The South African National Curriculum Framework for children from Birth to Four

Comprehensive Draft One

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For the Departments of Basic Education, Social Development and Health.
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**Terminology**

This National Curriculum Framework focuses upon programmes for babies, toddlers and young children from birth to the age of four. For simplicity of reading and use, we have used the overall term 'children' to refer to babies, toddlers and young children.

**Acronyms**

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<th>Acronym</th>
<th>Definition</th>
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<tr>
<td>CAPS</td>
<td>Curriculum and Assessment Policy Statements for each grade in the public schooling sector</td>
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<td>CBO</td>
<td>Community-based organisations concerned with helping the community local to the organisation. CBOs are not for profit organisations. Also see NGO.</td>
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<tr>
<td>ECD</td>
<td>Early Childhood Development, an umbrella term describing the development of children from birth to the age of nine (or to the end of Grade 3 in the Foundation Phase of schooling)</td>
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<tr>
<td>ECD</td>
<td>Early Childhood Development is the process of emotional, mental, spiritual, moral, physical and social development of children from birth to nine years.</td>
</tr>
<tr>
<td>FBO</td>
<td>Faith Based Organisations</td>
</tr>
<tr>
<td>GPD</td>
<td>Guidelines for Programme Development for ECD Programmes for babies, toddlers and young children</td>
</tr>
<tr>
<td>Level 04</td>
<td>The level 04 qualifications for ECD and for Education Studies, registered on the NQF through SAQA (see below)</td>
</tr>
<tr>
<td>NCS</td>
<td>National Curriculum Statement upon which the CAPS is based</td>
</tr>
<tr>
<td>NELDS</td>
<td>National Early Learning Development Standards</td>
</tr>
<tr>
<td>NGO</td>
<td>All non-governmental, non-profit organisations that are concerned with the betterment of society or the individual. NGOs are private, self governing, voluntary organisations operating not for commercial purposes but in the public interest, for the promotion of social welfare and development, religious, charity, education and research.</td>
</tr>
<tr>
<td>NQF</td>
<td>The National Qualifications Framework is a framework on which agreed standards and qualifications are registered for the main purpose of bringing together separate education and training systems into a single, national system.</td>
</tr>
<tr>
<td>SAQA</td>
<td>The purpose of the South African Qualifications Authority is to ensure the development and implementation of a National Qualifications Framework (NQF) that contributes to the full development of each learner and to the social and economic development of the nation at large.</td>
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### Glossary of general ECD terms

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<th>ECD Term</th>
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<tr>
<td>Baby/infant</td>
<td>A child aged from 0 to 18 months old.</td>
</tr>
<tr>
<td>Child</td>
<td>A person under the age of 18 years.</td>
</tr>
<tr>
<td>Child minder/day mother</td>
<td>A person who, whether for gain or free of charge, takes care of a maximum of six children away from their homes, either in the Child Minder's own home, or in a space provided for children. Registration and assessment is addressed in the new comprehensive Child Care Act. Presently some municipalities require child minders to register with them. Since a child minder is responsible for the care and development of children in her care, she must be familiar with basic safety measures and good child-care practices.</td>
</tr>
<tr>
<td>Children with disabilities and special developmental and learning needs</td>
<td>All children are children first. Children have many abilities and may also have disabilities. Disabilities can be intrinsic or within the child herself, for example physical (the loss of a limb or paralysis of a part of the body or a medical condition); sensory (loss of hearing or sight); intellectual (for example, a learning difficulty). Disabilites can also be made worse or caused by factors in the child's environment such as poverty, violence, unstable family life and abuse. All of these factors can prevent a child from using her abilities to the full. A disability is, however, only one part of a child's life and does not define everything about her. Children with disabilities may have special needs as well as many abilities. Adults need to observe and talk about and promote the things children do well and the ways they are growing and changing. Talking about and promoting strengths sends the message to everyone that children with special needs are competent too. A child is disabled when the people in her environment do not take into account her physical or mental differences and cater for them in respectful ways.</td>
</tr>
<tr>
<td>Communicable disease</td>
<td>A disease that can be passed on to others for example, scabies, chickenpox, measles.</td>
</tr>
<tr>
<td>Developmentally appropriate</td>
<td>This term is used to describe activities, equipment or programmes. It is a way of working with children that takes note of what is known about child development and also what is known or learnt about each child and her development within the environment and context in which she is born and grows up.</td>
</tr>
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<td>ECD Term</td>
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<tr>
<td>ECD Centre</td>
<td>Any building or premises maintained or used, whether or not for gain, for the admission, protection and temporary or partial care of more than six children away from their parents. Depending on registration, an ECD centre can admit babies, toddlers and/or pre-school aged children. The term ECD centre can refer to crèche, day care centre for young children, a playgroup, a pre-school, after school care etc. ECD centres are sometimes referred to as ECD sites.</td>
</tr>
<tr>
<td>ECD practitioner</td>
<td>(See Practitioner)</td>
</tr>
<tr>
<td>ECD Programmes</td>
<td>These are planned activities designed to promote the emotional, mental, spiritual, moral, physical and social development of children from birth to nine years and to intervene in the lives of children at risk.</td>
</tr>
<tr>
<td>ECD Services</td>
<td>A range of services (education, health, social protection) provided to facilitate the emotional, intellectual, mental, spiritual, moral, physical and social development and growth of children from birth to nine years.</td>
</tr>
<tr>
<td>Family</td>
<td>Individuals, who either by contract or agreement, choose to live together and provide care, nurturing and socialisation for one another.</td>
</tr>
<tr>
<td>Grade R</td>
<td>The National Department of Education has identified three models of provision of Reception Year/ Grade R those within the public primary school system, those within community-based sites and the independent provision of reception year programmes. Grade R refers to the year before Grade 1.</td>
</tr>
<tr>
<td>Local authority</td>
<td>The local municipality within the boundaries of which the ECD service is provided.</td>
</tr>
<tr>
<td>Place of care</td>
<td>Any building or premises which are maintained or used, whether or not for gain, for the admission, protection and temporary or partial care of more than six children away from their parents. This does not include a boarding school, hostel or institution that is maintained or used mainly for the teaching or training of children as is controlled or registered or approved by the State, including a provincial administration. Depending on its registration, a place of care can admit babies, toddlers, pre-school aged children and school-going children on a full-day or other basis. In cases where parents work night shift, children could be cared for at night. Caution should be exercised that parents do not utilise the place of care as a boarding facility.</td>
</tr>
<tr>
<td>Practitioner</td>
<td>The term refers to all ECD education and training development practitioners, i.e. educators, trainers, facilitators, lecturers, caregivers and development officers, including those qualified by their experience, and who are involved in providing services in homes, centres and schools. In respect of educators and trainers, the term includes both formally and non-formally trained individuals providing an educational service in ECD. This would include persons currently covered by the Educators Employment Act (Act no. 138 of 1994).</td>
</tr>
<tr>
<td>Pre-school child</td>
<td>A child under six years of age not yet attending formal school.</td>
</tr>
<tr>
<td>Qualification</td>
<td>Formal recognition of the achievement of the required number and type of credits and such other requirements at specific levels of the NQF as may be determined by the relevant bodies registered for such purpose.</td>
</tr>
<tr>
<td>ECD Term</td>
<td>Description</td>
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<tr>
<td>Quality Assurance</td>
<td>The process of ensuring that the degree of excellence specified is achieved.</td>
</tr>
<tr>
<td>Subsidy</td>
<td>Subsidies are granted to qualifying children (the Child Grant) and to qualifying ECD Programmes (Grants by the government, These are referred to in Regulations of the Children's Amendment (Act 41 of 2007) in operation from April 1, 2010</td>
</tr>
<tr>
<td>The Act</td>
<td>Children's Amendment (Act 41 of 2007) in operation from April 1, 2010</td>
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<tr>
<td>Vulnerability</td>
<td>Heightened or increased exposure to risk as a result of the child's circumstances.</td>
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</tbody>
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## Glossary of specific terms used in this curriculum framework

<table>
<thead>
<tr>
<th>ECD Term</th>
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</table>
| Baby, toddler and young child      | In line with the NELDS, the age ranges are as follows:  
  - Babies: from birth to approximately 18 months  
  - Toddlers: from about 18 months to 36 months (three years)  
  - Young Children: from about three to four years  
  - Towards Grade R: from about four to the time that young children enter Grade R (in the year in which they turn five).                                                                                                                                                             |
| Competence                         | Competent human beings and citizens have enough useful knowledge, useful skills and positive attitudes for living healthy, productive and happy lives.                                                                                                                                                                                      |
| Curriculum                         | Curriculum for early childhood is about all the experiences that children from birth to four will have in different settings. What children feel, do, hear and see in their early childhood setting is an important part of curriculum.  
  
  **Curriculum** includes experiences  
  - that are planned for young children wherever they are being cared for and educated (adult-initiated)  
  - which are not consciously planned by adults (incidental learning/ teachable moments)  
  - created by the children themselves in order to make sense of their world (child-initiated).                                                                                                                                                                        |
| Developmental lags and spurts      | Children often have developmental spurts in various areas when they show greater interest and ability for example, a baby may be very interested in and 'good at' drawing and painting.  
  
  Children may also often experience lags or delays in their development which may be long term or short term. They may often show a lack of interest in a certain type of activity or discussion.  
  
  The NCF promotes the principle of inclusion for all children experiencing developmental spurts and lags.                                                                                                                                                                                                 |
<p>| Early Learning and Development Area (ELDA) | These are the six organisers for experiences that are relevant for babies, toddlers and young children. They are used to organise all activities and routines each day. Each Topic is organised around the ELDAs. They are: Wellbeing; Identity and Belonging; Communication; Exploring mathematics; Creativity; Knowledge and understanding of the world.                                                                 |</p>
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<th>Description</th>
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<tr>
<td>Effective practice</td>
<td>Effective practice focuses on the activity and processes that allows children to explore their needs, interests and provide different types of support relevant for their learning and development. Effective practice is based on carefully thought out policies which meet the needs of all young children. Effective practice is the competent implementation of these policies in the home and in the ECD programme. Compliance with policy and legislation is the first key to effective practice. The second key is thoughtful application of guidelines to the immediate needs and learning interests of each baby, toddler and young child.</td>
</tr>
<tr>
<td>Environment</td>
<td>The environment in which the ECD programme is situated consists of the indoor, the outdoor and emotional environment in which the children develop and learn.</td>
</tr>
<tr>
<td>Facilitate</td>
<td>ECD practitioners' facilitate learning. They observe developmental and learning needs and interests, plan activities to meet these, carry out the activities with the children and facilitate each child's interests and participation. Facilitation means 'making it easy for the child to participate and to learn'.</td>
</tr>
<tr>
<td>Indigenous and local knowledge and practices</td>
<td>Indigenous knowledge is that knowledge which is held by families, and groups. It is passed down from generation to generation. Local knowledge and practice is that which is used in geographical regions for example, Limpopo province may use local knowledge and practices which suit that environment, and which may be different from that of the Karoo region of the Eastern Cape. This curriculum framework promotes the use of indigenous and local knowledge and practices about babies, toddlers and young children which enhances their development and learning.</td>
</tr>
<tr>
<td>Intentional practice</td>
<td>When we act intentionally, we are conscious of what we are doing, why and how. We deliberately plan our actions and our behaviours so that children • observe how we act as human beings, and can model their own attitudes and behaviours on ours • enjoy activities which have been planned especially for their own specific learning needs and interests.</td>
</tr>
<tr>
<td>Principles</td>
<td>Our principles are the basis for our beliefs and attitudes and therefore our behaviours. They make up our rules for how we live our lives.</td>
</tr>
</tbody>
</table>
**ECD Term** | **Description**
--- | ---
An example of a principle in this Curriculum Framework is that children are competent human beings and learning from the moment they are born.

Reflective practice | ECD practitioners are reflective practitioners. They observe developmental and learning needs and interests, plan activities for these, carry them out (facilitate development and learning) and reflect upon the usefulness of the activities in order to plan further. Reflecting includes 'shining a light' onto practice.

Routines | Routines refer to arrival, departure, meals, toilet, resting, housekeeping (washing, cleaning up, putting away, tidying up), sleeping, and self-help skills according to ages and stages. Routines are integrated as far as possible into activities, with sufficient opportunity for children to obtain a feeling of competence.

Seamless transitions | Transitions refer to shifting or moving from activity to activity, from location to location, or from person to person. Seamless transitions are carried out by the adult by preparing the child for change, discussing it while it is happening and helping the child to reflect upon the experience of change.

Theme | There are three Themes which are derived from the Vision Statement of the NCF and are used to organise the twelve Principles and the six ELDAs. They are:
1. I am a competent person
2. My learning and development is important
3. I need strong connections with adults

Topic | A topic is an organising framework for the activities and routines of the day and week, quarter and year. Topics help the EC D practitioner to plan activities round knowledge and understanding of the world. Examples include:
1. My body
2. My family
3. Spiders and insects

Vision statement | A vision statement inspires what we do, with whom and how we carry out our responsibilities.

South Africa's vision statement for our young children explains how we want to develop our babies, toddlers and young children.

The vision statement is long term and focuses upon the future.
Introduction

The National Curriculum Framework (NCF) for children from before birth to the age of four is focused on the care, developmental and learning needs of babies, toddlers and young children.

The document is aimed at adults working with this group of children. Adults include
- Parents and caregivers
- Early childhood practitioners (in centres, family and community support, child minders)
- Practitioner educator and support staff
- Monitoring personnel (government and civil society) who visit the ECD programmes.

It can also assist in supporting older children (buddies) who offer child–to-child ECD interventions in South Africa.

Adults need to work together to make meaning of and to apply the NCF through paying attention to high quality experiences for babies, toddlers and young children in a variety of programmes and settings such as ECD centres, homes, neighbourhoods and institutions where children in the early years are cared for.

In South Africa, as elsewhere in the world, there is an increasing need to value and support the development and learning of children in the early years. Research shows that the first 1000 days (pre-birth, early and late infancy) of life are highly sensitive to environmental effects. Evidence from research in South Africa shows that the early years are building blocks for health, human capacity, personal and social well being.

A key feature that makes ECD programmes in South Africa different from other countries is the urgent need to effect social transformation through integrated care and education for our youngest children. This needs to happen because of:
- the history of apartheid
- inequalities and conditions that places young children at risk
- the status of birth to five
- the need to professionalise the workforce and
- the need to promote a new vision for citizens in democratic South Africa.

The South African NCF drives a holistic ECD vision which pays attention to:
- The first 1000 days which are the windows of opportunities for interventions before birth and the first two years of life after birth
- The third and fourth years of life and the time before the child enters primary school

The NCF therefore focuses upon the child from before birth through to the time that she enters Grade R.

The NCF draws on the values in our constitution, the principles set out in existing legislation, policies and plans, review of South African curricula for birth to four (Free State, Gauteng, Limpopo), the findings from the international literature on ECD, global imperatives for ECD and voices from the ECD field (through the stakeholder consultations carried out in South Africa). The National Early Learning Standards (NELDS) form the foundation for the NCF.
The vision for children in the early years

The NCF is driven by the vision

Working with and for all children in the early years in a respectful way to provide them with quality experiences and equality of opportunities to achieve their full potential.

Key ideas in this vision are

- **all** children in the early years (birth to four and also Foundation Phase from grades R to 3)
- **respectful** ways of working with children
- **quality** experiences for children
- **equality** of opportunities
- **full potential** of all children irrespective of their differences (family background, culture, home language, gender, giftedness, learning difficulties or disabilities).

This document focuses on all of the points above as it unpacks the vision in relation to the curriculum framework.

Definition of curriculum

Curriculum for early childhood is about all the experiences that children from birth to four will have in different settings. What children feel, do, hear and see in their early childhood setting is an important part of curriculum.

Curriculum includes experiences

- that are planned for young children wherever they are being cared for and educated (adult-initiated)
- which are not consciously planned by adults (incidental learning/teachable moments)
- created by the children themselves in order to make sense of their world (child-initiated).

The aim of the curriculum is to help every child to develop knowledge, skills, attitudes and behaviours for life, learning, schooling and work.

The definition ensures that ECD programmes in South Africa are based on a holistic approach to children's development and learning. This approach helps adults to develop effective practice through

- planning and offering activities to meet the needs and interests of each child in different settings and
- integrating what works best for babies, toddlers, and young children at family, local, national and international contexts.

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1 Having or showing potential means, in this NCF, that children have qualities or abilities that may be developed and lead to future success or usefulness.
A curriculum framework

A curriculum framework is an organised plan which sets out
- the knowledge and understandings of the world
- the practical skills required and
- the attitudes and behaviours needed to develop citizens in diverse contexts.

All of the knowledge, skills and behaviours which we need as human beings and citizens are described as 'competence'. Competent human beings and citizens have enough useful knowledge, useful skills and positive attitudes for living healthy, productive and happy lives.

This NCF describes the competence that babies, toddlers and young children hope to and need to develop.

The Framework describes the aims
- for children’s development and learning which need to be used as guidelines for supporting children’s holistic development and assessment of children’s progress and potential.
- for adults who are facilitating children learning by planning high quality experience and by reflecting on and evaluating their performance.

The content of NCF relating to children’s development and learning is NOT TO BE USED IN A PRESCRIPTIVE WAY. It is a flexible tool to create opportunities for quality experiences for babies, toddlers and young children.

The links between the NCF with other curriculum initiatives/frameworks

The NCF is part of broader curriculum initiatives. All curriculum frameworks in all sectors of education are based on the South African Constitution.

The ECD sector includes children from birth to nine: prior schooling (birth to 4) and the schooling phase (5 to 9 years). The NELDS, the NCF, the GPD and the CAPS document are interrelated as follows:
The challenge lies in linking curriculum for ECD to support **SEAMLESS TRANSITIONS** for all children of all abilities and in all environments throughout all programmes of care and education provided for them and their families across the lead departments of Education, Social Development and Health.

The NCF builds on NELDS and makes connections from

- the rights of the child
- the cultures of all peoples in South Africa
- the curriculum within schooling from Grade R to Grade 12.

**Figure 1 Links between the NCF and other South African curriculum frameworks**
The Purpose of the NCF

The NCF seeks to:

- affirm young children as competent people who are actively involved in their learning
- actively honour the diversity of our young children, their languages and their heritage
- promote young children’s experiences of socially and culturally sensitive environments where attention is paid to inclusive, equitable and democratic practices
- recognise the importance of the local context and indigenous resources for early learning and therefore provide a supportive structure for adults which would encourage and enable them to create, build and to develop curriculum to suit the needs and interests of children, families, neighbourhoods and communities
- deepen the understanding of the essential learning areas and relate it to building a programme relevant to ways in which young children develop and learn
- value curriculum as a process where critical reflection informs teaching, learning and the creation of effective practice for diverse contexts
- develop an asset-based approach when supporting adults who care for and educate young children.
- help with reflection on the relevance and effectiveness of the ECD programme.
- bring together the division of care and education by taking into account the learning and development requirements in the
  - the NELDS (education focus)
  - the Children’s Act and the Early Childhood Service Standards (care and social development focus)
- develop a shared vision and professional language for the ECD field through common values, principles and aims to guide integrated care and education in varied settings
The NCF and the National Qualifications Framework

The National Qualifications Framework (NQF) is a Framework on which standards and qualifications, agreed to by education and training stakeholders are registered.

The NQF is a means for transforming education and training in South Africa. It has been designed to
• make it easier for people to enter the education and training system and to move and progress within it
• open up learning and work opportunities for those who were treated unfairly in the past because of their race or gender
• enable people to develop to their full potential and thereby support the social and economic development of the country as a whole.

The NCF forms the beginning of this process of lifelong learning within the principles and values of the National Qualifications Framework.

The NCF and the Critical Outcomes

The National Qualifications Framework sets out the Critical Outcomes which are designed for all educational programmes in South Africa. The NCF reflects these. They are that young children should learn to
• identify and solve problems and make decisions using critical and creative thinking;
• work effectively as individuals and with others as members of a team;
• organise and manage themselves and their activities responsibly and effectively;
• collect, analyse, organise and critically evaluate information;
• communicate effectively using visual, symbolic and/or language skills in various modes;
• use science and technology effectively and critically showing responsibility towards the environment and the health of others; and
• demonstrate an understanding of the world as a set of related systems by recognising that problem solving contexts do not exist in isolation.

Each of these Critical Outcomes is integrated into each of the six Early learning Areas.
Key ideas that shaped the NCF

| South African Legislations and Policies | • Promotes the belief that the child is an important player in his/her own education and development |
| South African Context | • Has priorities, resources and opportunities for young children’s holistic development |
| Equity, Diversity and Indigenous and Local Resources from Africa | • Transforming South African society through ECD means pay attention to equity, diversity and the indigenous African experiences that are closer to the lives of children in South Africa |
| Lifelong learning | • Strong foundations in early childhood to be laid for lifelong learning |
| Reflective Practitioners | • Complexities in children’s development and learning requires practitioners to reflect in and on their practice with and for children. |
| Family inclusion | • Families in their many forms are the primary educators of their children and must be included in ECD programmes |
| Transitions | • All levels of transitions (activity to activity, home to programme, one programme to another, ECD centre to school) needs to be considered in children’s learning and development |

Figure 2 Key ideas that shape the NCF

The NCF must be appropriate in a contextual, developmental and educationally appropriate way.
There are therefore three themes which emerge from the attention to appropriateness. They are
1. Young children as people
2. Young children’s learning and development
3. Young children’s connections with adults
Principles informing the three themes which underpin the NCF

The 3 themes described are informed by 12 principles for working with all children and working with all adults, including all families, all practitioners, all programme managers and all support and monitoring personnel. The principles focus upon children's needs and interests and on working with children. They are captured in a child’s voice.

Theme 1 I am a competent person
Theme 2 My learning and development is important
Theme 3 I need strong connections with adults

There are twelve principles, set into the themes.

Theme 1 I am a competent person

Principles

1. I am a powerful competent person who actively creates my own identity and my own understanding of the world.
2. I am unique and have a unique life-story.
3. I flourish when attention is paid to equality of opportunities where I can participate to develop my own potential.
4. I am sensitive to individual and group differences and must in educated in ways that help me to celebrate differences.

Theme 2 My learning and development is important

Principles

5. I am curious, energetic and active and I learn by taking up opportunities to make meaning about the world around me.
6. Local and indigenous knowledge and skills are resources that can be used to promote socially, culturally and linguistically sensitive learning environments for me.
7. Play and hands-on (active) experiences enhance my learning and development.
8. A comprehensive ECD learning programme for quality and equality of opportunities pays attention to
   - my developmental domains (social, emotional, cognitive, physical –with a focus on health and nutrition),
   - the content areas (languages and mathematics) and
   - my strong links with my family and later, my links to schooling.

Theme 3 I need strong connections with adults

Principles

9. Parents and families in their different forms play a central role in my overall development.
10. I benefit from a close and loving relationship with an adult.
11. Adults have the responsibility for the protection and promotion of my rights regardless of my age, background, ethnicity, ability and gender.
12. We would like adults to promote children’s well being, positive identities, inclusivity, child-focused activities and competence for living and coping with life.
The Early Learning and Development Areas

There are six Early Learning and Development Areas (ELDAs) which integrate the three themes and Twelve Principles. The ELDAs organise children's development and learning opportunities to help adults to organise the activities with babies, toddlers and young children.

They are:
1. Well-being
2. Identity and belonging
3. Communicating
4. Exploring mathematics
5. Creativity
6. Knowledge and understanding of the world

Each of the ELDAs are closely related to the Desired Results identified in the NELDS.

NELDS promotes an integrated approach.
- This approach includes all the different skills, knowledge and abilities that children are expected and encouraged to attain in the different domains of their development.
- The integrated approach is appropriate as it relates directly to how children learn. Children grow and develop through exposure to various experiences which happen concurrently and interactively, affecting the different areas of child development.
- A good example will be when a specific experience or activity builds competencies in the social and physical domains, as well as in the cognitive domains. It is therefore better to highlight the broad competencies that children are expected to acquire from a programme and activities, rather than the specific skills and abilities from a particular development domain.

In NELDS, the same desired results apply to all children from birth to four. Each desired result has indicators and specific competencies. These are outlined according to the different age ranges.

The desired results are aimed at:
- assisting in ensuring that children learn in an integrated way.
- enabling parents, practitioners and other caregivers to provide appropriate programmes and strategies to support children’s learning activities.
- providing the basis for lifelong learning.
<table>
<thead>
<tr>
<th>Early Learning and Development Areas</th>
<th>Relationship with the NELDS - Desired Results</th>
<th>Relationship with CAPS – Foundation Phase Subjects</th>
</tr>
</thead>
</table>
| 1. Well-being                      | 1. Children are becoming more aware of themselves as individuals, developing a positive self image and learning how to manage their own behaviour  
2. Children are demonstrating growing awareness of diversity and the need to respect and care for others.  
6. Children are beginning to demonstrate physical and motor abilities and an understanding of a healthy lifestyle. | Life Skills  
Language |
| 2. Identity and belonging          | 2. Children are becoming more aware of themselves as individuals, developing a positive self-image and learning how to manage their own behaviour  
3. Children are demonstrating growing awareness of diversity and the need to respect and care for others. | Life Skills (including historical and geographical understandings of self and family)  
Language |
| 3. Communicating                  | 1. Children are learning how to think critically, solve problems and form concepts  
4. Children are learning to communicate effectively and use language confidently.  
5. Children are learning about mathematical concepts. | Language  
Mathematics  
Life Skills |
| 4. Exploring mathematics          | 1. Children are learning how to think critically, solve problems and form concepts  
4. Children are learning to communicate effectively and use language confidently.  
5. Children are learning about mathematical concepts. | Mathematics  
Language  
Life Skills (including scientific and environmental knowledge and skills) |
| 5. Creativity                     | 4. Children are learning how to think critically, solve problems and form concepts  
5. Children are becoming more aware of themselves as individuals, developing a positive self-image and learning how to manage their own behaviour  
3. Children are learning to communicate effectively and use language confidently. | Language  
Mathematics  
Life Skills (including |
| 6. Knowledge and understanding of the world | 1. Children are learning how to think critically, solve problems and form concepts  
3. Children are demonstrating growing awareness of diversity and the need to respect and care for others.  
5. Children are learning about (mathematical) concepts | Life Skills (including historical, geographical knowledge, scientific and mathematical knowledge and skills)  
Mathematics  
Language |
### Arrangement of the curriculum

The curriculum is therefore arranged under each ELDA as follows:

<table>
<thead>
<tr>
<th>Details of the Early Learning and Development Areas</th>
<th>Explanation</th>
</tr>
</thead>
</table>
| **1. Aims**                                         | - The aims gives direction to children’s care, learning and development in the different ELDAs.  
- The aims are focused upon the child's own needs at that particular phase of her development and learning interests  
- Each ELDA has aims which support adults' needs for knowledge, understanding and ideas for activities. |
| **2. Developmental Guidelines**                     | - The developmental guidelines describe very broadly, the development of children from birth to the age of about five.  
- They provide adults with an idea of children’s competence.  
- They are **NOT TO BE USED AS A CHECKLIST**. Children are unique and will make sense of their world in different ways and at different times.  
- The developmental guidelines form a framework for observation of each child and discussion with parents. |
| **3. Examples of activities**                        | These four categories describe some activities that children from birth to about the age of four are competent in and are able to take part in. |
| - Beginning                                         | The four categories reflect the broad age ranges of NELDS:  
- Moving on                                          | - Babies: from birth to 18 months  
- Advancing further                                  | - Toddlers: from 18 to 36 months (3 years)  
- Towards Grade R                                    | - Young children: from 3 to 4 years  
|                                                     | - The fourth category reflects the transition to the competences of the child aged five (who then enters Grade R in the Foundation Phase).  
|                                                     | The four categories, although based on the broad age ranges of NELDS  
|                                                     | - encourage adults to include all children across developmental guidelines in a flexible way  
|                                                     | - include children with developmental delays and gaps as well as with developmental growth and learning spurts within all age ranges to the age of five and six (end of Grade R) and beyond where relevant  
|                                                     | - include children with barriers to learning and development (children with disabilities and special needs)  
|                                                     | - **DO NOT FORM A CHECKLIST FOR TICKING**. They are guidelines for observation and planning, bearing in mind that children are unique in their individual learning needs and interests each day.  
<p>|                                                     | The <strong>ACTIVITIES ARE EXAMPLES AND NOT PRESCRIPTIONS</strong>. They provide ideas on opportunities for learning. Adults must take into account the special context of the child and effective indigenous, local and global |</p>
<table>
<thead>
<tr>
<th>Details of the Early Learning and Development Areas</th>
<th>Explanation</th>
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</thead>
<tbody>
<tr>
<td>4. <strong>Assessment Guidelines</strong></td>
<td>Broad assessment guidelines are provided for each aim. They are directly related to the developmental guidelines. They form 'watch points' for adults to observe in each child.</td>
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<tr>
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<td>They enable adults to</td>
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<td>● observe (watch and listen to) the developmental and learning needs and interests in each child and</td>
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<td>● take notes and</td>
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<td></td>
<td>● use information from observations to help with planning learning experiences and</td>
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<td></td>
<td>● improve their practice</td>
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<td>● discuss with parents,</td>
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<td>● and where necessary, together with the parents, to refer to relevant support services (specialist care).</td>
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<td></td>
<td>Some watch points are provided to enable adults to identify possible challenges children may face. Further guidance is required for detailed informed observation of children’s development, however. This guidance will be gained in courses, workshops, and by reading about and discussing special needs.</td>
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<td></td>
<td>Assessment policy guidelines are provided in the final section of the NCF.</td>
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</tbody>
</table>
The overview of the NCF

Vision for the National Curriculum Framework

Three themes based in the Vision
1. I am a competent person
2. My learning and development is important
3. I need strong connections with adults

Twelve Principles based in the Vision and Themes

Six Early Learning and Development Areas (ELDAs) which reflect the Vision, Themes and Principles

1. Well Being (The Key ELDA)
2. Identity and Belonging
3. Communication
4. Exploring Mathematics
5. Creativity
6. Knowledge and Understanding of the World

Figure 4  The structure of the NCF

The Structure of each ELDA
Each ELDA is structured in four sections

1. Aims for development and learning
2. Developmental guidelines based in the developmental domains
3. Examples of activities for babies, toddlers and young children
4. Guidelines for Assessment through observation of development and learning needs and interests

There are four broad phases for planning activities with babies, toddlers and young children linked to the age guidelines in the NELDS: Babies, Toddlers and Young Children

Beginning  Moving on  Advancing further  Towards Grade R

Figure 5 The structure of each ELDA
Well Being is the key learning area for the development of babies, toddlers and young children.

In South Africa many babies, toddlers and young children live in environments that affect their survival, protection and development in negative ways. Early childhood programmes are used to better the life chances of these children. The NCF therefore focuses upon WELL BEING as the key Early Learning and Development Area.

When babies, toddlers and young children are
- well nourished
- enjoy good health
- are safe and secure
- are physically strong and
- have opportunities to resist stress
then they thrive in their development and learning.

---

**Figure 6** Wellbeing is the key Early Learning and Development Area which supports all other Early Learning and Development Areas
Using the Early Learning and Development Areas

The adult working with the NCF (for example, parent, caregiver, practitioner, facilitator, lecturer, support and monitoring personnel) will note that

a. **Children enjoy all their constitutional rights**  
   and increasingly take responsibilities in their families and close social circles

**Every child is born with rights:**
1. Protection from physical danger
2. Adequate nutrition and health care
3. Appropriate immunisations
4. An adult with whom to form an attachment
5. An adult who can understand and respond to their signals
6. Things to look at, touch, hear, smell, taste
7. Opportunities to explore their world
8. Appropriate language stimulation
9. Support in acquiring new motor, language and thinking skills
10. A chance to develop some independence
11. Help in learning how to control their own behaviour
12. Opportunities to begin to learn to care for themselves
13. Daily opportunities to play with a variety of objects
14. Opportunities to develop fine motor skills.

**Older babies and toddlers begin to develop a sense of responsibility.**
They begin increasingly to take responsibilities in their families and close social circles
1. help with routines for example, washing, washing up, cleaning and sweeping
2. carry out simple instructions
3. listen to others
4. use the manners of the culture for example, when eating.

**Adults help children to realise their rights and gradually to carry out their responsibilities by**
1. encouragement of language through talking, being read to, singing, pre-writing and pre-reading skills
2. activities that will develop a sense of mastery
3. hands-on exploration for learning through action
4. opportunities for taking responsibility and making choices
5. encouragement to develop self-control, cooperation and persistence in completing projects
6. support for their sense of self worth
7. opportunities for self-expression
8. encouragement of creativity.

b. **Adults help babies and toddlers to develop a sense of responsibility by**
1. modelling desired behaviours at all times (for example, listening to children in the same way as children are expected to listen)
2. explaining why behaviours are needed or not
3. demonstrating the steps required for each behaviour for example, how to blow the nose in an hygienic way.
4. showing willingness to learn about children from children themselves.

c. The ELDAs are naturally combined in most routines and activities offered to children.
An example of the integrated nature of activities in the early years is of babies and toddlers and young children playing with sand and water:

<table>
<thead>
<tr>
<th>An activity: playing with water and sand</th>
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</thead>
<tbody>
<tr>
<td><strong>ELDA</strong></td>
</tr>
</tbody>
</table>
| Well being | a. play safely  
b. develop small muscles strength and coordination |
| Identity and belonging | c. are aware of themselves as capable and confident learners  
d. develop a strong sense of self care  
e. build strong relationships with other children and with adults |
| Communicating | • speaking and listening  
• reading (for example, labels on containers, objects)  
• recording and writing (drawings and paintings, modelling with clay and mud, songs and rhymes about the experiences of playing with sand and water  
• structure and vocabulary of language. |
| Exploring mathematics | • number and counting  
• sorting and classifying, making comparisons and solving problems  
• shape, space and measurement |
| Creativity | • solve problems of design  
• make pictures in 2D and 3D  
• play make-believe games  
• sing songs and rhymes  
• dance |
| Knowledge and understanding of the world | • designing, making items and exploring technology  
• exploring time and place  
• exploring and investigating the life-world. |
e. **Children’s potential**

Children’s needs vary across the four broad timeframes and each child needs must be included in the ECD programme.

Children need activities which they are able to do and to enjoy doing and which challenge them. Most of these activities will fall into the broad category of their developmental stage (Beginning, Moving on, Advancing further and Towards Grade R) but each child may have areas in which they have greater or lesser interest and ability. Adults need to make sure that they offer each child activities which will enhance that child’s own interests and developmental needs.

- **Developmental “spurts” or times of rapid growth and development**
  Children often have developmental spurts in various areas when they show greater interest and ability, for example, a baby may be very interested in and ‘good at’ drawing and painting. Adults need to offer visual art activities which the baby finds challenging.

  Use activities from the following-on sections with children who need and show interest in further and more complex activities. Offer children who are needing further stimulation some of the Grade R activities suggested in the relevant sections of the CAPS documents.

- **Developmental “lags” or delays**
  Children may also often experience lags or delays in their development which may be long term or short term. They may often show a lack of interest in a certain type of activity or discussion.
  - For example, a toddler with a physical disability may need to have activities set out as for a child who is not yet sitting, although at a level of intellectual challenge for a three year old.
  - For example, a young child may be more interested in physical activities than in listening to a story. The adult needs to give many challenging opportunities for physical development as well as interesting and appealing invitations to listen and to read stories so that the child develops an interest in books as well.

  Use activities from the previous timeframe sections with children who need and show interest in simpler and less complex activities.

f. **Children with special educational and care needs**

Children with disabilities for example, physical, intellectual or sensory impairment, medically fragile children (for example, HIV/AIDS) and children who are living in poverty, may experience barriers to participation and learning. Strong emphasis is laid on offering programme activities by the families and ECD practitioners with support from monitoring, training and specialist personnel where required.

All children wish to be curious, energetic and involved in their own learning and development. Children with special educational needs are not an exception.
g. **Indigenous and local knowledge, skills and behaviours**

Strong emphasis is laid on offering the programme design and activities for children and their families according to indigenous, local and traditional knowledge, skills and behaviours which enhance children's development and learning, and which enhance the inclusion of families in the ECD programme.

Local, indigenous and traditional knowledge must enhance children's rights and focus upon the need for each child to be curious about the world, energetic in her exploration of the world and safe.
Early Learning and Development Area One Well-being

The child’s voice

I need to experience an environment where I can enjoy good health, nutrition, safety and security and where I can develop confidence and resilience. I want to be happy. This is my right.

I am usually physically very active and my body is developing and growing rapidly. I need enough nutritious food. Proper health care and a safe environment are very important to ensure growth and development. This is my right.

What is ‘well-being’ about?

When children have a strong sense of well-being they
• enjoy their rights and gradually learn to carry out their responsibilities towards themselves, others and their environment
• enjoy good health (from before birth)
• live in a safe and secure environment
• are well-nourished from conception (in the womb) right through to the age of five and entry into the public schooling system
• develop abilities and interest in physical activities
• have an ability to respond to difficult circumstances and daily stresses (they are strong and resilient and experience feelings of happiness).

Well-being therefore includes the emotional, social as well as the physical aspects of children’s development. Well-being is very important because when children are healthy, physically active and well-nourished then they are motivated to learn.

The state of children’s well-being also depends on whether they are valued, respected and supported by the adults in their families and in their ECD programmes to deal with the daily stresses in the lives.
Well-being cannot be separated from learning. This early learning area is extremely important for all children from conception through to the age of eighteen and beyond.

**Adults need to pay attention to children’s well-being**

- Children's rights form the basis for all well-being and learning.
- Children with disabilities and special needs have the right to receive attention to enable them to develop and learn to their greatest potential.
- Adults need to build children's rights into all activities they offer when working with and for children.
- The best interests of babies, toddlers and young children forms the basis for all interaction:
  - observe all children carefully to note their needs and interests. Watch what they do and how they react.
  - listen to children carefully from birth. Children communicate by making sounds (for example, crying, screaming, gurgling, laughing) through body language (for example, ) and through language (for example, with words and drawings, make believe play)
  - think first about what is best for the child
  - take all children's views into account, including children living with disabilities
  - keep records to share with parents and with professional colleagues (for example, health, social development, educational colleagues when necessary).

- Children look forward to **being with adults** who understand them, like them and help them to grow and to learn through supportive relationships.

- Adults need to provide opportunities for babies, toddlers and young children to learn about
  - their rights and responsibilities as they grow
  - health and safety though regular basic routines including meal times with nutritious food and routines for hygiene, safety and security
  - their bodies and their abilities to move and to manipulate tools.
  - promote children's independence and resilience by encouraging them to make choices and decisions.
Figure 7 Working with families and their young children to promote well-being

Reflection Points

- How does the home environment, the family and early childhood programme influence each boy and each girl child’s well-being in a positive way?
- How might the home, family and early childhood programme influence children’s well-being in a negative way?
- How can positive opportunities and resources be built on to help children to develop a good sense of well-being?
- How can the negative aspects be dealt with and minimised?
- Does the ECD programme offer enough support to all children for the development of a strong sense of well-being in each aspect?
### Aims, developmental guidelines, examples of activities for promoting well-being

<table>
<thead>
<tr>
<th>Aims</th>
<th>Developmental Guidelines for Babies, Toddlers and Young children</th>
<th>Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children</th>
<th>Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary</th>
</tr>
</thead>
</table>
| 1.  |  **Beginning**  
   Babies  
   1. Grow from birth according to the Road to Health card guidelines  
   2. Begin to show preferences for what they want to taste  
   3. Explore food by experimenting and playing with it  
   4. Express when hungry or full  
   5. Accept and request favourite foods  
   6. Try new food willingly  
   7. Chew food well  
   Some babies may experience developmental lags in some areas and some may experience developmental spurts in some areas. | **Beginning**  
   - Make a game out of weighing and measuring the babies and toddlers so that they enjoy the experience  
   - Offer each child a variety of foods. Take into account that there may be cultural difference in what is considered as good food for babies  
   - Spend time with each child during meals  
   - Make meal times pleasant by talking, singing rhymes, telling stories to babies  
   - Speak in the mother tongue about what is happening during meal times.  
   - Demonstrate nutritious eating habits  
   - Expect a child to like new food and offer it with encouragement. Observe babies and respond  
   - Expect the babies to make a mess when trying to feed themselves  
   - Present all food and drink in an attractive way. | **Observe and discuss with parents**  
   **babies, toddlers and young children’s ability to**  
   a. Drinking and eating habits  
   b. Drinking and eating preferences  
   c. Levels of enjoyment of eating  
   d. Levels of energy  
   e. Levels of hunger  
   f. Growth (using the Road to Health card) including underweight and obesity and height  
   g. Developing knowledge of  
      - Different types of food, tastes and values  
      - Nutrition routines  
      - Food and water hygiene routines  
      - ‘Good manners’ of the community and others in nutrition routines  
   h. Developing skills and behaviours for |
<table>
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<tr>
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<td>Moving on</td>
<td>• Recognise and use local and indigenous cultural views and customs on positive nutritional practice.</td>
<td>o Preparing, offering and clearing away food</td>
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<td></td>
<td>• Toddlers continue to grow according to the Road to Health card guidelines</td>
<td>• Use ideas from the following section Moving on with children who are experiencing developmental spurts.</td>
<td>o using cutlery and crockery</td>
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<td>• Toddlers begin to</td>
<td>• Provide small helpings of food to encourage toddlers to feel that they can eat it all</td>
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<td>o recognise new and different food</td>
<td>• Encourage toddlers to ask for more food when they need it bearing in mind their developmental needs</td>
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<td>o have an idea of similarities and differences in tastes and appearances</td>
<td>• Present a variety of foods at each meal</td>
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<td>o understand which food is nutritious</td>
<td>• Help children to eat when they get tired of doing it themselves</td>
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<td>o help serve food or set out plates and spoons and other implements</td>
<td>• Discuss the foods and where they come from.</td>
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<td></td>
<td>o enjoy both local and indigenous food and ways of eating according to the cultures of the</td>
<td>• Promote traditional and locally available</td>
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Moving on

- Toddlers continue to grow according to the Road to Health card guidelines
- Toddlers begin to
  o recognise new and different food
  o have an idea of similarities and differences in tastes and appearances
  o understand which food is nutritious
  o help serve food or set out plates and spoons and other implements
  o enjoy both local and indigenous food and ways of eating according to the cultures of the

Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children

- Recognise and use local and indigenous cultural views and customs on positive nutritional practice.
- Use ideas from the following section Moving on with children who are experiencing developmental spurts.
- Provide small helpings of food to encourage toddlers to feel that they can eat it all
- Encourage toddlers to ask for more food when they need it bearing in mind their developmental needs
- Present a variety of foods at each meal
- Help children to eat when they get tired of doing it themselves
- Discuss the foods and where they come from.
- Promote traditional and locally available

Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.

- o Preparing, offering and clearing away food
- o using cutlery and crockery

Watch points to record and to act upon for individual babies, toddlers and young children at nutritional risk

- a. undernourishment
  - symptoms of kwashiorkor (swelling of the feet, distended abdomen, thinning hair, loss of teeth, skin depigmentation and skin rashes)

- b. illness
  - lack of appetite as a sign and symptom of illness
  - vomiting and diarrhoea (several watery stools within an hour or if there is blood in the faeces)
  - (immediately contact medical help, give boiled cool water with a little salt and sugar added and ensure the child continues to eat regularly)
  - temperature with vomiting and
<table>
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<td>Young children</td>
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<td>• know importance of eating clean food</td>
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<td>• know importance of eating clean food</td>
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<td>neighbourhood.</td>
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<td>Some toddlers may experience developmental lags in some areas and some may experience developmental spurts in some areas.</td>
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<td>foods.</td>
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<td>• Look through print materials with toddlers (such as advertisements for shops) and discuss the nutritious as well as the 'junk' foods</td>
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<td>• Make collages of nutritious foods with the children</td>
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<td>• Sing songs and rhymes and do drama and make believe activities with the children as well as visual art activities such as drawing, cutting and sticking, painting, on the themes of nutrition and foods.</td>
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<tr>
<td>• Support children with managing different utensils, for example, plate, bowl, cup, spoon and fork and knife (this last under supervision)</td>
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<tr>
<td>• Support children to manage different processes for example, pouring, scooping, wiping, cleaning, washing utensils, stacking.</td>
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<td>diarrhoea</td>
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<td>• great thirst or inability to drink.</td>
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<tr>
<td>b. obesity</td>
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<td>• mass according to Road to Health card evidence (consult parents and refer to clinic).</td>
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</tbody>
</table>
### Aims

#### Developmental Guidelines for Babies. Toddlers and Young children

- show interest in trying new foods
- identify some nutritious foods
- help clean up any drinks or food spilt

**Towards Grade R**

Young children increasingly understand

- the importance of food groups, good nutrition, effects of under- and mal-nutrition
- where food comes from, production processes, costs of food
- food safety and hygiene.

#### Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children

- those who are experiencing developmental lags and disabilities.
- Sing songs and rhymes and do drama and make believe activities with the children around the themes of food and nutrition.
- Do visual art activities on the themes of nutrition and foods with the children-painting, drawing, cutting and pasting.
- Start a food garden and give children some responsibilities for its care.

**Towards Grade R**

- Offer activities from 'Advancing Further' to children who are experiencing developmental delays in Grade R
- Offer activities to young children who are experiencing developmental 'spurts' before they enter Grade R working from the relevant sections of the CAPS Life Skills documents for example, the Topics.

---

2. Children are healthy and have a sense of

#### Beginning

- Babies
  - often love kicking and lying

**Beginning**

- Model hygienic behaviour, for example, washing hands before eating and after

**Observe and discuss with parents**

- babies, toddlers and young children’s
## Aims

- Developmental Guidelines for Babies. Toddlers and Young children
- Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children
- Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.

### good hygiene

- in warm water and splashing and playing in water with an adult to supervise
- show an interest in washing hands and clothes and utensils with help
- are interested in knowing about healthy living habits and hygiene.

**Moving on**

**Young children continue to**

- imitate washing face, hands, etc.
- imitate brushing teeth
- wash hands relatively well
- ask for nose to be wiped when necessary
- show an interest in washing hands with help
- understand basic safety rules.

**Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children**

- going to the toilet
  - Talk and sing about hygiene and health while carrying out the health and hygiene routines with the babies
  - Show older babies how to wash their hands and give many opportunities to do so.
  - Use activities from the following sections with babies who need and show an interest in more advanced activities.

**Moving on**

**Continue with the activities and ideas from the previous section on 'Beginning' with all children and especially those who are experiencing developmental lags and disabilities.**

- Use ideas from the following section Advancing further and Towards Grade R with children who are ready to do further activities.
- Talk about 'clean' and 'dirty' and organise activities for the children to experience being dirty when playing outside as a positive experience, followed by the positive experience of washing.

- **ability to**
  - energy levels
  - interest in food
  - immunisation is up to date (see road to health card)
  - healthy tooth development
  - awareness and demonstration of hygienic practices such as hand washing, nose blowing, toileting routines

**Watch points to record and to act upon for babies, toddlers and young children at risk of ill health**

- Does the child have a fever?
- Is the child vomiting everything?
- Has the child had convulsions (fits)?
- Is the child lethargic (looking “lazy”) or unconscious?
- Has the child an upper respiratory tract infection (cough and difficulty in breathing)?
- Has the child any decayed teeth?
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<tr>
<td></td>
<td>Advancing further</td>
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<td>Young children</td>
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<td>bodies and utensils afterwards</td>
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<td>• When washing or bathing children, encourage them to wash different parts of their body themselves</td>
<td>• Does the child live in a hygienic and healthy environment?</td>
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<td>• Encourage and praise children when they remember to wash their hands after using the toilet and before eating food.</td>
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**Advancing further**

Young children

- wash hands and face and body
- blow own nose hygienically
- tell others basic hygiene and safety rules and reasons for them
- brush own teeth competently
- explain in simple terms how illness is caused (bacteria, viruses and unhygienic conditions)
- identify some of own symptoms when not well.
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<td></td>
<td><strong>Towards Grade R</strong> &lt;br&gt;Children continue to need processes that they started as babies and toddlers and increasingly understand &lt;br&gt;• How disease is transmitted &lt;br&gt;• Symptoms of illness and injury &lt;br&gt;• Basic first aid processes &lt;br&gt;• When to call for adult assistance.</td>
<td><strong>Towards Grade R</strong> &lt;br&gt;• Offer activities from <em>Advancing Further</em> to children who are experiencing developmental delays in Grade R &lt;br&gt;• Offer activities to young children who are experiencing developmental 'spurts' before they enter Grade R working from the relevant sections of the CAPS Life Skills documents for example, the Topics.</td>
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<td>3.</td>
<td><strong>Children build a sense of safety and security</strong> &lt;br&gt;(environmental health)</td>
<td><strong>Beginning</strong> &lt;br&gt;• Give each baby a lot of attention through loving physical care and constant communication (for example, speaking, singing, smiling, looking and listening) &lt;br&gt;• Use words and gestures to show dangers,</td>
<td><strong>Observe and discuss with parents babies, toddlers and young children’s ability to</strong> &lt;br&gt;• assume responsibility for own</td>
</tr>
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<td></td>
<td><strong>Beginning</strong> Babies &lt;br&gt;• develop feelings of being safe and secure when their physical and emotional needs are responded to</td>
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</table>

*Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children*

- health and hygiene for example nurse, doctor, refuse removal.
- Ask children to help with simple routine tasks such as cleaning washing, sweeping, make them interesting to do so that children enjoy the activities.

*Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.*
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<td>immediately • develop feelings of trust and belonging when adults give loving physical attention to them and communicate lovingly with them • respond to warnings of danger • begin to understand basic safety rules</td>
<td>for example, plugs, fire • Use words, gestures and simple explanations to show household dangers. • Sing songs and rhymes about safety and security • Tell stories about safety and security which help the babies to develop coping mechanisms (but be careful that children are not made fearful as a result) • Use activities from the following sections with babies who need and show an interest in advanced activities.</td>
<td>safety within the environment. • seek help from and respond appropriately to adults • demonstrate caution within the environment and around potentially dangerous objects (for example, around stairs, traffic, animals, knives, scissors, sharp pencils) • awareness and ability to follow basic health and safety routines (for example, fire drill, caution around strangers, knows first and last name and where she lives for identification purposes)</td>
</tr>
<tr>
<td>Moving on</td>
<td>Toddlers continue with the needs and activities of the previous stage and • want to explore everything in the environment with natural curiosity • are often unaware of dangers but will listen to warnings</td>
<td>Continue with the activities and ideas from the previous section on 'Beginning' with all toddlers and especially those who are experiencing developmental lags and disabilities. • Encourage toddlers to explore and to be curious about their world and o remind children about dangers o practice safety drills in centre-based care o point out dangers in the</td>
<td>Watch points to record and to act upon for individual babies, toddlers and young children at risk in safety and security • signs of physical or sexual abuse • signs of emotional abuse • signs of neglect • the child not noticing burns or</td>
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|      |                                                               | • Ask toddlers open questions about safety when exploring such as 'What can we do to ....'.  
• Provide loving attention to each child as she explores so that she is safe and has a feeling of belonging and approval for being herself.  
• Use activities from the following sections with babies who need and show an interest in more advanced activities. | • Injuries  
• Inability to make judgements about safety (for example not noticing traffic) |
| Advancing further | Young children continue with the needs and activities of the previous stage and are increasingly able to  
• identify some dangerous situations, objects and symbols  
• Give their name and address  
• Understand basic safety rules  
• Follow simple directions of environment. |  
  
| Advancing further | • Continue with the activities and ideas from the previous section on 'Beginning' and 'Moving on' with all children and especially those who are experiencing developmental lags and disabilities.  
• Help children to remember their addresses or describe where they live  
• Point out safety symbols, for example, stop sign, fasten seatbelt, poison  
• If children tell you about an incident that made them feel uncomfortable, show that you are willing to listen |
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<td>what to do if in danger</td>
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<td>• Offer activities to young children who are experiencing developmental 'spurts' before they enter Grade R working from the relevant sections of the CAPS documents.</td>
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<td><strong>Towards Grade R</strong></td>
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<td><strong>Towards Grade R</strong></td>
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<tr>
<td>Children continue with the needs and activities of the previous stage and are increasingly able to</td>
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<td>• Offer activities from 'Advancing Further' to children who are experiencing developmental delays in Grade R</td>
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<tr>
<td>• identify and report dangers in the environment</td>
<td></td>
<td>• Offer activities to young children who are experiencing developmental 'spurts' before they enter Grade R working from the relevant sections of the CAPS Life Skills documents for example, the Topics.</td>
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<td>• feel confident about reporting danger</td>
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<td>• give their personal details – name, age, address, contact number to people whom they know.</td>
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<tr>
<td><strong>4. Children are physically strong and show abilities and interest in</strong></td>
<td><strong>Beginning Large muscles Babies</strong></td>
<td><strong>Beginning Large muscle development</strong></td>
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<tr>
<td>• demonstrate reflexes from birth such as the</td>
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<td>• Play movement games with babies to exercise and to promote their large muscle development for example, pulling</td>
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<td>• reflexes in the newborn (for</td>
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| physical activities | • startle, walking and stepping, sucking, grasping reflexes  
  • move arms and legs freely  
  • develop and strengthen neck, and body muscles for twisting and turning, sitting, standing  
  • use large muscles to move in different ways including crawling, dragging and lifting  
  • move from lying down to sitting up  
  • move from sitting to standing  
  • walk alone when one hand is held  
  • walk, stop and start safely  
  • walk up stairs with help  
  • runs  

  **Small muscles**  
  Babies  
  • use small muscles to | up slowly, praising and singing rhymes and songs about these movements  
  • Use songs and rhymes and rhythmic movement with babies from birth and talk to the babies while helping them to exercise  
  • Promote the use of positive traditional and local activities for example, massage, in conjunction with family cultures  
  • Use gentle movements and soft sounds  
  • Provide sturdy stable and safe equipment which helps babies to move such as logs, tyres, wooden boxes  
  • Provide support to each child in her own large muscle needs for example, helping hands, equipment for moving, stairs to climb  

  **Small muscle development**  
  • Give many opportunities to each baby each day for manipulating different types of objects, such as feeding, drawing, building equipment.  
  • Encourage babies to grasp, pick up, hold, shake and taste, look at, listen to, smell example, startle, sucking, grasping)  
  • ability to move arms and legs and torso (body)  
  • ability to twist, sit and stand  
  • ability to crawl walk, run, balance, skip, gallop and climb  
  • coordination (for example eye-hand, eye-foot coordination)  
  • perceptual abilities (for example visual, auditory, space perception)  
  • ability to increasingly use small muscles to grasp, pick up, hold, manipulate  
  • using correct pencil grip  
  • interest in and enjoyment of physical activities of various types (for example games, dance and movement activities  
  • using the senses to interact with the environment and people  

  **Watch points to record and to act upon for individual babies, toddlers and young children at physical risk**  
  • lack of muscle tone (floppy limbs) |
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</table>
|      | explore in more detail by grasping, feeling, manipulating objects | and feel various objects.  
- Use suitable safe materials from the environment such as pebbles, sticks, plastic containers, for children to manipulate  
  - identifying their properties (plastic, light, brightly coloured, smooth, etc.)  
  - pouring and filling  
  - rolling, moving forwards and backwards  
  - building, balancing, stacking  
- Provide eating utensils for babies who are ready, to use and to wash up when finished.  
- Provide many opportunities to draw using large wax crayons, index fingers and sticks with water and paint on paper and in sand  
- Provide opportunities for toddlers to cut with small scissors (help them to hold them correctly and to make the pincer movements required to cut paper)  
- Help babies to hold drawing tools in the correct way (pencil grip)  
- Use activities from the following sections with babies who need and show interest |  
- sight and hearing problems  
- difficulty in using a limb  
- difficulty in sitting, crawling, standing walking running  
- experiencing pain when moving |
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<td><strong>Moving on Toddlers</strong></td>
<td>continue with the needs and activities of the previous stage and</td>
<td>in further physical activities.</td>
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<tr>
<td></td>
<td>• continue to develop their larger and small muscles and the muscles of their upper body (chest, back and stomach) as they have in the beginning stages</td>
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<td>• refine their skills and become more competent in the use of their large and small muscles.</td>
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<tr>
<td><strong>Large muscles</strong></td>
<td>Toddlers continue with the needs and activities of the previous stage and</td>
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<td></td>
<td>• attempt to kick a large ball</td>
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<td></td>
<td>• move rhythmically to music</td>
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<tr>
<td><strong>Moving on</strong></td>
<td>Continue with the activities and ideas from the previous section on 'Beginning' with all children and especially those who are experiencing developmental lags and disabilities.</td>
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<tr>
<td><strong>Large muscle activities</strong></td>
<td>Offer more activities and games to develop large muscles and torso skills (climbing, balancing, twisting, rolling, running)</td>
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<td></td>
<td>• Play body movement games with your child</td>
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<td>• Play music and dance with the children</td>
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<td>• Provide large and small balls and encourage kicking and throwing to you and at a target</td>
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<td>• Arrange outings to open spaces or parks where children can run freely and safely</td>
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<td></td>
<td>• Provide equipment for balancing, climbing and running through</td>
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<td></td>
<td>• Play catch-me games</td>
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<td></td>
<td>• run well&lt;br&gt;• climb low walls or equipment&lt;br&gt;• jump with two feet together&lt;br&gt;• stand and walk on tiptoe</td>
<td>• Play ball games.  &lt;br&gt;<strong>Small muscles</strong>&lt;br&gt;• Offer many activities to use the fingers and hands to do more complex actions for example, drawing, painting, cutting&lt;br&gt;• Offer easy puzzles (up to six pieces) and games to develop eye-hand control.&lt;br&gt;• Offer many games with balls and beanbags to develop throwing and catching skills&lt;br&gt;• Offer songs and rhymes and dramatic play games which encourage toddlers to use their hands and feet, toes and fingers and bodies to move rhythmically.&lt;br&gt;• Provide small wrapped objects and demonstrate how to unwrap these and wrap them again&lt;br&gt;• Provide clay and play dough and mud to strengthen small muscles&lt;br&gt;• Play clapping and movement games&lt;br&gt;• Provide building toys and materials for construction activities&lt;br&gt;• Use ideas from the following sections <strong>Advancing further</strong> and <strong>Towards Grade R</strong></td>
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</table>
### Aims

### Developmental Guidelines for Babies, Toddlers and Young children

**Advancing further**  
Young children continue to develop as in the two previous stages.

**Large muscles**  
Young children  
- skip and gallop as well as run fast  
- jump backwards and forwards

**Small muscles**  
Young children  
- use scissors to cut along a line  
- holds drawing tools competently to draw shapes and people

### Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children

with children who are ready to try more advanced activities.

**Advancing further**  
- Continue with the activities and ideas from the previous section on *Beginning* and *Moving on* with all children and especially those who are experiencing developmental lags and disabilities.

**Large muscles**  
- Encourage children to follow simple steps in dances  
- Make simple obstacle courses with boxes, cushions, etc.  
- Ask children to help with simple tasks lifting or pushing objects

**Small muscles**  
- Provide round-ended scissors and old magazines and newspapers for cutting  
- Provide many different tools for drawing and painting  
- Provide clay and play dough and mud to strengthening finger muscles

### Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.
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|      | **Towards Grade R**                                          | • Do more complicated finger rhymes with the children  
• Offer activities to young children who are experiencing developmental 'spurts' before they enter Grade R working from the relevant sections of the CAPS documents.  
**Towards Grade R**  
• Offer activities from 'Advancing Further' to children who are experiencing developmental delays in Grade R  
• Offer activities to young children who are experiencing developmental 'spurts' before they enter Grade R working from the relevant sections of the CAPS Life Skills documents for example, the Topics and ideas for Physical Education activities.  
The focus at the Foundation Phase is on games and some activities that will form the basis of playing sports later on. Physical growth and development and recreation and play are emphasised. |
<p>|      | <strong>Children build</strong>                                          | <strong>Beginning</strong>                                                                                        | <strong>Observe and</strong>                                                                 |
| 5.   | <strong>Beginning</strong>                                                | <strong>Beginning</strong>                                                                                        |                                                                                 |</p>
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| a sense of resilience (being strong and resistant to daily stresses) | Babies develop a sense of resilience when they learn from birth that adults around them  
• trust and love them, no matter what  
• set limits for them so that they know when to stop before there is danger or trouble  
• will show them how to do things right by example and modelling the way to do things  
• promote independence  
• will help them when they are sick, in pain, in danger or need to learn. | • provide unconditional love to each baby  
• express love both physically and verbally by holding, rocking, and stroking and by using soothing words to calm, comfort,  
• encourage the older baby to calm herself with adult help  
• model behaviour that communicates confidence, optimism, and good results  
• acknowledge and label the baby's feelings by talking to the baby and so encourage her from birth to recognise and express her own feelings and to recognise some feelings in others (for example, sad, glad, sorry, happy, angry, frightened)  
• balance the freedom to explore with safe supports;  
• provide clear boundaries ('rules') for children's behaviour, based in simple explanations and discussions with the baby when her language is developing  
• offer explanations and reconciliation after challenges to the boundaries and rules when language is developing);  
• give the baby comfort and encouragement in stressful situations. | discuss with parents babies, toddlers and young children’s ability to  
• indicators of happiness  
• levels of trust in adults  
• ability to take risks knowing that it is safe to do so  
• levels of independence for the age and stage  
Watch points to act upon for individual babies, toddlers and young children at risk of stress  
• surprisingly high levels of fear when confronted with a situation or persons considered to be usual  
• restlessness and sleeplessness as a result of traumatic experiences  
• extreme clinginess  
• constant crying and fussing (when not related to a physical cause such as illness or injury)  
• high levels of anxiety  
• inability to concentrate together with high levels of anxiety |
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| **Moving on**<br>Toddlers continue with the needs and activities of the previous stage and develop a sense of resilience when they learn that they are<br>• like-able and loveable<br>• glad to do nice things for others and show concern<br>• respectful of themselves and others<br>• begin to be willing to be responsible for what they do<br>• sure things will be all right. | **Moving on**<br>• Continue with all the activities and ideas from the previous section on 'Beginning' with all children at all times.<br>• Continue to give unconditional love to all toddlers even when they are challenging the boundaries and rules<br>• Continue to give clear explanations for rules and boundaries<br>• Promote independent behaviours with much support for each toddler<br>• Continue to show equal respect for each child whoever she is and whatever her developmental lags and spurts.<br>• Praise toddlers when they do good things for others for example, helping, and being respectful and good mannered according to the cultures of the family and neighbourhood and country.<br>• Use ideas from the following sections Advancing further and Towards Grade R with children who are ready to try out more advanced resilient behaviours. | **Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.**

<p>| Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary. | | | |</p>
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| Advancing further | Young children continue with the needs and activities of the previous stage and develop a sense of resilience when they learn that they can  
- talk to others about things that frighten or bother them  
- begin to find ways to solve problems that they face  
- begin to control themselves when they feel like doing something not right or dangerous  
- know when it is a good time to talk to someone or to take action  
- find someone to help me when help is needed. | Advancing further | Continue with all the activities and ideas from the previous sections on ‘Beginning’ and ‘Moving on’ with all children at all times.  
- prepare young children for unpleasant or adverse situations (gradually, if possible) by talking about them, reading books, play acting, etc.  
- reinforce each young child's ability to face adversity for example, 'I know you can do it'  
- encourage the independence and each young child's faith in her own problem-solving skills  
- remind young children child of the trusting and comforting relationships that can be relied on for example, 'I'm here'.  
- balance the freedom to explore with safe supports;  
- offer explanations for rules and boundaries and discipline procedures at all times  
- give comfort and encouragement in |

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</table>
| **Towards Grade R**  
Children continue with the needs and activities of the previous stage and increasingly learn  
- that rules are in place and need to be obeyed for safety and for working together  
- to calm herself  
- to recognise feelings and put them into words  
- to find alternative ways to solve problems  
- to explore safely and confidently  
- to be willing to take more initiative  
- to trust herself.  

**stressful situations**  
**Towards Grade R**  
- Continue with the activities and ideas from the previous sections with all children  
- Acknowledge strengths in each child (‘I have, I am and I can’)  
- Accept errors and failures while providing guidance toward improvement  
- empathize with the child and let her know that her feelings are understood  
- help children to put feelings into words  
- talk about alternative ways to complete tasks  
- encourage independence  
- demonstrate loving support. |
What is identity and belonging about?

Identity and belonging is strongly related to well-being. It is concerned with personal development, social development, secure relationships and celebrating difference. The stronger the child's identity and sense of belonging, the more resilient he or she will be.

- Identity relates to children’s development of their sense of self.
  - They are making sense of who they are through finding out about what they know, what they can do and cannot do.
  - They are building ideas of their interests and abilities. In order to build awareness of their strengths and confidence in getting to know themselves and their world they need to develop socially.
  - Relationships with adults (practitioners, family and community members) and other children are important to help children build a sense of self.
- Belonging is related to children’s identity.
  - When children have a strong sense of belonging then they have secure relationships with adults and/or communities that have certain values, traditions and beliefs.
  - This gives them messages of how they depend on other people to make sense of themselves.
  - A sense of belonging helps them to know where and with whom they belong.
- Identity and belonging are related. They affect children’s attitudes about themselves and others. They also shape views on equality and difference.
- Children’s rights form the basis for identity and belonging. Each child has the right to a name, a family, shelter and so on.
- Children with disabilities and special needs (both intrinsic and as a result of the environment) have the right to receive attention to enable them to develop and learn to their greatest potential.
Adults need to pay attention to children’s Identity and Sense of Belonging

- attitude to learning and confidence to try out new things – their excitement, interest, experiments, curiosities and explorations
- sense of self care – their efforts to gain self respect and attention to their own hygiene and care
- relationship with others- their ability to form relationships and work with others
- sense of belonging – their ability to understand and respect their own needs and the differences of others views, cultures and beliefs which affects their interactions.

All of these form the four aims for the Early Learning and Development Area - Identity and Belonging.

**Figure 8** Working with families and their young children to promote a strong sense of identity and belonging

**Reflection Points**
- How does the immediate environment of the home, family and early childhood centre influence children’s development of their sense of self and belonging?
- How does the early childhood programme use parents and families as resources?
- How does the programme help children to feel confident in their explorations?
- What aspects of the environment help children feel that this is a place they belong to?
- What kinds of events are celebrated and how are they celebrated?

### Aims, developmental guidelines and examples of activities for promoting identity and belonging

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<tr>
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</thead>
<tbody>
<tr>
<td>1. <strong>Children are aware of themselves as capable and confident learners</strong></td>
<td><strong>Beginning Babies</strong></td>
<td><strong>Beginning</strong></td>
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<tr>
<td></td>
<td>- start to become aware of the self through language (cooing, babbling), exploration and movement</td>
<td>- Encourage children to clap hands, reach, to smile, to wave, to point and to talk using gurgles and sounds</td>
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<td>- start to become aware of self and others</td>
<td>- Play touch and name for example, pointing to the toes and naming them</td>
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<td>- have a strong drive to explore the immediate environment</td>
<td>- Say children’s names, same the names of other people followed by photos of the other person.</td>
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<td>- Set out toys/safe objects for children to reach out to and explore.</td>
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|      |                                                               |                                                                                                                 | • do a task till it is completed  
• share their ideas and creations with others |
|      |                                                               |                                                                                                                 | **Watch points to act upon for babies, toddlers and young children at risk** |
|      |                                                               |                                                                                                                 | • history of abuse and /or neglect  
• dysfunctional family environment – poor parental supervision and anti-social behaviour  
• child stress caused by violence, separation from primary caregivers, illness, arrival of a new baby and death in the family  
• communication problems – unable to share ideas because of emotional difficulties  
• shyness – unwillingness to respond to others  
• poor interpersonal skills – hurts others deliberately, aggressive and has difficulty in listening to corrective feedback |
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</table>
| **Moving on** Toddlers | • build skills, characteristics, interests and preferences which allows them to grow in confidence  
• develop curiosity about people, places and objects  
• learn about themselves from adults who draw attention to the strengths and areas for further development. | **Moving on**  
• Listen to children and observe their speech. Rephrase what they are saying for example, when a child says, “Me ball”, the adult responds with, “Do you want a ball, Thandi?”  
• Let children explore indoor and outdoor space and objects with support from adults. Draw their attention to their surrounding and invite conversations.  
• Provide opportunities for children to create things and participate in tasks. For example, the children use play dough to create things, a conversation is encouraged and feedback is given. |  

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| Advancing Young children | - show increasing interest and independence in exploring the environment  
- are willing to link up with others for help  
- are capable of spending longer periods of time on activities. | Advancing  
- Encourage “all about me” activities using drawings, photographs, talks, favourite objects  
- Have discussions on what makes them special and let them share the ideas with others  
- Provide them with experiences that allow them to discuss their strengths and interests. |  |
| Towards Grade R Children continue with the needs and activities of the previous stage and increasingly  
- Responds to experiences and shows different feelings in different situations  
- Becomes aware of their own views, feelings and begins to show sensitivity to others needs, views and feelings.  
- Develops respect for their own cultures and those of others. | Towards Grade R  
- Let children participate in activities where they are able to experience different feelings. Let them demonstrate their feelings through facial gestures, matching their feelings to picture icons,  
- Encourage children to work together in activities where they depend on each other for example, hide and seek.  
- Explain why some children will need more support when they are feeling |  |

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| 2. Children have a strong sense of self care | **Beginning** Babies  
• becomes aware of food routines set by adults  
• Is able to communicate hunger, thirst or discomfort  
• Shows awareness of needs and uses gestures to indicate needs for example, point out food items | **Beginning**  
• Observe children and respond to their behaviour allowing sensory experiences for example, touching the porridge, holding the bottle.  
• Allow children to gradually take some control for their feeding. They get opportunities for smelling, tasting, touching, reaching and grasping.  
• Encourage children’s efforts to do things by themselves for example, | **Observe and discuss with parents babies, toddlers and young children’s ability to**  
• indicate their needs  
• become aware of routines  
• participate in routines  
• use a variety of body language and talk to show their likes and dislikes  
• do things independently and to |
<p>| through support | | | |
| | | | |</p>
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</table>
|      |                                                               | putting a toy in a box.                                                                 | do things with support  
- show greater adaptation to the routines  
- celebrate their achievements |
|      |                                                               |                                                                                                  | Watch points to act upon for individual toddlers and young children at risk  
- family circumstances – economic situation, orphans, primary caregivers ability for supervision of very young children, disorganisation, position of the child in the family e.g. the only child or the youngest child. May encourage dependent behaviour  
- fearfulness and anxiety – children might become anxious about participating in any activity that is new and requires anything that they have to do to take care of themselves |
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| **Moving on** Toddlers   | • want to participate in routines for example, dressing ups and cleaning  
                              • use talk and gestures to show likes and dislikes  
                              • are willing to do things on their own with the feeling of adults being close by to support them. | **Moving on**  
     • Place items that children need to respond to for example, a jersey that needs to be worn.  
     • Encourage children to talk about their likes and dislikes. Use picture or objects to allow them to express this.  
     • Praise children when they do something well for example, asking for help when they have a running nose. Play games such as *Well done!*– *Well done to Rehana who put on her shoes all by herself.*  
     | **Advancing further**  
     Young children continue with the needs and activities of the previous stage and  
     • become more adaptable to learning personal hygiene for example, washing of hands during the toilet routines.  
     • take initiatives and are proud of achieving goals for self care –  
     | **Advancing further**  
     • Let children sing songs and rhymes to reinforce behaviour for self care and hygiene for example, *It’s tidy up time.*  
     • Reward children who are achieving their goals by drawing attention to their good behaviour.  
     • Create predictable routine. Ask children *what comes next?* Support them in their effort to manage their |
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<td></td>
<td>dressing, washing, cleaning.</td>
<td>personal needs and resources.</td>
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<td></td>
<td>• take pride in working independently, experiment and ask for assistance when needed.</td>
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<td>Towards Grade R</td>
<td>Children continue with the needs and activities of the previous stage and increasingly</td>
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<tr>
<td></td>
<td>• function independently and show confidence in asking for support and guidance when needed</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>• dress and undress independently and manage personal hygiene</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>• select and use activities and resources on their own</td>
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<td><strong>Towards Grade R</strong></td>
<td><strong>Towards Grade R</strong></td>
<td><strong>Towards Grade R</strong></td>
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<tr>
<td></td>
<td>• Allow children time to try before offering help</td>
<td>• Create an atmosphere where children’s successes are valued</td>
<td>• Provide children with duties and explain their responsibilities clearly through oral instructions and through a duty chart.</td>
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<tr>
<td></td>
<td>• Create an atmosphere where children’s successes are valued</td>
<td>• Encourage a problem solving attitude. Guide children by providing them with steps to solve their problems.</td>
<td>• Reward and praise children for tasks that they do independently and successfully</td>
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<tr>
<td></td>
<td>• Encourage a problem solving attitude. Guide children by providing them with steps to solve their problems.</td>
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<td>• Provide children with duties and explain their responsibilities clearly through oral instructions and through a duty chart.</td>
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<td></td>
<td>• Reward and praise children for tasks that they do independently and successfully</td>
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</tbody>
</table>
| 3. Children build strong relationships | **Beginning** Babies  
• are social beings and mostly show love for being with others | **Beginning**  
• Use sound and actions to connect with children. Play social and imitation games and especially | **Observe and discuss with parents babies, toddlers and young children’s ability to** |

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<td>• show attachment to those that they spend the most time with</td>
<td>• indigenous games</td>
<td>• respond to being with others</td>
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<tr>
<td>• build relationships by seeking attention, making contact and interacting with others</td>
<td>• Provide opportunities for children to be with older children and to watch them and listen to them</td>
<td>• make contact with others using a variety of ways to do so (gestures, talk, movements etc.)</td>
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<td></td>
<td>• Make a daily routine chart where children can see pictures of them making contact and interacting. Use this as a tool to talk to children.</td>
<td>• learn about themselves from others</td>
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<td></td>
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<td>• develop their social skills when they are with adults and children (e.g. listening, turn taking)</td>
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<td></td>
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<td>• share their experiences with others</td>
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<td></td>
<td></td>
<td>• build friendships</td>
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<td></td>
<td></td>
<td>• show trust, self control and adaptation of behaviour for different situations and routines</td>
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</table>

**Watch points to act upon for individual toddlers and young children at risk**

- poor verbal and non-verbal communication skills
- poor handling of conflict
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<td></td>
<td></td>
<td></td>
<td>react with tantrums</td>
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<td></td>
<td></td>
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<td>• destroys own belongings and those of others</td>
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<td></td>
<td>• difficulty in cooperation skills – sharing toys and other resources with peers</td>
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<td></td>
<td>• lack of concern for others feelings - cannot help others</td>
</tr>
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<td></td>
<td></td>
<td></td>
<td>• difficulty asking for help or information</td>
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<tr>
<td></td>
<td></td>
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<td>• draws on negative behaviour of peers rather than making positive behaviour choices</td>
</tr>
</tbody>
</table>

**Moving on**

- Toddlers continue with the needs and activities of the previous stage and
  - learn from others about their own abilities and areas for development
  - increase social skills through talking to adults and children and being in their company

**Moving on**

- Use conversations, pictures of situations and stories to talk about different relationships
- Allow children to experiment with different roles – active, passive, leading, resisting. Let them talk about their experiences
- Create spaces where children can
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<td>• actively seek out the company of others to share experiences</td>
<td>share their ideas – circle time/rings can be dedicated to this.</td>
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</tr>
<tr>
<td>Advancing further</td>
<td><strong>Young children</strong> continue with the needs and activities of the previous stage and&lt;br&gt;• work towards building friendships&lt;br&gt;• show a sense of trust&lt;br&gt;• are more flexible, shows self control and can adapt behaviour to suit different routines and situations.</td>
<td><strong>Advancing further</strong>&lt;br&gt;• Use activities where children can be placed in their friendship groups. Allow them to take on roles of leaders, helpers...&lt;br&gt;• Set up learning centres that allow children manage group dynamics – playing in pairs/groups, conflict, managing conflict.&lt;br&gt;• Establish routines and predictable sequence of events</td>
<td></td>
</tr>
<tr>
<td>Towards Grade R</td>
<td>**Children continue with the needs and activities of the previous stage and&lt;br&gt;• form relationships with adults and peers&lt;br&gt;• work with others, take turns and share&lt;br&gt;• follow simple rules for working with others&lt;br&gt;• begins to understand a code of</td>
<td><strong>Towards Grade R</strong>&lt;br&gt;• Continue to have predictable routines.&lt;br&gt;• Design routines where children will child will have opportunities to play with a variety of other children.&lt;br&gt;• Create opportunities where children will have to ask others for information or help&lt;br&gt;• Alert children to the activities during</td>
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### Aims

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<td>conduct for particular situations</td>
<td>the change of activities, their relationship with others and how to manage themselves for example, change from indoor play to toilet routine, story to departure time. Be aware of children who have special needs. Encourage and support them</td>
<td></td>
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</table>

### 4. Children have a sense of group identity and a sense of celebrating differences

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<tr>
<th>Beginning Babies</th>
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<tbody>
<tr>
<td>show awareness of something different in their environment display excitement or fear at something/someone that is different and look forward to support and comfort from adults</td>
<td>Talk to children about different places (inside and outside) and people they know Tell children something about people they know for example, Brandon likes to play <em>Funny Bunnies</em> with you Provide children opportunities to see</td>
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</tbody>
</table>

Observe and discuss with parents babies, toddlers and young children’s ability to

- show that they are aware of different things in their environment
- display emotions during
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<td>• show understanding that both sounds and actions affects people different types of people during different times of the day – In a group setting there can be times when the young children are together with older children.</td>
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<td></td>
<td></td>
<td>• request for adult support and situations in which this happens</td>
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<td></td>
<td></td>
<td>• understand sounds, actions and events</td>
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<td></td>
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<td>• show that they understand similarities and differences</td>
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<td></td>
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<td>• show awareness of themselves in terms of different parts of their lives and their cultural connections</td>
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<tr>
<td></td>
<td></td>
<td>• shows respect for those that are different from themselves and participates in activities that celebrate differences</td>
<td></td>
</tr>
<tr>
<td>Watch points to act upon for individual toddlers and young children at risk</td>
<td>• Family perceptions of people that are different from themselves</td>
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<td></td>
<td></td>
<td>• Child stress caused by those that are different in physical appearance</td>
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<td></td>
<td></td>
<td>• Poor social integration skills - does not want to play with children that</td>
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</table>
### Aims

- Developmental Guidelines for Babies, Toddlers and Young children

### Examples of Well-being activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children

### Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.

- Are different from themselves
- **Isolates the self** - keeps away from activities which involve integration of peers from different cultures, gender, abilities etc.
- **Bias behaviour** - racist remarks, bullying, aggression towards those that are different.

## Moving on

### Toddlers continue with the needs and activities of the previous stage and

- Show greater awareness of similarities and differences that links them to other people and makes them different
- Show strong sense of self as a member of a group in the family which can be related to their cultural group and at the settings. For example, a child will call himself a Zulu boy based on his ethnic origin

### Take children for mini excursions around their environment. Provide explanations for similarities and differences. Allow them to mix with children of different ages and cultural backgrounds.

### Use resources and material that show differences in families, genders, abilities and cultures. Set up learning areas with culturally diverse clothing, food items and cutlery

### Play music from different cultures
<table>
<thead>
<tr>
<th>Aims</th>
<th>Developmental Guidelines for Babies. Toddlers and Young children</th>
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<th>Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>• can show affection and concern for people different from themselves.</td>
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<tr>
<td>Advancing further</td>
<td>Young children continue with the needs and activities of the previous stage and</td>
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<tr>
<td></td>
<td>• can make connections between different parts of their life experiences</td>
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<td></td>
<td>• participates in rituals and customs</td>
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<td></td>
<td>• are aware of linguistic, cultural and religious differences.</td>
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<tr>
<td>Towards Grade R</td>
<td>Children continue with the needs and activities of the previous stage and</td>
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<tr>
<td></td>
<td>• connect with different aspects of their life experiences (for example, home, centre,</td>
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<tr>
<td>Advancing further</td>
<td>• Acknowledge and celebrate events for example, as birthdays, Christmas, Diwali, Eid, Ramadaan, Rosh Hashanah, Easter,</td>
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<tr>
<td></td>
<td>• Create different opportunities for children to talk, listen and be heard by others about what makes them special and different from their peers.</td>
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<td></td>
<td>• Records sequence of events about families or personal histories from clothing, photographs and toys.</td>
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<tr>
<td>Towards Grade R</td>
<td>• Help children experience their cultural beliefs and religion in a positive way.</td>
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<td></td>
<td>• Encourage children to talk about the similarities and differences. Use stories and give reasons.</td>
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<tr>
<td>Aims</td>
<td>Developmental Guidelines for Babies, Toddlers and Young children</td>
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<tr>
<td></td>
<td>• are at ease with who they are</td>
<td>• Let children think about and talk about who is like them and who is different</td>
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<tr>
<td></td>
<td>• understand that differences exists and that they must be respected.</td>
<td>• Develop an anti-bias approach to help children to learn about race, gender, abilities.</td>
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</tbody>
</table>
Early Learning and Development Area Three: Communicating

The child’s voice

I need to experience an environment where I can learn to listen attentively, speak openly, learn to love books, stories and reading, record and to write, and to get ready for formal reading and writing as I grow and develop.

What is Communication about?

Most children are born with the ability to communicate. New-born babies communicate their needs by crying and adults listen and respond. Responses build trust and a feeling of belonging in the new-born baby.

Communication is very important for building a strong sense of well-being, for building a strong sense of identity and belonging, for exploring and making meaning of mathematics, the creative processes and a knowledge and understanding of the world.

Most children are social beings who love to share their thoughts, feelings and experiences. They do this through communicating which involves gestures, body language, cooing, gurgling, babbling, talking, listening, thinking and understanding. We all make meaning of our experiences through communication.

Verbal and non-verbal communication (and assisted communication for children with special communication needs) is extremely important. Children use many ways to communicate which go beyond words, phrases and sentences. Methods of communicating include dance, music, art, pictures, signing, body movement, and creative play. All of these methods are used to share experiences, to reflect upon experiences and to explore the world and new ideas. Understanding of the world grows as children’s communication becomes more developed and complex.
Most children learn to communicate through language by first listening and watching, feeling and sensing, and then experimenting with speaking words and phrases. Adults demonstrate language in everything they say and enunciate (vocalise). Babies listen and watch lip movement and expressions.

Children who receive a firm grounding in their mother tongue are better able to learn new ideas and words. They use their home language to develop their sense of identity and for conceptual development.

Young children learn to communicate by

- **listening** to sounds of the world and to other human beings, and especially to adults. They hear the sounds and the music of the sounds (high and low, soft and loud, slow and fast, sweet and harsh). They make meaning of the sounds.

- **speaking** by making meaningful sounds to others as new-born babies (crying for hunger, cold, wetness), then babies (gurgling, laughing, crying, imitating sounds), toddlers (saying and trying out words and sentences) and as young children (speaking in sentences). They copy the sounds and then the words and sentences that they hear. They also copy the way in which the words and sentences are spoken (for example, spoken gently, or shouted)

- **'reading'** and making meaning of other people's language, tone of voice and body language. Later on, toddlers and young children may see that drawings and written symbols have meaning too. They will talk about their own drawings and tell what they see in pictures and other children's drawings.

- **'writing'** by drawing and by making marks, helps toddlers and young children to make meaning of their experiences. Gradually children may recognise formal writing such as their own names. It is however, not useful to teach young children to read and to write. This is usually only begun in Grade 1. The role of the ECD practitioner is to promote communication in all its forms from birth. This is very important.

**Adults need to pay attention to children’s communication skills**

Children’s rights form the basis for all communication: the right to be heard and the right to speak and the right to communicate in her home language.

Children with disabilities and special needs have the right to receive attention to enable them to develop and communicate and learn to their greatest potential.

In order to be good communicators adults need to listen to children, interpret what they are communicating, respond using good language (not 'baby talk'). Children love adults to model good communication. This helps them strengthen their communication skills through imitation.
Adults need to be aware of their body language, and the messages that their expressions, and movements and behaviours give to babies, toddlers and young children (as well as all children and adults).

Adults must also speak, sing, read to and listen to young children to support them as they learn to speak and listen, and later to read and write.

**Figure 9** Working with families and their young children to promote communication

- 1. Children listen to sounds and speeches
- 2. Children speak using different styles of communication
- 3. Children make meaning by "reading" what they see, hear, feel, taste and touch
- 4. Children record their experiences and ideas through language, sounds, art, drama and later on thorough "writing"
Reflection Points

- How does the immediate environment of the home, family and early childhood programme influence children’s abilities to communicate in a positive way?
- How does the immediate environment of the home, family and early childhood programme influence children’s abilities to communicate in a negative way?
- How can these positive aspects be built on as opportunities and resources to help children to develop their abilities to communicate in each of the areas identified in the diagram above?
- How can the negative aspects be minimised?

Aims, developmental guidelines, examples of activities for promoting communication

<table>
<thead>
<tr>
<th>Aims</th>
<th>Developmental Guidelines for Babies, Toddlers and Young children</th>
<th>Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children</th>
<th>Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary</th>
</tr>
</thead>
</table>
| 1. Children listen to sounds and speech | **Beginning Babies**  
• start to hear from about 25 weeks in the womb  
• respond to human voices from birth  
• start to listen when spoken to directly  
• start to show understanding of several words including “no”  
• imitate adult’s conversations by babbling  
• show a very great interest in different sounds and words | **Beginning**  
Working and playing with each baby individually,  
• call the baby’s name and talk to her using her own name.  
• speak clearly and make eye contact  
• use rhythmic rocking, speaking and singing when talking  
• repeat sounds and words made in a playful, turn-taking way  
• help the baby to make gestures, for example, wave, clap hands | **Observe and discuss with parents**  
babies, toddlers and young children’s ability to  
• responds to loud sounds from birth  
• responds by mimicking sounds  
• identifies where sounds come from  
• identifies types of sounds  
• follows spoken instructions  
• concentrates on stories being told  
• speaks clearly |
<table>
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<tbody>
<tr>
<td></td>
<td>• love sound games, rhythm and pitch (high, low) and simple melodies.</td>
<td>• talk during everyday activities, naming objects, food, clothing, animals, etc.</td>
<td>Watch points to act upon for individual babies, toddlers and young children at risk of hearing loss</td>
</tr>
<tr>
<td></td>
<td>Moving on Toddler</td>
<td></td>
<td>• does not turn head or notice when sounds are made nearby</td>
</tr>
<tr>
<td></td>
<td>• pay attention when spoken to and understand what is said in conversations</td>
<td></td>
<td>• listens to the TV or radio at higher volumes than other children</td>
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<tr>
<td></td>
<td>• love to listen to stories</td>
<td></td>
<td>• asks to have instructions repeated</td>
</tr>
<tr>
<td></td>
<td>• listen to and imitate sounds they hear in their environment</td>
<td></td>
<td>• is easily distracted or bothered by background noise</td>
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<tr>
<td></td>
<td>• love playing games with sounds</td>
<td></td>
<td>• has difficulty telling the difference between sounds</td>
</tr>
<tr>
<td></td>
<td>• follow verbal instructions</td>
<td></td>
<td>• has trouble paying attention</td>
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<td></td>
<td>• ask questions and love hearing answers.</td>
<td></td>
<td>• shows behaviour problems – 'not listening'</td>
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<tr>
<td></td>
<td>Advancing further Young children</td>
<td></td>
<td>• complains of difficulty hearing or blocked ears</td>
</tr>
<tr>
<td></td>
<td>• remember stories they have heard</td>
<td></td>
<td>• suffers from earache as a result of illness or blockages</td>
</tr>
<tr>
<td></td>
<td>• identify a large range of sounds</td>
<td></td>
<td>• responds inappropriately to questions</td>
</tr>
<tr>
<td></td>
<td>Advances further</td>
<td></td>
<td>• people have to raise their voice to get child’s attention</td>
</tr>
<tr>
<td></td>
<td>Moving on</td>
<td></td>
<td>• watches the speaker’s face closely</td>
</tr>
<tr>
<td>Aims</td>
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<tr>
<td></td>
<td>• continue to listen for new words with pleasure</td>
<td>• sing and tell rhymes and lay word games</td>
<td>to figure out what the person is saying</td>
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<tr>
<td></td>
<td>• love increasingly complex songs and rhymes</td>
<td>• introduce new words and ideas</td>
<td>• turns head to face the sound source</td>
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<tr>
<td></td>
<td>• love humorous words</td>
<td>• give instructions to listen to and to carry out</td>
<td>• talks in too soft or loud voice</td>
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<tr>
<td></td>
<td>• listen attentively.</td>
<td>• listen to children's stories on the radio.</td>
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<tr>
<td>Towards Grade R</td>
<td>Young children continue to</td>
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<tr>
<td></td>
<td>• listen to stories with concentration</td>
<td>• carry out complex instructions</td>
<td></td>
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<tr>
<td></td>
<td>• listen to and repeat rhythmic patterns</td>
<td>• listen to others, participate in discussions and ask questions</td>
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<tr>
<td></td>
<td>• listen to and recall simple word sequences, in order, for example, big, beg, bag</td>
<td>• divide multisyllabic words into syllables for example, ‘Boipatong’ ‘Khayalitsha’</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• carry out complex instructions</td>
<td>• segment oral sentences into individual words for example, ‘I’</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• listen to and recall simple word sequences, in order, for example, big, beg, bag</td>
<td>• Making games out of complex instructions such as ‘Go to the cupboard, open the door, fetch the scissors, walk to the table, sit down and cut out your picture’.</td>
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<tr>
<td></td>
<td>• carry out complex instructions</td>
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<td></td>
<td>• listen to others, participate in discussions and ask questions</td>
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<td>• divide multisyllabic words into syllables for example, ‘Boipatong’ ‘Khayalitsha’</td>
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<td>• segment oral sentences into individual words for example, ‘I’</td>
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<td></td>
<td>• Making games out of complex instructions such as ‘Go to the cupboard, open the door, fetch the scissors, walk to the table, sit down and cut out your picture’.</td>
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</tbody>
</table>
### Aims

**Developmental Guidelines for Babies, Toddlers and Young children**

- can see the car driving down the street
  - recognise initial vowels and consonants of spoken words.

**Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children**

**Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.**

<table>
<thead>
<tr>
<th>2. Children speak using different styles of communication</th>
<th>Beginning Babies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communicate needs by crying and moving limbs (body language)</td>
<td></td>
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<tr>
<td>Respond to gestures with gestures</td>
<td></td>
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<tr>
<td>Look at faces, respond and smile babble to themselves with changes in tone and loudness</td>
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<tr>
<td>Begin to say simple words and to put two or three words together</td>
<td></td>
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<tr>
<td>Like simple rhymes and songs</td>
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<tr>
<td>Start to sing words.</td>
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</table>

**Beginning Offer babies**

- Rhythmic and soft speaking
- Gestures for example, using hands and body to demonstrate ideas and meanings
- Interpret what the baby is saying through her crying, gurgling, laughing and body language through words for example, 'I can see that you are hungry. Let's feed you now'.
- Repeat words and phrases for example, 'Jump, jump, jump!'
- Sing and make rhymes often each day.

**Moving on**

**Toddlers**

- Use up to 50 words

**Observe and discuss with parents babies, toddlers and young children's ability to**

- Interact with sounds and increasingly, with words and sentences
- Copy sounds and words
- Ask questions
- Use more complex language
- Singing and making rhymes

**Watch points to act upon for individual babies, toddlers and young children at risk of speech difficulties**

- A child with a speech disorder has trouble producing sounds for example, lisping, stuttering, certain sounds

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<table>
<thead>
<tr>
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</thead>
</table>
| • Recognise more words than they can say | • Repeat what toddlers say to show you understand and appreciate them | • A child with a language disorder has difficulty understanding or putting words together to express ideas. | o understanding what other people have said  
 o problems following directions that are spoken to them  
 o problems organizing their thoughts |
<p>| • Put two or three words together | • Model good talking manners | | |
| • Use personal pronouns, for example, “me”, “mine” | • Introduce new words and ideas | | |
| • Carry on simple conversations | • Play language games. | | |
| • say several single words by 18 months | | | |
| • use 2 – 3 word phrases and more by 2 years. | | | |
| Advancing further | | | |
| Young children | | | |
| • talk in complete sentences | • Continue with all activities above | | |
| • take turns in conversations | • Include children in conversations whenever possible | | |
| • speak clearly enough to be understood even by those not familiar with the child | • Encourage children to experiment with new words | | |
| • I | • Introduce new words and ideas each day through new experiences for the children (perhaps by working with themes or topics for example, 'Insects', 'The Weather' | | |
| • love language games and rhymes | • Tell many traditional stories, which enable the child to use her | | |
| • speak in complex sentences, use grammar and words correctly and learn very many new concepts and words every day | | |</p>
<table>
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<tbody>
<tr>
<td></td>
<td>• speak sentences of more than five words</td>
<td>imagination.</td>
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<td></td>
<td>• use the future tense</td>
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<td></td>
<td>• tell longer stories and imaginative stories</td>
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<td></td>
<td>• have a vocabulary of around 2000 words</td>
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<td></td>
<td>• demonstrate most of the skills identified below.</td>
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<td><strong>Towards Grade R</strong></td>
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<tr>
<td></td>
<td>Young children <strong>continue</strong> to</td>
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<td></td>
<td>• be interested in finding rhyming words in what they and others say as well as in rhymes and songs for example, 'I saw a dog sitting on a hog'</td>
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<tr>
<td></td>
<td>• use the past, present and future tenses</td>
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<td></td>
<td>• learn many new words every day.</td>
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<td></td>
<td><strong>Towards Grade R</strong></td>
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<tr>
<td></td>
<td>Continue to</td>
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</tr>
<tr>
<td></td>
<td>• introduce new words and ideas through games and play and story telling</td>
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<td></td>
<td>• discuss the concepts of yesterday, today and tomorrow, last year, next year and so on.</td>
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3. Children make meaning by

<table>
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<tbody>
<tr>
<td>Babies</td>
<td>• make meaning of what they</td>
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<tr>
<td></td>
<td><strong>Beginning</strong></td>
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<tr>
<td></td>
<td>• Be aware of body language, especially of facial expressions</td>
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<td></td>
<td><strong>Observe and discuss with parents babies, toddlers and young children's</strong></td>
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</tbody>
</table>
**Aims**

'**reading**' what they see, hear, feel, taste and touch.

**Developmental Guidelines for Babies, Toddlers and Young children**

- experience through their own senses - they 'read' the situation
- 'read' picture books as soon as they are able to sit and to hold them
- 'read' pictures in environmental print for example, photographs of people, objects.

**Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children**

- and of tone of voice when talking with babies from birth.
- Show many pictures to babies as soon as they can prop their heads up and focus especially pictures of people's faces.
- Demonstrate reading and encourage babies to handle books.
- Point out pictures and words in books and in the environment.

**Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.**

- ability to
  - babies' ability to focus on objects
  - interest in pictures
  - interest in picture books
  - ability to interpret pictures
  - ability to interpret their own sensorial experiences
  - interest in written words and stories
  - ability to identify some words for example own name
  - interest in handling and reading books

**Watch points to act upon for individual babies, toddlers and young children at risk of problems with 'reading'**

- does not make eye contact with you by three months of age
- does not watch or follow an object with the eyes by three months
- haziness or whitish appearance inside the pupil

**Moving on**

**Toddlers**

- continue to 'read' books and environmental print
- recognise writing as different from pictures
- start to recognise that reading begins from the top to the bottom and left to right.

- read books and environmental print
- point out while reading that reading begins at the top left
- point out separate words and their shapes
- write down the toddlers' words when they tell about the pictures they have made.
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</table>
| Advancing further Young children | • Start to point to individual words and pictures  
• recognise and point out objects in pictures  
• notice words in the environment for example, STOP sign, advert signs. | Advancing further continue to  
• read books and environmental print  
• point out while reading that reading begins at the top left  
• point out separate words and their shapes  
• write down the toddlers' words when they tell about the pictures they have made. | • frequent “wiggling,” “drifting,” or “jerky” eye movements  
• misalignment between the eyes (eye turns or crossing of eyes)  
• turning or tilting of the head when looking at objects  
• squinting, closing or covering of one eye when looking at objects  
• excessive rubbing or touching of the eyes  
• avoidance of or sensitivity to bright lights |
| Towards Grade R Children continue to | | Towards Grade R Continue to | |
| • arrange a set of pictures in such a way that they form a story  
• interpret pictures (for example, make up own story and 'read' the pictures)  
• hold the book the right way up and turn pages correctly  
• pretend to read and adopt a 'reading voice'  
• recognise own written name and names of others | • read stories from picture books  
• demonstrate good book-handling habits  
• show parts of the book for example, spine, covers, title, page numbers  
• use name cards to play a name recognition game  
• make labels for various objects in the environment and play 'match the label and the object' |  

## Aims

**Developmental Guidelines for Babies, Toddlers and Young children**

- 'read' high frequency words seen in the environment for example, door, cupboard.

**Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children**

- games

**Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.**

### 4. Children record their experiences and ideas through language, sounds, art, drama and play, and later on, 'writing'.

#### Beginning Babies
- make sounds to tell of their experiences for example, crying, laughing
- make marks with crayons and fingers on paper and sand (scribbling)
- begin to name the scribbles.

#### Moving on Toddlers begin to reflect upon their experiences by
- speaking about their experiences for example, 'I like....'
- acting out their experiences in

#### Beginning
- Offer babies activities to react to their experiences
  - using words for example, respond to experiences with words
  - with visual art activities for example, scribbling and naming the scribbles
  - performing arts activities for example, songs and rhymes and acting out of experiences through movement and drama (make believe)

#### Moving on
- Give toddlers activities such as
  - talking about their experiences asking questions like 'What is this drawing about?'; 'Tell me about this'; 'What did you like

### Observe and discuss with parents

**babies, toddlers and young children's ability to**
- talk about their experiences
- play 'make believe' games alone and with others as they mature
- use tools to draw and to paint their experiences and to talk about them
- interest in drawing letters and writing own name and some simple words

**Watch points to act upon for individual toddlers and young children at risk**
- not interested in or able to use language to record experiences
- not interested in or able to record experiences in make believe play
- unable to grasp writing tools such as
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<tr>
<td></td>
<td>make believe play</td>
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<td>• drawing circles, faces and human figures while naming them for example, as mother or as self</td>
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<td>• drawing objects round them that they have interacted with for example, spiders</td>
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<td>• making and naming some scribbles as 'writing' which they 'read' out</td>
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<td>Advancing further</td>
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<td>Young children</td>
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<td></td>
<td>• continue to carry out the reflecting, recording and writing processes that they started as babies and toddlers</td>
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<td>• start to write (or draw) letters</td>
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<td>• start to name the letters</td>
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<td>• ask for their stories to be written down</td>
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<td><strong>Advancing further</strong></td>
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<td><strong>Young children</strong></td>
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<td></td>
<td>• <strong>Continue to offer the activities from previous timeframes</strong></td>
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<td></td>
<td>• Write down the story a child tells about her own art work (usually a sentence or two)</td>
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<td>• Set out cards with letters drawn on them for children to copy</td>
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<td></td>
<td>• Demonstrate how to write (draw) each letter.</td>
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<td>• Tell stories about each letter and its shape.</td>
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<td></td>
<td>• crayons and pencils</td>
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<td>• difficulty in drawing pictures, forming shapes, and later on, writing letters in own name</td>
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<td>• draws exceptionally slowly and with great effort</td>
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<td>• uses an awkward pencil grip</td>
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<td>Aims</td>
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<tr>
<td><strong>Towards Grade R</strong>&lt;br&gt;Young children continue to&lt;br&gt;• develop small muscle skills through finger play (for example, play dough, screwing nuts onto bolts)&lt;br&gt;• develop fine motor control using scissors to cut out bold outlined pictures, shapes etc&lt;br&gt;• develop eye-hand co-ordination by playing eg catching and throwing, drawing and painting&lt;br&gt;• trace simple outlines of pictures, patterns and letters in own name&lt;br&gt;• form letters using finger painting, paint brushes, thick wax crayons etc&lt;br&gt;• copy patterns, words and letters use a range of writing tools (for example, paintbrushes, thick wax crayons)</td>
<td><strong>Towards Grade R</strong>&lt;br&gt;• Provide name and object labels and paper and pencils for copying names and words.&lt;br&gt;• Help children to master cutting with scissors&lt;br&gt;• Continue to promote ball games&lt;br&gt;• Help children to trace large letter shapes in the air.</td>
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Early Learning and Development Area Four

Exploring mathematics

The child’s voice

I need to experience an environment where I can find patterns, make connections, recognise relationships, work with numbers, sort out objects, match and classify things. This helps me to think, solve problems and ask questions.

What is exploration of mathematics about?

• It is about children developing an understanding of how to solve problems, how to reason and how to use mathematical concepts in their environment.
• Children will use their bodies, minds and senses to explore their world.
• When they do this they are able to develop their knowledge, skills and attitudes.
• They form ideas and test these out. They also learn to refine these ideas as they interact with their peer and adults.
• Mathematical concepts develop as children investigate and communicate their ideas about numbers, counting, shape, space and measures.

Adults need to pay attention to children’s explorations related to mathematics
• Creativity is strongly related to mathematical and scientific thinking (curiosity, exploration, problem identification and problem solving)
• Children with disabilities and special needs have the right to receive attention to enable them to develop mathematical concepts and and learn to their greatest potential.
• Children need to be encouraged to explore the real-world to solve problems, design things, match, and count and create their own questions.
• They need be supported in the language need to develop mathematical concepts and to communicate their ideas.
• Adults need to value the different ways in which children will present their ideas.

1. Children show awareness of and are responsive to number and counting

2. Children sort, classify, make comparisons and solve problems

3. Children explore shape, space and measurement

Babies, toddlers and young children's early mathematics
Figure 10  Working with families and their young children to promote early mathematics

Reflection Points

• What kinds of opportunities do the indoor and outdoor environments provide for children to explore, learn and practise their emerging mathematical understandings?
• How do children’s own activities (drawings, play, experiments) show their competence in solving problems, thinking logically and making decisions?
• Are there sufficient experiences for children to explore real-life problems, to make patterns, to count, match and measure?
• How do adults support children who use means of communication other than spoken language to indicate their mathematical ideas?
• How are early mathematical experiences integrated with other learning opportunities?
### Aims, developmental guidelines and examples of activities for promoting mathematics

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<tr>
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<tbody>
<tr>
<td>1.</td>
<td><strong>Beginning Babies</strong></td>
<td><strong>Beginning</strong> Name the things and people that babies recognise.</td>
<td><strong>Observe and discuss with parents babies, toddlers and young children’s ability to</strong></td>
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<td></td>
<td>• show responsiveness to people and objects around them</td>
<td>• Talk about the places that babies are occupying for example, the backyard, the feeding area.</td>
<td>• respond to people, places and objects in the environment</td>
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<td>• pick up changes in sounds, what they see and objects in front of them</td>
<td>• Sing number rhymes during dressing up and changing nappies for example, one, two I see you</td>
<td>• use the senses to make meaning of what is happening in the environment</td>
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<td>• develop an awareness of naming things and number names through experiences</td>
<td>• Let babies do imitation activities for example, the adult points at her nose, the baby sees this and does the same</td>
<td>• participate, pay attention, solve problems and find solutions</td>
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<td></td>
<td>• love songs and rhymes about counting</td>
<td>• Encourage baby’s participation in activities through clapping and tapping.</td>
<td>• show preference for particular songs and rhymes related to number</td>
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<td><strong>Moving on Toddlers continue to</strong></td>
<td><strong>Moving on</strong> Continue to</td>
<td><strong>Watch points to act upon for</strong></td>
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<td></td>
<td>• attempt to say some counting words</td>
<td>• Repeat the counting words children use and show them how counting helps us to find</td>
<td><strong>point out familiar objects</strong></td>
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<td>• develop awareness of</td>
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<td><strong>show number awareness</strong></td>
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<td><strong>talk about number, number names and use number language</strong></td>
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<td><strong>to relate to numbers in books</strong></td>
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<td>categorising things</td>
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<td>individual toddlers and young children at risk</td>
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<td></td>
<td>• use number language like one, two, more</td>
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<td>• displays clumsy movement – lack of co-ordination, frequent falling and bumping into things</td>
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<td>• experiment with symbols and marks</td>
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<td>• slow growth in vocabulary, pronunciation problems</td>
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<td>• shows reluctance to participate</td>
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<td>• lack of interest in listening</td>
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<td>• finds difficulty in sitting still and paying attention</td>
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## Aims

### Developmental Guidelines for Babies, Toddlers and Young children

**Advancing further**

Young children
- begin to use some number names and number language
- want to know about numbers, talk about it and ask questions about it
- group objects together
- experiment with counting
- explore matching
- make estimations

### Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children

**Advancing further**

- Model and encourage children to use mathematical language for example, I can wear two shoes. How many can you use?
- Use number language in children's play activities or during routines for example, more, less, “how many?”
- Make and read books about numbers and counting
- Use songs and rhymes involving numbers and counting
- Show children how a big item can be divided into parts and then put together for example, take a slice of bread, cut it into two pieces and then put it together.
- Play games for example, find my missing partner
- Make displays using numbers.
- Play guessing games to find out “how many?”

### Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.

- shows signs of weak memory for routines and recall of activities
- shows difficulty in learning numbers and counting

## Towards Grade R

### Advancing further

- Model and encourage children to use mathematical language for example, I can wear two shoes. How many can you use?
- Use number language in children's play activities or during routines for example, more, less, “how many?”
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- Use songs and rhymes involving numbers and counting
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### Towards Grade R

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<tr>
<td></td>
<td><strong>Children continue</strong> to</td>
<td>• Encourage children to use number language for example, one, two.</td>
<td><strong>Beginning</strong></td>
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<td></td>
<td>• count concrete objects</td>
<td>• Let children attach number labels to items for example, the can put the number one on an item that belongs to them.</td>
<td>• When doing activities with babies talk to them about what you are</td>
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<td></td>
<td>• use fingers, marks on paper and pictures to represent number</td>
<td>• Play counting games and let children “count” in different situations</td>
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<td>• make simple estimations</td>
<td>• Model and encourage children to ask questions where mathematical language is used for example, “how many sweets do you think are in this bottle?”</td>
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<td></td>
<td>• find similarities and differences</td>
<td>• Design activities where children have to find the same items</td>
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<td>• recognise some numbers and number language</td>
<td>• Design activities where children have to find items that are different from the ones they are given.</td>
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<td>• sing number rhymes and songs</td>
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<td>2.</td>
<td><strong>Children sort, classify, make comparisons</strong></td>
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<td><strong>Beginning</strong> Babies</td>
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<td>• make attempts at logical thinking</td>
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<td>Aims</td>
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| and solve problems | • want to explore their environment and find out about things that challenges them | doing and what is happening  
• Play games for example, now you see me, now you don’t  
• Talk to babies about things that challenge them for example, how to get to a toy that is away from them | Observe and discuss with parents babies, toddlers and young children’s ability to  
• show interest in activities aimed at them  
• become curious when there is activity in the environment  
• show persistent behaviour in trying to do things and find solutions  
• become actively involved in activities through talking about what they are doing, asking questions and drawing conclusions  
• use resources to make meaning  
• sort, classify and use relevant mathematical language to |

**Beginning**  
**Babies**  
• make attempts at logical thinking  
• want to explore their environment and find out about things that challenges them  

**Beginning**  
**Babies**  
• When doing activities with babies talk to them about what you are doing and what is happening  
• Play games e.g. now you see me, now you don’t  
• Talk to babies about things that challenge them e.g. how to get to a toy that is away from them
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<td>demonstrate their understanding</td>
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<td>• participate in games, role play, modelling where mathematical language is used</td>
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<td><strong>Watch points to act upon for individual toddlers and young children at risk</strong></td>
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<td>• poor language development</td>
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<td>• poor processing of information</td>
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<td>• experiences difficulty in understanding simple words or sentences (receptive language delay)</td>
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<td>• find difficulty in following instructions</td>
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<td>• very easily distracted or becomes too absorbed in a particular activity and cannot handle change</td>
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<td>• more likely to act without planning or thinking about the results of their actions</td>
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<td>• identification of similarities and differences is problematic</td>
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| **Advancing further** Young children |  |  | • confuses objects, letters, numbers.  
• has difficulty in identifying different sounds  
• experiences problems with memory. |
| • attempt to solve number problems  
• separate objects in different ways  
• count objects in a group |  |  |  |

**Advancing further**

- Encourage interaction during activities such as storytelling, rhymes. Ask questions to solve number problems for example, Sindiwe only had 1 shoe. What should she do?
- Ask children to talk about how they solved a problem for example, I like to know how you got up the ladder of the slide. Do you want to teach me how to do it?
- Use pictures and objects as stories and rhymes are told
- Encourage children to sort out objects according to their
### Aims

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| **Towards Grade R**  
Children continue to  
- sort, classify and make comparisons  
- use mathematical language related to sorting, classification and categorisation  
- solve simple problems related to immediate experiences. | preference (like and dislike), size, shape, colour. Ask them to count on their own. Model counting behaviours to help them along  
- Use role play and stories to demonstrate language such as few, less, more than, same as. | **Towards Grade R**  
- Use mathematical language with demonstrations and number stories for example, I had three sweets. Rani took one and I gave Mpho one. Now I have ____.  
- Create activities where children separate objects in unequal and equal groups.  
- Use stories to help children sort, classify and categorise.  
- Show a keen interest in how children are solving problems and the answers they come up with. |
| **3. Children explore shape, space and measurement**  
Beginning Babies  
- show awareness of shape, form and texture in the immediate | **Beginning**  
- Talk to babies about things in their environment paying special attention to shape, form and | Observe and discuss with parents babies, toddlers and young children’s ability to |

National Curriculum Framework Birth to Five  
Final Draft September 2012
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<tr>
<td></td>
<td>environment</td>
<td>texture</td>
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<td>• find out the properties of objects such as toys through exploration</td>
<td>• Use opportunities to show children how things work and how things change for example, an uncooked egg and a fried one.</td>
<td>• explore their environment and experiment with activities related to shape, space and measurement</td>
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<td>• make attempts to fill containers</td>
<td>• Provide empty containers and objects that can be easily grasped to fill containers.</td>
<td>• use gestures, words, phrases and sentences to describe objects, activities and people</td>
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<td>• use resources to talk about understanding of concepts</td>
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<td>• pay attention to what they and others are doing</td>
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<td>• share their experiences with others</td>
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<td><strong>Watch points to act upon for individual toddlers and young children at risk</strong></td>
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<td>• speech is delayed</td>
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<td>• finds difficulty in processing information that is seen and heard</td>
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<td>• finds difficulty in organising himself/herself in a particular space</td>
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<td>• is disorganised—easily</td>
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<td></td>
<td><strong>Moving on</strong>&lt;br&gt;Toddlers&lt;br&gt;• show greater awareness of shapes and patterns&lt;br&gt;• categorise objects according to properties for example, size or shape&lt;br&gt;• play with shapes and makes simple arrangements</td>
<td><strong>Moving on</strong>&lt;br&gt;• Talk to children about the patterns they see around them for example, patterns on clothing, in nature, on huts&lt;br&gt;• Draw children’s attention to the differences in shapes for example, a biscuit, a pillow&lt;br&gt;• Allow children to sort out a few objects of different sizes and shapes.&lt;br&gt;• Tell stories to motivate children to use shapes to make their own</td>
<td>distracted and finds difficulty in associating actions with consequences&lt;br&gt;• is awkward, clumsy and has difficulty co-ordinating movements e.g. skipping, hopping, catching a ball.&lt;br&gt;• poor grasp of concepts&lt;br&gt;• poor memory&lt;br&gt;• finds difficulty in sharing ideas and getting along with others</td>
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| **Advancing**  
Young children  
- show an interest in shapes by using them, talking about them and taking note of similarities and differences  
- experiment with positions  
- can find items if directions are given  
- use familiar objects to create patterns  
- can place two items according to length (long and short) height (tall and short) or capacity (empty and full)  
- Use everyday language related to time for example, morning, night time.  
- begin to use mathematical names for solid 3d shapes and flat 2D shapes  
  **Towards Grade R**  
  Children continue to | | | |
| **Towards Grade R**  
- Encourage children to talk about their interest in shapes. Provide explanations on why things are similar or different.  
- Provide opportunities for experiment with positions for example, top, down.  
- Play games such as guess and check  
- Provide verbal directions to children and help them find items. Play games such as treasure hunt.  
- Create opportunities for sand, water and fantasy play.  
- Read and/or make books about shape, space and measurement.  
- Encourage children to examine a shape and talk about it for example, triangle and points.  
  **Towards Grade R**  
- Encourage children to talk about |
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<td>• identify simple patterns and shapes in their environment</td>
<td>• what they have seen.</td>
<td>• Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.</td>
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<td></td>
<td>• Create different pattern and shapes</td>
<td>• Invite children to talk about their creations</td>
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<td></td>
<td>• describe positions for example, in front, behind</td>
<td>• Create space to display what children have created</td>
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<td></td>
<td>• use mathematical language for shape, space and measures (for example, length, capacity, height, time).</td>
<td>• Use personal symbols for children to identify their belongings for example, a child has a picture of the moon on all his/her belongings.</td>
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<td>• Play games where children have to think about positions and do actions.</td>
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<td>• Make and read books about shapes and patterns</td>
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<td>• Provide opportunities where children measure time (with a teacher made sand timer) and find out if something is heavy or light.</td>
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<td>• Let children do sand and water play to find out about volume and capacity.</td>
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Early Learning and Development Area Five  Creativity

The child’s voice

I need to experience an environment where I can identify challenges and problems, try out solutions in safety and freedom and experiment with play, make believe play, drawing, painting, cutting and pasting, modelling and music, rhythm, dance and drama.

What is Creativity about?

Creativity means that children produce new and useful ideas and solutions to problems and challenges. To create is to invent and to make solutions by asking questions such as 'What is happening here? Why is it happening? What effects does it have? What can we do about it? What if I ....?'

Young children are creative in all aspects of their lives, including in developing language, exploring mathematics, promoting their own well-being, developing a strong identity and a sense of belonging, and grappling with questions about the world.

The main purpose of Creativity is to encourage children to be creative, imaginative individuals, with an appreciation of the arts and the importance of critical thinking and problem solving skills.

Young children are naturally creative and their natural ways of learning and solving problems are through play, investigating and discovering and asking questions.

They do this especially in make believe play, in the visual arts, (drawings, paintings, modelling, making pictures) and though music (singing, making music with instruments and making rhymes) and also in dance and movement.

Visual Arts develop sensory-motor skills and fine and gross motor co-ordination through the manipulation of materials and the mastery of a variety of art techniques.
Two-dimensional (2D) work aims to enrich the child’s experience of the real world through visual and sensory stimulation, discussion and questioning, and through encouraging the drawing of the child’s experiences in the world. There is no ‘right’ way to draw, and children should be encouraged to express themselves freely, without fearing criticism.

Three-dimensional (3D) work develops the concept of shape in space through playing with sand and mud, joining and moulding pieces of clay, gluing or pasting of paper onto paper, cutting shapes, folding, tying and wrapping.

Performing Arts allows young children the opportunity to creatively communicate, dramatise, sing, make music, dance and explore movement,

- Through the performing arts, babies, toddlers and young children develop their physical skills and creativity.
- Performing Arts stimulates memory, promotes relationships and builds self-confidence and self-discipline.
- Creative activities and skills prepare the body and voice, and use games as tools for learning skills.
- Improvise and interpret allows children to create music, movement and drama alone and collaboratively.

Creativity is strongly related to mathematical and scientific thinking (curiosity, exploration, problem identification and problem solving).

Adults need to pay attention to children’s desire to be creative

Children’s rights form the basis for all creativity. Children have the right to explore, to be curious and to investigate ways of recording and depicting their experiences.

Children with disabilities and special needs have the right to receive attention to enable them to develop and learn to their greatest potential.

Encourage young children to use their imaginations, to tackle problems with interest and confidence, to manipulate and work with different materials, move and dance and make music.

Young children should explore and develop their ideas based on their personal experiences, using their senses, emotions and observations.

The process of creating is more important than the products. The focus of the learning should be on the development of skills through enjoyable, experiential processes, rather than on working towards highly polished products.
Figure 11 Working with families and their young children to promote Creativity

Reflection Points

- What kinds of opportunities do the indoor and outdoor environments provide for children to be creative?
- How do children’s own activities (drawings, play, experiments) show their competence in solving problems, using play, visual and performing art?
- Are there sufficient experiences for children to explore real-life problems, to be creative?
- How do adults support children who use means of communication other than spoken language, visual art and performing art to indicate their creativity?
- How are early creative experiences integrated with other learning opportunities?
Aims and developmental guidelines, examples of activities for promoting creativity

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| 1. Children identify, search for and create solutions to challenges through problem solving | **Beginning**  
 Babies  
 • from birth solve the problems of hunger and discomfort by crying for help  
 • set out to solve problems of sitting, crawling, standing, walking and running by experimenting and taking risks (finding creative ways of moving)  
 • experiment with all objects that they encounter by using their senses to make meaning of each one  
 • ask questions such as ‘Why? What?’ | **Beginning**  
 • tell the baby what her problem is and then tell her what you are going to do about it (use the questions proposed here to structure the conversation)  
 • ask if the baby needs help rather than giving it without speaking. Say ’May I help you to walk?’  
 • set out many different objects for the baby to experiment with. She will put everything in her mouth so remain hygienic and safe. | **Observe and discuss with parents babies, toddlers and young children’s ability to**  
 • levels of curiosity  
 • levels of active energy to explore and investigate the world  
 • concentration levels for finding problems and working to solve them  
 • interest in asking open questions (’Why? How? What?’)  
 **Watch points to act upon for individual babies, toddlers and young children at risk**  
 • child shows little curiosity or wish to explore and to investigate |
| **Moving on** Toddlers continue to | | | |
| | • experiment with solutions to movement challenges  
 • experiment with relationships with objects | **Moving on**  
 Continue with the ideas from the section above, and  
 • provide spaces for toddlers to move by climbing, walking, crawling and manoeuvring | |
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<td><strong>Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children</strong></td>
<td><strong>Advancing further</strong></td>
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<td><strong>Advancing further</strong></td>
<td><strong>Young children</strong></td>
<td><strong>Advancing further</strong></td>
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<td>• often become frustrated when they cannot solve a problem for example, by crying or becoming angry</td>
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<td>• ask questions.</td>
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<td><strong>Advancing further</strong></td>
<td><strong>Young children</strong></td>
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<td>• ask the question 'Why?' more frequently</td>
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<td>• continue to experiment with movement and relationships with objects</td>
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<td>• are more able to try out different solutions to challenges instead of being frustrated and crying.</td>
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<td>• provide puzzles for toddlers to do for example, shaped holes in a box with shapes to insert in each hole</td>
<td><strong>Advancing further</strong></td>
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<td>• help toddlers to deal with frustration by showing them questions to ask and steps to take for example, to say 'Please help me with this'; 'I can't do it- what should I do?'</td>
<td><strong>Advancing further</strong></td>
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<td>• continue to ask questions which will help toddlers to think about solutions.</td>
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<td>• patiently listen to questions and answer them seriously until the child is satisfied</td>
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<td>• set challenges in the playground for physical movement</td>
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<td>• set challenges in stories by asking children 'what do you think happened next'? If you were there, what would you do?</td>
<td><strong>Advancing further</strong></td>
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| Towards Grade R | Children continue to  
- identify problems and challenges, point them out, talk about them and find ways to solve them  
- enjoy problem solving games such as finding different ways to move from place to place, draw a tree, find out about the world  
- love riddles, 'Guess what this is? and 'I spy' games. | Towards Grade R  
Continue with the ideas from the previous sections, and  
- encourage the children to ask themselves, and others questions to find solutions and to find new knowledge and skills  
- ask questions and invite specialist speakers to come to answer them for example, questions about animals, birds, occupations, traditions in the local area. Prepare speakers for the children's questions  
- make up positive songs and rhymes about asking questions  
- show how to ask questions politely.  
- Play lots of riddles, guessing games, giving clues for example, it is round and red and furry. What is it? |
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| 1. Children identify, search for and create solutions to challenges through play and make believe | **Beginning** Babies  
- explore their surroundings and set up problems to resolve through play  
- play alone, play next to other children, with an adult, then by watching older children play, then older babies may play with other children  
- start to act out situations that they have experienced for example, playing 'Mommy', 'Daddy', 'House', 'Doctors'. | **Beginning**  
Set up activities for  
- playing with a baby  
- babies to play alone with objects  
- babies to watch others play  
- older babies to begin to cooperate  
- make believe play for example, dress up clothes (hats, scarves, ties, small blankets, shoes, bags and handbags); household equipment for example, pots, spoons, tools, telephones; special theme equipment and materials for example, clinic, school. | **Observe and discuss with parents**  
**babies, toddlers and young children’s ability to**:  
- enjoy playing  
- enjoy make believe play alone and with others as they develop  
- use different materials to invent games and ideas  
- make believe different roles to solve problems of being and becoming and belonging (social and emotional) |
| **Moving on** Toddlers continue to play and to make believe and  
- increasingly play together, finding solutions to sharing and cooperating  
- play more complex make believe games for longer times mainly about home life and relationships | **Moving on**  
Continue to offer the same activities as in the section above and  
- extend the play areas with more materials according to themes, for example, 'My body': how tall am I? How can I dress myself in this?  
- Give lots of time each day for make believe play | **Watch points to act upon for individual babies, toddlers and young children at risk**:  
- child does not play  
- child does not play make believe games alone or with others. |
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<td>with adults</td>
<td>• Give a lot of time each day for free play (the toddler plays without direction from the adult other than for safety reasons)</td>
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<td>• love to create ideas and structures with cardboard boxes, string, sticks and stones</td>
<td>• Set out cardboard boxes and see what the toddlers do with them</td>
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<tr>
<td>Advancing further</td>
<td>Young children continue to do as before and to</td>
<td>• Continue to offer opportunities and materials for free play and make believe play</td>
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<td>• play increasingly in small cooperative groups to develop complex structures and games with available materials.</td>
<td>• Discuss cooperation and rules for working together when children are ready for this and there is a 'teachable moment' including steps to take and behaviours to model.</td>
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<td>Towards Grade R</td>
<td>Children continue to</td>
<td>• Continue to offer the same activities as before and</td>
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<td>• develop complex solutions to problems that they see in their environment for example, building a shelter from available materials, building a dam and bridge</td>
<td>• organise space for games and constructions which take several days to complete.</td>
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| 3. Children identify, search for and create solutions to challenges through visual art activities | **Beginning** Babies  
- make marks in sand and in mud with their fingers  
- scribble on paper with thick wax crayons and gradually name the scribbles  
- start making circular scribbles and line scribbles and gradually start to name them  
- play with clay and mud and name their products  
- can concentrate for a short time only (5 minutes at the most?) | **Beginning**  
Continue to offer the activities noted above and  
- prepare sand in containers for children to draw in using their fingers and sticks (for example, beer trays)  
- offer paper and large wax crayons to draw with  
- offer clay and edible play dough for babies to experiment with. | **Observe and discuss with parents**  
babies, toddlers and young children’s ability to  
- take an interest in solving problems of depiction through drawing, painting, working with clay and mud  
- use tools in an increasingly controlled way  
- enjoy working with visual art materials  
- names and tells stories about pictures and models  
**Watch points to act upon for individual babies, toddlers and young children at risk**  
- child does not take an interest in visual art activities |
| **Moving on** Toddlers continue as above and  
- start to draw recognisable circles and lines and human face shapes | **Moving on**  
Continue to offer the activities above and  
- talk about the shapes that the | | |
## Aims

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| • roll clay into 'snakes' and balls  
• start to cut out and paste. | toddler draws and makes with the child during 'teachable moments'  
• write the toddler’s name on her work in the top left hand corner. | • child cannot use tools for visual art at the appropriate level |

**Advancing further**

Young children continue as above and

• start to draw human figures (usually stick figures)  
• cut out simple shapes  
• construct objects using boxes and other paper products  
• paints shapes using separate colours  

**Towards grade R**

Children

• start to draw rounded human figures and animals and plants  
• often draw a ground line and a sky line  
• model figures and shapes with clay  
• tell stories about their work.

**Towards Grade R**

Continue as before and

• promote observation skills so that children use their imaginations as well as their knowledge of the world to create visual art  
• write down stories about their work as children ask for this to be done.
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| 4. Children identify, search for and create solutions to challenges through music, dance and drama | **Beginning** Babies love  
- rhymes, and simple songs  
- rhythmic singing and speaking  
- rhythmic movements and gentle rhythmic bouncing  
- shaking rattles and beating drums  
- dancing with an adult holding them  
- using scarves and ribbons to dance with.  
**Moving on** Toddlers continue to do as they did when babies and  
- love dancing to music from the radio and to clapping  
- playing instruments like drums, shakers, rattles and triangles  
- listening for sounds and rhythms for example, high, low, fast, slow, three and four beats  
- combining dancing and playing instruments. | **Beginning**  
- Offer musical and dance activities as often as possible during the day and whenever babies need to be soothed or stimulated  
- Give babies rattles of different sorts to shake and help them to listen to the song/music and to respond rhythmically  
- Offer scarves and ribbons for dancing and moving.  
**Moving on** Continue with the previous activities and  
- help toddlers to sing and dance and move together to music  
- offer toddlers musical instruments to accompany singing and rhymes | **Observe and discuss with parents** babies, toddlers and young children’s ability to  
- take an interest in music, dance rhythm and dramatic activities  
- use tools and materials in an increasingly controlled way to make music and rhythm  
- enjoy working with music, dance and drama materials  
- makes believe with stories and music, drama and dance  
**Watch points to act upon for individual babies, toddlers and young children at risk**  
- child cannot move easily (see physical activities under well-being)  
- child cannot hear easily (see physical well-being) |
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| Advancing further | Young children continue as above and  
• make up songs and rhymes together with the adult and  
• sing, dance and clap at the same time.  
• act out simple stories with the help of the adult. | **Advancing further**  
Continue as above and  
• tell simple stories first and then act out with the children together  
• use sounds to enhance the acting out of the story for example, rustling shakers for leaves blowing in the trees  
• encourage the children to make up movements and dancing to accompany actions in stories and rhymes  
• ask children to propose sounds and rhythms and dances and movements for different animals, people, vegetables and objects. | **Towards grade R**  
Children continue as above and to  
• play in a percussion band (drums, shakers, triangles) along to music from the radio or singing  
• make up songs and rhymes and melodies  
• invent stories to act out | **Towards Grade R**  
Continue with the previous activities and  
• organise a band with the children with different children using different instruments  
• propose a story title and help children to make up a |
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<td>• invent steps and movements to portray animals and plants and objects in stories.</td>
<td>story/song/rhyme and act it out.</td>
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Early Learning and Development Area Six  Knowledge and understanding of the world
The child’s voice

I want to make sense of my world through active participation in my real world and through practical experiments. Please support my learning by providing me opportunities to learn about people, objects, places, plants and creatures from my natural environment.

What is knowledge and understanding of the world about?

- Children’s worlds include their immediate physical surroundings (people, animals, vegetables and minerals of all kinds); the history of their own families and later on their neighbourhoods; the geography of their surroundings (for example, hills, rivers, flat spaces, rocks, weather and climate) and the tools that they use such as pencils, scissors, cutlery, household equipment on to cameras, mobile phones, computers (technology)\(^2\).
- Children in the early years are curious about the world from birth. They learn about their world through exploration and by being exposed to different resources such as people, the media and what they learn from their senses.
- Children’s learning is improved when they gain accurate information about their world and about people in their world. Their understanding of caring for people and creatures in their environment increases.
- Children grow in confidence when they are encouraged to show their knowledge and skills in practical ways.

Adults need to pay attention to children’s knowledge and understanding of the world

- Children’s rights form the basis for all exploration and learning about the world.

---

• Children with disabilities and special needs have the right to receive attention to enable them to develop and learn about the world to their greatest potential
• Children need adults to extend their experiences of the world
• They need regular opportunities to learn about what is in their environment and how it is changing. Adults need to create activities where children’s interests and need for exploration is catered for

**Figure 12** Working with families and their young children to promote knowledge and understanding of the world

**Reflection Points**

• How does the centre, family and community provide opportunities for developing knowledge and skills through practical activities?
• How are children’s need for hands-on experiences, exploration, experimentation, observation, problem-solving, decision making and demonstrations of their learning catered for?
• Are there sufficient opportunities for children to share their understandings and to reflect on it?
• How do adults support children’ need for the use of different technologies such as cameras, radios, tape recorders, electronic toys and computers?
Aims, developmental guidelines and examples of activities for promoting knowledge and Understanding of the World

<table>
<thead>
<tr>
<th>Aims</th>
<th>Developmental Guidelines for Babies, Toddlers and Young children</th>
<th>Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children</th>
<th>Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary</th>
</tr>
</thead>
</table>
| 1. Children explore and investigate their life world | **Beginning**  
Babies  
• use their senses and increasing movements to explore the environment, look for things, and reach out for objects. | **Beginning**  
• Encourage children to touch, feel and investigate people and objects for example, let babies touch your face, rub the bottle  
• Allow babies to make choices by giving them a variety of safe objects to explore | **Observe and discuss with parents babies, toddlers and young children’s ability to**  
• explore their environment using their senses  
• focus on features of objects and the process of how something is done  
• use resources to make sense of their life world  
• get support when needed  
• share and follow their interest  
• be curious explorers and ask questions  
• notice and comment on changes  
**Watch points to act upon for individual babies, toddlers and young children at risk**  
• Poor processing of information and communication of ideas |
| **Moving on**  
Toddlers  
• focus on features of objects or how to do something – loves repetition  
• use others to help them make sense of things. | **Moving on**  
• Talk to children as they are doing activities in a repetitive way for example, I see you are opening and closing the book.  
• Provide materials for them to explore and stimulate their thinking  
• Ask questions to help children make sense of what they are doing for example, What did you make? What did you find? | **Advancing further**  
• Draw attention to objects and living |  
**Advancing further**  
• Draw attention to objects and living |
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</table>
| **Towards Grade R**                                                 | **Children continue to**  
  • explore, investigate and talk about objects and material using their senses  
  • ask questions about why things happen and how they work.                                                                                                                                                                                                                       | **Towards Grade R**  
  • Create opportunities for exploratory behaviour.  
  • Encourage children and respond to their growing interests, extend their questions.  
  • Help them to notice details to understand how things happen and work.  
  • Provide them with questions as a tool for exploring objects and materials using their senses.                                                                                                                                                                                                                                       | **Lack of social skills**  
  **Unwillingness to participate in activities**                                                                                                                                                                                                                                                                                                                                                      |
| **2. Children explore design,**                                      | **Beginning Babies**  
  • are curious about and interested in the features of objects and living things  
  • talk about what they see, how things work and why things happen to others  
  • show awareness of change  
  • show interest in having pets  
  **Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children**  
  • Watch children’s attention and encourage them to respond. Use questions and discussions  
  • Allow children to do further investigations on things that interest them  
  • Discuss types of pets and pet care.  
  • Observe and discuss with parents**                                                                                                                                                                                                                                             | **Observing and discussing with parents**                                                                                                                                                                                                                                                                                                   | **Observing and discussing with parents**                                                                                                                                                                                                                                                                                            |

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*National Curriculum Framework Birth to Five*  
*Final Draft September 2012*
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</thead>
</table>
| make items and use technology | • explore objects and materials using the senses  
• show interest in toys and resources that may include technology  
• show awareness and interest in how things work – opening, closing, pressing of buttons and achieving effects such as sounds or movements. | hear and touch  
• Talk about features of toys for example, dolls that cry when you touch the tummy, cars that move when you wind them up  
• Provide explanations of what is happening | babies, toddlers and young children’s ability to  
• use the sense to explore the environment  
• show interest in resources  
• participate in activities that allows for the development of interest in how things work  
• investigate different types of objects  
• use different types of tools and techniques to operate and make things |
| Moving on Toddlers | • are interested in pushing and pulling things and begins to build things  
• investigate things and know how things happen  
• show interest in turning on and operating electronic items | Moving on  
• Provide explanations of what the child is doing for example, I see you pulled the toy box by the handle.  
• Be aware of children’s attempts to jump, pile up things and stack objects. Allow them to discover their knowledge and skills.  
• Talk about the electronic items and how they can use it safely  
• Where available let children operate the items under adult guidance for example, tape | Watch points to act upon for individual babies, toddlers and young children at risk  
• Fear and anxiety to explore  
• Disruptive and anti-social behaviour when participating in activities  
• Very easily distracted  
• Difficulty in processing information and following instructions  
• Destroying resources provided |
<table>
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<tr>
<td></td>
<td><strong>Advancing further</strong></td>
<td><strong>Examples of activities for Adults and Older Children to offer while working with Babies, Toddlers and Young Children</strong></td>
<td><strong>Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary.</strong></td>
</tr>
<tr>
<td></td>
<td>Young children</td>
<td>recording, photocopiers, computers.</td>
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<tr>
<td></td>
<td>• join construction materials together for balance and a purpose</td>
<td><strong>Advancing further</strong></td>
<td></td>
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<tr>
<td></td>
<td>• experiment with different tools and techniques</td>
<td>• Make a variety of construction materials available for example, boxes, cartons</td>
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</tr>
<tr>
<td></td>
<td>• know how to operate simple equipment</td>
<td>• Encourage children in their efforts to build their own creations</td>
<td></td>
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<tr>
<td></td>
<td><strong>Towards Grade R</strong></td>
<td>• Introduce children to different tools and techniques – tear/cut and paste</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Children continue to</td>
<td>• Encourage them to operate equipment such as electronic toys, computers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• build and construct things using tools and techniques</td>
<td><strong>Towards Grade R</strong></td>
<td></td>
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<tr>
<td></td>
<td>• operate simple equipment.</td>
<td>• Make available a variety of resources that children can use for their constructions for example, cardboard, wooden blocks.</td>
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<td></td>
<td></td>
<td>• Help children understand what the purpose of their construction tasks</td>
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<td></td>
<td></td>
<td>• Extend children’s vocabulary</td>
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<td></td>
<td></td>
<td>• Let children reflect on their</td>
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</table>
### Aims

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<tr>
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</thead>
</table>
| 3. **Children explore and investigate time and place** | **Beginning Babies**  
- are sensitive to sights, sounds and actions  
- become aware of routines such as such as waking up, feeding, nappy change and where it happens  
- explore space through increasing movement  
- enjoy being outdoors and observing.  
**Moving on Toddlers**  
- Begins to make association between actions and the sequence of the routines  
- Understands time in experience- | creations  
- Offer explanations and demonstrations of how equipment works. Remind children of the safety rules.  
| **Beginning**  
- Talk about what is happening to the baby and around the baby  
- Use observation of other children or photographs to talk about what happens in routines  
- Draw attention to different areas and what can be seen in these areas for example, animals, birds and neighbouring homesteads  
**Moving on**  
- Talk to children about the routines and what they do during the routine.  
- Draw attention to their specific activities during a routine.  
**Observe and discuss with parents babies, toddlers and young children’s ability to**  
- Explore and respond to changes in the environment  
- show awareness of routines  
- show understanding of time according to experience  
- be curious about their surroundings  
- recall and talk about familiar people and events  
- participate in activities  
- use time-related language  
**Watch points to act upon for** |
<p>| | | |
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<td></td>
<td>based ways for example, now, later, before.</td>
<td>Use language such as now, later, before, yesterday, today, tomorrow</td>
<td>individual babies, toddlers and young children at risk</td>
</tr>
<tr>
<td></td>
<td>• Shows interest in the world they live in and models of the world they live in</td>
<td>• Tell stories of different places and journeys</td>
<td>• fear and anxiety related to trying out new things</td>
</tr>
<tr>
<td></td>
<td><strong>Advancing</strong></td>
<td>• Provide opportunities to play with models and to see the items in real life situations.</td>
<td>• lack of attention</td>
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<tr>
<td></td>
<td>Young children</td>
<td>• Plan outings/ excursions.</td>
<td>• difficulty in vocabulary</td>
</tr>
<tr>
<td></td>
<td>• Can remember and talks about people and events that are familiar</td>
<td></td>
<td>• problems with information processing and memory</td>
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<tr>
<td></td>
<td>• Shows understanding of changes over time and can use time-related words</td>
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<td></td>
<td>• Observes and is curious about the place they live in and their natural world</td>
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</table>
| Towards Grade R | ● Begins to differentiate past and present through use of words such as “when I was small...”  
  ● Is more curious about finding out about the features of the place they live and their natural world  
  ● Describe their personal experiences with confidence.  
  ● Are interested in other people – family members, friends.  
  ● Finds out about technology and identifies its use - computers, electronic toys, cell phones etc. | Towards Grade R  
● Do sequencing activities with children so that they have as sense of time for example, use pictures of babies, toddlers and young children to create a pictorial time line  
● Encourage children to ask questions – who, what, where, why, when, how.  
● Introduce vocabulary to help children to talk about what they see.  
● Plan excursions that help children to understand their broader environment  
● Make books with children – the adult illustrates the story that the child tells.  
● Provide opportunities for children to see and talk about information and communication technology for example, talk about what it does and how to use it safely. Where available let children play computer games that are developmentally suitable for their age. | Broad Assessment guidelines for watching, listening, noting, reporting, discussing with parents and referring for specialist attention where necessary. |
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<td>appropriate</td>
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Assessment of each child's developmental needs and learning interests

The National Curriculum Framework consists of guidelines for
- **observing** the developmental and learning needs of each child
- **planning** activities to meet each child's own developmental needs and learning interests
- **doing** the activities with the children
- **assessing** children's developmental and learning needs and **evaluating** the ECD programme in terms of its ability to meet the needs of each child.

What is assessment?

Assessment is a continuous planned process of identifying, gathering and interpreting information about the development and learning of babies, toddlers and young children.

1. **identifying** the state of wellness, development and learning of each child
2. **recording information** for each child
3. **interpreting the information** to enhance their development and learning though planned activities
4. **reporting on and discussing** each child's needs and interests with the parents to understand and thereby assist the development, learning and special needs of the child.

Assessment is always **formative** at this stage of the child's life. The child cannot 'pass' or 'fail'. She develops and grows and learns. There are **no formal tests** or examinations.

---

**Figure 13 The Assessment Process**
The purpose of assessment

Adults and children make judgments every day about their own competence and the competence of others - their knowledge, their skills and their behaviours. They use these judgments to decide on actions to take in future. These judgements are the assessments of competence at that stage.

Adults working in early childhood programmes assess the developmental and learning needs and interests of each baby, toddler and young child in their care, so that they can plan activities to enrich the child's development and learning.

They work closely with the families of the children.

The purpose of assessment is to support and encourage development and learning in babies, toddlers and young children and to assess their needs in all aspects of their lives. Based on on-going assessment, the adult accommodates all children in the daily programme.

This means that assessment is important for deciding what the child's needs and interests are at that present moment, so that further activities can be planned immediately in time to work with the child to enrich her development and interests.

Children with special developmental and learning needs

The adult assesses the special needs of children with developmental and learning disabilities to offer appropriate activities and solutions in the daily programme. Referral to specialist services is made after discussion with parents and colleagues.

Where does assessment take place in the early years?

Each child has at least two experiences:
- the home experience which is very important and
- her experiences in an ECD programme, whether is home-based or centre-based.

Each child will have similar and also unique developmental experiences in each area with different knowledge about the world, skills, attitudes and behaviours learned in each.

ECD practitioners need to ensure that as far as possible, these two sets of experiences link together to form a seamless transition for each child between home and school. They do this by working very closely with the parents and families of each child in their care.

Steps to take in assessing children's developmental needs and learning interests

Step 1 Preparing for ongoing assessment

Assessment in these early years in informal and is carried out every day for each child.

In the NCF the emphasis in assessment is on observing children in an ongoing and planned way, during their daily routines, structured and free play activities.
Observation means watching carefully and listening carefully to each young child each day. The guide to assessment is based on the six early learning areas and the suggestions for assessment for each. Adults use these suggestions as the basis for their observations of each child.

Prepare for assessment by organising
1. a note book to keep close by, in which dated notes can be jotted down about each child during the day on important milestones and challenges that the child faces
2. a file for each child into which to transfer dated notes and to store all the information about the child (photocopies of the Road to Health card, registration details, copies of reports to parents, notes on discussions with parents and so on)
3. a timetable of formal meeting times available for discussions with parents.

Step 2 Generating and collecting evidence of achievement
The practitioner needs to remember what she has observed so that she can plan efficiently and effectively for each child's needs and interests, and so that she can discuss these needs and interests and her plans with the parents of each child.

The best way to do this is to make notes on each child's key developments and interests. The notes will be based on the information in the six ELDAs.

Observe each child's actions and behaviour each day.

- Look at her actions to see the skills she is developing for example, sitting up, taking steps, twisting her body, holding a crayon, making marking on paper (see the set of checklists in the Guidelines for Programme Development)
- Listen to the sounds that the child makes ('a child speaks in a hundred languages')
- Use the senses of smell and touch to observe illness in the child (for example, the smell of the child's breath, faeces, temperature, dryness, sweating)
- Make notes on your observations. Written evidence is very important. This is especially so with health and safety, which are governed by law (that is evidence of injuries, accidents, illness and steps taken to deal with these).

Step 3 Evaluating the evidence
The parent and the ECD practitioner decide what information is important for making decisions about the child's developmental needs and learning interests. This is carried out in the knowledge of general guidelines for development in each of the ELDAs.

Step 4 Recording the findings
The parent and the ECD practitioners remember the key information about the child's development and learning. The ECD practitioner records this in writing first in her observation notes each day and then more formally in the reports of the child’s progress and needs.

In these early years, NO marks or percentages are given to any child. All assessment is made in terms of comments. The comments are as follows:
Step 5 Discussing the findings

Reporting is a process of communicating the child's development and learning status and needs to parents, schools, and other stakeholders. Reporting starts with written descriptions of the child's development and learning.

There are three sets of people who need to be kept informed of each child's needs and interests. They are
- Parents and families of the child
- Professional colleagues if the child has special needs which require specialised attention
- Colleagues in the ECD programme and in Grade R just before the child moves to that class in the school.

Discussions are based on the evidence that is collected in the observation records. Usually discussions are based on a written report to the parents and colleagues.

Discussions take place
- informally when the parents bring and collect the child each day (usually about health and safety issues and to celebrate the child's achievements on that day). If another adult or older sibling is in charge of delivering and fetching the child, the parents will have to give permission for more in-depth discussions to take place, and they need to be informed in writing of any incidents.
- Informally through phone calls and notes to the parents in the child's home-programme notebook
- formally through individual parent-practitioner meetings which are arranged in advance
- formally through parents’ meetings, school open days and programme newsletters.

Forms for the assessment process are available in the Guidelines for Programme Development which accompany the NCF.
Evaluating the ECD Programme

**What is evaluation?**
Assessment is carried out for each individual child.

**Evaluation** is carried out of the whole programme and how it meets the needs of
- all of the children
- the families who use the programme
- the organisations and individuals who support the programme (the Department of Social Development, other government departments, donor organisations and community, non-government- and faith based organisations as well as individual benefactors).

**Evaluation is on-going and includes**
- daily assessment of safety and security, health and nutrition within the ECD programme
- monthly or quarterly assessment of the delivery of learning opportunities in all ELDAs.

This is an example of a guideline for evaluation:

<table>
<thead>
<tr>
<th>Early Learning and Development Area</th>
<th>Programme Strengths</th>
<th>Programme Weaknesses</th>
<th>Action to take</th>
<th>By whom</th>
<th>By when</th>
<th>Reporting to... On...(date)</th>
</tr>
</thead>
<tbody>
<tr>
<td>For example ELDA 1: Well being</td>
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<tr>
<td>1. Nutrition</td>
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<td>2. Health and hygiene</td>
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<td>3. Safety and security</td>
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<td>4. Physical development</td>
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<td>5. Resilience of children</td>
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<tr>
<td>ELDA 2:</td>
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</table>

**Evaluation reports are made and given to all key role players, including**
- The Management Committee at each meeting (as a standing item on the agenda)
- Parents at general parent meetings each quarter
- Funders when reports are required by them.
Forms for the evaluation process are available in the Guidelines for Programme Development which accompany the NCF.
References


Ideas for practice have also been developed from internationally based programmes such as High/Scope, Montessori, Reggio Emilia, Head Start and SureStart as well as from ECD programmes in New Zealand, Australia and Scotland. Best practice in South African ECD programmes has been incorporated.