Protect yourself from COVID-19

Count 1,2,3...20

Wash your hands frequently with soap and water

1m
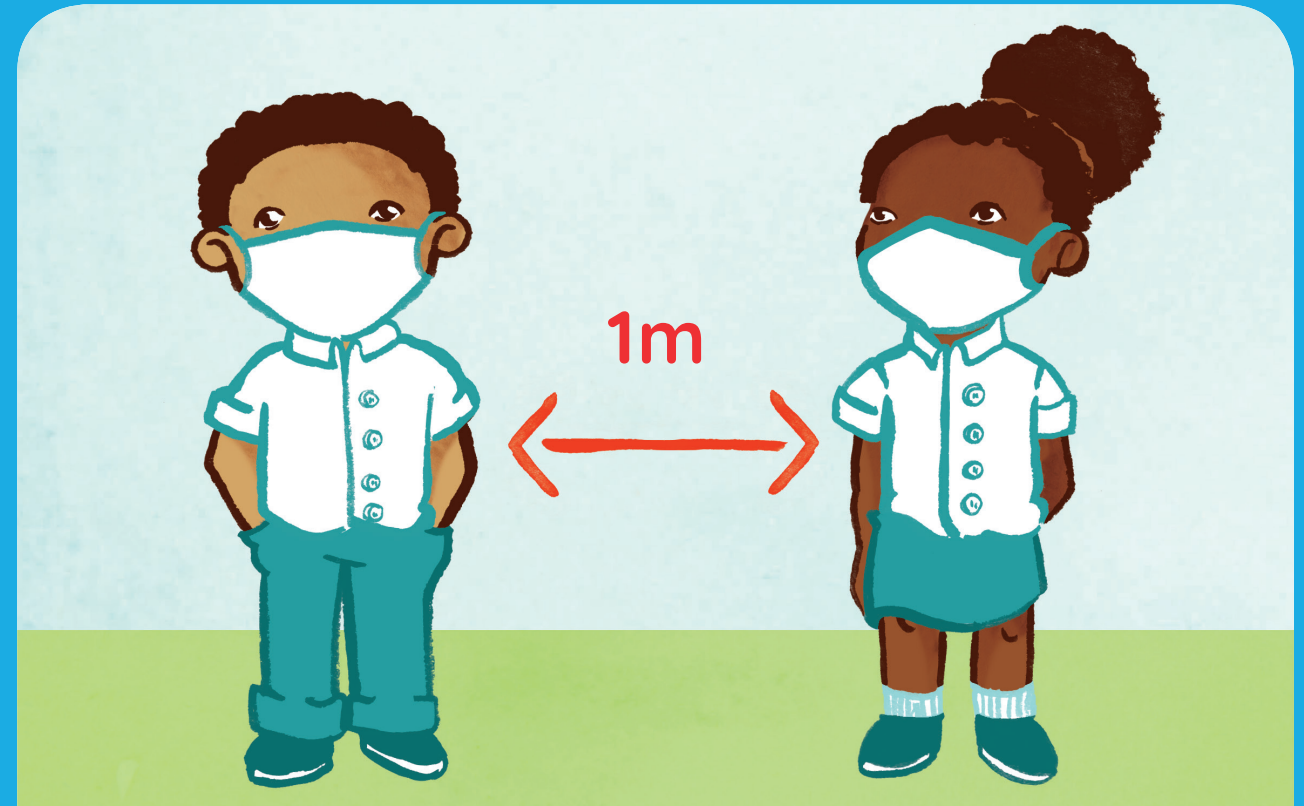
Keep 1m distance from others

Always wear your face mask

Do not touch your face

fever
high temperature

cough

sore throat
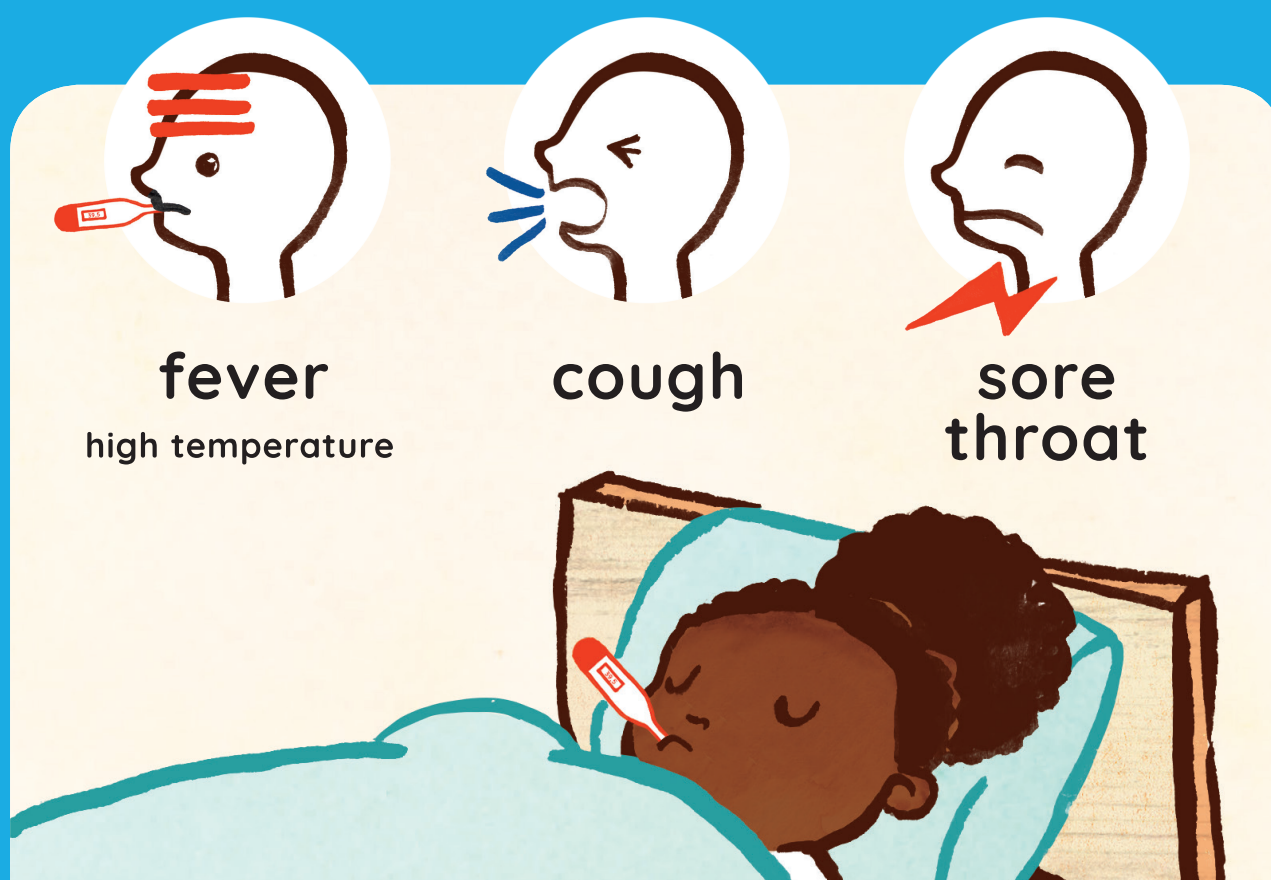
If you are sick, stay at home
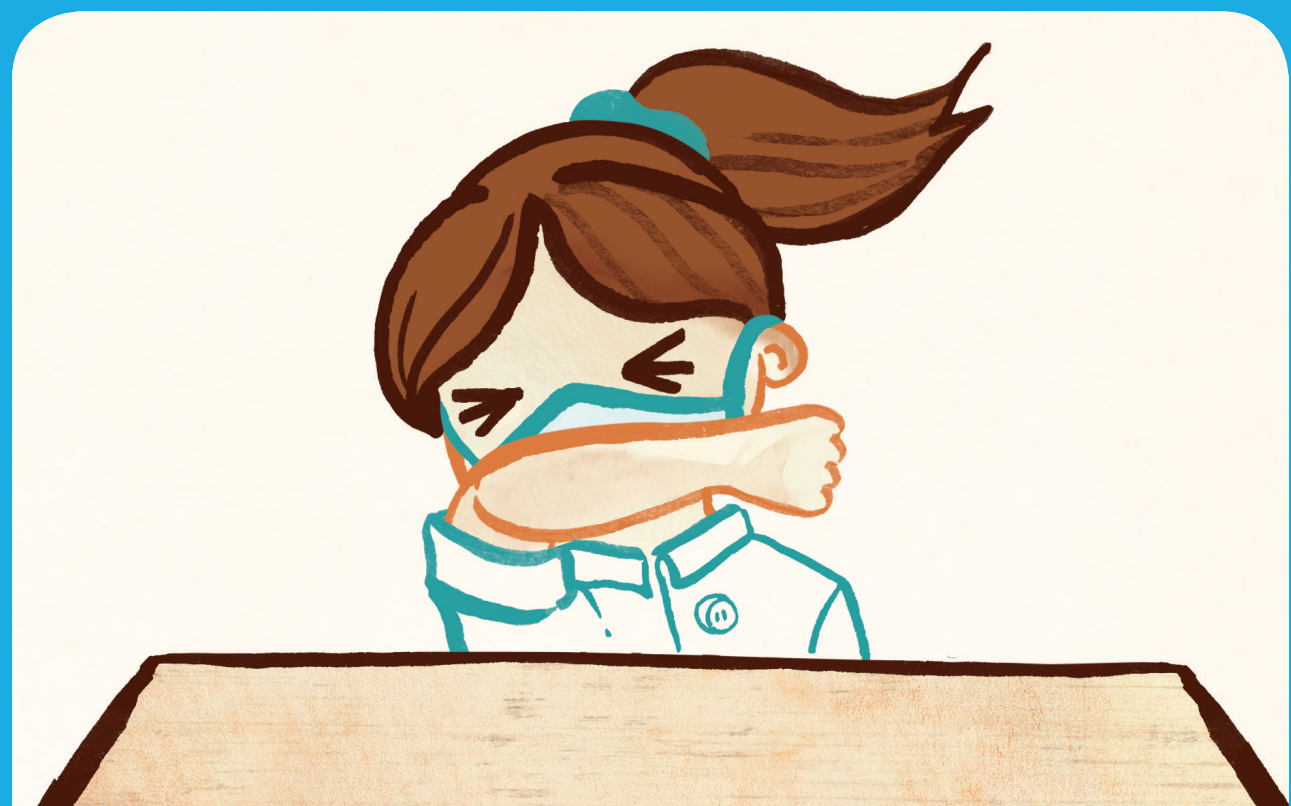
If you cough, cough into your elbow

STAY SAFE
PROTECT SOUTH AFRICA
TOGETHER WE CAN BEAT THE CORONAVIRUS

ENGLISH