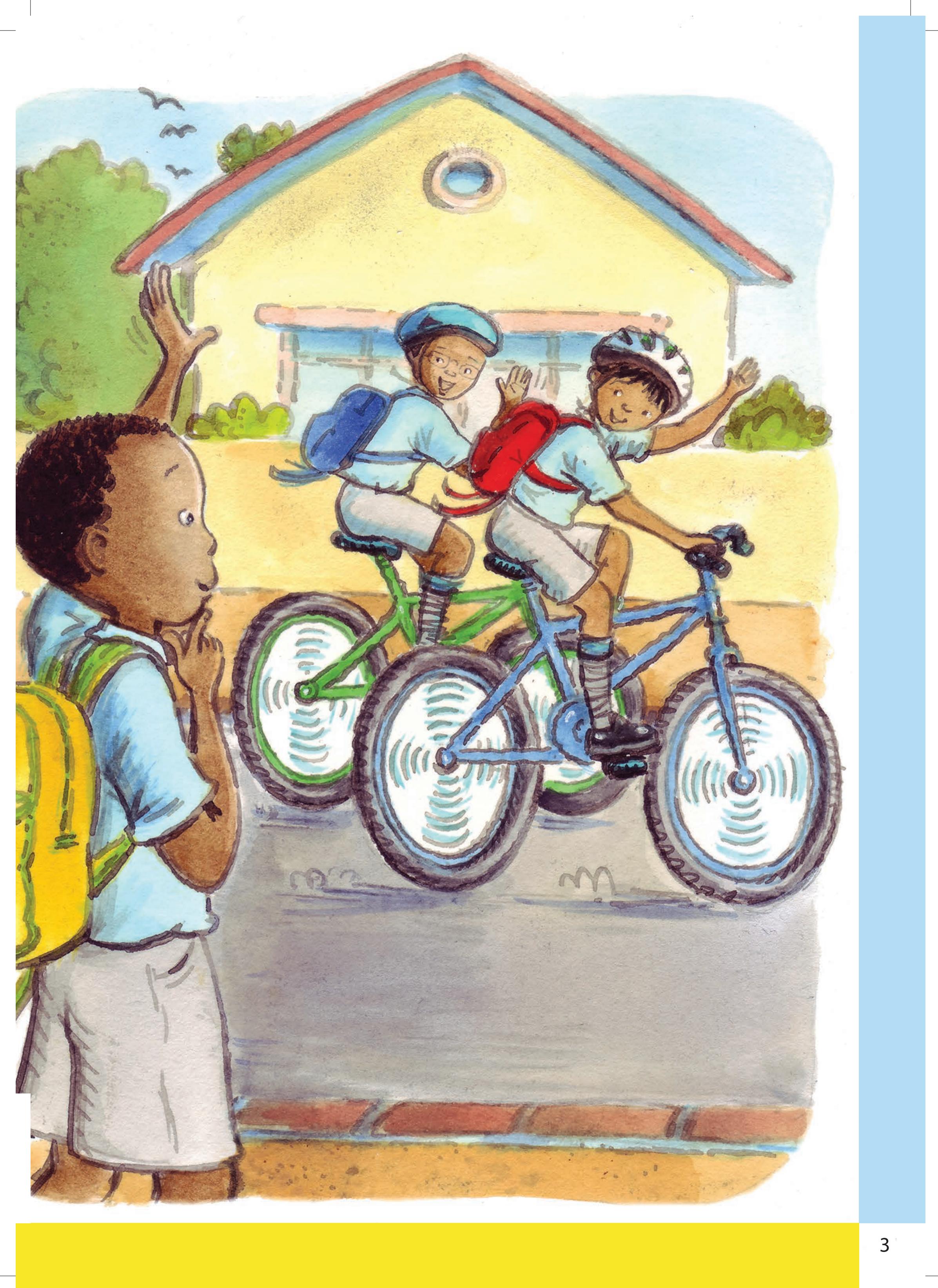


Ditsala tsotlhe tsa ga Bakang di
ne di na le dibaesekelle.

Bakang o ne a eletsa go nna le
baesekelle le ena. O ne a bogela
ditsala tsa gagwe fa di ntse di
palama dibaesekelle tsa tsona go
ya kwa sekolong.

“Ijaa, ke eletsa o ka re ke ka
bo ke na le baesekelle,” ga bua
Bakang.





Morago, fa Bakang a
nna dingwaga di le 8,
mmaagwe le rraagwe
ba ne ba mo rekela
baesekele e khividu
ka letsatsi la gagwe la
botsalo.

Bakang o ne a itumetse
thata. "Wena!" a goa ka
boitumelo. "Ga ke bolo go
batla baesekele. Jaanong
ke tlaa kgon a go palama
le ditsala tsa me."





Bakang o ne a itumetse
thata. O ne a tlolela mo
godimo ga baesekele ya
gagwe e ntšhwa, mme a
wa fela ka gangwe!

O ne a iteka gape,
mme a wela fa fatshe
gape le gape le gape.

Bakang o ne a sa itse go
palama baesekele.





Nnyaya tlhe! Ke ya
go dira eng jaanong!

O ne a kgarameletsa baesekele ya gagwe mo phaposiborobalong ya gagwe. E ne ya ema fa thoko ga bolao ba gagwe. Letsatsi lengwe le lengwe o ne a e pholitšha gore e nne e phatsima.

Bakang o ne a lebelela baesekele.
“Ke eletsa o ka re nka e palama,”
a akanya. “Ke tshwanetse go loga leano.”



"Bakang, tlaya o palame le rona,"
ditsala tsa gagwe tsa mmitsa.

"Ke sa ntse ke pholitšha baesekele ya
me," ga bua Bakang.

"Ke eng o sa tswela
kwa ntle wa ya
go palama le
ditsala tsa gago?"
mmaagwe Bakang
a mmotsa.

"Ke sa ntse ke
baakanya
hutara," ga
bua Bakang.

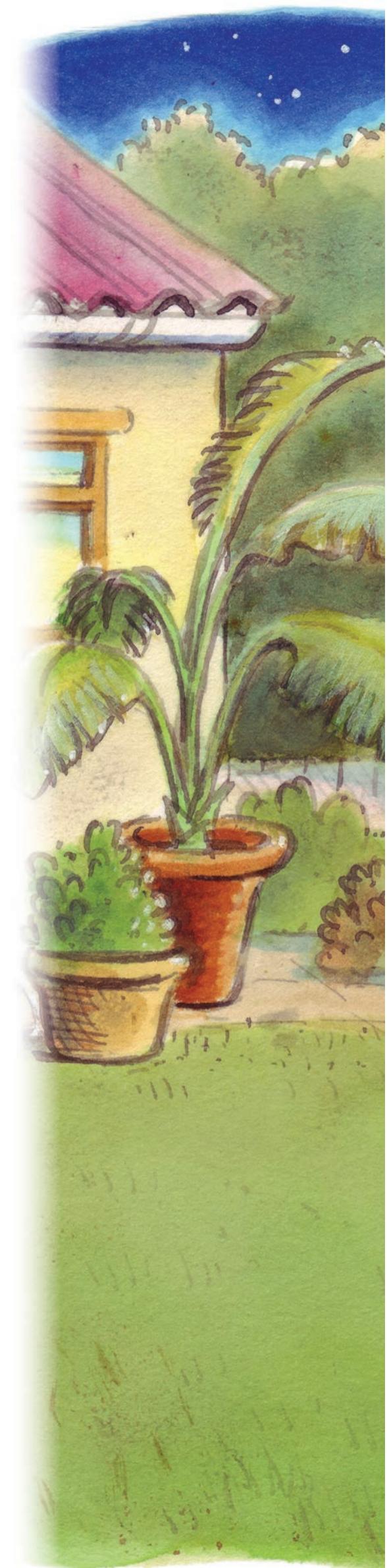


Bakang ga a ka a bolelala ope ka ga
sephiri sa gagwe. O ne a sa kgone go
palama baesekele.



Bosigo bongwe le bongwe
Bakang o ne a tseña mo
tshingwaneng mme a leka
go palama baesekele ya
gagwe fa go ne go se ope
yo o ka mmonang.

Mme searamo Bakang o
ne a nna a tswelala go wela
fa fatshe, mme a nna le
mesego le mekgwaritso e
mentsintsi.





Bosigo bongwe, tsala ya gagwe
Jane a bona Bakang a ntse a
leka go palama baesekele ya
gagwe.

“Bakang!” a bitsa. “Tlaya ke go
tshwarelele baesekele gore o
kgone go palama.”





Jane o ne a mo tshwarelela baesekele
mme a taboga fa morago ga ga
Bakang.

O ne a wela fa fatshe gangwe, a wa
gabedi, mme morago a se ka a tlhola a
wa gape.

“Ke kgona go itshegetsa, ke kgona go
palama baesekele!” ga goa Bakang.

Ke kgona go itshegetsa!
Ke kgona go palama!



Bakang o ne a palamela
ka bonakwana le ka bonakwana. Jane
a taboga fa morago ga gagwe.

Morago a palamela kgakajana, Bantlhoile
a taboga fa thoko ga gagwe.

“Iyelelele!” ga goa Jane.

“Iyelelele!” ga goa Bakang fa a ntse a
palame mo leseding la ngwedi.

Letsatsi le le latelang, Bakang o ne a
palama baesekele le ditsala tsa gagwe
go ya kwa sekolong. O ne a itumetse
thata mme a tswelela go leka.



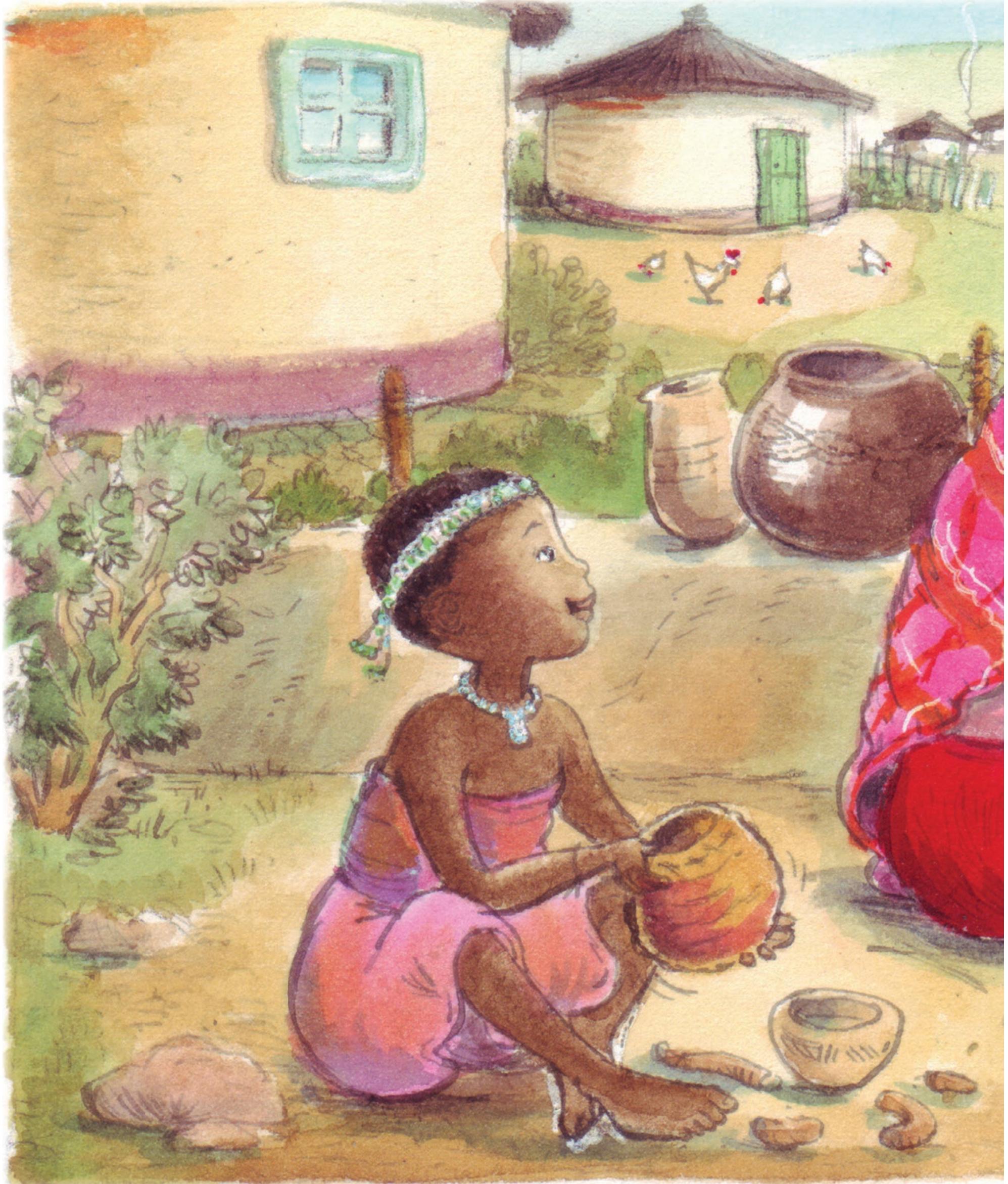
**Fa la ntlha o sa atlege, leka, leka,
leka, leka mme o leke gape!**

2

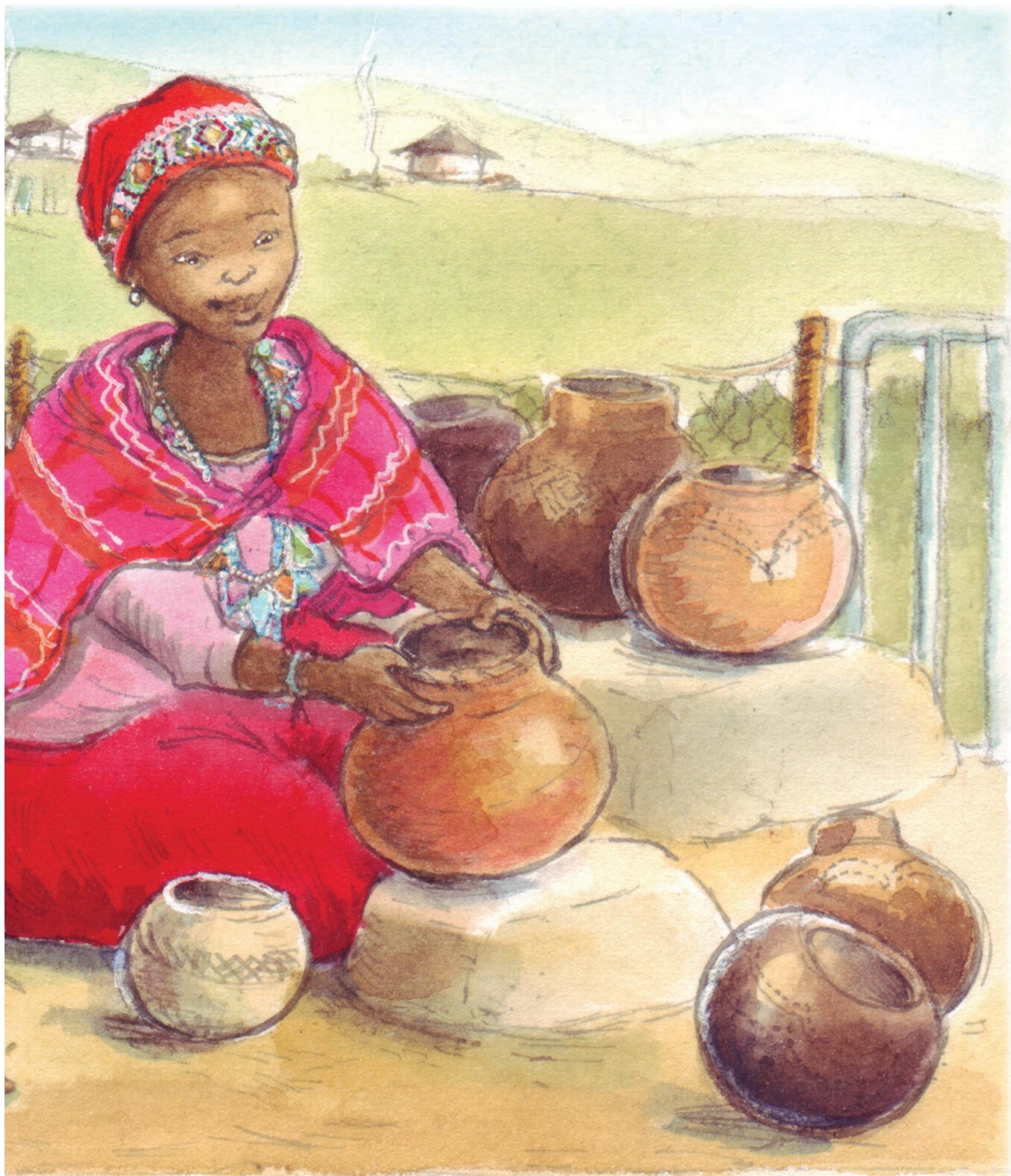
Kgang ya ga nkoko



Bogologolotala fa ke ne ke sa ntse
ke le monnye jaaka lona, ke ne ke
nna le mme le rre mo polaseng.



Re ne re na le dikgomo le dinku tse
dintsi, mme re tshela kgakala le
ditsala tsa rona.



Go ne go se ope yo ke ka tshamekang
le ena. Ke ne ke aga ke bogela mme a
bopa dinkgo.

O ne a tswaka mmopa o a neng a o
epa mo mmung. O ne a bopa dinkgo
ka diatla tsa gagwe, mme a di beye
mo letsatsing gore di ome.

Letsatsi lengwe
a dira gore ke
ipopele nkgo ya
me. Ke ne ka bopa
nkgo ka kelothhoko
mme ka e dikolosa
gantsinyana.

Ke ne ke itumetse
thata go ipopela
nkgo ya me.

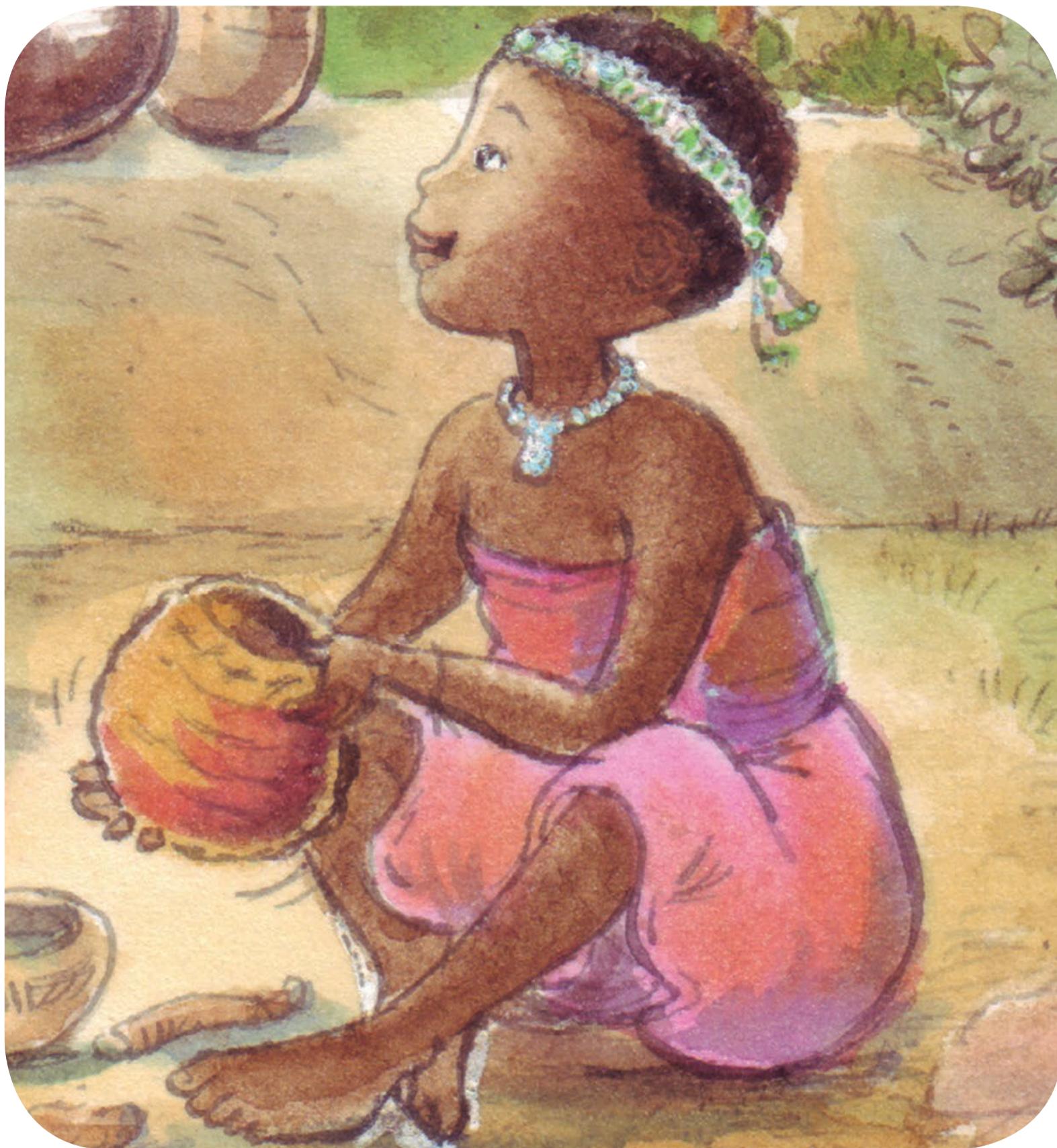


Morago ke ne ka e baya mo letsatsing
gore e ome.

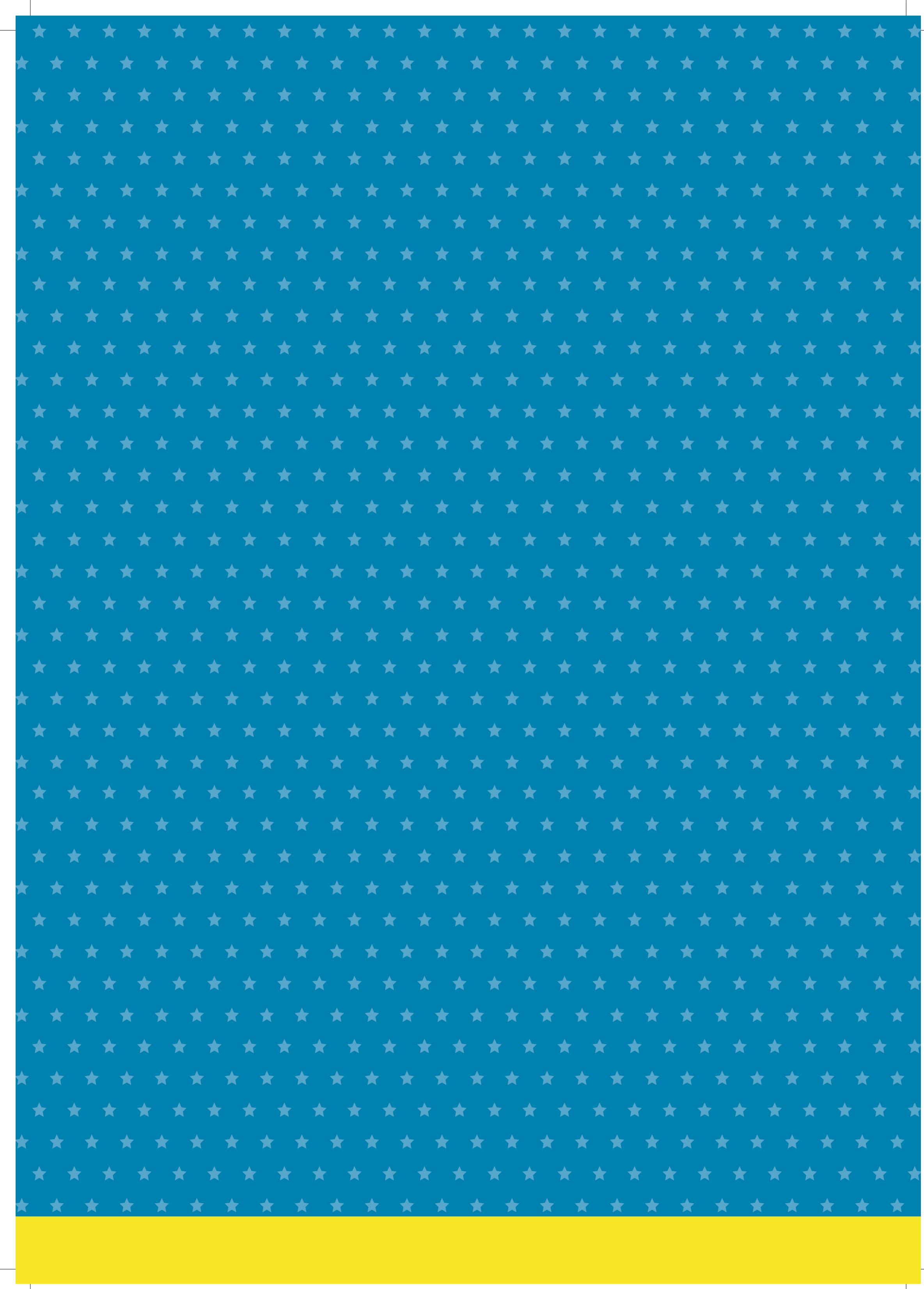
Mo go bona bosigo boo fa ke ntse ke
robetse pula ya simolola go na. Fa ke
tsoga ke fa ke sa bone nkgo ya me. E ne
e fetogile seretse. Se ke neng ke kgona
go se bona fela e ne e le motlhala wa
seretse o ya kwa tshingwaneng.



Ke ne ka tshwanelo go bopa nkgo
e nngwe. Ke ne ka ikatisa ka bo ka
ikatisa. Ke ka moo ke neng ka ithuta
go bopa dinkgo tse dintle ka teng.



**Go ikatisa go dira gore o nne
matsetseleko!**



O amogetswe mo Motseletseng wa Dibukakgolo. Bukakgolo e e bopa karolo ya Mtselsetsele e megolwane ya Rainbow e e akaretsang dibukatiro, ngatana ya dikgang, dipadiso tsa mephato le diphousetara. Re solo fela gore o tlaa fitlhela mefuta e e farologaneng ya dikgang e e tsenyeliditsweng mo Dibukakgolong tse robedi tsa mophato o, di le mosola mo go ruteng ga gago le gore barutwana ba gago ba tlaa itumelela maitemogelo a puiso e e amoganwang.

Kemo ya Pholisi ya Kharikhulamo ya Tlhatlhobo (CAPS) ya Maemotheo e gatelela Puiso e e Amoganwang jaaka nngwe ya dikarolwana tsa botlhokwa tsa mekgwa ya puiso. Puiso e e Amoganwang gantsi e diragala magareng ga malatsi a mabedi le a mane a beke mo ngwana mongwe le mongwe a bonang tshono ya go buisa temana e e tshwanang. Dibukatiro le dipadiso tsa mephato di lebane maikaelelo a.

Le gale, fa o ruta puiso e e amoganwang ka Bukakgolo ya mokwalo o mogolo o dirisa mokgwa o o matsetseleko wa ga ruta puiso e e amoganwang gonne bana ba kgona go bona mafoko le ditshwantsho, sentle, le go go sala morago fa o buisa ka mokgwa o bana ba tlotelewang dinaane ka ona. Go botlhokwa gore bana ba dule ba dikaganyeditse Bukakgolo, gore bana bottle ba kgone go bona le go buisa temana. Mokwalo o mogolo wa dibukakgolo o go kgontsha go buisetsa bana ba le mimalwa kwa godimo ka nako e le nngwe o repile e bile o sa tshose barutwana.

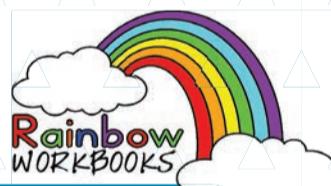
Dibukakgolo mo metseletseng e di tlaa itsise barutwana ba gago ka ga mefuta ya dikgang, maboko, dipina le metshameko gammogo le dikwalo tsa tshedimosetso le tsa dikerafo.

Ke tiro ya gago, go dira gore dikgang di tshele le go natefela bana le go dira gore barutwana ba itumele ba bo ba je monate. Fa o dirisa Dibukakgolo o kgona go motlela maitemogelo a puiso ka mokgwa o o nateflang wena le barutwana ba gago. Re solo fela gore buka e e tlaa go thusa go dira se.

Dikakanyo tse dingwe tsa go dirisa Bukakgolo

- Dirisa tsebe ya polasetiki mme o e beye mo godimo ga Bukakgolo. Go ka nna mosola gore bana le morutabana ba kwale mo polasetiking.
- Kwala mo polasetiking ka kheraeyone ya metsi e e phimolegang.
- Dirisa tlelipi e kgolo go tshwaraganya polasetiki le bukagolo.

ISBN 978-1-4315-3073-1



ISBN 978-1-4315-3073-1

THIS BOOK MAY NOT BE SOLD.



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Published by the Department of Basic Education
222 Struben Street, Pretoria
South Africa

© Department of Basic Education
First edition 2016

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked, the Department will be pleased to make the necessary arrangements at the first opportunity.

The Big Books in this series are available in all languages. They were developed by a team of UNISA Language and Education experts as part of their Community Engagement contribution to South Africa's education sector.

Author: V McKay



Itirele setene sa gago sa Bukakgolo

O tlaa tlhoka:

1. Khateboto ya bophara jo bo tshwanang le Bukakgolo e e bulegileng (594 mm) ka bolele jo bo gararo (1360 mm).
2. Masekintheipi
3. Ditlelipi tse pedi kgotsa dipekeso go tshwaraganya khateboto.

Dirisa masekintheipi go tshwaraganya manathwana a khateboto.

Mena khateboto go dira Foreimi mme o tlanye marago le lepele go nna mmogo jaaka go bontshiwa mo setshwantshong se se fa tlase.

