2021 Recovery ATP_Grade 10 - Term 1: TECHNICAL SCIENCES



Important notes

- 1. The content of the tables are CAPS aligned.
- The formal assessment will consist of:
 - 2.1 Control test 1 (30% of SBA) & Formal experiment 1/PAT 1 (40% of PAT)
 - 2.2 Control test 2 (40% of SBA) & Formal experiment 2/PAT 2 (30% of PAT)
 - 2.3 Control test 3 (30% of SBA) & Formal experiment 3/PAT 3 (30% of PAT)
 - 2.4 Final Examination

TERM 1 (45 days)	Week 1 27 - 29 Jan (3 days)	Week 2 01 - 05 Feb (5 days)	Week 3 08 - 12 Feb (5 days)	Week 4 15 - 19 Feb (5 days)	Week 5 22 - 26 Feb (5 days)	Week 6 01 - 05 Mar (5 days)	Week 7 08 - 12 Mar (5 days)	Week 8 15 - 19 Mar (5 days)	Week 9 23 - 26 Mar (4 days)	Week 10 29 - 31 Mar (3 days)
CAPS Topics	MECHANICS: Units and measurement (3hrs)	MECHANICS: Scientific notation Working with formulae (4hrs)	MECHANICS: Rate, Vectors, Scalars and Graphical representation of vectors (4hrs)	MECHANICS: Graphical representation of vectors (4hrs)	MECHANICS: Motion in one dimension – Position, Distance, Displacement, speed, Velocity and Acceleration (4hrs)	MECHANICS Motion in one dimension and Introduction of force (4hrs)	MECHANICS: Kinds of forces & Force diagram (4hrs)	MECHANICS: Force Diagram Free body diagram, Resultant and Equilibrant (4hrs)	MECHANICS: Equilibrant & Equilibrium of forces in one dimension (4hrs)	MECHANICS: Control Test 1
Topics /Concepts, Skills and Values	 CGS units. List seven fundamental units of SI system. Derived units. Prefixes. Conversion of units: CGS units to SI units and vice versa. Focus on conversion on units related to technology 	Use scientific notation to express number as a power. Focus on examples using scientific notation related to technology. Identify the correct formula. Substitute the given values into the formula. Solve for the unknown quantity. Develop examples to solve problems using equations from technology.	 Rate is the change in a physical quantity in unit time. Give examples related to the concept of rate in technology Define a vector quantity. Define a scalar quantity. Give examples of vectors and scalars. Differentiate between vector and scalar quantities. Represent vectors graphically 	Identify the properties of vectors: equal vectors, negative vectors, addition and subtraction of vectors. N.B. Use one-dimension applications only. Define resultant vector as: The resultant of two or more vectors is the single vector which can produce the same effect as the two or more vectors. Find resultant of two or more vectors. Find resultant of two or more vectors in different directions: a) graphically use the tail-to-head method. b) by calculation.	 Define one dimensional motion as motion along a line either forward or backward. Define position as location of an object relative to the origin. Define distance as actual path length between two points. SI unit: m Define displacement as the shortest path between two points in a particular direction. SI unit: m Differentiate between displacement and distance. Define speed as a rate of change of distance. Speed = distance / time SI unit: m.s⁻¹ Define velocity as a rate of change of displacement. velocity = displacement / time SI unit: m.s⁻¹ Define acceleration as a rate of change of velocity. Acceleration = changeinvelocity / time SI unit: m.s⁻² Do calculations using the above concepts. 	forces the	 Define tension as force acting in a string or rope. Define normal force, FN, as the perpendicular force exerted by a surface on an object that lies on that surface. Define force of gravity, Fg, as the force of attraction exerted by the earth on an object. The force of gravity is also known as weight. Fg = mg It acts vertically downwards. Differentiate between mass and weight. Define frictional force, Ff, as the force parallel to the surface that opposes the motion of an object and acts in the direction opposite to the 	• A force diagram is the representation of all the forces acting on the object drawn as arrows. Free body diagram • In a free body diagram the object is replaced by a point with all the forces acting on it as arrows. Give various situations for learners to draw the force diagrams and free body diagrams. Resultant and Equilibrant • Define the resultant of two or more forces as the single force which can produce the same effect as two or more forces.	Do calculations on the resultant and equilibrant of a number of forces (Give various situations for learners to do calculations) Experiment: Use spring balances to demonstrate the resultant and equilibrant are equal. (Materials: Three spring balances, string, etc) A body is in equilibrium when the resultant force is zero	Units and measurement Scientific notation Working with formulae Rate Scalars and Vectors Motion in one direction Forces



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TERM 1 (45 days)	Week 1 27 - 29 Jan (3 days)	Week 2 01 - 05 Feb (5 days)	Week 3 08 - 12 Feb (5 days)	Week 4 15 - 19 Feb (5 days)	Week 5 22 - 26 Feb (5 days)	Week 6 01 - 05 Mar (5 days)	Week 7 08 - 12 Mar (5 days)	Week 8 15 - 19 Mar (5 days)	Week 9 23 - 26 Mar (4 days)	Week 10 29 - 31 Mar (3 days)
						without physically touching one another.	motion of the object.	Define the equilibrant as the force that has the same magnitude as the resultant but acts in the opposite direction. Give various situations for learners to calculate the resultant and equilibrant of a number of forces.		
Requisite pre- knowledge		•	• Scalars	Scalars & vectorsMotion in 1D	Scalars & vectors Motion in 1D	 Scalars vectors Forces Motion in 1D 	•	•	•	•
Resources (other than textbook) to enhance learning	CAPS document	Question bank such as previous papers or study guides	Question bank such as previous papers or study guides	Question bank such as previous papers or study guides	 Question bank such as previous papers or study guides Videos 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	 Question bank such as previous papers or study guides Simulations Videos 	 Question bank such as previous papers or study guides Videos Practical apparatus Simulations Videos 	Question bank such as previous papers or study guides
Informal Assessme nt: Remediati on	Homework	Homework	Homework	HomeworkInformal test	Homework	Homework Informal Experiment	Homework Informal experiment	Homework Informal test	Homework	
SBA (Formal)	None	None	• None	None	None	None	None	None	Formal experiment: PAT 1 experiment	Control test



2021 Recovery ATP_Grade 10 – Term 2: TECHNICAL SCIENCES

					Wook F	Week C	Week 7	Week 0	Week 0	Week 40	Week 44
TERM 2 (51 days)	Week 1 13 – 16 April (4 days)	Week 2 19 - 23 April (5 days)	Week 3 28 - 30 April (3 days)	Week 4 03 – 07 May (5 days)	Week 5 10 – 14 May (5 days)	Week 6 17 – 21 May (5 days)	Week 7 24 – 28 May (5 days)	Week 8 31 – 04 June (5 days)	Week 9 07 – 11 June (5 days)	Week 10 14 – 18 June (4 days)	Week 11 21 -25 June (5 days)
CAPS Topics	Corrections of March Control test (1hr) MECHANICS: Moment of a force (2hrs)	MECHANICS: Laws of moments (2hrs), Simple machines (2hrs)	MECHANICS: Simple machines (3hrs)	MECHANICS: Energy (4hrs)	MECHANICS: Energy (4hrs)	MECHANICS: Energy (2hrs) MATTER AND MATERIALS: Classification of matter (2hrs)	MATTER AND MATERIALS: Classificatio n of matter (4hrs)	MATTER AND MATERIALS: Classificatio n of matter (4hrs)	MATTER AND MATERIALS: Classificatio n of matter (4hrs)	MATTER AND MATERIALS: Classificatio n of matter (4hrs)	Control Test 2
Topics /Concepts, Skills and Values	Moment of a force (Torque) • Moment of a force about a point is defined as the turning effect of the force about that point. • It is measured as the product of the force and the perpendicular distance from the point to the line of action of the force Torque = Fxr_SI unit: N.m • Use the formula to calculate torque.	• For a body in equilibrium the sum of the clockwise moments about a point must be equal to the sum of anticlockwise moments about the same point. Do calculations to show that the clockwise moment is equal to the anti-clockwise moment. Experiment Use a meter stick and mass pieces to prove the laws of moments. • (Materials: Meter sticks, mass pieces, retort stand, etc.) Simple Machines • Define a lever as a simple machine. • Understand that machines are used to make work easier. • Define a fulcrum as the turning point of the lever. (The lever rotates about this point). • Identify different types of levers used in daily life. • Define type 1, type 2 and type 3 levers. • Define mechanical advantage as the ratio of load to effort $MA = \frac{Load(L)}{Effort(E)} = \frac{Effort distance}{Load distance}$		Gravitational Potential Energy • Define gravitational potential energy of an object as the energy it has because of its position from the surface of the earth. $E_P = mgh \text{ or } (U = mgh)$ • Do calculations using the above equation. Kinetic energy • Define Kinetic energy as the energy of an object due to its motion. $E_k = \frac{1}{2}mv^2$ or $K = \frac{1}{2}mv^2$ • Do calculations using the above equation. Mechanical Energy • Define mechanical energy as the sum of the gravitational potential	Experiment: Determine the potential energy of an object at different heights. (Materials: 1 kg mass piece, meter stick, retort stand etc).	Revise the different properties of materials: Strength, thermal and electrical conductivity, brittle, malleable or ductile, magnetic or nonmagnetic, density (lead/aluminiu m), melting points and boiling points. Classification of matter: Define a pure substance as a single type of material (elements or compounds). Define an element as the simplest type of a pure substance. Define a compound as a substance made up of two or more elements in the exact ratio. Classify substances as pure, compounds or elements	Naming of compounds Name compounds using the names of the elements from which they are made. Cations and anions Define the terms cation and anion. Identify cations and anions. List the common compound anion, only sulphate, carbonate, sulphite, hydroxide Name Cations and anions Identify cations and anions.	Molecular formulae Use cations and anions to write formulae Write the name of a compound when a molecular formulae is given Write the molecular formulae when given the names of compounds	Use stock notation, like iron II oxide for example, to write formulae Write formulae for binary compounds like magnesium oxide Use suffixes like –ide, -ite and –ate to name compounds Use prefixes like di-, tri- etc to name compounds	Balancing of equations Represent reactions in equations and balancing of equations Use suitable examples from technology, like the reaction in a catalytic convertor.	Moments of a force Laws of moments Simple Machines Energy Classificati on of matter



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				energy and kinetic energy.							
				Me = Ep + Ek							
				Do calculations using the above equation.							
Requisite pre- knowledge	•	•		•	•			•	•	•	•
Resources (other than textbook) to enhance learning	Question bank such as previous papers or study guides Videos	Question bank such as previous papers or study guides Practical apparatus Simulations Videos	 Question bank such as previous papers or study guides Practical Apparatus Simulations Videos 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	• Question bank such as previous papers or study guides	Question bank such as previous papers or study guides	•	Question bank such as previous papers or study guides	Question bank such as previous papers or study guides	Question bank such as previous papers or study guides	•
Informal Assessment : Remediatio n SBA (Formal)	Corrections of control test 1 Homework	Homework	Homework	Homework Informal experiment	Homework	Informal Test	Homework	Homework	• Homework	Informal test	•
SBA (Formal)	None	None	None	None	• PAT 2 Experiment	•	•	•			Control Test 2



2021 Recovery ATP_Grade 10 – Term 3: TECHNICAL SCIENCES

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TERM 3	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11 20 – 23 Sept
(52 days)	13 -16 July (4 days)	19 -23 July (5 days)	26 -30 July (5 days)	02 -06 Aug (5 days)	10 – 13 Aug (4 days)	16 - 20 Aug (5 days)	23 -27 Aug (5 days)	30 – 03 Sept (5 days)	06 – 10 Sept (5 days)	13 – 17 Sept (5 days)	(4 days)
	REVISION OF	ELECTRICITY	ELECTRICITY &	ELECTRICITY	ELECTRICITY	ELECTRICITY	MATTER &	MATTER &	Consolidation	Control Test	Control
	CONTROL	&	MAGNETISM:	&	&	&	MATERIALS:	MATERIALS	and revision	3	Test 3
	TEST 2 (1hr)	MAGNETISM:	Electric circuits (4hrs)	MAGNETISM:	MAGNETISM:	MAGNETISM:	Metals, Metalloids	:	of Term 3		10010
	12012()	Electric		Electric	Electric	Electric	and Non-metals	Structure of	work.		
CAPS	ELECTRICITY	Circuits (4hrs)		Circuits (4hrs)	Circuits (4hrs)	Circuits (4hrs)	(2hrs);	an atom			
Topics	& MAGNETISM:	, ,		, ,	, ,	, ,	Electrical	(2hrs)			
	Electric						conductors,				
	Circuits (2hrs)						semiconductors				
							and insulators				
	D	5					(2hrs)	0: :	5		EL O
	Revision of June	Potential difference:	Resistance	Experiment:	Experiment:	Administering of	Metals, Metalloids	Structure of	Revision of Term 3 work		Electric Circuits Metals,
	Examination		 Resistance is defined as the opposition to the flow of 	Set up a circuit	Set up a circuit	the PAT 3 experiment:	and Non-metals	the atom: Atomic	Tellii 3 Work		metalloids and
	Components of	Define potential	electric Current.	to show that series circuits	to show that parallel circuits	ехреппен.	Olavair a hatavara	number, mass			non-metals
	electric circuit:	difference in	Ciconio Current.	are voltage	parallel circuits are current		 Classify substances as metals, metalloids 	number with			Electric
	Draw the	terms of	$1 \Omega = 1 V.A^{-1}$	dividers, while	dividers, while		and non-metals using	their symbolic			conductors,
	components of	work done	1	current remains	potential		their properties.	presentation:			semiconductors and insulators
	a circuit using appropriate	and charge.	Give a microscopic	constant.	difference		 Identify their positions 	Define the			Structure of an
	circuit symbols.	\\\\	description of resistance in	(Materials: Light bulbs or	remains		on the Periodic	atomic number of an			atom
	Give the	$V = \frac{W}{\Omega}$	terms of electrons moving	resistors,	constant. (Materials: Light		Table. • Describe metalloids	element as			
	meanings of all	Q	through a conductor and colliding with the particles	batteries,	bulbs or resistors,		as having mainly	the number of			
	symbols used.		of which the conductor	switches,	batteries,		non-metallic	protons in the			
	Current:	Emf:	(metal) is made and	connecting leads,	switches,		properties.	atom. • Define the			
	Define current,	• Emf is the	thereby transferring kinetic	ammeters, voltmeters etc.)	connecting leads,			mass number			
	I, as the rate of	potential	energy.	voilineters etc.)	ammeters, voltmeters etc.)		Electrical conductors,	as the number			
	flow of charge.	difference	State and explain factors	Resistors in	volumeters etc.)		semiconductors and insulators:	of protons and			
	It is measured	across the	that affect the resistance of a substance.	parallel			insulators.	neutrons in			
	in Ampere (A), which is the	cell when no current is	a substance.	 Resistors are 			Revise the	the atom. • Use a			
Topics /	same as	flowing in the	Experiment:	in parallel			classification of	periodic table			
Concepts,	Coulomb per	circuit (open	Investigate the following	when they are connected to			materials as:	to determine			
Skills and	second	circuit).	factors that affect the	the same			electrical conductors, semiconductors and	the number			
Values	Calculate the	Give the	resistance of a conductor:	point such			insulators.	of: a) protons			
values	current flowing using the	difference	Temperature	that the			 Give examples of 	b) electron			
	equation	between emf and potential	Thickness	current has			electrical conductors,	S			
	oquation	difference.	Length	different paths through each			semiconductors and	c) neutron			
	$I = \frac{Q}{A}$	Emf and pd	Type of materials	resistor.			insulators. • Identify the	s			
	$I = \frac{1}{\Delta t}$	are measured	(Materials: Copper and				substances and the	in different			
	Δ.	in volts (V).	nichrome wires of different				'appliances or	elements.			
	Indicate the	Do calculations	thicknesses, Cells, Voltmeter, Ammeter, switch	$\frac{1}{R_{P}} = \frac{1}{R_{1}} + \frac{1}{R_{2}} + \frac{1}{R_{3}}$			objects', which are in				
	direction of	using the above	etc.)	$R_P R_1 R_2 R_3$			common daily use in homes and offices,	State the			
	the current in	equations.					that are specifically	charge of a			
	circuit		Resistors in Series	Alternatively,			chosen because of	proton, neutron and			
	diagrams	Measurement of	Resistors are in series	when we have			their electrical	electron			
	(conventional).	voltage (pd) and	when they are connected end to end such that the	two resistors in			properties				
		current	current has only one path	parallel we can use the			(conductors, semiconductors and				
		Experiment:	through each resistor.	formula.			insulators).				
		Build an electric		ionnaia.			,				
		circuit to	$R_s = R_1 + R_2 + R_3$	$R_p = \frac{R_1 \times R_2}{R_1 \times R_2}$			Experiment				
		measure current		$R_{P} = \frac{R_{1} \times R_{2}}{R_{1} + R_{2}}$							
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		through a resistor and to measure the voltage across a resistor; draw diagram of the circuit. (Materials: Conducting wire, cells, Voltmeter, resistor, Ammeter, Switch etc.)	 The same current flows through each resistor. I_T = I₁ = I₂ = I₃ Series circuits are called potential dividers. V_T = V₁ + V₂ + V₃ 	 Voltage is constant across each resistor, connected in parallel. V_T = V₁ = V₂ = V₃ Resistors in parallel are current dividers. I_T = I₁ + I₂ + I₃ 			Determine the electrical conductvityof different materials (Materials: Battery, ammeter, connecting wires etc.)				
Requisite pre- knowledge	Unit conversionRate	Unit conversion	Unit conversion	•	•		Classification of materials as: electrical conductors, semiconductors and insulators	•	•	•	•
Resources (other than textbook) to enhance learning	 Question bank such as previous papers or study guides Video Simulations 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	 Question bank such as previous papers or study guides Videos Practical apparatus Simulations 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	Question bank such as previous papers or study guides Practical apparatus Simulations Videos	 Question bank such as previous papers or study guides 	 Question bank such as previous papers or study guides 	•	•
Informal Assessment: Remediation SBA (Formal)	Homework	HomeworkInformal Experiment	Homework Informal Experiment	Homework Informal experiment	Informal experiment	Homework	Informal experiment	Informal test	•	•	•
SBA (Formal)	None	None	None	• None	None	PAT3 Experiment	None	None	None	None	Control test 3



2021 Recovery ATP_Grade 10 – Term 4: TECHNICAL SCIENCES

TERM 4 (47 days)	Week 1 05 – 08 Oct (4 days)	Week 2 11 – 15 Oct (5 days)	Week 3 18 – 22 Oct (5 days)	Week 4 25 – 29 Oct (5 days)	Week 5 01 – 05 Nov (5 days)	Week 6 08 – 12 Nov (5 days)	Week 7 - 10 15 - 08 Dec (18 days)
CAPS Topics	REVISION: CONTROL TEST 3 (1hr) ELECTRICITY & MAGNETISM Electrostatics (2hrs)	ELECTRICITY & MAGNETISM Electrostatics (4hrs)	ELECTRICITY & MAGNETISM Electrostatics (2hrs) HEAT AND THERMODYNAMICS Heat and temperature (2hrs)	HEAT AND THERMODYNAMICS Heat and temperature (4hrs)	HEAT AND THERMODYNAMICS Heat and temperature (4hrs)	CONSOLIDATION AND REVISION (4hrs)	FINAL EXAMINATION
Topics / Concepts, Skills and Values	 Two kinds of charge Explain that all materials contain positive charges (protons) and negative charges (electrons). Explain that an object which has an equal number of electrons and protons is neutral (no net charge). Explain that positively charged objects are electron deficient and negatively charged objects have an excess of electrons. Describe how objects (insulators) can be charged by contact (or rubbing). Experiment Investigate the two kinds of charges. Use any of the following: A Perspex rod, a Polythene rod, a woolen cloth, small pieces of paper. Van der Graaf generator. Gold leaf electroscope. 	 Charge conservation The principle of conservation of charge states that the net charge of an isolated system remains constant during any physical process. Apply the principle of conservation of charge. Determine the charge of two objects after they touch and separate using: Q = Q ₁ +Q ₂ /2 NOTE: Use the above equation to solve problems involving charges. Give various situations to calculate the charge when two charges touch and separate	Give various situations to calculate the charge when two charges touch and separate Heat and temperature • Define heat as a form of energy. SI unit of heat is joule (J). Temperature is an indication of how hot or cold a body is. SI unit of temperature is kelvin (K) Temperature is measured with a thermometer in degree Celsius (°C). • Alcohol thermometer, Mercury thermometer, Thermoelectric thermometer. • Give the application of thermometers in technology.	Activity: Use a mercury thermometer to measure the temperature of the following substances: (a) ice water (b) tap water (c) boiling water Celsius Scale and Kelvin Scale Celsius scale is used to measure temperature for general purposes. The Kelvin scale is used for thermodynamics calculations. T = t+273 T is the temperature in kelvin. t is the temperature in degree Celsius. Use the above equation to convert temperature from Celsius to Kelvin	Experiment Measure the melting point of wax. (Materials: Paraffin wax, Bunsen burner, Thermometer, 500 ml beaker, boiling tube, clamps, etc.)	Revision of all topics	All Grade 10 topics
Requisite pre- knowledge	•	•	•	•	•	•	•
Resources (other than textbook) to enhance learning	 Question bank such as previous papers or study guides Practical apparatus Simulations Videos 	 Question bank such as previous papers or study guides Simulations Videos 	Question bank such as previous papers or study guides Practical apparatus	Question bank such as previous papers Practical apparatus	 Practical apparatus Simulations Videos Question bank such as previous papers 	Question bank such as previous papers	•
Assessm	Informal • Informal experiments Remediation SBA • None	Homework None	Homework None	Informal experiments None	Informal experiment None	Informal test None	• Final
	(Formal)						Examination