RAPE

What is rape?
- Sexual intercourse without consent
- Having sex with a minor (under 16 yrs)
- Having sex with a mentally retarded person
- Having sex with a person under the influence of alcohol/drugs

Types of rape:
- **Date rape:** when raped by a familiar person
- **Stranger rape:** when raped by unknown person
- **Gang rape:** when raped by more than one person
- **Marital rape:** when raped by husband

How to prevent rape:
- Avoid unsafe surroundings and walking at night
- Always walk in groups
- Keep your doors locked at all times
- Run away, scream and shout loudly or fight
- Avoid hitchhiking, drink and drug abuse

What to do if you have been raped:
- Speak to someone you trust
- If hurt, go to the nearest doctor, clinic or hospital
- Do not wash or change your clothes before reporting
- Report the matter to the nearest police station immediately
- Seek counselling from social workers or psychologists or school counsellors

Who is the perpetrator?
- Any person, stranger or familiar person

Who is the victim?
- Any woman or girl young or old, weak or strong

Consequences of rape?
- Unwanted pregnancy
- Contraction of STDs and HIV/AIDS
- Anger, depression, nightmares, flashbacks, suicidal thoughts
- Loss of confidence, control, concentration, trust, sexual drive
DOMESTIC VIOLENCE

What is it?
- Violence between married couples, including customary or religious marriages
- Violence between people of the same or different sex living together as couples
- Violence between parents/foster parents and children

Types of Domestic violence:
- Physical abuse: inflicting pain on the body
- Sexual abuse: violating sexual integrity
- Economical abuse: deprivation of economical/financial resources
- Emotional, verbal or psychological abuse: insults, ridicule or name calling, threats, invasion of privacy, freedom, security, possessiveness or jealousy
- Stalking: Repeatedly following, pursuing or accosting
- Damage to property: maliciously damaging/destroying property
- Harassment: Threatening, spying, making nasty calls, invasion of privacy/residence

What to do when experiencing domestic violence?
- Obtain a protection order

SEXUAL HARASSMENT

What is it?
- It’s a crime
- Unwelcome sexual advances
- Unwanted touches to one’s body
- Paying through sex for a job or a pass
- Using one’s authority for sexual favours

Who is the perpetrator?
- A well known friend
- A relative
- A person in authority

What are the signs?
- Remarks about your body
- Remarks about your private parts
- Sexual language/jokes
- Pornographic literature
- Kissing without concern

What to do if you are a victim?
- Say “NO!” clearly
- Note when, where and how it happened
- Check if others experienced the same
- Get a witness who can testify
- Write a letter to the perpetrator
- Ask him to stop harassing you
- Keep a copy of the letter
- Consult sexual harassment policy if any
- Report the matter to someone who can help

Who may obtain a protection order?
- The victim
- A counsellor, health official, police officer, social worker, teacher on behalf of the victim.

Where and when can you obtain a protection order?
- At a Magistrate Court nearby
- During ordinary office hours
- Outside office hours in exceptional cases!

Who handles applications for a protection order?
- The Clerk of the Magistrate Court
- The Registrar of the High Court

Duties and powers of the police officer?
- Inform complainant of his/her rights
- Assist victim to obtain shelter and or medical treatment
- Arrest the perpetrator at the scene of violence
- Arrest perpetrator for violating the protection order

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