

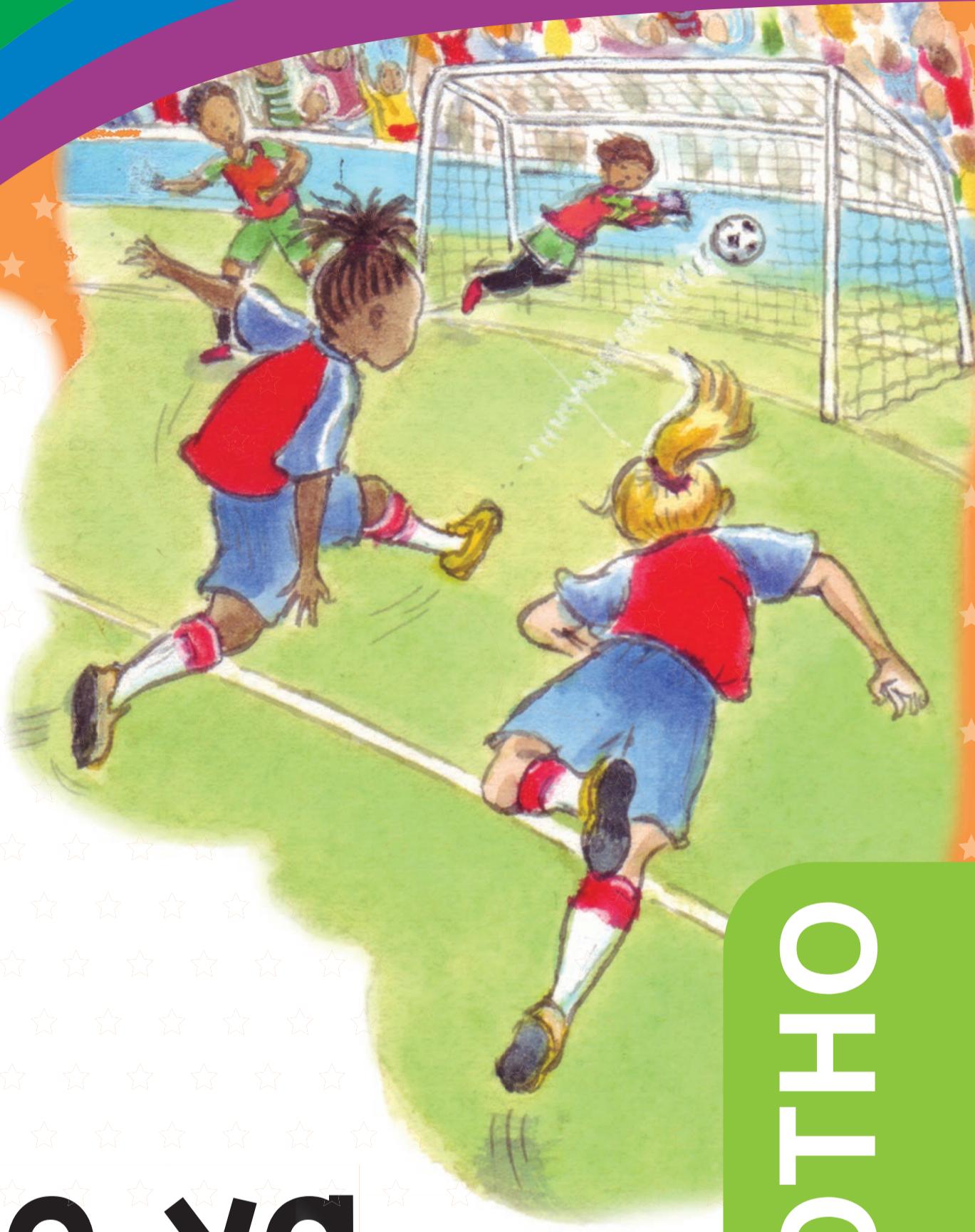
Kereyti
ya **3**

Buka e kgolo ya dipalenyana



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



SESOTHO

4

Buka

Tsela ya ho sebedisa Buka e Kgolo ena:

Dipale tse bukeng ena:



1 Ho bapala papadi



2 Phonyoho e kgolo

1

q

Jwaloka titjhere o tla hloka ho rala le ho etsa tokiso ya mosebetsi wa palo e kopanetsweng le sehlopha sa hao. Ka tlwaelo ha titjhere e etsa palo e kopanetsweng, titjhere e sebetsa le bana bohole, empa ha sehlopha se le seholo haholo, ho molemo ho sebetsa le sehlotshwana kapa karolo ya sehlopha. Ho hlokamelwe ho tiisa ho netefatsa hore bana ba dula mmoho mme ba bona Buka e Kgolo hore ba kgone ho bona se ngotsweng.

Nakong ya palo e kopanetsweng ya Buka e Kgolo bana ba ithuta ho tshwara buka, ho e tshwara ka mokgwa o nepahetseng,, ho phetla maqephe ka mokgwa o nepahetseng. E hodisa tsebo ya sethato ya tsebo ya buka-khabara, bokapele, bokamorao le sehlooho. E tataisa le kamoo tsela ya palo e etsahalang ka teng mme e bohlokwa bakeng sa tswelliso pele ya bana ya ho mamela, ho bua, ho bala, ho nahana, le ho rarolla mmoho le bokgoni ba ho ngola bo batlahalang ho CAPS:

- Ho hodisa bokgoni ba ho mamela le ho bua.
- Ho hodisa bokgoni bo hlalhellang ba ho bala.
- Ho araba dipotso paleng.
- Ho taka kapa ho tshwantshisa pale.
- Ho sebedisa ditshwantsho ho noha hore pale e bua ka eng.
- Ho sebedisa palo e kopanetsweng e le motheo wa ho ngola ho arolelanwang.

Ho itokisetsa nako ya palo e kopanetsweng

- Netefatsa hore bana bohole ba bona buka. Ha sehlopha sa hao se le seholo, sebetsa le sehlotshwana se senyenane.
- Ho tla thusa ho emisa buka hore o se e tshware ha o ntse o bala. (Bona ditaelo tsa ho emisa buka khabareng e kamorao.)
- Sebedisa rula kapa thupa ho latella mantswe ha o ntse o bala.
- Ha o batla ho bonahatsa mantswe a kgethehileng, o ka sebedisa disitiki nota pela lenseswe ho le bonahatsa, kapa wa iketsatsa fensetere ya mejiki'. Sebedisa pampiri e kgutlonne mme e nyenane e kgutlonne e sehwe mahareng a e kgolo. Nka e kgolo mme o e behe senglweng hore ho bonahale lenseswe le le leng feela.

Mokgahlelo wa pele wa palo e kopanetsweng

Mokgahlelo wa pele o tadihana le ho natefelwa le 'tadimo' ya pele ya sengolwa, mme bana ba fana ka maikutlo a bona ka sengolwa.

- Phetla pale eo ba tlang ho e bala. Bua ka ditshwantsho.
- Kopa bana ba nohe pale ka sehlooho le ditshwantsho.
- Pele ho balwa ba tsebise mantswe a thata paleng.
- Etsa dikarete tsa mantswe ho tsebisa tlotlontswe e ntjha.
- Bala pale, o sebedisa sefahleho le ho phahama ho fapaneng ha lenseswe. Sebedisa matsoho le sefahleho.
- Latela mongolo ha o ntse o bala ka ho supa ka rula kapa thupa mantswe hore bana ba bone seo o se balang le ho se amanya le medumo leqepheng. Sena se tla ba thusa le ho bona tsamaiso ya ho bala ho tloha ho le letshehadi ho isa ho le letona le ho tloha hodimo ho leba fatshe.
- Sebedisa sena e le monyetla wa ho ba tsebisa 'puo ya buka' jwaloka: mantswe, polelo, leqepheng, mongodi, sehlooho jl.
- Ha bana ba be le seabo paleng ka ho pheta dipolelo tse iphetang(mohlala: "Matha, matha, matha ka lebelo, o ke ke wa ntshwara- ke monna wa borotho ba kgemere!")
- Pale e le nngwe e balwe makgetlo a mabedi ho isa ho a mararo ho neha bana monyetla wa ho bina mantswe, ho tshwantshisa, le ho bolela pale ka mantswe a bona.

Mokgahlelo wa bobedi wa palo e kopanetsweng

- Mokgahlelong wa bobedi ho sebediswa sengolwa sona se sebedisitsweng pele feela kgatello e le ho baleng mme titjhere e sebedisa dipuisano tse teng ho hodisa tlotlontswe ya kutlwisiso, bokgoni ba ho rarolla le seboleho sa sengolwa (thuto-puo, matshwao a puo jl)
- Ho ho wena, titjhere ho tlisa bana ho tadimo e shebaneng le tse latelang: kgopolo ya ho ngola, seboleho sa sengolwa, medumo ya puo, seboleho sa puo, ditsela tsa ho kgetholla mantswe le kutlwisiso maemong a fapaneng (dipotso tsa puo-phara, ho hlopholla, ho akanya, ho sekaseka le kananelo)

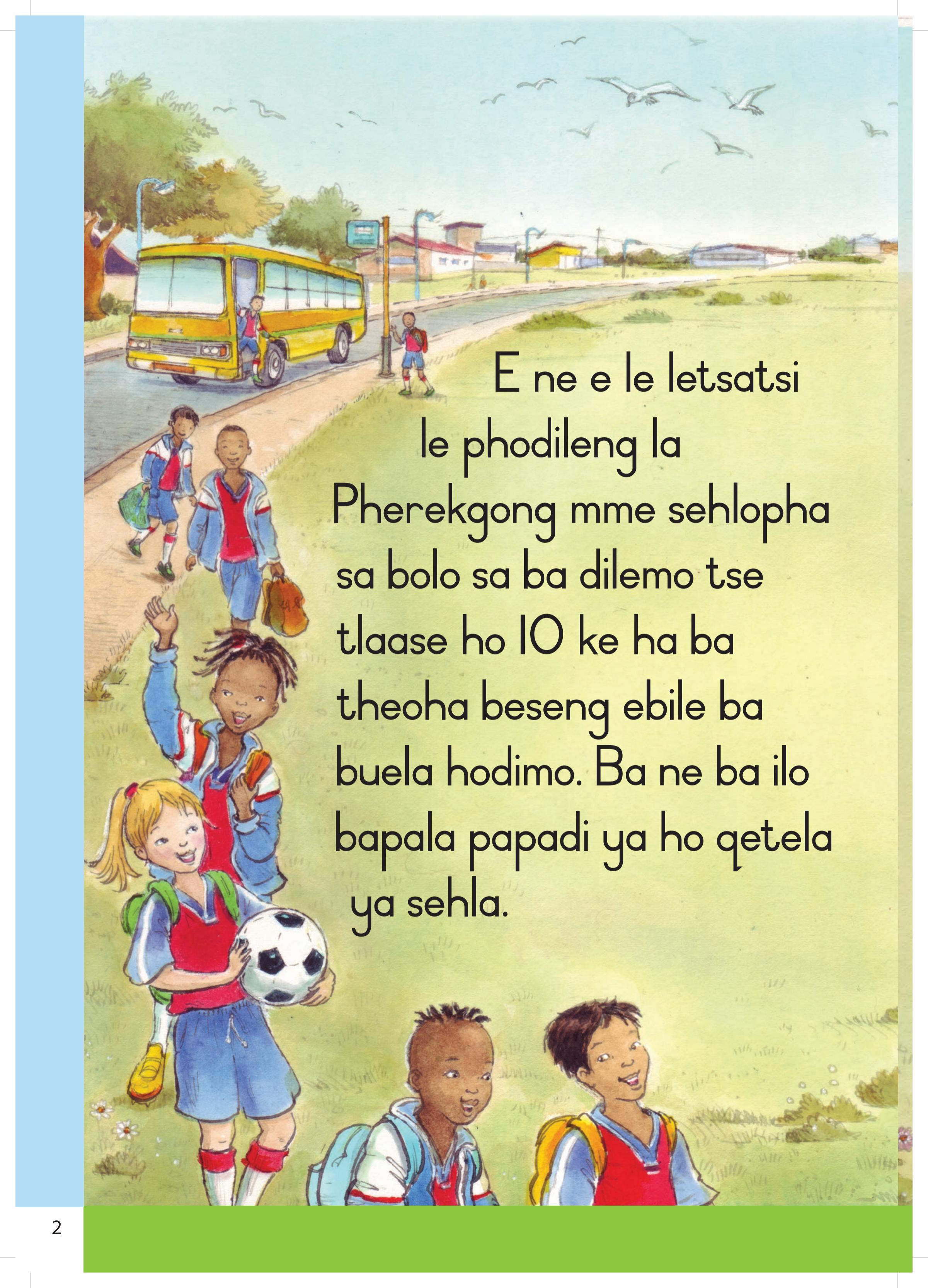
Mokgahlelo wa boraro wa palo e kopanetsweng

- Mokgahlelong wa boraro wa palo e kopanetsweng, bana ba ipalle sengolwa ka bo bona mme ba etse mosebetsi wa molomo, ho etsa le ho ngola ho itshetlehileng senglweng.
- Moo ho kgonehang, sengolwa sa Palo e Kopanetsweng se lebise ho Ho Ngola ho Kopanetsweng moo titjhere e bontshang ho ngola sengolwa mme bana ba qapa bongodi ba sengolwa ha titjhere e ba tataisa ebile e ngola seo ba se tjhong. Sena se thusa ho lokisetsa bana mosebetsi wa ho ingolla mesebetsi ya bona.

1

Ho bapala papadi





E ne e le letsatsi
le phodileng la
Pherekgong mme sehlopha
sa bolo sa ba dilemo tse
tlaase ho 10 ke ha ba
theoha beseng ebile ba
buela hodimo. Ba ne ba ilo
bapala papadi ya ho qetela
ya sehla.

Bohle ba ne ba thabetse papadi ya ho qetela pakeng tsa sekolo sa New Town le sa poraimare sa Sea View.

Ann le Mandu e ne e le bona feela banana sehlopheng sa New Town. Ba ne ba tshepa hore ba tla kgon a ho hlola Poraimari ya Sea View.

Anna le Mandu ba ipona le sehlopha sa bona ba se ba hlotse ba hapile mohope. Mandu wa dilemo tse leshome le motso o le mong le yena o ne a thabile. A ipona a se a hlabile ntlha ya tlholo ka dieta tsa bolo tse tshehla tseo a di rwetseng. Ka tshohanyetso a bokolla ha a wela mokoting.



“Nthuseng!” a bokolla. Anna, Peter le Jabu ba mathela morao ho mo thusa.
“joo!” a lla, a qhomā ka leoto le le leng.
“Ha ke kgone ho ema ka leoto la ka!” A dula fatshe jwanng. “Ke tshepa hore ha ke a roba leqaqailane la ka,” a rialo a lla.

“Ha Mandu a sa bapale ho bolela hore le nna ha ke bapale. Ke tla tlameha ho mo isa tliliniking.”

Anna a hemela hodimo.

"Se ka tshwenyeha Mandu," a bua,
"Ke tla o isa ngakeng."

"Tjhe Anna, tjhe! O keke wa etsa
jwalo. Ke tla ema mona ho fihlela
kamora papadi."

"O keke wa ba mona o le mong,
Mandu," Anna a arabela.

Ditho tse ding tsa sehlopha tsa leba
ho ya bapala.

Anna o ne a
thusa Mandu
ha ba kgutlela
beseng, mme
bobedi ba ya
tliliniking. Ngaka





ya hlahloba
leoto la Mandu
ka hloko.

A nka x-ray,
a e sheba mme
a bososela.

A tlamella ka
bandeji mme a

bolella Mandu hore a ka boela a bapala
bolo hang ha a ikutlwa hantle.

“Ha o rata,” ho rialo ngaka,” Nka o
isa lebaleng la dipapadi ka koloi.

Ke qetetse kgale ho boha papadi
ya bolo.”



Dintlha di ne di lekana mahlakore a
mabedi ka 2 ho 2.

Ha papadi e qala hape, banana bobedi
ba bona ba kena lebaleng.

Hang Anna a kenya ntlha ya boraro
ya sehlopha sa New Town, mme
Mandu yena a hlabatla ntlha ya bone
pele feela ho phala ya ho qetela.

Banana bobedi ba ne ba le motlotlo ha
ba ilo nka mohope.



2

Phonyoho e kgolo



Bosiu bo bong e le Lehlabula,
mohlokomedi wa serapa sa diphoofolo
o notletse dihoko tsa diphoofolo pele a
tsamaya ho ya hae.

“Le robale hantle diphoofolo, ke tla
kgutla hoseng,” a realo ha a notlela
hoko ya ditshwene.

“O robale hantle,” ha araba Mong.
Tshwene, ha a hula dinotlolo ka
tlhokomelo lebanteng la mohlokomedi
wa serapa sa diphoofolo.

“Ke kgathetse haholo,” ha realo
mohlokomedi wa serapa sa diphoofolo.

“Ke thabile ke nako ya ho ya hae.

Ke lapile ebile ke tatetse ho ya ja
tinara le ba lelapa la ka.



Hang ha mohlokomedi a tsamaya
ho ya hae, Mong. Tshwene o ile a ya
hokong e nngwe le e nngwe, a notlolla
diheke.

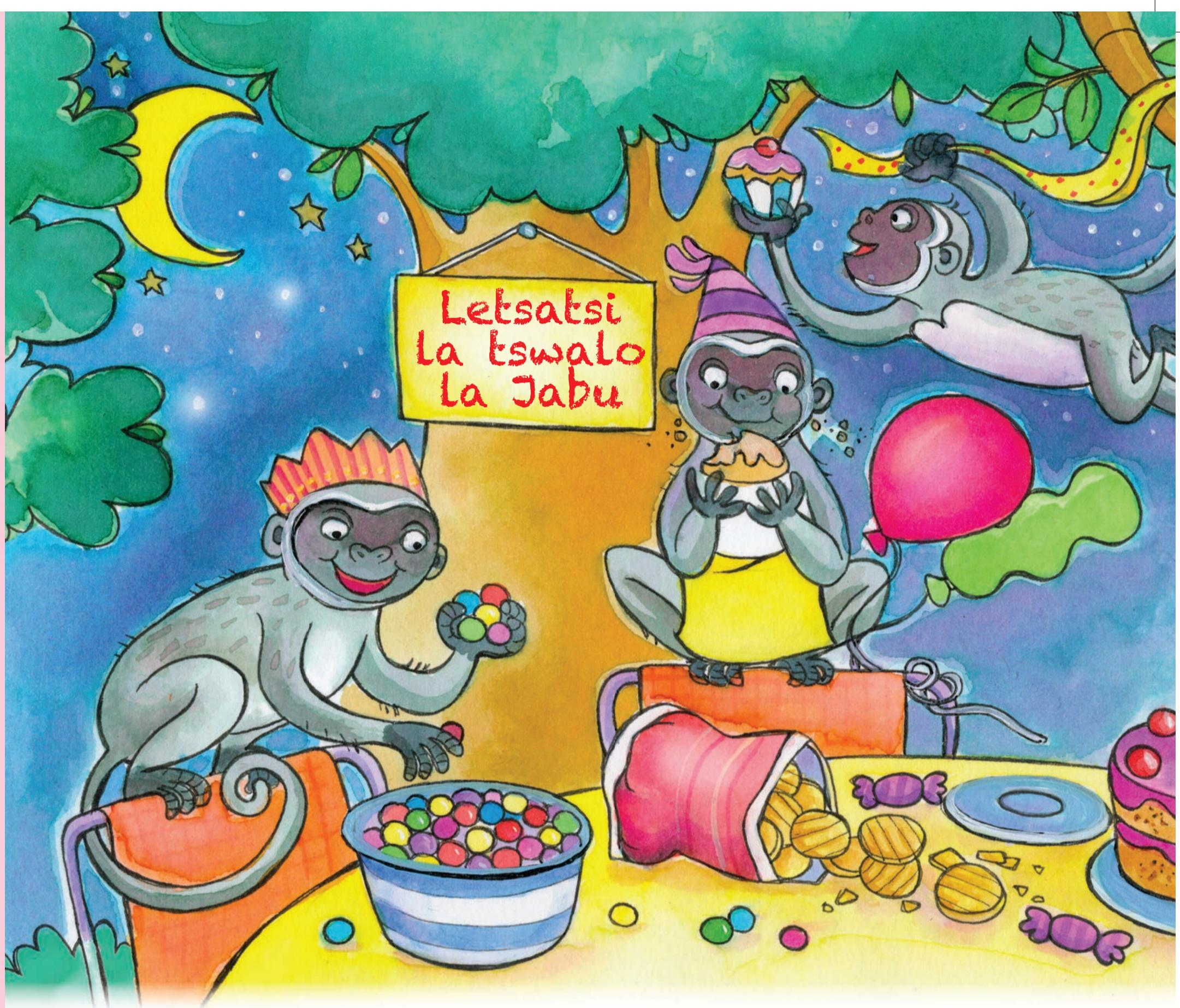
"Dumela. Mof. Kubu," a realo, "Etswa,
ke nako ya mokete!"

"Dumela, Mong. Tau," ha realo
tshwene, "Etswa, re keteketek!"

Diphoofolo tsa buisana di thabile
di bua ka ho tloha serapeng sa
diphoofolo.

Ditshwene ebile tsa pele ho phonyoha.
Tsohle tse mashome a mabedi le metso
e meraro tsa hlwa terata ya serapa
tsa leba phakeng.





Ditshwene di ne di thabile ha di fumana
dijo tafoleng di teketswe mokete wa
letsatsi la tswalo o neng o tla tshwarwa
ka tsatsi le hlahlamang. Ditshwene tsa
ja dijo tsohle tsa mokete.

Tsa bapala mekenete le meswinki.



Ka yona nako eo, molebeledi wa phakeng a tsoha borokong. O ne a maketse ha a bona ditshwene tse mashome a mabedi le metso e meraro di bapala phakeng. "Naa sena e ka ba nnete?" a ipotsa.

Hilda, kubu a nka qeto ya ho tloha serapeng sa diphoofolo a lelera ho ya tlase tseleng e kgolo.

O ne a makaditswe ke lerata la makoloi. E ne e le lerata le leholo!

A nka qeto ya ho robala letshanyaneng le ka ntle ho holo ya toropo, empa a nna a tsoswa ke lerata la dihutara le dialamo tsa makoloi a tshohanyetso.





Leo, Tau a tsamya ho ya tlaase
seterateng. A nkgella dijo. O ne a
kaja eng? A hlodisa ka lebenkeleng
la dijo.

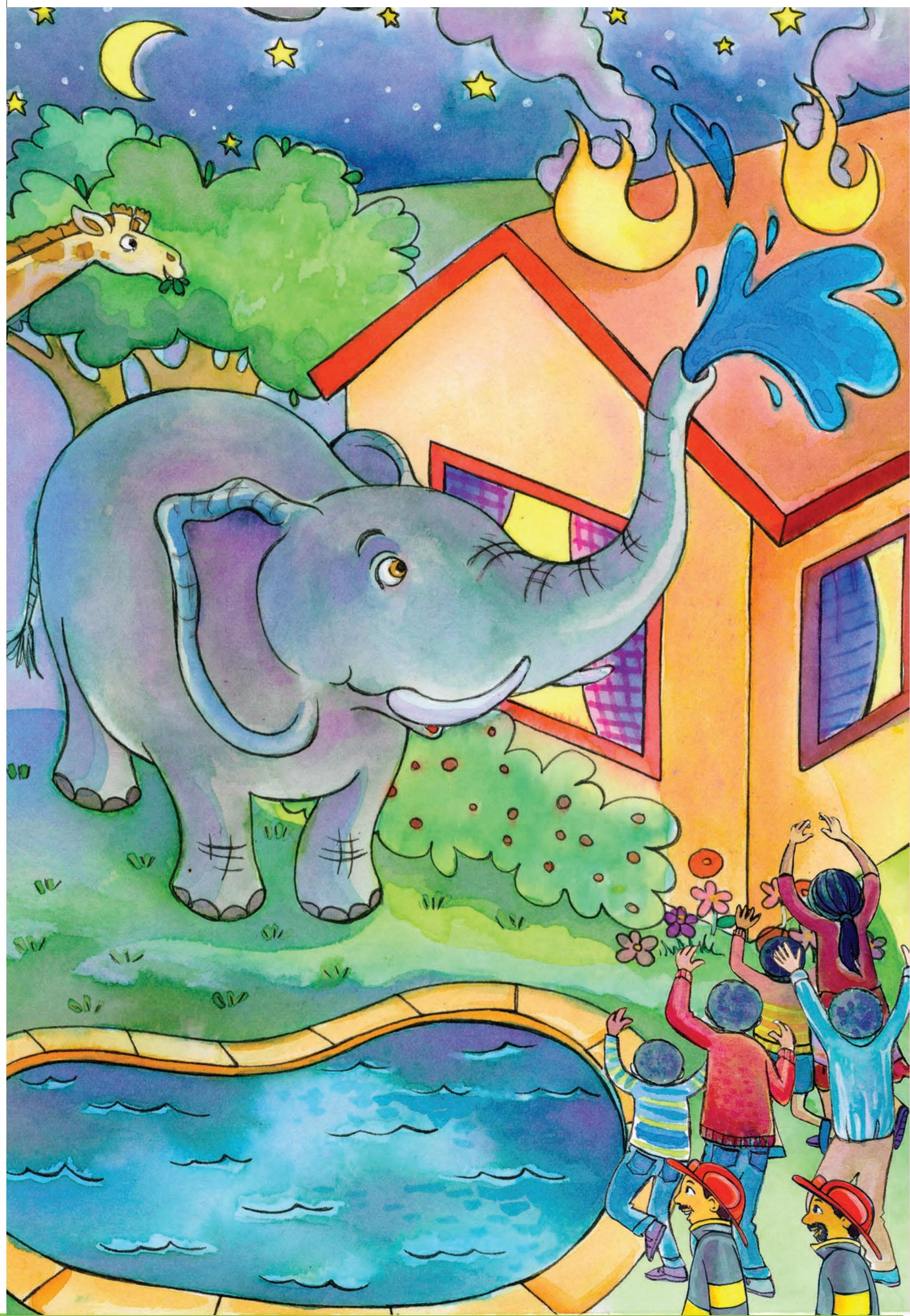
“Thusa! Thusa!” ha hoeletsa bareki.

Felix, tlou e bile wa ho qetela ho tswa ka serapeng sa diphofolo. A tsamaya ka hara toropo.

Ha a ntse a tsamaya tseleng, Felix a bona ntlo e tuka malakabe. A monya metsi letsheng la ho sesa a hasa ntlo. Kapelepele mollo wa tima.

“O sebeditse, Mong.Tlou!” ha hoeletsa ditimi tsa mollo.

“Halala!” babohedi ba opa mahofi.



Felix a tswela pele ho tsamaya
toropong a lebile motseng.

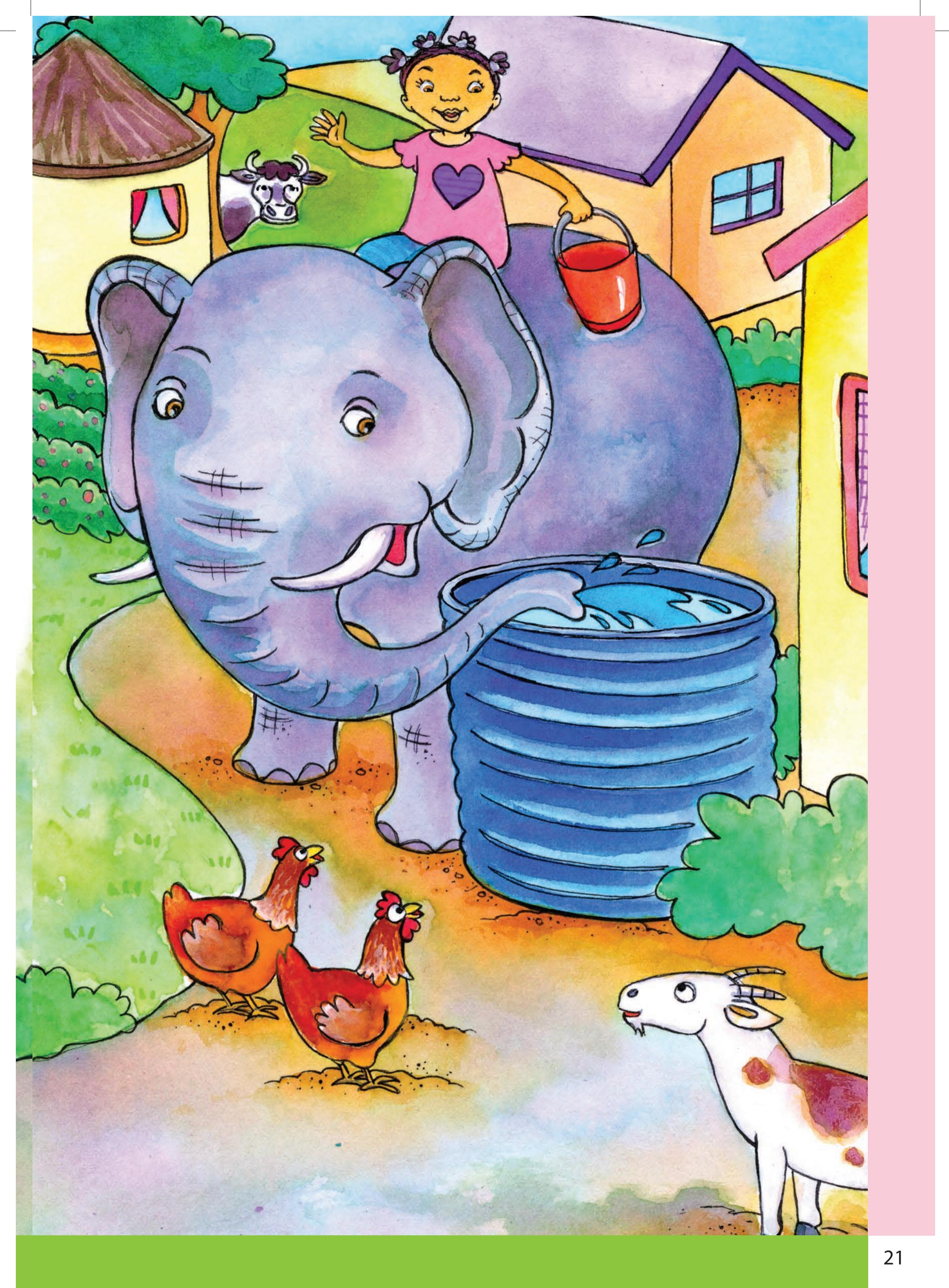
A bona Ntebo a tsamaya ho hlaha
nokeng. O ne a sokola ho jara metsi
ka nkgo.

"Ke ntse ke tsholla metsi," ha realo
Ntebo.

"Se ka tshoha ke tla o jarela metsi,"
ha realo Felix.

A phahamisetsa Ntebo mokokotlong
wa hae a monya metsi a mangata ho
tlatса tanka ya metsi.

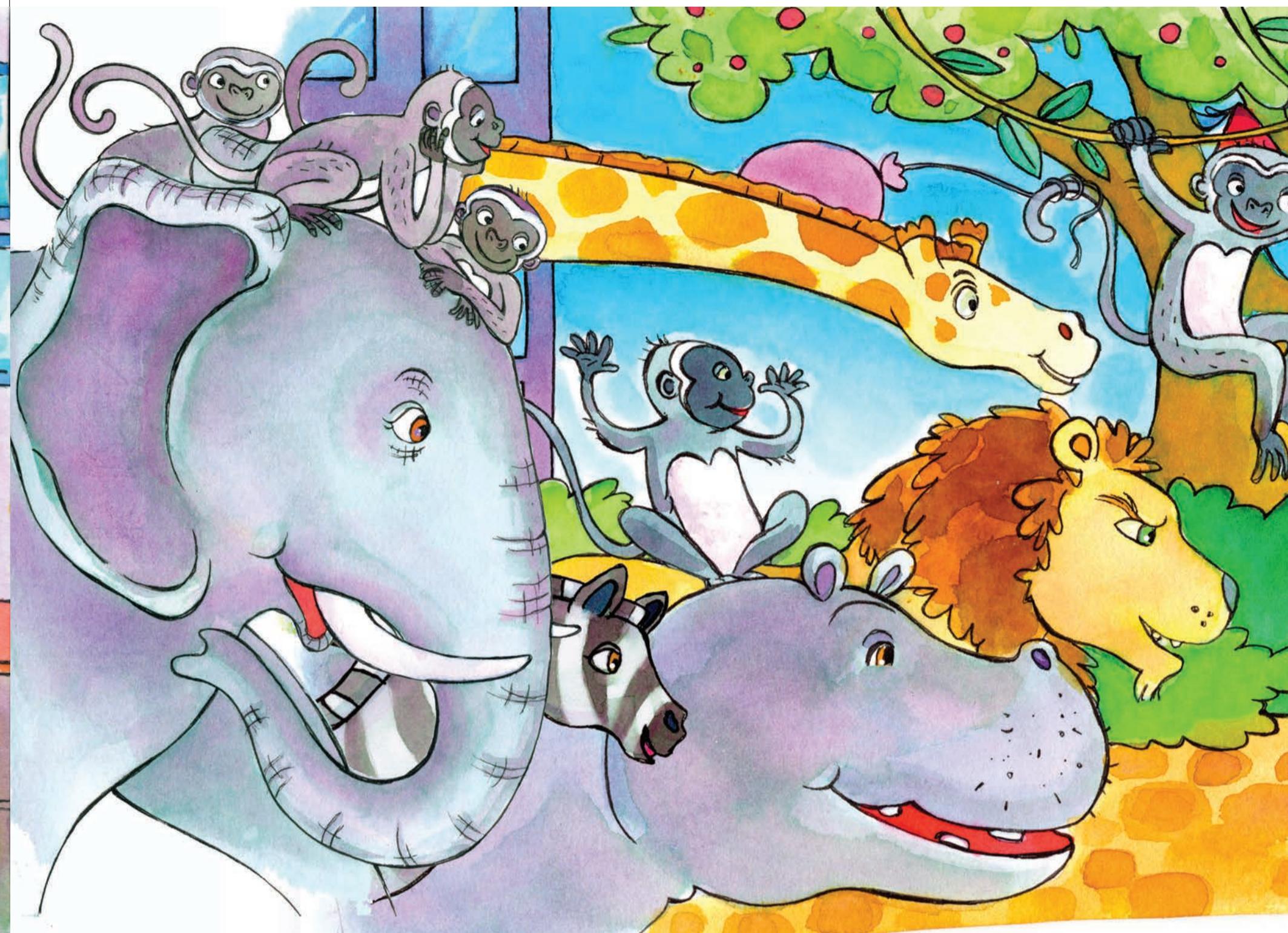






Ho se neng mohlokomedi wa serapa
sa diphoofolo le ba sebetsang le yena
ba ne ba tswile ho ya batla diphoofolo.
Mapolesa a tlie ho tla ba thusa.

Dihlooho tsa ditaba dikoranteng le
diyalemoyeng tsa lemosa batho ka
tau e ntseng e kena mabenkeleng.



**Yaba diphoofolo tsohle di nka qeto ya
kgutlela serapeng sa tsona.**

**“Ha ho bonolo ho fumana dijо
toropong,” ha boela tau.**

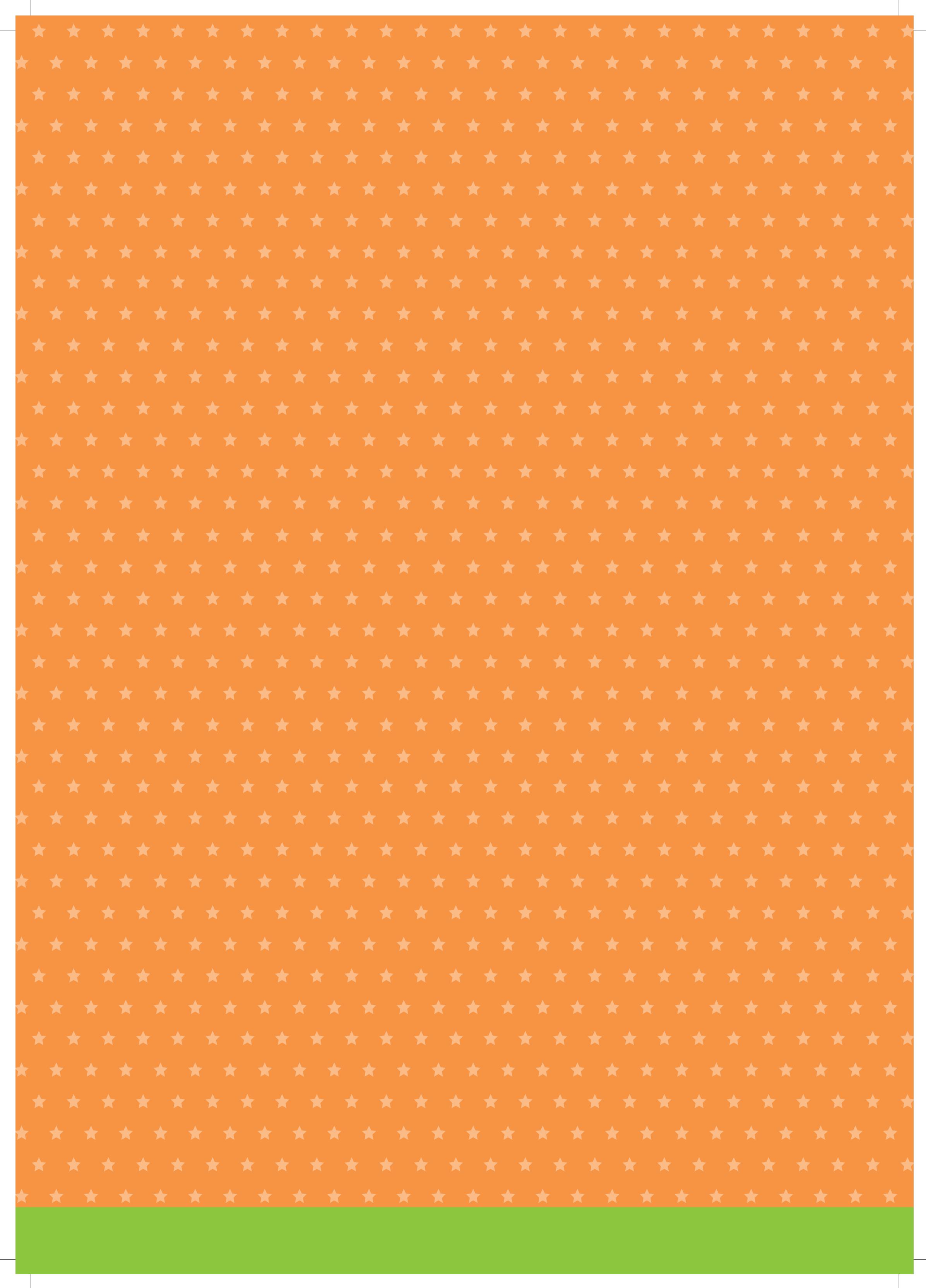
**“Ha ke kgone ho robala ke lerata la
makoloi,” ha realo kubu.**

**“Ekare ke hlatheng toropong,” ha
realo tlou.**



"Re ile ra ithabisa haholo moketeng,
empa re kgathetse re batla ho
kgutlela hae," ha realo ditshwene.

Mong. Tshwene ya neng a tshwere
dinotlolo, a bula heke ho bulela
diphoofolo serapeng sa tsona. Aa, jwale
ke a tseba ho etsahetseng ka dinotlolo
tsa ka! ha realo molebeledi wa serapa
sa diphoofolo.



O amohelwa letotong le bitswang Buka e Kgolo. Buka e Kgolo ena ke karolo ya tse ding tsa Rainbow Series, tse kenyelletsang dibuka-tshebetso, pokello, dibuka tsa dihlopha le diphousetara. Re tshepa hore o tla fumana dipale tsa mafuta tse kenyelletseng dipaleng tse robedi tsa Buka e Kgolo kereiting ena, di le bohlokwa ho ruteng ha hao mme le hore bana ba tla nafelwa ke kamano ya bona le palo e kopanetsweng.

CAPS bakeng sa boemo bo qalang e hlakisa Palo e Kopanetsweng e le e nngwe ya dikarolo tsa bohlokwa tsa tsela ya ho bala. Palo e Kopanetsweng hangata e nka nako ya pakeng tsa matsatsi a mabedi le a mane bekeng mme ngwana e mong le e mong a bala sengolwa se le seng. Dibuka-tshebetso le dibuka tsa dihlopha di loketse sepho sena.

Le ha ho le jwalo, palo e kopanetsweng ho sebediswa Buka e Kgolo e ngotseng ka ditlhaku tse kgolo ke tsela e ntla ya palo e kopanetsweng hobane bana ba kgona ho bona mantswe le ditshwantsho, mme ba kgona ho latela ha ho ntse ho balwa jwaloka tsela e tlwaelehileng ya ho pheta dipale malapeng. Ho bohlokwa hore bana ba dule pela Buka e Kgolo hore ba bone le ho bala sengolwa. Ditlhaku tse kgolo tsa dibuka tse kgolo di nehelana ka bokgoni ba ho balla bana ba bang ka lentswe le hodimo ka nako e le nngwe ka boiketlo maemong a phutholohileng.

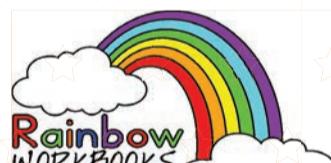
Dibuka tse kgolo letotong lena di tla hlahisa bana tsebong ya dipale tse fapaneng, dithothokiso, diraeme le dipapadi hammoho le tlhahiso le dingolwa tsa ditshwantsho.

Ke boikarabelo ba hao, o le titjhere, ho neha dipale bophelo baneng hore maemo a ho nafelwa le ho thaba a be teng. Tshebediso ya Buka e Kgolo e o neha bokgoni ba ho bopa kamano ya ketso ya ho bala ka tsela e nafelang wena mmoho le bana. Re tshepa hore buka ena e tla o thusa ho etsa sena.

Dikgopolole tse ding tsa ho sebedisa Buka e Kgolo

- Sebedisa polasetiki e hlakileng e le moalo hodima Buka e Kgolo. Ho tla thusa hore bana le titjhere ba ngole hodima polasetiki.
- Ngola hodima moaloo hlakileng ka pene e phumolehang.
- Sebedisa tlelipi e kgolo ho tshwarahanya moalo o hlakileng le buka e kgolo.

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Author: V McKay



Ikisetse seemisa sa Buka e Kgolo

O tla hlota:

- Khateboroto e nang le bophara bo lekanang le Buka e Kgolo e butsweng (594 mm) mme bolelel bo be makgetlo a 3 (1360 mm).
- Masking theipi.
- Ditlilipi kapa diphekese ho tshwara khateboroto mmoho.

Sebedisa masking theipi ho kopanya dikarolo tsa khateboroto.

Mena khateboroto ho etsa foreimi ya A mme o tsipelle bofatshe le sefahleho mmoho jwaloka ha ho bontshitswe setshwantshong se ka tlaase.

