

LIBANGA 3 LULWIMI LWASEKHAYA

Kwaba mnandzi ekhishini



SISWATI

Incwadzi

3



Kufundza ngemacembu ngekusitwa nguthishela

Sandvulela kufundza:

- Phenya emakhasi endzaba. Khuluma ngemidvwebo.
- Cela bafundzi bacagele kutsi indzaba ingani basusela esihlokweni nasetitfombeni.
- Yetfula emagama lamasha kumbe lalukhuni embi kwekuba bafundzi bafundze indzaba.
- Yakha emakhadi emagama kwetfula emagama lamasha. (Bona luha lwemagama lamasha ngekhatsi kwekhava.)

Kufundza kwekulala:

- Umfundzi ngamunye kumele afundze umbhalo ayedvwa.
- Bafundzi abafundze bathulile noma-ke bahebete.
- Yani kumfundzi ngamunye umcele kutsi afundze umbhalo kakhulu.

Kucocisana:

- Buta imibuto yesivisiso lesuselwa embhalwani.
- Caphelisa imisindvo, emagama latayelekile kanye nemagama lamasha.
- Utawutfolia imisebenti ngemuva kulencwadzi iyinkhombandlela lesita kakhulu ekucocisaneni. (Khetsta imisebenti lesezingeni lebafundzi.)

Kufundza kwsibili:

- Emalangeni lalandzelako lawula bafundzi baphindze bafundze incwadzi futsi, ngababili noma ngamunye.
- Nakisia kufundza lokungenatihibe, luuhlelo nesilulumagama
- Bafundzi abacedzele imisebenti yekusitwa yemacembu letfolakala ngemuva kulencwadzi.

Lawula bafundzi kutsi balinganise uma umbhalo uvuma.



Bafundzi kumele bente lomsebenti wekufundza ngemacembu nase bacedze kufundza.

Abasebente ngemacembu kucedzela leyo misebenti lefanele yekufundza ngemacembu letfolakala ngemuva encwadzini. Bangabhalu kulencwadzi. Umsebenti wekubhalwa kumele wentiwe emabhukwini abo ekubhalela.

Kwaba mnandzi ekhishini

Lokucuketfwe

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Emasu aBotswana lababapheki



- Ungacali upheke uma kungekho lomdzala lokusitako.
- Fundza yonkhe indlela yekupheka ngekucophelela wente siccisekiso kutsi tonkhe titsako netütja tekupheka kulungisiwe.
- Gcoka sidziya, ugeze tandla embi kwekutsi ucale.
- Uma unetinwele letindze, tibophele emuva.
- Caphelisisa nawusebentisa imikhwa lekhaliophile.
- Faka emagilavu ekubamba nawubamba tintfo letishisako noma nawutifaka, utikhipha e-avini.
- Caphelisisa kutsi tibambo temabhodo tibhekiswe emaceleni khona ungetikutishayisa esitofini.
- Nase ucedzile, geza uhlobise konkhe bese ucima sitofu ne-avini.



I ithisipunu = 5 ml

I sipunu = 15 ml

I linkomishi = 250 ml

Lokusetjentiswa ngumpheki



Buso Mahlekisa

Yenta buso bekuhlekisa wentele kujabulisa labatakulda

Titja

□ 3 tindishi

□ sipunu

□ ithispunu

□ lithileyi

□ umukhwa

□ ingcwembe



Titsako



12 Imicatsane yaka Marie

1 inkomishi yashukela wekuhllobisa



2 tipunu
temanti

Hhafu wethispunu umphendvuli-mbala
lolingangane. Hhafu wethispunu
umphendvuli-mbala lomtfubi



Emasmathisi nemajelithothi

Emalikhori si lasatincotfo

Indela

1

Sefela shukela
wekuhllobisa endishini.

Tsela emanti.
Hlanganisa kute
kuhlangane
kutsi ngci.



2

Hlukanisa inhlama yekuhlobisa ibe setindishini
leti-2. Tsela umphendvuli-mbala lolingangane
endishini yinje bese lomtfubi uya kulena lenye.



Beka imicatsane ethileyini.



Sebentisa umukhwa longakakhaphi kubhoca
inhlama yekuhlobisa etulu kwemicatsane.

5



Hlobisa imicatsane ibukeke njengebuso usebentisa emasmathisi, emajeli thothi nemaswidi lasatincotfo.
Yekela kuhlale kwetiye



6



Titike ngekudla kwakho.





Isaladi yetitselo

Yenta isaladi yetitselo yasehlobo lecicima emavithamini. Lokufute kwentiwe.



Kwekusetjentiswa

Umukhwa

Lipulango

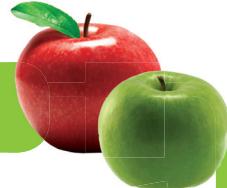
Iekucobela

Indishi

Sifonco sejusi



Titsako



1 liwolintji

1 liphopho

1 phayinaphu

2 emahhabhula

2 bobhanana



Yenta loku



Cata emahhabhula uwasike
abe ngemakhiyubhu.

1

2

Cata bhanana umcobe.



3

Cata liphopho ulisike
libe ngemakhiyubhu.



4

Cata
phayinaphu
umsike abe
ngemakhiyubhu.

5

Didiyela
letitselo
endishini



6

Fonca liwolintji.

7

Tsela ijusi etulu
kwesaladi.



Emakhekhana emibalabala



Lawa makhekhana emibalabala ahamba embili emaphathini elusuku lwekulalwa, Lusuku lwaBomake noma-ke nawuvakashelwe bangani seninatsa litiya.

Tintfo tekusetjentiswa

Sisefo

Indishi yekudidiyela

Indishi lencane

Inkomishi

Sipunu

Ithispunu

Ingcwembe

Imfologo

Lipani lemakhekhana

Sitsebe sekuphotisela

Emagilavu ekubamba



Titsako

Inhlama yelikhekhe



2 tinkomishi tafulawa

1 inkomishi yashukela

2 emathispunu ephawuda
yekubhaka

4 tipunu telibhotela noma
imajarini

1 inkomishi yelubisi



2 emacandza

emantana evanila

Umhlobisa-khekhe

1 inkomishi yemhlobisa-khekhe

1 sipunu semanti

½ ithispunu



yemphendvuli-mbala

Indlela

Bhucela libhotela nashukela ndzawonye usebentisa ingcwembe. Shaya emacandza ate abe nemagwebu bese utsela emacandza, lubisi nemantana evanila enhlameni yelibhotela.

Hlanganisa kute kuhlangane kutsi ngci.

Sefela fulawa nephawuda yekubhaka enhlameni uhlanganise kahle.

Khani inhlama ngesipunu uphakele etinkomishini temaphepha bese ubeka epanini lemakhhekhekhana" instead of "ethileyini.

Bhaka ezingeni lekushisa leli- 180°C sikhatsi lesimizuzu

lengema- 20 kuya ema-30 imizuzu ate abe
bubendze sagolide.

Wayekele aphole emakhekhe.





Landzela indlela yekupheka ekhansi lesi-5 kwenta umhlobisa-khekhe. Sebentisa umukhwa longakakhali phi kubhocela lomhlobisa-khekhe kumakhekhana.



Hlobisa ngemasmathisi nebuhladlwana.



Beka emakhekhana lahlotjisiwe epuletini
lekuletsa kudla.



Titike, dlani likhekhana lelimnandzi!

I-ayiskhilimu lemmandzi

Tiphotise kamnandzi elangeni lelibilako, dlani sidlo sakho se-ayisikhilimu lemmandzi.



Titsako

- I-ayisikhirimu
- Bhanana munye
- Buhladlwana
- Emantongomane emasherri

Indlela

1 Tsani vacu i-ayisikhilimu.

2

Faka libintana le-ayisikhilimu lolivacutile endishini lencane.



3

Nyalo-ke vuvutela buhladlwana
uhlobise i-ayisikhilimu yakho.



4

Ubese uvuvutela
emantongomane



5

Lokulandzelako,
cata bhanana
bese uyamcoba.



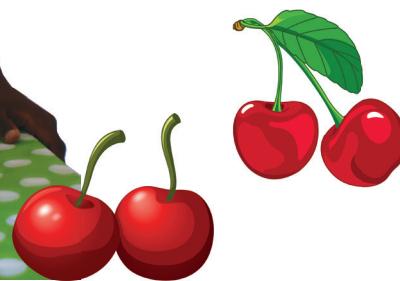
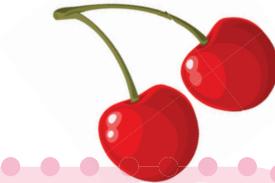
6

Beka tincetu
leticotjiwe
tabhana
tigegelete
i-ayisikhilimu.





7 Kwekugcina, beka
isheri ngetulu.



8 Nyalo-ke vani bunandzi
be-ayisikhilimu yakho.





Imicatsane



**Titike ngemicatsane
nakubanza.**

Kwekusetjentiswa

- Indishi yekudidiyela
- Indishi lencane
- Inkomishi yekukala
- Sipunu
- Ithispunu
- Kwekubhuca
- Lipani lekutfosa
- Ingcwembe
- Sisefo



Titsako

- 4 tipunu telibhotela
- 1 inkomishi yafulawa
- 3 tipunu tashukela
- Buhhehlwana beluswayi
- 2 emathispunu aphawuda wekubhaka
- 2 emacandza
- 1 inkomishi yelubisi
- $\frac{1}{2}$ ithispunu yemantana evanila

Indela

1. Sefa fulawa, shukela, luswayi, nephawuda yekubhaka, usefele endishini lenkhulu yekudidiyela.
2. Ncibilikisa bhotela losepanini esitofini bese ususa lipani esitofini nase ancibilikile.



3. Hlanganisa emacandza endishini lencane.
4. Tsela lubisi nemantana evanila emacandzeni lashayiwe bese uhlanganisela konkhe ndzawonye.



5. Hlanganisela ndzawonye titsako letimanti naletomile bese utamatisa umzuzu munye (1).
6. Gcumsela tipunu letigcwele kumbe-ke utsele inhlama lencane nje epanini lelishisako.



7. Nakuvela emabhamuta, phendvula imicatsane.
8. Khipha imicatsane epanini nase emacala omabili asabubendze sagolide.
9. Phakela unandzise ngelibhotela noma lokusaluju.



Sinatfo lesishubile

Tiphotise ngesinatfo lesimnandzi sesitselo lesishubile mhla lishisa lilanga.

Kwekusetjentiswa

- Umukhwa
- Lipulango lekucobela
- Inkomishi yekukala
- Tingilazi
- Lijeke



3. Faka tonkhe titsako ejekeni.
4. Hlanganisa konkhe loku ndzawonye kute kuhlangane kutsi ngci.

Titsako

- 2 emampentjisi noma mu-l kuya kulaba-4 bophayinaphu
- I bhanana
- I inkomishi yeyogathi (emagungumence esilumbi, emangoza noma emaplamu lanetitsako)
- I inkomishi yelubisi

Indlela

1. Cata sitselo.
2. Sika sitselo sibe tincetu letincane.



3. Faka tonkhe titsako ejekeni.
4. Hlanganisa konkhe loku ndzawonye kute kuhlangane kutsi ngci.
5. Tsela lenhlanganisela yesinatfo lesishubile etingilazini uyekele kuphole efirijini embi kwekube ukunatse.

Umsebenti wekufundza ngemacembu



1

Coca nemngani wakho ngencwadzi yendlela yekupheka.

- a. Sitsini sihloko salencwadzi?
- b. Yehluka kanjani incwadzi yendlela yekupheka encwadzini yetindzaba?
- c. Nguyiphi indlela yekupheka lotsandza kujisebentisa? Kungani?
- d. Kungani tindlela tekupheka tisitjela linani laleso naleso sitsako lokufute sisibentise?
- e. Yini loyiphekako ekhaya? Tjela umngani wakho kutsi usipheka njani lesidlo noma usiphisa njani lesinatfo.
- f. Nguyiphi imitsetfo lesiyilandzelako nasipheka?



2

Sebentisa likhasi lalokucuketfwe kuphendvula lemibuto lelandzelako.

- a. Tingaki tindlela tekupheka letikhona kulencwadzi?
- b. Ikuliphi likhasi indlela yekupheka yemakhekhana?
- c. Nguyiphi indlela yekupheka letfolakala ekhagini lema-20?
- d. Nguyiphi imininingwane longayitfola ekhagini lesi-2?



3

Buka buka nayi indlela yekupheka yesinatfo lesishubile.

- Tjela umngani wakho loko lokufute ukwente embi kwekube ucobe sitselo sibe tincetu letincane
- Tjela umngani wakho loko lokufute ukwente emva kwekucoba sitselo sibe tincetu letincane.



4

Yenta umnyakato kukhombisa kutsi ukuvisisa njani lokushiwo ngulamagama:

- | | | |
|------------|----------|------------|
| • didiyela | • fonca | • sika |
| • coba | • vacuta | • tamatisa |
| • cata | • tsela | • gucula |
| • vuvutela | • sefa | • dlani |



5

Condzanisa emagama nenchazelole lefanele:

Kwekusetjentiswa

Indlela

Titsako

Tinyatselo lokufute tilandzelwe nasipheka lesidlo.

Kudla lesikudzingako kwenta sipheko.

Tintfo tekusetjentiswa lesitidzingako kute sipheke.

LIBANGA 3 LULWIMI LWASEKHAYA



Incwadzi

3

Sihloko:	Kwaba mnandzi ekhishini
Lulwimi:	Siswati
Sigaba:	Libanga 3 Tindzaba teLulwimi Lwasekhaya Sigaba 1 Incwadzi 3
Luhlolo lwembhalo:	Umbhalo longateki ndzaba wendlela-sipheko
Emagama ekukhunjulwa:	tsela, titike, ekhatsi, lenkhulu, njenge, lokunye, sefa, sebentisa
Emagama:	kala, kwekusetjentiswa, titja, titsako, indlela, inhlama, hlobisa, jabula, mnandzi, phola
Imisindvo:	<ul style="list-style-type: none">• Emagama lanhlavumbili: bona, tsela, sefa, beka, phola• Emagama lanhlavuntsatfu: photisa, caphela, khumbula, phakela, jabula, titike• Emagama labomcondvofana: bandzisa/photisa, susa/yephula, jabula/ tsakasa, titike/tenetise.
Lokucuketfwe, Imicondvo neMakhono:	<ul style="list-style-type: none">• Ufundza aphendvule imibuto lesuselwa kundlela-sipheko• Ufundza aphendvule imibuto lesuselwa ehasini lalokucuketfwe.• Ucondzanisa tikalo letibekiswako naleticondze ngco• Ukopa indlela-siphekp encwadzini yekupheka asibhale ebhukwini lekubhalela.

EmaCAPS adzinga kutsi bothishela babeke sikhatsi ngelilanga kutsi babukane nekufundza ngemacembu ngekusitwa nguthishela.

Kufundza kwemacembu ngekusitwa kudzinga kutsi bafundzi babe sezingeni lelifanako kute bafundze umbhalo munye, ngemacembu, ngekusitwa nguthishela.

Thishela kumele ahlele sikhatsi sekufundza sifake ekhatsi emasu ekusebentisa emagama lamasha nembhalo wesiviso bafundzi labatawudzinga nabafundza.

Lamasu aphindze adzinge kutsi thishela nemfundzi bacoce ngembhalo nebatfundzi nabo baphindze bente kanjalo emacerjini abo. Letincwadzi tifaka ekhatsi imisebenti leminyentana yekucocisana ngekufundza ngemacembu.

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**Letinye tincwadzi
kuleligcogco leLulwimi
Lwasekhaya Libanga 3:**



**Mgwaja kaGwaja uphamba
uMnu Mphisi**

Ekujuleni kwelwandle

Kwaba mnandzi ekhishini

Umbhalo waDvubile



Teca tonkhe

**Akumhambeli kahle Thandi
lamuhla**

Simanga semphelasontfo



Inunu ewodilobhini yami

Anyamalala-ke emakhekhana

Emaciniso lacakile