

Thandi o na le letsatsi le le bosula



SETSWANA



Maemo:

2

Buka

2



Puiso e e kaelwang ya ditlhophha

Pele ga puiso

- Phetla kgang e ba tlaa e buisang.
- Kopa barutwana gore ba bolelele kgang pele ba lebeletse setlhogo le ditshwantsho.
- Itsise barutwana ka ga mafoko a mašwa le a a bothata pele ba buisa kgang.

Puiso ya ntlha

- Barutwana ba tshwanetse go buisa buka ka bongwe ka bongwe.
- Barutwana ba tshwanetse go buisa ka tidimalo kgotsa ba ka nna ba 'sebaseba fa ba buisa' buka.
- Tsamaya, tsamaya go tswa mo morutwaneng mongwe go ya kwa go yo mongwe, o kopa morutwana mongwe le mongwe go buisetsa karolo ya buka kwa godimo.

Motlotlo

- Botsa dipotso tsa tekatlhologanyo tse di ikaegileng ka buka.
- Tsepamisa matlho mo medumopuong, mafokong a tlwaelo le tlotlofokong.
- O tlaa fitlhela ditirwana tse di kwa morago ga buka e di le botlhokwa le mosola go kaela motlotlo wa phaposi.

Puiso ya bobedi

- Mo malatsing a a latelang, letla barutwana go buisa buka gape, ka sebedi (dipara) kgotsa ka bongwe ka bongwe. (Tlhophha ditirwana tse di lekaneng maemo a barutwana)
- Tsepamisa matlho mo kelelong ya puiso, thutapuong le mo tlotlofokong.
- Letla barutwana go feleletsa ditirwana tse di kaelwang tsa ditlhophha tse di tsenyeleditsweng kwa morago ga buka e. (Tlhophha ditirwana tse di lebaneng maemo a barutwana).



Letla barutwana go diragatsa
kgang fa e ba letla go dira jalo.



Barutwana ba tshwanetse go dira ditirwana tsa puiso ya ditlhophha morago ga puiso. Letla barutwana go bereka kana go dira ka ditlhophha go feleletsa ditirwana tse di maleba tsa puiso ya ditlhophha tse di tsenyeleditsweng kwa morago ga buka. Ga ba a tshwanela go kwala mo bukeng e. Ditirwana tse di kwadiwang di direlwae mo dibukeng tsa bona tsa dithutiso.

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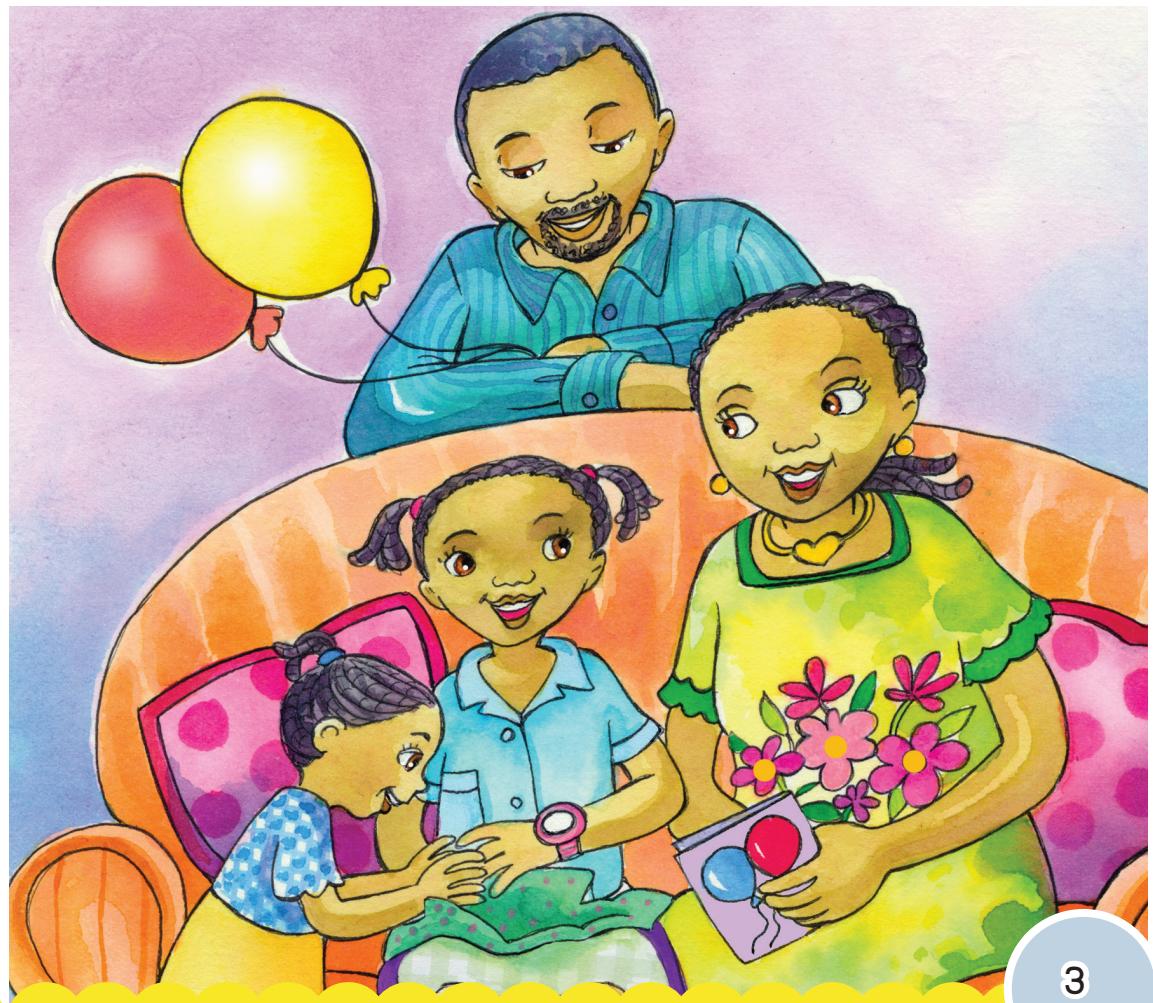
Gompieno e ne e le letsatsi la botsalo la ga Thandi. Mmaagwe o mo neetse lebokoso le phuthetswe ka pampiri e pinki. Ka fa gare go ne go le tshupanako e a sa bolong go e eletsa!

"Malebo mma! Malebo rra! Ga ke bolo go eletsa tshupanako e pinki!" Thandi a goa ka boitumelo. "Ke fela pelo go supetsa Karabo le Katlego tshupanako ya me e ntšhwa."

Mmaagwe o mo tlamparetse ka maatla. "Itumelele botsalo jwa gago jwa borobongwe Thandi."

"Itlhaganele," ga rialo rraagwe. "Go seng jalo bese ya sekolo e ya go go sia."

"Se tshwenyege rra. Ga nkitla ke siiwa ke bese gape. Jaanong ke na le tshupanako, mme ke a itse gore bese e tlaa tsamaya morago ga metsotso e le 12," a araba ka boitumelo, a ya sekolong.

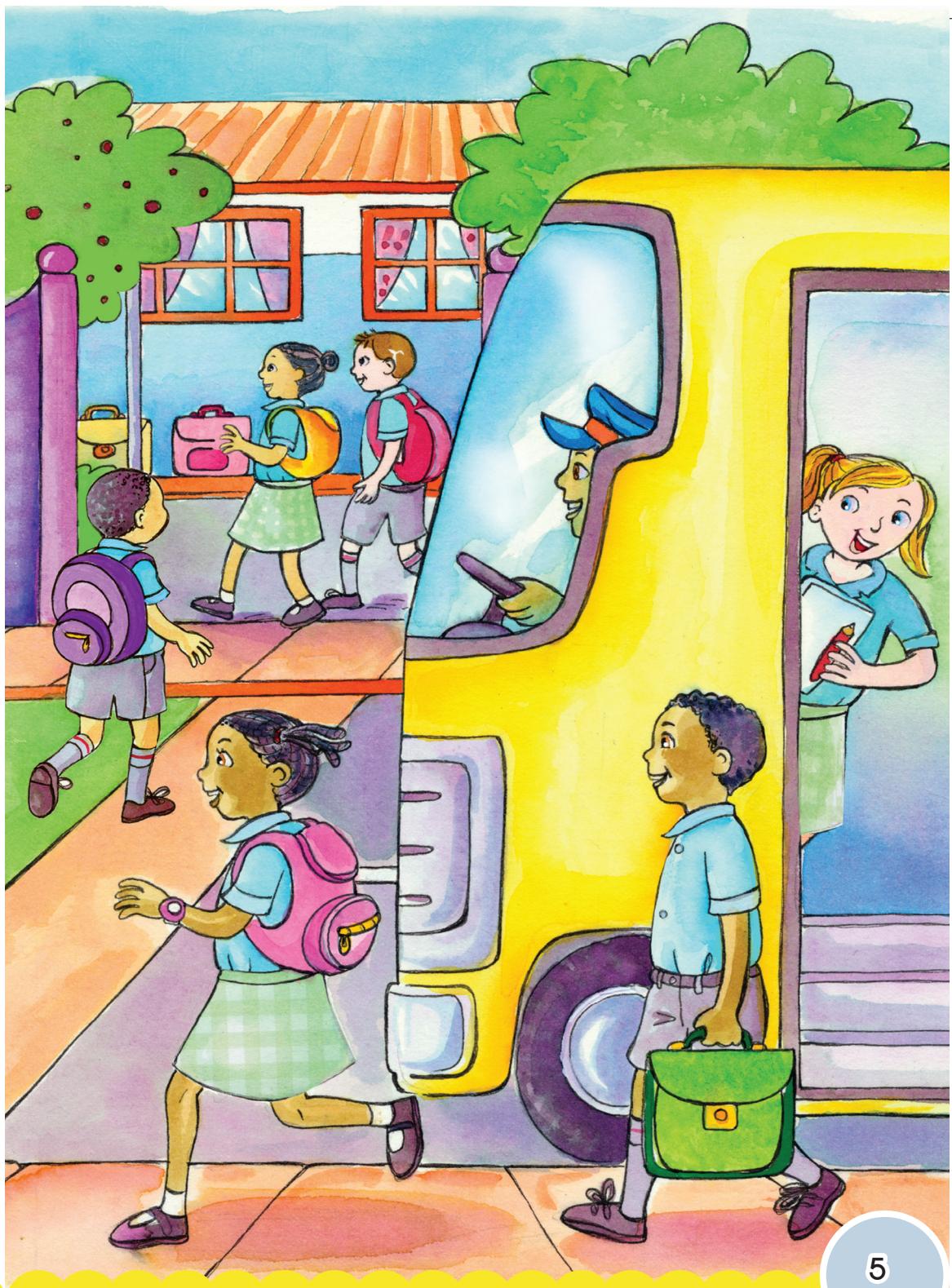


Thandi a tlolatlola go ya beseng mme
a sianela kwa sekolong ka boitumelo.

O ne a fela pelo go supetsa Karabo
le Katlego tshupanako ya gagwe e
ntšhwa e pinki.

"Botlhe mo phaposing ba na le
ditshupanako, jaanong le nna ke na
le yona," Thandi a akanya. "Ke ipotsa
Karabo le Katlego ba ya go reng fa
ba bona tshupanako ya me e ntle."

A leba tshupanako ya gagwe. "Phala
ya sekolo e ya go lela mo metsotsong
e le 20 le metsotswana e le 30. Ke
na le nako ya go supetsa Karabo
le Katlego tshupanako ya me," a
akanya.



"Agee Karabo le Katlego, tlayang
lo bone mpho ya me ya letsatsi la
botsalo!" ga goa Thandi.

Le gale Karabo le Katlego ba bontsha
ba sa mo utlwe. Ba mo katoga.

Thandi a goa gape "Karabo! Katlego!
gompieno ke letsatsi la me la botsalo!
Tlang lo bone tshupanako ya me e
ntšhwa!"

Le jaanong Karabo le Katlego ba
lebega ba sa utlwe. Ba fularela
Thandi mme ba sebasebelana.

"Ba lebetse gore ke letsatsi la me
la botsalo," Thandi a akanya. "Mmm,
goreng?"



Ka nako ya go kgwa mowa, Thandi
a bona Karabo le Katlego ba dutse
ka fa tlase ga setlhare ba sebaseba.

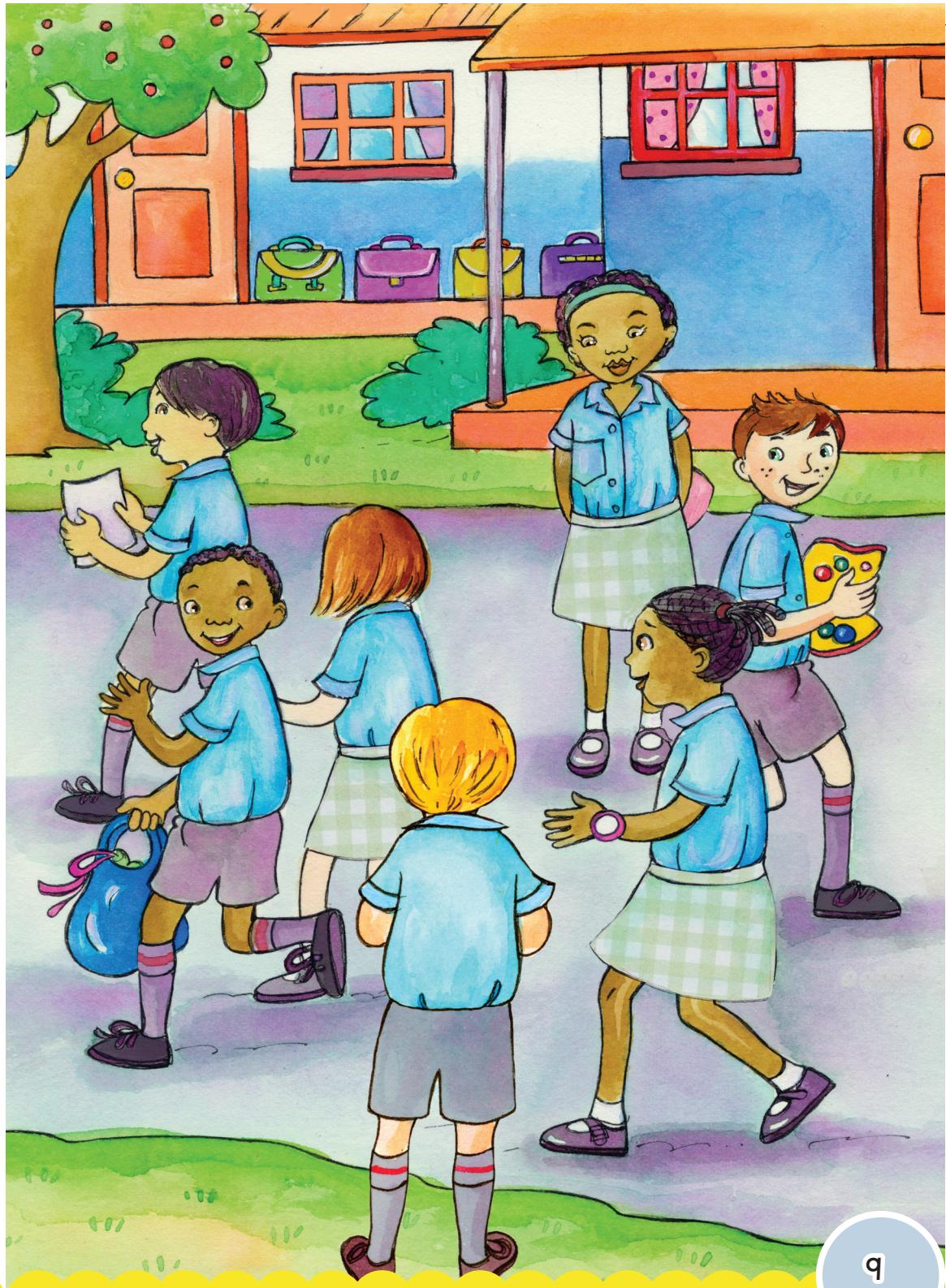
Fa Thandi a ba atamela, ba katoga.
"Mmm, goreng ba dirajalo?" Thandi
a ipotsa.

Ka nako e, Neo a goa "Agee Thandi!
Tlaya o tshameke le nna."

"Ga ke tlhaloganye gore goreng Karabo
le Katlego ba nkatoga ka gale," ga rialo
Thandi go Neo, ka kutlobotlhoko.

"Se tshwenyeyege Thandi, a re tshameke
kgwele ya dinao," ga araba Neo.

"Neo, ke utlwile botlhoko tota gore nka
tshameka kgwele ya dinao. Gajaana ke
batla fela go ya gae."



Thandi a namela bese ka iketlo. "Ke solo fela go dula gau fi le Karabo le Katlego," a akanya. Le gale Thandi a dula a le esi.

A bogela Karabo le Katlego ba nnetse go sebasebelana. A ipotsa gore goreng bana botlhhe ba bangwe ba nnetse go sebasebelana. Gangwe le gape fa a ba leba, ba leba go sele.

Le Neo tota o ne a sebaseba.

"Mmm, goreng ba dira jalo?" Thandi a akanya ka kutlobotlhoko.

"Ke fela pelo go fitlha kwa gae.
Ke nnile le letsatsi le le bosula tota."
A buela tlase a le esi.



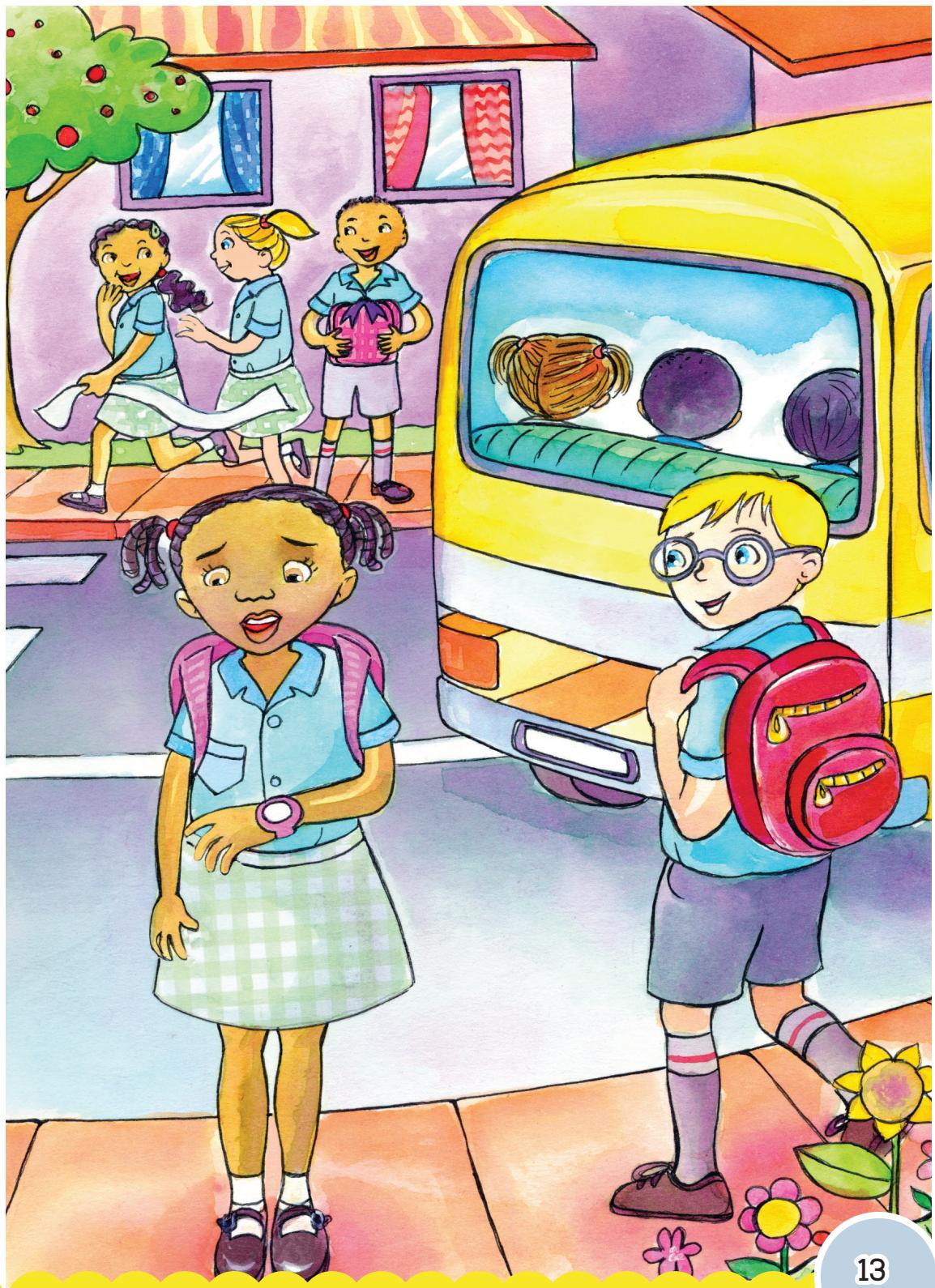
"Go ka bo go diregile eng?" Thandi a ipotsa.

A leba tshupanako ya gagwe. O ne a eletsa go e supetsa ditsala tsa gagwe.

"Agaa!" a akanya. "Ke ya go goroga kwa gae mo nakong ya metsotso e le 27 le metsotswana e le 42. Gongwe ke tlaa kgona go supetsa Karabo le Katlego tshupanako ya me ka moso."

Thandi wa batho a ikutlwa a katologilwe. Ope a se bue nae. Ga se nne le ope yo o mo lebang.

"Mmm, ke ipotsa gore goreng go ntse jalo?" Thandi a akanya ka kutlobotlhoko.



Bana ba ne ba tlola go tswa
boemelabeseng gaufi le legae la ga
Thandi.

Thandi a goa gape la bofelo.
"Karabo, Karabo! Karabo! Katlego!
Bonang tshupanako ya me e ntšhwa!"
Le gale Karabo le Katlego ba
tshegatshega fela mme ba sianela
kgakala.

Neo a atamela Thandi. "Goreng
o lebega o utlwile botlhoko jaana
Thandi? Tlaya, ke tlao tsamaya nao."



... ka jalo, Thandi le Neo ba tsamaya
ka iketlo go ya legaeng la ga Thandi.

Thandi a re go Neo, "Ke ipotsa gore
goreng Karabo le Katlego ba sa
mpuisse?"

"Mmm, le nna ke a ipotsa?" Neo a
akanya, ka monyenyo o o bophara.



Thandi a bula lebati la ka fa pele.
A dikgagamatso! Bana botlhe ba
phaposi ya gagwe ba bo ba le foo.

"Agee! Letsatsi la Botsalo le le
Molemo!" ga goa barutwana ba
phaposi ya Mophato wa 3.

"Aaa, jaanong ke tlhaloganya gore
goreng lo ne lo nkatoga tsatsi lotlhe!"
Ga rialo Thandi ka boitumelo.

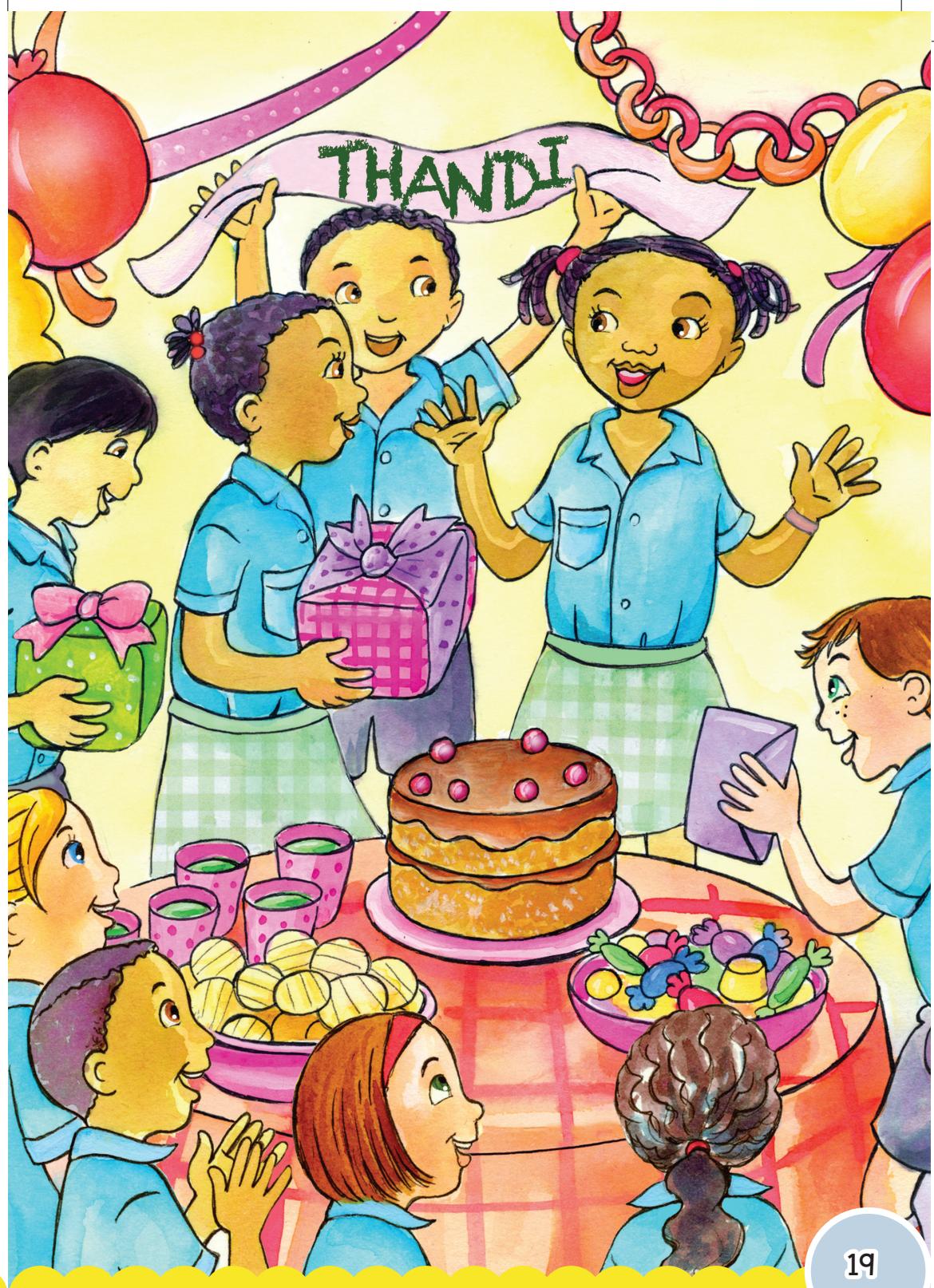
"Re supetse tshupanako ya gago e
ntšhwa!" ga goa Karabo le Katlego.

... mme Neo a nnela go nyenya ka setu.

Mmm, ga ke itse gore goreng?

Ditsala tsa nnete di a tlhokomelelana.

THANDI



A o ne o itse?



Bogologolotala, batho ba ne ba itse nako ka go lepa letsatsi. Ba ne ba rulaganya go kopana mesong, kgotsa ka sethoboloko kgotsa maitseboa. Fa o ne o dumela go direla mongwe, o ne o kala diura tsa tiro ka letsatsi, go tloga mesong go fitlha go phirima. Nako ya go tloga fa ngwedi o rogwa go fitlha go yo mongwe, e ne e le kgwedi, mme nako ya go tloga dikgakologo go ya go tse di latelang, e ne e le ngwaga.

Moragonyana batho ba ne ba lemoga ditsela tsa go lekanyetsa dipaka tse dikhutshwane tsa nako. Fela jaaka ngwaga o ne wa aroganngwa ka dikgwedi di le lesomepedi, batho ba tsere tshwetso ya go aroganya letsatsi ka diura di le lesomepedi, le go aroganya bosigo ka diura di le lesomepedi. Ka nako ya selemo, foo motshegare o neng o le moleele, diura tsa motshegare le tsona di nnile ditelele.

Dilo tsa ntlha go lekanyetsa nako pele re nna le ditleloko le ditshupanako e nnile disandaele le digalasenako.



Sandaele ke disiki e e kgolokwe e e tshwailweng jaaka tleloko. E na le setlhongwa se se emeng tlhololo, se moriti wa sona o welang mo disiking - o ke mokgwa o nako e lekanyediwang ka yona ka sandaele.



Galasenako e ne e leka digalase tse pedi tse di kgolokwe, di gokagane ka molala. Fa galasenako e kanamisiwa, go feta santa e e lekanyeditsweng go tswa bogodimo go ya botlase jwa galase e.

A ga o itumele gore gajaana re na le ditshupanako tse dinnye tse dintle?



KAKGOLO

O golegole
Masego a go atele
Badimo ba go segofatse
O nne o itumetse ka gale
Re go eleletsa tsotlhhe tse dintle
A ditoro tsa gago di diragadiwe
Segofadiwa mo letsatsing la gago la botsalo.

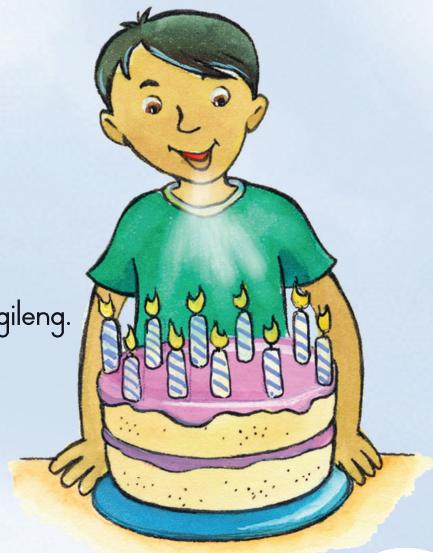


A RE JENG KUKU

Ntshang dibalune,
Ke nako ya go ja kuku,
Re rorisa badimo,
Mme re a itumela.

O lebanwe ke boitumelo
Jaaka go laotswe badimo
O tshwanetse ke lorato.

Ka letsatsi la gago le le kgethegileng.
Itumelele matsalo!



Ditirwana tsa puiso ya ditlhophha



1

Leba ditshwantsho.

- Tlhalosetsa tsala ka ga se se diragalang mo setshwantshong sengwe le sengwe.
- Tlhalosetsa tsala gore ke setshwantsho sefe se se tshwanetseng go tla pele, se se latelang, sa boraro, le sa bofelo.
- Dirisa ditshwantsho go buisetsa tsala kgang e.



2



Nyalanya mafoko le ditshwantsho. Buisa mafoko ka setu gore tsala ya gago e kabakanye gore o dira eng.

Kwa bofelong dirisa lefoko lengwe le lengwe mo polelong go supa gore o tlhaloganya bokao jwa lona.

sebaseba			goa
tshegatshega			nyema
go sa itse gore goreng			leba
tshega			tlamparela



Buisa kgang gape mme o bolelele ditsala tsa gago dikarabo tsa dipotso tse.

- Baanelwa ba botlhokwa mo kgannyeng ke bafe?
- Thandi o bone mpho efe ya letsatsi la gagwe la botsalo?
- Ke mafoko afe mo go tsebe 2 a a supang gore Thandi o ne a itumeletse mpho ya gagwe?
- Goreng a ne a fela pelo go e supetsa ditsala tsa gagwe?
- A kgang e simolola le go felela Thandi a itumetse?
- Ke eng se se mo itumedisitseng kwa tshimologong le kwa bokhutlong jwa kgang?
- Go diragetse eng mo tsamaong ya kgang se se tlhodileng kutlobotlhoko ya ga Thandi?
- Re itse jang gore Thandi o ne a kgon a go bolela gore ke nako mang?
- A o akanya gore Karabo le Katlego ke ditsala tsa nnete? Goreng o rialo?
- Leba ditshwantsho tse di mo kgannyeng. Di naya tshedimoso efe e e re bolelelang gore bana ba ne ba rulaganya moletlo wa sephiri?
- O ka ikutlwajang fa ditsala tsa gago di go ikgatholosa ka letsatsi la gagwe la botsalo? O ka reng?
- Kwa bokhutlong jwa kgang. Neo o ne a nyenya. O akanya gore ke eng a ne a nyenya?



4

Akanya gore o Thandi.

Kopisetsa dinako tse di latelang mo bukaneng ya gago ya thutiso mme morago o kwale se se go tlhagetseng ka dinako tse di farologaneng tsa letsatsi.

07h00	
07h15	Ke tsene mo beseng ya sekolo.
07h30	
07h55	
10h00	
13h00	
14h00	Ke tsene mo lapeng la me mme ka bona bana botlhe ba Mophato wa 3. Ba ne ba nthulaganyeditse moletlo wa tshoganyetso.



5

Ikakanyetse gore o Karabo le Katlego. Romela karata ya taletso go barutwana ba Mophato wa 3, malebana le moletlo o o sa rulaganngwang kwa lapeng la ga Thandi. Neela letlha, nako le aterese. Gakolola bana gore ba tshole se jaaka sephiri.

Letlha: _____

Nako: _____

Aterese: _____

Gokagana le: _____

PUOGAE YA MOPHATO 3



Buka 2

Leina kana setlhogo:	Thandi o na le letsatsi le le bosula
Puo:	Setswana
Maemo:	Padiso ya Puogae Mophato 3 Maemo 2 Buka 2
Mofuta wa sekwalwa:	Kgang
Mafoko a tlwaelo:	gape, bapa, bitsa, ka, gagwe, gongwe, akanya, gompieno, ka moso
Tlotlofoko:	letsatsi la botsalo, tshogile, itumetse, montle, seba, ngunanguna, setu, bopphara, boitumelo, itlhokomolosa
Medumopuo:	<ul style="list-style-type: none">• Mopeleto o o tshwanang o kgona go emela medumopuo e e farologaneng. jk. fitlha/ fitlha, noka/noka, kgabo/kgabo, kgama/ kgama, rema/rema• Kapodiso kana tumiso e e tshwanang, mme bokao bo farologana, jk, tsebe/tsebe, leleme/leleme
Diteng, mareo le bokgoni:	<ul style="list-style-type: none">▪ Tlhaosa ditshwantsho.▪ Baya ditshwantsho ka tatelano e e nepagetseng.▪ Dirisa ditshwantsho g tlotla kgang gape.▪ Dirisa mumuretso go emisetsa mafoko.▪ Buisa le go araba dipotso tsa tekathhaloganyo le tshupathhaloganyo.▪ Rulaganya sekwalwa sa kerafo le go tshola direkoto mmogo.▪ Rulaganya karata ya taletso.

CAPS e batla gore barutabana ba beele kwa thoko nako e e rileng ya go tota puiso ya ditlhophpha e e kaelwang letsatsi le lengwe le lengwe. Puiso ya ditlhophpha e e kaelwang e batla gore barutwana ba maemo a a tshwanang a puiso ba buise temana e e tshwanang ba le mo ditlhopheng tsa bona ka fa tlase ga bokaedi jwa morutabana.

Morutabana o tshwanetse go rulaganya nako ya go buisa gore e akaretse thuto ya mafoko a a rileng le mekgwa ya go tlhaloganya e barutwana ba tlaa e tlhokang fa ba buisa.

Mekgwaa e gape e batla 'puisano ka ga sekwalwa' magareng ga morutabana le barutwana le magareng ga bana mo ditlhopheng ts abona. Dibuka tse di akaretsa ditirwana di le mmalwa tsa 'puisano ka ga sekwalwa'. tekathlaloganya le ditirwana tse dingwe tse di tsamaelanang go thusa morutabana go kaela puiso ya ditlhophha mo diphaposiborutelong tsa bona.

ISBN 978-1-4315-2663-5



9 781431 526635



ISBN 978-1-4315-2663-5

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basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Published by the Department of Basic Education
222 Struben Street, Pretoria
South Africa

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First edition 2016

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**Dibuka tse digwe tse di
mo šelofong ya Puogae ya
Mophato 3**



**Robi Mmutlanyana o tsietsa
Freddie Phokojwe**

Letsholo la kwa lewatleng

Boitumediso mo khitsining

**Bukatsatsi ya Ngwana
Matshwenyego**



Go ngweega go gogolo

**Thandi o na le letsatsi
le le bosula**

Beke ya go ka gakologelwa



**Go na le selalome mo rakeng
ya me**

**Kgetse ya dikukukopi
tse di latlhiegileng**

Go a makatsa mme ke nnate