What is COVID-19?

The Respiratory System

COVID-19 is a respiratory illness contracted through the mouth, nose or eyes and transmitted into the lungs.

Prevent Transmission

Hand washing Cleaning surfaces Social distancing

The best way to prevent contracting the disease is to prevent the virus from entering the respiratory system.

On 31 December 2019, the World Health Organization (WHO) China country office reported a severe acute respiratory syndrome associated with a novel coronavirus. The virus has been named "SARS-CoV-2" and the disease it causes is "coronavirus disease 2019", or COVID-19.

The disease is highly contagious.

How COVID-19 is Spread

A Very Infectious Virus

Covid-19 can survive in tiny droplets in the air for a short time, but it can survive for a few days when it lands on a hard surface like metal or plastic.

Frequently Touched Surfaces

The virus spreads very easily from contaminated hands to other hands and to frequently touched surfaces (door handles, keyboards, keypads, cash, credit cards, books, stationery, products and packaging).

Don’t Touch Your Face!

Try not to touch your face, especially your eyes, nose or mouth, unless your hands have been properly washed or disinfected.

Keep Yourself and Others Safe!

You can only have a safe environment by killing infectious particles from all surfaces, and by keeping your nose and mouth covered. That’s why regular cleaning of frequently used surfaces and wearing a clean cloth mask when you go outside are so important.

Risk Reduction at School

1. Everyone who enters a school should have their temperature checked.
2. Learners and staff should be screened everyday.
3. Learners and staff should be screened everyday.
4. Learners and staff should be screened everyday.
5. Learners and staff should be screened everyday.
6. Learners and staff should be screened everyday.

Transport to and from School

Transport operators

- Provide regular adequate hygiene information, sanitizers, hygiene dispensers and disinfectants.
- Sanitize vehicles (including handles, armrests, etc) before picking up and after dropping off learners.
- Adhere to regulations.
- Keep vehicles clean and tidy.
- Buses, taxis and e-hailing services
- Don’t carry more than 50% of the licensed capacity.
- Everyone
- Wear a mask, including drivers and learners.

Walking to school

- Practice social distancing and good hygiene.

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