

IGREYIDI 3 ILIMI LEKHAYA

Siyazithabisa ngekhwitjhini



ISINDEBELE

Ileveli:

1

Incwadi

3



Ukufunda ngeenqhema okuhlahlwa ngutitjhere

Ngaphambi kokufunda

- Phendla uye ekhasini elinendatjana ezokufundwa. Khuluma ngeenthombe.
- Bawa abafundi bafunisele kobana indatjana imayelana nani ngokuthi bafunde isihloko bebaqale neenthombe.
- Yethula nanyana uhlathulule amagama alikhuni ngaphambi kobana abafundi bafunde indatjana.

Ukufunda kokuthoma

- Abafundi kumele bazifundele isiqetjhana ngokwabo.
- Abafundi kumele bafunde buthule nanyana bafundele phasi sakuhleba isiqetjhana soke.
- Khambakhamba hlangana nabafundi uqalisise kobana boke abafundi bayazibandakanya ekufundeni. Ungabawa kobana loyo umfundu oseduze kwakhe afundele phezulu indawana leyo efundwako.

Ukucocisana

- Buza imibuzo emayelana nalokho okufundiweko.
- Nqopho emagameni atjhejiweko, amatjhada nelwazi-magama.
- Uzokufunyana eminye yemisebenzi encwadini le ngemuva iqakathekile begodu ingahlahlah lokho ekungakhulunyiswana ngakho. (Khetha imisebenzi efaneleko nenembako eselevelini labafundi.)

Ukufunda kwesibili

- Ngamanye amalanga, ungavumela abafundi kobana babuyelete bafunde incwadi. Bangafunda ngamunye nanyana ngababili.
- Tjhejisisa ukufunda ngokutjhelela, ihlelo nelwazi-magama.
- Bawa abafundi baqedelele umsebenzi owenzwiwa ngeenqhema ekhona ngemuva kwencwadi le. (Khetha imisebenzi enembako esezingeni elifanele abafundi.)



Nangabe kunesithombe esinje,
abafundi abalingise indatjana leyo.



Ngemva kokuzifundela ngamunye, abafundi kumele bafunde ngeenqhema. Abafundi abasebenzisane ngeenqhema ukujedelela umsebenzi onembako ongemuva encwadini le. Abafundi akukameli batlole okuthileko phezu kwencwadi le. Umsebenzi otlolwako awutlolelwe ngeencwadini zabo zokutlolela umsebenzi.

Siyazithabisa ngekhwitjhini

Okumumethweko

Iinyeleliso zabentwana
abaphekako 2

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Iinyeleliso zabentwana abaphekako

- 
- Ungathomi upheké ngaphandle kobana usizwe mumuntu omdala.
 - Fundisisa indlela yokupheka ngokuyeleta okukhulu bewuqinisekise bonyana zoke iisetjenziswa zokupheka ziphelele.
 - Yembatha ikhiba bewuhlambe izandla ngaphambi kokuthoma ukupheka.
 - Nangabe uneenhluthu ezide, zibophe ngemuva bewuthwale.
 - Yeleta lokha nawusebenza njemikhwa ebukhali.
 - Yembatha amadlhavu abamba izinto ezitjhisako lokha nawubamba izinto ezitjhisako nanyana ukhupha izinto ezitjhisako nge-ovenini.
 - Qinisekisa bonyana iimbambo zeempoto ziqliswa ngehlangothini engeke uzithinte.
 - Nawuqedileko, butha bewuhlanze zoke izitja.
Cima isitofu nanyana i-oveni.

Iisetjenziswa zokumeda



Ikhezwana letiye
eli-l = 5 ml

Ikhezo lokudla
eli-l = 15 ml

ikomitji eyo-l =
250 ml

Insetjenziswa zokupheka



amakhezo wokumeda

ikomitji ekumedwa ngayo



amadlhavu abamba
izinto ezijjisako



iphini

umakupuru



iforogo



ipani

amakhezo



isisefo



itjakazo



ijege



ibhodo yokukelela



umukhwa



ipani enemigojana

isisetjenziswa
esitlhodlha ijuzi



isisetjenziswa esipholisa
amakhekhe



ipani

Ubuso obuhlekisako

Yenza obunye ubuso obuhlekisako kusidlo enizosithabela

Iisetjenziswa

- amabhawuli ama-3
- ikhezwana letiye
- umukhwa
- ikhezo lokudla
- ithreyi
- iphini

Izinto ozozitlhoga



Ama-Marie Biscuits ali-12



Ikomitji eyo-l yetjhukela
yoku-ayisa



Amakhezo amabili wokudla
wamanzi

Ihafu yekhezwana ledayi ehlaza
sasibhakabhaka yokudla. Ihafu
yekhezwana ledayi esarulani yokudla.



Amaswid amaSmarties
namaJelly Tots



Iintambo ezimunyako

Indlela yokupheka

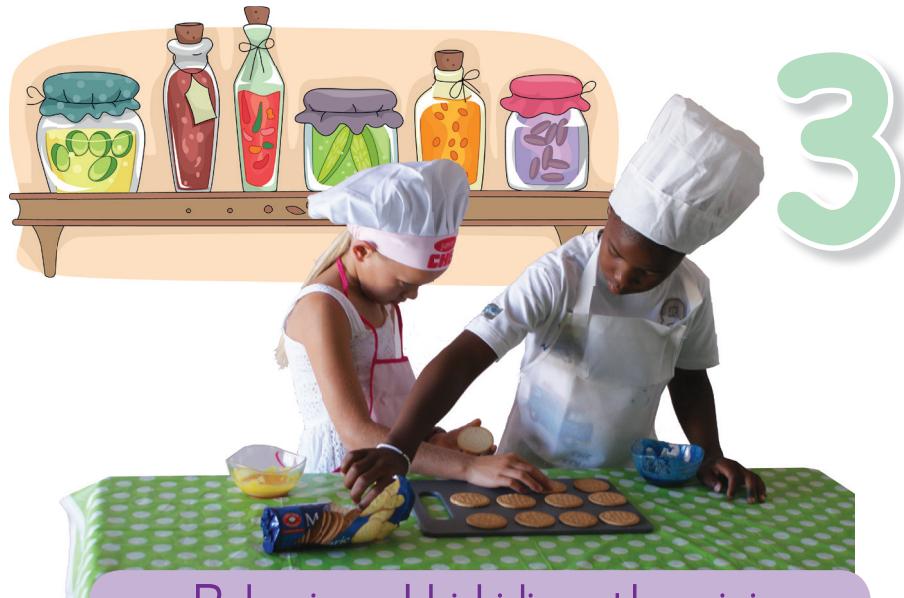
1

Sefela itjhukela
yoku-ayisa
ngakumakupuru.
Thela amanzi.
Hlanganisa kuhle
kungabi namagiqa.



2

Hlukanisani ihlanganisela yetjhukela yoku-ayisa
ngezitjeni ezi-2 ezibomakupuru. Thelani idayi yokudla
ehlaza sasibhakabhaka ngakomunye umakupuru bese
nithele idayi esarulani ngakomunye umakupuru.



Bekani amabhiskidi ngethreyini.



Sebenzisani umukhwa obuthundu
ukutjhatjha ihlanganisela yetjhukela
yoku-ayisa phezu kwamabhiskidi.

5



Kghabisani amabhiskidi bonyana abe namehlo ngokuthi nisebenzise ama Smarties, ama Jelly Tots neentambo ezimunyako (ezifana nezamanyathelo).
Abekeni isikhathjhana ukuze aqine.



6

 Yidlani
amanandinandi
wenu.





Isaladi yeenthelo

Zenzele isaladi yomhlobo enamavithamini amanengi.



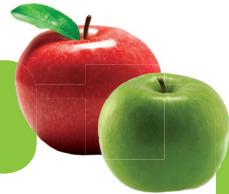
Iisetjenziswa ozozitlhoga

Umukhwa
Ibhodi yokukelela
Umakupuru
Iisetjenziswa esitlhodlha ijuzi



Iinthelo ozozisebenzisa

I-orentji eli-1
Iphopho eyo-1
Ipayinapula eyo-1
Ama-apula ama-2
Amabhanana ama-2
Amakhezwana ama-2
wetiye



Omele ukwenze



Kela i-apula bese uliqobela libe ziinqetjhana ezincani.

1

2

Hluba ibhanana ulisike libe ziinqetjhana.





3

Kela iphopho bese uyisika
iinqetjhana ezincani.



4

Kela ipeyinapula
bese uyayiqoba
iba ziinqetjhana.

Hlanganisela 5

iinthelo
ngakumakupuru.



6

Kghamela i-orentji
ngakumakupuru.



7

Thela ijuzi
ye-orentji leyo
ngeenthelweni.

Amakhekhana wangemakomitjini anemibalabala



Amakhekhana abhagelwa ngepanini enemigojana athandwa khulu ngesikhathi samalanga wokubelethwa, ngeLanga laboMma nanyana nawuvakatjhelwe zünni ozozithelela itiye.

Iinsetjenziswa

Isisefo

Ibhawuli yokuhlanganisela

Umakupuru omncani

Ikomitji

Ikhezwana letiye

Iphini

Iforogo

Ipani enemigojana

Iraga ebeka amakhekhe

ukuze aphole

Amadlhavu asetjenziswa

ukubamba izinto ezitjhisa



Ihlanganisela

Izinto ozozitlhoga

Amakomitji ama-2 weflowuru

Ihafu yekomitji yetjhukela

Amakhezwana wetiye ama-2
we-baking powder

Amakhezo ama-4 wokudla
agcwele ibhodoro/imajarini

Ikomitji eyo-1 yebisi

Amaqanda ama-2



Uku-ayisa

Ihafu yekomitji yetjhukela

Ikhezo elilodwa lamanzi

i- $\frac{1}{2}$ yekhezwana letiye
eligcwele idayi yokudla



Indlela yokupheka

Hlanganisa ibhodoro netjhukela usebenzise iphini.

Phula amaqanda bese uyawahlanganisa ngetjakazo bese uthele ivanila, ibisi namaqanda phezu kwehlanganisela yehlama.

Hlanganisia kungabi namagiqa.

Sefa iflowuru nebhagpuyere ndawonye bese uthela phezu kwehlanganisela.



Nghwatha ngekhezo ufake ngemakomitjini wamaphepha bese ufaka amakomitji ngepanini enemigojana.

Bhaga nge-ovenini imizuzu ema-20–30: Umtjhiso we-oveni kumele ube li-180 °C.

Akhupheni amakhekhe niwabeke ukuze aphole.





Landela indlela yokupheka esekhasini lesi-5 uku-ayisa. Sebenzisa umukhwa obuthundu ukutjhatjha isidikidiki soku-ayisa phezu kwamakhekhana abhagelwa ngemakomitjini.



Kghabisa ngama-Smarties bewuthelathele
lokhu okusamaswijana.



Beka ikhekhana elibhagelwe ngepanini
enemigojana epleyjidini.



Thabela ukudla ikhekhana elimnandi
elibhagelwa ngepanini enemigojana.

I-ayisikhrimu emnandi

Zipholise elangeni elitjhisako nge-ayisikhrimu emnandi.



Ihlanganisela/Ozokutlhoga

- I-ayisikhrimu
- I-bhana eli-l
- Amaswijana ongawathelathela
- Amantongomani
- Amatjheri

Indlela yokupheka

1 Thatha ikhezwana le-ayisikhrimu.



3

Kwanje ungathela amananjana
phezulu ukukghabisa.



4

Beka
amantongomani
phezulu.



5 Okulandelako,
hluba ibhana
elilodwa.

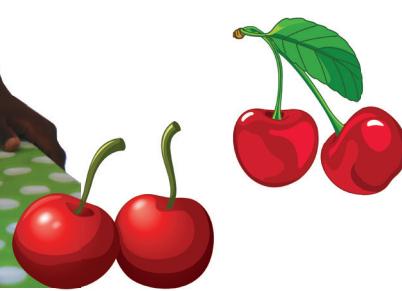


6 Gegisa
iinqetjhana
zebhanana
ngeqadi
kwe-
ayisikhrimu.





7 Kokugcina, beka
itjheri phezulu.



8 Kwanje nambitha i-ayisikhrimu
yakho emnandi.





Amakhramphethi



Yidla amakhramphethi
ngelanga elimakhaza.

Izitja ozozitlhoga

- Umakupuru ozokuhlanganisela ngakuye
- Umakupuru omncani
- Ikomitji ozokumeda ngayo
- Ikhezo lokudla
- Ikhezwana letiye
- Itjakazo
- Ipani ozokubhrayela ngakiyo
- Iphini
- Isisefo

Izinto ozozitlhoga

- Amakhezo ama-4 webhodoro
- Ikomitji eyo-1 yeflowuru
- Amakhezo ama-2 wetjhukela
- Itsawayana
- Amakhezo wetiye ama-2 webhagpuyere
- Amaqanda ama-2
- Ikomitji yebisi
- $1\frac{1}{2}$ yekhezwana levanila

Indlela yokupheka

1. Sefela iflowuru, itswayi nebhagpuyere ngebhawulini ekulu.
2. Ncibilikisela ibhodoro ngepanini ebekwe esitofini bese kuthi ibhodoro nasele incibilikile, uyephule eziko.



3. Hlanganisela amaqanda ngebhawulini encani.
4. Thela ibisi nevanila ngemaqanden'i bese uyahlanganisa godu.



5. Hlanganisa zoke izinto ozozitlhoga ezilitlelezi nezomileko bese uhlanganisa pheze umzuzu owodwa.
6. Faka ikhezo elilodwa lebhodoro ngepanini esemlilweni.



7. Lokha amakhramphethi nakaphuma amagwebu, aphendule.
8. Nasele amakhramphethi anombala obhraweni mahlangothi woke, aphule eziko.
9. Adle ngokuthi uwatjhatjhe ibhodoro nanyana iliju.



Isiselo esisidikidiki

Phola ngokuthi usele isiselo esisidikidiki esenziwe ngeenthelo.

Insetjenziswa/Izitja ozozitlhoga

- Umukhwa
- Amarhalasi
- ibhodo yokukelela
- Ijege
- Ikomitji yokumeda



3. Faka zoke iinthelo ngejegeni.
4. Zihlanganise ndawonye bezibe sidikidiki.

5. Thela isiselo sakho esisidikidiki ngemarhalasini bese usibeka ngefrijini ngaphambi kobana usisele.

Izinto ozozitlhoga

- Amaperegisi ama-2 nanyana i - $\frac{1}{4}$ yepeyinapula
- Ibhanana
- Ikomitji eyo-l yeyogathi (eyenziwe ngomengu, isitrowubheri nanyana yamaplamu)
- Ikomitji eyodwa yebisi

Indlela yokupheka

1. Kela isithelo.
2. Qoba isithelo sibe ziinqetjhana ezincani khulu.



Umsebenzi wokufunda owenziwa ngeenqhemha



1

Cocisana naloyo ohlezi eqadi kwakho mayelana nencwadi eneendlela zokupheka.

- a. Sithini isihloko sencwadi le?
- b. Incwadi yokupheka yehluka njani encwadini yeendatjana?
- c. Wena ngiyiphi indlela yokupheka ongayilandela begodu kungani?
- d. Kungani iindlela zokupheka zisitjela kobana simele simede kangangani?
- e. Wena upheka ini nawusekhaya? Tjela ohlezi eqadi kwakho kobana ukupheka njani ukudla lokho.
- f. Ngimiphi imithetho ekumele siyilandele lokha nasiphekako?



2

Sebenzisa ikhasi lokumumethweko ukuphendula imibuzo elandelako.

- a. Zingaki iindlela zokupheka ezsencwadini le?
- b. Indlela yokubhaga amakhekhana abhagelwa ngemakomitjini/ngepanini enemigojana isekhasini liph?
- c. Ekhasinama-20 kunayiphi indlela yokupheka?
- d. Ngiliphi ilwazi olifunyana ekhasinama-22?



3

Buyelela uqalisise indlela isiselo
esisidikidiki esenziwa ngayo.

- Tjela ohlezi eqadi kwakho kobana ngikuphi ekumele ukwenze ngaphambi kokukela iinthelo zibe ziinqetjhana ezincani.
- Tjela ohlezi eqadi kwakho kobana ngikuphi ekumele ukwenze nasele iinthelo uziqobe zaba ziinqetjhana.



4

Mumura amagama alandelako utjengise bonyana uyayazi ihlathululo yawo:

- ukuhlanganisa
- ukutlhodlha
- ukusika
- ukuqoba
- ukukha
- ukurura
- ukukela
- ukuthela
- ukuphendula
- ukuphutjeza
- ukusefa
- ukunambitha



5

Madanisa amagama alandelako nehlathululo yawo:

I-oveni

Indlela
yokuphekaUkuphula
eziko.

Magadango alandelanako lokha nawupheka ukudla okuthileko.

Ukususa emlilweni.

Yindawo etjhisako ngesitofini lapha amakhekhe abhagelwa ngakiyo.

IGREYIDI 3 ILIMI LEKHAYA



Incwadi 3

Isihloko:	Siyazithabisa ngekhwitjhini
Ilimi:	IsiNdebele
Ileveli:	IGreyidi 3 Incwadi yokufunda ngeLimi Lekhaya Ileveli 1 Incwadi 3
Umhlobo womtlolo:	Imitlolo eliqiniso eyame esiqetjhaneli esinemyalo: Incwadi yeendleza zokupheka
Amagama atjhejweko:	ukuthela, ukuthabela, ukuhlanganisa, ukusebenzisa, ukuphutjheza, okhunye, ukuphehla
Ilwazi-magama:	ukulinganisa, ukukghabisa, okumnandi, ukuhlanganisa, indlela yokupheka, izitja ozitlhogako
Amatjhada:	Igama eliodwa lingabizwa ngeendlela ezinengi. Iphehlo> itjakazo Ukumeda> ukulinganisa Ikhezo> isigobho Amagama angehla la siyawasebenzisa ukunothisa ilimi esilikhulumako.
Okumumethweko, imibono namakghono:	<ul style="list-style-type: none">▪ Fundiswa bewuphendule imibuzo emayelana neendlela zokupheka.▪ Fundiswa bewuphendule imibuzo emayelana nekhasi lokumumethweko.▪ Madanisa ilwazi isimedo esisemthethweni naleso esingasi semthethweni.▪ Kopulula indlela yokupheka eyodwa bese uytlolola ngencwadini yakho yokutlolela umsebenzi.

IsiTatimende seKharikhyulamu yeliZweloke (i-TKZ) sifuna kobana abotijhere babekel ngeqadi isikhathi qobe lilanga baqale umsebenzi wokufunda ohlahlwa ngutitjhere.

Ukufunda okuhlahlwa ngutitjhere kufuna abafundi abafunda ngezinga lokutjhelela elifanako kobana bafunde isiqetjhana esifanako, ngeenqhema begodu ngaphasi kwelawulo laka tijhere.

Utitjhere kufanele ahlele iinkhathi zokufunda sekufaka hlangana namagama athileko azokuhlathululwa esiqetjhaneni kanye namaqhinga anembako wokufunda azokuthogwa bafundi. Elinye iqhingga elitlhogekako ngelokukhulumma ngesiqetjhana hlangana kwabafundi notitjhere begodu hlangana kwabafundi babodwa ngeenqhema.

Iincwadi lezi zifaka hlangana iinquetjhana ezinengi ekungakhulunywa ngazo. iinquetjhana ekungasuselwa kizo imibuzo kanye neminye imisebenzi engakusiza wena titjhere ukuze ukwazi ukuhlahlha abafundi bakho.

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Lekhaya:



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Ikhambo eliyingozi elwandle

Siyazithabisa ngekhwitjhini

Idayari yomntwana otsitsilako



Ukubaleka okwaba yipumelelo

UThandi ube nelanga elimbi

Ipelaveke engekhe sayikhohlwa



Kunerhorho ngekhabeteni lami

Icala lamakhekhe alahlekileko

Kuyamangaza,
kodwana liqiniso