National School Nutrition Programme (NSNP)

2011/2012 Annual Report

Reaching Eight Million Learners in more than 21 000 Schools everyday
Message from the Director General

During the 2011/12 financial year, the National School Nutrition Programme continued to fulfil its mandate to provide nutritious meals to learners on all school days. The highlight of the programme was the final phase of expansion to secondary schools in April 2011. The programme reaches 8 850 208 learners in 21 453 schools nationally. The total budget also grew to R4 578 billion. This is indeed a significant milestone.

The second programme focus (after increased access) has been on improving the quality of school meals. Significant gains have been made in this regard through improvements in, and compliance to menus, as well strengthened monitoring and support with social partners amongst others. This will remain a priority moving forward.

The Department deployed teams to work with provincial and district officials, to address all challenges and restore the NSNP programme in Limpopo and Eastern Cape, as part of the Section 100(1)(b) intervention.

The Department continues to address some of the historical challenges to ensure that learners receive their meals in a dignified manner; for instance, 5 131 schools in seven provinces have been provided with equipment and eating utensils. Yet again, this is work we will continue to build on.

Partnerships have been significantly strengthened with great benefits for learners who participated in the initiated projects. The Department wishes to acknowledge the role of partners in support of the NSNP. These include the Tiger Brands Foundation, Nestlé SA, Walmart (MassMart Discounts) and others who strengthened the programme in various ways. Finally, the Department calls on communities to support and help us monitor this important programme so that it benefits our learners maximally.

Although much has been achieved, there is still more work that lies ahead. The year ahead promises to be yet another exciting year for the programme!

MR PB SOOBRAYAN
DIRECTOR-GENERAL
DATE:05/2013
Executive Summary

During this financial year (2011/12) 8 850 208 learners were provided with nourishing meals daily. This is over half a million more children than in the previous financial year (568 281 more than the total of 8 281 927 in 2010/11). Feeding was extended for the first time to quintile 3 secondary schools in April 2011, bringing to an end the three year phased extension to secondary schools. In addition, 50 679 volunteers were engaged to prepare, cook and serve the meals to learners.

Programme successes for the year include the support provided to Section 100(1)(b) interventions in the Eastern Cape and Limpopo provinces. The programme was stabilised in both provinces and payment backlogs addressed.

Significant improvement in the quality of meals has also been noted across the board. Most schools comply with the standards for menus, quality and health. However, facilities for food storage and preparation still require further improvement.

To reward excellence in programme implementation, each province identified the three (3) best NSNP schools that were entered in the national leg of the NSNP Best Schools Awards. The three winning schools overall were: in first place, Tsembaleftu Primary School (Mpumalanga); second place, Qwabi Primary School (Free State); and third place, Rethusitswe Primary School (Limpopo).

The National Nutrition Week was successfully celebrated in October at Modimolle Primary School in Limpopo Province under the theme “Eating for a healthy mind and a healthy body”. Activities included a chef’s competition, games and sports.

The Department also prioritised school vegetable gardens during the year. Four deserving schools received vegetable tunnels, namely Londhinda and Evulingqondo Primary Schools in Mpumalanga, as well as in Boijane Secondary and Mokasa Primary Schools in North West.

Various partners have assisted the Department in various ways. They include the Tiger Brands Foundation, Nestlé SA, Walmart (MassMart Discounts) and numerous others that worked with provinces. Many have supported efforts to improve cooking, storage and dining facilities in schools.

Plans for the 2012/13 financial year include providing continued support to provinces under Section 100(1)(b) Administration (Eastern Cape and Limpopo), ensuring quality of meals through training workshops and better monitoring at school level, as well as strengthening nutrition education and partnerships.
**Acronyms**

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>CAPS</td>
<td>Curriculum Assessment Policy Statements</td>
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<td>Department of Water Affairs</td>
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<td>EPWP</td>
<td>Expanded Public Works Programme</td>
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<td>FAO</td>
<td>Food and Agricultural Organization of the United Nations</td>
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<tr>
<td>GP</td>
<td>Gauteng Province</td>
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<tr>
<td>GWK</td>
<td>Griqualand West Co-operation</td>
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<td>HAD</td>
<td>Health and Development Africa</td>
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<td>IDSOs</td>
<td>Institutional Development Support Officials</td>
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<td>KFC</td>
<td>Kentucky Fried Chicken</td>
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<td>LP</td>
<td>Limpopo Province</td>
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<td>Acronym</td>
<td>Description</td>
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<td>Local Women Cooperatives</td>
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<td>NNW</td>
<td>National Nutrition Week</td>
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<td>National School Nutrition Programme</td>
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<td>North West Province</td>
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<td>School Governing Bodies</td>
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<td>School Management Teams</td>
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<td>TBF</td>
<td>Tiger Brands Foundation</td>
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<tr>
<td>VFH</td>
<td>Volunteer Food Handler</td>
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<tr>
<td>VUT</td>
<td>Vaal University of Technology</td>
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<tr>
<td>WC</td>
<td>Western Cape Province</td>
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<td>YARD</td>
<td>Youth in Agriculture and Rural Development</td>
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Introduction

This annual report documents the National School Nutrition Programme’s (NSNP) performance for 2011/12 against the Department’s Strategic Plan 2011-15 and the 2011/12 NSNP Directorate Operational Plan. It provides an opportunity to reflect on the achievements and the challenges of the NSNP for the year. The report is intended for anyone who has an interest in the NSNP, be it communities, partners, government departments, Non-Governmental Organisations, etc.

The report comprises two parts:

**Part A** presents a national overview of the programme performance, with key achievements, partnerships that supported the programme, and plans for the next financial year.

**Part B** provides a synopsis of performance per province.

Background

A child cannot learn on an empty stomach, that is why the National School Nutrition Programme (NSNP) was introduced in 1994 to ensure the right of poor children to basic food and education. The programme ensures that nutritious meals are served to deserving learners on all school days. The programme also provides an incentive for children to attend school regularly and punctually.

Our overall purpose is to enhance learning capacity and improve access to education of primary and secondary school learners. The objectives are:

- To enhance learning through school feeding;
- To strengthen nutrition education in schools;
- To promote food gardens in schools; and
- To develop and strengthen partnerships to enhance the programme.

The NSNP is funded through a Conditional Grant that is transferred to provinces according to the Division of Revenue Act (DORA) and other directives from the Department of Basic Education and the National Treasury (Grant Framework 2011/12). The allocation criteria to provinces are based on the poverty distribution table used in the National Norms and Standards for School Funding as gazetted by the Minister of Basic Education on 17 October 2008.

The 2011/12 Grant Framework stipulates certain conditions to which provincial departments must adhere:

- All learners in the targeted schools, quintile (Q) 1 – 3 primary and secondary schools, as well as identified special schools, should be fed by 10h00 on all school days.
- The average meal cost per learner per day including gas and honorarium is:
  - R2. 46 for primary and identified special schools
  - R3. 36 for secondary schools
Failure of provincial educational departments to meet the requirements of the Conditional Grant Framework may lead to Department of Basic Education taking steps (for example, withholding the transfer of allocated funds).

Meals served to learners follow the ‘Food Based Dietary Guidelines’, provided by the Department of Health which provide guidance for meals that contain variety of foods including fresh vegetables and fruit.

An Educator dishing-out for learners in a classroom
PART A: NATIONAL OVERVIEW

What is it about

The National School Nutrition Programme (NSNP) is a programme of the government based at the Department of Basic Education (DBE). It plays a key role in fostering better quality education by providing children with nutritious meals on all school days.

The NSNP continues to perform exceptionally well (Table 1). In 2011/12, the programme reached an additional 568 281 learners due to the expansion of the programme to quintile 3 secondary schools in April 2011. This raised the number of learners reached nationally to 8 850 208. Children were fed for an average of 191 school days.

The Department increased the average meal cost per learner per day. Costs rose from R2.21 (2010/11) to R2.41 for primary and special schools and R3.08 (2010/11) to R3.33 for secondary schools. Increased funds meant that pilchard could be served at least once a week and fresh vegetables or fruit daily.

The programme engaged a further 7 842 Volunteer Food Handlers (VFHs), who prepare and serve meals to learners each school day, increasing the number from 42 837 to 50 679. Volunteers received a stipend of R640.00 per month. In line with the Conditional Grant Framework 2011, the average volunteer to learner ratio is 1:200.

Table 1: Annual Performance Indicators per Province

<table>
<thead>
<tr>
<th>Provincial Performance Indicators</th>
<th>EC</th>
<th>FS</th>
<th>GP</th>
<th>KZN</th>
<th>LP</th>
<th>MP</th>
<th>NC</th>
<th>NW</th>
<th>WC</th>
<th>Total</th>
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<tr>
<td>Number of learners in Q1-3 primary schools</td>
<td>1 297 419</td>
<td>370 151</td>
<td>676 940</td>
<td>1 513 751</td>
<td>923 857</td>
<td>566 343</td>
<td>125 551</td>
<td>395 685</td>
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<td>6 186 711</td>
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<td>Number of learners in Q1-3 secondary schools</td>
<td>291 685</td>
<td>144 372</td>
<td>329 362</td>
<td>618 171</td>
<td>640 137</td>
<td>268 404</td>
<td>59 915</td>
<td>182 387</td>
<td>100 248</td>
<td>2 634 681</td>
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<td>Number of learners in special schools</td>
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<td>Number of Q1-3 primary schools</td>
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<td>Number of Q1-3 secondary schools</td>
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<td>401</td>
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<td>420</td>
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<td>Number of special schools</td>
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<td>193</td>
<td>197</td>
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<td>Unit Cost per learner – primary &amp; special schools</td>
<td>R 2.46</td>
<td>R 2.25</td>
<td>R 2.39</td>
<td>R 2.46</td>
<td>R 2.46</td>
<td>R 2.46</td>
<td>R 2.46</td>
<td>R 2.30</td>
<td>R 2.46</td>
<td>*R 2.41</td>
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<td>Provincial Performance Indicators</td>
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<td>WC</td>
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<td>Number of vegetable gardens to date</td>
<td>1 881</td>
<td>50</td>
<td>573</td>
<td>2 227</td>
<td>2 056</td>
<td>853</td>
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<td>638</td>
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<td>550</td>
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<td>Number of primary schools supplied with cooking equipment and utensils</td>
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<td>0</td>
<td>326</td>
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<td>0</td>
<td>100</td>
<td>1 021</td>
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<td>Number of secondary schools supplied with cooking equipment and utensils</td>
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<td>0</td>
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<td>131</td>
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<td>94</td>
<td>418</td>
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<td>Number of food handlers (receiving an honorarium)</td>
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<td>3 998</td>
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<td>Honorarium per month</td>
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<td>8</td>
<td>5</td>
<td>9</td>
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*Average
What it cost us

The National Treasury allocated R4 578 billion for the management, implementation and monitoring of the programme.

Our People Power

To enhance programme implementation and management, the NSNP Directorate has engaged services of a variety of individuals with specialised skills such as Researcher, Nutritionist, Dietician, Agriculturist, Educational Specialist, visual artist and IT specialists to help the programme perform optimally. At National level, a team of 20 officials is responsible for programme implementation, monitoring and co-ordination.

Provincial human resource capacity is discussed in Part B of this report.

What We Achieved

Number of learners reached

A key output of the National School Nutrition Programme (NSNP) is to provide nutritious meals to learners in quintiles 1 to 3 primary and secondary schools as well as identified special schools. For the year under review, the NSNP reached 8 850 208 learners in 21 453 schools nationally. The highlight was the successful extension of the programme to quintile (Q)3 secondary schools from April 2011. This was the final phase of the expansion of the programme to public secondary schools initiated in 2008.
Support to provinces

Two provinces namely; Eastern Cape (EC) and Limpopo (LP) continued to receive support from National after being placed under administration. EC was particularly assisted in developing short-, medium- and long-term plans to stabilise the programme, as well as to implement a new procurement model whereby funds are transferred directly to schools. On the other hand, LP was assisted to the process of verifying invoices to address the problem of backlog with regard to payment of service providers, this then resulting in improved expenditure.

How we maintain quality

DBE officials visited a total of 79 schools nationally to check programme implementation and to provide support. Overall, monitoring visits revealed that menu, quality and health standards are complied with.

Ensuring quality

Serving quality meals is top priority. In an effort to strengthen the capacity of the programme implementers at provincial, district and school level, 30 workshops were held in six provinces, covering 28 districts, and reaching 1 049 participants. The workshops focussed on programme implementation, meal planning and preparation, food and gas safety, as well as the development of food gardens in schools. Participants included Volunteer Food Handlers (VFHs), school principals, NSNP co-ordinators, members of School Governing Bodies (SGB), School Management Teams (SMTs), gardeners, learners and parents.

Training of Volunteer Food Handlers on meal planning and preparation
Celebrating Champions

As outlined in the 2011/12 Operational Plan, the NSNP continued to recognise excellence through the NSNP Best Schools Awards. The Awards encourage better programme implementation and are intended to showcase the numerous “pockets of excellence” in NSNP schools. They also serve to document and share good practices with other schools.

Each province selected its top three schools for the national leg of the competition. Thus in total, twenty seven schools were submitted for national adjudication. The overall top three schools came from different provinces. First prize was awarded to Tsembaleftu Primary School (Mpumalanga). Second prize went to Qwabi Primary School (Free State) and third prize to Rethusitswe Primary School (Limpopo).

*Industrial cooking equipment provided to the winning school (Tsembaleftu Primary School- Mpumalanga)*

The winning school received industrial cooking equipment as well as a Certificate.

All 27 finalist schools received cooking equipment and eating utensils which were handed over at prize-giving ceremonies hosted at each school.

Support in ensuring healthy lifestyle

To ensure that schools’ meals are prepared in hygienic and safe environment 20 000 copies of “The NSNP Safety Directory” booklet was developed and printed.
In ensuring that schools procure quality, durable and affordable food preparation equipment and serving utensils 20,000 copies of “Equipment and Utensils Guidelines for the National School Nutrition Programme” was developed and printed.

To equip schools with necessary information on implementing the school garden programme 100 copies of the “Horticulture Manual for Schools: A guide to establish and sustain school gardens” and 5,000 CDs were printed.

To provide handy information on growing various vegetables 20,000 posters of “Know How to Grow your Own” were printed.

To further strengthen the importance of Nutrition and healthy lifestyle, an Edutainment DVD was developed and 8,000 copies printed.

All these materials, with the exception of the Edutainment DVD, have been made available to schools through district offices.

**Learning through fun**

In creating awareness on healthy lifestyles, the National Nutrition Week (NNW) was successfully celebrated at Modimolle Primary School in Limpopo, under the theme “Eating for a healthy mind and a healthy body”. A total of four thousand (4,000) learners from 3 schools in the Waterberg district attended. A range of activities was organised including a Chef’s competition, games and sports. Wall charts and promotional stationery packs were made available to provinces during the NNW.
Growing Our Own

An audit was conducted on school vegetable gardens, the results revealed that out of the 10 142 schools that responded, 63% (6 379) indicated that they have vegetable gardens. The provinces with the highest number of school vegetable gardens are Limpopo (2 257) and Eastern Cape (1 012). The provinces with the lowest number of school vegetable gardens are Western Cape (219) and Northern Cape (161).

The audit also revealed that Government Departments, the Corporate Sector, Non-Governmental Organisations, Community Based Organisations and volunteers support the schools in various ways. Districts and provinces are encouraged to nurture these collaborations.
In conclusion the report highlighted areas of possible collaborations with partners on the following:

**Winning Partnerships**

*Learners enjoying breakfast sponsored by Tiger Brands Foundation*

A Memorandum of Agreement was signed between the Department of Basic Education (DBE) and the Tiger Brands Foundation (TBF). Amongst others, the TBF committed to provide an in-school breakfast programme to selected schools, to improve food preparation areas in identified schools and conduct relevant research, in partnership with DBE. By the end of March 2012 all primary school in Alexander Township were on the TBF breakfast programme. Selected schools in Western Cape (3), Kwazulu Natal (3) and Limpopo (3) were included in the TBF breakfast programme.

*Learners at Evulingcondo primary (Mpumalanga Province) planting seedlings in a vegetable tunnel*
Four (4) vegetable tunnels were set up in Londhinda and Evulingcondo Primary Schools (MP), Boijane Secondary and in Mokasa Primary Schools (NW). These tunnels enable the schools to grow vegetables all year round despite harsh climatic conditions. School communities were trained in tunnel management and vegetable production.

The partnership with the Council for Scientific and Industrial Research (CSIR) (Meraka Institute) has grown from strength to strength. Phase 2 of the pilot of the Lwazi II project has been implemented in Mpumalanga and North West provinces. The system provides means of rapid feedback from learners and educators on the school-level implementation of the NSNP, utilising a toll-free number. The Lwazi system converts voice messages to text and generates pre-programmed reports. The system assisted in developing an early warning system to facilitate timely responses and resolution of problems.

National Nutrition Week supported by Nestlé SA

Another key partner is Nestlé SA which supported the celebrations of the National Nutrition Week held in Modimolle Primary School, Limpopo province. Discussions are already underway to strengthen this partnership further.
Rain Water Harvesting Project

The programme has partnered with the Department of Water Affairs (DWA) on implementing the Rain Water Harvesting Project. DWA has approved funding to the value of R10 144 000 for installation of water tanks in 1 268 schools nationally. Installation will take place in the next financial year.

Fully equipped kitchen donated by Wamart (MassMart Discount)

Walmart (MassMart Discounts) pledged to provide fully equipped kitchen containers to 100 identified rural schools in eight provinces. As at March 2012 a total of fifty (50) kitchens were delivered to schools, with the outstanding fifty (50) to be delivered in the 2012/13 financial year.
LOOKING AHEAD TO 2012/13

Plans for the year ahead includes amongst others; increased monitoring at district level to support in programme implementation, continue to support provinces placed under administration, as well as conduction situation analysis on special schools.
PART B: PROVINCIAL NARRATIVE REPORTS

Eastern Cape
Free State
Gauteng
KwaZulu Natal
Limpopo
Mpumalanga
Northern Cape
North West
Western Cape
Eastern Cape – Jewel of Our Coastline

The Eastern Cape, lying on the south-eastern South African coast, is a region of great natural beauty, particularly the rugged cliffs, rough seas and dense green bush of the stretch known as the Wild Coast. The Eastern Cape’s main feature is its spectacular coastline, lapped by the temperate Indian Ocean. The majority of the people speak isiXhosa (83%), followed by Afrikaans (9%) and English (4%).

The local favourite dish is the isiXhosa specialty umngqusho, consisting of samp and beans. Other cuisine includes maize meal porridge (umphokoqo) served with sour milk (amasi) and an all-time favourite side dish of corn on the cob.

Feeding Nutritious Meals

In the year under review, the Provincial Education Department (PED) reached a total of 1 589 104 children in Quintiles 1 to 3 primary and secondary schools as well as registered Early Child Development (ECD) sites. The move to feed quintile (Q)3 secondary schools commenced in April 2011. However, this was delayed at some schools due to the late transfer of funds. Despite these challenges, the PED managed to extend the programme for the first time to 136 469 children in 294 Q3 secondary schools.

Children enjoyed a nutritious meal for 186 school days, instead of the planned 190 days (due to the late transfer of funds). However, since the new procurement model has been set up in which schools buy their own food, there has been much improvement in menu choices. Some schools go one step further and serve two vegetables a day (green and yellow), beyond the minimum of one as per the approved menu.

The meal costs were R2.46 per child in primary schools and R3.36 in secondary schools. This amount includes volunteer stipends and fuel.

Enkwenkwezini Primary School
Growing Our Own

According to the fourth quarter report, there are 1,881 schools with vegetable gardens in the Eastern Cape. This has almost doubled the number with 837 more gardens than the previous year. The province was helped in this important intervention by local municipalities, the Provincial Department of Agriculture and non-governmental organisations (NGOs). The Provincial Education Department has conducted workshops on food gardens and distributed various garden inputs to schools. This was to support schools to sustain their food gardens, as many cited lack of funds, security, fencing and water among the reasons for not having food gardens.

Wising up on Nutrition Education

The province distributed learning materials received from DBE to schools via the districts. These included educational charts on healthy lifestyles and hygiene. The materials will assist to promote good hygiene practices amongst learners, teachers and Volunteer Food Handlers.

Procurement

In ensuring that learners are served in a dignified and humane manner, the PED bought cooking equipment and eating utensils for 2,464 schools (1,732 primary and 732 secondary) which were delivered.

Empowering

As of May last year, the department transferred funds to schools to buy their own food and fuel, and pay stipends for Volunteer Food Handlers (VFHs). The province hires 1,997 service providers. These were mainly community based Small Micro Medium Enterprise appointed by schools. There are 11,147 volunteers preparing and serving meals in exchange of a stipend of R 640.00 per month.

Human Resource Capacity

Our Team

A total of 76 officials are employed on a full time basis to manage the programme.

At provincial level, there are 22 officials; 18 full-time and 4 on contracts. 100 officials are employed at the district level (some on contract) and are responsible for monitoring schools in all 23 districts.

Upskilling

To develop skills at provincial, district and school levels, the province held 22 training workshops. The workshops focussed on programme implementation, procurement, report writing, financial management, meal planning and hygiene. School principals, educators, members of school governing bodies and district officials learned many new skills such as costing meals and record keeping.
Winning Partnerships

- Mhlonto Local Municipality supported the development and maintenance of school food gardens in the Qumbu district;
- Weirs Cash and Carry provided a kitchen, cooking and eating utensils to a school in Qumbu; and
- Nelson Mandela Metropolitan Municipality provided two tractors to plough food gardens in the Uitenhage district.

Conclusion

In the 2011/12 financial year, the province overcame numerous challenges. The new procurement model of transferring funds to schools has worked well and will be strengthened.
Free State – Warm Heart of South Africa

The Free State lies in the heart of South Africa, with the Kingdom of Lesotho nesting in the hollow of its bean-like shape. Lying between the Vaal River in the north and the Orange River in the south, the region is one of flat, rolling grassland and crop fields, rising to lovely sandstone mountains in the northeast. Two-thirds of the people speak Sesotho (64%), the language of neighbouring Lesotho, followed by Afrikaans (12%), a sprinkling of isiXhosa (9%) and English (1.3%).

Typical cuisine in Free State includes stiff porridge served with fresh milk. The vegetable served most often is wild spinach (moroho). Another popular dish from the province is dumplings (steamed bread) served with meat stews.

Feeding Nutritious Meals

In the 2011/12 financial year, the Provincial Education Department (PED) fed 517 251 children in 1 181 quintile (Q) 1 – 3 primary and secondary schools as well as selected special schools, recording an increase of 73 209 (16%) as compared to the previous financial year (444 042).

In April the province successfully extended the programme to 49 Q3 secondary schools.

Learners were given nutritious meals for 193 days, two days less than planned for the year. The reason was mainly non- or late delivery of food to farm schools.

The meal cost for primary and special schools is R2.25 per learner per day whereas for secondary schools it is R3.25. This amount includes Volunteer Food Handlers’ stipends and fuel.

Growing Our Own

Two vegetable tunnels of 9 x 3m were set up by the ACORN Foundation at Sediba Thuto Secondary in Heilbron, Fezile Dabi district. A Kentucky Fried Chicken (KFC) franchise has built a vegetable tunnel at Bartemea School for the Deaf and Blind in Thaba Nchu, Motheo district. At the same school, the Department of Agriculture (DoA) has established a poultry project (laying hens). This project benefits both the NSNP and hostel learners.

Lejweleputswa District Municipality, sponsored and supported by Health and Development Africa (HDA), erected six vegetable tunnels in the following primary schools; Hlaboloha, Ikemisetseng, Letlotlo Naledi, Dihwai, Katoloso and Letsibolo. The schools were also provided with tomato, spinach and garden seedlings.

In the majority of schools, vegetable gardens have multiple benefits. For example, Bovaal Farm School sells produce from its vegetable garden to sponsor school uniform, shoes, and so on for needy children.
Learners getting lessons on how to plant vegetables

Wising Up on Nutrition Education

Nutrition Education Charts that promote healthy living were received from DBE and distributed to schools via districts.

Procurement

The Department transferred funds to schools to buy their own food and fuel, and pay stipends for Volunteer Food Handlers (VFHs).

Funds for feeding non-section 21 farm schools are incorporated into district budgets, where districts procure food on behalf of schools. In such cases, the district appoints service providers to supply food. Money for fuel and honoraria is transferred to the schools directly.

Empowering

The programme engaged 2 847 Volunteer Food Handlers, on a six month rotating basis. Volunteers receive a stipend of R640 per month.

Human Resource Capacity

Upskilling
The province conducted 13 capacity building workshops. The workshops covered financial management, meal planning and food production. The target audience was school principals, educators, members of school governing bodies, gardeners and district officials.

Food Production workshop at Iketsetseng Primary School

Our Team

At provincial level, the programme is managed by four full-time officials. At district level, there are 45 officials. Thirty five of these are responsible for monitoring of 1 181 schools in five districts. Apart from monitoring, districts are also responsible for supporting schools as well as verifying invoices from service providers.

Winning Partnerships

- ACORN Foundation built two vegetable tunnels in two schools in Fezile Dabi district;
- The Department of Agriculture Forestry and Fisheries (DAFF) supplies Katleho Primary School in Thabo Mofutsanyane district with milk;
- The Department of Agriculture sponsored one food production workshop, and supplied agricultural starter packs, seedlings, a vegetable tunnel, three dairy cows and poultry. It sponsored a hydroponic garden in five schools in Lejweleputswa district;
- A Kentucky Fried Chicken (KFC) franchise built a vegetable tunnel in one school; and
- Health and Development Africa (HDA) set up vegetable tunnels at six schools in Lejweleputswa district.

Conclusion

For the PED 2011/12 was challenging, but support received from the national NSNP Directorate and partners ensured success.
Gauteng – Place of Gold

Sesotho for “place of gold”, Gauteng was built on the wealth of gold found deep underground – 40% of the world’s reserves. With only 1.4% of South Africa’s land area, the tiny province of Gauteng punches way above its weight, contributing 33% to the national economy and a phenomenal 10% to the GDP of the entire African continent. The world’s languages can be heard on the streets and in offices of Gauteng, from English to Mandarin, Swahili, French, German and more. However, prominent languages spoken are isiZulu (22%), Afrikaans (14%), Sesotho (13%) and English (13%).

The province blends cultures, colours and different traditions in a spirited mix, flavoured by a number of foreign influences. Migrant workers brought their different cuisine ad exposed the palate of Gauteng residents to various tastes from all over the world. Traditional dishes from provinces and international cuisine are popular.

Feeding Nutritious Meals

For the 2011/12 financial year, the Provincial Education Department (PED) reached just over a million children each school day (1 012 545) in 1 464 quintile 1 – 3 primary, secondary and selected special schools. This is 27% more learners than the previous year (795 785).

The programme was extended to 157 Q3 secondary schools in April 2011. In preparation for the expansion, schools were provided with equipment and utensils.

In compliance to the requirement, school meals were provided on all 194 school days. The menu includes pilchards once a week as well as fresh vegetable and/or fruit daily.

Feeding costs were R 2.39 in primary and special schools and R 3.31 in secondary schools, inclusive of honorarium and gas.

Growing Our Own

*Sedibeng Primary School*
Five hundred and seventy three (573) schools in the province have food gardens. This figure includes a hundred and forty five (145) new food gardens established during the period under review. The fresh produce harvested is used to supplement the school meals.

*Wising Up on Nutrition Education*

Educational material was received from DBE and distributed to schools. These materials covered good hygiene and safety tips for Volunteer Food Handlers (VFHs), learners and educators.

*Procurement*

*Cooking equipment and eating utensils for Rethabiseng Primary School*

The province provided four hundred and eighty one (481) schools with new cooking equipment and eating utensils. Three hundred and twenty six (326) primary and hundred and fifty five (155) secondary schools benefitted, contributing towards improving hygiene standards and providing meals in dignity.

*Empowerment*

The province engaged 145 service providers, appointed through a tender procurement system, to supply food and gas to schools. Forty-nine are Small Micro Medium Enterprise and 80 are locally based women’s co-operatives in the Tshwane North and Tshwane West districts. The co-operatives supply food, prepare and serve the meals as part of the job creation initiative within the NSNP programme. Schools are responsible for appointing Volunteer Food Handlers.

Volunteer Food Handlers are appointed on a rotational basis for 12 months, receiving a stipend of R650.00 monthly.

*Human Resource Capacity*

*Upskilling*
Nine workshops were held for Volunteer Food Handlers, provincial and district officials. The workshops focussed on preparation for the expansion of the programme to Q3 secondary schools, food preparation, food safety, hygiene and food gardening. These were held in four districts, namely Gauteng West, Johannesburg West, Gauteng East and Johannesburg Central.

Our Team

The programme is managed by 17 provincial officials; 14 full-time and 3 on contracts. At district level, there are no dedicated personnel for the programme. Institutional Development Support Officials (IDSOs) fulfil this role.

The province contracted 49 interns to visit schools to monitor and support the programme.

Winning Partnerships

- The Tiger Brands Foundation donated 15 fully equipped mobile kitchens and piloted a breakfast programme in 13 primary schools in Alexandra Township, Johannesburg East District.
- Massmart (Game/Dion) provided 20 primary schools with mobile kitchens in Diepsloot, Johannesburg District.
- Clover Danone and the Food Gardens Foundation provided aftercare, support and established food gardens in 40 schools in Johannesburg West, Gauteng East, Gauteng West and Johannesburg North districts.

Conclusion

The province was able to provide school meals on all school days. Partnerships played a valuable part in supporting the activities of the programme. There is however room for improvement in areas of programme implementation, administration and monitoring to ensure quality meals.
KwaZulu-Natal – Pride of the Zulu Kingdom

The garden province of South Africa, KwaZulu-Natal is a subtropical region of lush and well-watered valleys, washed by the warm Indian Ocean. One of the country’s most popular tourist destinations, the province stretches from Port Edward in the south to the borders of Swaziland and Mozambique to the north. Its western part is marked by the dramatic Drakensberg mountain range, with several peaks well over 3 000 metres. The principal language is isiZulu (80.9%), followed by English (73.6%) and Afrikaans (1.5%). Remnants of British colonialism and a mix of Zulu, Indian and Afrikaans traditions give the province a rich cultural diversity.

The province enjoys an interesting mix of culinary influences from Zulu, Indian and European origins. Local favourites include brown trout, amasi (sour milk), steamed bread (ujeqe), grilled meat, steamed dumplings (idombolo) and Zulu indigenous vegetables like wild spinach (imbuya) and amadumbe. The province’s most famous street food is the quartered bread filled with curried meat or vegetables, known as a bunny chow.

Feeding Nutritious Meals

VFH preparing meal for learners Empisini Primary School

The Provincial Education Department (PED) provided meals to 2 140 959 learners in 5 248 quintile 1 – 3 primary, secondary and selected special schools, a quarter of a million more children than in the previous year (245 439), representing a 13% increase. The programme was extended to 361 Q3 secondary schools in April 2011.

The province fed learners for 191 days, instead of the 193 as planned for the year. The province has a standard menu for both primary and secondary schools and the majority of schools adhered to it. Feeding costs were R2.46 per learner per day for primary and special schools and R3.36 for secondary schools, inclusive of stipends and fuel.
Growing Our Own

Paulpietersburg Primary School

2 227 new school gardens were established over the year. Learners were encouraged to grow food gardens through the Siyazilimela school garden competition sponsored by the Department of Agriculture. In addition, 250 water harvesting tanks from the Department of Water Affairs were distributed to 125 schools in Zululand, Othukela, Uthungulu and Umzinyathi districts.

Procurement

The Province plans to decentralise the procurement model in 2012/13. It will be phased in commencing with 20% of schools (5% secondary and 15% primary).

In preparation for the expansion of the programme to secondary schools, the province bought cooking equipment and utensils for 131 schools.

Empowerment

In terms of job creation, the programme has contracted 1 875 service providers including 1 766 Small Micro Medium Enterprise SMMEs and 109 Local Women Cooperatives. The province uses a quotation system in sourcing food and the contracted service providers deliver to schools. The province has engaged 9 587 Volunteer Food Handlers who prepare and serve meals to learners. They receive a stipend of R640.00 per month.
Khondlo High School

The province has embarked on a massive job creation project where service providers are linked to primary producers of vegetables. Service providers buy vegetables from community gardening projects within the school municipal wards. While providing job opportunities, the project ensures that vegetables are fresh. The project is collaboration between the Departments of Education, Agriculture, Economic Development and Health.

Human Resource Capacity

Upskilling

For 2011/12, the province conducted 72 capacity building workshops. The workshops focused on NSNP guidelines, processing of claims, record keeping, programme implementation for Q3 secondary schools, food preparation, food safety, gas safety and meal planning. These were conducted in all districts and targeted School Governing Bodies (SGBs), Volunteer Food Handlers, NSNP educators and fieldworkers.

Our Team

The Provincial Education Department (PED) has developed a new organisational structure which was implemented in phases as from the 1 September 2011. The re-organization of the department has seen the NSNP gaining more capacity both at district and provincial levels. Thus the PED has increased capacity from 111 (2010/11) to 119.

Winning Partnerships

- Game Stores donated five mobile kitchens to schools in the Uthungulu district.
- Youth in Agriculture and Rural Development (YARD) a non profit organisation, planted fruit trees in 10 schools in UMgungundlovu district.
Department of Health (DoH) conducts continuous inspection of kitchens and ensures compliance with the Food, Disinfectant and Cosmetics Act of 1972.

Department of Agriculture (DoA) assisted with training of groundsmen and development of vegetable gardens.

Department of Economic Development (DED) provided support with regards to mentorship and training of Local Women Cooperatives (LWCs).

Food and Trees for Africa, a non-governmental organisation (NGO) sponsored and promoted annual school garden competition within the province.

Department of Water Affairs donated 250 – 5000L water harvesting tanks to 125 schools in Zululand, Othukela, Umzinyathi and Uthungulu districts.

**Conclusion**

The province has performed well in the period under review, and aims to improve on the standard set.
Limpopo – Bushveld Country

Limpopo is South Africa’s northernmost province, lying within the great curve of the Limpopo River. It is a region of contrasts, from true bushveld country to majestic mountains, primeval indigenous forests, unspoilt wilderness and patchworks of farmland. The principal home language is Sepedi (52%), spoken by roughly half the population, followed by Xitsonga (22%) and Tshivenda (16%).

Typical cuisine enjoyed by local Venda people includes mopane worms, locally known as mashonzha, which are eaten dried, deep fried or cooked in a tomato stew. Peanuts and peanut butter are widely included in cooked dishes. The Marula tree is indigenous to Limpopo and indigenous spices include lunonya seeds which are similar to caraway, and mufhoho, similar to mustard seeds.

Feeding Nutritious Meals

One and a half million children were able to eat a healthy meal each school day (1 563 994) in 3 848 quintile 1 – 3 primary and secondary schools across the province. The PED increased its reach by 25 075 (2%) learners as compared to the previous year (1 538 919). The programme was successfully extended to 222 Q3 secondary schools in April 2011.

Most schools comply with the provincial menu options. Learners were provided with meals for 189 days, one day short of the days planned.

Feeding costs were R2.46 in primary and special schools, and R3.36 in secondary schools, inclusive of volunteer stipends and fuel.

Growing Our Own

Hlagatse Primary School
Two thousands and fifty six (2 056) schools in the province have food gardens, 98 orchards and five small life stock projects. The vegetable gardens are used for teaching. Schools generally use the harvested produce to supplement the NSNP meals, and any profit gained from sales is used to hire gardeners to maintain the vegetable gardens. Communities are encouraged to help plant vegetable gardens at the school. Community members form part of food production management committees, which usually consist of the principal, two teachers (one SMT), four parents or community members (including an SGB member), youth organisation members and 14 learners.

Wising Up to Nutrition Education

Nutrition Education is considered a cornerstone of the NSNP. The skills and knowledge acquired help learners make lifelong healthy food and lifestyle choices. Educational material was received from DBE and was distributed to schools through district and circuit offices.

Empowerment

The province has contracted 312 service providers and one cooperative to deliver food to schools.

9 138 Volunteer Food Handlers were recruited by School Governing Bodies through community meetings, to prepare food, serve meals, and to keep food storage and preparation areas clean. They each receive a stipend of R640.00 per month.

Human Resource Capacity

Upskilling

The province held 91 capacity building workshops in all five districts. These were aimed at Volunteer Food Handlers, principals, members of the school governing bodies, teachers, gardeners, programme monitors, provincial and district officials. The workshop focussed on monitoring, report writing, record keeping, responding to queries and meal planning.
Other areas included food preparation, food safety and hygiene practices, food production, integrating gardening into curricula, water harvesting, pest control and poultry keeping.

Our Team

At provincial level the programme is co-ordinated by four full time officials. There are 16 officials at district level responsible for administrative work, supervision of performance and service standards. At circuit level, 122 full time officials handle programme monitoring at school level and assisting the districts in verifying enrolment and invoices.

Winning Partnerships

- Game Stores donated three mobile kitchens for schools in the Capricorn district.
- Department of Agriculture (DoA) supported all the School Food Gardens workshops conducted in the province.
- FUEL conducted workshops for provincial and district officials on monitoring, report writing and responding to queries.
- Department of Health (DoH) and DBE conducted workshops on food safety and hygiene.

Conclusion

The programme has progressed relatively well and delivered on its mandate.
Mpumalanga- Where the Sun Rises

Mpumalanga – “the place where the sun rises” – is a province with spectacular scenic beauty and an abundance of wildlife, lying in the northeast of South Africa. Some 30% of the people speak isiSwati, the language of neighbouring Swaziland, with 26% speaking isiZulu and 12% isiNdebele.

Local Ndebele cuisine includes dishes such as stiff porridge (umratha) and traditional cowheel (amangqina) with butter beans. Peanuts and peanut butter are widely included in dishes. Another popular treat is deep fried yeast cakes (amafekuku) and wild spinach (umbhido).

Feeding Nutritious Meals

Lihawu Secondary School

For the period under review, the Provincial Education Department (PED) provided meals to 834 747 learners in 1 687 quintile 1 - 3 primary and secondary schools. The programme reached 82 980 (11%) more learners than last year (834 747). The programme was extended to 134 Q3 secondary schools in April 2011.

Schools generally comply with menu options as provided by the PED. Learners received meals for 185 school days, five days less than planned for the year.

Feeding costs were R2.46 and R3.36 per child per day in primary and secondary school respectively. The costs include honorarium and gas.

Growing Our Own
Mthombo Senior Secondary

A total of 853 schools in the province have food vegetable gardens, a result of better public-private partnership. SIGCON Projects Pty Ltd built vegetable tunnels in Bohlabela and Gert Sibande districts to be used as greenhouses for planting vegetables and to grow seedlings.

Wising Up on Nutrition Education

Educational material was distributed by district officials to schools. The purpose of the materials is to provide information to learners, parents and schools on making good choices for a healthy lifestyle.

Learners wash hands before eating in Tsembaleftu Primary School
Procurement

The province bought cooking equipment and eating utensils for 50 secondary schools during the period under review.

Empowerment

The services of 67 service providers were sourced through a centralised tender system to procure food and fuel. The province engaged 4,496 Volunteer Food Handlers to serve meals to learners, receiving a stipend of R640.00 per month.

Human Resource Capacity

Upskilling

The province conducted 46 capacity building workshops targeting Volunteer Food Handlers, gardeners and food vendors. The workshops focussed on food production, permaculture, food preparation, hygiene, meal planning, and nutrition. These were held for all districts in the province.

Our Team

At provincial level, the programme is managed by six officials, two on contract. At district level 28 full-time officials are responsible for monitoring the NSNP and processing claims.

Winning Partnerships

- The Department of Public Works engaged 235 food gardeners to work in schools as part of the Expanded Public Works Programme.
- The Food and Agricultural Organisation of the United Nations funded capacity building workshops on gardening in Bushbuckridge, Gert Sibande and Nkangala districts.
- Vaal University of Technology students helped facilitate workshops on Nutrition Education, targeting Educators and NSNP Officials in the Bushbuckridge, Gert Sibande and Nkangala districts.
- Food and Trees for Africa funded and conducted two permaculture workshops for schools in Nkangala and Gert Sibande districts.

Conclusion

For the 2011/12, the province implemented the programme according to required standards.
Northern Cape – Big Sky Country

The vast and arid Northern Cape is by far the largest province, slightly bigger than Germany and taking up nearly a third of South Africa’s land area. Yet it has the country’s smallest population, around one-million people, and only three people per square kilometre. About 68% of the population speak Afrikaans, with other languages being Setswana (21%), isiXhosa (8.5%) and English (2.5%).

Typical cuisine consumed in the province includes samp and beans (umngqusho), dumplings (steamed bread) served with meat and wild spinach (morogo). The traditional cuisine of the Afrikaner people popular in the province includes deep fried yeast cakes (vetkoek) and sweet yeast deep-fried dish (koeksisters).

Feeding Nutritious Meals

Mooki-Lobelo Primary School

The Provincial Education Department (PED) provided meals to 186 829 learners in 456 quintile 1 – 3 primary and secondary schools.

The majority of schools complied with menu options. Learners were provided with meals on all 195 days.

Feeding costs were R2.46 in primary and identified special schools and R3.36 in secondary schools, including Volunteer Food Handlers stipends and gas.

Growing Our Own

A total of 271 schools have vegetable gardens. To ensure that existing vegetable gardens are sustained, the province bought seedlings and distributed them to schools. Food garden competitions are held to encourage schools to maintain or set up new gardens.
Wising Up on Nutrition Education

The province distributed 3 575 posters to schools. However, the integration of Nutrition Education into the curriculum still requires improvement.

School Vendor selling healthy food to learners

Procurement

The province bought cooking and eating utensils for 194 schools i.e. 100 primary schools and 94 secondary schools.

Empowerment

The province transfers funds directly to schools. Service providers are then contracted by schools to deliver food. There are 552 service providers. Two are large suppliers which service smaller rural and farm schools. The other 550 suppliers are Small Micro Medium Enterprises (SMMEs), which buy and deliver food to schools.

The programme engaged the services of 1 535 Volunteer Food Handlers (VFHs) who prepare and serve to learners. They are contracted for 12 months and receive a stipend of R 640.00 per month.

Human Resource Capacity

Upskilling

The province conducted 35 capacity building workshops for Volunteer Food Handlers, teachers, gardeners and learners. The workshops focused on meal planning, financial management, permaculture and gardening. They were conducted in all five districts in the province.

Our Team
At provincial level, the programme is managed by 10 full-time officials. At district level, there are 14 officials, mainly responsible for the administration and monitoring of the programme.

**Winning Partnerships**

- The Griqualand West Co-operation (GWK) funded a district gardening competition.
- The Department of Agriculture, Forestry and Fishery (DAFF) provided garden starter packs to schools, and prize money for the school garden competition certificates and trophies.
- The Department of Health assisted with advocacy by providing pamphlets for National Nutrition Week.
- The Department of Social Development assisted with food parcels for learners during World Food Day celebrations in October 2011.

**Conclusion**

Although not all schools in the province complied with suggested menus, the programme was implemented with notable improvement.
North West – the Platinum Province

North West is situated in the north of South Africa on the Botswana border, fringed by the Kalahari desert in the west, Gauteng province to the east, and the Free State to the south. It is known as the Platinum Province for the wealth of the metal it has underground. Two-thirds of the people speak Setswana (64.5%), the language of neighbouring Botswana, with the rest speaking Afrikaans (7.5%) and isiXhosa (5.8%).

Favourite local dishes from Botswana cuisine include sour sorghum porridge (ting) and tripe and intestines (diretlo) and wild spinach (morogo). A fire-baked bread (roosterkoek) eaten by the Afrikaner people is also a firm favourite in North West.

Feeding Nutritious Meals

The Provincial Education Department (PED) provided school meals to 578 072 children in 1 423 Quintile 1 – 3 primary and secondary schools. This is an increase of 69 127 (13.5%) as compared to the previous year (508 945). A highlight in the first quarter was expanding the programme to 153 Q3 secondary schools.

There has been a great improvement in menu compliance. Schools compiled with the prescribed provincial menus and in some cases, schools serve two vegetables at a meal instead of one as prescribed.

Learners were provided with meals for the 193 school days planned by the province. Feeding costs were R2.30 per learner per day for primary school learners and R3.25 for secondary school learners. Costs include the stipend for Volunteer Food Handlers and gas.

Growing Our Own

The PED established 638 vegetable gardens in schools and erected two vegetable tunnels at Boijane Intermediate and Mokasa Primary in Dr Segomotsi Mompati district.
Procurement

The province bought kitchen equipment and eating utensils for 1 439 schools (1 021 primary and 418 secondary schools).

Empowerment

The province transfers NSNP funds directly to schools. Schools identify service providers to buy and deliver food. The province has engaged 3 998 Volunteer Food Handlers to prepare, cook and serve food to learners. They are paid a stipend of R640.00 per month.

Human Resource Capacity

Upskilling

The province has conducted 10 workshops for Volunteer Food Handlers, NSNP co-ordinators, gardeners, community members and provincial officers. The workshops focussed on programme monitoring, financial management, meal planning, food preparation, food safety, gas safety, hygiene and gardening. These were conducted in all five districts within the province.

Thabiso Middle School: Gas stored in a lockable cage

Our Team

The programme has employed a total 46 officials: five at provincial level, six at district level and 35 at area office (AO) level. Officials at provincial and district level are mainly responsible for overall implementation, administration and monitoring. Officials at area level monitor schools regularly. Furthermore, the province has also employed administration assistants for each school to help with NSNP administration, financial management and report writing.

Winning Partnerships

• Game Stores donated a fully equipped mobile kitchen to Edisang Primary School in Dr Kenneth Kaunda district.
• FUEL Trust provided technical and administrative support.
• The Expanded Public Works Programme (EPWP) supported 150 schools by employing two gardeners each on one year contracts.
• The Department of Agriculture, Conservation and Environment donated 106 water tanks to rural schools in Dr Segomotsi Mompati district.
• Food and Trees for Africa conducted workshops on School Food Gardens for community members in Ngaka Modiri Molema District.

Conclusion

For the period under review, there has been great improvement in programme implementation, monitoring and compliance. The commitment of officials at all levels has been exemplary.
Western Cape – Mother City and Mountains

The Western Cape lies on southern tip of Africa. The most-southern point is not, as some maps suggest, at Cape Point; it is in fact at Cape Agulhas. The province is one of the country’s most beautiful destinations, attracting the lion’s share of foreign tourists. It is a region of majestic mountains, colourful patchworks of farmland set in lovely valleys, long beaches and, further inland, the wide-open landscape of the semi desert Karoo. Afrikaans is spoken by the majority (55%), with isiXhosa (23%) and English (19%) being the other main languages.

The coastal region is famous for snoek and sweet potatoes, as well as dishes made using Indian and/or Malayan spices. Another particularly well-loved local favourite is umnqusho, made from samp and beans. The region is also known for the excellent wine produced for local and overseas markets.

Mobile kitchens provided by the Western Cape Provincial Education Department

Feeding Nutritious Meals

The programme reached 426 707 learners in 1 016 Quintile 1 – 3 primary, secondary and identified special schools. The province reached 10 878 (3%) more learners as compared to the previous year (415 829).

The province successfully extended programme to 18 Q3 secondary schools in April 2011.

Schools generally adhered to the new provincial menu options. Learners received school meals on 198 school days, a day short of the planned feeding days. This was due to a public holiday for voting on 18th April 2011.

Feeding costs were R2.46 per learner per day in primary schools and special schools, and R3.36 in secondary schools, including stipends for volunteers as well as fuel.
Growing Our Own

Saxon C Primary School

Western Cape has 345 school vegetable gardens. Fresh produce from the gardens is used to supplement the meals in the National School Nutrition Programme.

Wising Up on Nutrition Education

Educational materials from the national NSNP office were distributed by district officials to schools. The Medical Research Council (MRC) also provided schools with NSNP calendars that display healthy nutrition messages.

Procurement

A total of 372 schools were supplied with cooking equipment and eating utensils.

Empowerment

The province engaged three service providers, through a tender procurement system, to supply food and gas to schools. Two of these are Small Micro Medium Enterprises and one is a large co-operative. The province engaged 2,757 Volunteer Food Handlers (VFHs) to cook and serve meals to learners. They receive a stipend of R640.00 per month.

Human Resource Capacity

Upskilling

The province conducted 65 capacity building workshops for Volunteer Food Handlers, gardeners, provincial and district officials. The workshops focused on programme monitoring, food preparation, menu planning, food safety, gas safety, School Food Gardens and garden management.
Our Team

The programme is managed by three officials at provincial level. At district level 16 officials are employed to administer and monitor the programme.

Winning Partnerships

- Soil for Life, a local Non-Governmental Organisation (NGO) supported Prince George Primary School in Retreat to establish a vegetable garden.
- The Karoo Nature Reserve donated trees to two schools in Beaufort West and Cape Town during the Arbor month.
- The School Environmental Education Development (SEED) organisation is supporting six schools on environmental matters and helping maintain vegetable gardens.
- Heidelberg Nature Reserve Eco-school Project is helping schools in the Somerset West area with lessons on the environment, organising field trips and setting up vegetable gardens.

Conclusion

The NSNP in the Western Cape remains well supported by both the provincial and national offices. Good co-operation is received from schools, service providers, NSNP staff and partners.