



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

TEKANYETSO YA SETHATO YA MAHARENG A SELEMO

Sesotho Puo Ya Lapeng

Kereiti ya R – 3

Boitshetleho le Maikemisetso

1. Ka Mantaha mantsiboya, 23 Hlakubele, MoPresidente o ile a bua le naha mme a phatlalatsa mokwallo wa na ha ka bophara ho qala hara mpa ya bosiu ka Labone la di, 26 Hlakubele ho fihlela hara mpa ya bosiu Labone, 16 Mmesa. Sena se ile sa atoloswa ha moraonyana kaha kgahlamelo ya sewa sena e ne e eketseha.
2. Dikolo di kwetswe ho tloha ka di 18 Hlakubele ho fihlela Phupjane le moraonyana ho moo bakeng sa dikereiti tse itseng . Sena se ile sa etsa hore ho be le boipiletso ba ho nka matsapa a ikgethang ho tshehetsa matitjhere a rona, baithuti le batswadi kotareng ena ho ntshetsapele kharikhulamo.
3. Boemo bona boo re leng ho bona ba sewa sa COVID -19 bo entse hore re be le boemo bo ikgethang ba diphepetso tse kgolo mme bo etsa hore ho be le boipiletso ba ho fana ka dikarabo tse ahang.
4. Bonnete ba COVID 19 bo hloka ditsela tse ntjha ho netefatsa hore ho ruta le ho rutwa ho tswela pele moo ditlhoko tsa nako ya dithuto le qaqlolahano (distancing) di fapaneng le tsa nako e fetileng.
5. Jwalo ka matitjhere ke boikarabelo ba rona ka kopanelo ho nka phepetso ena ho ntshetsapele thuto e ikgethang, ho rutwa le mananeo a tekolo ho fokotsa ditlamorao tse sa kgahliseng tse bakwang ke tshitiso ena.
6. Ho fihlela jwale re sisinya hore baithuti kaofela ba Mokgahlelo o tlase ba ngodiswe tekolo ya Baseline ya bohareng ba selemo e kgutshwane ha ba kgutshwane ha ba fumana bokgoni ba bona ba tshebetso jwalo kaha ho hhalositswe kharikhulamong ya CAPS
7. Tataiso ya tekolo ena ya baseline ya bohareng ba selemo e entswe e le tataiso bakeng sa matitjhere ho qetella tekolo ya bohareng ba selemo e kgutshwane ho fumana boemo ba bona ba jwale ba tshebetso ba kotara bo amanang le puo ya lapeng.

Ditaelo bakeng sa ho qetella tekolo ya baseline ya bohareng ba selemo:

1. Tekolo e lokela ho phethelwa ka pelenyana hore thuto ya semmuso e tle e qale.
2. Tekolo e lokela ho nka matsatsi a mabedi hore e phethelwe.
3. Sepheo sa tekolo bakeng sa matitjhere ke ho sebedisa mekgwa ya tekolo ya semmuso hore baithuti ba sebetsa jwang puong ya lapeng sepheo e le ho tsebisa tsela ya ho ruta. jk. Sena se bolela hore thuto e lokela ho tswela pele nakong ena mme matitjhere a lokela ho sebedisa seo ba se boneng ka ho phethahala ho lekola boemo ba tshebetso ba baithuti.
4. Matitjhere a lokela ho manolla sephetho se fumanweng ho tswa tekolong ya baseline ya bohareng ba selemo mme ba netefatse hore tsebiso ya boleng e fumanweng ho tswa mona e tsebisa tsela ya ho ruta.jk. Dihlopha tsa ho bala ka bokgoni bo lekanang di ka etswa haeba ho hlokeha.
5. Ho mamela le ho bua di lokela ho hokahanngwa dithutong kaofela mme ha di hloke mesebetsi e ka thoko.
6. Mongolo o lokela ho lekolwa ka nako ya dithuto tsa ho ngola.
7. Matitjhere a ka nka qeto mabapi le ho atoloswa hwa nako ya tekolo ya baseline ya bohareng ba selemo ho ya ka boemo ba bona ba sekolo. jk. O ka kgetha mosebetsi wa kotara ya 1 kapa ya 2 kapa dikotara ka bobedi
8. Matitjhere a ka sebedisa kgetho e le nngwe kapa tse pedi tsa ho thusa baithuti mesebetsing ya mehlala kapa ba ka sebedisa mesebetsi ya bona ho ntshetsapele sepheo sa tekolo ya baseline. Mesebetsi e bukeng ya DBE le yona e ka ba mehlodi e metle ya mesebetsi.
9. Dipadiso tsa boemo bo fapaneng le dibuka tsa tshebetso tsa DBE di ka sebediswa le tsona jwalo ka thusathuto ho thusa boemong bona.

Tekolo ya Baseline ya bohareng ba selemo e kentse tse latelang:

1. Lenane la dintlhakgolo (core concepts) tsa Kereiti ya R ho isa ho ya 3 bakeng sa kotara ya 1 le 2.
2. Dichecklists tsa titjhere tsa Kereiti ya R ho isa ho 3
3. Mehlala ya mesebetsi ya baithuti ya Kereiti ya R ho isa ho 3

DIKGOPOLOKUTLWISISO - KOTARA YA 1 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
HO MAMAE LA LE HO BUA	<ul style="list-style-type: none"> Mamela ka hloko dipotso tse bonolo le ditsebiso le ho arabela ka tshwanelo Pheta dipale le ho pheta dipale tsa ba bang ka mantswe a hae Rarolla le ho qetella phazele ya dikotwana tse hlano le ho feta Hlwaya le ho hlalosa ditshwano le diphapano 	<ul style="list-style-type: none"> Bua ka boiphihlelo ba hae: bolela ditaba, hlalosa boemo ba lehodimo, diketsahalo tse ding tsa sehlooho jj. Utlwisia le ho sebedisa puo e loketseng. Mamela dipale ka thahasello le ho taka ditshwantsho ho bontsha kutlwisiso. 	<ul style="list-style-type: none"> Bua ka boiphihlelo ba hae. Mohlala, A bolela ditaba a ntsha maikutlo le mehopolo Pheta pale e tsebahalang e nang le qalo, bohare le qetelo Mamela ditaelo tse nang le dikarolo tse pedi a bile a arabela ka tshwanelo Mamela pale ka thahasello le ho araba dipotso tse amanang le pale 	<ul style="list-style-type: none"> Bua ka boiphihlelo ba hae. Mohlala, A bolela ditaba a ntsha maikutlo le mehopolo Mamela ditaelo tse rarahaneng ka tlhahlamano (bonyane tse 4) le ho araba ka nepahalo Sebedisa puo e nepahetseng ka nako ya dipuisano tsa ka phaposing. Mamela mookotaba le dintlha dipalong le ho araba dipotso tse batlang ho nahaniswa ka kelello e tebileng, mohl., “Na o nahana hore sehlooho seo se loketse pale ee? Hobaneng?
	<ul style="list-style-type: none"> Kgetholla modumo oo a o utlwang medumong e fapaneng haholo - holo qalong ya lebitso la hae. 	<ul style="list-style-type: none"> Hlwaya kamano ya medumo ya ditlhaku tse tsamayang ka bonngwe 	<ul style="list-style-type: none"> Hlwaya kamano ya medumo ya ditlhaku tse tsamayang ka bonngwe Boeletsa mantswe a leloko a nang le dumannotshi e sa iphetang: fala, sela, mola. 	<ul style="list-style-type: none"> Elellwa medumo e tswakilweng ya didumammoho e hlalhellang qalong le qetellong ya mantswe (sh-) qalong ya lensesh shapa, le (-ng), qetellong ya lensesh nokeng Elellwa didumannotshi tse tswakilweng jwalo ka ‘oo’, ‘ee’, ‘aa’,

DIKGOPOLOKUTLWISISO - KOTARA YA 1 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
	<ul style="list-style-type: none"> Hlwaya modumo o sa tsamaellaneng tlhahlamanong: 'Ke modumo ofe o sa tsamaellaneng le emeng.- b, b, <u>k</u>, b; d, d, d, t? 	<ul style="list-style-type: none"> Qala ho bopa mantswe a sebedisa medumo eo a ithutileng yona jwalo ka e-ma- ema Qala ho sebedisa medumo e tswakilweng e jwalo ka 'ma' ho bopa maime le ho bopa morethetho 	<ul style="list-style-type: none"> Bopa mantswe a ditlhaku tse 3 le 4- a sebedisa medumo e tsamayang e le meng le medumo e tswakilweng eo a ithutileng yona kotareng ya 1. 	<ul style="list-style-type: none"> Bopa mantswe a nang le medumo e 3, 4 le 5 a sebedisa didumammoho le didumannotshi tse tswakilweng tseo a ithutileng tsona kotareng ya 1.
HO BALA	<ul style="list-style-type: none"> A iqapele pale ya hae ka 'ho bala' ditshwantsho 	<ul style="list-style-type: none"> Elellwa mantswe a hlahang kgafetsa : Lekola temoho ya mantswe (mantswe a 30 – 40) Sebedisa ditshwantsho ho lepa hore pale e tla bua ka eng 	<ul style="list-style-type: none"> Elellwa mantswe a hlahang kgafetsa : Lekola temoho ya mantswe (mantswe a 50– 60) Lekola tsebo ya ho bala seratswana (mantswe a 50 – 60)) 	<ul style="list-style-type: none"> Elellwa mantswe a hlahang kgafetsa : Lekola temoho ya mantswe (mantswe a 70– 80) Lekola tsebo ya ho bala seratswana (mantswe a 70 – 80)
	<ul style="list-style-type: none"> Taka ditshwantsho ka ho hapa mohopolo wa sehlooho wa dipale, dipina le diraeme 	<ul style="list-style-type: none"> Araba dipotso tse bulehileng ka pale. Mohl. Ho tla etsahala eng haeba ...? Hobaneng o nahana jwalo? O ka fumana eng? Ke eng se ka etswang ka tsela e fapaneng? Botsa dipotso ka pale. 	<ul style="list-style-type: none"> Araba dipotso tsa boemo bo phahameng ka tema le ho fana ka mabaka bakeng sa karabo. 	<ul style="list-style-type: none"> Ntsha maikutlo ka tema. Araba dipotso tsa monahano o phahameng pele, ha ho ntse ho balwa le ka mora ho balwa ha tema ka kopanelo, mohl., "O nahana hore ho tla etsahala eng ka mora mona?" "Hobaneng o re jwalo?"
HO NGOLA	<ul style="list-style-type: none"> Taka le ho penta ditshwantsho ho fetisa melaetsa nakong ya mesebetsi ya bonono le ka boiphihlelo ba hae 	<ul style="list-style-type: none"> Ngola mantswe a medumo e 3 – 4 ka medumo eo a ithutileng yona, mohl. e-m-a ke ema. 	<ul style="list-style-type: none"> Ngola bonyane dipolelo tse tharo tsa ditaba tsa hae kapa pale ya boiqapelo a sebedisa medumo eo a ithutileng yona le mantswe a sebediswang kgafetsa puong, 	<ul style="list-style-type: none"> Ngola bonyane seratswana se le seng sa dipolelo tse robedi tsa ditaba tsa hae, pale ya boiqapelo, thaloso ya ketsahalo jj.

DIKGOPOLOKUTLWISISO - KOTARA YA 1 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
			ditlhaku tse kgolo le dikgutlo	
MONGOLO	<ul style="list-style-type: none"> Bopa ditlhaku ka ditsela tse fapaneng a sebedisa mmele kaofela:ka ho sebedisa mmele wa hae ho bopa tlhaku ya 'I' 	<ul style="list-style-type: none"> Kopitsa le ho ngola lebitso la hae Kopitsa polelo e le nngwe ho tswa letlapeng/ tjhateng ka nepo Leka ho ngola bonyane polelo e 1 ka nepo e nang le tlhaku e kgolo le kgutlo. 		<ul style="list-style-type: none"> Ngola mantswe ho bopa polelo a sebedisa ditlhaku tse kgolo, dikgutlo, matshwao a potso, difeelwana, matshwao a makalo le diabula le diakwala
	<ul style="list-style-type: none"> Sebedisa mefuta e fapaneng ya disebediswa tsa ho ngola: maborashe a ho penta, dikerayone tsa mafura 	<ul style="list-style-type: none"> Bopa bonyane ditlhaku tse 7 ka ditlhaku tse nyane ka nepo Ngola mantswe a sebedisa ditlhaku tseo a ithutileng tsona 	<ul style="list-style-type: none"> Bopa ditlhaku tse kgolo le tse nyane tse 26 ka nepo: ditshupiso,popo le ho siya dibaka Kopitsa le ho ngola dipolelo tse pedi kapa ho feta ka ponahalo le ka nepo 	<ul style="list-style-type: none"> Ngola polelo ka makgethe le ka nepo ka mongolo o arohileng le ka mongolo o haraneng

DIKGOPOLOKUTLWISISO - KOTARA YA 2 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
HO MAMAE LA LE HO BUA	<ul style="list-style-type: none"> Ho mamela ntle le tshitiso,ba fana sebaka sa ho bua Pheta dipale le ho pheta dipale tsa ba bang ka mantswe a hae Rarolla le ho qetela bonyane diphazele tsa dikoto tse leshome kapa ho 	<ul style="list-style-type: none"> Bua ka boiphihlelo ba hae. Mohlala, bolela ditaba a sebedisa tlhahlamano e nepahetseng Mamela dipale le ho hlwaya mohopolo wa sehlooho Mamela ditaelo (tsa sehlopha le mesebetsi ya letsatsi ka leng) le ho arabela ka nepo 	<ul style="list-style-type: none"> Bua ka boiphihlelo ba hae. Mohlala, pheta ditaba ntle le phetapheto Araba dipotso tse kwalehileng le tsa monahano o phahameng le ho fana ka mabaka bakeng sa karabo Nka karolo dipuisanong le ho botsa dipotso bakeng sa tlhakisets 	<ul style="list-style-type: none"> Bua ka boiphihlelo ba hae. Mohlala, pheta ditaba a ntsha maikutlo le mohopolo Manolla tsebo, ho e bapisa le ho bontsha phapang e jwalo ka ditlwaelo tsa ho ja tsa ngwana le tshwene Mamela ditaelo tse raraheneng(bonyane tse 5) le ho arabela ka nepo

DIKGOPOLOKUTLWISISO - KOTARA YA 2 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
	feta			
	<ul style="list-style-type: none"> Hlwaya le ho hhalosa ditshwano le diphapano 		<ul style="list-style-type: none"> Ntsha maikutlo ka pale kapa thothokiso 	
MEDUMO	<ul style="list-style-type: none"> Kgetholla modumo oo a o utlwang medumong e fapaneng haholo - holo qalong ya mantswe. 	<ul style="list-style-type: none"> Hlwaya kamano ya medumo ya ditlhaku tse tsamayang ka bonngwe Hlwaya mantswe a tlwaelehileng ho leloko la medumo e kang hama, hata, hasa 	<ul style="list-style-type: none"> Elellwa didumammo ho tse tswakilweng tsa ditlhaku tse 3 qalong ya lenseswe. Mohlala. (tswa- ka, tsha-ba) Elellwa didumammo ho tse tswakilweng tsa ditlhaku tse 3 qetellong ya lenseswe. Mohlala. (mo- kgwa, le-hlwa) Elellwa bonyane didumanno tshi tse pedi tse tswakilweng. Mohlala, 'oo' ho lenseswe hloo ho, 'aa' ho lenseswe hlaahlela, Sebedisa mantswe a qapodiswang le ho peletwa ka ho tshwana empa moelelo o sa tshwane: Mohl, moelelo o fapaneng: Mohl. Ke rata nama/ Ke nama maoto. 	<ul style="list-style-type: none"> Sebedisa mantswe a qapodiswang le ho peletwa ka ho tshwana empa moelelo o fapaneng: Mohl. Ke rata nama/ Ke nama maoto. Elellwa medumo e tswakilweng ya didumammo ho tse hlahellang ka hara mantswe: Mohl. seshweshwe, monyako jj.
	<ul style="list-style-type: none"> Mamela lenseswe leo e leng mokgelo tatellanong moo mantswe kaofela a qalang ka modumo o tshwanang. 	<ul style="list-style-type: none"> Qala ho bopa mantswe a makgutshwane a sebedisa medumo eo a ithutileng yona jwalo ka a-m-a - ama Qala ho sebedisa medumo e tswakilweng ho bopa mantswe jwalo ka 'ma' e- ma, a-ma, ho 	<ul style="list-style-type: none"> Bopa mantswe a ditlhaku tse medumo e 3, 4 le 5- tse tswakilweng, didumammo ho tse tswakilweng tse rutuweng kotareng ya 2. 	<ul style="list-style-type: none"> Bopa mantswe a ditlhaku tse 3, 4 le 5- a sebedisa didumammo ho tse tswakilweng tse rutuweng kotareng ya 2 Ba elellwa hore mantswe aka ngolwa ka ho tshwana empa

DIKGOPOLOKUTLWISISO - KOTARA YA 2 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
HO BALA	<ul style="list-style-type: none"> Hlophisa ditshwantsho tse fapaneng ka tsela ya hore di etse pale mme e be o bala pale. 	<ul style="list-style-type: none"> Elellwa mantswe a sebediswang kgafetsa:Lekola temoho ya mantswe (mantswe a 50-60) Bala mantswe a medumo ho tswa dipolelong le ditemeng tse ding Sebedisa lesedi le ditshwantsho temeng bakeng sa kutlwisiso 	<ul style="list-style-type: none"> Elellwa mantswe a sebediswang kgafetsa: (mantswe a 60–70) Lekola seratswana se balwang (mantswe a 60 – 70) 	<ul style="list-style-type: none"> Elellwa mantswe a sebediswang kgafetsa: Lekola temoho ya mantswe (mantswe a 80 – 90) Lekola seratswana se balwang (mantswe a (80 – 90)
	<ul style="list-style-type: none"> Bua le ho hhalosa baphetwa paleng 	<ul style="list-style-type: none"> Araba dipotso tsa monahano o phahameng ka pale. Mohl. Ho tla etsahala eng haeba...? Hobaneng o nahana jwalo? O ka be o entse ka tsela efe? Botsa dipotso ka pale. 	<ul style="list-style-type: none"> Araba dipotso tsa boemo bo phahameng ka pale le ho fana ka mabaka bakeng sa pale. 	<ul style="list-style-type: none"> Sebedisa mantswe a sebediswang kgafetsa, medumo,ditemoso tsa boemo le bokgoni ba ho hlopholla maemo le seboleho ha a bala Araba dipotso tsa boemo bo phahameng pele, ka nako ya ho bala le ka mora ho bala tema ya kopanelo, mohl. “O nahana hore ho tla etsahala eng? Hobaneng o re jwalo?”
HO NGOLA	<ul style="list-style-type: none"> Taka ditshwantsho ho fetisa molaetsa o jwalo ka Qalella ho bopa 	<ul style="list-style-type: none"> Hlophisa lenane e kaba la dijo la mantswe ho ya ka ditaelo Ngola pale ya hae ya bonyane seratswana (bonyane dipolelo tse hlano) a sebedisa foreime ya ho ngola Ngola dipolelo a Sebedisa lekgathe 	<ul style="list-style-type: none"> Ngola pale ya hae ya bonyane seratswana (bonyane dipolelo tse hlano) a sebedisa foreime ya ho ngola Sebedisa makgathe a 	<ul style="list-style-type: none"> Ngola bonyane diratswana tse pedi (dipolelo tse leshome kapa ho feta) ka boiphihlelo ba hae tse jwalo ka ditaba tsa kamehla kapa ketsahalo ya sekolo

DIKGOPOLOKUTLWISISO - KOTARA YA 2 SESOTHO PUO YA LAPENG				
	Kereiti ya R	Kereiti ya 1	Kereiti ya 2	Kereiti ya 3
	ditlhaku a sebedisa monwana ho penta le dikerayone tse mafura	<p>sebedisa mantswe a nang le modumo e rutilweng</p> <ul style="list-style-type: none"> • Ngola polelo e le nngwe ka ditaba tsa hae kapa ho ngola ka kopanelo 	lejwale le lekgathe lefetile ka nepo	<p>rarahaneng jwalo ka lekgathe lejwale letsnelly le lekgathe lefetile letsnelly.</p> <p>Mohl.O bala buka. Ba ne ba shebelletse theleveshene bosiung ba maobane.</p> <ul style="list-style-type: none"> • Sebedisa matshwao a puo ka nepo; tlhaku tse kgolo, dikgutlo, difeelwana,matshwao a puo, matshwao a makalo le diabula diakwala
MONGOLO	<ul style="list-style-type: none"> • Sebedisa mefuta e fapaneng ya disebediswa tsa ho ngola: pente, maborashe le dikerayone tsa mafura 	<ul style="list-style-type: none"> • Bopa bonyane ditlhaku tse nyane tse 20 ka nepo 	<ul style="list-style-type: none"> • Ngola ka mongolo o lokolohileng ditlhaku tse kgolo kaofela le ditlhaku tse nyane ka boitshepo le ka ho nepahala 	<ul style="list-style-type: none"> • Sebedisa popo e nepahetseng ya ditlhaku mesebetsing kaofela e ngolwang
	<ul style="list-style-type: none"> • Tshwara dikerayone ka nepo a sebedisa mokgwa o amohelehileng wa ho tshwara pene 	<ul style="list-style-type: none"> • Ngola mantswe o siya dibaka ka nepo 	<ul style="list-style-type: none"> • Kopitsa le ho ngola seratswana se le seng sa mela e pakeng tsa 3 - 4 ho tswa temeng e ngotsweng e kang pale, thothokiso jj. 	<ul style="list-style-type: none"> • Kopitsa mantswe ka nepo ho tswa mehloding e fapaneng, e leng, letlapa, dikarete tsa ho sebetsa jj. Le ho ngola ka lebelo le eketsehang mongolong o rarahaneng le mongolong o lokolohileng

TEKANYETSO YA SETHATO YA MAHARENG A SELEMO – KEREITI YA 1

PUO YA LAPENG: DIKAHARE TSA KOTARA YA 1

TEKANYETSO YA SETHATO YA MAHARENG A SELEMO – KEREITI YA 1

PUO YA LAPENG: DIKAHARE TSA KOTARA YA 2

TEKANYETSO YA SETHATO YA MAHARENG A SELEMO – KEREITI YA 2

PUO YA LAPENG: DIKAHARE TSA KOTARA YA 1

TEKANYETSO YA SETHATO YA MAHARENG A SELEMO – KEREITI YA 2							
PUO YA LAPENG: DIKAHARE TSA KOTARA YA 2							
		MEDUMO		HO BALA		HO NGOLA	
Nabitso:		HO MAMELA LE HO BUA					
X= ha a kgone		Araba dipotso tse kwalehileng le tse bulehileng					
✓ = O a kgona		le ho fana ka mabaka bakeng sa karabo					
● = O a iteka		Mohlala. tswa-ka, tshe-ia)					
		Elliwya medumo ya ditthaku tse 3 tse tswakileng qalong ya lentswe.					
		Boelletsa medumo e tswakilweng e bopiliweng ka dithaku tse pedi (mohi: hla, hla, tieia)					
			Elliwya medumo ya didumannotsi e tswakilweng mantsweng (mohi: hlooho, phuu, feela)				
			Elliwya didumannotsi tse phahameng le tse tase mantsweng a ngolweng ka ho tshwana (mohi: oma - diaparo dia a oma, ke mo oma ka koto; noka - ke noka dijo ka letsuai, noka ya Senqui)				
			Bopa mantswe ka didumamnoho tse tswakilweng tsə 3, 4 le 5, didumannotsi tse tswakilweng tse rutiliweng kotareng ya 2.				
			Elliwya mantswe a sebediswang kgafetsa: Lekola temoho ya mantswe(mantswe a 60 – 70)				
			Lekola seratswana se bawang (mantswe a 60 – 70) -sebedisa DBE workbook kapa dipadiso tse fapaneng ka boemo ba bothata				
			Ngota pale ya hae ya bonyane seratswana se le seng (bonyane dipolelo tse hlano)				
			Ngota ka mongolo o lokolohileng dithaku kaofela tse kgolo le tse nyane ka boitshepo le ka nepo				
			Kopitsa le ho ngola seratswana se le seng sa dipolelo tse pakeng isa tse 3 - 4 ho tswa temeng e ngotsweng e jwaloaka pale, thothokiso jj.				

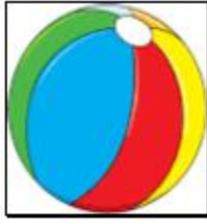
TEKANYETSO YA SETHATO YA MAHARENG A SELEMO – KEREITI YA 3

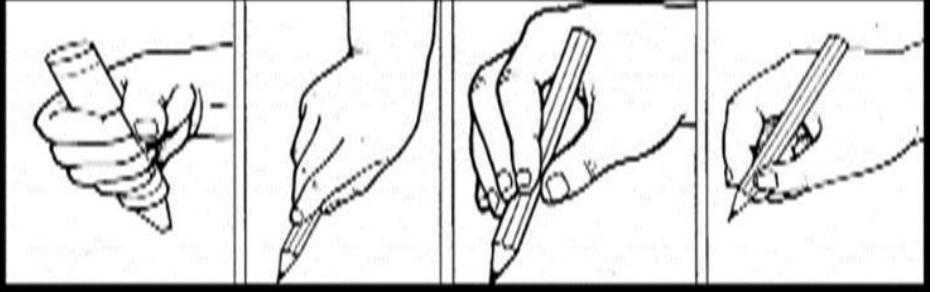
PUO YA LAPENG: DIKAHARE TSA KOTARA YA 1

TEKANYETSO YA SETHATO YA MAHARENG A SELEMO – KEREITI YA 3

PUO YA LAPENG: DIKAHARE TSA KOTARA YA 2

Mehlala ya mesebetsi e ka etswang ho Kereiti ya R

Mamela ka hloko dipotso tse bobeve le ditaelo o araba hantle ka nepo.	Mosuwe o botsa dipotso ka kokwanahloko ya khorona le ho hlalosa mekgwa ya ho itshereletsa.
Rarolla le ho qetella bonyane dikarolo tse hlano kapa ho feta. Sheba malepa	Baithuti ba qetella malepa ka bong ntle le thuso.
Qoholla le ho hlalosa dintho tse tshwanang le tse fapaneng.	
Qoholla le ho hlalosa dintho tse tshwanang le tse fapaneng.	Hona ke taelo e bonolo e ka etswang nako e nngwe le e nngwe nakong ya thuto: mmateng, ka nako ya pale kapa tafoleng ya mosebetsi wa boiphihlelo. Botsa tse latelang: ke modumo o feng o sa tlamehang hoba moo? b b b m b
Hlakisa ka ho bua medumo e fapaneng.	    
Elellwa lebitso la hae le metswalle ya hae e 5.	Sebedisa tjhate ya thuso. Baithuti ba tshelela kurupung. Baithuti ba sheba mabitso a bona dikhaboteng le a metswalle e 5.
Qoholla modumo o sa tlamehang hob a moo.	Bethe, hlapa, bolo, lehlabathe, lewatle monna, kgwedi, moru, mengo lla, mmila, itukise, raha, bidikoloha

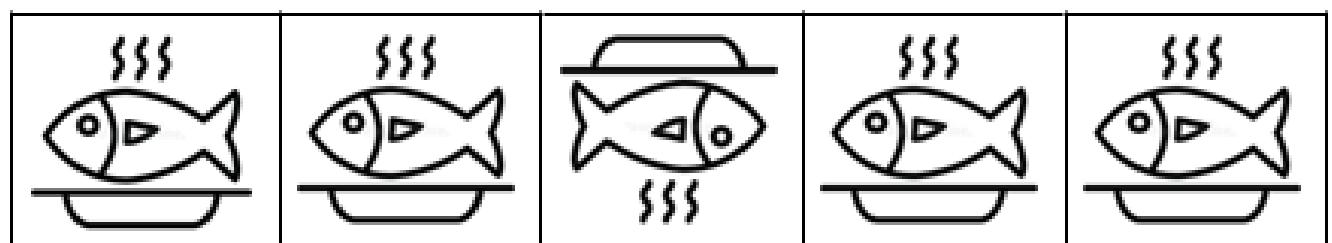
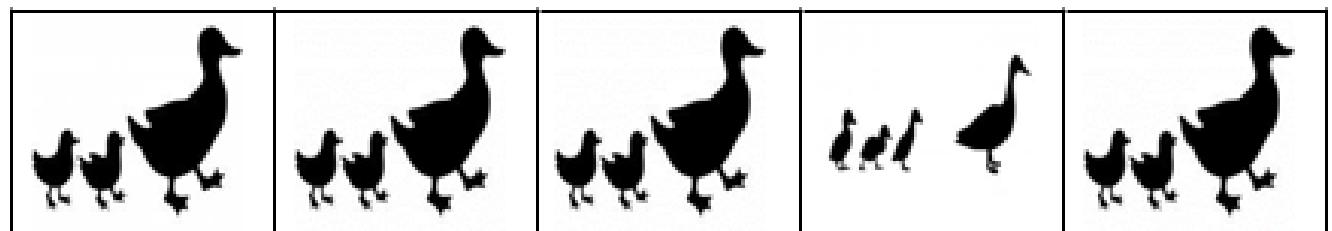
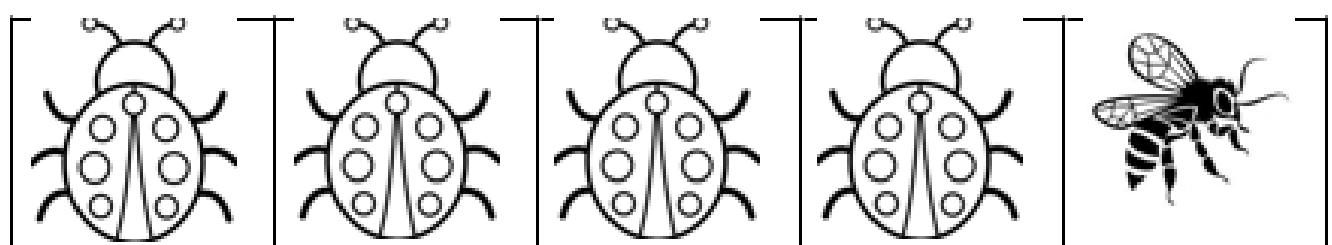
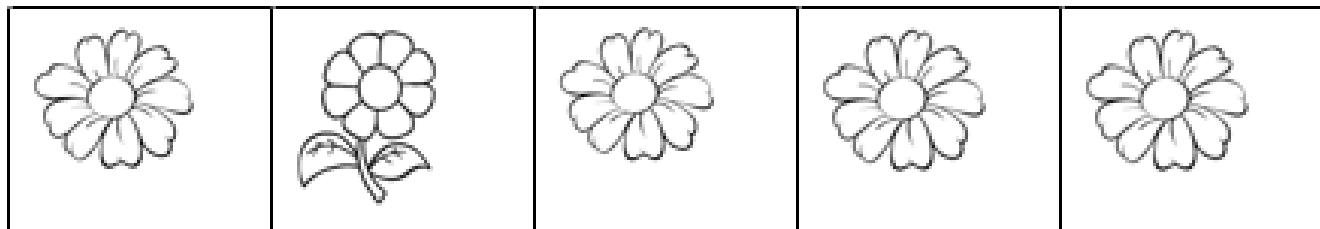
Bona le ho supa disebediswa tse tshwanang kappa tse tlwaelehileng se tshwantshong.	
	<ul style="list-style-type: none"> • Bana ba matha ke tlhodisano ya mabelo , • Titjhere e dutse mmateng, o bolella sehlopha sa baithuti pale, • Moithui a tsamayang ka setulo o akgella motswalle wa hae bolo, • Ngwana o palame hodima lepolanka la ho tsitsa, ha emong a kgasa ho tswa..., • Bana ba 2 ba bapala moswinking , • Bana ba 3 ba qhomaqhoma mabiding , • Hona le motho a sututswang moswinking.
Taka setshwantsho sa sehlooho, pina kapa thothokiso	Hona ho ka etswa ka nako ya papadi, tafoleng ya ho taka kapa ya puo ya lapeng. Ditshwantsho di be teng hore baithuti ba hopole/ ikgopotse.
Moithuti o taka setshwantsho sa hae. Moithuti o ngola lentswe bakeng sa setshwantsho/ mosuwe o ngola lentswe bakeng sa setshwantsho	Ha a qeta ho taka setshwantsho sa hae, moithuti o ngola/ kopitsa polelo: Ke nna / lebitso la ka ke ...
Moithuti o kgona ho tshwara dintho tsa ho ngola le sekere ka nepo. (bokgoni ba mongolo wa sethatho)	 <p> Selemo se le 1 – 1½. Ho tshwara ka letsoho lohle </p> <p> Dilemo tse 2 – 3. Ho tshwara ka menwana yohle. </p> <p> Dilemo tse 3 ½ - 4. Qaleho ya ho tshwara pene ka nepo. </p> <p> Dilemo tse 4 ½ - 7. Hotshwara pene ka nepo. </p>

Titjhere a kgothalletswa ho sebedisa dibuka tsa lefapha “DBE” ho tlatselletsa mosebetsi o etswang.

Papdi ya 1:

Sebedisa papadi ena ho thabisa barutwana. Fa barutwana disebediswa tsa ho taka.

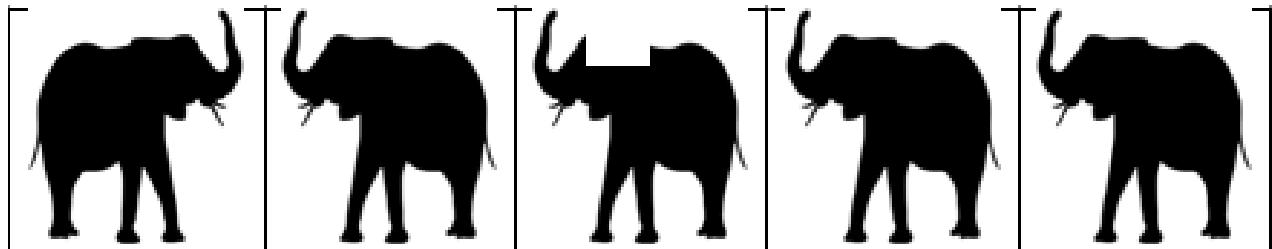
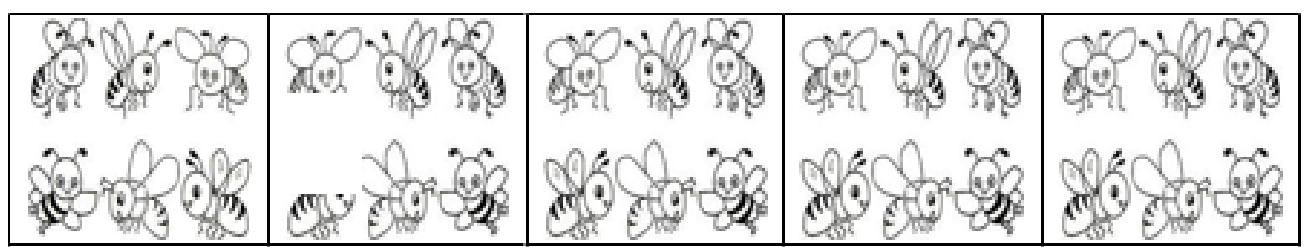
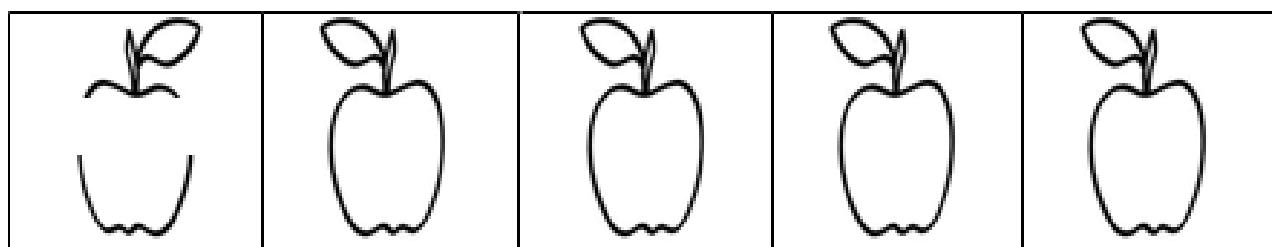
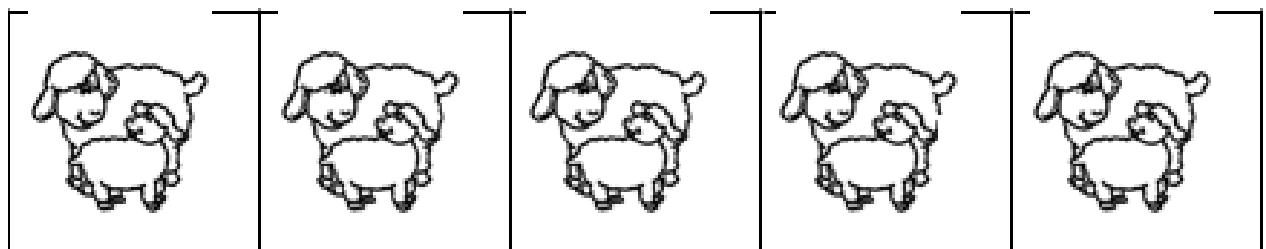
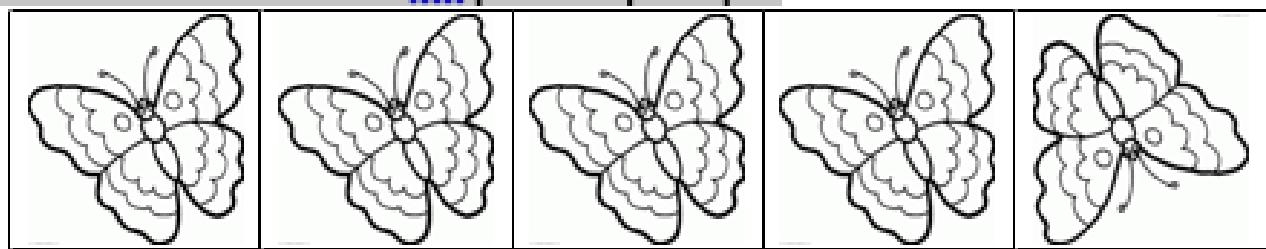
Ditaelo: Beha lebadi hodima ditshwantsho tse sa tshwaneng. Hona ha se mosebetsi wa pene le pampiri.



Papadi ya 2:

Sebedisa papadi ena ho thabisa barutwana. Fa barutwana disebediswa tsa ho taka.

Ditaelo: Beha lebadi hodima ditshwantsho tse sa tshwaneng. Hona ha se mosebetsi wa pene le pampiri



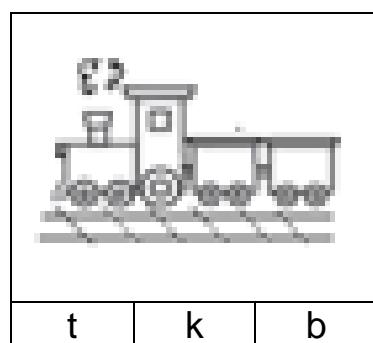
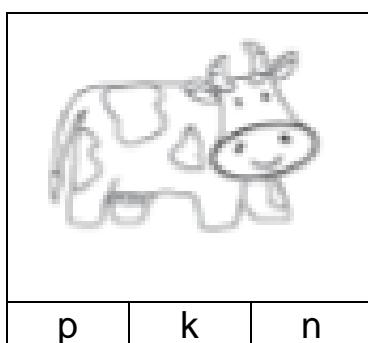
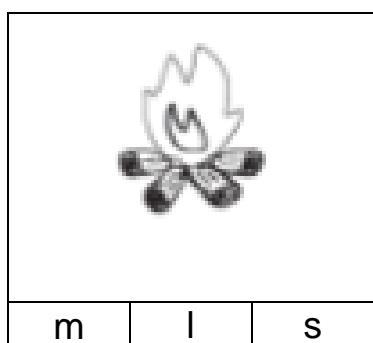
Mehlala ya mesebetsi e ka etswang

KEREITI YA 1: MOSEBETSI WA MEDUMO

Tjhate ya Medumo

a	c	f	g	i
b	e	d	h	l
j	k	p	n	m
q	s	o	t	u
r	w	y	Medumo e 26	

Etsa sedikadikwe ho modumo o qalang wa setshwantsho



Bala lentswe le hhalosang setshwantsho ka ho tlatselletsa modumo o siilweng

a

e

i

o

u



ngw_na

Le_to

letsats_



_tja

apo_e

kut_

Bala lentswe le hhalosang setshwantsho ka ho tlatselletsa modumo o siilweng

lets_tsi



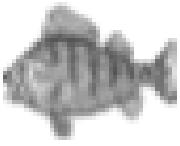
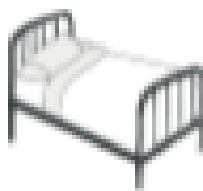
k_pi



le_ekere



Ngola modumo o qalang setshwantsho. O se o etseditswe mohlala wa pele.

	t		
			
			
			
			
			
			
			

Seha mola ho nyalanya modumo o galang le setshwantsho se loketseng.

k



n



s



t



b



p



r



a



KEREITI YA 1: MOSEBETSI WA HO BALA

Bala Mantswe:

Tau	Bona	leeto	Hata	bapala	tima
Koloi	motse	Nna	Nako	hantle	Kwana
Ntlo	matha	Bana	ntsho	Supa	tsie
Seha	kgomo	palesa	bina	Tlola	noha
Ding	bolela	Lebota	Mme	file	Bohle
Tala	mathe	hantle	Buka	matsha	Setulo
Ngaka	Leihlo	Monna	lemati	motho	Ngwana
rena	kama	mollo	katse	leeto	bina
pedi	fumana	sekolo	buka	letsatsi	ntja
Pale	oli	metsi	baleha	tsebe	tafole
pina	bokgoni	leka	mohlang	Moo	hlapa

Bala, ngola o be o take.

Bala: Katse e ne e dutse hodima mmate o bolou.

Ngola:

Taka:

Bala dipolelo tse latelang:

Katse e kgolo e ka pitseng.

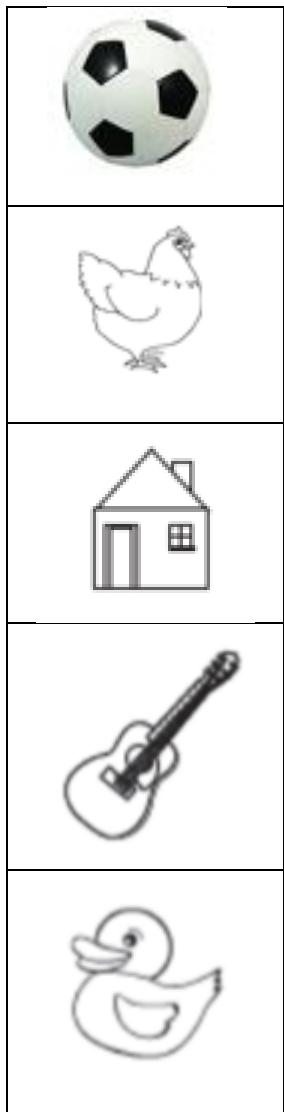
Mokotla waka o hodima mmate.

Ke na le dintja tse leshome.

Kgoho e behela lehe.

Ke bona dikokonyana sephakeng sa ka.

Bala mantswe mme o lenahanye lentswe le setshwntsho se nepahetseng.



letata

katara

bolo

kgoho

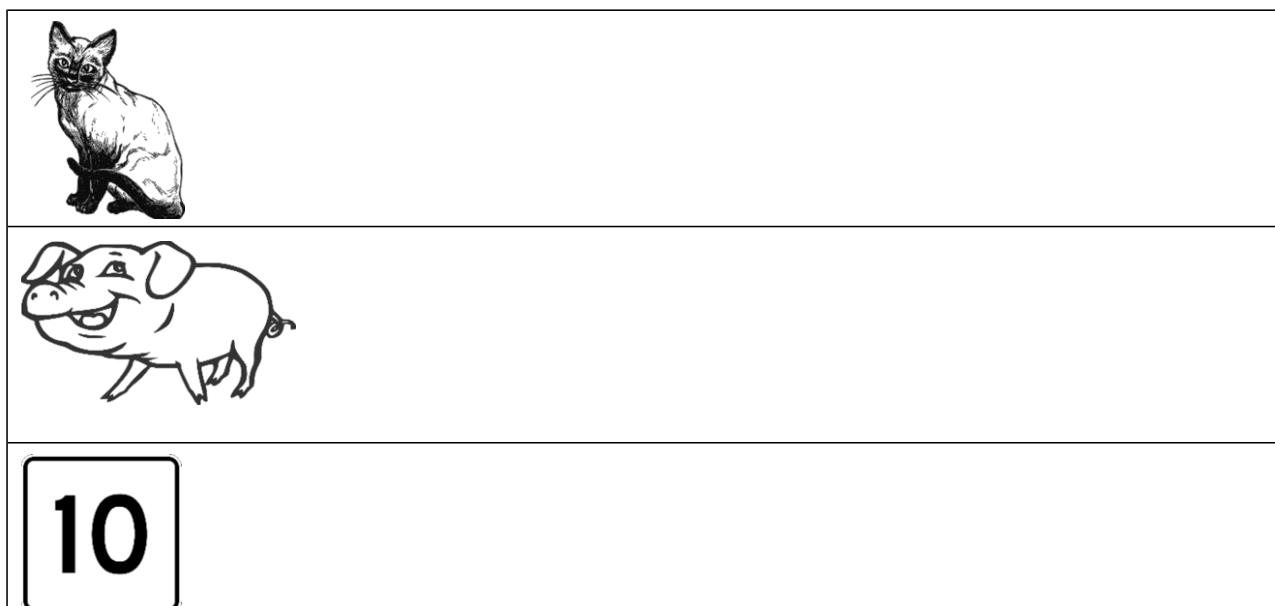
ntlo

KEREITI YA 1: MOSEBETSI WA HO NGOLA

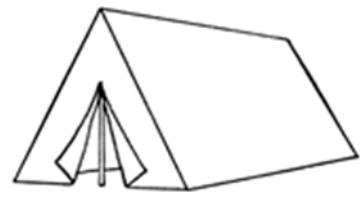
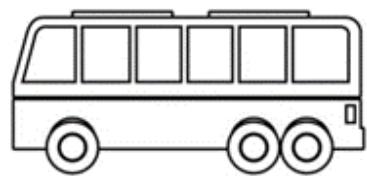
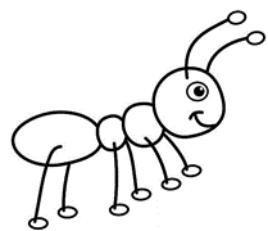
Taka sentshwantsho hore wena le ba lelapa leno le ne le bolokehile jwang ka nako ya ho kwalwa ha ditshebeletso. Ngola dipolelo tse 2 ka sentshwantsho seo:

dibuka	nna	matsoho	Ho ja	tshoha	thaba	popi	hlatswa	rona	bapala
--------	-----	---------	-------	--------	-------	------	---------	------	--------

Ngola lebitso la setshwantsho ka seng:



Sheba setshwantsho o ngole lentswe kapa polelo ka tlase.



Ngola mantswe a silweng:



monate	letsatsi	bolo	lehlabathe
--------	----------	------	------------

1. Sekgele se ntshirelletsa ho _____.
2. Ke rata ho bapala ka _____ lewatleng.
3. Ke sebedisa emere le kgarafu ho kga _____.
4. Ho _____ ho aha ntlo ya lehlabathe.

Mehlala ya mesebetsi e ka etswang

KEREITI YA 2: MOSEBETSI WA MEDUMO

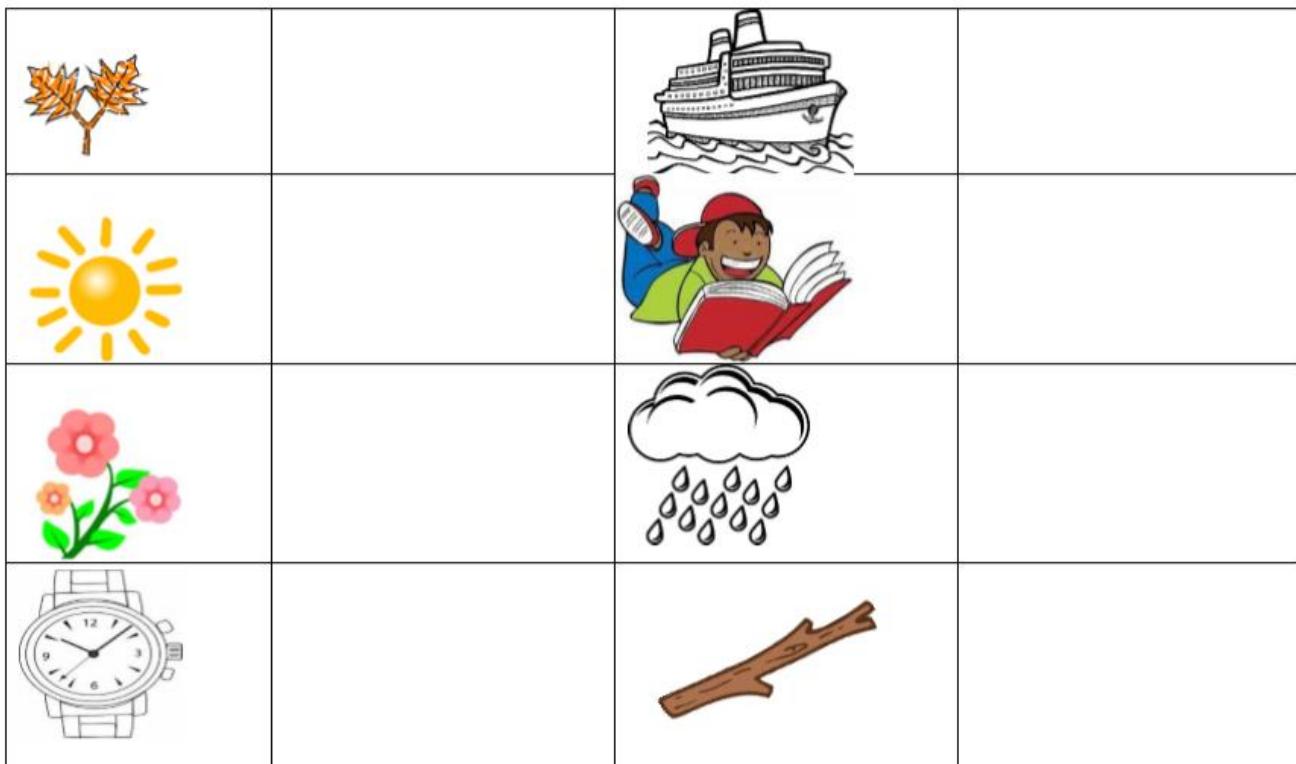
Tjhate ya Medumo

a	c	f	g	i
b	e	d	h	l
j	k	p	n	m
q	s	o	t	u
r	f	w	ee	hlw
oo	kgw	thw	tl	sh
sh	th	rw	hl	kg

Ngola mantswe ka didumammoho tse latelang. A qalang o se o a etseditswe.

kgw-	kgwatha	
sh-	sheba	
th-	thola	
tl-	tlola	

Ngola mantswe bakeng sa setshwantsho ka seng.



Etsa sedikadikwe lentsweng le nang le morethetho o fapaneng le o ka lebokosong le le galang:

hema	lema, rema, mina, tema
bona	rona, lona, hona, rena
bapa	lepa, hapa, lapa, napa
haka	baka, leka, laka, raka,

Etsa sedikadikwe lentsweng le nepahetseng:

Mme o itse ke apare **jase / hempe** ha ho bata.

Titjhere ya **botlhale / bohlale** o thusa baithuti.

Ke sebedisa **tshupanako / tshupa** ho sheba nako.

Phula / pula e ana.

Itlhokomele ha o tshela **mmela/ mmila**.

KEREITI YA 2: MOSEBETSI WA HO BALA

Bala Mantswe:

(*Titjhere o lokolohile ho ka sebedisa mantswe a hae.*)

Jwale	yena	jwaloka	Ntlo	Lefa	molomo	aha
tala	hae	Nako	pedi	Mmele	bolela	leihlo
ntsi	mang	rena	hantle	matha	Leeto	motse
matha	Kama	file	seha	Mohlang	Ding	Kwana
Tala	Setulo	bokgoni	Hata	mokoti	Hlapa	lebone
hantle	Lebota	ngaka	Ema	Ieka	ngata	seha
Nna	monna	Supa	bona	Bolela	fumana	bapala
Bohle	kgomo	ntsho	Moo	Pensele	ruta	Dijo
Buka	letsatsi	tima	polelo	Yane	Tlatsa	pitso

Ho bala seratswana:

Bala seratswana mme o arabe dipotso tse latelang:

Ntja e bitswang Bobi

Jabu o na le ntja e sootho. Lebitso la ntja ya hae ke Bobi. Bobi e rata ho bapala ka bolo. Jabu ha a raha bolo, o thabiswa ke ho bona Bobi ha a e kgutlisa hape. Jabu o tseba hantle hore Bobi ke ntja e bahlale haholo.

Bobi o robala betheng pela Jabu. Sena se halefisa mme wa Jabu. O batla hore Bobi a robale fatshe.

Ka tsatsi le leng Bobi o ile a lahleha. Jabu a mo batla hohle. Jabu o tsamaile, aya hodimo le tlase seterateng. A hoeletsa, “Tloho hae, Bobi!” O ile a fumane Bobi, o ne a ntse a bapala pakeng. Bobi o ne a thabetse ho bona Jabu.

Etsa sedikadikwe tlhakung e nepahetseng ho potso ya 1 le 2. Kgetha e le nngwe.

1. Jabu o rata ho bapala ka _____.

- a. thupa
- b. lesapo
- c. bolo

2. Mme wa Jabu, o ne a batla hore Bobi a robale kae?
 - a. betheng
 - b. jareteng
 - c. fatshe
3. Hobaneng ha o nahana hore mme wa Jabu o ile ahalefa ha Bobi a ne a robetse pela Jabu?
4. Ke lentswe lefe seratswaneng se qalang le bontshang hore Bobi e ne e le ntja e bohlale?
5. O nahana Jabu o ne a ikutlwa jwang ha Bobi a lahlehile?

Jabu o ne a _____.

6. Ngola diketsahalo ka ho latellana ho tloha ho 1-3 ka ho nepahala.

Bobi o ne a bapala pakeng.

Jabu o lahlela bolo.

Bobi o ne a lebetheng.

7. **Sehella** karabo e nepahetseng hotse ngotsweng ka mmala o motsho
 - a. Lentswe le nang le morethetho wa sootho ke **fumane / hloname**.
 - b. Jabu o na le ntja e **sootho**. Lentswe lena **sootho** ke **lebitso / lehlalosi**.
 - c. Jabu o na le ntja e sootho. Mantswe a sehelletsweng mola ke **mabitso / maetsi**.
8. Ngola polelo hape o sebedisa tlhaku e kgolo le kgutlo moo ho lokelng.
bobi le jabu ba bapala ka bolo

9. Le latodi la ho thaba ke ho _____

Bala, ngola o be o take.

Bala: Noha e jele kuku ka hara jwang.

Ngola:

Taka:

Bala dipolelo tsena:

Sehlopha sa dinonyana se dutse kamora sefate se emetse ntja.

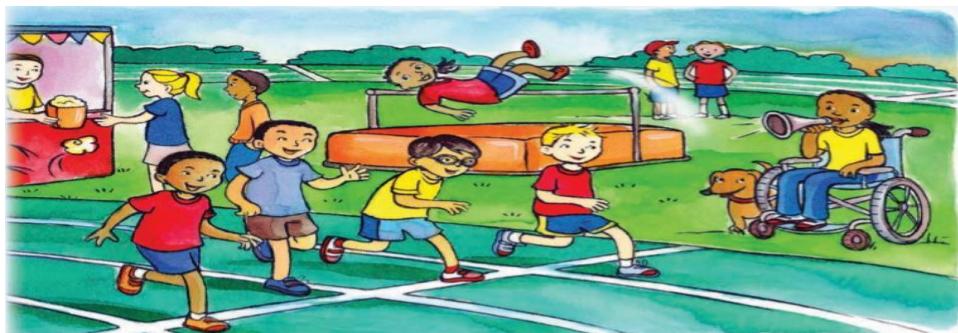
Ke tla sheba buka eo a e nkileng hoyo sekolong ka yona.

Mme wa ka o tla ya mosebetsing ka terene.

Sekepe se ka metsing mme motsamaisi wa sekepe o eme.

Kgetha polelo e hhalosang setshwantsho mme o ngole hodima mola.

- Banana ba bapalla lehlabatheng lewatleng.
- Bana ba thabetse ho matha ka letsatsi la dipapadi.

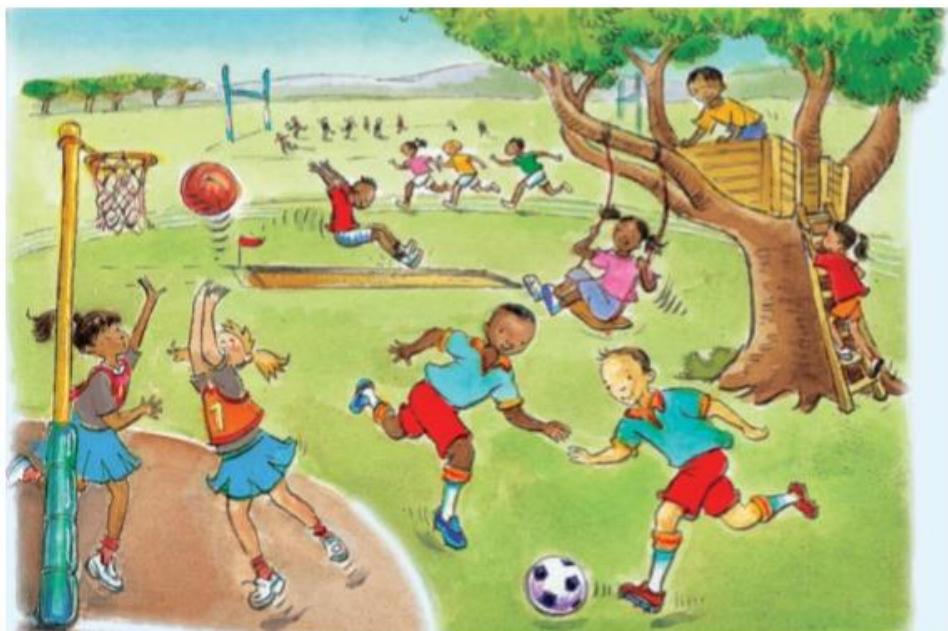


KEREITI YA 2: MOSEBETSI WA HO NGOLA

Sebedisa lenane la mantswe a latelang ho ngola dipolelo tse 4-6 ka sehla sa selemo seo o se ratang. Hlalosa sehla sa selemo. Bua hore o rata eng ka sehla seo mme ke dintho dife tseo o ratang ho di etsa ka nako eo ya selemo.

Lehwetla	Mariha	Selemo	Lehlabula
makala	bata	malomo	tjhesa
tshehla	pula	kganya	monate
mmala	jeresi	dinonyana	lewatle
difate	dikobo	difate	ka ntle
hlobola	dikausi	mabala	bolo ya
phodile	bolo	futhumetse	matsoho
letsatsi	dibutsi metsi	botle ho	matha
	moya	matha	ho tjhesa
	mohatsela	ho tsamaya	maoto
	sopho		bapala
	metsi		dijo

Ngola pale ka se etsahalang setshwantshong.



**Mantswe ao o ka
a sebedisang:**

Dipapadi
Ho bapala
Ngwanana
mabelo
bolo ya matsoho
bolo ya maoto
hlwella
dikoloha
qhoma

Mehlala ya mesebetsi e ka etswang

KEREITI YA 3: MOSEBETSI WA MEDUMO

Nyalanya mantswe a ka letsohong le letshehadi le ditlhahoso tse ka ho le letona.

bowatla	Ho utlwa bohloko ke se etsahetseng
meharo	Ellellwa ntho e itseng.
eleletswe	Ho ba sethoto kappa setlatla.
maswabi	Dimela tse mpe tse hlhang moo di sa batleheng.
fantising	Ho batla ho feta karolo ya hao.
leholo	Sebaka moo ho rekiswang dihlahiswa tsa polasing le diphoofolo

Kgetha lentswe le nepahetseng polelong ka nngwe.

1. Rapolasi o ne a batla legantshi hore le tlo ja **lehalo / leholo**.
2. O ile a **reka / rika** legantshi.
3. Legantshi le **behetse / betse** lehe la kgauta.
4. Rapolasi le mosadi wa hae ba ne ba batla ho reka **legansi / gansi** le leng.

Etsa sedikadikwe mantsweng a nang le medumo “**th-**”, o etse letshwao la **X** mantsweng a nang le modumo wa “**tsh-**” qalong.

shaba	tshela	thaba	thipa	thepa	thupa	tshaba	tshola
-------	--------	-------	-------	-------	-------	--------	--------

Bopa mantswe ka medumo e ka tlase, o be o take setshwantsho bakeng sa lentswe ka leng:

sh-		
tjh-		
ph-		
shw-		
hl-		

Kgetha lentswe le nepahetseng ho a ka masakaneng, mme o ngololle polelo eo hape ka nepo.

Mpho le Thabo (**o, ba**) dijana ho ya hodimo.

Seeta (**sa, tsa**) se benya haholo.

Dikromo tsa ntatemoholo (**di, e**) fula naheng.

Bashanyana (**ba, o**) bapala bolo ya maoto.

Thabo o bala dibuka (**tsa, ya**) sekolo.

Mme o ntse a hlatswa dikobo (**e, tse**) ngata.

KEREITI YA 3: MOSEBETSI WA HO BALA

Legansi le behelang mahe a kgauta



Rapolasi le mosadi wa hae ba ile fantising toropong e haufi. Ba ne ba batla ho reka legansi le leng ho ja leholo ka tshimong ya bona. Ba fumane legansi le leholo ba ya le lona hae. Ba ne ba sa tsebe hore ke letsatsi la bona la lehlohonolo.

Hoseng ho latelang, mosadi wa rapolasi o ne a ilo lata mahe. A fumana lehe le lehoholo, le lesehla ka serobeng sa legansi. A nka lehe le makatsang a le isa ho monna wa hae. "Bona lehe le behetsweng ke legansi, le boima e bile le lesehla." Arialo.

Rapolasi a nka lehe. O ne a maketse. A re "Lehe lena ke la kgauta."

Legansi le behetse lehe la kgauta, letsatsi le letsatsi. Rapolasi le mosadi wa hae, ya eba barui ka ho rekisa mahe. Ba qala b aba meharo haholo.

"Ha re buhe legansi. Re ntshe mahe kaofela a kgauta ka nako e le nngwe," ho bolela rapolasi. Empa ha ba buha legansi, ho ne ho sena kgauta. Legansi le ne le tshwana le magansi a mang ka hare. Jwale rapolasi a moharo le mosadi wa hae, ba ne ba se ba sena mahe a kgauta. Jwale se bahloka legansi le tla ja leholo ka tshimong.

Rapolasi le mosadi wa hae ba reka magansi. Ba ne ba batla ho reka legansi le behelang mahe a kgauta empa haufinyana ba elellwa hore lehlohonolo le ba tswile.

Seratswana kutlwiso: Bala pale pele o araba dipotso

1. Hobaneng rapolasi le mosadi wa hae ba rekile legansi?

2. Rapolasi le mosadi wa hae ebile barui jwang?

Sehella mola ho karabo e nepahetseng.

3. Baphethwa ba sehlooho bao ho buuwang ka bona paleng ke bo mang?

- a. Rapolasi
- b. Mosadi wa Rapolasi
- c. Legansi
- d. Rapolasi le mosadi wa hae

4. Mosadi wa rapolasi o bokelletse mahe neng?

- a. mantsiboya
- b. hoseng
- c. motsheare wa mantsiboya
- d. nako ya dijo tsa motsheare

5. Hobaneng mahe a legansi a ikgethile?

- a. E ne e le tjhokolete ya nnete.
- b. E ne e le kgauta ya nnete.
- c. E ne e le lehe le nepahetseng la nnete.
- d. E ne e le silivera ya nnete e hlwekileng.

6. Hobaneng ha Rapolasi a ile a buwa legansi le behetseng mahe a kgauta?
- Kgoho e entse lerata le leholo.
 - Kgoho e ne e se e sa kgone ho bafa mahe a kgauta.
 - Rapolasi le mosadi wa hae ba ile ba ba meharo.
 - Mosadimoholo o ile a nahana hore a ka reka magansi a mangata.

7. Ke thuto e feng eo rapolasi le mosadi wa hae ba ithutileng yona?
-
-

8. **Bala polelo e latelang mme o ngole lentswe le nang le tlhaloso e tshwanang le lentswe le sehetsweng mola.**

Rapolasi le mosadi wa hae e ile ya eba **barui** ka ho rekisa mahe.

9. **Bala polelo e latelang mme o ngole le ntswe le hananang le lentswe le sehetsweng mola**

Bane ba batla ho reka legansi **le letjha** ho re le je lehola ka tshimong ya bona.

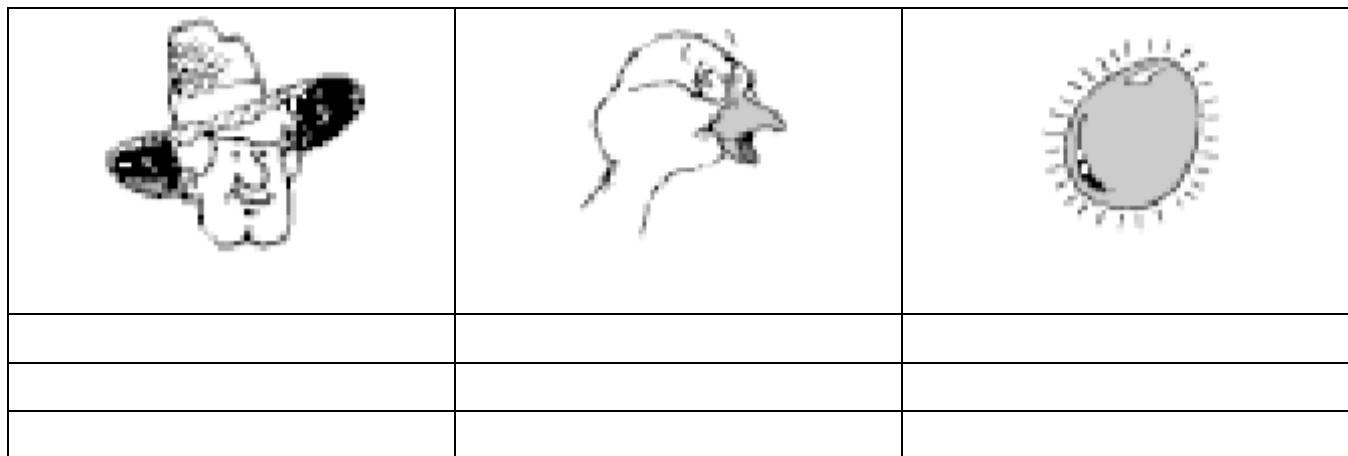
10. Ngola dipolelo tse latelang ka ho latellana ho tloha ho 1-6 ho ya ka diketsahalo tsa pale, ngola nomoro ka lebokosong la ho qetela.

Ba ile ba rua ka ho rekisa mahe a kgauta.	
Legansi le ne le tshwana le magansi ohle a teng.	
Mosadi wa rapolasi o ile a fumana lehe le entsweng ka kgauta ka hara serobe sa legansi.	
Rapolasi ya meharo o ile a buwa le legansi hore a fumane kgauta kaofela ka nako e le nngwe.	
Rapolasi le mosadi wa hae ba ile ba ya polasing. Ba rekile legansi hore le je lehola ka tshimong ya bona.	

KEREITI YA 3: MOSEBETSI WA HO NGOLA

Ngola mantswe (mahlalosi) a hhalosang motho kapa ntho hotswa ho ao o a filweng ka hara lebokoso le nepahetseng.

Lehlohonolo	Tshehla	kgolo	borui	boima	meharo	kgauta
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Ngololla dipolelo tse latelang o sebedisa matshwao a nepahetseng a puo:

1. re rekile baesekele sealemoya dikuku le jeresi lebenkeleng

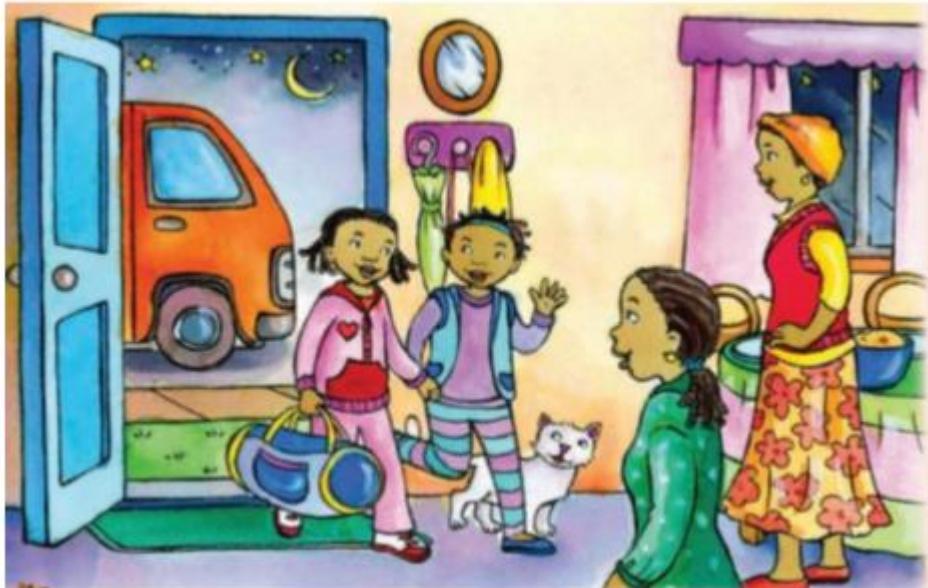
2. o bolelletse monghadi mofokeng hore a tle a etele Lesotho

3. o bile le ntwa e kgolo le abuti ausi le motswalle wa hae

4. re tlo ithuta eng ka sebaka

5. hlokomela lejwe la sepakapaka ke leo ho boletse tumo

Ngola pale ka se etsahalang setshwantshong



Mantswe ao o ka a sebedisang:

tekesi
mme
ausi
bosiu
abuti
ntlo

Ngola pale ka kokwanahloko ya khorona:



Mantswe ao o ka a sebedisang:

mahloko
kula
kwala
maseke (mask)
ho thimula
ho hohlola

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- Selected clipart tagged with creative commons license.

